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A comparative study of the clinical use of four placental proteins in the third trimester

B. C. Obiekwe, T. Chard

Departments of Reproductive Physiology and Obstetrics and Gynaecology,
St. Bartholomew's Hospital Medical College and The London Hospital Medical
College, London UK

1 Introduction

The human placenta secretes a variety of protein hormones and steroids into the maternal circulation; measurement of these is widely used as a diagnostic marker of fetal wellbeing in both early and late pregnancy [3, 9]. The recent identification of a number of new specific placental proteins with no known function [10] has provoked considerable interest in their possible clinical application in pregnancy. Notable among these are pregnancy specific β_1 glycoprotein (SP1) and placental protein 5 (PP5). Maternal serum levels of SP1 are related to the delivered weight of the infant and can be used to identify intrauterine growth retardation [4, 7, 14, 23, 25, 26]. Placental protein 5 is much less efficient in this respect [17] but has great potential interest because of its possible association with the coagulation system [16, 20] and the fact that elevated levels may be associated with pre-eclampsia [11], placental abruption [21] and premature labor [22]. The present study was designed to compare the clinical usefulness of four placental proteins (hCG, hPL, SP1 and PP5) in the prediction of fetal status at delivery (weight and presence or absence of fetal distress).

2 Materials and methods

Single blood samples were taken from 527 unselected women with a singleton pregnancy between

Curriculum vitae

BENJAMIN C. OBIEKWE was born in 1945. He studied medicine at the Welsh National School of Medicine in Cardiff and qualified in 1970. He is a specialist obstetrician and gynaecologist and for the last five years has worked in the Departments of Obstetrics and Gynaecology, and Reproductive Physiology at St. Bartholomew's Hospital Medical College in London.



36 and 40 weeks gestation. The group included 27 patients with mild to moderate pre-eclampsia (diastolic blood pressure 90–100 mm Hg with or without proteinuria), seven with antepartum hemorrhage and five who delivered a stillborn child; the latter were excluded from the overall analysis. Serum was stored at -20°C until assay. The measurement of hCG, hPL, SP1 and PP5 was performed by radioimmunoassay as described previously [6, 7, 12, 16]. The results were analysed by calculation of means and standard deviations after logarithmic transformation of the data: The latter were used for comparison of sub-population by Student's t-test. The data were divided into centiles and the sensitivity, predictive value and specificity of each test were calculated in respect of the diagnosis of intrauterine growth retardation

Tab. I. Maternal circulating levels of hCG, hPL, SP1 and PP5 at 36–40 weeks gestation in the population described (522 subjects) and in 27 patients with pre-eclampsia

Proteins	Geo-metric mean	Median	10th centile	90th centile
hCG ($\mu\text{g/l}$)				
total population	105.6	108	47	248
pre-eclampsia	101.4	84	40.6	286
hPL (mg/l)				
total population	6.828	7	4.8	9.7
pre-eclampsia	6.820	6.7	4.54	9.72
SP1 (mg/l)				
total population	250.1	260	125	470
pre-eclampsia	228.4	245	81.6	444.5
PP5 ($\mu\text{g/l}$)				
total population	52.59	55.35	34	75
pre-eclampsia	51.86	49	29.4	80

(IUGR) and fetal distress. Intrauterine growth retardation was defined as an infant whose birth weight was equal or less than the 10th centile of the whole population in this study (2740 g). Fetal distress was defined as an abnormal variation of the fetal heart rate using cardiotography (early or late deceleration including tachycardia $> 160/\text{min}$ or bradycardia $< 120/\text{min}$) and/or the presence of fresh meconium in the amniotic fluid during labor; neonatal asphyxia was defined as an APGAR score of 6 or less at 1 minute.

3 Results

The median levels of hCG, hPL, SP1 and PP5 were stable between 36 and 40 weeks; the mean values of each protein for the total population is shown in Tab. I. There was no difference in the levels of hCG, hPL, SP1 and PP5 in patients with pre-eclampsia when compared to the whole population (Tab. I). Only hPL showed a significant association with growth retardation (Tab. II). The sensitivity, predictive value and specificity of all four proteins in the diagnosis of this condition are shown in Tab. III, and again, only hPL showed a sensitivity and predictive value which would be of any clinical significance.

Both hCG and hPL were significantly decreased in subjects whose infants developed fetal distress during labor (Tabs. IV, V). The mean levels of all four proteins were elevated in the group with neonatal asphyxia (Tab. IV) but this was not statistically significant. The mean birthweight of the group with fetal distress alone (3273 g) did not differ from that in the population as a whole (3303 g).

4 Discussion

This is the first study in which maternal serum hCG, hPL, SP1 and PP5 have been examined in the same obstetric population in late pregnancy. The

Tab. II. Maternal circulating levels of hCG, hPL, SP1 and PP5 at 36–40 weeks gestation in 54 subjects with a growth retarded fetus ($\leq 10\text{th}$ centile of population range) compared with 468 subjects delivering a fetus of normal weight

Birthweight groups	Geometric mean	Median	10th centile	90th centile	t value and probability (p) of difference
hCG ($\mu\text{g/l}$)					
Birthweight $>$ 10th centile	107.6	108.5	48	254.5	
Birthweight \leq 10th centile	92.07	110	40.2	200	t = 1.45 (NS)
hPL (mg/l)					
Birthweight $>$ 10th centile	6.947	7.1	5	9.7	
Birthweight \leq 10th centile	5.918	5.9	4.04	8.62	t = 3.916 (p < 0.001)
SP1 (mg/l)					
Birthweight $>$ 10th centile	254.8	272.5	130	479.5	
Birthweight \leq 10th centile	217.5	250	105	380	t = 1.746 (NS)
PP5 ($\mu\text{g/l}$)					
Birthweight $>$ 10th centile	52.3	54	34	75	
Birthweight \leq 10th centile	51.83	48	34.8	80	t = 0.330 (NS)

NS – not significant.

present findings confirm numerous previous observations to the effect that low maternal hPL levels are associated with intrauterine growth retardation [13]. Surprisingly, SP1 levels were not found to be of great value in the present

investigation. Opinion is divided on this subject, some workers (including our own group) having shown an association [4, 7, 12, 23, 25], while others have not [8]. A possible explanation lies in methodological differences. Thus the measurement

Tab. III. Clinical efficiency of circulating levels of hCG, hPL, SP1 and PP5 at 36–40 weeks gestation in the diagnosis of intrauterine growth retardation

	hCG	hPL	SP1	PP5
Sensitivity				
$\left(\frac{TP}{TP + FN} \right)^1$	$\frac{8}{8 + 46} = 14.8\%$	$\frac{15}{15 + 43} = 25.86\%$	$\frac{8}{8 + 46} = 14.8\%$	$\frac{5}{5 + 49} = 9.25\%$
Predictive value				
$\left(\frac{TP}{TP + FP} \right)$	$\frac{8}{8 + 45} = 15.09\%$	$\frac{15}{15 + 39} = 27.28\%$	$\frac{8}{8 + 45} = 15.09\%$	$\frac{5}{5 + 50} = 9.09\%$
Specificity				
$\left(\frac{TN}{TN + FP} \right)$	$\frac{423}{423 + 45} = 90.38\%$	$\frac{425}{425 + 39} = 91.59\%$	$\frac{423}{423 + 45} = 90.38\%$	$\frac{418}{418 + 50} = 89.32\%$
Chi ²	0.92	15.11 ($p < 0.001$)	0.92	0.10

¹TP – True positive, both maternal serum placental protein levels and infant weight were at or below the 10th centile of the whole population.

TN – True negative, both the maternal serum placental protein levels and infant weight above the 10th centile of the whole population.

FP – False positive, the maternal serum placental protein levels were at or below the 10th centile, but infant weight was above the 10th centile.

FN – False negative, the maternal serum placental protein levels were above the 10th centile, but infant weight was at or below the 10th centile.

Tab. VI. Circulating levels of hCG, hPL, SP1 and PP5 in relation to the condition of the infant at birth. The probabilities shown were in each case a comparison with subjects with no complications

Group	No of subjects	Geometric mean	t-value and probability (P) of difference
hCG (μg/l)			
No fetal distress	421	105.1	
Fetal distress (FD)	29	79.53	$t = 2.339 (P = 0.03)$
Neonatal asphyxia (NNA)	46	122.1	$t = 1.506$
FD + NNA	26	122.4	$t = 1.263$
hPL (mg/l)			
No fetal distress	421	6.834	
Fetal distress (FD)	29	6.178	$t = 1.982 (p = 0.05)$
Neonatal asphyxia (NNA)	46	6.988	$t = 0.595$
FD + NNA	26	7.236	$t = 1.616$
SP1 (mg/l)			
No fetal distress	421	245.8	
Fetal distress (FD)	29	251.7	$t = 0.347$
Neonatal asphyxia (NNA)	46	275.1	$t = 0.595$
FD + NNA	26	276.5	$t = 1.616$
PP5 (μg/l)			
No fetal distress	421	52.40	
Fetal distress (FD)	29	47.19	$t = 1.47$
Neonatal asphyxia (NNA)	46	55.19	$t = 1.107$
FD + NNA	26	57.55	$t = 1.49$

Tab. V. Sensitivity, predictive value and specificity of a single determination of serum hCG and hPL at 36–40 weeks gestation in the diagnosis of fetal distress in labor.

		hCG	hPL
Sensitivity	$\left(\frac{TP}{TP + FN} \right)^1$	$\frac{7}{7 + 22} = 24.40\%$	$\frac{5}{5 + 24} = 17.24\%$
Predictive value	$\left(\frac{TP}{TP + FP} \right)$	$\frac{7}{7 + 46} = 13.21\%$	$\frac{5}{5 + 50} = 9.09\%$
Specificity	$\left(\frac{TN}{TN + FP} \right)$	$\frac{447}{447 + 46} = 90.67\%$	$\frac{443}{443 + 50} = 89.86\%$

1: See definitions in Tab. III

of hPL is a long-established routine technique in this unit, while that of SP1 continues to be a research procedure for which long-term quality control data is not available. The absence of a useful association between levels of PP5 or hCG and birthweight is less surprising and is in general agreement with previous studies [15, 17, 18, 24]. However, levels of hCG were related to the sex of the fetus [1, 2, 5, 18, 19] and for a given sex are better related to the delivered weight of the infant [18], though this is not of practical clinical significance.

The relation of hCG and hPL levels to fetal distress is of some potential clinical importance, particularly since the prediction of this complication

is not apparently a secondary result of the association with growth retardation. Thus low hCG and hPL appear to predict fetal distress in babies of any weight. This observation indicates that biochemical tests of placental function are not simply a rather inefficient method of 'weighing' the fetus in utero, soon to be replaced by ultrasound, but in fact reflect dynamic aspects of placental function unrelated to the gross morphology of the fetus. This view is reinforced by the fact that hCG levels, which are much less efficient than hPL in the detection of IUGR, are more closely associated than hPL with fetal distress (Tab. IV).

Summary

The purpose of this study was to compare the clinical usefulness of four placental proteins (hCG, hPL, SP1 and PP5) in the prediction of fetal status at delivery. Single blood samples were then taken from 527 unselected women with singleton pregnancy between 36–40 weeks gestation. The group included 27 patients with pre-eclampsia, 7 with antepartum hemorrhage and 5 who delivered a stillborn child; the latter were excluded from the overall analysis. The measurement of serum hCG, hPL, SP1 and PP5 was performed by radioimmunoassay. The results were analysed by calculation of means and standard deviations after logarithmic transformation for the comparison of sub-populations. The median levels of hCG, hPL, SP1 and PP5 were found to be stable between 36 and 40 weeks. There was no difference in the levels of hCG, hPL, SP1 and PP5 in patients with pre-eclampsia when compared to the whole population. Only hPL showed a significant association with growth retardation. Both hCG and hPL were significantly decreased in sub-

jects whose infants developed fetal distress during labor. The mean birthweight in the fetal distress group alone (3273 g) did not differ from that of the population as a whole (3303 g).

This is the first study in which maternal serum hCG, hPL, SP1 and PP5 have been examined in the same obstetric population in late pregnancy. We demonstrated a clear association between low maternal hPL levels and the occurrence of intrauterine growth retardation, in agreement with previous published reports. SP1 levels were not related to intrauterine growth retardation. The absence of a useful association between PP5 or hCG and birthweight is less surprising and is in general agreement with previous studies. Low levels of hCG and hPL were associated with the occurrence of fetal distress in labor; the association was independent of delivered weight. This suggests that these proteins reflect both the overall growth of the child and dynamic aspects of fetal nutrition.

Keywords: Fetal distress in labor, intrauterine growth retardation, placental proteins (hCG, hPL, SP1, PP5).

Zusammenfassung

Vergleichende Untersuchungen zur klinischen Verwertbarkeit von 4 Plazentaproteinen im letzten Schwangerschaftstrimester

Wir haben in dieser Untersuchung die Aussagekraft von 4 Plazentaproteinen (HCG, HPL, SP₁ und PP₅) bezüglich des fetalen Zustands zum Zeitpunkt der Geburt miteinander verglichen. Dazu wurden Blutproben von 527 zufällig ausgewählten Frauen mit Einzelschwangerschaften zwischen der 36. und 40. Woche entnommen. In der Gruppe waren 27 Patientinnen mit Präeklampsie, 7 mit Blutungen in der Schwangerschaft und 5 Frauen mit einer Totgeburt; letztere wurden in der Auswertung nicht berücksichtigt. Die Serumkonzentrationen von HCG, HPL, SP₁ und PP₅ wurden mit Hilfe der RIA-Methode bestimmt. Wir berechneten Mittelwerte und Standardabweichungen nach logarithmischer Transformation zwecks Vergleich der Untergruppen. Die mittleren Konzentrationen von HCG, HPL, SP₁ und PP₅ waren zwischen der 36. und 40. Schwangerschaftswoche stabil. Ein Vergleich der HCG-, HPL-, SP₁- und PP₅-Werte zwischen der Präeklampsie-Gruppe und dem Gesamtkollektiv ergab keinen Unterschied. Nur der HPL-Spiegel zeigte einen signifikanten Zusammenhang mit einer Wachstumsretardierung. Sowohl HCG wie auch

HPL waren bei den Patientinnen, deren Kinder unter der Geburt ein fetales Distress-Syndrom entwickelten, signifikant erniedrigt. Das mittlere Geburtsgewicht in der Distress-Gruppe (3273 g) zeigte keine deutliche Abweichung von dem des Gesamtkollektivs (3303 g).

In der vorliegenden Untersuchung wurden zum ersten Mal die mütterlichen Serumkonzentrationen von HCG, HPL, SP₁ und PP₅ im gleichen geburtshilflichen Kollektiv in der Spätschwangerschaft gemessen. In Übereinstimmung mit früheren Arbeiten konnten wir einen deutlichen Zusammenhang zwischen niedrigen HPL-Spiegeln und intrauteriner Wachstumsretardierung feststellen. SP₁-Konzentrationen ließen keine Beziehung zu intrauteriner Wachstumsverzögerung erkennen. Weniger überraschend und ebenfalls in Übereinstimmung mit früheren Veröffentlichungen ist dagegen der fehlende Zusammenhang zwischen PP₅- sowie HCG-Spiegeln und dem Geburtsgewicht. Niedrige HCG- und HPL-Werte korrelierten mit dem Auftreten von fetalem Distress unter der Geburt, wobei dieser Zusammenhang unabhängig vom Geburtsgewicht war. Wir glauben, daß diese Proteine das gesamte fetale Wachstum wie auch dynamische Aspekte fetaler Ernährung widerspiegeln.

Schlüsselwörter: Fetales Distress-Syndrom unter der Geburt, intrauterine Wachstumsretardierung, Plazentaproteine (HCG, HPL, SP₁, PP₅).

Résumé

Une étude comparative de l'utilisation clinique de 4 protéines placentaires au cours du troisième trimestre. Le but de cette étude est de comparer l'utilité clinique de 4 protéines placentaires (HCG, HPL, SP₁ et PP₅) pour la prévision de l'état foetal à l'accouchement. Des échantillons de sang ont été prélevés chez 521 femmes non sélectionnées ayant une grossesse unique entre 36 et 40 semaines. Ce groupe inclut 27 patientes pré-éclamptiques, 7 hémorragies de la grossesse, et 5 mort-nés, ces derniers ont été exclus de l'analyse globale. La mesure de HCG, HPL, SP₁ et PP₅ a été réalisée par radio-immunoologie. Les résultats ont été analysés par le calcul des déviations moyennes et standard après transformation logarithmique pour la comparaison de sous-populations. Les taux moyens de HCG, HPL, SP₁ et PP₅ ont été trouvés stables entre 36 et 40 semaines. Il n'y a pas de différences dans les taux d'HCG, HPL, SP₁ et PP₅ chez les patientes pré-éclamptiques en comparaison de la population d'ensemble. Seul HPL montre une association significative avec le retard de croissance. Et HCG et HPL sont diminués de façon significative chez les sujets dont

les enfants ont développé une souffrance foetale en cours de travail. Le poids de naissance moyen dans le groupe isolé des souffrances foétales (3273 g) ne diffère pas de celui de la population globale (3303 g).

Il s'agit de la première étude dans laquelle HCG, HPL, SP₁ et PP₅ sériques maternels ont été dosés dans la même population en fin de grossesse. Les auteurs ont démontré une association évidente entre des taux d'HPL maternels bas et la survenue d'un retard de croissance intra-utérin ce qui est en accord avec les travaux publiés auparavant. Les taux de SP₁ ne sont pas liés au retard de croissance. L'absence de liaison utilisable entre PP₅ ou HCG et le poids de naissance est moins étonnante et est en accord global avec les études antérieures; des taux bas d'HCG et d'HPL sont associés avec la survenue d'une souffrance foetale en cours de travail; la liaison est indépendante du poids de naissance. Cela suggère que ces protéines sont le reflet à la fois de la croissance dans son ensemble de l'enfant et à la fois des aspects dynamiques de la nutrition foetale.

Mots-clés: Protéines placentaires (HCG, HPL, SP₁, PP₅), retard de croissance intra-utérin, souffrance foetale en cours de travail.

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B. C. Obiekwe, M. D.
St. Bartholomew's Hospital
Dept. of Reprod. Physiology
51-53 Bartholomew Close
West Smithfield
London EC1A 7BE/ENGLAND