

Eng, A; t'Mannetje, A; McLean, D; Ellison-Loschmann, L; Cheng, S; Pearce, N (2011) Gender differences in occupational exposure patterns. Occup Environ Med. ISSN 1351-0711 DOI: https://doi.org/10.1136/oem.2010.064097

Downloaded from: http://researchonline.lshtm.ac.uk/20521/

DOI: 10.1136/oem.2010.064097

Usage Guidelines

 $Please\ refer\ to\ usage\ guidelines\ at\ http://researchonline.lshtm.ac.uk/policies.html\ or\ alternatively\ contact\ researchonline@lshtm.ac.uk.$

 $Available\ under\ license:\ http://creativecommons.org/licenses/by-nc-nd/2.5/$

Gender Differences in Occupational Exposure Patterns

Amanda Eng, Andrea 't Mannetje, Dave McLean, Lis Ellison-Loschmann, Soo Cheng, Neil Pearce.

Centre for Public Health Research, Massey University, Wellington, New Zealand

Keywords: occupational exposures; gender; gender differences; workforce survey; epidemiology

Word count:

Address for correspondence:

Amanda Eng

Centre for Public Health Research

Massey University Wellington Campus

PO Box 756, Wellington

New Zealand

Phone: +64 4 801 4986

Fax: +64 4 380 0600

Email: a.j.eng@massey.ac.nz

Website: http://publichealth.massey.ac.nz

ABSTRACT

Objectives:

We conducted a population-based survey to examine gender differences in occupational exposure patterns and to investigate whether any observed differences are due to: a) gender differences in occupational distribution; and/or b) gender differences in tasks within occupations.

Methods:

Men and women aged 20-64 years were randomly selected from the Electoral Roll and invited to take part in a telephone interview, which collected information on self-reported occupational exposure to specific dusts and chemicals, physical exposures, and organisational factors. We used logistic regression to calculate prevalence odds ratios (OR) and 95% confidence intervals (CI) comparing the exposure prevalence of males (n=1,431) and females (n=1,572), adjusting for age. To investigate whether men and women in the same occupation were equally exposed, we also matched males to females on current occupation (5-digit code) (n=1,208) and conducted conditional logistic regression adjusting for age.

Results:

Overall, male workers were two to four times more likely to report exposure to dust and chemical substances, loud noise, irregular hours, night shifts, and vibrating tools. Women were 30% more likely to report repetitive tasks and working at high speed and more likely to report exposure to disinfectants, hair dyes, and textile dust. When men were compared with women with the same job title, gender differences were attenuated. However, males remained significantly more likely to report exposure to welding fumes, herbicides, wood dust, solvents, tools that vibrate, irregular hours, and night shift work. Women remained more likely to report repetitive tasks and working at high speed, and in addition were more likely to report awkward or tiring positions compared to men with the same job title.

Conclusion:

This population-based study showed substantial differences in occupational exposure patterns between men and women, due to both gender differences in occupational distribution as well as the gender segregation of tasks within the same job.

INTRODUCTION

Women's work has traditionally been considered safe and less hazardous to health in comparison to men's work.[1] This has resulted in a lack of information on occupational hazards for women workers,[2] and our knowledge of occupational health and priorities for improving it have mainly been based on studies of men. However, some studies have observed clear gender differences in occupational morbidity, with men generally having higher rates of work-related injuries, cancer, hearing disorders, and vibration-related diseases, whereas females are more likely to be affected by upper musculoskeletal disorders, workplace bullying, and sexual harassment.[3] Gender differences in occupational distribution i.e. men and women working in different jobs and therefore being exposed to different risk factors, play an important role in many of these differential outcomes.[3] However, differences in occupational morbidity have also been observed for men and women with the same job title, suggesting that even in the same occupation, men and women are not equally exposed to particular risk factors for disease.

Understanding gender differences in occupational exposure, both between and within occupations, is a necessary first step towards understanding gender differences in occupational morbidity. However, very few studies have investigated the prevalence of occupational risk factors in women workers, or compared the distribution of risk factors between women and men. We conducted a population-based survey to examine gender differences in occupational exposure patterns and to investigate whether any observed differences can be explained by: a) gender differences in occupational distribution; and/or b) gender differences in tasks within occupations.

METHODS

We conducted a nationwide telephone survey of a random sample of the New Zealand population aged 20-64 years over a 2-year period (2004-2006). The detailed study methodology is described elsewhere. [4] Briefly, 10,000 potential participants were randomly selected from the Electoral Roll and sent a letter of invitation to take part in a telephone interview. The interview obtained information on lifetime work history (for jobs with minimum six months duration), current exposures and workplace practices, and questions on selected health outcomes.

Participants were asked whether the following exposures were present (yes/no) in their current work environment: dust; smoke or fume; gas; oils and solvents; acids or alkalis; fungicides, insecticides, herbicides or timber preservatives; and other chemical products (including dyes, inks, and adhesives). If a participant indicated exposure(s), they were also asked to state the name and source of the substance.

Participants were also asked how often their current job involved exposure to physical and organisational factors, including awkward or tiring positions, awkward grip or hand movements, lifting, carrying out repetitive tasks, working at very high speed, working to tight deadlines, standing, using tools that vibrate, and loud noise (all the time, three quarters of the time, half of the time, one quarter of the time, or never). The questionnaire obtained information on whether participants worked for at least three hours between midnight and 5am in the previous four weeks (night shift) and whether they regularly worked outside the hours of 8am-5pm (irregular hours).

Participants were also asked to rate how stressful they found their current job on a 5-point scale (not at all stressful, mildly stressful, moderately stressful, very stressful, or

extremely stressful). In addition, we asked individuals the ages of the members in their household and whether these people required looking after by the participant. The variable 'household responsibility' was created based on a positive report of looking after children (0-18 years) or elderly dependents (60+ years) in the household.

Occupations were coded using the New Zealand Standard Classification of Occupations (NZSCO) 1999.[5] Differences in current workplace exposure between men and women were assessed using prevalence odds ratios (OR)[6] and 95% confidence intervals (CI) using the unexposed as the reference group for each occupational exposure. In the case of job stress, individuals reporting no or mild work-related stress formed the reference group. We conducted unconditional logistic regression in STATA v10.0, adjusting for age (continuous variable).

To investigate whether gender differences in exposure were only due to gender differences in occupational distribution or could also be due to differences within occupations, we also conducted matched analyses where each male participant was matched (1:1) with a female participant on current occupation (5-digit NZSCO code). ORs and 95% CIs were calculated using conditional logistic regression adjusting for age.

Categories of specific occupational exposures (yes/no), for example acetone, caustic soda, timber treatment, were created using a word search programme developed in SAS (version 9.1). The programme was designed to search keywords (including alternative spelling and trade names) in the "name of substance" and "source of

substance" text fields. For each newly created exposure category, the original text was checked to ensure that the new category captured all of the exposed participants.

RESULTS

A total of 3,003 interviews were completed (the response rate was 37%). The characteristics of the total sample and the sample of males and females matched on occupation are described in Table 1. Women comprised just over one half of the total sample. In both samples, there was a higher proportion of females in the 35-44 year age group, a lower proportion in the oldest age group (55+ years), and a slightly higher proportion of Māori (the indigenous population of New Zealand) females than males. In the total sample, there were higher proportions of females in the professionals, technicians and associate professionals, clerks, and service and sales workers groups, whereas there were higher proportions of males in the legislators, administrators and managers, agricultural and fishery, trades, and plant and machine operators and assemblers groups. There were similar numbers of men and women in the elementary occupational group.

Table 2 compares the prevalence of various occupational exposures between males and females in the total sample (n=3,003), and between males and females in the same occupation (referred to as the matched sample; n=1,208). In the total sample, male workers were more than twice as likely to report exposure to dust and chemical factors. Males were also more likely to be exposed to loud noise (OR=2.70; 95% CI 2.29-3.18); use tools that vibrate (OR=3.80; 95% CI 2.94-4.90); work night shift in the previous month (OR=2.57; 95% CI 1.89-3.50) and work irregular hours

(OR=1.76; 95% CI 1.44-2.15). On the other hand, women were 32% more likely to report carrying out repetitive tasks (OR=0.76; 95% CI 0.65-0.89) and 33% more likely to report working at very high speed (OR=0.75; 95% CI 0.65-0.87) a quarter of the time or more. Females were also 52% more likely to report looking after children (0-18 years) or elderly dependents (60+ years) in their household (OR=0.66; 95% CI 0.57-0.78).

Matched sample

There were 827 male participants with no female match for job code and they were subsequently excluded from the matched analyses. For most exposures, matching on occupation attenuated gender differences in exposure (i.e. for the dust and chemical factors, 67-87% of the excess risks observed for males were due to gender differences in occupational distribution). However, compared to women with the same job title, men were still more likely to report exposure to smoke/fume/gas (OR=1.54; 95% CI 1.11-2.14) and oils and solvents (OR=1.62; 95% CI 1.16-2.27). Men were also twice as likely to use tools that vibrate (OR=2.06; 95% CI 1.29-3.29) and work irregular hours (OR=1.97; 95% CI 1.37-2.83), and three times more likely to work night shifts (OR=3.32; 95% CI 1.73-6.36) compared to women with the same job title. Men also appeared to be 50% more likely to report job stress compared to women in the same occupation.

Compared to men with the same job title, female workers were 28% more likely to report carrying out repetitive tasks (OR=0.78; 95% CI 0.59-1.01), 43% more likely to report working at very high speed (OR=0.70; 95% CI 0.55-0.89), and 37% more likely to report awkward or tiring positions (OR=0.73; 95% CI 0.57-0.92). The

decreased odds for men of household responsibility increased towards the null value after matching on occupation but remained decreased by 24% (OR=0.76; 95% CI 0.59-0.98).

Specific occupational exposures

Table 3 compares the prevalence of specific occupational exposures between men and women for the total and matched samples.

Of the 61 specific exposures under study, 43 were more common among men (p<0.05) in the total sample. Specific exposures more than 10 times more common in the male working population compared to the female working population included: hydraulic oil; welding fumes; paint thinner; paint dust; kerosene; diesel fuel; printing; insulation material; sulphuric acid; timber treatment; fibreglass; and cutting fluid. Of the 61 specific exposures under study, 6 were more common among women (p<0.05): hair dye; textile dust; household dust; environmental tobacco smoke (ETS); bleach; and disinfectant. When comparing men and women with the same job title, 4 exposures remained significantly more common in men: welding fumes, herbicides, wood dust, and solvents.

DISCUSSION

This study aimed to estimate the gender differences in occupational exposure in a representative sample of the working population of New Zealand.

The study has several limitations. Firstly, the response rate was relatively low (37%) and the implications of this are discussed in more detail elsewhere.[4] Briefly, differences between participants and non-participants were observed for age, ethnicity, deprivation, and certain occupational groups. However, these differences were similar for males and females and gender did not appear to be a significant determinant of refusal to participate or non-contact.[7] The analyses presented here are also adjusted for possible determinants of non-response (e.g. age), and it is therefore unlikely that the observed gender differences in exposure are due to gender differences in survey participation.

Secondly, the characterisation of exposure in this study was based on self-report, thus we cannot rule out the possibility that gender differences in reporting or perception of exposure contributed to the results. However, a Swedish study reported no differences in the validity of reporting physical risk factors for musculoskeletal disorders between men and women.[8] Thirdly, the analyses only assessed exposure prevalence in the current job and did not take into account duration or intensity of exposure, which may also impact on gender differences in exposure and ultimately gender differences in occupational health. For example, female workers are more often employed part-time and therefore more likely to experience cumulative exposure. Another limitation of

the study is that the numbers did not permit matching males and females on occupation *and* specific industry. For example, for the job title 'sales worker', females are more likely to work in retail sales whereas men are more likely to work as manufacturers' representatives (cited in Messing et al [2]).

On the other hand, this study has several important strengths. Firstly, the men and women covered by this survey were representative of the total working population, as opposed to similar studies that were limited to selected occupation or industry groups.[9, 10] Secondly, gender differences were investigated for a wide range of occupational exposures, including specific chemical and physical exposures, as well as organisational factors and stress, thus not only focusing on exposures traditionally associated with men's work. Thirdly, this is the first study that not only quantified the gender differences in occupational exposure at the population level, but also investigated whether any gender differences in occupational exposure exist for men and women working in the same occupation. Therefore it was possible to investigate whether the observed gender differences in occupational exposure were entirely due to: a) the segregation of men and women into different occupations; or could also be due to b) men and women with the same job title carrying out different tasks.

This study found that men were more likely to be exposed to many of the workplace substances under study. They were also more likely to be exposed to loud noise, vibrating tools, night shift work, and irregular hours. On the other hand, women were more likely to report repetitive tasks, working at high speed, and exposure to certain workplace substances. These findings were not surprising considering that throughout the industrialised world, men and women are concentrated in different jobs and

industries; women are more likely to work as professionals (particularly in health and education), service and sales workers, and clerks (typically characterised by fast-paced and repetitive work tasks), while men are more likely to work in the agricultural, trades, and manufacturing sectors (typically characterised by exposure to dusts and chemicals and to physically demanding tasks such as heavy lifting). In this study, the actual gender differences in occupational exposure prevalence are quantified, showing that for general exposure categories the gender difference in prevalence can be up to a factor of 4 while for more specific occupational exposures the gender difference can be more than a factor of 10. The reported quantitative estimates for exposure prevalence in men and women can be useful in occupational health studies focusing on both genders and where information on exposure is not available.

We also found that the different occupational distributions of men and women explained most of the observed differences in exposure prevalence; 67-87% of the excess in exposure to workplace substances, 88% of the increased odds of exposure to loud noise, and 100% of the moderate excess in exposure to lifting were explained by differences in occupation between men and women. The European Working Conditions Survey (EWCS) also reported that occupational distribution played a major role in observed gender differences in chemical and physical exposures.[11] In contrast, a cross-sectional study in the U.S. (36% women) reported that there were no major differences between men and women for exposure to dust, chemicals, noise, and hand repetitions before and after adjusting for industry/job. However, this study only examined four industries in a limited socioeconomic range.[12]

This study also found that, even after accounting for gender differences in occupation, gender differences in prevalence remained for several exposures; males were still more likely to report exposure to smoke/fume/gas, oils and solvents, vibrating tools, night shift work, and working irregular hours compared to females in the same occupation. Female workers were more likely to report repetitive tasks, working at very high speed, and awkward or tiring positions compared to their male counterparts. For the specific categories of workplace substances, in general, men were more likely to report exposure than women, even within the same occupation.

These findings suggest that men and women with the same job title do not always carry out the same tasks. A few studies have examined men and women with the same job title and reported a gendered assignment of tasks.[1, 9, 13, 14] Several studies have reported that women are more likely to perform repetitive tasks compared to men in the same job.[10, 15, 16] However, these studies have been based on small numbers or one specific occupational group. Differences in task assignments by gender could be due to the different physical capabilities of men and women or socialised gender roles. The greater relative stature and muscular strength of men compared to women makes them perceivably more suited to physically demanding tasks such as heavy lifting. The same argument can be applied to the suitability of tasks involving dexterity and precision (and therefore repetitiveness) for women. However, Messing argues that social constructions of what is suitable work for men and women also play a role and many physical tasks assigned to men can be adapted to women.[1] For example, in an observational study of hospital cleaners, Messing et al. concluded that there was no clear reason why women could not perform the 'heavy' work typically assigned to men.[14]

In the current study women were not more likely to report high levels of job stress. Men were 52% more likely to report moderate stress and 43% more likely to report a very or extremely stressful job compared to females in the same occupation. A New Zealand study of 41 companies reported a higher risk of work-related stressors for men, even after adjusting for occupation.[17] While women generally report more workplace stressors and poorer psychosocial working conditions than men, the current evidence for a gender difference in work-related stress as an outcome is inconsistent.[3]

The dual exposure of work demands and responsibility for the household may also impact on the relationship between exposure and health, particularly for women. The responsibilities for housework and childcare still largely fall on women. The current study found that women were 52% more likely to report looking after children (0-18 years) or elderly dependents in their household compared to men. This excess attenuated after matching on occupation but remained elevated at 32%. The New Zealand Time Use Survey reported that women carry out more unpaid work than men regardless of employment status.[18] The burden of household responsibilities may result in increased exposure to physically demanding activities as well as less time for recovery after work. Several studies have shown that women spend less time exercising or relaxing outside of work hours compared to men.[15] In addition, the responsibility for childcare may also restrict the type of work women can do e.g. part-time work which is often associated with routine and repetitive work and lower job control. Unpaid work is an important aspect of women's occupational health and safety and is rarely investigated in epidemiological studies.

In conclusion, this study has found that even in acountry such as New Zealand, with relatively good gender equality in employment opportunities, men and women are far from equally exposed to occupational risk factors for disease. Male workers continue to experience a heavier burden of occupational exposure to most dusts and chemicals and certain physically demanding tasks. However, it should be noted that for many of these occupational exposures, the prevalence in women workers was not negligible. For example, 7% of female workers reported exposure to solvents and 4% reported exposure to engine emissions in the overall sample. Compared to men, women workers had a higher prevalence of repetitive tasks, working at very high speed, and certain exposures such as disinfectants, hair dyes, and textile dust. Gender differences in exposure were in part explained by gender differences in occupational distribution, while for some exposures differences in prevalence were even observed for men and women with the same job title. Therefore, there is a need for caution when using job titles as a surrogate for exposure. This study illustrates that gender has a substantial impact on occupational exposure prevalence, even within the same job, and that the influence of gender should not be overlooked in occupational health research.

What this paper adds

• The majority of occupational health and exposure assessment studies have traditionally been carried out in men. Therefore, very few studies have

- compared the distribution of occupational risk factors between women and men.
- There are substantial differences in occupational exposure patterns between men and women. Both gender differences in occupational distribution and gender differences in tasks within occupations contribute to these disparities.
- The influence of gender should not be overlooked in occupational health research.

ACKNOWLEDGEMENTS

This project was funded from a Joint Research Portfolio of the Health Research Council, the Accident Compensation Corporation, and the Department of Labour which issued a Request for Proposals (RFP) for a study of the burden of occupational ill-health in New Zealand (HRC 04/072). The Centre for Public Health Research is supported by a Programme Grant from the Health Research Council of New Zealand (HRC 02/159). We also thank Tracey Whaanga, Zoe Harding, Cecil Priest, Penelope Whitson, Michaela Skelly, Phoebe Taptiklis, Emma Drummond, Anna McCarty, Natasha Holland, Kelly Gray, Adam Hoskins, Alister Thomson, Jessica Fargher, Cilla Blackwell, Emma Turner, Selena Richards, Kim Crothall, Alice Harding, Joelene Wilkie, Joanne Dow, and Tania McKenzie who conducted the interviews, and Rebecca Jones, Alice Harding, Zoe Harding, Alister Thomson, Chani Tromop van Dalen, Jessica Fargher, Cecil Priest, and Miria Hudson who completed the data entry.

REFERENCES

- 1 Messing K. One-eyed science: occupational health and women workers. *Philadelphia, PA: Temple University Press.* 1998:162-3.
- 2 Messing K, Punnett L, Bond M, et al. Be the fairest of them all: Challenges and recommendations for the treatment of gender in occupational health research. *Am J Ind Med.* 2003;43(618-629).
- 3 Mannetje A, Slater T, McLean D, et al. Women's occupational health and safety in New Zealand. *National Occupational Health and Safety Advisory Committee*. 2009; Technical report 13, Wellington.
- 4 Eng A, Mannetje A, Cheng S, et al. The New Zealand Workforce Survey I: Self-reported occupational exposures. *Ann Occup Hyg.* 2010;54:144-53.
- 5 Statistics New Zealand. New Zealand Standard Classification of Occupations 1999. *Wellington* 2001.
- 6 Pearce N. Effect measures in prevalence studies. *Environmental Health Perspectives*. 2004;112:1047-50.
- 7 Mannetje A, Eng A, Douwes J, et al. Determinants of nonresponse in an occupational exposure and health survey in New Zealand. *Submitted for publication*. 2009.
- 8 Leijon O, Wiktorin C, Harenstam A, et al. Validity of a self-administered questionnaire for assessing physical work loads in a general population. *J Occup Environ Med*. 2002;44:724-35.
- 9 Nordander C, Ohlsson K, Balogh I, et al. Fish processing work: the impact of two sex dependent exposure profiles on musculoskeletal health. *Occup Environ Med*. 1999;56:256-64.
- 10 Hooftman W, Beek Avd, Bongers P, et al. Gender differences in self-reported physical and psychosocial exposures in jobs with both female and male workers. *J Occup Environ Med*. 2005;47:244-52.
- 11 Burchell B, Fagan C, O'Brien C, et al. Working conditions in the European Union: the gender perspective. *European Foundation for the Improvement of Living and Working Conditions*. 2007.
- 12 Quinn M, Sembajwe G, Stoddard A, et al. Social disparities in the burden of occupational exposures: results of a cross-sectional study. *Am J Ind Med*. 2007;50:861-75.
- 13 Messing K, Dumais L, Courville J, et al. Evaluation of exposure data from men and women with the same job title. *J Occup Med*. 1994;36(8):913-7.
- 14 Messing K, Chatigny C, Courville J. 'Light' and 'heavy' work in the housekeeping service of a hospital. *Appl Ergon*. 1998;29(6):451-9.
- 15 Strazdins L, Bammer G. Women, work and musculoskeletal health. *Soc Sci Med.* 2004;58:997-1005.

16 Silverstein B, Fine L, Armstrong J. Hand wrist cumulative trauma disorders in industry. *Br J Ind Med.* 1986;43:779-84.

17 Dryson E, Scragg R, Metcalf P, et al. Stress at work: an evaluation of occupational stressors as reported by a multicultural New Zealand workforce. *Int J Environ Health* 1996;2(1):18-25.

18 Statistics New Zealand. Around the clock: findings from the New Zealand Time Use Survey 1998-99. *Wellington, Statistics New Zealand.* 2001.

	Total sample								Matched sample (males and females with the same occupation)						
	То	tal	Ma	ıle	Fem	nale	Chi ²	Total		Male		•	nale	Chi ²	
	N=3003		N=1431		N=1572		0 111	N=1208		N=604		N=604			
	N	%	N	%	N	%		N	%	N	%	N	%		
Age at interview															
20-34 years	659	21.9	302	21.1	357	22.7		292	24.2	137	22.7	155	25.7		
35-44 years	820	27.3	349	24.4	471	30.0		308	25.5	140	23.2	168	27.8		
45-54 years	868	28.9	404	28.2	464	29.5		332	27.5	168	27.8	164	27.2		
55+ years	656	21.8	376	26.3	280	17.8	p<0.01	276	22.9	159	26.3	117	19.4	p=0.02	
Ethnicity															
Māori	273	9.1	109	7.7	164	10.4		106	8.8	42	7.0	64	10.6		
Non-Māori	2724	90.9	1,316	92.4	1,408	89.6	p=0.01	1101	91.2	561	93.0	540	89.4	p=0.03	
Missing	6		6		0			1		1		0			
Smoking															
Never	1517	50.8	707	49.6	810	52.0		635	53.0	319	53.1	316	52.9		
Current	543	18.2	258	18.1	285	18.3		193	16.1	90	15.0	103	17.3		
Ex	925	31.0	461	32.3	464	29.8	p=0.30	370	30.9	192	32.0	178	29.8	p=0.50	
Missing	18		5		13			10		3		7			
Deprivation index (New Zealand Deprivat	ion Index	2001)													
1 (least deprived)	422	14.5	223	16.0	199	13.1		192	16.3	112	19.0	80	13.5		
2	351	12.0	182	13.0	169	11.1		147	12.5	81	13.8	66	11.2		
3	336	11.5	173	12.4	163	10.7		143	12.1	75	12.7	68	11.5		
4	343	11.8	164	11.8	179	11.8		137	11.6	66	11.2	71	12.0		
5	336	11.5	151	10.8	185	12.1		126	10.7	61	10.4	65	11.0		
6	294	10.1	129	9.2	165	10.8		119	10.1	53	9.0	66	11.2		
7	248	8.5	98	7.0	150	9.8		109	9.2	49	8.3	60	10.2		
8	226	7.7	106	7.6	120	7.9		90	7.6	38	6.5	52	8.8		
9	222	7.6	114	8.2	108	7.1		66	5.6	33	5.6	33	5.6		
10 (most deprived)	142	4.9	56	4.0	86	5.6	p=0.01	51	4.3	21	3.6	30	5.1	p=0.13	
Missing	83		35		48			28		15		13			
Current occupation (New Zealand Standar	rd Classif	ication o	f Occupati	ions)											
1-Legislators, Administrators & Managers	505	16.8	308	21.5	197	12.5		340	28.2	170	28.2	170	28.2		
2-Professionals	624	20.8	235	16.4	389	24.8		266	22.0	133	22.0	133	22.0		
3-Technicians & Associate Professionals	455	15.2	177	12.4	278	17.7		214	17.7	107	17.7	107	17.7		
4-Clerks	356	11.9	70	4.9	286	18.2		96	8.0	48	8.0	48	8.0		
5-Service & sales workers	348	11.6	88	6.2	260	16.6		112	9.3	56	9.3	56	9.3		
6-Agricultural & Fishery workers	181	6.0	120	8.4	61	3.9		94	7.8	47	7.8	47	7.8		
7-Trades Workers	240	8.0	225	15.7	15	1.0		18	1.5	9	1.5	9	1.5		

8-Plant & Machine Operators & Assemblers	179	6.0	150	10.5	29	1.9		28	2.3	14	2.3	14	2.3	
9-Elementary Workers	113	3.8	57	4.0	56	3.6	p<0.01	40	3.3	20	3.3	20	3.3	
Missing	2		1		1									

	Exposu	re in males	s and fema	les (whole sample)	Exposure in males and females with the sam occupation (matched sample)#						
	Total	Male	Female	OR (95% CI)§	Total	Male	Female	OR (95% CI)§			
Exposure	n=3003	n=1431	n=1572		n=1208	n=604	n=604				
	%	%	%		%	%	%				
Dust/chemical factors											
Dust	29.3	40.3	19.3	2.83* (2.40-3.33)	23.2	25.0	21.4	1.24 (0.94-1.63			
Smoke/Fume/Gas	21.4	29.5	14.0	2.61* (2.17-3.13)	17.6	20.2	14.9	1.54* (1.11-2.14			
Oils and Solvents	20.9	29.8	12.8	3.00* (2.48-3.62)	15.2	17.9	12.4	1.62* (1.16-2.27			
Acids or alkalis	9.4	13.4	5.8	2.57* (1.98-3.34)	8.0	8.8	7.1	1.35 (0.85-2.15			
Pesticides	9.6	14.5	5.0	3.14* (2.39-4.11)	8.0	8.8	7.3	1.27 (0.75-2.1			
Any of the above	45.4	57.0	34.7	2.52* (2.17-2.92)	38.3	41.1	35.6	1.34* (1.03-1.7			
Physical factors											
Lifting**	39.2	43.1	35.8	1.40* (1.21-1.62)	32.3	31.6	33.1	0.98 (0.74-1.3			
Loud noise**	29.9	40.1	20.5	2.70* (2.29-3.18)	23.2	24.8	21.7	1.21 (0.90-1.6			
Awkward or tiring positions**	56.1	54.5	57.6	0.91 (0.78-1.05)	49.9	45.8	54.1	0.73* (0.57-0.9			
Awkward grip or hand movements**	38.2	40.5	36.1	1.25* (1.08-1.45)	32.1	31.5	32.8	0.94 (0.72-1.2			
Standing**	28.0	27.3	28.6	0.95 (0.81-1.11)	24.6	24.1	25.1	0.91 (0.67-1.2			
Tools that vibrate**	11.4	17.6	5.7	3.80* (2.94-4.90)	8.2	10.3	6.2	2.06* (1.29-3.2			
Organisational factors											
Repetitive tasks**	68.2	64.7	71.5	0.76* (0.65-0.89)	63.8	61.0	66.6	0.78 (0.59-1.0			
Working at very high speed**	51.2	47.0	55.0	0.75* (0.65-0.87)	48.0	43.2	52.7	0.70* (0.55-0.8			
Working to tight deadlines**	73.1	74.9	71.4	1.26* (1.07-1.49)	73.7	73.2	74.1	1.04 (0.79-1.3			
Night shift	7.1	10.2	4.3	2.57* (1.89-3.50)	5.7	8.0	3.4	3.32* (1.73-6.3			
Irregular hours	16.1	20.1	12.5	1.76* (1.44-2.15)	14.4	17.9	11.0	1.97* (1.37-2.8			
Stress											
Not at all-Mildly	39.7	36.6	42.6	1.00 (ref)	37.1	33.0	41.1	1.00 (ref)			
Moderately	45.2	48.5	42.2	1.36* (1.16-1.59)	46.3	49.5	43.1	1.52* (1.17-1.9			
Very-Extremely	15.1	15.0	15.3	1.14 (0.92-1.42)	16.6	17.5	15.8	1.43* (1.00-2.0			
Household responsibility	34.7	29.3	39.6	0.66* (0.57-0.78)	32.8	30.0	35.6	0.76* (0.59-0.9			

Prevalence odds ratios and 95% confidence intervals using the unexposed as the reference group for each occupational factor.

^{*}Males and females matched on current occupation (New Zealand Standard Classification of Occupations 5-digit code)

[§]adjusted for age

^{*}statistically significant at p<0.05

^{**1/4} of the time or more

	E	Exposure	in males a	Exposure in males and females with the same occupation (matched sample)#							
	To	Total		Female	OR (95% CI) [§]	То	Total		Female	OR (95% CI) [§]	
	N=3	3003	N=1431	N=1572		N=1	208	N=604	N=604		
Exposure	N	%	%	%		N	%	%	%		
Acids and alkalis											
Alkalis	105	3.5	4.3	2.8	1.54* (1.03-2.28)	46	3.8	4.3	3.3	1.41 (0.75-2.66)	
Acids	195	6.5	10.6	2.8	4.22* (2.99-5.96)	65	5.4	6.5	4.3	1.74 (0.98-3.09)	
Hydrochloric acid	31	1.0	1.8	0.3	5.98* (2.29-15.63)	13	1.1	1.5	0.7	3.05 (0.80-11.63)	
Sulphuric acid	45	1.5	2.9	0.3	11.75* (4.19-32.93)	12	1.0	1.5	0.5	3.19 (0.86-11.90)	
Cleaning products											
Cleaning products	411	13.7	14.2	13.2	1.11 (0.90-1.37)	148	12.3	12.3	12.3	0.97 (0.66-1.44)	
Bleach	51	1.7	1.1	2.3	0.45* (0.25-0.83)	12	1.0	0.8	1.2	0.57 (0.18-1.83)	
Disinfectant	127	4.2	3.0	5.3	0.56* (0.38-0.81)	30	2.5	2.2	2.8	0.76 (0.36-1.57)	
Caustic soda	54	1.8	2.0	1.7	1.19 (0.69-2.04)	28	2.3	2.5	2.2	1.24 (0.57-2.71)	
Chlorine products	112	3.7	3.5	3.9	0.88 (0.60-1.29)	36	3.0	2.5	3.5	0.66 (0.33-1.32)	
Pesticides											
Fungicides	61	2.0	2.7	1.4	1.96* (1.16-3.33)	24	2.0	2.3	1.7	1.31 (0.52-3.27)	
Insecticides	70	2.3	3.1	1.6	1.97* (1.20-3.23)	23	1.9	2.5	1.3	2.51 (0.87-7.22)	
Herbicides	167	5.6	8.9	2.5	3.64* (2.53-5.24)	77	6.4	8.1	4.6	4.37* (1.85-10.31	
Fertiliser	28	0.9	1.5	0.5	3.31* (1.40-7.81)	12	1.0	1.0	1.0	1.07 (0.33-3.43)	
Drench (animal)	30	1.0	1.6	0.5	3.64* (1.56-8.53)	18	1.5	1.8	1.2	2.55 (0.74-8.83)	
Timber treatment	69	2.3	4.4	0.4	11.59* (5.00-26.88)	10	8.0	1.0	0.7	1.32 (0.37-4.73)	
Dusts											
Agricultural dust	21	0.7	1.1	0.3	3.37* (1.23-9.23)	10	0.8	0.8	8.0	0.89 (0.21-3.78)	
Animal dust	21	0.7	1.0	0.5	2.04 (0.82-5.08)	11	0.9	0.8	1.0	0.68 (0.20-2.28)	
Grain dust	15	0.5	0.8	0.2	4.46* (1.25-15.88)	10	0.8	1.2	0.5	2.46 (0.60-10.05	
Paper dust	29	1.0	0.9	1.0	0.90 (0.43-1.87)	11	0.9	0.7	1.2	0.45 (0.12-1.62)	
Construction dust	87	2.9	5.4	0.6	9.18* (4.73-17.84)	17	1.4	1.3	1.5	0.77 (0.28-2.15)	
Metal dust	94	3.1	5.6	0.9	6.91* (3.89-12.28)	10	0.8	1.0	0.7	1.58 (0.44-5.67)	
Wood dust	210	7.0	12.4	2.1	6.71* (4.59-9.81)	57	4.7	6.1	3.3	2.11* (1.13-3.93)	
Household dust	121	4.0	2.1	5.8	0.35* (0.23-0.53)	46	3.8	3.2	4.5	0.70 (0.38-1.27)	
Road dust	142	4.7	6.8	2.9	2.46* (1.71-3.53)	48	4.0	4.1	3.8	1.16 (0.64-2.09)	

Flour dust	17	0.6	0.8	0.3	2.61 (0.91-7.44)	9	0.8	1.0	0.5	2.00 (0.49-8.07)
Solvents										
Solvents	331	11.0	15.2	7.2	2.34* (1.84-2.98)	108	8.9	10.8	7.1	1.74* (1.14-2.64)
Acetone	27	0.9	1.1	0.7	1.62 (0.75-3.51)	9	0.8	0.7	8.0	0.97 (0.26-3.68)
Adhesive	125	4.2	6.2	2.4	2.82* (1.91-4.18)	34	2.8	3.0	2.7	1.22 (0.56-2.66)
Alcohol	109	3.6	3.6	3.7	0.99 (0.67-1.46)	38	3.2	3.0	3.3	0.99 (0.50-1.95)
Degreasers	39	1.3	2.0	0.6	3.51* (1.70-7.26)	18	1.5	1.8	1.2	1.53 (0.55-4.27)
Methylated spirits	54	1.8	1.7	1.9	0.91 (0.53-1.57)	17	1.4	1.5	1.3	1.26 (0.48-3.31)
Turpentine	50	1.7	2.3	1.1	2.20* (1.22-3.98)	17	1.4	1.5	1.3	1.38 (0.52-3.67)
Formaldehyde	16	0.5	0.6	0.5	1.08 (0.40-2.90)	8	0.7	1.0	0.3	3.16 (0.63-15.78)
Engine fuels and emissio	ns									
Diesel engine emission	72	2.4	4.2	8.0	5.78* (3.09-10.80)	18	1.5	1.8	1.2	1.51 (0.57-3.95)
Diesel fuel	46	1.5	3.0	0.2	16.40* (5.07-53.04)	7	0.6	1.0	0.2	7.42 (0.87-63.11)
Engine emission	183	6.1	8.7	3.7	2.59* (1.88-3.57)	82	6.8	7.6	6.0	1.38 (0.83-2.29)
Engine oil	98	3.3	6.1	0.7	9.52* (5.06-17.92)	28	2.3	2.8	1.8	1.73 (0.78-3.85)
Kerosene	17	0.6	1.1	0.1	18.34* (2.43-138.73)	3	0.3	0.3	0.2	1.93 (0.17-21.32)
Petrol fuel	25	0.8	1.5	0.2	8.35* (2.49-27.99)	6	0.5	0.7	0.3	2.59 (0.46-14.63)
Petrol fumes	26	0.9	1.3	0.5	3.13* (1.31-7.48)	7	0.6	0.5	0.7	0.59 (0.13-2.76)
Liquefied petroleum gas (LPG)	39	1.3	2.3	0.4	6.78* (2.82-16.28)	16	1.3	1.8	8.0	2.55 (0.86-7.52)
Environmental tobacco smoke (ETS)	36	1.2	0.6	1.7	0.36* (0.17-0.77)	12	1.0	0.8	1.2	0.66 (0.21-2.12)
Machinery oils and fumes	5					1				
Machinery oils	42	1.4	2.5	0.5	5.58* (2.47-12.61)	8	0.7	8.0	0.5	1.49 (0.34-6.54)
Machinery fumes	28	0.9	1.5	0.4	4.13* (1.67-10.22)	9	0.8	8.0	0.7	1.40 (0.36-5.43)
Hydraulic oil	30	1.0	2.0	0.1	34.57* (4.70-254.23)	5	0.4	0.7	0.2	4.82 (0.53-43.69)
Lubricants	76	2.5	4.3	1.0	4.81* (2.71-8.52)	20	1.7	1.5	1.8	0.82 (0.33-2.01)
Cutting fluids	20	0.7	1.3	0.1	10.48* (2.42-45.34)	5	0.4	0.7	0.2	4.23 (0.47-37.92)
Welding	88	2.9	5.9	0.2	33.66* (10.61-106.76)	11	0.9	1.5	0.3	5.25* (1.10-25.10)
Ink and dyes										
Dyes	23	8.0	1.1	0.5	2.60* (1.06-6.36)	12	1.0	1.3	0.7	1.92 (0.58-6.40)
Printing	16	0.5	1.1	0.1	17.37* (2.29-131.92)	7	0.6	1.0	0.2	7.08 (0.85-59.18)
Inks	32	1.1	1.4	0.8	1.94 (0.94-4.01)	15	1.2	1.3	1.2	1.40 (0.46-4.23)
Hair dyes	11	0.4	0.1	0.6	0.12* (0.02-0.93)	1	0.1	0.0	0.2	
Fibres										
Fibreglass	20	0.7	1.3	0.1	10.70* (2.47-46.32)	4	0.3	0.3	0.3	0.87 (0.12-6.24)

Insulation material	27	0.9	1.8	0.1	14.29* (3.37-60.56)	4	0.3	0.5	0.2	2.91 (0.30-28.21)
Textile dust	69	2.3	1.2	3.3	0.34* (0.20-0.60)	25	2.1	1.5	2.7	0.59 (0.26-1.34)
Asbestos	21	0.7	1.3	0.2	6.42* (1.89-21.89)	4	0.3	0.5	0.2	2.20 (0.22-22.41)
Paint and lacquers										
Paint and lacquers	151	5.0	8.2	2.2	4.17* (2.82-6.16)	45	3.7	4.1	3.3	1.35 (0.72-2.53)
Paint fumes	47	1.6	2.7	0.6	4.74* (2.28-9.86)	16	1.3	1.5	1.2	1.26 (0.46-3.45)
Acrylic paint	20	0.7	0.5	8.0	0.62 (0.25-1.56)	8	0.7	0.2	1.2	0.15 (0.02-1.26)
Paint thinner	26	0.9	1.8	0.1	28.55* (3.86-211.16)	4	0.3	0.5	0.2	2.70 (0.28-26.34)
Paint dust	17	0.6	1.1	0.1	19.25* (2.54-145.57)	3	0.3	0.3	0.2	1.88 (0.17-20.72)

Prevalence odds ratios and 95% confidence intervals using the unexposed as the reference group for each occupational factor.

^{*}Males and females matched on current occupation (New Zealand Standard Classification of Occupations 5-digit code)

[§]adjusted for age

^{*}statistically significant at p<0.05