

**Feedback Interactions between Dendritic Cells and CD8<sup>+</sup> T Cells during the Development  
of Type-1 Immunity**

by

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Submitted to the Graduate Faculty of  
School of Medicine in partial fulfillment  
of the requirements for the degree of  
Doctor of Philosophy

University of Pittsburgh

2007

UNIVERSITY OF PITTSBURGH

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# **Feedback Interactions between Dendritic Cells and CD8<sup>+</sup> T Cells during the**

## **Development of Type-1 Immunity**

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University of Pittsburgh, 2007

CD8<sup>+</sup> T cell responses are crucial for immunity against intracellular infections and can mediate tumor regression. While CD8<sup>+</sup> T cells are widely recognized as cytolytic effector cells (cytolytic T cells; CTLs), little is known about their immunoregulatory functions and their impact on dendritic cells (DCs). A similar area of controversy is the role of DC in regulating the induction of CD8<sup>+</sup> T cell effector functions and CD8<sup>+</sup> T cell memory. This dissertation addresses the impact of bidirectional communication between DCs and CD8<sup>+</sup> T cells, during different phases of the immune response, upon the functions of both these cell types.

In order to reconcile the apparently contrasting notions that CD8<sup>+</sup> T cells perform both “suppressor” and “helper” functions, I compared the DC-modulating activity of CD8<sup>+</sup> T cells at different stages of activation. I observed that DC-killing and DC-activating (and protective) functions are exerted sequentially by activated CD8<sup>+</sup> T cells. In contrast to the effector cells that kill DCs in a granzyme B/perforin-dependent manner, memory CD8<sup>+</sup> T cells promote IL-12 production in DCs and support CD4<sup>+</sup> and CD8<sup>+</sup> T cell responses. Moreover, memory CD8<sup>+</sup> T cells instruct DC to over-express granzyme B inhibitor PI-9, protecting them from elimination by CTLs. I observed that the inclusion of “heterologous” CD8<sup>+</sup> T cell epitopes in cancer vaccines, promoting the interaction of vaccine-bearing DCs with large numbers of tumor-unrelated CD8<sup>+</sup> T cells, strongly enhances the immunologic and therapeutic activity of vaccination against established tumors that are resistant to standard vaccines.

Since the character of the vaccination-induced CD8<sup>+</sup> T cells is important for the efficacy of cancer immunotherapy, I have analyzed the role of DCs in influencing the cytolytic function and

peripheral tissue-homing ability of CD8<sup>+</sup> T cells. I observed that short-term-activated “inflammatory-type” DCs, capable of producing high levels of IL-12 and other pro-inflammatory cytokines, support induction of cytotoxic function and a switch from lymphoid to peripheral chemokine receptors in CD8<sup>+</sup> T cells. In contrast, “exhausted” DCs matured for extended periods of time or matured under the influence of the mediators of chronic inflammation, favor CD8<sup>+</sup> T cell expansion alone without acquisition of effector functions.

Collectively, the findings presented in this dissertation broaden our understanding of the feedback circuitry between CD8<sup>+</sup> T cells and DCs and will help us to design improved vaccines against cancer and chronic infections.

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## PREFACE

I would like to sincerely thank my mentor, Pawel Kalinski, for his unwavering support and guidance throughout my tenure in laboratory. Your infectious passion and enthusiasm for science has always been a source of inspiration for me. Thank you for giving me the freedom to work on all the crazy observations and for being patient and optimistic about my work.

I would also like to thank my committee members Drs Walt Storkus, Lisa Butterfield, Todd Reinhart, Albert Donnenberg and Charles Rinaldo for their suggestions and critique that helped shape this dissertation.

I would like to thank all the past and present members of the lab. Thanks to *Robbie*, *Adam* and *Yutaro* for spending time training me (sharing secrets of growing the best dendritic cells!!), for the countless discussions on how it all may work in the body and taking care of my cultures during my west-coast trips. Thanks Julie, Erik, Rachel, Ravi and Jejung for your timely help, support and encouragement (especially during times when nothing seemed to work...).

Finally none of this would have been possible without unflinching support and encouragement from my family and friends. My parents Bakulesh and Hema and my brother Premal have played a profound role in my life. Their unconditional support and optimism during my unexpectedly long educational journey has helped me realize my dreams.

I am really indebted to Kiran, for making this whole experience so much more enjoyable and fun. Thank you for being patient, understanding, and for guiding me throughout this experience.

## 1 INTRODUCTION

CD8<sup>+</sup> T lymphocytes are an important component of a host's immune response to intracellular infections and malignant tumors. CD8<sup>+</sup> T cells use multiple cytotoxic effector mechanisms such as perforin/granzyme and Fas-FasL to mediate the elimination of infected and transformed cells (1, 2). In addition, CD8<sup>+</sup> T cells exert non-cytotoxic effector pathway through the release of effector cytokines such as IFN $\gamma$  and TNF $\alpha$  that block viral gene expression, recruit and activate macrophages and NK cells and upregulate antigen processing machinery and MHC expression in the infected cells(3, 4). Once a primary infection is resolved or brought under control, progeny of antigen-specific CD8<sup>+</sup> T cells develop into memory CD8<sup>+</sup> T cells. These memory cells have the ability to rapidly regain effector functions when re-exposed to antigen, thereby providing long-lasting protective immunity. The generation of a robust CD8<sup>+</sup> T cell response involves priming of naïve CD8<sup>+</sup> T cells by dendritic cells (DCs), the professional antigen presenting cells of the immune system. Activated DCs can provide naïve T cells with antigen-specific T cell activating “signal 1”, costimulatory “signal 2” determining the magnitude of immune response and polarizing “signal 3” obtained from the peripheral environment activating the DCs and in turn affecting the character of the immune response. It is the dynamic interaction between naïve CD8<sup>+</sup> T cells and dendritic cells (DCs) that lead to generation of effector and memory CD8<sup>+</sup> T cells.

Until recently, the biology of CD8<sup>+</sup> T cells was focused on elaborating their role as cytotoxic effector cells in different infection models. Many questions remained unanswered

about the role of effector and memory CD8<sup>+</sup> T cells in regulating the immune response. In this dissertation, we investigate the functional impact of positive and negative feedback signals arising from memory and effector CD8<sup>+</sup> T cells on the magnitude and quality of DC-mediated immune responses. While the pathway of generation of effector and memory cells has been studied extensively, the models that have been proposed are apparently conflicting with regard to lineage relationship between effector and memory subsets. I attempt to address this problem and have focused on the conditions of DC maturation as a determining factor for regulating the acquisition of effector functions and tissue-homing ability. Before presenting a detailed exposition on the immunoregulatory functions of CD8<sup>+</sup> T cells and the influence of DC maturation on the differentiation of CD8<sup>+</sup> T cells, I briefly summarize the diverse functions of CD8<sup>+</sup> T cells performed in the course of an immune response.

## **1.1 CD8<sup>+</sup> T LYMPHOCYTES AS CYTOLYTIC EFFECTOR CELLS**

Several studies collectively suggest that activation and expansion of naïve CD8<sup>+</sup> T cells can be initiated by a brief exposure to antigen (5, 6) (7, 8). For example, a two hour exposure of CD8<sup>+</sup> T cells to antigen *in vitro* is sufficient to induce proliferation and 24 hours of antigen exposure *in vivo* is sufficient to drive multiple rounds of divisions and induction of effector and memory populations. In addition to antigen, other signals such as inflammatory cytokines induced either by pathogen itself or by immunization in the presence of strong adjuvants can influence the differentiation program. The outcome of CD8<sup>+</sup> T cell differentiation program is the acquisition of cytolytic function and peripheral homing ability, and we discuss the regulation of these two aspects in the following subsections.

### 1.1.1 Role of signal 3 in development of effector functions

Previous studies have shown that generation of effective immune response against antigen requires co-injection of molecules with adjuvant activity (9). Adjuvants serve as danger signals, and the immune system has evolved to recognize and respond to such signals that indicate infection or cell damage (10, 11). Microbial stimuli (12) as well as pathogen-induced factors such as IFN $\gamma$  and PGE $_2$  (13) can modulate the DC derived T-cell-polarizing signals (signal 3) such as IL-12 family members and type 1 interferons (13).

Both human *in vitro* and mouse *in vivo* studies have demonstrated that naïve CD4 $^+$  T cell differentiation can be uncoupled from proliferation (14-16). The absence of *T-cell-polarizing signal 3* during the priming of naïve CD4 $^+$  T cells resulted in CD4 $^+$  T cell proliferation alone without differentiation into Th1 or Th2 pathway. While detailed study for CD8 $^+$  T cells has not been done, there is increasing evidence suggesting the role of signal 3 in the development of cytolytic function. The study from Mescher's group indicates that exposure of naïve CD8 $^+$  T cells to artificial APC (antigen and B7) and IL-12 enhances T cell cytolytic function compared to T cells stimulated in the absence of IL-12 (17, 18). *In vivo* studies with peptide immunization demonstrated that IL-12 worked as good as CFA in promoting full activation of CD8 $^+$  T cells (19). Another inflammatory cytokine involved in promoting CD8 $^+$  T cell expansion and survival is type I IFN (20). In addition, data from a human clinical trial using a combination of ALVAC vaccine and high dose IFN $\alpha$  also indicated the role of IFN $\alpha$  in the development of CTL function. The patients receiving high dose IFN $\alpha$  treatment following ALVAC vaccine showed enhanced *in vitro* anti-tumor responses and tumor regression *in vivo* (21). Together these observations suggest that in addition to antigen and co-stimulation, a third signal is required to induce a

complete differentiation program in CD8<sup>+</sup> T cells. Pathogen or pathogen-derived product can act on DCs and induce the release of cytokines (IL-12, IFN- $\alpha/\beta$ ) which function as third signal, consequently making DCs a crucial link in the development of effector T cell responses.

### **1.1.2 Role of dendritic cells in the development of T cell effector functions**

There are distinct DC subsets in both mouse and human and each subset exhibits a unique set of pathogen-recognition receptors (PRRs) allowing them to interact with distinct classes of pathogen. Several studies have shown that not all DCs are equally effective in inducing T cell differentiation. For example, results from mouse studies suggest that CD4<sup>+</sup> T cell differentiation is dependent on the subset of DC involved in priming (22)(23). It has been shown that the high IL-12 producing CD8 $\alpha$ <sup>+</sup>DCs and lymphoid-related DC subset CD11c<sup>+</sup>CD11b<sup>dull</sup> drive Th1 development while CD8 $\alpha$ <sup>-</sup>DCs and myeloid-related DC subset CD11c<sup>+</sup>CD11b<sup>bright</sup> induce Th2-type responses.

In addition to the intrinsic differences between subsets of DCs in their capacity to induce CD4<sup>+</sup> T cell differentiation towards Th1 and Th2 pathway, results from *in vitro* human experiments have shown that different levels of DC maturation can influence the levels of IL-12 production (14) and the outcome of T cell priming (15). Indirect evidence of the impact of DC maturation on CD8<sup>+</sup> T cell priming comes from *in vivo* mouse experiments involving immunization with live versus heat-killed or inactivated virus (24, 25). The use of inactivated virus was shown to be associated with reduced level of DC maturation, resulting in the inability to develop protective immunity to influenza (26). These results are likely to be explained by several phenomena: reduced TLR-mediated activation of innate immune responses (27), reduced TLR-mediated activation of DCs, insufficient DC maturation resulting in reduced expression of



CD80, CD86, CD40, MHC Class II and reduced production of IFN $\gamma$  (25, 28, 29). Taken together, these observations imply that the extent of DC maturation qualitatively affects the pattern of T cell differentiation. Taking cues from these studies, I have developed an *in vitro* model that allows us to study the influence of degree of DC maturation (acute activation vs. chronic activation) on the development of CD8<sup>+</sup> T cell effector function and the generation of .memory population.

### **1.1.3 Regulation of peripheral-type chemokine receptors on effector CD8<sup>+</sup> T cells**

The differentiation program of CD8<sup>+</sup> T cells induces two key changes: a) equips the cells with the necessary armament needed to perform effector functions and b) programs the cells to leave the lymph node (LN) and migrate appropriately to peripheral sites to carry out effector functions. Inflammation induced trafficking of effector cells requires imprinting of the information needed for migration, i.e. up-regulation of inflammatory chemokine receptors on T cells, to occur concurrently with activation of T cells.

While the exact mechanisms by which DCs regulate a switch in the T cell's responsiveness to LN-associated and peripheral tissue-associated chemokines is unclear, previous studies have shown that DCs act as source of signals that regulate the pattern of T cell migration. In mouse, DCs from Peyer's patches and mesenteric lymph nodes induce gut homing capacity in CD8<sup>+</sup> T cells whereas DCs from skin draining lymph node imprint skin homing-specific selectin ligands and chemokine receptors (30). These results demonstrate the role of DCs in influencing the expression of chemokine receptors, but it remains unclear how different levels and modes of DC maturation affect chemokine receptor programming.

## **1.2 IMMUNOREGULATION BY EFFECTOR CD8<sup>+</sup> T CELLS**

Cytotoxicity is a defining characteristic of the effector CD8<sup>+</sup> T cells (31). Although previous studies indicate suppressor activity for CD8<sup>+</sup> T cells, the mechanism for such immunoregulatory function remains unclear (32, 33). One of the early experiments on suppressor activity studied the feed-back suppression by effector T cells as a way of regulating the primary response to ectromelia virus infection (34). More recent studies using mouse infection models (*Listeria*, LCMV, malaria and HSV) demonstrate that activated CD8<sup>+</sup> T cells limit the CTL response by regulating the duration of antigen display (35, 36). This self-limiting feature of activated CD8<sup>+</sup> T cell operates in murine models through elimination of DC in a perforin-dependent manner (37), although other mechanisms such as Fas-FasL mediated killing and the involvement of NK cell-like receptors NKp30 and NKp46 cannot be ruled out. The site of DC killing is debatable. Depending on the experimental setup both inflamed lymph nodes and peripheral tissues have been proposed to be the sites of DC killing (37, 38). Understanding the relation of CTL-mediated DC killing to the generation of secondary immune response will aid in designing vaccines for chronic infections and cancer.

## **1.3 DUAL ROLE OF EFFECTOR CD8<sup>+</sup> T CELLS**

The cytolytic activity of effector CD8<sup>+</sup> T cells has two important roles: it is essential for the overall level of immunity by directly eliminating the infected or transformed cells, and also for suppressing immune responses by eliminating the antigen-carrying DCs. In this dissertation, I

will explore the mechanism of the regulatory function of cytolytic effector CD8<sup>+</sup> T cells and will analyze how DCs can resist such an attack.

#### **1.4 TCR-INDEPENDENT FUNCTIONS OF PRIMED CD8<sup>+</sup> T CELLS**

CD8<sup>+</sup> T cells are not generally associated with innate immune response and execute their effector functions only upon TCR triggering. Interestingly however, recent observations in murine infection models (*Listeria*, *Shigella*, *Burkholderia*) suggest the involvement of primed CD8<sup>+</sup> T cells in early phases of the innate immune response in a non-TCR dependent manner (39,40, 41). Direct evidence from the *Listeria* infection model indicate that TCR-independent but cytokine-mediated secretion of IFN $\gamma$  by memory CD8<sup>+</sup> T cells can provide early protection against LM (42). Early innate response of CD8<sup>+</sup> T cells is induced by the concerted action of IL-12 and IL-18, both of which are secreted early on in the infection by infected macrophages and DCs (43, 44). Moreover, primed CD8<sup>+</sup> T cells have been shown to upregulate the receptors for IL-12 and IL-18 (45). Since the ability of primed CD8<sup>+</sup> T cells to participate in the innate response can be important for immunopathology and therapy, my objective in this thesis is to understand the regulatory mechanism of non-TCR inducible functions, and study their influence on promoting the local immune response.

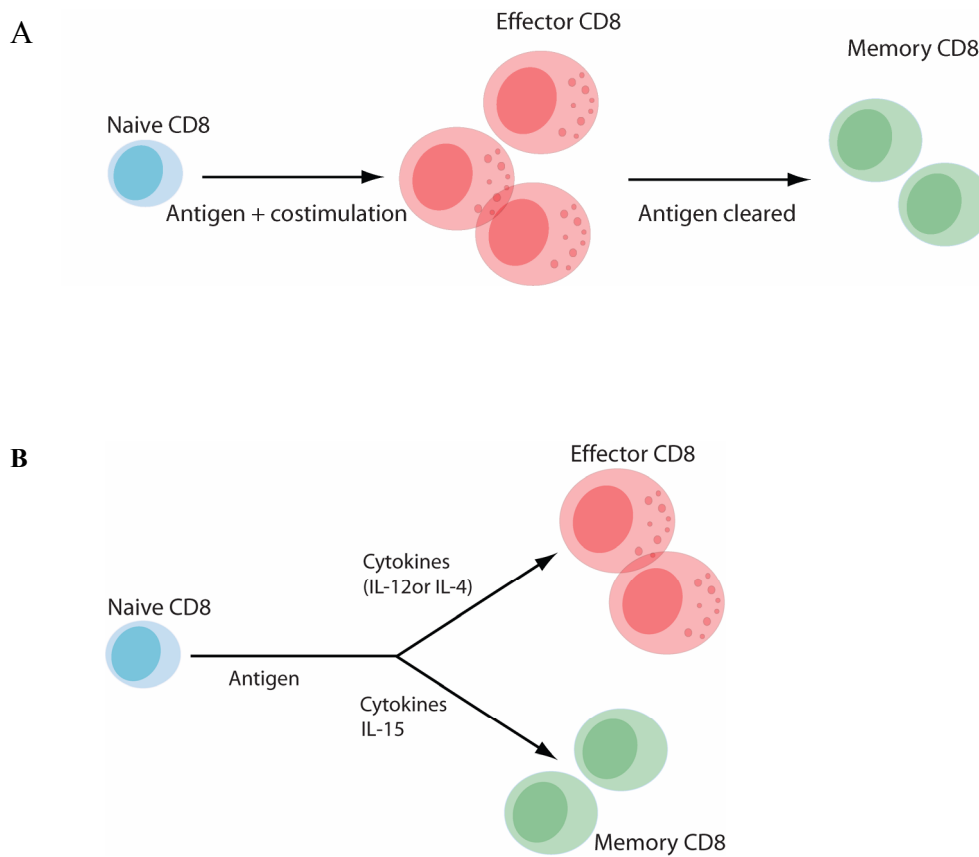
## 1.5 IMMUNE MEMORY AND MEMORY CD8<sup>+</sup> T CELLS

CD8<sup>+</sup> T cells perform different functions at different time points of the immune response. Following the effector stage of the immune response, CD8<sup>+</sup> T cells progress towards a period of quiescence and homeostatic proliferation, leading to the development of a memory population.

Memory CD8<sup>+</sup> T cells are the antigen-experienced cells and are crucial for the success of T-cell based protective vaccination strategies. The cardinal features of memory CD8<sup>+</sup> T cells include their ability to persist over prolonged periods of time and to rapidly regain effector functions upon re-exposure to the same antigen (46, 47). Two questions essential for vaccine-related research are: a) identifying mechanisms by which memory CD8<sup>+</sup> T cells are formed and maintained over long periods of time and, b) the mechanism of their contribution to secondary immune responses.

Much effort has been devoted to understanding the differentiation pathway from naïve to memory CD8<sup>+</sup> T cells. Several conflicting models have been proposed to explain the T-cell differentiation. The first is a linear progression model (**Fig.1.1A**), where CD8<sup>+</sup> T cells differentiate from naïve to effector to memory CD8<sup>+</sup> T cells (48, 49). According to this model, memory cells represent the progeny of the effector cells that escape Activation Induced Cell Death (AICD). This model has been supported by data from adoptive transfer experiments using TCR transgenic CD8<sup>+</sup> T cells. The second is a branched model of CD8<sup>+</sup> T cell differentiation (**Fig. 1.1B**), where memory and effector cells simultaneously develop from a common precursor, but as separate lineages (50). Recent observations from Chang *et al* (51) provide a potential mechanism for the branched model of differentiation. Following a sustained interaction between naïve T cell and DCs, naïve T cells undergo an asymmetric first division giving rise to proximal daughter cell which can potentially receives more antigen and costimulation compared to the

distal cell. Accordingly the first proximal daughter cell could represent effector lineage while distal daughter cell can be poised to give rise to memory cells.

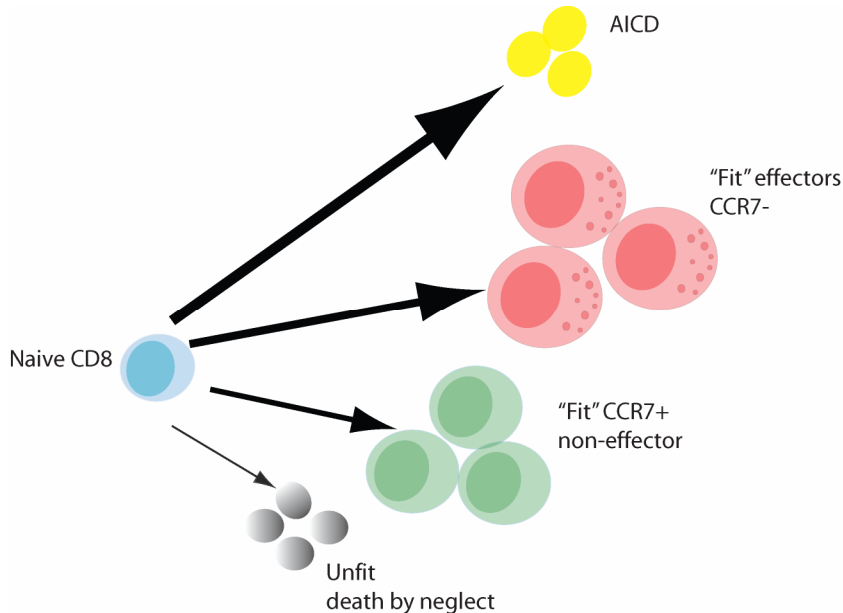


**Figure 1.1 Linear progression and branched model of CD8<sup>+</sup> T cell differentiation (based on (49, 50).**

(A) According to the linear model of differentiation, memory T cells are derived from effector cells that escape AICD and revert to quiescence state. (B) According to the branched model of differentiation, the duration of antigenic stimulation and type of cytokines present during priming lead to differentiation either into effectors cells or memory cells.

The progressive differentiation model was developed by Lanzavecchia and colleagues by incorporating signal strength as the factor governing differentiation of T cells (52) into effector or memory pathway. According to this model (**Fig. 1.2**), depending on the strength of TCR and costimulatory signals, responding T cells acquire effector functions, tissue-homing receptors and

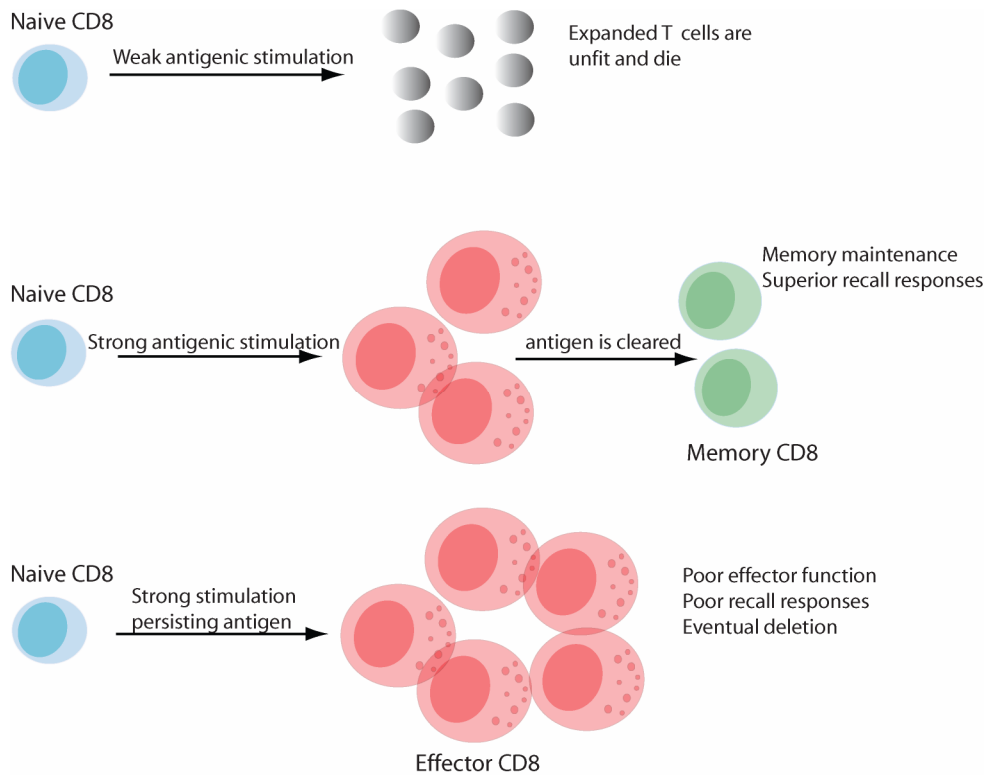
responsiveness to homeostatic cytokines. While high signal strength allows acquisition of effector functions and gain of tissue-homing capacity, low signal strength results in retention of lymph node homing capacity without induction of effector functions.



**Figure 1.2 Progressive differentiation model for CD8<sup>+</sup> T cells (based on (52)).**

Hierarchical thresholds of signal strength induce naïve CD8<sup>+</sup> T cells to proliferate, acquire effector functions and to change their migratory capacity. The increasing signal strength is depicted by the increasing thickness of the arrow. At the increasing strength of stimulation, the responding T cells proliferate, acquire responsiveness to homeostatic cytokines, develop effector functions and lose lymphoid homing receptor (CCR7).

Similar to the signal strength-based model (52), *in vivo* observations using the model of chronic viral infections (53) resulted in formulation of the Goldilocks model of T cell differentiation (**Fig. 1.3**). According to this model, weak stimulation leads to expanded T cells that are unfit and rapidly die while strong stimulation allows differentiation of CD8<sup>+</sup> T cells and the development of memory cells. Furthermore, prolonged or very strong stimulation causes aberrant differentiation of cells without the development of memory cells.



**Figure 1.3 Goldilocks model for CD8<sup>+</sup> T cell differentiation (based on (53)).**

Weak antigenic stimulation leads to limited CD8<sup>+</sup> T cell expansion and poor memory development and attrition of unfit cells. Optimum memory development is favored when conditions are just right; that is strong antigenic stimulation leads to T cell proliferation and differentiation into tissue-homing effectors. Upon antigen clearance, the fittest expanded cells survive as central-memory and effector memory T cells. Chronic antigen exposure drives continuous proliferation of T cell and differentiation into effectors. The effector T cells progressively lose the ability to secrete cytokines and eventually get eliminated.

While these models explain the pathway of CD8<sup>+</sup> T cell differentiation, there are two parameters that are not explicitly taken into account in any of these models. The first parameter is the inflammatory milieu associated with differentiation of CD8<sup>+</sup> T cells. The second parameter is the time-point of the interaction of CD8<sup>+</sup> T cells with antigen presenting cells, and the potential difference in the outcome of priming occurring during early stages of infection

(antigen, costimulation, and inflammatory milieu) versus late stages of infection (antigen and inflammatory milieu disappearing).

### **1.5.1 Inflammation and development of memory CD8<sup>+</sup> T cells: an inverse relation**

There is increasing evidence suggesting an inverse correlation between the level of inflammation and development of memory CD8<sup>+</sup> T cells (48, 54). Indirect evidence from mouse studies reveals the need for early inflammation following infection or DC immunization in order to generate a robust effector response. The antibiotic treatment (after infection), reducing the active phase of pathogen activity and the level of resulting inflammation (55) (56), has been shown to accelerate the formation of CD8<sup>+</sup> memory T cells in mouse. Depending on the nature of infection - acute versus persistent, varying differentiation phenotypes of CD8<sup>+</sup> T cells have been observed in humans. Following an acute infection characterized by transient inflammation, such as influenza or measles, long-lasting memory population of CD8<sup>+</sup> T cells is generated (57). In contrast, chronic infections such as CMV and HCV result in persistent inflammation and reduced development of functional memory cells (58). The involvement of inflammation in differentiation of CD8<sup>+</sup> T cell is also reflected in the results from several of the human cancer immunotherapy trials (59), where most DC- or peptide-based vaccinations induce massive expansion of tumor-specific CD8<sup>+</sup> T cells but modest induction of effector functions. More work is certainly required to broaden our understanding of the relationship between inflammation and generation of the memory population.



### 1.5.2 Novel function of memory CD8<sup>+</sup> T cells

*Antigen-experience* gives memory CD8<sup>+</sup> T cells, a unique ability to mediate rapid, stronger, and more effective response to secondary pathogen challenge than naïve cells. Protective immune memory can persist for years after initial antigenic exposure, in humans CD8<sup>+</sup> memory T cells can be maintained for up to 75 years after vaccination (60). Memory CD8<sup>+</sup> T cells are less dependent on co-stimulation and cytokines to reacquire effector functions, which partly explains their ability to respond to the pathogens more rapidly than naïve cells. Moreover, the ability of memory CD8<sup>+</sup> T cell to recognize the pathogen and secrete cytokines before the onset of infection-induced inflammation and damage can potentially be used as a *warning sign* and as an alternate source of pathogen information. The information directly provided by the pathogen through PRR is misleading for the immune system in certain instances for example; both *Candida albicans* and *Bordetella pertussis* use TLR2 signaling as an escape strategy to induce DC production of IL-10, resulting in the development of antigen-specific Tregs.

In contrast to the effector cells, memory cells have been shown to lack immediate DC-killing activity and there is no direct evidence that demonstrates the particular role of memory CD8<sup>+</sup> T cells in immunoregulation. However, observations from mice and human studies suggest that prior infection influences the character of the immune response generated by subsequent infection. For example, mice infected with murine helminth *Heligmosomoides polygrus* prior to infection with *Helicobacter felis* have significant reduction in gastric expression of type 1 cytokines such as IFN $\gamma$  and TNF $\alpha$  and higher expression of IL-4, IL-10 and TGF $\beta$  (61). There are several examples of human infections that can modulate the immune response elicited to subsequent infection, for example helminthic infections are associated with suppressed IFN $\gamma$

responses to tuberculin antigen (62). Similarly, infections with mycobacteria, measles virus or gastrointestinal pathogens have all shown to be inversely correlated with the risk of atopy and IgE-dominated responses to different allergens (63-65). These observations suggest the possibility of immune system learning from past infections and using that information to modulate subsequent immune responses. My objective in this dissertation is to explore the role of memory CD8<sup>+</sup> T cells and DCs in this learning process.

### **1.5.3 DC as mediator of CD8<sup>+</sup> T cell dependent immunomodulation**

Dendritic cells are optimally positioned at the anatomical sites of potential pathogen entry allowing them to sense and capture the antigenic material (66). In addition, DCs are flexible mediators of environmental signals and the only cell type that is capable of effectively priming naïve T cells in the lymph nodes (67). Since DCs are both the carriers of pathogenic information and the orchestrators' of immune response, I explore the idea of memory CD8<sup>+</sup> T cells using their own antigen experience to *educate* the DCs about the pathogen location (extracellular or intracellular) and what effector mechanism to use to eliminate pathogen rather than what the specific pathogen may be. As discussed in the dissertation, this education ensures that the immune response initiated by DCs matches the character of pathogen and not pathogen-associated features.

## 1.6 SCOPE OF THIS DISSERTATION

The scope of this dissertation is to identify the immunoregulatory roles of effector and memory CD8<sup>+</sup> T cells in the development of DC-mediated immune responses and the role of DC in development of effector and memory CD8<sup>+</sup> T cells.

The mouse model of DC-based cancer vaccination described in **Chapter 2** was designed to segregate regulatory functions of CD8<sup>+</sup> T cells from their effector activities *in vivo*. We were able to demonstrate that regulatory *suppressor* and *helper* functions represent sequential phases of CD8<sup>+</sup> T cell responses to peptide antigens. Our data demonstrate the ability of resting CD8<sup>+</sup> memory T cells to act as helper cells, providing DC-mediated helper signals that support the development of functional CTL responses. The current results show that the inclusion in cancer vaccines of “heterologous helper epitopes”, promoting the interaction of DCs with high numbers of tumor-unrelated memory-type CD8<sup>+</sup> T cells, enhances the immunologic and therapeutic effectiveness of vaccination against established tumors. In **Chapter 3**, I used human *in vitro* models to study the mechanisms of the effector CD8<sup>+</sup> T cell-mediated *suppression* and memory CD8<sup>+</sup> T cell-mediated *helper function* during the *de novo* development of functional CTL and Th1 responses in naïve populations of CD8<sup>+</sup> and CD4<sup>+</sup> T cells. My data demonstrate that the helper function of memory CD8<sup>+</sup> T cell includes promoting the survival and type-1 polarization of DCs and with TNF $\alpha$  and PI-9 (endogenous granzyme B inhibitor) being two key factors.

In **Chapter 4**, I focus on the role of the timing of DC activation and the role of IL-12 and other DC-related factors in inducing the cytolytic versus non-cytolytic pathways of differentiation of naive CD8<sup>+</sup> T cells. In addition, I test whether the switch in the expression of central and peripheral chemokine receptors on activated CD8<sup>+</sup> T cells is regulated by the functional status of dendritic cells. I address these issues by maturing DCs for different periods

of time or in different inflammatory environments. My data demonstrate that DCs matured under acute inflammatory conditions (similar to acute viral infection) promote the effector pathway of CD8<sup>+</sup> T cell differentiation, followed by the development of memory cells. In contrast, DCs matured under chronic inflammatory conditions, or over-matured “exhausted” DCs favored the differentiation of naïve CD8<sup>+</sup> T cells directly into memory cells bypassing the effector stage. The results suggest that the differentiation of CD8<sup>+</sup> T cells can be modulated by the character of the DCs.

Since, the results of chapter 4 indicated the negative impact of the effector-type T cells upon DCs, in **Chapter 5**, I attempt to uncouple the regulatory and DC-killing functions of effector CTLs, by utilizing alternative means of CTL activation that are not associated with DC killing. I analyze the requirements for activation of primed CD8<sup>+</sup> T cells in a TCR independent manner, and observed that such “alternatively-activated” CTLs activate DC but cannot kill them. These data suggest an additional way of utilizing the modulatory activity of the effector cells.

In **Chapter 6**, I combine the findings from this work with the latest reports from other groups, to develop the concept of temporal and spatial separation of the regulatory *suppressor* versus *helper* functions of CD8<sup>+</sup> T cells. Based on these data, I propose that the helper function of memory CD8<sup>+</sup> T cells provides DC-mediated help to naïve CD8<sup>+</sup> T cells in a manner similar to CD4<sup>+</sup> T cell help, favoring effective development of T cell effector functions during secondary immune responses. My results help to design DC-based vaccines and vaccination regimens that preferentially support the generation of either cytolytic or memory T cell populations, in order to achieve optimal efficacy of therapeutic and preventive vaccines.

**HELPER FUNCTION OF MEMORY CD8<sup>+</sup> T CELLS: HETEROLOGOUS CD8<sup>+</sup> T CELLS SUPPORT THE INDUCTION OF THERAPEUTIC CANCER IMMUNITY**

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*Cancer Research; Oct 15, 2007*

The majority of this work was performed by Yutaro Nakamura. Payal Watchmaker contributed to the design of mouse and human studies, and to the performance of *in vitro* mouse studies.

## **2 HELPER FUNCTION OF MEMORY CD8<sup>+</sup> T CELLS: HETEROLOGOUS CD8<sup>+</sup> T CELLS SUPPORT THE INDUCTION OF THERAPEUTIC CANCER IMMUNITY**

### **2.1 ABSTRACT**

In contrast to well-established efficacy of preventive vaccines, the effectiveness of therapeutic vaccines remains limited. In order to develop effective vaccination regimens against cancer, we have analyzed the impact of effector and memory CD8<sup>+</sup> T cells upon the ability of dendritic cells (DC) to mediate the immunologic and anti-tumor effects of vaccination. We show that in contrast to effector CD8<sup>+</sup> T cells that kill antigen-carrying DCs, IFN $\gamma$ -producing memory CD8<sup>+</sup> T cells act as “helper” cells, supporting the ability of DCs to produce IL-12p70. Promoting the interaction of tumor antigen-carrying DCs with memory-type “heterologous” (tumor-irrelevant) CD8<sup>+</sup> T cells strongly enhances the IL-12p70-dependent immunogenic and therapeutic effects of vaccination in the animals bearing established tumors. Our data demonstrate that suppressive and helper functions of CD8<sup>+</sup> T cells are differentially expressed at different phases of CD8<sup>+</sup> T cell responses. Selective performance of helper functions by memory (in contrast to effector) CD8<sup>+</sup> T cells helps to explain the phenomenon of immune memory and facilitates the design of effective therapeutic vaccines against cancer and chronic infections.

## 2.2 INTRODUCTION

Preventive vaccines, usually composed of “priming” and “booster” doses, have proven effective in controlling multiple infectious diseases, but the efficacy of current therapeutic vaccines remains low (68-71). Successful induction of immune memory is considered to be essential for vaccine effectiveness, but the exact pathways of development of memory CD8<sup>+</sup> T cells, and the features of their biology allowing them to mediate protection upon secondary antigen (Ag) challenge, remain unclear (72-75). Two long-recognized but poorly understood phenomena in vaccine biology include the importance of delayed application of booster doses of vaccines in order to achieve effective secondary T cell expansion (76) and the paradoxical contraction of the CD8<sup>+</sup> T cell pool when the second antigenic exposure occurs too soon (76, 77).

CD8<sup>+</sup> T cells are key to our ability to control intracellular infections and cancer. They act as cytotoxic T lymphocytes (CTL) (78) that eliminate the infected or transformed cells, but also perform regulatory functions, being capable of either suppressing (36, 37, 79, 80) or supporting (81-84) immune responses. While the mechanism of the suppressive activity of CD8<sup>+</sup> T cells is far from clear, it has been shown that perforin- and Granzyme-dependent elimination of Ag-carrying dendritic cells (DCs) by Ag-specific CD8<sup>+</sup> T cells (36, 37, 80, 85, 86) can act as a suppressive mechanism, providing a self-limiting character to CTL responses (36, 37, 80), and restricting the efficacy of vaccination (36, 37, 80, 85). In contrast to the long-known ability of CD8<sup>+</sup> T cells to inhibit immune responses (79), it only recently became apparent that CD8<sup>+</sup> T cells can also activate DCs (81-84, 87) and support type-1 immunity (81-84). Such “helper” function of CD8<sup>+</sup> T cells depends on their ability to produce IFN $\gamma$  and to promote the DC production of IL-12p70 (83, 84), the key factor supporting Th1 and CTL responses (88).

The relationship between the “suppressor” versus “helper” functions of CD8<sup>+</sup> T cells remains unclear. Previous reports demonstrated that the suppressive effects resulting from the elimination of Ag-carrying DCs by CD8<sup>+</sup> T cells are mediated by the effector but not memory cells (37, 80). However, the possibility that it is the memory CD8<sup>+</sup> T cells that selectively play the reciprocal helper role, has never been explored.

Here, using the model of therapeutic vaccination with tumor-loaded DCs carrying additional tumor-unrelated (“heterologous”) antigens, that allowed us to uncouple the regulatory functions of CD8<sup>+</sup> T cells from their effector activity, we demonstrate that the “suppressor” versus “helper” functions represent sequential phases of CD8<sup>+</sup> T cell responses. Our data show that promoting the interaction of tumor Ag-carrying DCs with memory-type CD8<sup>+</sup> T cells specific for tumor-unrelated Ags promotes the therapeutic activity of vaccination against the established tumors that are resistant to standard vaccines.

### 2.3 MATERIALS AND METHODS

**Mice.** Female 6-8-week-old C57BL/6, C57BL/6Tg (TcraTcrb)1100Mjb (OT-1), and C57BL/6-IL12<sup>tm1Jm</sup> (IL-12p40 knockout), and perforin-deficient (C57BL/6-*Prf1*<sup>tm1Sdz</sup>/J), female mice purchased from Jackson Laboratories (Bar Harbor, ME) were maintained in micro-isolator cages and used for all experiments at 8-10 weeks of age. All experimental procedures were approved by our Institutional Animal Care and Use Committee.

**Cell lines, cell isolation and culture.** MC38 adenocarcinoma was provided by Dr DL Bartlett, University of Pittsburgh (originally from Dr SA Rosenberg, NCI). EL4 and EG7 (OVA-expressing EL4) cell lines were purchased from ATCC (Manassas, VA). Spleen CD4<sup>+</sup> and CD8<sup>+</sup>



T cells have been negatively selected using StemSep<sup>TM</sup> isolation columns (Stem Cell Technologies, Vancouver, BC) with 90-95% purity. In some *in vitro* experiments (*Fig. 1b*), we performed additional anti-LyC6-mediated removal (89) of preactivated OT-1 cells or flow-sorted CD44<sup>-</sup>CD62L<sup>+</sup> (naïve) and CD44<sup>+</sup>CD62L<sup>-</sup> (memory) cells. All cells were maintained in RPMI1640 with 10% heat-inactivated fetal bovine serum (Invitrogen, Carlsbad, CA), glutamine, streptomycin and penicillin (Invitrogen).

**DCs.** Bone marrow-derived DCs were generated in GM-CSF and IL-4 (both 1000 U/ml; Schering-Plough, Kenilworth, NJ)-supplemented cultures, as described (90). On day 6-7, CD11c<sup>+</sup> DCs were isolated using anti-mouse CD11c-coated magnetic beads (Miltenyi Biotech.). DCs expressed CD11c, CD40, CD80, CD86, and MHC I and II ((90) and *data not shown*).

**Induction of IL-12p70.** SEA (CD4<sup>+</sup> and CD8<sup>+</sup> T cell-activating superantigen (83, 91, 92); 1ng/ml)-loaded DCs (2x10<sup>4</sup> cells/0.2 ml/well) were co-cultured for 48h with CD4<sup>+</sup> Th cells (10<sup>5</sup> cells/well), in the absence or presence of CD8<sup>+</sup> T cells (10<sup>5</sup> cells/well). When indicated, (neutralizing) soluble (s)IFN- $\gamma$  receptor or (s)IL-4 receptor were added (10  $\mu$ g/ml; R&D Systems). Alternatively, Ag-free, OVA<sub>257-264</sub>-, or SEA-loaded DCs were first cocultured for 48h with CD8<sup>+</sup> T cells (0.75x10<sup>5</sup> or 3 x 10<sup>5</sup> cells; respectively from the spleens of OT-1- or wild-type mice), harvested, washed, counted, and stimulated (at 2x10<sup>4</sup> DCs/0.2 ml) with 5x10<sup>4</sup> CD40L-transfected J558 cells (83, 93) for 24h. IL-12p70 concentrations were determined by ELISA (Endogen).

***In vitro* DC killing.** CD8<sup>+</sup> T cells from wild-type or perforin-deficient mice were stimulated with SEA-loaded DC and IL-2 (20U/ml; Chiron Corp., Emeryville, CA) for 6 days. The resulting Granzyme B<sup>high</sup>/CD62L<sup>low</sup> (*not shown*) effector cells were co-incubated with DCs (3h; 5:1 ratio) in the presence or absence of SEA. Induction of apoptosis in CD11c<sup>+</sup> DC was assessed by

staining for surface CD11c, followed by intracellular staining for active Caspase-3 (C92-605, BD Pharmingen).

**DC elimination *in vivo*.** DCs (OVA<sub>257-264</sub>- or PBS-loaded;  $1 \times 10^6$ ) were labeled with CFSE (1  $\mu$ M/L for 10 min at 37°C), washed 3 times and injected into the footpads. After 24h, single cell suspensions from popliteal lymph nodes were prepared and analyzed by flow cytometry. Total node cellularity was counted in hemocytometer.

**Induction of LCMV- or OVA-specific immune responses.** LCMVgp<sub>33-41</sub> peptide, (KAVYNFATC), the dominant H2-D<sup>b</sup>/K<sup>b</sup>-restricted epitope of LCMV, and dominant H-2K<sup>b</sup>-restricted OVA epitope, OVA<sub>257-264</sub> (SIINFEKL), were synthesized by the University of Pittsburgh Peptide Synthesis Facility. Peptide-loaded DCs were washed twice and injected s.c. ( $3 \times 10^5$  DCs in 0.2 ml of PBS) twice with 1-week interval. The presence of effector and memory CD8<sup>+</sup> T cells in the spleens and lymph nodes of vaccinated animals was determined by 3-color flow cytometry after staining of isolated CD8<sup>+</sup> T cells, with CD62L (MEL-14; BD-Pharmingen), Granzyme B (GB121; CalTag), and tetramer (iTag<sup>TM</sup>, Beckman-Coulter, Fullerton, CA).

**Tumor vaccines.** DCs were loaded overnight with MC38 tumor cells lysates (three freeze-thaw cycles; centrifuged, and supernatant collected), at three tumor cell equivalents to one DC, in the presence of LPS. DCs were resuspended in RPMI 1640 and loaded, with OVA OVA<sub>257-264</sub>, LCMV gp<sub>33-41</sub>, or PBS. For preparation of the EG7 vaccine, DCs were loaded with OVA<sub>257-264</sub> (alone or with LCMVgp<sub>33-41</sub>). All vaccines were washed twice and suspended in PBS.

**Tumor therapy models.** Wild-type C57BL/6 mice (7-12/group; including 2 animals/group for CTL assays), naïve or carrying week-1 or week-4 immune responses against LCMV or OVA, were inoculated (right flank; s.c.; day 0) with high numbers of tumor cells ( $3 \times 10^5$  MC38 or  $3 \times 10^6$  EG7), to induce rapid tumor growth that was only marginally sensitive to standard therapeutic

vaccines (*see Fig. 3*). The mice were vaccinated ( $3 \times 10^5$  DCs, on the distant site on same flank, s.c.) on day 3, or on days 5–9–11, as indicated). Tumors were measured by vernier calipers every 3–4 days. Data are reported as the mean  $\pm$  SEM of tumor area (product of the largest perpendicular diameters).

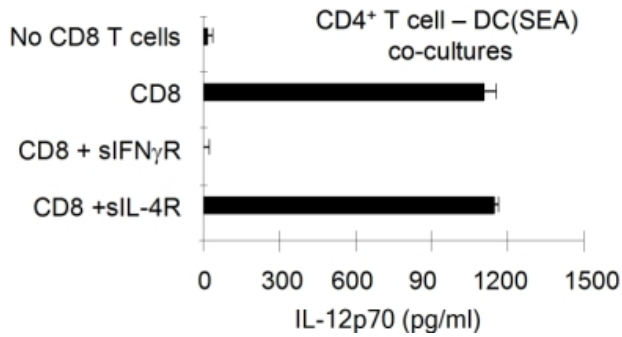
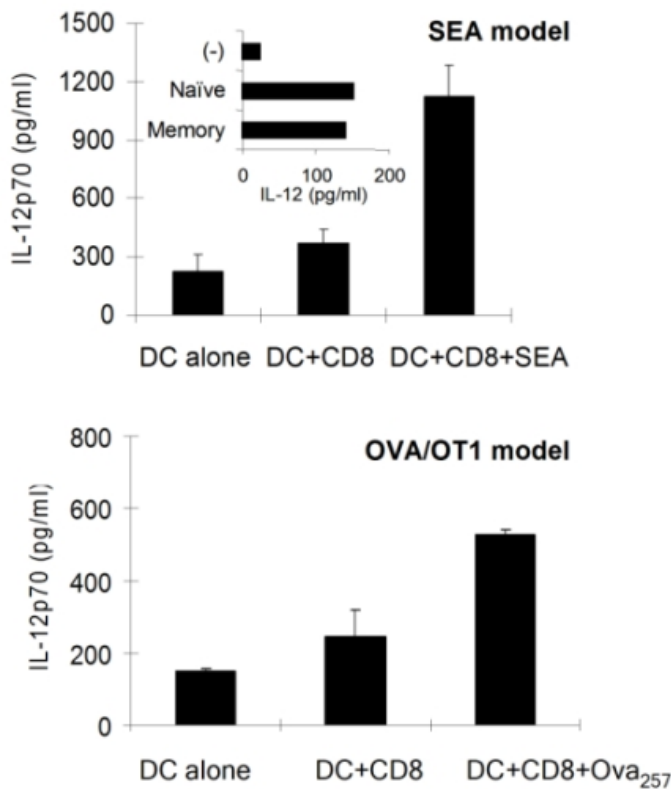
**CTL activity.** 10 days after vaccination, splenocytes were harvested from two (tumor-bearing) mice per group. They were restimulated *in vitro* ( $1 \times 10^6$  cells/well) with  $1 \times 10^5$  gamma-irradiated (10,000 R) MC38 or EG7 cells in the presence of 30 IU/ml rhuIL-2 in 24-well culture plates. Lymphocytes were harvested after 5 days and used in 5h  $^{51}\text{Cr}$  release assays against MC38 and EG7 targets, with EL4 cells used as non-specific controls.

**Statistical analysis.** Data collected (day 4 till the last day of tumor measurement) were (natural) log transformed and used to fit a parametric mixed linear model that included animals as random effects with treatment group and day of measurement as fixed effects. If either group differences or group by time interaction were significant at  $p < .05$  the analysis was applied to the last day of tumor area measurement. Data were (natural) log transformed when appropriate and a one way parametric analysis of variance (ANOVA) was used as an omnibus test of differences. Unless tests were significant at level  $\alpha = .05$ , no further testing of specific contrasts was conducted. Otherwise, individual pairwise comparisons were conducted with the t test. All tests were two tailed.

## 2.4 RESULTS

### DC activating and DC-killing activities of resting versus effector CD8<sup>+</sup> T cells

In order to analyze the ability of mouse CD8<sup>+</sup> T cells to affect DC functions *in vitro*, we used the previously-established models of the superantigen (SEA) (83, 91)-driven or chicken ovalbumin (OVA) (89, 94)-driven stimulation of T cells from wild-type C57BL/6 mice or TCR-transgenic (94) OT-1 mice, respectively. These models allowed us to promote the interaction of DCs with high numbers of CD8<sup>+</sup> T cells without the need of prior T cell activation and clonal expansion. In accordance with our data showing that the superior ability of human CD8<sup>+</sup> T cells to produce IFN $\gamma$  at early stages of activation allows them to co-stimulate IL-12p70 production by DCs interacting with CD4<sup>+</sup> T cells (83), freshly-isolated mouse CD8<sup>+</sup> T cells strongly supported IL-12p70 induction in co-cultures of SEA-loaded bone-marrow-derived DCs (90) with autologous CD4<sup>+</sup> T cells (**Fig. 2.1A**). They also primed the SEA- or OVA<sub>257-264</sub>-loaded DCs for high IL-12p70 production during subsequent interaction with CD40L-transfected J558 cells, used as CD4<sup>+</sup> T cell surrogates (83, 93) (**Fig. 2.1B**). Similar to the human system, neutralization of IFN $\gamma$ , but not IL-4 (another IL-12-enhancing cytokine (92, 95)), abolished the IL-12-enhancing activity of CD8<sup>+</sup> T cells (**Fig. 2.1A**). As expected (83), not only the simultaneous interaction of DCs with CD8<sup>+</sup> T cells and CD4<sup>+</sup> T cells (**Fig. 2.1A**), but also their sequential interaction with CD8<sup>+</sup> T cells followed by CD40L stimulation (**Fig. 2.1B**) resulted in the augmented IL-12p70 production, with naïve and memory CD8<sup>+</sup> T cells being similarly effective (**Fig. 2.1B-top, inset**). These data verified that, similar to human CD8<sup>+</sup> T cells, mouse CD8<sup>+</sup> T cells can act as “helper” cells, supporting IL-12 production by DCs.

**A****B**

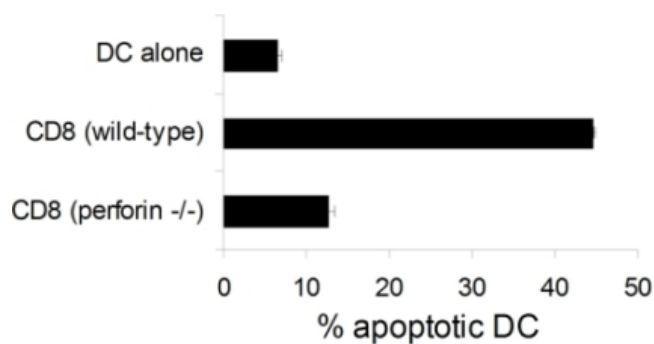
**Figure 2.1 DC-activating function of resting CD8<sup>+</sup> T cells.**

A, CD8<sup>+</sup> T cells support IL-12p70 induction in DC-CD4<sup>+</sup> T cell co-cultures. SEA-coated (83, 91) DCs (90) were co-incubated with syngeneic CD4<sup>+</sup> T cells, in the absence or in the presence of (IFN $\gamma$ -producing, not shown) spleen-isolated CD8<sup>+</sup> T cells. Soluble IL-4R or IFN $\gamma$ R were used selectively neutralize IL-4 or IFN $\gamma$ , two cytokines with IL-12-enhancing activities (83, 92, 95). Data (mean  $\pm$  SD) from one experiment of three that yielded similar results.

B, Interaction with CD8<sup>+</sup> T cells primes DCs for high IL-12p70 production. (*top*) DCs were cocultured for 48h with CD8<sup>+</sup> T cells from wild-type B6 mice either in the absence or presence of SEA, prior to washing and stimulation with CD40L (83, 93). Addition of SEA alone (no T cells) had no or marginal effect ((83) and data not shown). *The inset*: equivalent effectiveness of naïve and memory CD8<sup>+</sup> T cells. (*bottom*) DCs were cocultured with H-2K<sup>b</sup>-

restricted OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cells, freshly isolated from spleens of OT-1 mice, in the presence of OVA<sub>257-264</sub> peptide, prior to washing and CD40L stimulation.

In contrast to resting T cells, six-day preactivated effector CD8<sup>+</sup> T cells, efficiently killed Ag-carrying DCs (**Fig. 2.2**). In accordance with the *in vivo*-demonstrated key role of perforin in CTL-dependent DC elimination (37), CD8<sup>+</sup> T cells from perforin-deficient mice were defective in their ability to kill DCs (**Fig. 2.2**).

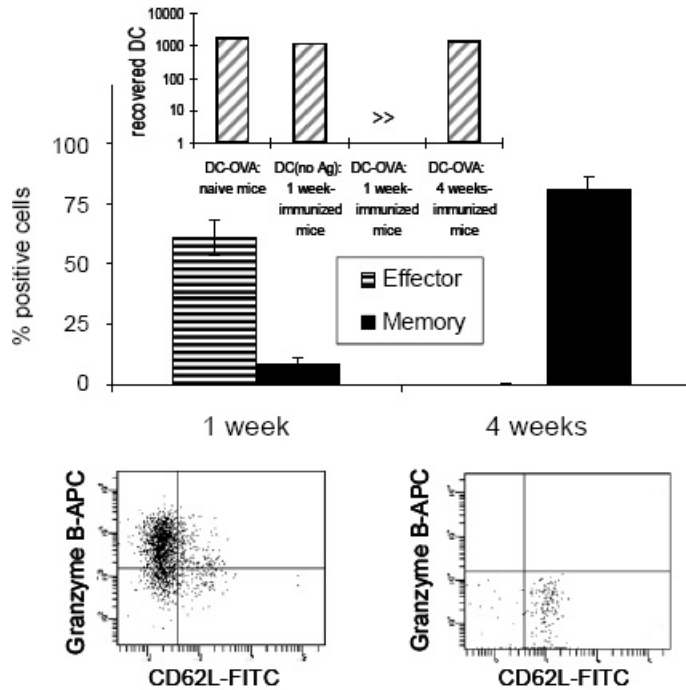


**Figure 2.2** Effector T cells kill DCs *in vitro*.

SEA-loaded DC were co-cultured with pre-activated (Granzyme B<sup>high</sup>/CD62L<sup>low</sup>; *data not shown*) effector CD8<sup>+</sup> T cells from wild-type or perforin-deficient mice. Similar results were obtained in one additional experiment.

Taken together, these data verified that CD8<sup>+</sup> T cells can act both as activators and as killers of Ag-carrying DCs, but indicated that these two functions are performed at different stages of CD8<sup>+</sup> T cell activation. They suggested that non-cytotoxic naive or memory CD8<sup>+</sup> T cells versus the effector cells with CTL function may play opposite functions regulating the course of immune responses. In order to establish an *in vivo* model that would allow us to test in wild-type mice the regulatory impact of either the cytotoxic (effector) or non-cytotoxic (memory) CD8<sup>+</sup> T cells, we pre-immunized wild-type C57BL/6 mice with OVA<sub>257-264</sub> for 1 or 4 weeks. As expected, in 1 week-immunized animals we observed high numbers of tetramer-positive CD8<sup>+</sup> T cells with CD62L<sup>low</sup>/Granzyme B<sup>high</sup> effector phenotype. In sharp contrast,

CD8<sup>+</sup> T cells that were obtained 4 weeks after immunization demonstrated a selective presence of CD62L<sup>high</sup>/Granzyme B<sup>low</sup> memory-type T cells (**Fig. 2.3**).



**Figure 2.3** Predominance of OVA<sub>257-264</sub>/H-2K<sup>b</sup>-specific effector (1wk) versus memory T cells (4 wk).

Note the predominance of tetramer-positive Granzyme B<sup>+</sup>/CD62L<sup>-</sup> effector cells in 1 week-immunized mice, as opposed to selective presence of Granzyme B<sup>-</sup>/CD62L<sup>+</sup> memory cells in the spleens of 4 week immunized mice (n = 3 mice per group; *see the bottom for representative data from individual animals*). The frequencies of tetramer-positive CD8<sup>+</sup> T cells in 1 week- and 4 week-immunized mice were 4.3% (+/- 1.5) and 0.7% (+/-0.3), respectively. Data from one of two experiments that yielded similar results. *Inset*: Selective elimination of OVA<sub>257-264</sub>-carrying CFSE-labeled DCs in 1-week-immunized, but not 4 week-immunized, mice. Naïve mice and 1-week-preimmunized mice receiving sham-loaded DCs served as control groups. Mice (3 mice/group) were injected with 10<sup>6</sup> DC and draining lymph nodes (37, 80) were removed after 16h.

Similar to previous reports (37, 80, 85), we observed that the animals harboring CD62L<sup>low</sup>/Granzyme B<sup>high</sup> effector CD8<sup>+</sup> T cells, induced by pre-immunization with OVA<sub>257-264</sub> one week earlier, rapidly eliminated Ag-loaded DCs (**Fig. 2.3, inset**), while OVA-loaded DCs

could be readily recovered from the vaccine-draining lymph nodes of naïve mice or mice harboring 4 week old memory-type CD62L<sup>high</sup>/Granzyme B<sup>low</sup> T cell responses.

### **Memory CD8<sup>+</sup> T cells support the DC-mediated induction of tumor-specific CTL responses**

In order to test the possibility that Ag-specific CD8<sup>+</sup> T cells at different stages of activation indeed play different regulatory roles, we have used a model of therapeutic vaccination with tumor-loaded DCs carrying additional, tumor-unrelated, MHC class I-restricted epitopes of OVA<sub>257-264</sub> or Lymphocytic Choriomeningitis Virus (LCMV) glycoprotein (LCMVgp<sub>33-41</sub>) (**Figs. 2.4 and 2.5**). We analyzed the impact of including tumor-unrelated “heterologous” class I-restricted peptide epitopes into DC-based vaccines (tumor-loaded DCs) upon the induction of CTL responses and the therapeutic activity of vaccination against established tumors (**Fig. 2.4A**). In such models, the “heterologous” helper epitopes were only present in cancer vaccines and were not expressed by the tumor itself. Therefore, any “helper” or “suppressor” impact of (OVA<sub>257-264</sub>-specific or LCMVgp<sub>33-41</sub>-specific) CD8<sup>+</sup> T cells on the development of the immune responses against MC38 or EG7 tumors, could be analyzed in isolation from a possible indirect modulatory impact of CD8<sup>+</sup> T cells, mediated by tumor antigens and other tumor-derived factors differentially released from the CTL-targeted tumor tissues.

In order to model a clinically-relevant situation where significant numbers of resting T cells can be employed to interact with cancer vaccine in wild-type animals, we have used wild-type C57BL/6 mice harboring memory-type CD8<sup>+</sup> T cells against defined MHC class I-restricted epitopes of OVA or LCMV. For the same purpose, we have administered the vaccines to the animals bearing day 3-5 established tumors, the time point where, in analogy to the clinically-

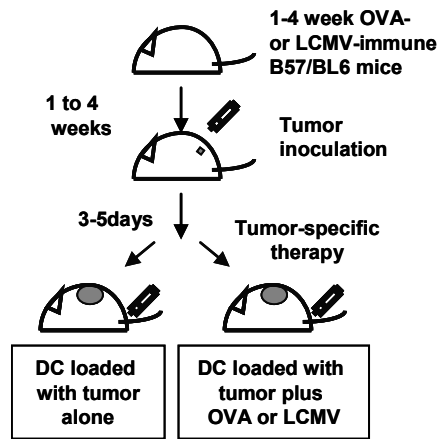


applied therapeutic cancer vaccines (37, 80), standard vaccinations with tumor-loaded DCs were only marginally effective.

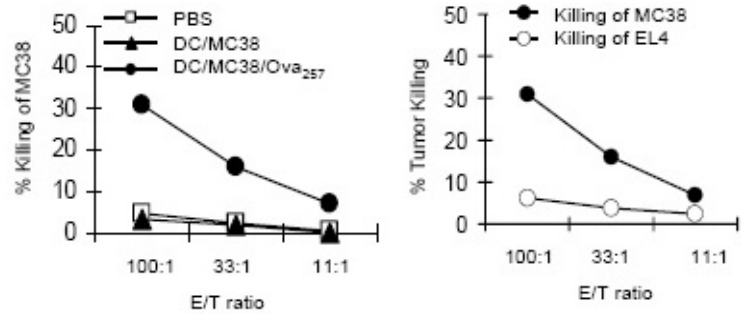
As shown in **Figure 2.4B**, the inclusion of OVA<sub>257-264</sub> epitope in cancer vaccines composed of autologous DCs loaded with the relatively poorly immunogenic MC38 tumor lysate supported the generation of MC38-specific CTL responses in wild-type C57BL/6 animals. Similar data was also obtained in a model of wild-type mice harboring memory responses against LCMVgp<sub>33-41</sub>, a dominant epitope of a natural mouse pathogen, where the inclusion of LCMVgp<sub>33-41</sub> peptide as a “heterologous helper epitope” strongly enhanced the induction of CTLs against established MC38 tumors (**Fig. 2.4B**).

The vaccines including the LCMVgp<sub>33-41</sub> “CD8 helper” epitope not only showed strongly-elevated CTL-inducing function against the poorly-immunogenic MC38 adenocarcinoma, but also further enhanced the CTL responses against the highly-immunogenic (OVA-expressing) EG7 lymphoma, induced by OVA<sub>257-264</sub>-loaded DCs (**Fig. 2.4D**). The ability of the CD8<sup>+</sup> T cells specific for the same individual epitope (OVA<sub>257-264</sub>), to both provide “CD8 helper” signals (**Fig. 2.4B**) and to benefit from such signals (**Fig. 2.4D**) indicates that CD8<sup>+</sup> T cell help is not restricted to responses against some unique antigens (e.g. responses to “strong” immunogens facilitating the responses to “weak” immunogens), but that any naïve CD8<sup>+</sup> T cells that can first receive the CD8 help and later, after becoming memory cells themselves, can provide helper signals to other cells.

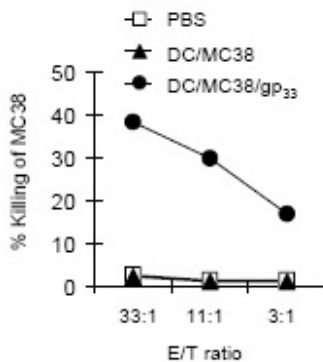
A



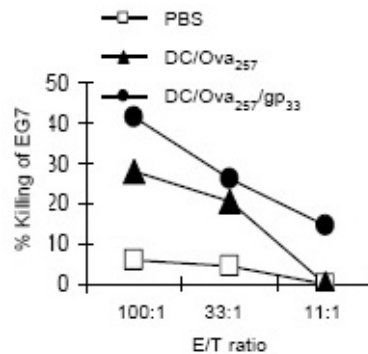
B



C



D



**Figure 2.4 Memory CD8<sup>+</sup> T cells support the DC-mediated induction of tumor-specific CTL responses.**

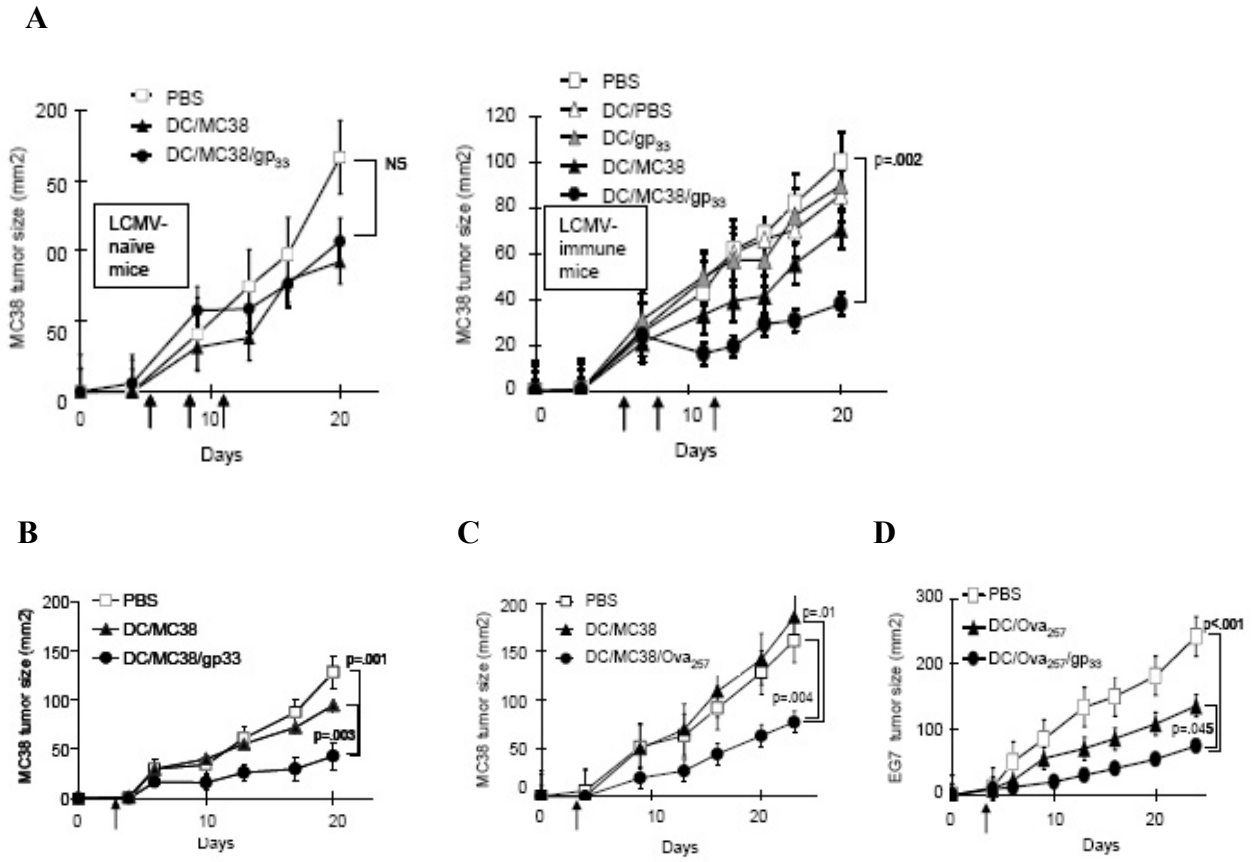
A, Schema of the experimental protocol. B, OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cells support the induction of CTLs specific for MC38 adenocarcinoma. Mice carrying memory-type OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cell responses, and inoculated with MC38 tumor (day 0), were treated (s.c.; day 3) with DCs loaded with MC38 lysate alone or with OVA<sub>257-264</sub> as tumor-unrelated “heterologous” helper epitope. *Left*: Induction of CTL activity in the spleens of the differentially-treated mice. *Right*: Comparison of CTL activity of the splenocytes from the DCs/MC38 lysate/LCMVgp<sub>33-41</sub>-treated mice against the vaccine-relevant (MC38) and irrelevant (EL4) targets. Data from one of two experiments that yielded similar results. C, Memory-type LCMVgp<sub>33</sub>-specific CD8<sup>+</sup> T cells support the induction of MC38 adenocarcinoma-specific CTLs. Tumor-bearing mice with memory-type LCMVgp<sub>33-41</sub>-specific CD8<sup>+</sup> T cell responses were injected (s.c.) with DCs loaded with MC38 tumor lysate, alone or with LCMVgp<sub>33-41</sub> as a “heterologous” helper epitope. The data from one of three independent experiments that all yielded similar results. D, LCMV-specific CD8<sup>+</sup> T cells support the induction of CTLs against OVA<sub>257-264</sub>-expressing EG7 lymphoma. Tumor-bearing mice with memory-type LCMVgp<sub>33</sub>-specific CD8<sup>+</sup> T cell responses were injected (s.c.) with DCs

loaded with OVA<sub>257-264</sub> peptide, as the EG7 tumor-relevant antigen, either alone or with the LCMVgp<sub>33-41</sub> peptide, as a tumor-unrelated “heterologous” helper epitope. Similar results were obtained in an additional experiment.

### **Heterologous CD8<sup>+</sup> T cell help supports the therapeutic effects of cancer vaccines**

In order to test whether “helper” signals from memory CD8<sup>+</sup> T cells can enhance the therapeutic activity of vaccination against established tumors, we compared the therapeutic activity of the DCs loaded with tumor-relevant antigens, alone or with LCMVgp<sub>33-41</sub> peptide, as therapeutic vaccines against the established (day 3-5) MC38 and EG7 tumors in wild-type C57BL/6 mice, either naïve or carrying memory-type LCMV-specific CD8<sup>+</sup> T cells. As shown in **Figure 2.5A**, in such therapeutic settings, DCs loaded with tumor material alone had only marginal impact on the growth of established MC38 tumors. In LCMV-naïve mice, this outcome was not improved by the inclusion of the LCMVgp<sub>33-41</sub> “helper” epitope in the vaccines (**Fig. 2.5A, left**).

However, in mice harboring memory-type responses against the MHC class I-restricted LCMVgp<sub>33-41</sub> epitope, the vaccination with DCs loaded with MC38 tumor lysate and LCMVgp<sub>33-41</sub>, the “heterologous CD8 helper” peptide, resulted in a distinct therapeutic effect against day 5 established tumors that were resistant to treatment with standard DC-based vaccines (**Fig. 2.5A: right**). These beneficial effects of “heterologous CD8 help” could not be mimicked by the vaccination with DCs loaded with LCMVgp<sub>33-41</sub> alone, demonstrating that the reduction in tumor growth is not due to nonspecific immunostimulatory effects of activation of high numbers of LCMV-specific CD8<sup>+</sup> T cells present in these animals.



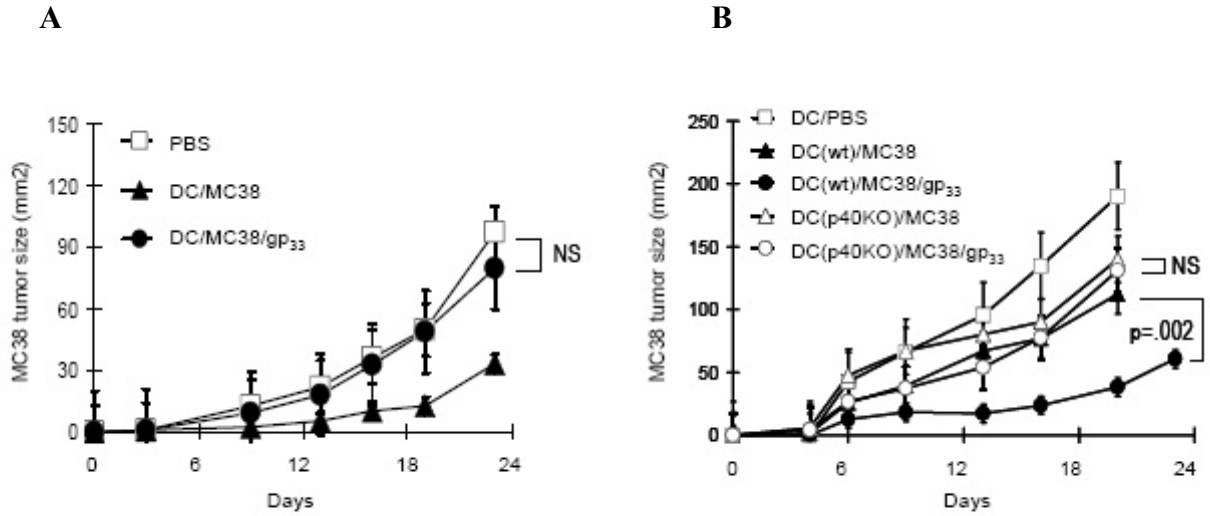
**Figure 2.5 Heterologous CD8<sup>+</sup> T cells support the therapeutic activity of cancer vaccines.**

A, Memory-type LCMVgp33-41-specific CD8<sup>+</sup> T cells promote therapeutic effects of vaccination against day 5 established MC38 tumors. MC38-bearing C57BL/6 mice (n=5 mice/group), either naive (left) or carrying memory-type (week 4) LCMVgp33-41-specific CD8<sup>+</sup> T cell responses (*right*) were inoculated with MC38 tumors at day 0 and were treated on day 5, day 9, and day 11 after tumor inoculation. B-D, Day 3 tumor-bearing mice (B: n=10 per group; C-D: n=5 per group) with memory-type responses against tumor-unrelated “heterologous” helper antigens were injected (s.c.) with: PBS as a negative control (open squares), with DCs loaded with tumor antigen alone (MC38 tumor lysate or OVA<sub>257-264</sub> in the EG7 model), or with the relevant tumor antigen plus a tumor-irrelevant “heterologous” helper epitope (closed circles). B, Memory-type LCMVgp33-41-specific CD8<sup>+</sup> T cells support the therapeutic activity of vaccination against MC38 adenocarcinoma. C, Memory-type OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cells support the therapeutic activity of vaccination against MC38 adenocarcinoma. D, Memory-type LCMVgp33-41-specific CD8<sup>+</sup> T cells support the therapeutic activity of vaccination against OVA<sub>257-264</sub>-expressing EG7 lymphoma. Data (mean ± SEM) from one of two separate experiments in each model. The differences between the treatment groups were evaluated using ANOVA: NS: no statistically-significant differences (p>.05).

Similar enhancement of the therapeutic efficacy of vaccination has been observed in three additional models, when using LCMVgp<sub>33-41</sub> or OVA<sub>257-264</sub> to enhance the antitumor effects of a single (rather than triple) dose of vaccine against the 3 day old MC38 tumors (**Fig. 2.5 B, C**), or when using LCMVgp<sub>33-41</sub> to boost the antitumor effects of vaccination against significantly more immunogenic EG7 lymphoma (**Fig. 2.5D**). In accordance with the data on the induction of tumor-specific CTLs (**Fig. 2.4**), the results of these functional tests of anti-tumor activity demonstrated that OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cells at their naïve stage can benefit from “helper” signals delivered by memory T cells (in the current experiments: specific for LCMVgp<sub>33-41</sub>), but at the memory stage they can themselves act as a source of CD8<sup>+</sup> T cell helper signals, verifying that the ability to receive and provide “CD8 helper” signals is a general feature of CD8<sup>+</sup> T cells.

#### **Critical role of DCs in mediating “CD8 help”**

While the inclusion of LCMVgp<sub>33-41</sub> (or OVA<sub>257-264</sub>) peptides strongly enhanced the immunologic and antitumor effects of vaccination in the animals harboring “memory-type” CD8<sup>+</sup> T cells specific for such “heterologous helper epitopes” (**Fig. 2.6**), in accordance with the DC-killing activity of effector CD8<sup>+</sup> T cells (37, 80, 86), these positive effects were eliminated in the animals pre-immunized with LCMV at 1 week prior to tumor inoculation (**Fig. 2.6A**). In further support of the central role of DCs and the DC-produced cytokines, the “heterologous help” from memory-type CD8<sup>+</sup> T cells could not be mediated by IL-12/IL-23-deficient DCs generated from the bone marrow of p40-knockout animals (**Fig. 2.6B**).



**Figure 2.6 Critical role of DCs in mediating CD8 help for anti-cancer immunity.**

A, Effector CD8<sup>+</sup> T cells do not deliver “heterologous CD8 help”. Three days after MC38 tumor inoculation, C57BL/6 mice (n=5) with 1 week-old LCMV-specific responses received a single s.c. injection of MC38 tumor lysate with or without LCMVgp<sub>33-41</sub> peptide loaded on DCs from wild-type mice and monitored for the kinetics of tumor growth. B, IL-12p40-deficient DCs (unable to produce IL-12p70 and IL-23) do not mediate heterologous CD8 help. Three days after MC38 tumor inoculation, wild-type C57BL/6 mice (n=5) with 4 week-old LCMV-specific CD8<sup>+</sup> T cell responses were treated with the indicated vaccines. Mice received single s.c. injections of DCs (generated from wild-type or IL-12p40-knockout mice) loaded with MC38 tumor lysate alone or with LCMVgp<sub>33-41</sub> peptide. Data (mean ± SEM) from two independent experiments in each model.

## 2.5 DISCUSSION

The current data demonstrate that, in contrast to effector CD8<sup>+</sup> T cells that kill DCs and suppress Ag-specific immune responses (36, 37, 80, 85, 86), memory CD8<sup>+</sup> T cells can act as de facto “helper cells”, supporting the DC-mediated immunologic and anti-tumor effects of cancer vaccines.

Our observations that OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cell responses can both benefit from the “helper signals” delivered by memory cells (e.g. from LCMV-specific CD8<sup>+</sup> T cells) and can provide such signals, directly demonstrate that CD8<sup>+</sup> T cells of a single specificity can first benefit from the help delivered by memory T cells and, once expanded and having reached memory stage, they can themselves act as helper cells. The ability of memory CD8<sup>+</sup> T cells to support the DC-mediated activation of additional naïve CD8<sup>+</sup> T cells suggests that the phenomenon of immune memory, in addition to qualitative changes in the activation requirements of memory cells (72-75), may also involve a different pattern of interaction of CD8<sup>+</sup> T cells with Ag-carrying DCs.

Our findings help to explain the requirement for a delayed administration of booster doses of preventive vaccines to achieve the optimal expansion of pathogen-specific CD8<sup>+</sup> T cells and the optimal vaccine effectiveness (76, 77). Interestingly, recent evidence indicate that priming performed under non-inflammatory conditions allows for effective administration of booster vaccines substantially sooner than when priming with live pathogen (76). However, it remains to be tested whether such non-inflammatory priming conditions result in impaired induction of the effector (and thus suppressive) functions of the pathogen-specific CD8<sup>+</sup> T cells.

The existence of distinct “suppressor” and “helper” stages of CD8<sup>+</sup> T cell activation may help to explain the generally poor efficacy of therapeutic vaccinations of cancer-bearing patients

that show predominance of terminally-differentiated effector cells (96-98). It also helps to explain the high efficacy of prime-boosting vaccination strategies (75), when the first and second doses of vaccine are delivered using antigenically-distinct vectors.

The mechanism of helper function of memory CD8<sup>+</sup> T cells in the settings of established cancer is a subject of our current follow-up analyses. While our data demonstrate the key role of Ag-carrying DCs in this respect, it is unclear whether the “heterologous” memory CD8<sup>+</sup> T cells just hyper-activate DCs, allowing them to provide immunostimulatory signals to naïve/resting tumor-specific CD8<sup>+</sup> T cells prior to their destruction by effector cells, or whether memory CD8<sup>+</sup> T cells can also protect Ag-carrying DCs from CTL killing. It has been recently proposed that the CD4<sup>+</sup> T cell help for CTL responses is essential mainly for the secondary expansion of CD8<sup>+</sup> T cells, rather than for their effective priming (77). These observations raise the possibility that the protection of DCs from CTL killing (86, 99) may be as important as the originally proposed DC activation or “licensing” (100-102) in the overall mechanism of the CD4<sup>+</sup> T cell help.

The current data directly implicate the possibility of enhancing the effectiveness of therapeutic vaccination of cancer patients by incorporating tumor-unrelated “heterologous” epitopes that promote the interaction of the vaccine-carrying APCs with naturally occurring or artificially-induced memory-type T cells. While in the current studies, we have either used (*in vitro*) high numbers of resting CD8<sup>+</sup> T cells from TCR-transgenic animals, or have involved (*in vivo*) the memory CD8<sup>+</sup> T cells induced by a pre-immunization of wild type-animals, the most obvious source of “heterologous CD8 help” in cancer patients are the memory-type CD8<sup>+</sup> T cells induced naturally by past infections or by prior vaccinations against “childhood diseases” or such pathogens as influenza or hepatitis.



Our data showing that the helper functions are a selective feature of memory CD8<sup>+</sup> T cells, but not effector cells, indicate the existence of a novel mechanism contributing to the phenomenon of CD8<sup>+</sup> T cell memory. Our observations help to explain the benefits of delayed application of booster doses of preventive vaccines and high efficacy of prime-boost vaccination strategies, facilitating the development of effective strategies of therapeutic vaccination of patients with cancer and chronic infections.

## MEMORY CD8<sup>+</sup> T CELLS PROTECT DENDRITIC CELLS FROM CTL KILLING

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under review *Journal of Immunology*

All the experiments in this manuscript were performed by Payal Watchmaker, while the confocal microscopy images were taken by Julie Urban.

### **3 MEMORY CD8<sup>+</sup> T CELLS PROTECT DENDRITIC CELLS FROM CTL KILLING**

#### **3.1 ABSTRACT**

CD8<sup>+</sup> T cells have been shown capable of either suppressing or promoting immune responses. In order to reconcile these contrasting regulatory functions, we compared the ability of human effector and memory CD8<sup>+</sup> T cells to regulate survival and functions of dendritic cells (DC). We report that, in sharp contrast to the effector cells (CTLs) that kill DCs in a Granzyme B- and perforin-dependent mechanism, memory CD8<sup>+</sup> T cells enhance the ability of DC to produce IL-12 and to induce functional Th1- and CTL responses in naïve CD4<sup>+</sup> and CD8<sup>+</sup> T cell populations. Moreover, memory CD8<sup>+</sup> T cells, that release the DC-activating factor TNF $\alpha$  prior to the release of cytotoxic granules, induce DC expression of an endogenous Granzyme B inhibitor PI-9 and protect DC from CTL killing with similar efficacy as CD4<sup>+</sup> T helper cells. The currently identified DC-protective function of memory CD8<sup>+</sup> T cells helps to explain the phenomenon of CD8<sup>+</sup> T cell memory, reduced dependence of recall responses on CD4<sup>+</sup> T cell help, and the importance of delayed administration of booster doses of vaccines for the optimal outcome of immunization.

## 3.2 INTRODUCTION

In addition to their function as cytotoxic T cells (CTLs) capable of killing transformed or infected cells in a perforin- and FasL-dependent mechanism (2, 103), CD8<sup>+</sup> T cells have also been shown to play a regulatory role, being able to suppress Ag-specific immune responses (79, 104). Their suppressor activity (32, 105, 106) involves the elimination of antigen-carrying DCs by effector CD8<sup>+</sup> T cells (80) in a perforin-dependent mechanism (37). Activated CD8<sup>+</sup> T cells have been shown to limit the CTL responses by restricting DC survival and the duration of antigen display *in vivo* in mice infected with Listeria, LCMV, HSV, and malaria (35, 36, 99). This self-limiting nature of CD8<sup>+</sup> T cell responses can be counteracted by CD4<sup>+</sup> T helper cells (86, 99), known to be important for the establishment of CD8<sup>+</sup> T cell memory and effective expansion of CTL precursors during recall responses (77, 107, 108). While the mechanism of helper activity of CD4<sup>+</sup> T cells was originally considered to involve Th cell-produced IL-2 (109) and the CD40L-mediated elevation of the stimulatory capacity of DCs (100-102), it was subsequently demonstrated that CD40L-expressing CD4<sup>+</sup> T cells can induce in DCs endogenous Granzyme B inhibitor (serpin SPI-6/PI-9) (86), rescuing the Ag-carrying DCs from killing by the same CTLs that they induce, and thus prolonging the time-frame of effective stimulation of the expanding population of Ag-specific CD8<sup>+</sup> T cells (86, 99). In contrast to the widely-studied suppressive activity of CD8<sup>+</sup> T cells, only recently it was demonstrated that CD8<sup>+</sup> T cells can also activate DCs and promote the Th1- and CTL-mediated type-1 immunity (82-84, 87, 110, 111).

In order to reconcile the paradoxical ability of CD8<sup>+</sup> T cells to act as both suppressor and helper cells, we addressed the possibility that helper and suppressor functions are selectively displayed by CD8<sup>+</sup> T cells at different stages of activation. Using the models of peptide-specific-

and superantigen-driven activation of CD8<sup>+</sup> T cells isolated from blood and tissues and the *in vitro* pre-activated CD8<sup>+</sup> T cells at different stages of activation, we show that the DC killing and DC-activating/protecting functions are exerted sequentially by human CD8<sup>+</sup> T cells: While effector CD8<sup>+</sup> T cells kill DCs in a Granzyme B- and perforin-dependent pathway, TNF $\alpha$ -producing memory CD8<sup>+</sup> T cells display an equivalent activity to CD4<sup>+</sup> Th cells in protecting DCs from premature elimination by the effector cells, supporting the induction of functional Th1 and CTL responses.

### 3.3 MATERIALS AND METHODS

**Media, reagents, and cell lines.** The cell cultures were performed using either IMDM (Invitrogen, Carlsbad, CA) supplemented with 10% FBS (Hyclone, Logan UT) or serum-free AIM-V medium (Invitrogen). *rhu*GM-CSF and IL-4 were gifts from Schering Plough (Kenilworth, NJ). IL-2 was kindly provided by Chiron Corporation (Emeryville, CA). IFN $\gamma$ , TNF $\alpha$ , and IL-1 $\beta$  were purchased from Strathman Biotech (Germany). Staphylococcus Enterotoxin B (SEB), used for priming high number of naïve CD8<sup>+</sup> T cells (83, 91), was obtained from Toxin Technologies (Sarasota, FL). CD40L-transfected J588 plasmacytoma cells were a gift from Dr. P Lane (University of Birmingham, UK) and JY-1 cells were a gift from Dr. Eddy Wierenga (University of Amsterdam). Granzyme B inhibitors IETD-CHO and Z-IETD-fmk were obtained from Calbiochem (San Diego, CA).

**Isolation of the naïve, memory and effector T cell subsets from peripheral blood and tissues.** Mononuclear cells, obtained from the peripheral blood of healthy donors, were isolated by density gradient separation using Lymphocyte Separation Medium (Cellgro Mediatech,

Hendon VA). Naïve CD4<sup>+</sup>CD45RA<sup>+</sup>T cells and naïve CD8<sup>+</sup>CD45RA<sup>+</sup>T cells were isolated by negative selection with the StemSep CD4 and CD8 enrichment cocktails, respectively (StemCell Technologies Inc, Vancouver, Canada). Biotinylated anti-CD45RO antibody was used in combination with enrichment cocktails for isolation of naïve population. The phenotype of naïve CD8<sup>+</sup> CD45RA<sup>+</sup>CCR7<sup>+</sup> T cell population was confirmed by flow cytometry (**Supplementary Figure 1**). Tissue-type effector CD8<sup>+</sup> T cells were obtained from colorectal cancer patients, undergoing surgical resection of liver metastasis, and cultured overnight in low dose IL-2 to recover from the isolation-induced stress and possible effects of tumor derived factors (**Supplementary Figure S1: Appendix A**). The memory subset CD8<sup>+</sup>CD45RA<sup>-</sup>CCR7<sup>+</sup> T cells from peripheral blood (*see Supplementary Figure S1: Appendix A*) was isolated using CD45RA-depleting/CD8 enrichment cocktail (StemCell Technologies).

**Generation of dendritic cells.** Day 6 immature DCs (used as a readout of functional activity of CD8<sup>+</sup> T cells), were generated from peripheral blood monocytes cultured ( $5 \times 10^5$  per ml) in IMDM/10%FBS supplemented with rhuIL-4 and rhuGM-CSF (both at 1000U/ml) in 24 well plates (Falcon, Becton Dickinson Labware, NJ). Type-1 polarized mature DCs, used for the generation effector- and memory-type CD8<sup>+</sup> T cells *in vitro*, were obtained in serum-free AIM-V medium with IL-4 and GM-CSF, and matured (days 6-8) in the presence of TNF $\alpha$ , IFN $\gamma$ , IL-1 $\beta$ , IFN $\alpha$ , and poly I:C, as described (112).

**In vitro induction of effector- and memory-type CD8<sup>+</sup> T cells.** Naïve CD8<sup>+</sup>CD45RA<sup>+</sup>CCR7<sup>high</sup> (*see Supplementary Fig. S1: Appendix A*) T cells ( $5 \times 10^5$  cells/well) were activated with SEB pulsed DCs ( $5 \times 10^4$  cells/well) in the presence of sCD40L (Alexis Corporation, San Diego, CA). Although CD8<sup>+</sup>CD45RA<sup>+</sup> T cells may contain low frequencies of primed cells, our previous studies showed lack of differences between such cells isolated from adult or cord blood, when

using polyclonal models of activation (83). IL-2 (50U/ml) and IL-7 (5ng/ml) were added on day 3. Subsequently culture medium was replenished with fresh medium and cytokines every two days. Priming for 8 days resulted in CD8<sup>+</sup> T cells with high content of the cytotoxic granule components Granzyme B and perforin, referred to effector-type CD8<sup>+</sup> T cells in the current study. CD8<sup>+</sup> T cells primed and cultured for 15 days yielded a functional phenotype of memory cells with low Granzyme B and perforin content. The HLA-A2 restricted CD8<sup>+</sup> T cell clone (83) recognizing melanoma antigen gp100 (209-217) was cloned from TIL 1520 cell line provided by Drs Steven Rosenberg and John Wunderlich (National Cancer Institute, Bethesda, MD), and used either four days after Ag-specific restimulation, or after prolonged culture (> 4 weeks) in IL-2 (100U/ml), in the absence of stimulation.

**Modulation of DC function by CD8<sup>+</sup> T cells.** CD8<sup>+</sup> T cells ( $5 \times 10^4$  cells) were added to day 6 immature DC cultures with or without antigen SEB (or gp100 peptide). After 48 hours cells were harvested, washed and analyzed by flow cytometry or stimulated with CD40L transfected J588 cells (83) for 24 hours. For DC protection studies, memory-type CD8<sup>+</sup> T cells ( $5 \times 10^4$  cells/ml) were added to immature DC culture 6-8 hours prior to the addition of effector-type CD8<sup>+</sup> T cells ( $5 \times 10^4$  cells/ml). When indicated, day 8 primed CD8<sup>+</sup> T cells were pretreated with the perforin inhibitor (83) Concanamycin A (CMA: 100 nM) for 2 hours and then added to immature DC culture. The survival of DCs was assessed by staining with nonyl acridine orange dye (NAO; Sigma), as a marker of apoptosis (loss of mitochondrial potential: NAO which binds to mitochondrial cardiolipin in membrane potential dependent manner) (113). Light scatter properties and Annexin V staining have been used, yielding similar results (*see Fig. 3.3 and Supplementary Fig. S 3b*). Briefly, DCs were stained with 0.2 $\mu$ M NAO in culture medium for 15 minutes at 37<sup>0</sup>C. The cells were washed and immediately analyzed by flow cytometry. For

blocking TNF $\alpha$  release in day 14 memory type CD8<sup>+</sup> T cells, recombinant human soluble TNF RI (R&D Systems) and anti-human TNF $\alpha$  antibody Infliximab (a gift from Dr. Catharien Hilkens, NewCastle, UK) were added to culture wells with DCs and day 14 memory-type CD8<sup>+</sup> T cells.

**Flow cytometry.** Cell surface phenotype was analyzed by flow cytometry using Beckman Coulter XL. The FITC and PE-labeled isotype controls (mouse IgG1 and IgG2a), anti-human CD86, anti-human perforin were obtained from BD Pharmingen. CD83 monoclonal antibody was purchased from Immunotech and PE-labeled Granzyme B antibody was obtained from Cell Sciences. Goat anti-mouse IgG- FITC conjugated was obtained from Caltag Laboratories. For detection of intracellular PI-9, we used PI-9 specific mouse monoclonal IgG1 antibody as described (114). Briefly, for intracellular staining of PI-9, dendritic cells were washed and then blocked with human Ig for 10 minutes at room temperature. Subsequently, cells were permeabilized with 300 $\mu$ l of Permiflow (Invirion, Frankfort, MI) for 60 minutes at room temperature and then washed. The cells were stained with unconjugated anti human PI-9 antibody for 20 minutes at room temperature followed by staining with FITC conjugated goat anti-mouse IgG antibody. Granzyme B and perforin staining were performed according to manufacturer's protocol, using Permiflow as permeabilization reagent.

**Cytokine detection.** Concentrations of IL-12, TNF $\alpha$ , IL-5, and IFN $\gamma$  were determined using specific ELISA, using matched antibody pairs from Endogen. Granzyme B was detected in the supernatants by ELISA (Diaclone, Besancon, France).

**Microscopy.** For TNF $\alpha$ , Granzyme B, and PI-9 visualization experiments, DCs were cultured on collagen coated cover glass (size 12RD, thinness 1, Propper Manufacturing Co., NY) placed in 24 well plates (Falcon). Before imaging, CD8<sup>+</sup> T cells, labeled with either CFSE (2.5 $\mu$ M) or



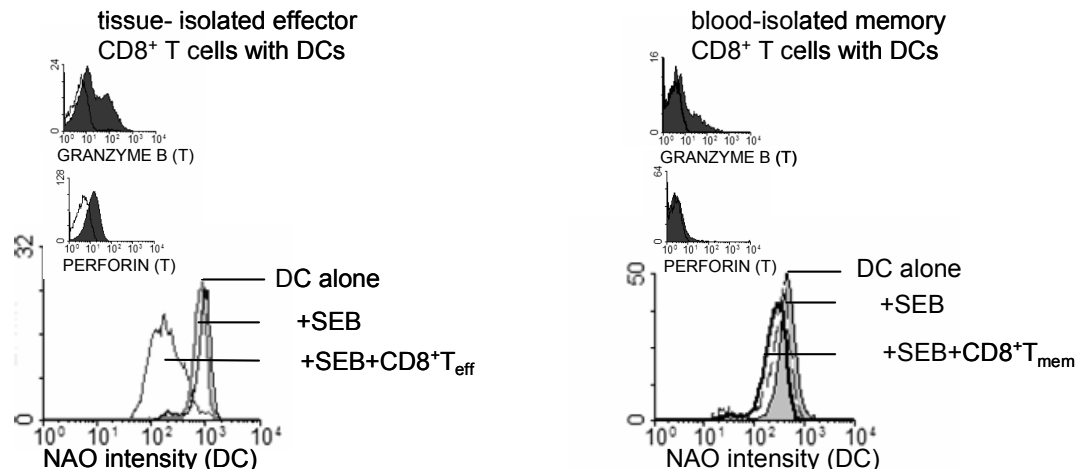
Calcein blue AM (10 $\mu$ M) (Molecular Probes) according to manufacturer's protocol, were added to SEB pulsed DCs (day 6) and incubated for 2 hours at 37 $^{\circ}$  C to allow conjugate formation. Following incubation, cells were fixed with 2% paraformaldehyde, permeabilized with Triton X, and were blocked with normal goat serum (Sigma). The primary antibodies were mouse anti-human granzyme B (Caltag), rat anti-human TNF $\alpha$  (Serotec), mouse anti-human CD11c – Cy5 (BD Pharmingen), and mouse anti-human PI-9. The secondary antibodies were goat anti-mouse Cy3 Fab 1 fragment and goat anti-rat Cy3 (Jackson ImmunoResearch). All the antibodies were used at final concentration of 5 $\mu$ g/ml. Fixed and stained DC-CD8 conjugates were imaged with BX51 upright epifluorescence microscope (Olympus) with a 60X objective and image capture was performed using Magnafire software (Optoronix). For PI-9 localization, DC-CD8 conjugates were imaged with Olympus 500 Scanning Confocal Microscope (Olympus) with 60X objective using Fluoview software. All image files were digitally processed using Metamorph or Adobe Photoshop.

## 3.4 RESULTS

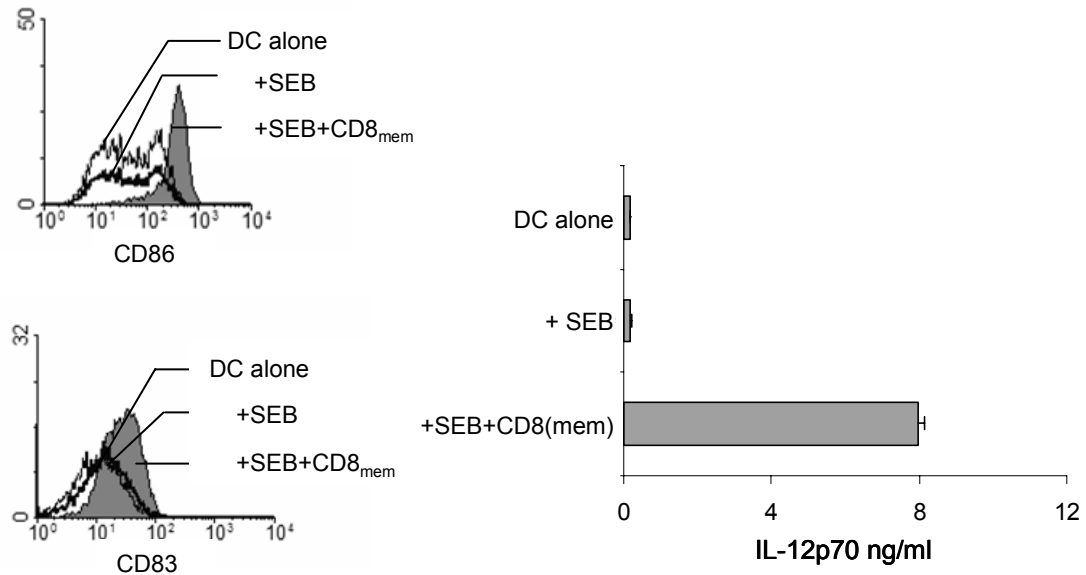
### **CD8<sup>+</sup> T cells at different stages of activation selectively kill or activate DC.**

In order to evaluate the DC-modulating functions of freshly-isolated effector and memory CD8<sup>+</sup> T cell subsets and *in vitro* differentiated naïve CD8<sup>+</sup> T cells at different stages of activation, we have used a superantigen (SEB) model (83, 115, 116). Similar to TCR transgenic mice, this model allows the activation of a high proportion of CD8<sup>+</sup> T cells (83, 91) without the need for prior cloning. In accordance with the observations from the *in vivo* TCR transgenic mouse models (37, 99), we observed that tissue-isolated effector CD8<sup>+</sup> T cells (but not memory or naïve CD8<sup>+</sup> T cells) rapidly killed immature DCs (**Fig. 3.1A: left, also see Supplementary Figs. S1 and S2: Appendix A**). In sharp contrast, blood-isolated memory CD8<sup>+</sup> T cells did not kill DCs (**Fig 3.1A: right**), but instead activated the DC, increasing their expression of the maturation-associated costimulatory molecules (**Fig. 3.1B left**).

**A**



**B**



**Figure 3.1 DC-killing versus DC-activating function of tissue-isolated effector and blood-isolated memory CD8<sup>+</sup> T cells.**

(A-B) Tissue-isolated effector CD8<sup>+</sup> T cells kill DCs while blood-isolated memory CD8<sup>+</sup> T cells induce DC maturation and prime them for high IL-12p70 production. SEB pulsed immature DCs (day 6) were co-incubated with blood-derived memory CD8<sup>+</sup> T cells or tissue-derived effector CD8<sup>+</sup> T cells for 48 hours. **(A)** DC viability was assessed by staining with NAO (113). *Left*: tissue-derived effector CD8<sup>+</sup> T cells eliminate DCs, as indicated by decrease in NAO staining intensity, demonstrating the loss of mitochondrial integrity. *Right*: blood-isolated memory CD8<sup>+</sup> T cells do not kill DCs as reflected by the maintained NAO staining pattern of the DCs. **(B)** *Left*: DC activation status was determined by flow cytometric analysis for surface expression of the co-stimulatory molecule CD86 and DC maturation associated marker CD83. *Right*: IL-12p70 production by DCs following stimulation with

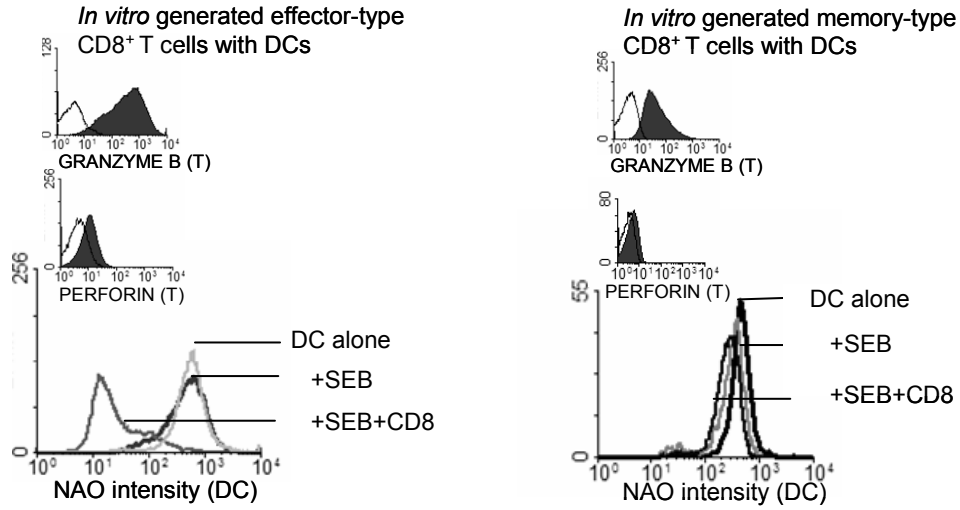
J588-CD40L, as measured by ELISA. Results (mean +/- SD or triplicate cultures) are representative of three independent experiments.

Similar to the IFN $\gamma$ -dependent ability of naïve CD8<sup>+</sup> T cells to elevate the IL-12 production in DCs (83), but in contrast to the effector cells, memory CD8<sup>+</sup> T cells primed DCs for high production of IL-12p70 upon subsequent stimulation with CD40L (**Fig. 3.1B: right**).

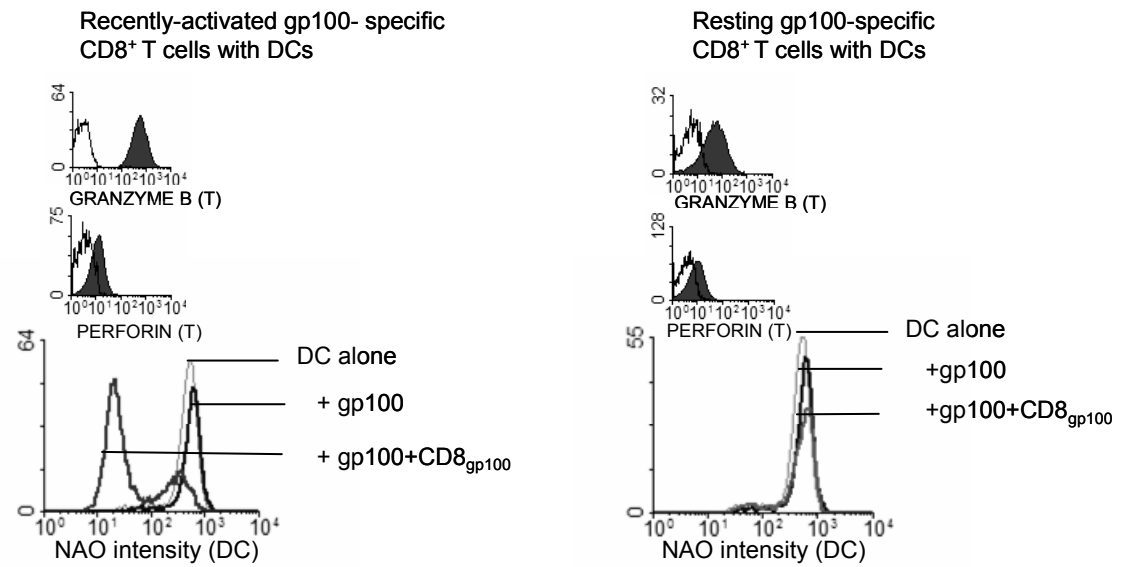
In order to verify that such reciprocal DC-modulating activities of tissue-isolated effector- and blood-isolated memory CD8<sup>+</sup> T cells indeed reflect their different stages of differentiation, we have used a SEB-based model of priming of blood-isolated CD8<sup>+</sup>CD45RA<sup>+</sup> T cells (83), allowing us to study the regulatory functions of the same CD8<sup>+</sup> T cell cultures at different time points after activation. As shown in **Figure 3.2A (left, see the insets)**, similar to mouse *in vivo* models of CD8<sup>+</sup> T cell differentiation (117), CD8<sup>+</sup> T cells expanded for 6-8 days acquired a Granzyme B<sup>high</sup>, perforin<sup>high</sup> phenotype, typical of cytotoxic effector cells, and acquired the ability to kill SEB-loaded tumor cells (**Supplementary Fig. S 3a: Appendix A**). Similar to the tissue-isolated effector cells, such *in vitro* activated day 6-8 (effector-type) CD8<sup>+</sup> T cells effectively killed DC, as assessed by NAO staining (**Fig. 3.2A: left**) or Annexin V (**See Supplementary Fig. S 3b: Appendix A**).

Compared to the effector-type CD8<sup>+</sup> T cells, the cells activated for more than 14 days (memory-type) expressed reduced levels of Granzyme B and perforin. In contrast to the effector cells, such memory-type CD8<sup>+</sup> T cells no longer killed DCs (**Fig. 3.2A: right**). Instead, similar to the blood-circulating memory cells, memory-type CD8<sup>+</sup> T cells induced DC maturation (manifested by up-regulation of CD86 and CD83) and primed DCs for high production of IL-12p70, the key Th1-and CTL-activating cytokine (118) (**Fig.3.2C**).

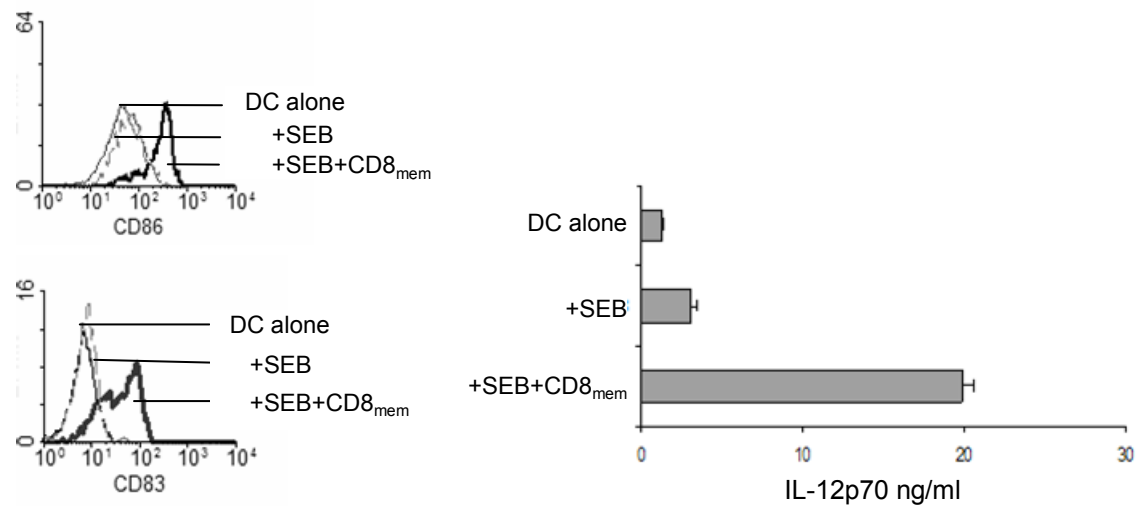
**A**

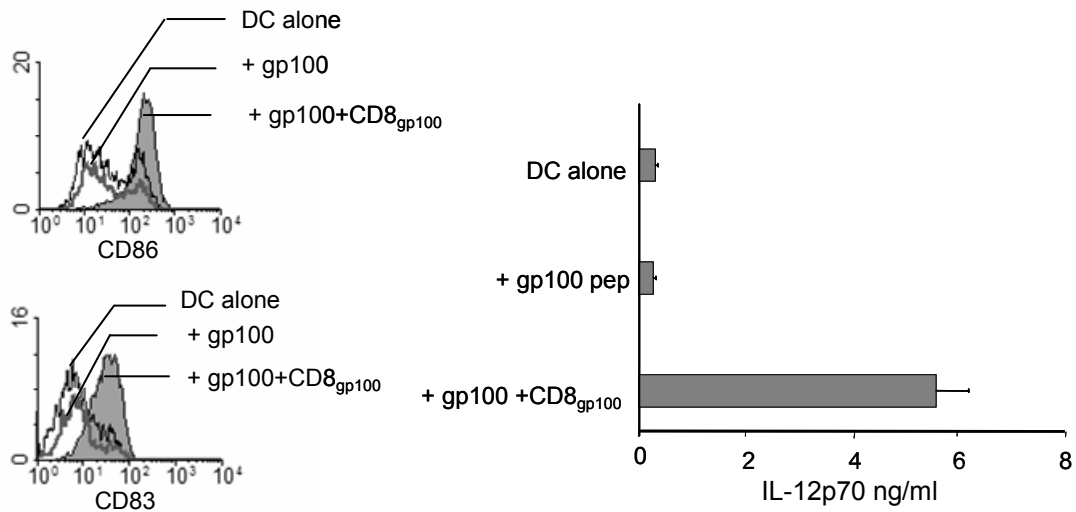


**B**



**C**



**D**

**Figure 3.2 DC-killing versus DC-activating functions of *in vitro* generated effector-type CD8<sup>+</sup> T cells and memory-type CD8<sup>+</sup> T cells at different stages of activation.**

Interaction of DCs with the *in vitro* generated effector (*left*)- or memory (*right*)-type CD8<sup>+</sup> T cells (A, C) or with melanoma (gp100)-specific CD8<sup>+</sup> T cells (B, D), at early or late stages of activation. (A, B): *Left*: *in vitro* generated Granzyme B<sup>hi</sup>/ perforin<sup>hi</sup> effector-type CD8<sup>+</sup> T cells and activated gp100 specific CD8<sup>+</sup> T cells kill DCs as evident from decrease in NAO staining intensity. *Right*: *in vitro* generated Granzyme B<sup>lo</sup>/ perforin<sup>lo</sup> memory-type CD8<sup>+</sup> T cells and resting gp100-specific CD8<sup>+</sup> T cells do not kill immature DCs as reflected by the maintained NAO staining pattern of the DCs. (C, D): Memory-type CD8<sup>+</sup> T cells at later stage of activation and resting melanoma (gp100) specific CD8<sup>+</sup> T cells induce DC maturation and prime DC for enhanced IL-12 production. Day 6, immature HLA-A2<sup>+</sup> DCs were co-cultured with melanoma gp100-specific HLA-A2 restricted CD8<sup>+</sup> T cells, in the presence of gp100<sub>(209-217)</sub> peptide (*shaded histograms*). Memory-type CD8<sup>+</sup> T cells were co-cultured with SEB loaded DCs for 48 hours. *Left*: Activation status of DCs (CD86, CD83) was assessed by flow cytometry. *Right*: IL-12p70 was measured in supernatants after stimulation of DCs with J588-CD40L. In contrast to the presence of live activated DC in cultures containing memory-type T cells, all DCs were rapidly eliminated from the cultures containing effector cells. Results are representative of three independent experiments. DC killing and DC activation required the presence of antigen in all the above systems (not shown).

Similar, stage of activation-dependent, differences were observed in case of CD8<sup>+</sup> T cells activated with a HLA-A2-restricted peptide antigen, gp100<sub>(209-217)</sub>. As shown in **Figures 3.2B and 3.2D**, human gp100-specific CD8<sup>+</sup> T cell clone rapidly killed immature DCs when being pre-activated with Ag-loaded DCs for four days, but lost such DC-killing function following

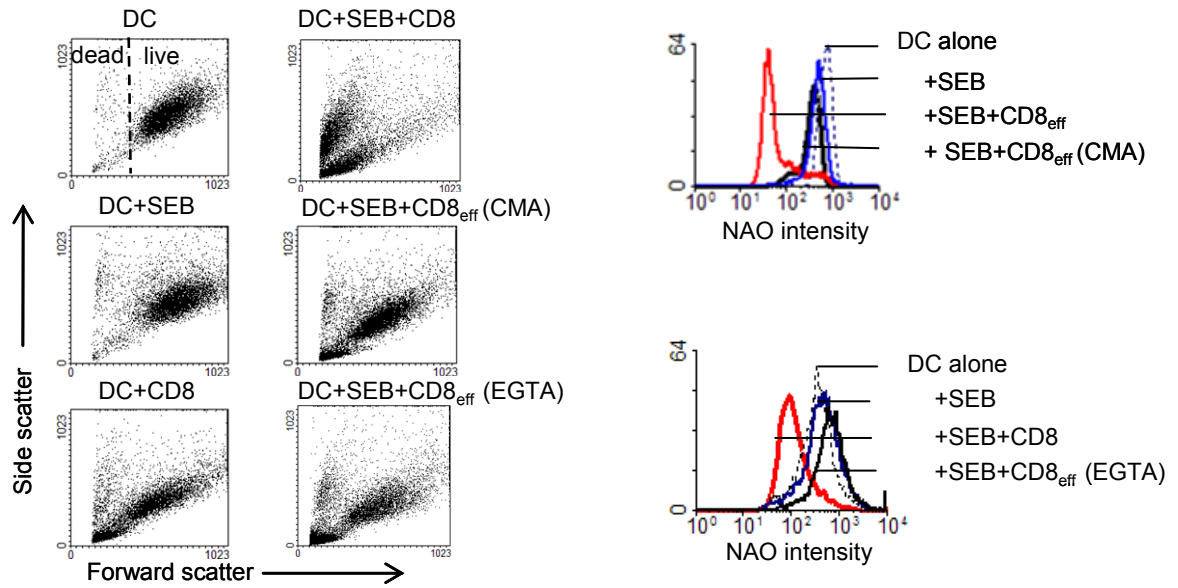
their prolonged culture in the absence of antigen. Similar to the blood-isolated memory CD8<sup>+</sup> T cells and day 14 SEB-activated memory-type cells, such “resting” clonal gp100 CD8<sup>+</sup> T cells efficiently induced DC maturation and primed DCs for high IL-12 production (**Fig. 3.2D**).

The inability of the memory-type CD8<sup>+</sup> T cells to kill DCs did not result from any intrinsic defect resulting from long-term cultures, since they regained the ability to kill DCs upon short-term restimulation (**Supplementary Fig. S 3c: Appendix A**). These data, in conjunction with the results obtained using blood-isolated memory cells (**Fig. 3.1A**), indicate that after a transient period of DC-killing activity, activated CD8<sup>+</sup> T cells enter a “helper phase” of their activation cycle. Similar termination of the suppressor phase of activity has also been observed in case of tissue-isolated effector cells (*data not shown*).

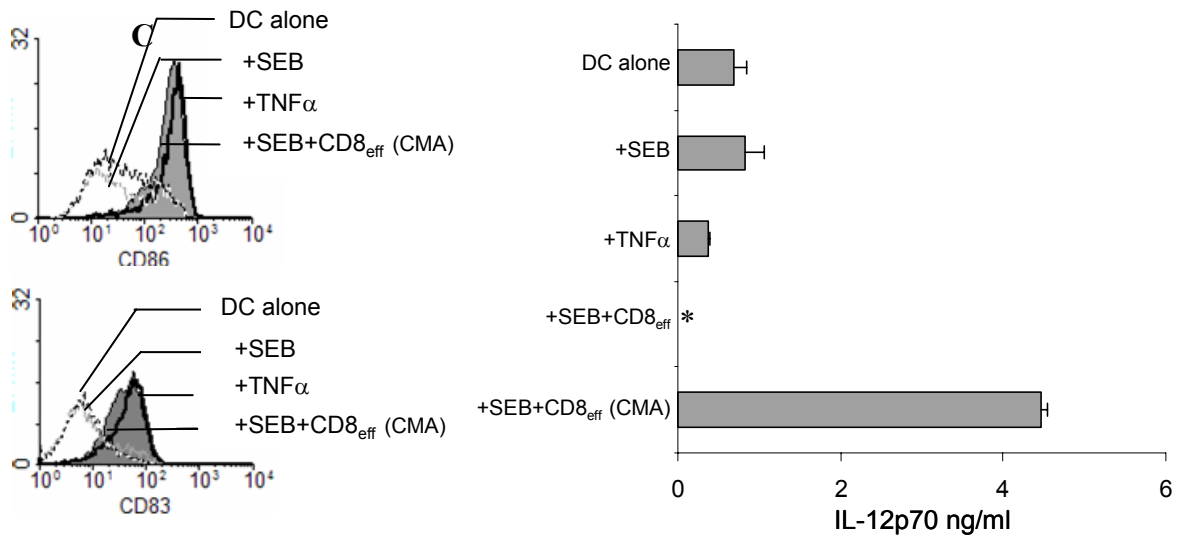
### **Exogenous inhibitors of perforin- and Granzyme B restore DC-activating function of effector CD8<sup>+</sup> T cells**

Prompted by the results of recent studies highlighting the role of perforin-/Granzyme B- and Fas/Fas-L pathways in CTL-mediated elimination of DCs in mouse (37, 119), we have analyzed the role of the perforin/Granzyme B- and Fas/Fas-L-mediated cytotoxic pathways in the killing of human DCs by effector CD8<sup>+</sup> T cells. As shown in **Figure 3.3A**, DC killing was completely eliminated by the addition of EGTA or Concanamycin A (CMA), the inhibitors of the perforin-dependent (but not Fas/Fas-L-dependent) pathway of CTL-mediated killing (120, 121). In contrast, no inhibition of DC killing was observed in the presence of the Fas-L antagonist (**Supplementary Fig S4: Appendix A**).

A



B



C

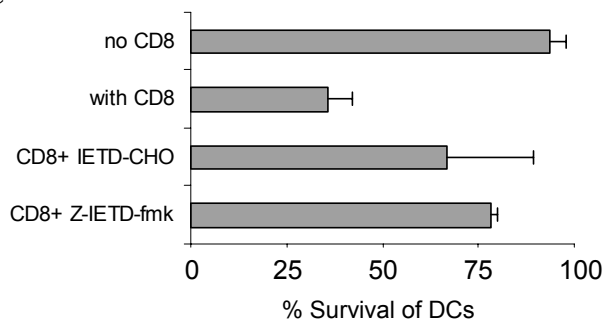


Figure 3.33 Exogenous inhibitors of perforin/Granzyme B pathway convert effector-type CD8<sup>+</sup> T cells into helper CD8<sup>+</sup> T cells.



(A) Inhibition of perforin in effector-type CD8<sup>+</sup> T cells results in the survival of the interacting DCs. Release of functional perforin was blocked by either pre-treatment of the effector-type CD8<sup>+</sup> T cells with CMA (100nM) or by the addition of EGTA (4mM) during DC-CD8 co-culture. The survival of DCs was analyzed by change in the light scatter properties (as indicated by dot plots: *left*), and verified using the NAO staining (*right*). Broken line within the dot plot separates live and dead cell populations. NAO analysis (*right*) included both regions (live and dead DCs). (B) Inhibition of perforin in effector-type CD8<sup>+</sup> T cells results in the induction of their helper function, manifested by DC activation. CMA-treated effector-type CD8<sup>+</sup> T cells were co-cultured with SEB loaded DCs for 48 hours. *Left*: CMA treated (perforin-blocked) effector-type CD8<sup>+</sup> T cells enhance DC activation. TNF $\alpha$  (50ng/ml) induced DC maturation was used as positive control. *Right*: CMA treated (perforin-blocked) effector-type CD8<sup>+</sup> T cells induce type-1 polarized phenotype in DCs, characterized by enhanced ability to produce IL-12p70. \*: below detection limit. Results are representative of three independent experiments. (C) Inhibition of Granzyme B in effector-type CD8<sup>+</sup> T cells results in survival of interacting DCs. Dendritic cells pretreated (1 hour) with IETD-CHO (200 $\mu$ M) or Z-IETD-fmk (20 $\mu$ M), were co-cultured with effector-type CD8<sup>+</sup> T cells. Survival of DCs was analyzed after 10-12 hours. The data from two experiments are expressed as percent survival of DCs (mean  $\pm$  SEM).

Taking advantage of the relative stability of the CMA-induced perforin inhibition in CTLs, without affecting the secretion of CD8<sup>+</sup> T cell-produced TNF $\alpha$  and IFN $\gamma$  (**Supplementary Fig. S4b: Appendix A**), we analyzed the outcome of the interaction of the CMA-pre-treated effector cells with immature DCs. As shown in **Figure 3.3B**, pre-treatment of the effector cells with CMA abrogated their DC-killing ability, resulting in the induction of phenotypic maturation of the DCs (TNF $\alpha$  was used as a control for DC maturation) and their priming for high IL-12p70 production. Similar to the blocking of the perforin pathway, we also observed that pre-treatment of DCs with the specific Granzyme B inhibitors IETD-CHO or Z-IETD-fmk (122), abrogated the CTL-induced DC death (**Fig. 3.3C**).

These results indicate that the perforin- and Granzyme B-mediated cytolytic pathway is the principal mode of DC elimination by human effector CD8<sup>+</sup> T cells, and that, in its absence, the effector cells no longer suppress DC activity, but support it. These data also suggest that pharmacologic modulation of the perforin- or granzyme-mediated killing can be used to enhance

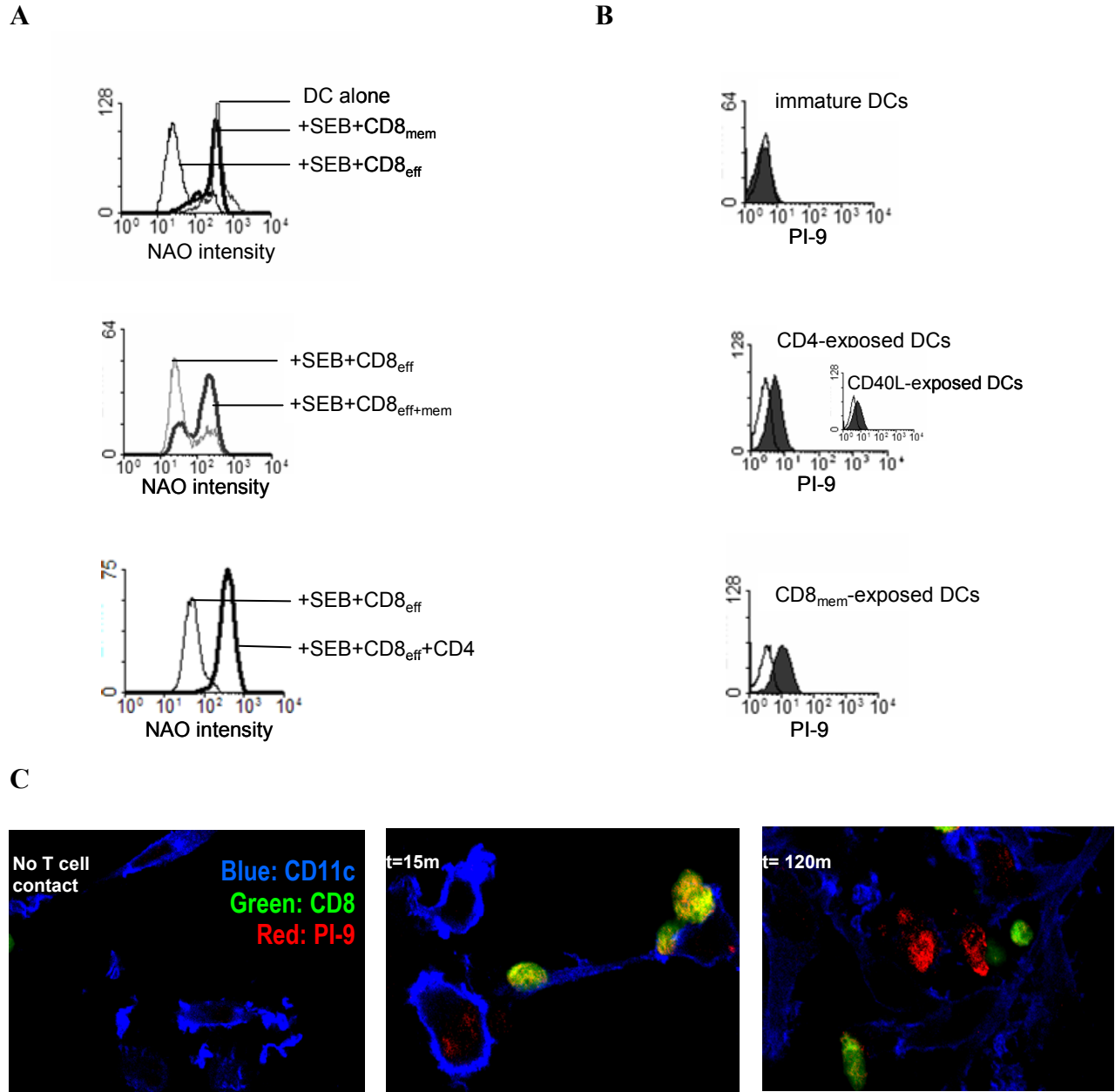
the effectiveness of active and adoptive immunotherapies performed in the setting of existing disease, where antigen-specific effector CD8<sup>+</sup> T cells predominate.

**Memory CD8<sup>+</sup> T cells protect DCs from CTL-mediated killing: Equivalent induction of the endogenous Granzyme B inhibitor, PI-9, by memory CD8<sup>+</sup> and CD4<sup>+</sup> T helper cells**

The inability of memory-type CD8<sup>+</sup> T cells to kill DCs even after 48 hour co-cultures was particularly intriguing in face of our observations that their killing function can be restored following re-activation (*Supplementary Fig. S 3c: Appendix A*), and the data from mouse models that 30-72 hour-reactivated effector-memory and central-memory cells re-acquire their DC-killing potential (80, 123). These data suggested that the initial interaction of DCs with memory-type CD8<sup>+</sup> T cells may protect DC from the eventually-acquired CTL activity of the same cells. In order to test this possibility, we have sequentially exposed DCs, first to memory-type CD8<sup>+</sup> T cells, followed by co-culture with effector-type CD8<sup>+</sup> T cells.

As shown in *Figure 3.4A*, the DCs exposed to memory-type CD8<sup>+</sup> T cells became resistant to subsequent killing by CTLs. This protective effect of the memory-type CD8<sup>+</sup> T cells was similar to that exerted by activated CD4<sup>+</sup> T cells, the classical “helper T cells” (*Fig. 3.4A*), which have been proposed to mediate their helper function by DC protection (86, 99). In further support of the similarity between the helper functions of CD4<sup>+</sup> T cells and CD8<sup>+</sup> memory T cells, DCs that interacted with either of these T cell subsets expressed similar levels of an endogenous Granzyme B inhibitor PI-9 (*Fig. 3.4B*), a human equivalent of murine serine protease inhibitor (SPI-6) (124) shown to mediate the protection of mouse DCs from CTL-mediated killing (86). The analysis of PI-9 expression at the per cell basis, using confocal microscopy, revealed that PI-9 is massively up-regulated in DCs within 2 hours following their interaction with memory-type

CD8<sup>+</sup> T cells, with PI-9 expression being detectable in the individual DCs interacting with T cells already within 15 minutes (*Fig. 3.4C*).



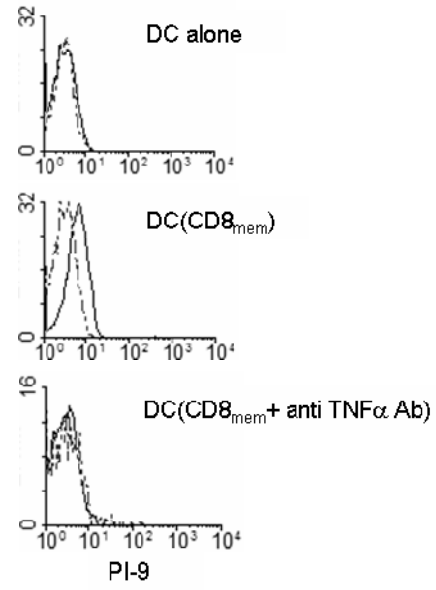
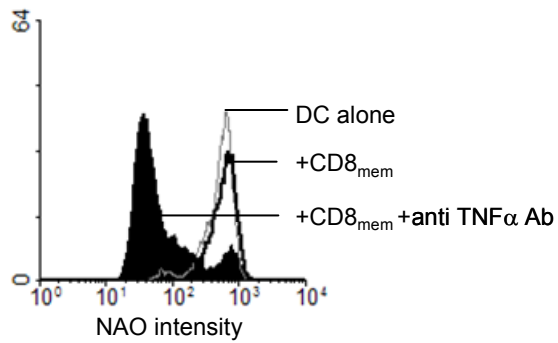
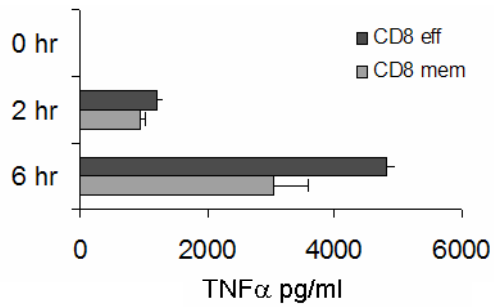
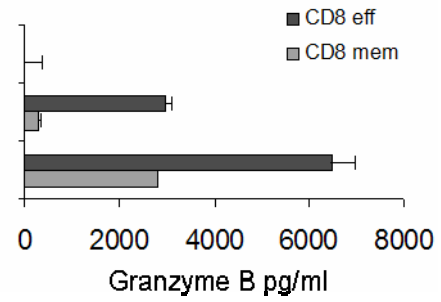
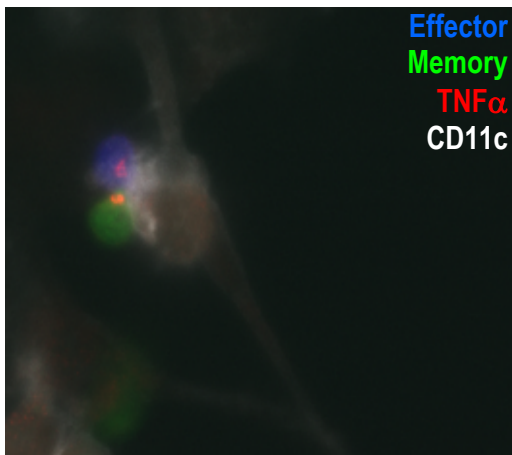
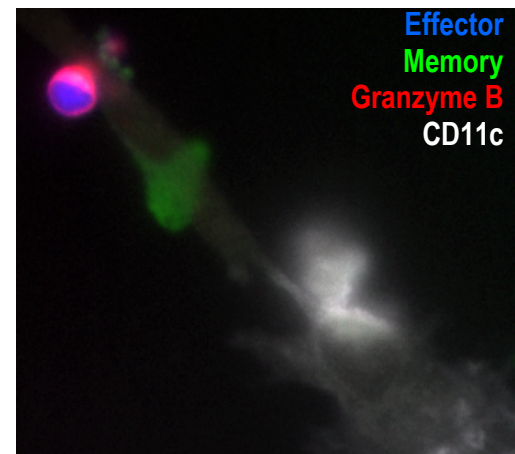
**Figure 3.4 Memory-type CD8<sup>+</sup> T cells and CD4<sup>+</sup> T cells induce DC expression of endogenous Granzyme B inhibitor and protect DCs from CTL-mediated killing.**

(A) Exposure of DCs to memory-type CD8<sup>+</sup> T cells confers protection from effector-type CD8<sup>+</sup> T cell mediated death, analogous to CD4<sup>+</sup> T cell mediated protection. Memory CD8<sup>+</sup> T cells or CD4<sup>+</sup> T<sub>h</sub> cells were co-cultured with SEB-loaded DCs for 8-10 hours, followed by the addition of effector CD8<sup>+</sup> T cells. DC viability was assessed by

NAO staining at 24 hours. **(B)** Memory-type CD8<sup>+</sup> T cells induce uniform DCs expression of the endogenous Granzyme B inhibitor: PI-9 (10 hour co-culture). DCs exposed to memory-type CD8<sup>+</sup> T cells, CD4<sup>+</sup> T cells (or CD40L: *see the inset*) were stained for intracellular PI-9. **(C)** Rapid induction of PI-9 in DCs exposed to memory-type CD8<sup>+</sup> T cells, visualized by confocal microscopy: Localization of PI-9 (red) in DCs (blue), following the interaction with memory-type CD8<sup>+</sup> T cells (green). Please note lack of PI-9 expression in isolated DCs, and high levels of PI9 expression in DCs in 2 hour co-cultures.

The ability of CMA to abolish the DC-killing activity of CTLs without abrogating their ability to induce DC maturation, and our previous data that blocking of TNF $\alpha$ -RI (known to be triggered by TNF $\alpha$  and Lymphotoxin- $\beta$ (LT)) abrogates DC maturation (83), prompted us to test if the CTL-protecting helper activity of memory-type CD8<sup>+</sup> T cells is mediated by TNF $\alpha$  and can be blocked by the addition of soluble TNF receptor I (blocking potential actions of TNF $\alpha$  and LT) or TNF $\alpha$ -specific antibody (Infliximab; blocking TNF $\alpha$  exclusively). In accordance with the key role of TNF $\alpha$  (rather than LT), both reagents proved equally effective in converting the memory T cell-induced DC activation into memory T cell-induced DC death (**Fig. 3.5A**, *data not shown for sTNF-RI*). As expected, these effects were accompanied by the prevention of the induction of PI-9 in DCs (**Fig. 3.5B**).

In accordance with the different outcome of interaction of memory versus effector T cells with DCs, we observed a significant release of TNF $\alpha$  within two hours of interaction of DC with memory-type CD8<sup>+</sup> T cells, whereas the release of Granzyme B by memory-type CD8<sup>+</sup> T cells was significant only at later time points. Effector T cells, however, simultaneously released both TNF $\alpha$  and Granzyme B (**Fig. 3.5C, D**).

**A****C****D****E****F**

**Figure 3.5 Memory-type CD8<sup>+</sup> T cell-derived TNF $\alpha$  plays a crucial role in helper function.**

Inhibition of TNF $\alpha$  activity abrogates the helper function of memory-type CD8<sup>+</sup> T cells, resulting in DC killing. Neutralization of TNF $\alpha$  in the co-cultures of SEB-loaded DCs and memory-type CD8<sup>+</sup> T cells using anti-TNF $\alpha$

antibody, reduces DC survival (24 hour cultures). **(B)** anti-TNF $\alpha$  antibody, blocks the memory-type CD8<sup>+</sup> T cell-induced induction of PI-9 in DCs (10 hour time point). **(C-D)** Different relative kinetics of the TNF $\alpha$ - versus Granzyme B release in memory and effector CD8<sup>+</sup> T cells during the interaction with DCs. Note that the release of TNF $\alpha$  precedes Granzyme B release in memory-type CD8<sup>+</sup> T cells, but not in effector cells. **(E)** Four-color fluorescent microscopy demonstrating the presence of high amounts of Granzyme B (red) in the effector CD8<sup>+</sup> T cells (blue) interacting (2 hours) with DCs (grey), but not in the memory CD8<sup>+</sup> T cells (green). **(F)** Presence of TNF $\alpha$  (red) in both effector (blue) and memory (green) CD8<sup>+</sup> T cells interacting with DCs (grey). Two hour cocultures.

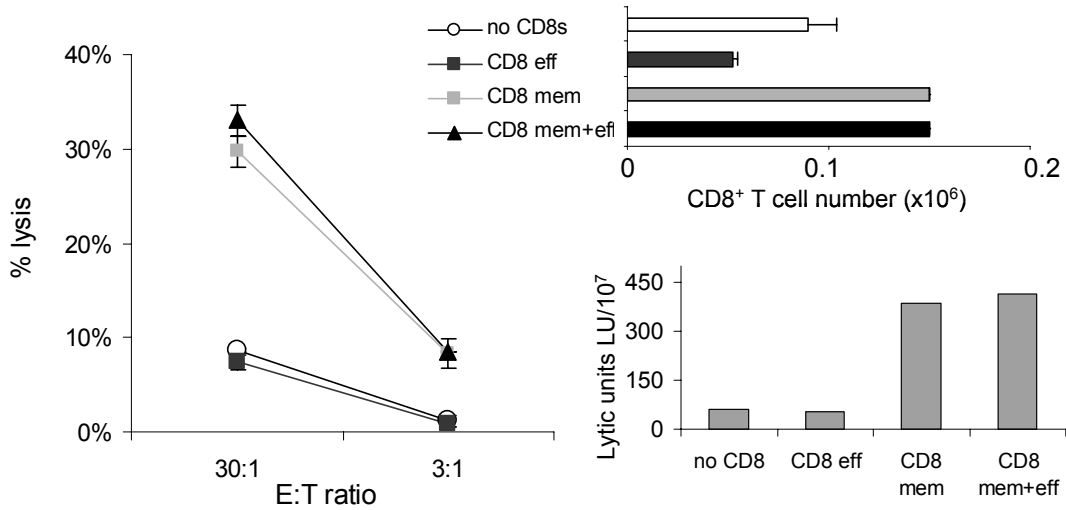
Furthermore, the microscopic analysis of the DC - T cell interactions (at the 2 hour time point, when PI-9 is induced in DCs: *see Fig. 3.4C*) demonstrated equivalent mobilization of TNF $\alpha$  in both memory-type and effector-type CD8<sup>+</sup> T cells (**Fig. 3.5E**), whereas exclusively the effector CD8<sup>+</sup> T cells, but not memory cells, directed Granzyme B-containing cytotoxic granules towards the contact zone with DCs (**Fig. 3.5F**). This sequence of events indicates that the early TNF $\alpha$  release by the memory CD8<sup>+</sup> T cells protects DC from the subsequently-released Granzyme B.

### **“CD8 to CD8 help” and “CD8 to CD4 help”: Memory CD8<sup>+</sup> T cells support the de novo induction of CTLs and Th1 cells**

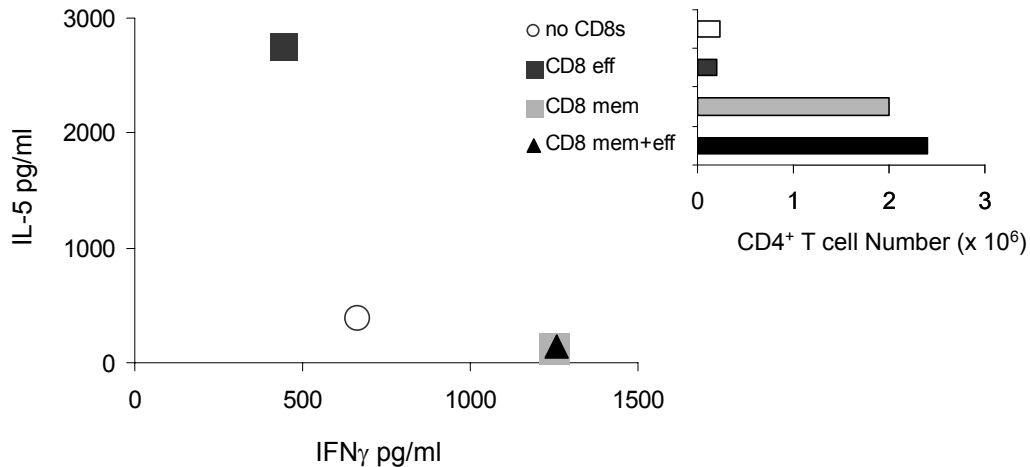
In support of their ability to act as respective suppressor and helper cells during the *de novo* induction of type-1 immune cells, CD8<sup>+</sup> T cells at different stages of activation differentially regulated the expansion of naïve CD8<sup>+</sup> and CD4<sup>+</sup> T cells and the development of their respective CTL and Th1 functions (**Fig. 3.6A, B**). Importantly, in accordance with the dominant role of memory CD8<sup>+</sup> T cells in regulating the survival and function of DCs (*see Fig. 3.4*), the helper signals from memory CD8<sup>+</sup> T cells not only promoted the DC-driven functional differentiation of naïve T cells but were also able to fully counteract the suppressive activity of effector CD8<sup>+</sup> T

cells, resulting in the effective induction of functional CTL and Th1 responses even in the presence of effector CD8<sup>+</sup> T cells (**Fig. 3.6**).

**A**



**B**



**Figure 3.6 Memory CD8<sup>+</sup> T cells support *de novo* induction of functional CTLs and Th1 cells.**

(A-B) Memory and effector CD8<sup>+</sup> T cells have reciprocal impact on the DC-driven expansion of CTL- and Th1 cell progenitors and the development of CTL and Th1 functions. Blood-isolated naïve CD8<sup>+</sup> or CD4<sup>+</sup> T cells were primed with the SEB-loaded immature DCs in the absence or presence of  $\gamma$ -irradiated memory-type or effector-type CD8<sup>+</sup> T cells. The expanding cultures of naïve CD8<sup>+</sup> or CD4<sup>+</sup> T cells were harvested, respectively at day 5 or day 10, counted and tested for their functional activity, using CTL assay or the analysis of their Th1/Th2 cytokine profiles. (A) Memory CD8<sup>+</sup> T cells support the expansion of CTL precursors and their acquisition of functional

activity. *Left:* CTL activity of CD8<sup>+</sup> T cell cultures performed in the presence or absence of memory or effector CD8<sup>+</sup> T cells was assessed by <sup>51</sup>Cr release assay, using SEB-loaded JY-1 cells as targets. Data from one of two independent experiments, that both yielded similar results. (B) Memory CD8<sup>+</sup> T cells support the expansion of Th1 cell precursors and the acquisition of Th1 cytokine production profiles. *Right:* Ability of memory-type CD8<sup>+</sup> T cells, but not effector-type CD8<sup>+</sup> T cells, to induce naïve CD4<sup>+</sup> T cell proliferation. *Left:* Naïve CD4<sup>+</sup> T cells primed in the presence of memory-type CD8<sup>+</sup> T cells develop a strongly polarized Th1 cytokine profile as determined by ELISA. Data from one of two independent experiments, that both yielded similar results.

### 3.5 DISCUSSION

We show that in contrast to effector CD8<sup>+</sup> T cells which rapidly eliminate antigen-carrying DCs in a perforin- and Granzyme B-dependent mechanism, human memory CD8<sup>+</sup> T cells protect DCs from CTL-mediated killing and exert DC-mediated helper function. These data indicate that the mechanism of CD8<sup>+</sup> T cell memory, in addition to the previously defined increased frequency of Ag-specific T cells and their rapid acquisition of effector functions, involves a novel CD4<sup>+</sup> T cell-like ability of memory CD8<sup>+</sup> T cells to prolong the life-span of antigen-carrying DCs.

Our data support the following functional model of CD8<sup>+</sup> T cell memory: During primary immune responses, DC activation requires their exposure to factors representing pathogen-associated- or tissue damage-associated molecular patterns (PAMPs versus “danger signals” or DAMPs) (10, 11), implicating the need for a significant pathogen load and tissue damage. In contrast, the activation of DCs during secondary responses can benefit from the activating signals released by high numbers of pathogen-specific memory-type CD8<sup>+</sup> T cells, even before the destruction of the infected cells and the release of additional copies of the pathogen. Such memory CD8<sup>+</sup> T cell-dependent early DC activation helps the immune system to respond to the pathogen at much earlier stages of (re)infection, limiting its early spread, the extent of tissue



damage and the activation of innate defense mechanisms, thus preventing the onset of disease symptoms.

Moreover, since during the primary responses, the PAMP- and DAMP-mediated DC protection from newly arising CTLs is limited to the period of active infection and ongoing tissue damage, the optimal activation of the T cells recruited to the lymph nodes at later stages of primary responses (needed for the optimal development of memory cells (125, 126)) is dependent on DC-protecting signals from CD4<sup>+</sup> T helper cells (99). In contrast, during secondary immune responses, antigen-carrying DCs can also interact with the CD8<sup>+</sup> memory T cells that are gradually recruited to the sites of infection or to inflamed lymph nodes, preventing premature DC elimination by the arising effector cells and limiting their dependence on the pathogen-related or CD4<sup>+</sup> T cell-related survival signals.

In addition to the currently-identified DC protection by memory CD8<sup>+</sup> T cells, recall immunity may also benefit from the IFN $\gamma$ -dependent (83) ability of memory CD8<sup>+</sup> T cells to enhance the DC secretion of IL-12p70 (**Fig. 3.1B and 3.2B**), jointly contributing to the superior magnitude and quality (**Fig. 3.6**) of recall immune responses.

The current demonstration of the dominant impact of memory CD8<sup>+</sup> T cells in preventing DC killing by existing CTLs and promoting the optimal *de novo* induction of functional CTLs and Th1 cells facilitate the development of new vaccination strategies in therapeutic settings. In accordance with such a possibility, our *in vivo* observations in mouse demonstrate that the inclusion in tumor vaccines of tumor-unrelated helper epitopes, promoting the interaction of the vaccine-carrying DCs with tumor-unrelated memory CD8<sup>+</sup> T cells, can boost the immunologic and anti-tumor effects of vaccination against established tumors (*manuscript in press*). The

current data also help to explain the high efficacy of prime-boost vaccination strategies (75), when the first and second doses of vaccine are delivered using antigenically-distinct vectors and may help to further improve such strategies.

We are currently comparing the ability of different populations of memory cells to provide helper signals. While our preliminary data suggest that blood-isolated central-memory and effector-memory CD8<sup>+</sup> T cells are both effective in protecting DCs from CTL killing (*not shown*), we observed that the memory-type cells generated in our two week-long cultures (in contrast to blood-isolated memory cells, expressing low levels of Granzyme-B and perforin: *see Figs. 3.1 and 3.2*) can re-acquire the DC killing ability following short-term restimulation (*Supplementary Figure S 3c: Appendix A*). These data, and the recently-published observations that mouse effector-memory CD8<sup>+</sup> T cells can acquire DC-killing capacity *in vivo* within 30 hours of exposure to antigen-loaded DCs (123), suggest that an optimal long-term DC protection *in vivo* may require the presence of central memory cells. Since mouse long-term memory cells have been shown to kill DC only following 72 hours (but not 24 hours) of antigenic challenge (80) and human central memory CD8<sup>+</sup> T cells have been shown to need up to 72 hours of activation to re-acquire the cytotoxic function (127), the DC protection by central memory T cells during secondary immune responses is likely to have a substantial time-span.

An intriguing aspect of the current findings is the possibility of manipulating the respective suppressive and helper functions of effector and memory CD8<sup>+</sup> T cells, using pharmacologic agents. We observed that blocking perforin or Granzyme B activity results in the acquisition of helper functions by the effector cells, while blocking TNF $\alpha$  interaction with TNF-RI converts memory T cells into suppressive cells. These data have direct pathologic and therapeutic implications for autoimmunity, chronic infections and cancer. While the blockade of TNF $\alpha$  or

TNF-RI, using Infliximab or Eterncept, respectively, proved to be highly effective in the treatment of inflammatory bowel disease, rheumatoid arthritis, and other autoimmune diseases, a comparative evaluation of the role of these agents in limiting the DC-activating functions of CD8<sup>+</sup> T cells in these different disease settings may help to explain the differential efficacy of each of these agents in patients with different forms of autoimmunity, allowing further optimization of their treatment.

While the inability of perforin-deficient CD8<sup>+</sup> T cells (and possibly NK cells) to control CD8<sup>+</sup> T cell expansion has been proposed to explain autoimmune damage in perforin knockout mice infected with LCMV or Listeria (128), and the uncontrolled lymphoproliferation during viral infections in patients with perforin mutations (129), the current data provide the rationale for the evaluation of perforin or granzyme-targeting therapies as a tool to increase the efficacy of therapeutic vaccines in the settings of cancer and chronic infections, where terminally differentiated effector cells predominate (96, 98, 130). It also remains to be tested whether perforin- or granzyme-targeting approaches can be applied to enhance the long-term clinical effectiveness of adoptive immunotherapies with ex-vivo expanded tumor-infiltrating lymphocytes, where the long-term persistence of tumor-specific T cells and the positive clinical outcomes are tightly-correlated with the frequencies of the adoptively-transferred memory-type, expectedly non-DC-killing, CD8<sup>+</sup> T cells (131-133).

In summary, the current data help to reconcile the long-known paradoxical ability of CD8<sup>+</sup> T cells to play the reciprocal “suppressor” and “helper” roles, adding to our understanding of CD8<sup>+</sup> T cell memory, and facilitating the development of effective therapies of autoimmunity, cancer and chronic infections.

## **ACKNOWLEDGMENTS**

We would like to thank Drs Hannah Rabinowich, Catharien Hilkens, David Bartlett, Jan Paul Medema, and Rienk Offringa for stimulating discussions, critical comments, and providing research materials. We thank Sean Alber for his technical assistance with microscopic imaging studies.

This work was supported by the NIH grants CA095128 and CA101944.

**DENDRITIC CELLS REGULATE THE LYMPHOID VERSUS PERIPHERAL/  
EFFECTOR PATHWAY OF DIFFERENTIATION OF CD8<sup>+</sup> T CELLS.**

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Manuscript in *preparation*

The majority of experiments in this manuscript were performed by Payal Watchmaker.

## **4 DENDRITIC CELLS REGULATE THE LYMPHOID VERSUS PERIPHERAL/ EFFECTOR PATHWAY OF DIFFERENTIATION OF CD8<sup>+</sup> T CELLS.**

### **4.1 ABSTRACT**

Effective CD8<sup>+</sup> T cell responses require T cell expansion and the development of the effector (CTLs) and memory cells. Here, we report that CD8<sup>+</sup> T cells stimulated by the “inflammatory-type” dendritic cells (DC) activated by interferons and TLR ligands, expand and acquire IL-7R and IL-15R, but also develop CTL functions and undergo a switch in chemokine (CK) responsiveness (from lymphoid to peripheral). In contrast, CD8<sup>+</sup> T cells activated by long-term-stimulated “exhausted” DCs or by DCs exposed to mediators of chronic inflammation, such as PGE<sub>2</sub>, effectively expand and acquire IL-7R<sup>+</sup>/IL-15R<sup>+</sup> phenotype while retaining the CD62L<sup>+</sup>CCR7<sup>+</sup>CCR5<sup>-</sup> central memory phenotype not associated with CTL functions. The “non-cytolytic/lymphoid” status induced in naive or memory (including tumor-specific) CD8<sup>+</sup> T cells by the PGE<sub>2</sub>-matured DCs is fully reversed by the interaction with inflammatory-type DCs, suggesting that the non-cytolytic T cells are fully functional but undergo memory-type differentiation. The independent regulation of CD8<sup>+</sup> T cell expansion and their commitment to the peripheral/effector versus lymphoid/memory subsets helps to understand the phenomenon of preferential induction of memory CD8<sup>+</sup> T cells at late stages of immune responses and the negative impact of persistent inflammation on the development of immune memory. The limited

effectiveness of PGE<sub>2</sub>-matured DCs in inducing peripheral-tissue-directing chemokine receptors on tumor-specific T cells helps to explain the limited clinical effectiveness of the current cancer vaccines, suggesting novel ways of enhancing their therapeutic effectiveness.

## 4.2 INTRODUCTION

Dendritic cells (DC) regulate the proliferation and differentiation of CD8<sup>+</sup> T cells. While the combination of “signal 1” (antigen) and “signal 2” (co-stimulation) is known to be essential for the induction of CD8<sup>+</sup> T cell proliferation and clonal expansion (134)(135)(136), it is less clear what signals govern their differentiation towards the effector cells (CTLs) with immediate cytolytic function, and tissue/peripheral homing capacity, as opposed to memory cells that retain the lymphoid/central homing pattern and lack immediate killing function (46, 47).

In case of CD4<sup>+</sup> T cells, studies in human and mouse models have demonstrated that the DC-induced expansion of naïve CD4<sup>+</sup> T cells can be uncoupled from their acquisition of Th1 or Th2 effector functions (13, 15, 16, 92, 115, 137), leading to the concept of “signal 3” (13) which selectively regulates the acquisition of T cell effector functions. While no similar data are available in the case of CD8<sup>+</sup> T cells, increasing evidence suggests a key role of inflammation in the development of cytolytic function and the requirement for its cessation in the effective transition from the effector to memory phase of immunity (138, 139). Several *in vivo* models of infections have demonstrated that inflammatory cytokines such as IL-12, IFN $\alpha$  and IFN $\gamma$ , are involved not only in the regulation of proliferation of CD8<sup>+</sup> T cells but also in their acquisition of effector functions (140-142). There is also increasing evidence suggesting that active inflammation can delay the formation of memory CD8<sup>+</sup> T cells (48, 54), with the induction of

memory CD8<sup>+</sup> T cells being particularly effective at late stages of immune responses, following the termination of the inflammation-inducing active stage of the pathogenic infection. Moreover, the observations of prominent expansion of tumor-specific CD8<sup>+</sup> T cells in the blood of patients treated with current cancer vaccines in combination with limited induction of their effector functions or clinical activity of vaccination, together with the ability of inflammatory cytokines to convert such non-cytolytic T cells into cytolytic ones suggest a similar inflammation-dependent regulation of the effector versus memory phases of immune responses in humans (21, 131).

In order to address the role of dendritic cells in the development of human effector and memory CD8<sup>+</sup> T cells, we compared the magnitude and quality of CD8<sup>+</sup> T cell responses induced by the DCs activated in acute or chronic fashion by different inflammatory mediators. Our data indicate that DCs matured under conditions mimicking an early phase of immune response (short-term activation with inflammatory cytokines and TLR ligands) promote the effector pathway of CD8<sup>+</sup> T cells differentiation, followed by the development of non-cytolytic memory cells. In contrast, DC matured during the late phase of immune response (activation with inflammatory cytokines or prolonged exposure to inflammation) supported CD8<sup>+</sup> T cell expansion and direct differentiation into memory cells, without inducing their cytolytic function and a switch in chemokine responsiveness .



## 4.3 MATERIALS AND METHODS

### Cell lines, media and reagents

Serum-free AIM-V medium (Invitrogen, Carlsbad, CA) was used to generate DCs and IMDM (Invitrogen) with 5% human serum (Atlanta Biologicals, Norcross, GA) was used for *in vitro* sensitization (IVS) experiments. The following factors were used to generate mature DCs: *rhu* GM-CSF and IL-4 (gifts from Schering Plough, Kenilworth, NJ), IFN $\alpha$  (Intron A-IFN $\alpha$ -2b; Schering Plough, NJ), *rhu*TNF $\alpha$ , *rhu*IFN $\gamma$ , *rhu* IL-1 $\beta$  (all Strathmann Biotech, Germany), *rhu*IL-6 (Genzyme, Cambridge, MA), lipopolysaccharide (Sigma, St. Louis, MO), PGE $_2$  (Sigma) and poly I: C (Sigma). IL-2 (Chiron Corp, Emeryville, CA) and *rhu*IL-7 (Strathmann Biotech) were used to support the CD8 $^+$  T cell expansion.

### Generation and maturation of dendritic cells

Peripheral blood mononuclear cells (PBMCs) were obtained from the blood of healthy donors or melanoma patients using lymphocyte separation medium (Cellgro Mediatech, Herndon, VA). Monocytes were isolated on density gradients, with Percoll (Sigma), followed by plastic adherence. Monocytes were cultured for 6 days in 24-well plates (Falcon) at  $5 \times 10^5$  cells per well in *rhu*GM-CSF and IL-4 (both 1000U/ml). The following combinations of maturation stimuli were added to DCs on day 6: LPS alone (250ng/ml), LPS and IFN $\gamma$  (1000U/ml), LPS and PGE $_2$  ( $10^{-6}$  mol/ml), TNF $\alpha$  (100ng/ml) and IFN $\gamma$ , TNF $\alpha$  and PGE $_2$ , TNF $\alpha$ , IL-1 $\beta$  (25ng/ml), PGE $_2$ , IL-6 (1000U/ml) and  $\alpha$ DC1 maturation cocktail as described (112).

### Isolation of Peripheral Blood CD8 $^+$ T cell Populations

Naïve CD8 $^+$ CD45RA $^+$  T cells were isolated by negative selection with the StemSep and CD8 enrichment cocktails, respectively (StemCell Technologies Inc, Vancouver, Canada).

Biotinylated anti-CD45RO antibody was used in combination with enrichment cocktail for isolation of naïve population. CD8<sup>+</sup>CCR7<sup>+</sup>CD45RA<sup>-</sup> central memory T cell population was flow-sorted using MoFlo high-speed cell sorter (Dako Cytomation), after labeling with appropriate antibodies.

### **Flow cytometry**

Two- and three-color cell surface and intracellular immunostaining analysis was performed using Beckman Coulter Epics XL flow cytometer. FITC and PE-labeled anti human CCR7 (R&D Systems), CCR5 (BD Pharmingen), CXCR3 (BD Pharmingen) and the corresponding isotypes IgG2a and IgG1 were used. PE-labeled anti-human Granzyme B and FITC-anti human perforin antibodies were purchased from Cell Sciences and BD Pharmingen respectively. HLA-A2/MART1<sub>27-35</sub> tetramer staining (Beckman Coulter, Immunomics) was performed according to the manufacturer's instructions.

### **In vitro sensitization**

Naïve CD8<sup>+</sup>CD45RA<sup>+</sup>CCR7<sup>high</sup> T cells (5x10<sup>5</sup> cells/well) were activated with SEB-pulsed DCs (5x10<sup>4</sup> cells/well). On day 5-6, expanded CD8<sup>+</sup> T cells were used for immunostaining; alternatively the cultures were fed with low dose IL-2 and IL-7 (10ng/ml) every two days and analyzed for cell surface and intracellular markers on day 16-20.

## 4.4 RESULTS

### **Cytolytic and non-cytolytic differentiation of CD8<sup>+</sup> T cells induced by “inflammatory” versus “exhausted” DCs**

In order to delineate the requirements for the effective DC-induced expansion of CD8<sup>+</sup> T cells and their acquisition of effector functions, we compared the outcome of naïve CD8<sup>+</sup> T cell priming by DCs induced to mature by the mediators of acute inflammation (combination of interferons and TLR ligands) or by mediators of chronic inflammation (presence of PGE<sub>2</sub>), either for 24 hours or 96 hours.. The short versus prolonged maturation of DCs is associated with differential ability to produce IL-12p70 (13), the key mediator of inflammatory-type responses (143), and with different abilities to induce Th1 responses of CD4<sup>+</sup> Th cells (13, 15).

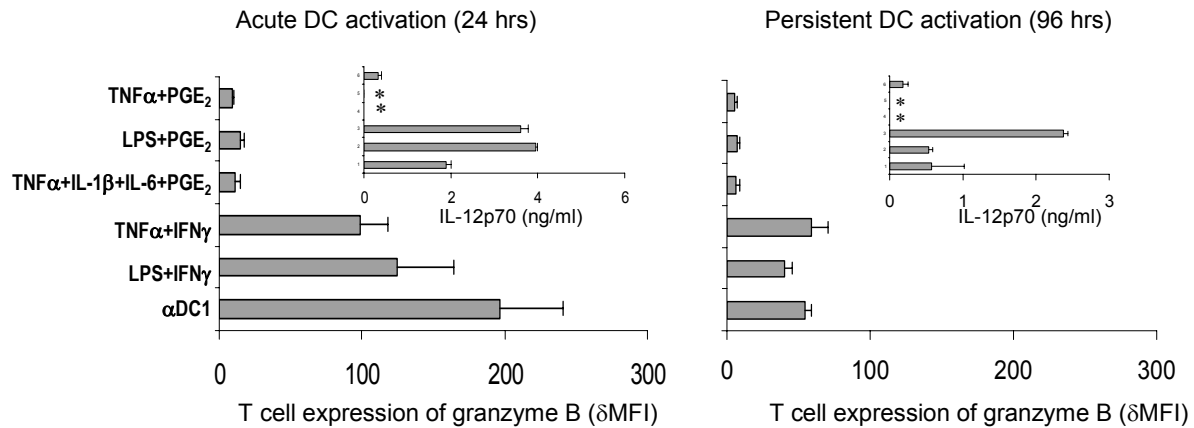
Naïve CD8<sup>+</sup> T cells primed by the short term-matured (24 hours) inflammatory-type DCs (high IL-12-producing activity; see the inset) demonstrated an effective induction of granzyme B (and Granzyme A; Fig S6) (**Fig. 4.1A left**), the marker of the effector pathway of T cell differentiation (31). Poor effectiveness of “exhausted” DC in inducing Granzyme B<sup>+</sup> T cells, did not simply result from an ineffective activation of naive T cells, since the proliferation of T cells in these cultures was similar or usually even higher compared to the T cells activated by “inflammatory” DCs (*Supplementary Fig. S6: appendix B*).

In contrast to the situation with short term-activated DCs, long-term activated DCs (96 hours) generally induced much lower levels of granzyme B expression, and independently from the character of the maturation-inducing stimulus (**Fig. 4.1B right**). This observation is consistent with the exhausted status (13, 15) of such long-term-activated DCs, and their low activity in inducing functional Th1 responses (15).

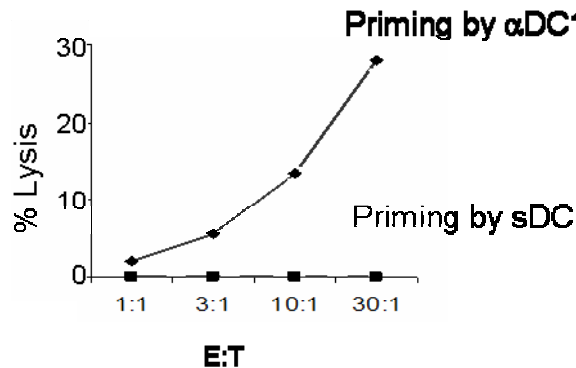
These results indicate that the conditions of DC activation and its duration determine the ability of DCs to induce the cytotoxic function of CD8<sup>+</sup> T cells, while being less relevant for the induction of CD8<sup>+</sup> T cell proliferation.

Indeed, the induction of Granzyme B correlated with the superior cytolytic function of CD8<sup>+</sup> T cells primed by the inflammatory-type DCs (*Fig 4.1B, C*). In contrast, priming by the “exhausted” DCs led to low levels of granzyme B and perforin and the associated poor ability to kill antigen-pulsed target cells. The outcome of these experiments indicate that, in analogy to the DC-induced differentiation of CD4<sup>+</sup> T cells into Th1 and Th2 direction (13), the expansion of CD8<sup>+</sup> T can be uncoupled from their effector-type differentiation, and that CD8<sup>+</sup> T cell expansion induced by chronically stimulated “exhausted” DCs is not accompanied by the acquisition of their effector function.

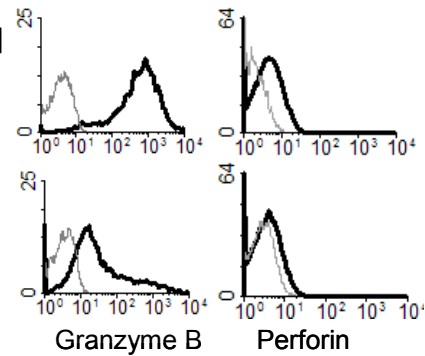
A



B



C



**Figure 4.1 Induction of cytolytic and non-cytolytic pathway of CD8<sup>+</sup> T cell differentiation by, respectively, short-term activated and exhausted DCs.**

(A) Immature DCs were activated with different combination of cytokines (details in Materials and Methods) for 24 hours. Naïve CD8<sup>+</sup> T cells were primed with activated DCs. On day 5, CD8<sup>+</sup> T cells were counted to assess proliferation (see appendix B for data on cell number) and intracellular staining for granzyme B was performed. Inset: IL-12p70 production from differentially activated DCs after CD40L stimulation, \* denotes not detectable. Persistent activation (96 hours) of DCs with the different combinations of cytokines (see Materials and Methods). Naïve CD8<sup>+</sup> T cells were primed with chronically activated (96 hours) DCs. On day 5, CD8<sup>+</sup> T cells were counted to assess proliferation (see appendix B for data on cell number) and intracellular staining for granzyme B was performed. Inset: IL-12p70 production from differentially activated DCs after CD40L stimulation, \* denotes not detectable. (B) Cytolytic function of CD8<sup>+</sup> T cells, primed with either inflammatory DCs (αDC1s) or exhausted DCs (sDCs), was assessed by standard <sup>51</sup>Cr-release assay. (C) Intracellular levels of cytolytic granules granzyme B and perforin were determined by flow cytometry.

**Requirement for inflammatory-type DCs for the acquisition of peripheral chemokine responsiveness in activated CD8<sup>+</sup> T cells.**

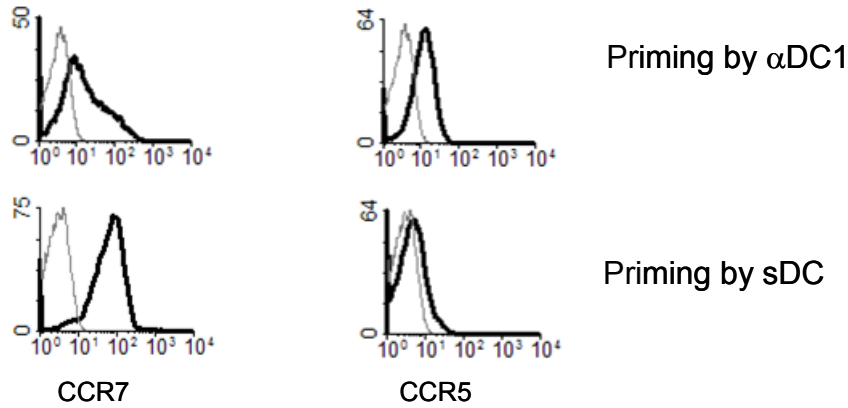
Since the inflammatory and exhausted DCs showed differential impact on the induction of CTL function in naive T cells, we tested their influence on the expression of the peripheral-type versus LN-type chemokine receptors on CD8<sup>+</sup> T cells.

As shown in **Figure 4.2A**, inflammatory DCs induced the down regulation of CCR7 on 50-70% of CD8<sup>+</sup> T cells and their simultaneous acquisition of CCR5 expression (**Fig. 4.2A** upper panel), the chemokine receptor involved in peripheral homing of effector CD8<sup>+</sup> T cells (144). Unexpectedly, CD8<sup>+</sup> T cells stimulated with the “exhausted” PGE<sub>2</sub>-matured DCs retained high levels of CCR7 expression, a lymphoid homing receptor (and a marker of naïve and central memory T cells), and did not acquire CCR5 (**Fig. 4.2A** bottom panel). We are currently analyzing the responsiveness of differentially primed CD8<sup>+</sup> T cells to chemokines CCL5 and CCL21.

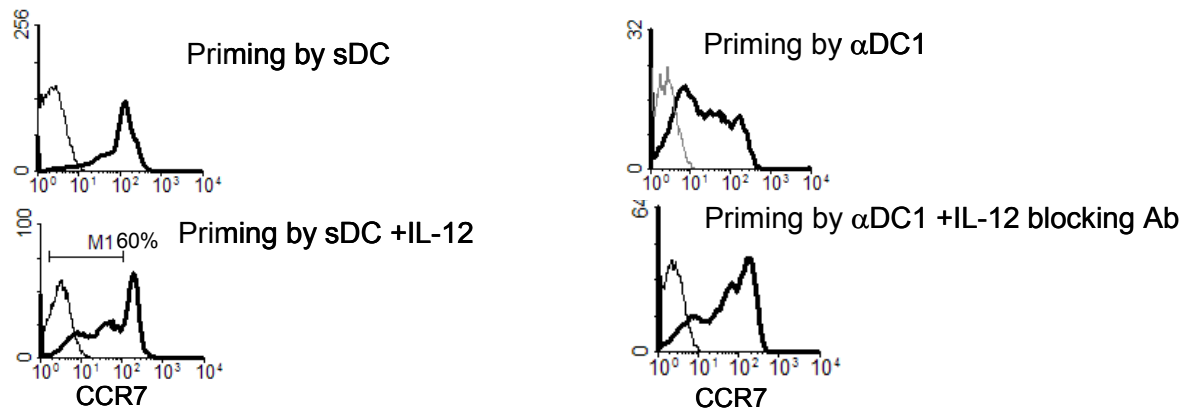
In an attempt to determine the mechanism of the inflammatory-type DC-induced switch in the chemokine receptor pattern of CD8<sup>+</sup> T cells, we have analyzed the impact of several of the inflammatory-type cytokines differentially expressed by  $\alpha$ DC1s and sDCs; such as IL-12p70, IL-23, IL-27, and IL-18 (112) and (**Supplementary Fig S8**). As shown in **Figure 4.2B**, the addition of IL-12 during the priming of naïve CD8<sup>+</sup> T cells by the “exhausted” DCs resulted in the loss of CCR7 on 30-70% of the cells. In accord with the key role of DC-produced IL-12 in the induction of the lymphoid-to-peripheral switch in chemokine responsiveness, the neutralization of IL-12 during T cell priming abrogated the differences between  $\alpha$ DC1 and sDC (**Fig. 4.2B-right**), preventing the down-regulation of CCR7. Our preliminary results indicate that other IL-12 family members by themselves do not have significant impact on the downregulation

of CCR7 on the CD8<sup>+</sup> T cells and we are currently analyzing the influence of the combination of IL-12 family members and IL-18.

**A**



**B**



**Figure 4.2 Induction of cytolytic function correlates with the switch in chemokine receptor expression.**

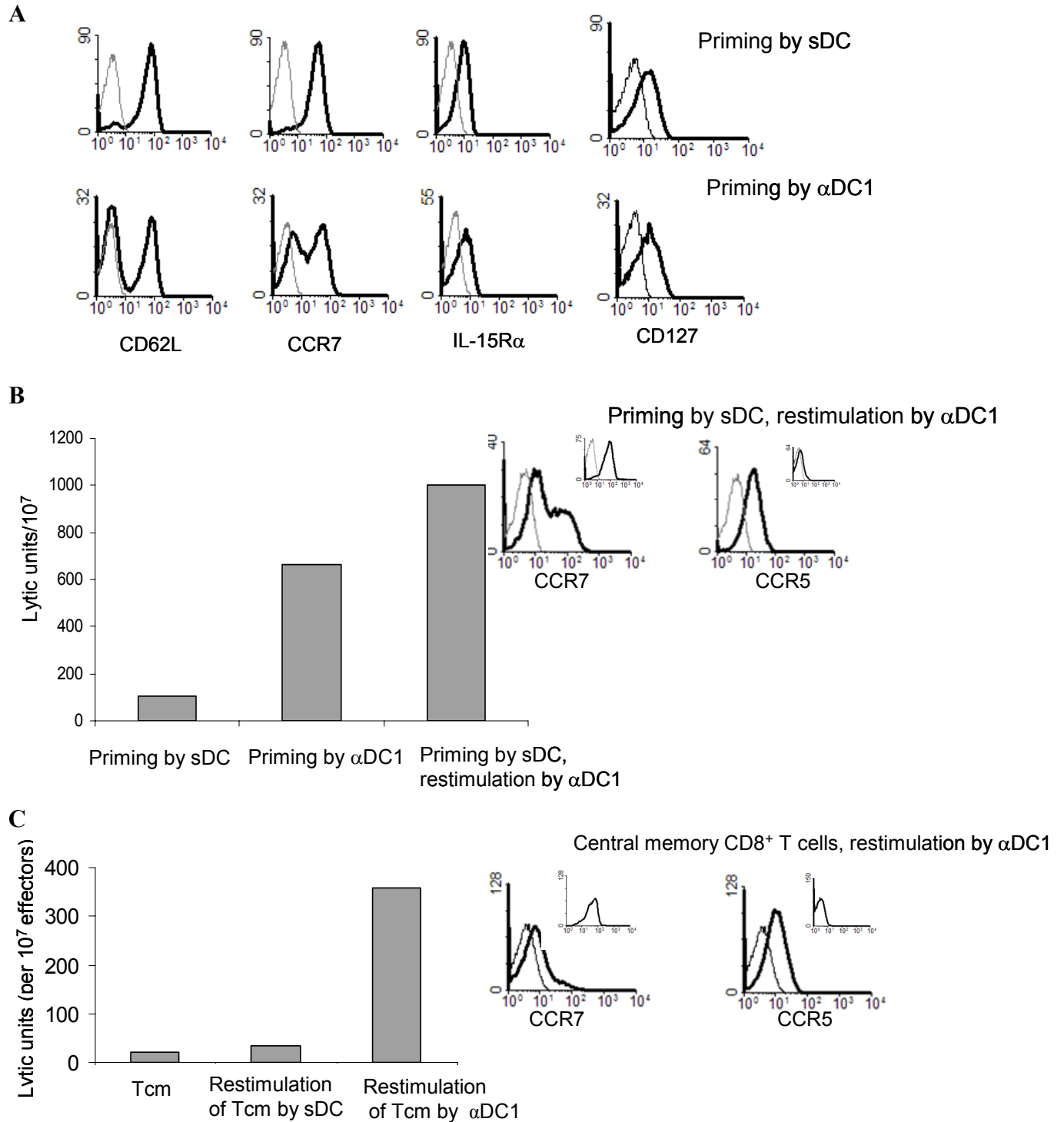
$\alpha$ DC1-primed CD8<sup>+</sup> T cells and sDC-primed CD8<sup>+</sup> T cells were stained on day 5-6 for chemokine receptors CCR7, CCR5 and CXCR3 and flow cytometry was performed. (B) Recombinant IL-12 was added during the priming of naïve CD8<sup>+</sup> T cells by sDCs and CCR7 expression was assessed by flow cytometry on day 5. IL-12 blocking antibody was added during the priming of naïve CD8<sup>+</sup> T cells by  $\alpha$ DC1 and CCR7 expression was assessed by flow cytometry on day 5.

### **“Exhausted” DCs induce CD8<sup>+</sup> T cells with central-memory phenotype and function**

Since the priming of naïve CD8<sup>+</sup> T cells with exhausted DCs led to the expansion of CD8<sup>+</sup> T cells with persistent expression of CCR7 and CD62L and the absence of effector function, we asked whether such non-effector pathway of CD8<sup>+</sup> T cell activation represents an abortive pathway of differentiation, or an alternative pathway of differentiation of the functionally intact cells. As shown in **Figure 4.3A**, in addition to CCR7 and CD62L, the sDC-primed T cells expressed typical markers of central-memory cells, such as IL-15R $\alpha$ , and IL-7R (CD127), the receptors for the homeostatic cytokines mediating long-term survival of primed CD8<sup>+</sup> T cells (27, 145), making such cells indistinguishable from the  $\alpha$ DC1-primed cells. In addition, the sDC-primed non-cytolytic CCR7<sup>+</sup> cells were capable of acquiring cytolytic activity and the peripheral-type chemokine receptor profile, upon restimulation with inflammatory DCs (**Fig. 4.3B**), sharing this ability with the peripheral blood-isolated central memory T cells (**Fig. 4.3C**).

As expected, similar to the *in vitro* generated non-cytolytic CD8<sup>+</sup> T cells induced by non-inflammatory DCs, blood-isolated central memory CD8<sup>+</sup> T cells acquired cytolytic effector function (and a shift in chemokine expression pattern) exclusively when stimulated with inflammatory DCs but not with “exhausted” DCs (**Fig. 4.3C**).





**Figure 4.3 Induction of central-memory phenotype in CD8<sup>+</sup> T cells primed by exhausted DCs and their similarity to blood derived central memory T cells.**

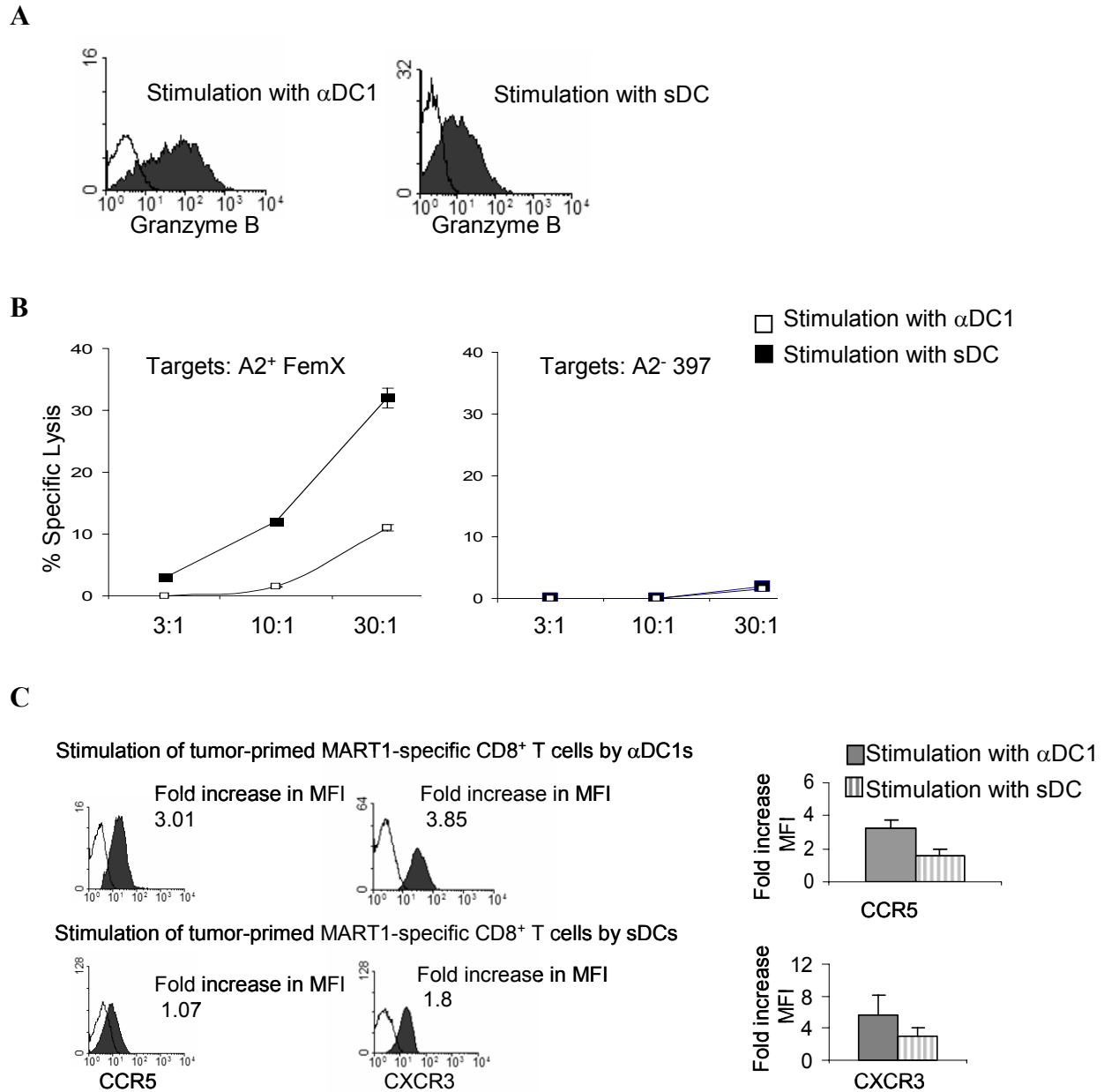
(A) Naïve CD8<sup>+</sup> T cells were cultured with  $\alpha$ DC1s or sDCs. Expression of CCR7, CD62L, IL-15R $\alpha$  and CD127 on primed CD8<sup>+</sup> T cells was measured on day 20-25. (B) CD8<sup>+</sup> T cells primed initially with sDCs, expanded for 14

days, were restimulated with  $\alpha$ DC1s. After restimulation, on day 5 their cytotoxic ability was assessed by  $^{51}\text{Cr}$  release assay and expression of CCR7 and CCR5 was measured by flow cytometry. (C)  $\text{CD8}^+$  central memory T cells were sorted from peripheral blood and stimulated with  $\alpha$ DC1s or sDCs. On day 5, cytolytic potential was assessed by  $^{51}\text{Cr}$  release assay, and chemokine receptor expression evaluated by flow cytometry.

### **Inflammatory and exhausted DC differentially regulate CTL activity and tumor-relevant chemokine receptors on tumor-specific $\text{CD8}^+$ T cells**

Prompted by the results of the experiments with polyclonally-activated naïve and memory  $\text{CD8}^+$  T cells, we have compared the outcome of *in vitro* sensitization (IVS) of HLA-A2-restricted melanoma-specific  $\text{CD8}^+$  T cells, using MART1<sub>27-35</sub>-loaded autologous  $\alpha$ DC1 or sDCs as the immunogen (112). In contrast to the short-term experiments performed in a polyclonal system, the generation of high numbers of MART-1-specific T cells required prolonged culture of the primed cells.

While in these culture conditions we could not detect the differences in CCR7 expression (data not shown), the IVS experiments performed using the pro-inflammatory DCs ( $\alpha$ DC1s) resulted in the induction of CTL responses with strongly elevated CTL activity and led to the generation of  $\text{CD8}^+$  T cells expressing high levels of CCR5. Since CXCR3, another peripheral-type chemokine receptor, has been implicated in the anti-tumor effectiveness of tumor-specific  $\text{CD8}^+$  T cells (146) we also analyzed the expression of CXCR3 on tumor-specific  $\text{CD8}^+$  T cells after restimulation with either inflammatory or exhausted DCs. As shown in **Figure 4.4**, in accordance with the data obtained in polyclonal models, the inflammatory DCs proved superior in inducing Granzyme B expression in MART-1-tetramer-positive T cells (**Fig. 4.4A**), that were superior in their ability to kill MART-1- expressing tumor melanoma cell line (**Fig. 4.4B**).  $\alpha$ DC1-stimulated  $\text{CD8}^+$  T cells also induced elevated expression of CXCR3 and CCR5 on MART-1 tetramer-positive cells (**Fig. 4.4C**).



**Figure 4.4 Inflammatory and exhausted DC induced differential expression of Granzyme B, CCR5 and CXCR3 on tumor-specific CD8<sup>+</sup> T cells.**

αDC1s or sDC from HLA-A2<sup>+</sup> melanoma patients were pulsed with HLA-A2 restricted MART1 peptide and used to stimulate autologous CD8<sup>+</sup> T cells. (A, C) Expression of Granzyme B, CCR5 and CXCR3 was measured on MART1 gated CD8<sup>+</sup> T cells. (B) Cytotoxic activity of the CTLs induced by sDCs or αDC1 was measured against control tumor cell line (not expressing MART1) and MART1 expressing Fem X cell line. Similar results were obtained in experiments with two additional melanoma patients.

## 4.5 DISCUSSION

Our data demonstrate that in analogy to the DC-induced differentiation of CD4<sup>+</sup> Th cells into Th1 and Th2 direction, the functional differentiation of naïve and resting memory CD8<sup>+</sup> T cells is differentially regulated by the “inflammatory-type” and “exhausted” DCs. We observed that while the proliferation and expansion of CD8<sup>+</sup> T cells can be driven efficiently by the DCs undergoing maturation in a wide spectrum of inflammatory conditions, the induction of the CD8<sup>+</sup> T cell effector functions and a switch in their chemokine responsiveness was a sole property of the IL-12-producing DCs activated for a short period of time in the conditions mimicking acute inflammation (presence of interferons and TLR ligands).

Such an inflammatory pathway of activation of CD8<sup>+</sup> T cells resulted in roughly equal numbers of the cells acquiring the CD8<sup>+</sup>GrB<sup>lo</sup>Prf<sup>do</sup>CCR5<sup>+</sup>CD62L<sup>-</sup>CCR7<sup>-</sup> effector-memory phenotype, and the CD8<sup>+</sup>GrB<sup>lo</sup>Prf<sup>do</sup>CCR5<sup>+</sup>CD62L<sup>+</sup>CCR7<sup>+</sup> intermediate/central-memory phenotype. Interestingly, in accordance with the previously-reported long-lived potential of the cells activated by the pro-inflammatory high IL-12-producing DCs (112) and with the ability of recombinant IL-12 to promote CTL survival (39, 147), both these subsets expressed high levels of IL-7- and IL-15 receptors (**Fig. 4.3**), known to be essential for the homeostatic proliferation and long term survival of CD8<sup>+</sup> T cells *in vivo* (27, 145). In contrast to such cytolytic/effector pathway of differentiation associated with the termination of responsiveness to the lymph-node-associated chemokines and the acquisition of the responsiveness to the peripheral/inflammatory-type chemokines, the CD8<sup>+</sup> T cells activated by either long-term activated DCs, or the DCs induced to mature in the presence of PGE<sub>2</sub> showed high level of cell expansion, but failed to undergo the switch in chemokine responsiveness and to acquire CTL functions. Our data shows the functional and phenotypical similarity between such cells and central-memory cells isolated

from peripheral blood. In addition, high expression of IL-7R and IL-15R and the accelerated ability of such non-cytolytic cells to acquire effector function following (re)stimulation by the inflammatory DCs, suggest that such non-cytolytic pathway of CD8<sup>+</sup> T cell differentiation, induced by the “exhausted” DCs represents a direct pathway of development of the memory cells, an alternative to their “indirect” pathway of development via an intermediate effector stage.

We have shown that the differential ability of DCs to direct naïve T cells to either of these pathways (effector/effector-memory versus central memory) depends on the duration of DC activation and the character of the inflammatory environment driving DCs activation, with the differences in the DC-mediated IL-12 production representing the key underlying mechanism.

These data help to explain several of the phenomena relevant to the generation of CD8<sup>+</sup> T cell memory: mouse studies have revealed the need for early inflammation following an infection or DC immunization in order to generate a robust effector response (138). The application of antibiotics to shorten the duration of infection (55) (56) was shown to accelerate the formation of CD8<sup>+</sup> memory T cells.

The current debate centers on whether memory and effector cells represent alternative parallel pathways of T cell differentiation or sequential stages of T cell activation, with contrasting answers to this question obtained with different experimental systems (49, 50, 56).

Our current results help to reconcile this controversy, showing that differentiation of naïve CD8<sup>+</sup> T cells into memory cells can occur through either pathway, either directly into memory compartment, or through an indirect pathway associated with a (transient) acquisition of

the effector function by at least a proportion of the cells. This decision is dependent on the stage/character of DC activation.

The current *in vitro* results are also in accordance with the observed results of numerous clinical trials for cancer immunotherapy (59). Active immunotherapy approaches such as peptide or viral vector-mediated immunization result in massive expansion in the number of tumor-specific CD8<sup>+</sup> T cells but with negligible effector function and poor induction of clinical responses (21, 131), that could only be reversed into the effector-type responses, when followed by IFN $\alpha$  (21). Similar to vaccines (active immunotherapies), adoptive immunotherapy with *ex vivo* expanded tumor-specific CD8<sup>+</sup> T cells has met with little success. While tumor-isolated T cells used in these trials show high *ex vivo* effector functions, the over-differentiation of the adoptively transferred CD8<sup>+</sup> T cells results in their relatively short half-life and can limit their clinical effectiveness, compared to less differentiated T cells (148-150) (151).

The current data demonstrating the possibility of exploiting the activation pathway of DCs in order to selectively promote either the effector or the memory pathway of CD8<sup>+</sup> T cells differentiation, facilitates the adjustment of the currently-used (active and adoptive) immunotherapeutic strategies, in order to maximize their clinical effectiveness.

## ALTERNATIVE TWO-SIGNAL-DEPENDENT HELPER ACTIVITY OF CD8<sup>+</sup> T CELLS

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Manuscript in *preparation*

The majority of experiments in this manuscript were performed by Payal Watchmaker.

## 5 ALTERNATIVE TWO-SIGNAL-DEPENDENT HELPER ACTIVITY OF CD8<sup>+</sup> T CELLS

### 5.1 ABSTRACT

We have previously demonstrated the ability of resting CD8<sup>+</sup> T cells to program DCs for induction of type-1 immune response. This “helper function” of Ag-activated CD8<sup>+</sup> T cells requires TCR triggering and is mediated by TNF $\alpha$  and IFN $\gamma$ . Here we show that in contrast to resting CD8<sup>+</sup> T cells, pre-activated CD8<sup>+</sup> T cells are no longer dependent on TCR ligation to exert DC-mediated immunoregulatory function, but can utilize the cues from the mediators of innate response such as IFN $\alpha$  and IL-18. Non-TCR dependent “alternative two-signal” activation is equivalent to TCR based signal with regards to induction of “helper activity” of primed CD8<sup>+</sup> T cells. Interestingly, the responsiveness of pre-activated CD8<sup>+</sup> T cells to non-TCR dependent stimuli is tightly regulated since each of the cytokine signals by itself is ineffective. Alternative two-signal-activated CD8<sup>+</sup> T cells induce DC maturation and prime them for enhanced IL-12p70 production following subsequent stimulation with CD40L. The current data indicate that while primed CD8<sup>+</sup> T cells can be activated by inflammatory cytokines in a TCR-independent manner to perform immunoregulatory role, such activity remains to be tightly regulated in a “two-signal” paradigm. TCR independent activation of CD8<sup>+</sup> T cells can allow local IFN $\gamma$  delivery and DC activation during responses against MHC-deficient cells, and helps to explain the role of non-



antigen specific T cells within inflammatory infiltrates in tuberculosis, leprosy, and allergic reactions.

## 5.2 INTRODUCTION

The CD8<sup>+</sup> T cell mediated adaptive immune response plays a key role in elimination of transformed and virally infected cells (36). Naïve CD8<sup>+</sup> T cells require signal 1 (antigen), signal 2 (costimulation), and polarizing signal 3, in order to undergo clonal expansion and to differentiate into functional effector CD8<sup>+</sup> T cells (CTLs). In contrast, induction of the effector functions in antigen-experienced memory CD8<sup>+</sup> T lymphocytes requires lower activation threshold (47, 73), allowing them to respond to antigen already in the conditions of a limited tissue damage. In addition, memory cells also express increased levels of receptors for cytokines such as IL-15, IL-7, and IL-18 (45, 145, 152, 153).

Recent studies have shown that CD8<sup>+</sup> T cells are not only effector cells of adaptive immunity but also participate in early phase of the immune responses (154). Studies in mouse models of intracellular infections such as *Listeria* and melioidosis (39, 40) have shown that CD8<sup>+</sup> T cells can secrete IFN $\gamma$  in response to pro-inflammatory cytokines such as IL-12, IL-18, and IFN $\alpha$ . IFN $\alpha$ , secreted by plasmacytoid DCs and other infected cells, plays both a pro-inflammatory effector role in innate responses by exerting a direct anti-viral effect, as well as can have an immunoregulatory role during adaptive immune responses (155, 156). Another innate cytokine is IL-18, which is secreted by macrophages, dendritic cells (DCs), keratinocytes, and epithelial cells (81, 157).

Prompted by the studies showing the contribution of IL-12, or IFN $\alpha$ , and IL-18 to the induction of IFN $\gamma$  in NK cells and T cells (45, 158), in the current this study we addressed (i) the regulatory requirements for such cytokine mediated ( TCR-independent CD8<sup>+</sup> T cell activation, (ii) impact of alternatively activated CD8<sup>+</sup> T cells on DCs.

The results presented here demonstrate that the previously activated CD8<sup>+</sup> T cells share the paradigm of two-signal activation with NK cells (158), being TCR-independent but requiring a simultaneous exposure to at least two different inflammatory signals. This alternative two-signal activation mechanism is an exclusive feature of CD8<sup>+</sup> T cells that have undergone prior TCR-mediated activation and allows the bystander cells to perform DC-mediated “helper” function.

### **5.3 MATERIALS AND METHODS**

**Culture media, reagents and cell lines.** Cell lines and human DCs were cultured in IMDM (Invitrogen, Carlsbad, CA) containing L-glutamine and 10% FBS (Hyclone, Logan, UT). The following reagents were used to activate CD8<sup>+</sup> T cells: IFN $\alpha$  (Intron A-IFN $\alpha$ -2b; Schering Plough, NJ), recombinant human IL-18 (MBL International, Woburn, MA), recombinant human IL-15 (R&D Systems, Minneapolis, MN). Anti-human CD3 and CD28 stimulating mAb’s were purchased from CLB. The following reagents were used to obtain immature DCs: rhuGM-CSF and rhuIL-4 (gifts from Schering Plough). The CD40L transfected J588 plasmacytoma cell line was a gift from P. Lane (University of Birmingham, UK).

**Cell Isolation.** Mononuclear cells from peripheral blood of healthy donors were isolated using Lymphocyte Separation Medium (Cellgro, Mediatech). Monocytes were isolated from the mononuclear fraction using Percoll (Sigma) density separation technique, followed by plastic

adherence, as described (137). Resting CD8<sup>+</sup> T cells were isolated by negative selection using Stemsep CD8<sup>+</sup> T cell enrichment cocktail (Stemcell Technologies Inc, Canada).

**Cytokine production by primed CD8<sup>+</sup> T cells.** Primed CD8<sup>+</sup> T cells (resting CD8<sup>+</sup> T cells were stimulated with CD3/CD28 activating antibodies for 6 days) were plated in 96-well flat bottomed plate at 10<sup>5</sup> cells/200µl/well. The untreated CD8<sup>+</sup> T cells or single cytokines –IL-18, IFNα or IL-15 were controls for spontaneous IFNγ and TNFα production. IFNγ and TNFα levels in 24h supernatants were measured by ELISA.

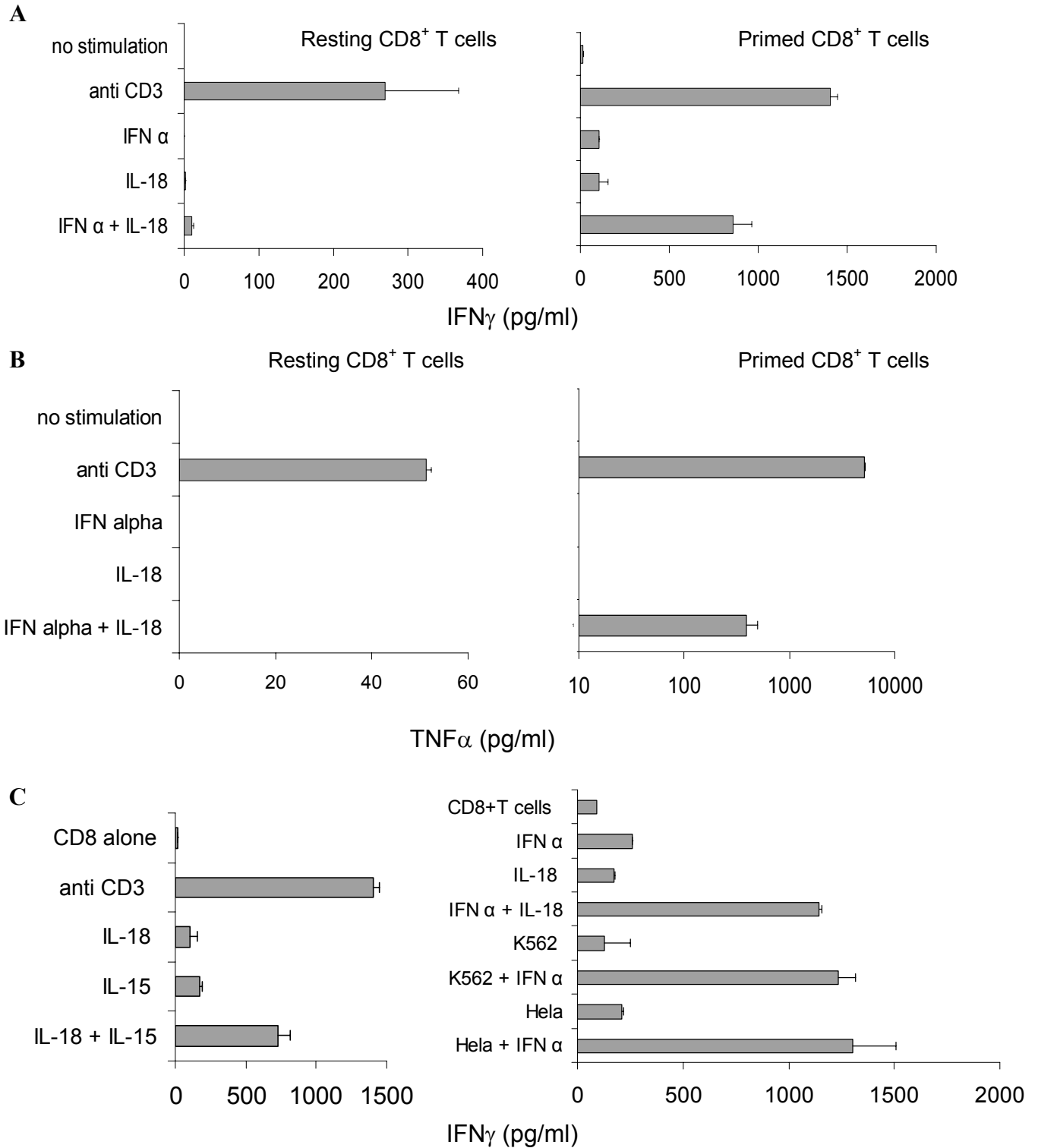
**Activation and polarization of DCs by primed CD8<sup>+</sup> T cells.** Primed CD8<sup>+</sup> T cells (2 x10<sup>5</sup> cells) were added to day 6 immature DC culture (2-3 x 10<sup>5</sup> cells/well) in the presence or absence of OKT3 (positive control) or IFNα (3000U/ml) and IL-18 (100µg/ml). After 48 hours, the cells were harvested and analyzed for the expression of maturation-associated surface markers and the ability to produce IL-12p70. To test IL-12p70 producing capacity of DCs, the harvested DCs were plated in 96-well flat-bottomed plate (2x 10<sup>4</sup> cells/ well) along with CD40L transfected J588 cells (5 x 10<sup>5</sup> cells/well) for 24 hours. Supernatants were tested for IL-12p70 by ELISA.

## 5.4 RESULTS

### **Primed CD8<sup>+</sup> T cells can be reactivated by proinflammatory cytokines: alternative two-signal paradigm of activation of CD8<sup>+</sup> T cells**

The requirements for antigen specific activation of CD8<sup>+</sup> T cells are known, but regulatory requirements for cytokine mediated CD8<sup>+</sup> T cell activation have not been investigated till now.

We observed that the responsiveness of primed CD8<sup>+</sup> T cells to IFN $\alpha$  or IL-18 is tightly regulated, as single cytokine- IFN $\alpha$  or IL-18 by itself did not induce significant IFN $\gamma$  production in primed CD8<sup>+</sup> T cells. The combination of IFN $\alpha$  and IL-18 had synergistic effect on activation and induction of IFN $\gamma$  (**Fig. 5.1A right**). In contrast to primed T cells, resting CD8<sup>+</sup> T cells are not responsive to these inflammatory mediators, alone or in combinations (**Fig. 5.1A left**). Similar induction of IFN $\gamma$  was observed, when combination of IL-15 and IL-18 was used to activate primed CD8<sup>+</sup> T cells (**Fig. 5.1C left**). In addition, IFN $\alpha$  and NK cell ligands present on the surface of K562 and Hela cells synergistically induce IFN $\gamma$  secretion in primed CD8<sup>+</sup> T cells (**Fig. 5.1C right**). A similar two signal activation requirement has been observed in case of release of another DC-activating T cell product: TNF $\alpha$  (**Fig 5.1B**).



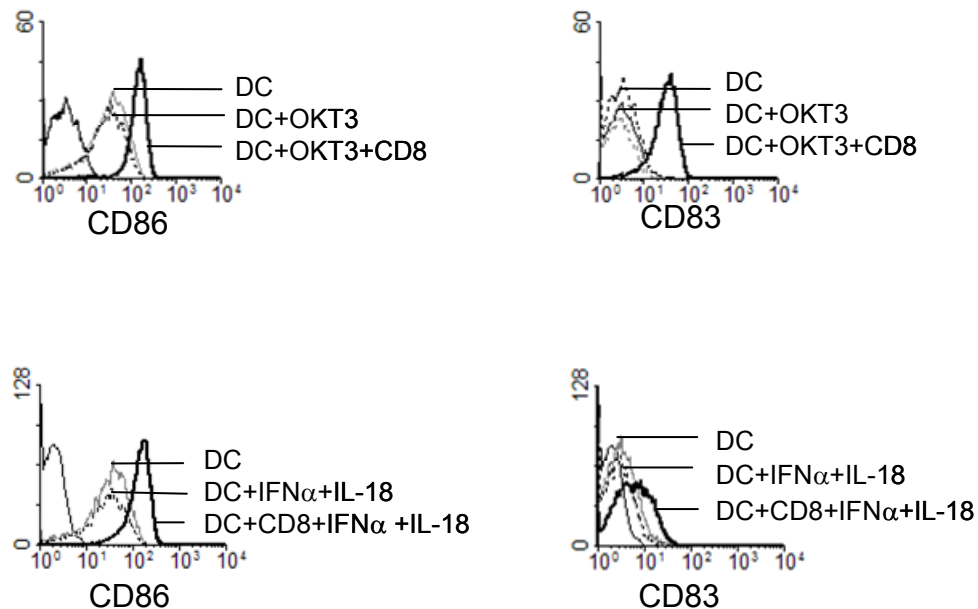
**Figure 5.1 Two-signal requirement for the induction of IFN<sub>γ</sub> and TNF<sub>α</sub> production by primed CD8<sup>+</sup> T cells**

(A, B) In contrast to resting CD8<sup>+</sup> T cells, primed CD8<sup>+</sup> T cells secrete IFN<sub>γ</sub> and TNF<sub>α</sub> in response to combination of IFN<sub>α</sub> and IL-18 *in vitro*. Resting or primed CD8<sup>+</sup> T cells were cultured for 24 hours with cytokines or TCR

stimulus in 96-well plate. Supernatants were assayed for IFN $\gamma$  production by ELISA. (C, D) Similar to IFN $\alpha$  and IL-18, two other combinations-IL-15 and IL-18 and IFN $\alpha$  and target cell K562 or Hela cells also elicited IFN $\gamma$  production in the primed CD8 $^+$  T cells alone. Results are representative of four independent experiments.

### “Two signal” activated CD8 $^+$ T cells induce DC maturation

Having established that the previously-primed CD8 $^+$  T cells can produce DC-activating cytokines in a non-TCR dependent manner (Fig. 1), we investigated the possibility of cross-talk between alternatively-activated CD8 $^+$  T cells and immature dendritic cells (DCs). Addition of CD8 $^+$  T cells alone (data not shown) or the combination of IFN $\alpha$  and IL-18 to DC cultures did not result in maturation of DCs. In sharp contrast, addition of primed CD8 $^+$  T cells along with IFN $\alpha$  and IL-18, resulted in maturation of DCs (similar to TCR stimulation by antigen OKT3) as shown by induction of CD83 and high expression of CD86 (*Fig. 5.2*) These data demonstrate that in addition to the TCR-dependent activation, CD8 $^+$  T cells which have been activated by cytokines alone can also induce bystander maturation of DCs.



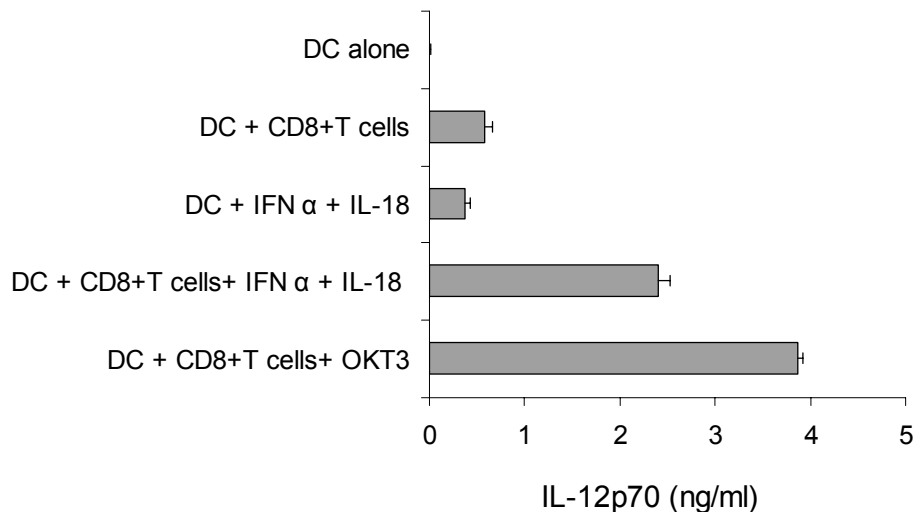
**Figure 5.2 “Alternate” two-signal activated CD8 $^+$  T cells induce DC maturation.**

(A) IL-18 and IFN $\alpha$  stimulated CD8 $^+$  T cells (similar to OKT3 stimulation) induced DC maturation manifested by induction of CD83 and upregulation of CD86 expression. IL-18 and IFN $\alpha$  or OKT3 was added along with primed

CD8<sup>+</sup> T cells to day 6 DC cultures for 48 hours. The cultures were harvested and stained for DC maturation markers CD86 and CD83. Similar result was obtained in two additional experiments.

### **Alternatively activated CD8<sup>+</sup> T cells induce type-1 polarized DC with enhanced IL-12p70-producing capacity**

We next analyzed the impact of the alternatively activated CD8<sup>+</sup> T cells on DC function. To address this, immature DCs were cocultured with primed CD8<sup>+</sup> T cells in the additional presence of IFN $\alpha$  and IL-18. After 48 hours, the cells were harvested, washed and stimulated with CD40L transfected J588 cells. As shown in **Figure 5.3**, DCs that were activated with combination of CD8<sup>+</sup> T cells, IL-18 and IFN $\alpha$  produced high amounts of IL-12p70 upon subsequent stimulation. Similar to induction of DC maturation, type-1 polarization of DCs was observed only when CD8<sup>+</sup> T cells were activated with IFN $\alpha$  and IL-18 or antigen OKT3. This observation demonstrates that alternative two signal-activated effector CD8<sup>+</sup> T cells can exert immunoregulatory “helper” function in a non- TCR dependent bystander fashion.



**Figure 5.3 Alternatively activated CD8<sup>+</sup> T cells induce type-1 polarized DC with enhanced IL-12p70-producing capacity.**

Day 6 DCs were cultured for 48 hours in the presence of CD8<sup>+</sup> T cells, OKT3, IL-18, IFN $\alpha$  or their combinations. At day 8, DCs were harvested, washed and stimulated with J588-CD40L. After 24 hours, supernatants were analyzed for IL-12p70 by ELISA. Results are representative for three independent experiments.

## 5.5 DISCUSSION

The current data indicate that primed CD8<sup>+</sup> T cells can be activated to perform immunomodulating activities in a TCR-independent fashion, their activation remains tightly controlled in an alternative two-signal activation paradigm. The efficacy of their alternative (cytokine-induced) “helper” function is dependent on the activation state of CD8<sup>+</sup> T cells. In case of primed CD8<sup>+</sup> T cells, the activation with “IL-18 + IFN $\alpha$ ” was equivalent to the TCR-based activation. In contrast, no activation was observed when using unprimed CD8<sup>+</sup> T cells. In addition to the “IL-18 + IFN $\alpha$ ” signal, two other combinations – IL-15 + IL-18 and IFN $\alpha$  + K562 cells (or IFN $\alpha$ + tumor cells) also elicited helper response in primed CD8<sup>+</sup> T cells. In contrast to the effective activation of CD8<sup>+</sup> T cells with “two-signals”, the same primed cells were not responsive to IL-15, IL-18 or IFN $\alpha$  when used as single agents. Resting CD8<sup>+</sup> T cells were resistant to all tested forms of the TCR-independent activation by IL-2, IL-18, and IFN $\alpha$  or their combinations. Such a strict regulation of primed CD8<sup>+</sup> T cells can reduce the risk of potential immunopathology caused by the presence of activated CD8<sup>+</sup> T cells in a cytokine-rich environment.

The phenomenon of alternative two-signal activation paradigm can partially explain the bystander activation and epitope spreading associated with autoimmune diseases, including multiple sclerosis, diabetes, or arthritis (159-162). Intracellular pathogens such as viruses and mycobacteria can be strong inducers of pro-inflammatory cytokines like IFN $\alpha$ , IL-18 and IL-12, and their combination can activate Th1 promoting function of CD8<sup>+</sup> T cells in a non-specific bystander fashion. The cytokine-activated CD8<sup>+</sup> T cells can secrete IFN $\gamma$  and TNF $\alpha$ , creating cytokine environment that is conducive for maturation and type-1 polarization of DCs. This can



enhance the probability of presentation of self epitopes in type-1 cytokine milieu and promote anti-self epitope spreading.

The alternative two-signal activation paradigm can explain the role of the CD8<sup>+</sup> T cells of unrelated antigen specificity accumulating at the sites of infection and in allergic responses. The data from mouse model of allergen induced airway inflammation indicate that resident memory CD8<sup>+</sup> T cells of unrelated specificity can suppress allergic inflammation in the airways in an antigen independent but IFN $\gamma$ -dependent manner and involving IL-12 and IL-18 (163). Data from murine respiratory viral infections suggest that during secondary infections, lung-resident memory cells are likely to represent an early defense mechanism (164). Early production of IFN $\gamma$  by memory CD8<sup>+</sup> T cells may be an outcome of stimulation by cytokines, when the viral load is still low.

In summary, our data indicate that the NK cell-like activity of CD8<sup>+</sup> T cells involves DC-modulatory function. Importantly, it remains being tightly controlled by an alternative “two-signal” activation paradigm, depending on concomitant stimulation by at least two different cytokines. TCR independent induction of CD8<sup>+</sup> T cell helper function can help in maintaining localized pro-inflammatory IFN $\gamma$ -rich milieu and activation of DCs and thus promote immediate immune response before antigen-specific T cells undergo clonal expansion to carry out specific immune reaction.

## 6 CONCLUSIONS

CD8<sup>+</sup> T cells are the effector cells essential for defense against intracellular pathogens and cancer. The priming of naïve CD8<sup>+</sup> T cells is a crucial step in the initiation of adaptive immunity, allowing the elimination of infected and transformed cells by the arising cytolytic effector CD8<sup>+</sup> T cells and leading to generation of long-lived memory CD8<sup>+</sup> T cells. While the functionality of activated CD8<sup>+</sup> T cell is most often defined in terms of their cytolytic activity, here we have focused on the role of DCs in regulating the acquisition of effector phenotype (cytotoxicity and peripheral-tissue homing ability) and the immunoregulatory functions of the effector and memory CD8<sup>+</sup> T cells.

The regulatory function of effector CD8<sup>+</sup> T cells involves the perforin/granzyme B-mediated killing of antigen-presenting DCs, as a negative feed-back mechanism limiting the magnitude of CTL responses. In contrast, memory CD8<sup>+</sup> T cells perform positive immunoregulatory functions, enhancing the DC expression of PI-9 (granzyme B inhibitor), thus promoting the survival of DCs by protecting them from CTL attack. This protective function of memory CD8<sup>+</sup> T cells, analogous to CD4<sup>+</sup> T cell-mediated DC protection, ensures that antigen presentation can continue in the presence of existing CTLs. Another important aspect of the “helper” function of memory CD8<sup>+</sup> T cells is to provide DC-mediated polarizing signals for the development of CTL and CD4<sup>+</sup> T cell responses. Our findings from mouse experiments (see Chapter 2) show that OVA<sub>257-264</sub>-specific CD8<sup>+</sup> T cell responses can both benefit from “helper

signals” delivered by memory cells (e.g. from LCMV-specific CD8<sup>+</sup> T cells) and can act as a source of such signals. Consistent with this notion, the data indicate that CD8<sup>+</sup> T cells of the same specificity can first benefit from “helper signals” delivered by memory T cells and, once having been enriched in the host and having achieved the memory stage, they can themselves act as a source of CD8<sup>+</sup> T cell help. The current data indicate the possibility of enhancing the efficacy of the therapeutic vaccines for patients with cancer or chronic infections, by inclusion of pathogen/tumor-unrelated “heterologous” epitopes, that promote the interaction of vaccine-carrying APCs with naturally occurring (or possibly artificially-induced) memory-type T cells. While in the current studies we have either used (*in vitro*) high numbers of resting CD8<sup>+</sup> T cells from TCR-transgenic animals or have utilized (*in vivo*) the Granzyme<sup>low</sup>/CD62L<sup>high</sup> memory CD8<sup>+</sup> T cells induced by a pre-immunization of wild type-animals, the most obvious source of “heterologous CD8 help” in cancer patients are the resting memory CD8<sup>+</sup> T cells resulting from the vaccination-induced responses to “childhood diseases” or the infections that the patients have undergone in the past such as influenza, or HBV. Our data imply that the patients enrolled for therapeutic protocols involving “heterologous” helper epitopes will need to be screened for particular CD8<sup>+</sup> T cell responses, to identify the appropriate memory-type CD8<sup>+</sup> T cells and to avoid targeting of effector cells. An alternative approach may be to pre-immunize patients with unique immunogens. In either case, our data implicate the need of targeting different populations of “heterologous” helper T cells during the consecutive courses of vaccination in order to assure that each dose of vaccination targets a high proportion of resting (rather than activated by a prior vaccine dose) T cells.

While helper function of memory CD8<sup>+</sup> T cells can be exploited as a therapeutic strategy for treating cancer, in case of autoimmune conditions, inhibiting either the production or function

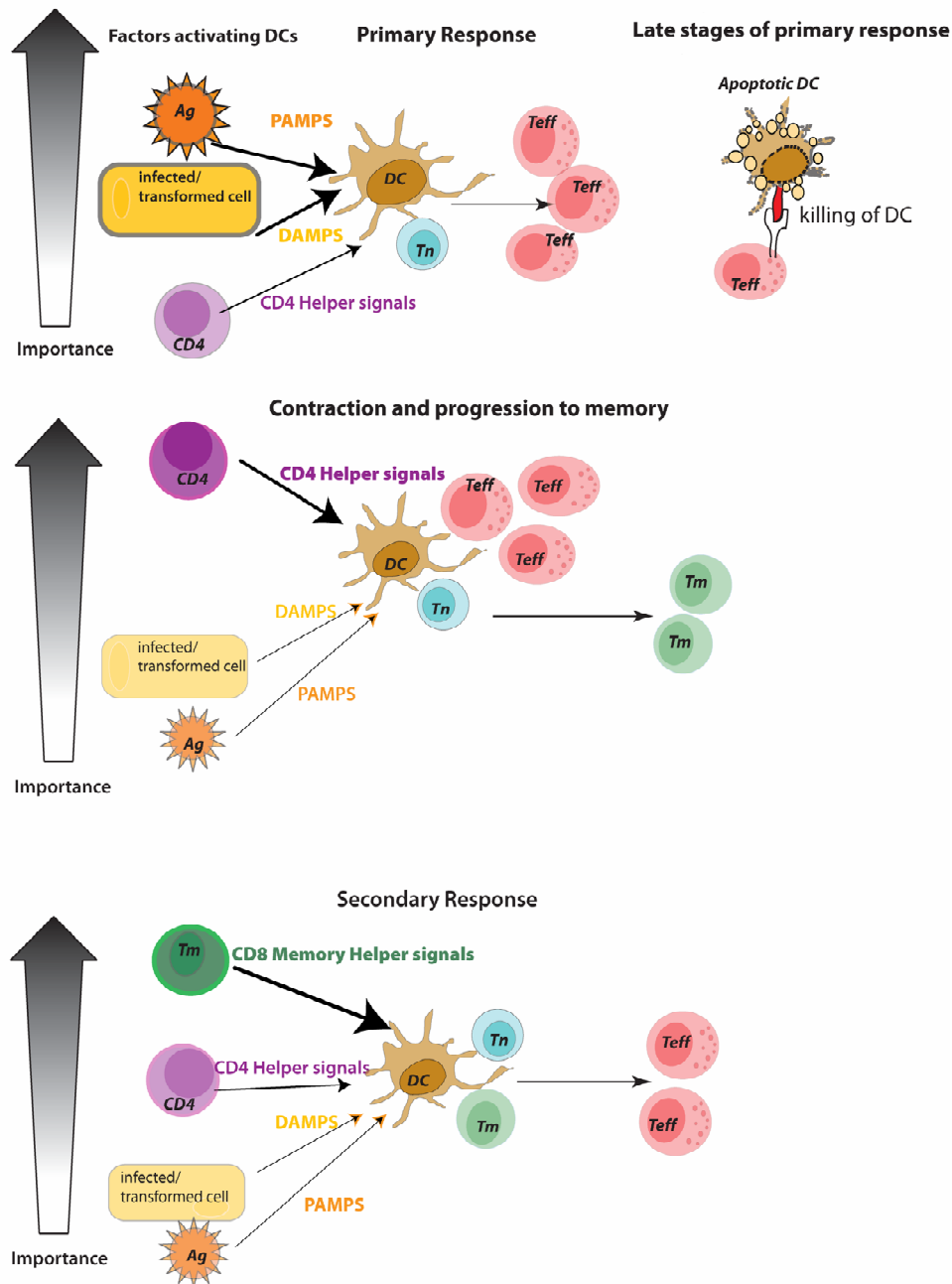
of CD8<sup>+</sup> T cell derived type-1 polarizing factors may be beneficial to the patients. Blocking of TNF $\alpha$ , one of the components of CD8<sup>+</sup> T cell derived “helper signal”, using anti-TNF $\alpha$  antibodies (Infliximab) or soluble TNF receptor (Etanercept) has been a common treatment approach for diseases such as rheumatoid arthritis, ankylosing spondylitis, Crohn’s disease and psoriatic arthritis (165, 166). While the source of TNF $\alpha$  in these disease conditions is not clear, it remains to be tested whether the effectiveness of the drug is related to the inhibition of the helper activity of CD8<sup>+</sup> T cells. Although TNF blockers have helped to control chronic inflammatory conditions, they have also been shown to increase the risk of reactivation of tuberculosis, suggestive of the inability to promote and maintain effective type-1 immunity (167). Other potential strategies to inhibit CD8<sup>+</sup> T cell driven type-1 immune responses can be blockade of the actions of IL-18 and IFN $\alpha/\beta$ , combination of these two cytokines can activate CD8<sup>+</sup> T cells in the bystander fashion (see Chapter 5).

The existence of a “suppressor” stage of CD8<sup>+</sup> T cell activation helps to explain the poor efficacy of vaccinations performed in therapeutic setting for chronic infections (130, 168), the reason being the likelihood of clearance of antigen-pulsed DC by the circulating terminally-differentiated effector cells that predominate during chronic diseases. In addition, the current findings also help to explain the requirement for a delayed administration of booster doses of vaccination to prevent the phenomenon of CTL-mediated DC killing, thus achieving an optimal expansion of pathogen-specific CD8<sup>+</sup> T cells and the effectiveness of vaccines. Given the role of PI-9 (endogenous granzyme B inhibitor) in protecting DCs from CTL-mediated killing, it is of potential therapeutic value to design membrane-permeable peptide mimetics of the reactive center loop (binding site for granzyme B) of PI-9, which will inhibit the functional activity of granzyme B. This can be potentially administered along with DC- or peptide-based vaccines to

prolong the life span of antigen-presenting DCs in conditions like cancer or chronic infections where effector cells predominate. This strategy will also aid in reducing the time-periods between primary and subsequent booster doses.

The ability of memory cells to support DC-mediated activation of additional CD8<sup>+</sup> and CD4<sup>+</sup> T cells suggests that the phenomenon of immune memory, in addition to qualitative changes in the activation requirements of memory cells, may also involve a different pattern of interaction of the existing CD8<sup>+</sup> T cells with the antigen-carrying DCs. Our data support the following functional model of CD8<sup>+</sup> T cell memory (**Fig.6.1**). During primary immune responses, DC activation requires release of factors representing pathogen-associated- or tissue damage-associated molecular patterns (PAMPs versus “danger signals” or DAMPs) (10, 11, 69), implicating the need for a significant pathogen load and tissue damage. In contrast, the activation of DCs during secondary responses can benefit from the activating signals released by high numbers of pathogen-specific memory-type CD8<sup>+</sup> T cells, even before the destruction of the infected cells and the release of additional copies of the pathogen. Such memory CD8<sup>+</sup> T cell-dependent early DC activation helps the immune system to respond to the pathogen at much earlier stages of (re)infection, limiting its early spread, the extent of tissue damage and the activation of innate defense mechanisms, thus preventing the onset of disease symptoms.

Moreover, since during the primary responses, the PAMP- and DAMP-mediated DC protection from newly arising CTLs is limited to the period of active infection and ongoing tissue damage, the optimal activation of the T cells recruited to the lymph nodes at later stages of primary responses (needed for the optimal development of memory cells (126, 170) is dependent on DC-protecting signals from CD4<sup>+</sup> T helper cells (99).



**Figure 6.1 Emerging model of CD8 help in the establishment of CD8<sup>+</sup> T cell memory**

*Primary Response:* Early stages of primary responses are characterized by significant pathogen load and consequently DCs are activated by PAMPS and DAMPS (the relative importance of DAMPS and PAMPS depicted by the thickness of arrow). In contrast, as primary response wanes and antigen presentation occurs in a reduced inflammatory environment, the absence of overt danger signals is compensated by CD4<sup>+</sup> T<sub>helper</sub> cells taking over the role of protecting DCs from CTLs and ensuring antigen presentation. Recall response: During *secondary responses*,

high numbers of established pathogen-specific memory  $CD8^+$  T cells can activate DCs at very early stages of infection prior to cell destruction and pathogen spread. In addition, memory  $CD8^+$  T cells can protect DCs and thus allowing prolonged antigen presentation. This jump-starts the immune response and also prevents onset of disease symptoms. Although memory cells can revert to DC-killing effector cells within 30 hours in mice (38), and 3 days in humans (127), the continued recruitment of additional memory cells T cells to LN is likely to prolong the DC viability.  $T_n$ : naïve  $CD8^+$  T cells,  $T_{eff}$ : effector  $CD8^+$  T cells,  $T_m$ : memory  $CD8^+$  T cells.

In contrast, during secondary immune responses, antigen-carrying DCs can also interact with the  $CD8^+$  memory T cells that are gradually recruited to the sites of (re)infection or to inflamed lymph nodes, limiting the dependence of antigen-carrying DCs on the pathogen-related or  $CD4^+$  T cell-related survival signals. Since the acquisition of effector functions by human blood-circulating central memory  $CD8^+$  T cells requires up to 72 hours of activation and several cell divisions, the memory T cell-dependent DC protection during secondary immune responses can have substantial time-span.

A recent report from Guarda *et al* (38) suggests that both effector and effector-memory populations of  $CD8^+$  T cells can eliminate the DCs in the “reactive” lymph nodes. While the observation that effector  $CD8^+$  T cells can eliminate antigen-carrying DCs supports similar earlier observations from several groups (80, 119), the location of DC killing is still unclear because of the conflicting data arising from different experimental models used to study the phenomena (37). The intravital two-photon microscopy used to image inflamed lymph nodes indicate that effector  $CD8^+$  T cells traffic into “reactive” lymph node and kill antigen-bearing DCs. However, this study does not include a comparative analysis with peripheral tissues as a possible alternate site of killing, even though adoptive transfer of effectors is done prior to the injection of antigen-loaded DCs and thereby does not preclude DC-effector interaction in the peripheral tissues. In apparent contrast to our *in vitro* results in human models and the previous *in vivo* observations in mouse from Franca Ronchese’s group (80), the same study also concludes

that effector-memory T cells ( $T_{em}$ ) can kill antigen-bearing DCs with similar efficacy as the effector cells. However, taking into consideration recent observations indicating the conversion of  $T_{cm}$  to  $T_{em}$  and  $T_{em}$  to effectors under conditions that favor migration to non-lymphoid tissues such as adoptive transfers alone or adoptive transfer followed by infection (171, 172), there is a need to reevaluate whether DC killing is performed by effector memory cells or by the arising secondary effector population. Nevertheless, in view of recent data regarding the lineage relationship between central-memory and effector-memory cells especially after memory cell reactivation, it is essential to resolve the issue of relative contribution of different subsets of activated  $CD8^+$  T cells towards DC killing.

The clarification of such relationship will allow reconciliation of the proposed killing of Ag-bearing DCs by memory  $CD8^+$  T cells with ample evidence that pre-existing memory T cells accelerate and amplify secondary immune responses, instead of preventing such responses. Similarly, problem exists with regards to the well-established efficacy of booster doses of vaccines. The data from human and mouse studies suggest that there is a lag period before memory  $CD8^+$  T cells can reacquire cytolytic activity (80, 127). In addition, using an *in vitro* human model, we have demonstrated that in memory cells granzyme B release is delayed and preceded by secretion of cytokine  $TNF\alpha$  which upregulates the granzyme B inhibitor PI-9 in DCs and thus in our hands memory  $CD8^+$  T cells did not exert immediate lytic activity against DCs. The existence of such a lag period, and the associated ability of recently activated memory  $CD8^+$  T cells to exert a helper, rather than DC-killing activity, can help explain the mechanism of memory T cell function.

While the successful induction of immune memory is believed to be essential for vaccine effectiveness, both the exact pathways of development of memory  $CD8^+$  T cells (in relation to



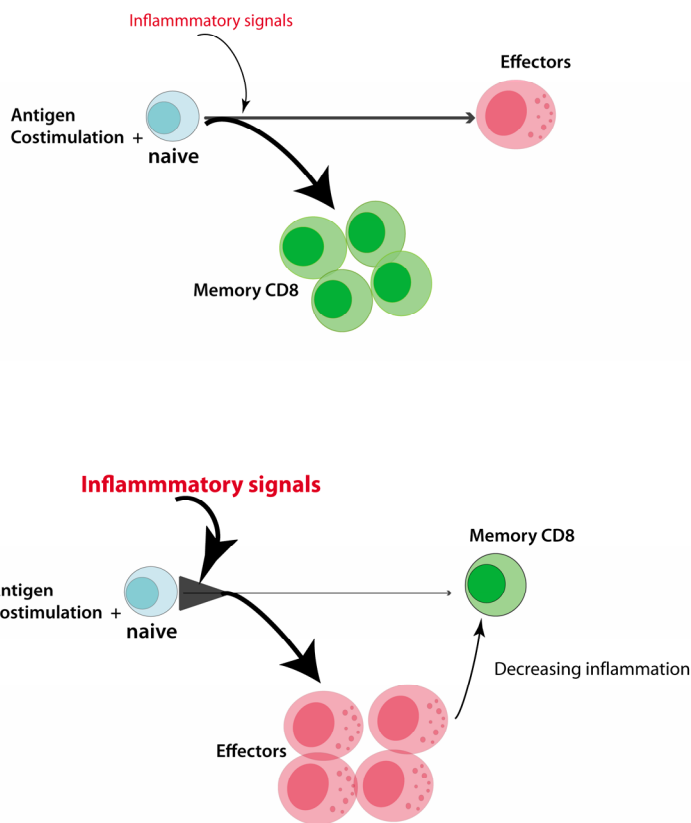
effector cells), and the features of their biology allowing them to expand and give rise to “effector” cells upon challenge with antigen, remain unclear. The current paradigm for successful vaccination is to include strong adjuvants along with peptide- or DC-based vaccines to induce a large effector T cell response, but it is not clear if this strategy will be equally successful for prophylactic and therapeutic vaccines. The reason being different requirements for prophylactic versus therapeutic vaccines, the goal of prophylactic vaccine is to generate large population of functional memory cells whereas the generation of a large effector T cell response is the immediate prerequisite for therapeutic vaccination. Following on this notion, our study identifies conditions of DC maturation that favor the cytolytic pathway of CD8<sup>+</sup> T cell differentiation followed by the development of memory cells versus conditions that support direct differentiation of naïve CD8<sup>+</sup> T cells into memory cells. Our results have implications not only for better design of vaccines and vaccination regimens but also for understanding the factors that govern CD8<sup>+</sup> T cell memory formation.

While most studies have focused on the dose and persistence of antigen as determinants of CD8<sup>+</sup> T cell activation and differentiation, there is considerable evidence from several groups suggesting that the CD8<sup>+</sup> T cell’s potential to develop into effectors is influenced by the presence of inflammatory cytokines (IL-12, type-1 interferons) and the timing of naïve CD8<sup>+</sup> T cell priming (early or late in acute infection).

Recent studies by Harty and colleagues (76) have shown that coinjection of CpG ODNs (a potent inducer of inflammation) and an *in vitro* matured peptide-loaded DCs caused massive expansion of Ag-specific CD8<sup>+</sup> T cells and their delayed conversion to memory phenotype. In agreement with these results, using *in vitro* human model for CD8<sup>+</sup> T cell differentiation, we have found that induction of cytolytic function and tissue-homing ability required mature,

polarized DCs with the ability to produce high amounts of IL-12 family member cytokines. In contrast to the above scenario, we have also found that direct differentiation of naïve CD8<sup>+</sup> T cells into memory cells occurred when DCs were matured but chronically activated and characterized by low production of cytokines belonging to IL-12 family. In accordance with our results, studies from murine models (48, 54-56) also suggest that manipulations to decrease the duration of infection and thus cause reduction in the inflammatory milieu, favor accelerated formation of memory cells. Immunization with *in vitro*-matured peptide-loaded DCs alone causes rapid formation of memory cells. Thus the collective theme is that the presence or absence of inflammatory signals affects the differentiation of naïve CD8<sup>+</sup> T cells.

Together these studies argue for the revision of the existing models of CD8<sup>+</sup> T cell differentiation. In the currently proposed model (**Fig 6.2**), the decision making will depend on the cumulative strength of three signals- TCR, costimulation and inflammatory factors or cytokines. While TCR trigger and costimulation are sufficient to drive T cell proliferation, inflammatory signals are required for acquisition of effector and tissue homing functions. Thus at low signal strength and the absence of inflammatory signals, the potential of the naïve CD8<sup>+</sup> T cell to develop into a memory cell is greatest. By contrast, at high signal strength combined with inflammatory signals, there is maximum potential for naïve cells to differentiate into effector T cells. During natural infections, the strength of inflammatory signal is related to the stage of infection. Early stages of infection are characterized by substantial amounts of PAMP-induced inflammatory mediators while waning stages of infection are associated with diminishing levels of inflammation. Moreover, DC populations vary greatly in secondary lymphoid tissues during infection (173, 174) and thus the combination of DC-derived costimulatory signals and inflammatory cytokines will qualitatively differ during the course of infection.



**Figure 6.2 Emerging model of CD8<sup>+</sup> T cell differentiation based on the role of inflammatory cytokines**

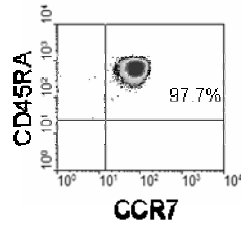
In the presence of both infection and inflammatory cytokines (during the early phases of primary immune response), there is a greater potential for naïve CD8<sup>+</sup> T cells to differentiate into effectors (thickness of the arrow denotes both increasing potential and inflammatory signals). In the absence or decreasing levels of inflammatory signals, the potential for naïve CD8<sup>+</sup> T cells to develop into memory cells is greatest.

We envisage a scenario in which naïve T cells recruited during early stages of infection will receive strong inflammatory signals and develop into effectors while those recruited in the later stages of infection could receive below-maximal stimulatory and inflammatory signals from exhausted DCs and thus be predisposed to give rise to long-lived memory cells (126).

In summary, existing and emerging data from human and mouse models of infection suggest that its possible to selectively prime either memory or effector cells depending on the type of vaccination– prophylactic or therapeutic, by increasing or limiting DC activation and production of polarizing cytokines. The challenge will be to devise vaccination regimens such that the efficacy of successive booster immunizations is not compromised by the phenomena of CTL-mediated killing of Ag-presenting DCs.

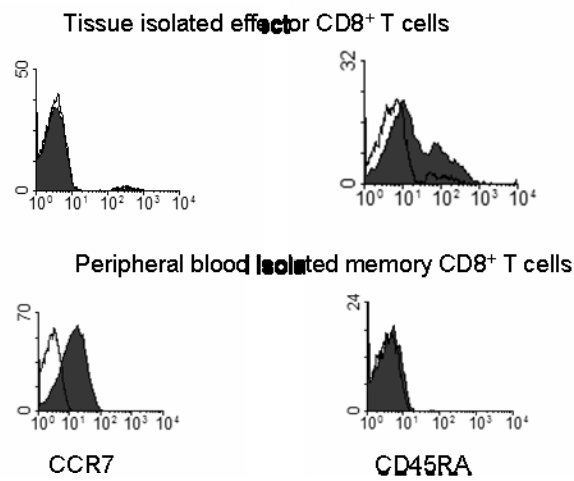
## APPENDIX A: SUPPLEMENTARY FIGURES FOR CHAPTER 3

S 1a



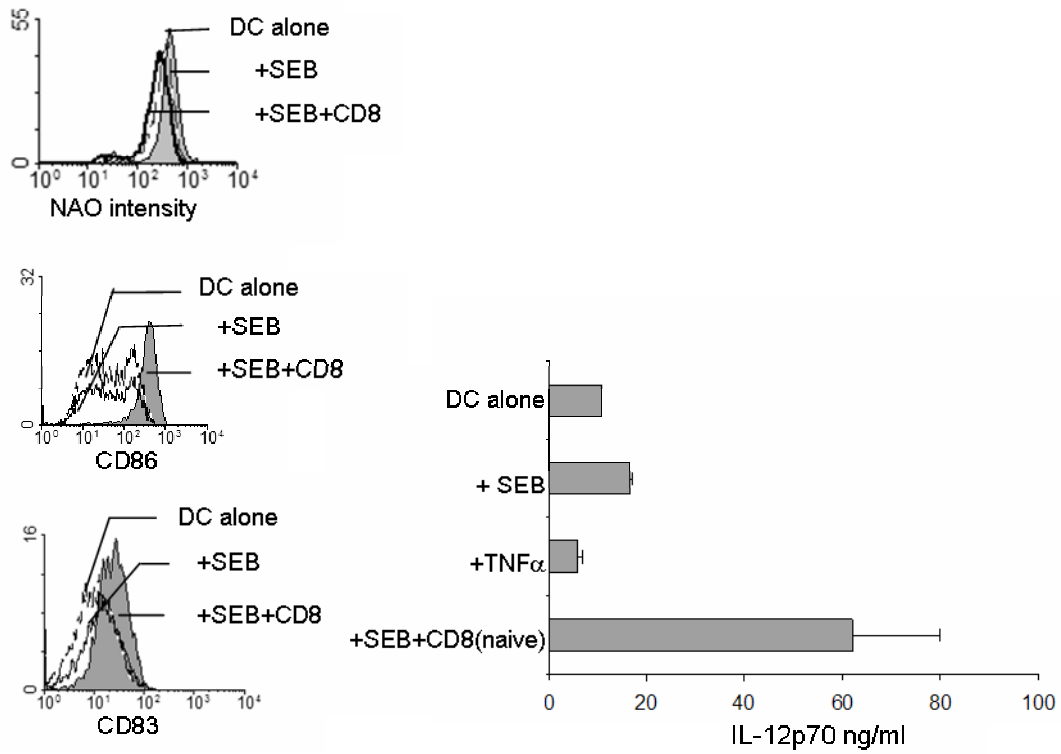
**Figure S 1a.** Co-expression of CD45RA and CCR7 on peripheral blood-isolated naïve CD8<sup>+</sup> T cells. Phenotype of naïve CD8<sup>+</sup> T cells isolated by negative selection.

S 1b



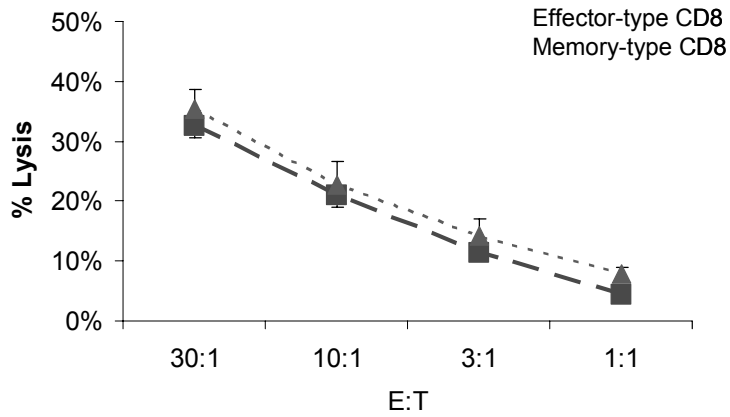
**Figure S 1b.** Characterization of tissue-isolated effector CD8<sup>+</sup> T cells and peripheral blood derived CD8<sup>+</sup> T cells. Effector CD8<sup>+</sup> T cells from tissue were CCR7<sup>-</sup>CD45RA<sup>+/-</sup> while memory CD8<sup>+</sup> T cells from peripheral blood were CCR7<sup>+</sup>CD45RA<sup>-</sup>.

S 2



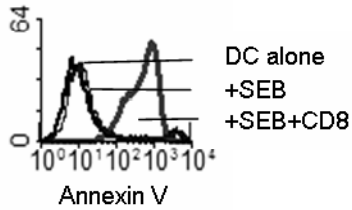
**Figure S 2. Naïve CD8<sup>+</sup> T cells do not kill DCs but activate and induce maturation.**

Blood-isolated naïve CD8<sup>+</sup> T cells induced DC maturation and primed them for high IL-12p70 production. SEB-pulsed immature DCs (day 6) were co-incubated with blood-derived naïve CD8<sup>+</sup> T cells for 48 hours. Subsequently, DCs were harvested, their viability was assessed by staining with NAO and activation phenotype was analyzed by flow cytometry for the expression of co-stimulatory molecule (CD86) and maturation-associated marker (CD83). The DCs were also counted and stimulated with J588-CD40L to analyze their ability to produce IL-12p70.

**S 3a**

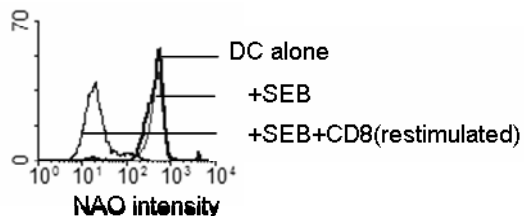
**Figure S 3a. Both effector and memory type- CD8<sup>+</sup> T cells kill SEB-loaded tumor cells.**

Effector-type and memory-type CD8<sup>+</sup> T cells were co-incubated for 4 hours with <sup>51</sup>Cr labeled JY-1 cells (standard Cr-release assay).

**S 3b**

**Figure S 3b. Effector-type CD8<sup>+</sup> T cells kill immature DCs as shown by Annexin V staining.**

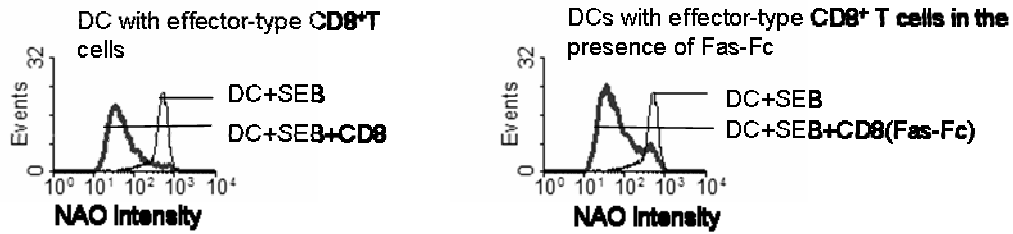
Effector-type CD8<sup>+</sup> T cells were co-incubated with SEB pulsed immature DCs (day 6) for 18-20 hours. Subsequently DCs were harvested, and their viability was assessed by Annexin V staining.

**S 3c**

**Figure S 3c. Short time restimulation of memory-type CD8<sup>+</sup> T cells results in re-acquisition of the ability to kill immature DCs.** Memory-type CD8<sup>+</sup> T cells (day 14-16, no longer displaying DC killing function) were re-

stimulated (48 hours) and co-incubated with SEB-pulsed immature DCs (day 6) for 18-20 hours. Subsequently, DCs were harvested and their viability was assessed by NAO staining.

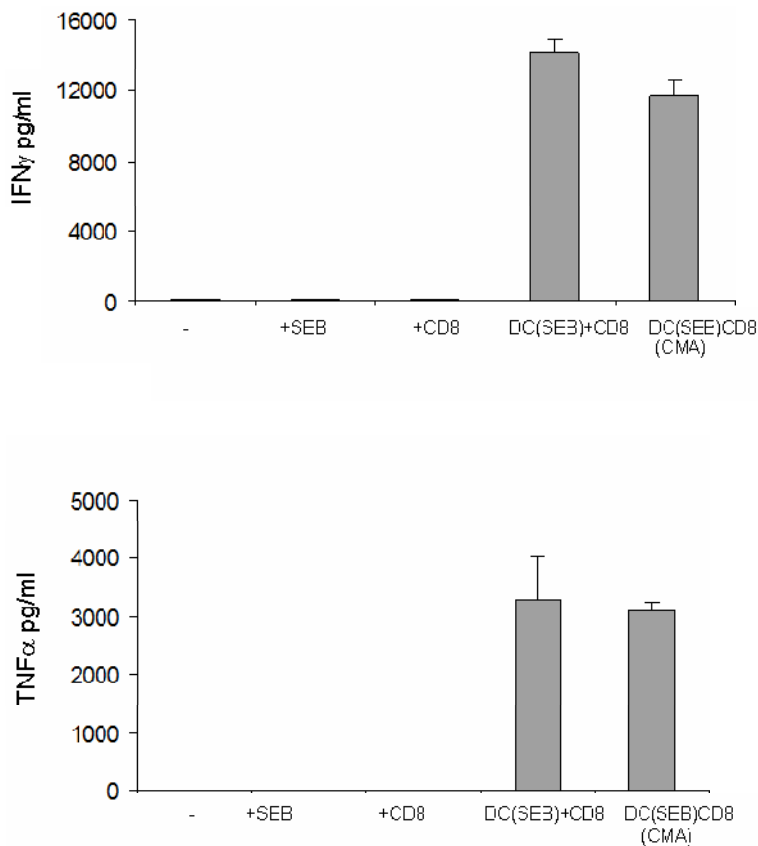
**S 4a**



**Figure S 4a. Fas-FasL interaction is not involved in CTL mediated DC killing.**

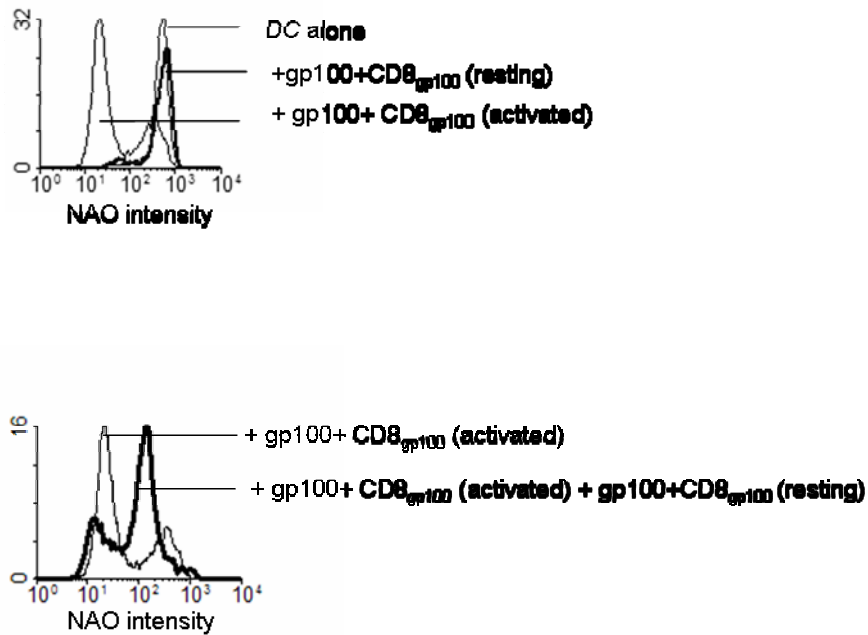
The presence of FasL antagonist (Fas-Fc) during co-culture of effector-type CD8<sup>+</sup> T cells with immature DCs did not inhibit the killing of DCs as shown by NAO staining.

**S 4b**



**Figure S 4b. Unperturbed secretion of IFN<sub>γ</sub> and TNF<sub>α</sub> by effector-type CD8<sup>+</sup> T cells, pre-treated with the perforin inhibitor CMA.** Effector-type CD8<sup>+</sup> T cells were pretreated with CMA and co-cultured with SEB-loaded DCs for 24-32 hours. Supernatants of CD8-DC co-culture were analyzed for cytokines IFN<sub>γ</sub> and TNF<sub>α</sub> by ELISA.





**Figure S5. Class I-restricted melanoma (gp100)-specific CD8<sup>+</sup> T cells protect DCs from being killed by activated gp100-specific CD8<sup>+</sup> T cells.** Resting HLA-A2 restricted gp100-specific CD8<sup>+</sup> T cells were co-cultured with immature DCs loaded with gp100 peptide for 8-10 hours, followed by the addition of activated gp100-specific CD8<sup>+</sup> T cells. DC viability was assessed by staining with NAO.

## APPENDIX B: SUPPLEMENTARY FIGURES FOR CHAPTER 4

S 6

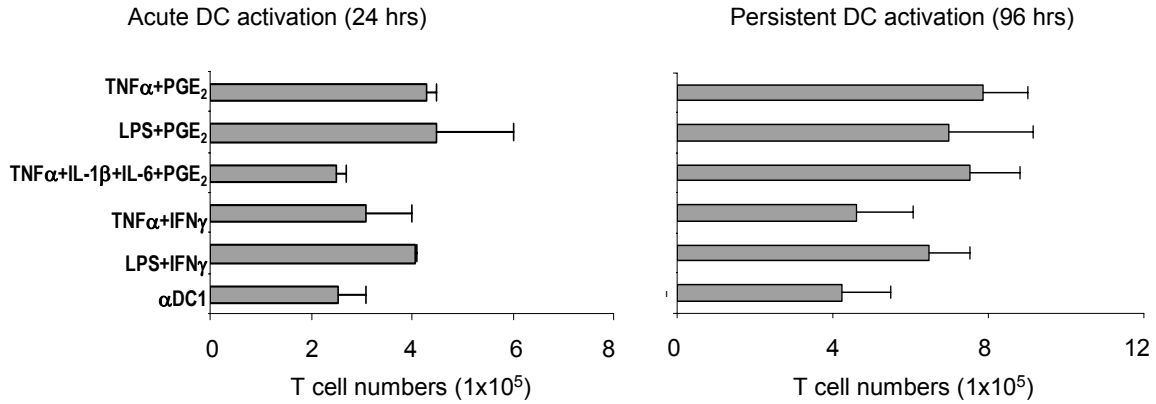


Figure S 6 CD8<sup>+</sup> T cell proliferation induced by short-time activated DC (24 hours) versus DCs activated for prolonged time period (72 hours)

S 7

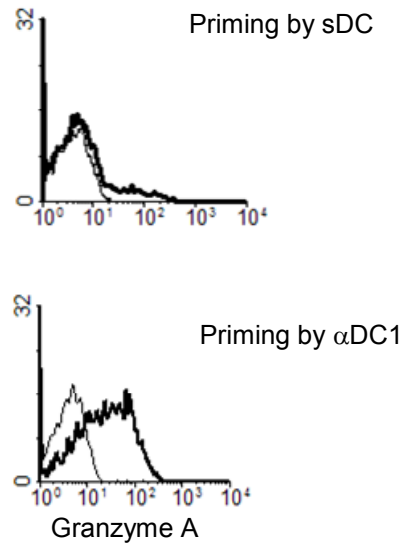


Figure S 7 Intracellular expression of Granzyme A in CD8<sup>+</sup> T cells primed by sDC and  $\alpha$ DC1.

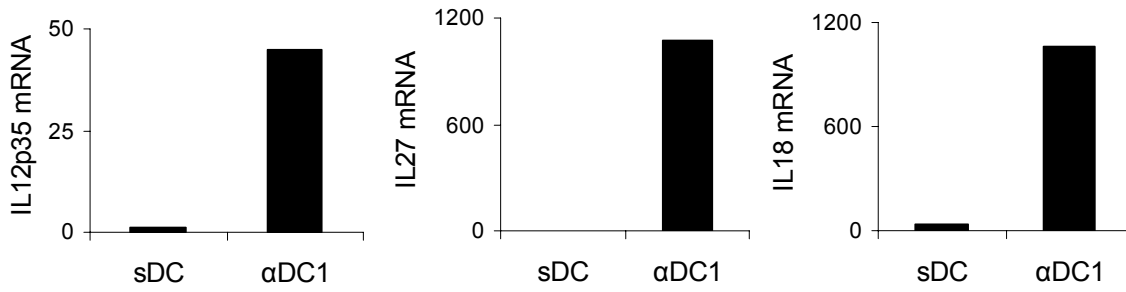


Figure S 7 Quantitative RT-PCR for IL-12p35, IL-27 and IL-18 genes in αDC1s and standard DCs

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