



# **Seminal plasma regulation of the post-coital inflammatory response in the human cervix**

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# Abstract

In mice and other mammalian species, deposition of semen into the female reproductive tract elicits a local inflammatory response. Whether a comparable response occurs within the human cervix has not previously been studied. The experiments described in this thesis demonstrate, using cervical tissue biopsies taken before and after intercourse, that exposure to semen elicits an infiltration of leukocytes into the cervical tissue of peri-ovulatory women. Immunohistochemical analysis identified macrophages and dendritic cells as the predominant leukocytes recruited into the cervical epithelium and stroma following intercourse. Cytotoxic / suppressor T lymphocytes and memory T cells were also increased. Comparable responses were not detected following condom-protected intercourse. Quantitative real-time PCR was performed on duplicate tissue biopsies to investigate the molecular regulation of this response. Expression of GM-CSF, a potent stimulator of myeloid cell recruitment, was found to increase by 2.5-fold following unprotected intercourse. Trends towards increased IL-6 and IL-8 mRNA were also observed. Condom-protected intercourse did not activate cytokine expression, further suggesting that exposure to semen, as opposed to mechanical trauma, provides the inflammatory stimulus.

In an in vitro model using the immortalised Ect-1 cell line, TGF $\beta$  was identified as a candidate active seminal factor. All three TGF $\beta$  isoforms were capable of mimicking the stimulatory ability of seminal plasma in Ect-1 cells and were comparable in their capacity to stimulate both GM-CSF and IL-6 expression in a dose-responsive manner. The addition of TGF $\beta$  isoform-specific neutralising antibodies inhibited seminal plasma-induced increases in these cytokines. However TGF $\beta$  was unable to stimulate IL-8 production. Addition of IFN $\gamma$  was found to strongly inhibit TGF $\beta$ -stimulated GM-CSF production, and 19-OH PGE<sub>1</sub> was found to increase IL-6 and IL-8, but not GM-CSF production. Responses to seminal plasma constituents were almost exactly replicated in primary cultures of human ectocervical cells. These results identify TGF $\beta$  as the major active constituent in human seminal plasma and indicate that other seminal agents, 19-OH PGE<sub>1</sub> and IFN $\gamma$ , interact with TGF $\beta$  to differentially regulate cervical cytokine expression.

Finally, whether human seminal plasma cytokine content was associated with fertility in men was examined. No relationship between seminal plasma TGF $\beta_1$ , TGF $\beta_2$ , TGF $\beta_3$ , IL-8 or bacterial endotoxin content and fertility status was observed. However, there was an increased likelihood of high IFN $\gamma$

content in the male partners of couples experiencing infertility, most notable in recurrent miscarriage. The discriminating value of IFN $\gamma$  was increased when evaluated as a ratio of total TGF $\beta$  content.

Inflammatory changes after exposure of the female reproductive tract to seminal plasma are implicated in ‘conditioning’ the maternal immune response, to facilitate successful embryo implantation and pregnancy. The studies described in this thesis provide a mechanistic basis for the observations linking exposure to semen with pregnancy success in humans and have expanded our knowledge of the cellular and molecular events that occur within the female reproductive tract following intercourse. Seminal plasma can therefore no longer be thought of as merely a transport medium for spermatozoa, rather as a means for communication between the male and female reproductive tissues, potentially required for optimal pregnancy success.

<b>Chapter 1</b>	<b>Literature review .....</b>	<b>1</b>
<b>1.1</b>	<b>INTRODUCTION .....</b>	<b>2</b>
<b>1.2</b>	<b>THE ROLE OF CYTOKINES IN THE FEMALE REPRODUCTIVE TRACT.....</b>	<b>3</b>
1.2.1	<i>Introduction .....</i>	3
1.2.2	<i>Transforming growth factor beta (TGF<math>\beta</math>).....</i>	5
1.2.2.1	TGF $\beta$ isoforms.....	5
1.2.2.2	Regulation of TGF $\beta$ activation .....	6
1.2.2.3	TGF $\beta$ signalling.....	8
1.2.2.4	Role of TGF $\beta$ and its receptors in early pregnancy.....	10
1.2.3	<i>Granulocyte Macrophage-Colony Stimulating Factor (GM-CSF).....</i>	13
1.2.3.1	Introduction .....	13
1.2.3.2	Role of GM-CSF and its receptors in early pregnancy .....	13
1.2.4	<i>Interleukin-1 (IL-1) .....</i>	16
1.2.4.1	Role of IL-1 in early pregnancy .....	16
1.2.5	<i>Interleukin-6 (IL-6) .....</i>	17
1.2.5.1	Role of IL-6 in early pregnancy .....	17
1.2.6	<i>Interleukin-8 (IL-8) .....</i>	19
1.2.6.1	Role of IL-8 in early pregnancy .....	19
1.2.7	<i>Tumour Necrosis Factor alpha (TNF<math>\alpha</math>) .....</i>	21
1.2.7.1	Role of TNF $\alpha$ in early pregnancy.....	21
1.2.8	<i>Interferon gamma (IFN<math>\gamma</math>) .....</i>	23
1.2.8.1	Role of IFN $\gamma$ in early pregnancy .....	23
<b>1.3</b>	<b>THE ROLE OF LEUKOCYTES IN THE FEMALE REPRODUCTIVE TRACT .....</b>	<b>25</b>
1.3.1	<i>The female reproductive tract as an immunocompetent site .....</i>	25
1.3.2	<i>Leukocyte populations within the uterus and cervix .....</i>	26
1.3.2.1	Introduction .....	26
1.3.2.2	Neutrophils.....	26
1.3.2.3	Macrophages .....	27
1.3.2.4	Dendritic cells.....	30

1.3.2.5	Natural killer cells .....	32
1.3.2.6	T lymphocytes.....	33
1.3.2.7	Non-professional antigen presenting cells.....	37
<b>1.4</b>	<b>THE MATERNAL IMMUNE RESPONSE TO PREGNANCY .....</b>	<b>38</b>
1.4.1	<i>The fetus as an allograft.....</i>	38
1.4.1.1	Introduction .....	38
1.4.1.2	Hypothesis 1: is the fetus antigenically immature? .....	39
1.4.1.3	Hypothesis 2: is the fetus anatomically separated from the mother? .....	41
1.4.1.4	Hypothesis 3: is the mother immunologically inert during pregnancy? .....	42
1.4.2	<i>Post-mating inflammatory response to semen in the murine uterus.....</i>	44
1.4.3	<i>Post-coital Inflammatory response in the human cervix.....</i>	45
1.4.4	<i>The inflammatory response and implantation.....</i>	46
<b>1.5</b>	<b>ROLE OF SEMINAL PLASMA IN REPRODUCTION.....</b>	<b>48</b>
1.5.1	<i>Introduction .....</i>	48
1.5.2	<i>The role of seminal plasma in reproduction in animals.....</i>	49
1.5.3	<i>The role of seminal fluids in human pregnancy .....</i>	50
1.5.4	<i>The immunomodulatory role of seminal plasma .....</i>	51
1.5.5	<i>Antigens contained within semen.....</i>	51
1.5.6	<i>Role of immune-deviating cytokines in seminal plasma .....</i>	53
<b>1.6</b>	<b>SUMMARY .....</b>	<b>55</b>
<b>1.7</b>	<b>HYPOTHESES.....</b>	<b>56</b>
<b>1.8</b>	<b>AIMS .....</b>	<b>56</b>

<b>Chapter 2</b>	<b>Materials and Methods .....</b>	<b>57</b>
<b>2.1</b>	<b>HUMAN STUDIES.....</b>	<b>58</b>
2.1.1	<i>Ethics approval.....</i>	58
<b>2.2</b>	<b>CERVICAL BIOPSIES .....</b>	<b>58</b>
2.2.1	<i>Subject population.....</i>	58
2.2.2	<i>Experimental design.....</i>	59

<b>2.2.3</b>	<i>Tissue histology</i> .....	61
2.2.3.1	Monoclonal antibodies .....	61
2.2.3.2	Tissue sectioning .....	63
2.2.3.3	Immunohistochemistry .....	63
<b>2.2.4</b>	<i>Quantitation of mRNA expression</i> .....	64
2.2.4.1	General precautions for RNase-free conditions.....	64
2.2.4.2	Isolation of total cellular RNA .....	64
2.2.4.3	Reverse transcription .....	65
2.2.4.4	Oligonucleotide primer design.....	66
2.2.4.5	Polymerase chain reaction (PCR).....	67
2.2.4.6	Gel electrophoresis of PCR products .....	69
2.2.4.7	Sequencing of PCR products .....	70
<b>2.3</b>	<b>IN VITRO CULTURE OF HUMAN CERVICAL CELLS</b> .....	71
2.3.1	<i>Patient participation and tissue collection</i> .....	71
2.3.2	<i>Cell culture</i> .....	71
2.3.2.1	General .....	71
2.3.2.2	Cell lines .....	71
2.3.2.3	Culture medium.....	72
2.3.2.4	Cell quantification.....	72
2.3.2.5	Recombinant cytokines and cytokine neutralising antibodies.....	73
2.3.2.6	Primary ectocervical epithelial cell cultures .....	73
2.3.2.7	Immortalised epithelial cell cultures.....	75
2.3.3	<i>Cervical epithelial cell culture supernatant ELISAs</i> .....	75
2.3.3.1	GM-CSF.....	75
2.3.3.2	IL-6 .....	76
2.3.3.3	IL-8 .....	76
2.3.3.4	IL-10 .....	76
<b>2.4</b>	<b>SEMINAL PLASMA CYTOKINE ASSAY</b> .....	77
2.4.1	<i>Subject population</i> .....	77
2.4.2	<i>Seminal plasma collection and processing</i> .....	79
2.4.2.1	Seminal plasma collection.....	79

2.4.2.2	Acid activation of latent TGF $\beta$ .....	79
2.4.3	<i>Seminal plasma cytokine ELISAs and endotoxin assay</i> .....	80
2.4.3.1	IL-8 .....	80
2.4.3.2	IFN $\gamma$ .....	81
2.4.3.3	TGF $\beta_1$ .....	81
2.4.3.4	TGF $\beta_2$ .....	81
2.4.3.5	TGF $\beta_3$ .....	82
2.4.3.6	Bacterial endotoxin (LPS) .....	82
<b>Chapter 3</b>	<b>The effect of intercourse on leukocyte recruitment and activation within the human cervix .....</b>	<b>83</b>
3.1	INTRODUCTION.....	84
3.2	THE EFFECT OF INTERCOURSE ON LEUKOCYTE RECRUITMENT AND ACTIVATION IN THE EPITHELIUM AND STROMA OF THE HUMAN CERVIX.....	86
3.3	DISCUSSION.....	101
<b>Chapter 4</b>	<b>Exposure to semen following intercourse induces pro-inflammatory cytokine mRNA expression within the human cervix.....</b>	<b>107</b>
4.1	INTRODUCTION.....	108
4.2	THE EFFECT OF INTERCOURSE ON GM-CSF, IL-1 $\alpha$ , IL-6 AND IL-8 mRNA EXPRESSION WITHIN THE HUMAN CERVIX .....	110
4.3	THE EFFECT OF INTERCOURSE ON TNF $\alpha$ AND IFN $\gamma$ mRNA EXPRESSION WITHIN THE HUMAN CERVIX .....	114
4.4	THE EFFECT OF INTERCOURSE ON CCR5 AND CXCR4 CHEMOKINE RECEPTOR mRNA EXPRESSION IN THE HUMAN CERVIX .....	116
4.5	DISCUSSION.....	118

## **Chapter 5 Pro-inflammatory activity of seminal plasma constituents ..... 125**

5.1	INTRODUCTION .....	126
5.2	THE EFFECT OF SEMINAL PLASMA ON GM-CSF, IL-6 AND IL-8 CYTOKINE PRODUCTION BY HUMAN FEMALE REPRODUCTIVE TRACT CELL LINES .....	129
5.3	THE DOSE RESPONSE TO SEMINAL PLASMA INDUCED GM-CSF, IL-6 AND IL-8 PRODUCTION BY IMMORTALISED CERVICAL EPITHELIAL CELLS IN VITRO .....	132
5.4	THE EFFECT OF SEMINAL PLASMA ON GM-CSF, IL-6 AND IL-8 CYTOKINE PRODUCTION BY PRIMARY CERVICAL EPITHELIAL CELLS IN VITRO .....	134
5.5	THE EFFECT OF RECOMBINANT TGF $\beta$ <sub>1</sub> , TGF $\beta$ <sub>2</sub> AND TGF $\beta$ <sub>3</sub> ON GM-CSF, IL-6 AND IL-8 CYTOKINE PRODUCTION BY IMMORTALISED CERVICAL EPITHELIAL CELLS IN VITRO .....	137
5.6	THE EFFECT OF RECOMBINANT TGF $\beta$ <sub>1</sub> , TGF $\beta$ <sub>2</sub> AND TGF $\beta$ <sub>3</sub> ON GM-CSF, IL-6 AND IL-8 CYTOKINE PRODUCTION BY PRIMARY CERVICAL EPITHELIAL CELLS IN VITRO .....	140
5.7	THE EFFECT OF IFN $\gamma$ ON GM-CSF, IL-6 AND IL-8 PRODUCTION BY IMMORTALISED CERVICAL EPITHELIAL CELLS IN VITRO .....	143
5.8	THE EFFECT OF RECOMBINANT TGF $\beta$ <sub>1</sub> AND IFN $\gamma$ ON GM-CSF, IL-6 AND IL-8 PRODUCTION BY PRIMARY CERVICAL EPITHELIAL CELLS IN VITRO .....	146
5.9	THE EFFECT OF TGF $\beta$ ISOFORM-SPECIFIC NEUTRALISING ANTIBODIES ON SEMINAL PLASMA-INDUCED INCREASE IN GM-CSF, IL-6 AND IL-8 PRODUCTION BY IMMORTALISED CERVICAL EPITHELIAL CELLS IN VITRO .....	149
5.10	THE EFFECT OF 19-HYDROXY PROSTAGLANDIN E <sub>1</sub> ON GM-CSF, IL-6 AND IL-8 PRODUCTION BY IMMORTALISED CERVICAL EPITHELIAL CELLS IN VITRO .....	152
5.11	DISCUSSION .....	155

## **Chapter 6 The relationship between seminal plasma cytokine content and fertility status in men ..... 162**

6.1	INTRODUCTION.....	163
6.2	STUDY DESIGN.....	165
6.3	GENERAL SEMEN CHARACTERISTICS OF PARTICIPANTS IN THIS STUDY .....	167
6.4	THE RELATIONSHIP BETWEEN SEMINAL PLASMA CYTOKINE CONTENT AND FERTILITY STATUS IN MEN .....	169
6.4.1	<i>Validation and optimisation of ELISA assays for measuring total TGF<math>\beta</math><sub>1</sub> content in human seminal plasma samples .....</i>	169

6.4.2	<i>Validation and optimisation of ELISA assays for measuring biologically active TGF<math>\beta_1</math>, and biologically active and total TGF<math>\beta_2</math></i> .....	172
6.4.3	<i>The relationship between seminal plasma TGF<math>\beta_1</math> content and fertility status</i> .....	173
6.4.4	<i>The relationship between seminal plasma TGF<math>\beta_2</math> content and fertility status</i> .....	175
6.4.5	<i>The relationship between seminal plasma TGF<math>\beta_3</math> content and fertility status</i> .....	177
6.4.6	<i>The relationship between seminal plasma total TGF<math>\beta</math> content and fertility status</i> .....	178
6.5	<b>THE RELATIONSHIP BETWEEN IL-8 CONTENT IN SEMINAL PLASMA AND FERTILITY STATUS IN MEN</b> .....	180
6.6	<b>THE RELATIONSHIP BETWEEN IFN<math>\gamma</math> CONTENT AND FERTILITY STATUS IN MEN</b> .....	181
6.7	<b>EFFECT OF SEMINAL PLASMA BACTERIAL ENDOTOXIN CONCENTRATION ON PREGNANCY OUTCOME</b> .....	183
6.8	<b>ASSOCIATIONS BETWEEN CYTOKINE AND SPERM PARAMETERS IN SEMEN</b> .....	185
6.8.1	<i>Correlation between individual cytokine content</i> .....	185
6.8.2	<i>Correlation between cytokine content and sperm parameters</i> .....	186
6.8.3	<i>Correlation between cytokine content and leukocytes</i> .....	186
6.9	<b>VARIATION IN SEMINAL PLASMA TGF<math>\beta</math> CONTENT WITHIN INDIVIDUALS OVER TIME</b> .....	187
6.10	<b>VARIATION IN SEMINAL PLASMA IFN<math>\gamma</math>, IL-8 AND ENDOTOXIN CONTENT WITHIN INDIVIDUALS OVER TIME</b> .....	189
6.11	<b>DISCUSSION</b> .....	190
<b>Chapter 7 General discussion and conclusions</b> .....		197
7.1	<b>DISCUSSION AND CONCLUSION</b> .....	198
<b>Appendix A</b> .....		210
A.1	<b>CERVICAL IMMUNE RESPONSE TO TGF<math>\beta</math> PATIENT INFORMATION SHEET</b> .....	211
A.2	<b>CERVICAL IMMUNE RESPONSE TO TGF<math>\beta</math> STUDY CONSENT FORM</b> .....	212

<b>Appendix B .....</b>	<b>213</b>
B.1 <b>SEMEN EXPOSURE AND PREGNANCY OUTCOME STUDY PATIENT INFORMATION SHEET .....</b>	<b>214</b>
B.2 <b>SEMEN EXPOSURE AND PREGNANCY OUTCOME STUDY CONSENT FORM .....</b>	<b>215</b>
<b>Chapter 8    Bibliography .....</b>	<b>216</b>
8.1 <b>REFERENCES .....</b>	<b>217</b>