

# LIPSCHITZ HARMONIC CAPACITY AND BILIPSCHITZ IMAGES OF CANTOR SETS

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ABSTRACT. For bilipschitz images of Cantor sets in  $\mathbb{R}^d$  we estimate the Lipschitz harmonic capacity and show this capacity is invariant under bilipschitz homeomorphisms.

## 1. INTRODUCTION

Let  $Lip_{loc}^1(\mathbb{R}^d)$  be the set of locally Lipschitz real functions on Euclidean space  $\mathbb{R}^d$ , let  $E$  be compact subset of  $\mathbb{R}^d$ , and let

$$L(E, 1) = \{f \in Lip_{loc}^1 : \text{supp}(\Delta f) \subset E, \|\nabla f\|_\infty \leq 1, \nabla f(\infty) = 0\}$$

be the set of locally Lipschitz functions harmonic on  $\mathbb{R}^d \setminus E$  and normalized by the conditions  $\|\nabla f\|_\infty \leq 1$  and  $\nabla f(\infty) = 0$ . The *Lipschitz harmonic capacity* of  $E$  is defined by

$$\kappa(E) = \sup\{|\langle \Delta f, 1 \rangle| : f \in L(E, 1)\}.$$

It was introduced by Paramonov [P] to study problems of  $C^1$  approximation by harmonic functions in  $\mathbb{R}^d$ .

If  $d = 2$ , if  $\mathbb{C} \setminus E$  is simply connected, and if the Hausdorff measure  $\Lambda_2(E) = 0$ , then  $f \in L(E, 1)$  if and only if  $F(z) = f_x - if_y$  is a single-valued bounded analytic function on  $\mathbb{C} \setminus E$  which satisfies  $|F(z)| \leq 1$ . In that case it then follows from Green's theorem that  $\kappa(E) = 2\pi\gamma_{\mathbb{R}}(E)$ , where

$$\begin{aligned} \gamma_{\mathbb{R}}(E) &= \\ &= \sup\{|\lim_{z \rightarrow \infty} zF(z)| : F \text{ is analytic on } \mathbb{C} \setminus E, |F| \leq 1, F(\infty) = 0, \bar{\partial}F \text{ real}\} \end{aligned}$$

is the so called *real analytic capacity* of  $E$ . (See [P].)

Now let  $T : \mathbb{R}^d \rightarrow \mathbb{R}^d$  be a bilipschitz homeomorphism:

$$A^{-1}|x - y| \leq |Tx - Ty| \leq A|x - y|. \tag{1}$$

This paper is concerned with the following conjecture.

**Conjecture 1.1.** *If  $T$  is a bilipschitz homeomorphism, then*

$$\kappa(T(E)) \leq C(A)\kappa(E),$$

where  $A$  is the constant in (1).

When  $d = 2$  this conjecture was established in [T2] using the connection between analytic capacity and Menger curvature obtained in [T1]. The papers [T1] and [T2] were preceded by two papers [MTV] and [GV] that estimated the analytic capacity of planar Cantor sets and of their bilipschitz images. The recent paper [MT] estimated the Lipschitz harmonic capacity of certain Cantor sets in  $\mathbb{R}^d$ , and our purpose here is to establish Conjecture 1.1 for bilipschitz images of these Cantor sets. Thus in the language of fractions, this paper is to [MT] as paper [GV] was to [MTV] or paper [T2] was to [T1].

For fixed ratios  $\lambda_n$  such that

$$2^{-\frac{d}{d-1}} \leq \lambda_n \leq \lambda_0 < \frac{1}{2}, \quad (2)$$

we write

$$\sigma_n = \prod_{k=0}^n \lambda_k,$$

and define the sets

$$E = \bigcap_{n=0}^{\infty} E_n, \quad E_n = \bigcup_{|J|=n} Q_J^n, \quad (3)$$

where  $J = (j_1, j_2, \dots, j_n)$  is a multi-index of length  $n$  with  $j_k \in \{1, 2, \dots, 2^d\}$  and the  $Q_J^n$  are compact sets such that

$$Q_{(J, j_{n+1})}^{n+1} \subset Q_J^n, \quad \text{for all } n \text{ and } J,$$

and such that for all  $n$  and  $J$ ,

$$c_1 \sigma_n \leq \text{diam}(Q_J^n) \leq c_2 \sigma_n, \quad (4)$$

and

$$\text{dist}(Q_J^n, Q_K^n) \geq c_3 \sigma_n, \quad J \neq K. \quad (5)$$

for positive constants  $c_1, c_2$ , and  $c_3$ .

When  $Q_J^n$  is a cube with sides parallel to the coordinate axes and side-length  $\sigma_n$  and

$$\{Q_{(J, j_{n+1})}^{n+1} \subset Q_J^n : j_{n+1} = 1, \dots, 2^d\}$$

consists of the  $2^d$  corner subcubes of  $Q_J^n$ , the set defined by (3) is the Cantor set studied in [MT], and a set  $E$  is the bilipschitz image of such a Cantor set if and only if  $E$  satisfies (3), (4), and (5). Write

$$\theta_n = \frac{2^{-nd}}{\sigma_n^{d-1}}$$

and  $\theta(Q) = \theta_n$  if  $Q = Q_j^n$ . Note that by (2),

$$\theta_{n+1} \leq \theta_n.$$

For Cantor sets it was proved in [MT] that

$$C^{-1} \left( \sum_{n=0}^{\infty} \theta_n^2 \right)^{-\frac{1}{2}} \leq \kappa(E) \leq C \left( \sum_{n=0}^{\infty} \theta_n^2 \right)^{-\frac{1}{2}},$$

where  $C$  depends only on the constant  $\lambda_0$  in (2) and we extend their result to bilipschitz images of Cantor sets.

**Theorem 1.2.** *If  $E$  is defined by (3), (4), and (5), then there is constant*

$$C = C(c_1, c_2, c_3, \lambda_0)$$

such that

$$C^{-1} \left( \sum_{n=1}^{\infty} \theta_n^2 \right)^{-\frac{1}{2}} \leq \kappa(E) \leq C \left( \sum_{n=1}^{\infty} \theta_n^2 \right)^{-\frac{1}{2}}.$$

The proof of Theorem 1.2 follows the reasoning in [MT], but with certain changes. In Section 2 we give some needed geometric properties of the sets  $E$ . In Section 3 we obtain  $L^2$  estimates for the (truncated) Riesz transforms with respect to the probability measure  $p$  on  $E$  defined by  $p(Q_j^n) = 2^{-nd}$ . In Section 4 we derive Theorem 1.2 from the  $L^2$ -estimates in section 3 by applying the dyadic  $T(b)$  Theorem of M. Christ to a measure used in [MTV] and [MT].

## 2. THE GEOMETRY OF $E$

Fix  $E$  such that (2) - (5) hold.

**Lemma 2.1.** *There is  $c_4 = c_4(\lambda_0, c_1, c_2, c_3)$  such that for  $j = 1, 2, \dots, d$ , and all  $Q_j^n$*

$$\sup_{Q_j^n \cap E} x_j - \inf_{Q_j^n \cap E} x_j \geq c_4 \sigma_n. \quad (6)$$

*Proof.* Write

$$w = \sup_{Q_j^n \cap E} x_j - \inf_{Q_j^n \cap E} x_j.$$

Let  $\mathcal{P}$  be the hyperplane

$$x_j = \frac{1}{2} \left( \sup_{Q_j^n \cap E} x_j + \inf_{Q_j^n \cap E} x_j \right),$$

and let  $\tilde{Q}_K^k$  be the orthogonal projection of  $Q_K^k$  onto  $\mathcal{P}$ . If

$$w < \frac{c_3}{2} \sigma_{n+p}$$

then for  $k = n+1, \dots, n+p$ , (5) and the Pythagorean Theorem give

$$\text{dist}(\tilde{Q}_{J'}^k, \tilde{Q}_{J''}^k) \geq \frac{\sqrt{3}}{2} c_3 \sigma_k,$$

and there are  $(d-1)$ -dimensional balls  $B_{J'}^k$  with diameter comparable to the diameter of  $\tilde{Q}_{J'}^k$ , and such that

$$\text{dist}(\tilde{Q}_{J'}^k, B_{J'}^k) \leq c_4 \sigma_k$$

and

$$B_J^k \cap B_K^m = \emptyset, \text{ when } k \geq m.$$

Hence for constants  $c_5 > c_6$  depending only on  $d$  and  $c_1, c_2$ , and  $c_3$ ,

$$\begin{aligned} c_5 \sigma_n^{d-1} &\geq \Lambda_{d-1} \left( \bigcup_{k=1}^p \bigcup_{|K|=k} B_{(J,K)}^{n+k} \right) \\ &\geq \sum_{k=1}^p \sum_{|K|=k} \Lambda_{d-1} \left( B_{(J,K)}^{n+k} \right) \\ &\geq \sum_{k=1}^p c_6 2^{kd} \sigma_{n+k}^{d-1}, \end{aligned}$$

and by (2) this can only happen if  $p \leq \frac{c_5}{c_6}$ . Thus (6) holds with  $c_4 = c_3 2^{\frac{-d}{d-1} \frac{c_5}{c_6} - 1}$ .  $\square$

Define the probability measure  $p$  on  $E$  by  $p(Q_J^n) = 2^{-nd}$ .

**Lemma 2.2.** *There exist  $c_7, c_8$ , and  $0 < \gamma < 1$ , depending only on  $\lambda_0, c_1, c_2$ , and  $c_3$  such that for  $j = 1, 2, \dots, d$ , there exist  $c_7 2^n$  disjoint slabs of the form*

$$S_k = \{a_k \leq x_j \leq b_k\}$$

such that  $b_k - a_k \leq c_7 \sigma_n$ ,  $p(\bigcup S_k) \geq c_8$ , but  $p(S_k) < c_7 \gamma^n$ .

*Proof.* Condition (4) implies that there exist disjoint slabs  $S_k$  satisfying all the conditions of the lemma except possibly  $p(S_k) \leq c_7 \gamma^n$ . However, by Lemma 2.1 there exists  $m_0$  such that if  $m \leq n - m_0$ , then for each  $Q_J^m$  at most  $2^d - 1$  cubes  $Q_K^{m+1} \subset Q_J^m$  can meet  $S_k$ . Hence the number of  $Q_L^n$  with  $Q_L^n \cap S_k \neq \emptyset$  does not exceed  $(2^d - 1)^{(n-m_0)} 2^{dm_0}$  and  $p(S_k) \leq (1 - 2^{-d})^{n-m_0} \leq c_7 \gamma^n$ .  $\square$

3. THE  $L^2$  ESTIMATE

Let  $E$  satisfy properties (2) - (5). For  $x \in E$  we define  $Q_x^n = Q_J^n$  to be the unique  $Q_J^n$  such that  $x \in Q_J^n$ . If  $f \in L^2(p)$  and  $j = 1, 2, \dots, d$ , we define the truncated Riesz transform as

$$R_N^j f(x) = \int_{y \notin Q_x^N} K_j(y-x) f(y) dp(y),$$

where  $K_j(y-x) = \frac{(y-x)_j}{|y-x|^d}$ . By (5) it is clear that  $\|R_N^j\|_{L^2(p)} < \infty$ .

**Theorem 3.1.** *Let  $0 < \alpha < 1$  and let  $G \subset E$  be a closed set such that  $p(G) > \alpha$ . There are constants  $C_1(\alpha)$  and  $C_2$ , both depending on  $\lambda_0, c_1, c_2$  and  $c_3$ , such that for all  $N$  big enough,*

$$C_1 \left( \sum_{n=0}^N \theta_n^2 \right)^{\frac{1}{2}} \leq \|R_N^j\|_{L^2(G,p)} \leq C_2 \left( \sum_{n=0}^N \theta_n^2 \right)^{\frac{1}{2}}. \quad (7)$$

To begin we prove the upper bound in (7). Since the norm  $\|R_N^j\|_{L^2(G,p)}$  increases with  $G$  we may assume  $G = E$ , which also means  $C_2$  does not depend on  $\alpha$ . The proof of the upper bound in (7) follows the paper [MT], but for convenience we repeat their argument. By the  $T(1)$ -Theorem for spaces of homogeneous type

$$\|R_N^j\|_{L^2(p)} \leq C \sup_{n \leq N} \sup_{|J|=n} \frac{p(Q_J^n)}{\sigma_n^{d-1}} + C \sup_{n \leq N} \sup_{|J|=n} \frac{\|R_N^j(\chi_{Q_J^n})\|_{L^2(Q_J^n,p)}}{p(Q_J^n)^{\frac{1}{2}}}.$$

Therefore the upper bound in (7) will be an immediate consequence of the following two lemmas. For convenience we fix  $j$ , write  $K(y-x) = K_j(y-x)$ , and define

$$R_m f(x) = \int_{Q_x^m \setminus Q_x^{m+1}} K_j(y-x) f(y) dp(y).$$

**Lemma 3.2.** *If  $n \leq m$ , there is  $c_7$  such that*

$$\|R_m \chi_{Q_J^n}\|_{L^2(Q_J^n,p)} \leq c_7 \theta_m p(Q_J^n)^{\frac{1}{2}}$$

*Proof.* For  $y \in Q_x^m \setminus Q_x^{m+1}$ , (5) gives

$$|K(y-x)| \leq \frac{1}{c_3^{d-1} \sigma_{m+1}^{d-1}}.$$

Hence by (2)

$$|R_m \chi_{Q_J^n}| \leq \frac{2^d}{c_3^{d-1}} \theta_m,$$

and

$$\|R_m \chi_{Q_J^n}\|_{L^2(p)} \leq \frac{2^d}{c_3^{d-1}} \theta_m p(Q_J^n)^{\frac{1}{2}}.$$

□

**Lemma 3.3.** *There is a constant  $C$  depending only on  $\lambda_0$ ,  $c_1$ ,  $c_2$  and  $c_3$  such that for all  $N > n$  and all  $J$ ,*

$$\|R_N^j \chi_{Q_J^n}\|_{L^2(Q_J^n, p)}^2 \leq C \sum_{k=n}^N \theta_k^2 p(Q_J^n).$$

*Proof.* Fix  $j = 1, \dots, d$ , then for  $x \in Q_J^n$

$$R_N^j \chi_{Q_J^n}(x) = \sum_{m=n}^{N-1} R_m \chi_{Q_J^n}(x).$$

We claim that for  $m \neq k$ ,

$$\left| \int R_m \chi_{Q_J^n} R_k \chi_{Q_J^n} dp \right| \leq C 2^{-|m-k|} \|R_m \chi_{Q_J^n}\|_{L^2(p)} \|R_k \chi_{Q_J^n}\|_{L^2(p)}. \quad (8)$$

Accepting (8) for the moment, we conclude that

$$\begin{aligned} \|R_N^j \chi_{Q_J^n}\|_{L^2(Q_J^n)}^2 &= \left\| \sum_{m=n}^{N-1} R_m \chi_{Q_J^n} \right\|^2 \\ &= \sum_{m=n}^{N-1} \|R_m \chi_{Q_J^n}\|^2 + 2 \sum_{n \leq k < m \leq N-1} \langle R_m \chi_{Q_J^n}, R_k \chi_{Q_J^n} \rangle \\ &\leq C \sum_{m=n}^{N-1} \|R_m \chi_{Q_J^n}\|^2, \end{aligned}$$

so that Lemma 3.2 gives the right inequality in (7).

To prove (8) assume  $n \leq k < m \leq N-1$ . Then because the kernel  $K$  is odd,

$$\int_{Q_K^m} R_m \chi_{Q_J^n}(x) dp(x) = \sum_{r \neq q} \int_{Q_{(K,r)}^{m+1}} \int_{Q_{(K,q)}^{m+1}} K(x-y) dp(y) dp(x) = 0,$$

so that for any  $x_K^m \in Q_K^m$ ,

$$\int_{Q_K^m} R_m \chi_{Q_J^n}(x) R_k \chi_{Q_J^n}(x) dp(x) = \int_{Q_K^m} R_m \chi_{Q_J^n}(x) (R_k \chi_{Q_J^n}(x) - R_k \chi_{Q_J^n}(x_K^m)) dp(x).$$

But when  $x \in Q_K^m$ , (4), (5) and (2) give

$$|R_k \chi_{Q_J^n}(x) - R_k \chi_{Q_J^n}(x_K^m)| \leq C \frac{\sigma_m p(Q_x^k)}{\sigma_k^d} \leq C \theta_k \frac{\sigma_m}{\sigma_k} \leq C 2^{-(m-k)} \theta_k.$$

Hence using Lemma 3.2

$$\begin{aligned} \left| \int R_m \chi_{Q_J^n} R_k \chi_{Q_J^n} dp \right| &\leq C 2^{-(m-k)} \theta_k \|R_m \chi_{Q_J^n}\|_{L^1(Q_J^n, p)} \\ &\leq C 2^{-(m-k)} \theta_k p(Q_J^n)^{\frac{1}{2}} \|R_m \chi_{Q_J^n}\|_{L^2(p)} \\ &\leq C 2^{-(m-k)} \|R_m \chi_{Q_J^n}\|_{L^2(p)} \|R_k \chi_{Q_J^n}\|_{L^2(p)} \end{aligned}$$

and (8) holds.  $\square$

The proof of the lower bound in (7) also follows [MT] but with two alterations because  $G \neq E$  and because the sets  $Q_J^n$  may be incongruent. When  $Q = Q_J^n$  we also write  $n = n(Q)$ ,  $Q \in \mathcal{D}_n$ , and  $\theta(Q) = \theta_n$ .

Let  $0 < \delta < 1$ , fix  $G$  and define  $\mathcal{B}(\delta) = \{Q \in \bigcup_n \mathcal{D}_n : p(G \cap Q) < \delta p(Q)\}$ .

**Lemma 3.4.** *Assume  $\delta < \alpha$  and  $p(G) \geq \alpha$ .*

(a) *Then for all  $n$ ,*

$$p(G \setminus \bigcup_{\mathcal{D}_n \cap \mathcal{B}(\delta)} Q_n^J) \geq p(G \setminus \bigcup_{\mathcal{B}(\delta)} Q) \geq \alpha - \delta.$$

(b) *For  $N_0 \in \mathbb{N}$  there exists  $M(N_0)$  such that whenever  $Q \notin \mathcal{B}(\delta)$ , there exist  $Q' \subset Q$  with  $n(Q') \leq n(Q) + M$  such that for all  $Q'' \subset Q'$  with  $n(Q'') \leq n(Q') + N_0$*

$$Q'' \notin \mathcal{B}\left(\frac{\delta}{2}\right).$$

*Proof.* To prove (a) let  $\{Q_j\}$  be a family of maximal cubes in  $\mathcal{B}(\delta)$ , note that

$$p(G \cap \bigcup_{\mathcal{B}(\delta)} Q) \leq \sum p(G \cap Q_j) \leq \delta p(E) = \delta$$

and subtract this quantity from  $p(G)$ .

To prove (b) fix  $N_0$  and suppose (b) is false for  $N_0, \delta, Q$  and  $M = 0$ . Write  $n = n(Q)$ . Then there is  $Q_1 \subset Q$  with  $n(Q_1) \leq n + N_0$  and  $Q_1 \in \mathcal{B}(\frac{\delta}{2})$ . Set  $\mathcal{F}_1 = \{Q_1\}$ . Then  $p(Q \setminus Q_1) \leq (1 - 2^{-N_0 d})p(Q) = \beta p(Q)$ . Now assume (b) is also false for  $N_0, \delta, Q$  and  $M = N_0$  and write  $Q \setminus Q_1 = \bigcup \{Q' : n(Q') = n(Q_1), Q' \neq Q_1\}$ . Then for each  $Q' \neq Q_1$  with  $n(Q') = n(Q_1)$  there is  $Q_2 \subset Q'$  with  $n(Q_2) \leq 2N_0$  and  $Q_2 \in \mathcal{B}(\frac{\delta}{2})$ . Set  $\mathcal{F}_2 = \{Q_2\}$ . Then

$p(Q \setminus \bigcup_{\mathcal{F}_1 \cup \mathcal{F}_2} Q_j) \leq \beta^2 p(Q)$ . Further assume (b) is false for  $N_0, \delta, Q$  and  $M = 2N_0$  and repeat the above construction in each  $Q' \setminus Q_2$ . After  $m$  steps we obtain families  $\mathcal{F}_j$  of cubes  $Q_j \in \mathcal{B}(\frac{\delta}{2})$  such that  $\bigcup \mathcal{F}_j$  is disjoint and

$$p(Q \setminus \bigcup_{j=1}^m \bigcup_{\mathcal{F}_j} Q_j) \leq \beta^m p(Q)$$

and for  $\beta^m < \frac{\delta}{2}$  we obtain  $p(Q \cap G) \leq \frac{\delta}{2} \sum_{j=1}^m \sum_{\mathcal{F}_j} p(Q_j) + \beta^m p(Q) < \delta p(Q)$ , which is a contradiction. We conclude that (b) holds for  $M = mN_0$ .  $\square$

We will later fix  $\delta = \frac{\alpha}{2}$ . But for any  $\delta < \alpha$  we say  $Q' \in \mathcal{G}^*(\delta)$  if  $Q'$  satisfies conclusion (b) of Lemma 3.4 for  $N_0$  and  $\delta$ . Then by parts (b) and (a) of Lemma 3.4 we have:

**Lemma 3.5.** *If  $p(G) \geq \alpha$  then*

$$\sum_{\mathcal{G}^*(\frac{\delta}{2})} \theta(Q')^2 p(Q' \cap G) \geq C(M) \sum_{Q \notin \mathcal{B}(\delta)} \theta(Q)^2 p(Q \cap G) \geq C(M, \alpha) \sum \theta_n^2.$$

Now let  $A$  be a large constant. As in [MT], for  $R \in \mathcal{D}$  we will define a family  $\text{Stop}(R)$  of ‘‘stopping cubes’’  $Q \subset R$ . We say  $Q \in \text{Stop}_0(R)$  if  $Q \subset R$  and  $Q \notin \mathcal{B}(\frac{\delta}{2})$ , and if

$$\inf_Q \left| \int_{G \cap (R \setminus Q)} K(y-x) dp(y) \right| \geq A\theta(R).$$

We further say  $Q \in \text{Stop}_1(R)$  if  $Q \subset R$  and  $Q \notin \mathcal{B}(\frac{\delta}{2})$ , if  $\theta(Q) \leq \eta\theta(R)$  for constant  $\eta$  to be chosen below, if  $n(Q) \geq n(R) + N_1$  for constant  $N_1$  to be chosen below, and if

$$P \in \text{Stop}_0(R) \Rightarrow n(P) \geq n(Q).$$

Then define

$$\text{Stop}(R) = \{Q \in \text{Stop}_0(R) \cup \text{Stop}_1(R) : Q \text{ is maximal}\}.$$

Notice that by the construction either  $\text{Stop}(R) \subset \text{Stop}_0(R)$  or  $\text{Stop}(R) \subset \text{Stop}_1(R)$ . Inductively we define  $\text{Stop}^1(P) = \text{Stop}(P)$  and

$$\text{Stop}^k(P) = \bigcup \{\text{Stop}(Q) : Q \in \text{Stop}^{k-1}(P)\},$$

$$\text{Top} = \{P_0\} \cup \bigcup_{k \geq 1} \text{Stop}^k(P_0),$$

and

$$P^{stp} = \bigcup_{\text{Stop}(P)} Q,$$

where  $P_0$  is the unique cube in  $\mathcal{D}_0$ .



**Remark.** The constants  $N_0, N_1, A, \eta$  are chosen as follows. First we take  $\delta = \alpha/2$ , then  $N_1$  is fixed in Lemma 3.7, then  $\eta$  and  $A$  in the proof of Lemma 3.8, and  $N_0$  which depends on  $A, \eta, \delta$  in the proof of Lemma 3.6.

**Lemma 3.6.** *Assume  $p(G) \geq \alpha$ , and take  $\delta = \frac{\alpha}{2}$ . If  $N_0 = N_0(A, \eta, \delta)$  is sufficiently large, then for all  $Q \in \mathcal{G}^*(\frac{\delta}{2})$  there exists a cube  $P \subset Q$  such that  $P \in \text{Top}$  and  $n(P) \leq n(Q) + N_0$ .*

*Proof.* Let  $Q \in \mathcal{G}^*(\frac{\delta}{2})$  and let  $R$  be the smallest cube  $R \in \text{Top}$  such that  $Q \subset R$ . We assume the conclusion of the lemma is false for  $Q$ . Thus  $Q \notin \text{Top}$ , and  $Q \notin \text{Stop}(R)$ . Hence by definition there is  $x_0 \in Q$  such that

$$\left| \int_{G \cap R \setminus Q} K(y - x_0) dp(y) \right| \leq A\theta(R).$$

Then for  $x \in Q$  (5) gives

$$\left| \int_{G \cap R \setminus Q} (K(y - x) - K(y - x_0)) dp \right| \leq C\sigma_{n(Q)} \sum_{k=n(R)}^{n(Q)-1} \frac{\theta_k}{\sigma_k} \leq C_1\theta(R)$$

so that

$$\sup_Q \left| \int_{G \cap R \setminus Q} K(y - x) dp(y) \right| \leq (A + C_1)\theta(R). \quad (9)$$

Take  $x^* \in Q \cap E$  with  $x_j^* = \inf_Q x_j$  and let  $Q^*$  be that  $Q^* \subset Q$  such that  $x^* \in Q^*$  and  $n(Q^*) = n(Q) + N_0$ . Then by Lemma 2.1 there is a constant  $n_0$  such that

$$K(y - x^*) \geq \frac{c}{\sigma_n^{d-1}}$$

if  $y \in Q_j^n \subset (Q \setminus Q^*)$  and  $n \leq n(Q^*) - n_0$ . Because  $\theta_{n+1} \leq \theta_n$  and because we assume the lemma is false for  $Q$ , we also have  $\theta(Q_j^n) \geq \eta\theta(R)$  for every such  $Q_j^n$ . Hence by (5)

$$\int_{G \cap Q \setminus Q^*} K(y - x^*) dp(y) \geq (N_0 - n_0)\eta\frac{\delta}{2}\theta(R)$$

and by the proof of (9),

$$\inf_{Q^*} \int_{G \cap Q \setminus Q^*} K(y - x) dp(y) \geq ((N_0 - n_0)\eta\frac{\delta}{2} - C)\theta(R). \quad (10)$$

Taking  $N_0 = N_0(A)$  sufficiently large and comparing (10) with (9) we conclude that  $Q^* \in \text{Stop}_0(R)$ , which is a contradiction.  $\square$

Note that by Lemma 3.5 and Lemma 3.6 we have for all  $P$ ,

$$\sum_{n=0}^N \theta_n^2 \leq C(\alpha) \sum_{n=0}^N \sum_{\mathcal{D}_n \setminus \mathcal{B}(\delta)} \theta(Q)^2 p(Q) \leq C'(\alpha) \sum_{\text{Top}} \theta(P)^2 p(G \cap P). \quad (11)$$

We define

$$\begin{aligned} K_P 1(x) &= \sum_{Q \in \text{Stop}(P)} \chi_{G \cap Q}(x) \int_{G \cap P \setminus Q} K(y-x) dp(y) \\ &+ \chi_{G \cap P \setminus P^{stp}}(x) \int_{G \cap P \setminus Q^N(x)} K(y-x) dp(y). \end{aligned}$$

By construction

$$\chi_G R_N 1 = \sum_{\text{Top}} K_P 1$$

and

$$\|R_N 1\|_{L^2(G)}^2 = \sum_{\text{Top}} \|K_P 1\|_{L^2(G)}^2 + \sum_{P, Q \in \text{Top}, P \neq Q} \langle K_P 1, K_Q 1 \rangle_{L^2(G)}.$$

**Lemma 3.7.** *If  $N_1$  is chosen big enough, then for all  $P \in \text{Top}$ ,*

$$\|K_P 1\|_{L^2(G)}^2 \geq C^{-1} \theta(P)^2 p(G \cap P), \quad (12)$$

where  $C = C(\alpha)$ , and

$$\|K_P 1\|_{L^2(G)}^2 \geq A^2 \theta(P)^2 p(G \cap P^{stp_0}), \quad (13)$$

where

$$P^{stp_0} = \bigcup \{Q : Q \in \text{Stop}(P) \cap \text{Stop}_0(P)\}.$$

**Lemma 3.8.**

$$\sum_{P, Q \in \text{Top}, P \neq Q} |\langle K_P 1, K_Q 1 \rangle_{L^2(G)}| \leq C(A^{-1} + c(\eta)) \sum_{\text{Top}} \|K_P 1\|_{L^2(G)}^2, \quad (14)$$

with  $c(\eta) \rightarrow 0$  as  $\eta \rightarrow 0$ .

Assuming Lemma 3.7 and Lemma 3.8 for the moment, we see that if  $A$  is large and  $\eta$  is small, then

$$\|R_N 1\|_{L^2(G)}^2 \geq C^{-1} \sum_{\text{Top}} \theta(P)^2 p(G \cap P)$$

and then the lower bound in (7) follows from inequality (11).

To prove Lemma 3.7, first note that (13) follows from the definitions of  $\text{Stop}_0(P)$  and  $\text{Stop}(P)$ . To prove (12), recall that  $K = K_j$  for some  $1 \leq j \leq d$ . We apply Lemma 2.2 to  $P$  with  $\gamma^n \sim \alpha$  to obtain sets  $S_1 \subset P$  and  $S_2 \subset P$  such that

$$\sup_{S_1} x_j = a < \inf_{S_2} x_j$$

and

$$\text{Min}(p(G \cap S_1), p(G \cap S_2)) \geq c(\alpha)p(P).$$

We may assume that  $S_1, S_2$  are much bigger than any stopping cube of  $P$ , because if there exists some  $Q \in \text{Stop}_0(P)$  with size similar to  $S_1$  or  $S_2$ , then (12) follows from (13); and if we choose  $N_1$  big enough, any cube  $Q \in \text{Stop}_1(P)$  will be much smaller than  $S_1, S_2$ . Then we get

$$\left| \int_{S_2 \cap G} K_P \chi_{S_1}(x) dp(x) \right| \geq C^{-1} p(S_2 \cap G) \frac{p(S_1 \cap G)}{\text{diam}(P)^{d-1}}.$$

Set

$$E_1 = P \cap \{x_j \leq a\} \text{ and } E_2 = P \cap \{x_j > a\}.$$

By its definition,

$$K_P 1 = \chi_G(x) \sum_k \chi_{Q_k}(x) \int_{G \cap P \setminus Q_k} K(y-x) dp(y)$$

where  $\{Q_k\}$  is a cover of  $P$  by disjoint cubes from  $\mathcal{D}$ . We also have

$$\begin{aligned} K_P 1(x) &= \chi_G(x) \sum_{i=1,2} \sum_k \chi_{Q_k}(x) \int_{G \cap E_i \setminus Q_k} K(y-x) dp(y) \\ &\equiv K_P \chi_{E_1}(x) + K_P \chi_{E_2}(x). \end{aligned}$$

Write  $Q_k = Q(x)$  when  $x \in Q_k$  and note that

$$y \notin Q(x) \iff x \notin Q(y).$$

Hence by the antisymmetry  $K(y-x) = -K(x-y)$  we have

$$\int_{G \cap E_2} K_P \chi_{E_2}(x) dp(x) = 0.$$

Therefore by the construction of  $E_1$  and  $E_2$ ,

$$\begin{aligned} (p(G \cap E_2))^{1/2} \|K_P 1\|_{L^2(G)} &\geq \left| \int_{G \cap E_2} K_P 1(x) dp(x) \right| \\ &= \left| \int_{G \cap E_2} K_P \chi_{E_1}(x) dp(x) \right| \\ &\geq p(G \cap E_2) \frac{c(\alpha)p(G \cap P)}{\text{diam}(P)^{d-1}}, \end{aligned}$$

which is (12).

To prove Lemma 3.8 we again follow [MT]. Suppose  $P \neq Q \in \text{Top}$  and  $Q \subset P$ . Let  $P_Q \in \text{Stop}(P)$  be such that  $Q \subset P_Q \subset P$ . By the antisymmetry of  $K$  we have  $\int_{Q \cap G} K_Q 1 dp = 0$  so that

$$\begin{aligned} \left| \int_{Q \cap G} K_Q 1(x) K_P 1(x) dp \right| &= \left| \int_{Q \cap G} K_Q 1(x) (K_P 1(x) - K_P 1(x_Q)) dp(x) \right| \\ &\leq \|K_Q 1\|_{L^1(Q)} \sup_Q |K_P 1(x) - K_P 1(x_Q)|, \end{aligned}$$

where  $x_Q$  is a fixed point from  $Q$ . But for any  $x \in Q$ , standard estimates yield

$$\begin{aligned} |K_P 1(x) - K_P 1(x_Q)| &\leq \int_{G \cap P \setminus P_Q} |K(y-x) - K(y-x_Q)| dp(y) \\ &\leq C \text{diam}(Q) \int_{G \cap P \setminus P_Q} \frac{dp(y)}{|x-y|^d} \\ &\leq C \text{diam}(Q) \sum_{P_Q \subset R \subset P} \frac{\theta(R)}{\text{diam}(R)}. \end{aligned}$$

Assume first that  $P_Q \in \text{Stop}_0(P)$ . Since  $\theta(R) \leq \theta(P)$  in the last sum, we get

$$|K_P 1(x) - K_P 1(x_Q)| \leq C \frac{\text{diam}(Q)}{\text{diam}(P_Q)} \theta(P).$$

Hence by (13)

$$\begin{aligned} |\langle K_P 1, K_Q 1 \rangle_{L^2(G,p)}| &\leq \\ &\leq \frac{C}{A} \frac{\text{diam}(Q)}{\text{diam}(P_Q)} \left( \frac{p(G \cap Q)}{p(G \cap P^{st p_0})} \right)^{1/2} \|K_Q 1\|_{L^2(G)} \|K_P 1\|_{L^2(G)}, \end{aligned}$$

when  $P_Q \in \text{Stop}_0(P)$ .

Consider now the case  $P_Q \in \text{Stop}_1(P)$ . This means that  $\theta(P_Q) \leq \eta \theta(P)$ . It is easy to check that this implies that

$$\text{diam}(Q) \sum_{P_Q \subset R \subset P} \frac{\theta(R)}{\text{diam}(R)} \leq c(\eta) \frac{\text{diam}(Q)}{\text{diam}(P_Q)} \theta(P) \quad \text{with } c(\eta) \rightarrow 0 \text{ as } \eta \rightarrow 0.$$

(See Lemma 3.6 in [MT] for a similar argument). So we get

$$|\langle K_P 1, K_Q 1 \rangle_{L^2(G,p)}| \leq c(\eta) \frac{\text{diam}(Q)}{\text{diam}(P_Q)} \|K_Q 1\|_{L^2(G)} \|K_P 1\|_{L^2(G)}.$$

Thus (14) follows from Schur's lemma.  $\square$

## 4. LIPSCHITZ HARMONIC CAPACITY

In this section we will prove Theorem 1.2. We will assume that each cube  $Q_J^n$  in the definition of the Cantor set  $E$  (see (3)) contains a closed ball  $B_J^n$  such that

$$c'_1 \sigma_n \leq \text{diam}(B_J^n).$$

This assumption comes for free from the definition of  $E$  in Section 1. Indeed, one easily deduces that there exists a family of balls  $B_J^n$  centered at  $Q_J^n$  such that

$$c'_1 \sigma_n \leq \text{diam}(B_J^n) \leq c'_2 \sigma_n,$$

and

$$\text{dist}(B_J^n, B_K^n) \geq c'_3 \sigma_n, \quad J \neq K.$$

Then if one replaces the cubes  $Q_J^n$  in the definition of  $E$  by the sets

$$\tilde{Q}_J^n = \bigcup_{Q_K^m \subset Q_J^n} (Q_K^m \cup B_K^m),$$

$E$  does not change.

Given a real Radon measure  $\mu$  and  $f \in L^1(\mu)$ , let

$$R_{\mu, \epsilon}(f d\mu)(x) = \int_{|y-x| > \epsilon} \frac{y-x}{|y-x|^d} f(y) d\mu(y)$$

be the (truncated)  $(d-1)$ -Riesz transform of  $f \in L^1(\mu)$  with respect to the measure  $\mu$  and set  $\|R_\mu\|_{L^2(\mu)} = \sup_{\epsilon > 0} \|R_{\mu, \epsilon}\|_{L^2(\mu)}$ .

As in [MT], we need to introduce the following capacity of the sets  $E_N$ :

$$\kappa_p(E_N) = \sup\{\alpha : 0 \leq \alpha \leq 1, \|R_{\alpha\mu_N}\|_{L^2(\alpha\mu_N)} \leq 1\},$$

where  $\mu_N$  is a probability measure on  $E_N$  such that  $\mu_N(Q_J^N) = 2^{-Nd}$ .

The  $L^2$  estimates from the previous section yield the following lemma.

**Lemma 4.1.**

$$\kappa_p(E_N) \approx \left( \sum_{n=1}^N \theta_n^2 \right)^{-1/2}.$$

*Proof.* By Theorem 3.1 we have

$$\|R_{\alpha\mu_N}\|_{L^2(\alpha\mu_N)} = \alpha \|R_{\mu_N}\|_{L^2(\mu_N)} \approx \alpha \left( \sum_{n=1}^N \theta_n^2 \right)^{1/2}.$$

The lemma follows because the sum above is  $\geq 2^{-d}$ .  $\square$

We will prove the following:

**Lemma 4.2.** *There exists an absolute constant  $C_0$  such that for all  $N \in \mathbb{N}$  we have*

$$\kappa(E_N) \leq C_0 \kappa_p(E_N). \quad (15)$$

Notice that Theorem 1.2 follows from Lemma 4.2 and

$$\kappa(E_N) \geq \kappa_+(E_N) \geq C^{-1} \kappa_p(E_N), \quad (16)$$

where

$$\kappa_+(E) = \sup\{|\langle \Delta f, 1 \rangle| : f \in L(E, 1), \Delta f = \mu \in M_+(E)\}$$

and  $M_+(E)$  is the set of positive Borel measures supported on  $E$ . The first inequality in (16) is just a consequence of the definitions of  $\kappa$  and  $\kappa_+$  and the second inequality follows from a well known method that dualizes a weak (1,1) inequality (see Theorem 23 in [Ch2] and Theorem 2.2 in [MTV]. The original proof is from [DØ]).

In [Vo] it is shown that the capacities  $\kappa$  and  $\kappa_+$  are comparable for all subsets of  $\mathbb{R}^d$ , but we do not use that deep result.

For any  $s > 0$ , we write  $\Lambda_s$  and  $\Lambda_s^\infty$  for the  $s$ -dimensional Hausdorff measure and the  $s$ -dimensional Hausdorff content, respectively.

*Proof.* The arguments are similar to those in [MTV] and [MT], but a little more involved because our Cantor sets are not homogeneous. Also, instead of using the local  $T(b)$ -Theorem of M. Christ, we will run a stopping time argument in the spirit of [Ch1] and then use a dyadic  $T(b)$ -Theorem (see Theorem 20 in [Ch1]).

We set

$$S_n = \theta_1^2 + \theta_2^2 + \dots + \theta_n^2.$$

Without loss of generality we can assume that for each  $N > 1$  there exists  $1 \leq M < N$  such that

$$S_M \leq \frac{S_N}{2} < S_{M+1}. \quad (17)$$

Otherwise  $\frac{S_N}{2} < S_1$  and by Lemma 4.1 it follows that  $\kappa_p(E_N) \geq C^{-1} \lambda_1^{d-1}$ . By [P] we have

$$\kappa(E_N) \leq \kappa(E_1) \leq C \Lambda_{d-1}^\infty(E_1) \leq C \lambda_1^{d-1},$$

and if  $C_0$  is chosen big enough the conclusion of the lemma will follow in this case.

Assuming (17), we will now prove (15) by induction on  $N$ . For  $N = 1$  (15) holds clearly. The induction hypothesis is

$$\kappa(E_n) \leq C_0 \kappa_p(E_n), \text{ for } 0 < n < N,$$

where the precise value of  $C_0$  is to be determined later.

Notice that for  $n \geq 0$ ,  $(Q_K^N \cap E)_n$  is the  $n$ -th generation of the Cantor set  $Q_K^N \cap E$ , i.e. the union of  $2^{nd}$  sets  $Q_J^{n+N}$  satisfying properties (4) and (5) with  $n$  replaced by  $n + N$ . Let  $J^*$  be the multi-index of length  $M$  such that

$$\kappa((Q_{J^*}^M \cap E)_{N-M}) = \max_{|J|=M} \kappa((Q_J^M \cap E)_{N-M}).$$

We distinguish two cases.

**Case 1:** For some absolute constant  $A_0$  to be determined below,

$$\kappa((Q_{J^*}^M \cap E)_{N-M}) \geq A_0 2^{-Md} \kappa(E_N),$$

By the induction hypothesis (applied to  $(Q_{J^*}^M \cap E)_{N-M}$ ) and by Lemma 4.1 we have that

$$\begin{aligned} \kappa(E_N) &\leq A_0^{-1} 2^{Md} \kappa((Q_{J^*}^M \cap E)_{N-M}) \leq A_0^{-1} 2^{Md} C_0 \kappa_p((Q_{J^*}^M \cap E)_{N-M}) \\ &\leq A_0^{-1} C_0 C 2^{Md} \left( \sum_{n=1}^{N-M} \left( \frac{2^{-dn}}{\sigma_{M+n}^{d-1}} \right)^2 \right)^{-1/2} = A_0^{-1} C_0 C \left( \sum_{n=M+1}^N \theta_n^2 \right)^{-1/2}. \end{aligned}$$

Now by using that  $S_M \leq S_N/2$  is equivalent to  $\sum_{n=1}^N \theta_n^2 \leq 2 \sum_{n=M+1}^N \theta_n^2$  and Lemma 4.1 again, we obtain that

$$\kappa(E_N) \leq 2^{1/2} A_0^{-1} C_0 C \left( \sum_{n=1}^N \theta_n^2 \right)^{-1/2} \leq C A_0^{-1} C_0 \kappa_p(E_N).$$

Hence if  $A_0 = C$ , we obtain (15).

**Case 2:** For the same constant  $A_0$ ,

$$\kappa((Q_{J^*}^M \cap E)_{N-M}) \leq A_0 2^{-Md} \kappa(E_N). \quad (18)$$

Then if  $\theta_{M+1}^2 > S_M$ ,  $S_{M+1} = S_M + \theta_{M+1}^2 \approx \theta_{M+1}^2$ . Therefore

$$\kappa_p(E_{M+1}) \approx S_{M+1}^{-1/2} \approx \theta_{M+1}^{-1} \geq C \Lambda_{d-1}^\infty(E_{M+1}).$$

Hence by (17),

$$\kappa(E_N) \leq \kappa(E_{M+1}) \leq C \Lambda_{d-1}^\infty(E_{M+1}) \leq C \kappa_p(E_{M+1}) \approx \kappa_p(E_N),$$

which is (15) if  $C_0$  is chosen big enough.

On the other hand, if  $\theta_{M+1}^2 \leq S_M$ , then  $S_{M+1} \approx S_M \approx S_N$ . Recall that we are assuming that each cube  $Q_J^M$  contains some ball  $B_J^M$  with comparable diameter. Moreover, we may suppose that all the balls  $B_J^M$ ,  $J = 1, \dots, 2^{Md}$ , have the same diameter  $d_M$ . We set

$$\tilde{E}_M = \bigcup_{|J|=M} B_J^M.$$

We consider now the measure

$$\sigma = \kappa(E_N)\mu'_M,$$

where  $\mu'_M$  is defined by

$$\mu'_M(K) = \sum_{B_J^M: B_J^M \cap K \neq \emptyset} \frac{\Lambda_{d-1}(\partial B_J^M)}{\Lambda_{d-1}(\partial \tilde{E}_M)}, \text{ for compact sets } K.$$

Clearly  $\sigma(\tilde{E}_M) = \kappa(E_N)$ .

Note that the measure  $\sigma$  is doubling and has  $(d-1)$ -growth. To verify this, one uses that

$$\kappa(E_N) \leq \kappa(E_M) \leq C\Lambda_{d-1}^\infty(E_M) \leq C\Lambda_{d-1}(\partial \tilde{E}_M)$$

and  $\mu'_M(Q_K^n) = 2^{-nd}$  for all  $0 \leq n \leq M$  (see (4.8) and (4.9) of [MT]).

We will show that there exists a good set  $G \subset \tilde{E}_M$  with  $\sigma(G) \approx \sigma(\tilde{E}_M)$  such that  $R_{\sigma|_G}$  is bounded on  $L^2(\sigma|_G)$  with absolute constants. From this fact, by Theorem 3.1 we have

$$\|R_{\sigma|_G}\|_{L^2(\sigma|_G)} \approx \kappa(E_N)S_M^{1/2} \leq C.$$

So by Lemma 4.1 we infer

$$\kappa(E_N) \leq CS_M^{-1/2} \leq CS_N^{-1/2} \approx C\kappa_p(E_N),$$

which proves the lemma.

To establish the existence of the set  $G$ , we run a stopping time argument. First we construct a set  $E'$  and a doubling measure  $\sigma'$  on  $E'$ . The pair  $(E', \sigma')$  is endowed with a system of dyadic cubes  $\mathcal{Q}(E')$ , where

$$\mathcal{Q}(E') = \{Q_\beta^k \subset E' : \beta \in \mathbb{N}, k \in \mathbb{N}\}$$

(see Theorem 11 in [Ch1]). We also define a function  $b'$  on  $E'$ , dyadic para-accretive with respect to this system of dyadic cubes, i.e. for every  $Q_\beta^k \in \mathcal{Q}(E')$ , there exists  $Q_\gamma^l \in \mathcal{Q}(E')$ ,  $Q_\gamma^l \subset Q_\beta^k$ , with  $l \leq k + N$  and

$$\left| \int_{Q_\gamma^l} b' d\sigma' \right| \geq c\sigma'(Q_\gamma^l)$$

for some fixed constants  $c > 0$  and  $N \in \mathbb{N}$ , and such that the function  $R(b'd\sigma')$  belongs to dyadic BMO( $\sigma'$ ). Therefore, the  $(d-1)$ -Riesz transform  $R$  associated to  $\sigma'$  will be bounded on  $L^2(E', \sigma')$  by the  $T(b)$ -theorem on a space of homogeneous type (see Theorem 20 in [Ch1]). Our set  $G$  will be contained in  $E' \cap \tilde{E}_M$ .

Now we turn to the construction of the set  $E'$  and the measure  $\sigma'$ . By definition there exists a distribution  $T$  supported on  $E_N$  such that

$$\kappa(E_N) \leq C|\langle T, 1 \rangle|$$



and

$$\|RT\|_{L^\infty(\mathbb{R}^d)} \leq 1.$$

We replace  $T$  by a real measure  $\nu$  supported on  $E_N$ . Then  $\kappa(E_N) \leq C|\nu(E_N)|$  and  $\|R\nu\|_{L^\infty(\mathbb{R}^d)} \leq 1$ . The definition of  $\sigma$  implies that

$$|\nu(E_N)| \geq C^{-1}\sigma(\tilde{E}_M) > \epsilon_0\sigma(\tilde{E}_M), \quad (19)$$

where  $\epsilon_0$  is a sufficiently small constant to be fixed later. Notice that for a fixed generation  $n$ ,  $0 \leq n \leq M$ , there exists at least one cube  $Q_K^n$ , such that  $|\nu(Q_K^n)| > \epsilon_0\sigma(Q_K^n)$ , since otherwise for  $0 \leq n \leq M$

$$|\nu(E_N)| \leq \sum_{|K|=n} \epsilon_0\sigma(Q_K^n) = \epsilon_0 \sum_{|J|=M} \sigma(B_J^M) = \epsilon_0\sigma(\tilde{E}_M),$$

which contradicts (19).

We now run a stopping-time procedure. Let  $\epsilon > 0$  be another constant to be chosen later, much smaller than  $\epsilon_0$ . We check whether or not the condition

$$|\nu(Q_J^1)| \leq \epsilon\sigma(Q_J^1) \quad (20)$$

holds for the cubes  $Q_J^1$ . If (20) holds for the cube  $Q_J^1$ , we call it stopping-time cube. If (20) does not hold for  $Q_J^1$ , we examine the children  $Q_{J_K}^2$  of  $Q_J^1$  and repeat the procedure until we get to generation  $M$ . We obtain in this way a collection of pairwise disjoint stopping-time cubes  $\{P_\gamma\}_\gamma$ , where  $P_\gamma = Q_J^n$ , for some  $0 \leq n \leq M$ . Moreover, each  $P_\gamma$  satisfies condition (20) with  $Q_J^1$  replaced by  $P_\gamma$ .

Consider now the function

$$b = \sum_{|J|=M} \frac{\nu(Q_J^M)}{\sigma(B_J^M)} \chi_{B_J^M}.$$

The function  $b$  has the following three important properties:

- (1) for  $0 \leq n \leq M$ ,  $\int_{Q_K^n} b d\sigma = \nu(Q_K^n)$ .
- (2)  $\|b\|_\infty \leq C$ .
- (3) For any  $0 \leq n \leq M$ ,

$$\|R(b\chi_{Q_K^n} d\sigma)\|_{L^\infty(\mathbb{R}^d)} \leq C. \quad (21)$$

To show that  $b$  is bounded it is enough to verify that

$$|\nu(Q_J^M)| \leq C\sigma(B_J^M), \text{ for } |J| = M. \quad (22)$$

Inequality (22) can be shown by localizing the potential  $\nu * x/|x|^d$  (see [P] and [MPrV]) and using (18), namely

$$|\nu(Q_J^M)| \leq C\kappa((Q_J^M \cap E)_{N-M}) \leq CA_0 2^{-Md} \kappa(E_N) = CA_0 \sigma(B_J^M).$$

To see (21), notice that

$$\|R(\chi_{B_J^M} d\sigma)\|_{L^\infty(\mathbb{R}^d)} \leq C \frac{\kappa(E_M)}{\Lambda_{d-1}(\partial E_M)} \|R(\chi_{B_J^M} d\Lambda_{d-1})\|_{L^\infty(\mathbb{R}^d)} \leq C. \quad (23)$$

Since  $\|R(\chi_{Q_K^n} d\nu)\|_{L^\infty(\mathbb{R}^d)} \leq C$ , to show (21) we therefore only need to estimate the following differences for  $0 \leq n < M$

$$R(b\chi_{Q_K^n} d\sigma)(x) - R(\chi_{Q_K^n} d\nu)(x) = \sum_{Q_J^M \subset Q_K^n} R\alpha_J^M(x),$$

where  $\alpha_J^M = \frac{\nu(Q_J^M)}{\sigma(B_J^M)} \chi_{B_J^M} d\sigma - \chi_{Q_J^M} d\nu$ . Since  $\int d\alpha_J^M = 0$ ,  $\|R\alpha_J^M\|_{L^\infty(\mathbb{R}^d)} \leq C$  and for  $|x - c(B_J^M)| > c\sigma_M$ ,

$$|R(\alpha_J^M)(x)| \leq C \frac{\sigma_M^d}{\text{dist}(x, Q_J^M)^d},$$

(21) follows.

Given a cube  $Q_J^n$ ,  $0 \leq n \leq M$ , set

$$\tilde{Q}_J^n = \bigcup_{B_J^M \cap Q_J^n \neq \emptyset} B_J^M.$$

Notice that  $\text{diam}(\tilde{Q}_J^n) = c\sigma_n \approx \text{diam}(Q_J^n)$  and  $\sigma_{|Q_J^n} = \sigma_{|\tilde{Q}_J^n}$ . By (19) and (20) we have

$$\begin{aligned} \sigma(\tilde{E}_M \setminus \bigcup_{\gamma} \tilde{P}_\gamma) &\geq \frac{1}{C} \int_{\tilde{E}_M \setminus \bigcup_{\gamma} \tilde{P}_\gamma} |b| d\sigma \\ &\geq \frac{1}{C} \left| \int_{\tilde{E}_M} b d\sigma \right| - \frac{1}{C} \sum_{\gamma} \left| \int_{P_\gamma} b d\sigma \right| \\ &> \frac{1}{C} (\epsilon_0 \sigma(\tilde{E}_M) - \epsilon \sum_{\gamma} \sigma(P_\gamma)). \end{aligned}$$

Therefore, for  $\eta = \frac{\epsilon_0 - \epsilon}{C - \epsilon}$ ,

$$\sum_{\gamma} \sigma(P_\gamma) \leq (1 - \eta) \sigma(\tilde{E}_M). \quad (24)$$

We can now define our good set  $G \subset \tilde{E}_M$ . Set

$$G = \tilde{E}_M \setminus \bigcup_{\gamma} \tilde{P}_\gamma.$$

By (24),  $\eta\sigma(\tilde{E}_M) \leq \sigma(G) \leq \sigma(\tilde{E}_M)$ . We want to construct the set  $E'$ , by excising from  $\tilde{E}_M$  the union of the stopping time cubes  $\tilde{P}_\gamma$ , and replacing each  $\tilde{P}_\gamma$  by a union of two spheres. For each stopping time cube  $\tilde{P}_\gamma$ , set

$$S_\gamma = \partial B_\gamma^1 \cup \partial B_\gamma^2,$$

where  $B_\gamma^j$ ,  $j = 1, 2$  are two balls with center  $c(S_\gamma) := c(B_\gamma^1) = c(B_\gamma^2) \in P_\gamma$  and such that

$$2\text{diam}(B_\gamma^1) = \text{diam}(B_\gamma^2) = \begin{cases} \frac{\varepsilon}{2}\sigma_n & \text{if } P_\gamma = Q_J^n, \text{ for some } 0 \leq n < M, \\ d_M & \text{if } P_\gamma = Q_J^M. \end{cases}$$

Set

$$E' = G \cup \bigcup_{\gamma} S_\gamma = \left( \tilde{E}_M \setminus \bigcup_{\gamma} \tilde{P}_\gamma \right) \cup \bigcup_{\gamma} S_\gamma,$$

and define a measure  $\sigma'$  on  $E'$  as follows:

$$\sigma' = \begin{cases} \sigma & \text{on } G \\ \frac{\sigma(P_\gamma)}{2} \left( \frac{\Lambda_{d-1}|\partial B_\gamma^1|}{\Lambda_{d-1}(\partial B_\gamma^1)} + \frac{\Lambda_{d-1}|\partial B_\gamma^2|}{\Lambda_{d-1}(\partial B_\gamma^2)} \right) & \text{on } S_\gamma. \end{cases}$$

Using that  $\sigma$  is doubling and has  $(d-1)$ -growth it is easy to see that  $\sigma'$  also satisfies these two properties.

For a system of dyadic cubes in  $E'$  satisfying the required properties (see Theorem 11 in [Ch1]), we take all cubes  $\tilde{Q}_J^n$ ,  $0 \leq n \leq M$ , which are not contained in any stopping time cube  $\tilde{P}_\gamma$ , together with each  $S_\gamma$ , together with each  $\partial B_\gamma^j$ ,  $j = 1, 2$  comprising  $S_\gamma$ , together with subsets of the two spheres,... and repeatedly.

We will now modify the function  $b$  on the union  $\cup_{\gamma} S_\gamma$  in order to obtain a new function  $b'$  defined on  $E'$ , bounded and dyadic para-accretive with respect to the system of dyadic cubes defined above. Let

$$b'(x) = \begin{cases} b(x) & \text{if } x \in G \\ g_\gamma(x) = c_\gamma^1 \chi_{\partial B_\gamma^1}(x) - c_\gamma^2 \chi_{\partial B_\gamma^2}(x) & \text{on } S_\gamma, \end{cases}$$

where

$$c_\gamma^1 = 2\omega_\gamma, \quad c_\gamma^2 = 2\omega_\gamma \left( 1 - \frac{|\nu(P_\gamma)|}{\sigma(P_\gamma)} \right) \quad \text{and} \quad \omega_\gamma = \begin{cases} \frac{\nu(P_\gamma)}{|\nu(P_\gamma)|} & \text{if } |\nu(P_\gamma)| \neq 0 \\ 1 & \text{otherwise.} \end{cases}$$

Notice that the coefficients  $c_\gamma^j$ ,  $j = 1, 2$ , are defined so that

$$\int_{S_\gamma} g_\gamma d\sigma' = \int_{P_\gamma} b d\sigma = \nu(P_\gamma), \quad (25)$$

and  $|c_\gamma^1| = 2$  and  $2(1 - \epsilon) \leq |c_\gamma^2| \leq 2$ , because  $P_\gamma$  is a stopping time cube. The function  $b'$  is bounded because of the upper bound on the coefficients  $c_\gamma^j$ ,  $j = 1, 2$  and the fact that  $\|b\|_\infty \leq C$ .

For future reference, notice that, for every dyadic cube  $Q$  in  $E'$ , such that  $Q \not\subseteq S_\gamma$  for all  $\gamma$ , there is a non-stopping time cube  $Q^*$  ( $Q^* = \tilde{Q}_K^n$  for some  $1 \leq n \leq M$ ) uniquely associated to  $Q$  by the identity

$$Q = (Q^* \setminus \bigcup_{\tilde{P}_\gamma \subset Q^*} \tilde{P}_\gamma) \cup \left( \bigcup_{\tilde{P}_\gamma \subset Q^*} S_\gamma \right). \quad (26)$$

Moreover one has  $\text{diam}(Q) \approx \text{diam}(Q^*)$  and

$$\sigma'(Q) = \sigma(Q^*) - \sum_{\tilde{P}_\gamma \subset Q^*} \sigma(\tilde{P}_\gamma) + \sum_{\tilde{P}_\gamma \subset Q^*} \sigma'(S_\gamma) = \sigma(Q^*). \quad (27)$$

We will check now that, by construction, the function  $b'$  is dyadic para-accretive with respect to the system of dyadic cubes in  $E'$ :

If for some  $\gamma$ ,  $Q \subseteq S_\gamma$ , the para-accretivity of  $b'$  follows from the definition of  $g_\gamma$  and the lower bound on  $|c_\gamma^j|$ ,  $j = 1, 2$ . Recall that, when examining the para-accretivity condition on  $S_\gamma$ , although identity (25) holds, we have a satisfactory lower bound on the integral over each child  $\partial B_\gamma^j$  of  $S_\gamma$ , which turns to be enough for  $b'$  to be dyadic para-accretive.

Otherwise, let  $Q^*$  be non-stopping time cube defined in (26). Then due to (25) and (27) we can write

$$\left| \int_Q b' d\sigma' \right| = \left| \int_{Q^*} b d\sigma \right| \geq \epsilon \sigma(Q^*) = \epsilon \sigma'(Q).$$

We must still show that  $R(b'\sigma')$  belongs to dyadic  $BMO(\sigma')$ . It is enough to show the following  $L^1$ - inequality

$$\|R(b'\chi_Q)\|_{L^1(\sigma'_Q)} \leq C\sigma'(Q), \quad (28)$$

for every dyadic cube in  $E'$ .

Let  $Q$  be some dyadic cube in  $E'$ . We distinguish between two cases:

**Case 1:** For some  $\gamma$ ,  $Q \subseteq S_\gamma$ . Then (28) follows from the boundedness of the coefficients  $|c_\gamma^j|$ ,  $j = 1, 2$ ,  $\sigma(P_\gamma) \leq C\text{diam}(P_\gamma)^{d-1}$  and  $\Lambda_{d-1}(S_\gamma) \approx \text{diam}(P_\gamma)^{d-1}$ .

**Case 2:** Otherwise,  $Q = (Q^* \setminus \bigcup_{\tilde{P}_\gamma \subset Q^*} \tilde{P}_\gamma) \cup (\bigcup_{\tilde{P}_\gamma \subset Q^*} S_\gamma)$  for some non-stopping  $Q^* = \tilde{Q}_K^n$ ,  $1 \leq n \leq M$ . Due to (25) we can write

$$\begin{aligned} R(b'\chi_Q)(y) &= R(b\chi_{Q^*})(y) \\ &+ \sum_{\gamma: \tilde{P}_\gamma \subset Q^*} \int_{S_\gamma} g_\gamma(x) \left( K(x-y) - K(c(S_\gamma) - y) \right) d\sigma'(x) \\ &+ \sum_{\gamma: \tilde{P}_\gamma \subset Q^*} \int_{P_\gamma} b(x) \left( K(c(S_\gamma) - y) - K(x-y) \right) d\sigma(x) \\ &= A + B + C. \end{aligned}$$

By (21) (or (23) if  $Q^* = B_J^M$ ),  $\|R(b\chi_{Q^*})\|_{L^\infty(\mathbb{R}^d)} \leq C$ . Hence

$$\int_Q |A| d\sigma' \leq C\sigma'(Q).$$

We deal now with term  $B$ . Set

$$B1 = \int_{Q \setminus S_\gamma} \left| \int_{S_\gamma} g_\gamma(x) \left( K(x-y) - K(c(S_\gamma) - y) \right) d\sigma'(x) \right| d\sigma'(y)$$

and

$$B2 = \int_{S_\gamma} \left| \int_{S_\gamma} g_\gamma(x) \left( K(x-y) - K(c(S_\gamma) - y) \right) d\sigma'(x) \right| d\sigma'(y).$$

For  $B1$ , let  $g(Q) \in \mathbb{N}$  be such that  $\text{diam}(Q) \approx \sigma_{g(Q)}$  and  $P_\gamma = Q_J^n$  for some  $0 \leq n \leq M$ . Observe that  $\text{diam}(S_\gamma) \approx \text{diam}(P_\gamma) \approx \sigma_n$ . Denote by  $Q^i$ ,  $g(Q) \leq i \leq n$ , the cubes in  $E'$  contained in  $Q$  and containing  $S_\gamma$  such that  $\text{diam}(Q^i) \approx \sigma_i$  (note that the  $Q^i$  are either  $\tilde{Q}_J^i$ s or unions of spheres replacing the stopping time cubes of generation  $i$ ). Then by the boundedness of  $g_\gamma$ , the  $(d-1)$ -growth of  $\sigma'$  and the upper bound in (2),

$$\begin{aligned} B1 &\leq C\sigma'(S_\gamma) \sum_{i=g(Q)}^{n-1} \int_{Q^i \setminus Q^{i+1}} \frac{\sigma_n}{\sigma_i^d} d\sigma' \\ &\leq C\sigma'(S_\gamma) \sum_{i=g(Q)}^{n-1} \frac{\sigma_n}{\sigma_i} \leq C\sigma'(S_\gamma) \sum_i 2^{-i} \leq C\sigma'(S_\gamma). \end{aligned}$$

For  $B2$  argue like in the previous case, i.e. (28) for  $Q = S_\gamma$ , to get that  $B2 \leq C\sigma'(S_\gamma)$ . Therefore by  $\sigma'(S_\gamma) = \sigma(P_\gamma)$ , the packing condition (24) (with  $\tilde{E}_M$  replaced by  $Q^*$ ) and (27) we get that  $\int_Q |B|d\sigma' \leq C\sigma'(Q)$ .

Similar arguments work to show  $\int_Q |C|d\sigma' \leq C\sigma'(Q)$ . Therefore we are done.  $\square$

**Acknowledgements:** J. G. and L. P. were supported in part by NSF Grant DMS-0402720. L. P. was supported by a Fulbright/MECD scholarship from Secretaría de Estado de Educación y Universidades and Fondo Social Europeo. L. P. and X. T. were also partially supported by grants MTM2004-00519, Acción Integrada HF2004-0208 (Ministerio de Ciencia y Tecnología) and SGR-2005-00774 (Generalitat de Catalunya).

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