

Use of the *Freund* Clock Drawing Test within the *Mini-Cog* as a screening tool for cognitive impairment in elderly patients with or without cancer.

Lore Ketelaars^{a,1}, Lies Pottel^{a,1}, Michelle Lycke^a, Laurence Goethals^a, Véronique Ghekiere^b, Linda Santy^b, Tom Boterberg^c, Nele Van Den Noortgate^d, Hans Pottel^e, and Philip R. Debruyne^a

^a*Geriatric Oncology Program, Cancer Center, General Hospital Groeninge, Loofstraat 43, B-8500 Kortrijk, Belgium*

^b*Department of Geriatrics, General Hospital Groeninge, Reepkaai 4, B-8500 Kortrijk, Belgium*

^c*Department of Radiation Oncology, Ghent University Hospital, De Pintelaan 185, B-9000 Ghent, Belgium*

^d*Department of Geriatrics, Ghent University Hospital, De Pintelaan 185, B-9000 Ghent, Belgium*

^e*Faculty of Medicine, Catholic University of Leuven Kulak, Etienne Sabbelaan 53, B-8500 Kortrijk, Belgium*

¹ Both authors contributed equally to this work.

Abstract

Objectives: We aimed to determine an optimal cut-off score for the Clock Drawing Test (CDT), scored by the scale of *Freund*, for efficient screening for cognitive impairment in elderly (cancer) patients within a Comprehensive Geriatric Assessment (CGA) and to compare the *Freund* CDT to the *Mini-Cog*.

Materials and Methods: Data of 221 elderly (≥ 70 y) patients, comprising of an *OncoGeriatric (OG)* and *General Geriatric (GG)* group, were retrospectively reviewed. All patients were evaluated with both the CDT and Mini Mental State Examination (MMSE) as the gold standard. Receiver Operating Characteristics (ROC) analysis was used to determine diagnostic performance. A pre-established algorithm was applied to retrieve *Mini-Cog* results through a combination of the CDT and the 3-word delayed recall (3-WDR) test (included within MMSE).

Results: Data of 105 *OG* and 116 *GG* patients were evaluated. Potential cognitive impairment ($\text{MMSE} \leq 23$) was detected in 29.5% and 65.8% of patients, respectively. The CDT showed good diagnostic accuracy in the *OG* (0.88 ± 0.03) and *GG* (0.85 ± 0.03) group, based on the Area Under the ROC Curve ($\text{AUC} \pm \text{SE}$). CDT (cut-off ≤ 4) provided good sensitivity (80.7%) and specificity (81.1%) in the *OG* group and excellent sensitivity (89.6%) and moderate specificity (51.3%) in the *GG* group. Addition of the 3-WDR test, to form the *Mini-Cog*, resulted in similar positive and negative predictive values for the *OG* group and higher negative predictive value for the *GG* group.

Conclusion: These data suggest that the *Freund* CDT, at the cut-off score of ≤ 4 , is promising for use within a CGA. The *Mini-Cog* might be preferable in the *GG* population.