

# Development of balanced diets using local feeds for smallholder East African pigs: implications for livelihoods and food security





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## BACKGROUND AND RATIONALE

Pork production has the potential to alleviate poverty in East Africa.<sup>1</sup> In Kenya and Uganda, 2.2 million pigs are raised in traditional systems by resource-poor, subsistence farmers.<sup>2,4</sup> Women, particularly those widowed by the HIV/AIDS epidemic, may not have the resources required to raise cattle. Pigs require fewer resources so raising pigs is within their means. Farmers raise 1 to 4 pigs to generate income to pay for medicine, school, food, and seeds.<sup>2,5-7</sup> However, pig productivity is low.8 Lack of feed may contribute to pigs' low average daily gain. Seasonal feed shortages, expensive commercially prepared feed, and human/pig food/feed competition are production constraints. <sup>6,8</sup> Low-cost, nutritionally balanced pig diets (recipes) using seasonally available local feedstuffs are needed.

### **OBJECTIVES**

The objectives of the study were to:

- estimate the nutrient value and seasonal availability of locally available pig feedstuffs in Western Province, Kenya and Central Region, Uganda;
- 2) determine Kenyan and Ugandan pigs' nutrient requirements;
- 3) develop low-cost balanced diets using local feedstuffs;
- 4) conduct a feed trial to evaluate Ugandan pigs' performance when fed our diets;
- 5) conduct workshops to share the diets with pig farmers;
- 6) explore potential benefits and challenges of using the diets;
- 7) explore men and women pig farmers' experiences regarding decision making, empowerment, labour distribution, and pig sales income.

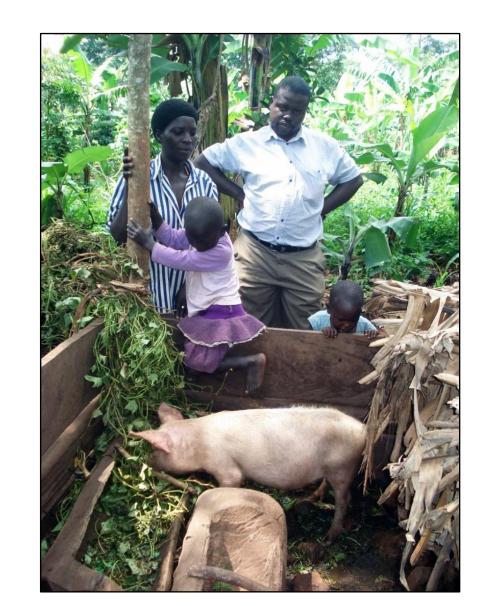


Figure 1. A pig-keeping family in Uganda Photo: ILRI

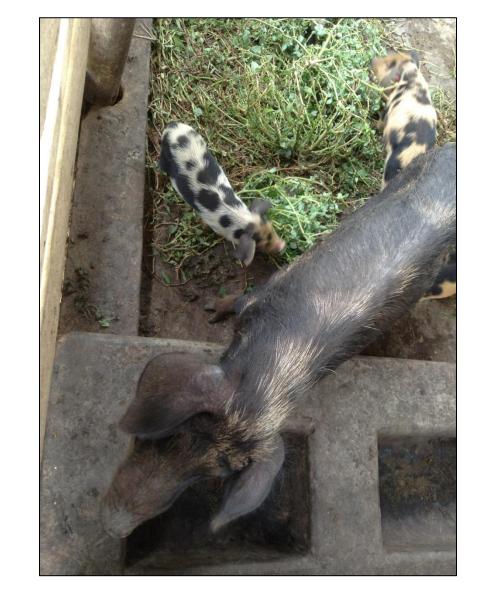


Figure 2. A thin local breed pig fed only vines on a smallholder Ugandan farm Photo: E. Smith

### **ACTIVITIES: DEVELOPED AND VALIDATED PIG DIETS**

- Identified locally available pig feeds<sup>6,7</sup>
- Conducted nutritional analysis on local feeds and reviewed literature
- Collected price of feeds at local markets
- Estimated seasonal availability (extension officers)
- Rated accessibility of ingredients to farmers
- Estimated nutritional needs and growth rate of East African pigs from 5 feeding trials<sup>9-13</sup>
- Formulated low-cost diets using a linear programming model<sup>14</sup>
- Considered seasonal availability, farmer access to ingredients, and human/pig food competition when formulating diets
- Conducted a randomized controlled feed trial in Uganda to evaluate pigs' average daily gain and feed efficiency when fed 1 of our diets (local diet or sweet potato vine and tuber silage based diet)



Figure 3. Feed ingredients for local pig diet Uganda Photo: N. Carter



Figure 4. Feed trial local breed pigs eating silage-based pig diet Uganda Photo: N. Carter

#### **ACTIVITIES: FARMER TRAINING AND FEEDBACK**

- In Uganda, conducted farmer training workshops about
  - locally available pig feedstuffs
  - how to make our pig diets
  - hands-on diet and silage making
  - pig farmers' opinions of the diets
  - likelihood and feasibility of farmers using our diets
  - potential benefits and constraints of using our diets
- Explored men and women pig farmers' experiences of
  - decision making and empowerment
  - labour distribution and cultural gender norms
  - use of and control over income from pig sales
- Participants were pig farmers from 15 villages
  - 24 women from female-headed households
  - 24 women from male-headed households
  - 24 men
  - some of whom belonged to farmer co-operatives
  - each raising 1-8 pigs to be sold and butchered for meat

#### **OUTCOMES**

- Local feedstuffs of sufficient nutritional value for pig diets are available seasonally but in very limited supply in some seasons
- Pigs fed our diets grew faster than pigs raised under typical smallholder conditions
- Pigs fed commercially prepared diet grew faster than pigs fed our diets but farmers can not afford commercial diets
- Our diets are best for older heavier pigs (not newly-weaned pigs)
- Farmers reported our diets
  - were within their financial means and ability to make
  - would be used on their farms
- Farmers requested more diets be developed for every season
- Analysis of men and women pig farmers' experiences is underway
- Feeding East African pigs low-cost balanced diets using local feedstuffs can improve pig performance resulting in
  - increased farmer income from selling faster-growing heavier pigs
  - increased farmer income to buy food and seeds
  - increased supply of pork, an important animal-source food
  - improved food security in East Africa
- An IDRC Scaling Up Food Security and Nutrition Innovations proposal will be submitted in March 2015 to scale-up this work
- We are seeking business, academic, and government partners with whom to collaborate when scaling-up



Figure 5: Pig farmers mixing local pig diet at farmer training workshop Photo: N. Carter



Figure 6. Pork, an important animalsource food, being served in Uganda Photo: N. Carter

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