# CENTRE OF BIOLOGICAL ENGINEERING

# STRUCTURAL CHARACTERIZATION OF HEAT-INDUCED β-LACTOGLOBULIN NANOHYDROGELS UNDER THE EFFECTS OF SELECTED PHYSICAL CONDITIONS

University of Minho School of Engineering Oscar L. Ramos<sup>a,b,\*</sup>, Lívia de Souza Simões<sup>a</sup>, Ricardo N. Pereira<sup>a</sup> and António A. Vicente<sup>a</sup> <sup>a</sup>CEB - Centre of Biological Engineering, University of Minho, Braga, Portugal <sup>b</sup>LEPABE - Laboratório de Engenharia de Processos, Ambiente, Biotecnologia e Energia, University of Porto, Porto, Portugal \*os.silva.ramos@gmail.com

## Introduction

β-Lactoglobulin (β-Lg) is the major protein fraction in bovine whey serum (ca. 50% of its protein content). It is a bio-based and a Generally Recognized As Safe (GRAS) material, with a high nutritional value, that can be used to encapsulate nutraceuticals essentially due to its gelation capacity, which allows the formation of nanohydrogels. Furthermore, β-Lg displays a high binding capacity, under specific environmental conditions and it is resistant to proteolytic degradation in the stomach. These features make of β-Lg an excellent bio-based material to be used as carrier of nutraceuticals<sup>1,2</sup>. This study aims at understanding the impact of different conditions (β-Lg concentration and heating times) in the physical properties of β-Lg nanohydrogels.

# Methods

 $\begin{array}{c} \textbf{CONDITIONS} \\ \beta-Lg~(5,~10~and~15~mg~mL^{-1})~was \\ solubilized~in~phosphate~buffer~(0.025~M) \end{array}$ 

**pH ADJUSTMENT** The pH of β-Lg solutions were adjusted at 3, 4, 6 and 7



**HEATING PROCESS** 

Characterization







Cooling in ice For 10 min



**Dynamic Light Scattering** 

- Particle size
- Polydispersity index (PDI)
- Surface charge



#### Spectrofluorimeter

 Intrinsic and extrinsic fluorescence intensity determined by means of tryptophan and ANS tools, respectively

### **Results**



Fig. 1. Particle size a), polydispersity index (PDI) b) and surface charge c) of β-Lg nanohydrogels prepared at various concentrations of proteins (5, 10, 15 mg mL<sup>-1</sup>) and heated at 80 °C for 5, 15 and 25 min.

> Stable β-Lg nanohydrogels were obtained for heating periods longer than 15 min, characterized by a low polydispersity (< 0.2), independent of the protein concentration used.

 $\succ$  β-Lg nanohydrogels showed increasing particle size values, ranging from 50 nm to 260 nm, and relative constant surface charge, ranging from -15 mV to -17 mV, as β-Lg concentration increased.  $\succ$  β-Lg nanohydrogels exhibited particle size values below 100 nm for protein concentration of 5 and 10 mg mL<sup>-1</sup> when heated at 80 °C for holding periods up to 15 min.



- The intrinsic fluorescence intensity of β-Lg nanohydrogels showed the highest value for protein concentration of 10 mg mL<sup>-1</sup> heated for 15 and 25 min; this suggests that tryptophan, usually buried in the native structure, undergoes a partial exposure and, under these conditions, it is able to interact with bioactive compounds<sup>3</sup>.
- The extrinsic fluorescence intensity showed the highest value when heated for 25 min, independently of the protein concentration used.

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Fig. 2. Normalized maximum intrinsic and extrinsic fluorescence intensity determined by means of tryptophan a) and ANS b) tools, respectively.

# Conclusions

- $\succ$  The size of  $\beta$ -Lg nanohydrogels is highly dependent of both, protein concentrations and holding time employed.
- > The results obtained represent a significant contribute to enrich the knowledge about the impact of several environmental conditions on β-Lg nanohydrogels characteristics and thus in the desired

## References

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