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Effects of maternal high-fat diet and statin treatment on bone marrow endothelial progenitor cells in female offsprings fed a similar diet

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1 **Effects of maternal high-fat diet and statin treatment on bone marrow**  
2 **endothelial progenitor cells in female offsprings fed a similar diet**

3

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2. Abbreviations: EPCs, Endothelial progenitor cells, HF, high fat, HMG-Co-A, 3-hydroxy-3-methylglutaryl-coenzyme A

21

22 **ABSTRACT**

23 *Background:* Maternal high-fat (HF) and cholesterol-rich diets increase cardiovascular disease risk in  
24 mothers and offsprings, and treatment with statins reduce this risk.

25 *Objectives:* We hypothesize that one possible statin-related protective mechanism in pregnant mothers  
26 and offsprings fed on HF diet is the reduction in impairment of the vasculogenic element of endothelial  
27 regeneration.

28 *Methods:* To explore this, virgin C57BL/6 mice (n = 8/group) were fed HF diet (fat- 45% kcal) or  
29 standard chow (C; fat- 21% kcal) from weaning and throughout their pregnancy and lactation. Half of  
30 the HF group was also given the HMG-Co-A reductase inhibitor pravastatin (S) through their drinking  
31 water (5 mg/kg body weight per day) to create HF+S dam group. Offspring from each group were fed  
32 HF or C diets from weaning to adulthood, generating respective dam/offspring dietary groups (C/C,  
33 HF/HF, HF+S/HF). Body weight, blood pressure and serum lipid profile were measured in offspring at  
34 24 weeks of age, and bone marrow endothelial progenitor cells (EPCs) were cultured.

35 *Results:* The results indicate that in the female offsprings, the statin-fed (HF+S/HF) cohort had lower  
36 total and low-density lipoprotein cholesterol concentrations, were less obese and hypertensive and  
37 showed increased bone marrow EPCs expressing colony numbers ( $P < 0.001$ ) as compared with the  
38 HF/HF phenotype.

39 *Conclusions:* Our results demonstrate that statin administration in early life to dams fed a HF diet had  
40 a significant impact on their female offspring in terms of reduction in cardiovascular risk factors. In  
41 addition, statin administration to female offsprings on HF diet during early life was associated with

42 reduction in circulating C-reactive proteins (CRPs) and an increased bone marrow EPC numbers and  
43 colony-forming characteristics.

44

45 **KEYWORDS:** blood pressure, cardiovascular dysfunction, developmental programming, HMG-CoA  
46 reductase inhibition, endothelial progenitor cells, C-reactive proteins

47

## 48 **INTRODUCTION**

49 Endothelial dysfunction is a common phenomenon that occurs in the metabolic syndrome (1, 2).  
50 Evidence suggests that diabetes and hyperlipidemia leads to reduced circulation of blood and bone  
51 marrow-derived mononuclear cells, i.e. endothelial progenitor cells (EPCs), thus resulting in  
52 endothelial cell dysfunction (3-6). Emerging reports also suggest endothelial dysfunction (i.e. reduced  
53 EPC) as a common phenotype in a number of rodent models of both maternal HF and total nutrient  
54 restriction in the context of developmental origins of health and disease (DOHaD) models (7, 8).

55

56 In response to marked morphological changes in the surrounding mature endothelial cells, EPCs play a  
57 critical role in maintaining endothelial function in mature blood vessels by contributing to re-  
58 endothelialisation and neovascularisation (9, 10). It is therefore conceivable that the mobilization and  
59 differentiation of EPCs are important in this process of adult neovascularization (11-13) and any  
60 impairment of this vasculogenic element of endothelial regeneration may account for the progression of  
61 endothelial dysfunction (13).

62 Accumulating evidence also suggests that the number and migratory activity of circulating EPCs  
63 inversely correlate with circulating C-reactive protein (CRP) levels (4, 14). The combination of  
64 reduced circulating EPCs and increased circulating CRP is known to be associated with metabolic  
65 syndrome and high LDL cholesterol (15, 16). Reports have advocated that CRP down-regulates  
66 endothelial nitric oxide synthase (eNOS) in a synchronous fashion and destabilizes eNOS mRNA  
67 transcription, decreases both basal and stimulated nitric oxide (NO) release (17), up-regulates nuclear  
68 factor kappa-B (NF- $\kappa$ B), a key nuclear factor that facilitates the transcription of numerous pro-  
69 atherosclerotic genes) (18), and mediates adhesion molecules and LDL uptake (19, 20).

70 These interrelations among LDL cholesterol, CRP and bone marrow EPC, suggest that CRP-related  
71 alteration in progenitor cell number and function in offspring may be induced by maternal HF  
72 consumption. Also it would be interesting to study, through net reduction effect on maternal  
73 dyslipidemia load, whether statin therapy in dams exerts any advantageous effect on bone marrow EPC  
74 in their offspring fed a similar high-fat diet. These hypotheses are supported by several experimental  
75 models and *in vivo* studies on ischemic disease patients (21, 22). Although, the precise mechanisms  
76 remain unclear, it is known that statin improves endothelial function by activating protein kinase Akt  
77 (21), mobilizing EPC (23), reducing senescence, and increasing proliferation of EPC (24).

78 A major area of DOHaD research provides a novel explanation on disturbances in the maternal  
79 metabolism resulting from altered nutrient supply in the mother, a trait that is transmitted to the fetus in  
80 the form of structural and functional adaptations during fetal development and throughout life (25-28).  
81 Consequently, we developed a mice model (29, 30) for studying the effect of altered maternal nutrients  
82 supply in the mother transmitted to the fetus during development. In these studies (29, 30) we reported  
83 that statin administration during the second half of pregnancy and lactation in dams consuming a HF

84 diet reduces metabolic risk factors not only in dams but also in their offspring (31). These favorable  
85 effects were more prominent in the offspring of HF mothers who had statin treatment at the time they  
86 were weaned, during pregnancy and lactation (31). However, it is not clear what the possible  
87 underlying mechanism is. We hypothesize that one such possible protective mechanism in pregnant  
88 mothers and offsprings fed on HF diet is the reduction in impairment of the vasculogenic element of  
89 endothelial regeneration. We believe that statins reduce the levels of circulating CRPs that may be  
90 linked with the pathological mechanisms that regulate bone marrow EPC numbers and their colony-  
91 forming properties. Our study was designed to compare the effect of statin with that of other  
92 hypercholesterolemic drugs and to use an experimental design that minimizes the differences in body  
93 weight and other parameters induced by a high-fat diet before pregnancy as well as during lactation as  
94 described in more detail in our previous publications (29-31). In brief, using this model we had  
95 previously explored the impact of long-term consumption of a high-fat diet by pregnant mothers. The  
96 results indicated that high-fat diet in pregnant mothers predisposes her female offspring to developing a  
97 metabolic syndrome-like phenotype in adult life as indicated by chronic elevation of serum cholesterol  
98 and blood pressure. In the follow-on study (30) using the same model, we observed that offsprings  
99 from high-fat fed dams showed increased adiposity in their femurs in comparison to offsprings from  
100 mothers fed standard chow. In particular, female offsprings from mothers fed a high-fat diet exhibited  
101 altered trabecular structure, indicative of *in utero* programming. However, the scope covered by all our  
102 studies was limited by the availability of funding and other resources, and hence the focus of this study  
103 was on metabolic syndrome-like outcomes. However, the use of this type of model to test the effect of  
104 treatment with statins does not find direct relevance to clinical practice in view of the existing  
105 controversy concerning the potential high risk of teratogenicity to the unborn fetus (32).

106

## 107 MATERIALS AND METHODS

108

### 109 Experimental Protocol

#### 110 Study part I

111 The aim of this protocol is to resolve the question whether statins when administered to pregnant  
112 mothers on a high-fat diet has any effect on the mechanisms of endothelial regeneration. All of the  
113 animal procedures were humane and carried out in accordance with the United Kingdom Animals  
114 (Scientific Procedures) Act 1986 and the study protocol was approved by the University of  
115 Southampton Animal Care and Research Ethics Committee. The experimental protocol for study-I is as  
116 described on figure 1. Female C57BL/6 mice (Charles River Laboratories, United Kingdom) were  
117 maintained under a 12-hour light-dark cycle at constant temperature ( $25 \pm 2$  °C) with food and water  
118 supplied *ad libitum*. At 4 weeks of age, the females were randomly allocated to either a control diet of  
119 standard laboratory chow (C; 5.3% fat [corn oil], 21.2% protein, 49.2% carbohydrate; Special Diet  
120 Services, United Kingdom) or an HF experimental diet (29-31)<sup>2</sup> supplemented with 18%  
121 weight/weight animal lard, with additional vitamins and minerals, protein, and choline to correct for the  
122 dilution (final composition in percentage of grams [weight/weight]: lard 17.8; casein 26.5; choline  
123 chloride 0.3; L-cysteine 0.4; rice starch 28.3; cellulose 6.1; soya oil 4.3; sucrose 10.4; minerals 4.3 and  
124 vitamins 1.2; Special Diet Services diet 824053). This HF diet has been used in previous studies (33,  
125 34). At 10 weeks old, the females were time mated and after confirmation of mating (i.e. presence of  
126 vaginal plug), were individually housed. From the second half of the pregnancy and throughout  
127 lactation, half of the pregnant females on the HF diet were given a water-soluble 3-hydroxy3-

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<sup>2</sup> The composition of the diets has been published in the following citations:

29. Elahi MM et al., Hypertension 2008; 51 (4): 939-44
30. Elahi MM et al., Br J Nutr 2009; 102 (4): 514-9
31. Elahi MM et al., Ann Nutr Metab 2013; 62 (3): 250-6

128 methylglutaryl-coenzyme A reductase inhibitor (pravastatin, Sigma United Kingdom) in their drinking  
129 water (HF+S). Pravastatin was dissolved at a concentration that gave a daily dose of 5 mg/kg per day,  
130 based on the daily water consumption of pregnant and lactating mice predetermined from our previous  
131 study (33). The pregnant dams were allowed to give birth, and the pups were weighed, and litter size  
132 was standardized to 8 pups. After weaning (3 weeks postpartum), all female offsprings whose mothers  
133 had been fed on diets of C, HF and HF+S, were themselves randomly allocated to be fed on either C, or  
134 HF. This generated mother and daughter dietary combinations of C/C, C/HF, HF/HF, HF/C; HF+S/HF  
135 and HF+S/C. The female offsprings were monitored until 24 weeks of age in terms of body weights  
136 (from 1 week of age onwards to avoid maternal rejection of the pups) and food intake (from weaning).  
137 Systolic blood pressure (SBP), biochemical markers (total, LDL and HDL cholesterol) and CRP, and  
138 colonies of the bone marrow mononuclear cells were measured up till 24 weeks.

139

#### 140 **Study part II**

141 In this part of the study, 50% of the HF-fed females were given the water-soluble Pravastatin (Sigma  
142 UK; 5 mg/kg/day) in their drinking water. These females were fed the assigned diet and treated with  
143 statin through weaning to pregnancy and lactation. After birth, the pups were weighed and litter size  
144 was reduced to 8 female pups. From weaning (21 days postpartum), offsprings from the HF and HF+ S  
145 dams were fed the same HF diet, and were referred to as the HF/HF and HF+S/HF dietary groups,  
146 respectively. Offsprings from the dams fed on the same diet post-weaning were referred to as the C/C  
147 group (Figure 1). Colonies of bone marrow-derived mononuclear cells were measured up until 24  
148 weeks.

149

#### 150 **Tail cuff plethysmography**



151 Systolic arterial pressure was measured by tail cuff plethysmography, as we described previously (29-  
152 31). In brief, measurements were conducted in a heated room (34 °C) to get optimal blood pressure  
153 (BP) readings and were conducted at the same time during the day (afternoon). All of the animals were  
154 accustomed to the procedure for 7 days before each BP measurement session. At least 5 readings were  
155 taken from each animal per session with the highest and lowest readings discarded, and the remaining  
156 readings were averaged to get a single session value. We took the average BP values from 8 female  
157 offspring picked randomly from each of the 8 litters in each treatment group. Tail cuff method has  
158 served a valuable role in experimental hypertension research for many years and continues to be useful  
159 in study designs. We specifically used this method as it shares some advantages: (1) It is non-invasive  
160 and does not require general anaesthesia and surgery; (2) it can be used to obtain repeated  
161 measurements of SBP in conscious animals during studies of short or long duration; (3) It requires less  
162 expensive equipment than the alternative of radio-telemetry and is also less expensive to operate; and  
163 (4) it can be used to screen for systolic hypertension or substantial differences in SBP among large  
164 numbers of animals.

165

#### 166 **Serum lipid profile measurements**

167 A blood sample was drawn by direct heart puncture after anesthetizing the animal with isoflurane and  
168 cervical dislocation. We sampled 8 female offspring picked randomly from each of the 8 litters in each  
169 treatment group. Total cholesterol, low-density lipoprotein (LDL) cholesterol and high density  
170 lipoprotein (HDL) cholesterol in the serum were measured with commercially available kits (Vitros  
171 Products) using enzymatic methods and reflectance spectrophotometry, as reported previously (29, 30).

172

#### 173 **C-reactive protein (CRP) measurement**

174 CRP was measured using a quantitative sensitive double-antibody sandwich enzyme-linked  
175 immunosorbent assay. In this assay anti-CRP antibodies were coated to the surfaces of polystyrene  
176 microtiter wells. Plasma samples were added and incubated at 37 °C for 2 hours. After washing, to  
177 remove unbound proteins, anti-mouse CRP antibodies conjugated with horseradish peroxidase (HRP)  
178 were added. These enzyme-labelled antibodies form complexes with the previously plate-bound CRPs.  
179 After another washing step, the enzyme bound to the immunosorbent is assayed by the addition of a  
180 chromogenic substrate, 3,3',5,5'-tetramethylbenzidine (TMB). The quantity of bound enzyme is  
181 proportional to the concentration of CRPs; thus, the absorbance, at 450 nm, is a measure of the  
182 concentration of CRPs in the test sample. The quantity of CRPs in the test sample was interpolated  
183 from the standard curve constructed from the standards, and corrected for sample dilution.

184

#### 185 **Culture and staining**

186 Bone marrow from mice femurs were collected into tubes containing buffered saline (HANKS). 6 ml of  
187 diluted sample was layered over 3 ml Lymphoprep in a 15 ml centrifuge tube, centrifuged at 800 x g  
188 for 20 minutes at room temperature (approximately 20 °C). Samples were spun in wells (Lab-Tek™ II  
189 Chamber slide) containing 400 µL of Dulbecco's modified Eagle medium (D-MEM/F-12). Once the  
190 centrifugation process was over, mononuclear cells from the interphase were transferred to 15 ml  
191 centrifuge tubes containing 10 ml phosphate buffered saline (PBS). The cell suspensions were  
192 centrifuged at least twice at 200 g for 5 min at room temperature (25 °C) with brakes. The supernatants  
193 were removed and cells suspended in 200 µL PBS were plated into incubation slides and incubated for  
194 an hour at 37 °C. After an hour, 200 µl of fresh D-MEM/F-12 media were added to each well of the  
195 slide and incubated for 48-96 hours. Viable cells were counted using Trypan blue staining (0.4% stock  
196 solution).

197

**198 Detection of bone marrow EPCs with double-staining**

199 To each well containing 500  $\mu$ l of cell suspensions, 25  $\mu$ l of acetylated low density lipoprotein labelled  
200 with 1,1'-deoctadecyl-3,3,3',3'-tetramethylindo-carbocyanine perchlorate (Dil-Ac-LDL) stain was  
201 added and gently mixed once or twice and then the slide was incubated for 4 h at 37 °C. After 4 h, the  
202 chamber slides were examined under the microscope with green filter for red staining (RITC). Following  
203 this step, the media from the wells were removed, and the cells were gently washed with PBS three  
204 times. Cells were then fixed in 500  $\mu$ l/well of Paraformaldehyde (3.7% in PBS) on ice for 30 min. After  
205 the fixation stage, cells were incubated in 200  $\mu$ L *Ulex Europaeus* lectin (UEA) solution made up of 10  
206  $\mu$ l of UEA suspended in 990  $\mu$ l of PBS (stock 1mg/ml) for 1 h at 37 °C without CO<sub>2</sub> and in the dark. The  
207 cells were then gently washed up to 3 times every 5 min in the dark using PBS. The slides were mounted  
208 using citifluor and were examined under a microscope using UV purple lens and an inverted coverslip  
209 containing a drop of fluid composed of 90% glycerol and 10% PBS.

210

**211 Phase contrast and fluorescence imaging**

212 Phase contrast and fluorescence images were collected using a Zeiss Axiovert 2 inverted microscope  
213 with a 5x CP-ACHROMAT/0.12 NA objective. Images were acquired using a SPOT RT colour camera  
214 (Diagnostic Instruments, Sterling Heights, MI) with the manufacturer's software. Composite images were  
215 assembled in Adobe Photoshop version 8.0.

216

**217 Data analysis**

218 The biochemical and biophysical parameters in the dams were analysed using one-way analysis of  
219 variance followed by the Tukey–Kramer comparisons test. All data are expressed as mean values with

220 their standard errors. P-values < 0.05 were considered to be statistically significant. All statistical  
221 analyses were performed using SPSS 14.0 (SPSS, Inc., Chicago, IL, USA).

222

## 223 **RESULTS**

### 224 **The effect of prenatal and postnatal high-fat diet consumption on risk factors for cardiovascular** 225 **disease in female offsprings**

226

227 Females offsprings with a dietary profile history of C/HF, HF/C and HF/HF were heavier (Figure 2A),  
228 had significantly higher systolic blood pressure (Figure 2B), with increased serum levels of LDL-  
229 cholesterol (Figure 2C) and CRP (Figure 2D) than C/C offspring at 24 weeks. Total cholesterol levels  
230 were significantly increased in female offsprings on a diet history of HF/C and HF/HF compared with  
231 control C/C at 24 weeks. However, the differences in total cholesterol were not observed in female  
232 offsprings on a diet history of C/HF as compared with the control C/C diet group (Figure 2E). Short-  
233 term statin therapy (second half of pregnancy and lactation) in mothers on prenatal HF diet did not  
234 affect systolic blood pressure in female offsprings (Figure 2B). In contrast, short-term pravastatin  
235 therapy in mothers given HF diet during pregnancy significantly reduced bodyweight and LDL-  
236 cholesterol in female offsprings whether or not they were on the postnatal HF diet. In addition,  
237 pravastatin therapy reduced the levels of CRP to negligible in HF+S/C and HF+S/HF female  
238 offsprings.

239

### 240 **The effect of prenatal and postnatal HF diet consumption on bone marrow mononuclear EPCs in** 241 **female offsprings**

242 HF diet (prenatal or postnatal) significantly reduced percentage of positively stained bone marrow  
243 mononuclear cells, decreased the number of double stained colonies and inhibited the expression of  
244 acetylated low-density lipoprotein (Figure 3). Pravastatin treatment to these hypercholesterolemic dams  
245 significantly improved and increased the number of bone marrow EPC observed in the culture.  
246 Representative photomicrographs of bone marrow EPC colonies stained for endothelial markers Dil-  
247 Ac-LDL (red) and lectin (green) are shown in figure 4.

248

### 249 **The relationship of hypercholesterolemia with bone marrow mononuclear EPC numbers**

250

251 Bone marrow mononuclear EPC numbers were inversely correlated to the total cholesterol values  
252 (Figure 5A) and LDL-cholesterol (Figure 5B) levels. In contrast, there was no strong correlation  
253 between the number of bone marrow mononuclear EPCs and HDL-cholesterol levels ( $r = 0.237$ ,  $P >$   
254  $0.05$ ). Total cholesterol (standard coefficient =  $-0.530$ ,  $P < 0.001$ ) and LDL cholesterol (standard  
255 coefficient =  $-0.417$ ,  $P < 0.01$ ) were both independently correlated with lower bone marrow EPC  
256 numbers.

257

### 258 **The effect of pravastatin treatment to pregnant dams fed a HF diet on bone marrow EPC** 259 **number and colonies in female offsprings after a post-weaning HF diet**

260

261 As summarised in figure 6, for female offsprings HF/HF dietary history significantly inhibits bone  
262 marrow mononuclear EPC numbers and colonies, thereby affecting key components of angiogenesis  
263 and endothelial repair. In contrast, in dams fed on a HF diet, pravastatin treatment started in early life

264 and continued right through pregnancy appears to protect their female offsprings from HF diet-induced  
265 depletion of bone marrow mononuclear EPC numbers and colonies (Figure 6).

266

## 267 **DISCUSSION**

268 The present study investigates whether long-term maternal HF diet has an impact on the expression of  
269 bone marrow endothelial progenitor cells (double stained endothelial progenitors, EPCs) in their female  
270 offsprings even if they were fed a HF or C diet right through their lives, i.e. to study the role of prenatal  
271 and postnatal diet on EPCs. To understand potential underlying mechanisms, we studied both the short-  
272 term (second half of pregnancy and lactation) and long-term effects (soon after weaning through to  
273 pregnancy and lactation) on bone marrow mononuclear EPC numbers and colonies in female offsprings  
274 from mothers on a high-fat diet treated with or without pravastatin.

275

276 The results demonstrate that: (1) bone marrow EPC numbers and expression in female offspring  
277 exposed prenatally or postnatally (C/HF, HF/HF and HF/C) to the HF diet are significantly decreased;  
278 (2) treating dams with Pravastatin (in both study protocols) proves beneficial for improving bone  
279 marrow EPC colony forming units in their offspring irrespective of their postnatal diet; (3) number of  
280 bone marrow EPC is inversely correlated with total cholesterol and LDL-cholesterol levels (4) and  
281 LDL-cholesterol is a predictor of bone marrow EPC expression. To date, it has been suggested that  
282 statins mobilize EPCs independent of their cholesterol lowering effects. Indeed, findings from our work  
283 also support the hypothesis that there is a relationship between statins and improvement in bone  
284 marrow EPC numbers in female offsprings with a history of prenatal and postnatal HF+S/HF diet. The  
285 effect may be related to the abrogation of CRP-induced inflammation and improvement in the  
286 cholesterol profile. Although previous studies have reported the role of statin in improving

287 angiogenesis (21, 22), this had not been observed in studies before in the context of the DOHaD  
288 phenomenon.

289

290 Studies and laboratory evidence have identified that EPCs participate in postnatal neovascularization  
291 and re-endothelialization (6-37). In, this study we have observed that hypercholesterolemia can  
292 decrease bone marrow EPC number and activity. Given the well-established role of EPCs in  
293 neovascularisation and re-endothelization, our findings may have identified a possible  
294 pathophysiological mechanism related to hypercholesterolemia, i.e., hypercholesterolemia not only  
295 impairs endothelial cells directly, but also affects bone marrow EPC numbers and function at the same  
296 time. Thus hypercholesterolemia may influence the endothelial repair process and alter the balance  
297 between the magnitude of injury and the capacity for repair, which leads to endothelial dysfunction,  
298 and promote the early progression of coronary artery disease (CAD) in adult offspring.

299

300 On the other hand statins have been developed as lipid-lowering drugs, and are well established to  
301 reduce morbidity and mortality from CAD (38). Besides lipid lowering, primary and secondary  
302 prevention trials and laboratory investigations established that statins possess favourable effects  
303 independent of cholesterol reduction (4, 39). In particular, statins have recently been reported to  
304 promote EPC proliferation, migration and cell survival *in vitro* (39-41). A recently performed clinical  
305 study demonstrated an increase in EPC number with enhanced migratory activity by statin treatment in  
306 patients with stable CAD (40). Results of this work, together with the findings of other investigators  
307 suggested a possible mechanism of action for statins in the augmentation and promotion of EPC  
308 functional activity.

309

310 More recently, two groups have documented in animals and human subjects that EPCs contribute up to  
311 25% of endothelial cells in newly formed vessels (41-43). Thus, increasing the number of circulating  
312 EPCs by transplantation of hematopoietic stem cells or by injection of *in vitro*-differentiated EPCs has  
313 been shown to improve neovascularization of ischemic hind-limbs, accelerate blood flow in diabetic  
314 mice (6) and improve cardiac function (36). More importantly, reports suggest that patients with CAD  
315 reveal reduced levels and functional impairment of EPCs which correlates with risk factors of CAD  
316 (33, 34). One may wonder what would be the mechanisms. It might be due to increased apoptosis of  
317 premature progenitor cells or oxidised LDL known to induce apoptotic cell death. It may well be  
318 hypercholesterolemia that could interfere with the signalling pathways regulating EPC differentiation  
319 or mobilization. The mechanistic effects of statins on EPC in such settings may be related to their  
320 impact on increased regional blood perfusion most probably mediated by increased production of  
321 endothelial NO (44, 45), or induced EPC differentiation by reducing CRP-mediated inflammation (40-  
322 42). Further work is therefore needed to elucidate the underlying mechanisms that may explain why  
323 and how high-fat diets have a deleterious effects and cause functional impairment of bone marrow  
324 EPCs in mothers and their female offsprings.

325

## 326 **CONCLUSION**

327 In conclusion, our work has demonstrated that maternal hypercholesterolemia is associated with  
328 reduction in bone marrow EPC numbers and differentiation. It has been suggested that statins mobilize  
329 EPCs independent of their cholesterol lowering effects. However, evidence from our work suggests  
330 that there is a possible relationship between statins and improvement in bone marrow EPC numbers  
331 which may be related to the combination of the abrogation of CRP-induced inflammation and  
332 improvement in the cholesterol profile. This may suggest a potential important direction for future



333 investigations in the developmental origins of CVD. Such studies will expand our understanding of the  
334 underlying pathophysiology.

335

336 There are some limitations of our work. It is difficult to deduce from our findings that the decrease in the  
337 number of bone marrow EPCs in HF/HF is directly influenced by the maternal diet and thus contribute to  
338 the defect in postnatal vascular response, i.e. bone marrow EPCs mediated mobilization and endothelial  
339 function. There seems to be a discrepancy between the effects statin treatment has in HF/HF regarding  
340 blood pressure on the one hand (no effect), and lipids and bone marrow EPC numbers on the other.  
341 Whether statins alter endothelial cell phenotype in these animals is not clear. This is an important  
342 consideration since mice do not generally develop overt vascular pathology (e.g. atherosclerosis), even  
343 with severe obesity models like a high-fat diet. This might point at a different mode of action for blood  
344 pressure regulation that deserves further investigations and this might have relevance to understanding of  
345 the underlying pathophysiology. Indeed, it is not known whether different target organs are affected  
346 (liver, kidney, and vasculature), a question that requires further investigations. In this study, we  
347 harvested mononuclear cells from the bone-marrow and not from the peripheral blood. We acknowledge  
348 that there are a host of other mechanisms that regulate the entry of bone marrow EPCs into the peripheral  
349 blood circulation and therefore levels in bone marrow aspirates may not truly reflect this. Preferably,  
350 measurement of levels of circulating EPCs may better provide information about the ability of these cells  
351 to translocate to areas within the circulation where vascular repair is needed. In addition, it would have  
352 been advantageous to conduct fluorescence-activated cell sorting (FACS) for cultured mononuclear cells  
353 to evaluate whether these cells progressed to an EPC-like phenotype rather than relying on the double  
354 staining alone to identify them. Our work was limited by shortage of funding and other research  
355 resources, and hence we mainly focused on the effect of the high-fat diet and treatment with statins on

356 endothelial progenitor cells. We acknowledge that there were large quantities of other types of bone  
357 marrow cells such as CD14 that could have been investigated more thoroughly.

358

359

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361

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364

365

366 ***STATEMENT OF AUTHORS' CONTRIBUTIONS TO MANUSCRIPT:***

- 367 • designed research (project conception, development of overall research plan, and study  
368 oversight) – ME, BM
- 369 • conducted research (hands-on conduct of the experiments and data collection - ME
- 370 • provided essential reagents, or provided essential materials (applies to authors who  
371 contributed by providing animals, constructs, databases, etc., necessary for the research) - ME
- 372 • analyzed data or performed statistical analysis – ME, BM
- 373 • wrote paper (only authors who made a major contribution) – ME, BM
- 374 • had primary responsibility for final content - ME
- 375 • All authors have read and approved the final manuscript - ME, BM

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**FIGURE LEGENDS:**

**Figure 1:** Flow diagram of the experimental protocol.

**Figure 2:** Comparison of body weight gain (A), blood pressure (B), LDL (C), CRP (D) and cholesterol (E) levels in female offspring (at 24 weeks of age) from control-fed mothers that were then fed a chow diet (C/C) or high-fat diet (C/HF) and from high-fat-fed mothers that were then fed a high-fat diet (HF/HF) or a chow diet (HF/C) and from high-fat-statin fed mothers that were then fed a high-fat diet (HF+S/HF) or a chow diet (HF+S/C). Values are means (n = 8 per group), with standard errors represented by vertical bars, a, b, c and d. Mean values with dissimilar lettering indicated significant differences (P < 0.05; Tukey–Kramer comparisons test). Statin treatment in hypercholesterolemic mothers during late pregnancy and lactation has beneficial effects on the body weight, blood pressure, LDL levels, CRP levels and cholesterol profile in their offspring.

**Figure 3:** Comparison of positively stained bone marrow mononuclear cells described as bone marrow endothelial progenitor cells (EPCs) (A) and number of double stained colonies (per 10<sup>6</sup> cells) (B) in female offspring (at 24 weeks of age) from control-fed mothers that were then fed a chow diet (C/C) or high-fat diet (C/HF) and from high-fat-fed mothers that were then fed a high-fat diet (HF/HF) or a chow diet (HF/C) and from high-fat-statin fed mothers that were then fed a high-fat diet (HF+S/HF) or a chow diet (HF+S/C). Values are means (n = 8 per group), with standard errors represented by vertical bars. a, b, c and d. Mean values with dissimilar lettering indicated significant differences (P < 0.05; Tukey–Kramer comparisons test). Pravastatin treatment in hypercholesterolemic mothers during late

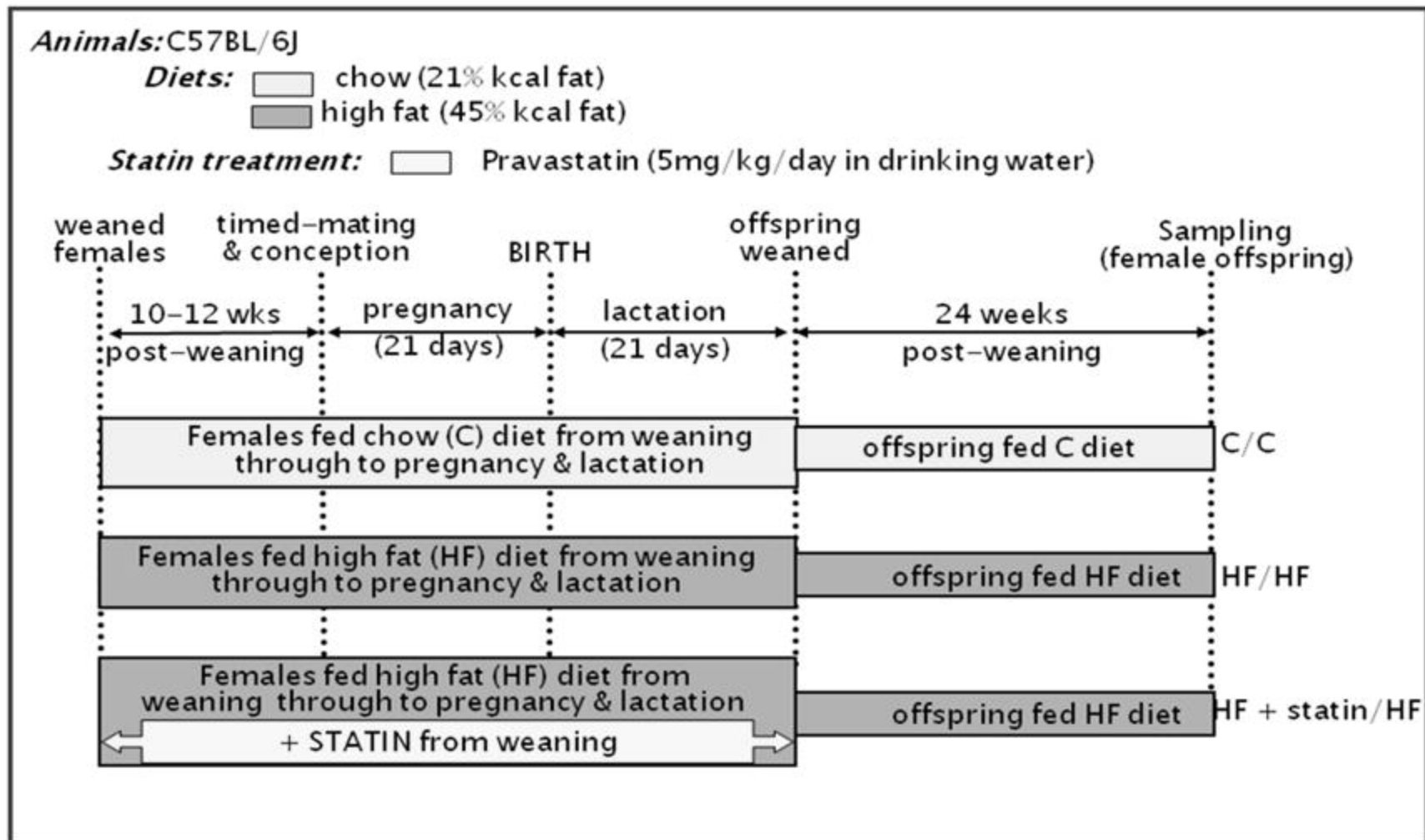
pregnancy and lactation has beneficial effects on the positively stained bone marrow EPCs and the number of double stained colonies in offsprings from mothers on high fat-high cholesterol (HF) diet.

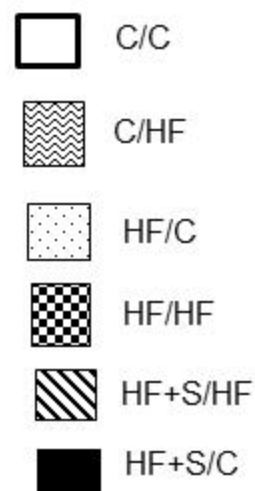
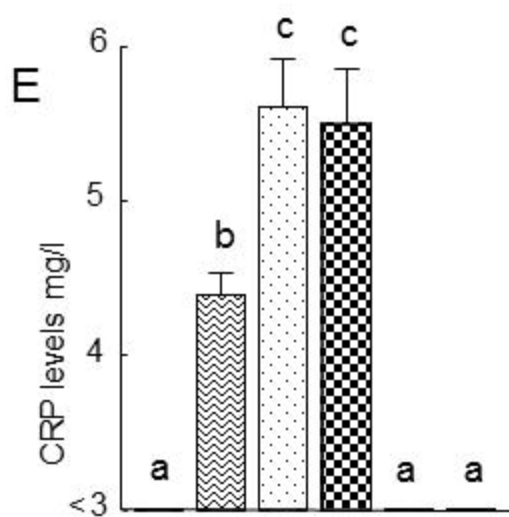
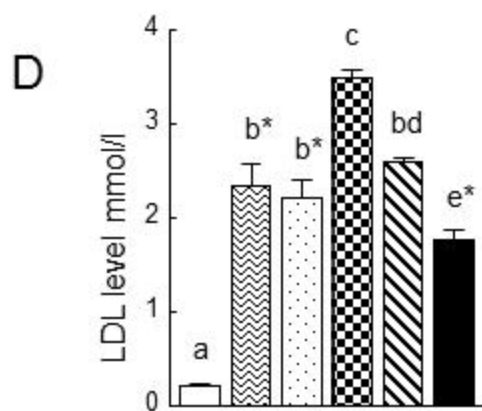
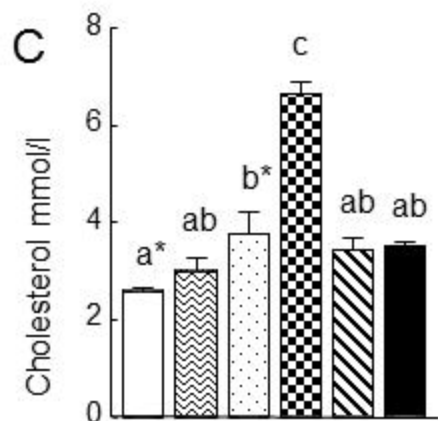
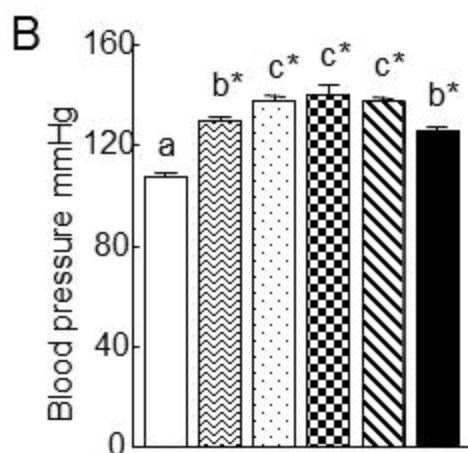
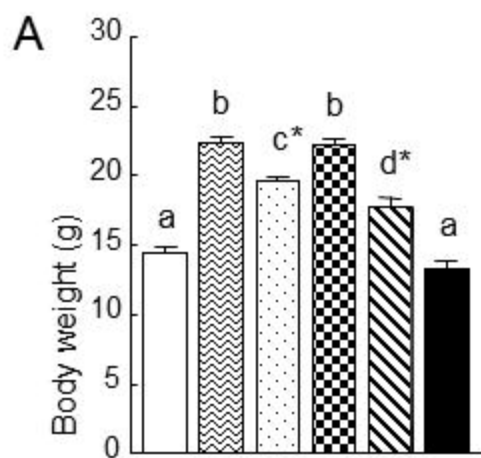
**Figure 4:** Expression of endothelial markers on bone marrow mononuclear EPCs. Representative photomicrographs of EPC colonies stained for endothelial markers Dil-Ac-LDL (red) and lectin (green). EPC colonies demonstrate reduced staining in HF/HF vs C/C. Statin treatment to HF-fed dams abolished these effects in their offspring. Measurements were made at 24 weeks of age

**Figure 5:** Correlation between the number of bone marrow EPCs from HF/HF offspring with hypercholesterolemia and total cholesterol (A) and LDL-cholesterol (B) levels. (Age = 24 weeks)

**Figure 6:** The effect of long-term statin treatment in hypercholesterolemic mothers on bone marrow EPCs: (A) number of stained bone marrow EPC colonies (B) percentage of mononuclear cells that are Fluorescein Isothiocyanate (FITC) labelled. Weaned offsprings were then fed either HF or C diets through adulthood, thus generating the dam/offspring dietary groups of HF/HF, HF-S/HF and C/C (n = 8 per group; Age = 24 weeks).

Figure 1:





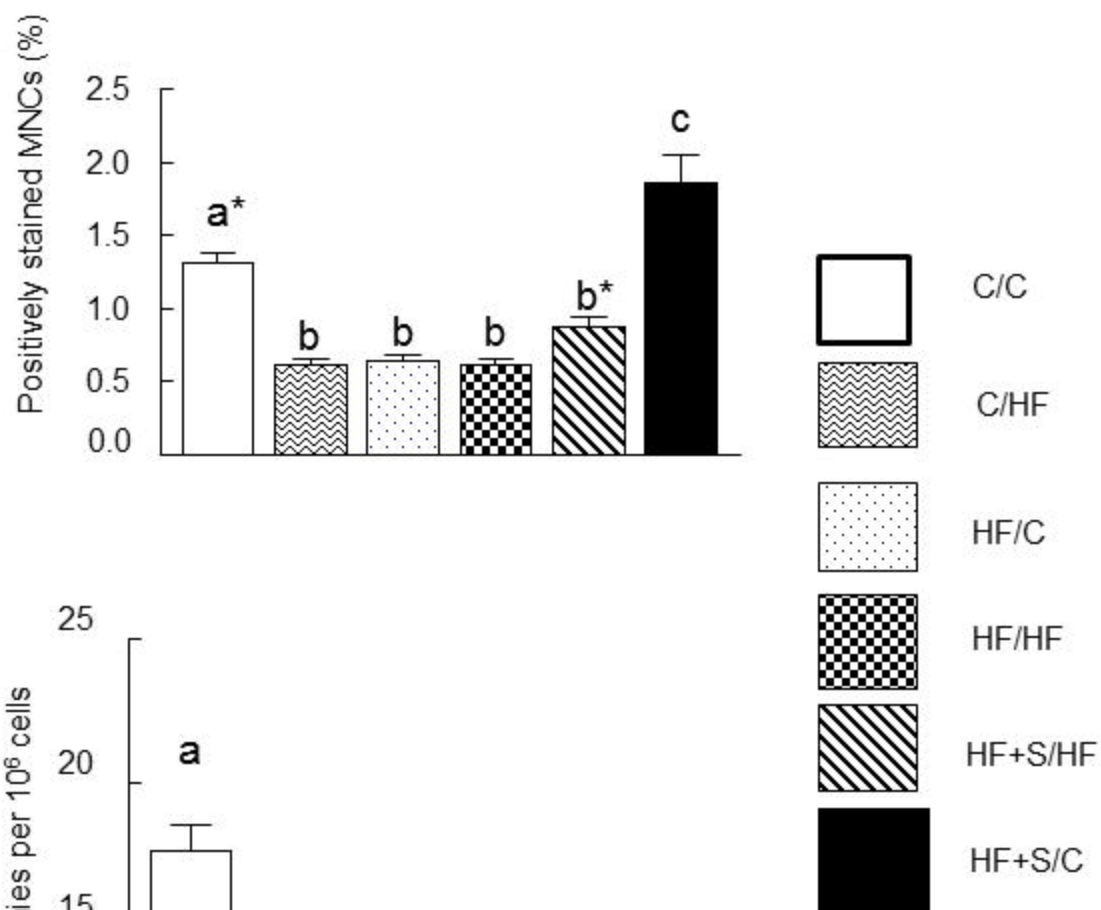
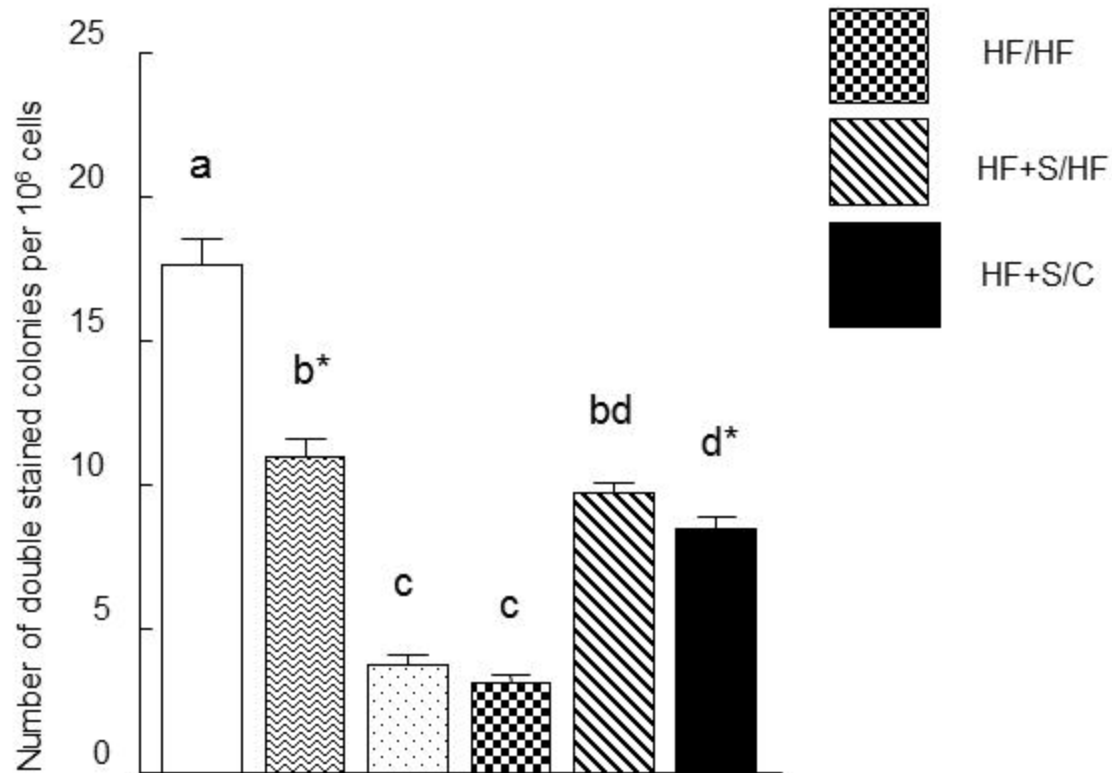
**A****B**

Figure 4

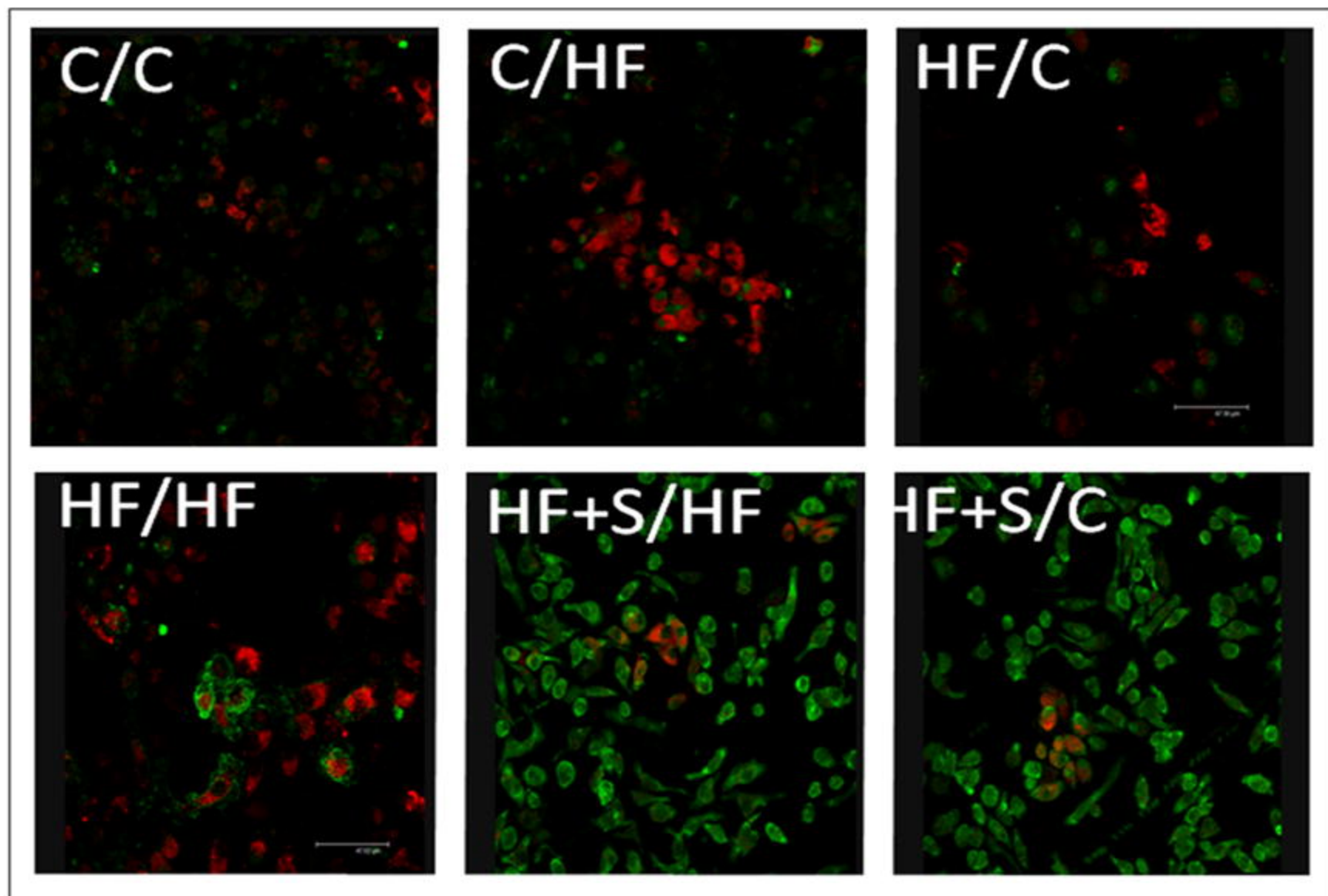


Figure 5

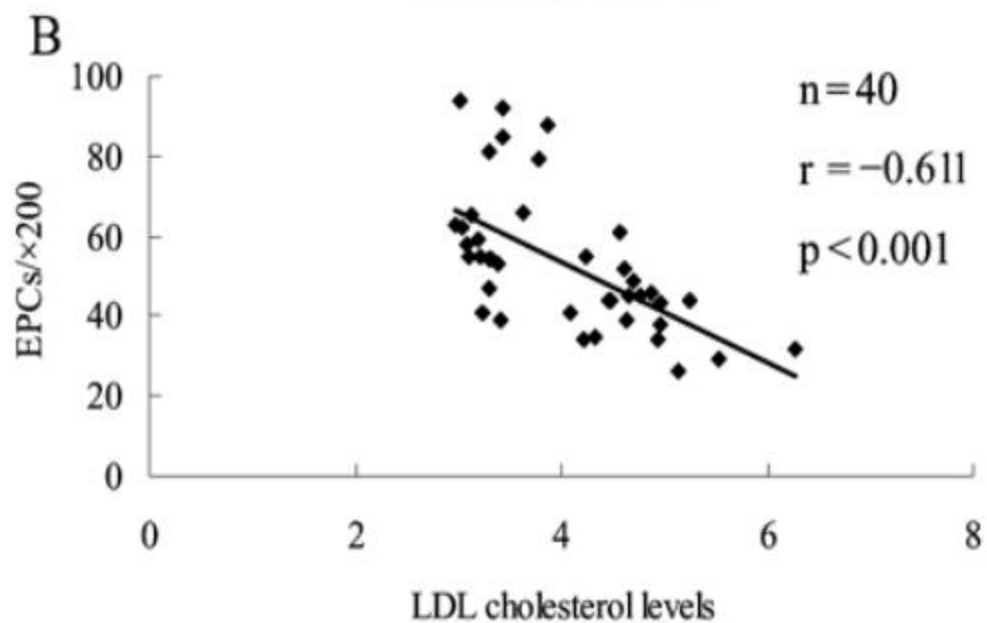
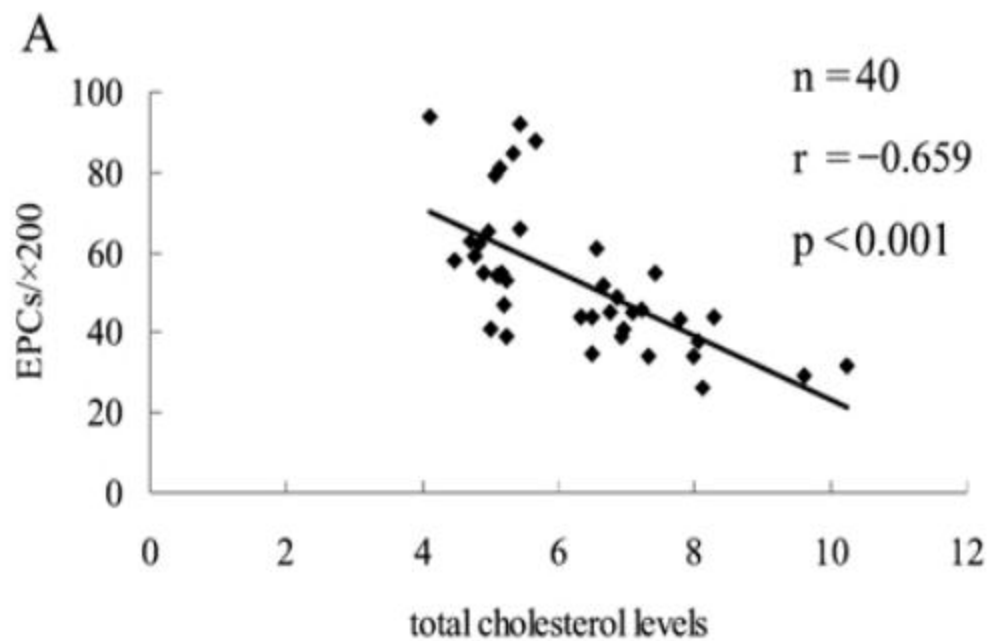




Figure 6

