

Cathepsin D Serum Mass Concentrations in Patients with Hepatocellular Carcinoma and/or Liver Cirrhosis

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Summary: Cathepsin D serum mass concentrations were determined by enzyme immunoassay in patients with hepatocellular carcinoma (n = 51) and/or liver cirrhosis (n = 92) or benign steatosis (n = 16) and correlated with some biochemical and clinical properties of these diseases. Increased cathepsin D serum mass concentrations (P < 0.001) were observed in all these groups of patients as compared to normal subjects (n = 98). However, patients with steatosis had serum mass concentrations of this enzyme significantly lower (mean 2–3 fold) than those measured in cancer patients (P < 0.05) or cirrhotic patients (P < 0.001). Interestingly, significantly higher cathepsin D serum mass concentrations (mean + 62%) (P < 0.006) were determined in the cirrhosis group as compared to cancer patients. No correlation between cathepsin D and a number of clinical and biochemical properties examined, namely, α -foetoprotein, number of neoplastic lesions and tumour size in cancer patients or, *Child-Pugh* grade of severity of cirrhosis and other enzymes of liver function tests in the cirrhotic group was found. The present data and those from other studies which indicate that cathepsin D may be involved in carcinogenesis suggest that this enzyme may be potentially useful as an additional biochemical marker to identify cirrhotic patients who may develop precancerous hepatic nodules.

Introduction

Cathepsin D¹⁾ is a lysosomal acidic endopeptidase widely distributed in animal and human tissues (1). This enzyme has been suggested to be mainly involved, in physiological conditions, in intracellular protein catabolism (1). However, growing experimental evidence indicates that cathepsin D may also promote tumour progression, invasion and metastasis (2, 3). In fact several investigations have shown that this proteinase appears to facilitate, at least in vitro, oncogenic transformation (4). Moreover, it has been shown that a number of human carcinoma cell lines actively secrete a precursor form of cathepsin D which, following autoactivation at an acid pH, may degrade extracellular matrix or may activate latent precursor forms of other proteolytic enzymes involved in the metastatic cascade (2, 3). In addition, it has been recently shown that this precursor form may be endowed with mitogenic activity, thus facilitating tumour cell proliferation (5, 6). Although evident proof that cathepsin D may also facilitate these pro-

cesses in vivo has still not been provided, a consistent bulk of clinical studies have shown that this enzyme is highly expressed, in terms of mass and/or catalytic activity concentrations, in tumour cells and tissues of a number of human neoplastic diseases as compared to their normal counterpart and that these levels may correlate, in some cases, with the malignant progression of these tumours (7–13). In this context several studies have also shown increased cathepsin D catalytic activity concentrations in human liver tumours as compared to normal liver tissues (14) as well elevated plasma mass concentrations of this enzyme in patients with malignant and non-malignant liver diseases as compared to healthy subjects (15). Interestingly, recent experimental in vitro and in vivo studies (16, 17) have evidenced in rat hepatoma cells altered intracellular processing and increased secretion of a precursor form of cathepsin D which appears to be endowed with mitogenic activity and a significant increase of the catalytic activity concentration of this enzyme in the ascites and in plasma of rats transplanted with Yoshida AH-130 hepatoma. An important consequence related to these phenomena may be, as suggested (14, 15, 18), that cathepsin D produced in excess or unusually distributed at extracellular levels following these pathological processes, may be actively secreted into the bloodstream. Therefore, increased cathepsin D

¹⁾ Enzymes

Cathepsin D (EC 3.4.23.5)

Alkaline phosphatase (EC 3.1.3.1)

Alanine aminotransferase (EC 2.6.1.2)

Aspartate aminotransferase (EC 2.6.1.1)

γ -Glutamyl-transferase (EC 2.3.2.2)

serum content may reflect the presence of neoplastic nodules in liver tissue or may also be related to the malignant transformation of cirrhosis, a non-neoplastic liver disease which may evolve in hepatocellular carcinoma (19). In this latter case the pattern of serum levels of this enzyme may be useful as an additional biochemical marker to identify cirrhotic patients at risk to develop hepatocellular carcinoma. This finding may have clinical relevance as, to date, no serum marker including α -foetoprotein has been found specifically reliable for the early detection of precancerous lesions (20, 21). On the basis of these considerations we have assessed cathepsin D serum mass concentrations in groups of patients with hepatocellular carcinoma and/or liver cirrhosis and evaluated its potential clinical interest in non-malignant and malignant liver diseases.

Materials and Methods

Patients

This study was undertaken on a total of 159 patients with malignant and non-malignant liver diseases whose clinical features are reported in table 1. Ninety-eight registered healthy blood donors of both sex were used as control. Diagnosis of hepatocellular carcinoma was established by ultrasonography and by histological findings following ultrasound-assisted fine-needle biopsy, evidence from positive diagnostic imaging and clinical and biochemical findings as well. Liver cirrhosis was diagnosed by histological findings and on the basis of unequivocal clinical and biochemical data. The *Child-Pugh* classification (22) was used to evaluate the grade of severity of cirrhosis. Liver steatosis was diagnosed by histological findings. All subjects with steatosis had a positive serum test for hepatitis C virus. Immunoenzymatic and biochemical assays were performed on sera, previously stored at -80°C , obtained from venous blood samples of patients and healthy blood donors.

Determination of cathepsin D serum mass concentrations

Cathepsin D concentrations were determined by a commercially available antibody-based immunoenzymatic kit (Ciba Corning

Diagnostics, Alameda, USA) in sera of both healthy subjects and patients and diluted 1 : 50 with the appropriate sample diluent included in the kit. The assay detected both precursors (procathepsin D, M_r 52 000, M_r 48 000) and mature (M_r 34 000) forms of cathepsin D. The standard curve was linear from 0 up to 2.0 nmol/l. The minimum detectable concentration, according to the manufacturer, is 0.012 nmol/l. Mean cathepsin D serum mass concentrations in normal subjects, + 2-fold the standard deviation value or the highest serum value of the enzyme determined in healthy subjects, were taken as cut-off limits.

Determination of serum α -foetoprotein and other biochemical tests

α -Foetoprotein, the most sensitive and reliable serum marker for the diagnosis of hepatocellular carcinoma (23), was determined in healthy subjects and in patients by a commercially available immunoluminometric based assay kit (Byk Sangtec, Milan, Italy). Normal range values, according to the manufacturer, were 0–8 kIU/l. Additionally, serum levels of 200 and 400 kIU/l were used as cut-off values as these concentrations have been reported to be highly diagnostic for this tumour (20, 23, 24). Furthermore, the following serum biochemical constituents were also assayed and their correlation with cathepsin D was assessed: alkaline phosphatase¹), albumin, alanine aminotransferase¹), aspartate aminotransferase¹), bilirubin, γ -glutamyl-transferase¹), prothrombin. These assays were done with commercially available standard kits.

Statistical analysis

Data analysis was computed by the *Mann-Whitney* and the *Kruskal-Wallis* non-parametric tests. Linear regression analysis was used to compute the relationship between cathepsin D and α -foetoprotein serum concentrations in cancer patients and patients with cirrhosis. Due to the uneven distribution of the data, the *Spearman* rank correlation test was used to assess the correlation between cathepsin D serum levels and *Child-Pugh* grade of severity of cirrhosis as well as between cathepsin D and the other biochemical properties examined. P values < 0.05 were taken as significant.

Results

Cathepsin D serum mass concentrations

Table 2 reports the mean \pm standard error, the median and the range of total serum cathepsin D content in all

Tab. 1 Patients features.

	Hepatocellular carcinoma n = 51	Cirrhosis n = 92	Steatosis n = 16
Age (a)			
Mean \pm standard error	61.5 \pm 1.5	55.1 \pm 1.0	39.1 \pm 3.2
Range	49–75	40–76	23–59
Sex			
Male	36 (70.6%)	61 (66.3%)	11 (68.7%)
Female	15 (29.4%)	31 (33.7%)	5 (31.2%)
Aetiological factors			
HCV+ ^a	38 (74.5%)	57 (61.9%)	16 (100%)
HBV+ ^b	3 (5.9%)	17 (18.5%)	
HCV+ HBV+	1 (1.9%)	0 (0%)	
Alcohol	3 (5.9%)	7 (7.6%)	
HBV+/Alcohol	1 (1.9%)	0 (0%)	
HCV+/HBV+/Alcohol	2 (3.9%)	0 (0%)	
Haemochromatosis	2 (3.9%)	0 (0%)	
Unknown	1 (1.9%)	11 (11.9%)	

^a Patients with positive serum test for hepatitis C virus.

^b Patients with positive serum test for hepatitis B virus.

Tab. 2 Cathepsin D serum mass concentrations (nmol/l) in normal subjects and patients with hepatocellular carcinoma and/or liver cirrhosis or benign steatosis.

Groups	Number of patients	Median (Range)	Mean \pm standard error
Normal subjects	98	8.7 (0–49.8)	10.0 \pm 0.71
– Female	31	8.5 (2–34.7)	10.6 \pm 1.4
– Male	67	9.5 (0–49.8)	9.9 \pm 0.85
Hepatocellular carcinoma	51	31.4 (3.2–123.3)	40.6 \pm 4.2 ^{a,b}
Liver cirrhosis	92	64.3 (8.7–196)	65.7 \pm 3.9 ^{a,b,c}
Benign steatosis	16	21.5 (5.3–54.9)	23.1 \pm 3.5 ^a

Data analysis was computed by the *Mann-Whitney* and *Kruskall-Wallis* non-parametric test.

^a $P < 0.001$ as compared to normal subjects;

^b $P < 0.04$ as compared to benign steatosis;

^c $P < 0.006$ as compared to hepatocellular carcinoma.

the examined groups. No significant difference in the serum mass concentrations of this enzyme was observed between female and male normal subjects (tab. 2). Significantly higher cathepsin D serum mass concentrations (mean 4–6 fold) were determined either in cancer or cirrhotic patients as compared to normal subjects ($P < 0.001$). Interestingly, cathepsin D serum mass concentrations in cirrhotic patients were significantly higher (mean + 62%) than those measured in cancer patients ($P = 0.006$) (tab. 2). Statistically significant increased cathepsin D serum mass concentrations were also observed in subjects with steatosis as compared to normal subjects ($P < 0.001$). However, these concentrations were, in turn, significantly lower (mean 2–3 fold) than those determined in the serum of cancer patients ($P < 0.04$) or patients from cirrhosis ($P < 0.001$) (tab. 2). No significant correlation between cathepsin D serum mass concentrations and tumour size ($r = 0.23$; $P = 0.23$) or number of neoplastic lesions ($r = 0.19$; $P = 0.23$) was evidenced in those patients evaluable for these properties (tab. 3). Furthermore, no correlation between cathepsin D serum mass concentrations and grade of severity of cirrhosis was further evidenced ($r = -0.78$; $P = 0.48$) (tab. 3).

α -Foetoprotein serum concentrations

α -Foetoprotein serum concentrations were markedly elevated (mean 842 fold) in cancer patients as compared to normal subjects or patients with cirrhosis ($P < 0.001$) (tab. 4). These concentrations were also significantly increased (mean 6 fold) in patients with cirrhosis as compared to normal subjects ($P < 0.01$). However, this phenomenon occurred at a very lessened extent as compared to cancer patients (tab. 4). The serum concentrations of this protein were significantly different in patients with tumour size larger or smaller than 3 cm

($P < 0.05$) and also significantly different in patients with single or multiple neoplastic lesions ($P < 0.02$). Furthermore, this tumour marker was significantly correlated with tumour size ($r = 0.49$, $P = 0.004$) and the number of malignant lesions ($r = 0.47$, $P = 0.004$) (tab. 4). Finally, a significant correlation ($r = 0.112$, $P = 0.004$), was evidenced between α -foetoprotein serum levels and grade of severity of cirrhosis (tab. 4).

Correlation between cathepsin D and biochemical properties of hepatocellular carcinoma and cirrhosis

No relationship between cathepsin D and α -foetoprotein levels was observed either in hepatocellular carcinoma ($r = -0.027$, $P = 0.87$) or cirrhotic patients ($r = 0.19$, $P = 0.065$) (data not shown). No further correlation with the other examined biochemical properties of cholestasis or cytolysis was evidenced (albumin: $r = 0.13$; alanine aminotransferase: $r = -0.3$; aspartate aminotransferase: $r = -0.2$; alkaline phosphatase: $r = 0.27$; bilirubin: $r = 0.03$; γ -glutamyl-transferase: $r = 0.28$; prothrombin: $r = 0.103$). P values were not significant in any of the cases (data not shown).

Rate of increased cathepsin D and α -foetoprotein in patients with hepatocellular carcinoma or cirrhosis

Cathepsin D serum mass concentrations higher than the cut-off level of 24 nmol/l (mean serum content in normal subjects + 2 standard deviations) were measured in 64.7% of cancer patients and in 88.0% of patients with cirrhosis (tab. 5). At a cut-off level of 50 nmol/l (highest serum mass concentration measured in healthy subjects) this phenomenon was observed in 37.2% of cancer patients and in 61.9% of patients with cirrhosis (tab. 5).

Tab. 3 Cathepsin D serum mass concentrations (nmol/l) in patients with hepatocellular carcinoma and/or liver cirrhosis: distribution according to clinical findings.

Groups	Number of evaluable patients ^a	Median (Range)	Means \pm standard error
Hepatocellular carcinoma			
Tumour size <3 cm	10	34.3 (10–111.4)	41.9 \pm 10.7
Tumour size >3 cm	22	50.3 (3.2–123.3)	48.3 \pm 7.5
No. of hepatic lesions			
Unifocal	15	43.2 (6.4–123.3)	44.7 \pm 8.4
Multifocal	24	42.2 (3.2–111.4)	43.5 \pm 6.2
Liver cirrhosis			
Child-Pugh grade A	49	60.4 (10.3–196)	66.8 \pm 5.7
Child-Pugh grade B	26	68.9 (9.7–139.0)	67.6 \pm 7.0
Child-Pugh grade C	17	58.6 (8.7–145.5)	59.7 \pm 9.1

^a Due to some missing samples, number of patients may be variable.

Data analysis was computed by *Mann-Whitney*, *Kruskall-Wallis* and *Spearman* rank correlation non-parametric tests. No significant difference or correlation between or among groups was evidenced.

Tab. 4 α -Foetoprotein serum concentrations (kIU/l) in normal subjects and patients with hepatocellular carcinoma and/or liver cirrhosis.

Groups	Number of evaluable patients ^a	Median (Range)	Means \pm standard error
Normal subjects	98	1.9 (0.8–10.1)	2.8 \pm 0.32
Hepatocellular carcinoma			
Tumour size <3 cm	10	9.3 (0.6–459)	76.4 \pm 45.6
Tumour size >3 cm	24	161.0 (1.5–78000)	4116 \pm 3228.7 ^{b,c}
No. of hepatic lesions			
Unifocal	15	14.8 (0.6–459.9)	55.1 \pm 30.6
Multifocal	22	316.4 (2.4–78000)	4357 \pm 3519.7 ^{d,e}
Liver cirrhosis			
Child-Pugh grade A	49	5.1 (0.8–141.0)	14.6 \pm 3.4
Child-Pugh grade B	26	5.9 (0.6–225.9)	17.1 \pm 8.9
Child-Pugh grade C	17	5.9 (2.0–220.7)	23.5 \pm 11.9 ^f

^a Variability in the number of patients is due to some missing samples. Data analysis was computed by *Mann-Whitney*, *Kruskall-Wallis* and *Spearman* rank correlation non-parametric tests.

^b $P < 0.001$ as compared to normal subjects and liver cirrhosis;

^c $P < 0.05$ as compared to tumour size <3 cm;

^d $r = 0.49$, $P < 0.004$;

^e $P < 0.05$ as compared to unifocal;

^f $r = 0.47$, $P < 0.004$;

^g $P < 0.01$ as compared to normal subjects;

^h $r = 0.112$, $P = 0.004$.

Tab. 5 Rate of increased cathepsin D and α -foetoprotein serum concentrations in patients with hepatocellular carcinoma and/or liver cirrhosis.

	Normal subjects	Hepato-cellular carcinoma ^a	Liver cirrhosis
Cathepsin D			
>24 nmol/l ^b	3/98 (3.1%)	33/51 (64.7%)	89/92 (88%)
>50 nmol/l ^c	0/98 (0%)	19/51 (37.2%)	57/93 (61.9%)
α-Foetoprotein			
> 8 kIU/l ^d	4/98 (4.1%)	34/49 (69.4%)	32/92 (34.8%)
>200 kIU/l ^e	0/98 (0%)	16/49 (32.6%)	2/92 (2.2%)
>400 kIU/l ^e	0/98 (0%)	12/49 (24.5%)	0/92 (0%)

^a Due to some missing samples, number of evaluable subjects in this group is variable.

^b Mean serum levels \pm 2 SD in normal subjects.

^c Highest cathepsin D serum values determined in normal subjects.

^d Upper normal serum level according to the manufacturer's instructions.

^e Cut-off levels which have been reported to be diagnostic for hepatocellular carcinoma (20, 23, 24).

Only 4/16 (25%) or 1/16 (6.2%) of subjects with steatosis had a cathepsin D serum mass concentration higher than 24 or 50 nmol/l respectively (data not shown). Further, α -foetoprotein serum levels higher than 8 kIU/l (normal upper limit) were observed in 69.4% of patients with hepatocellular carcinoma and in 34.8% of patients with cirrhosis (tab. 5). When 200 or 400 kIU/l were selected as cut off values, 32.6% and 24.5% of these patients showed increased levels of this protein while, at a 200 kIU/l cut-off limit, this phenomenon occurred only in 2.2% of patients with cirrhosis (tab. 5).

Discussion

Total cathepsin D serum mass concentrations (i. e. proenzyme + mature form) were observed to be significantly increased in patients with hepatocellular carcinoma and/or liver cirrhosis as compared to normal subjects. Interestingly, in cirrhotic patients these concentrations were significantly higher (mean + 62%) than those measured in cancer patients. Increased levels of this proteinase were also observed in subjects with benign steatosis, however these values were markedly (2–3 fold) lower than those measured in cancer patients and patients with cirrhosis. These data further confirm, in part, and extend some previous observations of *Brouillet* et al. (15) and *Zühlendorf* et al. (25) who found evidence of elevated mass concentrations of cathepsin D in the plasma or sera of patients with various liver diseases including hepatocellular carcinoma and cirrhosis. The increased serum content of cathepsin D observed in both cirrhotic and cancer patients may not only be the consequence of cytolytic processes which occur during the

evolution of these pathological events but also related to an active secretion of this enzyme by intact hepatocytes, which contain most of the enzyme present in the human liver tissue (26). This hypothesis, supported by previous observations of *Ryvnyak* et al. (18) who showed that, in rats with tetrahydrocarbon chloride-induced cirrhosis, cathepsin D was largely secreted by intact hepatocytes and other connective tissue cells into the intercellular space during cirrhosis, is further suggested by the present data which showed the lack of a significant correlation between cathepsin D serum mass concentrations and some biochemical markers of cytolysis. As an altered secretion of this enzyme has been reported to be associated, at least in vitro, with some stages of oncogenic transformation in rat fibroblasts and with differentiation stages of some carcinoma cell lines (4, 27), it would be conceivable to hypothesize that the increased serum levels of this proteinase in cirrhotic patients may also be associated with carcinogenetic processes which may occur during the evolution of this disease. Moreover, a number of experimental in vitro and in vivo investigations have shown that cathepsin D may induce tumour cell proliferation by acting as an autocrine mitogen (2, 5, 6) and that intraperitoneal injections of purified preparations of cathepsin D may stimulate DNA synthesis and mitosis in intact mouse liver (28, 29). In addition, other studies have suggested that cathepsin D may be implicated in liver regeneration, remodelling and resorption of fibrous tissues in cirrhosis (18, 29, 30) as well as in the activation of latent precursor forms of other proteolytic enzymes, such as cathepsin B and L, involved in the degradation of collagen in fibrotic liver and in tumour invasion and metastasis (31, 32). Therefore, these findings lead further to the hypothesis that cathepsin D might be able to promote the malignant transformation of cirrhotic tissue. These observations may fit well with the higher cathepsin D serum mass concentrations observed in cirrhotic patients as compared to cancer patients. In conclusion, although these results indicate that cathepsin D does not seem to be more reliable than α -foetoprotein as a tool for the diagnosis of hepatocellular carcinoma, the increased serum levels of this enzyme, in addition to other proposed potential prognostic factors (33, 34), may be of interest as an additional biochemical marker to identify patients with cirrhosis who may develop precancerous nodules. Prospective clinical investigations to better assess this hypothesis are currently in progress.

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