

Nutrition guidelines for community extension workers



RESEARCH
PROGRAM ON
Integrated Systems
for the Humid
Tropics

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Introducing the legacy product

- The nutrition guidelines designed for agricultural and health extension workers aims to facilitate integration of agriculture and nutrition interventions for the sustainable eradication of malnutrition.
- Agriculture and nutrition activities have the potential to impact nutritional outcomes if nutrition is considered in program design even if it may not have nutrition as their primary objectives.

Utility of the legacy product

- It will facilitate the training of trainers to allow target households or communities to grow and eat better foods.
- It also aims to build capacity of extension workers to implement social and behavior change communication activity aiming to create an enabling environment for behavior change and adoption of improved nutrition and hygiene practices.
- Information about nutrition can be used to adopt practices that will help everyone to have a healthy, balanced diet and to save money by growing more food in the home.

How does it work?

- The nutrition guidelines is intended for community extension workers who will use it to improve or refresh their knowledge on how to implement nutrition sensitive activities.
- It is also intended to facilitate the training of extension workers by giving insight and meaningful information on how nutrition goal can be achieved through agricultural activities.

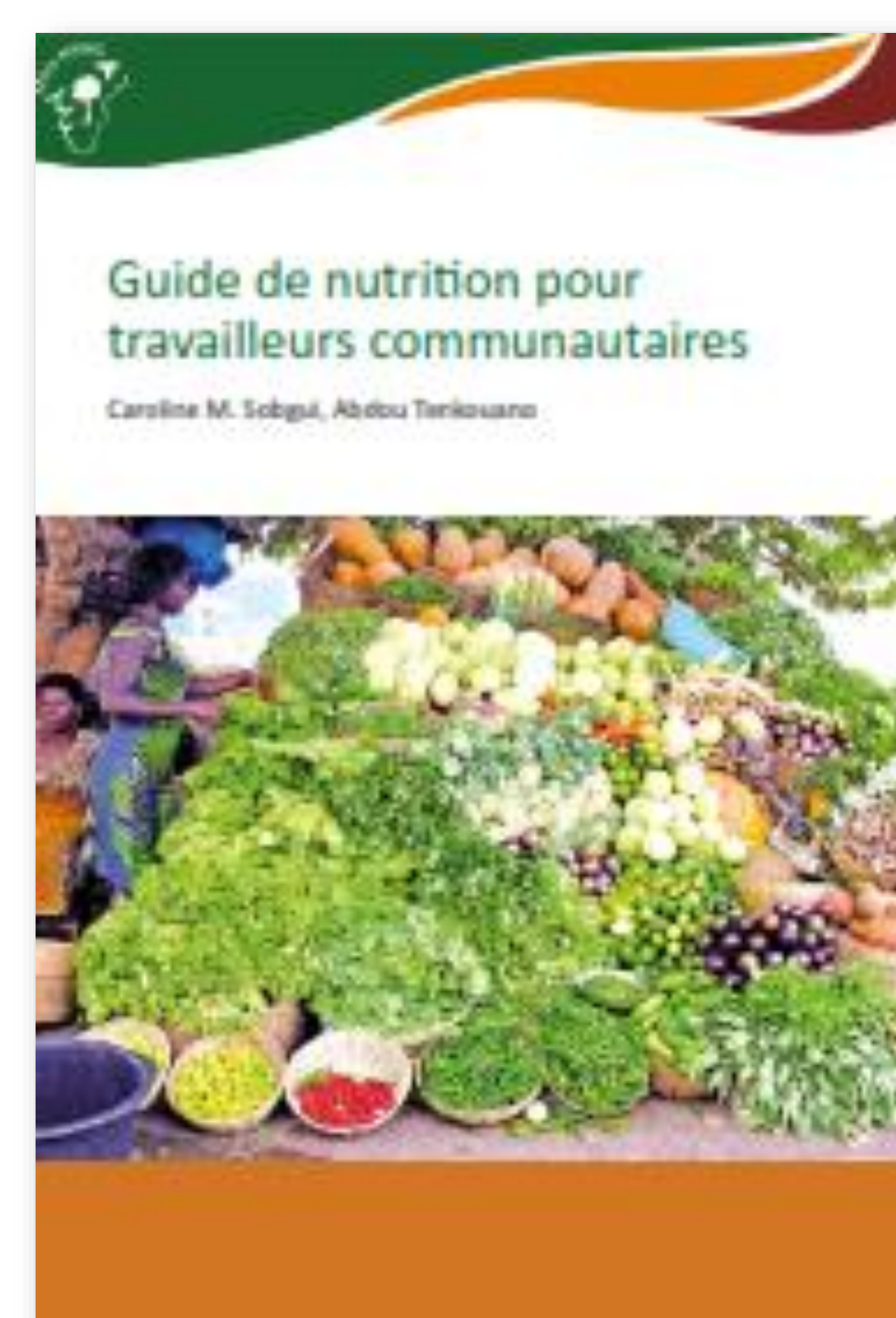
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Results and outputs

- The present nutrition guidelines has been used to facilitate the integration of agriculture and nutrition activities within the framework of Africa Rising project and beyond, including Mali scaling project and other integrated agriculture and nutrition projects in Mali.



Who is the legacy product useful for?

- The document is intended for agriculture and health extension workers, for training facilitators and people interested to implement integrated agriculture and nutrition projects or activities.



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