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Supplementary table 1: Recommendations of PROGRESS (PROGnosis RESearch Strategy)

Recommendation	Challenge or opportunity	Recommendation
(PROGRESS paper(s) introducing it)		
1 Fundamental shift	Improvements in electronic health records, clinical	There should be a fundamental shift in clinical practice,
(<u>1</u> ,2,3,4)	imaging, and -omic technologies (genotyping and	translational research and health care policy based on evidence
	phenotyping) are beginning to challenge current	from prognosis research i.e. the prospective relationships between
	disease taxonomy, clinical pre-occupation with	the phenotypic, genomic and environmental assessment of people
	diagnosis (rather than risk) and the focus of health care	with a given startpoint and subsequent endpoints.
	policy on process (rather than clinical outcomes).	
2 Systems	Over the lifecourse individuals develop multiple	There should be an expansion of prognosis research which
(<u>1,</u> 2,3,4)	diseases (both distinct and related) that often are not	bridges multiple clinical specialities, health systems, pathological
	reflected in the current organisation of medical	mechanisms, and biological systems and puts the whole patient
	research or practice.	across their 'journey' as the central unit of concern.
3 Electronic health	The scope and impact of prognosis research and	There should be new programmes of methodological and
records	electronic health records research (in primary and	empirical prognosis research exploiting electronic health records
(<u>1,</u> 2,3,4)	secondary care, and in disease and procedure registries) are intimately related.	to define, phenotype and follow up people with different health related conditions.
4 Field	Prognosis research is currently fragmented and not	Prognosis research should be recognised as a field of enquiry
(<u>1</u> ,2,3,4)	visible as a distinct entity.	important in translational research, and intrinsic to the practice of
		clinical medicine and development of health care policy. Efforts
		should be made to establish prognosis research as a distinct
		branch of knowledge, with a set of scientific methods aimed at
		understanding and improving health.
5 Comparing prognosis	The relative impact of having, compared to not having,	There should be greater efforts to compare prognosis between
(<u>1</u>)	a health condition on survival or symptom status helps	those with and without a given condition, and between different
	identify priorities for translational research but is	conditions.
	uncommonly reported outside the field of cancer.	

6 Evidence collation (<u>1</u> ,2,3,4)	Difficulties in identifying and accessing information about prognosis, and evidence from prognosis research studies, hamper efforts to inform patients and evaluate the impact of translational efforts to improve outcomes.	Evidence from prognosis research, and information about prognosis, should be systematically collated, made easily accessible, and updated.
7 Training and education (<u>1</u> ,2,3,4)	Training in how to generate or use evidence from prognosis research is currently lacking at undergraduate and postgraduate levels.	All healthcare professionals should be trained in the use of prognosis research evidence; there should be an expansion of training and education opportunities for those interested in methodological aspects of prognosis research.
8 Public and patient involvement (<u>1</u> ,2,3,4) 9 Replication (validation) (<u>2</u> ,3,4)	Questions of prognosis are among the most important to patients, but the level of patient and public involvement in prognosis research is low. Single studies (i.e. without replication) are commonly published on a prognostic factor, a prognostic model or a predictor of differential treatment response. Such practice is not accepted in other fields, such as genome wide association studies.	Patients and the wider public should be more engaged in the goals and value of prognosis research, appropriate use of their clinical data, and better integration of patient reported outcome measures. There should be greater recognition of the need for early replication studies; multiple replication at initial publication should become the standard in prognostic factor, prognostic model and differential treatment response studies.
10 Quality of primary studies (1, 2 ,3,4)	Poor quality of primary studies has limited the conduct, design and interpretation of systematic reviews of prognosis research.	Initiatives to improve the quality of prognosis research through integrated standards of design, analysis and reporting should be developed across early and late stages of translation. Such standards should, where appropriate, reflect achievements in the field of randomised controlled trials, such as: protocol supported research, study registration, prospective data collection, appropriate statistical analysis, explicit and transparent reporting, and data sharing.
11 Registration (1, 2 ,3,4)	Publication bias is common in prognosis research.	Registration of prognosis research in a publically accessible register (such as clinicaltrials.gov) should become more widespread.
12 Protocol (1, 2 ,3,4)	Many prognosis research studies do not have a research protocol; few refer to a publicly accessible protocol.	Prognosis research studies should include a well-documented study protocol which details design and data collection methods and includes an initial statistical analysis plan.

13. Statistical methods (1,2, <u>3</u> ,4)	Statistical analyses are too often deficient in prognosis research; including multiple sources of 'significance chasing bias', lack of appreciation of type II errors arising from small sample sizes, and the arbitrary dichotomisation or categorisation of continuous variables.	Standards in statistical analysis of prognosis research should be developed which address the multiple current limitations. In particular, continuous variables should be analysed on their continuous scale and non-linear relationships evaluated as appropriate.
14 Clinical cohorts	For many diseases and health conditions there is a lack	A comprehensive set of clinical cohorts recruiting people with
(1, <u>2</u> ,3,4)	of clinical cohorts in which consented individuals are phenotyped, a biorepository established (if appropriate) and followed up for a range of health outcomes.	specified health related condition(s) (including diagnosed disease, and symptoms) should be established as platforms for addressing a wide range of prognosis research questions.
15 Reporting	Prognosis research is often poorly reported, with key	Reporting guidelines for each type of prognosis research study
(1, <u>2</u> ,3,4)	information missing, or selectively included. Reporting guidelines have been developed for some types of	should be developed and implemented in order to improve transparency; identify good-quality from low-quality research;
	prognosis research, but are not always implemented.	and facilitate systematic reviews, meta-analyses, and ultimately clinical decision-making.
16 Language and nomenclature	Non-standard terminology hampers the field of prognosis research.	Standard terms and nomenclature should be developed and agreed in order for different clinical, translational and health care
(1, <u>2</u> ,3,4)		research disciplines to interact.
17 Data sharing and	Greater collaboration between studies and better use of	There should be an expansion of data sharing initiatives, which
evidence synthesis (1, 2 ,3,4)	existing data is important for example to achieve adequate sample sizes, provide studies for replication,	include prospective individual participant data (IPD) meta- analysis, in prognosis research.
(1, <u>2</u> ,3,4)	and to enable more reliable evidence synthesis of	anarysis, in prognosis research.
	prognosis studies than is currently achievable using	
10 Tuonalational immant	published aggregate data.	There should be more assembliste and denotes discovered in a substitute of a
18 Translational impact (1, 2 ,3,4)	There is a lack understanding of how prognosis research does, or does not lead to translational benefits	There should be more research into understanding what impedes, and what accelerates, appropriate translation of evidence from
(1, <u>4</u> ,J, 4)	at early and late stages on the pathways toward	prognosis research at early translational stages (including
	improving clinical outcome.	discovering new intervention targets, developing new
	mpro . mg omitou outcome.	interventions, or changing the role of existing interventions) and

later translational stages (such as the use of prognostic models to

inform clinical decisions).

19 Clinical impact studies (2,3,4)	There is a lack of research evaluating the impact prognosis research on clinical decision making, health care policy, and on clinical outcomes.	There should be more research quantifying the impact (clinical effectiveness and costs) of implementing the findings of outcomes research, prognostic factors, prognostic models, and approaches to stratified medicine in real world clinical practice.
20 Data quality	Clinically collected data is central to prognosis	There should be greater efforts to understand and improve the
(1,2, <u>3</u> ,4)	research, and the implementation of prognosis research findings, but the quality of such data needs to improve.	quality of clinically collected data, including standardising methods of measurement and prevention of missing values.
21 Updating	Changes in clinical care, the absolute risks of endpoints	There should be a greater recognition of the need for updating of
(<u>3</u> ,4)	and the ability to measure new potential prognostic factors pose a challenge of updating in prognosis research. Too often new prognostic models are	prognostic models and other forms of prognosis research.
	developed rather than updating existing ones.	
22 Stratified medicine:	Research and analyses to identify factors that predict	Robust randomised trials to identify factors that truly predict
research designs	treatment response are often flawed, as they only assess	differential treatment response should be encouraged. In the case
(3, <u>4</u>)	either (i) patients receiving a treatment, or (ii) patients with positive factor values.	of a truly binary predictor, such trials involve in four groups of randomised patients: some patients with negative factor values in the control group, some with negative values in the treatment group, some with positive values in the control group and some with positive values in the treatment group.
23 Stratified medicine:	Bold claims are made for the emerging ability to target	There should be rigorous evaluation of 'personalised medicine'
impact	interventions at sub-groups of patients ('stratified	approaches on health outcomes, including comparison of
(3, <u>4</u>)	medicine') based on biologically relevant predictors of differential treatment response.	approaches based targeting intervention (with prognostic models or factors that predict differential treatment response) and 'all comer' approaches.
24 Industry	Industry (drug, device, biomarker, IT) interest in	Appropriate models of industry and publicly funded prognosis
(1,2,3, <u>4</u>)	prognosis research including tests for stratified medicine (sometimes called 'companion diagnostics'),	research should be developed which allow unbiased inference.
	drug safety, outcomes research, and real world	
	evidence is growing.	