

The Royal College of Occupational Therapists
Specialist Section: Children, Young People and
Families

Broadening Horizons:

Celebrating Collaborative Practice

Thursday 9th and Friday 10th November 2017

Hilton Leeds City, Leeds



Sponsored by Vida

Contents

Introduction from your Chair—**Page 2**

Conference Timetable—**Pages 5 - 8**

Speakers — **Pages 9– 18**

Posters—**Page**

Useful Information

Smoking:

Smoking is not permitted on the premises. Delegates may smoke outside the hotel and use cigarette bins.

Fire Alarm:

On hearing the fire alarm, please follow hotel procedures and direction.

Security:

Please note personal belongings are left unattended at your own risk.

Assistance:

Should you require help or assistance, please ask any of the RCOTSS:CYPF representative wearing a badge or a member of hotel staff.

RCOTSS:CYPF National Executive Committee

Chair— **Sharon Tuppeny**, Vice Chair— **Sian Ball**, Treasurer- **Alex Bultitude**,

Secretary— **Alison Titchener**, Social Media Link- **Deborah Levy**

Information Link/eNews— **Ben Harris**, Journal Link— **Anne Addison** ,

Business Link— **Lesley Smith** , Research Lead— **Robert Brooks**, Regions and Forums Link— **Jaqueline Gordon**, Co-opted Member—Nicola Gadsby

Chair's Introduction

Welcome to CYPF Conference 2017, Broadening Horizons: Celebrating Collaborative Practice.

The FIRST annual conference as a Royal College of Occupational Therapists Specialist Section, we have two full packed days for you to enjoy.

We had such a high number of abstracts this year, coming from a wide range of practice areas and different professional groups, meaning the programme this year is very exciting.

We are really grateful to sponsors for this year, both VIDA and Jiraffe for their support , which helps us to keep conference prices low, please make time to visit them during the exhibition.

We are also supported by students from Leeds Beckett University who will help you with any queries you have. Throughout today CYPF Committee members will also be available to answer any questions you might have, or direct you to the right place. Look out for the CYPF NEC badges to identify us.

We hope that conference will offer opportunities to expand your knowledge of current developments in clinical practice. It may make you think about how you can use collaborative working within your workplace.

We also hope that today will also develop your professional networks and see some of the equipment and resources available for children and young people, as well as network with your colleagues.

The conference is kicking off with our key note speaker Anita Bundy and We have seminars and papers ranging from a wide range of practice areas of children and young peoples occupational therapy, including acute, mental health, physical disabilities and Autism. Our Conference closing keynote on Friday will be given by Niina Kolehmainen. We are also very lucky to be joined by, and want to give a warm welcome to some young people themselves, including Young Dynamos and The Young People Faculty, who will also be participating in seminars.

We will be holding our CYPF AGM at 1pm on Friday, so please attend to listen to what we have been doing for members over the last year as well as take part in elections for CYPF SS posts. During this time we will also promoting the launch of the neonatal services and early intervention practice guidelines.

Following the AGM and practice guideline launch, we will be holding the CYPF debate, focusing on an interesting topic.

We hope you enjoy your time at #CYPF17, don't forget to tweet about it !

Have a fantastic day!

Sharon Tuppeny—CYPF Chair



We specialise in bringing you innovative paediatric postural support and service products. Our range covers all aspects of everyday life from seating and standing to mobility, sleeping, therapy and bathroom products too.

5
Day Despatch*
*5 working day despatch on all stocked items.

Interested in a product demonstration or assessment, or just some friendly advice? Call us today on

0114 285 6135



@jiraffe_org

For all the info visit
jiraffe.org.uk



@jiraffe.org.uk

Conference Programme Day 1 Thursday 9th November

09:00 Conference Opens—Arrival, Registration, Poster and Exhibition Viewing

09:45 Conference Welcome and Opening - **Sharon Tuppeny**— Chair, CYPF

09:55 - 10:50 Opening Key Note

Anita Bundy

11:00 - 11:45

Emma Wood

(N)

Meeting need through community capacity – an emerging sustainable model for children’s occupational therapy.

Heather Scott

(M)

Developing a Multi-disciplinary pathway for selective eaters.

Robert Brooks

(B)

Occupational Formulation: Co-constructing an occupational understanding of children and young people in CAMHS

11:55 - 12:35

Becky Darnton & Jo Porter

(N)

Working in special schools - The effectiveness of a collaborative whole school approach.

Jenny Gregory

(N)

Empowering parents: lessons learnt through setting up and delivery of sensory integration workshops in a community occupational therapy service.

Frances Badenhorst & Dr Pandora Giles

(B)

Using a trans-disciplinary approach in the community to meet the needs of children with developmental disabilities aged 0-5, requiring input from multiple professionals in children’s therapies and early education services.

What are the outcomes, feedback and reflections from families and practitioners working this way?

Yvonne Milton & Sarah Roe

(M)

Home programmes: Turning up the volume of children’s voices

Francesca Benford

(M)

Setting the ‘right challenge’ to facilitate meaningful participation and achievement for a young person with multiple learning disabil-

12:40 - 13:40 Lunch | Exhibition Viewing | Poster Viewing

Room Key: **(N)** - Neville Suite

(B) Brigante Suite

(M) Magnum Suite

| | | |
|--|---|--|
| <p>Karina Dancza (N)</p> <p>Occupation focused outcomes - Troubleshooting problems an presenting exemplars of Education Health and Care Plans</p> <p>Anne Corbett & Corinne Moffatt (N)</p> <p>Developing an integrated specialist children’s community health service - The Tower Hamlets Life Needs Model</p> | <p>13:45 - 14:30</p> <p>Carolyn Dunford & Ruth Moys (M)</p> <p>Workshop: Using the Paediatric Evaluation of Disability Index— Computer Adaptive Test (PEDI-CAT) to assess and measure outcomes</p> <p>14:40 - 15:30</p> <p>Anne Addison (M)</p> <p>Workshop: Looking to choose or choosing to look: a practical approach to observing early eye gaze access skills.</p> | <p>Hortensia Gimeno & Young People Faculty (B)</p> <p>A collaborative approach: using cognitive training (CO-OP) as a rehabilitative tool for children and young people with cerebal palsy and other movement disorders. A view from a researcher and young people faculty</p> <p>David Sugden (B)</p> <p>Moving in the Right Direction</p> |
|--|---|--|

15:30 - 15:50 Afternoon Break | Dedicated Exhibition | Poster Viewing

| | | |
|---|---|---|
| <p>Jayne Leeson & Gail Russell (N)</p> <p>Got my back - development of a rights based postural care strategy for the UK.</p> <p>Hortensia Gimeno (N)</p> <p>Participation and goal orientated metacognitive intervention and self efficacy in children and youth with hyperkinetic movement disorders including dystonia</p> | <p>15:50 - 16:30</p> <p>Holly Sprake Hill (M)</p> <p>Using social media to broaden your professional Horizons</p> <p>Victoria McQuillan & David Sugden (M)</p> <p>How can we broaden the horizons of participation for children with DCD? - Evidence from a collaborative study</p> | <p>Melanie Borrough (B)</p> <p>Implementing a participation focused intervention ‘Pathways & Resources for Engagement’(PREP) protocol in children’s neurorehabilitation</p> <p>Eve Hutton & Annette King (B)</p> <p>Greater ‘choice and control’? Parent/Carer views about personal health budgets for children with physical disabilities who use rehabilitation therapy services</p> |
|---|---|---|

16:40 - 17:10 Closing Key Note
Young Dynamos

17:15 Conference Close from Chair,
Conference Dinner

Room Key: (N) - Neville Suite (B) Brigante Suite (M) Magnum Suite

Conference Programme Day 2 Friday 10th November

8:30 Arrival - Registration, Poster and Exhibition Viewing

9:30 Welcome and Housekeeping - **Sharon Tuppeny** – Chair, CYPF

9:40 - 10:10 Opening Key Note

A Parent Perspective on Collaborative Working

Karen Ray & Ricarda Tillman

(M)

Cherographing the ballet: Ensuring effective multi-disciplinary practice when working in the Sturge Weber and Neurocutaneous Service

10:15 - 10:55

**Jennifer McAnuff,
Jenny Featherstone &
Catherine Duff**

(N)

Hope and glory, or secrets and lies? Measuring participation outcomes in allied health services for children with neurodisability.

Lorna Wales

(B)

The development of a stroke in childhood guideline using evidence based collaborative approach

10:55 - 11:15 Break | Dedicated Exhibition | Poster Viewing

Deanna Gibbs

(M)

Developing a practice guideline for occupational therapy in neonatal services and early intervention

11:15 - 12:00

Niina Kolehmainen

(B)

Enabling participation in physical play in children with motor impairments: identifying biopsychosocial targets for interventions

Anna Basu

(N)

Interventions for the upper limb in unilateral cerebral palsy: where?, when?, what?

12:00 - 13:00 Lunch | Exhibition Viewing | Poster Viewing

13:00 - 13:30

CYPF Annual Review Meeting & The Launch of 'Occupational Therapy in Neonatal Services and

13:30 - 14:15 CYPF Debate

Lorna Wales

(N)

It's a different sort of tiredness: fatigue as a long term consequence of acquired brain injury

14:20 - 14:40

Andrea Selley

(M)

A collaborative goal planning tool based on the International Classification of Functioning: Its development and testing

Benita Powrie

(B)

The meaning of leisure: what really matters to young people with physical disabilities and implications for practice

Room Key: **(N)** - Neville Suite

(B) Brigante Suite

(M) Magnum Suite

| | | |
|---|---|--|
| <p>Claire England & Sarah Sharkey</p> <p>(M)</p> <p>“Life in colour” Developing an outpatient pain management group programme for teenagers</p> | <p>14:40 - 15:00</p> <p>Amanda Barnes & Karina Dancza</p> <p>(B)</p> <p>Putting the ‘occupation’ back into occupational therapy in the acute paediatric setting.</p> | <p>Vicky King</p> <p>(N)</p> <p>The Hit Squad</p> <p>Creative collaboration to improve leisure opportunities for children and young people with additional needs</p> |
| <p>15:10 - 16:10 Closing Key Note</p> <p>Niina Kolehmainen</p> | | |
| <p>16:15 - 16:30 Conference Close</p> | | |
| <p>Room Key: (N) - Neville Suite</p> | <p>(B) Brigante Suite</p> | <p>(M) Magnum Suite</p> |

vida
from **LECKEY**®

Come and see us at CYPF to learn more about the VIDA products

For more information visit
www.vidaglobal.co.uk

 @VIDAfromLeckey
 @VIDAfromLeckey

info@vidaglobal.co.uk
(+44) 28 9260 0750

Exclusive distributor of



LECKEY®

Ki Mobility
Better by Design

patron.

 made for movement

 firefly by LECKEY

 medifab
Shipping Better Lives.

EasyStandli

 PRIME

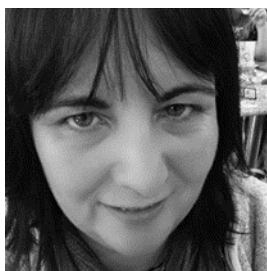
Conference Speakers

Amanda Barnes



Amanda Barnes is a Highly Specialised Paediatric Occupational Therapist at The Royal London Children's Hospital, covering an inpatient and outpatient caseload. After graduating from James Cook University in Australia, she has worked in a variety of settings, including adult acute neuro, adult rehabilitation, children's community and education services, and acute paediatrics. Her special interest areas are paediatric hand therapy and paediatric acute neuro-rehabilitation. Her interest in occupation-centred practice has been developing and consolidating through practice over recent years.

Andrea Selley



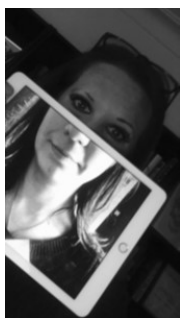
Last year after 24 years employed as a physiotherapist Andrea left the NHS. She has set up a company to promote learning and innovation in the field of childhood disability. Andrea has worked in a range of acute and community paediatric settings. Her last NHS role was as professional lead for a children's community service where she was instrumental in setting up collaborative care pathways. Andrea is passionate about good communication and family centred care. This enthusiasm was inspired by her masters dissertation which considered parents experiences when their child was receiving multidisciplinary rehabilitation following traumatic brain injury. Andrea was pleased to be involved in the development and testing of 'Proximat' a tool to measure hip movement in children with cerebral palsy. A paper was published and the tool is available commercially

Anna Basu



Dr Anna Basu studied preclinical medicine at Cambridge, including a research year with Professor Roger Lemon and Ailie Turton (Occupational Therapist) using transcranial magnetic stimulation to investigate the corticospinal tract in adults following stroke. She obtained a first class honours degree and subsequently trained in clinical medicine at Oxford. Her paediatric neurology training was undertaken in Newcastle upon Tyne. She completed a PhD in neuroscience with Professor Eyre in 2007, looking at cortical plasticity following early brain lesions – this led to papers in Ann Neurol and J Neurosci. She recently completed an NIHR Clinical Trials Fellowship and has been awarded an NIHR Career Development Fellowship around early intervention in perinatal stroke. Her research focusses on assessing and intervening to improve upper limb function in children with, or at risk of, hemiplegic cerebral palsy. She works at Newcastle University and as a consultant paediatric neurologist at the Great North Children's Hospital, Newcastle.

Anne Addison



Anne qualified as an Occupational Therapist in 2003 and has worked with children and young people with disabilities in the community, educational and acute hospital settings. She is currently the Clinical Lead Occupational Therapist for the Neurodisability Service at Great Ormond Street Hospital, which provides tertiary level assessment and intervention for children and young people with Neurodevelopmental disorders. Working within two distinct multidisciplinary services, the Neurodevelopmental Assessment Clinic (NAC) and the Developmental and Augmentative Communication Service (DaACS), Anne is involved in diagnostic assessments for Autism and subsequently provides recommendations to support functional independence and communication skills. The Augmentative Communication stream of DaACS is one of 15 national Specialist Centers for AAC providing assessment for and provision of high-tech communication devices. As the lead Occupational Therapist in the team,

Anne is responsible for the assessment of physical access skills and the identification of barriers to engagement in occupations experienced by the child as a result of their communication difficulties.

Conference Speakers

Anne Corbett



Anne is an occupational therapist with more than 30 years' experience and currently manages a Children's Community Occupational Therapy and Physiotherapy service in the NHS. She has a Master's degree in Analysis and Intervention in Intellectual and Developmental Disability. Anne is one of the UK trainers in the Cognitive Orientation to Occupational Performance (CO-OP). She is also a trainer in Person Centred Active Support (PCAS) and has carried out consultative work, supervision and training for the College of Occupational Therapy. Anne has worked as a clinician in the independent sector and NHS.

Annette King



Annette King is currently Director of Research at NatCen - Social Research. At the time of the study, Annette was Academic Lead for the Research Design Service based at the Centre for Health Services Studies, University of Kent.

Becky Darnton



Becky currently works as one of the directors of Links Therapy Company an independent provider of therapy and nursing services. Qualifying in 1995 at Oxford Brookes University, she went on to work with children in the school system within the UK and New Mexico, USA and in NHS community settings. Her special interests include working with children, young people and adults with learning disabilities, ASD and complex needs and/or with behaviours which are viewed as challenging. She also has a growing interest in difficulties facing "looked-after children" arising out of her role as an independent foster panel member. She is passionate about raising awareness of the valuable contribution OT's can make to the lives of children with learning disabilities and their families. She thrives on bringing people together to share skills, support and enthuse each other.

Benita Powrie



Benita is currently Head of Service for the Integrated Children's Additional Needs Service at Leeds Community Healthcare NHS Trust and the Designated Clinical Officer for Leeds. She is also undertaking research as part of her PHD studies with the University of Queensland in Brisbane, Australia. Benita has worked in children's occupational therapy for 21 years in Australia, England, Scotland and Romania and in hospital, community and education settings.

Carolyn Dunford



Dr Carolyn Dunford, PhD, MSc, Dip COT is currently Head of Therapy and Research at The Children's Trust where she has been working since October 2010. Carolyn is passionate about children and young people's participation, clinically based research and developing outcome measures that capture the multi-faceted results from rehabilitation interventions.

Conference Speakers

Catherine Duff



Catherine Duff qualified as a physiotherapist in 2007 and has worked in a range of community adult and child health NHS services in Yorkshire. Catherine is currently a senior children's physiotherapist at Leeds Community Healthcare NHS Trust. She completed an NIHR/HEE Masters in Clinical Research Methods in 2014, and has an application under review for an NIHR/HEE Clinical Doctoral Research Fellowship with Newcastle University. Her clinical and research interests include implementation of routine outcome measurement in community practice, and enabling physical activity participation in children with mobility limitations.

Claire England

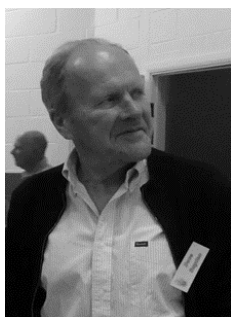


Claire England is a Band 7 Occupational Therapist working at the Leeds Children's Hospital. Claire has worked in several clinical areas eventually specialising in Paediatrics in 2005. Claire works across both the Paediatric Rheumatology and Paediatric Pain teams and in 2011 collaborated with Dr Rebecca Donaldson, Clinical Psychologist in the Paediatric Pain team, to develop an Outpatient Adolescent Pain Management Group Programme.

Corinne Moffatt

Corinne is a speech and language therapist with more than 25 years' experience. She works as a clinical tutor at City University of London and manages a Children's Community Speech and Language Therapy Service in NHS. She is a specialist in stammering; runs an independent practice and is a UK member of the Lidcombe Program Trainers Consortium.

David Sugden



David Sugden is Professor Emeritus University of Leeds: One of the authors of the MABC and MABC2 and has written extensively on motor development. He is a leading authority on typical and atypical development and world renowned for his work on DCD.

For over 35 years his research has been almost exclusively with children, and most of this has concerned the acquisition or the performance of motor skills in children with and without disabilities. The work has examined atypical groups such as children with cerebral palsy, learning difficulties and those with developmental coordination disorder. His publications range from pure research, which is published in educational, psychological and paediatric journals, to professional outlets in both the educational and paramedical literature.

Deanna Gibbs



Dr Deanna Gibbs is the Research Consultant for Nursing, Midwifery and Allied Health Professionals at Barts Health NHS Trust, and a visiting senior research fellow at City, Queen Mary's University of London. Deanna graduated as an occupational therapist from the University of Sydney, and has worked across a variety of acute paediatric settings in Australia, Ireland and the United Kingdom, with a specific focus in neonatal intensive care. Deanna completed her PhD at the University of South Australia in 2012. Her research explored parenting occupations in neonatal intensive care. Deanna is a trainer in the Newborn Behavioural Observations (NBO) for The Brazelton Centre. She is also the international representative on the Neonatal Therapy National Certification Board. In 2013, Deanna was awarded a Churchill Fellowship and a Florence Nightingale Foundation Leadership Scholarship. She is currently developing a post-doctoral research programme focusing on strategies to support parent engagement in the NICU.

Conference Speakers

Emma Wood



Emma Wood currently works as a Children's Occupational Therapist and Team Lead within the School & Youth Health Services of Coventry & Warwickshire Partnership Trust. Within the clinical aspect of the role she is responsible for providing occupational therapy assessment and intervention for school aged children within mainstream and special school provision, as part of a multi-disciplinary team. Within the management part of her role she is responsible for the day-to-day operational management of the Occupational Therapy, Physiotherapy and Speech and Language Therapy team, a current main part of this role is supporting in the development of a new model of service delivery within children's therapies. Emma is taking a lead on developing a pilot study which focuses on building community capacity and exploring the practicalities and impact of fast tracking access to interventions. Emma is a registered Occupational Therapist who graduated from Coventry University in 2005 and has a clinical background of working in Adult Learning Disability and Mental Health Services within community and forensic psychiatry settings within Oxfordshire as well as children and young people services within Coventry.

Eve Hutton



Eve Hutton is a Reader in Children and Young People's Health and Wellbeing at Canterbury Christ Church University. Eve was the principle investigator for this study, supported by East Kent Hospitals University Foundation Trust, that was developed in collaboration with parents and carers.

Frances Bradenhorst



Frances Bradenhorst has 15 years' of experience working in the community as a Children's Occupational Therapist, in a range of roles, mostly working in the NHS with children with developmental or medical conditions affecting their ability to participate in everyday tasks. Since 2014 she has been the clinical lead for the Barts Health Community Children's Service in Tower Hamlets, London. She has recently been involved in setting up, working in, and evaluating a trans-disciplinary team supporting families with children who have developmental disabilities.

Francesca Benford



I am currently working in a highly specialist post, supporting children and young people with acquired brain injuries in the community, with cognition, communication and behavioural difficulties. I work in collaboration with local services to support the network around a child or young person, including their family and school, by helping them to understand and find ways to manage their difficulties. My role includes lots of joined up working with speech and language therapists in my team to achieve the best possible outcomes for the child. I have previously worked in an intensive rehabilitation setting for children and young people with acquired brain injury and schools for individuals with profound and multiple learning difficulties and severe learning disabilities and autism. My paper to be presented has recently been accepted by the British Journal of Occupational Therapy and is a practice analysis of my powered mobility intervention with a young man with profound disabilities.

ties.

Conference Speakers

Gail Russell



Gail graduated from Liverpool University with a BSc in Occupational Therapy in 1994 and has since completed a Post Graduate Certificate in Postural Management and has gained an MSc in Skin Integrity and Treatment Skills. Gail has a particular interest in the link between postural care and pressure management and the link between lying and seated posture. Gail is an independent practitioner and works with children and adults who have wheeled mobility, postural care and seating needs. Gail has worked previously in a number of NHS wheelchair services and paediatric services. Gail is passionate about increasing awareness with regards to protecting body shape and increasing knowledge and skills in the assessment of posture amongst families and therapists. Gail also delivers a range of training to therapists in postural care and seating and she has

Heather Scott



Heather Scott qualified in 2002 and since 2003 has worked with children and young people in the NHS and currently is the Clinical Lead Occupational Therapist at Hackney ARK (Child development Centre). The Hackney ARK OT service is fully integrated with health and social services OT, as well as offering traded services to schools. Heather works with children 0-18 with a wide range of difficulties including autism, cerebral palsy as well as coordination, sensory and learning difficulties and cerebral palsy. Heather is the lead OT for autism at the ARK and is part of the diagnostic team. Heather has led on the development of an MDT pathway for children with selective eating difficulties within the Hackney ARK. Heather is the Chair of the CYPF-SS Autism Forum and is also part of the Leaders and Managers Forum.

Holly Sprake Hill



I am a senior children's occupational therapist working within private practice and about to make the move back to the NHS.

I have spent the last 5 years working on a Facebook based project sharing resources and developing a social media presence for paediatric based occupational therapy. This has expanded and I now am involved in several projects including criticalthinking4OT, Sparkle Occupational Therapy Page and OT for Kids blog and Twitter.

I have previously presented at a CYPF conference in 2013 regarding how OTs can use social media to evidence their CPD.

Hortensia Gimeno



Hortensia Gimeno has worked as an occupational therapist since 1998 in both, community and hospital settings in the UK. Specialised in movement disorders for the past 10 years, she has led the OT component of an international well established movement disorders service, the Complex Motor Disorders Service, at Evelina London Children's Hospital. As part of the multidisciplinary team, Hortensia works with complex and severe movement disorders and contributes to patient selection and evaluation of outcome following neurosurgical interventions including deep brain stimulation, intrathecal baclofen and other therapeutic strategies. Hortensia has just completed a prestigious clinical research fellowship from the National Institute for Health Research (NIHR). As part of her fellowship, Hortensia run a clinical trial exploring the use of a cognitive intervention with children with movement disorders. She is registered as a PhD student at King's College London. Other active research interests include goal setting, outcome measures for movement disorders following neurosurgical, pharmacologi-

Conference Speakers

Jayne Leeson



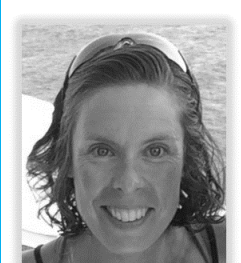
Jayne is CEO and founder of Changing Our Lives. Changing Our Lives is a rights based organisation based in the West Midlands that works with disabled people of all ages and people with lived experience of mental health difficulties to find solutions to social injustice and health inequalities. All of the work of the organisation is premised on the understanding that when people are able to exercise their fundamental human rights, whatever disability or difficulties they may experience, solutions can be found to enable people to have an improved quality of life and become valued and contributing members to their communities. Jayne is responsible for the strategic development of a range of innovative and creative initiatives within Changing Our Lives, including People's Parliaments led by disabled MPs and MPs with mental health needs and the Quality of Life programme, which uses a range of tools including person centred planning, community mapping, person centred reviews and practice development to improve quality of life for disabled people and people with mental health difficulties. Her knowledge and experience means that she also advises on policy, best practice and strategic development in relation to co-production, leadership development and what it means in practice to take a rights based approach to inclusion and citizenship.

Jennifer McAnuff



Jennifer McAnuff qualified as an occupational therapist in 2001 and has worked in a range of community child health NHS services in the Midlands and North of England. Jennifer is currently an NIHR/HEE Clinical Doctoral Research Fellow at Newcastle University. Her clinical academic role focuses on improving the health of children and young people with neuro-disability, and building research capacity in allied health services. Jennifer's doctoral research focuses on supporting participation outcomes in children with communication and mobility limitations, drawing on current thinking from the World Health Organization's International Classification of Functioning, Disability and Health, the Medical Research Council's framework on developing and evaluating complex interventions, and theories and evidence in health behaviour change.

Jenny Featherstone



Jenny Featherstone qualified as a physiotherapist in 2000 and has worked in Sheffield Children's NHS Foundation Trust since 2004. Jenny has developed as a specialist clinician in neurodisability, particularly Developmental Coordination Disorder, and has been the lead clinician and manager for the community physiotherapists and occupational therapists since 2009. For the last seven years her focus has been on building a participation-focused service, and she has presented on this topic at international scientific meetings including CountMeIn!2016 and DCD-UK. Jenny is passionate about using outcome measurement and goal setting and to support children's participation, and ensuring their aspirations and needs are at the heart of therapy services.

Jenny Gregory



Jenny Gregory is the Professional Clinical Lead in Occupational Therapy at Birmingham Community Healthcare NHS Foundation Trust, managing a small team of Occupational Therapists, which provides a City-wide service. She has specialised in the area of community paediatrics for over 10 years, working in schools, child development centres and various community settings. Jenny is a Sensory Integration Practitioner having completed Modules 1, 2 & 3 in Sensory Integration in 2013. Jenny presented a poster at the European Sensory Integration Congress (ESIC) in 2015 demonstrating the use of Sensory Integration principles through a case-study. Jenny has an interest in the area of feeding, and has completed the SOS Approach to Feeding and Feeding Difficulties and Sensory Issues courses (SI Network). Jenny is due to present at a dietician conference in June 2017, in Ireland. This will focus on the management of feeding difficulties in children who have autism.

Conference Speakers

Jo Porter



Jo has a background in children's occupational therapy and over 20 years' experience in the NHS working in both clinical and senior managerial roles. My clinical experience has included many years working within special school settings and leading on initiatives in collaboration with education colleagues to bring therapy into the classroom. Management and leadership positions have included both operational and professional roles in both children/young people and adult settings with responsibility across multiple professional groups. I most recently worked in Child and Family Services (Coventry and Warwickshire partnership Trust) as Allied Health Professional Lead and Lead for Research and Patient Experience. I completed my masters in Occupational Therapy in 2012 and currently work as a Senior Lecturer at Coventry University. Lecturing experience to date has included teaching occupational therapy specific subjects and also those included in the collaborative curriculum which includes students from all health and life science backgrounds. I have a keen interest in coaching and mentoring as approaches to supporting teaching/learning experiences as well as clinical interventions. In 2016 I qualified as a coach/mentor by completing the Institute of Leadership and Management Level 7 Certificate in Executive Coaching and Mentoring.

Julie Brotherton



Julie Brotherton is Head of School & Youth Health Services and Pre-school AHPs at Coventry & Warwickshire Partnership Trust. Within this role she is responsible for operational management of a range of children's services including Occupational Therapy. A key part of this role has been developing a new model of service delivery within children's therapies which focuses on building community capacity and fast tracking access to interventions. Julie is a registered Occupational Therapist with a clinical background of over 20 years in working with children and young people. Julie has a special interest in SEND. She also works for Coventry & Rugby Clinical Commissioning Group as their Designated Clinical Officer for SEND and has had a key role in implementing the 2014 reforms within Coventry. Julie is also able to bring her experience as a parent of a child with an educational, health and care plan.

Karen Ray



Karen qualified as an Occupational Therapist in 2004. She has worked within a variety of paediatric settings including child development centres, special schools, charities and acute hospital. Karen has worked within the field of epilepsy for over five years and currently works within the Neurodisability Team at Great Ormond Street Hospital. This role includes working within the Developmental Epilepsy Clinic and Sturge Weber and Neurocutaneous Service. Karen is involved in assessing and monitoring progress of children with complex epilepsy in conjunction with the multidisciplinary team. Assessment outcome helps to direct medical treatments and advises on support required within a child's home and educational environ-

Karina Dancza



Dr Karina Dancza is the Professional Advisor for Children and Young People for the College of Occupational Therapists. Her background is in occupational therapy with children and young people, in particular working with children with specific learning difficulties and in schools. Her PhD research interests were in occupational therapy student learning processes, occupation-centred and children's occupational therapy practice.

Lorna Wales



Dr Lorna Wales is the Research Professional Lead at The Children's Trust. Her main area of interest is rehabilitation outcomes for children and young people with Acquired Brain Injury

Conference Speakers

Lydia Hills

Lydia Hills is a Specialist Occupational Therapist at The Children's Trust. Having experience of working in multi- and transdisciplinary teams, she is interested in the value of collaborative working – particularly when managing fatigue.

Melanie Borough



Melanie is Occupational Therapy Professional Lead at The Children's Trust, managing service delivery across in-patient neurorehabilitation and within The Children's Trust residential specialist school. She has recently completed an MSc in professional development in occupational therapy. Her research interests are in leadership, innovation, economic evaluation and childhood participation. Melanie has conducted a research study using action research methodology to introduce participation-focussed interventions to clinical practice. Melanie previously worked both internationally and within different NHS community paediatric settings. Melanie's keen interest in school-based OT led her to implement an occupation-centred practice model for primary schools in Camden. Shortly afterwards she undertook a scholarly visit to CanChild, Canada to examine Partnering for Change. Following this, she pursued a Team Leader role, managing a multi-disciplinary integrated care support team in Camden, offering coordination and planning for children with complex health needs. Clinically, she has particular interests in evidenced-based service-delivery models, capacity building interventions and outcome measurement for children with acquired brain injuries.

Niina Kolehmainen



Dr Kolehmainen is an allied health clinician academic with research interests in: Improving child and family health through participation in everyday health behaviours; and in advancing complex intervention research methods. She leads high quality research that is of direct, national and international relevance to health, health care practice, and policy. With training in public health, health services research, behaviour change, implementation science, and occupational therapy, her work integrates a wide range of perspectives and involves collaborations with colleagues across disciplines. To date, Dr Kolehmainen has been awarded around £2.7 million of research funding; and has authored 21 peer-reviewed papers, most as the first author.

Pandora Giles



Pandora is a senior educational psychologist working for Tower Hamlets council. Her specialism is in early years and is part of a trans-disciplinary team supporting families with children who have developmental disabilities. Pandora is also an academic and professional tutor on the doctorate in Educational and Child Psychology at the University of East London.

Ricarda Tillman



Ricarda qualified as a Physiotherapist in 2009 in the Netherlands, and completed a Masters in Advanced Paediatric Physiotherapy at UCL/ICH in 2015. Ricarda has worked in the UK since 2014 gaining experience within the community setting, covering various conditions in a clinic and special school setting. Currently Ricarda works part time at the Institute of Child Health as Research Physiotherapist for Neuromuscular conditions specifically Spinal Muscular Atrophy and part time at Great Ormond Street Hospital within the Neurodisability team. Here she works within the Sturge Weber and Neurocutaneous Service as well as the Toxin service. Both Clinics are run in a multidisciplinary team setting, and the opportunity to bring together findings from both Occupational Therapy and Physiotherapy assessments are helpful in understanding patients' needs, maximise treatment benefits and allow for optimal care planning and liaison.

Conference Speakers



Robert Brooks

Rob is the Course Director for Occupational Therapy at Leeds Beckett University. He has a clinical background with children, young people and families. His teaching focuses on occupational science, occupational therapy models and complex interventions. His research interests are in neuro-disability and children and young people's mental health.

Ruth Moys



Ruth is a Specialist Occupational Therapist who has been working at The Children's Trust since October 2014. She has been involved in training and implementing the PEDI-CAT in this setting.

Sarah Roe



Sarah is currently an Associate Head within the School of Health and is undertaking an Education Doctorate at Nottingham University School of Education. She is a member of the College of Occupational Therapists and the Health and Care Professions Council. Sarah is a Qualified Occupational Therapist (1987) and has been involved with Occupational Therapy undergraduate and postgraduate education since 2001. Previous to this she was a professional Service Manager for community based therapy services and Operational Manager for adult mental health services in a local NHS mental health and community Trust. She gained an Executive MBA from Warwick Business School in 2002. In her current role Sarah has been responsible for development work around in-

ternational collaborations and applied research across the undergraduate and postgraduate provision. She has published and presented work related to occupational therapy entrepreneurship, coaching for health professionals, leadership and service improvement and children with cerebral palsy.

Sarah Sharkey



Dr Sarah Sharkey is a Clinical Psychologist at The Leeds Children's Hospital. Sarah has 10 years' experience in Leeds CAMHS and community Paediatrics. In 2015 she moved to Leeds Children's Hospital, working in Paediatric Oncology and now the Paediatric Pain Team at Leeds.

Tom Griffiths



Tom Griffiths works as a Healthcare Scientist in the Developmental and Augmentative Communication Service at Great Ormond Street Hospital and has been working in the fields of augmentative communication and assistive technology for nearly ten years. He has a background in linguistics and language development and a particular clinical interest in the use of mainstream technologies to support children and young people with communication difficulties. He is also enrolled on a PhD programme at University College London, looking at the development of skills needed for eye-gaze access and control in young children with cerebral palsy. He has presented at national and international conferences focusing on augmentative communication and has published in several journals.

Vicky King



Vicky King is a Paediatric Occupational Therapist from Hackney Ark, Homerton University Trust. She has been employed by the trust since 2014. Vicky has worked within paediatrics as both an assistant and therapist for a number of years, but working specifically within the HIT squad for the past 12 months.

Conference Speakers

Victoria McQuillan



Worked in adult and children's OT services before specialising in developmental paediatrics. Her PhD examines stability and change in children with DCD, some of which she has presented internationally in Brazil, Toulouse and Australia. She is a member of the group currently working on the application in the UK of the updated EACD guidelines on DCD. She is also reviewer for several OT and multi-professional journals. She is a lecturer in OT at the University of Liverpool and PhD candidate at the University of Leeds. She has 3 children and is passionate about OT and research to improve the lives of children with disabilities.

Young Dynamos



Young Dynamos are a young people's research advisory group based within Bradford District Care Foundation Trust, West Yorkshire. This group was set up in 2015 to give young people opportunity to learn about health research and work with researchers in the Yorkshire and Humber region to offer advice on research from a young person's perspective. Whilst the group works with researchers on a range of health topics, the group was established to focus on mental health and is one of a handful of groups in the country offering this. Projects the group have collaborated on have included work with the University of York to develop research on Lego Therapy with young people with autism, the

TRECA study – a project to develop use of multi-media with young people in research, and work with Barnardos on the benefits of Wellness Recovery Action Planning with Young People. Young Dynamos is increasingly attracting attention of researchers across the region with growing requests to support in further research. As well as providing a valuable perspective to research planning, the group has helped young people gain confidence and skills to go on to take with them into future careers in health services.

Young People Faculty



My name is Gareth, I am 17 years old, and I have cerebral palsy. My CP affects my whole body and especially my balance and motor skills. I attend full time mainstream college, and live with my parents and younger sister.



Hi my name is Grace Stynes and I am 16 years old. I was born on the 10th of February 2001. I have Cerebral Palsy, which is a disorder that affects muscle tone, movement and motor skills. I have mixed Cerebral Palsy; this means I have all four types Dystonia, Spastic, Dyskinesia and Ataxic. It affects my whole body, both arms and legs. The muscle of the trunk, face and mouth are also affected. I am from Ireland county Kildare and live in the countryside. It is very quiet and peaceful where I live. I have two younger siblings Sean and Cara. Sean is 13 and Cara is 7, they are very helpful and always have my back when I am struggling with something related or unrelated to my disability and I am very lucky to have them. I am currently in 5th year. I go to Newbridge College. I had Deep Brain Stimulation in June 2014. I have always wanted to be able to ride a two-wheel bike ever since I can remember, but because of my balance had never had the opportunity to. I met Hortensia in 2015 and she helped me make my wildest dreams become a reality

Yvonne Milton



Yvonne is a Senior Occupational Therapy Lecturer and practitioner. She has worked with children and young people with cerebral palsy in a number of different locations including a community NHS children's service, full-time in a school educational setting, and a number of charity organisations and specialist therapy services. She currently works at both Coventry University and Adoptionplus. Yvonne works in a multi-disciplinary team at Adoptionplus which offers a range of specialist assessments and interventions, including neuro-developmental assessments of children. Yvonne gained an Advanced MSc in Occupational Therapy from Plymouth University in 2006. She has experience in working with children and young people with cerebral palsy and allied neurological conditions since 1995. She has published and presented work related to outcome measures for children with cerebral palsy, working in a collaborative partnership between an NHS Trust and Higher Education setting, and home programmes for children with unilateral cerebral palsy.

Conference Posters



106-114 Borough High Street, Southwark,
London, SE1 1LB

Tel: 020 7357 6480

www.rcot.org.uk/cot-ss-children-young-people-families

Royal College of
Occupational
Therapists



Specialist Section
Children,
Young People
and Families