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RELIGIOSITY AND ORGANIC FOOD CONSUMPTION. TOWARDS A DEEPER
UNDERSTANDING

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ABSTRACT

INTRODUCTION

The study analyzes the effect of three constructs as antecedents of organic food consumption: extrinsic

religiosity, intrinsic religiosity, and individual attachment to a religious community.

Marketing and consumer research are aware of the potential impacts of religion on consumption choices

since a long time. However, few are the studies approaching the matter of organic food consumption

considering the effects of religiosity. The effect of three potential antecedents are there considered. Intrinsic

and extrinsic religiosity are included in the analysis. A third antecedent regards individual attachment to a

religious community. The impact of such perceived individual belonging is here considered for a more

comprehensive analysis, and given the negligible attention the concept has received so far in the -scarce-

available literature on the topic. Structural Equation Modeling has been performed on a sample of Italian

individuals attending Buddhist pilgrimages. Preliminary estimations of the model show a good model fit; all

the proposed hypotheses resulted significant.

BACKGROUND

Organic food consumption has experienced, especially in industrialized markets, a considerable growth

(e.g., Richter, 2008; Paul and Rana, 2012). Among those studies devoted to investigating the antecedents of

organic food consumption, few considered the potential implications of religious values. Religiosity is

defined as «a belief in God accompanied by a commitment to follow principles believed to be set by God»

(Vitell et al, 2005). It is well-known that religiosity influences everyday human behaviour (Weaver and Agle,

2002). Religion influences also consumption patterns of people (Essoo and Dibb, 2004; Doran and Natale,

2010). Religion is a clear determinant of consumer behaviour, given the pervasive nature of this cultural

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component, influencing several traits of societies and individual lives. The relevance of religiosity for

marketers is straightforward: as noted by Kim et al (2004) religion is an enduring cultural factor, whose

influences extend in the long term. In this sense, religion is very likely to influence marketing strategies and

initiatives. Such importance of religion in consumer behaviour and in marketing science has been long

recognized by scholars (e.g., Allport and Ross, 1967; Hirschman, 1983). In consumer behaviour literature,

several measurements of the religiosity construct have been proposed (e.g., Allport and Ross, 1967;

Hirschman, 1983; Genia, 1993; Worthington et al, 2003; Kim et al, 2004). Following most of research on

religiosity in consumer behaviour (e.g., Allport and Ross, 1967; Donahue, 1985; Vitell et al, 2005), the study

includes intrinsic and extrinsic religiosity as potential antecedents of consumer behaviour related to organic

food consumption. As a third antecedent, the study considers consumer perceived attachment to a religious

community. The relatively scarce literature on the impact of religion on consumer behaviour has not

devoted relevant attention, as far as it is known, to the impact of perceived belongingness to religious

communities in determining individual consumer behaviour. (e.g., Lindridge, 2005).

METHODOLOGY AND EARLY RESULTS

Data collection was based on the administration of a questionnaire to individuals attending a Buddhist

pilgrimage in Northern Italy. Known and validated scales were used for intrinsic and extrinsic religiosity.

Due to the substantial lack of studies on the role of religious communities in consumption contexts, a

modified version of Sierra et al's (2016) measure of community attachment was adapted to the context of the

Buddhist religious community, as a proxy of the individual sense of belonging with respect to religious

communities. 310 usable responses resulted after data collection. SEM was performed on the collected data;

early estimations of the model shows an acceptable fit (RMSEA= .046; AGFI= 907; GFI= .941). All the

hypothesized relationships were found significant, confirming results of extant literature on the impact of

intrinsic and extrinsic religiosity on food consumption (e.g., Mukhtar and Mohsin Butt, 2011), providing also

evidence for the influencing role of perceived community belonging. Originality of results should be

considered in terms of research context, which differs from the majority of existing research on the role of

religiosity in food consumption, mostly related to Islamic contexts. These preliminary results also suggest to

further explore individual importance of religious communities in consumption, adopting, for example, the

lenses of literature on brand/consumer communities.

Keywords: religiosity; religious communities; organic food; Buddhism.

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Additional references available upon request