

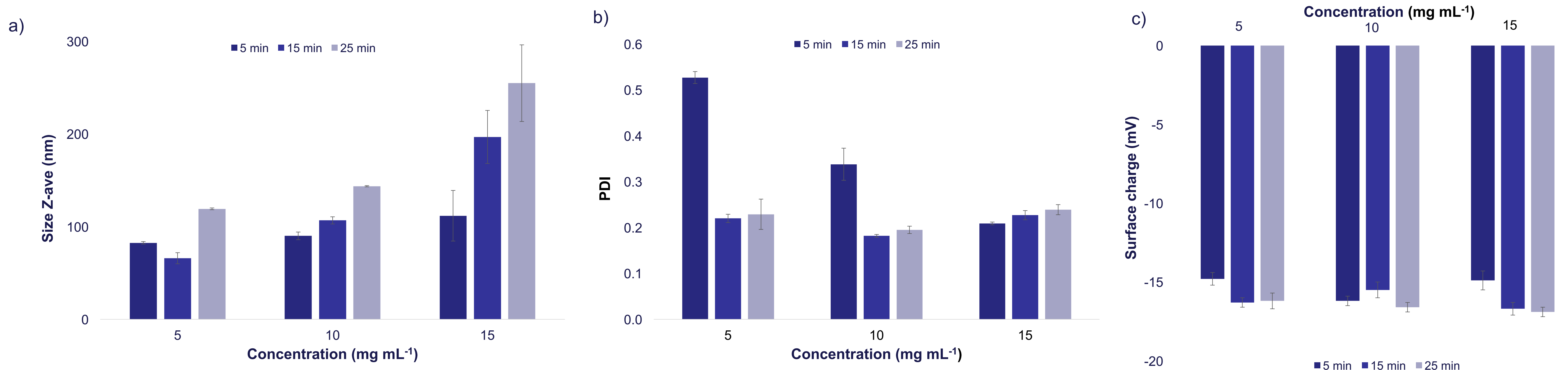
## Introduction

$\beta$ -Lactoglobulin ( $\beta$ -Lg) is the major protein fraction in bovine whey serum (ca. 50% of its protein content). It is a bio-based and a Generally Recognized As Safe (GRAS) material, with a high nutritional value, that can be used to encapsulate nutraceuticals essentially due to its gelation capacity, which allows the formation of nanohydrogels. Furthermore,  $\beta$ -Lg displays a high binding capacity, under specific environmental conditions and it is resistant to proteolytic degradation in the stomach. These features make of  $\beta$ -Lg an excellent bio-based material to be used as carrier of nutraceuticals<sup>1,2</sup>. This study aims at understanding the impact of different conditions ( $\beta$ -Lg concentration and heating times) in the physical properties of  $\beta$ -Lg nanohydrogels.

## Methods

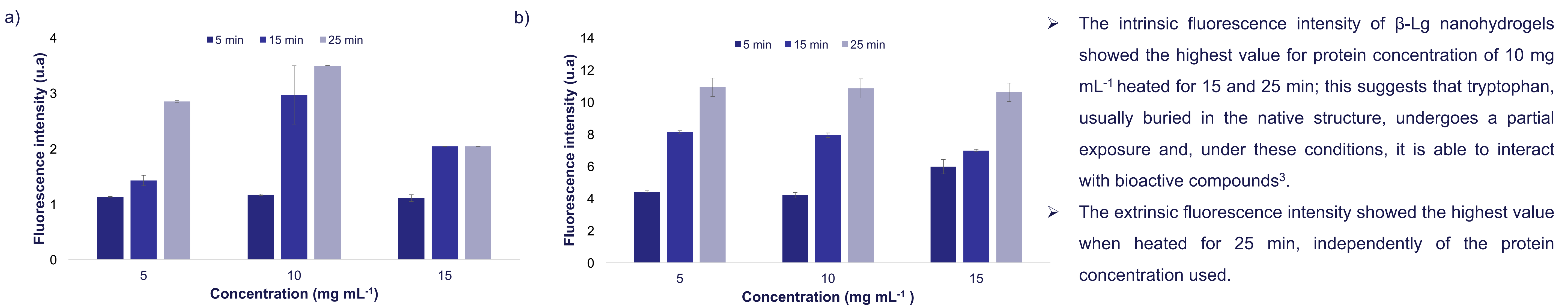


## Results



**Fig. 1.** Particle size a), polydispersity index (PDI) b) and surface charge c) of  $\beta$ -Lg nanohydrogels prepared at various concentrations of proteins (5, 10, 15 mg mL<sup>-1</sup>) and heated at 80 °C for 5, 15 and 25 min.

- Stable  $\beta$ -Lg nanohydrogels were obtained for heating periods longer than 15 min, characterized by a low polydispersity (< 0.2), independent of the protein concentration used.
- $\beta$ -Lg nanohydrogels showed increasing particle size values, ranging from 50 nm to 260 nm, and relative constant surface charge, ranging from -15 mV to -17 mV, as  $\beta$ -Lg concentration increased.
- $\beta$ -Lg nanohydrogels exhibited particle size values below 100 nm for protein concentration of 5 and 10 mg mL<sup>-1</sup> when heated at 80 °C for holding periods up to 15 min.



**Fig. 2.** Normalized maximum intrinsic and extrinsic fluorescence intensity determined by means of tryptophan a) and ANS b) tools, respectively.

## Conclusions

- The size of  $\beta$ -Lg nanohydrogels is highly dependent of both, protein concentrations and holding time employed.
- The results obtained represent a significant contribute to enrich the knowledge about the impact of several environmental conditions on  $\beta$ -Lg nanohydrogels characteristics and thus in the desired properties intended for their final application, either in the food and pharmaceutical industries.

## References

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