

1 The mechanical stimulation of cells in 3D culture within a self-assembling peptide
2 hydrogel

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8

1 **Abstract**

2 The aim of this present study was to provide a scaffold as a tool for the investigation of
3 the effect of mechanical stimulation on three-dimensionally cultured cells. For this
4 purpose, we developed an artificial self-assembling peptide (SPG-178) hydrogel
5 scaffold. The structural properties of the SPG-178 peptide were confirmed by
6 attenuated total reflection-Fourier transform infrared spectroscopy (ATR-FTIR) and
7 transmission electron microscopy (TEM). The mechanical properties of the SPG-178
8 hydrogel were studied using rheology measurements. The SPG-178 peptide was able to
9 form a stable, transparent hydrogel in a neutral pH environment. In the SPG-178
10 hydrogel, mouse skeletal muscle cells proliferated successfully (increased by 12.4 ± 1.5
11 times during 8 days of incubation; mean \pm SEM). When the scaffold was statically
12 stretched, a rapid phosphorylation of ERK was observed (increased by 2.8 ± 0.2 times;
13 mean \pm SEM). These results demonstrated that the developed self-assembling peptide
14 gel is non-cytotoxic and is a suitable tool for the investigation of the effect of
15 mechanical stimulation on three-dimensional cell culture.

16

17 **Keywords:** Cell Proliferation; Self-assembly; Hydrogel; Scaffold; Mechanical Strain

1 **1. Introduction**

2 The goal of tissue engineering is to restore diseased or damaged tissue by delivering
3 functional cells, scaffolds, and signal molecules such as growth factors to the affected
4 area. The scaffolds should permit the release of the signal molecules and the ingress of
5 nutrients and oxygen to keep the implanted cells alive. Furthermore, to elicit the
6 implanted cell functions, the scaffolds should transmit several mechanical stimulations.
7 The effects of mechanical stimulation have been proven in several cell culture systems,
8 e.g., cardiomyocytes [1, 2], chondrocytes [3, 4], and others [5, 6, 7]. Animal-derived
9 materials such as collagen and Engelbreth-Holm-Swarm (EHS) gels are widely used as
10 scaffolds for tissue engineering because of their general compatibility with living
11 tissues [8]. However, those scaffolds often contain growth factors, which may interfere
12 with the estimation of the effects of the mechanical stimulation [9, 10]. Furthermore,
13 such animal-derived materials can cause allergic reactions [11, 12] and carry dangerous
14 pathogens including prions that cause a variety of neurodegenerative diseases in
15 humans and animals. Evidence for the transmission of bovine spongiform
16 encephalopathy prions to humans has been reported [13]. Other viruses might also be
17 carried as pathogens in animal-derived scaffolds. Thus, there is a need for alternative
18 sources of animal-derived scaffolds.

19 Self-assembling peptides are one of the candidate materials to solve these problems.
20 The complete sequence of a self-assembling peptide was originally found in a region of
21 alternating hydrophobic and hydrophilic residues in zuotin [14], which is characterized
22 by a stable β -sheet structure that undergoes self-assembly into nanofibers. The
23 nanofibers form interwoven matrices that further form a hydrogel scaffold [15, 16].
24 These hydrogel systems are well characterized and have already been employed in a
25 variety of tissue engineering studies [17-20], drug delivery systems [21, 22], and

1 hemostatic applications [23]. Self-assembling peptides are a 100 % chemically
2 synthesized material. Therefore, the use of self-assembling peptide hydrogels can
3 minimize the risk of biological contamination and the influence from the undefined
4 factors in EHS gels.

5 However, a typical self-assembling peptide gel, RADA16
6 (RADARADARADARADA; R=arginine, A=alanine, and D=aspartic acid) gel, has a
7 very low pH (approximately 3-4), thereby retaining the potential to harm inner cells and
8 host tissues. In one particular case, a gel required one week to gradually change its pH
9 from acidic to neutral by a solvent substitution [24]. In addition, an important drawback
10 is that the RADA16 hydrogel structure is unstable under neutral conditions. After the
11 neutralization procedure, the hydrogel tends to break under mechanical stress [25].
12 Furthermore, once the hydrogel is stirred, the electrostatic interactions between the
13 protonated arginine (+) and the deprotonated aspartic acid (-) within the RADA16
14 peptide strongly occur and yield a precipitate [26].

15 The aim of this study was to provide a scaffold as a tool for the investigation of the
16 effect of mechanical stimulation on three-dimensionally cultured cells without any
17 interference from undefined factors such as the growth factors in animal-derived
18 scaffolds. For this purpose, we developed a self-assembling peptide, SPG-178
19 (Self-assembling Peptide Gel, amino acid sequence #178;
20 [CH₃CONH]-RLDLRLALRLDLR-[CONH₂]; R=arginine, L=leucine, D=aspartic acid,
21 and A=alanine; Fig. 1). It is well known that a protein reaches its minimum solubility at
22 its isoelectric point, where the protein has a zero net charge. This property of proteins is
23 closely related to the instability of the hydrogel formed by the RADA16 peptide, whose
24 isoelectric point is 6.1 [26]. Therefore, the isoelectric point of the SPG-178 peptide was
25 designed to be 11.5 by employing four cationic arginine and two anionic aspartic acid

1 residues. Furthermore, leucine residues were employed to increase the hydrophobic
2 interaction among the SPG-178 peptides, which was the main driving force of the
3 self-assembly, and stabilize the hydrogel formation.

4 We report here on the biocompatibility of a developed self-assembling peptide
5 hydrogel and its ability to transmit mechanical stimulation. Murine C2C12 myoblast
6 cells were used for all of the cell culture experiments because they are known to be
7 acutely responsive to mechanical stimulation.

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10 **2. Materials and methods**

11

12 *2.1. Self-assembling peptide SPG-178*

13 The self-assembling peptide SPG-178,
14 [CH₃CONH]-RLDLRLALRLDLR-[CONH₂], was synthesized by a solid-phase
15 method using standard Fmoc strategy (see Supplementary Data and Fig. S1). The
16 peptide powder was dissolved in a 10 % (w/v) sucrose solution. Then the peptide
17 solution was sterilized by filtration through a 0.22 μm filter. The pH of the peptide
18 solution was adjusted to approximately pH=6.5 by adding aliquots of a 0.5 % (w/v)
19 sodium hydrogen carbonate solution. The final concentration of the peptide in the
20 solution was 2.4 mM (0.4 % w/v).

21

22 *2.2. CPK model of SPG-178 peptide*

23 The molecular models of the anti-parallel β-sheet structure and the fiber formation of
24 the SPG-178 peptide were produced using Facio, a 3D-graphics program, and
25 employing Tinker with a charm 22 force field parameter

1 (<http://www1.bbiq.jp/zzzfelis/Facio.html> and <http://dasher.wustl.edu/tinker/>) [27, 28].

2 The dimension of the peptide monomer was calculated using Swiss-PdbViewer

3 (<http://www.expasy.org/spdbv/>) [29] (Fig. 1A).

4

5 *2.3. Gel stretch chamber*

6 In this study, a gel stretch chamber was employed for the three-dimensional cell
7 culture and the tension experiments. The gel stretch chamber was constructed by
8 attaching a piece of silicone foam sheet (SPP-2.0S, AS ONE, Osaka, Japan) that had
9 been manually cut to a size of approximately 20 mm × 4.5 mm × 2 mm (length × width
10 × thickness), with a rectangular hole of approximately 18 mm × 1.5 mm (length ×
11 width) for holding the peptide gel, to the inner wall of a commercially available stretch
12 chamber (STB-CH-04, STREX, Osaka, Japan). Silicone resin (TSE3032, GE Toshiba
13 Silicones, Tokyo, Japan) was used as a glue. The silicone foam sheet was located
14 approximately 2 mm above the bottom of the chamber to allow the cell culture medium
15 to contact the bottom of the hydrogel. A hydrophilic surface treatment, which consisted
16 of high power plasma sterilization (PDC-32G, Harrick Scientific Products Inc., NY,
17 USA) for 10 minutes, was performed to increase the hydrophilicity of the silicone foam
18 sheet surface before its use.

19

20 *2.4. Attenuated total reflection-Fourier transform infrared spectroscopy (ATR- FTIR)*

21 The sample for the ATR-FTIR was prepared by dissolving SPG-178 peptide powder
22 in a deuterated aqueous solution at a final concentration of 1 % (w/v). The pH of the
23 sample was adjusted to approximately pH=6.5 by adding aliquots of a 0.5 % (w/v)
24 sodium hydrogen carbonate solution. The sample formed a hydrogel at this condition
25 (1 % [w/v] at pH=6.5), which indicated the presence of nanofibers and the

1 three-dimensional network structure formation of the SPG-178 peptide. The spectrum
2 was recorded on a Perkin-Elmer Spectrum One spectrometer equipped (Perkin-Elmer,
3 Norwalk, CT, USA) with a Horizontal ATR (HATR) Sampling Accessory and a trough
4 plate, which was comprised of a ZnSe crystal with a 45 ° angle of incidence. One
5 milliliter of the hydrogel was spread directly onto the surface of the trough plate. The
6 spectrum was recorded at room temperature from 4000 cm⁻¹ to 650 cm⁻¹, and 32 scans
7 were collected with a spectral resolution of 4 cm⁻¹. A deuterated water spectrum was
8 used as background and was subtracted from the sample spectrum.

9

10 *2.5. Transmission electron microscopy (TEM)*

11 Dulbecco's modified Eagles medium (DMEM; WAKO, Osaka, Japan) was mixed
12 with the peptide solution described in section 2.1 at a volume ratio of 1:2. The mixture
13 formed a hydrogel due to the increased salt concentration [14, 15, 30] even though the
14 peptide concentration was lowered from 2.4 mM to 1.6 mM. The final concentration of
15 the SPG-178 peptide in the hydrogel was 1.6 mM. A 60 µl aliquot of the hydrogel was
16 added to the rectangular hole in the silicone foam sheet in the gel stretch chamber. The
17 chamber was filled with 3 ml of DMEM that was supplemented with 10 % (v/v) fetal
18 bovine serum (FBS) and incubated in 5 % CO₂ at 37 °C for 8 days. After the incubation,
19 the DMEM supplemented with 10 % (v/v) FBS was removed, and the hydrogel was
20 fixed in a 0.1 M phosphate buffer containing 2 % (v/v) glutaraldehyde and 2 % (v/v)
21 paraformaldehyde at 4 °C over night and postfixed in 2 % (w/v) osmium tetroxide for 2
22 hours at room temperature. The SPG-178 hydrogel was dehydrated using graded
23 concentrations of ethanol. After dehydration, the hydrogel was embedded in Spurr resin
24 (Polysciences, Warrington, PA, USA). Ultrathin sections (60-90 nm) were cut with a
25 Leica EM UC6 ultramicrotome (Leica, Vienna, Austria) and stained with uranyl acetate

1 and lead citrate. Visualization was performed using a Hitachi 7650 electron microscope
2 (Hitachi, Tokyo, Japan), which was operated at 80 kV.

3

4 *2.6. Rheology measurement*

5 The SPG-178 hydrogel, which contained 1.6 mM of the SPG-178 peptide was
6 prepared as described in section 2.5. A 40 μ l aliquot of the hydrogel was placed on the
7 plate of a rheometer (AR1000, TA Instruments, New Castle, DE, USA). A
8 20-mm-diameter, 1 ° aluminum cone with truncation at 24 μ m was lowered so that the
9 tip was 24 μ m above the plate. A solvent trap was used to maintain a water-saturated
10 atmosphere to prevent the evaporation of solvent during the measurement. The
11 SPG-178 hydrogel was tested over a range of frequencies from 10 to 0.1 rad/s at 1.0
12 μ Nm oscillatory torque to measure the storage modulus (G' , the elastic response) and
13 the loss modulus (G'' , the viscous response) at 37 °C. As controls, a 2.4 mM SPG-178
14 peptide solution and DMEM were tested in the same manner.

15

16 *2.7. Three-dimensional cell culture*

17 Murine C2C12 myoblasts (ECACC: 91031101) were obtained from the European
18 Collection of Cell Cultures (DS Pharma Biomedical, Osaka, Japan). The C2C12 cells
19 were cultured on a Petri dish and grown until 50 % confluence in DMEM supplemented
20 with 10 % (v/v) FBS in 5 % CO₂ at 37 °C. To start the three-dimensional cell culture,
21 the cells were trypsinized and suspended in DMEM and then mixed with a 2.4 mM
22 SPG-178 peptide solution at a volume ratio of 1:2. The final concentration of the cells
23 and the peptide in the hydrogel were 2×10^6 cells/ml and 1.6 mM, respectively. A 60 μ l
24 aliquot of the hydrogel was added in the rectangular hole of the silicone foam sheet in
25 the gel stretch chamber. For the cell proliferation assay, the same amount of the

1 hydrogel was added to a 1.5 ml tube and stored at -80 °C (day 0 control). The chamber
2 was filled with 3 ml of DMEM that was supplemented with 10 % FBS and incubated in
3 5 % CO₂ at 37 °C. The medium was replaced with 3 ml of fresh medium once every 2-3
4 days.

5

6 *2.8. Live and dead assay*

7 C2C12 cells were cultured in the SPG-178 hydrogel as described in section 2.7. On
8 the 8th day of incubation, the medium was changed to DMEM. Calcein (calcein-AM,
9 Dojindo, Kumamoto, Japan) and 4,6-diamidino-2-phenylindole, dihydrochloride
10 (DAPI, Dojindo) were added to the gel stretch chamber at a final concentration of 10 μM
11 to stain the nuclei of live and dead or injured cells. After 30 minutes of incubation in
12 5 % CO₂ at 37 °C, the stained cells that were located approximately 500 μm above the
13 bottom of the hydrogel were observed on a confocal laser scanning microscopy system
14 (ex/em=405/460 nm for DAPI and 488/515 nm for calcein, FV-1000, Olympus, Tokyo,
15 Japan).

16

17 *2.9. Cell proliferation assay*

18 C2C12 cell proliferation in the SPG-178 hydrogel was measured with a CyQUANT
19 Cell Proliferation Assay Kit (C7026, Molecular Probes, Eugene, OR, USA) with small
20 modifications to the manufacturer's protocol. The hydrogels described in section 2.7
21 were transferred from the gel stretch chamber to a 1.5 ml tube after 2, 4, 6, and 8 days of
22 incubation and were stored at -80 °C for at least one hour before the assay. After
23 collecting and storing all of the samples, the hydrogels, including the day 0 control
24 described in section 2.7, were thawed and dispersed into 940 μl of Cell-Lysis Buffer
25 (1X component B). Ten microliters of each dispersed gel solution were transferred to a

1 well of a 96-well plate. Two hundred microliters of CyQUANT GR dye solution (a
2 mixture of 1X component A and 1X component B) were added to each well and
3 measured on a spectrofluorometer with the FLUO star OPTIMA software. The number
4 of cells in the gel mixture was extrapolated from a standard curve that was generated
5 with known amount of C2C12 cells over a range of 6×10^2 cells – 2.4×10^4 cells per
6 well.

7

8 *2.10. Stretching cells in the SPG-178 hydrogel*

9 C2C12 cells were cultured in the peptide gel as described in section 2.7, with the
10 exception of changing the SPG-178 hydrogel volume from 60 μ l to 90 μ l. The volume
11 increase allowed for the deep intrusion of the hydrogel into the cavities of the silicone
12 foam, which resulted in the prevention of the detachment of the hydrogel during the
13 stretch. The gel stretch chamber was placed into a hand-control stretch device (STB-10,
14 STREX). On the 5th day of incubation, the cells in the hydrogel were stained by adding
15 calcein-AM in the chamber at a final concentration of 10 μ M. After 30 minutes of
16 incubation, the chamber was statically stretched by 20 %. The stained cells that were
17 located approximately 500 μ m above the bottom of the hydrogel were observed on the
18 confocal laser scanning microscopy system FV-1000 before and after the stretch.

19

20 *2.11. Static stretch for ERK activation*

21 C2C12 cells were cultured in the peptide gel as described in section 2.10. On the 8th
22 day of incubation, the medium was changed from DMEM that was supplemented with
23 10 % FBS to a low serum differentiation medium (DMEM supplemented with 2 %
24 [v/v] horse serum). After an additional 2 days of incubation, the gel stretch chamber
25 was statically stretched by 10 % for 5 minutes in 5 % CO₂ at 37 °C (Stretched sample;

1 ST). Parallel sets of non-stretched C2C12 cells that were cultured in the SPG-178
2 hydrogels in the gel stretch chamber were used as a control (Non-stretch control; NST).
3 MEK1 inhibitor (PD98059, Cell Signaling Technology, Beverly, MA, USA) that was
4 dissolved in DMSO was added to the gel stretch chamber as necessary to achieve a final
5 concentration of 50 μ M one hour before the stretch (Stretched sample with PD98059;
6 STP). The control samples for the inhibitor were treated with the same volume of
7 vehicle DMSO (Stretched sample with DMSO; STD). After the completion of the
8 stretch, the SPG-178 hydrogel was collected for Western Blotting.

9

10 *2.12. Western Blotting*

11 The SPG-178 hydrogels were transferred to a 1.5 ml tube that contained 1 ml of
12 ice-cold TBS with protease and phosphatase inhibitors (1 % [v/v], 78440, Thermo
13 Fisher Scientific, Rockford, IL, USA) to remove any excess medium in and on the gel.
14 The tube was centrifuged at 1,200 \times g (3,550 rpm) for 5 minutes at 4 $^{\circ}$ C, the supernatant
15 was discarded, and 100 μ l of RIPA lysis buffer (Thermo Fisher Scientific, Rockford, IL,
16 USA) with the protease and phosphatase inhibitors were added. The cell lysate was
17 sonicated for a total of 25 sec with a sonicator (BRANSON Digital Sonifier II,
18 BRANSON, Danbury, CT, USA) to break down the gel fiber structure and was cleared
19 at 21,500 \times g (15,000 rpm) for 45 minutes at 4 $^{\circ}$ C. The supernatants were transferred
20 into new tubes and quantified using the BCA protein assay kit (Pierce, Rockford, IL,
21 USA). Approximately 25 μ g of protein were loaded in a 10 % SDS polyacrylamide gel
22 (SDS-PAGE) and transferred to an Immobilon-P transfer membrane (Millipore,
23 Bedford, MA, USA). The membrane was blocked in 10 % Blocking One (Nacalai
24 Tesque, Kyoto, Japan) in TBS and incubated with primary antibodies: anti-ERK (4695,
25 1:1,000, Cell Signaling Technology), and anti-Phosphorylated ERK (Thr202/Tyr204;

1 4370, 1:1,000, Cell Signaling Technology). The blots were developed by
2 chemiluminescence using LumiGLO (Cell Signaling Technology) to quantify the
3 relative intensities (RI) and a tetramethylbenzidine (TMB) solution (EzWestBlue, Atto,
4 Tokyo, Japan) to show a representative blot.

5
6

7 **3. Results**

8

9 *3.1 ATR-FTIR*

10 The existence of a β -sheet structure within the hydrogel was supported by
11 ATR-FTIR spectroscopy (Fig. 2A). The spectra showed predominant peaks at 1,616
12 cm^{-1} , which indicated the presence of aggregated β -sheets. The typical amide groups
13 containing a β -sheet structure give rise to peaks ranging from 1,620 cm^{-1} to 1,640 cm^{-1} .
14 The small peak at 1,679 cm^{-1} suggested the presence of antiparallel β -sheets in the
15 nanofiber structure of the SPG-178 hydrogel. In contrast, there was no peak regarding
16 helical character (1,640-1,660 cm^{-1}). Trace amounts of TFA accounted for the peak
17 observed at 1,672 cm^{-1} in the spectrum.

18

19 *3.2. TEM*

20 The TEM image from the ultrathin layer of the SPG-178 hydrogel showed the
21 nanofibers and the network structure in the hydrogel (Fig. 2B). The diameter of the
22 nanofibers was estimated to be less than 10 nm, which corresponds to the calculated
23 length of the SPG-178 peptide monomer in β -sheet form (Fig. 1A). Partial mesh
24 structures that were formed by the nanofibers were observed. The mesh size was
25 variable, reaching up to 500 nm.

1

2 3.3. Mechanical properties of the SPG-178 hydrogel

3 Frequency sweep measurements of the SPG-178 hydrogel (1.6 mM) showed that the
4 storage modulus (G' , the elastic response) and the loss modulus (G'' , the viscous
5 response) values were relatively constant and that the G' values were much greater than
6 zero. In addition, the G' values over the entire frequency range exceeded those of G'' .

7 This result reflected the gel-like property of the SPG-178 hydrogel [26, 30]. In contrast,
8 the G' and G'' values obtained from the measurement with the DMEM sample, used as a
9 representative example of a liquid, were low and decreased in an oscillatory manner.

10 The result from the measurement with a 2.4 mM SPG-178 peptide solution was
11 relatively similar to that of the DMEM sample and demonstrated a liquid-like property
12 [26, 30]. The G' and G'' values were very close at each oscillatory frequency.

13

14 3.4. Live and dead, and cell proliferation assays.

15 In the live and dead assay, the extended shapes of the C2C12 cells that were stained
16 with calcein and a certain number of the nuclei stained with DAPI were observed in the
17 SPG-178 hydrogel (Fig. 4A-C). Whereas the live/dead cell ratio of the observed area
18 was lower than that of the surface area of the hydrogel (data not shown), the extended
19 cells clearly showed that the hydrogel provided a suitable interface for the cells to
20 adhere and survive. C2C12 cell proliferation in the SPG-178 peptide hydrogel scaffold
21 was monitored by conducting DNA analysis for up to 8 days. As shown in Fig. 4D, the
22 C2C12 cells proliferated gradually through 8 days of culture. Based on the measured
23 DNA content, the estimated number of C2C12 cells in the hydrogel had increased by
24 12.4 ± 1.5 (mean \pm SEM, n=4) times by the end of the incubation period.

25

1 *3.5. Stretching cells in the SPG-178 hydrogel*

2 The elongation of C2C12 cells in the SPG-178 hydrogel was observed as the gel
3 stretch chamber was stretched by 20 % with the hand-control stretch device STB-10
4 (Fig. 5). The distance between the asterisks was 260 μm before the stretch (Fig. 5A) and
5 310 μm after the stretch (Fig. 5B). The calculated ratio of the increased in distance was
6 19 %, which corresponded to the stretch ratio of the gel stretch chamber. The successful
7 cell stretch in the hydrogel indicated the deep intrusion of the SPG-178 hydrogel into
8 the cavities of the silicone foam; therefore, the hydrogel was able to transmit the
9 mechanical stress to the cells that were incorporated into the hydrogel. This result
10 proved the usability of the stretch system for three-dimensionally cultured cells that
11 consisted of the SPG-178 hydrogel, the gel stretch chamber, and the hand-control
12 stretch device STB-10.

13

14 *3.6. ERK phosphorylation by mechanical stimulation.*

15 Western blot analysis revealed that ERK in the three-dimensionally cultured C2C12
16 was activated by a static stretch (Fig. 6). The degree of the ERK phosphorylation was
17 increased by 2.8 ± 0.2 (mean \pm SEM, n=15) times by the 5-minute stretch (ST)
18 compared to the untreated control basal value (NST: 1.0 ± 0.1 , mean \pm SEM, n=8). The
19 addition of 50 μM PD98059 completely inhibited the stretch-induced phosphorylation
20 of ERK (STP), whereas the addition of DMSO, a solvent of PD98059, did not
21 significantly affect the ERK phosphorylation (STD). The degree of the ERK
22 phosphorylation was 0.6 ± 0.1 (mean \pm SEM, n=8) in STP and 2.3 ± 0.3 (mean \pm SEM,
23 n=7) in STD. The blocking effect of the PD98059 emphasized the effect of the brief
24 stretch on the ERK phosphorylation in three-dimensionally cultured cells. No change in
25 the total ERK protein concentration was observed in any sample.

1

2

3 **4. Discussion**

4 In previous studies, self-assembling peptides with a total net charge of +2 have been
5 reported to successfully form a hydrogel at pH=7.4 [26, 31]. The SPG-178 peptide
6 solution (2.4 mM) is transparent and able to form a stable hydrogel at neutral pH when
7 it is triggered by an increase in salt concentration (Fig. 1B). The stability of the peptide
8 solution/hydrogel at neutral pH contributes to the biocompatibility of the scaffold and
9 provides an additional benefit for the sterilization procedure. In fact, the SPG-178
10 solution at neutral pH can be sterilized with an autoclave. Insignificant degradation of
11 the SPG-178 peptide was detected with MALDI-TOFF MASS (see Fig. S1 and S2),
12 and no change in the gelation behavior was caused by autoclaving. In contrast, collagen
13 scaffolds require relatively complicated procedures and expensive equipment, such as
14 ethylene oxide gas treatment and γ -irradiation due to thermal denaturation [32]. The
15 decomposition of the conventional self-assembling peptide RADA-16 provided with
16 low pH (Puramatrix, Becton Dickinson, CA, USA) by autoclaving was confirmed by
17 MALDI-TOFF MASS (see Fig. S3 and S4)

18 In the structural studies, the ATR-FTIR spectra shown in Fig. 2A indicated the
19 presence of considerable anti-parallel β -sheet content with no or negligible helical
20 component in the SPG-178 hydrogel, as has been observed for conventional
21 self-assembling peptides [16]. The TEM image from the ultrathin layer of the SPG178
22 hydrogel demonstrated the nanofiber structure of the self-assembled peptide with a
23 diameter of less than 10 nm. Taken together, the gelation process of the SPG-178
24 peptide was confirmed to correspond with the molecular models shown in Fig. 1. The
25 partial mesh structure that was formed by the peptide nanofibers was observed in the

1 TEM image. Some of the other nanofibers that seemed too short to form the mesh
2 structure were considered to have been cut in the procedure for preparing the ultrathin
3 layer. The average length of the nanofiber was difficult to be estimated from the image
4 for the same reason. However, the mesh size (approximately 500 nm) of the SPG-178
5 hydrogel was considered to be much smaller than the size of the cells (approximately 10
6 μm). Since, the SPG-178 peptide nanofibers are not chemically cross-linked, the mesh
7 structure of the hydrogel can easily change. Thus, the pore size of the hydrogel is
8 considered to widen and be rebuilt as cells in the hydrogel infiltrate or ingrow.

9 The gel-like property of the SPG-178 hydrogel was demonstrated with the rheology
10 measurement. Both the storage modulus, G' , and the loss modulus, G'' , of the hydrogel
11 were relatively low compared to other self-assembling peptides [33]. This can be
12 explained by the lower concentration of the SPG-178 in the hydrogel (0.27 % [w/v])
13 compared to the other approximately 2 % (w/v) hydrogels. The low mechanical
14 strength of the SPG-178 hydrogel contributes to the homogeneous distribution of the
15 cells in the mixing process at the beginning of the cell culture. Next, the further increase
16 in the salt concentration during the immersion of the SPG-178 hydrogel into the cell
17 culture medium will enhance the gelation to increase the mechanical strength of the
18 hydrogel.

19 In the live and dead assay, the extended shapes of the C2C12 cells were observed in
20 the SPG-178 hydrogel, which indicated tight cell adhesion onto the peptide nanofiber.
21 In addition, the DNA content measurement revealed that the three-dimensionally
22 cultured C2C12 cells proliferated successfully during the incubation. These results
23 indicate that the SPG-178 hydrogel is suitable as a scaffold. According to the mesh size
24 (approximately 500 nm) of the SPG-178 observed by TEM, the cells must be suspended
25 in the three-dimensional nanofiber network of the SPG-178 hydrogel. The charged

1 amino acid residues within the peptide nanofiber, especially the positively charged
2 arginine residues, are considered to support cell adhesion at the beginning of the culture
3 [34, 35]. The serum proteins in the cell culture medium may also attach to the peptide
4 nanofiber and help the cell adhesion [36]. Furthermore, there are studies introducing a
5 cell adhesion motif such as RGD in self-assembling peptide hydrogels to improve cell
6 adhesion and survival ratios [37, 38]. These techniques might also be useful for the
7 SPG-178 hydrogel. In other studies using rat skeletal muscle cell (L6) and human
8 chondrosarcoma cells (OUMS-27), accumulated type-I collagen and aggrecan in the
9 SPG-178 hydrogel were observed, respectively (unpublished data). These secreted and
10 accumulated ECM components in the hydrogel are expected to contribute to the cell
11 proliferation and migration. Further research is needed to understand the detailed
12 mechanism of cell adhesion, extension, and migration in SPG-178 hydrogels.

13 The confocal microscope observations showed the elongation of the cells and the
14 increased distance between the cells as the peptide gel was stretched. These results
15 proved that the peptide gel scaffold was “stretchable” and capable of transmitting the
16 mechanical stimulation to the inner cells. The plasma-treated hydrophilic surface of the
17 silicone foam sheet and the low mechanical strength (low viscosity) of the SPG-178
18 hydrogel facilitated the deep infiltration of the hydrogel into the cavities of the silicone
19 foam. Thus, the expanded area of contact between the silicone foam sheet and the
20 hydrogel produced a friction force that was great enough to stretch the hydrogel without
21 slipping. Consequently, the stretch system that consisted of the SPG-178 hydrogel, the
22 gel stretch chamber, and the hand-control stretching device STB-10 was confirmed to
23 be usable for the stretching of three-dimensionally cultured cells.

24 Stretch-induced ERK phosphorylation have been previously shown in many papers
25 including studies in the two-dimensional cell culture of C2C12 cells [39, 40], fibroblast

1 cells [41-43], human keratinocytes [44], and whole rat skeletal muscle stretching [45].
2 In these studies, the peak time of the ERK phosphorylation varied because of the
3 different cell cultures and stretch systems. However, generally, the ERK
4 phosphorylation started in the early stage of the stretch induction in these studies. In our
5 study, the ERK in the C2C12 cells were also activated quickly by stretching in the
6 SPG-178 hydrogel. The transmission of the mechanical stimulation was supported by
7 the friction force between the gel stretch chamber and the SPG-178 hydrogel and the
8 cell adhesion to the peptide nanofiber network. The gel stretch chamber can be
9 incorporated in an automatic stretch system suitable for cyclical stretching or a
10 long-term stretching experiment to investigate the cellular response to mechanical
11 stress in three-dimensional cell culture.

12

13

14 **5. Conclusions**

15 Mechanical stimulation is now widely incorporated into three-dimensional cell culture
16 systems for tissue engineering. We studied the biocompatibility and the ability to
17 transmit mechanical stimulation of a self-assembling peptide hydrogel. The
18 self-assembling peptide SPG-178 was 100 % chemically synthesized and was
19 confirmed to form an anti-parallel β -sheet structure in aqueous solution. The peptide
20 self-assembled to form a nanofiber with a diameter of less than 10 nm, which further
21 formed a hydrogel. The results of the three-dimensional cell culture clarified that the
22 developed self-assembling peptide gel was non-cytotoxic. Western Blot analysis
23 demonstrated the rapid phosphorylation of ERK induced by the static stretching of the
24 hydrogel. These results indicated that the self-assembling peptide hydrogel was a
25 suitable tool for the investigation of the effect of mechanical stress on

1 three-dimensional cell culture. Additional studies are needed for a better understanding
2 of the contribution from the secreted ECM component.

3
4

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15

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Figure Captions

Figure 1

The self-assembling peptide SPG-178 hydrogel scaffold. (A) A molecular model of SPG-178, the dimensions of which are $47.5 \times 12.8 \times 3.1$ Å. For the representation, Facio was used: cyan, carbon; red, oxygen; blue, nitrogen; white, hydrogen. (B) A schematic diagram of the formation of the hydrogel from the peptide monomer.

Figure 2

The structural properties of SPG-178. (A) ATR-FTIR spectra of the SPG-178 peptide solution. (B) A TEM image of the peptide nanofibers in the hydrogel. The scale bar is 200 nm.

Figure 3

The mechanical properties of the SPG-178 hydrogel. (●) SPG-178 hydrogel 0.27 % (w/v) G' , (○) SPG-178 hydrogel 0.27 % (w/v) G'' , (▲) SPG-178 solution 0.4 % (w/v) G' , (Δ) SPG-178 solution 0.4 % (w/v) G'' , (■) DMEM G' , (□) DMEM G'' . Bars represent the mean \pm SEM. (n=3)

Figure 4

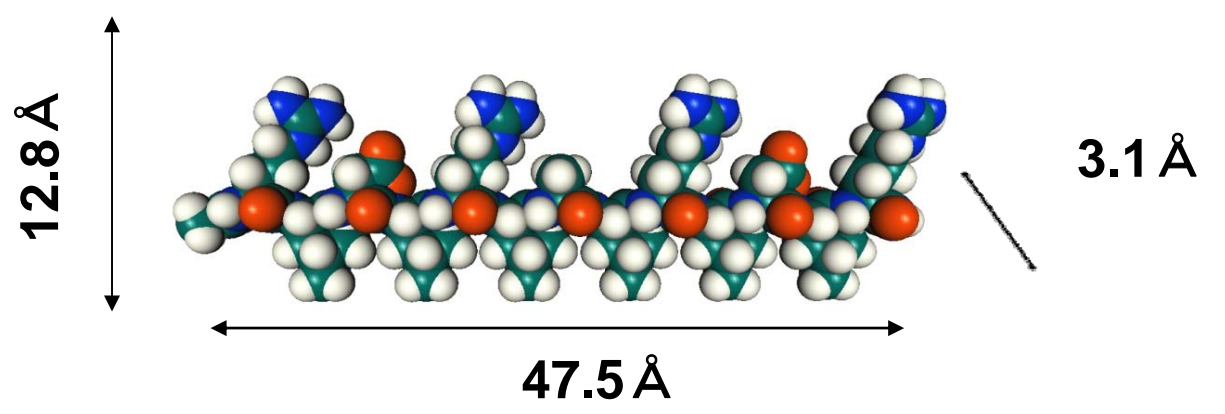
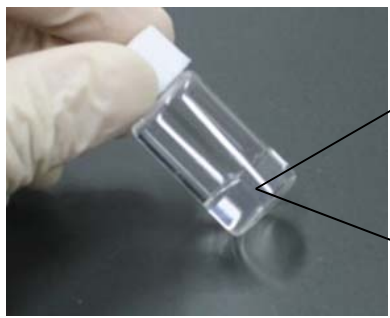
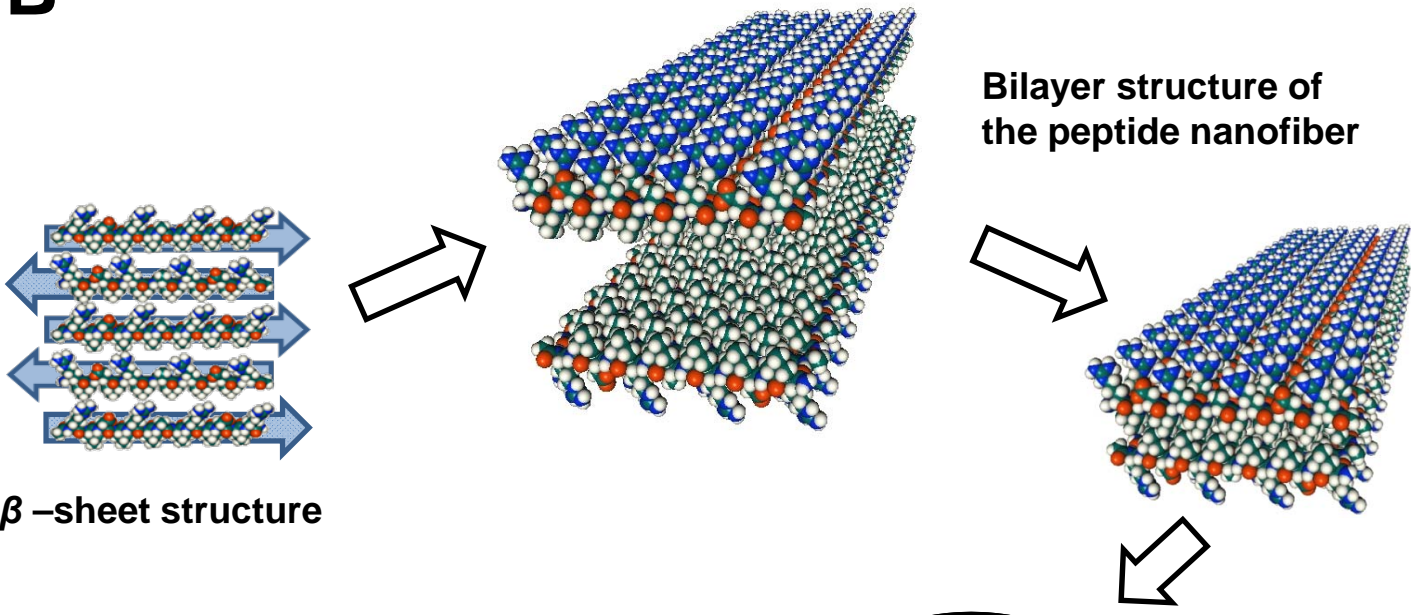
Live and dead assay and cell proliferation assay. C2C12 cells in a SPG-178 hydrogel were stained with A) DAPI and B) calcein. The merged image is shown in (C). The proliferation of the C2C12 cells in the peptide gel was estimated by measuring DNA content (D). Scale bar shown in (A) is 50 μ m. Bars represent mean \pm SEM. (n=4)

Figure 5

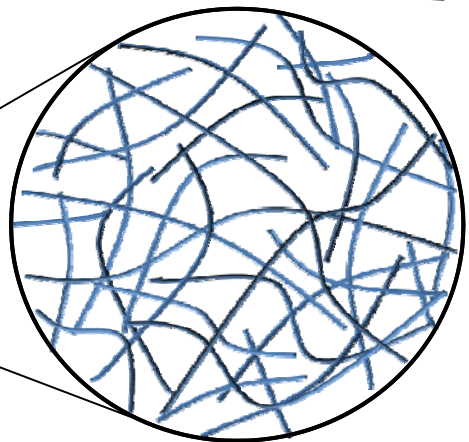
C2C12 cells in the peptide gel stained with calcein-AM (A) before and (B) after the stretch (20 %) in the stretch chamber. The intercellular distance between the asterisks was 260 μm before the stretch and 310 μm after the stretch.

Figure 6

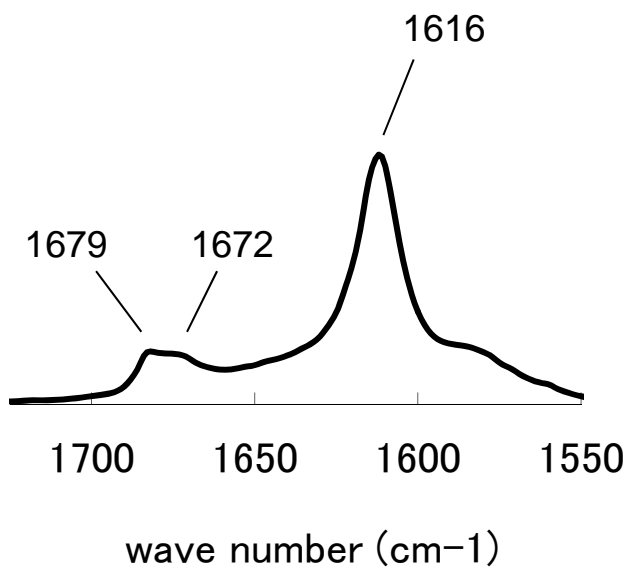
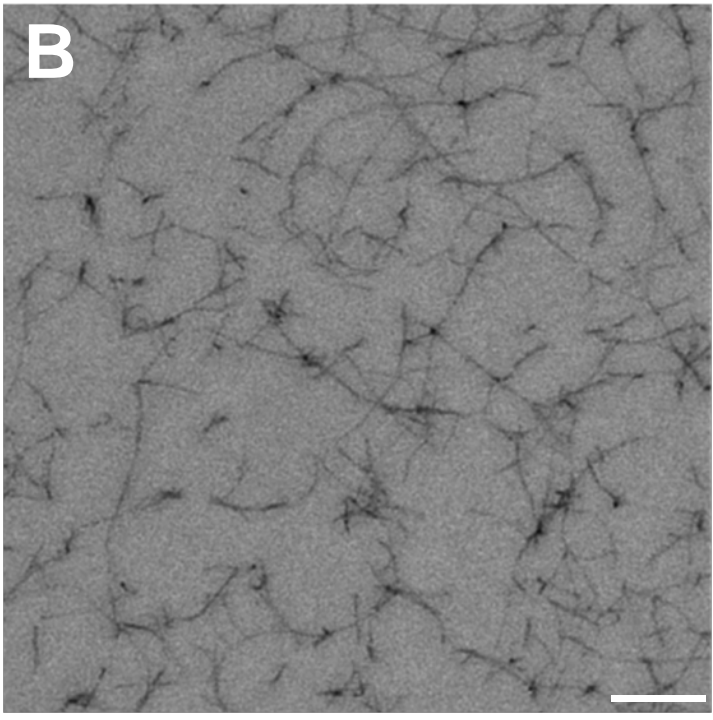
Western Blot analysis. A representative blot of phosphorylated ERK (p-ERK1/2) and total ERK (ERK1/2) showed an increased intensity in labeling of phosphospecific ERK antibody following the stretch, and the effect of the MEK inhibitor PD98059. Bars represent mean \pm SEM (n=8 (NST), 15 (ST), 7 (STD), 8(STP))

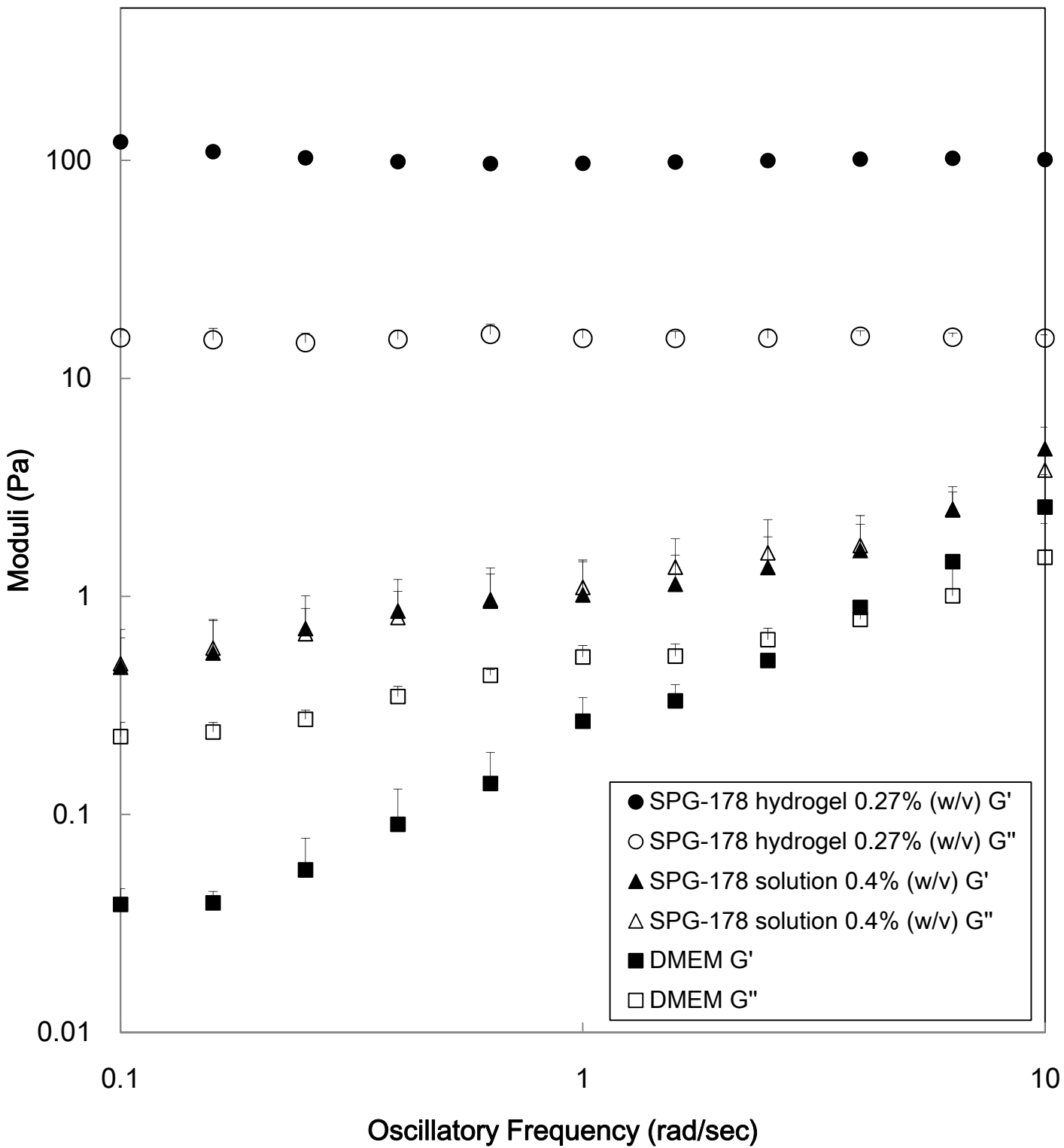
A**RLDLRLALRLDLR****B**

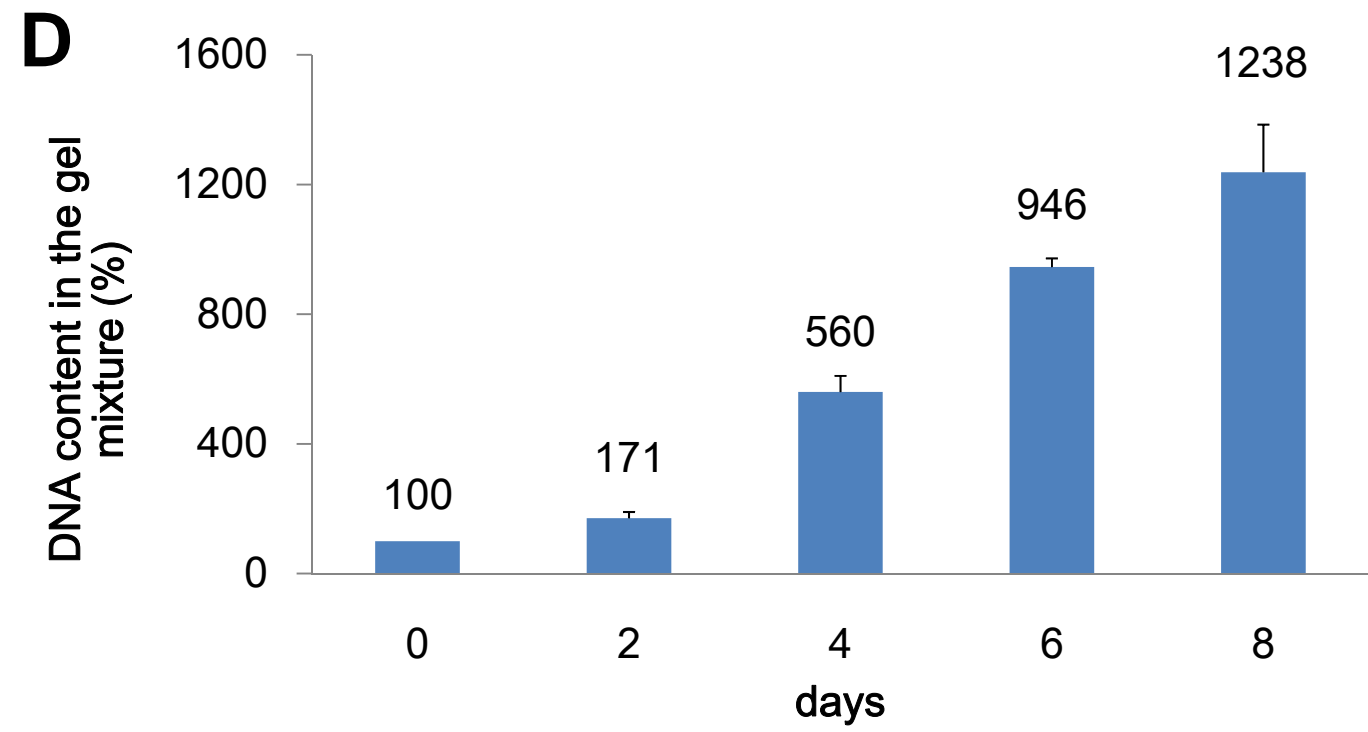
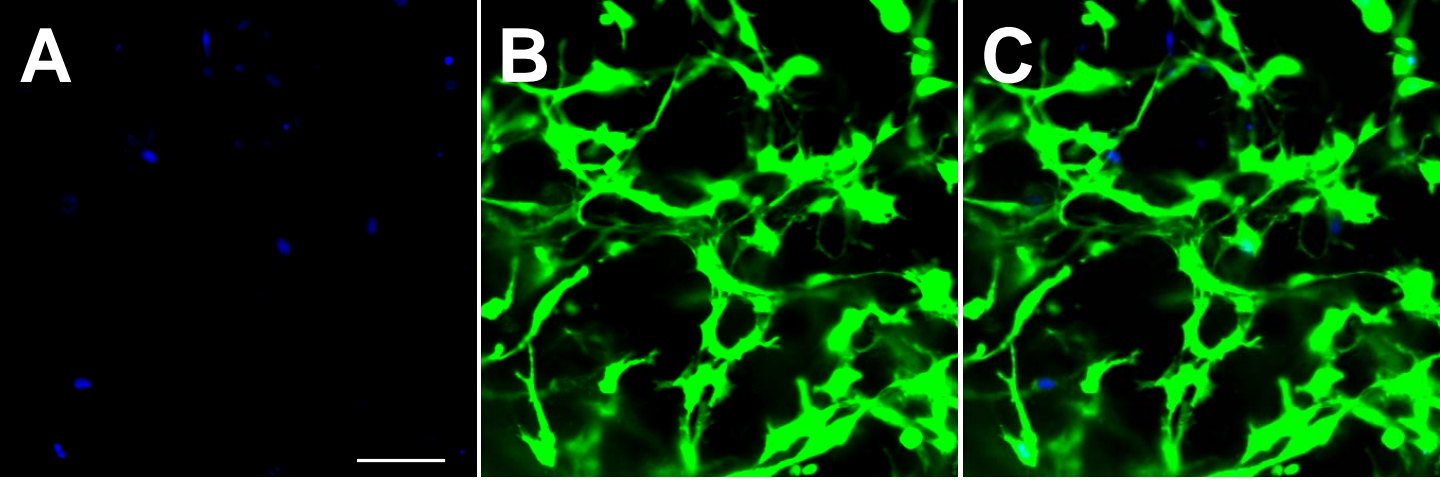
Macroscopic appearance of the peptide hydrogel

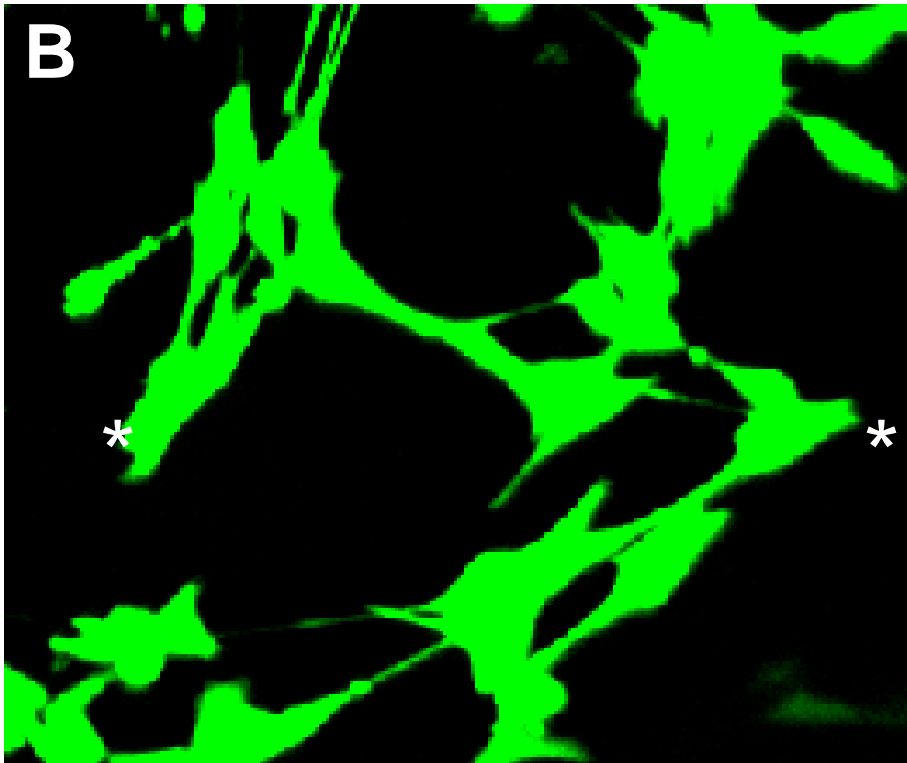
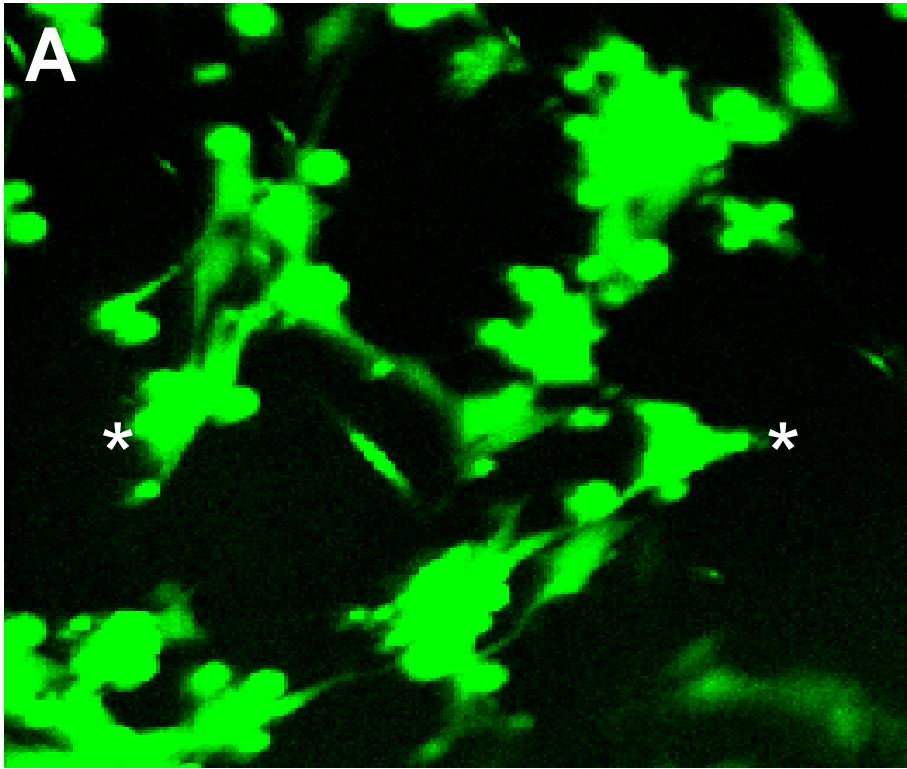


3D mesh structure

A**B**



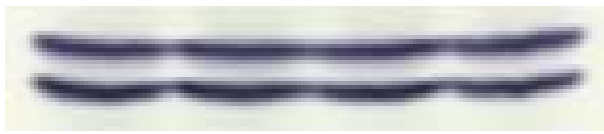




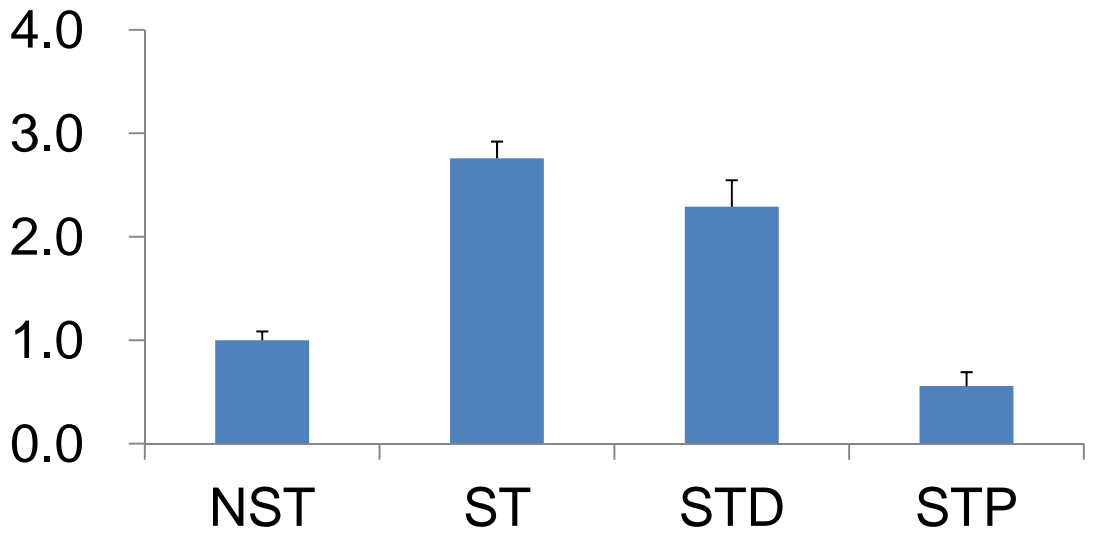
p-ERK 1/2



ERK 1/2



Fold increase



Stretch

-

+

+

+

DMSO

-

-

+

+

PD98059

-

-

-

+

Supplementary Data

Peptide Synthesis

Peptide SPG178 was manually synthesized by a standard solid phase method using 9-fluorenylmethoxycarbonyl (Fmoc) chemistry on a KMS-3 peptide synthesizer (Kokusan chemical Co. Ltd., Tokyo, Japan). Fmoc-protected amino acids (Fmoc-Arg[Pbf], Fmoc-Ala·H₂O, Fmoc-Leu, Fmoc-Asp[OBu^t]) were purchased from the Peptide Institute, Inc. (Osaka, Japan). The peptide was prepared on CLEARTM-amide resin (Peptide Institute) in dimethylformamide (DMF, Sigma-Aldrich Japan, Tokyo, Japan) via 1-hydroxybenzotriazole hydrate/N,N'-diisopropylcarbodiimide (Watanabe Chemical Industries, Ltd., Hiroshima, Japan) activation. The Fmoc protecting group was deprotected by 20 % piperidine (Watanabe Chemical Industries, Ltd.) in DMF. To protect the N-terminal of the peptides by an acetyl group, 10 equimolar amounts of acetic anhydride (Nacalai Tesque) were reacted for 2 hours in DMF. To cleave the peptide from the solid support, it was treated in a mixture of trifluoroacetic acid (TFA, WAKO), 1,2-ethanedithiol (Tokyo Chemical Industry, Ltd., Japan), thioanisole (Tokyo Chemical Industry, Ltd.), triisopropylsilane (Watanabe Chemical Industries, Ltd.), and Milli-Q water (Millipore) in a ratio of 82:6:6:3:3 for 3 hours at room temperature. The cleavage mixture was added into an excess amount of cold diethylether (WAKO), and the peptide was precipitated. The white precipitation was collected by centrifugation, washed with cold ether, and air dried. The peptide powder was dissolved in 5 mM hydrochloric acid (Nacalai Tesque) and freeze-dried. Further purification was not performed.

Mass Spectroscopy

The molecular weight of the peptide SPG178 and the Puramatrix was measured by matrix-assisted laser desorption ionization time-of-flight mass spectroscopy (MALDI-TOF-MS) using an Autoflex III (Bruker Daltonics, Bremen, Germany). The peptide was dissolved in a 0.1 % TFA aqueous solution at a concentration of 0.1 %, and α -cyano-4-hydroxycinnamic acid (WAKO) was dissolved in 0.1 % TFA/acetonitrile (WAKO) (1:1) at a concentration of 1 %. A mixture of 1 μ L of peptide solution and 1 μ L of matrix solution was placed on a MTP 384 target plate ground steel T F (Bruker Daltonics) and air dried. The mass spectra were recorded in positive ion mode and the average mass was determined as $[M+H]^+$.

Supplementary Data Figure Captions

Figure S1

MALDI-TOF-MS spectrometry of the SPG178 peptide for the molecular weight measurement

Figure S2

MALDI-TOF-MS spectrometry of the SPG178 peptide after autoclaving

Figure S3

MALDI-TOF-MS spectrometry of Puramatrix before autoclaving

Figure S4

MALDI-TOF-MS spectrometry of Puramatrix after autoclaving

