# Universidade de Lisboa

Faculdade de Ciências Departamento de Biologia Animal



# Identification and comparison of laboratory and wild caught *Drosophila* gut microbiota

Maria Inês da Silva Pais

Mestrado em Biologia Evolutiva e do Desenvolvimento

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# Identification and comparison of laboratory and wild caught *Drosophila* gut microbiota

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# Abstract

The digestive tract is constantly in contact with several microorganisms that constitute the gut microbiota. The crucial role this microbial community, both in mammals and in insects, plays in the host physiology is starting to be revealed. The microbiota affects the host nutrition, developmental process and immune system. We can discriminate between two types of microorganisms inside the gut: indigenous microorganisms that colonize the host and transient microorganisms that are acquired from the environment and food. Insects that are found in the nature and reared under laboratory conditions may present differences in the gut microbiota composition. This has also been reported in *Drosophila melanogaster*, where it is still not clear whether the flora found in the digestive tract establishes a symbiotic relationship with the host or if it is continuously loaded with the ingested food.

Here, we attempt to characterize the microbial community and its stability inside the gut of *Drosophila melanogaster*, both reared under laboratory conditions and collected from nature. We observe more diversity in wild caught flies, compared with laboratory flies. We show that the microbiota of laboratory-reared flies' guts is not stable and almost disappears when flies are fed with sterile food. Moreover, we show that these bacteria grow on the flies' food. In contrast, wild caught flies microbiota is able to persist inside the gut, even when flies were fed with sterile food. Conditions were established to rear axenic flies in order to perform future infections with wild caught flies gut microbiota, to understand if the ability to persist inside the host is due to the microbiota composition that is found in the wild.

We show the importance of identifying the indigenous microbial flora present inside the gut, before start studying the microbiota role in the host. This study will pave the way to future research on gut symbionts of insects.

Keywords: microbiota; gut; stability; Drosophila melanogaster.

# Resumo

Todos os Eucariotas vivem num íntima associação com variados microrganismos. Tradicionalmente estes microrganismos eram denominados por comensais, pois pensava-se que apenas estes beneficiavam desta associação, desconhecendo-se possíveis efeitos no hospedeiro. Contudo, muitos estudos têm vindo a mostrar que a comunidade microbiana é vantajosa em diversos aspectos da fisiologia do hospedeiro, tal como na nutrição, no processo do desenvolvimento e no sistema imunitário. Desta forma, a palavra comensalismo têm vindo a ser substituída por mutualismo, pois hoje sabe-se que ambos beneficiam desta associação.

Um dos papéis mais importantes que a comunidade microbiana desempenha no hospedeiro é no seu sistema imunitário. A flora protege da colonização de patogéneos externos, limitando a sua proliferação no intestino. Também está envolvida em activar o sistema imune a níveis basais, tornando o hospedeiro apto para lidar contra infecções. Vários estudos também têm mostrado a importância da flora a nível do desenvolvimento das próprias células do sistema imune.

São escassos os estudos em *Drosophila melanogaster* que tentam compreender o papel dos microbiota no sistema imunitário. Em 2008, Ryu e colaboradores mostraram a importância da flora na activação de níveis basais deste sistema. Este estudo também mostra a importância da regulação do sistema imunitário e o seu efeito na composição da flora intestinal. Para que se possa estabelecer uma relação com os microrganismos é necessário que, os níveis do sistema imunitário do hospedeiro se mantenham baixos, a fim de não os expulsar. Este estudo mostrou que quando o sistema imune era desregulado, havia uma espécie de bactéria presente na flora do hospedeiro que desaparecia, que era importante na inibição da proliferação de uma espécie patogénica. Como consequência, a espécie patogénica que também se encontrava presente na flora, proliferava e comprometia a sobrevivência do hospedeiro.

A flora intestinal também desempenha um papel muito importante na nutrição do hospedeiro, ajudando a degradar certos compostos e a produzir algumas moléculas e enzimas que o hospedeiro, por si só, não consegue produzir. Um estudo recente em *Drosophila melanogaster* mostrou a importância da flora intestinal na nutrição. Quando moscas axénicas (livres de quaisquer microrganimos) se encontravam num meio de comida que não era muito rico em nutrientes, o seu desenvolvimento era afectado, tendo as larvas um tamanho abaixo do normal. Pelo contrario, quando as moscas tinham a flora normal, mesmo num meio de comida

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pobre, o seu desenvolvimento era normal. Isto demonstrou que mesmo num meio escasso em nutrientes, as bactérias presentes na flora ajudam a um correcto desenvolvimento do hospedeiro.

A composição da flora presente no intestino também é afectada pela dieta do hospedeiro. Um estudo em humanos que sofriam de obesidade, demonstrou que quando estes eram sujeitos a uma dieta saudável, havia uma mudança nas bactérias que eram dominantes, havendo um aumento das bactérias do género Bacteroidetes e uma diminuição do género Firmicutes. Em *Drosophila melanogaster* também foi mostrado em laboratório, que quando estas eram sujeitas a uma dieta diferente, havia uma mudança na relativa abundância de bactérias presentes na flora.

Vários estudos têm demonstrado que insectos encontrados na natureza e mantidos em laboratório apresentam floras diferentes. Em *Drosophila melanogaster* estudos recentes também já demonstraram o mesmo, nomeadamente que as moscas que são mantidas em laboratório, apresentam uma grande falta de diversidade quando comparadas com moscas selvagens.

Quando se estudam os microrganismos presentes no intestino, podemos encontrar também microrganismos que não estão a colonizar o hospedeiro, mas que se encontram presentes pois foram adquiridos do ambiente ou da comida ingerida. São denominados por microrganismos transientes, pois estão só de passagem no tracto intestinal, juntamente com a comida. Por outro lado temos os microrganismos indígenas, que colonizam e proliferam no hospedeiro. A maior parte dos estudos não tem a preocupação de distinguir entre estes dois tipos de microrganismos, o que pode levar a variabilidade entre resultados ou mesmo a mal-interpretações.

Este estudo tenta fazer uma melhor caracterização da flora em *Drosophila melanogaster*, em moscas selvagens que foram apanhadas na natureza e em moscas que são mantidas em laboratório. Tentou-se também compreender a estabilidade da flora no sistema digestivo, quer nas moscas selvagens quer nas de laboratório, tentando fazer-se uma distinção entre bactérias transientes e bactérias indígenas.

Verificou-se que as moscas selvagens apresentam mais diversidade e maior número de bactérias, quando comparadas com as moscas de laboratório. Isto deve-se provavelmente ao tipo de dieta e ao ambiente que as rodeia. Na natureza, há uma grande quantidade de microrganismos presentes e a dieta apresenta-se muito mais rica e diversa. Pelo contrário, em laboratório, as condições em que as moscas são mantidas são mais assépticas do que na natureza, e apenas um tipo de comida é administrado.

Para se compreender a estabilidade da flora, desenvolveu-se um protocolo em que se administrava às moscas comida estéril, evitando a reinfecção de possíveis bactérias transientes. Verificou-se que as moscas do laboratório perderam quase por completo toda a

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flora com este protocolo, ao contrário das moscas selvagens, em que grande parte da flora conseguiu persistir no sistema digestivo. Também se verificou que as bactérias encontradas no interior do sistema digestivo das moscas de laboratório conseguem crescer na comida que é administrada.

Estes resultados demonstram que as moscas de laboratório apresentam uma flora instável, a qual é constituída por muitas bactérias transientes que crescem na comida e desaparecem do sistema digestivo quando é evitada a reinfecção das moscas com a sua própria flora. O mesmo não acontece nas moscas selvagens, que demonstram manter uma população mais estável no sistema digestivo.

Moscas de laboratório foram desenvolvidas axénicas, com o objectivo futuro de transferir a flora presente nas moscas selvagens que se manteve estável até ao fim para estas moscas. Deste modo, se a flora das moscas selvagens depois de transferida para moscas de laboratório for capaz de persistir, esta colonização pode ser devido às bactérias que são diferentes ou mesmo ao seu comportamento que é diferente, como por exemplo a capacidade de formar biofilmes para poderem colonizar no hospedeiro.

Para finalizar, este estudo demonstra a importância de se estudar a estabilidade da flora e de ter em conta se existem microrganismos transientes, antes de começar qualquer estudo sobre a influência da flora no hospedeiro. Caso contrário, podem originar-se conclusões erradas e variabilidade nos resultados, dependendo de como se mantêm as moscas em laboratório. É importante proceder primeiro a uma caracterização da flora, verificar se é representativa da flora em insectos presentes na natureza, e só depois estudar o seu papel.

Palavras-chave: flora; tracto intestinal; estabilidade; Drosophila melanogaster.

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# **1. Introduction**

## 1.1 Importance of host microbiota

All Eukaryotes establish intimate relationships with diverse microorganisms, which are normally called by microbial flora or microbiota community. Even thought the microbiota communities are variable among the organisms, displaying more complexity in higher vertebrates than in invertebrates, their influence on the host is highly similar.

Studies with the microbiota that live inside the digestive tract are revealing their importance in several fields. These bacteria have been traditionally referred as commensals, because it was though that they would be the only ones benefiting from this relationship, being the effects on the host largely ignored. Recently, the crucial role the microbiota community plays on the host physiology has started to be revealed. The term commensalism is being increasingly replaced by the term mutualism, because now it is known that both the host and the microbiota benefit from this relationship. Microbiota community is known to influence two main aspects of the host physiology: nutrition and immunity.

#### 1.1.1 Microbiota role in host nutrition

One of the crucial roles that microbiota play on the host is on their nutrition. They improve the host ability to live on suboptimal diets, improving digestion efficiency, helping in compounds degradation and in the production of metabolites that the host by itself is not capable to produce [1], [2].

Bacteria present in the gut from mice were shown to be important in fat storage regulation. They promote the absorption of monosaccharides from the gut lumen and keep triglycerides in adipocytes [3]. Harboring bacteria that promote a more efficient extraction and storage of fat can result in diseases like obesity. Changes in two bacteria divisions in humans, an increase in Firmicutes, mainly *Lactobacillus* sp., and a decrease of Bacteroidetes in the distal gut microbiota can lead to obesity [4], [5]. However, it was shown in mice that the absence of microbiota is not enough to protect the host from obesity, when feeding with a high-fat diet [6].

A few studies in insects also try to understand the contribution of their microbiota in nutrition. Microbial community present in termite guts contributes to plant aromatic compounds degradation, providing carbon and energy that are required to the host [7]. Recently, it was published the first study in *Drosophila melanogaster* that highlights the importance of microbial

flora to host nutrition. Leulier *et al.* show that the presence of microbiota is crucial to the normal host development when a poor-diet is administrated [2]. Flies lacking microbiota community need to be in a rich medium for a normal development. This study also shows that the presence of a single species of the genus *Lactobacillus* is sufficient to recapitulate the growth promoted by the normal gut microbiota, which is in agreement to studies done in humans demonstrating the importance of *Lactobacillus* sp. in nutrient uptake [5]. As Leulier *et al.* have shown, associated with this nutrition role is a consequent role in development. Flies that are in a poordiet medium and lack gut microbiota, have problems in development and present lower larval sizes, in contrast to flies that have normal gut microbiota [2]. Also in mice it was shown that the absence of microbiota could compromise the normal brain development, leading to altered expression profiles of signaling pathways and contributing for a different behavior. These signaling pathways that are affected were also implicated in food-intake regulation [8].

#### **1.1.2** Microbiota role in immune system

Several studies have been showing the importance of microbiota in protecting the host from external pathogens. Microbial community is implicated on a process termed colonization resistance, in which its presence inhibits the colonization by external pathogens. This was demonstrated in mice, where in the absence of microbiota it was possible the colonization by the pathogen Salmonella enterica, resulting in intestinal inflammation. The colonization was not possible in mice that were harboring the normal gut microbiota [9]. A recent study in humans also reported nasal colonization resistance by the bacterium Staphylococcus epidermidis, which is able to inhibit the biofilm formation of Staphylococcus aureus, a strong human pathogen responsible for causing severe infections such as pneumonia and endocarditis [10]. Microbiota is also involved in immune priming, triggering immune basal levels making the host able to fight against pathogens. In mice it has been shown the importance of microbiota to help in the production of several Interleukines, which play a major role in mammals immune system [11], [12], [13], [14]. In insects there are also some examples. Few studies in Anopheles gambie show that microbial flora is involved in the activation of immune genes against *Plasmodium*. In addition, presence of microbiota compromises the ability of *Plasmodium* to establish infection by triggering reactive oxygen species (ROS) production, which inhibits the parasite development [15]. In the Aedes aegypti, the dengue mosquito vector, it was shown that microbiota was involved in triggering basal levels of antimicrobial peptides, which were needed to limit the virus load in mosquito [16]. In contrast, two recent studies reported that the presence of gut microbiota becomes advantageous to viruses proliferation in mammals [17], [18]. In Drosophila melanogaster there is a lack of studies that try to understand the role of microbiota in the

immune system. Ryu and collaborators have shown that the presence of normal gut flora induces basal levels of expression in the immune system. They also show that the presence of one bacteria species, normally present in *Drosophila* gut is important to inhibit the proliferation of another species that is pathogenic to the host. [19].

## **1.2 Factors that influence microbiota composition and consequent outcomes on the host**

#### 1.2.1 Host diet

The gut microbiota inhabit a microenvironment that is under a constant traffic of food and metabolites. The composition of this microbial flora has been shown to be largely influenced by the host diet. In obese humans, where there is dominance in bacteria belonging to Firmicutes division, it was shown that after a diet therapy there was a decrease in Firmicutes and a consequent increase in Bacteroidetes [4]. A different study has recreated the human microbial flora into germ-free mice, and by altering ingredients in the food saw consequent changes in the microbiota dominant species. In insects, the influence of host diet on the microbial flora is also verified [20]. In cockroaches, for instances, altered diets lead to changes in microbiome, with consequent changes on lactate and acetate production [21], [22]. A recent paper in *Drosophila melanogaster* shows that wild flies collected from different natural foods presented different microbiota composition. They also provided different diets to flies in the lab and they saw that there was a shift in the dominants species according to the type of diet [23].

#### 1.2.2 Host genotype and environment

Several studies have been reporting differences on the gut microbiota between laboratoryraised animals and the ones collected in the natural environment. Chandler *et al.* reported that laboratory-reared flies microbiota do not resemble the natural microbiota that is found in the wild [23]. Similar, a study in the European corn borer reports differences between laboratory-reared insects and the ones that are found in nature [24]. Also, another study with mosquitos detected differences on the gut microbiota between the ones collected in the field and raised in the laboratory [25]. One of the probable causes of microbiota differences between animals that are found in the natural environment and the ones that are raised under laboratory conditions is coupled with the diet. Whereas in nature there is a big diversity in the type of aliments where animals can feed, in the laboratory they are feed with a standard diet. Variability in the laboratory environment can also influence, as it was shown by Friswell *et al.*, where moving young mice to a different room, within the same facility, was sufficient to alter their gut microbiota [26]. Also another study found that the same strain of mice from different suppliers presented different gut microbiota composition. This could be due to the different foods administrated in each facility, to the bacteria present in the environment or even to the conditions in which they were maintained. These differences in microbial flora had consequences at the immune level of the hosts, presenting different numbers of Th17 immune cells in the lamina propria of the small intestine [27].

Rawls *et al.* reciprocally transplanted zebrafish and mouse gut microbiota to understand what would be the behavior of flora microorganisms. After the transplant of gut microbiota from one animal to the other, the species of bacteria that were present in the donor animal were the same present in the animal that received the transplant. However, the relative abundances of the bacterial divisions changed in recipient animal, resembling their normal gut microbiota. This shows that the environment and the different selective pressures that both hosts experience largely influence the gut microbiota composition [28]. In humans there are also evidences that microbiota depend on the host genotype, by showing a higher similarity gut microbiota composition between monozygotic twins [29].

Microbial flora present in the intestinal tracts can also be dependent on the complexity of the intestinal tract. While humans harbor trillions of microbes in their intestinal tracts, including approximately 1100 prevalent species, in insects this diversity is much lower. While in the mammalian tract there are several niches to colonize, in insects like *Drosophila melanogaster* the intestinal tract is much more simpler, lacking the complex niches that are present in humans [30], [31], [32].

#### 1.2.3 Host immune response

Another important factor that influences the gut microbiota is the host immune system. In normal conditions, microbiota are non pathogenic to the host and they can inhabit inside the gut without being eliminated by the immune system. It is important to establish a constant homeostasis, by suppressing immune responses against commensal bacteria, because spontaneous activation or prolonged immune response can be detrimental to the host [33], [34], [19]. In mice there are examples of immune system negative regulation to maintain the gut homeostasis. Microbial flora is involved in the induction of Treg cells that maintain the intestinal homeostasis by preventing innate and adaptive immune responses [35], [36]. It was also shown that a negative regulation by microbiota in the Toll-like receptor signaling is crucial for intestinal

homeostasis and when this negative regulation is absence the mice exhibited susceptibility to colitis [37].

In *Drosophila melanogaster* a few studies have characterized some immune modulators responsible for contributing to gut homeostasis. Activation of the Immune Deficiency (IMD) pathway, involved in fighting against gram-negative bacteria, increases expression of PIMS, PGRP-LB and PGRP-SC1 that through a negative feedback loop lead to IMD downregulation [38]. Antimicrobial peptides (AMPs) are also downregulated by Caudal, an homeobox transcription factor with a primary function in development. Ryu and collaborators have shown that Caudal is indispensable to maintain low levels of AMPs in the gut and when Caudal is disrupted there is an imbalance in the gut microbiota, increasing certain bacteria levels that became pathogenic to the host [19]. There is also regulation of reactive oxygen species (ROS) that are involved in combating pathogens, by the immune-regulated catalase (IRC), which buffers the redox status of the gut [39].

### 1.3 Drosophila melanogaster microbial flora

Some studies have been emerging aiming to characterize *Drosophila* gut microbiota. *Drosophila melanogaster* that are laboratory reared present low diversity contrasting with flies that are caught in the wild. Laboratory flies comprise species from Firmicutes and Proteobacteria phyla, from Bacilli and Alphaproteobacteria classes respectively. The main genuses found are *Lactobacillus, Staphylococcus, Acetobacter, Glucanobacter* and *Wolbachia* [19], [40], [41], [42], [32]. Wild flies present greater diversity, comprising also bacteria from Actinobacteria and Bacteridetes phyla, adding to the ones mentioned before. Moreover, the variety of species that they comprise is much higher, including bacteria belonging to genuses *Micrococcus, Providencia, Bradyrhizobium, Chitinophaga, Erwinia, Brucella, Pseudomonas* and *Serratia* [43], [44], [45], [23].

Some studies have tried to understand the role of microbiota in the physiology of *Drosophila melanogaster*. To approach these interactions between the host and microbial community, axenic culture techniques have been developed, to generate germ-free or axenic flies, which are free of any microorganisms. This can be done by either administrating antibiotics to the flies, by sterilizing the eggs, or both, and maintaining these flies in sterile conditions. It is possible to develop germ-free flies by sterilizing the eggs, because the gut microbiota is horizontally transmitted to next generation through feces or contamination of the egg corion [46]. Two different studies reported an increase in gut bacteria during the larvae and adult stages [46], [42]. Although Bakula *et al.* mentions that this increase is due to the increase of larvae's gut

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length and continuous ingestion of bacteria from the food surface [46], Ren *et al.* claims that these bacteria are actually proliferating on the fly [42].

Two different studies tried to access the role of microbiota in *Drosophila* life span, but they arrived to different conclusions. While Brummel *et al.* shows that the presence of bacteria is able to increase the life-span [40], Ren *et al.* shows that the presence of microbiota has no effect in *Drosophila* life-span [42]. These contradictory results can be due to the different food that was administrated in both labs, together with a difference in the microbiota composition. It is known that microbiota are beneficial in the developmental process and that its absence causes a slower development and a decreasing in the number of eggs that are released [46], [42]. This is probably coupled with the important role that they have in the host nutrition, as it was previous mentioned, that flies in a poor-diet medium need to be associated with microbiota for a correct developmental process [2].

## 1.4 Microbiota community and symbiosis

Microbiota normally found to be associated with the host are frequently called by host symbionts. A symbiont can be defined as "Any microorganism that spends a portion or all of its life associated with another organism of a different species" (adapted from [47]) and a microbial symbiont relationship with the host can range from mutualistic to pathogenic. It is noteworthy that the same microorganism can have different effects on the host, depending on the micro environmental conditions that they experience and on the local where they are colonizing. As well as commensal bacteria can became mutualistic when the host suffers a colonization by pathogenic bacteria, there are also commensal bacteria that can became pathogenic to the host, when there is a change on the microenvironment [48], [49], [19]. When we study the microbial community that is present in the gut, we can discriminate between two types of microbial species: indigenous or autochthonous and transient or allochthonous. The former are able to colonize the host and are always found in particular areas of the intestinal tract, maintaining stable populations there. The latter cannot colonize the host except in anomalous conditions, but they can be found on the host because they are acquired from the surrounding environment and from the ingested food [50]. A microorganism to be indigenous to the gut must have a doubling time that can compensate the food transit time or must be in a local without transit, to be able to maintain a stable population inside the host. Indigenous species are sometimes also dependent on the neighboring microbial community, to be able to persist inside the host [48].

This distinction between the two types of microorganisms is becoming important mainly for

people that work with insect's microbiota, due to the simplicity of their intestinal tracts. There are several studies that were previous mentioned showing several differences in the gut microbial community between laboratory-reared insects and the ones collected from the wild [23], [24], [25]. The problem in studies that involve wild collected insects is that they do not discriminate between indigenous and transient species that can come from the environment. Ignoring these differences and variability in the gut microbiota can lead to results misinterpretation [27].

## 1.5 Aims of the project

The aims of this project were: I) Compare the microbiota between flies-reared under laboratory conditions and flies caught in the natural environment; II) Understand the microbiota stability and behavior in these two *Drosophila melanogaster* populations III) Develop axenic flies to further transfections with microbiota from both laboratory and wild caught flies.

# 2. Material and methods

# 2.1. Accessing the microbiota stability

#### 2.1.1. Fly collections and maintenance

Wild caught flies were collected from a fig tree, with the local figs inside of traps, sterilized by autoclaving. *Drosophila melanogaster* males were identified according to Markow and O'Grady, 2005 [56] and selected for further experiments.

All the flies were maintained at 25°C on standard cornmeal agar medium containing an antifungal agent (0.2g of Carbendazim, 100g of Nipagin and 1L of absolute ethanol). The food recipe (Vienna recipe) was as follows: 80g of molasses, 22g of beet syrup, 8g of agar, 10g of soy flour, 80g of cornmeal, 18g of yeast and 1L of purified boiled water. The food was then autoclaved and 25ml of antifungical were added.

#### 2.1.2. Aging flies for microbiota analyses

Analyses of single whole flies and single guts were performed, from both wild caught flies and laboratory-reared flies. Ten initial flies were collected at day 0 as a control and single guts/whole flies were plated. Ten flies for each condition were aged for 10 days, in vials with a food area of  $3.8 \text{cm}^2$  that were changed twice a day. For laboratory-reared gut analyses, five flies were used for both initial control and aging. In addition, for these flies a different aging setup was also performed in cages (n=3), one fly per cage, with a food area of  $486.3 \text{cm}^2$  that was changed every day. 5-days old laboratory-reared flies were used to do these experiments, amplified from vials where six females and four males were crossed for 2 days. Wild flies were plated at day 0 right after they were collected, so they were not controlled for age.

#### 2.1.3. Bacterial culture

To isolate bacteria from single guts, flies were dissected after a brief wash in 70% ethanol.

The gut was isolated (except foregut), including the crop and malpighian tubules, and homogenized in 250µl of Luria Broth medium (LB). To isolate bacteria from whole flies, single flies were briefly washed in 70% ethanol and homogenized with pestles in 250µl of LB. To isolate bacteria from food, 290g of food surface were taken with a sterile spatula and diluted in 10ml LB. The food was completely dissolved in LB with the help of a microloop and by vortexing. Three serial dilutions were made from all initial samples (food, guts and whole flies), with a dilution factor of 10. From each dilution and initial samples 30 µl were plated in 5 different media: Mannitol [19], Brain heart infusion (BHI) [51], Lactobbacilli broth (MRS) [19], Liver Broth Infusion (Liver) [44] and Luria Broth (LB) [51]. All the plates were incubated at 25°C for 7 days. After the incubation period, 3 colonies representing each morphological type were selected and restreaked on to a new culture-plate from the same medium where they were obtained.

#### 2.1.4. PCR amplification and sequencing

Bacterial 16S rRNA gene was amplified from single colonies that were restreaked. Primers used were 27f (5'-GAGAGTTTGATCCTGGCTCAG-3') and 1495r (5'-CTACGGCTACCTTGTTACGA – 3'). The PCR program was: 94°C for 4 min; 25 cycles of 4°C for 30s, 58°C for 1min, and 72°C for 2 min; 72°C for 10 min. Only colonies of guts from laboratory-reared flies were sequenced. The amplified region was sequenced and the first 300 nucleotides after forward primer were cut to align, in order to obtain V2 hypervariable region. All the sequences were aligned in ClustalW2. Blast was done in NCBI using the 16S microbial database, for sequences from each clustered group, and the closest hit was considered (more than 95% level of sequence identity).

#### 2.1.5. Statistical analyses

The graphics were done in Excel® version 14.0.1 (**Figures 1** to **6**), in Prism® version 5.0d (**Figures 8** to **10** and **Figure 1S** in annexs) and in R® version 2.13.2 (**Figure 7**). In **Figure 6**, the species were identified from all the media where they have grown. The number of cfu (colony forming units) presented in the graphic was calculated from the medium where they were present in higher numbers. In **Figures 2** to **5** all the bacteria that have grown in different media were considered to each individual. In the further analyses (**Figures 7** to **10**), the medium with the highest total number of cfu per individual was chosen to plot, representing with a bar the median between the biological replicates. All the numbers were plotted in a log scale.

All statistical analyses were done using R® v2.13.2. When the differences of the bacterial

load between wild caught flies and laboratory-reared flies were analyzed (**Figure 7**), two parameters were taken into account: the environment (wild versus laboratory) and the body part that was plated (gut versus whole flies). To observe if there were significant effects in the bacterial load by these two parameters, two-way analysis of variance (ANOVA) test was used. To use this parametric test, a logarithmic transformation was done and the normal distribution of the values was tested with Shapiro-Wilk normality test (P = 0.3766). To compare bacterial load between day 0 and day 10 when flies were subjected to the aging protocol and in the food protocol (**Figures 8 to 10**), a Wilcox test was used. To test the overall significance in the bacterial load from laboratory flies at day 0, at day 10 in cages and in the control vials (**Figure 8a**) a Kruskal-Wallis test was done. Then, to compare between them a Kruskal-Wallis multiple comparison test was done.

Coefficient of variation ( $C_v$ ) was used to access the individual variation in the different conditions, by doing the ratio between the standard deviation and the mean.

In the text, all the cfu values per fly or per gut mentioned, correspond to the median number between the individuals.

## 2.2. Axenic flies

#### 2.2.1. Axenic flies maintenance

0-6 h embryos were collected, washed in water and dechorionated for 10min in 2.7% sodium hypochlorite. Embryos were washed in a falcon tube containing 50ml 70% ethanol for 5min and collected in a sterile hood with a cell strainer. After washed in sterile, distilled water, embryos were transferred into axenic food vials. Flies were maintained in sterile beacons covered with foil, which were just opened under sterile conditions. All fly manipulations were done inside a sterile hood.

Three different food recipes were used to grow germ-free flies. The first was the standard cornmeal-agar, Vienna recipe, already described above (Flies collection and maintenance – section 2.1). The other two recipes used were the Special recipe (20g of yeast extract, 20g of peptone, 90g of sugar, 10g of agar and 80g of yeast) and the Normal recipe (45g of molasses, 20g of yeast extract, 70g of cornmeal, 10g of agar and 75g of sugar). 1L purified boiled water was added to both recipes. After the food was autoclaved, 25ml of antifungal agent were added, as previously described in the "Vienna" food recipe.

#### 2.2.2. Confirmation of axenic flies axenic state

In the first generation, flies' axenic state was confirmed by culture-dependent method. 3 flies from each vial were collected inside the sterile hood and homogenized in 250µl of LB. 30µl were further plated in 4 different culture media: Lactobbacilli broth and Liver Broth Infusion to grow bacteria, Cooke Rose Bengal Agar to grow fungi and Yeast Extract-Peptone-Dextrose Agar to grow yeast.

In generation 2, flies were tested with a culture-independent method, by PCR to 16S rRNA gene. Phenol-Cloroform DNA extraction was used to extract both bacterial and host DNA. DNA extraction was done to 5 flies from each vial. Flies were smashed in 250µl of lysis buffer (Tris HCI 0.1M (pH 9.0), EDTA 0.1M and SDS 1%) and incubated 30min at 70°C. To precipitate DNA 35µl of KAc 8M were added and incubated on ice for 30min. After centrifugation at 13,000 rpm for 15 min, the aqueous phase was extracted twice with 250µl phenol-chloroform (1:1). DNA was allowed to precipitate with the addition of 150µl of Isopropanol and collected by centrifugation at 10,000 rpm for 20 min. The DNA pellet was washed by adding 1ml 70% Ethanol and centrifugated 5min at 13,000 rpm. Finally the pellet was ressuspended in 30µl of Tris-EDTA buffer (1 mM EDTA, 10 mM Tris-HCl; pH 8.0). When glycogen was added, it was added 1 µl before the addition of Isopropanol. Bacterial gene 16S r RNA was amplified using primers 27f (5'-GAGAGTTTGATCCTGGCTCAG-3') and 1495r (5'-CTACGGCTACCTTGTTACGA - 3'). RpL32 primers, used as a positive control for DNA extraction were: RpL32-F (5'-TCCTACCAGCTTCAAGATGAC-39) and RpL32-R (5'-CACGTTGTGCACCAGGAACT-3').

Other DNA extraction methods were tested: the "Proteinase K" protocol was done according Zaneveld *et al.* 2011 [52]; the UltraClean<sup>TM</sup> Microbial DNA Isolation Kit extraction was done according Ryu *et al.* 2008 [19]: the "DrosDel" protocol was done according the protocol that described in DrosDel website [53].

# 3. Results and discussion

# 3.1. Microbiota comparison between wild and laboratory flies

# 3.1.1. Setting-up the conditions to grow *Drosophila* microbiota

In this study, we aimed to characterize *Drosophila melanogaster* gut microbiota and their stability inside the gut, from both wild-caught and laboratory-reared populations. We also wanted to isolate the bacteria from both wild and laboratory flies, to future controlled infections in axenic flies.

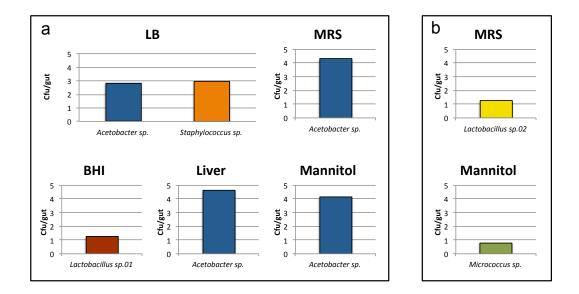
Studies that aim to characterize the microbiota community can use culture-independent or culture-dependent methods. Culture-independent methods can potentially give us a more complete description of the microbiota composition, because certain species cannot be cultivable and can just be accessed by PCR. However, in *Drosophila* there seems not to be a big difference in results obtained from these two different methods [42].

In this study, as we wanted to characterize and also isolate the bacteria, we had to use culture-dependent techniques. For this, we used 5 different media that are normally used to cultivate *Drosophila* gut microbiota [44], [19], [51]. We tested these media with 2 stocks from the laboratory, the normal stock that we use VF-0058-3 [54] and a stock collected from the wild, M-01, in October 2010, 8 months before this experiment. We made 4 dilutions from the same sample of flies' guts, from both stocks, and then we plated each dilution in all the media, in either aerobic and anaerobic conditions. We chose the dilution that had between 30 to 300 cfu (colony forming units) per plate, to count the colonies and convert the number to cfu per fly's gut. In some media, more than one bacterial colony morphological type was identified. In all media we chose 3 colonies representative from each morphological type and we did colony PCR with 16S rRNA gene universal primers. Genes encoded to rRNA are extensively used do determine taxonomy and phylogeny, because they are well conserved. The 16S rDNA sequence is composed by 9 hypervariable regions, where the sequences have diverged over the evolutionary time. The conserved regions in between, allow to design primers to amplify the variable regions and identify the bacteria. A BLAST was done to all the sequences in NCBI

against 16S Microbial database and the closest hit was considered (more than 95% level of sequence identity). In **Figure 1** are represented the different species that were obtained from all media in aerobic conditions, in both stocks. We can observe that in different media there are different species growing, as *Acetobacter* sp., *Lactobacillus* sp., *Staphylococcus* sp. and *Micrococcus* sp.. *Acetobacter* sp. were able to grow in all media except in Brain Heart Infusion (BHI). The two *Lactobacillus* identified in **Figure 1a** (*Lactobacillus* sp. 01) and **Figure 1b** (*Lactobacillus* sp. 02) are different species, being the closest hits *Lactobacillus fermentus* and *Lactobacillus homohiochii/fructivorans*, respectively. Regarding the other genus, the closest hits were *Acetobacter pasteurians* for *Acetobacter* sp., *Staphylococcus epidermis* for *Staphylococcus* sp. and *Micrococcus* luteus for *Micrococcus* sp..

In anaerobic conditions, the only bacterium that could grow was the *Lactobacillus* sp.02, which has also grown in Lactobacilli Broth (MRS) medium in aerobiose conditions, suggesting that it is a facultative anaerobic specie. Interestingly, in anaerobic conditions it was able to grow in all the media, in contrast to what happened in aerobic conditions. This is probably because the other species that have grown in aerobic conditions are present in higher numbers in the gut, growing also in higher numbers in the media, do not allowing the detection of *Lactobacillus* sp.02. In anaerobic conditions these species cannot grow and *Lactobacillus* sp.02 is easily detected in all media.

Considering that from different media we could isolate different bacterial species, we decided to use all these five media for all experiments, in an attempt to isolate the maximum diversity of species that was possible. Whenever a bacterial species grew in more than one media its titre was calculated based on the medium where it was present in higher numbers.



**Figure 1 - Different bacteria, from the same flies, can be isolated by using different culture media in aerobic conditions.** Number of bacterial colony-forming units (cfu) per gut counted from different culture media: Luria Broth (LB), Lactobbacilli broth (MRS), Brain heart infusion (BHI), Liver Broth Infusion (Liver) and Mannitol. *Acetobacter sp.* were able to grow in LB, MRS, Mannitol and Liver, whereas the other species were just able to grow in one culture medium. This experience was performed with 5-days old flies from 2 laboratory stocks: VF-0058-3 (a) and M-01 (b). Bacteria from stock M-01 could not grow in LB, BHI and Liver.

#### 3.1.2. Microbiota diversity in wild and laboratory flies

To characterize the microbiota from *Drosophila melanogaster* we used flies from an isogenic laboratory stock  $w^{1118}$  iso [54] and flies that were collected from nature. Wild flies were collected from a rotting figs under figs trees and after their identification as *Drosophila melanogaster*, microbiota analyses were immediately performed. All the analysis was done by plating single guts or single whole flies, for both laboratory and wild caught flies.

Wild caught flies presented more diversity than laboratory reared flies (**Figures 2** to **6** and **Figure 1S** in annexs). When the whole fly was plated, in wild caught flies a maximum of 5 morphological types of bacteria were identified per medium, per individual (**Figures 2a,c,e** and **Figure 1Sg** in annexs), while laboratory-reared flies presented a maximum of 3 types per medium (**Figure 3a** and **Figure 1Sc** in annexs). When the gut was plated, similar observations of diversity were made, a maximum of 7 types were observed in wild flies (**Figure 4d** and **Figure 1Se** in annexs), whereas laboratory flies presented a maximum of just 3 types (**Figure 5e** and **Figure 1Sa** in annexs). These differences in diversity between wild and laboratory stocks are in agreement with previous studies [23], [43], [44].

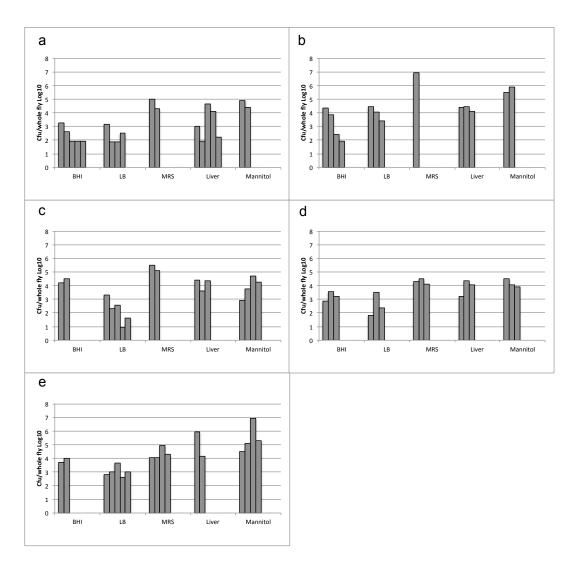
Species present in guts from laboratory-reared flies were identified (**Figure 6**). In all media presented in **Figure 5**, we chose 3 colonies representative from each morphological type (represented by bars in the **Figure 5**) to sequence. Then, to calculate bacterial specie numbers per individual we considered the medium where that bacteria specie was present in higher numbers. In all the guts bacteria belonging to *Lactobacillus* and *Acetobacter* genus were found, whereas *Micrococcus* genus was just found in 3 of 5 guts. Studies done with laboratory-reared flies reported these two genus (*Lactobacillus* and *Acetobacter*) as the most commons that are found in *Drosophila melanogaster* microbiota [44], [42], [32]. Bacteria that have grown in Luria Broth (LB) medium could not be identified due to problems with sequence quality, so it was represented as Unknown bacteria in **Figure 6**. This Unknown bacterium can be the same or different from the ones identified.

It exists more variation between individuals from the wild, than between individuals that are raised under the laboratory conditions. When we analyze the number of different species that we can found per medium, between wild caught flies and laboratory-reared flies, we see that in the first ones we have from 1 to 7 morphological types, whereas in the second one we just have between 1 to 3 types. This variability between individuals can be mainly explained by the different food that these flies have, while flies in the nature can feed on diverse types of food, including different rotting fruits, flies in the lab are restricted to the usual standard food. This variability can be also explained by the age of the fly. Laboratory flies used for all the experiments were 4-5-days old, whereas wild flies were not controlled for age.

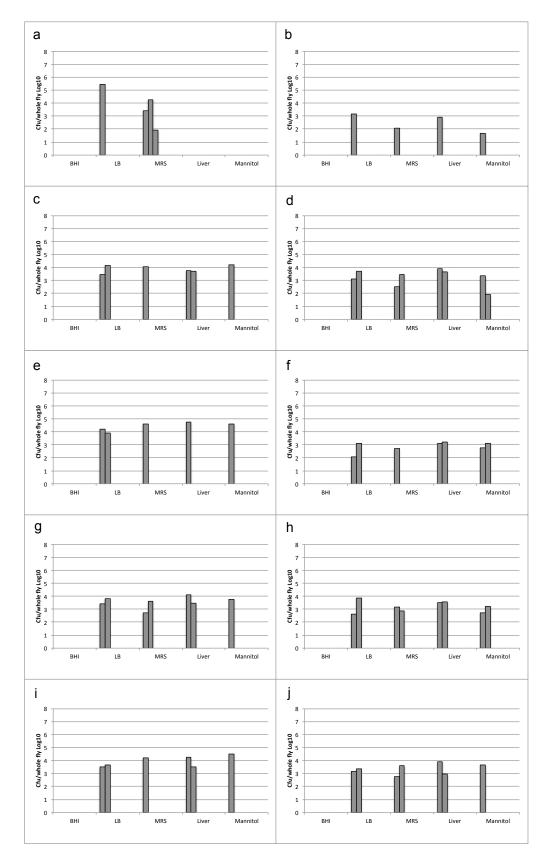
We can notice that in all media bacteria were able to grow, except bacteria from laboratory flies that could not grow in BHI (there is no data from laboratory-reared flies' guts, due to a contamination problem, but from laboratory-reared whole flies no bacteria was able to grow in this medium). When we accessed the diversity in laboratory-reared flies' guts, we could observe that morphological types, represented by different bars in **Figure 5** for each medium, corresponded to different bacteria. Moreover, the 3 colonies chosen from each representative morphological type, corresponded to the same bacteria. These results show that despite this not being the best method to access the real microbiota composition on the host (because it lacks non-cultivable bacteria and it focus on the most abundant types), it is robust to access the diversity and numbers of the bacteria that can be cultivable. In addition, the use of several culture media to access the microbiota diversity, allow us to have a more real perspective than just by using one or two media, as we saw from the previous results, where in different media different bacteria grow (**Figure 1**).

In the future we will confirm and compare this diversity by next generation sequencing of 16S rRNA PCR products. This allows identification of virtually all the bacteria present in the host, including bacteria that could not be achieved by culture.

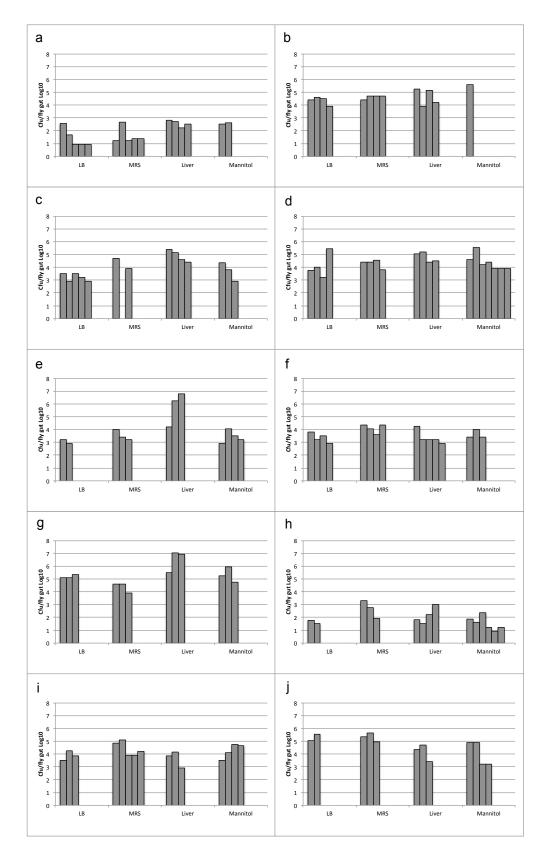
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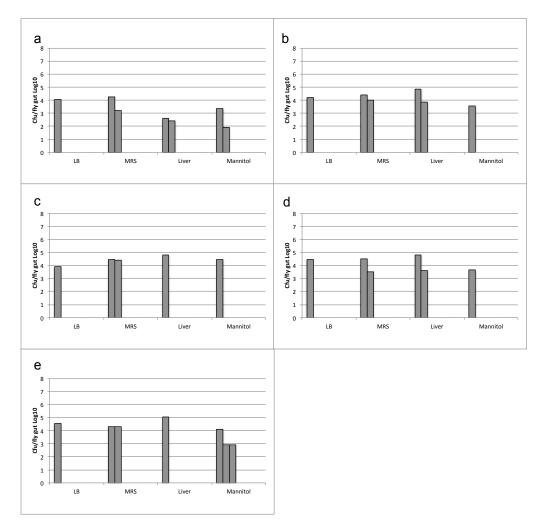
**Figure 2 - Microbiota diversity in individual wild caught whole flies.** Number of bacterial colonyforming units (cfu) per single whole fly **(a-e)** counted from different culture media (BHI, LB, MRS, Liver and Mannitol). Each bar represents a different morphological type identified in each medium. Between 1-5 morphological types can be identified in different culture media. Flies used were not age controlled (n=5).



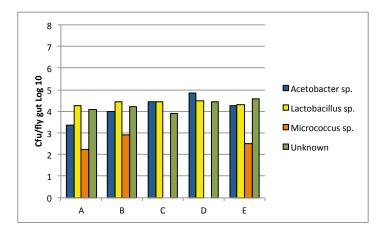
**Figure 3 - Microbiota diversity in individual laboratory-reared whole flies.** Number of bacterial colony-forming units (cfu) per single whole fly **(a-j)** counted from different culture media (BHI, LB, MRS, Liver and Mannitol). Each bar represents a different morphological type identified in each medium. There are between 1-3 morphological types growing in different media, except in BHI where no bacteria could be isolated. 5-days old flies were used to this experiment (n=10).



**Figure 4 - Microbiota diversity in individual guts from wild caught flies.** Number of bacterial colony-forming units (cfu) per single gut **(a-j)** counted from different culture media (LB, MRS, Liver and Mannitol). Results from BHI medium were not taken into account due to a contamination problem. Each bar represents a different morphological type identified in each medium. Between 1-7 morphological types can be identified in different culture media. Flies used were not age controlled (n=10).



**Figure 5 - Microbiota diversity in individual guts from laboratory-reared flies.** Number of bacterial colony-forming units (cfu) per single gut **(a-e)** counted from different culture media (BHI, LB, MRS, Liver and Mannitol). Each bar represents a different morphological type identified in each medium. Between 1-3 morphological types can be identified in different culture media. Results from BHI medium were not taking into account, due to a contamination problem. (n=5).



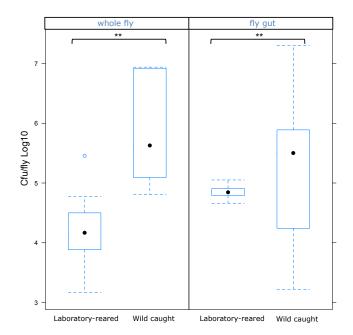
**Figure 6 – Bacteria present in guts from laboratory-reared flies.** Numbers of bacterial colonyforming units (cfu) per gut, from individual laboratory-reared flies (A, B, C, D and E). *Micrococcus* sp. is present in 3 of 5 flies, whereas the other genus (*Acetobacter, Lactobacillus* and unknown bacteria) are similar distributed in all flies. Unknown bacteria in green could not be determinated due to bad quality of sequences. These results were obtained from sequencing different morphological types presented in Figure 5.

#### 3.1.3. Microbiota load present in wild and laboratory flies

We also analyzed the total number of bacteria that was present in both laboratory-reared and wild caught flies. The total number of bacteria per individual (gut/whole flies), as we still do not know the bacterial species, was calculated from the medium that presented the highest total number of cfu per individual.

When we compare the total number of bacteria, there is a significative effect in the environment, between wild caught and laboratory-reared flies (*P*=0.0059), independent on the part that is plated (gut and whole fly) (**Figure 7**). The median number of bacteria per gut in wild caught flies is  $4.4 \times 10^5$  cfu/gut whereas in laboratory-reared flies is  $7.0 \times 10^4$  cfu/gut. Bacterial load from whole flies also present a similar difference ( $4.3 \times 10^5$  cfu/whole fly for wild caught and  $1.5 \times 10^4$  cfu/whole fly for laboratory-reared flies).

This difference in the bacterial load between wild caught and laboratory-reared flies was not reported before. Wild flies are exposed to a much more richer environment than laboratory flies, and the daily encounter in the nature with different and new species is probably higher than it is under laboratory conditions. In addition, in the laboratory we use an antifungal agent in the food, which may affect the gut bacteria, explaining the lower numbers in laboratory-reared flies.



**Figure 7 - Bacterial load is different between wild caught and laboratory-reared flies.** Total numbers of bacterial colony-forming units (cfu) present in wild caught and laboratory-reared flies, both from whole flies and gut plating. Values are illustrated by box plots with the box representing the 25th and 75th percentiles (ends of boxes). The upper and lower whiskers are drawn from the box to the most extreme point within 1.5 interquartile range. The median is represented by the black dot in the box. Outliers are represented by blue empty dots. There is a significant difference (P<0.01) in the bacteria load between wild caught and laboratory-reared flies, but there is no significantly difference in the bacteria load between whole flies and guts. For each individual the total number of bacteria was determined based on the medium that presented the maximum number of bacteria. Two-way analysis of variance (ANOVA) test was used to test the effects from the environment (wild versus laboratory) and the body part that was plated (gut versus whole flies).

However, there was no significative effect in the part that was plated, when we compared bacterial load between guts and wholes flies. (P=0.91). All flies were washed in ethanol before plating and before the guts were dissected. It is likely that a large part of bacteria associated with flies surface were eliminated, being excluded from the whole flies' plating results. According to these results, it seems that the majority of bacteria can be obtained from the fly gut. Their presence in other structures that were not included in gut extracts (foregut, reproductive tract, hemolymph and bacteria from fly surface that resist to the ethanol treatment) is possible, but the numbers were probably much lower, since there was no significantly difference between gut and whole flies plating.

We also accessed the individual variation by using the Coefficient of Variation ( $C_v$ ), which represents the ratio between the standard deviation and the mean for each sample. There is variability in the total numbers of bacteria between individuals, being more variable among wild caught flies, either when we plate the gut or the whole fly ( $C_v$ =0.19 and  $C_v$ =0.2, respectively). Interestingly, the less variability between individual bacterial loads was obtained from

laboratory-reared flies, when the gut was plated ( $C_v=0.03$ ) (**Figure 7**). This would be expectable, taking into account the fact that they were exposed always to the same conditions when they were raised, and they are all the same age, opposite to wild flies. Higher variability was obtained in laboratory flies when the whole fly was plated ( $C_v=0.05$ ). This higher variability can be explained by different things: i) It is possible that when flies were washed in ethanol before the plating, bacteria elimination from fly's surface was different among the flies, resulting in bacterial load differences; ii) Bacteria is probably best extracted when we homogenize one gut than one fly. In whole flies there are more tissues to homogenize, which can results in differences between flies; iii) We have also to consider that flies can have more variability in the bacterial load present in the parts that were not considered in gut dissections.

In this two last sections we could observe that wild caught flies present more diversity and higher bacterial load in the microbiota community, when compared with laboratory-reared flies.

This higher diversity in wild flies was already reported by previous studies. However, this variability at the individual level, in wild caught or laboratory-reared *Drosophila melanogaster* flies was not determined before. All previous studies in microbiota diversity were done with pools of flies, and not with single flies. There are also a few studies that quantify the bacteria that is present inside the gut and in whole flies, because they use techniques that show ratio between species but not real quantities present in the host. [23], [43], [44], [32], [42].

These results will be more interesting when we characterize all the species from all individuals, both guts and whole flies. We already did for laboratory-reared flies' guts, as we show in **Figure 6**. All individuals showed a similar composition of microbiota inside the gut. Wild caught flies already showed by identification of colonies morphological types to present a higher diversity. It will be interesting to see this diversity from individual to individual, since they were not maintained in the same conditions, as laboratory flies were.

# 3.2. Drosophila microbiota stability and colonization inside the host

Considering the previous results, we could observe that there are differences in the microbiota community between flies that are reared under laboratory conditions and the wild flies, which harbor a more diversity community. This shows that laboratory flies lack diversity in the microbiota and maybe are not representative from the natural microbiota found in wild flies. Two recent studies also showed this concern. Wong *et al.* reported low-diversity in the gut microbiota of laboratory-reared *Drosophila melanogaster* [32]. In addition, Chandler *et al.* show

that gut microbiota from flies reared under laboratory conditions are not representative from the wild caught flies gut microbiota [23].

All studies that are done in *Drosophila melanogaster* gut microbiota do not take into account the possible presence of transient species inside the gut. The difference that we also obtained between flies caught in the natural environment and flies that are in the laboratory for several years reinforce the importance of addressing to this question. Laboratory flies can be acquiring bacteria from laboratory environment, including food, and losing microbiota that was normally present when they were caught.

Here, we developed a new protocol to understand the stability of gut microbiota in laboratory-reared and wild caught flies.

To discriminate between transient bacteria that came from the environment we had to raise flies in conditions that would minimize reinfection of the flies by their own feces and microbiota. We kept single laboratory-reared adult flies in large cages (**Figure 2S** in annex). In each cage food was provided in petri dishes with a total area of 486.3cm<sup>2</sup>. Every day the food was changed and cage sterilized. The purpose was to minimize the probability of the fly to get reinfected by contacting the places where the fly was before and by the bacteria that would come out with the feces. We also maintained single flies in vials without changing the food, allowing the reinfection of the flies, as a control. We maintained these flies during 10 days, and guts extracts were plated in the beginning and in the end of this protocol.

Surprisingly, flies that were kept in cages suffered a dramatic decrease in their gut microbiota after 10 days, changing from  $7.0 \times 10^4$  cfu/gut that were present in the beginning of the protocol to 8 cfu/gut. In contrast, flies that were kept the 10 days in the same vials had an increase in their gut bacteria to  $2.9 \times 10^6$  cfu/gut (**Figure 8**a).

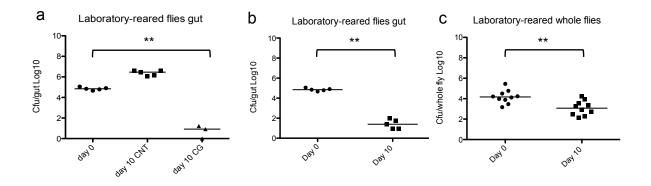


Figure 8 - Drosophila microbiota from laboratory-reared flies is not stable. Total numbers of bacterial colony-forming units (cfu), from flies that were subjected to different aging protocols. (a) Gut microbiota from laboratory-reared flies significantly decreases when flies are aged in cages (day 10 CG) comparing with flies aged in vials without changing (day 10 CNT). Total number of cfu from laboratory-reared guts (b) and whole flies (c), before (day 0) and after (day 10) aging in vials. Both decreases in microbiota from guts (a,b) and whole flies (c) are significantly different with p<0.01 (\*\*). Kruskal-Wallis proceeded by a Kruskal-Wallis multiple comparison test was done (a). Wilcox test was used to compare between day 0 and day 10 (b and c). Each dot represents one gut (a,b) or one fly (c). n=5 for (a,b) and n=10 for (c).

The elimination of almost all the microbiota from the gut, in the flies that were kept in cages with new food, shows that the gut microbiota of laboratory-reared flies is unstable. This decrease was because we avoided the reinfection with the transient bacteria that was being loaded by the food. When they keep feeding on the same food, they are being reinfected by their transient bacteria, causing an increase in bacterial load over age.

This result has never been reported before and may have a big impact in all the studies that are being done in *Drosophila* gut microbiota. Many papers characterized the microbiota community and studied its influence in the fly, without knowing if they were studying the microbiota community that normally colonizes the fly [42], [19], [55], [40]. This can lead to wrong conclusions, depending on the type of question that they were trying to answer. For example, Ren *et al.* reports an increasing in microbiota load over age. This increase is probably because flies are being reinfected with the bacteria from the feces that are in the food, and they do not know if the increase is inside the fly or if the bacteria are growing on the food [42]. This study in the light of these new results has no biologic meaning, they reported an increase in *Drosophila* microbiota load as they could have reported a decrease if they would have kept flies with a different protocol.

This protocol of maintaining single flies per cage is not feasible when we want to do several samples at the same time, due to constrains in cages number and space. We decided to try the same principle but by keeping flies in vials. Single flies were kept per vial and the vials were

changed twice a day because the food area was much smaller than the food from cages (3.8 cm<sup>2</sup>). The same huge decrease in gut microbiota load was verified when flies were subjected to the aging protocol in vials. Gut microbiota significantly decreased from  $7.0 \times 10^4$  cfu/gut to  $2.5 \times 10^1$  cfu/gut (*P*=0.001) (**Figure 8b**). Although by doing this protocol in cages we could achieve a lower microbiota number at day 10, this number was not significantly different from the numbers obtained in the vials at the same day (*P*=0.2). We decided to keep the vials protocol for follow up experiments because we can test more flies at the same time.

We repeated the same experiment to measure the bacteria in the whole fly to observe if, as in the gut, it was also decreasing. The decrease was also significantly different, changing from  $1.5 \times 10^4$  cfu/gut to  $1.2 \times 10^3$  cfu/gut (P=0.006) (**Figure 8c**). Considering that almost all the bacteria disappear from the gut after the protocol, ending just with  $2.5 \times 10^1$  cfu/gut, there must be bacteria persisting outside the gut, as in the reproductive tract and flies' surface, that can explain the difference between bacterial load obtained from guts and from whole flies at day 10. We can explain the higher number of bacteria persisting in the whole fly after the 10 days, because whereas in the gut there is constant food traffic, in the other parts that were also included in the whole fly, the microenvironment is more stable.

When we consider this decrease after the protocol in whole flies, we cannot say if this difference is just due to the bacteria that is disappearing inside the gut, or if can also be explained by some bacteria that is disappearing in fly's surface. To approach this we could have plated instead the whole fly, just the carcass without the gut, to be sure that the difference was not only in the gut.

In contrast to results obtained when we compare whole flies plating versus gut plating (**Figure 7**), where the difference is not significant, here we can see that there are more bacteria outside the gut, because they persist after the aging protocol.

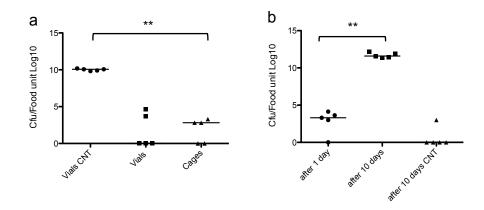
#### 3.2.1. There is a correlation between number of bacteria found on the host and on the food

In laboratory-reared flies, we could observe that there was a huge decrease in the bacterial load when there was an attempt to avoid the reinfection with their own bacteria. In contrast, there was a huge increase when they were kept in the same vials and reinfected with their own bacteria. We measured the bacteria that were present in the last food where flies have been before they were collected at day 10. We analyzed food from cages, from the vials that were changed twice a day and from the control vials that were not changed.

Interestingly, we observed a correlation between bacterial load found in the food and found

inside the host (**Figure 9a**). In flies subjected to the protocol in cages, 8 cfu were found at day 10 in the gut and 667 cfu were found in the food (**Figure 8a** and **Figure 9a**). In flies from the control vials, 2.9x10<sup>6</sup> cfu were found per gut and 1.2x10<sup>10</sup> cfu were found per vial (**Figure 8a** and **Figure 9a**). In flies that were subjected to the protocol in vials, the results proved to be a little different. In the guts, 25 cfu were found per individual at day 10 (with all individuals having bacteria), but we just could found bacteria in 2 from 5 vials where these flies were kept (**Figure 8b** and **Figure 9a**). This could mean that the bacteria that are found inside the guts are indigenous bacteria and are colonizing there, because no bacteria was found in the last vials where the flies have been. However, just bacteria from food were taken into account, there can also be bacteria in the vial wall. We can also consider that the fly had not enough time in that vial to release the gut content.

Finding bacteria in the last batch of food from vials and cages where flies were aged, shows that the protocol is not perfect and that there are bacteria remaining on the food where they are eating. Still, this protocol was sufficient to cause a great impact in laboratory-reared *Drosophila melanogaster* gut microbiota.



**Figure 9** - *Drosophila* microbiota are able to grow in the food. (a) Bacterial load that was found in the food vials (Vials CNT), vials changed (vials) and cages (cages) (b) Laboratory-reared flies were aged during 1 day in vials and bacterial load present in the food was scored when flies were take out (after 1 day) and after the empty vials were incubated during 9 days (after 10 days). Vials that never had flies were also incubated as a control (day 10 days CNT). Bacterial load corresponds to the total number of bacterial colony-forming units (cfu) present per food (see material and methods). Each dot represents one fly or gut. NS – not significantly different; \* - P<0.05; \*\* - P<0.01. Kruskal-Wallis proceeded by a Kruskal-Wallis multiple comparison test was done (a). Wilcox test was used to compare between day 0 and day 10 (b).

#### 3.2.2. Microbiota from laboratory-reared flies grows on the food

From the previous section, we could observe a correlation between the bacterial load found inside the gut and on the respective food. Moreover, we observed an increase on the microbiota from flies that were kept in the same vials, in contrast to what happened with flies where the food was changed. This increase in the bacterial load means that bacteria must be growing somewhere. As they almost disappear from the gut when the fly is not reinfected by its own microbiota, we asked if the bacteria could be growing on the food. To approach this, we put single flies per vial during 1 day and then we took the flies out. Then we incubated the empty vials during 9 days. We measured the bacteria present in the food at these two time-points, after 1 day and after 10 days from the day 0. After 1 day we could find 2x10<sup>3</sup> cfu/food unit and after 10 days 4x10<sup>12</sup> cfu/food unit were found (Figure 9b). These results mean that during the 9 days that the vials were incubated without flies, 10<sup>12</sup> cfu have grown on the food, meaning that bacteria that belong to Drosophila microbiota can actually grow on the food. Vials that never had flies inside were incubated as a control, to be sure that there was no contamination on the food. After 10 days 3x10<sup>3</sup> cfu/food unit were found in 1 from 5 vials. Food is not made under absolute sterile conditions, being possible contaminations with bacteria that are present in the laboratory environment.

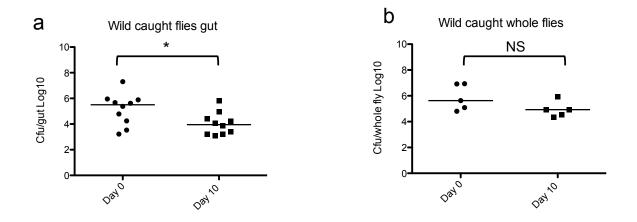
We still do not know which are the bacteria that are growing on the food, but from preliminary data we observed that there was *Acetobacter* sp. growing on the food, the same that is found in laboratory-reared flies' guts (**Figure 6**). It will be interesting to see if the bacteria contamination that was found in one from the five control vials (**Figure 9b**) can be also found inside the guts, particularly after the protocol. If the same bacteria would be found inside the guts from flies that aged in cages or in vials (where the food was changed) at day 10, it would probably mean that they are being contaminated by the food.

A previous study, reported this correlation between the bacterial load that is found inside the gut and on the food [42]. However, they concluded that the microbiota was not growing on the food but inside the fly, because they saw an increase in total number of bacteria in the gut over age. Here, we show that this increase is dependent on how the flies are maintained. Moreover, we show that microbiota from laboratory-reared flies can actually grow on the food, in a flies presence-independent manner.

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# 3.3.Wild caught flies maintain their microbiota community in contrast to laboratory-reared flies

Considering that in nature flies feed on a diversity of rotting fruit and that their microbiota is shaped by their diet [23], we asked whether their microbiota community was stable and colonizing the host or if it was transient and loaded with the food. To approach this we collected wild *Drosophila melanogaster* flies and subjected them to the same protocol. They were collected in sterile traps with the local fruit (rotting figs), to avoid interfering with their natural microbiota. Gut dissections were made in half of the flies that were collected, whereas the other half was subjected to the aging protocol and their gut dissected at day 10 (n=10 for each condition). After aging 10 days they also suffered a significantly decrease in their gut microbiota, from  $4.4 \times 10^5$  cfu/gut to  $9.3 \times 10^3$  cfu/gut (*P*=0.02). However, this decrease is less pronounced than in laboratory-reared flies (**Figure 10a**). Whereas laboratory-reared flies suffered a 2800-fold decrease, wild flies suffered a 47-fold decrease. In addition, the absolute numbers which remain after the protocol are completely different. While in wild caught flies  $9.3 \times 10^3$  cfu/gut can persist in the gut until the end, in laboratory-reared flies just 25 cfu/gut are present at day 10.



**Figure 10** - *Drosophila* microbiota from wild caught flies can persist in higher numbers in the flies. Total numbers of bacterial colony-forming units (cfu), before (day 0) and after (day 10) flies were subjected to different aging protocols. (a) Decrease in gut microbiota from wild caught flies was significantly with P<0.05 (\*). There was no significantly decrease of microbiota from whole wild caught flies (NS). Each dot represents one fly or gut. Wilcox test was used to compare between day 0 and day 10.

These bacteria that remain in wild flies can be persisting and colonizing in the gut, being part of the indigenous microbiota that are able to persist in the host. However, they can also be there because the protocol was not good enough to avoid reinfection by their feces, assuming that they are probably releasing an higher number of bacteria in their feces than laboratory-reared flies, since they had a much higher number also in the beginning. To test this, we could subject the wild caught flies to the aging protocol, but measuring bacterial load over time. If it would decrease in the first days and then stabilize, it would mean that gut bacteria from wild flies could persist in the gut. We could also do the same protocol during more days, to observe if the gut microbiota could still persist. To see if the ability to persist in the gut is due to the bacteria by itself (either behavior or bacteria species present), we will infect axenic flies with these wild flies bacteria that remain in the end. Then, we will do the same protocol to observe if the bacteria can still persist, indicating that the ability to persist relies on the bacteria.

We also did the same protocol measuring bacteria numbers in the whole fly. When wild flies were subjected to aging protocol and the whole flies were plated, there was not a significantly decrease (P=0.15) (**Figure 10b**). The number that was able to persist in the whole wild flies after the protocol was much higher than the number that was able to persist inside the gut ( $8.5 \times 10^4$  cfu/whole fly and  $9.3 \times 10^3$  cfu/gut, respectively). These bacteria can be persisting in the places already mentioned (genitalia and flies's surface), which are more stable microenvironments.

It is expectable that when wild flies bacteria are identified, individual flies collected from nature at day 0 will present more variability between them, in contrast to what happened in laboratory flies, where they showed highly similarity in their gut microbiota composition (**Figure 6**). It will be interesting to observe this variability after the protocol, at day 10. First, to see if the bacteria present in the end of the protocol are different from the ones found in the beginning. If so, transient and indigenous bacteria are different. Whereas transient bacteria were probably eliminated from the gut, indigenous bacteria were able to persist. Second, it will be interesting to access the individual variability after the protocol, to observe if the species that are able to persist are the same between individuals. If so, this could mean that we were able to eliminate the transient species and remain with the *Drosophila melanogaster* symbionts, which can persist in the gut.

All these experiments and bacterial counts were made with a culture-dependent method. To be sure that there is a decrease in the gut microbiota we will have to use a culture-independent technique, to take into account all the bacteria present in the gut, even the ones that cannot be cultivable. This confirmation is particularly important in the gut of laboratory-reared flies since there seems to be almost a complete elimination of gut microbiota. In the future we will use a quantitative PCR targeting 16S rRNA gene, which was already mentioned to be a conserved gene among all the bacteria.

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We have also collected samples of flies subjected to the same aging protocol, both wild caught and laboratory-reared, to the future qPCR approach. We collected whole flies and guts, at day 0 and day 10 and stored them at -20°C. As DNA is going to be extracted from one single fly and one single gut, DNA extractions were already optimized, by using Phenol-Cloroform extraction and by adding glycogen to help in the DNA precipitation, mainly in single guts extraction (**Figure 3S**).

It is very important to confirm these results by using the common laboratory-reared stocks that are normally used for almost all the research that is done in *Drosophila melanogaster* gut microbiota [23], [44], [42], [19], [32]. These stocks are "Oregon-R" and "Canton-S" stocks, which are used since 1920 [58]. These flies are under the laboratory conditions for more than 80 years, which probably altered the microbiota composition that was first present in the flies. In addition, over time, it is likely that flies could have acquired bacteria from the environment and from small contaminations in the food (as we observe to be possible, **Figure 9b**). It is important to study the microbiota stability of these stocks, because their microbiota can be composed just by transient species that are ingested with the food, as it is the case of our laboratory stock. This bacteria can be not representative of the nature bacterial communities, which can leads to incorrect outcomes, as well as it can hides beneficial roles that are found in nature and are absent in laboratory-reared flies.

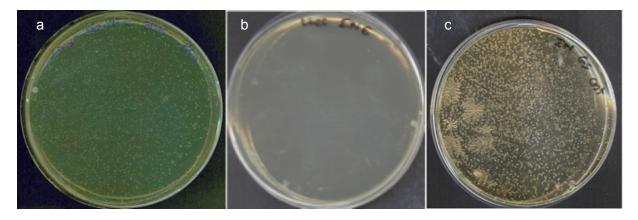
#### 3.4. Establishing conditions to rear axenic flies

In the previous chapter, we could observe that wild caught flies present a more stable gut microbiota community compared with laboratory-reared flies. This ability to persist inside the gut can be due to different things: i) the microbiota community is different between wild and laboratory flies, being the wild gut microbiota the normal symbionts of *Drosophila* that have the ability to persist inside the gut; ii) they can have the same bacteria, but as bacteria from laboratory flies are not exposed to strong selective pressures, they could have lost the ability to persist inside the gut.

To approach these questions, we need to transfer these wild bacteria that remain in the end of the protocol, to laboratory-flies. For this, we established conditions and we raised laboratoryaxenic flies.

Axenic flies were made from the laboratory stock that was used for all microbiota analyses. These flies were made by sterilizing the eggs and raising them under axenic conditions, without the addition of any antibiotics that could interfere with the fly physiology. Microbiota are known to play a key role in the host nutrition [2], which will be crucial in a proper fly development. As

axenic flies do not possess any microbiota community, which are important to the host nutrition, it is important to raise these flies in a rich medium. We tested three different fly food recipes to raise the flies (see **material and methods**). Vienna and Special recipes were better to grow these flies, comparing with Normal recipe used in the lab. The main difference was attributed to yeast used in the first two foods and its absence in the third one. The vials with food were autoclaved to then transfer the sterilized eggs inside. Difficulties were found in autoclaving the vials containing the Special recipe, because the ingredients could not mix again. Therefore, we chose the Vienna recipe to raise axenic flies.



**Figure 11- Axenic flies tested by culture-dependent method.** Non-axenic flies used as a control **(a)**, flies that were axenic developed that are axenic by plating **(b)** and contaminated **(c)**. 3 flies for each condition were homogenized and plated in Liver medium, incubated during 7 days.

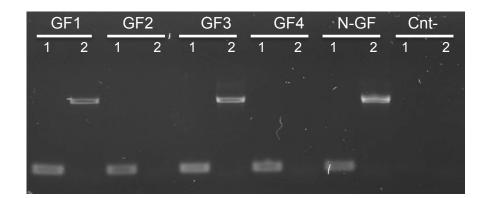
To check the axenic state of these flies, in the first generation after treatment, 3 flies were collected per vial and plated in 4 different nutritive media able to grow bacteria, fungi and yeasts (see **material and methods**). We also collected flies from a control vial, which harbor the normal microbial community.

In **Figure 11** we can observe the results of plating axenic flies. **Figure 11a** shows the control flies that harbour the normal gut microbiota. Whereas some flies that were axenicly raised showed to be bacteria-free by the use of this thecnique, others showed to be contaminated with bacteria (**Figure 11b,c**). This is a quick and not expensive method that allows us to discard contaminated stocks from the ones that do not present bacteria contamination.

This does not prove that the flies are completely germ-free, because it is a culture dependent method and there can be bacteria that cannot grow in culture. A culture independent method was then used, by performing a PCR to the 16s rRNA gene. This protocol is normally used to test the axenic state of animals [42], [19].

As a positive control for the DNA extraction we used the *Drosophila* gene *Rpl32*, a proteincoding-gene involved on the ribosomal structure. Therefore, the DNA extraction must be an extraction that works well for both eukaryotic and prokaryotic DNA. It is important to have the host DNA as a control, because our expected result in axenic flies is an absence of bacterial DNA, so we must have a positive control to know that the DNA extraction worked well. We used four different DNA extractions (see **material and methods**), but just phenol-chloroform extraction worked consistently well to extract both types of DNA. UltraClean<sup>™</sup> Microbial DNA Isolation Kit was not able to extract DNA from eukaryotic cells, probably because it is appropriated to extract prokaryotic DNA (**Figure 4S** in annexs). "Proteinase K" extraction protocol is a common protocol that we use in the lab that works to extract eukaryotic DNA and DNA from the intracellular bacterium *Wolbachia*. However, it was not able to extract DNA from bacteria present in the microbial community (**Figure 5S** in annexs). "DrosDel" and Phenol-Cloroform extract DNA with the minimum number of flies (**Figures 6S** and **7S** in annexs). Phenol-Cloroform showed to be more consistent than "DrosDel" protocol, in extracting bacteria DNA, so it was chosen to test germ-free flies conditions.

PCR was done to all the fly stocks in generation 2 that showed to be axenic in generation 1 from the culturing results (**Figure 11b**). 50% of the stocks that were thought to be clean are actually contaminated with bacteria when we do a PCR to 16S rRNA (**Figure 12**).



**Figure 12 - Axenic flies tested by culture-independent method.** PCR was done to Rpl32 (1) and to 16S rRNA (2). GF1-GF4 are stocks that were axenic by culture-dependent method. GF1,GF3 are contaminated with bacteria and GF2, GF4 are axenic when we do the PCR. N-GF are non-axenic flies used as a control. DNA extraction was done without DNA (Cnt-)

These results highlight the importance of testing the axenic state of the fly by a cultureindependent method, considering that there are flies that seem to be axenic by culturedependent methods but in the reality are contaminated with bacteria. However, this does not discards the importance of testing by culture. In one case that is not shown here, flies seemed axenic by PCR but when they were tested by culture, fungi grew in the culture medium. It is important to test these flies with primers for fungi genes in the future as well. To raise axenic flies, it is important to choose a very rich and nutritive food, because microbiota are not present to help on the host nutrition. A recent study shows this importance, by reporting that axenic flies have an abnormal development and lower body size when they are raised in a poor-diet medium. When they are raised in a rich medium this problem is less pronounced.

## 4. Concluding remarks

Several studies aim to characterize the microbial community and understand how they influence its host. Some studies have been showing that there are differences in the microbiota between insects from the wild and from the laboratory. If the laboratory-reared insects do not have a representative microbiota of the wild insects, this can became a problem for all the studies that try to characterize the role of the microbiota on the host.

Recently, two studies have shown this concern [23], [32]. They reported that there is lowdiversity associated with the gut microbiota of *Drosophila melanogaster* and that the microbial community found in laboratory-reared flies is different from wild caught flies.

Here, through a protocol that we developed that prevents the reinfection of the flies with their transient bacteria, we show that laboratory-reared flies gut microbial community is not stable. Surprisingly, laboratory-reared flies almost lost all their microbial community that was present in the gut. In contrast, wild caught flies were able to maintain a more stable population inside the gut.

Laboratory flies are under laboratory conditions for many years. The standard food that is administrated to these flies has probably modified the gut microbiota composition that was first present when flies were caught. Also, in the laboratory there are not very strong selective pressures, in contrast to what happens in nature, where flies are constantly exposed to several microorganisms, including opportunistic pathogens. In fact, bacteria present in the gut are involved in the colonization resistance mechanism, in which they limit the ability of these pathogens to colonize the gut [9]. We can consider the possibility that the microbiota community of laboratory-reared flies could have lost the ability to colonize the host, because it is not advantageous under laboratory conditions.

The protocol here developed can also be used to isolate possible natural pathogens of *Drosophila melanogaster*. As we mentioned above, bacteria present in the gut are involved in limiting the colonization from external pathogens. We observed that by preventing the reinfection from the food in wild caught flies, the number of gut bacteria also suffered a decrease. If the flies that are collected from the wild are already infected with a pathogen, this pathogen can be able to proliferate and cross the hemolymph barrier, when gut microbiota start to decrease. We can isolate bacteria that remains in whole flies after the protocol and test them as potential pathogens of *Drosophila melanogaster*.

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We show that microbiota from laboratory flies depend on the conditions in how flies are maintained. In addition, it was also previously mentioned that microbiota community influences several aspects on the host, particularly the host nutrition and immunity. If we disrupt the normal microbiota present in the gut, this can leads to severe outcomes on the host physiology. Therefore, it is important to normalize in all the research studies that are done in *Drosophila melanogaster*, the conditions where flies are maintained, even if the study is not directly with the microbial community. This way, we are minimizing the variability that we could obtain in the results, or even avoiding some results that would be inexplicable.

This study highlights the importance of identifying the indigenous microbial flora. Understanding the influence of microbiota on its host without knowing if they are actually colonizing the host can lead to incorrect conclusions, as well as it can hide the roles that they have in nature and can be absent in laboratory-reared flies.

However, it is possible that even transient microbiota have an influence in the host. Still, we cannot do extrapolations of the true biological role that they may have in nature, because the microbiota community and their behavior can be completely different.

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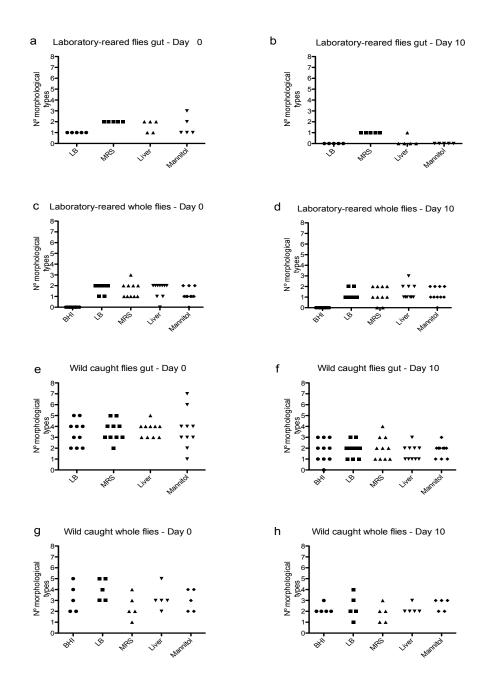
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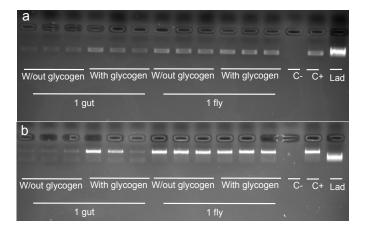
#### Annexs



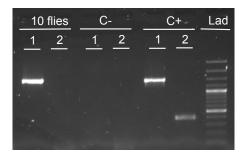
**Figure 1S - Bacteria diversity in different culture media.** Number of different morphological types found per individual, present in different media (BHI, LB, MRS, Liver and Mannitol) before and after the aging protocol (Day 0 and Day 10, respectively). Laboratory-reared flies' guts (a,b) and whole flies plating (c,d) and wild caught flies' guts (e,f) and whole flies plating (g,h). Each dot represents one fly or one gut. BHI experiments from **a**, **b** and **e** were not recorded due to a contamination.



**Figure 2S - Cage where laboratory-reared flies were aged.** Cage with 6 plates containing food, with a total of 486.3cm<sup>2</sup> food area surface. 5-days old single flies were put per cage during 10 days.



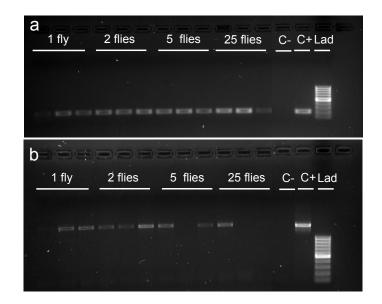
**Figure 3S – Single gut and single fly DNA extraction.** Single guts and single flies were extracted with Phenol-Cloroform DNA extraction. PCR was done to amplify Rpl32 gene (**a**) and 16S rRNA gene (**b**). The extraction was done with glycogen addition (with glycogen) and without (W/out glycogen), to compare the differences. n=3 to each condition. A negative control without DNA in the extraction (C-) and a positive control with 10 flies in the extraction (C+) were done. 100pb DNA ladder was used (the gel was not allowed to run sufficient time to separate the ladder, because we just wanted to see presence or absence of bands).



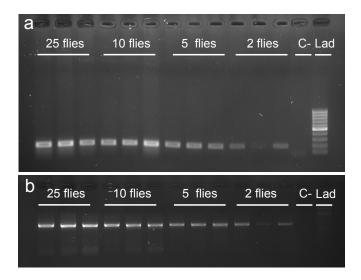
**Figure 4S – DNA extraction with UltraClean Microbial DNA Isolation Kit.** DNA extraction was done with UltraClean Microbial DNA Isolation Kit and PCR was done to amplify 16S rRNA gene (1) and Rpl32 gene (2). The extraction was done to 10 flies. The extraction does not work to extract Rpl32 (10 flies, 2). A negative control was done without DNA in the extraction (C-) and a positive control was used in the PCR to amplify 16S rRNA gene and Rpl32 gene (C+), which correspond to 10 flies containing Wolbachia that were extracted with Protainase K extraction protocol. Ladder 1Kb was used.



**Figure 5S – DNA extraction with "Proteinase K" protocol.** DNA extraction was done with "Proteinase K" DNA extraction protocol and PCR was done to amplify 16S rRNA gene. The extraction was done with 10 flies. The extraction did not work to extract 16S rRNA gene from bacteria present in flora (1). A negative control was done without DNA in the extraction (C-) and a positive control was in the extraction, with flies carrying *Wolbachia* (intracellular bacteria) (C+). 1Kb DNA Ladder was used.



**Figure 6S – DNA extraction "DrosDel" protocol.** DNA extraction was done with "DrosDel" DNA extraction protocol and PCR was done to amplify Rpl32 gene (**a**) and 16S rRNA gene (**b**). The extraction was done with 1, 2, 5 and 25 flies (n=3 for each). A negative control was done without DNA in the extraction (C-) and a positive control was done to amplify both genes in PCR, with flies containing *Wolbachia* extracted with Proteinase K protocol (C+). 100pb DNA Ladder was used. 1KB DNA Ladder should have been used in b.



**Figure 7S – DNA extraction with Phenol-Cloroform protocol.** DNA extraction was done with Phenol-Cloroform DNA extraction protocol and PCR was done to amplify Rpl32 gene (**a**) and 16S rRNA gene (**b**). The extraction was done with 25, 10, 5 and 2 flies (n=3 for each). A negative control was done without DNA in the extraction (C-). 100pb DNA Ladder was used.