

1 **Leprosy in Pre-Norman Suffolk, UK: Biomolecular and Geochemical Analysis of the**  
2 **Woman from Hoxne.**

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11

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13

14 **ABSTRACT**

15 **Purpose.** A woman's skull, exhibiting features of lepromatous leprosy (LL), was recovered  
16 from a garden in Hoxne, Suffolk. The absence of post crania and lack of formal excavation  
17 meant that diagnosis and dating was uncertain. The aim of this research was to confirm the  
18 diagnosis using biomolecular means and second, to place it in context with other British  
19 leprosy cases using SNP genotyping and radiocarbon dating.

20 **Methodology.** Bone from the skull was analysed by ancient DNA (aDNA) methods and  
21 subjected to radiocarbon dating. As a result, stable carbon and nitrogen isotope values were  
22 produced, both useful for assessing aspects of the woman's diet.

23 **Key findings.** aDNA confirmed the presence of *mycobacterium leprae* and *genotyping*  
24 demonstrated an ancestral variant of subtype 3I, the same lineage recently identified in living  
25 squirrels in the south of England. Radiocarbon dating revealed the woman lived  
26 approximately between 885-1015AD, providing evidence for endurance of this subtype in  
27 East Anglia, having been previously identified as early as the 5<sup>th</sup>-6<sup>th</sup> century (Great  
28 Chesterford) and as late as the 13<sup>th</sup> century (Ipswich).

29 **Conclusions.** The confirmation of a new pre-Norman leprosy case in East Anglia is of  
30 interest as this is where a high proportion of cases are located. Possible factors for this may  
31 include preservation and excavation biases, population density, but also connection and  
32 trade, possibly of fur, with the continent. Future research on other British LL cases should  
33 focus on exploring these aspects to advance understanding of the disease's history, here  
34 and on the continent.

**36 INTRODUCTION and AIMS.**

37 At some point between 1960 and 1990, a cranium and mandible with pathological changes  
38 consistent with leprosy were recovered from a garden in Hoxne, Suffolk (Anderson 1996).  
39 Unfortunately, little is known about the skull although a pre-Norman date (5<sup>th</sup>-11<sup>th</sup> century)  
40 was suggested based on the morphology of the skull [1]. With the exception of a second  
41 mandible, it is not known whether the cranium and mandible were associated with any other  
42 skeletal material. The bones are currently stored at Diss museum under accession numbers  
43 DISDS T.439.1-2. The cranium and mandible were first analysed osteologically by Sue  
44 Anderson of Suffolk County Council Archaeological Service in 1996 (see supplementary  
45 information or [1] for full report). Apart from the right side (ascending ramus) of the mandible,  
46 the skull was complete. The preservation of the material was very good. Anderson reported  
47 the skull to belong to a young to middle aged adult female [1]. Changes associated with  
48 Hansen's disease included rhino-maxillary changes, especially destruction to the nasal  
49 spine, remodelling of nasal aperture margins (see Fig. 1) and palate [2]. Although these  
50 bone changes are highly indicative of leprosy, they are not unique to the condition and can  
51 be associated with other diseases. Without the rest of the skeleton to assess for other  
52 characteristic skeletal lesions (e.g. foot and hand deformities), a definite diagnosis of leprosy  
53 could not be made from the osteological changes alone. Given the potential early date of the  
54 woman, it would therefore be of interest to confirm the diagnosis of leprosy, and if possible,  
55 assess the strain to understand more about the temporal and geographic distribution of  
56 leprosy in ancient Britain. Although many strains of leprosy exist, recent research has  
57 demonstrated that at least two distinct strains of leprosy existed in Medieval England. Type 3  
58 strains were present from the 5<sup>th</sup>-6<sup>th</sup> century [3], while strains from the second branch (type  
59 2F strains) are known from the 11<sup>th</sup> century [4].

60 Therefore, the first aim of the current research was to assess the woman's bone for the  
61 presence of *Mycobacterium leprae*, the bacteria that causes the disease, using genetic  
62 techniques. If mycobacteria were detected and the osteological leprosy diagnosis confirmed,  
63 the second aim was to assess which strain of leprosy infected the woman and how this fits  
64 into current knowledge about the disease. This required radiocarbon dating and comparison  
65 to other cases of leprosy in Britain. Overall, this research on a putatively pre-Norman case,  
66 contributes knowledge useful for understanding the nature of the leprosy epidemic that  
67 afflicted Britain and Europe in the medieval period.



68

69 **Fig.1.**

70

71 **METHODS.**

72

73 DNA sampling.

74 Sampling of the skull was undertaken in the museum store in Diss, Norfolk using gloves, a  
75 sterile scalpel and sampling bags. Samples of bone powder (80 mg) were taken from the  
76 crania (T439.1) from the vomer region and 45 mg was removed from the mandible (T439.2)  
77 in the vicinity of an already damaged area surrounding the right second premolar tooth.

78 DNA extraction.

79 Bone fragments were ground to a fine powder using sterilised pestles and mortars. The  
80 powders were weighed and divided into two equal amounts. One set was extracted  
81 immediately for screening using leprosy PCRs, the other was set aside for subsequent  
82 genotyping.

83 DNA was extracted using an in-house version of the Boom method [5]. In this procedure, 6M  
84 guanidinium thiocyanate (GUSCN, product G9020, US Biologicals, Salem, MA.) containing  
85 1% Triton X-100 (Sigma-Aldrich, T8787) was dissolved in 1x Tris-EDTA buffer (Sigma-  
86 Aldrich, T9285) adjusted to pH 6.5 with 3M sodium acetate, pH 5.5 (Ambion,™ product  
87 9740). Bone powder was mixed with 1ml of the GUSCN buffer on a mixing wheel for 1hr at  
88 4C. The samples were then subjected to 3 freeze-thaw cycles to assist with DNA recovery.  
89 The bone powder was removed by centrifugation at 12,000 x r.p.m. and the supernatant  
90 buffer transferred to a fresh 1.5ml Eppendorf tube. Pre-washed silica suspension (40µl of  
91 0.5-10µm, Sigma-Aldrich, S5631) was added and kept in contact for 3hrs to maximize  
92 recovery of fragmented DNA. After centrifugation, silica was further washed twice with 1ml

93 aliquots of GUSCN extraction buffer, followed by 3 washes with 75% ethanol and finally with  
94 1ml of acetone. After thorough drying of the silica pellet, DNA residues were eluted in 60µl  
95 HPLC grade water (Sigma-Aldrich) at 55°C. These were then sub-divided into 2 x 30 µl  
96 aliquots and stored in low retention plastic tubes to minimize loss of DNA through repeated  
97 freeze- thawing events.

98 *M.leprae* screening methods.

99 Two separate PCR methods were used to screen for the RLEP element, present in 37  
100 copies in the *M. leprae* genome. In the first of these two methods, product formation was  
101 monitored using the intercalating dye EVAGreen™ (Biotium, Fremont, CA 94538). The  
102 second method employed a FAM labelled hybridization probe. Details of these two methods  
103 have been reported previously [4].

104 In the present study, a novel PCR method for the REPLEP element (15 copies) was also  
105 used. The sequences of the two primers being: F-5'-TCGGGATAGGTTTTGGGCCAAC-3'  
106 and R-5'-CTTTAAAGGCCGGCAAGGTGA-3'. These amplified a 119 bp product which was  
107 reported using EvaGreen™.

108 Finally, we also screened for the 18-kDa antigen locus using primers 18F 5'-  
109 CTGGACATTGACATCGAACG-3' and 18R 5'- GCCAAGATCCGTTGGGTGT-3' which  
110 amplify a 155 bp product. Experience shows that positivity for this single copy method is a  
111 good indicator that SNP genotyping methods may be successful.

112

113 *M.leprae* SNP genotyping methods.

114 A series of PCR methods was used to genotype positive extracts. A number of these, used  
115 for characterising SNP type 3 strains, have been previously published [4,6].

116

117 Screening for *Mycobacterium tuberculosis* complex DNA.

118 As tuberculosis (TB) can also cause rhino-maxillary changes [7], and as there is significant  
119 interest in the co-infection of TB and leprosy, extracts were also tested for the presence of  
120 *Mycobacterium tuberculosis* (MTB) complex organisms using a real- time PCR method for  
121 the IS1081 repetitive element as previously described [8].

122

123 Human aDNA.

124 1. Mitochondrial DNA (mtDNA).

125 Two PCR methods were initially used to look for evidence of human mtDNA. Extracts prepared  
126 from the mandible were tested using primers which amplify a 116 bp region of the human  
127 mitochondrial DNA hypervariable region 1 (HVR-1). The sequences of these primers were:

128 Forward (L15977-L15998) 5'-CCACCATTAGCACCCAAAGCTA-3' and

129 Reverse (H16092-H16070) 5'- ATACATAGCGGTTGTTGATGGGT-3'.

130

131 Another variant of this PCR was used with an alternative reverse primer (H16255-H16236)  
132 with the sequence 5'-CTTTGGAGTTGCAGTTGATG-3'. In combination with the forward  
133 primer, this amplifies a product of 279 bp.

134 2. Amelogenin.

135 Although morphology strongly indicated that the skull was from a female, a sex-determining  
136 PCR based on polymorphisms in the amelogenin gene was also applied. In this method, males  
137 are identified by two PCR products, one of 105 bp from the Y chromosome and another of 290  
138 bp from the X chromosome, whereas females generate only the one product of 290 bp. The  
139 sequences of the primers used in this procedure were (F2) 5'-  
140 TGACCAGCTTGGTTCTAWCCC-3' and reverse (R1) 5'-  
141 CARATGAGRAAACCAGGGTTCCA-3' [9].

142 A second amelogenin method was also attempted [10]. This generates two bands from males  
143 of 106 bp and 112bp (AMELX and AMELY products respectively), and a single AMELX  
144 product of 106bp from females.

145 PCR Amplification details.

146 PCR was performed in a final volume of 15µl, using a hot start Taq kit from Qiagen (product  
147 203445). The reactions contained 25 pmol of forward and reverse primers, each in 1µl, 7.5  
148 µl of the kit master mix, 1.5 µl non-acetylated bovine serum albumin (BSA, 10mg/ml, Sigma  
149 B4287) and 2µl of template. The kit magnesium ion concentration of 1.5 mM per reaction  
150 was supplemented to 2 mM for PCR methods using EVAGreen™ and to 3 mM MgCl<sub>2</sub> for  
151 real-time PCR with the RLEP probe. The probe was used at a final concentration of 100 nM.  
152 The volumes were made up to 15 µl with molecular biology grade water (Sigma-Aldrich).  
153 After an initial activation step of 14 min at 95°C, 41 cycles of amplification were performed  
154 on an Mx3005P RT-PCR platform (Agilent Technologies).

155 The thermal profile of the amplification cycles consisted of denaturation at 95°C for 10s,  
156 annealing (range 52–60°C) for 30s and extension at 72°C for 30s. Fluorescence data was  
157 acquired during the extension step. Melt analyses was performed automatically at the end of  
158 runs monitored with EVAGreen™ and dissociation curves studied to identify likely positives.

159 Gel electrophoresis and automated DNA sequencing.  
160 PCR products were run out on 3% agarose gels in a TAE buffer system alongside  
161 appropriate DNA size markers (100 bp or 50 bp DNA ladders, Promega) to confirm product  
162 identity. Positive samples for SNP or MLVA typing were bulk purified on 3% (wt/vol) low-  
163 melting-point agarose (Invitrogen); bands were excised and purified using a GeneClean DNA  
164 isolation kit (Cat.No.1001-200, mpbio.com). Templates were Sanger sequenced using both  
165 forward and reverse primers by Genewiz UK Ltd., Takeley, Essex, UK. The sequencing  
166 platform used was the Life Technologies 3730xl DNA Analyzer, a 96 capillary instrument.

167 Measures to prevent contamination.

168 Separate laboratories were used for each of the three main stages of the aDNA analyses,  
169 these being extraction, amplification and post PCR analysis, such as gel electrophoresis and  
170 purification of products for sequencing. The pre- and post- PCR laboratories were physically  
171 separated and independently equipped with pipettes, fridge-freezers, mixers and bench top  
172 centrifuges, disposable plasticware, filter tips and other reagents dedicated to the project.

173 Surfaces and equipment in the clean "set-up" laboratory in contact with sample tubes  
174 (centrifuges, rotors, mixers, etc.) were cleaned before each assay. Two control tubes,  
175 comprising reagents less bone powder, were taken through each extraction experiment to  
176 ensure reagents were contamination free. Several template blanks were run alongside bone  
177 extracts in the PCR machine to screen for random contamination. Positive controls were not  
178 included in any of the PCR experiments.

179 Radiocarbon dating

180 A sample of bone (0.5g) was taken from the broken end of the woman's mandible for  
181 radiocarbon dating. Radiocarbon dating was undertaken at the Faculty of Mathematics and  
182 Natural Sciences at the University of Groningen, the Netherlands. The sample underwent  
183 standard chemical cleaning and collagen extraction following an improved version of Longin  
184 [11]. The collagen was combusted into CO<sub>2</sub>. The CO<sub>2</sub> was cryogenically trapped using an  
185 automatic device [12], transformed into graphite, and analysed for <sup>14</sup>C by AMS [13]. The <sup>14</sup>C  
186 activities were measured relative to a standard radioactivity, corrected for isotopic  
187 fractionation using the stable isotope ratio <sup>13</sup>C/<sup>12</sup>C to δ<sup>13</sup>C = -25 ‰, calculated using the  
188 conventional half-life, and reported in BP [14]. Subsequently, the <sup>14</sup>C dates were calibrated  
189 into calendar ages using the internationally recommended calibration curve IntCal13 [15]. As  
190 a by-product of this analysis, stable carbon and nitrogen isotope values were produced,  
191 which are useful for assessing aspects of the woman's diet.

192 **RESULTS**

193 Biomolecular study.

194 1. *M.leprae* screening methods.

195 Screening methods showed that the female individual was positive for *M.leprae* DNA, with  
196 the mandible material being more strongly positive than the bone taken from the cranium  
197 (Table 1). In fact, only one of the PCR methods detected *M.leprae* DNA in the cranial  
198 sample, this being the most sensitive version of the RLEP PCR which employs the  
199 intercalating dye EVAGreen.™ This is shown in Fig. 2. In contrast, all 4 PCRs identified the  
200 pathogen in the extract prepared from the mandible (Table 1). As anticipated, the multi-copy  
201 targets RLEP and REPLEP exhibited lower Cq values than the single copy 18-kDa locus  
202 (Table 1). Amplification profiles for the RLEP probe method and REPLEP PCR (plus  
203 associated melt curve) are shown in Supplementary material, Figs. S1 and S2 respectively.  
204 Additionally, the REPLEP product was subjected to gel electrophoresis to confirm amplicon  
205 size (Fig. S3).

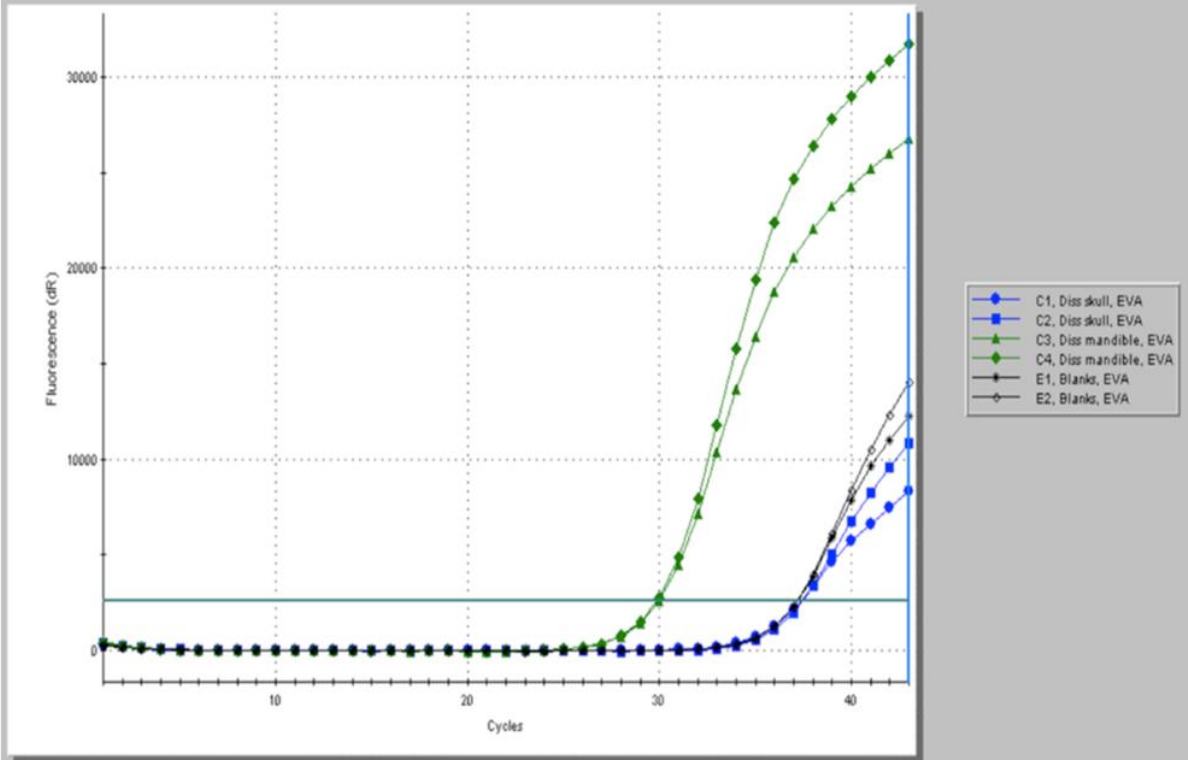
206 (See Table 1)

207 **Reproducibility.**

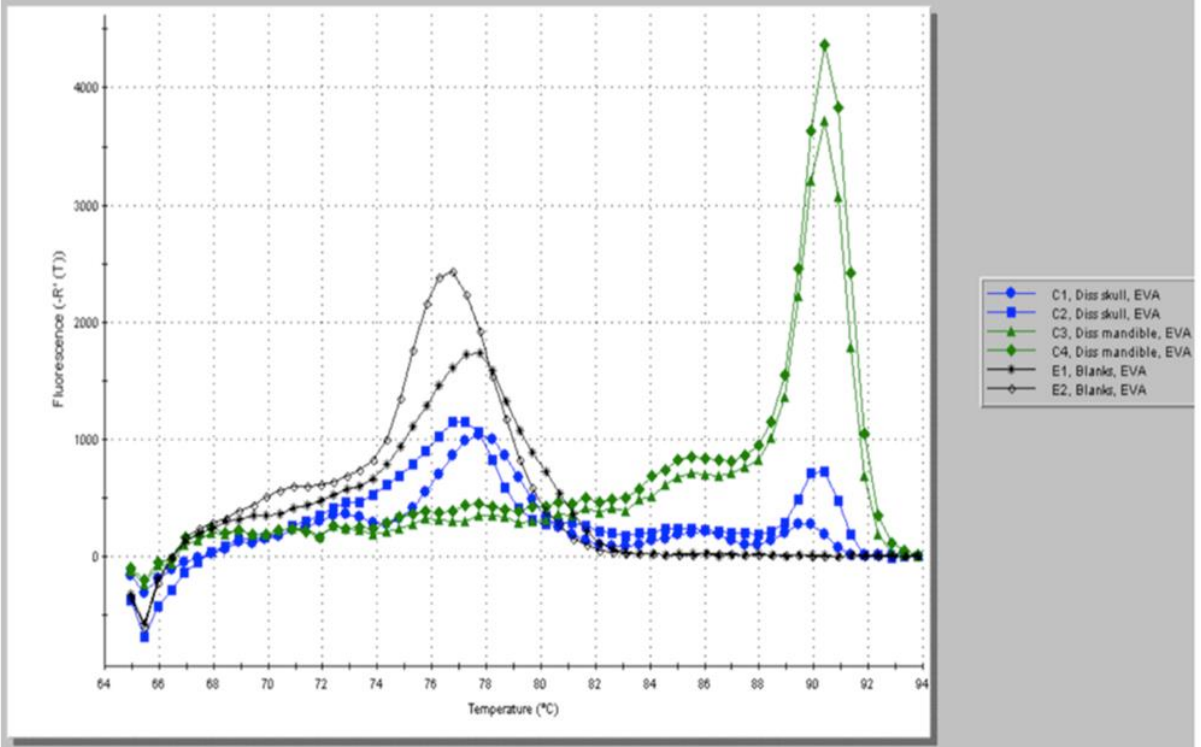
208 **Key screening PCR experiments for *M.leprae* DNA, namely for RLEP using both**  
209 **EVAGreen™ and specific FAM-labelled probe and for the REPLEP element were repeated**  
210 **several weeks after the original experiments. The results obtained (not shown) were almost**  
211 **identical to the original findings seen in Fig. 2 and Figs. S1 and S2 respectively. All**  
212 **extraction and non-template controls were negative; showing cross-contamination was not**  
213 **an issue.**

214

### Amplification Plots



### Dissociation Curve



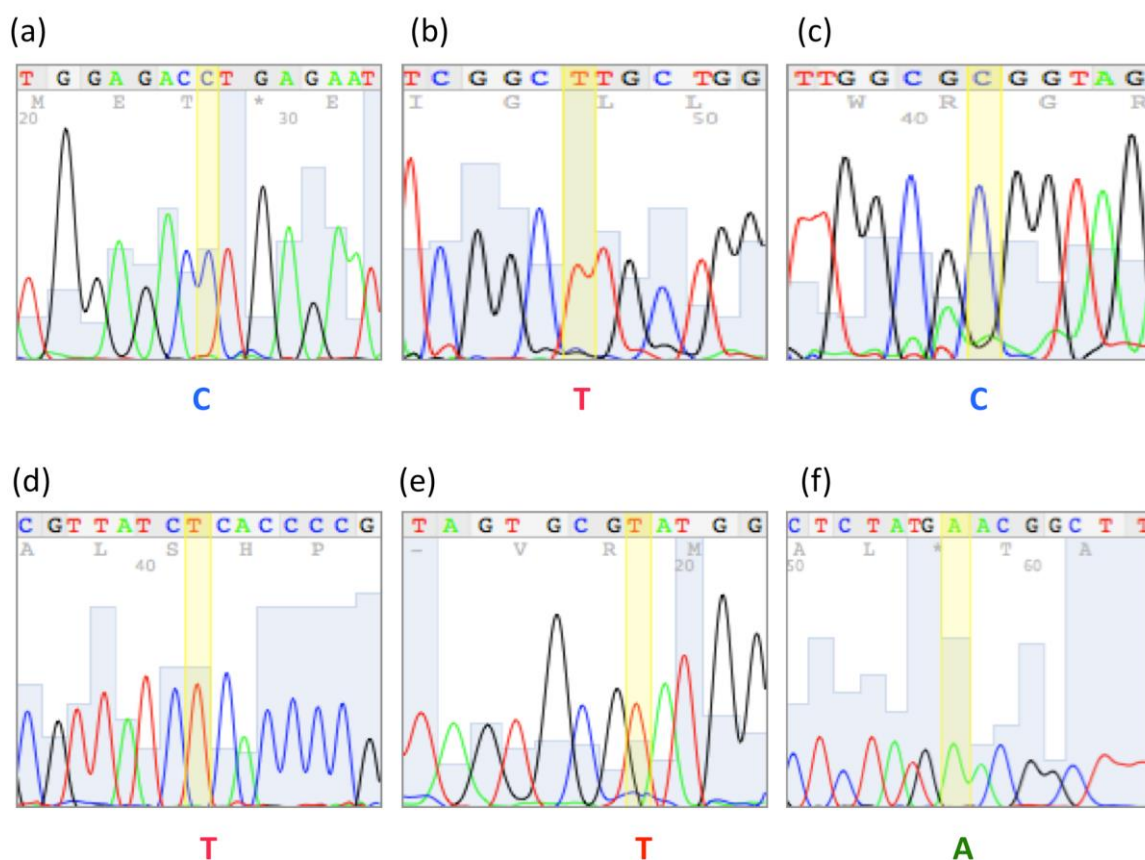
215

216 **Fig.2.**



217 2. SNP genotyping of *M. leprae*.

218 SNP genotyping methods were applied to aDNA prepared from the mandible. The Hoxne  
219 case was found to be SNP type 3, based on the 3 main loci described by Monot and  
220 colleagues [16]. These results are shown in Fig. 3, panels a-c. Further subtyping showed the  
221 strain of leprosy belonged to the 3I lineage [17,18] (Fig.3, panels d-f). The full genotyping  
222 findings are summarised in Table 2. Two SNP loci failed to amplify. These were the  
223 polymorphic loci at nucleotide positions 403,902 and 1,527,056. The latter is useful to further  
224 sub-type 3I strains into either 3I-1 or 3I-2. We therefore cannot distinguish between these  
225 two alternatives, although the 3I-1 is more likely in archaeological material (see [3, 4]).



226

227 **Fig.3.**

228 (See Table 2)

229 3. VNTR typing.

230 Neither the AGA(20) nor the GTA(9) loci amplified, so the only variable repeat which was  
231 successful was the 21-3 (ML0058) region, of which 2 copies were present. Failure of the  
232 triplet repeat loci may indicate a strain with multiple copies of these, with DNA fragmentation  
233 taking template survival below the cut-off point for amplification.

234

235 4. *M.tuberculosis* complex DNA.

236 No evidence was found for *M.tuberculosis* complex DNA in the Hoxne case.

237

238 Human DNA.

239 1. mtDNA.

240 A PCR product was obtained with the primer pair (L15977-L15998) and (H16092-H16070)  
241 which generate a 116 bp product (Fig. S4 in Supplementary material). However, attempts to  
242 generate the longer amplicon of 279 bp with primer pair (L15977-L15998) and (H16255-  
243 H16236) were unsuccessful.

244 2. Amelogenin.

245 No PCR products were obtained with either version of the amelogenin methods we used,  
246 which probably reflects the extremely fragmented nature of DNA in this skeleton.

247 Radiocarbon dating and stable isotopes.

248 Analysis of the sample (GrA-66655) demonstrated that the quality of the bone collagen was  
249 good with C/N ratio of 3.3. In addition, it appeared from the carbon and nitrogen stable  
250 isotope results that there was no reservoir effect affecting the results with  $\delta^{13}\text{C}$  (‰) of 19.78  
251 and  $\delta^{15}\text{N}$  (‰) of 11.03. The uncalibrated date was 1105 $\pm$ 30BP. The calibrated dating  
252 revealed that the woman likely lived sometime between 885-1015 AD (2-sigma), confirming  
253 the pre-Norman date.

254 As part of the radiocarbon dating of the jaw bone, stable isotope values for carbon and  
255 nitrogen were produced, as mentioned above. Although there has been limited isotopic  
256 research in this region for the 10<sup>th</sup> and 11<sup>th</sup> centuries, some information is available. In a  
257 study of East Anglian Anglo-Saxon diet, presented values for three sites of a similar date to  
258 the woman from Hoxne: Caistor-by Yarmouth, Burgh Castle and South Acre [19]. The values  
259 for the woman from Hoxne fit well with these sites.

260 The values for carbon suggests that the woman was likely to have been eating a diet based  
261 largely on c3 terrestrial plants, which considering the time period, is likely to consist of  
262 wheat, barley, pottage. The nitrogen isotope values suggest that she is likely to have  
263 consumed some animal protein.

264

265 **DISCUSSION.**

266 The aim of this research was to confirm the macroscopic diagnosis of leprosy in the woman  
267 found in Hoxne through the detection of the mycobacteria responsible for the disease. In  
268 addition, it was desirable to know which strain of the disease the woman was suffering from  
269 and when she had lived. The results indicate that she was infected with leprosy, of which the  
270 strain belongs to the 3I branch of the *M.leprae* phylogenetic tree. Modern 3I-1 isolates  
271 display T and G bases at nucleotide positions 7,614 and 1,113,926 respectively. In the  
272 Hoxne skull, the SNPs were T and A respectively. This appears to be an intermediate  
273 genotype between what would be expected from other genotypes (including type 3 strains  
274 other than 3I) namely C and A and implies that this woman was infected with a strain which  
275 may have been ancestral to modern 3I exemplars. We have previously found the same  
276 combination at these loci in a case of leprosy from Great Chesterford [3]. The Great  
277 Chesterford case was earlier, with a calibrated radiocarbon date of 415-545 AD, whereas the  
278 present skull was dated between 885-1015 AD. Therefore, very similar strains of leprosy  
279 persisted for several hundred years in this part of Britain.

280 The strain type has little bearing on the pathogenesis or severity of disease, as this is dictated  
281 by the individual's immune response to *M. leprae*, but rather assists in understanding the origin  
282 of disease in the Anglo-Saxon period. Other type 3I cases have been reported from medieval  
283 Britain (Winchester and Ipswich), Denmark and Sweden [4, 20]. Bearing in mind the location  
284 of the latter two, a Scandinavian origin for this lineage remains one possibility, given the  
285 proximity of the Anglo-Saxon tribal homelands in Northern Germany with Denmark, and the  
286 significant population movements that took place between Britain and this region in the Anglo-  
287 Saxon period.

288 Although the total evidence from the early medieval period is limited to around a score of  
289 cases, at present it does seem that the 3I genotype was one of two predominant lineages  
290 associated with the rise in disease in Britain in the early and high medieval periods. There is  
291 also evidence to suggest that the 3I lineage was present in Britain much later in the timeline  
292 of European leprosy, which had begun to decline by the 13<sup>th</sup> century [21]. An earlier study  
293 found this lineage in a case from 13<sup>th</sup>-16<sup>th</sup> Suffolk [6, 22]. This lineage is now found in southern  
294 states of the United States of America and it was likely taken to the New World by early  
295 European settlers. Given persistence of the 3I lineage over nearly 800 years, it seems unlikely  
296 that a change in genetic makeup of the bacillus was responsible for the decline in European  
297 leprosy: an inference confirmed by comparison of present day 3I whole genomes with those  
298 recovered from both Winchester and Scandinavia [23] which revealed remarkably high  
299 degrees of conservation amongst the ancient and modern strains.

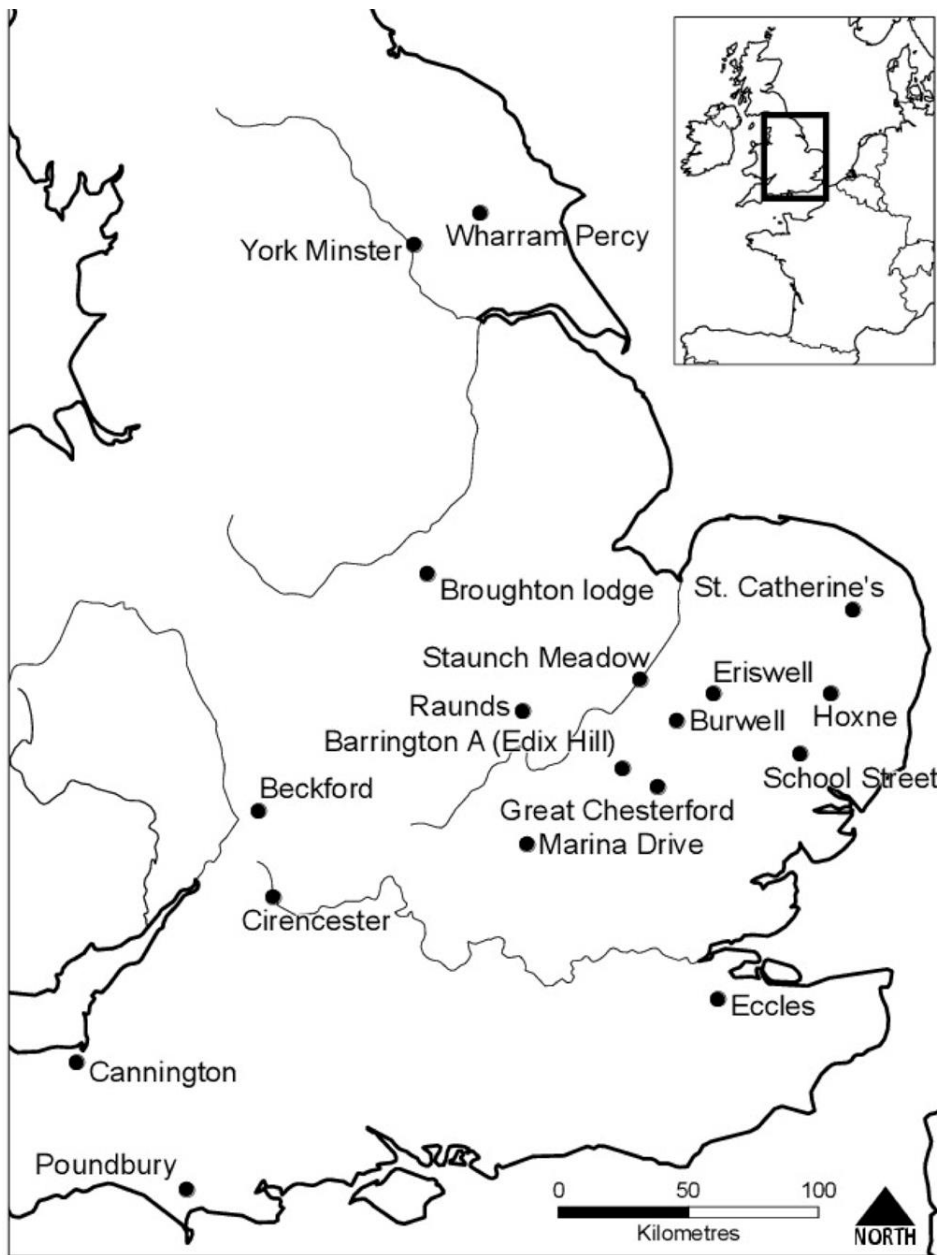
300 Although indigenous human leprosy has been absent from the British Isles for over 200 years,  
301 a recent study demonstrated *M. leprae* infection in red squirrels on Brownsea Island, Dorset,  
302 UK. Interestingly, sequencing of the red squirrel *M. leprae* strain showed it to be most closely  
303 related to an *ancient M. leprae* that was detected in medieval human skeletal remains (SK2,  
304 Sk7 and Sk19) from Winchester, UK [23, 24]. These strains were Type 3I, similar to that  
305 detected here in the woman from Hoxne. An attractive theory is that *leprosy* is, in part, partially  
306 a zoonotic infection that can be passed from human to human, **between armadillos and**  
307 **humans [18] and also from squirrel to human.** Historically, this route of transmission is made  
308 viable by the common usage of squirrel for fur and meat in the medieval period and it is known  
309 that squirrel fur was imported into the East Anglia from Scandinavia and the Baltic region [25].  
310 However, it is questionable how long the bacteria could survive in meat or fur to be transmitted,  
311 but it is notable that squirrels were occasionally kept as pets. Thus, while contact with squirrels  
312 has declined and human disease has been eliminated in the UK, a reservoir of *M. leprae*  
313 remains in the red squirrel. It is also of note that the British red squirrel population also  
314 harbours another leprosy causing bacterium, *M. lepromatosis*, which has been shown to cause  
315 human disease predominantly in Mexico [26]. No modern or ancient human leprosy in Europe  
316 has yet been demonstrated to be caused by *M. lepromatosis* but it remains possible that this  
317 bacterium may also be an aetiologic agent of leprosy in the British Isles.

318 There is a long existence of leprosy in the east of Britain, which is evidenced by the foundation  
319 of many leper hospitals or *leprosaria* in East Anglia from the 11<sup>th</sup> century onwards. Examples  
320 close to Hoxne include the suburban examples at Eye, 4 miles to the southeast, Eccles 20  
321 miles to the north east (both dedicated to St. Mary Magdalene) and Little Snoring some 45  
322 miles to the north. Norwich itself was known to have at least four houses dedicated to the care  
323 of those with leprosy, including the still-standing example at St. Margaret in Sprowston to the  
324 north east of the medieval town. There were several hospitals just outside the city gates, such  
325 as St. Giles and St. Benedict's to the west and St. Leonard's and St. Mary Magdalen and St.  
326 Clements' to the north. Other East Anglian towns with *leprosaria* included Dunwich, Ipswich,  
327 King's Lynn, Sudbury and Great Yarmouth. Indeed, some of the later foundations, that is after  
328 1350 AD, were in this part of Britain including Walsingham, founded pre 1486 [21].

329 Significantly, the confirmation of leprosy causing mycobacteria in the woman from Hoxne adds  
330 to a growing number of pre-Norman and early Norman cases (see Table 3 and Fig. 4) in  
331 Britain. When putting the case in context with others prior to the widespread foundation of  
332 hospitals, a number of trends can be noted. First, it appears that the earliest cases come from  
333 the south west of the country, although it would be useful to subject these to radiocarbon  
334 dating and aDNA analyses. In the early Anglo-Saxon period, with the exceptions of Beckford  
335 and Cannington in the south west, the other cases are in the east, especially East Anglia, with

336 five cases being found along the route of the Icknield Way, an important travel route partly  
337 linking the south west, where the earliest cases are, and the east (see Fig. 4). In the Middle  
338 Saxon period cases can be found at eight sites, including the Hoxne case. Half are still found  
339 in East Anglia with one in nearby Northamptonshire. Cases are also found at two sites in  
340 Yorkshire and in the Scilly Isles. This appearance of later cases in a more northerly location  
341 has already been highlighted by others [27].

342  
343 (See Table 3)



344  
345 **Fig.4.**

346 The appearance of so many leprosy cases in the (East) Anglia region is noteworthy as it could  
347 potentially suggest that the disease was endemic in this region earlier than other parts of the  
348 country. There are many problems with determining the prevalence of a disease from  
349 archaeological material, as is cautioned by Roberts [27], so there could be a number of  
350 explanations for this trend, some of which could be interconnected. While it is not the purpose  
351 of this paper to fully explore them here, and much radiocarbon dating and aDNA research is  
352 required, some themes can be highlighted. First, it is important to consider that there is a  
353 general excavation bias in the region of analysis. In relation, it is possible that this trend is a  
354 result of archaeological excavation bias due to the development of places with early medieval  
355 precursors. However, one may expect cases from locations near cities that have had  
356 significant development and/or have rapidly expanded beyond their early medieval borders  
357 into the hinterland, such as London, Nottingham and Bristol.

358 A further factor may relate to preservation. In particular, the sites yielding cases in the East  
359 Anglia region are places dominated by chalk. This leads to very good skeletal preservation,  
360 and it could be argued that the number of cases could be related to their survival to discovery.  
361 However, there are other parts of Britain that have similar geology, for example Hampshire  
362 and Dorset, and while many early Anglo-Saxon cemeteries have been excavated (e.g. Alton,  
363 Worthy Park and Appledown) no leprosy cases have been recovered at present.

364 It is also pertinent to consider population densities at the time when leprosy was becoming  
365 endemic in Britain. East Anglia had many of the most densely populated areas, including  
366 Norwich, Ipswich, Thetford and Lincoln. Although leprosy is mostly a disease of the  
367 countryside today [28], it can also have a high urban presence [29]. It is therefore possible  
368 that increasing population density, and/or interconnectedness between rising towns and the  
369 rural hinterland, may have provided opportunities for the disease to survive and spread in this  
370 region. However, if purely related to density, one would expect more cases from other regions  
371 with high density, although the later cases from York, a region also with high population density  
372 in the medieval period, could support this idea.

373 If the trends in the current evidence remain true, and as it appears that the strain identified  
374 here **came** from the Scandinavia region via the Anglo-Saxon homelands and/or later Viking  
375 activities, some explanation may lay in the significant movement in and between East Anglia  
376 and the continent. In addition, strong trade connections existed between the two regions. Even  
377 more intriguing is the fact that King's Lynn and Yarmouth became very significant for fur  
378 import, including Scandinavian and Baltic squirrel, in the Medieval period [25]. Perhaps then  
379 it is the prolonged connection between these two regions that is important in the disease's  
380 history in the UK. In addition, as potentially three of the earliest case are actually in the west

381 of England, it would be very interesting to see if they have the same strain, which may point  
382 to a first appearance of the disease in the west. Further research confirming or refuting these  
383 trends, as well as the role of the fur trade could be highly enlightening and exciting.

#### 384 **CONCLUSION.**

385 The aim of this research was to confirm the macroscopic diagnosis of leprosy in a female  
386 individual excavated from a garden in Hoxne, Norfolk. In addition, it was desirable to know  
387 which strain of the disease she had, and how this fits into our current knowledge of the disease  
388 in Britain and beyond. Genetic analysis detected *M. leprae* in the cranium and mandible. SNP  
389 typing demonstrated that the strain was from the third branch of the phylogenetic tree, subtype  
390 I. This (sub)type has also been identified at Great Chesterford in a 5<sup>th</sup> to 6<sup>th</sup> century man.  
391 Radiocarbon dating demonstrated that the woman from Hoxne lived later, sometime between  
392 885-1015AD, demonstrating the persistence of this strain in the region. In addition, her  
393 discovery adds to the growing number of pre-Norman and Norman leprosy cases in Britain of  
394 which over half are in East Anglia or surrounding regions. It is possible that this apparent  
395 clustering could relate to Anglo-Saxon and Viking movements, trade and/or the high  
396 population density that existed in this region during the Anglo-Saxon period, although  
397 excavation and preservation factors could be compounding the picture. Further research  
398 should focus on exploring these possibilities and their interconnectedness to improve our  
399 understanding of the origins and spread of the disease in Britain and its connected regions.

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409 Ethical Statement: The date of the human skeletal remains means that it is not subject to the  
410 Human Tissue Act 2004. The skull was disturbed accidentally on private land. As such no  
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412

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531

532 **TABLES.**

533 **Table 1.**

<i>M.leprae</i> PCR locus (reporter).	Amplicon Size (bp)	Skull T439.1 Result (Cq)	Mandible T439.2 Result (Cq)
RLEP (EvaGreen™)	111	± (37.22)	++ (29.75)
RLEP (FAM probe)	78	- (no ct)	++ (30)
REPLEP (EvaGreen™)	119	ND	++ (30.1)
18-kDa (EvaGreen™)	155	- (No ct)	+ (34.49)

534

535 **Table 2.**

Locus	Amplicon Size (bp)	Nucleotide Base.	SNP typing inference.
SNP 1 14,676	136	C	type 3
SNP 2 1,642,879	122	T	
SNP 3 2,935,693	107	C	
SNP 4 413,902	120	Fail	
SNP 5 591,857	107	C	subtypes I-L
SNP 6 1,133,495	121	T	subtype I
SNP 7 2,312,066	120	C	subtypes I or J
SNP 8 7,614	109	T	subtype I
SNP 9 1,113,926	117	A	
SNP10 1,104,235	117	G	type 3
SNP 12 1,527,056	101	Fail	
Indel 17915 11 bp repeat	120	1 copy*	subtype I
<b>Overall</b>			<b>3I</b>

536

537

538

539

540

541 **Table 3.**

Site	Century AD	Number of cases	Source
Poundbury, Dorset	4 <sup>th</sup>	1	30
Cirencester, Gloucestershire	Roman	1	28
Great Chesterford, Essex	5 <sup>th</sup>	1	3
Cannington, Somerset	5 <sup>th</sup>	1	31
Beckford, Gloucestershire	6 <sup>th</sup>	1	32,33
Eriswell, Suffolk	5 <sup>th</sup> -7 <sup>th</sup>	4	34
Broughton lodge, Nottinghamshire	5-7 <sup>th</sup>	1	35
Barrington A (Edix Hill), Cambridgeshire	6 <sup>th</sup> -7 <sup>th</sup>	1	36
Burwell, Cambridgeshire	7 <sup>th</sup>	1	37
Marina Drive, Dunstable	7 <sup>th</sup>	1	38
Eccles, Kent	7 <sup>th</sup>	1	39
Tean, Scilly Isles	7 <sup>th</sup> -8 <sup>th</sup>	2	40
Staunch Meadow, Brandon, Suffolk	Middle Saxon	1	41
Hoxne, Norfolk	9 <sup>th</sup> -10 <sup>th</sup>	1	This study
Raunds, Northamptonshire	10 <sup>th</sup> -12 <sup>th</sup> c	3	42
School Street, Ipswich	10 <sup>th</sup> -11 <sup>th</sup>	2	43
St. Catherine's, Thorpe, Norwich	Late Saxon	1	44
York Minster	8 <sup>th</sup> onwards	2	45
Wharram Percy, Yorkshire	10-12 <sup>th</sup>	1	46

542

543

544 **LEGENDS TO TABLES.**

545

546 **Table 1.** Results of PCR screening methods for *M.leprae* DNA.

547 - = PCR negative; + = Weak positive; ++ = Positive; +++ = Strong positive

548 All extracts were tested in duplicate and the mean Cq (cycle of quantitation) values are  
549 shown in parentheses.

550

551 **Table 2.** SNP genotyping of Hoxne case.

552

553 **Table 3.** Cases of pre-Norman and early Norman cases of leprosy in the east region of  
554 Britain.

555

556 **LEGENDS TO FIGURES.**

557

558 **Fig.1.** Left, remodelling of the nasal aperture and spine in cranium T439.1. Right, frontal  
559 view of the skull.

560

561 **Fig.2.** Upper panel: RLEP PCR method showing amplification profile for the Hoxne skull  
562 (blue traces) and mandible (green traces). Lower panel shows the dissociation or melt  
563 curves for these samples. Note primer-dimer generation is seen in the water blanks (black  
564 traces) but this product melts at a far lower temperature (77C) compared to the specific  
565 RLEP amplicon (91C). Sequencing confirmed identity of the RLEP amplicon.

566

567 **Fig. 3.** Sequencing of phylogenetically informative loci from the strain of *M.leprae* amplified  
568 from the Hoxne mandible. Panels a-c show C at nucleotide position 14,676, T at 1,642,879  
569 and C at 2,935,693 respectively, indicating a main SNP type 3. Panels d-f show T at position  
570 1,133,495, T at 7,614 and A at 1,113,926, further indicating a sub-type I. In each case, SNPs  
571 of interest are highlighted with a yellow bar in each panel. Nucleotide positions refer to the  
572 Tamil Nadu (TN) reference strain of *M.leprae*.

573

574 **Fig. 4.** Map demonstrating the distribution of pre-Norman and early Norman cases of Leprosy  
575 in Britain. Note: Tean cases not shown.

576

577