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Rindorf, Anna; Lewy, Peter

Published in:
Canadian Journal of Fisheries and Aquatic Sciences

Link to article, DOI:
[10.1139/f04-200](https://doi.org/10.1139/f04-200)

Publication date:
2004

Document Version
Peer reviewed version

[Link back to DTU Orbit](#)

Citation (APA):
Rindorf, A., & Lewy, P. (2004). Bias in estimating food consumption of fish from stomach-content analysis. Canadian Journal of Fisheries and Aquatic Sciences, 61(12), 2487-2498. DOI: 10.1139/f04-200

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Bias in estimating fish consumption by stomach content analysis

A. Rindorf* and P. Lewy

Danish Institute for Fisheries Research, Charlottenlund Castle, DK2920
Charlottenlund, Denmark.

* Tel: +45 33 96 33 59; Fax: +45 33 96 33 33; email: ar@dfu.min.dk

Abstract: This study presents an analysis of the bias introduced by using simplified methods to calculate food intake of fish from stomach contents. Three sources of bias were considered: (1) The effect of estimating consumption based on a limited number of stomach samples, (2) the effect of using average stomach contents derived from 5 pooled stomach samples rather than individual stomachs and (3) the effect of ignoring biological factors which affect the evacuation of prey. Estimating consumption from only two stomach samples provided results close to the actual intake rate in a simulation study. In contrast to this, serious positive bias was introduced by estimating food intake from the contents of pooled stomach samples. An expression is 10 given which can be used to correct analytically for this bias. A new method which takes account of the distribution and evacuation of individual prey types as well as the effect of other food in the stomach on evacuation is suggested for the estimation of the intake of separate prey types. Simplifying the estimation by ignoring these factors biased consumption estimates of individual prey by up to 150% in a data example.

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Keywords: Fish consumption, stomach analyses, food composition, empty stomachs

Introduction

The interaction between predatory fish and their prey is a key subject when
20 attempting to understand aquatic ecosystem dynamics. The effect of the predator on
the prey relies on the link between diet composition and prey availability and on the
total amount of food ingested by the predator. Both diet composition and total
consumption are frequently studied by combining knowledge of evacuation rates with
field studies of stomach contents. Differing methods have been suggested for this
25 depending on the relationship between stomach content and evacuation rate and on
the assumption made on the progress of feeding between consecutive sampling points
(Elliot and Persson 1978; Pennington 1985; dos Santos and Jobling 1995). The
evacuation of stomach contents of a number of fish species is well described by the
relationship

30

$$\frac{dS(t)}{dt} = -\rho S^\alpha(t)$$

35

where ρ is the evacuation rate (in $\text{g}^{1-\alpha}\cdot\text{h}^{-1}$), S is stomach content (in g) and α is a
unitless constant (Jones 1974; Jobling 1981; Andersen 2001). If the predator ingests
food at a rate $C(t)$ at time t (in $\text{g}\cdot\text{h}^{-1}$), stomach contents vary according to the
40 differential equation

$$(1) \quad \frac{dS(t)}{dt} = -\rho S^\alpha(t) + C(t)$$

45

This equation has been solved analytically for $\alpha = 1$ (exponential evacuation) in the case where $C(t)$ is constant over time (Eggers 1977; Elliott and Persson 1978). However, the equation does not have a general analytical solution and in many cases, food intake must be approximated numerically. In the case where α deviates from one and intake rate is not necessarily constant, food intake is usually estimated by methods resembling that suggested by Pennington (1985) who estimated average hourly consumption in a sampling interval as

55

$$(2) \quad C_p = \frac{\rho}{N} \sum_{i=1}^N E(S_i^\alpha) + \frac{1}{T} (E(S(T)) - E(S(0)))$$

where C_p is average food intake rate in $\text{g}\cdot\text{h}^{-1}$ in the sampling interval, N is the number of sampling times in the sampling interval 0 to T h, $E(S(0))$ and $E(S(T))$ is the average stomach content (in g) of the population sampled at times 0 and T , respectively and $E(S_i^\alpha)$ is the average of the stomach content to the potency α (in g^α)

in the population sampled. $E(S(0))$ and $E(S(T))$ are estimated by the average stomach content of the fish sampled at times 0 and T , from hereon denoted $\bar{S}(0)$ and $\bar{S}(T)$, whereas $E(S_i^\alpha)$ is estimated by $\frac{1}{M_i} \sum_{h=1}^{M_i} S_{i,h}^\alpha$, where M_i is the number of stomachs in the i^{th} sample and $S_{i,h}$ is the contents of the h^{th} stomach in the i^{th} sample, from hereon denoted \bar{S}_i^α (Pennington 1985). Comparable methods have been suggested by a number of authors (Jones 1978; Armstrong 1982; dos Santos and Jobling 1995) while others have used even simpler methods (Daan 1973; Lockwood 1980; Basimi and Grove 1985). The degree to which the estimates calculated by any of these methods provide unbiased estimates of food intake rate has hitherto only been investigated for $\alpha = 1$ (Eggers 1977; Elliot and Persson 1978; Héroux and Magnan 1996).

The calculation of consumption rate by eq. (2) in cases where $\alpha \neq 1$ requires information on the contents of single stomachs in order to estimate $E(S_i^\alpha)$. However, the contents of all stomachs in a sample are often pooled at the time of collection to reduce the cost of examining the composition. $E(S_i^\alpha)$ is then estimated as $(\bar{S}_i)^\alpha$, where \bar{S}_i denotes the observed average stomach content in sample i (Jones 1978; Armstrong 1982; Patterson 1985). As can be shown using Hölder's inequality, this procedure introduces a bias as $E(S_i^\alpha) < (E(S_i))^\alpha$ for $0 < \alpha < 1$. This bias has been noted by several authors (Ursin et al. 1985; Dos Santos and Jobling 1995; Andersen 2001), and is related to the proportion of stomachs which are classified as empty (Andersen 2001).

Predators with empty stomachs poses an additional problem, as these fish may either be predators caught in the interval between the evacuation of their last meal and the successful capture of the next prey or they may be individuals which are not

feeding due to other reasons. When the average intake of the total predator population is estimated, the empty stomachs must obviously be included regardless of their origin. However, if only the intake of potentially feeding fish is desired, the individuals which are fasting due to reasons other than the lack of successful capture
90 of prey should be excluded. In the case of spawning fish, this can be done by excluding fish which are ripe or running, but generally the distinction between fasting individuals and feeding fish with empty stomachs is difficult, and this has led to the exclusion of empty stomachs prior to the estimation of food intake (Amundsen and Klemetsen 1988).

95 When the predator feeds on more than one prey species, the amount eaten of each prey is often needed. This has been estimated by distributing the total intake on different prey types according to the weight percentage of the prey in the total stomach content (Armstrong 1982; Hawkins et al. 1985; Persson and Hansson 1999). The implicit assumption is that all prey occur in the average amount in all stomachs
100 and that the evacuation rates of all prey are equal. These assumptions are rarely, if ever, met (Dos Santos and Jobling 1995; Stefánsson and Pálsson 1997; Andersen 1999). Alternatively, the intake of each prey type has been calculated for each prey separately (Armstrong 1982; Patterson 1985). This allows evacuation rate to be varied between prey types. However, the method does not take the effect of other food in the
105 stomach into account. Calculating the intake in this way is therefore based on the assumption that only one prey type is present in each stomach or that evacuation of the prey is independent of other food in the stomach. This may hold in some cases (Magnússon and Aspelund 1997), but in many cases, each stomach contains several prey types (Rice 1988; Albert 1995) and the evacuation of these prey types is not
110 independent of each other (Jones 1974; Andersen 2001). An exception to the

assumption of separate evacuation is the equation given by Dos Santos and Jobling (1995). However, the parameters in their model have currently only been published for cod (*Gadus morhua*) and the model furthermore does not allow changes in the average stomach content over time.

115 This study presents an analysis of biases introduced by making simplifications and erroneous assumptions when estimating food intake. The investigation is divided into three: (1) An examination of the ability of the method suggested by Pennington (1985) to estimate food intake which occurs at a constant rate from two samples, (2) a study of the effect of using average stomach contents
120 derived from pooled stomach samples to estimate food intake and (3) an examination of the effect of ignoring biological factors which affect the evacuation of prey.

 The difference between actual food intake and the estimate suggested by Pennington (1985) (number 1 above) is investigated in the case where food intake rate is constant and stomach contents are only sampled twice. The effects of the time
125 elapsed between the sampling points and differences in evacuation rate on bias are examined. Further (number 2 above), an analytical expression for calculating an unbiased estimate of food intake directly from a pooled stomach sample is presented. Lastly (number 3 above), a new estimate of the intake of individual prey types is suggested. The estimate takes the distribution and evacuation of individual prey types
130 into account as well as the effect of other food in the stomach on evacuation rate. The bias introduced by ignoring these factors is analysed and exemplified by estimating food intake of whiting (*Merlangius merlangus*) of 25 to 30 cm caught at five different locations in the North Sea.

Analytical considerations

135 Bias of Pennington's method

The purpose of this exercise was to determine if Pennington's method provides an unbiased estimate of food intake when applied to a predator feeding at a constant rate between two sampling points. This was done by solving equation (1) using numerical integration in a standard mathematical package for a number of combinations of known stomach content at $t = 0$, $S(0)$, food intake rate C , time interval T and evacuation rate. The coefficient α was fixed at 0.5, as this value is appropriate for a number of fish species (Jobling 1981; Andersen 2001). The numerical integration resulted in an estimate of the stomach content at time T , $S(T)$. Using this result, the ability of Pennington's approximation to estimate food intake rate was determined by calculating C_P :

$$C_P = \frac{\rho}{2} (\sqrt{S(0)} + \sqrt{S(T)}) + \frac{1}{T} (S(T) - S(0))$$

150

The relative bias was calculated as

155

$$\frac{C_p - C}{C}$$

160

for each combination of $S(0)$, C , ρ and T . Relative bias was estimated by for all combinations of $S(0)$ and C in the interval 0.05 g to 3.05 g. Evacuation rates of 0.04, 0.14 and 0.24 were used with a fixed time interval of four hours to examine the effect of evacuation rate. These rates correspond to evacuation of slowly evacuated prey in whiting stomachs at 8 °C and of rapidly evacuated prey at 16 °C. The effect of the length of the interval between consecutive samples was examined by fixing evacuation rate at 0.24 and estimating the difference for $T = 1$, $T = 4$ and $T = 10$ hours.

165

Calculating an unbiased estimate of consumption from samples with constant coefficient of variation

170 To obtain an estimate of $E(S_i^\alpha)$, \hat{S}_i , directly from the observed average stomach content in a pooled sample, Andersen (2001) proposed a correction factor κ which should be multiplied to $(\bar{S}_i)^\alpha$:

175

$$\hat{S}_i^\alpha = \kappa(\bar{S}_i)^\alpha$$

180 The correction factor was calculated from a data set consisting of individually
 analysed saithe (*Pollachius virens*) stomachs by comparing $(\bar{S}_i)^\alpha$ and $\overline{S_i^\alpha}$. The factor
 was then applied to a data set consisting mainly of samples where the contents of the
 non-empty stomachs were pooled prior to weighing. However, if the distribution of
 the stomach content follows a known distribution, the correction factor can be
 185 calculated analytically as well as numerically.

The distribution of the weight of the stomach contents has previously been
 shown to be reasonably described by delta-distributions based on log-normal- or
 gamma-distributions (Aitchison and Brown 1957; Stefánsson and Pálsson 1997):

190

$$P(S = 0) = 1 - p$$

$$P(S \leq s) = pLN\left(s \mid \mu, \sigma^2\right), S > 0$$

195

or

200

$$P(S = 0) = 1 - p$$

$$P(S \leq s) = p\Gamma\left(s \mid k, \beta\right), S > 0$$

where p is the probability that a stomach is not empty, $LN(s|\mu, \sigma^2)$ and $\Gamma(s|k, \beta)$ are
 205 the distribution functions of a log-normal distribution with mean μ and variance σ^2
 and a gamma distribution with shape parameter k and scale parameter β , respectively.
 In both cases, $E(S_i^\alpha)$ can be derived analytically and can be estimated by (Appendix
 A):

210

$$(3) \quad \hat{S}_i^\alpha = \hat{p}_i e^{\frac{1}{2}\alpha\hat{\sigma}_i^2(\alpha-1)} (\bar{x}_i)^\alpha$$

$$(4) \quad \hat{S}_i^\alpha = \hat{p}_i \frac{\Gamma(\hat{k}_i + \alpha)}{\Gamma(\hat{k}_i)\hat{k}_i^\alpha} (\bar{x}_i)^\alpha$$

215

in the lognormal and gamma case, respectively, where \bar{x}_i denotes the average content
 of non-empty stomachs in the sample. If the coefficient of variation, CV, of the non-
 empty stomachs is constant, eqs. (3) and (4) reduces to

220

$$(5) \quad \hat{S}_i^\alpha = \hat{p}_i e^{\frac{1}{2}\alpha\hat{\sigma}_i^2(\alpha-1)} (\bar{x}_i)^\alpha$$

$$(6) \quad \hat{S}_i^\alpha = \hat{p}_i \frac{\Gamma(\hat{k} + \alpha)}{\Gamma(\hat{k})\hat{k}^\alpha} (\bar{x}_i)^\alpha$$

225

in the lognormal and gamma case, respectively, where σ and k are the common parameters for all samples. These parameters must be estimated from stomachs analysed individually, preferably from a sub-sample of the dataset. In the case of a constant CV, equation (5) or (6) can then be used to estimate $E(S_i^\alpha)$ for samples
 230 where the contents of non-empty stomachs were pooled prior to weighing. \hat{p}_i and \bar{x}_i can be calculated from these samples whereas σ_i or k_i is unknown. If a sub sample is not available for estimating σ or k , the parameters could be estimated from a data set consisting of individually analysed stomachs sampled under similar conditions. It is readily apparent that the precision of eqs. (5) and (6) will depend on the degree to
 235 which the assumption of constant CV is fulfilled. This assumption appeared to hold true for the contents of non-empty cod stomachs collected in restricted areas (Stefánsson and Pálsson 1997; Adlerstein and Welleman 2000). However, if it is attempted to estimate the CV from other data sets, the validity of the assumption should be investigated further.

240 In addition to the use of eqs. (5) and (6) to correct for pooled samples, they can be applied in cases where stomachs were analysed individually but a common CV could be estimated for the entire dataset. In this case, the simple average $\overline{S_i^\alpha}$ does not

provide the best estimate of $E(S_i^\alpha)$ and eqs. (5) and (6) provide more precise estimates as the information inherent in a common CV is taken into account.

245 The estimation of the variance of the estimated consumption has been described by Pennington (1985). However, if eq. (5) or (6) is used to estimate $E(S_i^\alpha)$, the equations do not apply. An estimate of the limits of the variance of the consumption is given in Appendix B for both distributions.

Total consumption rate can be estimated by inserting equation (5) or (6) into
 250 equation (2). In the case of gamma distributed non-zero stomach contents, $\alpha=0.5$ and a constant CV, the estimation is demonstrated in Table 1 (C_1). The corresponding estimate derived by simply substituting $(\bar{S}_i)^\alpha$ for $E(S_i^\alpha)$ is also given (C_2 , Table 1).

Assuming that $\bar{S}(0) = \bar{S}(T)$, the bias introduced by using C_2 rather than C_1 is

255

$$(7) \quad \frac{C_2 - C_1}{C_1} = \frac{\sum_{i=1}^N (p_i \bar{x}_i)^\alpha}{e^{\frac{1}{2}\alpha\sigma^2(\alpha-1)} \sum_{i=1}^N p_i (\bar{x}_i)^\alpha} - 1$$

260 in the case of log-normal distributed contents of non-empty stomachs and

$$(8) \quad \frac{C_2 - C_1}{C_1} = \frac{\sum_{i=1}^N (p_i \bar{x}_i)^\alpha}{\frac{\Gamma(k + \alpha)}{\Gamma(k)k^\alpha} \sum_{i=1}^N p_i (\bar{x}_i)^\alpha} - 1$$

265

in the case of gamma distributed contents of non-empty stomachs. This bias was estimated for a number of combinations of p and k and p and σ , respectively, while α was held constant at 0.5. p was assumed to remain constant over the sampling period.

270 **Estimation of the intake of individual prey types**

Traditional estimates of prey specific intake are based either on the distribution of total intake on prey types according to their weight percentages (Armstrong 1982; Hawkins et al. 1985; Persson and Hansson 1999) or on calculation of the intake of each prey separately. The former method assumes that all prey are present in the average amount in all stomachs and evacuated at the same rate while the assumption of the latter method is that other food in the stomach has no effect on evacuation. Neither of these assumptions are generally met (Dos Santos and Jobling 1995; Stefánsson and Pálsson 1997; Andersen 2001). There is thus a need for an estimate that takes both the effect of the distribution and evacuation of prey individual prey types and the effect of other food in the stomach on evacuation into account.

280

A new estimate

The presence of other food in the stomach alters the evacuation of each particular prey (Jones 1974) and the evacuation rate of the total stomach content lies within the range of that of the individual prey types in the stomach (Andersen 2001).

285 The proportion of all evacuated material which consists of a particular prey is
identical to the weight proportion of the prey in the stomach contents (Andersen
2001). In this study, it will be assumed that the evacuation rate of the total content can
be approximated by the average of the evacuation rates of the separate prey weighted
by the weight of each prey, though this may not be entirely correct (Andersen 2001).

290 The differential equation describing the evacuation of the total stomach content is
then:

$$(9) \quad \frac{dS_{tot}(t)}{dt} = -(\rho_j \pi_j(t) + (1 - \pi_j(t)) \rho_{res}) S_{tot}^\alpha(t) + C_{tot}(t)$$

295

where $\pi_j(t)$ denotes the weight proportion of prey species j in the stomach at time t
and S_{tot} denotes the total weight of food in the stomach. The parameters all refer to
300 stomachs where prey j is present as the prey obviously does not affect evacuation in
stomachs where it is absent. ρ_j is the evacuation rate of the prey in question and ρ_{res} is
the evacuation rate of the other stomach content (excluding prey j). The differential
equation describing the evacuation of prey j becomes

305

$$(10) \quad \frac{dS_j(t)}{dt} = -\pi_j(t)(\rho_j \pi_j(t) + (1 - \pi_j(t))\rho_{res})S_{tot}^\alpha(t) + C_j(t)$$

310 Recall that the proportion of the total amount of food evacuated which consists of
 prey j is identical to the weight proportion of j in the stomach where the prey occurs,
 i.e.,

315

$$\pi_j(t) = \frac{S_j(t)}{S_{tot}(t)}$$

320 eq. (10) can also be written as

$$(11) \quad \frac{dS_j(t)}{dt} = -\pi_j^{1-\alpha}(t)(\pi_j(t)\rho_j + (1 - \pi_j(t))\rho_{res})S_j^\alpha(t) + C_j(t)$$

325

\bar{C}_j can then be estimated by

330

$$(12) \quad C_{3,j} = \frac{1}{N} \sum_{i=1}^N \pi_{j,i}^{1-\alpha} (\pi_{j,i} \rho_j + (1 - \pi_{j,i}) \rho_{res}) E(S_{j,i}^\alpha) + \frac{1}{T} (E(S_j(T)) - E(S_j(0)))$$

(Table 1). The subscript 3 distinguishes this estimate from those obtained by other
335 methods. This new estimate thus takes both the uneven distribution of prey in the
stomachs and the effect of other stomach content on the evacuation of the particular
prey into account. $E(S_i^\alpha)$ can be estimated directly from individually analysed
stomachs or by equation (5) or (6). In the latter case, an estimate of the occurrence of
the prey, p_j , is required as well as an estimate of σ_j or k_j .

340 **Comparison between the new estimate and traditional methods**

A number of authors estimate the intake of individual prey types by
distributing the total intake according to the weight percentages of the different prey
(Armstrong 1982; Hawkins et al. 1985; Seyhan and Grove 1998);

345

$$(13) \quad C_{4,j} = \pi_{tot,j} C_1$$

where $\pi_{tot,j}$ is the weight percentage of j in the contents of all stomachs and C_1 is the
 350 total food intake. As shown in Appendix C, this estimate is biased even in the case
 where both evacuation rates and CVs of the weight of the stomach contents are
 identical for prey j and the total stomach contents. The effect on the bias of the
 proportion of stomachs which contain the particular prey, p_j , relative to the probability
 that a stomach contains food of any kind, p_{tot} , and the effect of the ratio between the
 355 weight proportion of the prey in all stomachs, $\pi_{tot,j}$ and in stomachs where the prey
 occurred, π_j , was investigated in the special case where $\rho_j = \rho_{tot}$, $k_j = k_{tot}$, no change
 occurred in the average stomach content over the sampling period and $\pi_{tot,j}$ and π_j
 remain constant over the period. In this case, the relative bias is reduced to

360

$$(14) \quad \frac{C_4 - C_3}{C_3} = \left(\frac{\pi_{tot,j} p_{tot}}{\pi_j p_j} \right)^{1-\alpha} - 1$$

365

(Appendix C). This bias was plotted as a function of the ratios $\frac{\pi_{tot,j}}{\pi_j}$ and $\frac{p_{tot}}{p_j}$ for
 $\alpha=0.5$. The plot illustrates the bias introduced even in the case where evacuation rate
 does not vary between prey types.

An alternative procedure is to calculate the intake of each prey type separately
 370 (Armstrong 1982; Patterson 1985). The assumption is that other food in the stomach

has no effect on evacuation. The differential equation describing the stomach content then becomes

375

$$\frac{dS_j(t)}{dt} = -\rho_j S_j^\alpha(t) + C_j(t)$$

380 and food intake rate can be calculated as

$$(15) \quad C_{S_j} = \frac{\rho_j}{N} \sum_{i=1}^N E(S_{j,i}^\alpha) + \frac{1}{T} (E(S_j(T)) - E(S_j(0)))$$

385

The formula is thus identical to eq. (2), except that it refers only to the weight and evacuation rate of prey j . If π_j remains constant over the period, the bias introduced by this method reduces to

390

$$(16) \quad \frac{C_{5,j} - C_{3,j}}{C_{3,j}} = \frac{\rho_j}{(\pi_j \rho_j + (1 - \pi_j) \rho_{res}) \pi_j^{1-\alpha}} - 1$$

395

(Appendix C). This bias was plotted as a function of ρ_{res}/ρ_j and π_j .

Materials and methods

Data set

400 The data consisted of whiting of a length of 25-30 cm gathered around the
clock at five locations in the North Sea. Trawl hauls were performed with four hour
intervals for a total of 48-72 hours. The sampling procedure has been described in
detail elsewhere (Rindorf 2002) as has the calculation of the occurrence and weight of
different prey types (Rindorf 2003, 2004). The total weight present in non-empty
405 stomachs and the occurrence of non-empty stomachs were analysed by models similar
to the analyses of total weight and occurrence of the single prey described in Rindorf
(2003, 2004). Briefly, the effect of time of day, time elapsed since the first sample
was taken and location on occurrence and mean weight of single prey and total
stomach content was analysed. If a factor was found to have no significant effect on
410 weight or occurrence, samples were joined prior to estimation of mean weight or
occurrence, respectively. This procedure was used to minimize random errors in the
estimates. The weight of both single prey and total stomach content in stomachs
where this exceeded zero was assumed to be gamma distributed with a constant CV.

The average hourly food intake was calculated from the estimated average
415 stomach content in non-empty stomachs, the estimated common shape parameter, k ,
and the occurrence of non-empty stomachs, p . The estimation of these parameters was
described in detail in Rindorf (2003, 2004).

The bias introduced by not correcting for the inequality between $(\bar{S}_i)^\alpha$ and $\overline{S_i^\alpha}$
was examined by estimating the total consumption as C_1 (correcting) and C_2 (not
420 correcting)(Table 1). The bias introduced by the two simplified methods for
calculating intake of individual prey was investigated by estimating the intake of three
different prey types by C_3 , C_4 and C_5 (Table 1). Benthic invertebrates were chosen as
an example of a prey that was generally small, occurred frequently in the stomachs
and had a high evacuation rate. Herring (*Clupea harengus*) was chosen as an
425 infrequent large prey with an evacuation rate close to that of the total stomach content.
Finally, crabs were selected to exemplify prey that occurred frequently and posses a
hard exoskeleton and thus are evacuated at a low rate.

Estimation of evacuation rates, $\pi_{tot,j}$ and π_j

Evacuation rate is dependent on both temperature and predator and prey
430 characteristics. Additionally, evacuation rate has been found to vary with meal size in
some cases (Garber 1983; Elliot 1991; Temming and Andersen 1994), but as this
effect has been shown to be insignificant in other cases (Bromley 1987; Andersen
1998), it was not considered in this study. The estimation of evacuation rates is
described in detail in Appendix D and the resulting values are given in Table 2. The
435 percentage of the total stomach contents which consisted of each prey, $\pi_{tot,j}$, was
calculated at each location and time of day. In addition, the percentage of the stomach
content which was made up by prey j in the stomachs where prey j occurred, π_j , was

calculated for each prey, location and time of day. π_j was thus assumed to be constant and statistically independent of S_j for a given time of day and location. As changes in
440 S_j occurred through changes in p_j rather than in \bar{x}_j (though trends in the former occurred over the sampling period, no trends were detected in the latter (Rindorf 2003, 2004)), this assumption appeared justified.

Result

Bias of Pennington's method

445 The bias was small for short intervals and in no case exceeded 3% when the time interval was one hour. However, increasing the interval led to large differences when the stomach content or intake was low (Fig. 1). The bias rose to +34% at a 10-hour sampling interval and a very low food intake rate. The difference between the two estimates increased with evacuation rate, being virtually zero for an evacuation
450 rate of 0.04 (maximum bias -1.4%) rising to up to a maximum of 8% during a four hour interval at an evacuation rate of 0.24 (Fig. 1). For the large majority of combinations of C and $S(0)$, the difference was less than 5% if the sampling interval was four hours or less.

455 Calculating an unbiased estimate of consumption from samples with constant coefficient of variation

Substantial bias was introduced by estimating $E(\sqrt{S_i})$ as $\sqrt{\bar{S}_i}$. The bias increased dramatically as a function of σ^2 and k^{-1} in the log-normal and gamma distributed data, respectively (Fig. 2). Empty stomachs further increased the bias, leading to a maximum of several hundred per cent in both distributions. The
460 consumption calculated from the whiting data was increased by 51%, on average,

when $E(\sqrt{S_i})$ was estimated by $\sqrt{S_i}$ (Table 3). The common shape parameter k of the distribution of the total stomach contents was 0.269 and the proportion of stomachs which contained food was around 0.8 (Table 3).

Estimation of prey specific intake

465 Distributing the total intake on prey types according to weight percentage seriously biased the estimates (Fig. 3). The area in which the bias was less than 20% constituted a very small part of the possible parameter combinations. If the prey was found in most of the non-empty stomachs, the bias was generally negative. As the occurrence of the prey in the non-empty stomachs decreased, positive bias became
470 more likely. The data example demonstrated this as the estimate $C_{4,j}$ was lower than $C_{3,j}$ when the prey occurred frequently in the stomachs (Table 4). The estimate $C_{4,j}$ exceeded $C_{3,j}$ at low occurrences, in particular where the prey constituted less than three quarters of the stomach contents in the stomachs where it occurred. $C_{4,j}$ was biased by -36% and -44% on average for benthic invertebrates and crabs, respectively,
475 when intake exceeded $3 \text{ mg}\cdot\text{h}^{-1}$. Herring estimated by $C_{4,j}$ was positively biased at location 3 though the occurrence was similar to that at location 1 where a slight negative bias was found. This was caused by a higher mean weight of herring at location 3 (Appendix C).

 Failing to include the effect on evacuation of other food in the stomach on
480 introduced a positive bias on consumption. When the prey in question constituted half the stomach content weight, consumption was estimated to be approximately 140% of the true consumption even when evacuation rate of the prey was identical to that of the total stomach content (Fig. 4). However, as the prey often constituted the majority of the stomach content when present in the whiting stomachs, the positive bias on

485 estimated consumption was only 26%, 9% and 10% on average for benthic
invertebrates, herring and crabs, respectively (Table 4). The relative size of bias of the
three groups reflected that expected by the size of the evacuation rate of the prey and
the proportion of the stomach content made up by this prey (Table 4).

Discussion

490 The bias introduced by using Pennington's method to estimate a constant food
intake rate was very small for sampling intervals of four hours or less. In contrast to
this, simplifying calculation of input data and making unwarranted assumptions
regarding the distribution of prey in the stomachs led to serious bias in the estimated
food intake.

495 The estimation of $E(S_i^\alpha)$ by $(\bar{S}_i)^\alpha$ led to substantial overestimation of
consumption. This effect was also noted by Ursin et al. (1985), Dos Santos and
Jobling (1995) and Andersen (2001) using different methods. The latter author
estimated correction factors that could be applied to eliminate bias from data
consisting of individually analysed stomachs. Though individual stomachs are also
500 needed to estimate the parameters in the correction suggested here, the two methods
differ in their underlying assumptions. Whereas Andersen's (2001) correction factor
assumes a constant coefficient of variation of the contents of non-empty stomachs as
well as a constant proportion of empty stomachs, the present method allows these
assumptions to be made independently of each other, ensuring a minimum number of
505 fixed parameters. Further, the method presented here provides a lower limit of the
variance of the estimated consumption. The distribution and coefficient of variation
can be estimated from a sub sample of the dataset, and the remaining data can then be
analysed by counting the number of empty and non-empty stomachs and recording the

mean weight of the contents of the non-empty stomachs. This sampling procedure has
510 traditionally been followed in a number of stomach sampling projects (ICES 1988;
1991). The correction requires a constant CV, an assumption that may not hold if
extensive areas or time scales are considered. There does, however, appear to be some
evidence of constancy, as Stefánsson and Pálsson (1997) and Adlerstein and
Welleman (2000) found evidence of a common CV of the contents of non-empty
515 stomachs of Icelandic and North Sea cod, respectively. Nevertheless, the assumption
is of crucial importance to the validity of the correction, and should be considered in
detail before attempting to correct large numbers of samples.

Simply excluding empty stomachs leads to an overestimate of food intake as
the fish which were caught in the interval between the complete evacuation of their
520 last meal and the time of their successful capture of the next prey are excluded. Empty
stomachs should only be excluded when there is biological evidence to suggest that
these fish were indeed not part of the feeding population. In this study, there was no
evidence to suggest that some predators may have been fasting. However, if some
predators appeared to have decreased their food intake due to e.g. spawning, the
525 biologically most appropriate estimate of food intake would appear to be separate
estimates for spawning and non-spawning fish, hence considering empty and non-
empty stomachs of spawning fish together.

The new method for calculating the consumption of individual prey provided
greatly improved estimates. Compared to this method, consumption of the three prey
530 types considered was seriously biased by distributing the total consumption on prey
types using the weight percentages. Though the bias was generally negative, positive
bias was found for prey, which occurred infrequently or constituted a minor part of
the stomach content when present. In general, larger fish prey occur only in a minor

percentage of the stomachs collected (Albert 1995; Pillar and Barange 1997) and so
535 consumption of fish is likely to be overestimated whereas that of invertebrates will be
underestimated. This conclusion holds even when no difference in evacuation rate
exists between the two prey types. Fish in which the evacuation of the stomach
content is exponential ($\alpha = 1$) represents a special case in which the error in
distributing the total consumption according to weight percentages relies solely on the
540 difference in evacuation rates between prey (Appendix C).

The effect of other prey on evacuation and hence consumption was minor in
most cases. Only the intake of benthic invertebrates was biased to any extent by this
assumption and if simplifications of the calculations are to be made, the assumption of
evacuation of each prey separately was far superior to distributing consumption
545 according to weight percentages. Unfortunately, studies calculating the intake of
single prey by this method frequently estimate $E(S_i^\alpha)$ as $(\bar{S}_i)^\alpha$ (Armstrong 1982;
Patterson 1985) and their results are therefore positively biased.

Estimating the intake of each prey type in the data set and summing these to
obtain the total intake led to estimates of total intake of 62-131% of C_1 in the data
550 analysed here. This difference may be the result of a combination of random errors
and a tendency to overestimate the mean weight of highly digested prey, as prey is not
identified during the last stages of digestion. However, the difference may also reflect
a biologically more sensible method of calculation. The calculation of an average
evacuation rate of the total stomach content fails to account for any correlation
555 between evacuation rate and weight of the stomach content. Such correlation may
arise if the stomachs contain e.g. either small crustaceans (low evacuation rate) or
large lean fish (high evacuation rate).

In addition to the effect of using different methods to estimate consumption, the present study demonstrated the importance of collecting samples throughout the diel cycle: The average intake of crabs estimated from daytime samples alone was only 25-50% of that estimated by night time samples in the data at hand. This was connected to the primarily nocturnal feeding on crabs (Rindorf 2003). Sampling during daytime only would therefore lead to gross underestimation of the total intake of this prey type.

The new method for calculating the intake of individual prey has the advantage of incorporating the known sources of bias in food intake estimation while allowing average stomach content to change during the sampling period. A major disadvantage is, however, the expense of collecting detailed information on the contents of individual stomachs. If the coefficient of variation is constant for each prey, the need for information could be limited to the average weight, the CV of this and the occurrence of each prey type. The analyses of the stomachs would then not require the weighing of prey from each stomach individually, except in the sub sample necessary to estimate the correction factor. The effect of other food in the stomach on estimated consumption appears to be minor in most cases.

In conclusion, the estimation of $E(S_i^\alpha)$ as $(\overline{S}_i)^\alpha$ seriously biases the calculation of food intake by fish. The bias increases with the variance of the contents of the non-empty stomachs and rises dramatically if the proportion of empty stomachs is high. If single stomach data or coefficients of variation are not available, $E(S_i^\alpha)$ should therefore at the very least be estimated as $p_i(\overline{X}_i)^\alpha$, as this would eliminate the severe effect of empty stomachs. Distributing the total food intake on different prey types according to their weight percentage produces large biases, which may be either positive or negative according to the distribution and evacuation rate of the prey. As

this bias can take any value, it is even more dangerous than the bias of the simplified calculations, as the latter is at least known to be positive. The results shown here once
585 again stress the need for information on stomach contents on a single stomach level. If this type of information cannot be obtained, great care should be taken to minimize the otherwise substantial bias.

Acknowledgements

We would like to thank two anonymous referees whose comments helped us
590 to improve the manuscript. This study was partly funded by a grant from the Danish Ministry of Food, Agriculture and Fisheries to the project ‘Development of improved models of fisheries impact on marine fish stocks and ecosystems’ (FIFO-DFU-1) and by the EU project ‘Development of structurally detailed statistically testable models of marine populations’ (QLK5-CT1999-01609). The research was supported
595 by the SLIP research school under the Danish Network for Fisheries and Aquaculture Research (www.fishnet.dk) financed by the Danish Ministry for Food, Agriculture and Fisheries and the Danish Agricultural and Veterinary Research Council.

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Appendix A

Estimation of $E(S_i^\alpha)$ from $E(S_i)$

Let the distribution of the weight of the stomach contents, S , be described by a
700 delta-distribution based on log-normal- or gamma-distributions (Aitchison and Brown
1957; Stefánsson and Pálsson 1997):

$$705 \quad \begin{aligned} P(S = 0) &= 1 - p \\ P(S \leq s) &= pLN(s|\mu, \sigma^2) \quad , S > 0 \end{aligned}$$

or

710

$$\begin{aligned} P(S = 0) &= 1 - p \\ P(S \leq s) &= p\Gamma(s|k, \beta) \quad , S > 0 \end{aligned}$$

715

where p is the probability that a stomach is not empty, $LN(s|\mu, \sigma^2)$ and $\Gamma(s|k, \beta)$ are
the distribution functions of a log-normal distribution with mean μ and variance σ^2
and a gamma distribution with shape parameter k and scale parameter β , respectively.

In both cases, $E(S_i^\alpha)$ can be derived analytically. Let the weight of the contents of a
720 non-empty stomach be described by X , where X is log-normal distributed with mean μ
and variance σ^2 of the log stomach contents:

725
$$X \in LN(\mu, \sigma^2)$$

then

730

$$X^\alpha \in LN(\alpha\mu, \alpha^2\sigma^2)$$

735

The relation between $(E(X))^\alpha$ and $E(X^\alpha)$ is

740

$$E(X^\alpha) = e^{\frac{1}{2}\alpha\sigma^2(\alpha-1)} (E(X))^\alpha$$

745 and $E(S^\alpha)$ becomes

$$E(S^\alpha) = p e^{\frac{1}{2}\alpha\sigma^2(\alpha-1)} (E(X))^\alpha$$

750

In the case of gamma distribution, $X \in \Gamma(k, \beta)$, $E(X^\alpha)$ is

755

$$E(X^\alpha) = \frac{\Gamma(k + \alpha)}{\Gamma(k)k^\alpha} (E(X))^\alpha$$

and

760

$$E(S^\alpha) = p \frac{\Gamma(k + \alpha)}{\Gamma(k)k^\alpha} (E(X))^\alpha$$

765

Hence $E(S_i^\alpha)$ can be estimated by

$$770 \quad \hat{S}_i^\alpha = \hat{p}_i e^{\frac{1}{2}\alpha\hat{\sigma}_i^2(\alpha-1)} (\bar{x}_i)^\alpha$$
$$\hat{S}_i^\alpha = \hat{p}_i \frac{\Gamma(\hat{k}_i + \alpha)}{\Gamma(\hat{k}_i)\hat{k}_i^\alpha} (\bar{x}_i)^\alpha$$

775 in the lognormal and gamma case, respectively.

Appendix B

Estimation of the variance of the estimated consumption

The variance of the estimated consumption can be estimated by

780

$$V(\hat{C}) = \frac{\rho^2}{N^2} \sum_{i=1}^N V(\hat{S}_i^\alpha) + \frac{1}{T^2} \left(V(S(\hat{T})) + V(S(\hat{0})) \right)$$

785

in the case where $S(0)$ and $S(T)$ are not included in the summation and

790

$$V(\hat{C}) \cong \frac{\rho^2}{N^2} \sum_{i=1}^N V(\hat{S}_i^\alpha) + \frac{1}{T^2} \left(V(S(\hat{T})) + V(S(\hat{0})) \right) + \frac{\alpha\rho}{NT} \left((S(\hat{T}))^{\alpha-1} V(S(\hat{T})) - (S(\hat{0}))^{\alpha-1} V(S(\hat{0})) \right)$$

795 in the case where $S(0)$ and $S(T)$ are included in the summation. To calculate this

variance, an estimate of the variance of both $S(\hat{0})$, $S(\hat{T})$ and \hat{S}_i^α are needed. If it is

assumed that σ and k are constant and known without error, the variance of \hat{S}_i^α can be

approximated by

800

$$V\left(\hat{S}_i^\alpha\right) \cong e^{\alpha\sigma^2(\alpha-1)}\left(V(\hat{p}_i)(\bar{X}_i)^{2\alpha} + \alpha(\bar{X}_i)^{\alpha-1}V(\bar{X}_i)\hat{p}_i^2 + \alpha(\bar{X}_i)^{\alpha-1}V(\bar{X}_i)\mathcal{V}(\hat{p}_i)\right)$$

805

and

810

$$V\left(\hat{S}_i^\alpha\right) \cong \left(\frac{\Gamma(k+\alpha)}{\Gamma(k)k^\alpha}\right)^2\left(V(\hat{p}_i)(\bar{X}_i)^{2\alpha} + \alpha(\bar{X}_i)^{\alpha-1}V(\bar{X}_i)\hat{p}_i^2 + \alpha(\bar{X}_i)^{\alpha-1}V(\bar{X}_i)\mathcal{V}(\hat{p}_i)\right)$$

in the lognormal and gamma distributed case, respectively.

815 However, as the values of σ and k are unlikely to be known exactly, these estimates have to be considered a lower limit. An overestimate of the variance of

\hat{S}_i^α can in analogy with Lewy (1996) be calculated by

820

$$V\left(\hat{S}_i^\alpha\right) \cong \frac{V(S_i^\alpha)}{M_i} = \frac{1}{M_i} \hat{p}_i \left(e^{2\hat{\mu}_i + \hat{\sigma}_i^2} \right)^\alpha \left(e^{\alpha \hat{\sigma}_i^2 (2\alpha - 1)} - \hat{p}_i e^{\alpha \hat{\sigma}_i^2 (\alpha - 1)} \right)$$

825 and

$$V\left(\hat{S}_i^\alpha\right) \cong \frac{V(S_i^\alpha)}{M_i} = \frac{1}{M_i} \frac{\hat{p}_i (\hat{k}_i \hat{\beta}_i)^{2\alpha}}{\Gamma(\hat{k}_i) \hat{k}_i^{2\alpha}} \left(\Gamma(\hat{k}_i + 2\alpha) - \hat{p}_i \frac{(\Gamma(\hat{k}_i + \alpha))^2}{\Gamma(\hat{k}_i)} \right)$$

830

in the lognormal and gamma distributed case, respectively, and thus the variance in the case where σ or k is estimated for each sample separately. This estimate will be an upper limit, as the gain in precision obtained by estimating a common CV is not accounted for.

835

The variance of $\hat{S}(0)$ and $\hat{S}(T)$ can be approximated by

840

$$V\left(\hat{S}_i\right) \cong V(\hat{p}_i) (\bar{X}_i)^2 + V(\bar{X}_i) \hat{p}_i^2 + V(\bar{X}_i) \mathcal{V}(\hat{p}_i)$$

845 The approximations given above can only be used when the variance of \bar{X}_i and \hat{p}_i can
 be estimated. They can therefore not be applied to pooled stomach samples. In this
 case, the variance can be approximated by

850

$$V\left(\hat{S}_i^\alpha\right) \cong \frac{V(S_i^\alpha)}{M_i} = \frac{1}{M_i} \left(e^{\alpha\hat{\sigma}^2(2\alpha-1)} - \hat{p}_i e^{\alpha\hat{\sigma}^2(\alpha-1)} \right) \hat{p}_i \bar{X}_i^{-2\alpha}$$

855 and

$$V\left(\hat{S}_i^\alpha\right) \cong \frac{V(S_i^\alpha)}{M_i} = \frac{1}{M_i} \frac{1}{\Gamma(\hat{k})\hat{k}^{2\alpha}} \left(\Gamma(\hat{k} + 2\alpha) - \hat{p}_i \frac{(\Gamma(\hat{k} + \alpha))^2}{\Gamma(\hat{k})} \right) \hat{p}_i \bar{X}_i^{-2\alpha}$$

860

in the lognormal and gamma distributed case, respectively.

The variance of $\hat{S}(0)$ and $\hat{S}(T)$ can be approximated by

865

$$V\left(\hat{S}_i\right) \cong \frac{V(S_i)}{M_i} = \frac{1}{M_i} \left(e^{\hat{\sigma}^2} - \hat{p}_i \right) \hat{p}_i \bar{X}_i^{-2}$$

870

and

875

$$V\left(\hat{S}_i\right) \cong \frac{V(S_i)}{M_i} = \frac{1}{M_i} \left(\frac{\hat{k} + 1}{\hat{k}} - \hat{p}_i \right) \hat{p}_i \bar{X}_i^{-2}$$

880 in the lognormal and gamma distributed case, respectively. The precision of these estimates depends entirely on the adequacy of the assumption of constant CV and the precision of the estimates of σ and k . They are further lower limits, as the variance of $\hat{\sigma}$ and \hat{k} are not taken into account.

885 **Appendix C**

Estimation of bias of traditional methods for estimating the intake of individual prey types

The relative difference between the intake of prey j calculated by the method presented here ($C_{3,j}$) and by multiplying the weight percentage of j in the total stomach content, $\pi_{tot,j}$, to the total intake ($C_{4,j}$) is

$$(C1) \quad \frac{C_{4,j} - C_{3,j}}{C_{3,j}} = \frac{\pi_{tot,j}}{\pi_j^{1-\alpha}} \frac{\rho_{tot}}{(\pi_j \rho_j + (1 - \pi_j) \rho_{res})} \frac{\sum_{i=1}^N E(S_{tot}^\alpha)}{\sum_{i=1}^N E(S_j^\alpha)} - 1$$

895

where

900

$$\frac{\sum_{i=1}^N E(S_{tot}^\alpha)}{\sum_{i=1}^N E(S_j^\alpha)} = \frac{\frac{\Gamma(k_{tot} + \alpha)}{\Gamma(k_{tot})k_{tot}^\alpha} \sum_{i=1}^N p_{tot,i} (E(X_{tot,i}))^\alpha}{\frac{\Gamma(k_j + \alpha)}{\Gamma(k_j)k_j^\alpha} \sum_{i=1}^N p_{j,i} (E(X_{j,i}))^\alpha}$$

905 It is assumed that $\pi_{tot,j}$ and π_j remain constant over the period and no change occurs in
the average stomach content over the sampling period. Note that in the special case α
= 1, the bias is entirely dependent on the difference in evacuation rates between prey.

If $\rho_{tot} = \rho_j = \rho_{res}$ and $k_{tot} = k_j$, equation (C1) can be reduced by

inserting $E(X_{tot}) = \frac{p_j}{p_{tot}} \frac{E(X_j)}{\pi_{tot,j}}$:

910

$$(C2) \quad \frac{C_{4,j} - C_{3,j}}{C_{3,j}} = \left(\frac{\pi_{tot,j} p_{tot}}{\pi_j p_j} \right)^{1-\alpha} - 1$$

915

Once again it is evident that in the case of $\alpha = 1$, C_4 is only biased if evacuation rates
differ between prey.

The bias introduced by disregarding the effect of other food in the stomach on
evacuation (i.e. estimate food intake as $C_{5,j}$) is

920

$$(C3) \quad \frac{C_{5,j} - C_{3,j}}{C_{3,j}} = \frac{\frac{\rho_j}{N} \sum_{i=1}^N S_i^\alpha}{\frac{(\pi_j \rho_j + (1 - \pi_j) \rho_{res}) \pi_j^{1-\alpha}}{N} \sum_{i=1}^N S_i^\alpha} - 1 = \frac{\rho_j}{(\pi_j \rho_j + (1 - \pi_j) \rho_{res}) \pi_j^{1-\alpha}} - 1$$

925

It is again assumed that π_j remains constant and no change in the average stomach content occurs over the sampling period.

Appendix D

930 Estimation of evacuation rates

Andersen (2001) showed that the evacuation rate of individual prey types without exoskeleton is well described by a function of energy density of the prey. If several prey types occurred together, the evacuation rate of the total stomach content could be estimated from the average energy density of the total stomach content (Andersen 2001). The relationship between evacuation rate and energy density was used here to calculate the evacuation rate of prey without exoskeleton. Energy densities were assumed to be equivalent to values given by Andersen (2001) and Pedersen and Hislop (2001). The energy density of benthic invertebrates was assumed to be $3.7 \text{ kJ}\cdot\text{g}^{-1}$ based on the evacuation rate given by Rindorf (2004). The evacuation rate of the total stomach content at each location was then calculated as a weighted average of the evacuation rate of non-exoskeleton prey (calculated from the average energy density of these prey) and the evacuation rate of exo-skeleton prey (taken to be equal to the value given for brown shrimp (*Crangon crangon*) in whiting of 27.5 cm by Andersen (2001)):

945

$$\rho_{tot} = (0.0025\pi_{exo} + 0.152E^{-0.86}(1 - \pi_{exo}))e^{0.078temp}$$

950

where π_{exo} is the proportion of the stomach content which consists of exoskeleton prey at each location, $1-\pi_{exo}$ is the proportion of the stomach content which consists of prey without an exoskeleton, E is average energy density of the prey without an exoskeleton and $temp$ is ambient temperature at the location. This is a modified version of the equation given by Andersen (2001) for whiting at 27.5 cm. The size and temperature specific evacuation rates, ρ_{LT} , of the three prey types were: benthic invertebrates: 0.00042 (Rindorf 2004), crabs: 0.00021 (value given for brown shrimp in Andersen (1999)) and herring: 0.00037 (derived from the relationship given by Andersen (2001) and an energy density of 4.3 kJ•g⁻¹ (Pedersen and Hislop 2001)). With a predator length of 27.5 cm, the evacuation rates were $0.050e^{0.078temp}$, $0.025e^{0.078temp}$ and $0.032e^{0.078temp}$ for benthic invertebrates, herring and crabs, respectively.