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# Outbreak of *Fusarium oxysporum* infections in children with cancer: an experience with 7 episodes of catheter-related fungemia

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#### Abstract

**Background:** *Fusarium* species are widely spread in nature as plant pathogens but are also able to cause opportunistic fungal infections in humans. We report a cluster of *Fusarium oxysporum* bloodstream infections in a single pediatric cancer center.

**Methods:** All clinical and epidemiological data related to an outbreak involving seven cases of fungemia by *Fusarium oxysporum* during October 2013 and February 2014 were analysed. All cultured isolates (n = 14) were identified to species level by sequencing of the *TEF1* and *RPB2* genes. Genotyping of the outbreak isolates was performed by amplified fragment length polymorphism fingerprinting.

**Results:** In a 5-month period 7 febrile pediatric cancer patients were diagnosed with catheter-related *Fusarium oxysporum* bloodstream infections. In a time span of 11 years, only 6 other infections due to *Fusarium* were documented and all were caused by a different species, *Fusarium solani*. None of the pediatric cancer patients had neutropenia at the time of diagnosis and all became febrile within two days after catheter manipulation in a specially designed room. Extensive environmental sampling in this room and the hospital did not gave a clue to the source. The outbreak was terminated after implementation of a multidisciplinary central line insertion care bundle. All *Fusarium* strains from blood and catheter tips were genetically related by amplified fragment length polymorphism fingerprinting. All patients survived the infection after prompt catheter removal and antifungal therapy.

**Conclusion:** A cluster with, genotypical identical, *Fusarium oxysporum* strains infecting 7 children with cancer, was most probably catheter-related. The environmental source was not discovered but strict infection control measures and catheter care terminated the outbreak.

**Keywords:** Fusariosis, *Fusarium* sp., *Fusarium* oxysporum, Catheter-related *Fusarium* fungemia, Pediatric invasive fungal infections

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#### Background

Due to prolonged survival of patients with cancer, invasive fungal diseases (IFD) emerged as important cause of morbidity and mortality. In pediatric cancer patients, *Candida* species remain as the most important cause of IFD followed by invasive infections by *Aspergillus* spp. and other moulds [1–3].

Epidemiology of fungal infections varies markedly according to the geographic region. In Brazil, *Fusarium* spp. infections have emerged as major pathogens of systemic infections among cancer patients [4]. *Fusarium* species are widely spread in nature as plant pathogens and are also able to cause superficial, locally invasive and disseminated infections in humans [5]. Infection occurs mainly through airborne transmission, skin breakdown due to trauma, burns or insertion of vascular catheters [6, 7]. The clinical presentation relies mostly on the hosts' immune status, with disseminated infections been reported especially in severe immunocompromised individuals leading to high mortality rates [6, 8].

The lack of data concerning the epidemiology and clinical aspects of invasive infections by *Fusarium* spp. in pediatric patients is notable. Here we report a cluster of *Fusarium oxysporum* bloodstream infections from seven pediatric cancer patients documented in a single Brazilian pediatric cancer center.

#### Methods

We retrospectively studied all clinical and epidemiological data related to an outbreak enrolling seven cases of fungemia by *Fusarium oxysporum* occurring between October 2013 and February 2014 in the Pediatric Oncology Institute (IOP), located in Sao Paulo, Brazil. IOP is a tertiary care hospital specialized in pediatric oncology which admits 300 new cases per year. The outbreak was documented in patients who had been treated with chemotherapy at the same room used for cancer ambulatory chemotherapy. All long-term intravascular catheters are implanted in the surgery room and cared for by a group of trained nurses.

Clinical and epidemiological data were collected by a single investigator who reviewed all electronic medical records in order to complete a clinical form including information related to gender, age, underlying diseases, presence of neutropenia, exposition to invasive medical procedures and immunosuppressive drugs, imaging, culture results, treatment and clinical outcome.

During the outbreak, all catheters were removed and cultured in accordance with procedures standardized in our division based on cultures of catheter tips and material inside the reservoir. A cut-off of  $\geq 10^3$  CFU/plate was used to differentiate significant from insignificant colonization as suggested by Brun–Buisson et al. [9, 10]. All patients were screened for putative deep-seated infection by sinus and chest CT as well as echocardiography and eye fundoscopy. After the diagnosis of fusariosis, at least two serum samples were collected from each patient to check for galactomannan levels and patients were followed for another 90 days for clinical signs and symptoms.

#### Laboratory procedures

#### Isolates

All *Fusarium* spp. cultured from blood and catheter samples (swab, flush and tip) were initially identified by morphological characteristics [11] and further identified to species level by sequencing *TEF1* and *RPB2* genes [12].

Besides clinical strains, we cultured environmental samples including air-filters, tap water samples, swab of room surfaces, and different intravenously administered drugs [13, 14]. We finally also evaluated all health care workers for the presence of onychomycosis or other superficial fungal infections.

#### Molecular identification of Fusarium isolates

Genomic DNA of all Fusarium isolates was extracted with the PrepMan Ultra Sample Preparation Reagent kit (Applied Biosystems, Palo Alto, CA, USA) according to the manufacturer's instructions. PCRs were performed for the amplification of the largest subunit of RNA polymerase (*RPB2*) and the translation elongation factor-1 $\alpha$  (*TEF1* $\alpha$ ) following the methods published by Salah et al. [15]. The primer pairs for TEF1 $\alpha$  were EF1 & EF2 [16] and for RPB2 were RPB2-7cR & RPB2 -5F [17]. PCR products were sequenced with the same primers used for amplification. The ABI Prism® Big DyeTM Terminator v. 3.0 Ready Reaction Cycle Sequencing Kit (Applied Biosystems) was used for sequencing PCR according to the manufacturer's instructions. The samples were run on an ABI 3730XL automatic sequencer (Applied Biosystems). A BLAST search of TEF1 and RPB2 sequences against the database FUSARIUM-ID (http://isolate.fusariumdb.orgl/), the Fusarium database (http://www.cbs.knaw.nl/fusarium) and GenBank databases (www.ncbi.nlm.nih.gov) were used as an initial step to identify isolates to species and/or species complex. The TEF1 and RPB2 nucleotide sequences of all isolates were deposited in GenBank.

#### Amplified fragment length polymorphism

Amplified fragment length polymorphism (AFLP) fingerprinting was performed as described recently [18]. Briefly, ~50 ng of genomic DNA was digested by using the Hpy-CH4IV and MseI restriction enzymes (New England Biolabs, Ipswich, MA, U.S.A.) and in the same reaction specific adaptors were ligated to each of the two sticky ends of the DNA fragments. The samples were after a 1 h incubation at room temperature diluted with 10 mM Tris-HCl, 1.0  $\mu$ l of this diluted product was used as input for the PCR that contains the selective primers HpyCH4IV-C (5'-FluGTAGACTGCGTACCGTAC-3') and MseI-TGAG (5'-GATGAGTCCTGACTAATGAG). After the PCR was performed, the amplicons were  $20 \times$  diluted using ddH<sub>2</sub>O and 1.0 µl of it was mixed with 8.9 µl ddH<sub>2</sub>O and 0.1 µl LIZ600 internal size marker (Promega, Leiden, The Netherlands) followed by a heating step for 1 min at 100 °C. Fragment analysis was performed on an ABI3500xL Genetic Analyzer (Applied Biosystems, Foster City, CA, U.S.A.) according to the manufacturer's instructions. Subsequently, the raw data was imported into Bionumerics v7.5 (Applied Maths, Sint Martems-Latum, Belgium), after processing the data a dendrogram was generated by using the UPGMA algorithm.

#### Results

From October 2013 to February 2014 we were caught by surprise with the occurrence of seven episodes of microbiologic documented catheter-related *F. oxysporum* bloodstream infections (CR-BSI) in our division. This finding led us to believe that we were facing an outbreak because only six cases of invasive fusariosis had been diagnosed in our hospital in the 11 years previously, all caused by *Fusarium solani* species complex strains.

Demographic and clinical data of all seven patients are depictured in Table 1. Ages ranged from 0 to 8 years (3) males), 6 out 7 were treated with chemotherapy for solid tumors, and one for acute lymphoid leukemia (ALL). Two patients (solid tumors) had underwent an autologous stem cell transplantation more than 14 days before and none of the patients received corticosteroids or other immunosuppressive agents. Only one patient had a neutrophil count below 500 cells/mm<sup>3</sup> at the moment of the infection. Fever was the only trigger to collect blood cultures and vascular catheters were removed promptly at the time fungemia was identified. The six intravascular devices removed included 5 totally surgically implanted (Porth-a-Cath) catheters and one peripherally inserted catheter (PICC). All fungemic episodes were documented following 2 days after the last catheter puncture by the nurse. No single patient had any additional skin breakdown or onychomycosis that could explain the portal of entrance for Fusarium spp. All catheter tips, reservoir and blood cultures collected through the CVC of the 7 patients yielded Fusarium oxysporum. Although they had no signs or symptoms of any organ involvement, further laboratorial investigation was conducted to exclude fungal invasion of target organs. All children had a chest computer tomography (CT), sinus magnetic resonance image, eye fundoscopy and echocardiography done without any evidence of a deep-seated fungal infection. All serum samples were galactomannan negative. Catheters were promptly removed after blood cultures became positive and all patients had good clinical response to antifungal therapy. Oral voriconazole was the therapy of choice for six patients (7 mg/kg/dose) and adequate serum levels ( $\geq$ 1 mg/

L) were measured in all patients. One child was treated with liposomal amphotericin B (5 mg/kg/day) due to age restrictions (9 months) for using voriconazole.

It is important to note that during the whole period this cluster occurred, the hospital building was being enlarged, counting with an extensive construction area.

All environmental samples and different intravenous preparations in search for sources of *Fusarium* spp. were negative. Healthcare workers who had previous contact with the patients were checked for the presence of any cutaneous or nail lesions suggestive of fungal infections but nothing was found.

#### Molecular identification of Fusarium isolates

A total of 16 *Fusarium* spp. clinical isolates were identified to genus level by colony and microscopic characteristics of the isolates. Upon molecular identification, based on *TEF1* and *RPB2* partial genes analysis, all *Fusarium* isolates were found to be members of the *F. oxysporum* species complex. All environmental samples were culture negative.

A phylogenetic tree (Additional file 1: Figure S1) was constructed with a total of 20 sequences for two genes, with three strains from the *Fusarium solani* species complex (FSSC) i.e. *F. falciforme* (NRRL32542), *F. keratoplasticum* (FRC-S2477) and *F. petroliphilum* (NRRL32856) as outgroup. The generated tree was separated into two clades. Clade 1 included all members of the *F. oxysporum* species complex (FOSC) and clade 2 represented the *F. solani* species complex (FSSC), the final result of the identification process was that 16 isolates were confirmed as members of FOSC.

### Typing results by amplified fragment length polymorphism

All *Fusarium* strains obtained from blood and catheter tips were considered genetically related by AFLP fingerprinting, suggesting that all isolates had a common source. Cluster analysis revealed the presence of two clusters, one with a 95% similarity that includes isolates BRAZIL 1127 (Patient 2 catheter tip culture), 1129 (Patient 2 reservoir culture), 1131 (Patient 2 blood culture) and 1134 (Patient 3 catheter tip culture), and a second one with all other Brazilian isolates that exhibited similarity of 97% (Fig. 1). The reference *F. oxysporum* isolates CBS192.31 and CBS180.29, had a similarity of 90% and 80%, respectively, to the Brazilian isolates.

#### Discussion

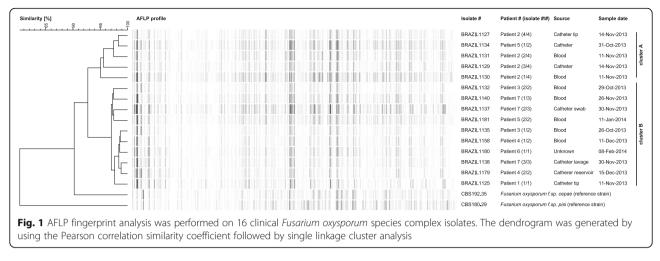
In Brazil, invasive fusariosis is the most common cause of systemic mould infections in hematologic cancer patients [4] and has been associated with a poor prognosis [19]. There is a gap in knowledge with regard to the epidemiology of fusariosis in pediatric patients. Most papers

| Case | case Underlying<br>diseases | HSCT   | Age (years) | Gender    | HSCT Age (years) Gender Neutropenia CVC | CVC                           | UMI      | placement and infection exam | Chest LI | 2                    | exam   | Inerapy         | Uuration<br>(days) | Outcome |
|------|-----------------------------|--------|-------------|-----------|---|-------------------------------|----------|------------------------------|----------|----------------------|--------|-----------------|--------------------|---------|
|      | Solid tumor                 | Auto 3 | m           | Male      | Yes                                     | Port-a-cath Negative 665 days | Negative | 665 days                     | Normal   | Normal Normal Normal | Normal | Voriconazole    | 21                 | Alive   |
| 2    | Solid tumor                 | No     | 2           | Female No | No                                      | Port a cath Negative 89 days  | Negative | 89 days                      | Normal   | Normal Normal        | Normal | Voriconazole    | 21                 | Alive   |
| e    | Solid tumor                 | No     | -           | Male      | No                                      | Port a cath Negative 114 days | Negative | 114 days                     | Normal   | Normal Normal        | Normal | Voriconazole    | 21                 | Alive   |
| 4    | Solid tumor                 | No     | 9 months    | Female No | No                                      | Port a cath Negative 125 days | Negative | 125 days                     | Normal   | Normal               | Normal | L-Ampho B       | 16                 | Alive   |
| 5    | Solid tumor                 | Auto   | -           | Female No | No                                      | Port a cath Negative 112 days | Negative | 112 days                     | Normal   | Normal Normal        | Normal | Voriconazole    | 21                 | Alive   |
| 9    | Solid tumor                 | No     | 2           | Female No | No                                      | Port a cath Negative 282 days | Negative | 282 days                     | Normal   | Normal Normal        | Normal | Voriconazole 21 | 21                 | Alive   |
| 7    | ALL in remission No         | No     | 80          | Male No   | No                                      | PICC                          | Negative | Negative 158 days            | Normal   | Normal Normal Normal | Normal | Voriconazole 14 | 14                 | Alive   |

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Carlesse et al. Antimicrobial Resistance and Infection Control (2017) 6:93

Page 5 of 7



represent single case reports, with the exception of two outbreaks that were also documented in Brazilian medical centers and a review paper [20–22]. Information provided by the largest pediatric series of fusariosis published in the medical literature shows that the most common underlying condition was leukemia. Lung, blood and skin were the most commonly reported sites of infection and mortality rates are usually higher than 50% [22].

There is a consensus in the literature that the respiratory tract is the main portal of entry for this fungal infection, followed by skin breakdown due trauma and/or burns [23–31]. Despite some reports suggesting that fusariosis may also be acquired by contamination of a central venous catheter, the real prevalence and the natural history of intravascular catheter related fusariosis remains unclear [32–36].

Velasco and colleagues reported four immunocompromised children between 4 and 12 years, having neuroblastoma (n = 1) or hematologic malignancies (n = 3) who developed catheter-related *Fusarium* spp. infections without neutropenia. Fungemia was followed by skin lesions in only one patient and there was no clinical or radiological evidence of respiratory tract involvement. All patients survived after cathether removal and treatment with conventional amphotericin B [21].

Recently, Colombo et al. [35] described a case of a 13year-old boy in Italy diagnosed with ALL readmitted 1 month after the start of chemotherapy due to intermittent fever of unknown origin, without any clinical or radiological evidence of invasive infection. Patient had his Broviac central venous catheter removed and blood cultures taken from the CVC were positive only for *F. solani* species complex. In addition, scanning electron microscopy of the catheter tip demonstrated the formation of a large mycelium in the catheter lumen that yielded a positive culture of *F. solani* complex. This finding represents a strong support for the hypothesis that fungemia was related to fungal colonization of the catheter. Fungemia resolved without any evidence of deepseated infection after prompt CVC removal and therapy with voriconazole.

We report an outbreak of F. oxysporum infection enrolling 6 children with solid cancers and one with ALL in complete remission without persistent neutropenia. Fever was the only clinical manifestation of infection and the trigger to collect blood cultures in all episodes. Patients were carefully examined, and no single event of fungal deep tissue infection was documented. Finally, in the absence of respiratory infection as well as any type of skin breakdown that could be the port of entry, we are convinced that the intravascular catheter was the source of all episodes of F. oxysporum. Indeed, by typing all isolates with AFLP we confirmed our hypothesis that the 7 cases of *F* oxysporum were related, and all cultures of catheter tips and reservoirs had similar or identical genotypes to isolates obtained from blood cultures. Because all environmental investigations were negative for the presence of Fusarium spp., we were not able to identify the presumed common source of all infections. On the other hand, we may not exclude the possibility that medical devices were colonized by Fusarium during inappropriate management of intravascular catheters by health care workers or by the contamination of intravascular fluids.

Disseminated fusariosis is a difficult to treat fungal infection with an overall mortality ranging between 50% and 80% mostly due to uncontrolled hematologic malignant disease, prolonged neutropenia and the exposition to corticosteroids [19, 37]. Indeed, during a recent outbreak among children with cancer, fungemia and deep-seated infections due to *Fusarium* the mortality rate was 50% [20].

In contrast, in the present series, and as documented by previous reports of catheter related fusariosis [21, 33], we observed a complete clinical recovery of all patients after removal of the intravascular catheter and initiation of appropriate antifungal therapy. The good outcome documented with our patients may be explained also because there was no neutropenia or exposition to corticosteroids at the time they developed fusariosis.

*F. oxysporum* was the etiologic agent responsible for all fungemias documented in the present outbreak. This finding is in accordance with previous reports where seven out ten cases of *Fusarium* spp. fungemias and intravascular catheter related infections were due non-*solani Fusarium* species [21, 23, 33–36, 38].

Measures taken to control the outbreak were lowering the level of humidity in the CVC storage room and the implementation of a multidisciplinary quality-improvement intervention, including a central line insertion care bundle, consisting of hand hygiene, maximal sterile barrier use upon insertion and use of chlorhexidine skin disinfection. After the introduction of these actions, no further cases were noted.

In conclusion, *Fusarium* fungemia may be acquired by intravascular catheter colonization without any further deep-seated infections. In case of *Fusarium* outbreaks, especially involving non-*F. solani* species, clinicians should be aware that contamination of central venous catheter may be the potential source of infection.

#### Conclusions

We described 7 episodes of *Fusarium oxysporum* fungemia where we presented strong clinical and laboratorial documentation supporting the hypothesis that the portal of entry for all cases of fusariosis was the intravascular central catheter. In case of *Fusarium* outbreaks, especially involving non-*F. solani* species, clinicians should be aware that contamination of central venous catheter may be a potential source. Finally, we added information suggesting that the clinical outcome of catheter related fungemia due to *Fusarium* may be favorable in patients without neutropenia who were submitted to prompt CVC removal and early initiation of antifungal therapy.

#### Additional file

Additional file 1: Figure S1. Phylogenetic tree resulting from RAXML analysis for the RPB2 and TEF1genes (values of 85% for maximum likelihood are shown). List of the 16 isolates examined in this study (Brazil) and controls. (TIFF 330 kb)

#### Abbreviations

AFLP: Amplified fragment length polymorphism; ALL: Acute lymphoid leukemia; CFU: Colony forming unit; CR-BSI: Catheter-related blood stream infections; CT: Computer tomography; CVC: Central venous catheter; FOSC: Fusarium solani species complex; FSSC: Fusarium solani species complex; IFD: Invasive fungal diseases; PICC: Peripherally inserted central catheter

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#### Availability of data and materials

Please contact author for data requests.

#### Authors' contributions

FC and ALC performed epidemiological data analysis and initial draft preparation. FC, APCA, MLML, VZ, and ASP took care of patients and were involved in outbreak control. SSG, HX, FH and AMA, performed molecular studies. JFM and ALC provided expert advice and methodology. FC, JFM, and ALC finalized the draft. All authors read and approved the final manuscript.

#### Ethics approval and consent to participate

This study was approved by the local institutional review board with approval IRB number 1.093.913.

#### Consent for publication

Not applicable.

#### **Competing interests**

FC received educational grants from Pfizer, United Medical and Astellas. ALC received educational grants from Pfizer, Gilead, United Medical and Astellas, and funding for research from Pfizer and Astellas. JFM received grants from Astellas, Basilea and Merck. He has been a consultant to Astellas, Basilea and Merck and received speaker's fees from Merck, United Medical and Gilead. All other authors no conflict of interest.

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