

by isotope dilution ICP-MS: Focus on Selenoprotein P

M.Estela del Castillo Busto^a, Caroline Oster^a, Susana Cuello-Nuñez^b, Christian L. Deitrich^b,
Andrea Raab^c, Anna Konopka^{d,e}, Wolf D. Lehmann^d, Heidi Goenaga-Infante^b and Paola Fiscaro^{*a}

^a Laboratoire National de Métrologie et d'Essais (LNE), 1 rue Gaston Boissier, 75724 Paris Cedex 15, France. Email: paola.fiscaro@lne.fr; Fax: +33 1 40 43 37 37 ; Tel: +33 1 40 43 37 59

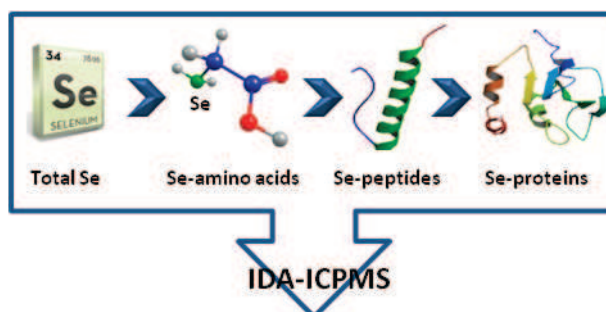
^b LGC Limited, Queens Road, Teddington, TW11 OLY, Middlesex, United Kingdom.

^c TESLA University of Aberdeen, Department of Chemistry, Meston Walk, Aberdeen AB24 3UE, United Kingdom.

^d Molecular Structure Analysis, German Cancer Research Center, Im Neuenheimer Feld 280, D-69120 Heidelberg, Germany.

^e Faculty of Chemistry, Biological and Chemical Research Centre, University of Warsaw, Pasteura 1 Warsaw, Poland.

This work describes a systematic approach to the accurate quantification of selenoproteins (SEPP1) in human plasma/serum by IDA-LC-ICP-MS



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23 **Accurate quantification of selenoproteins in human plasma/serum**
24 **by isotope dilution ICP-MS: Focus on Selenoprotein P**
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29 M.Estela del Castillo Busto^a, Caroline Oster^a, Susana Cuello-Nuñez^b, Christian L. Deitrich^b,
30 Andrea Raab^c, Anna Konopka^{d,e}, Wolf D. Lehmann^d, Heidi Goenaga-Infante^b and Paola
31 Fisicaro^{*a}
32
33

34
35 ^a Laboratoire National de Métrologie et d'Essais (LNE), 1 rue Gaston Boissier, 75724 Paris Cedex 15, France.
36 Email: paola.fisicaro@lne.fr; Fax: +33 1 40 43 37 37 ; Tel: +33 1 40 43 37 59

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38 ^b LGC Limited, Queens Road, Teddington, TW11 OLY, Middlesex, United Kingdom.

39 ^c TESLA University of Aberdeen, Department of Chemistry, Meston Walk, Aberdeen AB24 3UE, United Kingdom.

40 ^d Molecular Structure Analysis, German Cancer Research Center (DKFZ), Im Neuenheimer Feld 280, 69120
41 Heidelberg, Germany.
42

43 ^e Faculty of Chemistry, Biological and Chemical Research Centre, University of Warsaw, Pasteura 1, 02-093
44 Warsaw, Poland.
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Abstract

A species-specific isotope dilution analysis (SS IDA) method was developed for the first time for the determination of selenoprotein P (SEPP1) in human plasma/serum at the protein level by double affinity HPLC-ICP-MS. In this regard, a standard and a spike of SEPP1 were produced by cell-free *E.coli* protein synthesis, where Se (ICP tag) was introduced in the form of selenomethionine (SeMet) allowing for the absolute SEPP1 quantification by ICP-MS. A complete characterization of the standard and the spike was carried out in terms of isotopic composition and Se mass fraction by collision-cell ICP-MS to ensure SI-traceability. Method development and validation were conducted using the reference materials BCR-637, extensively analysed for its Se species, and the SRM 1950, which provides reference values for Se species (including SEPP1). Stability of the isotope ratio $R_{77/76}$ in the sample blends was tested for one month with negligible change. Relative expanded uncertainties of 5.7% and 7.7% were achieved for BCR-637 and SRM 1950 for mass fractions of 55.5 and 63.9 ng g⁻¹ Se for SEPP1, respectively. The developed SEPP1 SS IDA methodology could be a valuable tool to establish reference values for selenoproteins in clinical chemistry and showed the potential of cell-free protein synthesis for the preparation of future stable isotope-labeled intact selenoproteins.

Key-words: selenoproteins, SEPP1, isotope dilution, ICP-MS, BCR-637, SRM 1950.

Introduction

Selenium (Se) is an essential nutrient (recommended daily allowance of 55 $\mu\text{g}/\text{day}$) and trace element for human health¹. The most common Se-species in food are the inorganic selenite and selenate as well as the Se-amino acids selenocysteine (SeCys) and selenomethionine (SeMet, the major dietary form). The health benefits of Se in humans come from its antioxidant properties, its involvement in the immune and endocrine system and its protection against certain disorders, in particular cancer². Randomized controlled trials of Se supplementation for cancer prevention have yielded conflicting results, pointing out the complexity of Se metabolism due to the different toxicological and physiological properties of Se-species^{1,3}. Thus, a better understanding of Se speciation is required. The biological activity of Se is principally mediated by selenoproteins, where Se is genetically incorporated as SeCys. The human selenoproteome contains 25 known selenoproteins, and among these selenoprotein P (SEPP1) and plasma glutathione peroxidase (GPx3) are the most abundant Se-species in human plasma/serum. SEPP1, which accounts for about 50%, is responsible for Se transport and homeostasis, while GPx3 is an antioxidant enzyme which constitutes approximately 15-20% of total Se. The other main plasma/serum form of Se is Se-human serum albumin (Se-Albumin), a Se-containing protein, which occurs by the non-specific replacement of methionine with SeMet². These three proteins (GPx3, SEPP1 and Se-Albumin) are the most commonly used markers for the assessment of Se status in human plasma/serum. However, its accurate determination and method validation remains a difficult task because of the lack of speciated certified reference materials (CRMs), pure primary standards and reference methods.

Isotope dilution mass spectrometry (IDMS) is recognised by the CCQM (Consultative Committee on Amount of Substance) as a primary measurement procedure⁴, i.e. a method which is completely described and understood, having the highest metrological qualities and for which the results can be given with a complete uncertainty statement. The combination of isotope dilution analysis (IDA) with ICP-MS can lead to results with the highest accuracy, precision and smallest combined uncertainty. Therefore, it is the method commonly used by most of the National Metrology Institutes (NMIs) for reference material (RM) certification or used as a reference method for elemental and speciation analysis⁵. IDA-ICP-MS has been used for the certification of the total Se content ($64\text{-}133\text{ ng g}^{-1}$) in the following human serum/plasma RMs: BCR 637-9, ERM-DA120a and SRM 1950. This was rather easy to achieve due to the availability of commercially isotopically-enriched Se spikes (i.e. ⁷⁴Se, ⁷⁶Se, ⁷⁷Se, etc.). However, the accurate quantification of selenoproteins using hyphenated techniques (speciation approach) has been limited by the non-availability of commercially species-specific enriched intact selenoproteins. As an alternative, Jitaru *et al.*⁶ developed a species-specific (SS) IDA-ICP-MS approach at the amino-acid level for the determination of

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3 Se-Albumin based on the enzymatic hydrolysis of the serum, in the presence of ^{76}Se
4 isotopically enriched in SeMet, and the quantification of the released SeMet by ion pairing
5 reversed-phase ICP-MS. However, SeMet quantification can be only correlated to an
6 accurate Se-Albumin determination after proving the absence of free SeMet in the serum. On
7 the other hand, it allows the simultaneous determination of SeCys⁷, but it is not able to
8 distinguish between GPx3 and SEPP1, since both contain SeCys. Alternative quantification
9 approaches at the protein level by on-line external calibration^{6,8-10}, antibodies^{11,12} and
10 species-unspecific IDA-ICP-MS^{9,13-18} have been conducted in order to overcome the lack of
11 pure Se-proteins standards and spikes. Among these quantification methods, the most
12 accurate approach has been species-unspecific IDA-ICP-MS (also called post-column IDA),
13 which allows the quantification of Se in Se-species when they are unknown or when Se-
14 protein standards are not available, by the post-column addition of isotopically enriched Se
15 spikes (i.e. ^{77}Se , ^{74}Se). This methodology was used to provide reference values of GPx3,
16 SEPP1 and Se-Albumin in the reference material SRM 1950 after the separation of Se-
17 species by double affinity HPLC¹⁴. Although quantitative Se recovery was proved, post-
18 column IDA is not considered a primary method of analysis and it does not account for any
19 losses or transformation occurring during sample preparation or species separation.
20 Moreover, metrological traceability needs to be assured by the accurate determination of the
21 mass injected, the mass flow and the mass fraction of the spike¹⁹.

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23 In order to overcome these limitations, SS IDA approaches should be explored for the
24 accurate determination of selenoproteins in human plasma/serum. In this regard, the aim of
25 this work was the development of metrological methodologies based on the use of IDA in
26 combination to LC-ICP-MS to ensure SI-traceability in Se speciation analysis. For this
27 purpose, a SEPP1 SS IDA-ICP-MS approach was carried out for the first time by using a
28 synthesized [Sec-to-Cys]SEPP1 stable isotope spike enriched in $^{76}\text{SeMet}$. Two human
29 serum/plasma RMs were used for method development and accurate assessment: the BCR-
30 637, which is certified for total Se and widely analysed for its Se species by other authors,
31 and the SRM 1950, which provides reference values for total Se and Se species. In order to
32 achieve a complete mass balance of Se in these human plasma/serum RMs, the total Se
33 content was determined by IDA-ICP-MS and Se species (GPx3, SEPP1 and Se-Albumin)
34 were also quantified by post-column IDA.

51 EXPERIMENTAL

52 Reagents and Materials

53 All reagents used were of at least analytical or high-purity grade. Ultrapure water of 18.2
54 MΩ.cm was obtained by means of a Milli-Q system (Millipore SAS, Molsheim, France). HPLC
55 Mobile phases containing (A) 0.05 M and (B) 1.50 M ammonium acetate (Sigma-Aldrich, St.
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3 Louis, MO, USA) were adjusted to pH 7 with acetic acid (Merck, Darmstadt, Germany) and
4 filtered through 0.22 μm (Sigma-Aldrich). Amicon Ultra 0.5 mL centrifugal filters of 3 and 30
5 kDa cut-off were purchased from Sigma-Aldrich. Enriched ^{77}Se (lot k2781) was obtained from
6 Euriso-top (Saint-Aubin, France) as elemental powder (99.20%) and it was dissolved in a
7 minimum volume of nitric acid suprapur® (HNO_3 , Merck) and further diluted with Milli-Q. For
8 total Se analysis and Br/Se hydride corrections, a primary Se standard solution SRM 3149
9 (NIST, Gaithersburg, Maryland, USA), a high purity Se metal (Alfa Aesar, Karlsruhe,
10 Germany) and a certified standard solution of 1000 mg kg^{-1} of sodium bromide from Sigma-
11 Aldrich were used. Intermediate and working elemental solutions were prepared in 2% (v/v)
12 HNO_3 for direct ICP-MS measurements and in mobile phases for selenoproteins
13 determination. SeMet (Sigma-Aldrich) and the RM SeMet enriched with $^{76}\text{SeMet}$ (LGC7330)
14 from LGC Standards (Teddington, UK) were used for the preparation of SEPP1 standard and
15 SEPP1 spike, respectively. A nuclease-free water e.g. UltraPure™ DNase/RNase-Free
16 distilled water (Life Technologies™, Germany), the RTS 500 Proteomaster *E.coli* HY Kit
17 (5PRIME, Germany) and the modified pEXP2– DEST Gateway® Destination Vector (Thermo
18 Scientific) as expression vector were used during the cell-free protein synthesis.

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20 The biological reference materials analysed in this work were: the human serum CRM BCR-
21 637 (Lot 744 and 974) from the Institute for Reference Materials and Measurements (IRMM,
22 Geel, Belgium) and the human plasma SRM 1950 Metabolites in Human Plasma from NIST.

33 Instrumentation

34 Solutions were prepared gravimetrically in a class 10,000 cleanroom using calibrated
35 analytical balances with 0.1 and 0.001 mg resolution (Sartorius AG, Goettingen, Germany). A
36 densimeter (Anton Paar, Graz, Austria) was used to determine the density of the serum.
37 Sample digestions were carried out with a microwave oven Discover SP-D (CEM Corporation,
38 Matthews, USA). Serum was ultrafiltrated by using a centrifuge Eppendorf 5418 (Thermo
39 Fisher Scientific, Hamburg, Germany). The cell-free synthesis was carried using a
40 thermomixer equipped with an RTS 500 Adapter (5PRIME) and electro-elution from
41 polyacrylamide gel was done using an electro-eluter model 422 from Bio-Rad. The molecular
42 characterization of human recombinant SEPP1 standard and spike were conducted by ultra-
43 high performance liquid chromatography electrospray mass spectrometry (UPLC ESI
44 MS/MS) using an EASY-nLC 1000 (Thermo Scientific) coupled to an Orbitrap Velos mass
45 spectrometer (Thermo Scientific)²². Two PEEK chromatographic columns (5 cm x 4.6 mm
46 i.d.) were packed with 1 mL affinity stationary phases of commercial columns (GE Healthcare,
47 Uppsala, Sweden) named HiTrap® Heparin HP and HiTrap® Blue HP for selenoprotein
48 separation. The columns were connected to a Spectra System P4000 HPLC system (Thermo
49 Fisher Scientific Inc., MA, USA) and a 6-port 2-position microelectric valve (Valco
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3 Instruments Co. Inc., Texas, USA) for column switching. The post-column solution was
4 introduced through a T-connector (Supelco, Bellefonte, PA, USA) using a peristaltic pump
5 Minipuls 3 (Gilson, Villiers, France). The HPLC system was connected directly to the ICP-MS
6 by using a PEEK tubing (0.50 mm i.d., Supelco). A Thermo Scientific iCAP Q ICP-MS
7 (Thermo Fisher Scientific, Bremen, Germany) was used, operating in He-KED (kinetic energy
8 discrimination) by using 1.5 mL min⁻¹ He and 2.0 mL min⁻¹ H₂. Operational conditions and
9 data acquisition parameters are given in Table 1.
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14 **Procedures**

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16 **Total Selenium quantification by IDA-ICP-MS.** For the determination of total Se by IDA,
17 samples containing an appropriate amount of ⁷⁷Se enriched spike were microwave digested
18 in the presence of 2 g HNO₃ and 3 g Milli-Q water, heated up to 200 °C in 4 min and kept at
19 this temperature for 3 min. The extracts were further diluted with 2% HNO₃ and analysed in a
20 quadrupole ICP-MS using a mixture of He and H₂ to eliminate argon-based interferences.
21 Signal intensities were corrected for Se hydration (SeH⁺) applying the mathematical
22 equations previously described²⁰ and detector dead time. The measured ⁷⁸Se/⁷⁷Se ratio
23 ($R_{78/77}$) was then corrected for mass bias using the linear model. Double IDA-ICP-MS was
24 applied for the determination of Se in 4 independent sample blends from BCR-637 and SRM
25 1950. The isotopic composition of the ⁷⁷Se-enriched spike was determined by ICP-MS over 1
26 year and its mass fraction was calculated daily by reverse-IDA against a pure Se standard
27 using 4 calibration blends. Plasma conditions and acquisition parameters are reported in
28 Table 1.
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36 **Separation of selenoproteins by double affinity HPLC.** The simultaneous fractionation of
37 the selected selenoproteins (GPx3, SEPP1 and Se-Albumin) in human plasma/serum was
38 carried out by double affinity chromatography (AF) HPLC using two custom-made columns of
39 Heparin and Blue affinity resins, following the experimental setup described elsewhere⁹ and
40 the chromatographic conditions of Table 1.
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44 **Quantification of selenoproteins by double AF-HPLC-ICP-MS.** Two IDA-LC-ICP-MS
45 approaches, specially focused on SEPP1's quantification, were investigated for the
46 determination of selenoproteins in the human serum/plasma RMs BCR-637 and SRM 1950.
47 Plasma conditions and acquisition parameters for AF-HPLC-ICP-MS are reported in Table 1.
48 The chromatographic peaks were integrated using Origin 7.5 (v7.5853, Origin Lab
49 Corporation, Northampton, MA, USA).
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54 *Species-specific Isotope Dilution Analysis (SS IDA) for SEPP1.* In order to perform SS IDA, a
55 full-length human recombinant selenoprotein P (SEPP1_HUMAN; UniProt accession no.
56 P49908) spike and standard were produced using the RTS 500 Proteomaster *E.coli* HY Kit
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3 according to the protocol provided by manufacturer. As an expression vector the modified
4 pEXP2-DEST Gateway® Destination Vector containing coding sequence for
5 SEEP1_HUMAN was applied. In the modified pEXP2-DEST vector all ten TGA codons
6 present in the coding sequence for SEPP1_HUMAN, which *in vivo* are Sec codons, were
7 mutated to TGT codons encoding canonical Cys using conventional molecular cloning
8 methods. During cell-free protein *E.coli* synthesis, Se was introduced into the polypeptide
9 chain in the form of SeMet or ⁷⁶Se-Met for the preparation of the SEPP1 standard and spike,
10 respectively. The cell-free synthesis was carried out for 24 h at 30 °C with shaking at 1000
11 rpm. The standard and spike were further purified by polyacrylamide gel electrophoresis
12 separation (SDS PAGE) in combination with electro-elution. A more detailed description
13 about the synthesis and the purification can be found elsewhere^{21,22}.

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15 The SEPP1 standard and spike were characterised in terms of their isotopic compositions by
16 double AF-HPLC-ICP-MS using the acquisition parameters for isotopic composition (Table1)
17 with an integration time of 0.04s per isotope. Furthermore, the quantification of the total Se
18 content in the [Sec-to-Cys]SEPP1 spike was performed by reverse IDA using two
19 approaches. First, 3 replicates of about 50 µL of the spike were ultrafiltrated by a 30kDa cut-
20 off to eliminate possible non-retained species generated during the spike synthesis and the
21 corresponding fractions were digested in the presence of HNO₃. An appropriate amount of
22 natural Se standard was added before the mineralisation and the Se quantification was
23 performed by total IDA-ICP-MS. On the other hand, 5 aliquots of the untreated spike were
24 injected in the chromatographic system, and the Se eluted in the SEPP1 fraction (5-10 min)
25 was quantified using post-column IDA (see next section). For the determination of the Se
26 content in the SEPP1 of the RMs by SS IDA, at least 3 sample blends (mixture of serum and
27 spike) were prepared gravimetrically. After equilibration of the mixture during 2 hours at room
28 temperature, a dilution step in buffer A was applied before the analysis by double AF-HPLC-
29 ICP-MS. Each measurement batch included a procedural blank, a mass bias solution and
30 three injections of the sample blend. The synthesized [Sec-to-Cys]SEPP1 standard
31 containing natural Se abundances was used for SeH⁺ and mass bias correction at a mass
32 fraction similar to the SEPP1 in the sample (~ 50 ng g⁻¹ Se). The isotope ratio R_{77/76} was
33 calculated and corrected as previously described.

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35 *Post-column Isotope Dilution Analysis.* Secondly, a species-unspecific IDA methodology was
36 performed for the quantification of intact selenoproteins using the principle previously
37 described²³. A ⁷⁷Se-enriched spike (0.4 – 0.5 ng g⁻¹ Se in Milli-Q) is added at a continuous
38 flow (0.1 g min⁻¹) at the end of the column, obtaining a stable ⁷⁷Se signal. To correct for SeH⁺
39 and BrH⁺ interferences, standard solutions of Se and Br (100 ng g⁻¹ and 1 mg g⁻¹,
40 respectively) prepared in phase A and B were introduced post-column instead of the
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3 enriched spike, before and after a day analysis. Then, the isotope ratio $R_{76/77}$ was calculated
4 and mass bias corrected.
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6 **Uncertainty estimation.** A complete uncertainty budget was made following GUM²⁴. The
7 combined standard uncertainty u_c was calculated following the propagation law of
8 uncertainties, without variable correlations. All uncertainty values are expanded uncertainties
9 with a coverage factor of $k=2$. A dedicated software was used for the estimation of
10 uncertainties (Wincert version 3.13.0311.0026, Implex, France, <http://www.implex.fr>).
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14 **Results and discussion**

15 **Determination of Se-bound SEEP1 in human plasma/serum by SS IDA down to the** 16 **protein level**

17 The accurate determination of intact selenoproteins in human plasma/serum has been
18 limited by the absence of speciated Se CRMs, pure standards and reference methods. In this
19 regard, method validation has been often relied on the total Se determination of the serum
20 assuming that all Se is bound to the proteins which are eluted from the chromatographic
21 system (sum of all Se-species)^{8,14,15}. Figure 1 summarizes the different quantitative
22 approaches developed in this work to achieve an accurate determination of Se in human
23 plasma/serum. Two RMs were used in this work: the BCR-637 and the SRM 1950. The BCR-
24 637, certified for total Se, has been widely used in the literature to assess selenoproteins
25 concentration in human serum^{6,8,9,10,15,16} and the SRM 1950 provides reference values for
26 total Se, GPx3, SEPP1 and Se-Albumin¹⁴.
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28 Total Se measurements (Figure 1.1) could give us preliminary information regarding the
29 normal or deficient level of Se in humans¹. However, to assess a complete Se status,
30 speciation approaches (Figure 1.2) that allow an accurate determination of all Se-species in
31 the serum should be used. At protein level (Figure 1.3), on-line external calibration^{6,8,9,10} and
32 post-column IDA^{8,9,13-18} have been the mainly used quantification methodologies due to the
33 lack of isotopically enriched Se-species required to apply SS IDA. Moreover, the latter
34 methodologies do not fulfil the requirements of primary methods and therefore are not
35 completely suitable for the certification of RMs. In order to overcome these limitations, a SS
36 IDA methodology was developed and validated for the first time for the accurate
37 quantification of the Se-bound SEPP1 at the protein level in human plasma/serum (Figure
38 1.3a). In this regard, a full-length human recombinant and stable isotope-labeled intact
39 selenoprotein was synthesized by cell-free *E.coli* protein synthesis^{21,22}. Since this procedure
40 currently does not allow expressing native selenoproteins, SeCys-free selenoprotein
41 standards were synthesized by the replacement of the originally 10 SeCys-residues (Sec) by
42 10 cysteines (Cys) by point mutations of nucleotide triplets coding Sec to triplets coding Cys
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3 in the coding sequence for selenoprotein present in the expression vector used as a template
4 for *E.coli* protein synthesis. The proteins obtained in this way are named [Sec-to-
5 Cys]selenoprotein standards. Since these standards do not contain Sec, selenium can be
6 introduced in the cell-free *E.coli* protein synthesis medium in the form of SeMet or stable
7 isotope enriched SeMet ($^{76}\text{SeMet}$) to generate SeMet-SEPP1 or $^{76}\text{SeMet}$ -SEPP1 standards,
8 respectively. During the protein standard synthesis, 4 SeMet residues are incorporated into
9 [Sec-to-Cys]selenoprotein P standard stoichiometrically at the sites of canonical Met in the
10 protein structure. The verification of successful exchange of all SeCys residues for Cys
11 residues and the incorporation of SeMet in the amino acid sequence of [Sec-to-
12 Cys]selenoprotein P standard were carried out by ESI MS/MS after trypsin digestion²². Figure
13 2 shows the MS/MS spectrum for one of the [Sec-to-Cys]SEPP1 peptides containing the
14 exchanged Cys residue (C), as well as their corresponding experimental and theoretical
15 isotopic patterns.

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23 The current presence of a Se tag in the form of SeMet/ $^{76}\text{SeMet}$ allowed an absolute
24 quantification of SEPP1 via Se-specific ICP-MS detection at the protein level. In this regard,
25 the second step in the development of the SS IDA approach was the inorganic
26 characterisation of synthesized [Sec-to-Cys]SEPP1 standards. Firstly, the natural and the
27 stable isotope enriched standards were characterised in terms of isotopic composition by
28 double AF-HPLC-ICP-MS. The isotopic enrichment of ^{76}Se in the spike was $(99.85 \pm 0.05)\%$,
29 ($k=2$), which agrees with the isotopic abundance of the $^{76}\text{SeMet}$ spike used during the
30 synthesis (Table 2). On the other hand, the natural isotopic abundances of Se in the non-
31 labeled [Sec-to-Cys]SEPP1 standard were confirmed (Table 2) and this standard was further
32 used for mass bias correction. Secondly, the Se mass fraction in the spike was calculated by
33 reverse IDA using two approaches: a) by an *on-line* quantification of the SEPP1 eluted from
34 the double AF-HPLC system using post-column IDA and a ^{77}Se spike, which gave a mass
35 fraction of $(409 \pm 43) \text{ ng g}^{-1} \text{ Se}$, ($n=5$, $k=2$) and b) by an *off-line* approach where the spike
36 was purified by a 30kDa cut-off membrane and the corresponding fractions were mineralized
37 and analyzed by IDA-ICP-MS. The Se mass fraction of the higher fraction was (409.0 ± 7.0)
38 $\text{ng g}^{-1} \text{ Se}$, ($n=3$, $k=2$), in good agreement with the post-column value and with lower
39 uncertainties. On the other hand, no significant Se levels were found in the filtrate ($(10.9 \pm$
40 $7.0) \text{ ng g}^{-1} \text{ Se}$). For further confirmation, this lower fraction was injected into the HPLC
41 system and no Se-bound to SEPP1 was detected.

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Once the stable isotope enriched spike was characterized, this material was applied for the
quantification of SEPP1 in the RMs by single SS IDA-ICP-MS (Supplementary information,
Equation S-1) at different days using different pre-packed AF columns. Five independent
sample blends of BCR-637 (Lot 744 and Lot 974) were prepared the same day and analyzed
on four different days. Each sample blend was run in triplicate and the results from all

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3 measurements ($n=15$) were combined yielding a Se mass fraction of (55.5 ± 3.2) ng g⁻¹ Se
4 ($k=2$) for SEPP1, with a relative expanded uncertainty of 5.7%. This value is in good
5 agreement with the values previously reported in the literature^{8,9,15,16} and also with those
6 obtained by post-column IDA in this work (Table 3). The synthesized [Sec-to-Cys]SEPP1
7 standard was injected into the chromatographic system between each triplicate sample blend
8 for the correction of SeH⁺, giving an average yield of $(2.85 \pm 0.36)\%$ evaluated at 4 different
9 days during 8 h of measurement. Also, the stability of the isotope ratio $R_{77/76}$ (0.276 ± 0.009)
10 in the sample blends was tested for one month with negligible change. Figure 2 shows a
11 chromatogram obtained for a sample blend of BCR-637 at masses 76 and 77, demonstrating
12 the same behaviour of the naturally present SEPP1 in the serum and the stable isotope
13 enriched SEPP1 spike.
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15 A complete uncertainty budget was elaborated according to the ISO/GUM guide²⁴. The
16 parameters taken into account for the calculation of the expanded uncertainty derived from
17 the SS IDA-ICP-MS equation (Supplementary information, Equation S-1), including the
18 measurement precision of the method. This last analytical parameter took into account the
19 inter- and intra-day variability, the serum interbatch variability and the use of different home-
20 packed affinity columns. The intra-day variability was calculated as the relative standard
21 deviation (RSD) of $R_{77/76}$ of a duplicate sample blend, either the same blend or different
22 blends, on a single day. Meanwhile the inter-day variability was evaluated based on the
23 results of the sample blends on 4 different days over a period of one month. The intra-day
24 variability, ranged from 0.2% to 2.8%, pointed out that variations within a single batch were
25 similar than ones between different batches. On the other hand, a similar inter-day variability
26 was obtained (0.3% - 3.2%), which showed no significant effect on the sample interbatch
27 variability, the sample preparation and the use of different affinity columns. Considering the
28 laboratory repeatability or intra-day variability, the most significant variables in the uncertainty
29 budget for the determination of SEPP1 using single SSIDA are a) the measured isotope ratio
30 of the sample blend (60%), b) the Se mass fraction of the spike (17%), c) the mass of the
31 spike (14%) and d) the mass bias correction factor, k (8%). As can be seen, the predominant
32 sources of uncertainty are linked to the measurement of transient signals accounting for
33 around 68% of the overall uncertainty, *i.e.* $R_{77/76}$ in the sample blend and $R_{77/76}$ in the
34 calibration standard for mass bias correction (k). Taking into account the measurement
35 precision, which combines inter- and intra-day variabilities, a relative expanded uncertainty of
36 5.7% was obtained.
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38 A similar analytical approach was conducted for SRM 1950. In this particular case, three
39 independent sample blends were prepared and run in four different days ($n=12$). The
40 measured isotope ratio $R_{77/76}$ (0.351 ± 0.013) in the sample blends kept also stable during the
41 time analysis. The obtained intra- and inter-day variabilities, ranged from 0.2% to 4.5%, were
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3 slightly higher in comparison to BCR 637. This could be ascribed to the nature of the sample,
4 since plasma represents a more complex specimen than serum. The mass fraction of
5 SEEP1 (as Se) in the SRM 1950 was found to be $(63.9 \pm 4.9) \text{ ng g}^{-1} \text{ Se}$ ($k=2$) with a relative
6 expanded uncertainty of 7.7%. A breakdown of the uncertainty budget showed the same
7 contributing factors described above. However, in this case, due to a higher sample
8 complexity, the measured isotope ratios in the sample blend and in the calibration standard
9 accounted for about 75% and 10% of the total uncertainty budget, respectively.

10
11 A slightly higher value for Se (as SEPP1) was obtained by SS IDA-ICP-MS in comparison to
12 the reference value assigned by post-column IDA ($(50.2 \pm 4.3) \text{ ng g}^{-1} \text{ Se}$, $k=2.6$)¹⁴. Although
13 the species-unspecific approach is known to provide accurate quantification results²³, it is
14 unable to correct for possible Se losses during the analytical procedure. Furthermore, SS
15 IDA-ICP-MS provided low uncertainties (5.7% and 7.7% for BCR-637 and SRM 1950,
16 respectively), which could be used to establish reference values to clinical trials and in the
17 characterization/validation of the calibration standard used in the ELISA kits for SEPP1. This
18 enhancement on the SI-traceability of the immunoassays standards will allow data
19 comparability in the determination of SEPP1 in serum/plasma.

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21 These data were further confirmed and validated with values obtained under the frame of the
22 EURAMET EMRP « Metrology for metalloproteins » project where a new double SS IDA-
23 ICP-MS was developed based on the use of unique stable isotope enriched Se-peptides of
24 SEPP1 (Figure 1.4a)²⁵. Se mass fractions for SEPP1 of $(56.2 \pm 1.7) \text{ ng g}^{-1} \text{ Se}$ and $(60.6 \pm$
25 $3.2) \text{ ng g}^{-1} \text{ Se}$ ($k=2$) in BCR-637 and SRM 1950, respectively, were obtained at the peptide
26 level, which agree well with those obtained for the whole protein using single SS IDA-ICP-
27 MS.

28 **Selenium mass balance as quality control**

29
30 In order to evaluate Se mass balance from the double AF-HPLC-ICP-MS system to provide
31 literature data comparison in the RMs BCR 637 and SRM 1950, total Se content by IDA-ICP-
32 MS (Figure 1.1) and Se-species quantification by post-column IDA were also explored
33 (Figure 1.3c). The simultaneous determination of Se-species in the RMs was carried out by
34 double AF-HPLC coupled to ICP-MS using Heparin and Blue stationary phases obtaining
35 three chromatographic peaks. The first fraction labelled as "GP3x + non-retained species"
36 represents all Se-species, mainly GP3x8, with no affinity to these resins, while Se-bound to
37 SEPP1 and Se-Albumin are given in the second and third fraction, respectively. Se mass
38 balance in the double AF-HPLC-ICP-MS will be estimated by the sum of Se mass fractions
39 from the three chromatographic fractions divided by the total Se obtained by IDA-ICP-MS.

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41 a) **Total Se content in human plasma/serum by double IDA-ICP-MS.** The second
42 step of our validation approach was the determination of total Se by double IDA-ICP-MS
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(Figure 1.1). The BCR-637 value obtained for the measured $R_{78/77}$ (79.6 ± 1.6) ng g^{-1} Se ($k=2$, $n=4$) fits perfectly with the reference value (79 ± 7) ng g^{-1} Se ($k=2$), which was expressed as mass fraction taking into account its measured density (1.0237 ± 0.0044) g mL^{-1} ($k=2$). A normalised error (E_N) of 0.14 lower than 2 proves that there are no significant differences between the determined and the certified value. For the SRM 1950, a Se mass fraction of (96.9 ± 4.1) ng g^{-1} Se ($k=2$, $n=4$) was determined by double IDA-ICP-MS, which is also in agreement with the reference value (105.5 ± 3.8) ng g^{-1} Se ($k=2.2$, $R_{80/77}$) with an E_N of 1.50. The $R_{78/77}$ ratio was preferred to $R_{80/77}$ to avoid further corrections due to the BrH^+ interference on the ^{80}Se signal²⁰.

b) Se-species determination in human plasma/serum by post-column IDA-ICP-MS. The post-column IDA methodology has been widely used to assign Se-species values in BCR human RMs^{8,9,15,16}, in quality control materials¹⁶, in human populations^{13,15,17,18} and in SRM 1950¹⁴. Until now, due to the lack of speciated selenoprotein standards, this has been the most accurate quantification method for selenoproteins. However, several variables involved in the on-line equation (Supplementary information, Equation S-2) should be carefully determined to ensure accurate and SI traceable results. In this regard, the flow of the spike was gravimetrically calibrated at the beginning and at the end of each day ((0.11005 ± 0.00091) g min^{-1}), its Se mass fraction was determined daily by reverse IDA-ICP-MS ((0.504 ± 0.017) ng g^{-1} Se) and the loop was gravimetrically calibrated to obtain the mass injected ((0.0495 ± 0.0096) g). Seven replicates from 2 different lots of BCR-637 (Lot 744 and 974) were systematically analysed at 2 different days using 2 different home-packed AF columns in order to account for interbatch Se variability and column loading. Similarly, for SRM 1950, 11 replicates were analysed at 3 different days using 2 different pre-packed AF columns. A summary of the quantification results for BCR-637 and SRM 1950 using the post-column IDA methodology is presented in Table 3, as well as values for BCR-637 reported in the literature based on the same approach^{15,16}. Regarding BCR-637, the developed post-column approach gave results for all three Se-species in close agreement with those already reported and a total Se recovery from the AF-HPLC system was achieved ($(100 \pm 7)\%$). Expanded uncertainties between 12% and 16% were obtained for all selenoproteins ($k=2$), where the main contribution to the uncertainty budget was the measured isotope $R_{76/77}$ in the mixture (60-89%). Other parameters that should be considered are the Se mass fraction of the spike (4-17%) and the mass injected (6-22%). Also in this case, no significant differences within experimental uncertainties were found by using different AF columns.

In case of SRM 1950, a good agreement between experimental and reference values¹⁴ was obtained by post-column IDA considering expanded uncertainties for the individual and the sum of Se species, except for the first fraction (GPx3 + non-retained species). A lower Se mass fraction ($R_{76/77}$) was obtained in comparison to the reference value using the ratio

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3 $R_{80/77}$. This higher value could be related to the interference of $^{79}\text{BrH}^+$ on the ^{80}Se isotope. It
4 was proved that the presence of $1 \mu\text{g g}^{-1}$ Br caused a bias of about 56% in the $^{77}\text{Se}/^{80}\text{Se}$ ratio
5 in a solution of 20 ng g^{-1} of Se^{20} . Nevertheless, a Se mass balance of $(102 \pm 10)\%$ was
6 achieved for SRM 1950, which showed a complete Se chromatographic recovery. Expanded
7 uncertainties between 11% and 16% were obtained for selenoproteins, similar to those
8 obtained for BCR-637. Also here, the main contributions to the uncertainty budget were the
9 measured isotope $R_{76/77}$ in the mixture (79-89%), the Se mass fraction of the spike (4-9%)
10 and the mass injected (6-11%). The main advantage of the post-column approach is that it
11 allows the quantification of all possible Se species even if they are unknown and that it does
12 not require any sample pre-treatment. On the other hand, losses before the complete mixing
13 of sample and spike are not corrected for and post-column IDA provides higher uncertainties
14 in comparison to SS IDA-ICP-MS (8.2% vs 5.7% for BCR-637 and 12.1% vs 7.7% for SRM
15 1950 in the case of SEPP1). Furthermore, a careful control of all experimental parameters
16 associated with the post-column equation should be conducted; while a small impact (<1%)
17 in the total uncertainty budget was observed for the spike's flow, the mass injected
18 contributed between 4% to 22%.

30 Conclusions

31 The present work illustrates the development of potential reference measurement
32 procedures of high metrological order based on the combination of IDA and ICP-MS for the
33 accurate assessment of Se in human serum. Here, a SEPP1 SS IDA at the protein level was
34 developed for the first time by the use of a stable isotope enriched standard ([Sec-
35 toCys]SEPP1). After the complete characterisation of the spike (for isotopic composition and
36 Se mass fraction), SEPP1 was determined in the RMs BCR-637 and SRM 1950. Results
37 obtained were in good agreement with those achieved by SS IDA via Se-peptides²⁵ and by
38 post-column IDA. However, SS IDA-ICP-MS provided the smallest uncertainties and seems
39 less affected by Se interbatch variability, affinity column capacity and possible analyte losses.
40 On the other hand, post-column IDA is a quantitative approach easier to be implemented and
41 less time consuming, which allowed the simultaneously determination of Se-species in
42 human serum/plasma RMs.

43 The developed SEPP1 SS IDA methodology could be used for the validation and quality
44 assurance of routine assays and for the certification of RMs, which will ensure SI traceability
45 in Se speciation. Moreover, this work reveals the excellent capabilities of cell-free *E.coli*
46 protein synthesis for the production of other stable isotope labeled standards that can be
47 extended to other selenoproteins (e.g. GPx3, thioredoxin reductase)²².

Acknowledgments

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Tables

Table 1. Operating conditions for the separation and quantification of selenoproteins in human plasma/serum

Double AF-HPLC conditions	
Affinity columns	HiTrap Heparin Sepharose (5 cm x 4.6 mm id) HiTrap Blue Sepharose (5 cm x 4.6 mm id)
Binding Buffer (A)	0.05 mol L ⁻¹ Ammonium Acetate, pH 7
Elution Buffer (B)	1.50 mol L ⁻¹ Ammonium Acetate, pH 7
Injection volume	50 µL (0.0495 ± 0.0096) g, <i>k</i> =2
Flow rate	1 mL min ⁻¹
Gradient	0-5 min, Buffer A, Position P1 (load) 5-10 min, Buffer B, Position P2 (inject) 10-15 min, Buffer B, Position P1
iCAP Q ICP-Q-MS parameters	
RF Power	1550 W
Carrier gas flow	1.05 L min ⁻¹
Auxiliary gas flow	0.80 L min ⁻¹
He gas flow	1.50 mL min ⁻¹
H ₂ gas flow	2.00 mL min ⁻¹
Collision cell Bias	-21 V
Pole Bias	-18 V
<i>Total Se analysis</i> ^c —	
Monitored masses for IDA	76, 77, 78 (1s) ^a ; 82, 83 (0.4s) ^b
Monitored masses for isotopic composition	74, 76, 77, 78, 80, 82, 83 (0.4s)
Replicates	5
<i>Time resolved analysis (TRA)</i> —	
Species-specific IDA	76, 77, 78 (0.1s) ^a ; 82, 83 (0.04s) ^b
Post-column IDA	76, 77, 78 (0.1s) ^a 76, 77, 78, 79, 80, 81, 82, 83 (0.04s) ^b
^a Masses measured for IDA	
^b Masses measured for corrections	
^c Integration time is given in brackets	

Table 2. Isotopic composition of the synthesized [Sec-to-Cys]SEPP1 spike and standard by double AF-HPLC-ICP-MS

Se Isotopes	Abundance, % (n=4, k=2)	
	Spike	Standard
⁷⁴ Se	0.035 ± 0.005	0.69 ± 0.02
⁷⁶ Se	99.85 ± 0.05 ^a	7.7 ± 0.3
⁷⁷ Se	0.05 ± 0.06	6.5 ± 0.3
⁷⁸ Se	0.03 ± 0.02	21.3 ± 0.9
⁸⁰ Se	0.02 ± 0.03	54.5 ± 2.0
⁸² Se	0.011 ± 0.008	9.3 ± 0.4
Atomic weight, g mol ⁻¹	75.92 ± 0.13	78.96 ± 0.03

^a ⁷⁶Se isotopic abundance of SeMet enriched with ⁷⁶Se (RM LGC 7330): 99.8(0.2)%

Table 3. Selenium mass fractions (ng g^{-1} Se) determined in BCR-637 and SRM 1950 by post-column IDA-ICP-MS

Se-species	BCR-637				SRM 1950
	This study (n=7, k=2)	[15] ^a (n=27)	[16] (n=5)	[9] ^a (n=3)	This study (n=11, k=2)
GPx3 + non-retained species	11.1 ± 1.5	16 ± 3	11 ± 1	13 ± 1	15.1 ± 1.7
SEPP1	52.7 ± 4.3	51 ± 5	52 ± 2	64 ± 5	61.1 ± 7.4
Se-Albumin	15.8 ± 2.5	9 ± 2	17 ± 2	14 ± 1	23.1 ± 3.7
Sum of species	80 ± 5	75 ± 9	80 ± 2	90 ± 5	99 ± 8
Total Se		79 ± 7 (k=2) ^a			105.5 ± 3.8 (k=2.2)

^a Reported values have been converted into ng g^{-1} Se using the density for data comparison

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Figures

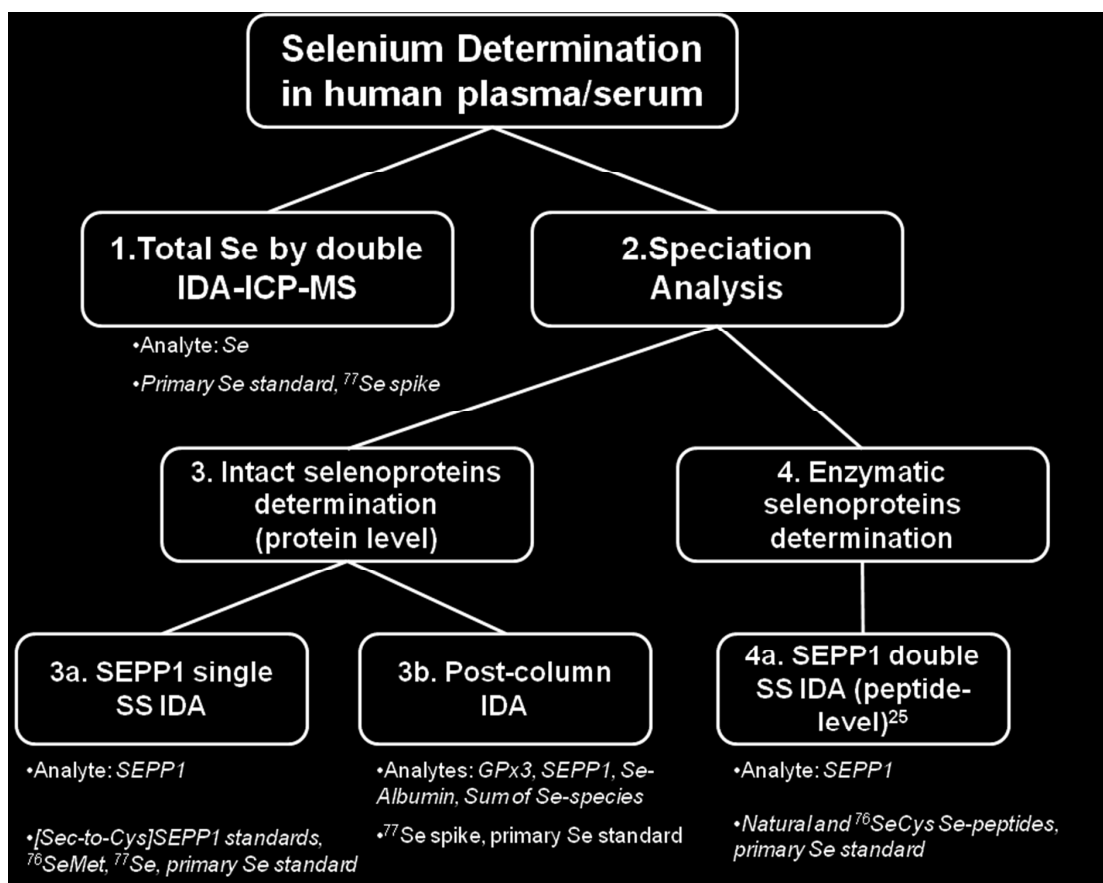


Figure 1. Workflow for the accurate assessment of selenoproteins in human serum

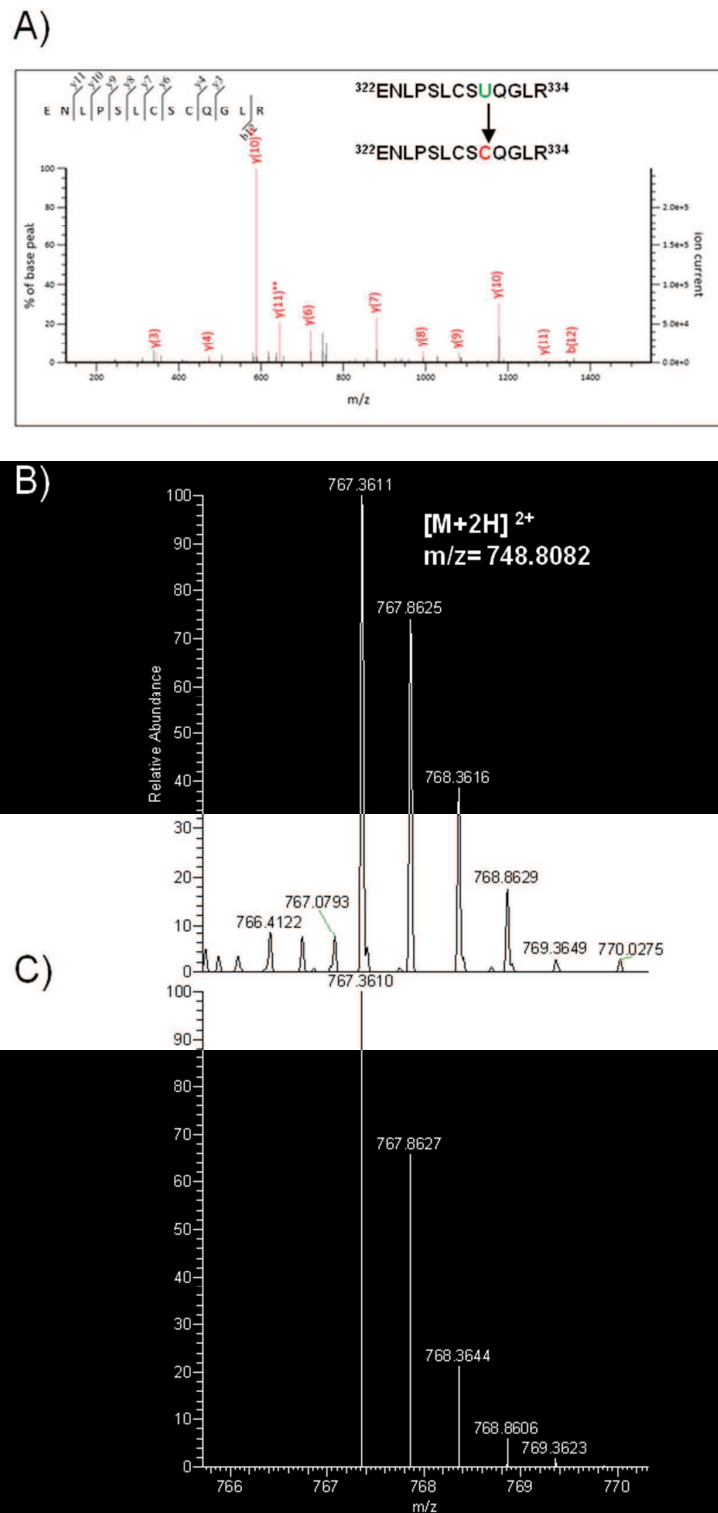


Figure 2. Molecular verification of the exchanged Cys residue (C) for the [Sec-to-Cys]SEPP1 peptide ENLPSLCSCQGLR by ESI MS/MS. (a) MS/MS spectrum, (b) experimental and (c) theoretical isotope pattern. U=SeCys

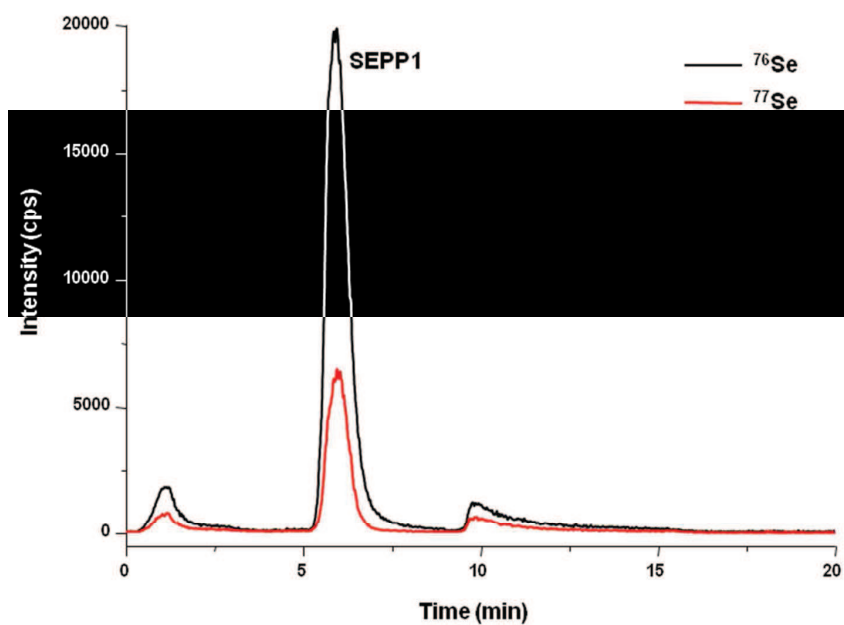


Figure 3. A sample blend (mixture of BCR-637 and the stable isotope enriched SEPP1 spike) chromatogram obtained by AF-HPLC-ICPMS

Supporting Information

Accurate quantification of selenoproteins in human plasma/serum by isotope dilution ICP-MS: Focus on Selenoprotein P

M.Estela del Castillo Busto^a, Caroline Oster^a, Susana Cuello-Nuñez^b, Christian L. Deitrich^b, Andrea Raab^c, Anna Konopka^{d,e}, Wolf D. Lehmann^d, Heidi Goenaga-Infante^b and Paola Fiscaro^{*a}

^a Laboratoire National de Métrologie et d'Essais (LNE), 1 rue Gaston Boissier, 75724 Paris Cedex 15, France.
Email: paola.fiscaro@lne.fr; Fax: +33 1 40 43 37 37 ; Tel: +33 1 40 43 37 59

^b LGC Limited, Queens Road, Teddington, TW11 OLY, Middlesex, United Kingdom.

^c TESLA University of Aberdeen, Department of Chemistry, Meston Walk, Aberdeen AB24 3UE, United Kingdom.

^d Molecular Structure Analysis, German Cancer Research Center (DKFZ), Im Neuenheimer Feld 280, 69120 Heidelberg, Germany.

^e Faculty of Chemistry, Biological and Chemical Research Centre, University of Warsaw, Pasteura 1, 02-093 Warsaw, Poland.

Equation S-1. Model equation for species-specific IDA-ICP-MS for SEPP1

Equation S-2. Model equation for species-unspecific IDA-ICP-MS

Equation S-1. Model equation for species-specific IDA-ICP-MS for SEPP1

The equation used for the determination of SEPP1 mass fraction (expressed as Se) in human plasma/serum by species-specific IDA-ICP-MS is shown below:

$$W_s = W_{sp} \cdot \frac{m_{sp}}{m_s} \cdot \frac{W_s}{W_{sp}} \cdot \frac{(R_{A/B} \cdot k \cdot B_{sp} - A_{sp})}{(A_s - R_{A/B} \cdot k \cdot B_s)} \quad \text{Equation 1}$$

w_s , mass fraction of SEPP1 in the sample blend (ng g^{-1} Se)

w_{sp} , mass fraction of SEPP1 in the spike (ng g^{-1} Se): (47.2 ± 1.0) ng g^{-1} Se, $k=2$

m_s , mass of the sample in the sample blend (g): (0.10487 ± 0.00051) g, $k=2$

m_{sp} , mass of the spike in the sample blend (g): (0.02567 ± 0.00051) g, $k=2$

W_s , atomic weight of the sample (g mol^{-1}): (78.96 ± 0.03) g mol^{-1} , IUPAC value, $k=2$

W_{sp} , atomic weight of the spike (g mol^{-1}): (75.92 ± 0.13) g mol^{-1} , $k=2$

$R_{A/B}$, isotope ratio measured in the mixture: $R_{77/76}$

k , mass bias correction factor: (0.8407 ± 0.0088), $k=2$

A_s , abundance of isotope A in the sample: (7.635 ± 0.010) %, IUPAC value

B_s , abundance of isotope B in the sample: (9.366 ± 0.018) %, IUPAC value

A_{sp} , abundance of isotope A in the spike: (0.03 ± 0.02 %), $k=2$

B_{sp} , abundance of isotope B in the spike: (99.85 ± 0.05 %), $k=2$

Equation S-2. Model equation for species-unspecific IDA-ICP-MS

The on-line equation used for the determination of the Se mass fraction bound to intact selenoproteins (GPx3, SEPP1 and Se-Albumin) in human serum by post-column IDA-AF-HPLC-ICP-MS is shown below:

$$MF_{sample} = w_{sp} \cdot f_{sp} \cdot \frac{W_s}{W_{sp}} \cdot \frac{(R_{A/B} \cdot k \cdot B_{sp} - A_{sp})}{(A_s - R_{A/B} \cdot k \cdot B_s)} \quad \text{Equation 2}$$

MF_{sample} , mass flow of the Se (ng Se)

w_{sp} , mass fraction of the Se in the spike solution (ng g⁻¹ Se): (0.504 ± 0.017) ng g⁻¹ Se, $k=2$

f_{sp} , flow of the spike solution (g min⁻¹): (0.11005 ± 0.00091) g min⁻¹, $k=1$

W_s , atomic weight of the sample (g mol⁻¹): (78.96 ± 0.03) g mol⁻¹, IUPAC value, $k=2$

W_{sp} , atomic weight of the spike (g mol⁻¹): (76.92 ± 0.03) g mol⁻¹, $k=2$

$R_{A/B}$, isotope ratio measured in the mixture: $R_{76/77}$

k , mass bias correction factor: (1.0431 ± 0.0078), $k=1$

A_s , abundance of isotope A in the sample: (9.366 ± 0.018) %, IUPAC value

B_s , abundance of isotope B in the sample: (7.635 ± 0.010) %, IUPAC value

A_{sp} , abundance of isotope A in the spike: (0.051 ± 0.004) %, $k=2$

B_{sp} , abundance of isotope B in the spike: (99.80 ± 0.25) %, $k=2$

The mass fraction of Se (w_{sample} , ng g⁻¹ Se) in the sample was obtained by the integration of the peak area divided by the mass injected (g). The resulted mass fraction can be multiplied by the density of the serum (g mL⁻¹) to get the Se concentration (ng mL⁻¹) in each chromatographic peak.

$$w_{sample} = \frac{Area}{m_{injected}} \quad \text{or} \quad C_{sample} = \frac{Area}{m_{injected}} \cdot \rho_{sample} \quad \text{Equation 3}$$

C_{sample} , concentration of Se in the sample (ng mL⁻¹ Se)

$m_{injected}$, mass injected (g): (0.0495 ± 0.0096) g, $k=2$

ρ_{sample} , density of BCR-637 RM (g mL⁻¹): (1.0237 ± 0.0044) g mL⁻¹, $k=2$

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3 **Accurate quantification of selenoproteins in human plasma/serum**
4 **by isotope dilution ICP-MS: Focus on Selenoprotein P**
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9 M.Estela del Castillo Busto^a, Caroline Oster^a, Susana Cuello-Nuñez^b, Christian L. Deitrich^b,
10 Andrea Raab^c, Anna Konopka^{d,e}, Wolf D. Lehmann^d, Heidi Goenaga-Infante^b and Paola Fiscaro^{*a}
11

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13
14 ^aLaboratoire National de Métrologie et d'Essais (LNE), 1 rue Gaston Boissier, 75724 Paris Cedex 15, France. Email:
15 paola.fiscaro@lne.fr; Fax: +33 1 40 43 37 37 ; Tel: +33 1 40 43 37 59
16

17 ^bLGC Limited, Queens Road, Teddington, TW11 OLY, Middlesex, United Kingdom.

18 ^cTESLA University of Aberdeen, Department of Chemistry, Meston Walk, Aberdeen AB24 3UE, United Kingdom.

19 ^dMolecular Structure Analysis, German Cancer Research Center, Im Neuenheimer Feld 280, D-69120 Heidelberg,
20 Germany.
21

22 ^eFaculty of Chemistry, Biological and Chemical Research Centre, University of Warsaw, Pasteura 1 Warsaw, Poland.
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34 **Figure 1.** Workflow for the accurate assessment of selenoproteins in human serum
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38 **Figure 2.** Molecular verification of the exchanged Cys residue (C) for the [Sec-to-
39 Cys]SEPP1 peptide ENLPSLCSCQGLR by ESI MS/MS. (a) MS/MS spectrum, (b)
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43 **Figure 3.** A sample blend (mixture of BCR-637 and the stable isotope enriched
44 SEPP1 spike) chromatogram obtained by AF-HPLC-ICPMS
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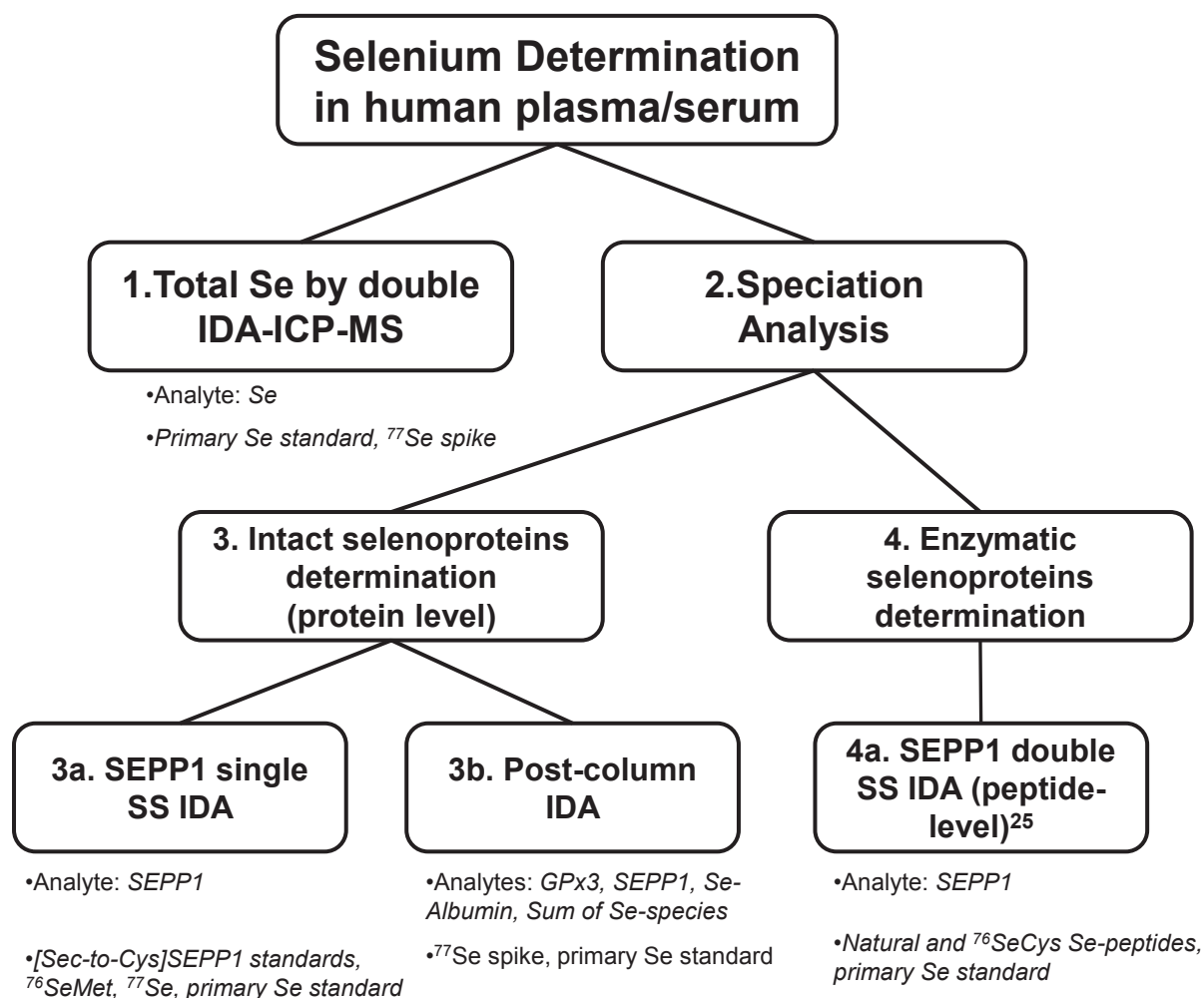
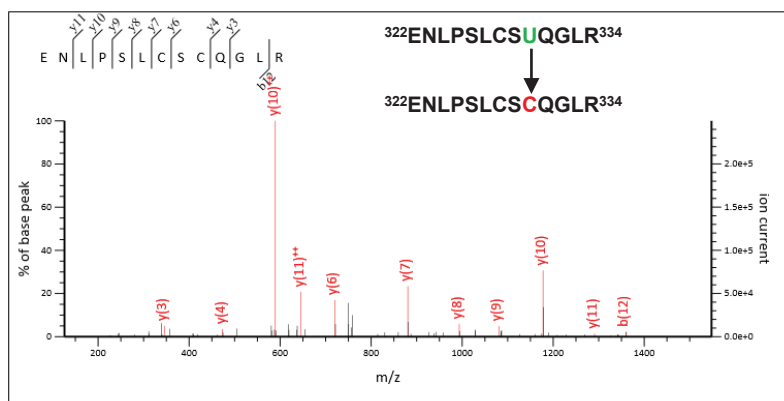
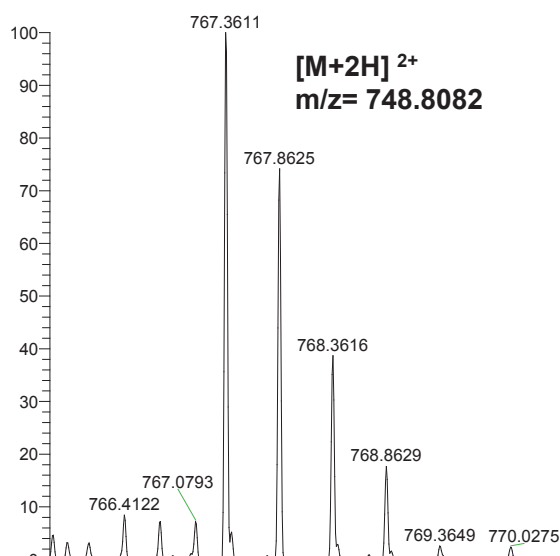


Figure 1. Workflow for the accurate assessment of selenoproteins in human serum.

A)



B)



C)

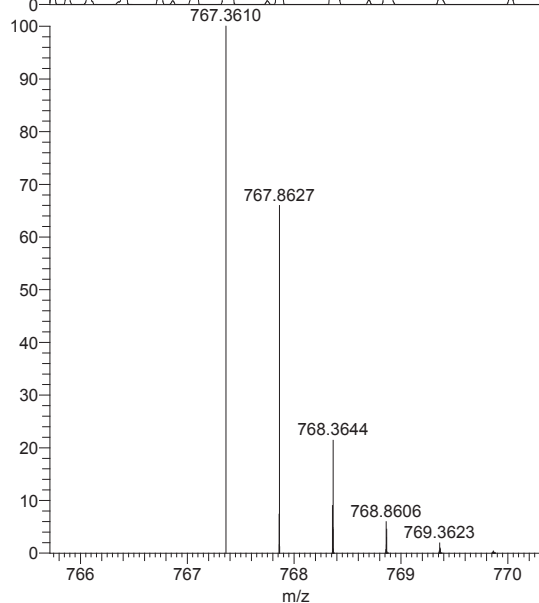


Figure 2. Molecular verification of the exchanged Cys residue (C) for the [Sec-to-Cys]SEPP1 peptide ENLPSLCSCQGLR by ESI MS/MS. (a) MS/MS spectrum, (b) experimental and (c) theoretical isotope pattern. U=SeCys

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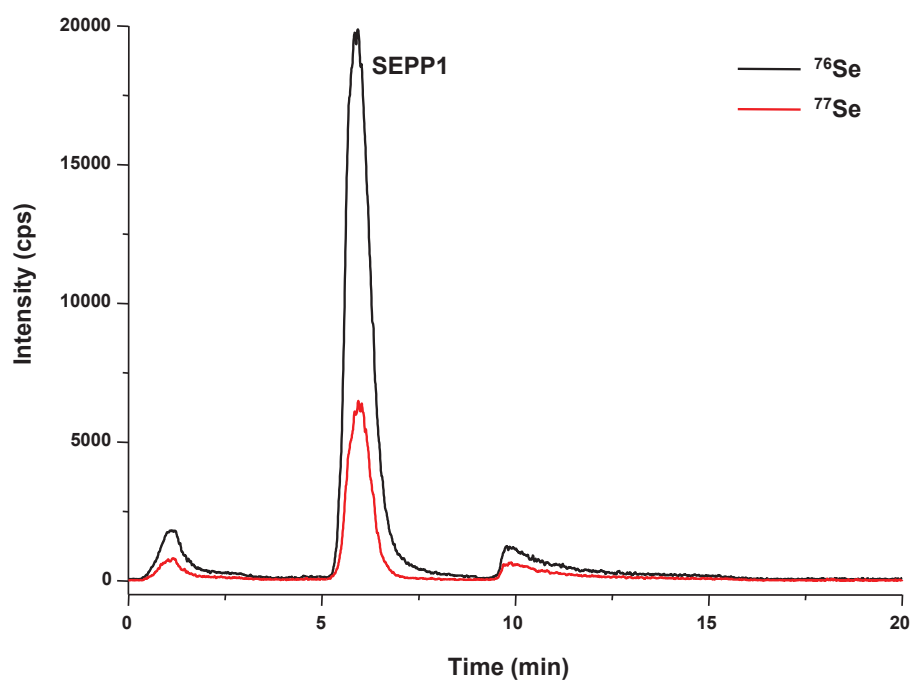


Figure 3. A sample blend (mixture of BCR-637 and the stable isotope enriched SEPP1 spike) chromatogram obtained by AF-HPLC-ICPMS