

## ACCEPTED MANUSCRIPT

1 **Gene expression changes in the ventral hippocampus and medial prefrontal**  
2 **cortex of adolescent alcohol-preferring (P) rats following binge-like-alcohol**  
3 **drinking.**  
4

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25 **ABSTRACT**

26 Binge drinking of alcohol during adolescence is a serious public health concern with long-term  
27 consequences, including decreased hippocampal and prefrontal cortex volume and defects in  
28 memory. We used RNA sequencing to assess the effects of adolescent binge drinking on gene  
29 expression in these regions. Male adolescent alcohol-preferring (P) rats were exposed to  
30 repeated binge drinking (three 1-hour sessions/d during the dark/cycle, 5 days/week for 3 weeks  
31 starting at 28 days of age; ethanol intakes of 2.5 to 3 g/kg/session). Ethanol significantly altered  
32 the expression of 416 of 11,727 genes expressed in the ventral hippocampus. Genes and  
33 pathways involved in neurogenesis, long-term potentiation and axonal guidance were  
34 decreased, which could relate to the impaired memory function found in subjects with  
35 adolescent alcohol binge-like exposure. The decreased expression of myelin and cholesterol  
36 genes and apparent decrease in oligodendrocytes in P rats could result in decreased  
37 myelination. In the medial prefrontal cortex, 638 of 11,579 genes were altered; genes in cellular  
38 stress and inflammatory pathways were increased, as were genes involved in oxidative  
39 phosphorylation. Overall, the results of this study suggest that adolescent binge-like alcohol  
40 drinking may alter the development of the ventral hippocampus and medial prefrontal cortex and  
41 produce long-term consequences on learning and memory, and on control of impulsive  
42 behaviors.

43

44 **Keywords:** hippocampus, prefrontal cortex, binge drinking, alcohol45 **Abbreviations:**

46 P: alcohol preferring

47 vHip; ventral hippocampus

48 mPFC; medial prefrontal cortex

49 DRN: dorsal raphe nucleus

50 PAG: periaqueductal gray

51 CeA: central core of the amygdala

52 Acbshell: nucleus accumbens shell

53 LTP: long term potentiation

54 RPKM: reads per kilobase per million reads

55 FDR: false discovery rate

56 **INTRODUCTION**

57 Alcohol (ethanol) use is typically initiated during adolescence. More than 25% of 8<sup>th</sup> graders  
58 (13 years old) and 50% of 10<sup>th</sup> graders have used alcohol in the past year. Drinking, especially  
59 binge drinking, escalates during adolescence; 20% of 12<sup>th</sup> graders report consuming  $\geq 5$  drinks  
60 per occasion, and 10.5% consumed  $\geq 10$  drinks per occasion within the past 2 weeks (Spear,  
61 2015). Adolescents are especially vulnerable to brain impairment by excessive ethanol  
62 exposure (Geil et al., 2014; Jacobus & Tapert, 2013; Spear, 2015).

63 College students given a memory task while intoxicated showed that those students with a  
64 previous history of binge drinking performed more poorly than other students (Weissenborn &  
65 Duka, 2003). Rats exposed to chronic intermittent ethanol as adolescents showed impaired  
66 memory when re-exposed to acute alcohol, whereas rats similarly exposed as adults did not  
67 (White, Ghia, Levin, & Swartzwelder, 2000). The hippocampus plays an essential role in  
68 episodic memory formation; the ventral hippocampus (vHip) communicates with multiple nuclei  
69 of the mesocorticolimbic and extended amygdala systems in this process (Alberini, 2013;  
70 Martinez J, 1998). Optogenetic techniques have demonstrated that the hippocampus,  
71 particularly the ventral portion of the dentate gyrus, is also involved in anxiety-like behavior  
72 (Kheirbek, Klemenhagen, Sahay, & Hen, 2012). Significant maturation of the brain occurs  
73 during adolescence, including neurogenesis, myelination, and selective pruning. In rodents,  
74 hippocampal neurogenesis is higher in adolescents than adults (He & Crews, 2007). Imaging  
75 studies have shown that adolescents with alcohol use disorders have smaller hippocampi (De  
76 Bellis et al., 2000; Nagel, Schweinsburg, Phan, & Tapert, 2005) and that the effect of alcohol on  
77 hippocampal volume is greater in adolescents than in adults (Geil et al., 2014; Jacobus &  
78 Tapert, 2013). Ethanol-induced reductions in hippocampal volume are due in part to inhibition of  
79 neurogenesis by alcohol (Morris, Eaves, Smith, & Nixon, 2010), particularly at the higher  
80 concentrations of alcohol experienced during alcohol binge exposure (Crews, Mdzinarishvili,  
81 Kim, He, & Nixon, 2006).

82 The medial prefrontal cortex (mPFC) plays many critical functions. It receives inputs from  
83 sensory areas of the brain, limbic systems and the hippocampus, which allows context specific  
84 decisions using these inputs to guide adaptive behavior (Euston, Gruber, & McNaughton, 2012).  
85 The maturation of the PFC continues from adolescence into early adulthood. This delayed  
86 maturation plays a role in the thrill-, risk- and novelty-seeking behavior seen in adolescence  
87 (Crews, Vetreno, Broadwater, & Robinson, 2016; Ernst & Fudge, 2009). Adolescents with  
88 alcohol use disorders have decreased white matter and grey matter in the prefrontal cortex (De

89 Bellis et al., 2005). The reduced prefrontal volume is associated with increased impulsivity,  
90 which can lead to poor decision-making and control (Crews & Nixon, 2009; Dalwani et al.,  
91 2011). Adolescent binge drinking in rats reduces prefrontal myelin (Vargas, Bengston, Gilpin,  
92 Whitcomb, & Richardson, 2014), and leads to a disruption of dopaminergic and GABAergic  
93 transmission in the adult mPFC, which can contribute to deficits in decision making in adults  
94 (Trantham-Davidson et al., 2016). Adult P rats exhibit higher impulsive-like behavior compared  
95 to non-selected rats (Beckwith & Czachowski, 2014, 2016).

96 We have used a selectively bred rat model of alcoholism that voluntarily drinks large  
97 quantities of ethanol to study the effects of binge ethanol drinking on adolescent neurobiology.  
98 The alcohol-preferring P rats consume alcohol for its CNS pharmacologic effects rather than for  
99 calories and meet criteria proposed for an animal model of alcoholism (reviewed in (McBride,  
100 Rodd, Bell, Lumeng, & Li, 2014). Studies using these animals have revealed important  
101 information on behaviors, brain function and transcriptomes affected by drinking ethanol (R. L.  
102 Bell, Rodd, Engleman, Toalston, & McBride, 2014; McBride, Kimpel, et al., 2014; McBride,  
103 Rodd, et al., 2014; McClintick et al., 2015, 2016). We have previously studied the effects of  
104 repeated binge-like alcohol drinking during adolescence on the nucleus accumbens shell  
105 (Acbshell) and central nucleus of the amygdala (CeA) (McBride, Kimpel, et al., 2014), the dorsal  
106 raphe nucleus (DRN) (McClintick et al., 2015), and the periaqueductal gray (PAG) (McClintick et  
107 al., 2016) of these animals. Given the decreases in volume of both hippocampus (De Bellis et  
108 al., 2000) and prefrontal cortex (De Bellis et al., 2005) after heavy alcohol use in adolescence,  
109 the effects of chronic drinking on memory (Weissenborn & Duka, 2003; White et al., 2000), and  
110 the increased impulsivity of P rats (Beckwith & Czachowski, 2014, 2016), here we examined the  
111 transcriptome of the ventral hippocampus and medial prefrontal cortex following adolescent  
112 binge-like alcohol drinking by alcohol-preferring (P) rats.

113

## 114 **MATERIALS and METHODS**

### 115 *Ethanol binge drinking*

116 Adolescent male P rats were allowed to binge drink as described previously (McBride,  
117 Kimpel, et al., 2014). Briefly, starting at 28 days of age, 11 male P rats were given *ad libitum*  
118 access to food and water, and access to ethanol (15 and 30% ethanol solutions concurrently  
119 available) in 3 x 1 h sessions per day for 5 consecutive days/week, while 10 control animals  
120 were treated identically except without access to ethanol (Bell et al., 2014; Bell et al., 2011). As

121 reported previously (Bell et al., 2011), this procedure leads to BACs of 80 - 100 mg% and motor  
122 impairment, criteria established by National Institute for Alcoholism and Alcohol Abuse (NIAAA)  
123 for binge-drinking (NIAAA, 2004). Animals were euthanized at 49 days of age, 3 h after the first  
124 access period on the 15<sup>th</sup> day of ethanol drinking. This 3-h time-point was selected in an attempt  
125 to maximize the response to alcohol on the expression of genes. All research protocols were  
126 approved by the Indiana University School of Medicine Institutional Animal Care and Use  
127 Committee and are in accordance with the guidelines of the Institutional Care and Use  
128 Committee of the National Institute on Drug Abuse, National Institutes of Health, and the Guide  
129 for the Care and Use of Laboratory Animals (Institute of Laboratory Animal Research & Council,  
130 1996)). As previously reported (McBride et al., 2014a), adolescent male P rats had an average  
131 ethanol intake of 10 g/kg in the three 1-hr scheduled access sessions during the first week, with  
132 average intakes of 3 – 4 g/kg in each of the 3 sessions. In the second and third weeks, the P  
133 rats had an average ethanol intake of 8 g/kg in the three 1-hr sessions, with average intakes of  
134 2.5 – 3 g/kg in each of the three 1-hr sessions.

#### 135 *Dissection and RNA extraction*

136 Brains were rapidly extracted and flash-frozen in isopentane in dry ice and stored at -80 C  
137 until sectioning. Brains were sectioned (300  $\mu$ m) and the mPFC was micro-punched from +3.2  
138 mm to +2.2 mm from bregma, including both prelimbic and infralimbic cortices, and the ventral  
139 hippocampus was micro-punched from -5.3 mm to -6.3 mm from bregma, using procedures  
140 previously described (McBride, Kimpel, et al., 2014). RNA was extracted using twice the  
141 suggested ratio of TRIzol (Life Technologies, Carlsbad, CA) to tissue (Edenberg et al., 2005),  
142 followed by additional purification using RNeasy columns (Qiagen, Hilden Germany). The yield,  
143 concentration and purity of the RNA were measured by Nanodrop (Thermo Fisher Scientific,  
144 Waltham, MA) spectrum from 220 nm to 340 nm. Quality was further assessed by Agilent  
145 Bioanalyzer (Agilent Technologies, Santa Clara, Ca); RNA integrity numbers (RIN) averaged 8.7  
146 for vHip and 8.4 for mPFC samples. Gene expression changes have previously been reported  
147 in four brain regions of these same animals: nucleus accumbens shell and central nucleus of  
148 the amygdala (McBride, Kimpel, et al., 2014), dorsal raphe nucleus (McClintick et al., 2015) and  
149 periaqueductal gray (McClintick et al., 2016).

#### 150 *RNA sequencing and analysis*

151 RNA sequencing and analysis were carried out as previously reported (McClintick et al.,  
152 2015). Briefly, strand-specific libraries were prepared after ribo-reduction using Life  
153 Technologies SOLiD<sup>TM</sup> Total RNAseq kit (Life Technology, Carlsbad, CA). Library preparations

154 were done in balanced batches. All samples for each brain region were pooled in equal molarity  
155 before EZbead preparation, followed by sequencing on a combination of SOLiD4™ and  
156 SOLiD™ 5500xl sequencers (50 base reads and 75 base reads, respectively). Aliquots of the  
157 same library preparations were sequenced on both machines. An average of 22.7 M (vHip) and  
158 24.1 M (mPFC) reads per sample were mapped to Rn4 (Table 1). The edgeR package  
159 (Robinson, McCarthy, & Smyth, 2010) was used to identify genes differentially expressed  
160 between control and alcohol groups. FDR was calculated within edgeR according to Benjamini  
161 and Hochberg (Benjamini & Hochberg, 1995). Analysis was limited to those genes with  $\geq 1$   
162 count per million in at least three samples. Library preparation batch was included as a factor in  
163 the analysis.

164 Qiagen Ingenuity Pathway Analysis (IPA, QIAGEN, Redwood City, version Winter 2015)  
165 was used to identify pathways that are significantly enriched in differentially expressed (FDR  $\leq$   
166 0.05) genes. Upstream regulator analysis uses the curated knowledge base to identify  
167 molecules that could possibly be responsible for the observed changes in gene expression.  
168 Upstream regulators can be proteins and other endogenous factors or exogenous factors such  
169 as drugs. A positive z-score suggests the regulator is active and a negative z-score suggests  
170 the regulator is inhibited; the magnitude indicates the strength of the predicted effect. In the  
171 case of exogenous factors, a positive z-score indicates the effect expected if the factor were  
172 added and a negative z-scores indicates that changes in expression of downstream targets are  
173 opposite what would be expected if the factor is added, thus addition of the factor might be able  
174 to reverse the effects. Putative target genes of upstream regulators are also identified. A white  
175 paper description of the z-score calculation is available at:  
176 [http://pages.ingenuity.com/rs/ingenuity/images/0812%20upstream\\_regulator\\_analysis\\_whitepaper.pdf](http://pages.ingenuity.com/rs/ingenuity/images/0812%20upstream_regulator_analysis_whitepaper.pdf)  
177 [er.pdf](http://pages.ingenuity.com/rs/ingenuity/images/0812%20upstream_regulator_analysis_whitepaper.pdf) . IPA comparison analysis was used to compare pathway and upstream results from the  
178 four brain regions in which RNA sequencing has been done: vHIP and mPFC (this manuscript),  
179 DRN (McClintick et al., 2015) and PAG (McClintick et al., 2016). For this 4-region analysis,  
180 pathways were analyzed if  $p \leq 0.05$ . Hierarchical clustering in Partek Genomics Suite version  
181 6.6 (Partek, St. Louis, Mo) was used to identify pathways that contain similar sets of genes.

182 GeneMANIA (Warde-Farley et al., 2010) (genemania.org), a tool for functional gene  
183 analysis, was used for co-expression analysis. Default parameter values were used except  
184 “max resultant genes” was set to zero to limit the analysis to those genes supplied in the list.  
185 GeneMANIA identifies the genes most related to a query gene set using a guilt-by-association  
186 approach, based upon a large database of publicly available functional interaction networks. For

187 co-expression networks, two genes are linked if their expression levels are similar across  
188 conditions in a gene expression study; GeneMANIA weights this across data from multiple  
189 organisms, cell-types and tissues. Data from Cahoy et al., 2008, was used to identify genes  
190 enriched in astrocytes, oligodendrocytes and neurons. Designation as “enriched” was limited to  
191 genes having at least a 1.5-fold enrichment in one of the three cells types compared to the other  
192 cells. The proportions test in R (<https://cran.r-project.org/>) was used to determine if there was a  
193 significant difference in the percentage of genes decreased in each of the three cell types  
194 compared to the percentage decreased among all differentially expressed genes.

195

## 196 RESULTS

197 We examined the effects of repeated binge drinking by adolescent rats on gene expression  
198 in the ventral Hippocampus (vHip) and medial prefrontal cortex (mPFC). The repeated binge  
199 exposures between post-natal days 28 to 49 resulted in high average daily ethanol intakes,  
200 approximately 8 g/kg/day, with intakes of 2-3 g/kg for each of the 3 daily 1 h sessions for the 5  
201 drinking days each week (McBride, Kimpel, et al., 2014). Blood alcohol levels were not  
202 measured in these animals but similarly treated animals reached blood alcohol levels of 80-100  
203 mg% at the end of each 1-hour session (Bell et al., 2011).

204

### 205 *Ventral Hippocampus*

206 RNA sequencing detected 11,727 genes expressed in the vHip, among which 416 (3.5%)  
207 were differentially expressed at FDR < 0.05 (Table 1; genes listed in Supplemental Table 1,  
208 Table 2 lists genes with at least 2-fold difference plus selected genes discussed here). Many of  
209 the differentially expressed genes were expressed at low levels (i.e., have small RPKMs), but  
210 the distribution of expression levels for differentially expressed genes did not differ from that of  
211 all detected genes (Supplemental Figure 1). Fold changes were small: only 18% of the  
212 differentially expressed genes changed by > 1.5 fold (absolute values) (Figure 1). There are  
213 genes with large fold changes that are not found in enriched pathways, including *Atf3*, *Cyr61*,  
214 *Apold1*, *Shank1*, *Btg2*, *Nts* and *Npas4* (Table 2). In the vHip, approximately 4/5 of the  
215 differentially expressed genes were expressed at lower levels in the binge drinking animals.  
216 These included genes enriched in neurons (70%), astrocytes (77%) and oligodendrocytes  
217 (86%); the additional bias in oligodendrocytes is suggestive but not significant ( $p=0.09$ ).

218 The changes in gene expression in the vHip significantly altered 22 biological pathways  
219 (Table 3). Most of the genes differentially expressed in these pathways had decreased  
220 expression in the binge-drinking animals. Many of these pathways contain sets of overlapping  
221 genes, and in some cases may have related functions such as inflammation. Hierarchical  
222 clustering based on the differentially expressed genes within the pathways identified groups of  
223 related pathways, highlighted in Table 3. Axonal Guidance is affected, with most genes  
224 (including *Tuba4a*, *Plxd1*, *Plxb3*, *Shank2*, *Mmp9* and *Sema3c*) expressed at lower levels  
225 (Tables 2, 3). Wnt/ $\beta$ -catenin signaling is the most significant pathway, and is clustered with 2  
226 cancer related pathways, 2 rheumatoid arthritis pathways and regulation of the epithelial-  
227 mesenchymal transition; these all share *Tcf7l2*, *Axin1*, *Tcf4* and *Gsk3b* (Tables 2, 3). The Wnt/ $\beta$   
228 catenin pathway is decreased, with most of the affected genes having lower expression. A  
229 second cluster of pathways includes synaptic long term potentiation (LTP) and several signaling  
230 pathways, including those related to dopamine regulation of cAMP signaling and nNOS; these  
231 pathways also show reduced activity. Very closely related to these pathways, with some key  
232 overlapping genes, are pathways of cAMP and G-Protein signaling, which contain a cluster of  
233 protein kinases and phosphatases (*Prkcg*, *Gsk3b*, *Ppp3r2*, *Ppp1r14a*) that are decreased in  
234 expression. Protein kinase A signaling, which overlaps with both the Wnt and cAMP groups, has  
235 an overall neutral z-score, but most differentially expressed genes in that pathway are  
236 decreased. Protein kinase A signaling is initiated by multiple G-protein coupled receptors and  
237 has many different downstream targets, some of which are increased (e.g. tyrosine  
238 hydroxylase) and others decreased (e.g. eNOS / *Nos3* and  $Gsk3\beta$ ) (Tables 2, 3). Four pathways  
239 involved in phosphoinositide metabolism have a completely overlapping set of genes, all  
240 decreased in expression; these include a different group of phosphatases (*Ppp1r12c*, *Ppp1r13b*,  
241 *Ptpn23*). Pathways related to fibrosis contain a set of collagens that are all expressed at lower  
242 levels in the binge-drinking animals. Some genes, including *Crebbp*, *Prkcg*, *Gsk3b*, *Ppp3r2*,  
243 *Nfkb1a*, *Dusp1* and *Calm1*, are shared across the different groups of pathways (Table 3).

#### 244 *Medial Prefrontal Cortex*

245 In the mPFC 11,579 genes were detected, among which 638 (5.5%) (Table 1) were  
246 differentially expressed (Supplemental Table 1). As in the vHip, many of the differentially  
247 expressed genes were expressed at low levels (Supplemental Figure 2), and only 10% of the  
248 differentially expressed genes changed by > 1.5 fold (Figure 1). In contrast to the vHip, only  
249 35% of the differentially expressed genes in the mPFC were lower in the binge drinkers (Table  
250 1). Astrocyte enriched genes had a significantly larger percentage of genes decreased (62%. *p*



251 = 1.4e-7) than did neurons (25%) or oligodendrocytes (36%). Genes with large fold changes in  
252 the mPFC include *Atf3*, *Cyr61*, *Apold1*, *Btg2*, and *Npas4* (Table 4) all increased; these genes  
253 are also increased in the vHip. Also increased in the mPFC are *Ier2*, *Gadd45g* and *Klf4* (Table  
254 4).

255 The significantly altered genes clustered into 22 biological pathways (Table 5; Supplemental  
256 Table 1). The oxidative phosphorylation and the mitochondrial dysfunction pathways nearly  
257 completely overlap: both contain 17 genes involved in oxidative phosphorylation. These include  
258 genes from complexes I, III, IV and V, including *Atp5i*, *Atp5c1* and *Atp5o* (Tables 4, 5), and most  
259 of the genes showed 20-30% higher expression in the binge-drinking animals. EIF2 signaling  
260 was increased, with *Atf3* (the gene with the second largest fold-change detected), *Eif3g*, and  
261 *Eif2d* all increased. The AMPK pathway is one of the central regulators of ATP levels and may  
262 play a role in the increased expression of genes involved in oxidative phosphorylation. Two  
263 large, related groups of pathways include signaling in the acute phase response and by many  
264 cytokines, including IL-6, IL-17A and TNF $\alpha$ . Common genes in these pathways include  
265 transcription factors *Fos* and *Jun*, P21 protein activated kinases *Pak6* and *Pak3*, insulin  
266 signaling *IGF1* and *Irs2*, and *Nfkbib*. There are two Sertoli cell signaling pathways that have  
267 some of these same genes but also include tubulin genes *Tuba1a* and *Tuba4a*.

## 268 DISCUSSION

269 Binge drinking escalates during adolescence, a time when significant maturation of the brain  
270 occurs (Spear, 2015). Perhaps because of that, adolescents are especially vulnerable to brain  
271 impairment by excessive ethanol exposure (Crews et al., 2016; Jacobus & Tapert, 2013; Welch,  
272 Carson, & Lawrie, 2013). To better understand how repeated binge drinking affects key brain  
273 regions, we modeled this behavior in rats. Male adolescent P rats were exposed to binge  
274 drinking for 3 weeks. The repeated voluntary binges altered gene expression in both the ventral  
275 hippocampus (vHip) and the medial prefrontal cortex (mPFC).

276 The hippocampus plays a role in both episodic memory formation and anxiety-like behavior  
277 (Kheirbek et al., 2012). It is one of the main sites for neurogenesis in the brain (Zhou, Borello,  
278 Rubenstein, & Pleasure, 2006), and in rodents, neurogenesis occurs in the hippocampus at  
279 higher levels during adolescence than in adulthood (He & Crews, 2007). Ethanol is known to  
280 decrease neurogenesis in the hippocampus (Geil et al., 2014). The patterns of gene expression  
281 observed in this study (Table 3) provide potential mechanistic explanations for ethanol's  
282 deleterious effects. The Wnt/ $\beta$  catenin pathway is necessary for hippocampal neurogenesis (Lie  
283 et al., 2005). Wnt signaling rescues  $\beta$  catenin from proteasomal degradation and allows it to

284 move into the nucleus, where it works with co-regulators in the LEF/TCF family to activate the  
285 transcription of multiple genes necessary for neurogenesis (Varela-Nallar & Inestrosa, 2013).  
286 Many genes within this pathway had reduced expression in the binge-drinking rats, including  
287 disheveled (*Dvl2*), *Lrp1* (lipoprotein receptor 1), *GSK3 $\beta$*  and *Tcf4* (Tables 2, 3). *Tcf7l2*, a  
288 member of the T-cell factor/lymphoid enhancer-binding factor family of high mobility group  
289 (HMG) box transcriptional activators, is decreased in expression in the vHip of the alcohol  
290 exposed animals; it is also the most inhibited gene in the upstream regulator analysis  
291 (Supplemental Table 2). Downstream targets of *Tcf7l2* include genes involved in myelin  
292 production (e.g. *Plp1*, *Mbp*, *Mag*) (Lees & Brostoff, 1984; Norton & Cammer, 1984) and in  
293 synthesis of cholesterol (e.g. *Hmgcs1*, and indirectly, *Hmgcr* via its effect on the expression of  
294 *Srebpf2*). *Hmgcr* has decreased expression in the vHip (Table 2), which is necessary for  
295 myelination (Zhao et al., 2016). When  $\beta$  catenin combines with *Tcf7l2*, it controls the  
296 development and maturation of oligodendrocytes, and their production of myelin (Zhao et al.  
297 2016). The somewhat larger fraction of differentially expressed genes characteristically enriched  
298 in oligodendrocytes that were decreased in the vHip (86%) compared to 79% overall, although  
299 only suggestive ( $p=0.09$ ), may hint at a relative decrease in the number or activity of these  
300 critical cells. Previous work showed that expression of genes responsible for serotonin  
301 production and signaling, also required for neurogenesis (Brezun & Daszuta, 1999), were  
302 greatly decreased in the DRN of these animals (McClintick et al., 2015). The decreased Wnt  
303 signaling in the hippocampus, combined with the lower serotonin input from the DRN, together  
304 would be expected to reduce neurogenesis in the vHip. Reduced neurogenesis would likely  
305 result in retarded development of the vHip, and potentially produce long-term consequences on  
306 learning and memory in adulthood; however, these animals were not tested for effects on  
307 memory.

308 Synaptic long term potentiation is decreased in adolescents by acute alcohol, and adults  
309 exposed to binge drinking as adolescents continue to be affected more strongly by acute  
310 alcohol (Markwiese, Acheson, Levin, Wilson, & Swartzwelder, 1998; Weissenborn & Duka,  
311 2003). The LTP pathway and key genes within it were decreased in expression in the vHip  
312 (Tables 2, 3). The reduction in capability of producing LTP following adolescent binge drinking  
313 would seriously impact memory formation if such a reduction persisted into adulthood. Research  
314 with the P rat animal model indicates this rat line displays innate expression differences  
315 compared to its selectively bred low ethanol-consuming NP counterpart, in excitatory synaptic  
316 genes, including glutamate receptors and scaffolding proteins, which can be exacerbated by  
317 ethanol binge drinking (Bell et al., 2016).

318 Connections between brain regions continue to be made during adolescence (Spear, 2010).  
319 Axonal guidance, important in this process, is decreased in the hippocampus: 14 of the 17  
320 altered genes in this pathway have decreased expression, including *Tuba4a*, *Plxd1*, *Plxb3*,  
321 *Shank2*, *Mmp9* and *Sema3c* (Table 2). Tubulins are necessary for axonal outgrowth. *Tuba4a*,  
322 when mutated, is associated with cortical malformations (Romaniello, Arrigoni, Bassi, & Borgatti,  
323 2015). Plexin D1 interacts with semaphorin 3E and is important in vascular and neural  
324 development (Oh & Gu, 2013). Plexin-B3, found in dendrites, promotes inhibitory synapse  
325 formation in the hippocampus and suppresses excitatory synapse production (Laht et al., 2015).  
326 A decrease in Plexin-B3 may reverse this trend, allowing more excitatory synapses to form. The  
327 three genes increased in the axonal guidance pathway are Semaphorin 3c, *Adamts1* and  
328 neuropilin 2 (Tables 2, 3). *Adamts1* cleaves semaphorin 3C from the extracellular matrix so that  
329 it can act in axon guidance and promote cell migration, (Esselens et al., 2010). Neuropilin 2 is a  
330 receptor for semaphorin 3F (which is expressed in the hippocampus) and functions similarly to  
331 the plexins. These results suggest that adolescent binge drinking has retarded the formation of  
332 normal synapsis within the vHip; if this persisted into adulthood it would seriously impair the  
333 normal functioning of this region.

334 Very few neurotransmitter genes have altered expression in the vHip. Although changes in  
335 glutamate receptors themselves were quite limited, decreases were seen in all 3 of the Shank  
336 post-synaptic scaffolding genes (Table 2). Shank proteins link the various glutamate receptors  
337 together and are necessary for functional spine formation and proper maturation and functioning  
338 of excitatory synapses (reviewed in (O'Connor, Bariselli, & Bellone, 2014). Decreased  
339 expression of Shank1 decreases the size of neuron spines and decreased recruitment of  
340 endoplasmic reticulum  $Ca^{2+}$  stores.

341 Dopamine signaling appears to be increased in the hippocampus, as indicated by large  
342 increases in tyrosine hydroxylase (*Th*) and VMAT2 (*Slc18a2*), both increased more than 4 fold,  
343 and the dopamine receptor subunit *Drd2* (increased by 50%) (Table 2). These three genes are  
344 expressed at low levels. The upstream regulator analysis also suggests dopamine is more  
345 active in the alcohol-drinking animals (Supplemental Table 2). While the hippocampus is not  
346 thought to contain dopaminergic neurons, the VTA has dopaminergic projections to the  
347 hippocampus and these three mRNAs might be contained in the axons of these projections.  
348 These mRNAs were also detected in the hippocampus of human post-mortem brains in a  
349 comparison of alcoholics to controls (McClintick et al., 2013),

350 The delayed maturation of the PFC, which continues from adolescence into early adulthood,  
351 is thought to play a role in the increased impulsivity, thrill-, risk- and novelty-seeking behavior  
352 seen in adolescence (Crews & Nixon, 2009; Crews et al., 2016; Dalwani et al., 2011; Ernst &  
353 Fudge, 2009; Petanjek et al., 2011). Impulsivity was not measured in these animals. A study  
354 using a binge-drinking model (via alcohol laced gelatin) in Sprague Dawley rats showed that the  
355 animals that consumed high amounts of ethanol showed increased risk preference (McMurray,  
356 Amodeo, & Roitman, 2016). Our data suggest that there are fewer astrocytes in the mPFC of  
357 the binge drinking animals; genes that are characteristically enriched in astrocytes are  
358 decreased far more than the remaining genes (Table 1). The oxidative phosphorylation pathway  
359 was the most significantly affected in the mPFC (Table 5); many of the genes in this pathway  
360 were increased in expression (Tables 4, 5). This suggests increased energy utilization in the  
361 mPFC. Many of the oxidative phosphorylation genes are downstream of both *Igf1r* and *Vegfa*,  
362 and their downstream targets show increased expression (Supplemental Table 3). *Vegfa* is itself  
363 downstream of many of the transcription factors and receptors that appear to be activated in the  
364 mPFC, including *Ppargc1a*, which is sensitive to energy needs (Finck & Kelly, 2006). *Vegfa* is  
365 also downstream of *Atf4*, involved in the cellular stress response. The increase in oxidative  
366 phosphorylation in the mPFC was not seen in the vHip (Table 3), nor in prior studies of the DRN  
367 (McClintick et al., 2015) and the PAG (McClintick et al., 2016).

368 Pathways related to cellular stress response and inflammation showed increased activity in  
369 the mPFC (Table 5). Immune related genes and pathways were also reported to be increased in  
370 the prefrontal cortex of CIE-exposed C57BL/6J mice examined 0 h and 8 h post-exposure  
371 (Osterndorff-Kahanek et al., 2015). The upstream regulator analysis supports this, with  
372 indications that interferons are active (Supplemental Table 3). MiR132 expression in the mPFC  
373 is increased by the alcohol binges (Table 4); it was previously shown to be increased in the  
374 livers of alcohol fed mice (Bala & Szabo, 2012). MiR132 is important in mouse PFC  
375 development during adolescence (Miller et al., 2012), so dysregulation could interfere with PFC  
376 development in the alcohol exposed adolescent animals. MiR132 also plays a role in neuro-  
377 inflammatory responses: increased expression can help block inflammation by targeting  
378 acetylcholinesterase (Shaked et al., 2009). The increased expression of miR132 may be an  
379 attempt to dampen neuro-inflammation.

380 Osterndorff-Kahanek et al. (2015) reported that in the prefrontal cortex of CIE-exposed  
381 C57BL/6J mice, neuron- and astrocyte-related genes were differentially expressed. We saw no  
382 enrichment of astrocyte genes, but did see enrichment of neuron-related differentially expressed

383 genes in the mPFC, vHip, DRN and PAG of these animals. A study by Meinhardt et al. (2013) of  
384 Wistar rats after 3 weeks of recovery from chronic intermittent exposure to ethanol vapor (CIE)  
385 reported decreased expression of genes related to glutamergic neurons in the mPFC. At 3h  
386 post-exposure we saw increases in 7 of the genes related to glutamate transmission, *Egr4*,  
387 *Stx1a*, *Lmo4*, *Nrgn*, *Nr4a1* and *Zfp238*.

388 The two regions studied here came from animals in which gene expression in the DRN  
389 (McClintick et al., 2015) and PAG (McClintick et al., 2016) was previously examined. Eleven  
390 genes have significant (FDR < 0.05) expression changes in the same direction in all 4  
391 sequenced regions (Table 6). *Dgkb*, diacylglycerol kinase beta, the only gene with decreased  
392 expression in all 4 regions, has been identified by GWAS as associated with alcoholism  
393 (Kendler et al., 2011). Ten of these 11 genes are increased in all four regions, and five were  
394 also enriched in the nucleus accumbens shell and the central nucleus of the amygdala of these  
395 animals (McBride, Kimpel, et al., 2014). Five of these genes, noted in Table 6, were also  
396 increased in the nucleus accumbens of binge drinking adult rats in a previous study by our  
397 group (Bell et al., 2009). A GeneMania (Warde-Farley et al., 2010) analysis of these 11 genes  
398 indicates that all 10 genes with positive fold changes are highly co-expressed. The two main  
399 regulators appear to be cAMP responsive element binding protein 1 (*CREB1*) and Tumor  
400 protein P53 (*TP53*). *CREB1* targets 7 of the 10 upregulated genes; upstream analysis indicates  
401 *CREB1* is active in vHip and mPFC (Supplemental Tables 2, 3), and the DRN (McClintick et al.,  
402 2015) and PAG (McClintick et al., 2016). *TP53* targets 6 of the genes; three (*Atf3*, *Btg2*, and  
403 *Npas4*), along with *Nr4a1* and *Gadd45y*, have been shown to be upregulated by calcium  
404 signaling and CREB (Tan, Zhang, Hoffmann, & Bading, 2012), and are neuroprotective (Zhang  
405 et al., 2009). Both *GADD45y* and *Nr4a1* are increased in all 4 brain regions, but the increases  
406 met significance in only 1 and 3 regions respectively. *Atf3* is expressed at low levels in the  
407 nervous system but is induced following seizures and other stressors in the brain (Moore &  
408 Goldberg, 2011). Seven of the 10 co-expressed genes, are enriched in astrocytes (Cahoy et al.,  
409 2008). Five of these 7 (Table 6) were also increased in binge exposed adult rats (Bell et al.,  
410 2009). This could be a potentially protective response to the insult of repeated binges.

411 Some pathways are altered across multiple regions (vHip, mPFC, DRN, PAG; Supplemental  
412 Table 4). Those affected in all 4 regions include axonal guidance signaling, Hif1 $\alpha$  signaling,  
413 signaling by Rho family GTPases, 14-3-3-mediated signaling (*Ywhag* is a 14-3-3 protein),  
414 pathways related to rheumatoid arthritis (perhaps through TNF related molecules), hepatic  
415 fibrosis signaling (*Tnfrsf11b* + collagens), ERK/MAPK signaling, pathways dealing with inositol

416 phosphates, and growth hormone signaling. Glucocorticoid signaling is affected in vHip, mPFC  
417 and DRN. Overall, these results suggest widespread effects of adolescent binge drinking that  
418 altered the development of these 4 regions and would negatively impact a wide variety of  
419 behaviors throughout life.

420 The vHip, but not the mPFC, shares some pathways with the DRN and PAG (Supplemental  
421 Table 4), including cAMP-mediated signaling, protein kinase A signaling, CREB signaling in  
422 neurons, Gαq signaling, and calcium signaling. The decrease in expression of *Hmgcr* and  
423 *Srebpf2* (genes important in cholesterol synthesis) in the vHip was paralleled by decreases in  
424 genes important in cholesterol synthesis and myelination in both the DRN and PAG of these  
425 animals (McClintick et al., 2015, 2016), and also in human post-mortem tissue (Liu et al., 2006;  
426 Mayfield et al., 2002; McClintick et al., 2013). *Tcf7l2*, which can control cholesterol production  
427 along with oligodendrocyte maturation, was decreased in vHip and PAG, and both of these  
428 regions have a disproportionate number of oligodendrocyte enriched genes with decreased  
429 expression. Genes necessary for cholesterol production were also decreased in expression.  
430 While myelin was not measured in these animals, these three lines of evidence suggest  
431 decreases in myelination in the binge-drinking animals. Alcohol consumption has resulted in  
432 decreased or poor myelination in other rat lines and in humans (Vargas et al., 2014, Jacobus &  
433 Tapert, 2013).

434 The mPFC shares several pathways with the DRN and PAG that the vHip does not; these  
435 include stress responsive and immune responsive pathways, such as NRF2-mediated oxidative  
436 stress response, acute phase response, IL1-signaling, LPS-stimulated MAPK signaling, IL-6  
437 signaling (Supplemental Table 4). In addition to these stress and immune pathways, some  
438 signaling pathways are also shared by mPFC, DRN and PAG: GABA receptor signaling, RAR  
439 activation, Rac and RhoGDI signaling, P2Y purinergic receptor signaling pathway, GDNF family  
440 ligand-receptor, IGF1 signaling, and PPAR signaling. Norepinephrine also appears to be active  
441 in all three regions (Supplemental Table 4).

442 IPA comparison analysis of the 4 regions indicates that the vHip is the only region with  
443 decreases in the Wnt/B catenin, ILK signaling, synaptic long term potentiation and depression,  
444 corticotropin releasing hormone signaling, endothelin-1 signaling, and AMPK signaling (Table  
445 3).

446 There is interest in drugs with the potential to block or reverse some of the damage caused  
447 by binge drinking. Our upstream regulator analysis (Supplemental Tables 2, 3) suggests that  
448 Mifepristone and fulvestrant (an estrogen receptor antagonist) might reverse some of the effects

449 of alcohol in all 4 brain regions (see also McClintick et al., 2015, 2016). In the hypothalamus,  
450 ethanol has the same effects as estrogen (Sarkar & Boyadjieva, 2007). Most other drugs  
451 identified by upstream analysis show differences among the 4 brain regions.

## 452 **CONCLUSION**

453 This study has pointed to changes in gene expression that might underlie some of the  
454 harmful long-term effects of binge drinking during adolescence. Repeated binge drinking  
455 decreased expression of genes involved in neurogenesis, e.g. in the WNT/ $\beta$  catenin pathway,  
456 long term potentiation and axonal guidance in the ventral Hippocampus. Genes involved in  
457 cholesterol production and myelin formation are decreased and a disproportionate number of  
458 genes enriched in oligodendrocytes may indicate a decrease in oligodendrocytes in the vHip.  
459 Changes in expression of genes in axonal guidance in the vHip may decrease inhibitory  
460 synapse formation and allow increased glutamatergic synapse formation, although decreased  
461 expression of shank genes might moderate the formation of excitatory synapses. Together with  
462 earlier data showing decreased expression of most genes in the serotonin pathway in the DRN  
463 of these animals (McClintick, 2015), this might partially explain reduced neurogenesis in this  
464 region.

465 In the mPFC, cellular stress and inflammation pathways were activated, as are many genes  
466 for oxidative phosphorylation. MiR132, which moderates neuro-inflammatory responses and is  
467 necessary for mouse PFC development, is increased in expression, perhaps in partial  
468 compensation for the increased expression of genes involved in neuro-inflammation. A  
469 disproportionate number of genes enriched in astrocytes had decreased expression, which may  
470 indicate a loss or decreased production of astrocytes in the mPFC. Multiple genes that are  
471 upregulated in response to cellular stress are highly increased in four brain regions of these  
472 animals, indicating a global response to the stress of repeated binge-like drinking of high  
473 amounts of alcohol.

474 In summary, adolescent binge-like alcohol drinking by P rats produces widespread changes  
475 in the expression of genes within the vHip and mPFC, which likely alters their normal  
476 development and could produce long-lasting deficits in neuronal functioning within these  
477 regions.

## 478 **CONFLICT OF INTEREST**

479 None

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- 680

681 **TABLES and FIGURES.**

682 **Figure 1.** Distribution of fold changes for ventral Hippocampus and medial Prefrontal Cortex.

683

684 **Table 1.** Number of differentially expressed genes per region. Mapped reads is the average  
685 per sample. \*Detection limit set at  $\geq 1$  count per million in at least 3 samples. \*\*% of genes  
686 enriched in astrocytes that were decreased. \*\*\* % of genes enriched in neurons that were  
687 decreased. \*\*\*\* % of genes enriched in oligodendrocytes that were decreased.

688

689 **Table 2.** Selected genes differentially expressed in ventral hippocampus. \*FC: fold change;  
690 \*\*FDR: false discovery rate; \*\*\*RPKM; reads per thousand bp per million reads. This table  
691 contains genes with absolute fold change  $\geq 2$  and all genes discussed in the text.

692 **Table 3.** Pathway analysis for ventral Hippocampus, with  $FDR \leq 0.05$ . Highlighted and boxed  
693 clusters identify pathways that contain many genes in common. \*Bolded genes have increased  
694 expression, non-bold indicates decreased expression. \*\*Z-score indicates whether the pathway  
695 is activated (positive z-score) or decreased (negative z-score); blank where IPA did not return a  
696 z-score.

697 **Table 4.** Selected genes differentially expressed in medial prefrontal cortex. \*FC: fold change;  
698 \*\*FDR: false discovery rate; \*\*\*RPKM; reads per thousand bp per million reads. This table  
699 contains genes with absolute fold change  $\geq 2$  and all genes discussed in the text.

700

701 **Table 5.** Pathway analysis for medial Prefrontal Cortex.  $FDR \leq 0.05$ . Colored clusters identify  
702 pathways that contain many genes in common. \***Bolded genes** have increased expression,  
703 non-bold indicates decreased expression. \*\*Z-score indicates whether the pathway is activated  
704 (positive z-score) or decreased (negative z-score); blank where IPA did not return a z-score.

705 **Table 6.** Genes differentially expressed in at least 4 brain regions. FC: fold change, vHip:  
706 ventral hippocampus, mPFC: medial prefrontal cortex, DRN: dorsal raphe nucleus (McClintick et  
707 al., 2015), PAG: periaqueductal gray (McClintick et al. 2016), AcbS: nucleus accumbens shell,  
708 CeA central core of the amygdala (McBride et al., 2014b). Adult: significant fold change in  
709 nucleus accumbens of adult P rats exposed to binge drinking (Bell et al., 2009).

710 **Supplemental Materials:**

711

712 **Supplemental Figure 1.** Distribution of RPKMs in vHip for all genes and those differentially  
713 expressed.

714

715 **Supplemental Figure 2.** Distribution of RPKMs in mPFC for all genes and those differentially  
716 expressed.

717

718 **Supplemental Table 1.** Differentially expressed genes in ventral Hippocampus and medial  
719 Prefrontal Cortex of binge drinking adolescent P rats. False Discovery Rate  $\leq 0.05$  for at least  
720 one of the 2 brain regions. Data “grayed” for those results not meeting FDR significance  
721 threshold.

722

723 **Supplemental Table 2.** Upstream Regulator analysis for ventral Hippocampus. List of genes,  
724 drug, or molecules that could be responsible for observed changes in expression. Fold lists the  
725 fold change for genes in the dataset. Z-score indicates whether this regulator is active or not (list  
726 limited to those with an absolute score  $\geq 1.5$ . Positive score: direction of changes observed in  
727 affected genes indicate this regulator is active. Negative score: direction of changes observed  
728 are opposite of what would be observed if this regulator is active. P value of overlap indicates  
729 significance regardless of fold direction. Data is sorted so that endogenous effectors are listed  
730 first followed by drugs and other chemicals that would be exogenous.

731

732 **Supplemental Table 3.** Upstream Regulator analysis for medial Prefrontal Cortex. List of  
733 genes, drug, or molecules that could be responsible for observed changes in expression. Fold  
734 lists the fold change for genes in the dataset. Z-score indicates whether this regulator is active  
735 or not (list limited to those with an absolute score  $\geq 1.5$ . Positive score: direction of changes  
736 observed in affected genes indicate this regulator is active. Negative score: direction of changes  
737 observed are opposite of what would be observed if this regulator is active. P value of overlap  
738 indicates significance regardless of fold direction. Data is sorted so that endogenous effectors  
739 are listed first followed by drugs and other chemicals that would be exogenous.

740

741 **Supplemental Table 4.** Pathways affected in multiple brain regions. Limited to those with  $p <$   
742 0.01 in either medial prefrontal cortex or ventral hippocampus. Pathway name, number of genes  
743 affected in the pathway, brain region, P value of significance of changes, ratio or fraction of  
744 genes in the pathway affected, z-score: a measure of whether the pathway is active (positive) or  
745 inhibited (negative), not all pathways have a z-score. List of genes in the pathway differentially  
746 expressed in the named brain region.

747

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749



**Table 1. Number of differentially expressed genes**

	# mapped reads (M)	# genes detected*	# FDR < 0.05	% down	% down astrocytes**	% down neurons***	% down oligo****
<b>vHip</b>	22.7	11,727	416	79%	77%	70%	86%
<b>mPFC</b>	24.1	11,679	638	35%	62%	25%	36%

Table 1. Number of differentially expressed genes per region.

Mapped reads is the average per sample. \*Detection limit set at  $\geq 1$  count per million in at least 3 samples. \*\*% of genes enriched in astrocytes that were decreased. \*\*\* % of genes enriched in neurons that were decreased. \*\*\*\* % of gene enriched in oligodendrocytes that were decreased.

Table 2.

Gene	Gene title	*FC	**FDR	Control ***RPKM	Alcohol ***RPKM
<b>Genes with absolute fold change <math>\geq 2</math></b>					
<i>Apold1</i>	apolipoprotein L domain containing 1	2.71	9.1E-54	8.0	21.6
<i>Atf3</i>	activating transcription factor 3	7.84	6.5E-32	0.5	3.9
<i>Btg2</i>	BTG family, member 2	2.25	5.2E-35	9.6	21.7
<i>Cftr</i>	cystic fibrosis transmembrane conductance regulator (ATP-bin)	-2.04	3.2E-07	1.0	0.5
<i>Col8a1</i>	collagen, type VIII, alpha 1	-2.39	1.5E-02	0.6	0.2
<i>Cym</i>	chymosin	-3.42	1.8E-04	1.1	0.3
<i>Cyr61</i>	cysteine-rich, angiogenic inducer, 61	11.32	1.7E-106	1.1	12.8
<i>Dlk1</i>	delta-like 1 homolog (Drosophila)	2.25	3.0E-04	1.0	2.4
<i>F5</i>	coagulation factor V (proaccelerin, labile factor)	-2.46	1.7E-02	0.2	0.1
<i>Fermt1</i>	fermitin family member 1	2.12	2.9E-03	0.3	0.6
<i>Gprc5a</i>	G protein-coupled receptor, family C, group 5, member A	-2.15	2.2E-04	1.5	0.7
<i>Klf2</i>	Kruppel-like factor 2 (lung)	2.11	2.6E-04	1.7	3.6
<i>Mttp</i>	microsomal triglyceride transfer protein	3.40	5.8E-10	0.3	1.1
<i>Mx1</i>	myxovirus (influenza virus) resistance 1, interferon-inducible prote	2.11	2.3E-06	0.8	1.8
<i>Pzp</i>	pregnancy-zone protein	2.41	1.3E-02	0.1	0.4
<i>RGD1562229</i>		2.05	2.0E-02	1.1	2.3
<i>Rps28</i>	ribosomal protein S28	-2.73	8.0E-03	3.5	1.3
<i>Scn11a</i>	sodium channel, voltage-gated, type XI, alpha subunit	-3.69	2.4E-09	0.5	0.1
<i>Shank1</i>	SH3 and multiple ankyrin repeat domains 1	-2.05	4.0E-49	58.7	28.7
<i>Slc18a2</i>	solute carrier family 18 (vesicular monoamine), member 2	4.33	8.6E-16	0.4	1.8
<i>Synpo2</i>	synaptopodin 2	-2.08	2.5E-05	1.0	0.5
<i>Th</i>	tyrosine hydroxylase	4.05	1.5E-27	1.5	5.9
<i>Tmem26</i>	transmembrane protein 26	-2.97	7.9E-07	0.8	0.3
<i>Trhr2</i>	thyrotropin releasing hormone receptor 2	-2.06	2.1E-04	3.2	1.6

**Other genes discussed in text**

<i>Adamts1</i>	ADAM metalloproteinase with thrombospondin type 1 motif, 1	1.54	9.4E-05	2	3
<i>Atp5g3</i>	ATP Synthase, H+ Transporting, Mitochondrial Fo Complex Subunit C3 (Subunit 9)	-1.29	4.6E-05	231.6	180
<i>Axin1</i>	axin 1	-1.20	3.7E-02	15.3	12.8
<i>Cox6a1</i>	cytochrome c oxidase subunit VIa polypeptide 1	-1.17	3.0E-02	370.9	316.1
<i>Dgkb</i>	diacylglycerol kinase, beta 90kDa	-1.29	8.0E-06	67.4	52.3
<i>Drd2</i>	dopamine receptor D2	1.47	4.3E-02	1.4	2
<i>Dusp1</i>	dual specificity phosphatase 1	1.63	8.8E-16	26.3	42.8
<i>Dvl2</i>	dishevelled, dsh homolog 2 (Drosophila)	-1.30	2.1E-02	6.3	4.8
<i>Fos</i>	FBJ murine osteosarcoma viral oncogene homolog	1.46	4.9E-07	16.4	23.9
<i>Grin2c</i>	glutamate receptor, ionotropic, N-methyl D-aspartate 2C	-1.21	1.1E-02	22.8	18.9
<i>Gsk3b</i>	glycogen synthase kinase 3 beta	-1.20	1.6E-02	73.7	61.6
<i>Hmgcr</i>	3-hydroxy-3-methylglutaryl-CoA reductase	-1.29	7.1E-05	30.6	23.8
<i>Ier2</i>	immediate early response 2	1.60	2.6E-05	5.2	8.3
<i>Klf4</i>	Kruppel-like factor 4 (gut)	1.60	2.5E-05	3.3	5.3
<i>Mag</i>	myelin associated glycoprotein	-1.20	6.3E-03	111.3	92.8
<i>Mbp</i>	myelin basic protein	-1.20	2.7E-03	1142.3	951.2
<i>Mmp9</i>	matrix metalloproteinase 9	-1.31	3.2E-02	4.59	3.51
<i>Mobp</i>	myelin-associated oligodendrocyte basic protein	-1.25	1.3E-04	140.5	112.3
<i>Npas4</i>	neuronal PAS domain protein 4	1.84	2.1E-11	4.3	7.9
<i>Nrp2</i>	neuropilin 2	1.18	5.0E-02	19.22	22.72
<i>Nts</i>	neurotensin	-1.66	3.3E-02	3.9	2.4
<i>Plp1</i>	proteolipid protein 1	-1.22	5.5E-04	1473.5	1204.2
<i>Plxnb3</i>	plexin B3	-1.22	7.2E-03	17.56	14.45
<i>Plxnd1</i>	plexin D1	-1.38	2.4E-05	6.21	4.5
<i>Sema3c</i>	sema domain, immunoglobulin domain (Ig), short basic domain, secr	1.27	5.9E-03	6.99	8.85
<i>Shank2</i>	SH3 and multiple ankyrin repeat domains 2	-1.30	4.1E-06	31.47	24.18
<i>Tcf4</i>	transcription factor 4	-1.17	4.1E-02	74.2	63.4
<i>Tcf7l2</i>	transcription factor 7-like 2	-1.38	9.0E-04	5.2	3.8
<i>Tuba4a</i>	tubulin, alpha 4a	-1.49	2.1E-13	127.08	85.18

**Table 2.** Selected genes differentially expressed in ventral hippocampus. \*FC: fold change; \*\*FDR: false discovery rate; \*\*\*RPKM; reads per thousand bp per million reads. This table contains genes with absolute fold change  $\geq 2$  and all genes discussed in the text.

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Table 3. Pathways altered in the ventral hippocampus

Ingenuity Canonical Pathways	Genes*	FDR	z-score
Axonal Guidance Signaling	<b>ADAMTS1</b> , <i>GIT1</i> , <i>GNA12</i> , <i>GNAO1</i> , <i>GSK3B</i> , <i>HHIP</i> , <i>KLC1</i> , <i>MAG</i> , <i>MMP9</i> , <b>NRP2</b> , <i>PLXNB3</i> , <i>PLXND1</i> , <i>PPP3R2</i> , <i>PRKCG</i> , <b>SEMA3C</b> , <i>SHANK2</i> , <i>TUBA4A</i>	3.6E-02	
<b>Wnt/<math>\beta</math>-catenin Signaling</b>	<i>AXIN1</i> , <i>BCL9</i> , <i>CREBBP</i> , <i>DVL2</i> , <i>GJA1</i> , <i>GNAO1</i> , <i>GSK3B</i> , <i>LRP1</i> , <i>RARA</i> , <i>SOX7</i> , <i>TCF4</i> , <i>TCF7L2</i> , <b>Ubb</b>	4.2E-03	-1.16
Basal Cell Carcinoma Signaling	<i>AXIN1</i> , <i>DVL2</i> , <i>GSK3B</i> , <i>HHIP</i> , <i>TCF4</i> , <i>TCF7L2</i>	3.4E-02	-1.63
Regulation of the Epithelial-Mesenchymal Transition Pathway	<i>AXIN1</i> , <i>BCL9</i> , <i>DVL2</i> , <i>FGFR2</i> , <i>GSK3B</i> , <i>MMP9</i> , <i>NOTCH1</i> , <i>NOTCH3</i> , <i>TCF4</i> , <i>TCF7L2</i>	3.4E-02	
Role of Osteoblasts, Osteoclasts and Chondrocytes in Rheumatoid Arthritis	<i>AXIN1</i> , <b>Caln1</b> , <i>COL1A1</i> , <b>FOS</b> , <i>GSK3B</i> , <i>LRP1</i> , <i>NFKBIA</i> , <i>PPP3R2</i> , <i>TCF4</i> , <i>TCF7L2</i> , <b>TNFRSF11B</b>	3.4E-02	
Role of Macrophages, Fibroblasts and Endothelial Cells in Rheumatoid Arthritis	<i>AXIN1</i> , <b>Caln1</b> , <i>CREBBP</i> , <b>FOS</b> , <i>GNAO1</i> , <i>GSK3B</i> , <b>IL16</b> , <i>LRP1</i> , <i>NFKBIA</i> , <i>PPP3R2</i> , <i>PRKCG</i> , <i>TCF4</i> , <i>TCF7L2</i> , <b>TNFRSF11B</b>	3.1E-02	
Molecular Mechanisms of Cancer	<i>Aph1c</i> , <i>AXIN1</i> , <i>CDKN1A</i> , <i>CREBBP</i> , <b>FOS</b> , <i>GNA12</i> , <i>GNAO1</i> , <i>GSK3B</i> , <i>HIPK2</i> , <i>LRP1</i> , <b>MAX</b> , <i>NFKBIA</i> , <i>NOTCH1</i> , <i>PRKCG</i> , <i>RAPGEF3</i> , <i>SMAD7</i> , <i>SYNGAP1</i> , <i>TCF4</i>	1.3E-02	
nNOS Signaling in Neurons	<b>Caln1</b> , <i>CAPN2</i> , <i>GRIN2C</i> , <i>PPP3R2</i> , <i>PRKCG</i>	3.4E-02	
Calcium-induced T Lymphocyte Apoptosis	<b>Caln1</b> , <i>CAPN2</i> , <i>ITPR1</i> , <i>PPP3R2</i> , <i>PRKCG</i> , <i>ZAP70</i>	3.1E-02	-1.63
<b>Synaptic Long Term Potentiation</b>	<b>Caln1</b> , <i>CREBBP</i> , <i>GRIN2C</i> , <i>ITPR1</i> , <i>PPP1R14A</i> , <i>PPP3R2</i> , <i>PRKCG</i> , <i>RAPGEF3</i>	3.4E-02	-1.41
Dopamine-DARPP32 Feedback in cAMP Signaling	<b>Caln1</b> , <i>CREBBP</i> , <b>DRD2</b> , <i>GRIN2C</i> , <i>ITPR1</i> , <i>KCNJ6</i> , <i>PAWR</i> , <i>PPP1R14A</i> , <i>PPP3R2</i> , <i>PRKCG</i>	2.9E-02	-0.38
<b>cAMP-mediated signaling</b>	<b>Caln1</b> , <i>CREBBP</i> , <b>DRD2</b> , <b>DUSP1</b> , <i>GNAO1</i> , <i>HRH2</i> , <i>HRH3</i> , <i>P2RY13</i> , <i>PDE4A</i> , <i>PPP3R2</i> , <i>RAPGEF3</i>	3.4E-02	-1.90
G-Protein Coupled Receptor Signaling	<i>CREBBP</i> , <b>DRD2</b> , <b>DUSP1</b> , <i>GNAO1</i> , <i>HRH2</i> , <i>HRH3</i> , <b>HTR2A</b> , <i>NFKBIA</i> , <i>P2RY13</i> , <i>PDE4A</i> , <i>PRKCG</i> , <i>RAPGEF3</i> , <i>SYNGAP1</i>	3.0E-02	
<b>Protein Kinase A Signaling</b>	<b>Caln1</b> , <i>CREBBP</i> , <b>DUSP1</b> , <i>GSK3B</i> , <i>ITPR1</i> , <i>MYLK</i> , <i>NFKBIA</i> , <i>NOS3</i> , <i>PDE4A</i> , <i>PPP1R14A</i> , <i>PPP3R2</i> , <i>PRKCG</i> , <i>PTPN23</i> , <i>SIRPA</i> , <i>TCF4</i> , <i>TCF7L2</i> , <b>TH</b> , <i>YWHAB</i>	1.6E-02	0.00
<b>3-phosphoinositide Biosynthesis</b>	<i>CILP</i> , <i>DOT1L</i> , <b>DUSP1</b> , <i>PAWR</i> , <i>PPP1R12C</i> , <i>PPP1R13B</i> , <i>PPP1R14A</i> , <i>PTPN23</i> , <i>SIRPA</i>	3.4E-02	
3-phosphoinositide Degradation	<i>CILP</i> , <i>DOT1L</i> , <b>DUSP1</b> , <i>PAWR</i> , <i>PPP1R12C</i> , <i>PPP1R13B</i> , <i>PPP1R14A</i> , <i>PTPN23</i> , <i>SIRPA</i>	3.4E-02	

D-myo-inositol-5-phosphate Metabolism	<i>CILP, DOT1L, DUSP1, PAWR, PPP1R12C, PPP1R13B, PPP1R14A, PTPN23, SIRPA</i>	3.4E-02	
D-myo-inositol (1,4,5,6)-Tetrakisphosphate Biosynthesis	<i>CILP, DOT1L, DUSP1, PAWR, PPP1R12C, PPP1R13B, PPP1R14A, PTPN23, SIRPA</i>	2.6E-02	
<b>Hepatic Fibrosis / Hepatic Stellate Cell Activation</b>	<i>COL11A2, COL1A1, COL1A2, COL3A1, COL8A1, EDN1, FGFR2, IGF2, MMP9, MYH11, SMAD7, TNFRSF11B</i>	1.3E-02	
Intrinsic Prothrombin Activation Pathway	<i>COL11A2, COL1A1, COL1A2, COL3A1, F5</i>	1.3E-02	-2.24
Atherosclerosis Signaling	<i>COL11A2, COL1A1, COL1A2, COL3A1, F3, MMP9, PLA2G7, SELPLG</i>	3.4E-02	
Huntington's Disease Signaling	<i>CAPN2, CREBBP, HDAC5, HSPA1A/HSPA1B, ITPR1, NCOR2, PACSIN1, POLR2C, PRKCG, SGK1, Ubb</i>	4.4E-02	-0.45

Table 3. Pathways altered in the ventral hippocampus. \*Genes in normal font were expressed at lower levels in the binge-drinking animals; bold font indicates genes that were expressed at higher levels. z-score indicates whether the pathway is activate (positive z) or decreased (negative z). Pathways sharing many genes are boxed.

Table 4.

Gene	Gene title	*FC	**FDR	Control ***RPKM	Alcohol ***RPKM
<b>Genes with absolute fold change <math>\geq 2</math></b>					
<i>Apold1</i>	apolipoprotein L domain containing 1	4.11	1.2E-146	6.7	27.5
<i>Atf3</i>	activating transcription factor 3	16.15	1.0E-57	0.3	4.3
<i>Btg2</i>	BTG family, member 2	3.07	6.7E-129	18.3	56.0
<i>Cyr61</i>	cysteine-rich, angiogenic inducer, 61	9.55	8.5E-138	1.5	14.1
<i>F2rl2</i>	coagulation factor II (thrombin) receptor-like 2	2.52	1.2E-02	0.4	0.9
<i>Fgl2</i>	fibrinogen-like 2	-2.21	9.9E-04	0.7	0.3
<i>Gadd45g</i>	growth arrest and DNA-damage-inducible, gamma	2.12	3.2E-21	8.7	18.5
<i>Grap</i>	GRB2-related adaptor protein	2.12	2.5E-02	0.5	1.0
<i>Ier2</i>	immediate early response 2	2.72	1.6E-45	6.8	18.4
<i>Kif15</i>	kinesin family member 15	2.01	2.8E-02	0.2	0.4
<i>Klf2</i>	Kruppel-like factor 2 (lung)	2.17	8.9E-09	2.9	6.3
<i>Klf4</i>	Kruppel-like factor 4 (gut)	2.07	1.5E-16	3.1	6.5
<i>Mir212</i>	microRNA 212	2.37	1.9E-04	10.3	24.4
<i>Npas4</i>	neuronal PAS domain protein 4	2.63	2.2E-84	13.9	36.6
<i>Tbx2</i>	T-box 2	2.39	4.1E-02	0.4	0.9
<i>Vom2r57</i>	vomer nasal 2 receptor, 57	2.32	9.3E-03	0.3	0.6
<i>Zfp36</i>	zinc finger protein 36, C3H type, homolog (mouse)	2.07	9.0E-08	1.7	3.6
<b>Other genes discussed in text</b>					
<i>Adamts1</i>	ADAM metallopeptidase with thrombospondin type 1 motif, 1	1.90	3.5E-14	2	3.8
<i>Atp5c1</i>	ATP Synthase, H <sup>+</sup> Transporting, Mitochondrial F1 Complex, Gamma Polypeptide 1	1.19	3.4E-03	83.1	98.8
<i>Atp5e</i>	ATP synthase, H <sup>+</sup> transporting, mitochondrial F1 complex, epsilon subunit	1.35	2.4E-06	100	134.6
<i>Atp5g1</i>	ATP Synthase, H <sup>+</sup> Transporting, Mitochondrial Fo Complex Subunit C1 (Subunit 9)	1.27	9.8E-05	85.6	108.7

<i>Atp5g3</i>	ATP Synthase, H+ Transporting, Mitochondrial Fo Complex Subunit C3 (Subunit 9)	1.18	4.1E-03	168.5	198.5
<i>Atp5h</i>	ATP Synthase, H+ Transporting, Mitochondrial Fo Complex Subunit D	1.49	5.0E-06	21	31.1
<i>Atp5i</i>	ATP synthase, H+ transporting, mitochondrial Fo complex, subunit E	1.22	2.7E-02	71.1	86.8
<i>Atp5o</i>	ATP synthase, H+ transporting, mitochondrial F1 complex, O subunit	1.25	2.0E-05	138.3	173
<i>Cox4i1</i>	cytochrome c oxidase subunit IV isoform 1	1.13	2.5E-02	446.3	505.7
<i>Cox6a1</i>	cytochrome c oxidase subunit VIa polypeptide 1	1.21	1.6E-04	279.2	339.2
<i>Cox8a</i>	cytochrome c oxidase subunit VIIIA (ubiquitous)	1.20	1.7E-03	157.6	189.9
<i>Dgkb</i>	diacylglycerol kinase, beta 90kDa	-1.36	2.2E-12	39.6	29.1
<i>Dusp1</i>	dual specificity phosphatase 1	1.63	1.1E-29	61.5	100.1
<i>Fos</i>	FBJ murine osteosarcoma viral oncogene homolog	1.45	2.2E-15	54.9	79.6
<i>Jun</i>	jun proto-oncogene	1.46	1.3E-16	33.2	48.3
<i>Mir132</i>	microRNA 132	1.90	9.4E-05	25.6	48.6
<i>Ndufa1</i>	NADH dehydrogenase (ubiquinone) 1 alpha subcomplex, 1, 7.5kDa	1.31	9.8E-03	15.7	20.6
<i>Ndufa4</i>	NADH dehydrogenase (ubiquinone) 1 alpha subcomplex, 4, 9kDa	1.22	6.9E-04	84.1	102.5
<i>Ndufa6</i>	NADH dehydrogenase (ubiquinone) 1 alpha subcomplex, 6, 14kDa	1.18	3.6E-02	72	84.8
<i>Ndufb10</i>	NADH dehydrogenase (ubiquinone) 1 beta subcomplex, 10, 22kDa	1.18	2.3E-02	59.4	70.4
<i>Ndufb9</i>	NADH dehydrogenase (ubiquinone) 1 beta subcomplex, 9, 22kDa	1.16	2.0E-02	116.8	135.9
<i>Nr4a1</i>	nuclear receptor subfamily 4, group A, member 1	1.56	2.8E-25	52.3	81.8
<i>Shank1</i>	SH3 and multiple ankyrin repeat domains 1	1.24	2.0E-06	51.1	63.4



<i>Tuba1a</i>	tubulin, alpha 1a	1.16	4.2E-03	169.6	197.1
<i>Tuba4a</i>	tubulin, alpha 4a	1.12	4.9E-02	138	155.2
<i>Uqcr11</i>	ubiquinol-cytochrome c reductase, complex III subunit XI	1.16	2.2E-02	193.4	223.5
<i>Uqcrb</i>	ubiquinol-cytochrome c reductase binding protein	-1.22	2.6E-02	24.7	20.2
<i>Uqcrc</i>	ubiquinol-cytochrome c reductase, complex III subunit VII, 9.5kDa	1.24	1.3E-03	27.1	33.6

**Table 4.** Selected genes differentially expressed in medial prefrontal cortex. \*FC: fold change; \*\*FDR: false discovery rate; \*\*\*RPKM; reads per thousand bp per million reads. This table contains genes with absolute fold change  $\geq 2$  and all genes discussed in the text.

Table 5. Pathways altered in medial Prefrontal cortex

Pathway	genes	p-value	z-score
Mitochondrial Dysfunction	<b>ATP5C1, Atp5e, ATP5G1, ATP5G3, ATP5H, ATP5O, COX17, COX4I1, COX6A1, COX8A, CPT1C, FIS1, GPX4, NDUFA1, NDUFA4, NDUFA6, NDUFB10, NDUFB9, PRDX5, PSEN2, UQCR11, UQCRQ</b>	3.5E-07	
Oxidative Phosphorylation	<b>ATP5C1, Atp5e, ATP5G1, ATP5G3, ATP5H, ATP5O, COX17, COX4I1, COX6A1, COX8A, NDUFA1, NDUFA4, NDUFA6, NDUFB10, NDUFB9, UQCR11, UQCRQ</b>	7.6E-07	
EIF2 Signaling	<b>EIF3G, FAU, MAP2K2, PIK3C2A, RPL14, RPL18, RPL27, RPL28, RPL30, RPL37A, RPL7, RPS15A, RPS29, RPS3</b>	1.7E-02	1.67
AMPK Signaling	<b>ADRA1D, CAMKK2, CHRNA5, CPT1C, DPF1, IRS2, MAP3K7, PFKL, PIK3C2A, PRKAR1A, SLC2A1, SMARCB1</b>	5.0E-02	0.00
Acute Phase Response Signaling	<b>A2M, CEBPB, CP, ECSIT, FN1, FOS, IL1R1, IL6R, JUN, MAP2K2, MAP3K7, NFKBIB, SERPINF1, TNFRSF11B</b>	1.0E-02	0.28
IL-6 Signaling	<b>A2M, CEBPB, FOS, IL1R1, IL6R, JUN, MAP2K2, MAP3K7, NFKBIB, PIK3C2A, TNFRSF11B, VEGFA</b>	5.5E-03	0.58
14-3-3-mediated Signaling	<b>FOS, GFAP, JUN, MAP2K2, PIK3C2A, PLCD4, TUBA1A, TUBA4A, VIM, YWHAG</b>	4.2E-02	0.38
IGF-1 Signaling	<b>CTGF, CYR61, FOS, IGF1, IRS2, JUN, MAP2K2, PIK3C2A, PRKAR1A, YWHAG</b>	1.3E-02	0.82
Signaling by Rho Family GTPases	<b>ARHGEF3, ARPC4, CDH5, FOS, GFAP, GNG10, JUN, MAP2K2, MYL6, PAK3, PAK6, PIK3C2A, PPP1R12C, RHOB, VIM</b>	5.0E-02	-0.54
Hepatic Fibrosis / Hepatic Stellate Cell Activation	<b>A2M, COL1A2, COL3A1, COL5A3, COL6A3, CTGF, EDN1, FN1, IGF1, IGF2, IL1R1, IL6R, MYL6, TNFRSF11B, VEGFA</b>	8.3E-03	
Role of Macrophages, Fibroblasts and Endothelial Cells in Rheumatoid Arthritis	<b>CEBPA, CEBPB, DVL1, FN1, FOS, IL1R1, IL6R, JUN, MAP2K2, MAP3K7, MIF, NFKBIB, PIK3C2A, PLCD4, TLR7, TNFRSF11B, VEGFA</b>	5.0E-02	
Role of Osteoblasts, Osteoclasts and Chondrocytes in Rheumatoid Arthritis	<b>ADAMTS5, DVL1, FOS, IGF1, IL1R1, JUN, MAP3K7, MMP14, NFKBIB, PIK3C2A, RUNX2, SMAD5, TNFRSF11B, XIAP</b>	5.0E-02	
Renal Cell Carcinoma Signaling	<b>FOS, JUN, MAP2K2, PAK3, PAK6, PIK3C2A, SLC2A1, Ubb, UBC, VEGFA</b>	2.1E-03	0.00
IL-1 Signaling	<b>ECSIT, FOS, GNG10, IL1R1, JUN, MAP3K7, NFKBIB, PRKAR1A</b>	5.0E-02	1.13
IL-17A Signaling in Fibroblasts	<b>CEBPB, FOS, JUN, MAP3K7, NFKBIB</b>	5.0E-02	

TGF- $\beta$ Signaling	<b>FOS, IRF7, JUN, MAP2K2, MAP3K7, PIAS4, RUNX2, SMAD5</b>	5.0E-02	-0.38
TNFR1 Signaling	<b>FOS, JUN, NFKB1B, PAK3, PAK6, XIAP</b>	5.0E-02	0.82
JAK/Stat Signaling	<b>CEBPB, FOS, JUN, MAP2K2, PIAS4, PIK3C2A, STAT6</b>	5.0E-02	0.38
RANK Signaling in Osteoclasts	<b>FOS, JUN, MAP2K2, MAP3K7, MAP3K8, NFKB1B, PIK3C2A, XIAP</b>	5.0E-02	-0.38
CD27 Signaling in Lymphocytes	<b>FOS, JUN, MAP2K2, MAP3K7, MAP3K8, NFKB1B</b>	5.0E-02	0.00
Sertoli Cell-Sertoli Cell Junction Signaling	<i>A2M</i> , <b>ACTN2, JUN, JUP, MAP2K2, MAP3K7, MAP3K8, PRKAR1A, TGFBR3, TUBA1A, TUBA4A, VCL</b>	5.0E-02	
Germ Cell-Sertoli Cell Junction Signaling	<i>A2M</i> , <b>ACTN2, JUP, MAP2K2, MAP3K7, MAP3K8, PAK3, PAK6, PIK3C2A, RHOB, TUBA1A, TUBA4A, VCL</b>	1.6E-02	

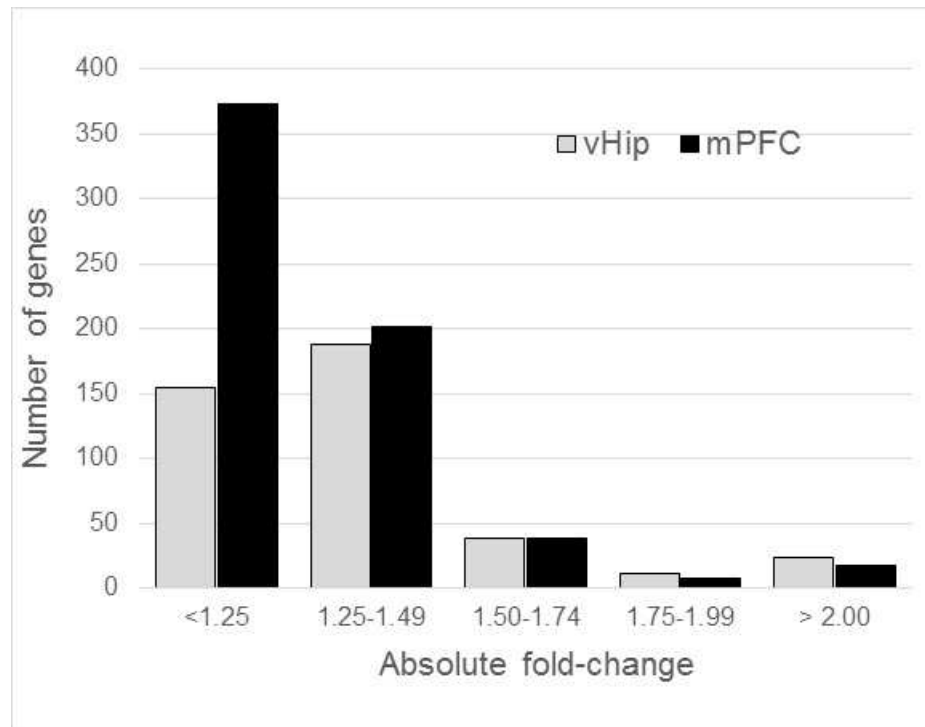
Table 5. Pathways altered in the medial prefrontal cortex.

\*Genes in normal font were expressed at lower levels in the binge-drinking animals; bold font indicates genes that were expressed at higher levels. Z-score indicates whether the pathway is activated (positive z) or decreased (negative z). Pathways sharing many genes are boxed.

gene	vHip FC	mPFC FC	DRN FC	PAG FC	AcbS FC	CeA FC	Adult Nac FC	gene title
<i>Adamts1</i>	1.5	1.9	1.7	1.4			1.4	ADAM metalloproteinase with thrombospondin type 1 motif, 1
<i>Atf3</i>	7.8	16.2	3.0	2.2	1.8			activating transcription factor 3
<i>Btg2</i>	2.2	3.1	1.7	2.3			1.7	BTG family, member 2
<i>Cyr61</i>	11.3	9.5	3.6	3.2	3.8	1.6		cysteine-rich, angiogenic inducer, 61
<i>Dusp1</i>	1.6	1.6	2.0	2.2	1.9	1.6	1.4	dual specificity phosphatase 1
<i>Fos</i>	1.5	1.4	3.1	3.1	1.7		1.7	FBJ murine osteosarcoma viral oncogene homolog
<i>Hspa1a</i>	1.3	1.6	1.5	1.6				heat shock 70kDa protein 1A
<i>Hspa1b</i>	1.3	1.6	1.4	1.5				heat shock 70kDa protein 1B
<i>Ier2</i>	1.6	2.7	2.9	1.8	1.7		1.3	immediate early response 2
<i>Npas4</i>	1.8	2.6	4.8	3.8				neuronal PAS domain protein 4
<i>Dgkb</i>	-1.3	-1.4	-1.4	-1.3				diacylglycerol kinase, beta 90kDa

**Table 6. Genes differentially expressed in at least 4 brain regions.**

FC: fold change, vHip: ventral hippocampus (this study), mPFC: medial prefrontal cortex (this study), DRN: dorsal raphe nucleus (RNAseq, McClintick et al., 2015), PAG: periaqueductal gray (RNAseq, McClintick et al., 2016), AcbS: nucleus accumbens shell, CeA central core of the amygdala (microarrays, McBride et al., 2014b). Adult NAc: significant fold change in nucleus accumbens of adult P rats exposed to binge drinking (microarrays, Bell et al., 2009).



## Highlights

- Alcohol binge drinking in decreased Wnt/ $\beta$  catenine pathway
- Long term potentiation and axonal guidance decreased by alcohol
- Myelination & cholesterol gene expression decreased by alcohol
- Alcohol increases cellular response to stress and inflammation