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# Bioluminescent and Fluorometric Techniques for Determinations of 19 Metabolites of ADP/ATP-Dependent Transformations in Energy Metabolism in 200 (or 400) mg Muscle

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**Summary:** A procedure is described for the determination of the following 19 metabolites in 200 mg gastrocnemius muscle from guinea pig: glucose, glucose 1-phosphate and 6-phosphate, fructose 6-phosphate, fructose 1,6-bisphosphate, glyceraldehyde 3-phosphate, dihydroxyacetone phosphate, 3-phospho- and 2-phosphoglyceric acid, phosphoenolpyruvate, pyruvate, glycerol, glycerol 3-phosphate, AMP, ADP, ATP, inorganic phosphate, creatine, creatine phosphate. Bioluminometric and fluorometric techniques for mono- and dinucleotide determinations were used. In the case of fluorometric measurement of NADH, 400 mg tissue were necessary. The coefficient of variation for assays on the same sample was 0.04 for bioluminometric techniques and 0.10 for fluorometric techniques.

Bioluminometrische und fluorometrische Methoden zur Konzentrationsbestimmung von 19 Metaboliten ADP/ATP-abhängiger Umsätze des Energiestoffwechsels in 200 (oder 400) mg Muskel

**Zusammenfassung:** Es wird eine Methodik zur Konzentrationsbestimmung der folgenden 19 Metaboliten in 200 mg m. gastrocnemius des Meerschweinchen beschrieben:

Glucose, Glucose-1-phosphat und -6-phosphat, Fructose-6-phosphat, Fructose-1,6-bisphosphat, Glycerinaldehyd-3-phosphat, Dihydroxyacetonphosphat, 3-Phosphoglycerat, 2-Phosphoglycerat, Phosphoenolpyruvat, Pyruvat, Glycerin, Glycerin-3-phosphat, AMP, ADP, ATP, anorganisches Phosphat, Kreatin, Kreatinphosphat.

Dazu wurden bioluminometrische sowie fluorometrische Methoden angewandt. Falls NADH fluorometrisch bestimmt wurde, wurden 400 mg Gewebe benötigt. Der Variabilitätskoeffizient bei der Bestimmung einer und derselben Probe betrug 0,04 bei der bioluminometrischen und 0,10 bei der fluorometrischen Methodik.

## Introduction

A knowledge of the concentrations of metabolites in tissues permits an assessment of the state of metabolism. In previous publications (1, 2), we demonstrated, by using certain criteria, that tissue concentrations of rat liver metabolites are rich sources of information concerning

- (a) an eventual equilibrium state of the transformations implicating these metabolites,
- (b) cosubstrate compartition, and

(c) stoichiometric relations between metabolite turnover in different cell compartments; this was true despite the fact that the metabolites may be compartmentalized within the cell. It was thereby shown in particular that tissue substrate concentrations of liver metabolites allow the metabolic status to be characterized under several physiological conditions (alloxan-diabetic, starved rats and rats fed on carbohydrate or fat diets).

0340-076X/83/0021-0193\$02.00 © by Walter de Gruyter & Co. · Berlin · New York With a view to applying these same criteria of interpretation for cell metabolite concentrations to guinea pig gastrocnemius muscle, we have optimized determination methods for 16 phosphorylated and non-phosphorylated metabolites of energy metabolism. The limited sample material and the great number of assays created a requirement for high sensitivity; this was achieved with fluorometric methods, and especially by the use of bioluminescence for the assay of NADH and ATP, ADP and AMP. We could demonstrate that this method satisfies the precision requirements for determining metabolite concentrations in muscles.

### **Materials and Methods**

#### Metabolites

Metabolite determinations were carried out as NADH or NADPH end point conversions which were then measured fluorometrically or by bacterial bioluminescence. The present procedure was derived from methods in the literature (3) with the aim of determining if possible several metabolites in one assay; it was optimized for determinations in muscle extracts. Two tris buffer solutions at different pH values were used: 0.30 mol  $\cdot 1^{-1}$  (final concentration in the assay) tris(hydroxymethyl)-aminomethane (tris) adjusted with HCl to pH = 7.0 or 8.0 containing 5.9 mmol  $\cdot 1^{-1}$  MgCl<sub>2</sub> and 0.5 mmol  $\cdot 1^{-1}$  ethylenediaminetetraacetic acid (EDTA).

The following assays were carried out in tris buffer at pH = 7.0:

- a) 2-phosphoglyceric acid, 3-phosphoglyceric acid and phosphoenolpyruvate were determined in the presence of 0.76 mmol·1<sup>-1</sup> ADP, 0.21 mmol·1<sup>-1</sup> NADH and L-lactate dehydrogenase (EC 1.1.1.27; 1.1 μmol·min<sup>-1</sup>), by starting the individual reactions by addition of pyruvate kinase (EC 2.7.1.40; 0.80 μmol·min<sup>-1</sup>), enolase (EC 4.2.1.11; 0.080 μmol·min<sup>-1</sup>) and phosphoglycerate mutase (EC 2.7.5.3; 2.5 μmol·min<sup>-1</sup>), in that order.
- b) dihydroxyacetone phosphate, glyceraldehyde 3-phosphate, and pyruvate in the presence of 0.15 mmol·l<sup>-1</sup> NADH, by starting the individual reactions by addition of glycerol 3-phosphate dehydrogenase (EC 1.1.1.8; 0.14 μmol·min<sup>-1</sup>), triose phosphate isomerase (EC 5.3.1.1; 4.0 μmol·min<sup>-1</sup>) and L-lactate dehydrogenase (1.1 μmol·min<sup>-1</sup>), in that order.
- c) D-fructose 1,6-bisphosphate was assayed in the same reaction solution of b) but with the extra addition of glycerol 3-phosphate dehydrogenase (0.14 μmol · min<sup>-1</sup>) as well as triosephosphate isomerase (4.0 μmol · min<sup>-1</sup>), and by starting the assay by addition of aldolase (EC 4.1.2.13; 0.09 μmol · min<sup>-1</sup>).
- d) glycerol was determined in the presence of 2.1 mmol·l<sup>-1</sup> ATP, 1.4 mmol·l<sup>-1</sup> phosphoenolpyruvate, 0.21 mmol·l<sup>-1</sup> NADH, L-lactate dehydrogenase (1.1 μmol·min<sup>-1</sup>) and pyruvate kinase (0.80 μmol·min<sup>-1</sup>), and the assay was started by addition of glycerol kinase (EC 2.7.1.30; 0.034 μmol·min<sup>-1</sup>).
- e) The assay mixture for *creatine* was the same as that for glycerol, but the assay was started by addition of creatine kinase (EC 2.7.3.2; 7.6 μmol · min<sup>-1</sup>).

Assays for the following metabolites were carried out in tris buffer at pH = 8.0:

f) D-glucose 6-phosphate, D-glucose 1-phosphate, fructose 6phosphate in the presence of 6.0 μmol·l<sup>-1</sup> glucose 1,6-bisphosphate and of 1.5 mmol·l<sup>-1</sup> NADP by starting the reactions with glucose 6-phosphate dehydrogenase (EC 1.1.1.49; 0.056  $\mu$ mol·min<sup>-1</sup>), phosphoglucomutase (EC 2.7.5.1; 0.16  $\mu$ mol·min<sup>-1</sup>) and phosphoglucose isomerase (EC 5.3.1.9; 0.28  $\mu$ mol·min<sup>-1</sup>) in that order.

g) D-glucose in the presence of 0.70 mmol·l<sup>-1</sup> ATP, 1.5 mmol·l<sup>-1</sup> NADP and D-glucose 6-phosphate dehydrogenase (0.056 μmol·min<sup>-1</sup>) by starting the assay, with hexokinase (EC 2.7.1.1; 0.28 μmol·min<sup>-1</sup>).

A further buffer solution (0.20 mol  $\cdot l^{-1}$  imidazole adjusted with HCl to pH = 7.0; 0.60 mmol  $\cdot l^{-1}$  MgCl<sub>2</sub>, 1.0 mmol  $\cdot l^{-1}$ EDTA) was used for:

h) inorganic phosphate assay and contained 6.0 μmol · l<sup>-1</sup> D-glucose 1,6-bisphosphate, 4.9 mmol · l<sup>-1</sup> glycogen (as glucosyl unit), 10 μmol · l<sup>-1</sup> AMP, 0.50 mmol · l<sup>-1</sup> D,L-dithiothreitol and 1.5 mmol · l<sup>-1</sup> NADP, glucose 6-phosphate dehydrogenase (0.056 μmol · min<sup>-1</sup>) and phosphoglucomutase (0.16 μmol · min<sup>-1</sup>). The reaction was started with phosphorylase a (EC 2.4.1.1; 0.20 μmol · min<sup>-1</sup>).

Enzymes for assays f) and h) were dialysed against the buffer solution for the corresponding assay.

For fluorimetric determinations, the total assay volume amounted to 145  $\mu$ l, of which 120  $\mu$ l were neutralized tissue extract and the remainder consisted of reagent and buffer mix. Enzymes for starting the reactions were added in sample tubes (3.0 mm inner diameter) made of selected optical glass (Hellma, Müllheim, Baden, Germany). The higher sensitivity of the bioluminescent determination allowed 20  $\mu$ l tissue extract to be used.

All biochemicals were purchased from Boehringer, Mannheim, Germany; all chemicals from Merck, Darmstadt, Germany.

The tissue extracts were prepared by pulverizing one portion of frozen tissue and two portions of 0.60 mol  $\cdot 1^{-1}$  HClO<sub>4</sub> with 0.10 mmol  $\cdot 1^{-1}$  EDTA at the presence of liquid nitrogen in a pulverizer (Pulverisette, Fritsche, Idar-Oberstein, Germany). The thawed powder was centrifuged for 20 min at about  $10^5$  g; the supernatant was neutralized with 2 mol  $\cdot 1^{-1}$  K<sub>2</sub>CO<sub>3</sub>, centrifuged for 2 min as above and in part appropriately diluted for the assays. The samples in the different assays consisted of solutions of the neutralized tissue extract correspondingly diluted: 1 : 1 for b) and f); 1 : 2 for a); 1 : 3 for c); 1 : 5 for d); 1 : 10 for g); 1 : 20 for h) and 1 : 100 for the creatine assay (e).

Bioluminescence determinations of NADH concentration in the assay and in the blanks were carried out after dilution (1 : 100 or lower) and mixing 10.0 µl with 50.0 µl reconstituted NADH-monitoring reagent (LKB-Wallac, Turku, Finland) and 200 µl 0.100 mol  $\cdot$  1<sup>-1</sup> potassium phosphate buffer at pH = 7.00; the constant luminescence was measured in a 1251 Luminometer (LKB). In this same sample tube, 10.0 µl 0.5 µmol  $\cdot$  1<sup>-1</sup> NADH as internal standard were added twice; the luminescence was registered after every addition and the NADH-concentration calculated according to *Feraudi* et al. (4). The recovery ratio of NADH as an effect of metabolite conversion varied in the different assays a)-e). This ratio was therefore determined by addition of a metabolite standard to the assay (cf. l.c. (4)).

Calibration for direct fluorometric measurement of NAD(P)H concentrations in the assays was carried out by using a NAD(P)H sample as control before every measurement to correct light source inconstancy. A calibration curve for the NADH or NADPH fluorescence versus the concentration in the same assay solution was approximated with a polynome quotient (for algorithms see l. c. (5)). The sample concentration was then calculated from its fluorescence value. The coefficient of variation for the same sample amounted to 0.10, whereas in the bioluminescent method it amounted to 0.04.

i) AMP, ADP and ATP were determined according to Feraudi et al. (4); because of interferences from metabolites in the muscle extract, the recovery ratio for these adenine mononucleotides was specially determined for these samples and remained constant among them. 1.44 ml 0.10 mol·l<sup>-1</sup> tris adjusted to pH = 7.75 with acetic acid and 20  $\mu$ l creatine kinase solution (EC 2.7.3.2; 1 mg·ml<sup>-1</sup>, Boehringer, 25 U/mg protein). The closed tubes were incubated for 30 min at 37 °C. The reaction solution was diluted (1:10<sup>4</sup>) and used for ATP determination according to i) (see above). An internal standard with creatine phosphate was also analysed for every sample to determine the recovery ratio.

#### Animals

The male guinea pigs used for the present metabolite determinations were the same as those in a previous study (6).

#### Calculations

Calculations were performed by means of a computer Commodore 3032 with printer 3022.

The coefficients of variation (CV) are given as  $CV = \frac{S.D.}{\tilde{x}}$ .

#### Results

The recovery of each metabolite to be measured was calculated for fluorometric and bioluminescent metabolite determinations, using photometric calibration and assay mixtures of the composition given in the methods. Within the limits of experimental error, this recovery ratio was unity for fluorometry. Luminometric determinations allowed the measurement of recovery ratios different from unity. These recoveries were taken into consideration in the concentration calculations. With respect to recovery, similar behaviour was observed in the bioluminescent determination of AMP, ADP and ATP (4). Creatine phosphate was determined by means of an internal creatine phosphate standard.

Taking into account the above factors in calculating metabolite concentrations, we obtained the results shown in table 1 for gastrocnemius muscle of untreated guinea pig. Because of the singular feature of the results, i.e. that the large coefficient of variation (up to 0.56) of some metabolite concentrations contrasts with the reproducibility of the method, mean values may not describe the collective. A concentra-

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tion of 10  $\mu$ mol  $kg^{-1}$  can still be measured with a coefficient of variation around 0.3. The question as to whether the broad distribution of the concentration values may be explained as an expression of the laws regulating muscle cell metabolism can be answered as follows: In recent studies (1, 2), we demonstrated that cell concentrations of metabolites in the liver allow constant relationships to be found between mass ratios of transformations which concern them. Consider the transformation from glycerate 2-phosphate to glycerate 3-phosphate:

The corresponding mass ratio glycerate 3-phosphate/glycerate 2-phosphate in table 1 shows a lower coefficient of variation (0.33) than that expected from the coefficients of variation of glycerate 3phosphate and glycerate 2-phosphate (0.36 and 0.30 respectively). The mean 5.59 matches well with the equilibrium constant value 5.0 (7). Lower coefficients of variation (CV) were also found for the following mass quotients:

fructose 1,6-bisphosphate / [dihydroxyacetone phosphate  $\times$  glyceraldehyde 3-phosphate] (CV = 0.24); fructose 1,6-bisphosphate  $\times$  pyruvate / [fructose 6phosphate  $\times$  phosphoenolpyruvate] (CV = 0.08);

glycerol × glucose 6-phosphate / [glycerol 3-phosphate × glucose] (CV = 0.28);

glucose 6-phosphate  $\times$  creatine / [glucose  $\times$  creatine phosphate] (CV = 0.51);

glucose 6-phosphate  $\times$  pyruvate / [glucose  $\times$  phosphoenolpyruvate] (CV = 0.24).

Also the energy charge (ATP + 0.5 ADP)/(ATP + ADP + AMP) shows a lower CV (0.09) than that expected. Besides glucose 1-phosphate and inorganic phosphate, all metabolites measured here seem to obey to relationships in which the mass ratios or energy charge may have nearly constant values. Similar results were also found for trained guinea pigs (*Feraudi* et al. in preparation). The low CV of the quotients above demonstrate that the single concentrations involved were determined precisely enough and that the broad scatter of values is to be attributed to the nature of interdependence relationships between muscle metabolite concentrations.

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j) Creatine phosphute was determined bioluminescently after its conversion to ATP. 50.0  $\mu$ l neutralized and diluted muscle extract which contained about 5 nmol creatine phosphate were mixed in micro test tubes with 50.0  $\mu$ l 2.5 mmol  $\cdot 1^{-1}$  ADP and 144  $\mu$ l of the following mixture:

	Guinea <sub>1</sub> 8	Guinea pig number 8 9	10	=	12	13	18	19	20	21	24	25	26	Ř ± SD	$\frac{SD}{\overline{x}} = CV$
<i>Substrates</i> Glucose I-phosphate Glucose 6-phosphate Glucose	- - 631	- - 1193	- - 1261	- - 1785	 993	35 13 1024	65	21 15 817	- 42 1822	- 17 1322	- - 987	– 13 890	- - 731	40.3 ± 22.5 20:0 ± 12.4 1121 ± 379	0.56 0.62 0.34
Fructose 1,6-bisphosphate Fructose 6-phosphate Dihydroxyacetone phosphate	507 - 98	669 - 105	521 - 102	1071 - 124	748 - -	1388 - 44	903 10 86	1526 - 79	2420 - 122	1826 16 110	2105 - 84	1742 10 111	1678 - 189·	$1316 \pm 627$ $12.0 \pm 3.46$ $104 \pm 34.4$	0.48 0.29 0.33
Glyceraldehyde 3-phosphate Phosphoenolpyruvate Pyruvate	- 268 29	- 509 23	_ 270 _	388	10 - 47	11 244 23	- 134 39	_ 251 19	9 454 23	- - 26	_ 278 _		5 177 -	$8.75 \pm 2.63$ $293 \pm 113$ $29.7 \pm 9.3$	0.30 0.39 0.31
Glycerol 3-phosphate Glycerol Creatine phosphate	- - 6105	- - 4901	_ 1012 5745	- 1127 12984	126 1537 3698	118 1203 7267	90 - 4618	71 1027 9142	82 804 4315	106 1575 9269	69 974 2345	63 1196 4721	75 1905 5419	88.9 ± 22.8 1236 ± 336 6194 ± 2845	0.26 0.27 0.46
Creatine Glycerate 3-phosphate Glycerate 2-phosphate	29637 612 85	31704 412 133	29240 - -	41752 617 126	35615	47181 784 146	25396 423 121	2:1211 645 126	30404 968 249	43860 - -	27604 1107 150	37283 1139 132	44066 1062 155	34227 ± 8080 777 ± 276 142 ± 42.3	0.24 0.36 0.30
AMP ADP ATP	2788 9261 8440	1 1 1	3118 5530 10612	3923 8474 11956	111	2406 7943 5409	1 1,1	2617 6627 7145	702 4084 8576	- 6354 14335		111	2714 4611 7045	2610 ± 975 6611 ± 1847 9190 ± 2932	0.37 0.28 0.32
Inorganic phosphate	I	I	I	I	18524	23021	15567	14327	15428	22637	11992	19342	22205	18116±4007	0.22
Substrate quotients Glucose 6-phosphate/glucose Fructose 1,6-bisphosphate/fructose 6-phosphate Phosphoenolpyruvate/pyruvate Glycerol 3-phosphate/glycerol Creatine phosphate/creatine ATP/ADP	- - 9.24 0.206 0.911		- - - 0.197 1.9			0.0127 – 9.74 0.098 0.154 0.681	90.3 3.44 0.182	0.0184 - 13.2 0.069 0.431 -	0.0231 - 19.3 0.10 0.142 2.10	0.0129 114 - 0.067 0.211 2.26	0.071 	0-0146 1174 7.38 0.053 0.127 -		0:015 ± 0:004 126 ± 43.1 12.1 ± 6.63 0:072 ± 0.020 0.186 ± 0.093 1.48 ± 0.572	0.27 0.34 0.55 0.50 0.50 0.39

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Tab. 1. Metabolite concentrations of freeze-clamped gastrocnemius muscle of untreated guinea pig. Concentrations in µmol · kg<sup>-1</sup> (wet weight).

	Guinea 8	Guinea pig number 8 9	r 10	Ξ	12	13	18	19	20	21	24	25	26	₹ ± SD	$\frac{SD}{\dot{x}} = CV$
Mass ratios Fructose 1,6-bisphosphate x glycerol/ [fructose 6-phosphate x glycerol 3-phosphate]	1	1	1	I	1			1	1	1696	. 1	3307	1	2502 + 1139	0.46
Fructose 1,6-bisphosphate x creatine/ [fructose 6-phosphate x creatine phosphate]	ł	I	I	I	I	I	497	ł	1	540	ı	1376	1	804 ± 496	0.62
Phosphoenol pyruvate x glycerol/ [pyruvate x glycerol 3-phosphate]	I	I	I	1	I	0.66	T	161	186	I	I	140	i	154 土 44.6	0.29
Phosphoenolpyruvate x creatine/ [pyruvate x creatine phosphate]	44.9	143	I	1	I	63.2	18.9	30.7	122	ł	I	58.3	I	68.7 ± 41.5	0.60
Glucose 6-phosphate x fructose 6-phosphate/ [glucose x fructose 1,6-bisphosphate] x 10 <sup>6</sup>	I	ł	I	I	I	I	I	ł	1	113	1	83.9	ł	<b>98.4 ± 20.6</b>	0.21
Glucose 6-phosphate x pyruvate/ [glucose x phosphoenolpyruvate] x 10 <sup>3</sup>	I	I	I	1	I	1.30	1	1.39	1.22	I	I	1.98	I	$1.47 \pm 0.35$	<b>Ú.24</b>
Fructose 1,6-bisphosphate x pyruvate/ [fructose 6-phosphate x phosphoenolpyruvate]	I	ł	I	ł	I	0.129	1	0.266	0.266	0.191	ł	0.277	I	0.217 ± 0.060	0.28
Glucose 6-phosphate x creatinc/ [glucose x creatine phosphate]	, I	. 1	I	I	1	0.0824	I	0.0426	0.162	0.609	I	0.115	I	0.092 ± 0.047	0.51
Creatine phosphate x glycerol/ [creatine x glycerol 3-phosphate]	I	. 1	I	i	1.27	1.57	I	6.23	1.39	3.14	1.20	2.40	3.12	<b>2.54 ± 1.69</b>	0.67
Glucose 6-phosphate/glucose 1-phosphate	I	I	I	I	I	0.371	I	0.714	I	I	I	ł	I	0.542 ± 0.242	0.45
Fructose 1,6-bisphosphate/[dihydroxyacetone phosphate x glyceraldehyde 3-phosphate]	I	I	1	I	I	2.87	I	I	2.2	ł	I	ł	1.78	2.28 ± 0.549	0.24
Glycerate 3-phosphate/glycerate 2-phosphate	7.20	3.10	I	4.90	1	5.37	3.50	5.12	3.89	I	7.38	8.63	6.85	5.59 ± 1.85	0.33
Glycerate 2-phosphate/phosphocnolpyruvate	0.317	0.261	ł	0.325	I	0.652	0.903	0.502	0.549	I	0.540	0.484	0.876	$0.54 \pm 0.22$	0.41
Energy charge (ATP + 0.5 ADP)/(ATP + ADP + AMP)	0.638	I	0.695	0.665	1	0.595	I	0.638	0.795	ł	I		0.651	0.668 ± 0.063	0.09

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