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Seagrass *Halophila ovalis* is affected by light quality across different life history stages

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ABSTRACT: Seagrass meadows provide crucial ecosystem services to the coastal zone but are threatened globally. Seagrass loss to date has mainly been attributed to anthropogenic activities that reduce light quantity (amount of photosynthetic photon flux density), such as dredging, flooding and eutrophication. However, light quality (wavelengths of light within the visible spectrum) is also altered by these anthropogenic stressors. This study addressed the effect of light quality changes on seagrasses. Aquarium-based experiments were conducted to determine whether the seagrass Halophila ovalis (R.Br.) Hook f. responds to different light quality treatments. Separate experiments were performed in which adults, seeds or seedlings were subjected to monochromatic light treatments in the blue (peak λ = 451 nm), green (peak λ = 522 nm), yellow (peak λ = 596 nm) and red (peak $\lambda = 673$ nm) wavelengths with a control of full-spectrum light ($\lambda = 400 - 700$ nm, at 200 µmol photons $m^{-2} s^{-1}$). This study is unique in that it measured seagrass responses to light across several plant scales (physiology, productivity, morphology and biomass) as well as across life-history stages (seeds, seedlings, adults and flowering). Adult plants responded differently to seeds and seedlings but were generally consistent with terrestrial angiosperms: blue light decreased below-ground productivity; green light influenced morphology (through increased rhizome internode length); red light enhanced seed germination and survival. The findings indicate that both natural and human-induced changes in light quality could significantly affect seagrass growth and reproduction. As a range of anthropogenic activities are currently contributing to the global losses of seagrasses, this research provides timely information on how light quality influences different seagrass life history stages.

KEY WORDS: Light quality \cdot Photomorphogenesis \cdot Plant growth \cdot Seagrass \cdot Seed germination \cdot Seedling survival

INTRODUCTION

A plant's life cycle is inextricably linked to changes in light quality (the composition of the wavelengthspecific radiation within the electromagnetic spectrum (from UV to far-red light, 300 to 760 nm)) and light quantity (the total amount of light or photosynthetic photon flux density). In terrestrial plants, critical plant processes influenced by light quality include setting of circadian rhythms, flower induction, seed germination, photosynthesis and adult and seedling growth (Fankhauser & Chory 1997, Whitelam & Halliday 2008). Due to the shared ancestry with terrestrial plants, seagrasses would be expected to have the ability to detect and respond to shifts in the quality of light in much the same way. However, due to their long evolutionary history in the marine environment, up to 85 million years (Les et al. 1997), and the spectral attenuation through sea water, seagrasses may have developed different sensitivities and responses to changes in light quality.

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Terrestrial plants perceive, monitor and respond to changes in light quality through photoreceptors that initiate signal transduction cascades leading to a range of physiological, growth and morphological responses. The phytochrome family (phyA-phyE) efficiently absorbs red and far red light, whereas cryptochromes (cry1 and cry2) and phototropins (phot1 and phot2) mainly absorb UV-A and blue light (Casal 2000). The effects of illuminating terrestrial plants with different monochromatic light have been measured in many species (Fig. 1). Examples include the decrease in yarrow Achillea millefolium and cucumber seedling Cucumis sativus biomass in response to blue light, as well as reduced rooting in yarrow and Phyllanthus tenellus (Su et al. 2014, Alvarenga et al. 2015). Often, there is variability among responses to light quality across the plant scale: for example, maximal photochemical efficiency and quantum yield of PSII of leaves growing under blue light was significantly higher than under control light, whilst biomass under blue light was significantly lower than under control light (Su et al. 2014). Furthermore, responses are often species-specific; monochromatic blue light enhanced germination in orchids Cattleya walkeriana but not in Amaranthus caudatus seeds (Nowak et al. 1996, Islam et al. 1999) (Fig. 1).

The wide range of plant responses to light quality reflects adaptations to habitats that undergo spectral shifts both in space and over a range of timescales. For example, in terrestrial ecosystems, light quality changes through forest canopies as the upper foliage absorbs blue and red light, with understory plants receiving reduced quantity and a green-enriched quality of light (Folta & Maruhnich 2007). Plants can respond to this under-canopy light by altering their morphology (i.e. shade-avoidance response; Neff et al. 2000).

	Cellular	Adults	Seeds	Seedlings		
Response to light quality (species _{Reference})	-Xanthophyll conc. (Brassica oleacea ₁) $-\phi PSII$ No. starch granules CO_2 assimilation (Cucumis sativus ₂)	-Leaf length & width (<i>Paphiopedilum orchid</i> ₄) -Biomass No. roots (<i>Achillea millefolium</i> ₅)	-Germination (<i>Cattleya walkeriana</i> ₈) -Germination (<i>Amaranthus caudatus</i> ₉) ↓	-Growth (<i>Thalassia hemprichii*₇</i>) -Root prod. (<i>Phyllanthus tenellus</i> ₁₃) -Height (<i>Oryza sativa</i> ₁₄) -Height, leaf area, Root & above ground biomass (<i>Cucumis sativus</i> ₂)		
	-CO ₂ assimilation Rubisco content Chl. content (<i>Cucumis sativus</i> ₂)	-Shoot length Biomass (Achillea millefolium ₅) ↓	-Germination (Solidago spp. ₁₀) (Compositae ₁₁) -Germination Chondrilla juncea ₁₁)	-Stem elongation rate $(Arabidopsis thaliana_{15})$ -Height, leaf area, Root & above ground biomass $(Cucumis sativus_2)$		
	-CO ₂ assimilation Chl. content No. starch granules Rubisco content (<i>Cucumis sativus</i> ₂) -Chloroplast prod. (<i>Lactuca sativa</i> ₃)	-Growth rate (<i>Lactuca sativa</i> ₃)	-Germination (<i>Cattleya walkeriana</i> ₈) (<i>Mikania micrantha</i> ₁₂)	-Height, leaf area, Root & above ground biomass (<i>Cucumis sativus</i> ₂)		
Re	-CO ₂ assimilation (<i>Cucumis sativus</i> ₂)	-Aboveground biomass (<i>Raphanus sativus</i> ₆)	-Germination (<i>Cattleya walkeriana</i> ₈) (<i>Phyllanthus tenellus</i> ₁₃)	-Stem diameter (<i>Oryza sativa</i> ₁₄) -Height, leaf area, Root & above ground biomass (<i>Cucumis sativus</i> ₂) -Shoot length, no. roots Shoot & root biomass (<i>Calanthe</i> hybrids ₁₆)		

Fig. 1. Conceptual illustration of recent studies (within the last 2 decades) that found significant cellular, adult plant, seed and seedling responses (arrows) under monochromatic (blue, green, yellow and red) light quality treatments compared to fullspectrum or control white light. Asterisk: seagrass species. References: 1 (Kopsell & Sams 2013), 2 (Su et al. 2014), 3 (Dougher & Bugbee 2001), 4 (Lee et al. 2011), 5 (Alvarenga et al. 2015), 6 (Drozdova et al. 2001), 7 (Soong et al. 2013), 8 (Islam et al. 1999), 9 (Nowak et al. 1996), 10 (Walck et al. 2000), 11 (Luna et al. 2004), 12 (Qi-He et al. 2005), 13 (Victorio & Lage 2009), 14 (Guo et al. 2011), 15 (Folta 2004), 16 (Baque et al. 2011)

Green light has been shown to induce rapid elongation of etiolated seedlings (that have negligible chlorophyll) and is efficiently transmitted through the leaves as much as other visible wavelengths (Folta 2004, Folta & Maruhnich 2007). In aquatic, estuarine and marine ecosystems, a number of factors can drive strong shifts in light quality. Red light is rapidly attenuated by water so that blue light dominates at depths greater than ~10 m in low-CDOM and oceanic systems (Kirk 1994). Suspended particles in the water, such as sediments and photosynthetic biota, and dissolved materials such as chromophoric dissolved organic matter (CDOM or gilvin) all affect the absorbance or scattering of light (Kirk 1994). For example, coastal waters with significant run-off or river input from forested watersheds expel high concentrations of CDOM, which exponentially absorbs short wavelength radiation and leads to a red-shifted light field (Kirk 1994). Consequently, the spectral quality of light changes with depth but can also vary among locations of the same depth depending on the particulate and dissolved components of water (Fig. 2). As light quality underwater changes according to depth and the inherent optical properties of components within the water (Kirk 1994), it is likely that submerged aquatic vegetation respond to these shifts.

Seagrasses are a polyphyletic group of marine angiosperms that evolved from monocotyledonous flowering plants ~85 million years ago (Les et al. 1997). They form meadows in shallow waters of the coastal zone, where they provide significant ecosystem functions and services (Orth et al. 2006) such as food and habitat for fauna (Heck et al. 2003), sediment stabilisation (Koch et al. 2006), carbon storage and high primary productivity (Orth et al. 2006, Lavery et al. 2013). Seagrasses have a high light requirement (Longstaff 1999) and their accelerating global decline has been attributed primarily to human activities that reduce light and water quality, such as eutrophication, sediment loading and dredging (Erftemeijer & Robin Lewis 2006, Orth et al. 2006, Waycott et al. 2009), as well as climatic stochastic events (extreme temperatures and rainfall) (Fraser et al. 2014, Thomson et al. 2015). While the effects of reduced light intensity are well documented (Ralph et al. 2007, McMahon et al. 2013), very little is known about how shifts in light quality affect seagrass growth and reproduction (York et al. 2016).

The few studies carried out on seagrasses have demonstrated responses to shifts in light quality. In adult marine plants *Ruppia maritima* and *Halodule wrightii*, there are reports of reduced branching in both species and increased internode length in *H*.

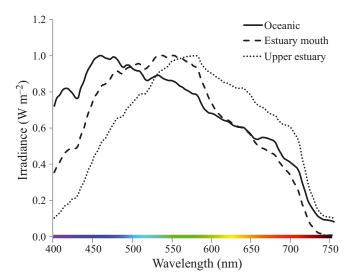


Fig. 2. Downwelling irradiance (W m⁻²) measured 1 m underwater at locations where seagrass meadows are present: an oceanic location (solid line), at the mouth of an estuary (dashed line) and in the upper reaches of an estuary (dotted line) (GPS coordinates in Table S3 in the Supplement at www.int-res.com/articles/suppl/m572p103_supp.pdf). These data were collected by S.S. and M. Slivkoff using a hyperspectral radiometer (USSIMO) from In-Situ Marine Optics in the Detth Coastal Waters and the Supplement Estuary

the Perth Coastal Waters and the Swan River Estuary

wrightii in response to a reduction of the red to far red ratio (R:FR) (Tomasko 1992, Rose & Durako 1994). Seagrass seedlings *Thalassia hemprichii* exhibited enhanced growth in blue compared to red light (Soong et al. 2013), whereas the common response of many terrestrial angiosperms is enhanced seed germination under increased red light (in proportion to FR) (Vázquez-Yanes & Smith 1982, Smith & Whitelam 1997). This contrast hints at potential differences in the response of aquatic and terrestrial angiosperms to changes in light quality.

This study tested the responses of the widespread seagrass Halophila ovalis to monochromatic light treatments (blue, λ = 451 nm; green, λ = 522 nm; yellow, $\lambda = 596$ nm; red, $\lambda = 673$ nm). As light is considered the most important factor in controlling *H. ovalis* growth (Hillman et al. 1995), it was expected that biomass would be reduced in blue, green, yellow and red monochromatic light compared to full-spectrum light (at a constant light quantity) and that responses would not necessarily be consistent across the plant scale, i.e. some colours induce increases in photo-physiology variables (e.g. photosynthetic efficiency) but reduced biomass (relative to controls), as measured in terrestrial species (Fig. 1). To assess if the different life-history stages responded in the same way to different monochromatic light treatments, experiments were conducted on adult plants, seeds and seedlings.

MATERIALS AND METHODS

In 3 separate experiments, the effect of monochromatic light quality treatments on different life-history phases of the seagrass *Halophila ovalis*—(1) adults, (2) seeds, and (3) seedlings—were tested.

Adult experiment

The single fixed factor 'Light quality' had 5 levels: full-spectrum (λ 400 - 700 nm), blue (peak λ = 451 nm), green (peak λ = 522 nm), yellow (peak λ = 596 nm) and red (peak λ = 673 nm) light. For each level, 4 replicate aquarium tanks (54 l) were established (total n = 20 independent glass tanks). Controls and treatments were randomly allocated, and each tank was isolated using PVC boards and shade cloth to ensure no leakage of light from surrounding treatments. Tanks were lined to 10 cm depth with unsorted washed quartz river sand containing (1.3%) shredded seagrass wrack as a nutrient supply (Statton et al. 2013) and filled with 52 l of seawater (salinity 35). The water in each tank was re-circulated through an individual sump with a pump and filter (300 µm foam block) ensuring each replicate tank was independent.

Light treatments were provided by aquarium lightemitting diode (LED) modules (MarinTech™) customised to a spectrum similar to sunlight on a 12 h light:12 h dark cycle. Each treatment was standardised to the same amount of photons (energy per photon per treatment is displayed in Table 1, and transmission spectra per treatment are displayed in Fig. S1 in the Supplement at www.int-res.com/articles/ suppl/m572p103_supp.pdf) and received 200 µmol photons m⁻² s⁻¹ at the top of the canopy, measured by an underwater Li-Cor (LI-192) quantum sensor. Control tanks received light directly from the modules, and light quality treatments were imposed by placing colour filters (Rosco heat-resistant gel filter sheets) underneath the LED modules: Yellow using 'Canary Yellow', Red using 'Fire' and Blue using 'Night Blue'. However, for the green treatment, aquarium lights containing all green LEDs were used because the quantity could not be achieved using a filter. Light quality was measured using an underwater hyperspectral radiometer (USSIMO) from Insitu Marine Optics. Water temperature and salinity were monitored every 2 d using a conductivity meter (WTWTM); the temperature was maintained at 20 to 21°C, and the salinity was maintained within 35 to 36.

Table 1. The amount of energy per photon per light quality treatment (based on peak wavelength emission) that *Halophila ovalis* adults, seeds and seedlings were exposed to during the experiments. Note that energy was calculated as follows: $e = c \cdot h/(\lambda)$, where *e* is energy in joules, *c* is light velocity (299792458 m s⁻¹), h is Planck's constant (6.6260695729 \cdot 10⁻³⁴), and λ is Lambda, which represents wavelength (nm)

Light quality treatment	Peak emission λ (nm)	Energy per photon (Joules)		
Blue	451	$4.4045 \cdot 10^{-19}$		
Green	522	$3.8055 \cdot 10^{-19}$		
Yellow	596	$3.3330 \cdot 10^{-19}$		
Red	673	$2.9516 \cdot 10^{-19}$		

Study site

H. ovalis ramets were collected in August 2014 from close to the mouth of the Swan River estuary, southwest Western Australia (32° 01′ 49″ S, 115° 45′ 46″ E), a temperate, estuarine habitat, where it is the dominant seagrass species and is greatly influenced by seasonal gradients (Hillman et al. 1995). Seasonal changes in water quality have been associated with periods of high rainfall (with 80% of the catchments rainfall occurring in the austral winter) which increase the concentrations of CDOM to the point where 66% of the variation in light attenuation within this estuary was explained by CDOM alone (Kostoglidis et al. 2005). Light quality and quantity at the site is influenced by seasonal periods of high CDOM concentrations (see upper estuary line in Fig. 2) but can also represent clear-oceanic downwelling irradiances (see oceanic line in Fig. 2), which demonstrates some of the spectral range to which *H. ovalis* is exposed at this site.

Plant collection

At the time of collection the salinity was 34, and water temperature was 18°C. Ramets with at least 5 leaf pairs behind the apical meristem were haphazardly collected by gently excavating the sediment at the edge of the meadow along a 1.5 km stretch to avoid spatial non-independence. They were stored in a container with seawater for transportation and planted within 2 h of collection. Ramets were standardised to 3 shoots behind the apical meristem (by cutting with a razor blade), and 10 were randomly assigned to each tank, planting at least 1 cm below the sediment surface. They were acclimated for 2 wk under control conditions, as described above. To determine the health of plants prior to experimentation, the maximum quantum yield of PSII was measured with a WALZ pulse amplitude modulated (PAM) diving fluorometer at the time of collection and after acclimation. Recorded values for both field and aquarium acclimated plants were similar and in the range identified as healthy, 0.73 to 0.75, suggesting that aquarium plants had successfully acclimated (Ralph & Burchett 1995). To determine growth rates over the experimental period, growing tips of each ramet were tagged by placing PVC-coated wire over the rhizome behind the youngest leaf pair.

Experimental measurements

At the end of the experiment (30 d), a range of measurements were taken reflecting different scales of plant response (Table 2). All ramets were gently removed from the tanks and stored at -20° C (apart from pigment and carbohydrates samples which were stored in the dark at -80° C) prior to processing.

Photosynthetic characteristics

Before harvesting, photosynthetic characteristics were measured using rapid light curves on 3 mature leaves per tank. Leaf clips were placed adjacent to the central vein, and leaves were exposed to increasing photosynthetic photon flux density values (0, 3, 11, 45, 70, 102, 179, 271 and 373 μ mol photons m⁻² s⁻¹ for 10 s) (Ralph & Gademann 2005). PAM settings were as follows: measuring light: 8, saturating pulse: 8, gain: 5, and light curve width: 10 s. The absorption factor (AF) for each leaf was determined following Beer & Björk (2000), and the electron transport rates (ETR) were calculated following the standard rapid light curve protocol (Beer et al. 2001). The ETR-irradiance curves were fitted to the equation described by Jassby & Platt (1976) to estimate ETR_{max}, photosynthetic efficiency (α) and saturating irradiance (E_k) using SigmaPlot (v7). In addition, the maximum quantum yield of PSII was measured on 3 mature leaves.

Pigment analysis

Chlorophyll *a* and *b* (μ g pigment g⁻¹ FW leaf tissue) and the xanthophyll ancillary pigments were meas-

Table 2. Dependent variables measured at the end of the adult experiment

Variable type	Measured unit					
Physiology						
Photosynthetic characteristics: ETR_{max} , AF, E_{k} , α	Three mature leaves					
Pigments: xanthophylls, chlorophyll	Six mature leaves (pooled into 2 replicates)					
Carbohydrates: rhizome carbohydrates, leaf carbohydrates	Three ramets (pooled into 1 replicate)					
Biomass & density						
Total biomass, above-:below ground biomass ratio, leaf density	Entire tank					
Growth						
Leaf, root and rhizome productivity	Tagged ramets					
Shoot mortality, shoot production	Tagged ramets					
Rhizome extension rate	Tagged ramets					
Branching	Tagged ramets					
Flowering	Entire tank					
Morphology						
Leaf area	Tagged ramets					
Petiole, internode and root length	Tagged ramets					

ured following Collier (2006). Supernatants were analysed using high performance liquid chromatography (HPLC) comprised of a 600 controller, 717 plus refrigerated autosampler and a 996 photodiode array detector with a β , β carotene standard. Chlorophyll concentrations were determined using equations based on Wellburn (1994), and the total xanthophyll concentrations were pooled.

Biomass and leaf density

For each tank, all plant material was harvested, rinsed in seawater, scraped free of epiphytes and leaves counted, then sorted into leaves plus petioles (above-ground) and rhizomes plus roots (belowground). Plant material was dried at 60°C for 48 h, and the dry weight (DW) of each component was measured.

Carbohydrates

Carbohydrate analysis was performed on leaf and rhizome material from 3 pooled ramets per tank using a minimum weight of 75 mg DW. Dried material was homogenized and ground into a fine powder, then leaf and rhizome samples were analysed separately for soluble sugars and starch content using enzymatic procedures adapted from McCleary & Codd (1991).

Growth, morphology and reproduction

A number of growth measures were estimated: leaf, root and rhizome productivity (mg DW apex⁻¹ d^{-1}), shoot production (shoot apex⁻¹ d^{-1}), shoot mortality (shoot apex⁻¹ d^{-1}), rhizome extension (cm apex⁻¹ d^{-1}) and branching rate (no. secondary branches) from tagged ramets.

Plants from each tank were photographed, and the images from 3 mature shoots behind the apex were used to measure leaf area (cm²), petiole length (cm), internode length (cm) and root length (cm) in the program Image J. A mean per tank was calculated.

Flowering occurred during the experiment, and the number of male and female flowers that emerged was counted over the period of the experiment.

Seed germination experiment

Whole fruits were collected in February 2015 from the same site as adults. They were incubated in the dark at 15°C, as pilot work indicated germination did not occur under these conditions, until the fruits dehisced after 9 wk, then seeds were collected. In each tank, 10 circular plastic tubes were inserted into the sediment and 10 seeds planted just below the surface. The tubes marked the location of planted seeds allowing easy retrieval; they were not considered replicates. Care was taken to ensure that each seed was only exposed to the experimental light colour as small quantities of light can influence germination (Baskin et al. 2006); hence, there was no full-spectrum light acclimatisation period.

A protocol developed from preliminary *H. ovalis* seed germination experiments, which indicated that germination was maximised (~30%) with temperature 'ramping' (3 wk at 15°C, followed by 3 wk at 20°C, then 3 wk at 25°C; J. Statton pers. comm.), was followed. The number of germinated seeds per tank was monitored daily by counting emergent leaves from the start of the 20°C ramping until the end of the experiment (14 July 2015). Then, 4 randomly selected tubes were removed and the number of germinated and viable seeds per tank counted. Germinated seeds were identified if the hypocotyl breached the seed coat, and viable seeds were identified with a squeeze test (Marion & Orth 2010). Viable seeds are capable of germinating under suitable conditions, and non-viable seeds fail to germinate even under optimal conditions (Bradbeer 1988). The number of remaining viable seeds, number of germinated seeds and the percentage of

viable seeds germinated was calculated for each tank.

Seedling survival experiment

The remaining 6 tubes per tank not harvested at the end of the seed germination experiment were left in place to assess seedling survival. However, due to the very low germination rates under blue (0.005%)and green (0.01%) light, these treatments could not be included in the experiment. For the red, yellow and control light treatments, seedling survival was assessed from the surviving 59 seedlings on a daily basis by recording the number of seedlings alive per tank over 4 wk (17 July to 8 August 2015).

Statistical analyses

A multivariate approach was taken to analyse the effect of light quality (fixed factor) on the response of adult plants using PRIMER v7 and PERMANOVA+ 2015 (PRIMER-E). Of the variables measured at the end of the adult experiment (see full list of 29 variables in Table S1 in the Supplement), a subset of 23 variables (Table 2) were selected based on an assessment of co-correlates. Once the related variables were removed, all 23 response variables identified in Table 2 were included and normalised. A test for homogeneity of variance was performed (PERM-DISP) and a permutational analysis of variance (PERMANOVA) run on the resemblance matrix (created using Euclidean distance). Subsequently, a permutational pair-wise test was performed to determine which levels of treatment were significantly (p < 0.05) different from each other. For the significant pair-wise results, similarity percentage (SIMPER) analysis was then used to determine which response variables were contributing most to the differences. Individual PERMANOVAs were carried out on variables identified as important by the SIMPER analysis, to further confirm which levels of treatment were significantly (p < 0.05) different from each other at an individual response level (see Fig. 5). Originally, SIMPER was used to identify species driving patterns in multidimensional space, but it is also appropriate for other forms of data (Clarke et al. 2014). To illustrate the differences among treatments, a metric multidimensional scaling (mMDS) plot (Kruskal 1964) was created, and the average for each treatment with an 80% confidence interval was plotted using the Bootstrap Averages routine (Clarke & Gorley

2015). For the seed germination and seedling survival data, a univariate approach was used because there was only 1 response variable per experiment, yet it was still carried out in PRIMER and PERM-ANOVA as described above. However, as these analyses were univariate, a SIMPER and *m*MDS were not required.

RESULTS

Adult experiment

PERMANOVA indicated a significant (p < 0.05) effect of light quality on adult *Halophila ovalis* plants (Table 3). The subsequent pair-wise PERMANOVA test indicated that all monochromatic light treatments, with the exception of red, were significantly (p < 0.05) different to the full-spectrum controls. Furthermore, the blue treatments were significantly different from the yellow treatments (Fig. 3, Table 3).

The SIMPER analysis indicated that the differences among light quality treatments were driven by a combination of physiological, growth, biomass and/or morphology variables (Table 4), with the relative importance of these variables differing according to the treatment. Overall, the short wavelength treatments (blue, green and yellow) differed to the controls, whereas long-wavelength radiation (red light) did not contribute to any of the differences among treatments. This pattern was evident from the MDS where red treatments grouped closer to the controls, whereas blue, green and yellow treatments grouped on the opposite end of the MDS1 axis (Fig. 3). In particular, below-ground productivity (root productivity, rhizome productivity and rhizome extension rate) declined in blue, green and yellow treatments compared to the controls. However, it was only in the blue light treatment where the reduction in root productivity was significantly lower than the controls and translated into a meadow scale response, with lower total biomass and leaf density (Figs. 4 & 5, Table 4). Furthermore, changes in photosynthetic parameters were only observed under blue light, where the efficiency of photosynthesis (α) was significantly higher compared to full-spectrum light (Fig. 5). This result is further illustrated by the pattern of separation across the MDS1 axis (Fig. 3), which was greatest between control and blue treatments. Additionally, for green light, an increase in rhizome internode length was measured compared to the controls. The difference between blue and yellow treatments was mainly driven by photosynthetic

Table 3. Significant (p < 0.05) results from PERMANOVA analysis examining the effect of light quality (1 fixed factor) on response variables in the adult experiment

	df	MS	F	Unique permutation	p ns	
Main test Adult experiment variables	19	40.45	2.2	999	< 0.001	
Significant pair-wise tests 35 <0.05						
Control, Yellow				35	< 0.05	
Control, Blue			35	< 0.05		
Control, Green			35	< 0.05		
Blue, Yellow				35	< 0.05	

variables (α and absorption factor), which were both higher in blue treatments. Additionally, ramet productivity and above-:belowground biomass ratio were inversely related among light quality treatments (see Fig. S2 in the Supplement). Several of the aforementioned patterns are simplified in univariate plots (Fig. 5).

Seed germination experiment

There was a significant effect of monochromatic light treatment on the germination of viable *H. ovalis* seeds (df = 19, F = 11.08, 999 unique permutations, p < 0.01), with controls significantly higher than the green and blue treatments (Fig. 6A). Significantly higher germination occurred in red compared to blue (unique perm 5, p < 0.05) and green (unique perm 7,

2D Stress: 0.17 Light Quality Green Blue Red 5 Control Yellov MDS2 0 -5 -5 Ò 5 10 MDS1

Fig. 3. 2-D *m*MDS displays the group means surrounded by a corresponding bootstrap region (with 80% confidence interval at 100 bootstraps per group) of the replicate *H. ovalis* adult plant samples grown under different light quality treatments

Treatment groups	Response variable	Mean value	Mean value	Square distance (SD)	Contribution %	Cumulative %
		Control	Yellow			
Control vs. Yellow	Rhizome productivity	1.66	-0.798	1.42	13.19	13.19
	Root productivity	1.46	-0.733	1.25	10.78	23.97
	Rhizome extension rate	1.41	-0.774	1.77	10.04	34.00
		Control	Blue			
Control vs. Blue	Root productivity	1.46	-0.735	1.24	11.35	11.35
	Total biomass	1.07	-0.823	1.31	8.56	19.91
	Alpha (α)	-0.258	1.76	2.48	8.47	28.38
	Leaf density	0.876	-0.631	1.30	7.93	36.31
		Control	Green			
Control vs. Green	Rhizome productivity	1.66	-0.294	1.40	9.06	9.06
	Rhizome extension rate	1.41	-0.352	1.14	8.67	17.73
	Root productivity	1.46	-0.127	0.92	7.95	25.68
	Internode length	0.133	0.4	0.89	7.22	32.91
		Blue	Yellow			
Blue vs. Yellow	Alpha (α)	1.76	-0.769	3.30	15.15	15.15
	Absorption factor	1.32	-0.558	1.12	10.69	25.84
	Above-:below ground biomass ratio	-0.516	0.75	1.04	8.06	33.89

Table 4. SIMPER summary table indicating which variables contributed to the observed average distances between the light quality treatment groups (cumulative % cut-off at 30%)

p < 0.05) treatments. Similarly, significantly higher germination in yellow occurred compared to the blue (unique perm 6, p < 0.05) treatments (see Table S2 in the Supplement). p < 0.05), with yellow intermediate and not significantly different to either the controls or red light treatment (Fig. 6B, Table S2).

DISCUSSION

Seedling survival experiment

A significant effect of monochromatic light treatments was also detected for seedling survival over 23 d (df = 11, F = 5.9, unique perm 144, p < 0.05). Seedling survival was significantly higher in the red treatments compared to the controls (unique perm 8, This study demonstrated that *Halophila ovalis* is sensitive to yellow, green and blue wavelengths that negatively impacted below-ground productivity and led to decreased biomass under blue light (Fig. 4). Furthermore, seed germination and seedling survival were enhanced by red and yellow light. The

	Cellula	Adults		Seeds	Seedlings	Meadow
to light quality	α 🕇	Root productivity	¥	Germination 4		Total biomass ↓ Leaf density ↓
		Rhizome extension rate Rhizome & root productivity Internode length	$\begin{array}{c} \downarrow \\ \downarrow \\ \uparrow \end{array}$	Germination \downarrow		
ss response		Rhizome extension rate Rhizome & root productivity	↓ ↓	Germination 1	Survival 🕇	
Seagrass				Germination 1	Survival †	

Fig. 4. Summary of *Halophila ovalis* photo-physiology, adult plant, meadow scale, seed germination (%) and seedling survival (%) responses (arrows) to monochromatic (blue, green, yellow and red) light quality treatments compared to full-spectrum light

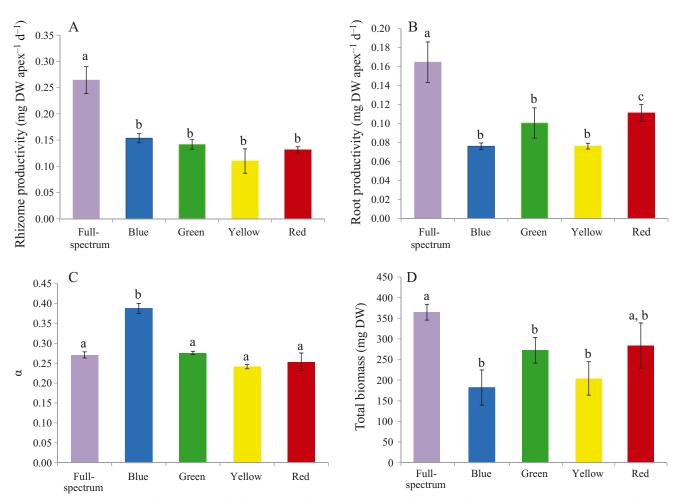


Fig. 5. *H. ovalis* mean (\pm 1 SE) values of (A) rhizome productivity, (B) root productivity, (C) photosynthetic efficiency (α) and (D) total biomass in response to monochromatic and full-spectrum light. Different lowercase letters denote significant differences (p < 0.05) among values

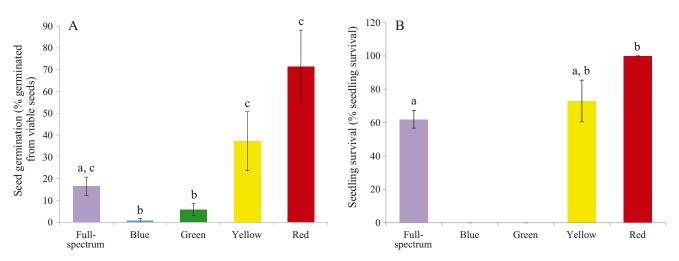


Fig. 6. *H. ovalis* mean (\pm 1 SE) (A) seed germination and (B) seedling survival in response to monochromatic and full-spectrum light. Different lowercase letters denote significant differences (p < 0.05) among values. Blue and green treatments were not conducted in the seedling survival experiment

responses of different life-history stages of *H. ovalis* to monochromatic light quality varied, yet in general were congruent with terrestrial plant responses. This suggests the underlying mechanisms driving light quality responses in terrestrial plants (i.e. photoreceptors) are present in seagrasses, despite 85 million years of evolution in environments with different light characteristics.

Adult experiment

A significant negative effect on *H. ovalis* plants was observed in blue light where reduced root productivity, which has been measured in other studies of terrestrial plants (Victorio & Lage 2009, Baque et al. 2011), led to a reduction in biomass and leaf density compared to controls. However, the higher photosynthetic efficiency (α) in the blue treatments did not result in an increased ETR_{max}, which suggests that the increase in α was an adjustment to attempt to maintain a positive carbon balance as reported for riverine H. johnsonni (Kahn & Durako 2009). Similarly, H. johnsonii populations from riverine locations (strongly influenced by CDOM) exhibited higher gross photosynthetic rates and quantum efficiencies than marine inlet plants (low-CDOM environment) at the short wavelengths (350, 400 and 450 nm) (Kahn & Durako 2009). Furthermore, we also suggest that the increased photosynthetic efficiency in the blue treatment could have been due to the nature of blue light, specifically, due to its higher frequency as it has more energy per photon than red light. However, this may not have led to increased ETR_{max}, due to the possibility of non-photochemical quenching and photoinhibition (Sun et al. 1998).

Our results also show reduced below-ground productivity (rhizomes and roots) under yellow and green light, but this did not lead to significantly lower biomass compared to plants growing under control light. This may indicate a switch between belowground production to above-ground production in an attempt to acclimate to green and yellow light conditions.

It was previously assumed that green light was inefficient at driving photosynthesis because of its low absorption by chlorophyll; however, there is now evidence suggesting that green light supports photosynthesis within deep-tissue chloroplasts (Sun et al. 1998) and the rate of photosynthesis is capable of supporting plant growth at saturating intensities of green light (i.e. 100 to 200 μ mol photons m⁻² s⁻¹) (Golovatskaya & Karnachuk 2015). Whilst seagrasses

have chloroplasts in the epidermal cell layers (Tomlinson 1980), the reflected green light within these chloroplasts could be absorbed as it is in terrestrial leaves (Sun et al. 1998). For example, a study of another seagrass, Zostera marina, used layers of green algae Ulva intestinalis to alter the quality of light received by the seagrass towards green and showed that saturating irradiance and ETR_{max} were not significantly impacted (Mvungi et al. 2012). Some pigments, such as carotenoids, absorb green light and transfer excited photons to reaction centres to be used in photosynthesis (Salisbury & Ross 1992), and such pigments have been shown to increase electron transport in Amaranthus cruentus (Ptushenko et al. 2002). Our research also did not find a strong effect of green, yellow and red light on photosynthetic performance or pigment content compared to control light; therefore, these monochromatic light conditions may be effective at driving seagrass photosynthesis using the same underlying mechanisms that are present in terrestrial angiosperms.

The discrepancy between the lack of photosynthetic response in yellow and green light and a reduced productivity response in this experiment was evident in other studies. For example, lettuce Lactuca sativa grown under broad spectrum light (blue-greenvellow-red) had a higher biomass compared to plants grown under green fluorescent light (500 to 600 nm), although there was no significant difference in chlorophyll content between the treatments (Kim et al. 2004). Similarly, green and yellow treatments significantly impacted cucumber Cucumis sativus growth but not chlorophyll content when compared to a broad spectrum white light (Al-Wakeel & Hamed 1996, Su et al. 2014). Another experiment suggests that yellow light suppresses chlorophyll and chloroplast formation in lettuce (Dougher & Bugbee 2001), which may have explained the inhibition of plant growth under yellow light. There may be an underlying mechanism that was not measured in this study that could account for the discrepancy between physiology and growth responses, such as chloroplast formation/ structure, Rubisco content, cell expansion or phytohormone concentrations (auxins, gibberellins, etc.) (Dougher & Bugbee 2001, 2004, Drozdova et al. 2001, Canamero et al. 2006). Alternatively, the discrepancy could relate to the use of the PAM fluorometer to measure photosynthetic characteristics. PAM fluorometers emit bursts of white light to measure photosynthetic characteristics, and, therefore, the responses measured may not reflect those under the treatment to which the plant has been subjected (i.e. monochromatic green or yellow light). Consequently, the

actinic light may have confounded the photosynthetic response measured (in this study and in those mentioned above), and future studies should use actinic light sources that are the same light quality as the one under which the plants are being treated (Kim et al. 2004).

An interesting finding was observed in the green light treatments where rhizome internodes were longer than in the controls, despite the lowered overall below-ground biomass that was produced. This type of morphological response is similar to the 'shade avoidance response' (Casal 2012) where terrestrial plant form (and gene expression) is altered to best suit shade light, predominantly green and far-red light (Klein 1992, Stamm & Kumar 2010). The green-absorbing form of cryptochrome (cry1 and cry2) and an unknown green light photoreceptor may be the underlying mechanism behind these plant responses (Folta 2004, Banerjee et al. 2007, Zhang et al. 2011). Green light could provide an additional function similar to R:FR light in that it is crucial for informing the plant of unfavourable light conditions (Folta & Maruhnich 2007). In the marine environment, increased suspended sediment loads within the water column (Kirk 1994, Longstaff 1999) reduce light quantity (Erftemeijer & Robin Lewis 2006) and shift the spectra towards green initially, then yellow with increased suspended sediment loads (Chartrand et al. 2012, Jones et al. 2016). The poor growth response of adult H. ovalis to monochromatic yellow and green light may therefore reflect the likely response to a yellow-green shift under turbidity plumes.

Seed experiment

The enhanced germination rate of H. ovalis seeds under red light and low germination under blue light was analogous to the response of Myriophyllum spicatum (a submerged freshwater angiosperm) to monochromatic light quality (Coble & Vance 1987). Conversely, our results differ from a light quality experiment conducted on Thalassia hemprichii (seagrass species) which observed no significant effect of red light on early seedling leaf growth (Soong et al. 2013). As it is widely accepted that phytochromes are important for mediating red light responses in terrestrial plants, and that increases in R:FR often enhance seed germination rates (Whitelam & Smith 1991, Smith & Whitelam 1997), perhaps phytochrome is active in H. ovalis, as it seems to be in both H. wrightii (Tomasko 1992) and R. maritima (Rose & Durako 1994). Whilst photoreceptor analysis was

beyond the scope of this study, it is likely that this mechanism could be similar for *H. ovalis* in that a higher proportion of red light indicates shallow or clear water or a gap in the meadow canopy and, therefore, conditions conducive for germination and subsequent seedling survival. Further studies of the *H. ovalis* and *T. hemprichii* phytochrome or genome sequencing would be required to confirm whether phytochrome is absent in these species, as has been determined in the seagrass *Zostera marina* (Olsen et al. 2016), and whether the same mechanisms that influence seed germination in terrestrial plants are active in the germination of seagrass seeds.

Seedling experiment

High seedling survival in red (100%) and yellow (73%) light indicates that different life-history stages in *H. ovalis* are adapted to respond to different light quality cues in the environment. These could be influenced by seasonal changes in freshwater inputs and runoff into estuaries and coastal seas that result in large changes in salinity, nutrients, turbidity, CDOM and phytoplankton blooms (Kirk 1994). This response contrasts with that of adult plants, which responded negatively to yellow light, suggesting maximum growth is linked to reduced freshwater inputs, reflecting summer conditions in temperate estuarine systems.

Seed germination, seedling survival and adult responses may be influenced by seasonal shifts in water quality within the Swan River Estuary. For example, seed germination was reduced under blue and green light and both seed germination and seedling survival were enhanced by red and yellow light, which may reflect this species' adaptation to a yellow- and red-enriched light climate when seeds are released. H. ovalis fruits mature and release seeds between February and April (Kuo & Kirkman 1992), and the high rainfall season occurs from May to August; therefore, this timing coincides with the increase in CDOM and the subsequent shift to yellow/red light-perhaps the enhanced germination of seeds reflects a response to their environment. The adult response may also reflect seasonal changes in water quality as high CDOM levels in the Swan River Estuary during winter shift light quality towards yellow, which coincides with the decline in growth pattern of *H. ovalis*, further suggesting maximum growth is highly linked to reduced freshwater inputs (and increased temperatures) later in the summer. Blue light negatively impacted both adults and seeds. Perhaps the seasonal high attenuation of blue light has led the population of *H. ovalis* growing within the Swan River Estuary (<2 m) to acclimate to relatively red/yellow-shifted light, which may explain their poor response to monochromatic blue light. Furthermore, the poor response to blue light may also be linked to photo damage from the highenergy wavelengths. *H. ovalis* also grows in oceanic deep-water environments, where blue and green light dominate, but the light quantity at depth is naturally reduced. Therefore, these findings need to be considered in light of the study site and the fact that it is possible that local acclimation may produce slightly different responses in other locations. A clear example of a seagrass' ability to acclimate to local conditions was a reciprocal transplantation experiment of riverine and marine inlet H. johnsonni populations, where rapid changes in photobiology and UV-absorbing pigment levels occurred within just 4 d (Durako et al. 2003).

It is important to acknowledge that in this experiment, the plants were treated with monochromatic light in order to determine if *H. ovalis* is sensitive to changes in light quality. In reality, marine plants are not subjected to such narrow wavelength bands; they would be exposed to light dominated by a certain colour with a mixture of other wavelengths depending on water quality conditions (Fig. 2). For example, high concentrations of CDOM cause the water to take on a yellow appearance, due to the stronger attenuation of the shorter wavelength of blue light (Stedmon et al. 2000), and in chlorophyll-enriched waters, red light and, to a lesser extent, blue is highly attenuated (Kirk 1994). Therefore, while the results in this paper show that *H. ovalis* does respond to monochromatic light, the magnitude of the response under natural conditions, when plants receive a combination of wavelengths under a range of water quality conditions, may be more subtle. The responses may vary according to acclimation to local habitat, and such acclimation is therefore an area that warrants investigation.

CONCLUSIONS

This research demonstrates that blue, yellow and green light negatively impact growth of *H. ovalis* adults (predominantly below-ground productivity) but not seed germination or seedling survival, suggesting a life-history that is influenced by spectral shifts in light. Furthermore, green or yellow light did not significantly affect photosynthesis at saturating irradiances; however, it must be considered that light intensity is reduced under turbidity plumes, and therefore, the interaction of these variables should be investigated. Processes that affect light quality towards the blue (i.e. deep-water) or yellow-green region, such as dredging or river discharges high in CDOM concentrations, could negatively impact seagrass meadows through both reduced light quantity and an altered spectrum. Therefore, information on light quality conditions that enhance or impact survival of different life history stages is relevant for the conservation and management of marine plants, particularly restoration efforts. Whilst none of the spectra caused mass death, the photosynthetic response to light spectral limitations is subtle and signifies the plasticity of *H. ovalis*.

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