

# MSE MĀNOA SOPHOMORE EXPERIENCE

# An Example of Successful Data-Driven Programming

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## Need

2011 Cohort	Percent Loss
1st-2nd Year	22%
2nd-3rd Year	8%
3rd-4th Year	4%

### Sophomore Slump

- Second efforts have difficulty meeting or surpassing standards of the first
- Period of developmental confusion
- Uncertainty in major, career, or personal identity
- Three areas that may cause sophomores the most stress: academic, personal, relationships
- May start as early as second semester of the first year

## Assessment

### Methods

- Online Survey
  - 691 responses from students
- Focus Groups
  - 2 focus groups
  - 13 faculty and staff
- Written Assignment
  - 444 responses from students

### Themes

- Peer mentoring/guidance
- Interaction with faculty
- Major/career confusion
- Lack of finances
- Lack of connections
- Recognition in 1st year

## Programming

**MANOA SOPHOMORE EXPERIENCE**  
**SUNDAES WITH STUDENTS**  
 February 18 (Wednesday)  
 1:30-2:30PM  
 Campus Center 308 & 309

**FREE SUNDAES**  
 \*Sundaes available on a first-come, first-served basis  
 Open to students of all class standings  
 Walk-ins welcome

Create your own sundae at our sundae bar  
 Hear students share their experiences at UHM  
 (challenges, lessons learned & advice)

For more information, including the panelists,  
 visit [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore)

*Manoa Sophomore Experience*  
**Fraps with Faculty**  
 March 17 (Tuesday), 1:30-2:30pm  
 Campus Center 308 & 309  
**Free Frappuccinos!**

Open to students of all class standings (not just sophomores)  
 Walk-ins, no RSVP required  
 \*Frappuccinos & sweets available on a first-come, first-served basis

Hear UHM faculty share their college experiences and provide advice for succeeding at UHM and after graduation  
 For more information, including the panelists,  
 visit [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore)

Manoa Sophomore Experience  
**Pizza with Professionals**  
 April 16 (Thursday) from 12-1PM  
 Campus Center 307 & 308  
**FREE PIZZA!**

\*Pizza available on a first-come, first-served basis  
 Open to students of all class standings (not just sophomores)  
 No RSVP required

Hear professionals (UHM alumni) share their experiences in college and gain advice for surviving and thriving in the "real world" after graduation when entering the work force.

For more information, including the panelists,  
 visit [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore)

**Apply for the 2015-2016 Office of Academic Affairs Student Success Manoa Sophomore Experience SCHOLARSHIP**

**\$3000 available**

Apply through the STAR scholarship database:  
[star.hawaii.edu/scholarship](http://star.hawaii.edu/scholarship)

Applications due February 16, 2015

For more information about the Manoa Sophomore Experience,  
 visit [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore)

MANOA SOPHOMORE EXPERIENCE INVITES YOU TO SUBMIT  
**SUCCESS TIPS**  
 WIN A UHM BOOKSTORE GIFT CARD!

What are success tips? Advice that has helped you survive and thrive at UHM, in Hawaii and as a college student.

Every tip you submit = 1 entry into a drawing for UHM Bookstore Gift Cards. The more tips you submit, the better your chances of winning!

Open to students of all majors and class standings  
 Deadline to submit Tips: **Friday, December 12**

Submit tips at: <http://bit.ly/uhmssuccesstips>

Questions? [secondry@hawaii.edu](mailto:secondry@hawaii.edu)  
 More information: [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore)

**MSE MĀNOA SOPHOMORE EXPERIENCE**  
 Visit the Manoa Sophomore Experience  
**PEER MENTOR**

- Learn more about and discuss the Sophomore Slump and how you can avoid or overcome it
- Discover how you can get involved and engaged with the campus community
- Fulfills the Manoa Advising Center (MAC) mandatory advising requirement
- Note: we do not go over course or major requirements

Go to [manoa.hawaii.edu/undergrad/sophomore](http://manoa.hawaii.edu/undergrad/sophomore) or [facebook.com/uhmse](https://www.facebook.com/uhmse) for updated appointment availability and to sign up to see the MSE Peer Mentor.

## Results

### Panel Series

- Sundaes with Students-196 attendees
- Fraps with Faculty-146 attendees
- Pizza with Professionals-46 attendees (SP15 event to come)

### Scholarship (AY 14-15 & 15-16)

- 100 applications

### Success Tips

- 2665 tips collected
- 220 participants

### Peer Mentor Appointments

- 15 appointments

### Student Comments from Events

- "I wish I had come to this event earlier in my academic career because it was very inspirational"
- "Helped me understand colleges up and downs and how to conquer these problems. The information was helpful"
- "Panelists messages were great and it does open your eyes because telling stories in person is more effective"

## Background

### Introduction

- Formed in Spring 2010
- Relaunched in Spring 2014
- Initiated by the Assistant Vice Chancellor for Undergraduate Education

### Mission

Help freshmen and sophomores navigate academic requirements and campus life so they become engaged with the campus community and invested in their college experience.



## Future

### New Course for Spring 2015!

#### CAS 111: The Second-Semester Experience

Class Days: **Wednesdays**  
 Class Times: **01:30 – 02:20 PM**  
 Classroom: **ARCH 101A**  
 Credit: **1 credit**

**Topics:**

- Steps and resources to explore majors at UHM
- Advising services
- Sophomore Slump
- Academic planning for future semesters
- Preparation for after graduation

**Benefits:**

- Fulfill a Writing Intensive (WI) requirement
- Gain the knowledge and skills to thrive in your second semester
- Learn more about the majors available at UH Mānoa
- Fulfill Manoa Advising Center's mandatory advising requirement for Spring 2015

**Qualification for enrollment:**

- Declared as Exploratory (General Arts and Sciences / Undeclared)
- Fall 2014 must be your first semester as a freshman

If you qualify and are interested, email [mucadv@hawaii.edu](mailto:mucadv@hawaii.edu) to request an override.