

Time measurement characterization of stand-to-sit and sit-to-stand transitions by using a smartphone

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Received: 2 June 2016 / Accepted: 4 October 2017

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Abstract The aim of this study is to analyze a common method to measure the acceleration of a daily activity pattern by using a smartphone. In this sense, a numerical approach is proposed to transform the relative acceleration signal, recorded by a triaxial accelerometer, into an acceleration referred to an inertial reference. The integration of this acceleration allows to determine the velocity and position with respect to an inertial reference. Two different kinematic parameters are suggested to characterize the profile of the velocity during the sit-to-stand and stand-to-sit transitions for Parkinson and control subjects. The results show that a dimensionless kinematic parameter, which is linked

to the time of sit-to-stand and stand-to-sit transitions, has the potential to differentiate between Parkinson and control subjects.

Keywords Parkinson · Accelerometer · Dimensionless kinematic parameter · Signal analysis · Sit-to-stand · Stand-to-sit

1 Introduction

Getting up from a sitting position (Si-St) or sitting down from a standing position (St-Si) is one of the most practiced daily activities [1]. In order to guarantee the proper performance during the sit-to-stand-to-sit (Si-St-Si) transition, an optimal coordination, an adequate control of balance, mobility, muscular strength, and power output are required [2]. In particular, the population with Parkinson disease (PD) [3], and elderly adults [4] show a notable difficulty to perform these kinds of kinematic transitions. Hence, to study the Si-St and St-Si transitions, a thorough analysis in terms of kinematic methodology is necessary, in order to define a specific experimental protocol, a type of sensor, and a sensor of position. Later, the signal analysis will identify specific kinematic parameters which allow to classify movement patterns and, ultimately, to differentiate patients with PD from control subjects.

The physicians often use surveys to evaluate a kinematic movement. The surveys are based on the time measurements of daily activities [5]. For the case of patients with PD, the Hoehn and Yahr scale or the Unified Parkinson's Disease Rating Scale is commonly used to classify the severity of the patient [6]. In general, these measurements give a qualitative evaluation that cannot detect subtle kinematic differences. However, more sophisticated

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51 technologies, such as measurement force platforms [7] or
52 optical movement detection systems [3], make it possible to
53 record continuously the kinematic movements and, thereby,
54 fulfill the information of pattern movements. Although the
55 clinical application is not widely implemented due to the
56 complexity of these technologies. These novel technolo-
57 gies also require expensive and medium-large equipment to
58 measure and analyze the kinematic data. On the contrary,
59 the Micro-electronic mechanical systems (MEMS) devel-
60 opment brings devices that allow to measure the motion
61 by using the small motion sensor devices (MSD). These
62 components are promising alternatives for evaluating and
63 recording kinematic movements in clinical or at-home envi-
64 ronments [8]. Recent studies show the application of MSD
65 in kinematic motion analysis and diagnosis of patients with
66 PD [9] and gait analysis [10]. The MSD are capable of
67 recording most of the kinematic movements, but later, a
68 signal analysis of these movements is carried out to reveal
69 significant kinematic parameters. These parameters will
70 characterize the kinematic patterns that, ultimately, allow
71 to differentiate between groups [11]. For example, Mellado
72 et al. [12] proved that a MSD in a smartphone was used
73 as a low-cost integration device to evaluate the balance and
74 the mobility of the patient. Joundi et al. [13] demonstrated
75 that a common accelerometer of a smartphone can measure
76 a kinematic tremor frequency. This tremor frequency has
77 shown to be equivalent to the tremor frequency measured by
78 electromyography. Furthermore, Wile et al. [14] utilized a
79 smartwatch to differentiate the temblor of patients with PD
80 from patients with essential tremor (ET). To achieve that,
81 they calculated the signal power of the first four harmonics.

82 The period of time to perform the Si-St and St-Si tran-
83 sitions is called transition duration (TD). This period of
84 time is considered a relevant clinical index [15], which
85 is obtained straightforward from the acceleration signal
86 recorded by the accelerometer. Later, the identification of
87 peaks and/or signal thresholds in the acceleration signal
88 will allow to determine the TD [11, 16]. Additionally,
89 a gyroscope is also widely used to register the angular
90 position, which is also a valuable information for clinical
91 purposes. For example, Weiss et al. [17] stated that the
92 antero-posterior acceleration was used to estimate the TD
93 in patients with PD and control subjects during the Si-St-Si
94 test. To do that, a pattern was identified as M shape to char-
95 acterize the acceleration versus time signal. Finally, the TD
96 is delimited as the time interval between the highest peaks
97 of the kinematic signal. However, this kinematic param-
98 eter cannot stand alone to distinguish between healthy and
99 PD groups [11]. Nikfekar et al. [3] arranged a motion sys-
100 tem of six cameras to capture the kinematic positions of
101 seven retroreflective markers that were placed at the C7, T3,
102 T6, T9, T12, L3, and sacrum of the patient's trunk. After

103 that, the kinematic movements of the patient's trunk was
104 recorded during a Si-St transition. The results showed that
105 the patients with PD presented a greater flexion and angular
106 velocity of the trunk in the sagittal plane (*sp*). These greater
107 values explain why the TD decreases during the Si-St tran-
108 sition. Costa et al. [9] investigated the acceleration of the
109 finger tapping and unbounded forearm movements between
110 two points. The aim was to study the interpeak interval vari-
111 ability and beat decay (BD) of the auto-mutual information
112 (AMI) value. Patients with PD and ET denoted greater val-
113 ues of BD-AMI than the control subjects. In addition, Farkas
114 at al. [18] presented the acceleration signal to describe the
115 tremor asymmetry between patients with PD and ET. A
116 bilateral evaluation showed that some kinematic param-
117 eters, linked to the tremor frequency, allow to discriminate
118 between PD and ET groups of patients. Salarian et al. [24]
119 combined portable inertial sensors and an automatic ana-
120 lyzer to record and define several kinematic parameters of
121 the Stand-Up and Go test. This method showed significant
122 differences in the cadence when comparing patients with
123 PD and control subjects. Despite that, the classic chronome-
124 ter evaluation shows no significant difference. Adame et al.
125 [19] developed a novel method called dynamic time warping
126 to detect and evaluate the TD status of PD patients by using
127 a gyroscope. Nevertheless, the TD measurements did not
128 present statistical differences between the PD and control
129 groups. Recently, Barrantes et al. [20] found several kine-
130 matic features in the accelerometry analysis of hand tremor
131 (postural and rest positions) that distinguished first between
132 healthy subjects and patients and, ultimately, between PD
133 and ET patients with a 84.38% of discrimination accuracy.

134 The motion data recorded by a MSD and the post-
135 processing analysis to evaluate the kinematic parameters
136 allow to comprehend the transition. The measurement of the
137 TD is often the most common kinematic parameter used in
138 the research studies with a MSD [5]. The specific features of
139 this device allow to accurately measure the TD [12, 16]. In
140 some cases, the TD parameter is the only measurement car-
141 ried out in some studies [17, 21], but usually, this parameter
142 is combined with other kinematic parameters to dispose a
143 more robust motion analysis. Following the latter approach
144 based on several kinematic parameters in the time domain,
145 it will be possible to differentiate patients with movements
146 disorders [22].

147 The TD parameter evaluation did not bring successful
148 results as a clinical index, mainly due to the variabil-
149 ity of this kinematic parameter. As this parameter will
150 not detect subtle behaviors between PD and control sub-
151 jects when performing Si-St or St-Si transitions, therefore,
152 the present study proposes to use dimensionless kinematic
153 parameters; in this sense, the parameters will not depend on
154 how fast or slow the movement transitions are performed.

155 These kinematic parameters are defined when the velocity
 156 profile is characterized during the Si-St and St-Si transi-
 157 tions. Finally, a statistical analysis is performed to identify
 158 which parameter has more chances to let us successfully
 159 differentiate between PD patients and control subjects.

160 **2 Materials and method**

161 **2.1 Subjects**

162 The trunk movements were measured in a group of 10
 163 patients with PD and five control subjects. The patients with
 164 PD have an average age of 60 years old, with a range of 53
 165 to 66 years old and seven out of 10 were women. All the
 166 patients with PD were under medical prescription. Nine out
 167 of the 10 patients present a scale III in the Hoehn and Yahr
 168 scale, which means intermediate-advanced level of PD. A
 169 total Unified Parkinson's Disease Rating Scale was of 40.1
 170 \pm 15.8, and UPDRS-motor scores of 19.1 \pm 8.3 (4–31).
 171 The control subjects have an average age of 54 years old,
 172 with a range of 50 to 59 years old and three out of five were
 173 women. All control subjects were asked for their consent
 174 and were given detailed information about the study. The
 175 study was approved by the medical ethics committee of the
 176 Medical Faculty of the Universidad de Santiago de Chile
 177 (USACH).

178 **2.2 Equipment**

179 The acceleration measurements were recorded by using
 180 a smartphone. This device uses the MEMS technology
 181 and incorporates a triaxial piezoresistive accelerometer
 182 (LIS302DL model). This accelerometer disposes a dynamic
 183 scale between the range of \pm 2 or \pm 8 gravitational accel-
 184 eration, which was previously selected by the user. The
 185 Seismograph application was used to record the experi-
 186 mental acceleration of the device in the three axes with a
 187 nominal frequency acquisition of 40 Hz.

188 **2.3 Movement protocol**

189 The acceleration measurement was performed by the smart-
 190 phone that was placed on the lumbar vertebrae L2–L3 by
 191 using a belt. The axes of the accelerometer were defined
 192 as follows: x axis was perpendicular to the sp , z axis was
 193 perpendicular to frontal plane (fp), and y axis was perpen-
 194 dicular to the other two directions. In this sense, the path
 195 followed by the device corresponds to the path followed by
 196 the center of mass of the subject. The timed test of Si-St
 197 and St-Si transitions was categorized in four phases. Phase
 198 1: the initial position of the person is sitting on a backless

chair, of straight and with arms crossed on the chest. Then, 199
 the acceleration signal begins to be recorded. Phase 2: after 200
 recording a couple of seconds, the stand-up order is given 201
 and the subject begins the Si-St transition. Phase 3: once the 202
 subject finalizes the Si-St transition, it is recorded about 10 203
 to 15 s. Phase 4: the sit down order is given and the subject 204
 begins St-Si transition. Once the subject finalizes the St-Si 205
 transition, another 10 to 15 s was recorded. This protocol 206
 was repeated five times in order to have five Si-St and five 207
 St-Si transitions. 208

2.4 Estimation of the absolute velocity and acceleration 209

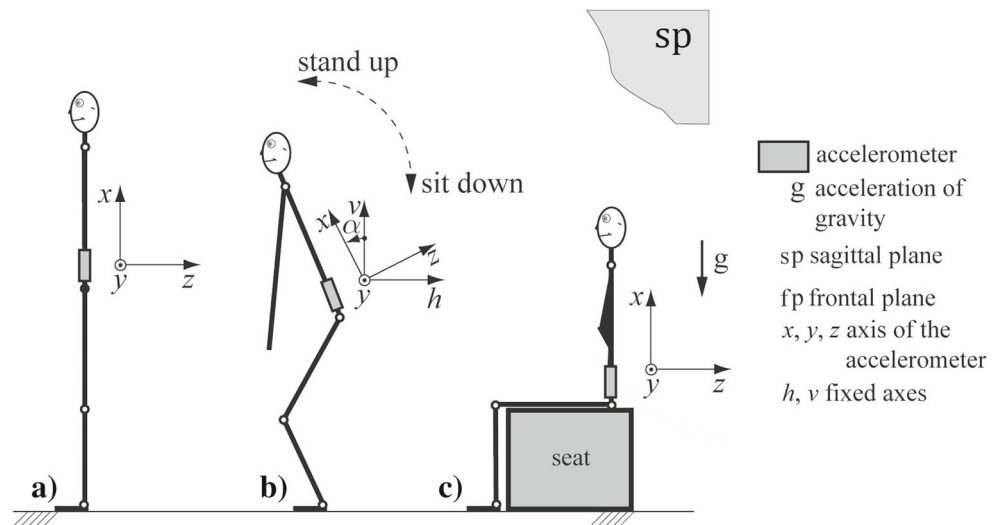
Unlike the kinematic position information captured with 210
 optical movement detection systems [3], an accelerome- 211
 ter will record the motion information associated with a 212
 local reference. This local reference is defined by the three 213
 accelerometer axes. Initially, the velocity cannot be cal- 214
 culated by integrating the acceleration signal, because the 215
 signal is referred to a mobile reference. Despite that the 216
 information of accelerometry and kinematic position are 217
 comparable in terms of quality, it is necessary to have 218
 into account the relative orientation of the accelerometer 219
 with respect to the gravitational vector [23]. Therefore, 220
 to estimate the acceleration with respect to a fixed refer- 221
 ence, an algorithm is required to transform the coordinates. 222
 In general, these kinds of algorithms estimate the gravity 223
 components into the accelerometer axes [24]. 224

Figure 1 shows the experimental configuration of a sub- 225
 ject that carries the smartphone in his/her trunk to record 226
 the movement. The sequence of the images show how to 227
 perform a St-Si transition with the combination a-b-c or the 228
 Si-St transition with the combination c-b-a. The device is 229
 placed on the patient's trunk and the accelerometer axes are 230
 oriented as shown in Fig. 1. The x and z axes are disposed 231
 in the sp all the time. The acceleration signal is decomposed 232
 into the accelerometer axes when the device is recording. 233
 As the z axis of the accelerometer do not coincide with the 234
 horizontal direction, the accelerometer registered two terms: 235
 the acceleration of gravity (g) and the dynamic acceleration 236
 caused by the subject movement in the z direction. A similar 237
 situation occurs with the other two axes. 238

Generally, if the acceleration components are referred to, 239
 an inertial reference is more convenient, because these com- 240
 ponents can be linked to the v and h direction of a sp . 241
 Figure 2 shows the vectors used to determine the acceler- 242
 ation components in a fixed reference v and h . The vector 243
 a_x belongs to the acceleration component of the x axis. 244
 This vector is tilted an α angle with respect to the vertical 245
 direction in the sp . 246

Knowing the α angle and the two-dimensional rota- 247
 tion matrix (1), the acceleration components of the fixed 248

Fig. 1 The position of smartphone during the St-Si or Si-St transitions



249 reference $h - v$ can be obtained from the acceleration
250 measurements referred to the mobile reference $z - x$.

$$\begin{Bmatrix} a_h \\ a_v \end{Bmatrix}_{h,v} = [S_\alpha] \begin{Bmatrix} a_z \\ a_x \end{Bmatrix}_{z,x} \rightarrow [S_\alpha] = \begin{bmatrix} \cos(\alpha) & -\sin(\alpha) \\ \sin(\alpha) & \cos(\alpha) \end{bmatrix} \quad (1)$$

251 It is assumed that the acceleration components recorded
252 in the mobile axes a_x and a_z have a constant component,

which is defined by the gravitational components a_{xg} and a_{zg} , respectively.

$$a_{xg} = g \cdot \cos(\alpha) \quad (2)$$

$$a_{zg} = g \cdot \sin(\alpha) \quad (3)$$

Replacing Eqs. 2 and 3 in Eq. 1, the rotation matrix which defined the acceleration in the fixed reference $h - v$ is achieved.

$$\begin{Bmatrix} a_h \\ a_v \end{Bmatrix}_{h,v} = \frac{1}{g} \begin{bmatrix} a_{xg} & -a_{zg} \\ a_{zg} & a_{xg} \end{bmatrix} \begin{Bmatrix} a_z \\ a_x \end{Bmatrix}_{z,x} \quad (4)$$

A singular case happens when the α angle is equal to zero, because the rotational matrix is simplified to the identity matrix. Therefore, the acceleration component at the x axis is constant and equal to g , while the acceleration component at the z axis is zero. To use Eq. 4, the transformation matrix components have to be known as a function of an instantaneous position. To do that, these components can be estimated by using a second degree polynomial in different signal segments or by using an averaging zero-phase FIR filter [25]. In this study, a low-pass filter, in particular a moving average filter with a Gaussian kernel, is applied to determine the transformation matrix components. The optimum value of the kernel's width is found when the error function is minimized. This function was applied to scan all the possible kernel's widths in a range of 0.5 to 10 s.

$$r(l) = \sqrt{\frac{1}{N} \sum_{i=1}^N \left(\sqrt{a_{xgi}^2(l) + a_{ygi}^2(l) + a_{zgi}^2(l)} - g \right)^2} \quad (5)$$

where a_{xg} , a_{yg} , and a_{zg} are the constants of acceleration components registered in the axes x , y , and z , respectively, l is the length of the moving average filter with a Gaussian kernel, and N is the number of points to define the aforementioned components. If the output value of the

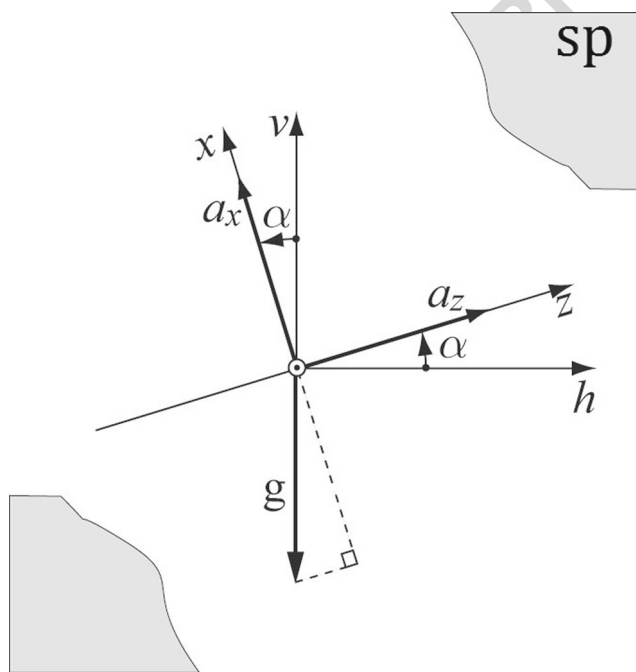


Fig. 2 Acceleration components a_x and a_z of the mobile reference $z - x$ with respect to the fixed reference $h - v$ in sp

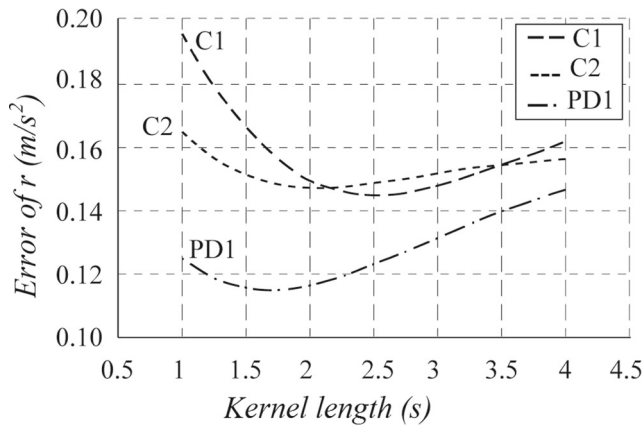


Fig. 3 The error function of three signals: a patient with PD (PD1) and two control subjects (C1 and C2)

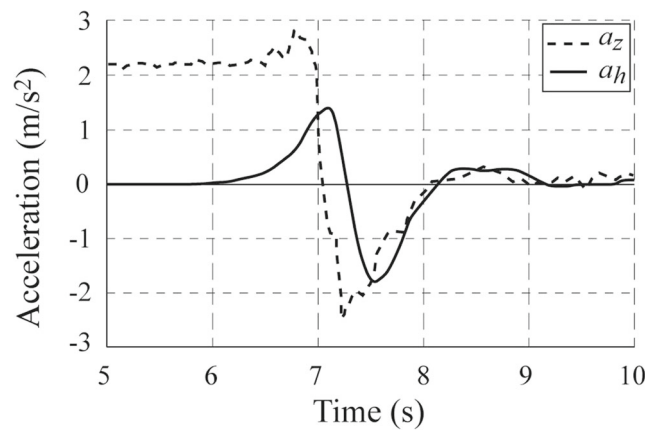


Fig. 4 Relative and absolute acceleration components the Si-St transition of a patient with PD

279 error function is small, the estimation of the transformation
 280 matrix components can be assumed correct. Figure 3
 281 presents three different curves: a patient with PD and two
 282 control subjects. The three curves have a minimum error
 283 at the time interval of 1.7 and 2.8 s of the kernel's width.
 284 The shape of the transformation matrix components depend
 285 on the kernel's width [26], subsequently all the acceleration
 286 signals were analyzed by using a unique kernel's width of
 287 2.0 s. Additionally, Table 1 shows the output errors of using
 288 this kernel's width for all analyzed patients and subjects.

289 Figure 4 shows the acceleration signal during the Si-St
 290 transition of a patient with PD. The dashed line represents
 291 the acceleration component referred to the mobile refer-
 292 ence z, while the continuous line represents the acceleration
 293 component referred to the fixed axis h, this acceleration
 294 is calculated from the Eq. 4. This acceleration component
 295 is equal to zero until the time that the patient begins to

move. The Si-St transition starts at 6.0 s. Later, the transition
 296 finalizes approximately at 8.3 s. At that time, a small oscil-
 297 lation around zero is observed, probably due to the standing
 298 instability activity. The acceleration component referred to
 299 the mobile axis z shows some changes at the 6.5 s. These
 300 changes are related to the initial transition phase. At the time
 301 of 8.0 s, the α angle decreases and the mobile axis z moves
 302 around the horizontal axis h. Consequently, the behavior of
 303 both curves present a similar trend.
 304

305 Figure 5 shows the acceleration a_h , velocity v_h , and the
 306 displacement d_h components referred to the fixed reference.
 307 The velocity and displacement signal are calculated from
 308 the straightforward integration of the acceleration signal.
 309 The velocity component presents a local maximum at 7.3 s
 310 and a local minimum at 8.3 s. The velocity is equal to zero
 311 when the time frame reach at 9.0 s, which means that the
 312 standing up and stabilization activity have finished. Addi-
 313 tionally, a delay in the onset of the velocity component with
 314 respect to the acceleration is noticed. The position signal

Table 1 Output errors when using a kernel's width of 2 s

Parkinson disease		Control subjects	
Patients	Output error (m/s ²)	Subjects	Output error (m/s ²)
PD1	0.098	C1	0.206
PD2	0.164	C2	0.150
PD3	0.106	C3	0.169
PD4	0.135	C4	0.117
PD5	0.115	C5	0.147
PD6	0.112		
PD7	0.145		
PD8	0.094		
PD9	0.114		
PD10	0.127		
Mean	0.121	Mean	0.158
Standard deviation	0.022	Standard deviation	0.033

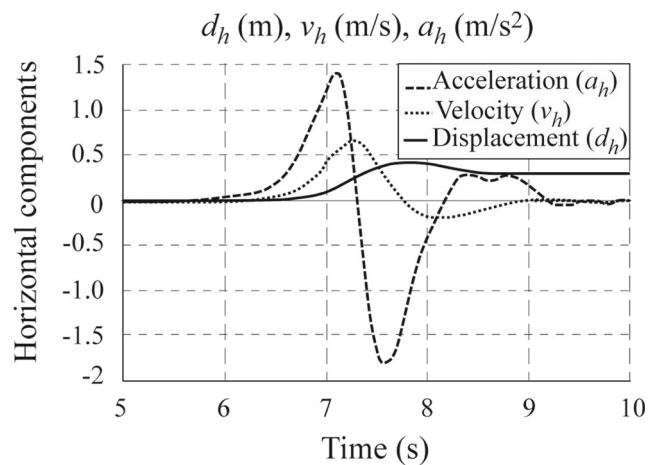


Fig. 5 Acceleration, velocity, and displacement components in the horizontal direction

315 indicates that the Si-St transition has a maximum displacement of 40 cm in the horizontal direction, but at the end of the activity, the position is stabilized around 30 cm.

318 **3 Results**

319 Once the kinematic data is registered from all the control subjects and patients with PD, it is required to parameterize the Si-St and St-Si transitions. For this purpose, the horizontal components of velocity v_h is chosen to classify the transition phases, because this parameter is easy to comprehend and dispose less noise than the acceleration parameter. Then, the activity transition can be categorized in two phases of movement, the initial phase (IP) and the stabilization phase (SP). The IP begins when the trunk is moving and gaining momentum to lift the buttocks off the chair. This initial activity increases the horizontal component of the velocity till a maximum value. Later, the trunk of the subject slows down until v_h is zero, this particular activity defines the SP. Figure 6 shows the characteristic behavior of v_h during a Si-St (Fig. 6a) or St-Si (Fig. 6b) transitions. It is also illustrated the kinematic parameters that define the movement patterns, such as the duration of the IP (t_{IP}), the duration of the SP (t_{SP}), the total duration of the transition (t_m), the maximum velocity (V_{max}), the minimum velocity (V_{min}), and the velocity ratio (VR), which is defined by the curve's slope that intersects the local maximum and minimum peaks of the velocity signal. The average values of the aforementioned parameter are listed on Table 1.

342 The variation of t_m depends on the physical conditions of subjects to do the activity. These conditions are inherent to each human being. All the studied subjects were asked to do the Si-St and St-Si transitions as fast as possible. Although the speed is relative and depends on how fast is each subject. For this reason, it is decided to estimate a dimensionless parameter to compare the kinematic signals. This parameter is defined by the quotient between t_{IP} and t_m and is named as the relative duration of the initial phase (t_{IPr}). The temporal parameters t_{IP} , t_{SP} , and t_m are defined from a threshold value which is estimated as a fraction of the

353 total area under the velocity curve. Initially, thresholds of 1, 354 2, and 5% of the total area were assessed as cutoff values 355 without showing any significant difference in the results. 356 Consequently, a threshold of 1% in both sides of the signal 357 was assumed as the arbitrary cutoff value. In this manner, 358 t_{IP} is defined within the range of the area under the velocity 359 curve equal to 1% until the velocity value is equal to 0. 360 Whereas t_m is defined within the range of the area under 361 the velocity curve between 1 and 99%, which is the same 362 than the addition of the duration of initial and stabilization 363 phases ($t_{IP} + t_{SP}$), as shown in Fig. 6a, b.

364 Table 2 presents the median values of different kinematic 365 parameters during the Si-St and St-Si transitions. A 366 non-parametric test, the Mann-Whitney U test, is applied 367 to compare the median between control and PD groups, 368 where a p value of 0.05 is considered to be significant. 369 The V_{min} parameter for Si-St and the V_{max} parameter for 370 St-Si are marginally significant, due to the p values of 371 0.069 and 0.070, respectively. On the contrary, the parameter 372 which define relative duration of the initial phase t_{IPr} 373 is statistically significant, because the p values are 0.006 374 and 0.011 for Si-St and St-Si transitions, respectively. The 375 rest of the kinematic parameters do not show a statistical 376 significance.

377 Figure 7 shows a boxplot with the median and the quartiles 378 of the t_{IPr} parameter for Si-St and St-Si transitions. 379 The difference between the control subjects and the patients 380 with PD are presented in both activities. During the Si-St 381 transition, the PD group takes relatively more time at the 382 IP than in the SP. The contrary happens when the St-Si 383 transition is analyzed.

384 **4 Discussion**

385 In this study, the acceleration signal recorded by the triaxial 386 accelerometer presents a deviation from zero. This deviation 387 is due to the accelerometer axes' inclination with respect to 388 the gravity acceleration vector. Then, to estimate the acceleration 389 respect to an absolute reference, it is necessary to use the 390 transformation matrix. Previous studies have used

Fig. 6 Characteristic behavior of v_h for **a** Si-St and **b** St-Si transitions

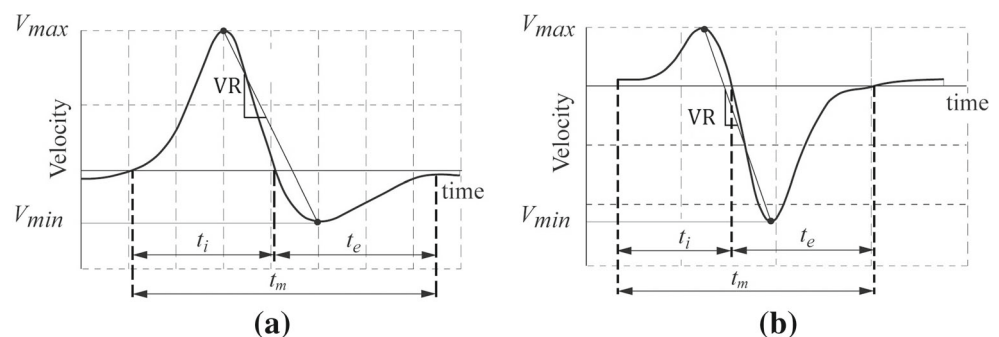


Table 2 Statistical analysis of different kinematic parameters during the Si-St and St-Si transitions

Event	Parameter	Median		Statistic <i>p</i> value
		Control	PD	
Si-St	t_{IP} [s]	1.1	1.3	0.391
	t_{SP} [s]	1.6	1.5	0.565
	t_m [s]	2.7	2.8	0.924
	V_{max} [m/s]	0.55	0.50	0.343
	V_{min} [m/s]	-0.27	-0.20	0.069
	VR [m/s]	-1.13	-0.74	0.164
	t_{IPr} [%]	42.3	48.1	0.006
St-Si	t_{IP} [s]	1.5	1.5	0.771
	t_{SP} [s]	1.2	1.5	0.104
	t_m [s]	2.6	2.9	0.292
	V_{max} [m/s]	0.30	0.21	0.070
	V_{min} [m/s]	-0.47	-0.46	0.504
	VR [m/s]	-0.92	0.58	0.153
	t_{IPr} [%]	54.9	46.4	0.011

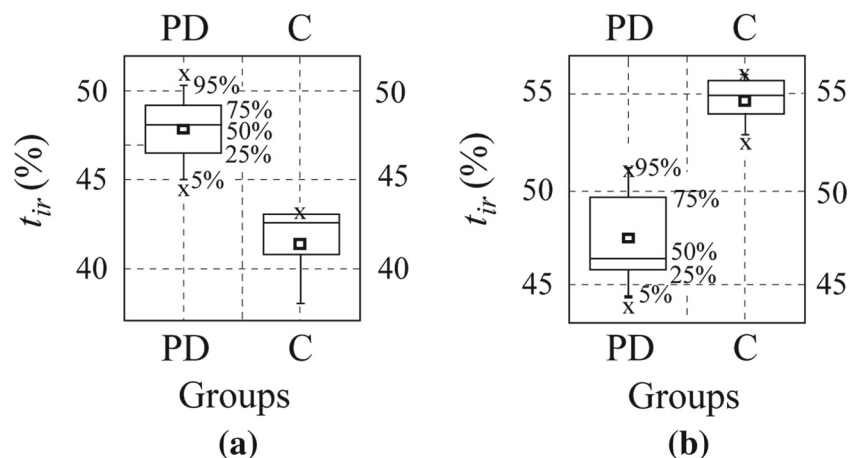
391 this transformation method to convert the acceleration data
 392 recorded by a uniaxial [25] or triaxial [27] accelerometers.
 393 The inclination is calculated as a function of average of the
 394 instantaneous acceleration value. This average value is esti-
 395 mated by using a polynomial fit or a low-pass filter, as was
 396 done in the present manuscript. Particularly, a moving aver-
 397 age low-pass filter was used with a kernel's width that was
 398 optimized in the time domain. The kernel's width affects the
 399 shape of the filtered signal, because of changing the peak
 400 amplitude of the acceleration signal [26]. Additionally, the
 401 optimum kernel's width that minimizes the error function
 402 is not the same for all the kinematic signals of the studied
 403 subjects. Although a unique kernel's width of 2.0 s was cho-
 404 sen to compare all the subjects. Nevertheless, the authors
 405 are aware that the present kinematic analysis is likely to

change by using different kernel's widths, but that condition
 is expected to be addressed in future work.

The acceleration component referred to an inertial system
 allows to define accurately the beginning of the Si-St transi-
 tion. Firstly, the acceleration signal is approximately equal
 to zero because the subjects are not moving. Sometimes,
 the acceleration is different than zero due to the device is
 affected by the gravity. This means that the acceleration
 depends on the accelerometer inclination with respect to the
 gravity vector. In addition, it is more complex and less intu-
 itive to define when the patient begins to move in a mobile
 reference as compared to an inertial reference. For this rea-
 son, it was necessary to define an acceleration threshold, in
 order to decide when the subject starts to move. To do that, a
 relative acceleration parameter is used as an index to define
 the beginning of the movement, the mobile reference will
 experience a certain delay with respect to inertial reference,
 as shown in Fig. 4.

Similar to previous studies [3, 28], the time duration of
 the Si-St and St-Si transitions do not show significant dif-
 ferences between patients with PD and control subjects. In
 this sense, the speed to perform these transitions depend
 on the subject, because the speed is relative to each person
 accordingly. In this work, a dimensionless parameter, like
 the relative duration of the initial phase t_{IPr} , is found to dif-
 ferentiate small variations of the time to do the transition.
 This parameter presents a certain degree of independence
 with respect to the duration of the entire transition. During
 the Si-St transition, patients with PD show a higher value
 of t_{IPr} . This situation can be explained with the greater
 trunk's flexion found in the patients with PD [3]. Further-
 more, when the v_h is nearly zero during the change from IP
 to SP , it is not associated with a simple motor activity [29].
 Then, the t_{IPr} variation by comparing different groups, as
 shown in Fig. 7, is defined as a sequential alteration which
 is related to some diseases. In particular, diseases make the
 subject not capable of achieving sequential tasks. Moreover,

Fig. 7 Boxplot of t_{IPr} during the **a** Si-St and **b** St-Si transitions



443 the maximum value of v_h during the Si-St transition and
 444 the minimum value of v_h during the St-Si transition are
 445 both smaller in the patients with PD than in the control
 446 subjects, so no significant differences were found. Finally,
 447 the patients with PD present a smaller flexion in the hip and
 448 ankle dorsiflexion [30]. This could bring some difficulties
 449 to begin the Si-St transition and, ultimately, can lead to a
 450 lower v_h and a higher t_{IPr} .

451 The limitations and the future work of this research
 452 can be described in three research activities. Firstly, a
 453 larger sample of healthy subjects and Parkinson's patients
 454 is required to test the diagnostic capabilities of this novel
 455 method. To do that, a specific mobile phone app will be
 456 developed to record the signal data from the accelerometer
 457 and gyroscope, and subsequently, post-processing analysis
 458 will be carried out to assess kinematic features to discrim-
 459 inate signal features between PD and control subjects. The
 460 second limitation of this study is that the gyroscope signal
 461 was not recorded to validate or improve the proposed model

462 with more complex kinematic features. For that reason,
 463 further studies should be performed in patients using the
 464 gyroscope signal of the smartphone in search of more dis-
 465 criminative features to be combined, like the one found
 466 by Raza et al. [31] and Kostikis et al. [32]. Raza and
 467 coworkers found that finger tremors of Parkinson's dis-
 468 ease can be discriminated with an accuracy of 82.43%
 469 from other movement disorders by computing the signal
 470 recorded with a triaxial gyroscope. Kostikis and coworkers
 471 used the accelerometer and gyroscope signal to quantify a
 472 patient's upper limb tremor symptoms, subsequently they
 473 use machine learning algorithms to accurately classified
 474 82% of the patients and 90% of the healthy subjects. Finally,
 475 a more accurate mathematical model is needed to be devel-
 476 oped by implementing complex maneuvers and combining
 477 several kinematic features computed from the accelerom-
 478 eter and gyroscope signal, in order to help in differential
 479 diagnosis. Therefore, a machine learning algorithm will be
 480 proposed to distinguish between healthy and tremor subjects
 481 and, ultimately, to try to measure and classify the tremors
 482 type and severity (Table 3).

Table 3 List of nomenclature

	Nomenclature
Si-St	Sit-to-stand position
St-Si	Stand-to-sit position
PD	Parkinson disease
MEMS	Micro-electronic mechanical systems
MSD	Motion sensor devices
ET	Essential tremor
TD	Transition duration
BD	Beat decay
AMI	Auto mutual information
IP	Initial phase of the movement
SP	Stabilization phase of the movement
s_p	Sagittal plane
f_p	Frontal plane
l	Length of the moving average filter
N	Number of points
α	Angle with respect to the vertical direction
d_h	Displacement
g	Acceleration of gravity
a	Acceleration component
v	Velocity component
V_{max}	Maximum velocity
V_{min}	Minimum velocity
VR	Velocity ratio
t_{IP}	Duration of the initial phase
t_{SP}	Duration of the stabilization phase
t_m	Total duration of the movement transition
t_{IPr}	Relative duration of the initial phase

5 Conclusions

483 A smartphone with a triaxial accelerometer was used to
 484 recorded acceleration signals. Later, these signals were ana-
 485 lyzed to obtain several kinematic parameters that allows to
 486 characterize the Si-St and St-Si transitions.

487 A numerical method is used to select the proper ker-
 488 nel's width of a moving average filter, in order to deter-
 489 mine the gravitational constant components which affect
 490 the accelerometer axes while recording the Si-St and St-Si
 491 transitions.

492 The absolute velocity of the patient's trunk is estimated
 493 during the Si-St and St-Si transitions, when the acceleration
 494 signal was recorded by using an smartphone. A dimension-
 495 less index of time is successfully identified to characterize
 496 the Si-St and St-Si transitions, allowing to differentiate
 497 between PD patients and control subjects.

498 **Acknowledgements** The authors want to acknowledge the support
 499 of the DICYT institution that belongs to the Universidad de Santi-
 500 ago de Chile (USACH). The authors have no other professional and/or
 501 financial affiliations that may have biased the article.

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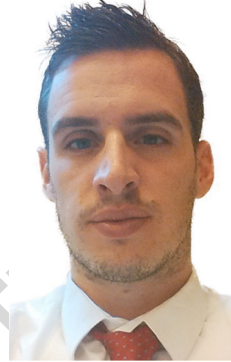
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