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might happen to you — only nobody ever told us what.

The Kotex Company finally published a pamphlet obscurely entitled "Are You In The Know?" It was illustrated with cute cartoons of young women dancing, skating, doing jumping jacks, even taking a shower all while on their period. Wanda, the biggest slut in our seventh grade class, always carried a pamphlet in her purse. Whenever she saw a boy nearby, she would sneak it out and show it off to her friends, and they would giggle and gag and shriek hysterically as if they were looking at a Tijuana Bible.

My daughters get to choose from an enormous and colorful assortment of tampons, mini-pads, maxi-pads, panti-liners, panti-shields, pads with little butterfly edges so your underpants won't get stained, and all of the above for light days, medium days, and heavy days - scented or unscented. They toss them into their grocery carts along with the fresh vegetables and cans of ravioli. If the price won't register on the glass computer plate, the clerk yells through the intercom, "Hey, Joe! I need a price-check on super-absorbant, scented, Maxi-Pads -Aisle Six!" And nobody even bothers to look up from their copies of The National Enquirer.

SUPER WOMAN

My girlfriend, Mary Ellen, didn't have to work.
The interest alone from her Daddy's trust fund

could have easily supported her in a lifestyle few of us will ever know.

But Mary Ellen said she needed to work to get out of the house — and besides, she was seeing one attorney during her lunch hours and another on the afternoons when she was supposed to be attending her Junior Assistance League meetings. Neither attorney knew about the other and her husband didn't know about the attorneys. Mary Ellen never worried about anything except getting caught. Guilt was not one of her strong points.

But she would go into a stomping, door-slamming fit if one of her artificial nails broke off. Mary Ellen was a perfectionist. She had her hair permed and frosted twice a month by Mario, her favorite stylist. Mario wanted very much to jump her bones. but tho she found his accent and rippling brown muscles appealing, she was afraid he couldn't keep his mouth shut, or maybe she would catch a disease like herpes or the clap or AIDS.

Mary Ellen owned a beautiful split-level in Newport Beach. She did all her own housework. She said it was cathartic, and anyway, she didn't want some clumsey cleaning woman breaking her expensive bevelled-glass coffee tables. She had two nice kids who were always clean and well-behaved, and a big shaggy mutt named Chivas after her favorite brand of scotch.

Mary Ellen loved to cook.

After an exhausting day of work
and fooling around,
she would hurry home
and whip up an entire gourmet meal
and serve it on her every-day Noritaki,

with long-stemmed Steubens for the wine.

She was little and cute and sexy and bought all her size 3s at Bullocks and Buffums and the shops along Rodeo Drive. She seldom wore the same thing twice, but if she did, you couldn't tell, because of the clever things she knew how to do with accessories. She spent her weekends and vacations at the beach in front of her mother's house on Catalina Island, showing off her all-over tan and perfect bod.

One day I asked her
how the hell she did it:
the job, the house, the kids,
the husband, the lovers,
the gourmet meals,
the perfect selfness.
She said it was easy —
she made all her plans
for the following week
while she was having sex.

CREDIBILITY

Sally had always been disappointed in Tiffany, one of her co-workers at the cosmetic distribution company where they shared a small office, because Tiffany believed every single word printed in The National Enquirer. She kept a current copy on her desk and read it cover to cover, sharing out loud particularly shocking and nauseating articles so everyone had to hear. She cut out special articles (photos or drawings included) and pinned them to the bulletin board above her desk.

Her favorite subjects dealt with weird sexual experiences and encounters with other-world beings. But any story interested her if it were outrageous and unbelievable enough. Like the Civil War widow who became pregnant from a bullet. Seems it was shot through some poor soldier's testicle, picked up living sperm along the way, then hit the widow smack in her left ovary. Nine months later she gave birth to a healthy baby boy. The only thing that seemed to upset her was that the soldier had been a Yankee. "Yup," said Tiffany, born and raised in Orlando, "That'd upset me, too!"