











12th Asian and Oceanic Society of Regional Anaesthesia and Pain Medicine Congress

# Comparison of Dexmedetomidine 50µg versus 100µg added to 0.5% Levobupivacaine in Supraclavicular Brachial Plexus Block (BPB) for Arteriovenous Fistula (AVF) Surgery

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#### INTRODUCTION

- AVF Surgery: a procedure to attach the vein to the artery & prepare a patient for hemodialysis.
- Normally done under LA
- Alternatively, it can be done under RA, with better analgesia coverage.
- Currently various drugs has been proven to be effective adjuncts to brachial plexus block: opioids, clonidine, neostigmine, and tramadol.

(DB. Murphy, Anesth Analg 2000)

#### INTRODUCTION

 The search on a suitable LA + additive which is faster in onset, longer duration, stable haemodynamically, and better in safety profile is still in progress.

#### INTRODUCTION

- Dexmedetomidine (dex) is one of the latest α2-agonist.
- provides sedation without causing respiratory depression.
- Normally used as sedation in anaesthesia & ICU.
- Studies on the effect of dexmedetomidine as additive in brachial plexus block is still on-going.





# DEXMEDETOMIDINE

1. High lipid solubility - rapidly absorbs and binds to the α2 receptor of the nerves for faster analgesic effect.

2. Central and peripheral enhancement of LA activity causing prolongation of nerve block.

(Schnaider et al. 2005,

Kanazi et al. 2006)

#### **OBJECTIVE**

- To compare the effect of adding Dexmedetomidine 50µg versus 100µg to 0.5% Levobupivacaine in Supraclavicular BPB for AVF Surgery in terms of:
- 1. Onset and Duration of block,
- 2. Sedation effect and Haemodynamic parameters,
- 3. Changes in Vascular diameters.

#### STUDY DESIGN

- Double blinded RCT, done in OT HUSM after ethical committee approval.
- Sample size calculated by using the difference of means from Esmaoglu's study (2010) which compare:
  - Dex 100µg versus placebo added to Levobupivacaine in Axillary Block. (ESRF patient were excluded)
    - Alpha = 0.05 (level of significance)
    - Power = 0.8
    - Mean onset time in placebo (μ<sub>1</sub>) 9.13
    - Difference in mean 10.46-9.13 = 1.33min (SD)
- Sample size is 23 patients for each arm.

# **METHODOLOGY**

Selection of patient N = 46

ESRF for AVF

≥ 18 y/o, Well fasted
Full GCS, consented
Exclusion criterias

Dex 50 μg + 0.5ml NS + 20ml 0.5% Levo

**Block randomization** 

Dex 100 μg + 20ml 0.5% Levo

U/S guided supraclavicular block

surgery

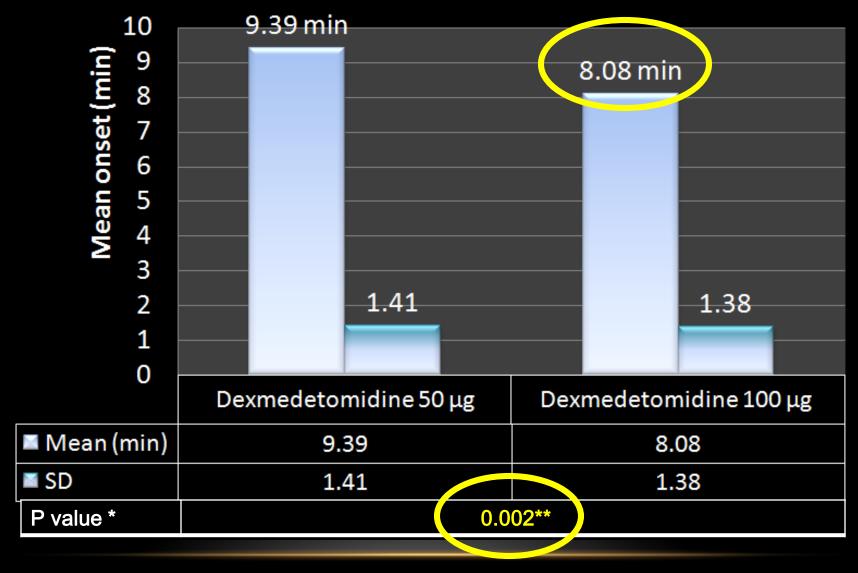
vital signs, VAS, Onset of block (sensory, motor), brachial. a. & basilic. v. diameters (by ultrasound)

vital signs,
Ramsay Sedation Score,
Duration of block,
(sensory, motor)

#### RESULT

- Demographic Data:
  - No significant differences between the two groups in terms of age, gender, weight and height.

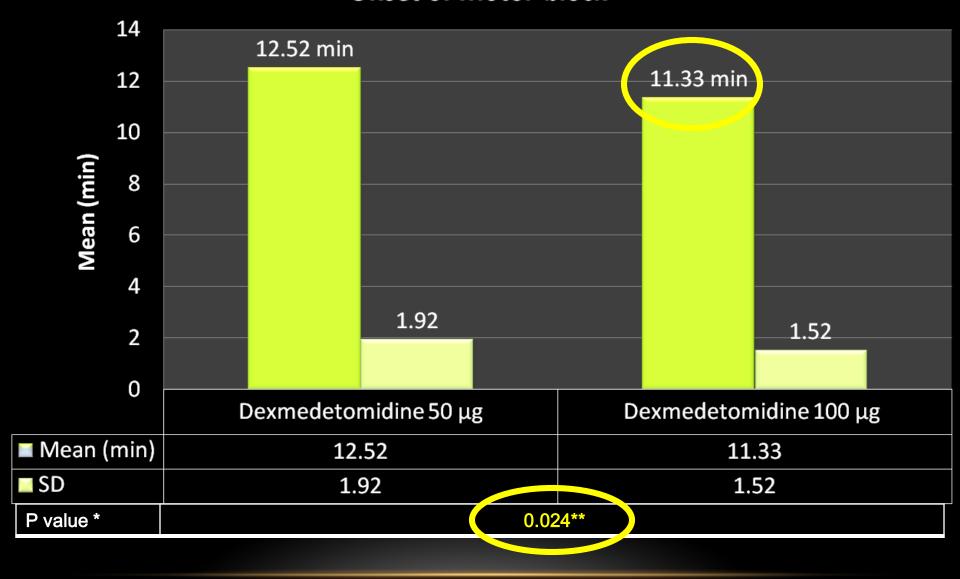
#### **Onset of Sensory Block**



<sup>\*</sup> Independent T-test

<sup>\*\*</sup> Statistically significant

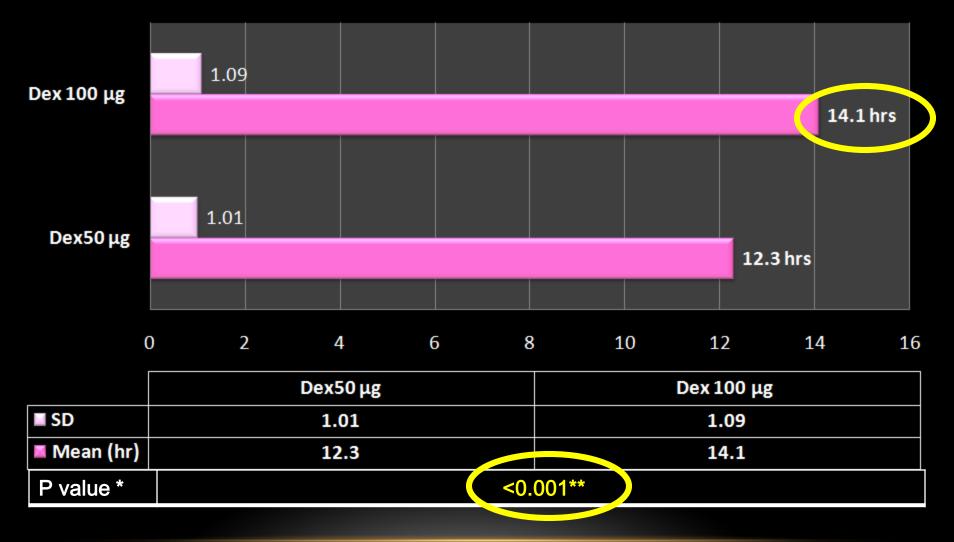
#### **Onset of Motor block**



<sup>\*</sup> Independent T-test

<sup>\*\*</sup> Statistically significant

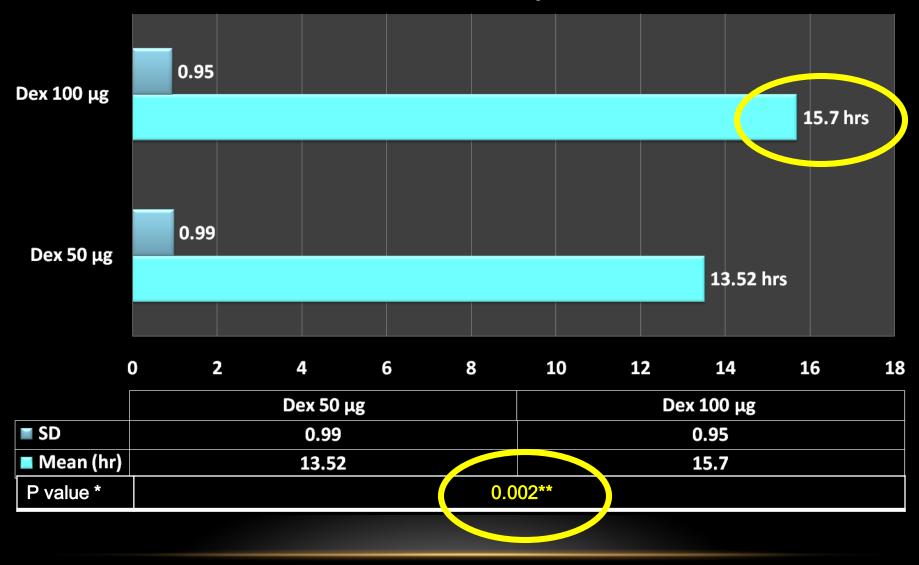
#### **Duration of Motor Block**



<sup>\*</sup> Independent T-test

<sup>\*\*</sup> Statistically significant

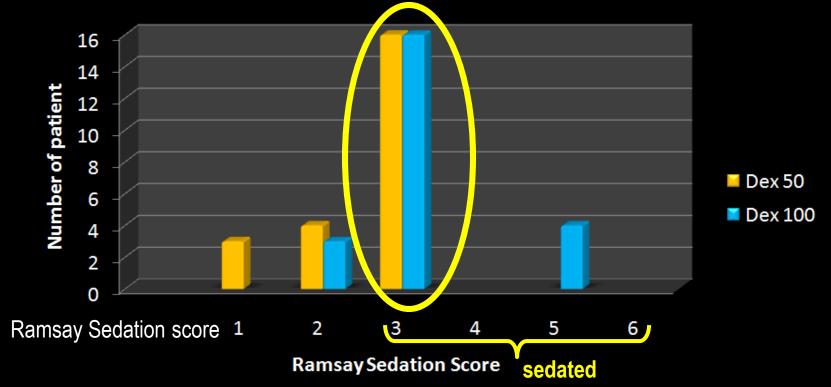
#### **Duration of sensory block**



<sup>\*</sup> Independent T-test

<sup>\*\*</sup> Statistically significant

#### Degree of Sedation for 50µg vs 100µg Dexmedetomidine Group

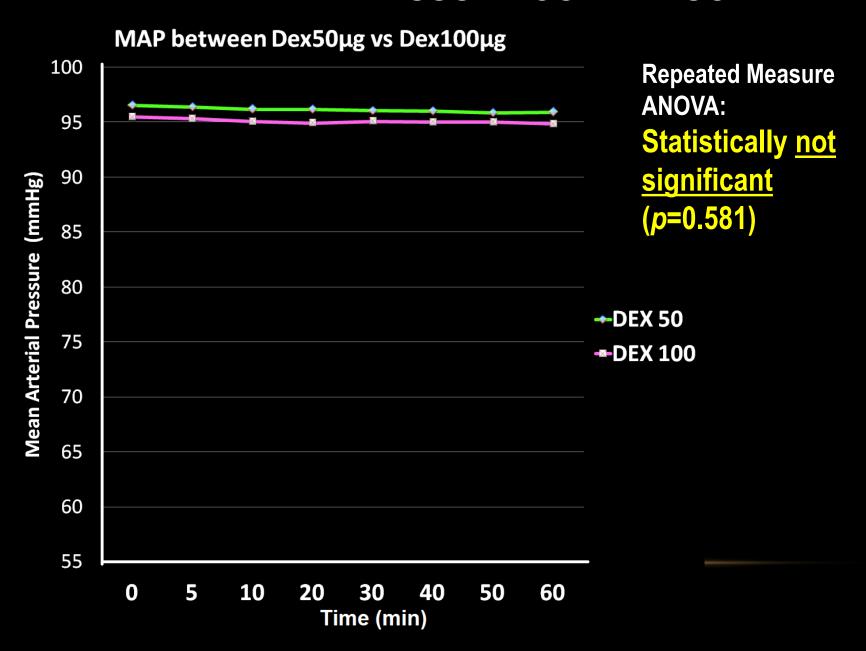


#### Comparison in Degree of Sedation Pre and Post Block 20 Minutes

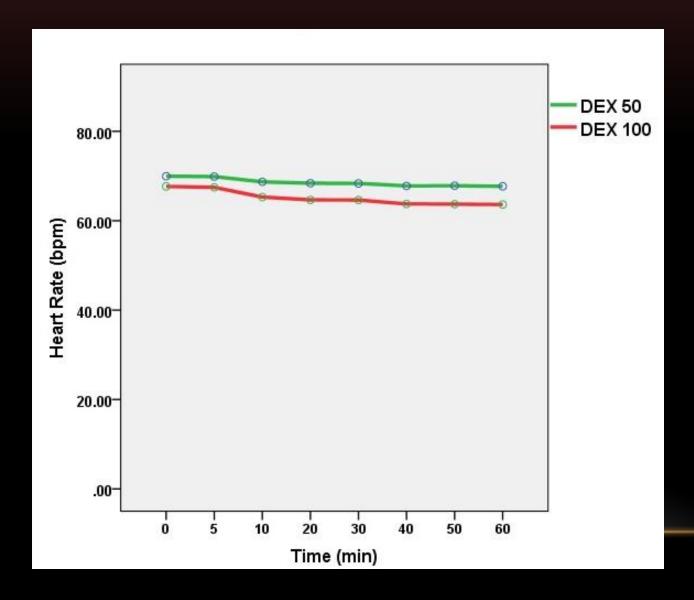
	Comparison between group (N=46)	p- value*	
	Percentage of Sedation	SD	
Dexmedetomidine 50ug	70%	0.0067	
Dexmedetomidine 100ug	87%	0.0074	0.47**

\*Chi-Square
\*\* Statistically
not significant

#### **MEAN ARTERIAL PRESSURE COMPARISON**



### **HEART RATE COMPARISON**



Repeated Measure ANOVA:
Statistically not significant (p=0.078)

# VESSEL DIAMETER DIFFERENCE PRE & POST BLOCK

Vessel	DEX 50	DEX 100		
	Mean (SD)	Mean (SD)	t(44)	<i>p</i> -value
Brachial artery	0.020 (0.0067)	0.025 (0.0059)	2.55	0.014*
Basilic Vein	0.022 (0.0074)	0.027 (0.0062)	2.60	0.013*

<sup>\*</sup> Statistically significant

# DISCUSSION

- Result was similar to Esmaoglu's 2010 study, where Dexmedetomidine 100µg versus placebo were added to 0.5% Levobupivacaine in Axillary Block.
- Dexmedetomidine 100 µg added to 0.5%
  Levobupivacaine in supraclavicular BPB has a
  faster onset & longer duration in terms of
  sensory & motor block.

# DISCUSSION

- The degree of sedation and vital signs does not significantly differ in both groups.
- However, Dexmedetomidine 100µg causes significant vasodilatation than 50µg group.
- This will ease the surgery & may result in an increased successful rate for AVF creation.

# CONCLUSION

The addition of dexmedetomidine as an adjuvant for BPB:

- ✓ fasten the onset and prolong the duration of analgesia.
- ✓ produce sedative effect with stable haemodynamic parameters.
- ✓ increase the artery and vein diameters to ease AVF surgery.

# **THANK YOU**