

INFLAMMATION AND BREAST CANCER RISK

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University of Pittsburgh, 2006

Mammographic density is one of the strongest risk factors for breast cancer. Exactly how breast density increases breast cancer risk is unknown, although it is believed that dense breast areas may reflect exposure to estrogen. Breast cancer incidence is highest in postmenopause, when most estrogens are produced in non-ovarian tissues. Cyclooxygenase (COX)-2 and the cytokine tumor necrosis factor (TNF)-alpha may play a role in regulating estrogen synthesis in postmenopausal women. The aim of the present study was to explore the association between inflammation and breast cancer risk in two populations of postmenopausal women. Different exposures associated with inflammation (i.e. non-steroidal anti-inflammatory drug (NSAID) use, circulating receptors for TNF-alpha, and a polymorphism in the TNF receptor-II gene) were measured and tested for their association with incident breast cancer or mammographic density. In the first study, the Study of Osteoporotic Fractures (SOF), complete NSAID medication and breast cancer risk factor information was available for 6695 women, mean (SD) age 73 (5) years. During a mean (SD) of 13.2 (3.8) years of follow-up, 372 women were diagnosed with primary breast cancer. There were no differences in incident breast cancer by NSAID use, either before or after adjusting for covariates. In the second study, Mammograms and Masses (MAMS), mean mammographic density was lower among women in the highest quartiles of circulating soluble TNF receptor levels. After adjustment for body mass index, the inverse association disappeared. In evaluating the TNFR2 -196 M/R polymorphism (T>G), the unadjusted mean (SD) mammographic density was higher in women with the TT genotype (32.3% (21.0)) as compared to women with the TG/GG genotypes (26.6% (17.2)),  $p=0.003$ . The association remained statistically significant after adjustment for age and BMI ( $p=0.03$ ); however, inclusion of additional covariates reduced the level of statistical significance ( $p=0.08$ ). There was no observable difference in circulating sTNFR2 levels between the TNFR2 genotypes. An increased understanding of factors that affect mammographic density and their underlying

mechanisms is needed, and inflammation may be involved. An association between breast cancer risk and inflammation would have important public health implications for screening and primary prevention of breast cancer.

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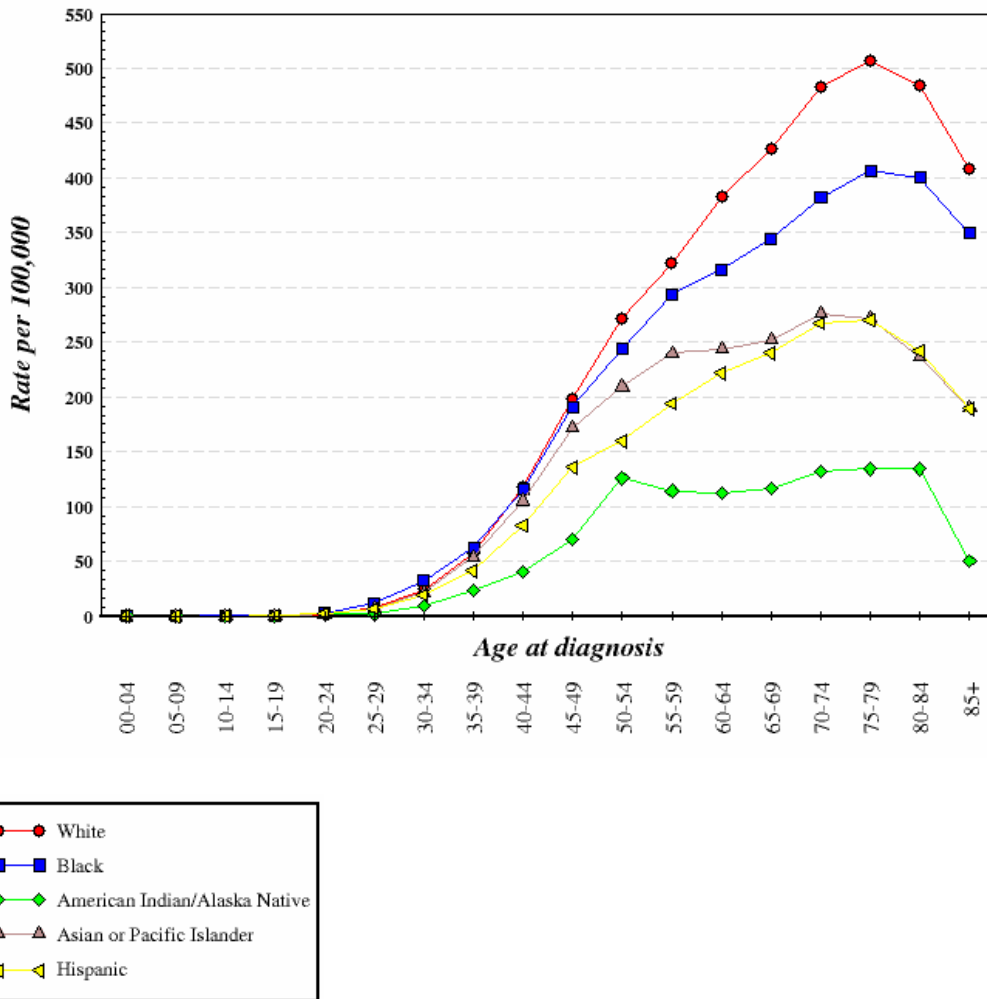
## **1.0 INTRODUCTION**

### **1.1 BACKGROUND AND SIGNIFICANCE**

In the following literature review, a brief description of the epidemiology of breast cancer, cytokines and mammographic density will be followed by a review of the potential relationship among these factors.

#### **1.1.1 Epidemiology of breast cancer**

Breast cancer incidence rates in the United States are 20%-40% higher in white women than in non-white women; however, U.S. incidence rates are higher in young (age < 40) black women than in young white women (Figure 1). Worldwide, incidence rates for 1988-1992 were low in Asia, moderate in South America and Eastern Europe, and high in North America and Western Europe (1). Migrant studies of increasing breast cancer rates among first-generation daughters of Japanese American women suggest that environmental and lifestyle factors are of greater significance than genetic factors in explaining international differences in breast cancer risk (1-3). The identification of potentially modifiable risk factors for breast cancer therefore provides opportunities for breast cancer prevention among women both at average and high risk.



**Figure 1. Age-specific incidence of invasive breast cancer among US women, 2001**

SEER\*Stat Database: 9 SEER Incidence Registries for Public-Use, National Cancer Institute, DCCPS, Surveillance Research Program, Cancer Statistics Branch, released April 2003, based on the November 2002 data (for the years 1973-2000).



### 1.1.1.1 Risk factors for breast cancer

Few breast cancer risk factors have prevalence in the population of greater than 10% to 15%, although some are associated with very large relative risks (e.g., mutated genes, cellular atypia). Age is one of the most important risk factors for breast cancer (4). While age-adjusted incidence rates continue to rise, breast cancer mortality has fallen in the past decade in the U.S (5). The relationship of age to invasive breast cancer incidence in 2001 in U.S. women is also depicted in Figure 1. Recently investigated epidemiologic risk factors for breast cancer are shown in Table 1, along with the magnitude of their associated risks (6). Traits associated with large relative risks are rare; common risk factors are associated with relative risks less than 2.0 so that the attributable risk for any particular risk factor is small (7).

**Table 1. Newer epidemiologic risk factors for breast cancer**

| <b>Risk factor</b>                                     | <b>Effect</b> | <b>Odds ratio/relative risk<br/>(95% confidence interval)</b>  |
|--|---------------|--|
| <b>Anthropometry (BMI)</b>                             |               |  |
| <b>Premenopausal</b>                                   | Negative      | For BMI $\geq 31$ kg/m <sup>2</sup> vs. BMI $< 21$ kg/m <sup>2</sup> :<br>RR = 0.54 (0.34, 0.85) (8)   |
| <b>Postmenopausal</b>                                  | Positive      | For BMI $\geq 25$ kg/m <sup>2</sup> vs. BMI $< 21$ kg/m <sup>2</sup> :<br>RR = 1.26 (1.09, 1.46) (8)<br>For BMI $> 22.6$ kg/m <sup>2</sup> vs. BMI $\leq 22.6$ kg/m <sup>2</sup> :<br>RR = 2.52 (1.62, 3.93) (9) |
| <b>Endogenous hormones</b>                             | Positive      | For increasing quintiles of free estradiol vs.<br>the lowest quintile: (10)<br>RR = 1.38 (0.94, 2.03)<br>RR = 1.84 (1.24, 2.74)<br>RR = 2.24 (1.53, 3.27)<br>RR = 2.58 (1.76, 3.78)                              |
| <b>Estrogen metabolism<br/>(2:16 OHE1 Ratio [EMR])</b> | Negative?     | For EMR in the highest tertile vs. the lowest<br>two-thirds: (11)<br>OR = 0.71 (0.29, 1.75)<br><br>By menopausal status: (12)<br>OR (pre) = 0.58 (0.25, 1.34)<br>OR (post) = 1.29 (0.53, 3.10)                   |

**Table 1 (continued)**

| <b>Risk factor</b>                | <b>Effect</b> | <b>Odds ratio/relative risk<br/>(95% confidence interval)</b>  |
|-----------------------------------|---------------|--|
| <b>Reproductive factors</b>       |               | For breast cancer diagnosed pre- and post-menopause: (13)  |
| <b>Age at menarche</b>            | Negative      | OR (pre) = 0.91 (0.89, 0.93)<br>OR (post) = 0.96 (0.95, 0.98)  |
| <b>Age at first live birth</b>    | Positive      | OR (pre) = 1.05 (1.05, 1.06)<br>OR (post) = 1.03 (1.02, 1.04)  |
| <b>Parity</b>                     | Negative      | OR (pre) = 0.97 (0.94, 0.99)<br>OR (post) = 0.88 (0.86, 0.90)  |
| <b>Breastfeeding</b>              | Negative      | For every 12 months of breast-feeding: (14)<br>OR = 0.96 (0.94, 0.97)  |
| <b>Preeclampsia</b>               | Negative      | ORs range from 0.27 (0.08, 0.63) to 0.81 (0.61, 1.1) (15)  |
| <b>Induced abortion</b>           | Null          | RR = 1.00 (0.94, 1.06) (16)  |
| <b>Bone mineral density</b>       | Positive      | For the highest quartile of BMD vs. the lowest quartile: (17)<br>RR = 2.7 (1.4, 5.3)   |
| <b>Bone fracture</b>              | Negative      | For history of fracture vs. no fracture in past 5 years: (18)<br>OR = 0.80 (0.68, 0.94)  |
| <b>Biological growth factors</b>  |               |  |
| <b>TGF-<math>\beta</math>1</b>    | Positive      | Protective effect for women lacking the common TGF- $\beta$ 1 genetic polymorphism vs. women with the common variant: (19)<br>Hazard ratio = 0.36 (0.17, 0.75) |
| <b>IGF-I</b>                      | Positive      | Top vs. bottom tertile of IGF-I: (20)<br>RR = 2.9 (1.21, 6.85)   |
| <b>Exogenous hormones</b>         |               |  |
| <b>Oral contraceptives</b>        | Null?         | RR = 1.24 (1.15, 1.33) (21)<br>RR = 1.11 (0.94, 1.32) (22)   |
| <b>Hormone therapy</b>            | Positive      | Hazard ratio = 1.26 (1.00, 1.59) (23)  |
| <b>Exercise/physical activity</b> | Negative      | ORs range from 0.3 to 1.6, with an average risk reduction of 30-40% (24)   |
| <b>Alcohol consumption</b>        | Positive      | For 12 g/day vs. nondrinkers:<br>RR = 1.06 (1.00, 1.11) (25)<br><br>HT for $\geq$ 5 years plus $\geq$ 20 g/day:<br>RR = 1.99 (1.42, 2.79) (26)                 |

**Table 1 (continued)**

| <b>Risk factor</b>                                 | <b>Effect</b> | <b>Odds ratio/relative risk<br/>(95% confidence interval)</b>  |
|--|---------------|--|
| <b>Smoking</b>                                     |               |  |
| <b>Premenopausal</b>                               | Positive      | OR (parous) = 1.69 (1.13, 2.51) (27)<br>OR (nulliparous) = 7.08 (1.63, 30.8) (27)  |
| <b>Postmenopausal</b>                              | Negative      | OR = 0.49 (0.27, 0.89) (27)  |
| <b>Breast implants</b>                             | Null?         | RR = 0.72 (0.61, 0.85) (28)  |
| <b>Diet</b>  | Null          | Fats compared with equivalent energy intake from carbohydrates for an increment of 5% of energy: (29)<br>RR = 1.09 (1.00, 1.19), saturated<br>RR = 0.93 (0.84, 1.03), monounsaturated<br>RR = 1.05 (0.96, 1.16), polyunsaturated |
| <b>Dietary Micronutrients</b>                      |               |  |
| <b>Beta-carotene</b>                               | Negative      | OR = 0.41 (0.22, 0.79) (30)  |
| <b>Lycopene</b>                                    | Negative      | OR = 0.55 (0.29, 1.06) (30)  |
| <b>Total carotene</b>                              | Negative      | OR = 0.55 (0.29, 1.03) (30)  |
| <b>Folate</b>                                      | Negative?     | For lowest 10 <sup>th</sup> percentile of folate intake vs. ≥ 50 <sup>th</sup> percentile: (31)<br>RR = 1.21 (0.91, 1.61)<br>Among drinkers of > 4 gm per day:<br>RR = 1.59 (1.05, 2.41)   |
| <b>Phytoestrogens</b>                              | Null          | For the highest vs. lowest quartile: (32)<br>OR = 1.0, (0.80, 1.3)   |
| <b>Ionizing radiation</b>                          | Positive      | OR = 1.4 (1.2, 1.8) (33)<br>RR = 4.1 (2.5, 5.7) (34)   |
| <b>Environmental toxins</b>                        |               |  |
| <b>p,p'-bis(4-chlorophenyl)-1,1-dichloroethene</b> | Null          | OR = 1.20 (0.76, 1.90) (35)  |
| <b>chlordan</b>                                    | Null          | OR = 0.98 (0.62, 1.55) (35)  |
| <b>dieldrin</b>                                    | Null          | OR = 1.37 (0.69, 2.72) (35)  |
| <b>PCB congeners</b>                               | Null          | OR = 0.83 (0.54, 1.29) (35)  |
| <b>Electromagnetic fields</b>                      | Null          | OR = 1.12 (1.09, 1.15), (36) probable bias due to misclassification of exposure  |
| <b>HIV infection</b>                               | Null?         | OR = 0.18 (0.04, 0.76) (37)  |

### **1.1.1.2 Estrogens and the risk of breast cancer**

Based upon the association of hormonally related risk factors such as age at menarche and age at first live birth with the risk of developing breast cancer, differences in endogenous estrogen levels are theorized to affect the risk of breast cancer (38). Exposure to estrogen over prolonged durations and higher concentrations has been consistently related to an increased risk of postmenopausal breast cancer in many epidemiologic studies (10, 39). In a pooled analysis of nine prospective studies of endogenous hormone concentrations and breast cancer risk, serum estradiol concentrations predicted risk for postmenopausal breast cancer (10): the relative risk (RR) for women with the highest quintile of free estradiol concentration, relative to the lowest quintile, was 2.58 (95% CI: 1.76-3.78). Hence, a single measurement of bioavailable estradiol may be used to estimate a woman's risk for breast cancer. In postmenopausal women, BMI is a critical determinant of estrogen production (40). Results from the Women's Health Initiative (WHI) Observational Study confirmed the effect of increasing BMI on breast cancer risk among postmenopausal women, but only among those women who had never taken HT, with heavier women (baseline BMI >31.1) having an increased risk of postmenopausal breast cancer (RR=2.52; 95% CI: 1.62-3.93), compared to slimmer women (baseline BMI <22.6) (9). In addition, bone mineral density (BMD), perhaps one of the best surrogate measures of lifetime estrogen exposure, is positively associated with breast cancer risk (17, 41). Extensive data also link the use of HT after menopause, a major source of exogenous estrogen exposure in postmenopausal women, to the risk of developing breast cancer (23, 42). *Taken together, these studies all suggest that increased lifetime endogenous and exogenous estrogen exposure appears to increase breast cancer risk. Despite the evidence implicating estrogens in breast cancer, the underlying mechanism by which estrogens exert their effects remains unclear.*

### **1.1.2 Cytokines and the risk of breast cancer**

Although data strongly implicate estrogen in breast cancer risk, increasing evidence suggests that cytokines may play crucial roles in postmenopausal breast cancer etiology (43). In particular, the cytokine TNF- $\alpha$  has emerged as an important regulator of estrogen synthesis in the breast (43). Moreover, inflammatory cytokines induce a range of inflammatory enzymes, including

cyclooxygenase (COX)-2. COX-2 cyclizes and oxygenates arachidonic acid eventually producing prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) (44, 45). COX-2 is believed to drive production of estrogen in the breast, in turn facilitating tumorigenesis (46), as evidenced by a positive correlation between 1) the level of COX-2 and expression of cytochrome P19 (CYP19) in human breast cancer (47) and 2) increased aromatase gene (P450) expression, the product of CYP19, in cultured breast cells (45, 48). This paracrine loop may explain why inhibition of COX-2 activity could have a protective effect on breast cancer. Indeed, studies have consistently shown that aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs), which inhibit COX-2 and thereby PGE<sub>2</sub> production (49), hinder breast tumor cell growth *in vitro* and in animal models (47, 50-53). Consistent with this biologic mechanism, several epidemiologic studies have examined the association between use of NSAIDs and breast cancer risk (reviewed in (54) and (55)) with most, but not all (56, 57), of case-control studies finding risk reductions between ~20-40% (58-68). Results from prospective cohort studies have been less consistent, with seven studies finding no association (69-75), one study observing an increased risk (76), and five studies, including the WHI Observational Study, demonstrating a protective effect from use of NSAIDs (77-81). Recently the Women's Health Study, a randomized controlled trial, found that alternate-day use of low-dose aspirin for an average of 10 years of treatment did *not* reduce the risk of breast cancer (82).

It is beyond the scope of this project to discuss all cytokines involved in estrogen synthesis and expressed in the breast. Based upon preliminary data from the Mammograms and Masses Study suggesting a relationship between TNF-alpha soluble receptors and breast density (unpublished), as well as evidence from the literature suggesting a role for TNF-alpha in estrogen biosynthesis in the breast, we focused on the two soluble receptors for TNF-alpha.

### **1.1.2.1 TNF-alpha**

The cytokine tumor necrosis factor (TNF)-alpha, secreted by macrophages of the immune system and also by adipocytes, has a central role in regulating estrogen synthesis within both normal and malignant breast tissue (43, 83, 84). In fact, TNF- $\alpha$  can stimulate the activities of all of the enzymes involved in estrogen synthesis: TNF- $\alpha$  enhances the activities of aromatase (85), 17 $\beta$ -estradiol dehydrogenase (86, 87), and estrone sulfatase (88), the three enzymes involved in the conversion of androstenedione to estrone (E1), the reduction of E1 to estradiol (E2), and the

hydrolysis of estrone sulfate to E1, respectively (84). Furthermore, TNF- $\alpha$  is one of the most potent promoters of aromatase activity in adipose fibroblasts, resulting in the peripheral conversion of androgens to estrogens in the adipose tissue (89). There is evidence that the production of TNF- $\alpha$  is also increased in obese women (90); thus, TNF- $\alpha$  may be one explanation for the positive association observed between obesity and breast cancer among postmenopausal women (9). Plasma concentrations of TNF- $\alpha$  have also been shown to increase with age (91, 92), potentially influencing the development of breast tumors in some postmenopausal women. Several studies have observed the regulation of estrogen production by TNF- $\alpha$  in breast fibroblasts, undifferentiated cells formed around malignant breast epithelial cells (83, 85, 86, 93). Thus, aberrant TNF- $\alpha$  function that ultimately elevates estrogens may promote malignant transformation in the postmenopausal breast (83); however, to date, two prospective epidemiologic studies have shown no association between TNF- $\alpha$  and breast cancer risk (94, 95).

#### **1.1.2.2 TNF-alpha receptor activity: Laboratory and epidemiologic observations**

TNF- $\alpha$  exerts its effects by binding to two transmembrane cell surface receptors: the p60 TNF receptor 1 (TNFR1) and the p80 TNF receptor 2 (TNFR2) (96), both of which are expressed in virtually all mammalian cells, including mammary epithelial cells (97). The TNFRs have similar ligand-binding domains, but each differs in cytoplasmic domains, suggesting distinct signal transduction pathways. TNF- $\alpha$  binds to the two receptors with similar affinity; when engaged, the extracellular domains of the soluble TNF receptors may be shed into the circulation, activating downstream pathways, and leading to the stimulation of pro-inflammatory cytokines and immunomodulatory genes (98). In contrast, these shed sTNFRs can also compete for TNF- $\alpha$  with the cell surface receptors and thus block TNF- $\alpha$  activity (99). The soluble TNF receptors (sTNFRs) are believed to play a central role in TNF-alpha-mediated cytotoxic (100), mitogenic (101), anti-proliferative (101), and apoptotic effects (102), but the specific roles of the two receptors are highly debated. The functional role of sTNFRs *in vivo* is yet to be elucidated since these soluble receptors have been shown to inhibit TNF in cytotoxic assays (103, 104), and they have also been reported to enhance TNF- $\alpha$  activity *in vitro* (104). Unlike TNF- $\alpha$ , which has a relatively short half-life in circulation, determination of sTNFR concentrations in healthy individuals at time lapses of 1 year demonstrated that the concentrations of the receptors are stable in each individual (correlation coefficients of 0.84 and 0.90 for sTNFR1 and sTNFR2,

respectively), possibly reflecting genetically determined differences (105); this observation was supported by studies of identical twins, who unlike discordant twins, were more likely to have similar levels of sTNFRs (105). The mRNAs of both TNF receptors are up-regulated in adipose tissue in obese women (106, 107), and circulating levels are positively correlated with BMI and age (108-110).

Excessive signaling through TNF receptors may cause severe inflammatory reactions and tissue damage (98). Solid malignant tumor cell lines shed sTNFRs spontaneously, and levels of the receptors were elevated in the sera of cancer patients (111-115), and in the plasma (116) and serum (117) of breast cancer patients as compared to healthy individuals. Deficient expression of TNFR2 mRNA was found in the endometrium of women at the earliest stages of endometriosis (118); whether low producers of soluble TNFRs may be predisposed to an over-response to TNF in pathological conditions remains to be determined (119). To date, only one nested case-control study has prospectively examined the relationship between serum levels of sTNFRs and breast cancer risk (95). The investigators found no association between serum levels of the soluble receptors TNFR1 and TNFR2 and breast cancer risk; however, this study had limited power to detect an association in postmenopausal women, with only 61 postmenopausal case-control pairs (95).

### **1.1.2.3 Tumor necrosis factor receptor 2 (TNFR2) gene variations**

Polymorphic variations in the TNFR2 gene have been more extensively studied than those in TNFR1. The TNFR2 gene has been localized to chromosome 1p36.2 and spans about 43kb, consisting of 10 exons, only three of which (exons 4, 6, and 9) contain polymorphic sites that lead to a non-conservative amino acid change (120, 121). Whereas the TNFR1 gene does not contain any known functional variants, the TNFR2 gene contains a non-synonymous single nucleotide polymorphism (SNP) with potential functional significance with respect to circulating TNFR2 levels. In particular, the TNFR2 -196 M/R polymorphism (T > G; Exon 6; results in substitution of methionine by arginine; rs1061622) is located in the extracellular region of the receptor, the region responsible for its proteolytic cleavage and solubilization. This polymorphism appears to be functionally significant; in a cohort of patients with rheumatoid arthritis, the TT genotype was associated with a threefold higher chance of responding to anti-TNF-alpha therapy as compared to patients with TG/GG genotypes (122). (Interestingly, anti-

TNF-alpha therapy was successfully tested for toxicity, biological activity and therapeutic efficacy in metastatic breast cancer (123)). Furthermore, the -196 SNP has been found to influence serum TNFR2 levels in previous studies (carriers of the G allele have higher circulating levels) (124, 125), and has been associated with autoimmune diseases (126-130), hypercholesterolemia (124), hyperandrogenism (131), and polycystic ovarian syndrome (131). A recent study of 113 postmenopausal breast cancer cases and 157 pre- and postmenopausal controls in Tunisia demonstrated a significant association between the -196 M/R heterozygous genotype (TG) and breast carcinoma (OR=2.28, 95% CI: 1.36-3.83), yet among cases, the R allele was associated with increased survival after 3 years of follow-up (132); these results are to be interpreted with caution, as they might be specific to Tunisians, and the investigators did not attempt to control for potential confounding factors. No prior studies have examined this SNP in relation to breast density.

Hence, TNF-alpha and its soluble receptors may play a role in breast cancer. Evidence also suggests that they are related to estrogen synthesis. Furthermore, prospective studies indicate that circulating levels of sTNFRs may be genetically determined. *However, no adequately powered study has investigated the relationship between these cytokine levels or polymorphisms in the TNFR2 gene with postmenopausal mammographic density.*

### **1.1.3 Mammographic breast density as a breast cancer biomarker**

With the exception of age and carriage of BRCA1/2 mutations, mammographic density is the greatest risk factor for breast cancer (133, 134). The histologic composition of the breast is reflected mammographically by density and parenchymal pattern. The higher the fat content of the breast the lower the radiologic density. Conversely, a high proportion of connective, ductal/epithelial, and glandular tissue increases density (135-138). The first method to associate breast parenchymal patterns and breast cancer risk was proposed by Dr. John Wolfe in 1976 (139). His classification consisted of four patterns: N1-radiolucent breast, low risk; P1-linear radiographic densities or ductal prominence of lesser extent than P2, intermediate risk; P2-ductal prominence to a greater extent, intermediate risk; and DY-radiographically dense, risk highest (139). In an effort to reduce intra- and inter-observer variability, various methods have been developed to quantitatively assess mammographic parenchymal patterns. These methods



encompass visual estimation of dense tissue, digitized images utilizing computer-assisted methods, and planimetry to measure the area of density within the total breast area; the area of dense tissue divided by the total breast area is known as the proportion or percentage of mammographic density (133, 140-145). In both case-control (146-155) and prospective cohort studies (156-158) using Wolfe's method, increased breast density was associated with increased risk for breast cancer with ORs ranging from 1.4 to 6.2 (Table 2). Likewise, case-control (146, 147, 149, 151-155, 159-164) and prospective cohort studies (165) using quantitative methods have found similar associations, with ORs ranging from 1.8 to 6.0, and most studies yielding an OR of 4.0 or greater (Table 2). These associations remain even after adjusting for factors known to influence breast density and breast cancer risk, such as age at menarche, menopausal status, parity, age at first birth, family history, HT use, and BMI (discussed further in "Breast Cancer Risk Factors and their Association with Mammographic Density"). As Wolfe's classification method is subjective and may vary between observers (e.g. radiologists) (166), the quantitative methods have been deemed more effective in identifying women at increased risk for developing breast cancer (167, 168). Indeed, the majority of studies have shown a stronger association with breast cancer risk for the quantitative methods than for those using Wolfe's classification (133).

The best method of utilizing the information obtained from the dense and nondense components of a mammogram is currently under debate. While the dense area itself is related to the risk of breast cancer (169), the percentage of breast density appears to confer a greater risk and is the measure reported in the vast majority of studies (134, 155, 170, 171). Most risk factors for breast cancer that are related to mammographic density have the opposite relationship with the nondense area of the mammogram, largely comprised of fat tissue (172). Since body mass index correlates strongly and positively with both the nondense and total breast areas (173), and thus correlates inversely with percent breast density (163, 174, 175), potential confounding by adiposity is of particular concern when studying factors that are related to both percent breast density and BMI. Under such circumstances, investigators have argued for examination of the absolute area of dense breast tissue, instead of percent breast density (169, 173).

Mammographic density has also been positively associated with breast cancer tumor characteristics, such as tumor size, lymph node status, and lymphatic or vascular invasion, in both case control studies (176, 177) and in recent case-only studies of women diagnosed with screen-detected (178) and interval-detected (179) invasive breast cancer. The positive

association observed between density and tumor size could be due to a delayed diagnosis of tumors in women with dense breasts (a “masking” effect because density impairs mammographic sensitivity (180)); alternatively, dense breasts may be associated with increased cell proliferation (discussed further in “Heritability, Genetic Variations and Breast Density”) (177). While many studies have evaluated mammographic density and its association with risk of incident primary breast cancer, the National Surgical Adjuvant Breast and Bowel Project (NSABP) recently evaluated mammographic density among women with a previous diagnosis of DCIS, and who were prospectively followed to measure breast cancer recurrence (181). NSABP investigators found that women with highly dense breasts had 2.8 (95% CI: 1.3 to 6.1) times the risk of breast cancer recurrence (DCIS or invasive) and three times the risk of subsequent invasive breast cancer (95% CI: 1.2 to 7.5) (181). Notably, a recent retrospective study of diagnostic mammograms from consecutive women diagnosed with DCIS at the USC/Norris Comprehensive Cancer Center demonstrated that DCIS lesions occurred overwhelmingly in areas of mammographically dense tissue; further, the majority of lesions occurred in the mammographic quadrant with the highest percentage density (182). All available pre-DCIS films showed that the areas in which DCIS subsequently arose were also dense at the time of the earlier mammogram (182). These results strongly suggest that, indeed, some characteristic of the mammographically dense tissue is directly influencing the carcinogenic process in the local breast glandular tissue (182). *Since mammographic breast density is a non-invasive, reliable and quantitative measure that is strongly associated with breast cancer risk, breast density provides a useful intermediate marker in studies aimed at understanding breast cancer etiology and prevention (183).*

**Table 2. Selected studies of breast density and breast cancer risk: Wolfe's method and quantitative methods**

| <b>First Author</b>                | <b>Study Design</b> | <b>Participants</b>                                       | <b>Wolfe Odds Ratio*<br/>(95% CI)</b>                        | <b>Quantitative<br/>Odds Ratio**<br/>(95% CI)</b>                                      | <b>Quantitative<br/>Method</b> | <b>Threshold<br/>(%)</b> | <b>Adjustments</b>  |
|------------------------------------|---------------------|---|--|--|--------------------------------|--------------------------|---|
| <b>Boyd et al. 1982<br/>(146)</b>  | Case-control        | 183 Cases<br><br>183 Controls                             | Range of 3 reading radiologists<br><br>1.9-3.7               | Range of 3 reading radiologists<br>OR 2.8-6.0 (1.4-5.6 to 2.5-14.1)                    | Visual Estimation              | <10 vs. ≥75              | Age at first birth, parity, family history                                |
| <b>Brisson et al. 1982 (147)</b>   | Case-control        | 408 Cases<br><br>1021 Controls                            | OR DY vs N1<br><br>1.9 (1.1-3.3)                             | homogeneous density:<br>OR 5.4 (2.5-11.4)<br><br>nodular density:<br>OR 3.8 (1.6, 8.7) | Visual Estimation              | 0 vs ≥60                 | Parity, age at first birth, family history, age at menopause, hormone use |
| <b>Tabar &amp; Dean 1982 (156)</b> | Prospective         | 21,157 women<br>1857 Prevalent Cases<br>31 Incident Cases | Age 60+ 0.97<br>RR DY vs N1<br>Prevalent 2.9<br>Incident 6.2 | NA   |                                |                          |   |
| <b>Chaudry et al. 1983 (148)</b>   | Case-Control        | 104 Cases<br>937 Controls                                 | OR DY vs N1<br>1.4   |  |                                |                          |   |
| <b>Brisson et al. 1984 (149)</b>   | Case-control        | 362 Cases<br><br>686 Controls                             | OR DY vs N1<br><br>2.7 (1.5-4.8)                             | OR 4.4 (2.5-7.9)   | Visual Estimation              | 0 vs ≥60                 | Weight, height  |
| <b>Carlile et al. 1985 (150)</b>   | Case-Control        | 706 Cases<br>1412 Controls                                | OR DY vs N1<br>3.1   | NA   |                                |                          |   |
| <b>Gravelle et al. 1986 (157)</b>  | Prospective         | 4,044 women<br>31 cancer                                  | RR DY vs N1<br>4.4 (0.54-36.7)                               | NA   |                                |                          |   |

**Table 2 (continued)**

| <b>First Author</b>                     | <b>Study Design</b> | <b>Participants</b>                 | <b>Wolfe Odds Ratio*<br/>(95% CI)</b>                | <b>Quantitative<br/>Odds Ratio**<br/>(95% CI)</b> | <b>Quantitative<br/>Method</b> | <b>Threshold<br/>(%)</b> | <b>Adjustments</b>  |
|---|---------------------|-------------------------------------|--|---|--------------------------------|--------------------------|---|
| <b>Wolfe et al.<br/>1987 (151)</b>      | Case-control        | 160 Cases                           | OR P2/DY vs.<br>N1/P1                                |   |                                |                          |   |
|   |                     | 160 Controls                        | 3.3 (1.9-5.7)  | OR 4.3 (1.8-10.4)                                 | Manual<br>Planimetry           | <25 vs. ≥70              | Parity  |
| <b>Brisson et al.<br/>1989 (152)</b>    | Case-control        | 290 Cases                           | OR DY vs N1  |   |                                |                          |   |
|   |                     | 645 Controls                        | 3.7 (1.8-7.4)  | OR 5.5 (2.3-13.2)                                 | Visual<br>Estimation           | 0 vs ≥60                 | Age, parity,<br>education,<br>weight, height  |
| <b>de Stavola et al.<br/>1990 (158)</b> | Prospective         | 4,044 women<br>69 cancer            | RR P2/DY vs P1/N1<br>1.7 (0.72-4.0)                  | NA  |                                |                          |   |
| <b>Saftlas et al.<br/>1991 (153)</b>    | N. Case-control     | 260 Cases                           | OR DY vs N1  |   |                                |                          |   |
|   |                     | 301 Controls                        | 2.6 (1.3-5.4)  | OR 4.3 (2.1-8.8)                                  | Manual<br>Planimetry           | <5 vs ≥65                | Age, weight,<br>parity  |
| <b>Boyd et al.<br/>1995 (161)</b>       | N. Case-control     | 354 Cases                           |  | OR 4.0 (2.1, 7.7)                                 | Computerized<br>(thresholding) | 0 vs. ≥75                | Age, parity, age<br>at first birth,<br>weight, height,<br>age at<br>menarche,<br>family history |
|   |                     | 354 Controls                        | NA   | OR 6.0 (2.8-13.0)                                 | Visual<br>Estimation           |                          |   |
| <b>Kato et al.<br/>1995 (154)</b>       | N. Case-control     | 73 PRE Cases                        | PRE women;<br>OR P2/DY vs P1/N1                      |   |                                |                          |   |
|   |                     | 281 PRE Controls                    | OR 6.0 (1.3-27.3)                                    | OR 3.6 (1.7-7.9)                                  | Manual<br>Planimetry           | <48 vs ≥65               | BMI, parity,<br>menopausal<br>status  |
|   |                     | 124 POST Cases<br>240 POST Controls | POST women; OR<br>P2/DY vs P1/N1<br>OR 1.9 (1.2-3.1) | 2.1 (1.1, 3.8)                                    |                                |                          | <28 vs ≥44  |

**Table 2 (continued)**

| <b>First Author</b>                     | <b>Study Design</b> | <b>Participants</b> | <b>Wolfe Odds Ratio*<br/>(95% CI)</b> | <b>Quantitative<br/>Odds Ratio**<br/>(95% CI)</b> | <b>Quantitative<br/>Method</b> | <b>Threshold<br/>(%)</b> | <b>Adjustments</b>  |
|---|---------------------|---------------------|---------------------------------------|---|--------------------------------|--------------------------|---|
| <b>Byrne et al.<br/>1995 (155)</b>      | N. Case-control     | 1880 Cases          | OR DY vs N1                           |   |                                |                          | Weight, age at first birth, family history, education, alcohol use, prior biopsies, reproductive years                |
|   |                     | 2152 Controls       | 2.7 (2.0-3.7)                         | OR 4.3 (3.1-6.1)                                  | Computerized Planimetry        | 0 vs. ≥75                |   |
| <b>van Gils et al.<br/>1999 (162)</b>   | N. Case-control     | 108 Cases           |                                       |   |                                |                          | Menopausal status, BMI  |
|   |                     | 400 Controls        | NA                                    | OR 3.3 (1.5-7.2)                                  | Computerized (automated)       | <5 vs >25                |   |
| <b>Lam et al.<br/>2000 (163)</b>        | N. Case-control     | 529 Cases           |                                       |   |                                |                          | Entirely fatty vs extremely dense<br>Weight   |
|   |                     | 2116 Controls       | NA                                    | OR 4.5 (1.9-10.6)                                 | BIRADS                         |                          |   |
| <b>Maskarinec &amp; Meng 2000 (159)</b> | Case-control        | 647 Cases           |                                       |   |                                |                          | Age at menarche, menopausal status, parity, age at first birth, family history, hormone use, previous breast problems |
|   |                     | 647 Controls        | NA                                    | OR 1.8 (1.1-3.0)                                  | Computerized (thresholding)    | <10 vs ≥50               |   |

**Table 2 (continued)**

| <b>First Author</b>                      | <b>Study Design</b> | <b>Participants</b>  | <b>Wolfe Odds Ratio*<br/>(95% CI)</b> | <b>Quantitative<br/>Odds Ratio**<br/>(95% CI)</b> | <b>Quantitative<br/>Method</b> | <b>Threshold<br/>(%)</b>   | <b>Adjustments</b>  |
|--|---------------------|--|---------------------------------------|---|--------------------------------|--|---|
| <b>Ursin et al. 2003<br/>(171)</b>       | Case-control        | 622 Cases<br><br>443 Controls  | NA                                    | OR 5.2 (1.7-16.1)                                 | Computerized<br>(thresholding) | <1 vs ≥75  | Age, BMI, age at menarche, family history of breast cancer, # full-term pregnancies, menopausal status, hormone therapy use, age at first birth |
| <b>Vacek &amp; Geller<br/>2004 (165)</b> | Prospective         | 24,238 PRE women<br><br>337 PRE cancer<br>37,606 POST women<br><br>854 POST cancer | NA<br><br>NA<br><br>NA                | RR 4.6 (1.7, 12.6)<br><br>RR 3.9 (2.6, 5.8)       | BIRADS<br><br>BIRADS           | Entirely fatty vs extremely dense<br><br>Entirely fatty vs extremely dense | these are unadjusted estimates<br><br>these are unadjusted estimates  |
| <b>Kerlikowske et al. 2005 (160)</b>     | N. Case-control     | 200 Cases<br><br>431 Controls  | NA                                    | OR 2.7 (1.4-5.4)                                  | Computerized<br>(thresholding) | <23.9 vs. ≥66.8 (lowest vs. highest sextile)                               | Age, family history, age at first birth, hip BMD, race, BMI   |

**Table 2 (continued)**

| <b>First Author</b>                     | <b>Study Design</b> | <b>Participants</b> | <b>Wolfe Odds Ratio*<br/>(95% CI)</b> | <b>Quantitative<br/>Odds Ratio**<br/>(95% CI)</b> | <b>Quantitative<br/>Method</b> | <b>Threshold<br/>(%)</b> | <b>Adjustments</b>  |
|---|---------------------|---------------------|---------------------------------------|---|--------------------------------|--------------------------|---|
| <b>Maskarinec et al.<br/>2005 (164)</b> | N. Case-control     | 607 Cases           |                                       |   |                                |                          | Ethnicity, age at mammogram, BMI, age at first live birth, # children, age at menarche and menopause, family history of breast cancer |
|   |                     | 667 Controls        | NA                                    | OR 3.1 (2.0-4.9)                                  | Computerized (thresholding)    | <10 vs ≥50               |   |

\*Wolfe's Method: N1-radiolucent breast, low risk; P1-linear radiographic densities or ductal prominence of lesser extent than P2, intermediate risk; P2-ductal prominence to a greater extent, intermediate risk; and DY-radiographically dense, risk highest

\*\*ORs shown for total density unless otherwise specified

BIRADS=Breast Imaging Reporting and Data System; BMD=bone mineral density; BMI=body mass index; CI=confidence interval; N.=nested; NA=not applicable; OR=odds ratio; PRE=premenopausal; POST=postmenopausal

### **1.1.3.1 Breast cancer risk factors and their association with breast density**

Several reproductive and hormonal factors are known to influence both the mammographic appearance of the breast and the risk of breast cancer in a similar fashion. For instance, mammographic density is inversely related to parity, and increased mammographic density is observed in nulliparous women, and in women with a later age at first birth and later age at menopause (133, 158, 184-192); the same negative and positive relationships have been observed for these reproductive factors with respect to breast cancer risk (193). However, while breast cancer risk increases with age (4), breast density decreases with age (194-197). This apparent inconsistency can be explained by comparing breast density to breast cancer incidence rates in the population (167, 198). The rate of increase in breast cancer incidence begins to slow around age 50 (199); around the same time, glandular and ductal tissue decreases and fibrous connective tissue is replaced by fat (194-196). In contrast to its inverse relationship with age, breast density is very hormonally responsive and is positively associated with hormone therapy use (133, 200-203); elevated breast cancer risk has also been found with HT use in the WHI clinical trial (23). In addition, selective estrogen receptor modulators have been associated with both a reduction in breast density and breast cancer risk (143, 204-207). Studies of BMD, a proxy measure of lifetime estrogen exposure, and breast density have been equivocal. One cross-sectional analysis from the Postmenopausal Estrogen/Progestin Interventions Study (PEPI) showed a positive association between BMD and breast density only among women who had not recently used HT (208). Although BMD is positively associated with breast cancer risk (17, 41), additional studies have not observed an association between BMD and breast density (160, 209, 210). Finally, breast density potentially may be influenced by lifestyle and anthropometric factors. Evidence for an association between diet, physical activity, and breast cancer is not entirely consistent (24, 29); these relationships remain unclear for breast density as well (211-218). BMI has been inversely associated with breast density in several studies (163, 174, 175), while breast cancer risk has been shown to be positively associated with BMI in postmenopausal non-HT users (9). Taken together, these observations suggest that variations in exposure to both endogenous and exogenous hormones may be responsible for the variations in breast tissue composition that are reflected in inter-individual differences in the extent of mammographic density. *Hence, the associations between other breast cancer risk factors and breast density, as*



*well as the responsiveness of breast density to hormones, further supports breast density as a surrogate marker of breast cancer risk.*

### **1.1.3.2 Heritability, genetic variations and breast density**

The amount of breast density may be due in part to genetic heredity (219). A cohort study of families with a history of breast cancer demonstrated evidence for a genetic effect as sister-sister correlations in breast density were significant ( $r=0.16-0.27$ ) (220), and these results were further clarified in a sib-pair linkage analysis (221). A twin study conducted in Australia and North America estimated that genetic factors likely account for 63% of the unexplained variance in mammographic density in all twins studied (219). In contrast to women at low risk for developing breast cancer, women with known BRCA1 or BRCA2 mutations have been shown to have denser breast tissue (222). A study of 6146 women in the San Francisco Mammography Registry demonstrated an association between increased breast density with a positive family history of breast cancer (223).

Despite the findings which suggest that genetics plays a strong role in breast density, relatively few studies to date have demonstrated strong, consistent relationships between polymorphisms in genes and breast density in postmenopausal women (224-227). In a study of breast cancer patients, longer CAG repeat lengths of the androgen receptor gene were associated with higher mean breast density only among postmenopausal women who were current HT users (228). In a cross-sectional study of 328 healthy women (only 60 of which were postmenopausal), carriers of the catechol-O-methyl transferase (COMT) and CYP1A1 variant alleles had lower mammographic density as compared to women with the common alleles, although this result was in the opposite of what is commonly hypothesized with respect to the enzyme function of these genes involved in estrogen synthesis (229). A study of healthy women in Toronto found a strong relationship between polymorphisms in the IGFBP-3 gene in premenopausal women only (230); while the IGF-1 19 repeat allele was positively associated with breast density among postmenopausal women, this polymorphic locus was not related to serum levels of IGF-1 in this population (230). A study in postmenopausal women, who had participated in one of two clinical trials with hormone therapy, demonstrated that polymorphisms in genes involved in the metabolism of estrogen (cytochrome P450 1B1, CYP1B1) and progesterone (aldo-keto reductase 1C4, AKR1C4) were associated with mammographic density

changes between baseline and 12 months in the group of women using estrogen plus progestin therapy (EPT) (231). These findings suggest that the increase in breast density in women using combined hormone therapy may be greater in those with genetically determined lower activity of enzymes that metabolize estrogen and progesterone; however, these data should be considered preliminary as they are based on small numbers (EPT group: n=33 genotyped for CYP1B1 and n=32 genotyped for AKR1C4) (231). Other genetic associations that have not yet been replicated include polymorphisms in the estrogen receptor alpha (ESR1) and progesterone receptor (PGR) genes, which modified the association between hormone therapy use and mammographic density (232, 233), along with two SNPs in the pituitary growth hormone gene (GH1), one of which was also associated with serum growth hormone levels (234).

In spite of the paucity of data relating genetic polymorphisms to breast density, the factors known to influence density suggest that genes related to sex steroid hormone regulation may be involved, and no prior study has analyzed breast density in relation to polymorphisms in the TNF receptor-II gene. *Genes regulating cytokine production are ideal candidates to assess whether breast density may vary by particular polymorphisms.*

#### **1.1.4 Association between endogenous hormones, cytokines, and breast density**

Despite the relationship between breast cancer and breast density, and their associations with estrogen exposure, relatively few studies have examined the association between endogenous hormones and breast density in postmenopausal women. The relationship between insulin-like growth factors (IGFs) and mammographic density is complex; similar to the observed relations between IGFs and breast cancer risk (20, 235), associations with breast density vary by menopausal status and history of hormone therapy use, and may be confounded by body mass index (173). In a cross-sectional analysis of the Nurses' Health Study, mammographic density was significantly associated with insulin-like growth factors in premenopausal but not postmenopausal women (236). In contrast, among postmenopausal women who were former hormone therapy users, mammographic density was inversely associated with the IGF-1/IGFBP-3 ratio (237). In a study of healthy premenopausal women, IGF binding protein-3 was inversely related to breast density, and the IGF-1/IGFBP-3 ratio was positively associated with breast density (238), and these results were subsequently confirmed (239). Breast tissue from healthy

women with little or no density compared to breast tissue from healthy women with dense breasts has increased IGF-1, matched for age at biopsy (240). Lastly, among healthy pre- and postmenopausal women, levels of C-peptide, a marker of insulin secretion, are not associated with breast density after adjustment for adiposity (241).

In postmenopausal women, variations in mammographic density have been associated with blood levels of prolactin in a dose-response fashion (242), although not consistently (243, 244). Bioavailable estradiol has been negatively associated with breast density in several studies of postmenopausal women (237, 242, 244). However, in the Nurses' Health Study negative associations between circulating estrogens and mammographic density were attenuated after adjustment for BMI (244), and in PEPI significant *positive* associations between circulating estrogens and mammographic density were observed despite adjustment for potential confounders, including BMI and prior use of hormone therapy (245).

Sex hormone binding globulin (SHBG) has been positively related to postmenopausal percent density (242), albeit inconsistently. Positive associations between SHBG and breast density disappeared after adjustment for BMI in pre- (246) and postmenopausal women (244). Riza et al (247) evaluated the role of urinary estrogen metabolites and their relationship with mammographic density in 70 postmenopausal women with high-density Wolfe mammographic parenchymal patterns (P2/DY) and 70 women with low-density patterns (N1). The ratio of 2-hydroxyestrone (OHE1):16 $\alpha$ -OHE1 was 35% higher ( $p=0.005$ ) in women with a P2/DY pattern. These data are not consistent with observed associations between low 2-OHE1:16 $\alpha$ -OHE1 ratios and increased breast cancer risk (11, 12); additional larger studies are needed.

Thus, several studies have demonstrated associations between levels of breast mitogens and mammographic density, perhaps suggesting a biological basis for the associated risk of breast density with breast cancer. *However, no studies have investigated the association between cytokines and breast density, and studies are needed to understand this relationship.*

### **1.1.5 Summary of Background and Significance**

The association between estrogen and breast cancer risk is well-established. However, few studies have investigated the underlying biological mechanisms mediating the inflammation-breast cancer relationship, despite the evidence that cytokines play a role in estrogen synthesis in the breast. The association between breast cancer risk factors and mammographic breast density suggests that the radiologic features of breast tissue may provide an index of exposure of breast tissue to current and past endocrine events that influence breast cancer susceptibility (183). These radiologic features can be quantitatively measured and are directly related to the risk of breast cancer. Thus, mammographic breast density can be used as a surrogate marker for breast cancer risk. Despite evidence linking inflammation to breast cancer and breast density to breast cancer, to the best of our knowledge this project is the first to investigate the association between TNF receptors and breast density. It is our hope that this study may provide us with a deeper, more comprehensive understanding of the role of cytokines in breast cancer risk.

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## 2.0 NONSTEROIDAL ANTI-INFLAMMATORY DRUG USE AND BREAST CANCER IN OLDER WOMEN: THE STUDY OF OSTEOPOROTIC FRACTURES

To be submitted for publication

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## 2.1 ABSTRACT

**Purpose:** To test reported use of aspirin and non-aspirin nonsteroidal anti-inflammatory drugs (NSAIDs) for their effect on incident breast cancer among older women. We further investigated whether the relationship between NSAIDs and breast cancer incidence differed by hormone receptor status and tumor type at diagnosis.

**Methods:** The Study of Osteoporotic Fractures is a multi-center, prospective cohort study of white women recruited from four U.S. centers, 1986-1988. Complete NSAID medication and breast cancer risk factor information was available for 6695 women, mean (SD) age 73 (5) years.

**Results:** During a mean (SD) of 13.2 (3.8) years of follow-up, 372 women were diagnosed with primary breast cancer: *in situ* (14%), invasive (81%), or unknown stage (5%). Weekly use of any NSAID during the past 12 months was reported by 3646 (54%) women. Daily use of any NSAID for at least one year was reported by 2097 (31%) women. There were no differences in the risk of incident breast cancer by use of aspirin, non-aspirin NSAID, or any NSAID, before and after adjusting for age, current use of estrogen therapy, body mass index, surgical menopause, total hip bone mineral density, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension. Further, we observed no difference in breast cancer risk by frequency and duration of NSAID use. Results were similar irrespective of hormone receptor status and tumor type.

**Conclusions:** Our results do not support a protective effect of nonprescription NSAIDs among older postmenopausal women.

## 2.2 INTRODUCTION

Breast cancer is the most common cancer in women around the world; in the United States this year, it is expected that breast cancer alone will account for 31% (212,920) of all new cancer cases among women and 40,970 women are expected to die from the disease (1). Estrogen is believed to be a key contributor to breast cancer development (2). Most breast tumors are initially dependent on estrogen for survival; paradoxically, the highest incidence of breast cancer occurs in postmenopausal women when ovarian production of estrogens is minimal (3). In postmenopausal women, estrogens continue to be produced in non-ovarian sites, such as adipose tissue, as well as in normal and cancerous breast tissues (4). In fact, the more biologically active form of estrogen, estradiol, has been detected in breast tumors at 50 to 100 times the concentration of that found in sera of postmenopausal women (5). Further, postmenopausal breast cancer is largely estrogen receptor (ER) or progesterone receptor (PR) positive, and is more responsive to anti-estrogen therapy and aromatase inhibitors, even after controlling for stage and other prognostic factors (6). Increased understanding of the mechanism by which estrogens are synthesized in the postmenopausal breast may inform preventative strategies.

In breast tissue, estrogen biosynthesis increases with over-expression of the cyclooxygenase-2 (COX-2) gene and subsequent deregulation of prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) production (7), which may facilitate tumorigenesis (8). COX-2-driven production of estrogen in the breast is evidenced by a positive correlation between 1) the level of COX-2 and expression of cytochrome P19 (CYP19) in human breast cancer (9) and 2) increased aromatase gene (P450) expression, the product of CYP19, in cultured breast cells (10). This paracrine loop may explain why inhibition of COX-2 activity could have a protective effect on breast cancer. Indeed, studies have consistently shown that aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs), which inhibit COX-2 and thereby PGE<sub>2</sub> production (7), hinder breast tumor cell growth *in vitro* and in animal models (9, 11-14). Epidemiologic studies have examined the association between use of NSAIDs and breast cancer risk (reviewed in (15) and (16)) with most, but not all (17, 18), of case-control studies finding risk reductions between ~20-40% (19-29). Results from prospective cohort studies have been less consistent, with seven studies finding no association

(30-36), one study observing an increased risk (37), and five studies demonstrating a protective effect from use of NSAIDs (38-42). Recently the Women's Health Study, a randomized controlled trial, found that alternate-day use of low-dose aspirin for an average of 10 years of treatment did not reduce the risk of breast cancer (43).

Relatively few studies have examined the effect of NSAIDs on breast cancer risk by hormone receptor status (28, 29, 37) or carcinoma type (*in situ* (stage 0) vs. stages 1-4) at diagnosis (30, 37, 40, 41), and these also present conflicting results. In particular, results from the Long Island Breast Cancer Prevention Project (LIBCP), a population-based case control study, demonstrated that the protective effect of NSAIDs was greater for hormone receptor-positive than for hormone receptor negative breast cancer (28). Furthermore, the protective effect of NSAIDs was significant for postmenopausal but not for premenopausal women; these results persisted after considering potential confounding by numerous variables, including medical conditions not considered in previous studies (e.g. hypertension and myocardial infarction) (28). In contrast, in a hospital-based case-control study the protective effect of NSAIDs was *not* modified by hormone receptor status (29), and one cohort study found that long-term daily aspirin use was associated with an *increased* risk of hormone receptor-negative breast cancer (37). Of the four studies assessing the association between NSAID use and stage of breast cancer, three cohort studies have found no relationship (30, 37, 40), and one nested case-control study reported a decreased risk of distant, but not regional, lymph node metastasis (41). Finally, interpretation of prior research is complicated by a paucity of attention to the effect of individual NSAIDs, with few studies providing separate risk estimates for ibuprofen and aspirin (16). As these two types of NSAIDs may be associated with different biologic effects, separate evaluation is needed (39, 44). Hence, we undertook a study to test reported use of aspirin and non-aspirin NSAIDs (ibuprofen and naproxen) for their effect on incident breast cancer among older women participating in the Study of Osteoporotic Fractures (SOF) cohort. We further investigated whether the relationship between NSAIDs and breast cancer incidence differed by hormone receptor status and tumor type at diagnosis.

## 2.3 METHODS

The complete SOF study design and methodology have been described in detail (45-47). Briefly, SOF is a multi-center, prospective cohort study of risk factors for osteoporotic fractures. As part of the study, SOF has also tracked cases of incident breast cancer. Women were recruited between 1986 and 1988 from four centers in the United States (Baltimore, Pittsburgh, Minneapolis and Portland), resulting in a cohort of 9704 community-dwelling, primarily white (99.7%) women age  $\geq 65$  years. Women were excluded from the study if they reported a bilateral hip replacement or were unable to walk unassisted. The procedures followed were in accordance with each clinic's institutional guidelines, and all participants gave informed consent for participation.

In this report, we used the information on aspirin and non-aspirin NSAID (ibuprofen or naproxen) use that was collected at the second clinical examination (visit 2: 1989-1990) and incident breast cancers that occurred after this examination until June, 2004, representing an average follow-up period of 13.2 years. For the analyses presented here, only women with complete NSAID medication and breast cancer risk factor information were considered. Of the 9339 women who attended visit two, 522 were excluded because of prevalent breast cancer, and 114 women were excluded due to unavailable information on their breast cancer status during follow-up. Reported aspirin or non-aspirin NSAID use was missing for 438 women, and 1570 women had missing breast cancer risk factor data; these women were also excluded. Thus, 6695 women were included in the present analyses.

### 2.3.1 Ascertainment of breast cancer

Breast cancer incidence was captured by self-report on annual follow-up questionnaires and by review of death records obtained from state health departments. All women who reported that they had been diagnosed with breast cancer (or for decedents, the next-of-kin) were asked for permission to obtain relevant hospital records and histopathology reports. Date of breast cancer diagnosis, stage at diagnosis, and estrogen and progesterone-receptor status were confirmed by medical record and pathology report review by a study physician. Cases of breast cancer were staged according to the American Joint Committee on Cancer (AJCC) methodology using

standard tumor-node-metastasis (TNM) staging criteria. An expert breast pathologist reviewed a random sample of 10% of the cases.

### **2.3.2 Non-steroidal anti-inflammatory drug exposure**

At the second clinical examination, trained clinic staff asked participants to look at three lists of medications for pain, arthritis, headaches and other discomforts, and then to answer the question, “In the past 12 months, have you taken any of these at least once a week?” Separate lists were shown for aspirin (Aspirin, Aspirin Plus Codeine, Anacin, Ascriptin, Bufferin, Another Aspirin Product), acetaminophen (Tylenol, Tylenol Plus Codeine, Anacin III, No Aspirin, Acetaminophen, Another Aspirin Substitute), and non-aspirin NSAIDs (e.g. Advil, Nuprin, Ibuprofen, Motrin, Naproxen, etc.). If the answer was yes, participants were asked to indicate for how many days per week (1-4 or 5-7), on average, they took each type of medication. Participants were also asked, “Have you taken any of the medications on this list every day or almost every day for a year or longer?” If the answer was yes, participants were asked to indicate for how many years they took each type of medication; this question was not specific to recent use, but rather captured the number of total years during the lifespan that the particular medication was taken on an almost daily basis for a year or longer. We created categories for duration of use (no regular use, <5 years, and  $\geq 5$  years) based on previous epidemiologic investigations which suggest that continuing daily intake of aspirin or ibuprofen for at least five years reduces breast cancer risk by ~25-30% or 50-60%, respectively (16). In this report, “any NSAID” combines the use of aspirin and non-aspirin NSAIDs. Acetaminophen does not inhibit COX-2 gene expression (48); however, since lifestyle factors and response patterns may be similar between NSAIDs and acetaminophen use, we analyzed both NSAIDs and acetaminophen to assess whether any observed associations were specific to NSAIDs.

### **2.3.3 Demographic and risk factor data**

All measures were collected by trained clinic staff at visit 2 unless noted otherwise (Tables 3-6). Weight was measured in light clothes with a balance beam scale, and height was measured on a Harpenden Stadiometer (Dyved, U.K.). Weight and height were used to calculate body mass



index (BMI, weight in kilograms divided by height in meters squared), and BMI was categorized according to national guidelines: underweight or normal weight ( $<25 \text{ kg/m}^2$ ) vs. overweight or obese ( $\geq 25 \text{ kg/m}^2$ ) (49). Lifestyle and reproductive history were obtained by questionnaire and interview, including education ( $<$ high school vs. high school graduate), parity, age at menopause, type of menopause (surgical vs. natural), estrogen therapy use (current, former, never), number of alcoholic drinks per week, cigarette smoking (current, former, never), takes walks for exercise, self-reported diagnosis by a physician of stroke or myocardial infarction, and family history of breast cancer. A family history of breast cancer was defined as a report of breast cancer in a participant's mother or sister. Cut points for age at menarche ( $<12$ , 12-13,  $\geq 14$  years) and age at first live birth ( $\leq 20$  vs.  $>20$  years) were determined based on those used in the Gail Model for 5-year risk of breast cancer (50). Blood pressure was measured during the baseline clinic visit (1986-1988), and hypertension was defined as systolic blood pressure  $>160$  mmHg, or diastolic blood pressure  $>90$  mmHg, or use of thiazide at baseline. At visit 3 (1990-1992) participants were asked if they had ever had a mammogram. Total hip bone mineral density (BMD) was measured by dual energy x-ray absorptiometry (DEXA, QDR 1000; Hologic Inc., Waltham, Massachusetts).

#### **2.3.4 Statistical analysis**

Characteristics of women reporting use of the medication of interest (any NSAID, aspirin, non-aspirin NSAID, acetaminophen) were compared to women not regularly using that medication by the Wilcoxon rank-sum test for continuous measures and the chi-square test for discrete measures. Fisher's exact test for discrete measures was used when expected cell counts were less than five. Cox proportional hazards models were used to estimate hazard ratios and 95% confidence intervals for the associations between medication type (any NSAID, aspirin, non-aspirin NSAID, acetaminophen) and breast cancer. To test the hypotheses that the relationship between NSAIDs and breast cancer incidence differs by hormone receptor status and tumor type, we conducted subgroup analyses, modeling the incidence of breast cancer separately for hormone receptor positive breast cancer (ER+PR+, ER+PR-, or ER-PR+) and after excluding *in situ* cases. For most medication types, cell sizes were too sparse to model the incidence of hormone receptor negative (ER-PR-) breast cancer and *in situ* breast cancer separately.

Cox proportional hazards models were used to estimate hazard ratios and 95% confidence intervals for the associations between NSAID type (any NSAID, aspirin, non-aspirin NSAIDs, acetaminophen) and breast cancer, initially adjusting for age. Due to anonymized high extreme values for age in the public release SOF database, age was dichotomized at the median ( $\leq 72$  vs.  $>73$  years) in order to avoid having missing covariate information for these women ( $n=26$ ). Subsequent models controlled for covariates that were shown to differ between users and non-users of NSAIDs in univariate analyses, in addition to those that are known to be associated with breast cancer risk. These were included in multivariate modeling as follows: current use of estrogen therapy, BMI, surgical menopause, total hip BMD, cigarette smoking, family history of breast cancer, study center, takes walks for exercise, nulliparity, and hypertension. As hypertension was highly collinear with self-reported myocardial infarction and stroke, only hypertension was included in multivariate analyses. In subsequent models, we also adjusted individually for several risk factors for breast cancer, including age at menarche, first birth, and menopause, and mammogram at visit 3; results were essentially the same and are not shown here.

Several approaches were used to check the proportional hazards assumption. We regressed Schoenfeld residuals for each medication variable on follow-up time; probability values ranged from 0.33 to 0.99, suggesting no departure from proportionality. To test the proportional hazards assumption for our final multivariate model, we generated time dependent covariates by including interactions of each predictor with the natural log of follow-up time in the model; probability values for all time dependent covariates were  $>0.05$ , consistent with hazards that are proportional. Probability values of  $\leq 0.05$  were considered statistically significant. All tests of statistical significance were two-tailed. Analyses were performed using SAS software release 8.02 (SAS Institute Inc., Cary, NC).

## 2.4 RESULTS

Among the 6695 mostly white (99.8%) SOF participants in this report, weekly use of any NSAID during the past 12 months was reported by 3646 (54%) women. Among weekly users of any NSAID, 752 (21%) reported using both aspirin and a non-aspirin NSAID, 1876 (51%)

reported using aspirin, and 1018 (28%) reported using a non-aspirin NSAID; 1047 (29%) women reported using both an NSAID and acetaminophen on a weekly basis. Among weekly users of any NSAID, 1445 (40%) took an NSAID 5-7 days/week. Daily use of any NSAID for at least one year during the lifespan was reported by 2097 (31%) women, including 279 (13%) users of both aspirin and a non-aspirin NSAID, 1206 (58%) users of aspirin, and 612 (29%) users of a non-aspirin NSAID; 300 women reported using both an NSAID and acetaminophen on a daily basis for at least one year (14%). Among daily users of any NSAID, 884 (42%) used an NSAID for 5 or more years. Reported mean (SD) duration of daily use was 6 (8) years for any NSAID, 7 (9) years for aspirin, 4 (4) years for a non-aspirin NSAID, and 5 (7) years for acetaminophen. The shorter duration for daily non-aspirin NSAID use is consistent with a more limited time of availability, as ibuprofen was licensed for over-the-counter use in 1984 (four years prior to visit 2) in the United States (51).

Table 3 shows the characteristics of the population by reported NSAID use. Women who used any NSAID on a regular basis ( $\geq 1$ /week) in the past 12 months were slightly older, had a higher BMI, and were more likely to be hypertensive, have a history of heart attack or stroke, to be former smokers, and to have been enrolled at clinic A than were nonusers. In addition, regular users of NSAIDs were more likely to have a younger age at first birth, currently use estrogen therapy, and have a greater total hip BMD; and were less likely to be nulliparous and walk for exercise. Similar differences were observed between daily users and nonusers of any NSAID for  $\geq 1$  year with the exception of the following variables: daily users of any NSAID for  $\geq 1$  year tended to have an earlier age at menarche and menopause and were no different with respect to parity.

In contrast to women who used any NSAID on a regular basis in the past 12 months, regular users and nonusers of acetaminophen were no different with respect to age and were more likely to have a mammogram at visit three (Table 4). Regular acetaminophen users also had an earlier age at menopause; were more likely to have had a surgical menopause; were less likely to be high school graduates; and were no different from non-users with respect to walking for exercise and total hip BMD. For the most part, daily users of acetaminophen for  $\geq 1$  year were similar to women who used acetaminophen on a regular basis in the past 12 months, except that daily users tended to be older; were less likely to take walks for exercise; and were no

different with respect to cigarette smoking, nulliparity, and having a mammogram as compared to nonusers (Table 4).

In general, aspirin and non-aspirin NSAID users shared similar characteristics, although daily aspirin users were more likely to be high school graduates, while weekly and daily non-aspirin NSAID users were less likely to have graduated from high school (Tables 5 and 6). In addition, weekly and daily users of non-aspirin NSAID were more likely to have had a surgical menopause, while no such difference was observed for aspirin use.

During a mean (SD) of 13.2 (3.8) years of follow-up, 372 women were diagnosed with primary *in situ* (14%) or invasive (81%) breast cancer (Tables 7 and 8). Because axillary dissection was not performed in all cases of invasive cancer, staging could not be determined in 17 (4.6%) women and was missing in 2 (0.05%) cases. Clinical characteristics of cases did not differ by NSAID (Table 7) or acetaminophen use (Table 8).

#### **2.4.1 Non-steroidal anti-inflammatory drug use and breast cancer**

There were no differences in the risk of incident breast cancer by weekly use of aspirin, non-aspirin NSAID, any NSAID, or acetaminophen in SOF (Table 9). In multivariable analyses, the hazard ratios for incident breast cancer associated with reported use of aspirin, non-aspirin NSAID, or any NSAID, respectively, for  $\geq 1$ /week in the past 12 months were as follows: 0.96 (95% CI: 0.78, 1.18); 0.96 (95% CI: 0.76, 1.21); and 0.89 (95% CI: 0.73, 1.10). Further evaluation of weekly aspirin, non-aspirin NSAID, NSAID, and acetaminophen use by frequency (no regular use, 1-4 days/week, 5-7 days/week) did not reveal any differences in breast cancer risk. Likewise, there were no differences in the risk of incident breast cancer by daily use of aspirin, non-aspirin NSAID, or any NSAID for  $\geq 1$  year, with multivariable hazard ratios of 0.90 (0.70, 1.16), 0.95 (0.70, 1.29), and 0.89 (0.71, 1.12) for aspirin, non-aspirin NSAID, and any NSAID, respectively. Women who reported using acetaminophen daily for  $\geq 1$  year had a decreased age-adjusted risk of breast cancer of borderline significance (HR=0.58, 95% CI: 0.34, 0.99); however, only 14 women with breast cancer reported using acetaminophen daily for  $\geq 1$  year and contributed to this analysis. Again, there were no apparent differences in breast cancer risk when evaluating daily use of aspirin, non-aspirin NSAID, and any NSAID by duration (no regular use, <5 years,  $\geq 5$  years). Cell sizes were too small to evaluate daily acetaminophen use

by duration. Results were similar when we modeled the incidence of breast cancer separately for hormone receptor positive breast cancer (Table 10) and after excluding *in situ* cases (Table 11).

## 2.5 DISCUSSION

In this prospective study of postmenopausal, mostly white, women we found no association between NSAID use and incident breast cancer. Further, we observed no difference in breast cancer risk by frequency and duration of NSAID use. Results were similar irrespective of hormone receptor status and tumor type.

Previously, thirteen prospective studies and one randomized controlled trial have evaluated the influence of NSAIDs on breast cancer risk. Our results are consistent with seven large prospective studies finding no association (30-36), and with null results from the randomized controlled trial of alternate-day low-dose aspirin (43). However, our results are not consistent with five prospective studies demonstrating a protective effect from use of NSAIDs (38-42) and one suggesting an increased risk. (37).

Although the reason for these differing results is unclear, one explanation may be due to differences in exposure assessment across studies. Among the seven prior prospective studies with null results, four studies assessed exposure of aspirin or non-aspirin NSAIDs using self-reported questionnaire data (30, 33, 34, 36), with none verifying use against pill bottles; one used a general practitioners' database containing information on aspirin use (32); and two used databases of prescribed low-dose aspirin (31) or non-aspirin NSAIDs (35). In contrast, the Women's Health Initiative Observational Study, which observed a 21% reduction in breast cancer incidence with regular NSAID use ( $\geq 2$  tablets/week) for 5-9 years, validated self-reported use with pill bottle labels and prescription records (39). In the present study, a medication inventory was not conducted until visit 4, at which time patients were asked to bring all medications to the clinic for verification of use; however, the questions regarding frequency and duration of aspirin and non-aspirin NSAID use were only asked at visit two. Further, at visit two only non-prescription NSAID use was captured. This is an important limitation, especially given that a recent case-control study demonstrated a 71% reduction in breast cancer risk associated with use of selective COX-2 inhibitors (11). If in the present analysis users of prescription

NSAIDs were included in the referent group (i.e. non-NSAID users), results would be biased toward the null.

Nevertheless, this study has several strengths. Its prospective design and assessment of NSAID use before cancer diagnosis eliminate recall bias. We controlled for many factors that differed among NSAID users and nonusers. In addition, we examined the effect of individual NSAIDs on breast cancer risk, and the prevalence of aspirin and non-aspirin NSAID use in SOF is consistent with that observed in other studies (28, 30, 40). While acetaminophen does not inhibit COX-2 gene expression (48), we analyzed both NSAIDs and acetaminophen to assess whether any observed associations were specific to NSAIDs. Weekly acetaminophen use was not associated with incident breast cancer; however, daily use of acetaminophen for 1 year or more at an unknown period during the lifespan appeared to be associated with a decrease in breast cancer risk. This finding is to be interpreted with caution as it is likely due to small cell sizes; only 14 cases reported daily use of acetaminophen. In addition, when we excluded *in situ* breast cancer cases, the age-adjusted relative hazard associated with acetaminophen use was no longer significant (HR=0.56, 95% CI: 0.31, 1.03). Lastly, we attempted to separately examine the effect of NSAIDs on hormone receptor positive and invasive breast cancer. To date, only one other prospective study has evaluated the association by hormone receptor status, finding that long-term daily aspirin use was associated with an *increased* risk of hormone receptor-negative breast cancer (37). Only 31 cases were ER/PR negative in SOF, a subgroup of too small a size to evaluate separately. Our non-significant findings for invasive breast cancer are consistent with three out of four prospective studies evaluating the association between NSAID use and stage of breast cancer (30, 37, 40).

In conclusion, our results do not support a protective effect of nonprescription NSAIDs among older postmenopausal women. Given the potential public health impact should NSAIDs be successful chemopreventive agents for breast cancer, these findings warrant further investigation in larger populations with carefully defined exposure assessment.

**Table 3. Characteristics of women by NSAID use in the Study of Osteoporotic Fractures, 1989-90**

| Variable                                | Overall<br>n=6695 |    | Regular use of any NSAID in past<br>12 months |    |              |    | p-value | Daily use of any NSAID for at least 1<br>year |    |              |    | p-value |
|---|-------------------|----|---|----|--------------|----|---------|---|----|--------------|----|---------|
|   | n                 | %  | No (n=3049)                                   |    | Yes (n=3646) |    |         | No (n=4598)                                   |    | Yes (n=2097) |    |         |
|   |                   |    | n   | %  | n            | %  |         | n   | %  | n            | %  |         |
| <b>Clinic*</b>                          |                   |    |   |    |              |    | <0.0001 |   |    |              |    | 0.003   |
| <b>A</b>                                | 1781              | 27 | 739   | 24 | 1042         | 29 |         | 1174  | 26 | 607          | 29 |         |
| <b>B</b>                                | 1635              | 24 | 729   | 24 | 906          | 25 |         | 1104  | 24 | 531          | 25 |         |
| <b>C</b>                                | 1489              | 22 | 768   | 25 | 721          | 20 |         | 1051  | 23 | 438          | 21 |         |
| <b>D</b>                                | 1790              | 27 | 813   | 27 | 977          | 27 |         | 1269  | 28 | 521          | 25 |         |
| <b>Age (±SD), years</b>                 | 73 (5)            |    | 73 (5)  |    | 73 (5)       |    | 0.2     | 73 (5)  |    | 74 (5)       |    | <0.0001 |
| <b>Age (years)</b>                      |                   |    |   |    |              |    | 0.05    |   |    |              |    | 0.0015  |
| ≤72                                     | 3528              | 53 | 1647  | 54 | 1881         | 52 |         | 2483  | 54 | 1045         | 50 |         |
| 73+                                     | 3167              | 47 | 1402  | 46 | 1765         | 48 |         | 2115  | 46 | 1052         | 50 |         |
| <b>Education*</b>                       |                   |    |   |    |              |    | 0.38    |   |    |              |    | 0.94    |
| <High school                            | 1431              | 21 | 637   | 21 | 794          | 22 |         | 984   | 21 | 447          | 21 |         |
| High school graduate                    | 5264              | 79 | 2412  | 79 | 2852         | 78 |         | 3614  | 79 | 1650         | 79 |         |
| <b>Family history of breast cancer*</b> |                   |    |   |    |              |    | 0.54    |   |    |              |    | 0.23    |
| No                                      | 5809              | 87 | 2637  | 86 | 3172         | 87 |         | 3974  | 86 | 1835         | 88 |         |
| Yes                                     | 886               | 13 | 412   | 14 | 474          | 13 |         | 624   | 14 | 262          | 12 |         |
| <b>Age at first Menses</b>              |                   |    |   |    |              |    | 0.38    |   |    |              |    | 0.02    |
| <12                                     | 794               | 12 | 350   | 12 | 444          | 12 |         | 511   | 11 | 283          | 14 |         |
| 12-13                                   | 3541              | 54 | 1636  | 55 | 1905         | 53 |         | 2452  | 55 | 1089         | 53 |         |
| 14+                                     | 2192              | 34 | 979   | 33 | 1213         | 34 |         | 1520  | 34 | 672          | 33 |         |
| Missing                                 | 168               |    | 84  |    | 84           |    |         | 115   |    | 53           |    |         |
| <b>Parity*</b>                          |                   |    |   |    |              |    | 0.04    |   |    |              |    | 0.51    |
| Nulliparous                             | 1246              | 19 | 612   | 20 | 634          | 17 |         | 845   | 18 | 401          | 19 |         |
| 1                                       | 922               | 14 | 431   | 14 | 491          | 13 |         | 632   | 14 | 290          | 14 |         |
| 2                                       | 1828              | 27 | 830   | 27 | 998          | 27 |         | 1252  | 27 | 576          | 27 |         |
| 3                                       | 1363              | 20 | 590   | 19 | 773          | 21 |         | 929   | 20 | 434          | 21 |         |
| 4                                       | 697               | 10 | 310   | 10 | 387          | 11 |         | 502   | 11 | 195          | 9  |         |
| 5+                                      | 639               | 9  | 276   | 9  | 363          | 10 |         | 438   | 10 | 201          | 10 |         |

Table 3 (continued)

| Variable   | Overall<br>n=6695 |    | Regular use of any NSAID in past<br>12 months |    |              |    | p-value | Daily use of any NSAID for at least 1<br>year |    |              |    | p-value |
|--|-------------------|----|---|----|--------------|----|---------|---|----|--------------|----|---------|
|  | n                 | %  | No (n=3049)                                   |    | Yes (n=3646) |    |         | No (n=4598)                                   |    | Yes (n=2097) |    |         |
|  |                   |    | n   | %  | n            | %  |         | n   | %  | n            | %  |         |
| <b>Nulliparous*</b>                                    |                   |    |   |    |              |    | 0.005   |   |    |              |    | 0.47    |
| <b>No</b>  | 5449              | 81 | 2437  | 80 | 3012         | 83 |         | 3753  | 82 | 1696         | 81 |         |
| <b>Yes</b>   | 1246              | 19 | 612   | 20 | 634          | 17 |         | 845   | 18 | 401          | 19 |         |
| <b>Age at first live birth</b>                         |                   |    |   |    |              |    | 0.004   |   |    |              |    | 0.002   |
| <b>≤20</b>   | 836               | 15 | 336   | 14 | 500          | 17 |         | 538   | 14 | 298          | 18 |         |
| <b>&gt;20</b>  | 4603              | 85 | 2098  | 86 | 2505         | 83 |         | 3209  | 86 | 1394         | 82 |         |
| <b>Missing</b>   | 1256              |    | 615   |    | 641          |    |         | 851   |    | 405          |    |         |
| <b>Age (years) at menopause*</b>                       |                   |    |   |    |              |    | 0.36    |   |    |              |    | 0.03    |
| <b>≤40</b>   | 580               | 10 | 250   | 10 | 330          | 11 |         | 376   | 10 | 204          | 12 |         |
| <b>41-45</b>   | 1082              | 19 | 511   | 20 | 571          | 19 |         | 769   | 20 | 313          | 18 |         |
| <b>46-50</b>   | 2144              | 38 | 975   | 38 | 1169         | 38 |         | 1467  | 37 | 677          | 39 |         |
| <b>≥51</b>   | 1834              | 32 | 856   | 33 | 978          | 32 |         | 1294  | 33 | 540          | 31 |         |
| <b>Missing</b>   | 1055              |    | 457   |    | 598          |    |         | 692   |    | 363          |    |         |
| <b>Surgical menopause*</b>                             |                   |    |   |    |              |    | 0.13    |   |    |              |    | 0.12    |
| <b>No</b>  | 5873              | 88 | 2695  | 88 | 3178         | 87 |         | 4053  | 88 | 1820         | 87 |         |
| <b>Yes</b>   | 822               | 12 | 354   | 12 | 468          | 13 |         | 545   | 12 | 277          | 13 |         |
| <b>Estrogen only therapy<br/>(Oral)*</b>               |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| <b>Never use</b>                                       | 3835              | 57 | 1864  | 61 | 1971         | 54 |         | 2766  | 60 | 1069         | 51 |         |
| <b>Past use</b>  | 1883              | 28 | 805   | 26 | 1078         | 30 |         | 1258  | 27 | 625          | 30 |         |
| <b>Current use</b>                                     | 977               | 15 | 380   | 12 | 597          | 16 |         | 574   | 12 | 403          | 19 |         |
| <b>Estrogen only therapy<br/>(Any Current)*</b>        |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| <b>No</b>  | 5718              | 85 | 2669  | 87 | 3049         | 84 |         | 4024  | 87 | 1694         | 81 |         |
| <b>Yes</b>   | 977               | 15 | 380   | 12 | 597          | 16 |         | 574   | 12 | 403          | 19 |         |
| <b>Average no. of alcoholic<br/>drinks/week (±SD)*</b> | 2 (4)             |    | 2 (4)   |    | 2 (4)        |    | 0.82    | 2 (4)   |    | 2 (4)        |    | 0.26    |



Table 3 (continued)

| Variable  | Overall<br>n=6695 |    | Regular use of any NSAID in past<br>12 months |    |              |    | p-value | Daily use of any NSAID for at least 1<br>year |    |              |    | p-value |
|---|-------------------|----|---|----|--------------|----|---------|---|----|--------------|----|---------|
|   | n                 | %  | No (n=3049)                                   |    | Yes (n=3646) |    |         | No (n=4598)                                   |    | Yes (n=2097) |    |         |
|   |                   |    | n   | %  | n            | %  |         | n   | %  | n            | %  |         |
| <b>Average no. of alcoholic drinks/week*</b>            |                   |    |   |    |              |    | 0.77    |   |    |              |    | 0.53    |
| None  | 1932              | 29 | 887   | 29 | 1045         | 29 |         | 1341  | 29 | 591          | 28 |         |
| <1  | 2265              | 34 | 1043  | 34 | 1222         | 33 |         | 1571  | 34 | 694          | 33 |         |
| 1-2   | 830               | 12 | 361   | 12 | 469          | 13 |         | 559   | 12 | 271          | 13 |         |
| 2-7   | 1106              | 16 | 500   | 16 | 606          | 17 |         | 754   | 16 | 352          | 17 |         |
| >7  | 562               | 8  | 258   | 8  | 304          | 8  |         | 373   | 8  | 189          | 9  |         |
| <b>Cigarette Smoking</b>                                |                   |    |   |    |              |    | 0.05    |   |    |              |    | 0.12    |
| Never   | 4047              | 60 | 1874  | 61 | 2173         | 60 |         | 2810  | 61 | 1237         | 59 |         |
| Former  | 2128              | 32 | 925   | 30 | 1203         | 33 |         | 1425  | 31 | 703          | 33 |         |
| Current   | 520               | 8  | 250   | 8  | 270          | 7  |         | 363   | 8  | 157          | 7  |         |
| <b>Walks for exercise*</b>                              |                   |    |   |    |              |    | 0.02    |   |    |              |    | 0.001   |
| No  | 3174              | 47 | 1398  | 46 | 1776         | 49 |         | 2118  | 46 | 1056         | 50 |         |
| Yes   | 3521              | 53 | 1651  | 54 | 1870         | 51 |         | 2480  | 54 | 1041         | 50 |         |
| <b>Body mass index §</b>                                |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| <25   | 2999              | 45 | 1528  | 50 | 1471         | 40 |         | 2161  | 47 | 838          | 40 |         |
| 25+   | 3696              | 55 | 1521  | 50 | 2175         | 60 |         | 2437  | 53 | 1259         | 60 |         |
| <b>Hypertension*</b>                                    |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| Never   | 4186              | 62 | 2057  | 67 | 2129         | 58 |         | 3033  | 66 | 1153         | 55 |         |
| Ever  | 2509              | 37 | 992   | 32 | 1517         | 42 |         | 1565  | 34 | 944          | 45 |         |
| <b>Hip bone mineral density (±SD), g/cm<sup>2</sup></b> | 0.76 (0.13)       |    | 0.75 (0.13)                                   |    | 0.76 (0.13)  |    | <0.0001 | 0.75 (0.13)                                   |    | 0.76 (0.14)  |    | 0.002   |
| <b>Stroke</b>   |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| Never   | 6378              | 96 | 2947  | 97 | 3431         | 95 |         | 4440  | 97 | 1938         | 93 |         |
| Ever  | 276               | 4  | 89  | 3  | 187          | 5  |         | 133   | 3  | 143          | 7  |         |
| Missing   | 41                |    | 13  |    | 28           |    |         | 25  |    | 16           |    |         |

**Table 3 (continued)**

| Variable                    | Overall<br>n=6695 |    | Regular use of any NSAID in past<br>12 months |    |              |    | p-value | Daily use of any NSAID for at least 1<br>year |    |              |    | p-value |
|-----------------------------|-------------------|----|---|----|--------------|----|---------|---|----|--------------|----|---------|
|                             | n                 | %  | No (n=3049)                                   |    | Yes (n=3646) |    |         | No (n=4598)                                   |    | Yes (n=2097) |    |         |
|                             |                   |    | n   | %  | n            | %  |         | n   | %  | n            | %  |         |
| <b>Heart Attack</b>         |                   |    |   |    |              |    | <0.0001 |   |    |              |    | <0.0001 |
| <b>Never</b>                | 5375              | 93 | 2548  | 95 | 2827         | 91 |         | 3755  | 94 | 1620         | 90 |         |
| <b>Ever</b>                 | 396               | 7  | 133   | 5  | 263          | 9  |         | 222   | 6  | 174          | 10 |         |
| <b>Missing</b>              | 924               |    | 368   |    | 556          |    |         | 621   |    | 303          |    |         |
| <b>Mammogram at visit 3</b> |                   |    |   |    |              |    | 0.91    |   |    |              |    | 0.91    |
| <b>No</b>                   | 875               | 20 | 410   | 20 | 465          | 20 |         | 606   | 20 | 269          | 20 |         |
| <b>Yes</b>                  | 3484              | 80 | 1640  | 80 | 1844         | 80 |         | 2406  | 80 | 1078         | 80 |         |
| <b>Missing</b>              | 2336              |    | 999   |    | 1337         |    |         | 1586  |    | 750          |    |         |

\*Information collected at baseline clinical visit; † History of breast cancer in a mother or sister; § Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 4. Characteristics of women by acetaminophen use in the Study of Osteoporotic Fractures, 1989-90**

| Variable                                | Regular use of acetaminophen in past 12 months |    |              |    | p-value | Daily use of acetaminophen for at least 1 year |    |             |    | p-value |
|---|--|----|--------------|----|---------|--|----|-------------|----|---------|
|   | No (n=5173)                                    |    | Yes (n=1513) |    |         | No (n=6234)                                    |    | Yes (n=446) |    |         |
|   | n  | %  | n            | %  |         | n  | %  | n           | %  |         |
| <b>Clinic*</b>                          |  |    |              |    | <0.0001 |  |    |             |    | 0.003   |
| <b>A</b>                                | 1369   | 26 | 409          | 27 |         | 1642   | 26 | 135         | 30 |         |
| <b>B</b>                                | 1241   | 24 | 394          | 26 |         | 1505   | 24 | 129         | 29 |         |
| <b>C</b>                                | 1218   | 24 | 269          | 18 |         | 1410   | 23 | 76          | 17 |         |
| <b>D</b>                                | 1345   | 26 | 441          | 29 |         | 1677   | 27 | 106         | 24 |         |
| <b>Age (±SD), years</b>                 | 73 (5)   |    | 73 (5)       |    | 0.46    | 73 (5)   |    | 74 (5)      |    | 0.0009  |
| <b>Age (years)</b>                      |  |    |              |    | 0.50    |  |    |             |    | 0.008   |
| ≤72                                     | 2715   | 52 | 809          | 53 |         | 3312   | 53 | 208         | 47 |         |
| 73+                                     | 2458   | 47 | 704          | 47 |         | 2922   | 47 | 238         | 53 |         |
| <b>Education*</b>                       |  |    |              |    | 0.0002  |  |    |             |    | 0.004   |
| <High school                            | 1053   | 20 | 376          | 25 |         | 1306   | 21 | 119         | 27 |         |
| High school grad                        | 4120   | 80 | 1137         | 75 |         | 4928   | 79 | 327         | 73 |         |
| <b>Family history of breast cancer*</b> |  |    |              |    | 0.86    |  |    |             |    | 0.06    |
| No                                      | 4487   | 87 | 1315         | 87 |         | 5398   | 87 | 400         | 90 |         |
| Yes                                     | 686  | 13 | 198          | 13 |         | 836  | 13 | 46          | 10 |         |
| <b>Age at first Menses</b>              |  |    |              |    | 0.39    |  |    |             |    | 0.08    |
| <12                                     | 621  | 12 | 171          | 12 |         | 726  | 12 | 67          | 15 |         |
| 12-13                                   | 2742   | 54 | 796          | 54 |         | 3312   | 55 | 221         | 50 |         |
| 14+                                     | 1669   | 33 | 519          | 35 |         | 2036   | 33 | 150         | 34 |         |
| Missing                                 | 141  |    | 27           |    |         | 160  |    | 8           |    |         |
| <b>Parity*</b>                          |  |    |              |    | 0.31    |  |    |             |    | 0.17    |
| Nulliparous                             | 990  | 19 | 255          | 17 |         | 1159   | 19 | 82          | 18 |         |
| 1                                       | 722  | 14 | 200          | 13 |         | 876  | 14 | 46          | 10 |         |
| 2                                       | 1395   | 27 | 426          | 28 |         | 1700   | 27 | 125         | 28 |         |
| 3                                       | 1052   | 20 | 311          | 20 |         | 1265   | 20 | 94          | 21 |         |
| 4                                       | 530  | 10 | 166          | 11 |         | 651  | 10 | 45          | 10 |         |
| 5+                                      | 484  | 9  | 155          | 10 |         | 583  | 9  | 54          | 12 |         |
| Nulliparous*                            |  |    |              |    | 0.04    |  |    |             |    | 0.91    |
| No                                      | 4183   | 81 | 1258         | 83 |         | 5075   | 81 | 364         | 82 |         |
| Yes                                     | 990  | 19 | 255          | 17 |         | 1159   | 19 | 82          | 18 |         |
| <b>Age at first live birth</b>          |  |    |              |    | 0.002   |  |    |             |    | <0.0001 |
| ≤20                                     | 607  | 14 | 227          | 18 |         | 749  | 15 | 83          | 23 |         |
| >20                                     | 3569   | 85 | 1028         | 82 |         | 4316   | 85 | 281         | 77 |         |
| Missing                                 | 997  |    | 258          |    |         | 1169   |    | 82          |    |         |
| <b>Age (years) at menopause*</b>        |  |    |              |    | 0.007   |  |    |             |    | 0.01    |
| ≤40                                     | 420  | 10 | 156          | 13 |         | 524  | 10 | 55          | 15 |         |
| 41-45                                   | 839  | 19 | 241          | 20 |         | 1010   | 19 | 72          | 20 |         |
| 46-50                                   | 1690   | 38 | 453          | 37 |         | 2009   | 38 | 129         | 36 |         |
| ≥51                                     | 1458   | 33 | 375          | 31 |         | 1725   | 33 | 105         | 29 |         |
| Missing                                 | 766  |    | 288          |    |         | 966  |    | 85          |    |         |

**Table 4 (continued)**

| Variable  | Regular use of acetaminophen in past 12 months |    |              |    | p-value | Daily use of acetaminophen for at least 1 year |    |             |    | p-value |
|---|--|----|--------------|----|---------|--|----|-------------|----|---------|
|   | No (n=5173)                                    |    | Yes (n=1513) |    |         | No (n=6234)                                    |    | Yes (n=446) |    |         |
|   | n  | %  | n            | %  |         | n  | %  | n           | %  |         |
| <b>Surgical menopause*</b>                              |  |    |              |    | <0.0001 |  |    |             |    | <0.0001 |
| <b>No</b>   | 4592   | 89 | 1276         | 84 |         | 5494   | 88 | 365         | 82 |         |
| <b>Yes</b>  | 581  | 11 | 237          | 16 |         | 740  | 12 | 81          | 18 |         |
| <b>Estrogen only therapy (Oral)*</b>                    |  |    |              |    | 0.0006  |  |    |             |    | 0.006   |
| <b>Never use</b>  | 3022   | 58 | 808          | 53 |         | 3597   | 58 | 233         | 52 |         |
| <b>Past use</b>   | 1433   | 28 | 446          | 29 |         | 1749   | 28 | 126         | 28 |         |
| <b>Current use</b>                                      | 718  | 14 | 259          | 17 |         | 888  | 14 | 87          | 20 |         |
| <b>Estrogen only therapy (Any Current)*</b>             |  |    |              |    | 0.002   |  |    |             |    | 0.002   |
| <b>No</b>   | 4455   | 86 | 1254         | 83 |         | 5346   | 86 | 359         | 80 |         |
| <b>Yes</b>  | 718  | 14 | 259          | 17 |         | 888  | 14 | 87          | 20 |         |
| <b>Avg. no. of alcoholic drinks/week (±SD)*</b>         | 2 (4)  |    | 2 (5)        |    | 0.12    | 2 (4)  |    | 2 (6)       |    | 0.99    |
| <b>Avg. no. of alcoholic drinks/week*</b>               |  |    |              |    | 0.50    |  |    |             |    | 0.43    |
| <b>None</b>   | 1483   | 29 | 444          | 29 |         | 1798   | 29 | 125         | 28 |         |
| <b>&lt;1</b>  | 1730   | 33 | 532          | 35 |         | 2101   | 34 | 161         | 36 |         |
| <b>1-2</b>  | 652  | 13 | 177          | 12 |         | 785  | 13 | 45          | 10 |         |
| <b>2-7</b>  | 872  | 17 | 234          | 15 |         | 1032   | 17 | 72          | 16 |         |
| <b>&gt;7</b>  | 436  | 8  | 126          | 8  |         | 518  | 8  | 43          | 10 |         |
| <b>Cigarette Smoking</b>                                |  |    |              |    | 0.06    |  |    |             |    | 0.41    |
| <b>Never</b>  | 3124   | 60 | 917          | 61 |         | 3757   | 60 | 281         | 63 |         |
| <b>Former</b>   | 1626   | 31 | 499          | 33 |         | 1993   | 32 | 129         | 29 |         |
| <b>Current</b>  | 423  | 8  | 97           | 6  |         | 484  | 8  | 36          | 8  |         |
| <b>Walks for exercise*</b>                              |  |    |              |    | 0.16    |  |    |             |    | 0.003   |
| <b>No</b>   | 2428   | 47 | 741          | 49 |         | 2925   | 47 | 242         | 54 |         |
| <b>Yes</b>  | 2745   | 53 | 772          | 51 |         | 3309   | 53 | 204         | 46 |         |
| <b>Body mass index §</b>                                |  |    |              |    | <0.0001 |  |    |             |    | 0.008   |
| <b>&lt;25</b>   | 2412   | 47 | 583          | 39 |         | 2821   | 45 | 173         | 39 |         |
| <b>25+</b>  | 2761   | 53 | 930          | 61 |         | 3413   | 55 | 273         | 61 |         |
| <b>Hypertension*</b>                                    |  |    |              |    | 0.0008  |  |    |             |    | 0.0002  |
| <b>Never</b>  | 3289   | 64 | 890          | 59 |         | 3938   | 63 | 242         | 54 |         |
| <b>Ever</b>   | 1884   | 36 | 623          | 41 |         | 2296   | 37 | 204         | 46 |         |
| <b>Hip bone mineral density (±SD), g/cm<sup>2</sup></b> | 0.76 (0.13)                                    |    | 0.76 (0.13)  |    | 0.055   | 0.76 (0.13)                                    |    | 0.74 (0.14) |    | 0.07    |
| <b>Stroke</b>   |  |    |              |    | 0.001   |  |    |             |    | <0.0001 |
| <b>Never</b>  | 4948   | 96 | 1421         | 94 |         | 5960   | 96 | 406         | 92 |         |
| <b>Ever</b>   | 191  | 4  | 85           | 6  |         | 236  | 4  | 37          | 8  |         |
| <b>Missing</b>  | 34   |    | 7            |    |         | 38   |    | 3           |    |         |

**Table 4 (continued)**

| Variable                    | Regular use of acetaminophen in past 12 months |    |              |    | p-value | Daily use of acetaminophen for at least 1 year |    |             |    | p-value |
|-----------------------------|--|----|--------------|----|---------|--|----|-------------|----|---------|
|                             | No (n=5173)                                    |    | Yes (n=1513) |    |         | No (n=6234)                                    |    | Yes (n=446) |    |         |
|                             | n  | %  | n            | %  |         | n  | %  | n           | %  |         |
| <b>Heart Attack</b>         |  |    |              |    | 0.0003  |  |    |             |    | 0.02    |
| <b>Never</b>                | 4197   | 94 | 1173         | 91 |         | 5020   | 93 | 345         | 90 |         |
| <b>Ever</b>                 | 277  | 6  | 117          | 9  |         | 357  | 7  | 37          | 10 |         |
| <b>Missing</b>              | 699  |    | 223          |    |         | 857  |    | 64          |    |         |
| <b>Mammogram at visit 3</b> |  |    |              |    | 0.02    |  |    |             |    | 0.29    |
| <b>No</b>                   | 703  | 21 | 169          | 17 |         | 822  | 20 | 52          | 18 |         |
| <b>Yes</b>                  | 2681   | 79 | 803          | 83 |         | 3234   | 80 | 242         | 82 |         |
| <b>Missing</b>              | 1789   |    | 541          |    |         | 2178   |    | 152         |    |         |

\*Information collected at baseline clinical visit.

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 5. Characteristics of women by aspirin use in the Study of Osteoporotic Fractures, 1989-90**

| Variable                                | Regular use of aspirin in past 12 months |    |              |    | p-value | Daily use of aspirin for at least 1 year |    |              |    | p-value |
|---|--|----|--------------|----|---------|--|----|--------------|----|---------|
|   | No (n=4067)                              |    | Yes (n=2628) |    |         | No (n=5210)                              |    | Yes (n=1485) |    |         |
|   | n  | %  | n            | %  |         | n  | %  | n            | %  |         |
| <b>Clinic*</b>                          |  |    |              |    | <0.0001 |  |    |              |    | 0.0003  |
| <b>A</b>                                | 1001                                     | 25 | 780          | 30 |         | 1335                                     | 26 | 446          | 30 |         |
| <b>B</b>                                | 1013                                     | 25 | 622          | 24 |         | 1264                                     | 24 | 371          | 25 |         |
| <b>C</b>                                | 967                                      | 24 | 522          | 20 |         | 1163                                     | 22 | 326          | 22 |         |
| <b>D</b>                                | 1086                                     | 27 | 704          | 27 |         | 1448                                     | 28 | 342          | 23 |         |
| <b>Age (±SD), years</b>                 | 73 (5)                                   |    | 73 (5)       |    | 0.45    | 73 (5)                                   |    | 74 (5)       |    | 0.004   |
| <b>Age (years)</b>                      |  |    |              |    | 0.12    |  |    |              |    | 0.003   |
| <b>≤72</b>                              | 2174                                     | 53 | 1354         | 52 |         | 2796                                     | 54 | 732          | 49 |         |
| <b>73+</b>                              | 1893                                     | 47 | 1274         | 48 |         | 2414                                     | 46 | 753          | 51 |         |
| <b>Education*</b>                       |  |    |              |    | 0.28    |  |    |              |    | 0.02    |
| <b>&lt;High school</b>                  | 887                                      | 22 | 544          | 21 |         | 1147                                     | 22 | 284          | 19 |         |
| <b>High school graduate</b>             | 3180                                     | 78 | 2084         | 79 |         | 4063                                     | 78 | 1201         | 81 |         |
| <b>Family history of breast cancer*</b> |  |    |              |    | 0.07    |  |    |              |    | 0.11    |
| <b>No</b>                               | 3504                                     | 86 | 2305         | 88 |         | 4502                                     | 86 | 1307         | 88 |         |
| <b>Yes</b>                              | 563                                      | 14 | 323          | 12 |         | 708                                      | 14 | 178          | 12 |         |
| <b>Age at first Menses</b>              |  |    |              |    | 0.09    |  |    |              |    | 0.44    |
| <b>&lt;12</b>                           | 472                                      | 12 | 322          | 13 |         | 605                                      | 12 | 189          | 13 |         |
| <b>12-13</b>                            | 2190                                     | 56 | 1351         | 53 |         | 2771                                     | 54 | 770          | 53 |         |
| <b>14+</b>                              | 1296                                     | 32 | 896          | 35 |         | 1703                                     | 34 | 489          | 34 |         |
| <b>Missing</b>                          | 109                                      |    | 59           |    |         | 131                                      |    | 37           |    |         |
| <b>Parity*</b>                          |  |    |              |    | 0.59    |  |    |              |    | 0.2     |
| <b>Nulliparous</b>                      | 775                                      | 19 | 471          | 18 |         | 954                                      | 18 | 292          | 20 |         |
| <b>1</b>                                | 564                                      | 14 | 358          | 14 |         | 712                                      | 14 | 210          | 14 |         |
| <b>2</b>                                | 1113                                     | 27 | 715          | 27 |         | 1426                                     | 27 | 402          | 27 |         |
| <b>3</b>                                | 800                                      | 20 | 563          | 21 |         | 1051                                     | 20 | 312          | 21 |         |
| <b>4</b>                                | 428                                      | 10 | 269          | 10 |         | 568                                      | 11 | 129          | 9  |         |
| <b>5+</b>                               | 387                                      | 9  | 252          | 10 |         | 499                                      | 10 | 140          | 9  |         |
| <b>Nulliparous*</b>                     |  |    |              |    | 0.24    |  |    |              |    | 0.24    |
| <b>No</b>                               | 3292                                     | 81 | 2157         | 82 |         | 4256                                     | 82 | 1193         | 80 |         |
| <b>Yes</b>                              | 775                                      | 19 | 471          | 18 |         | 954                                      | 18 | 292          | 20 |         |
| <b>Age at first live birth</b>          |  |    |              |    | 0.39    |  |    |              |    | 0.17    |
| <b>≤20</b>                              | 494                                      | 15 | 342          | 16 |         | 638                                      | 15 | 198          | 17 |         |
| <b>&gt;20</b>                           | 2792                                     | 85 | 1811         | 84 |         | 3611                                     | 85 | 992          | 83 |         |
| <b>Missing</b>                          | 781                                      |    | 475          |    |         | 961                                      |    | 295          |    |         |
| <b>Age (years) at menopause*</b>        |  |    |              |    | 0.37    |  |    |              |    | 0.21    |
| <b>≤40</b>                              | 351                                      | 10 | 229          | 10 |         | 445                                      | 10 | 135          | 11 |         |
| <b>41-45</b>                            | 656                                      | 19 | 426          | 19 |         | 858                                      | 19 | 224          | 18 |         |
| <b>46-50</b>                            | 1283                                     | 37 | 861          | 39 |         | 1647                                     | 37 | 497          | 40 |         |
| <b>≥51</b>                              | 1147                                     | 33 | 687          | 31 |         | 1450                                     | 33 | 384          | 31 |         |
| <b>Missing</b>                          | 630                                      |    | 425          |    |         | 810                                      |    | 245          |    |         |

**Table 5 (continued)**

| Variable  | Regular use of aspirin in<br>past 12 months |    |             |    | p-value | Daily use of aspirin for<br>at least 1 year |    |             |    | p-value |
|---|---|----|-------------|----|---------|---|----|-------------|----|---------|
|   | No  |    | Yes         |    |         | No  |    | Yes         |    |         |
|   | (n=4067)                                    |    | (n=2628)    |    |         | (n=5210)                                    |    | (n=1485)    |    |         |
|   | n   | %  | n           | %  | n       | %   | n  | %           |    |         |
| <b>Surgical menopause*</b>                              |   |    |             |    | 0.52    |   |    |             |    | 0.29    |
| <b>No</b>   | 3576  | 88 | 2297        | 87 |         | 4582  | 88 | 1291        | 87 |         |
| <b>Yes</b>  | 491   | 12 | 331         | 13 |         | 628   | 12 | 194         | 13 |         |
| <b>Estrogen only therapy (Any Current)*</b>             |   |    |             |    | 0.05    |   |    |             |    | <0.0001 |
| <b>No</b>   | 3501  | 86 | 2217        | 84 |         | 4498  | 86 | 1220        | 82 |         |
| <b>Yes</b>  | 566   | 14 | 411         | 16 |         | 712   | 14 | 265         | 18 |         |
| <b>Average no. of alcoholic drinks/week (±SD)*</b>      | 2 (4)                                       |    | 2 (4)       |    | 0.09    | 2 (4)                                       |    | 2 (4)       |    | 0.04    |
| <b>Average no. of alcoholic drinks/week*</b>            |   |    |             |    | 0.37    |   |    |             |    | 0.07    |
| <b>None</b>   | 1197  | 29 | 735         | 28 |         | 1517  | 29 | 415         | 28 |         |
| <b>&lt;1</b>  | 1388  | 34 | 877         | 33 |         | 1790  | 34 | 475         | 32 |         |
| <b>1-2</b>  | 500   | 12 | 330         | 12 |         | 646   | 12 | 184         | 12 |         |
| <b>2-7</b>  | 646   | 16 | 460         | 17 |         | 837   | 16 | 269         | 18 |         |
| <b>&gt;7</b>  | 336   | 8  | 226         | 9  |         | 420   | 8  | 142         | 9  |         |
| <b>Cigarette Smoking</b>                                |   |    |             |    | 0.59    |   |    |             |    | 0.5     |
| <b>Never</b>  | 2478  | 61 | 1569        | 60 |         | 3169  | 61 | 878         | 59 |         |
| <b>Former</b>   | 1275  | 31 | 853         | 32 |         | 1640  | 31 | 488         | 33 |         |
| <b>Current</b>  | 314   | 8  | 206         | 8  |         | 401   | 8  | 119         | 8  |         |
| <b>Walks for exercise*</b>                              |   |    |             |    | 0.58    |   |    |             |    | 0.1     |
| <b>No</b>   | 1917  | 47 | 1257        | 48 |         | 2442  | 47 | 732         | 49 |         |
| <b>Yes</b>  | 2150  | 53 | 1371        | 52 |         | 2768  | 53 | 753         | 51 |         |
| <b>Body mass index §</b>                                |   |    |             |    | <0.0001 |   |    |             |    | 0.04    |
| <b>&lt;25</b>   | 1900  | 47 | 1099        | 42 |         | 2369  | 45 | 630         | 42 |         |
| <b>25+</b>  | 2167  | 53 | 1529        | 58 |         | 2841  | 55 | 855         | 58 |         |
| <b>Hypertension*</b>                                    |   |    |             |    | <0.0001 |   |    |             |    | <0.0001 |
| <b>Never</b>  | 2627  | 65 | 1559        | 59 |         | 3362  | 65 | 824         | 55 |         |
| <b>Ever</b>   | 1440  | 35 | 1069        | 41 |         | 1848  | 35 | 661         | 45 |         |
| <b>Hip bone mineral density (±SD), g/cm<sup>2</sup></b> | 0.75 (0.13)                                 |    | 0.76 (0.13) |    | 0.005   | 0.76 (0.13)                                 |    | 0.76 (0.14) |    | 0.13    |
| <b>Stroke</b>   |   |    |             |    | <0.0001 |   |    |             |    | <0.0001 |
| <b>Never</b>  | 3927  | 97 | 2451        | 94 |         | 5025  | 97 | 1353        | 92 |         |
| <b>Ever</b>   | 121   | 3  | 155         | 6  |         | 158   | 3  | 118         | 8  |         |
| <b>Missing</b>  | 19  |    | 22          |    |         | 27  |    | 14          |    |         |
| <b>Heart Attack</b>                                     |   |    |             |    | <0.0001 |   |    |             |    | <0.0001 |
| <b>Never</b>  | 3384  | 95 | 1991        | 90 |         | 4255  | 94 | 1120        | 89 |         |
| <b>Ever</b>   | 181   | 5  | 215         | 10 |         | 255   | 6  | 141         | 11 |         |
| <b>Missing</b>  | 502   |    | 422         |    |         | 700   |    | 224         |    |         |

**Table 5 (continued)**

| Variable                    | Regular use of aspirin in past 12 months |          |          |          | p-value | Daily use of aspirin for at least 1 year |    |     |    | p-value |
|-----------------------------|--|----------|----------|----------|---------|--|----|-----|----|---------|
|                             | No                                       |          | Yes      |          |         | No                                       |    | Yes |    |         |
|                             | (n=4067)                                 | (n=2628) | (n=5210) | (n=1485) |         | n  | %  | n   | %  |         |
| <b>Mammogram at visit 3</b> |  |          |          |          | 0.13    |  |    |     |    | 0.77    |
| <b>No</b>                   | 521                                      | 19       | 354      | 21       |         | 676                                      | 20 | 199 | 20 |         |
| <b>Yes</b>                  | 2172                                     | 81       | 1312     | 79       |         | 2708                                     | 80 | 776 | 80 |         |
| <b>Missing</b>              | 1374                                     |          | 962      |          |         | 1826                                     |    | 510 |    |         |

\*Information collected at baseline clinical visit.

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).



**Table 6. Characteristics of women by non-aspirin NSAID use in the Study of Osteoporotic Fractures, 1989-90**

| Variable                                | Regular use of a non-aspirin NSAID in past 12 months |    |              |    | p-value | Daily use of a non-aspirin NSAID for at least 1 year |    |             |    | p-value |
|---|--|----|--------------|----|---------|--|----|-------------|----|---------|
|   | No (n=4925)  |    | Yes (n=1770) |    |         | No (n=5804)  |    | Yes (n=891) |    |         |
|   | n  | %  | n            | %  |         | n  | %  | n           | %  |         |
| <b>Clinic*</b>                          |  |    |              |    | <0.0001 |  |    |             |    | 0.0002  |
| <b>A</b>                                | 1290   | 26 | 491          | 28 |         | 1528   | 26 | 253         | 28 |         |
| <b>B</b>                                | 1163   | 24 | 472          | 27 |         | 1391   | 24 | 244         | 27 |         |
| <b>C</b>                                | 1171   | 24 | 318          | 18 |         | 1340   | 23 | 149         | 17 |         |
| <b>D</b>                                | 1301   | 26 | 489          | 28 |         | 1545   | 27 | 245         | 27 |         |
| <b>Age (±SD), years</b>                 | 73 (5)   |    | 73 (5)       |    | 0.87    | 73 (5)   |    | 73 (5)      |    | 0.36    |
| <b>Age (years)</b>                      |  |    |              |    | 0.79    |  |    |             |    | 0.91    |
| <b>≤72</b>                              | 2600   | 53 | 928          | 52 |         | 3060   | 53 | 468         | 53 |         |
| <b>73+</b>                              | 2325   | 47 | 842          | 48 |         | 2744   | 47 | 423         | 47 |         |
| <b>Education*</b>                       |  |    |              |    | <0.0001 |  |    |             |    | 0.01    |
| <b>&lt;High school</b>                  | 992  | 20 | 439          | 25 |         | 1213   | 21 | 218         | 24 |         |
| <b>High school graduate</b>             | 3933   | 80 | 1331         | 75 |         | 4591   | 79 | 673         | 76 |         |
| <b>Family history of breast cancer*</b> |  |    |              |    | 0.26    |  |    |             |    | 0.66    |
| <b>No</b>                               | 4287   | 87 | 1522         | 86 |         | 5040   | 87 | 769         | 86 |         |
| <b>Yes</b>                              | 638  | 13 | 248          | 14 |         | 764  | 13 | 122         | 14 |         |
| <b>Age at first Menses</b>              |  |    |              |    | 0.85    |  |    |             |    | 0.007   |
| <b>&lt;12</b>                           | 577  | 12 | 217          | 12 |         | 663  | 12 | 131         | 15 |         |
| <b>12-13</b>                            | 2603   | 54 | 938          | 54 |         | 3069   | 54 | 472         | 54 |         |
| <b>14+</b>                              | 1616   | 34 | 576          | 33 |         | 1927   | 34 | 265         | 31 |         |
| <b>Missing</b>                          | 129  |    | 39           |    |         | 145  |    | 23          |    |         |
| <b>Parity*</b>                          |  |    |              |    | 0.01    |  |    |             |    | 0.27    |
| <b>Nulliparous</b>                      | 952  | 19 | 294          | 17 |         | 1098   | 19 | 148         | 17 |         |
| <b>1</b>                                | 691  | 14 | 231          | 13 |         | 809  | 14 | 113         | 13 |         |
| <b>2</b>                                | 1353   | 27 | 475          | 27 |         | 1582   | 27 | 246         | 28 |         |
| <b>3</b>                                | 991  | 20 | 372          | 21 |         | 1179   | 20 | 184         | 21 |         |
| <b>4</b>                                | 488  | 10 | 209          | 12 |         | 592  | 10 | 105         | 12 |         |
| <b>5+</b>                               | 450  | 9  | 189          | 11 |         | 544  | 9  | 95          | 11 |         |
| <b>Nulliparous*</b>                     |  |    |              |    | 0.01    |  |    |             |    | 0.10    |
| <b>No</b>                               | 3973   | 81 | 1476         | 83 |         | 4706   | 81 | 743         | 83 |         |
| <b>Yes</b>                              | 952  | 19 | 294          | 17 |         | 1098   | 19 | 148         | 17 |         |
| <b>Age at first live birth</b>          |  |    |              |    | 0.0002  |  |    |             |    | 0.03    |
| <b>≤20</b>                              | 565  | 14 | 271          | 18 |         | 702  | 15 | 134         | 18 |         |
| <b>&gt;20</b>                           | 3402   | 86 | 1201         | 82 |         | 3996   | 85 | 607         | 82 |         |
| <b>Missing</b>                          | 958  |    | 298          |    |         | 1106   |    | 150         |    |         |
| <b>Age (years) at menopause*</b>        |  |    |              |    | 0.64    |  |    |             |    | 0.06    |
| <b>≤40</b>                              | 419  | 10 | 161          | 11 |         | 486  | 10 | 94          | 13 |         |
| <b>41-45</b>                            | 808  | 19 | 274          | 19 |         | 948  | 19 | 134         | 19 |         |
| <b>46-50</b>                            | 1598   | 38 | 546          | 37 |         | 1872   | 38 | 272         | 38 |         |
| <b>≥51</b>                              | 1349   | 32 | 485          | 33 |         | 1615   | 33 | 219         | 30 |         |
| <b>Missing</b>                          | 751  |    | 304          |    |         | 883  |    | 172         |    |         |

**Table 6 (continued)**

| Variable  | Regular use of a non-<br>aspirin NSAID in past 12<br>months |    |                 |    | p-value | Daily use of a non-<br>aspirin NSAID for at<br>least 1 year |    |                |    | p-value |
|---|---|----|-----------------|----|---------|---|----|----------------|----|---------|
|   | No<br>(n=4925)  |    | Yes<br>(n=1770) |    |         | No<br>(n=5804)  |    | Yes<br>(n=891) |    |         |
|   | n   | %  | n               | %  |         | n   | %  | n              | %  |         |
| <b>Surgical menopause*</b>                                  |   |    |                 |    | 0.05    |   |    |                |    | 0.04    |
| <b>No</b>   | 4343  | 88 | 1530            | 86 |         | 5110  | 88 | 763            | 86 |         |
| <b>Yes</b>  | 582   | 12 | 240             | 14 |         | 694   | 12 | 128            | 14 |         |
| <b>Estrogen only therapy (Any<br/>Current)*</b>             |   |    |                 |    | <0.0001 |   |    |                |    | <0.0001 |
| <b>No</b>   | 4266  | 87 | 1452            | 82 |         | 5027  | 87 | 691            | 78 |         |
| <b>Yes</b>  | 659   | 13 | 318             | 18 |         | 777   | 13 | 200            | 22 |         |
| <b>Average no. of alcoholic<br/>drinks/week (±SD)*</b>      | 2 (4)   |    | 2 (4)           |    | 0.20    | 2 (4)   |    | 2 (4)          |    | 0.38    |
| <b>Average no. of alcoholic<br/>drinks/week*</b>            |   |    |                 |    | 0.56    |   |    |                |    | 0.67    |
| <b>None</b>   | 1404  | 29 | 528             | 30 |         | 1677  | 29 | 255            | 29 |         |
| <b>&lt;1</b>  | 1673  | 34 | 592             | 33 |         | 1953  | 34 | 312            | 35 |         |
| <b>1-2</b>  | 600   | 12 | 230             | 13 |         | 712   | 12 | 118            | 13 |         |
| <b>2-7</b>  | 826   | 17 | 280             | 16 |         | 969   | 17 | 137            | 15 |         |
| <b>&gt;7</b>  | 422   | 9  | 140             | 8  |         | 493   | 8  | 69             | 8  |         |
| <b>Cigarette Smoking</b>                                    |   |    |                 |    | 0.05    |   |    |                |    | 0.33    |
| <b>Never</b>  | 2992  | 61 | 1055            | 60 |         | 3520  | 61 | 527            | 59 |         |
| <b>Former</b>   | 1533  | 31 | 595             | 34 |         | 1827  | 31 | 301            | 34 |         |
| <b>Current</b>  | 400   | 8  | 120             | 7  |         | 457   | 8  | 63             | 7  |         |
| <b>Walks for exercise*</b>                                  |   |    |                 |    | 0.006   |   |    |                |    | 0.0004  |
| <b>No</b>   | 2285  | 46 | 889             | 50 |         | 2702  | 47 | 472            | 53 |         |
| <b>Yes</b>  | 2640  | 54 | 881             | 50 |         | 3102  | 53 | 419            | 47 |         |
| <b>Body mass index §</b>                                    |   |    |                 |    | <0.0001 |   |    |                |    | <0.0001 |
| <b>&lt;25</b>   | 2364  | 48 | 635             | 36 |         | 2700  | 46 | 299            | 33 |         |
| <b>25+</b>  | 2561  | 52 | 1135            | 64 |         | 3104  | 53 | 592            | 66 |         |
| <b>Hypertension*</b>  |   |    |                 |    | <0.0001 |   |    |                |    | <0.0001 |
| <b>Never</b>  | 3190  | 65 | 996             | 56 |         | 3713  | 64 | 473            | 53 |         |
| <b>Ever</b>   | 1735  | 35 | 774             | 44 |         | 2091  | 36 | 418            | 47 |         |
| <b>Hip bone mineral density<br/>(±SD), g/cm<sup>2</sup></b> | 0.75 (0.13)   |    | 0.77 (0.13)     |    | <0.0001 | 0.75 (0.13)   |    | 0.77 (0.14)    |    | <0.0001 |
| <b>Stroke</b>   |   |    |                 |    | 0.49    |   |    |                |    | 0.006   |
| <b>Never</b>  | 4696  | 96 | 1682            | 96 |         | 5544  | 96 | 834            | 94 |         |
| <b>Ever</b>   | 198   | 4  | 78              | 4  |         | 224   | 4  | 52             | 6  |         |
| <b>Missing</b>  | 31  |    | 10              |    |         | 36  |    | 5              |    |         |
| <b>Heart Attack</b>   |   |    |                 |    | 0.57    |   |    |                |    | 0.18    |
| <b>Never</b>  | 3966  | 93 | 1409            | 93 |         | 4662  | 93 | 713            | 92 |         |
| <b>Ever</b>   | 287   | 7  | 109             | 7  |         | 334   | 7  | 62             | 8  |         |
| <b>Missing</b>  | 672   |    | 252             |    |         | 808   |    | 116            |    |         |

**Table 6 (continued)**

| Variable                    | Regular use of a non-<br>aspirin NSAID in past 12<br>months |    |                 |    | p-value | Daily use of a non-<br>aspirin NSAID for at<br>least 1 year |    |                |    | p-value |
|-----------------------------|---|----|-----------------|----|---------|---|----|----------------|----|---------|
|                             | No<br>(n=4925)  |    | Yes<br>(n=1770) |    |         | No<br>(n=5804)  |    | Yes<br>(n=891) |    |         |
|                             | n   | %  | n               | %  |         | n   | %  | n              | %  |         |
| <b>Mammogram at visit 3</b> |   |    |                 |    | 0.17    |   |    |                |    | 0.86    |
| <b>No</b>                   | 670   | 21 | 205             | 19 |         | 764   | 20 | 111            | 20 |         |
| <b>Yes</b>                  | 2590  | 79 | 894             | 81 |         | 3034  | 80 | 450            | 80 |         |
| <b>Missing</b>              | 1665  |    | 671             |    |         | 2006  |    | 330            |    |         |

\*Information collected at baseline clinical visit.

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 7. Clinical characteristics of breast cancer cases by regular NSAID use, the Study of Osteoporotic Fractures, 1986-1993**

| Characteristics                        | Overall<br>n=372 |     | Regular use of any NSAID in<br>past 12 months |    |             |    | p-value | Daily use of any NSAID for<br>at least 1 year |    |             |    | p-value |
|--|------------------|-----|---|----|-------------|----|---------|---|----|-------------|----|---------|
|  | n                | %   | No (n=177)                                    |    | Yes (n=195) |    |         | No (n=265)                                    |    | Yes (n=107) |    |         |
| Age at diagnosis, mean (SD), y         |                  |     | 78 (5)  |    | 79 (5)      |    | 0.16    | 78 (5)  |    | 78 (6)      |    | 0.34    |
| Estrogen receptor status, No. (%)†     |                  |     |   |    |             |    | §       |   |    |             |    | §       |
| Positive                               | 269              | 72  | 129   | 73 | 140         | 72 |         | 188   | 71 | 81          | 76 |         |
| Negative                               | 37               | 10  | 16  | 9  | 21          | 11 |         | 27  | 10 | 10          | 9  |         |
| Borderline                             | 1                | 0.3 | 0   | 0  | 1           | 1  |         | 1   | 0  | 0           | 0  |         |
| Unknown                                | 65               | 17  | 32  | 18 | 33          | 17 |         | 49  | 18 | 16          | 15 |         |
| Estrogen receptor status, No. (%)†     |                  |     |   |    |             |    | 0.6     |   |    |             |    | 0.71    |
| Positive                               | 270              | 88  | 129   | 89 | 140         | 86 |         | 189   | 87 | 81          | 89 |         |
| Negative                               | 37               | 12  | 16  | 11 | 21          | 13 |         | 27  | 12 | 10          | 11 |         |
| missing                                | 65               |     | 0   | 0  | 1           | 1  |         | 49  |    | 16          |    |         |
| Progesterone receptor status, No. (%)† |                  |     |   |    |             |    | §       |   |    |             |    | §       |
| Positive                               | 209              | 56  | 99  | 56 | 110         | 56 |         | 152   | 57 | 57          | 53 |         |
| Negative                               | 88               | 24  | 40  | 23 | 48          | 25 |         | 55  | 21 | 33          | 31 |         |
| Borderline                             | 7                | 2   | 3   | 2  | 4           | 2  |         | 6   | 2  | 1           | 1  |         |
| Unknown                                | 68               | 18  | 35  | 20 | 33          | 17 |         | 52  | 20 | 16          | 15 |         |
| Progesterone receptor status, No. (%)† |                  |     |   |    |             |    | 0.78    |   |    |             |    | 0.07    |
| Positive                               | 216              | 71  | 102   | 72 | 114         | 70 |         | 158   | 74 | 58          | 64 |         |
| Negative                               | 88               | 29  | 40  | 28 | 48          | 30 |         | 55  | 26 | 33          | 36 |         |
| missing                                | 68               |     | 35  |    | 33          |    |         | 52  |    | 16          |    |         |

**Table 7 (continued)**

| Characteristics                     | Overall<br>n=372 |   | Regular use of any NSAID<br>in past 12 months |    |             |    | p-value | Daily use of any NSAID for at<br>least 1 year |  |             |    | p-value |      |  |
|-------------------------------------|------------------|---|---|----|-------------|----|---------|---|--|-------------|----|---------|------|--|
|                                     | n                | % | No (n=177)                                    |    | Yes (n=195) |    |         | No (n=265)                                    |  | Yes (n=107) |    |         |      |  |
| Cancer stage at diagnosis, No. (%)‡ |                  |   |   |    |             |    |         | 0.84  |  |             |    |         | 0.82 |  |
| O (in situ)                         |                  |   | 52  | 14 | 27          | 15 | 25      | 13  |  | 38          | 14 | 14      | 13   |  |
| I                                   |                  |   | 206   | 55 | 98          | 55 | 108     | 55  |  | 150         | 57 | 56      | 52   |  |
| II (no nodes)                       |                  |   | 41  | 11 | 20          | 11 | 21      | 11  |  | 29          | 11 | 12      | 11   |  |
| II (+ nodes)                        |                  |   | 36  | 10 | 20          | 11 | 16      | 8   |  | 24          | 9  | 12      | 11   |  |
| III                                 |                  |   | 14  | 4  | 4           | 2  | 10      | 5   |  | 10          | 4  | 4       | 4    |  |
| IV                                  |                  |   | 4   | 1  | 1           | 1  | 3       | 1   |  | 3           | 1  | 1       | 1    |  |
| Unknown                             |                  |   | 19  | 5  | 7           | 4  | 12      | 6   |  | 11          | 4  | 8       | 8    |  |

†Women with unknown estrogen receptor status were excluded in statistical tests.

‡The p value compares women with stage II cancer or greater at diagnosis with other cases. Women with unknown cancer stage at diagnosis were excluded from this analysis.

|| Borderline recoded to positive

§ Cell sizes too sparse to use chi square test to compare clinical characteristic by medication use.

**Table 8. Clinical characteristics of breast cancer cases by regular acetaminophen use, the Study of Osteoporotic Fractures, 1986-1993**

| Characteristics                        | Regular use of acetaminophen in past 12 months |    |            |    | p-value | Daily use of acetaminophen for at least 1 year |    |            |    | p-value |
|--|--|----|------------|----|---------|--|----|------------|----|---------|
|  | No (n=295)                                     |    | Yes (n=76) |    |         | No (n=358)                                     |    | Yes (n=14) |    |         |
|  | n  | %  | n          | %  |         | n  | %  | n          | %  |         |
| Age at diagnosis, mean (SD), y         | 78 (5)   |    | 78 (6)     |    | 0.29    | 78 (5)   |    | 77 (6)     |    | 0.24    |
| Estrogen receptor status, No. (%)†     |  |    |            |    | §       |  |    |            |    | §       |
| Positive                               | 210  | 71 | 58         | 76 |         | 260  | 73 | 9          | 64 |         |
| Negative                               | 29   | 10 | 8          | 11 |         | 36   | 10 | 1          | 7  |         |
| Borderline                             | 1  | 0  | 0          | 0  |         | 1  | 0  | 0          | 0  |         |
| Unknown                                | 55   | 19 | 10         | 13 |         | 61   | 17 | 4          | 29 |         |
| Estrogen receptor status, No. (%)†     |  |    |            |    | 0.99    |  |    |            |    | 1.00    |
| Positive                               | 211  | 88 | 58         | 88 |         | 261  | 88 | 9          | 90 |         |
| Negative                               | 29   | 12 | 8          | 12 |         | 36   | 12 | 1          | 10 |         |
| missing                                | 55   |    | 10         |    |         | 61   |    | 4          |    |         |
| Progesterone receptor status, No. (%)† |  |    |            |    | §       |  |    |            |    | §       |
| Positive                               | 160  | 54 | 48         | 63 |         | 204  | 57 | 5          | 36 |         |
| Negative                               | 71   | 24 | 17         | 22 |         | 83   | 23 | 5          | 36 |         |
| Borderline                             | 7  | 2  | 0          | 0  |         | 7  | 2  | 0          | 0  |         |
| Unknown                                | 57   | 19 | 11         | 14 |         | 64   | 18 | 4          | 29 |         |
| Progesterone receptor status, No. (%)† |  |    |            |    | 0.56    |  |    |            |    | 0.16    |
| Positive                               | 167  | 70 | 48         | 74 |         | 211  | 72 | 5          | 50 |         |
| Negative                               | 71   | 30 | 17         | 26 |         | 83   | 28 | 5          | 50 |         |
| missing                                | 57   |    | 11         |    |         | 64   |    | 4          |    |         |

**Table 8 (continued)**

| Characteristics                     | Regular use of acetaminophen in past 12 months |    |            |    | p-value | Daily use of acetaminophen for at least 1 year |    |            |    | p-value |
|-------------------------------------|--|----|------------|----|---------|--|----|------------|----|---------|
|                                     | No (n=295)                                     |    | Yes (n=76) |    |         | No (n=358)                                     |    | Yes (n=14) |    |         |
|                                     | n  | %  | n          | %  |         | n  | %  | n          | %  |         |
| Cancer stage at diagnosis, No. (%)‡ |  |    |            |    | 0.25    |  |    |            |    | §       |
| O (in situ)                         | 45   | 15 | 7          | 9  |         | 50   | 14 | 2          | 14 |         |
| I                                   | 158  | 53 | 47         | 62 |         | 200  | 56 | 6          | 43 |         |
| II (no nodes)                       | 35   | 12 | 6          | 8  |         | 40   | 11 | 1          | 7  |         |
| II (+ nodes)                        | 30   | 10 | 6          | 8  |         | 33   | 9  | 3          | 21 |         |
| III                                 | 10   | 3  | 4          | 5  |         | 13   | 4  | 1          | 7  |         |
| IV                                  | 3  | 1  | 1          | 1  |         | 4  | 1  | 0          | 0  |         |
| Unknown                             | 14   | 5  | 5          | 7  |         | 18   | 5  | 1          | 7  |         |

†Women with unknown estrogen receptor status were excluded in statistical tests.

‡The p value compares women with stage II cancer or greater at diagnosis with other cases. Women with unknown cancer stage at diagnosis were excluded from this analysis.

|| Borderline recoded to positive

§ Cell sizes too sparse to use chi square test to compare clinical characteristic by medication use.

**Table 9. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use in the Study of Osteoporotic Fractures, 1986-1993**

| Risk Factor   | Controls<br>(n=6323) | Cases<br>(n=372) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|----------------------|------------------|-------------|------------|------------|------------|-------------|------------|
|   |                      |                  | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Aspirin ≥ 1/week in past 12 months</b>           |                      |                  |             |            |            |            |             |            |
| No  | 3838                 | 229              | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 2485                 | 143              | 0.98        | 0.80, 1.21 | 0.98       | 0.80, 1.21 | 0.96        | 0.78, 1.18 |
| <b>Aspirin frequency:</b>                           |                      |                  |             |            |            |            |             |            |
| No regular use                                      | 3838                 | 229              | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                       | 995                  | 62               | 1.02        | 0.77, 1.35 | 1.02       | 0.77, 1.35 | 1.00        | 0.76, 1.33 |
| 5-7 days/week                                       | 1418                 | 72               | 0.89        | 0.68, 1.16 | 0.90       | 0.69, 1.17 | 0.87        | 0.66, 1.13 |
| Missing   | 72                   | 9                |             |            |            |            |             |            |
| <b>Aspirin ~daily for ≥ 1 year</b>                  |                      |                  |             |            |            |            |             |            |
| No  | 4913                 | 297              | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 1410                 | 75               | 0.93        | 0.72, 1.19 | 0.93       | 0.72, 1.20 | 0.90        | 0.70, 1.16 |
| <b>Aspirin duration:</b>                            |                      |                  |             |            |            |            |             |            |
| No regular use                                      | 4913                 | 297              | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 771                  | 40               | 0.90        | 0.65, 1.25 | 0.90       | 0.65, 1.26 | 0.89        | 0.64, 1.23 |
| 5+ years  | 632                  | 35               | 0.97        | 0.68, 1.37 | 0.97       | 0.69, 1.38 | 0.92        | 0.65, 1.31 |
| Missing   | 7                    | 0                |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 months</b> |                      |                  |             |            |            |            |             |            |
| No  | 4652                 | 273              | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 1671                 | 99               | 1.01        | 0.80, 1.27 | 1.01       | 0.80, 1.27 | 0.96        | 0.76, 1.21 |
| <b>Non-aspirin NSAID frequency:</b>                 |                      |                  |             |            |            |            |             |            |
| No regular use                                      | 4652                 | 273              | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                       | 540                  | 35               | 1.08        | 0.76, 1.54 | 1.08       | 0.76, 1.54 | 1.05        | 0.74, 1.50 |
| 5-7 days/week                                       | 1080                 | 60               | 0.96        | 0.72, 1.26 | 0.96       | 0.72, 1.27 | 0.90        | 0.68, 1.19 |
| Missing   | 51                   | 4                |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for ≥ 1 year</b>        |                      |                  |             |            |            |            |             |            |
| No  | 5481                 | 323              | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 842                  | 49               | 1.02        | 0.75, 1.38 | 1.02       | 0.76, 1.38 | 0.95        | 0.70, 1.29 |
| <b>Non-aspirin NSAID duration:</b>                  |                      |                  |             |            |            |            |             |            |
| No regular use                                      | 5481                 | 323              | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 565                  | 34               | 1.06        | 0.75, 1.51 | 1.07       | 0.75, 1.52 | 1.02        | 0.71, 1.46 |
| 5+ years  | 271                  | 15               | 0.95        | 0.57, 1.60 | 0.95       | 0.57, 1.59 | 0.85        | 0.50, 1.43 |
| Missing   | 6                    | 0                |             |            |            |            |             |            |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>        |                      |                  |             |            |            |            |             |            |
| No  | 2872                 | 177              | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 3451                 | 195              | 0.93        | 0.76, 1.14 | 0.94       | 0.76, 1.15 | 0.89        | 0.73, 1.10 |



**Table 9 (continued)**

| Risk Factor                                     | Controls<br>(n=6323) | Cases<br>(n=372) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|----------------------|------------------|-------------|------------|------------|------------|-------------|------------|
|   |                      |                  | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs frequency:</b>                    |                      |                  |             |            |            |            |             |            |
| <b>No regular use</b>                           | 2872                 | 177              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>1-4 days/week</b>                            | 2014                 | 105              | 0.88        | 0.69, 1.12 | 0.89       | 0.70, 1.13 | 0.83        | 0.65, 1.07 |
| <b>5-7 days/week</b>                            | 1364                 | 81               | 0.95        | 0.73, 1.24 | 0.95       | 0.73, 1.24 | 0.92        | 0.71, 1.20 |
| <b>Missing</b>                                  | 73                   | 9                |             |            |            |            |             |            |
| <b>Any NSAIDs ~daily for ≥ 1 year</b>           |                      |                  |             |            |            |            |             |            |
| <b>No</b>                                       | 4333                 | 265              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 1990                 | 107              | 0.93        | 0.74, 1.16 | 0.93       | 0.74, 1.17 | 0.89        | 0.71, 1.12 |
| <b>NSAIDs duration:</b>                         |                      |                  |             |            |            |            |             |            |
| <b>No regular use</b>                           | 4333                 | 265              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>&lt; 5 years</b>                             | 1143                 | 62               | 0.93        | 0.71, 1.23 | 0.94       | 0.71, 1.24 | 0.91        | 0.69, 1.20 |
| <b>5+ years</b>                                 | 839                  | 45               | 0.92        | 0.67, 1.26 | 0.93       | 0.68, 1.27 | 0.86        | 0.63, 1.19 |
| <b>Missing</b>                                  | 8                    | 0                |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months</b> |                      |                  |             |            |            |            |             |            |
| <b>No</b>                                       | 4878                 | 295              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 1437                 | 76               | 0.89        | 0.69, 1.15 | 0.87       | 0.70, 1.07 | 0.87        | 0.67, 1.12 |
| <b>Missing</b>                                  | 8                    | 1                |             |            |            |            |             |            |
| <b>Acetaminophen frequency:</b>                 |                      |                  |             |            |            |            |             |            |
| <b>No regular use</b>                           | 4878                 | 295              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>1-4 days/week</b>                            | 842                  | 47               | 0.92        | 0.68, 1.26 | 0.92       | 0.68, 1.25 | 0.90        | 0.66, 1.22 |
| <b>5-7 days/week</b>                            | 495                  | 19               | 0.68        | 0.43, 1.08 | 0.68       | 0.43, 1.09 | 0.67        | 0.42, 1.07 |
| <b>Missing</b>                                  | 108                  | 11               |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for ≥ 1 year</b>        |                      |                  |             |            |            |            |             |            |
| <b>No</b>                                       | 5876                 | 358              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 432                  | 14               | 0.58        | 0.34, 0.99 | 0.58       | 0.34, 0.99 | 0.57        | 0.33, 0.97 |
| <b>Missing</b>                                  | 15                   | 0                |             |            |            |            |             |            |
| <b>Acetaminophen duration: §</b>                |                      |                  |             |            |            |            |             |            |
| <b>No regular use</b>                           | 5876                 | 358              | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>&lt; 5 years</b>                             | 276                  | 6                |             |            |            |            |             |            |
| <b>5+ years</b>                                 | 152                  | 8                |             |            |            |            |             |            |
| <b>Missing</b>                                  | 19                   | 0                |             |            |            |            |             |            |

\*Proportional hazards regression models.

\*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

§ Too few breast cancer cases to estimate relative hazard associated with medication use.

**Table 10. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use by hormone receptor status in the SOF, 1986-1993**

| Risk Factor                                      | Controls<br>(n=6323) | Cases:<br>≥ 1<br>Positive<br>Hormone<br>Receptor<br>(n=275) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|--|----------------------|---|-------------|------------|------------|------------|-------------|------------|
|  |                      |   | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Aspirin ≥ 1/week in past 12 months</b>        |                      |   |             |            |            |            |             |            |
| No   | 3838                 | 170   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 2485                 | 105   | 0.97        | 0.76, 1.24 | 0.97       | 0.76, 1.24 | 0.94        | 0.74, 1.21 |
| <b>Aspirin frequency:</b>                        |                      |   |             |            |            |            |             |            |
| No regular use                                   | 3838                 | 170   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                    | 995                  | 46  | 1.02        | 0.74, 1.41 | 1.02       | 0.73, 1.41 | 1.00        | 0.72, 1.39 |
| 5-7 days/week                                    | 1418                 | 52  | 0.87        | 0.64, 1.18 | 0.87       | 0.64, 1.19 | 0.84        | 0.61, 1.15 |
| Missing  | 72                   | 7   |             |            |            |            |             |            |
| <b>Aspirin ~daily for ≥ 1 year</b>               |                      |   |             |            |            |            |             |            |
| No   | 4913                 | 216   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 1410                 | 59  | 1.00        | 0.75, 1.33 | 1.01       | 0.75, 1.34 | 0.96        | 0.72, 1.29 |
| <b>Aspirin duration:</b>                         |                      |   |             |            |            |            |             |            |
| No regular use                                   | 4913                 | 216   | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 771                  | 30  | 0.93        | 0.63, 1.36 | 0.93       | 0.64, 1.36 | 0.90        | 0.62, 1.33 |
| 5+ years   | 632                  | 29  | 1.10        | 0.74, 1.62 | 1.11       | 0.75, 1.63 | 1.04        | 0.71, 1.54 |
| Missing  | 7                    | 0   |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 mos</b> |                      |   |             |            |            |            |             |            |
| No   | 4652                 | 200   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 1671                 | 75  | 1.04        | 0.80, 1.36 | 1.04       | 0.80, 1.36 | 1.00        | 0.76, 1.30 |
| <b>Non-aspirin NSAID frequency:</b>              |                      |   |             |            |            |            |             |            |
| No regular use                                   | 4652                 | 200   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                    | 540                  | 28  | 1.18        | 0.79, 1.75 | 1.18       | 0.79, 1.75 | 1.15        | 0.78, 1.72 |
| 5-7 days/week                                    | 1080                 | 45  | 0.98        | 0.71, 1.35 | 0.98       | 0.71, 1.36 | 0.92        | 0.66, 1.28 |
| Missing  | 51                   | 2   |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for ≥ 1 year</b>     |                      |   |             |            |            |            |             |            |
| No   | 5481                 | 237   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 842                  | 38  | 1.08        | 0.76, 1.51 | 1.08       | 0.76, 1.52 | 1.01        | 0.71, 1.42 |
| <b>Non-aspirin NSAID duration:</b>               |                      |   |             |            |            |            |             |            |
| No regular use                                   | 5481                 | 237   | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 565                  | 26  | 1.11        | 0.74, 1.66 | 1.11       | 0.74, 1.67 | 1.06        | 0.71, 1.60 |
| 5+ years   | 271                  | 12  | 1.03        | 0.58, 1.85 | 1.03       | 0.58, 1.84 | 0.92        | 0.51, 1.65 |
| Missing  | 6                    | 0   |             |            |            |            |             |            |

**Table 10 (continued)**

| Risk Factor                                     | Controls<br>(n=6323) | Cases:<br>≥ 1<br>Positive<br>Hormone<br>Receptor<br>(n=275) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|----------------------|---|-------------|------------|------------|------------|-------------|------------|
|   |                      |   | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>    |                      |   |             |            |            |            |             |            |
| No  | 2872                 | 131   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 3451                 | 144   | 0.93        | 0.73, 1.18 | 0.93       | 0.74, 1.18 | 0.89        | 0.70, 1.13 |
| <b>Any NSAIDs frequency:</b>                    |                      |   |             |            |            |            |             |            |
| No regular use                                  | 2872                 | 131   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                   | 2014                 | 76  | 0.86        | 0.65, 1.14 | 0.87       | 0.65, 1.15 | 0.81        | 0.61, 1.08 |
| 5-7 days/week                                   | 1364                 | 62  | 0.98        | 0.73, 1.33 | 0.98       | 0.72, 1.33 | 0.95        | 0.70, 1.29 |
| Missing   | 73                   | 6   |             |            |            |            |             |            |
| <b>Any NSAIDs ~daily for ≥ 1 year</b>           |                      |   |             |            |            |            |             |            |
| No  | 4333                 | 193   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 1990                 | 82  | 0.97        | 0.75, 1.26 | 0.98       | 0.76, 1.27 | 0.93        | 0.71, 1.20 |
| <b>NSAIDs duration:</b>                         |                      |   |             |            |            |            |             |            |
| No regular use                                  | 4333                 | 193   | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years                                       | 1143                 | 46  | 0.95        | 0.69, 1.31 | 0.96       | 0.69, 1.32 | 0.92        | 0.67, 1.27 |
| 5+ years  | 839                  | 36  | 1.01        | 0.71, 1.44 | 1.01       | 0.71, 1.45 | 0.94        | 0.66, 1.35 |
| Missing   | 8                    | 0   |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months</b> |                      |   |             |            |            |            |             |            |
| No  | 4878                 | 215   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 1437                 | 59  | 0.94        | 0.71, 1.26 | 0.94       | 0.71, 1.26 | 0.92        | 0.69, 1.23 |
| Missing   | 8                    | 1   |             |            |            |            |             |            |
| <b>Acetaminophen frequency:</b>                 |                      |   |             |            |            |            |             |            |
| No regular use                                  | 4878                 | 215   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                   | 842                  | 37  | 0.99        | 0.70, 1.41 | 0.99       | 0.70, 1.40 | 0.96        | 0.68, 1.37 |
| 5-7 days/week                                   | 495                  | 14  | 0.68        | 0.40, 1.17 | 0.69       | 0.40, 1.18 | 0.67        | 0.39, 1.15 |
| Missing   | 108                  | 9   |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for ≥ 1 year †</b>      |                      |   |             |            |            |            |             |            |
| No  | 5876                 | 266   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 432                  | 9   | 0.50        | 0.26, 0.97 | 0.50       | 0.26, 0.98 | 0.48        | 0.25, 0.93 |
| Missing   | 15                   | 0   |             |            |            |            |             |            |

**Table 10 (continued)**

| Risk Factor                      | Controls<br>(n=6323) | Cases:<br>≥ 1<br>Positive<br>Hormone<br>Receptor<br>(n=275) | Unadjusted* |        | Adjusted** |        | Adjusted*** |        |
|----------------------------------|----------------------|---|-------------|--------|------------|--------|-------------|--------|
|                                  |                      |   | HR‡         | 95% CI | HR‡        | 95% CI | HR‡         | 95% CI |
| <b>Acetaminophen duration: †</b> |                      |   |             |        |            |        |             |        |
| <b>No regular use</b>            | 5876                 | 266   | 1.00        |        | 1.00       |        | 1.00        |        |
| <b>&lt; 5 years</b>              | 276                  | 4   |             |        |            |        |             |        |
| <b>5+ years</b>                  | 152                  | 5   |             |        |            |        |             |        |
| <b>Missing</b>                   | 19                   | 0   |             |        |            |        |             |        |

\*Proportional hazards regression models; \*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

† Too few hormone receptor-positive breast cancer cases to estimate HR associated with medication use.

**Table 11. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use by tumor type at diagnosis in the SOF (1986-1993)**

| Risk Factor   | Cases<br>Stages I<br>to IV<br>(n=301) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|---------------------------------------|-------------|------------|------------|------------|-------------|------------|
|   |                                       | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Aspirin ≥ 1/week in past 12 months</b>           |                                       |             |            |            |            |             |            |
| No  | 184                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 117                                   | 1.00        | 0.79, 1.26 | 1.00       | 0.76, 1.26 | 0.97        | 0.77, 1.22 |
| <b>Aspirin frequency:</b>                           |                                       |             |            |            |            |             |            |
| No regular use                                      | 184                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                       | 52                                    | 1.07        | 0.78, 1.45 | 1.06       | 0.78, 1.44 | 1.04        | 0.76, 1.41 |
| 5-7 days/week                                       | 59                                    | 0.91        | 0.68, 1.22 | 0.91       | 0.68, 1.23 | 0.88        | 0.65, 1.18 |
| Missing   | 6                                     |             |            |            |            |             |            |
| <b>Aspirin ~daily for ≥ 1 year</b>                  |                                       |             |            |            |            |             |            |
| No  | 242                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 59                                    | 0.89        | 0.67, 1.19 | 0.90       | 0.68, 1.19 | 0.86        | 0.65, 1.15 |
| <b>Aspirin duration:</b>                            |                                       |             |            |            |            |             |            |
| No regular use                                      | 242                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 30                                    | 0.83        | 0.57, 1.21 | 0.83       | 0.57, 1.22 | 0.81        | 0.55, 1.19 |
| 5+ years  | 29                                    | 0.98        | 0.67, 1.44 | 0.99       | 0.67, 1.45 | 0.93        | 0.63, 1.37 |
| Missing   | 0                                     |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 months</b> |                                       |             |            |            |            |             |            |
| No  | 221                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 80                                    | 1.01        | 0.78, 1.30 | 1.01       | 0.78, 1.30 | 0.96        | 0.74, 1.24 |
| <b>Non-aspirin NSAID frequency:</b>                 |                                       |             |            |            |            |             |            |
| No regular use                                      | 221                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                       | 29                                    | 1.11        | 0.75, 1.63 | 1.11       | 0.75, 1.63 | 1.08        | 0.73, 1.59 |
| 5-7 days/week                                       | 49                                    | 0.96        | 0.71, 1.31 | 0.97       | 0.71, 1.32 | 0.90        | 0.66, 1.23 |
| Missing   | 2                                     |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for ≥ 1 year</b>        |                                       |             |            |            |            |             |            |
| No  | 261                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 40                                    | 1.03        | 0.74, 1.44 | 1.03       | 0.74, 1.44 | 0.96        | 0.68, 1.34 |
| <b>Non-aspirin NSAID duration:</b>                  |                                       |             |            |            |            |             |            |
| No regular use                                      | 261                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 28                                    | 1.08        | 0.73, 1.60 | 1.09       | 0.74, 1.61 | 1.03        | 0.70, 1.53 |
| 5+ years  | 12                                    | 0.94        | 0.53, 1.68 | 0.94       | 0.53, 1.68 | 0.83        | 0.45, 1.49 |
| Missing   | 0                                     |             |            |            |            |             |            |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>        |                                       |             |            |            |            |             |            |
| No  | 143                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 158                                   | 0.93        | 0.75, 1.17 | 0.94       | 0.75, 1.18 | 0.89        | 0.71, 1.12 |
| <b>Any NSAIDs frequency:</b>                        |                                       |             |            |            |            |             |            |
| No regular use                                      | 143                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                       | 86                                    | 0.89        | 0.68, 1.16 | 0.90       | 0.69, 1.17 | 0.84        | 0.64, 1.10 |
| 5-7 days/week                                       | 67                                    | 0.97        | 0.73, 1.30 | 0.97       | 0.73, 1.30 | 0.94        | 0.70, 1.26 |
| Missing   | 5                                     |             |            |            |            |             |            |

**Table 11 (continued)**

| Risk Factor                                     | Cases<br>Stages I<br>to IV<br>(n=301) | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|---------------------------------------|-------------|------------|------------|------------|-------------|------------|
|   |                                       | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs ~daily for ≥ 1 year</b>           |                                       |             |            |            |            |             |            |
| <b>No</b>                                       | 216                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 85                                    | 0.90        | 0.70, 1.16 | 0.91       | 0.71, 1.17 | 0.86        | 0.66, 1.10 |
| <b>NSAIDs duration:</b>                         |                                       |             |            |            |            |             |            |
| <b>No regular use</b>                           | 216                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>&lt; 5 years</b>                             | 48                                    | 0.89        | 0.65, 1.21 | 0.89       | 0.65, 1.22 | 0.86        | 0.63, 1.18 |
| <b>5+ years</b>                                 | 37                                    | 0.93        | 0.65, 1.31 | 0.93       | 0.66, 1.32 | 0.86        | 0.60, 1.22 |
| <b>Missing</b>                                  | 0                                     |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months</b> |                                       |             |            |            |            |             |            |
| <b>No</b>                                       | 236                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 64                                    | 0.94        | 0.71, 1.23 | 0.93       | 0.71, 1.23 | 0.90        | 0.68, 1.19 |
| <b>Missing</b>                                  | 1                                     |             |            |            |            |             |            |
| <b>Acetaminophen frequency:</b>                 |                                       |             |            |            |            |             |            |
| <b>No regular use</b>                           | 236                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>1-4 days/week</b>                            | 40                                    | 0.98        | 0.70, 1.37 | 0.98       | 0.70, 1.37 | 0.95        | 0.68, 1.33 |
| <b>5-7 days/week</b>                            | 16                                    | 0.71        | 0.43, 1.18 | 0.72       | 0.43, 1.19 | 0.69        | 0.41, 1.15 |
| <b>Missing</b>                                  | 9                                     |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for ≥ 1 year</b>        |                                       |             |            |            |            |             |            |
| <b>No</b>                                       | 290                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>Yes</b>                                      | 11                                    | 0.56        | 0.31, 1.02 | 0.56       | 0.31, 1.03 | 0.53        | 0.29, 0.98 |
| <b>Missing</b>                                  | 0                                     |             |            |            |            |             |            |
| <b>Acetaminophen duration:</b>                  |                                       |             |            |            |            |             |            |
| † <b>No regular use</b>                         | 290                                   | 1.00        |            | 1.00       |            | 1.00        |            |
| <b>&lt; 5 years</b>                             | 4                                     |             |            |            |            |             |            |
| <b>5+ years</b>                                 | 7                                     |             |            |            |            |             |            |
| <b>Missing</b>                                  | 0                                     |             |            |            |            |             |            |

\*Proportional hazards regression models.

\*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

† Too few invasive breast cancer cases to estimate relative hazard associated with medication use.

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**3.0 CIRULATING LEVELS OF SOLUBLE TUMOR NECROSIS FACTOR-ALPHA  
RECEPTORS I AND II AND MAMMOGRAPHIC DENSITY AMONG  
POSTMENOPAUSAL WOMEN: THE MAMMOGRAMS AND MASSES STUDY  
(MAMS)**

To be submitted for publication

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**Running Title:** sTNFR-I, sTNFR-II and mammographic density

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### 3.1 ABSTRACT

**Background:** Mammographic density is one of the strongest risk factors for breast cancer. Exactly how mammographic density increases breast cancer risk is unknown, although it has been posited that dense breast areas may reflect exposure to estrogen. The cytokine tumor necrosis factor (TNF)-alpha has a central role in regulating estrogen synthesis in the breast. Circulating TNF receptors may block TNF- $\alpha$  activity, thereby preventing induction of COX-2 gene expression, thus resulting in decreased aromatase activity, and ultimately suppression of estrogen biosynthesis in the breast.

**Methods:** The association between mammographic density and plasma levels of soluble TNF receptors (sTNFR1 and sTNFR2) was examined among 376 cancer-free, mostly white, postmenopausal women, participating in a cross-sectional study of mammographic density (Pittsburgh, PA, 2001-2005). Women were not taking hormone therapy at the time of blood collection. Percent breast density was calculated using a quantitative method (planimetry).

**Results:** The mean percent mammographic density was lower among women in the highest quartiles of circulating levels of sTNFR1 and sTNFR2. After adjustment for BMI, the inverse association initially observed between the circulating sTNFRs and percent mammographic density disappeared. While not the primary aim of the study, recent NSAID use reported at blood collection was associated with lower percent mammographic density.

**Conclusion:** Our findings suggest that mammographic density is independent of circulating sTNFRs in postmenopausal women.

## 3.2 INTRODUCTION

Breast cancer is the most common cancer in women around the world; in the United States this year, it is expected that breast cancer alone will account for 31% (212,920) of all new cancer cases among women and 40,970 women are expected to die from the disease (1). Mammographic density is a known risk factor for breast cancer (2, 3). The histologic composition of the breast is reflected mammographically by density and parenchymal pattern. The higher the fat content of the breast the lower the radiologic density. Conversely, a high proportion of connective, ductal/epithelial, and glandular tissue increases density (4-7). Notably, the risk associated with mammographic density is greater than that associated with almost all other risk factors for breast cancer (3, 8). Therefore, understanding factors that affect breast density and their underlying mechanism is an important research question.

Many reproductive and hormonal factors associated with breast cancer (9-12) are also associated with breast density. For instance, increased mammographic density is observed in nulliparous women, and in women with a later age at first birth and later age at menopause (3, 9, 10, 13-20); similar relationships have been observed for these reproductive factors with respect to breast cancer risk (21). A positive association between hormone therapy (HT) and density further supports a hormonal influence on breast density (3, 11, 22). Together, these observations suggest that the radiologic features of breast tissue may provide an index of breast tissue exposure to current and past endocrine events that influence breast cancer susceptibility (23).

The cytokine tumor necrosis factor (TNF)-alpha, secreted by macrophages of the immune system and also by adipocytes, has a central role in regulating estrogen synthesis within both normal and malignant breast tissue (24-26). Further, TNF- $\alpha$  is one of the most potent promoters of the aromatase gene, CYP19, resulting in the peripheral conversion of androgens to estrogens in adipose tissue (27). TNF- $\alpha$  induces a range of inflammatory enzymes, including cyclooxygenase (COX)-2. COX-2 cyclizes and oxygenates arachidonic acid eventually producing prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) (28, 29). COX-2 is believed to drive production of estrogen in the breast, in turn facilitating tumorigenesis (30), as evidenced by a positive correlation between 1) the level of COX-2 and expression of CYP19 in human breast cancer (31) and 2)

increased aromatase gene (P450) expression, the product of CYP19, in cultured breast cells (29, 32). This paracrine loop may explain why inhibition of COX-2 activity could have a protective effect on breast cancer (33) and quite possibly, mammographic density. TNF- $\alpha$  exerts its effects by binding to two transmembrane cell surface receptors: TNF receptor 1 (TNFR1, also referred to as p55, p60, TNFRSF1A) and the TNF receptor 2 (TNFR2, p75, p80, TNFRSF1B) (34, 35), both of which are expressed in virtually all mammalian cells, including mammary epithelial cells (36). The TNFRs have similar ligand-binding domains, but each differs in cytoplasmic domains, suggesting distinct signal transduction pathways. TNF- $\alpha$  binds to the two receptors with similar affinity; when engaged, the extracellular domains of the soluble TNF receptors (sTNFRs) may be shed into the circulation (35). These shed sTNFRs can compete for TNF- $\alpha$  with cell surface receptors and thus block TNF- $\alpha$  activity (37).

To date, only one nested case-control study has prospectively examined the relationship between serum levels of sTNFRs and breast cancer risk (38). The investigators found no association between serum levels of the soluble receptors TNFR1 and TNFR2 and breast cancer risk; however, this study had limited power to detect an association in postmenopausal women, with only 61 postmenopausal case-control pairs (38). In light of the evidence linking TNF- $\alpha$  to estrogen synthesis and cellular proliferation in the breast, and the potential for sTNFRs to inhibit TNF- $\alpha$ , we sought to examine the association between circulating sTNFR1 and sTNFR2 levels with mammographic density among cancer-free postmenopausal women.

### 3.3 METHODS

The Mammograms and Masses Study (MAMS) is a cross-sectional study of correlates of mammographic density. Pre- and postmenopausal women were recruited between 2001 and 2005 through the Magee Womens Hospital Mammographic Screening and Diagnostic Imaging Program in the greater Pittsburgh area (Pennsylvania, USA). Women were excluded from the study if they reported a previous personal history of any cancer (except nonmelanoma skin cancer). Volunteers arose from two sources: 1) women undergoing outpatient needle breast biopsy through the Breast Biopsy Service at Magee-Womens Hospital (Pittsburgh, PA) and 2) women receiving screening mammography through Magee-Womens Hospital or through a

suburban Pittsburgh Magee Womancare Center. To identify and recruit eligible participants, a trained research assistant personally solicited patients visiting the Breast Biopsy Service between September 2001 and May 2005 and women visiting Magee-Womencare Center North (Wexford, PA) and East (Monroeville, PA) between July 2002 and September 2003. To boost recruitment, Magee-Womens Hospital attached study flyers to screening result reports mailed to Magee-Womancare Center patients with negative mammography between November 2003 and April 2005. The procedures followed were in accordance with both the Magee-Womens Hospital and the University of Pittsburgh's Institutional Review Boards, and all participants gave informed consent.

For this ancillary study, only cancer-free postmenopausal women were considered because both cytokine levels (39) and mammographic density (40) vary with the menstrual cycle. In addition, we excluded women who were taking hormone therapy at study enrollment, the time of blood draw, as HT use is related to elevations in mammographic density (3, 11, 22), and the relationship between HT and circulating sTNFR levels has not been well-established (41). We further restricted the population to women with completed study questionnaires and available sTNFR and mammographic density results. Of 856 Breast Biopsy Service patients approached, 573 (67%) women lacked a personal cancer history, provided informed consent, completed a personal interview, and provided a blood sample. A subsequent review of breast biopsy pathology reports verified non-breast cancer outcomes in 311 (54% of 573) women and confirmed primary breast cancer in 262 (46% of 573) women; breast cancer cases were excluded from this report. Of the 311 cancer-free women, 109 (35% of 311) were postmenopausal and not taking HT at study enrollment. Of these, 69 (63% of 109) had available questionnaire, sTNFR and mammographic density results. Of approximately 100 Magee-Womancare Center North and East patients approached directly, 86 women lacked a personal cancer history, provided informed consent, completed a personal interview, and provided a blood sample. Subsequent follow-up verified non-breast cancer outcomes in 85 (99%) women and a primary breast cancer in one remaining woman; this breast cancer case was excluded. Of the 85 cancer-free women, 43 (51%) were postmenopausal and not taking HT at study enrollment; of these, 30 (70%) had available questionnaire, sTNFR and mammographic density results. Finally, mailing study flyers to 21,606 women with negative mammography produced 1,025 responses (5%), including 857 (84% of 1,025) responses from women without a personal cancer history. Of 451 (53% of 857)



women providing informed consent and a blood sample, 297 (66% of 451) were postmenopausal and not taking HT at study enrollment. Of the 297 women, 277 (93%) had available questionnaire, sTNFR and mammographic density results. Thus, 376 women, consisting of 69 (18%) from the Breast Biopsy Service, 30 (8%) from Magee-Womancare Center North/East, and 277 (74%) from the mass mailings, were included in the present analysis. The 376 women were similar to the 73 women who were excluded due to missing questionnaire and/or mammographic density results with respect to age and body mass index; however, women excluded from the present study were less likely to attend post-secondary education, to walk for exercise, and to be nulliparous, and they were more likely to have been enrolled in the Breast Biopsy Service. Women excluded from the study due to missing questionnaire data were very similar to the 376 women with respect to mammographic density.

### **3.3.1 Data collection**

At study enrollment, trained clinical staff conducted a personal interview and recorded information on standardized study forms including age, race, menopausal status, history of hormone therapy use, aspirin or other anti-inflammatory drug use in the last 48 hours, weight without shoes or heavy clothing (measured in kilograms with a standard balance beam scale), and height without shoes at full inspiration (measured in centimeters with a stadiometer). Weight and height were used to calculate body mass index (BMI, weight in kilograms divided by height in meters squared).

Lifestyle and reproductive history were obtained through a standardized self-administered take-home questionnaire, including education (high school graduate vs. any post-secondary education), cigarette smoking (current, former, never), number of alcohol drinks per week (among those who reported consuming alcohol  $\geq 1$ /week for  $\geq 6$  months), takes walks for exercise  $\geq 10$  minutes without stopping (rarely/1-3 times per month vs. at least 2-3 times per week), parity, breastfeeding duration (never or  $\leq 1$  month, 1-12 months, 13+ months), type of menopause (surgical vs. natural), and number of breast biopsies prior to study enrollment (0, 1, 2+). Current alcohol use was defined as reported consumption of beer, wine, or spirits for  $\geq 1$ /week for  $\geq 6$  months during the year prior to study enrollment. Ethanol exposure in grams/day was calculated and standardized across the different types of alcoholic beverages as

previously reported (42). Current alcohol consumption was defined as: no current use, <12 g/day (the equivalent of ~1 alcoholic beverage/day), ≥12 g/day. A family history of breast cancer was defined as a report of breast cancer in a participant's mother or sister. Age at menarche (<12, 12-13, ≥14) and age at first live birth (<30 vs. ≥30 or nulliparous) were categorized according to the Gail Model for 5-year risk of breast cancer (43). Age at menopause was defined according to methods outlined by the Women's Health Initiative (44), where age at menopause was the minimum age at which the participant last had any natural menstrual bleeding, had a bilateral oophorectomy, or began using HT. For a hysterectomized woman without a bilateral oophorectomy, age at menopause was the earliest age at which she began using HT or first had menopausal symptoms. If neither occurred and her age at hysterectomy was 50 years or older, then age at menopause was her age at hysterectomy (44). In this report, one participant has a missing value for her age at menopause because she: 1) did not have a hysterectomy, and 2) has a missing value for age last had any menstrual bleeding, and 3) has a missing value for age of bilateral oophorectomy, and 4) has a missing value for age beginning HT. An additional nine participants have a missing value for their age at menopause because they: 1) had a hysterectomy, but not a bilateral oophorectomy, and 2) had their hysterectomy when <50 years of age, and 3) had a missing value for age beginning HT, and 4) had a missing value for age at which she first experienced menopausal symptoms. All ten women missing age at menopause were age 51 or greater at study enrollment. Years since menopause was calculated by subtracting age at menopause from age at study enrollment.

### **3.3.2 Non-steroidal anti-inflammatory drug exposure**

Non-steroidal anti-inflammatory drug use among MAMS participants was recorded in three different ways. First, at study enrollment, trained clinical staff asked participants if they had used aspirin or another anti-inflammatory agent within the last 48 hours (yes/no). Second, medication use was self-reported in the study questionnaire, with an open-ended question asking participants to list all medications they were currently taking. Lastly, in February 2005, IRB-approval was obtained to send a follow-up questionnaire to capture medications participants may have taken for pain or inflammation prior to study enrollment. The follow-up survey was sent to all MAMS participants who indicated on their study consent form that they agreed to be

contacted by researchers at a future time to answer additional questions. All 376 women included in the present study had agreed to follow-up. To date, 304 (81%) of the follow-up surveys for participants included in this report have been returned, reviewed, and entered into the MAMS database. Each mini-survey was accompanied with a personalized cover letter explaining that investigators were interested in learning about medications taken for pain or inflammation before study enrollment, and each woman's enrollment date was clearly specified in the cover letter and throughout the mini-survey in bold face type. Participants were asked to look at three lists of medications and then to answer the question, "During the year before you joined our study, did you ever take any of these products on a regular basis—that is, for at least once a week, every week, for 6 months or more?" Separate lists were shown for aspirin (e.g. Aspirin, Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Emprin, Another Aspirin Product), acetaminophen (e.g. Tylenol, Anacin III, Acetaminophen, APAP), and non-aspirin NSAIDs (e.g. Advil, Nuprin, Ibuprofen, Motrin, Naproxen). If the answer was yes, participants were asked to indicate for how many days per week (1, 2-4, or 5-7), on average, they took each type of medication. Participants were also asked for duration of use (in months) for each type of medication. We used information from both questions to create a new variable indicating daily use of each medication for one year or more (yes/no). In this report, "any NSAID" combines the use of aspirin and non-aspirin NSAIDs. After editing study questionnaires for completeness and consistency, a trained research assistant telephoned subjects, when necessary, to retrieve missing information and to resolve inconsistencies.

### **3.3.3 Mammographic density assessment**

Copies of screen-film mammograms completed within ~4.5 months of study enrollment (95% completed within 3 months; mean (SD) =33 (24) days), were assessed by a consultant expert reader (M Salane), initially trained by Wolfe in both Wolfe's method and planimetry (7). With respect to women enrolled through the Breast Biopsy Service, the unaffected side was sent for evaluation, with the exception of five women, for whom only the affected side was available and assessed. The cranio-caudal view of one breast chosen at random was evaluated for each participant. For two women, only the medio-lateral view was available and assessed. Density measurements from both sides and views have shown a high degree of symmetry (45).

Both a qualitative method, Wolfe's classification, and a quantitative method were used to assess breast density. As Wolfe's classification method is subjective and may vary between observers (46), the quantitative measurements have been deemed more effective in identifying women at increased risk for developing breast cancer (47, 48). Indeed, the majority of studies have shown a stronger association with breast cancer risk for the quantitative methods than for those using Wolfe's classification (3). For this analysis, we therefore chose to examine the quantitative measures only. Using the mammogram image and excluding biopsy scars, Cooper's ligaments, and breast masses, the reader used a wax pencil to outline the entire breast and the portions of breast containing radio-densities. The reader used a compensating polar planimeter (LASICO, Los Angeles, CA) and traced the outline of the entire breast and outlines of dense breast to compute total breast area and dense breast area, respectively. Percentage breast density was calculated by dividing the dense breast area by the total area. Nondense area was calculated by subtracting dense breast area from total breast area. All films were relabeled with a study ID so that the reader remained masked to the participant's identity. We assessed the internal reliability of the reader's readings by randomly sending a masked set of 28 mammograms (8 from the lowest tertile of percent breast density, and 10 each from the remaining two tertiles of percent breast density) for re-review. The intraclass correlation coefficient (ICC) for intra-observer agreement was  $\rho=0.86$  for the continuous measurement of area of dense tissue,  $\rho=0.99$  for total area of the breast, and  $\rho=0.89$  for the measurement of percent breast density. Our ICC estimate for percent breast density is consistent with estimates reported by Boyd et al. (49), who observed an ICC of  $\rho=0.897$  for 150 sets of films in the Canadian National Breast Screening Study, and Byrne et al. (50), who reported an ICC of  $\rho=0.93$  for computer-assisted breast density measurements in the Nurses' Health Study. In addition, the reader's reproducibility in our study is comparable to her reliability as evaluated in the Breast Cancer Detection Demonstration Project (BCDDP), with an ICC of  $\rho=0.915$  (adjusted for case status, age, weight, and film type) for measurement of percent breast density in 193 sets of films (51).

### **3.3.4 Biological specimen collection**

At study enrollment, trained clinical staff drew 40 mL of peripheral blood using standardized phlebotomy procedures; 20 mL was collected with EDTA anticoagulant, which provided 8 mL of plasma. The blood was processed immediately according to standardized protocols at the Magee Womens Hospital Satellite Clinical Research Center. Plasma was separated and placed into individually-labeled 1 mL cryovials and stored at  $-70^{\circ}\text{C}$  until analyzed.

### **3.3.5 Soluble TNFR1 and TNFR2 assays**

We used the Laboratory for Clinical Biochemistry Research at the University of Vermont (RP Tracy) and commercially available sTNFR1 and sTNFR2 antibody bead kits for human plasma (BioSource International, Camarillo, CA, USA) to measure sTNFR1 and sTNFR2 plasma levels. Multiplex immunoassays, combining the principle of a sandwich immunoassay with fluorescent-bead-based technology, were conducted according to the manufacturer's specifications. To minimize inter-assay variability, all assays were performed with a single lot of sTNFR kits for human plasma. The plates were read on a Bio-Rad Bio-Plex instrument (Hercules, CA) using Bio-Plex Manager Software Version 3.0, with the instrument calibrated using a low RP1 setting, and gates adjusted to 3000 and 10000. The standard curve ranges were 23,400 to 30 pg/mL and 11,400 to 20 pg/mL for sTNFR1 and sTNFR2, respectively. All samples read well within the standard curve range, with the exception of one potential outlier point for sTNFR1 (23,442.3 pg/mL). Assays were run in duplicate and were performed by two different technicians, who were masked to the mammographic density results. Using control plasma, the laboratory reported within-assay coefficients of variation of 17.5% and 17.4% for sTNFR1 and sTNFR2 concentrations, respectively. The inter-assay coefficients of variation calculated from the analytic results for 40 masked duplicate plasma samples were 30.0% and 22.4% for sTNFR1 and sTNFR2 concentrations, respectively.

### 3.3.6 Statistical analysis

Descriptive statistics for all baseline measures were calculated (means for continuous measures and frequencies for nominal variables) to assess the distribution of demographic variables and potential confounding variables. Baseline characteristics were compared across quartiles of percent mammographic density, sTNFR1, and sTNFR2 using generalized linear models (analysis of variance) for continuous measures and the chi-squared test for discrete measures. Fisher's exact test for discrete measures was used when expected cell counts were less than five. Pearson's correlation was used to examine the magnitude of the relationship between sTNFR1, sTNFR2 and percent mammographic density. Fisher's z transformation was used to estimate 95% confidence limits for the correlation coefficients. Although percent mammographic density was the primary focus of this study, the best method of utilizing the information obtained from the dense and nondense components of a mammogram is currently under debate (52). We therefore report the associations between the sTNFRs and dense breast area, total breast area, and nondense breast area for descriptive purposes only, as we did not account for these multiple comparisons *a priori*.

Age at enrollment, BMI (kg/m<sup>2</sup>), history of breast biopsy prior to study enrollment (yes/no), former hormone therapy use (yes/no), current alcohol use (yes/no), age at first birth (<30 vs. ≥30 or nulliparous), education (high school graduate vs. any post-secondary education), aspirin or other anti-inflammatory drug use with 48 hrs of blood draw (yes/no), age at menopause (continuous), years since menopause (continuous), site of enrollment (Breast Biopsy Service vs. screening mammography), number of live births (0, 1, 2, 3, 4, or 5+; continuous), nulliparity (yes/no), current bisphosphonate use (e.g. Risedronate, Alendronate; yes/no), and laboratory technician (tech #1 vs. #2) were all evaluated as potential confounding variables due to their known associations with breast density or with sTNFRs, evidence for a difference in the covariate across quartiles of percent breast density or sTNFRs (p<0.10), or concerns about possible bias due to use of two different laboratory technicians. Since age and BMI have been previously shown to be positively associated with circulating sTNFR levels (53-55) and negatively associated with percent mammographic density (56-62), the multivariate linear regression models assessing the relation between the sTNFRs and percent mammographic

density were first adjusted for age, and then for age and BMI. We then used forward, stepwise multivariable linear regression to develop a model describing the factors associated with percent breast density (excluding sTNFR1 and sTNFR2). The model building process proceeded as follows. First, we separately regressed on the outcome variable (percent mammographic density) each potential confounding variable. The variable that explained the largest proportion of the variation in percent breast density ( $R^2$ ) was then selected as the first variable to be entered into the regression equation. Each remaining explanatory variable was then regressed on percent breast density jointly with the first variable, and partial F statistics were determined. The variable with the largest partial F statistic (providing the largest gain in explanatory power) was then added as the second variable in the multiple regression equation (p-value to enter model=0.10), and this process was repeated for the remaining variables until the final model was reached (e.g. the test for the partial F statistic was not significant for the variables not yet in the model). Finally, multiple linear regression was used to assess the relation of the sTNFRs with percent breast density controlling for: 1) age, 2) age and BMI, 3) covariates determined to explain the largest proportion of variation in percent breast density in the stepwise linear regression process described above, and 4) any other covariate shown to be significantly associated ( $p < 0.05$ ) with percent breast density in separate linear regression models. Nine women reported using hormone therapy within 3 months, but not within the 2 weeks, prior to study enrollment (blood draw); analyses were run with and without these women, and results remained essentially the same. Likewise, analyses were run with and without the potential outlier for sTNFR1; again, results remained essentially the same, and the participant was not excluded from analyses. sTNFR1 levels were natural logarithm transformed to meet correlation and regression assumptions. Both mammographic density and sTNFR2 levels were normally distributed and analyses were conducted with these variables in the natural scale. Bonferroni correction was used to control for Type I error across the 2 cytokine comparisons; a p-value of less than 0.025 ( $0.05/2$ ) was required for statistical significance. All tests of statistical significance were two-tailed. Analyses were performed using SAS software release 8.02 (SAS Institute Inc., Cary, NC).

### 3.4 RESULTS

Among the 376 MAMS participants in this report, the mean (SD) age was 62 (8) years, ranging from 42-85 (Table 12). The majority of the population was Caucasian (94%) and attended post-secondary education (75%). The mean (SD) years since menopause was 14 (10), ranging from 1-43. The mean (SD) percent breast density was 29.7% (19.5), ranging from 0-94.9%. sTNFR1 and sTNFR2 levels were positively correlated with one another ( $r=0.49$ ,  $p<0.0001$ ). One hundred sixty three (44%) of this population reported taking aspirin or another anti-inflammatory agent within 48 hours of blood draw, a proportion similar to those who reported current use of aspirin and non-aspirin NSAIDs medications in their original study questionnaire (40%), and slightly less than those who reported any NSAID use at least once a week in the 12 months prior to study enrollment in their follow-up questionnaire (51%) (Table 13).

Table 14 shows the characteristics of the study population by quartiles of percent mammographic density. Women with higher percent mammographic density were younger, and thus had fewer years since menopause; had a lower BMI; were more likely to have attended post-secondary education, to report current consumption of alcohol, to be nulliparous and/or have a later age at first birth, to be former hormone therapy users, and to report a history of breast biopsy; and were less likely to have taken aspirin or another anti-inflammatory agent at blood draw than women with lower percent mammographic density. No other self-reported medication use was related to percent mammographic density.

In contrast, women with higher sTNFR1 and sTNFR2 levels had a higher BMI than women with lower sTNFR levels (Tables 15 and 16). Women with higher sTNFR1 were more likely to be enrolled in the Breast Biopsy Service, and tended to be less likely to have a family history of breast cancer than women with lower sTNFR1 levels, although this difference was not statistically significant. Women with higher sTNFR2 levels were older, had a greater number of years since menopause and were less educated than women with lower sTNFR2 levels. Self-reported current use of bisphosphonates in the study questionnaire differed across quartiles of sTNFR2, but no clear pattern emerged.



Before adjusting for covariates, both sTNFR1 and sTNFR2 were inversely correlated with percent mammographic density to a similar degree ( $r = -0.14$ ,  $p=0.007$ , and  $r = -0.13$ ,  $p=0.01$ , respectively) (Table 17). As expected, the opposite relationship was observed for total breast area and nondense breast area, which were both positively correlated with sTNFR1 and sTNFR2 levels (Tables 19 and 20). However, sTNFR levels did not appear to be associated with the dense area of the breast ( $r= -0.05$ ,  $p=0.31$  and  $r = -0.02$ ,  $p=0.65$ ) (Table 18).

Results of the multivariable linear regression analyses are shown in Tables 21-24. The inverse associations observed between the sTNFRs and percent mammographic density remained after adjustment for age (Table 21); however, age and each sTNFR explained only 3% of the variation in percent mammographic density ( $R^2=0.03$ ). After adjustment for BMI, 24% of the variation in percent mammographic density was explained, but the inverse association between the sTNFRs and percent mammographic density diminished and was no longer statistically significant. The covariates associated with percent mammographic density in the stepwise model were age, BMI, ever had breast biopsy prior to enrollment, nulliparity and current alcohol consumption. Addition of these covariates, along with others individually associated with percent breast density, did not further influence the relationship between the sTNFRs and percent mammographic density, and increased the  $R^2$  to 28% and 30%, respectively. No association was observed between the sTNFRs and dense breast area (Table 22), while positive age-adjusted associations resulted between the sTNFRs and both total and nondense breast areas (Tables 23 and 24). Again, these associations were no longer apparent after adjustment for BMI.

### 3.5 DISCUSSION

In this cross-sectional study of cancer-free, postmenopausal women, we investigated the association between circulating soluble TNF-alpha receptors-I and II with percent mammographic density. Although previous studies have suggested distinct signal transduction pathways for sTNFR1 and sTNFR2 (35), both receptors had similar relationships with mammographic density. The mean percent mammographic density was lower among women in the highest quartiles of circulating levels of sTNFR1 and sTNFR2. After adjustment for BMI, the inverse association initially observed between the circulating sTNFRs and percent

mammographic density disappeared. Thus, these data do not support an independent association between sTNFR1, sTNFR2, and percent mammographic density.

To our knowledge, this is the first study to examine the association between circulating sTNFRs and percent mammographic density. We chose to evaluate percent mammographic density, as the percentage appears to confer a greater risk and is the measure reported in the vast majority of studies (8, 63-65). Our initial findings of an inverse correlation between the sTNFRs and percent breast density were consistent with the idea that circulating sTNFRs may block TNF- $\alpha$  activity (37), thereby preventing induction of COX-2 gene expression (33), resulting in decreased biosynthesis of estrogen and ultimately reducing mammographic density, a marker of breast cancer risk. Furthermore, we observed positive correlations between the sTNFRs and the nondense area of the breast; most risk factors for breast cancer that are related to mammographic density have the opposite relationship with the nondense area of the mammogram, largely comprised of fat tissue (66). However, since body mass index correlates strongly and positively with both the nondense and total breast areas (52), and thus correlates inversely with percent breast density (60-62), potential confounding by adiposity is of particular concern when studying factors, such as circulating sTNFRs, which are positively correlated with BMI. Under such circumstances, investigators have recently argued for examination of the absolute area of dense breast tissue, instead of percent breast density (52, 67). Indeed, circulating sTNFRs were not associated with dense breast area, both before and after adjustment for potential confounding factors in our population.

In spite of the lack of a BMI-adjusted association between sTNFRs and mammographic density in this report, we cannot rule out the hypothesis that inflammation plays a role in mammographic density. Notably, MAMS participants who reported use of aspirin or another anti-inflammatory agent within 48 hours of blood collection were significantly more likely to have lower percent mammographic density. Consistent with this biologic mechanism, several epidemiologic studies have examined the association between use of NSAIDs and breast cancer risk (reviewed in (68) and (69)) with most, but not all (70, 71), of case-control studies finding risk reductions between ~20-40% (72-82). Results from prospective cohort studies have been less consistent, with seven studies finding no association (83-89), one study observing an increased risk (90), and five studies, including the WHI Observational Study, demonstrating a protective effect from use of NSAIDs (91-95). Recently the Women's Health Study, a

randomized controlled trial, found that alternate-day use of low-dose aspirin for an average of 10 years of treatment did *not* reduce the risk of breast cancer (96). Hence, while our finding may be biologically plausible, it is equally likely that this single association may have been a spurious finding due to multiple statistical comparisons. In addition, we observed no association between percent mammographic density and any of our other measures of NSAID exposure. Although previous studies have not evaluated the effect of aspirin and non-aspirin NSAIDs on mammographic density, several clinical trials are underway.

Some limitations of this study deserve consideration. The main limitation of this study is its cross sectional design. We only obtained one mammogram, and used a single measure of circulating sTNFRs, measured with fair reproducibility. Unlike TNF- $\alpha$ , however, which has a relatively short half-life in circulation, determination of sTNFR concentrations in healthy individuals at time lapses of one year demonstrated that the concentrations of the receptors are stable in each individual (correlation coefficients of 0.84 and 0.90 for sTNFR1 and sTNFR2, respectively), possibly reflecting genetically determined differences (97); this observation is supported by studies of identical twins, who unlike discordant twins, are more likely to have similar levels of sTNFRs (97). In addition, medication use was self-reported, and with the exception of a general question about use of “aspirin or anti-inflammatory agents in the last 48 hours” elicited by trained clinical staff, detailed use and dosage of specific medications were not recorded at the time of blood collection nor were they verified against pill bottles or prescription records. Self-reported information on duration and past use of NSAIDs in the MAMS follow-up survey is also subject to recall bias. For example, participants at a higher risk of breast cancer (and thus with greater breast density) may have been more likely to report NSAID use prior to study enrollment with greater frequency and duration; however, we did not observe any difference in mammographic density with self-reported use of any of the medications listed in follow-up survey. Finally, the lack of ethnic diversity within MAMS, in combination with the postmenopausal study population, reduces the generalizability of our findings to other ethnic groups and to younger women. Strengths of the study include the use of a quantitative, highly reproducible measure of mammographic density. Further, we assessed several reproductive and anthropometric variables potentially related to mammographic density and/or sTNFRs, and the relationships between these factors were consistent with previous studies of breast density (3, 9-11, 13-20, 22, 56-62, 98, 99) and sTNFR levels (53-55).

While the mechanism by which mammographic density increases breast cancer risk is unknown, it is thought that dense areas may be associated with increased cell proliferation (100). A recent retrospective study of diagnostic mammograms from women diagnosed with DCIS demonstrated that DCIS lesions occurred overwhelmingly in areas of mammographically dense tissue, suggesting that some characteristic of the dense tissue is directly influencing the carcinogenic process in the breast (101). While our findings suggest that mammographic density is independent of circulating sTNFRs in postmenopausal women, these findings should be replicated with improved measurement of sTNFRs in larger populations. We hope this report will encourage other investigators to examine potential mechanisms by which inflammation may be related to mammographic density and breast cancer risk.

**Table 12. Characteristics of the study population, Mammograms and Masses Study (2001-2005)**

| <b>Variable</b>   | <b>n=376</b> | <b>% or (range)</b> |
|---|--------------|---------------------|
| Clinic, %   |              |                     |
| Biopsy  | 69           | 18                  |
| Screening clinic  | 307          | 82                  |
| Age (years), <i>mean (SD)</i>                                     | 62 (8)       | (42-85)             |
| Race (%)  |              |                     |
| White   | 353          | 94                  |
| Other   | 23           | 6                   |
| Education level (%)   |              |                     |
| High school   | 93           | 25                  |
| > High school   | 274          | 75                  |
| Missing   | 9            |                     |
| Body mass index §, <i>mean (SD)</i>                               | 28.4 (6.1)   | (16.8-46.6)         |
| Cigarette Smoking (%)   |              |                     |
| Never   | 219          | 58                  |
| Former  | 133          | 35                  |
| Current   | 23           | 6                   |
| Missing   | 1            |                     |
| Cigarette Smoking (%)   |              |                     |
| Never   | 219          | 58                  |
| Ever  | 156          | 42                  |
| Missing   | 1            |                     |
| Current alcohol use $\geq$ 1/week for $\geq$ 6 months (%)         |              |                     |
| No  | 263          | 72                  |
| Yes   | 104          | 28                  |
| Missing   | 9            |                     |
| Current alcohol consumption $\geq$ 1/week for $\geq$ 6 months (%) |              |                     |
| No  | 263          | 72                  |
| Yes   |              |                     |
| <12g/day  | 68           | 19                  |
| $\geq$ 12g/day  | 35           | 9                   |
| Missing   | 10           |                     |
| Walks for exercise (%)  |              |                     |
| Rarely/1-3 times/month  | 148          | 40                  |
| At least 2-3 times/week   | 219          | 60                  |
| Missing   | 9            |                     |

**Table 12 (continued)**

| <b>Variable</b>                            | <b>n=376</b> | <b>% or (range)</b> |
|--|--------------|---------------------|
| Age at menarche (years), %                 |              |                     |
| <12  | 72           | 19                  |
| 12-13                                      | 223          | 59                  |
| ≥14  | 80           | 21                  |
| Missing                                    | 1            |                     |
| Nulliparous (%)                            |              |                     |
| No   | 295          | 78                  |
| Yes  | 81           | 21                  |
| Parity (%)                                 |              |                     |
| Nulliparous                                | 81           | 21                  |
| 1  | 43           | 11                  |
| 2  | 113          | 30                  |
| 3  | 79           | 21                  |
| 4  | 32           | 9                   |
| 5+   | 28           | 7                   |
| Age at first birth (years), %              |              |                     |
| <30  | 249          | 66                  |
| ≥30 or nulliparous                         | 127          | 34                  |
| Breastfeeding (%)                          |              |                     |
| Never or ≤1 month                          | 226          | 60                  |
| Ever                                       | 149          | 40                  |
| Missing                                    | 1            |                     |
| Breastfeeding (%)                          |              |                     |
| Never or ≤1 month                          | 226          | 60                  |
| Ever                                       |              |                     |
| 1-12 months                                | 97           | 26                  |
| ≥13 months                                 | 52           | 14                  |
| Missing                                    | 1            |                     |
| Age at menopause (years), <i>mean (SD)</i> | 48 (5)       | (26-60)             |
| Missing                                    | 10           |                     |
| Years since menopause, <i>mean (SD)</i>    | 14 (10)      | (1-43)              |
| Missing                                    | 10           |                     |
| Surgical menopause (%)                     |              |                     |
| No   | 340          | 93                  |
| Yes  | 26           | 7                   |
| Missing                                    | 10           |                     |

**Table 12 (continued)**

| <b>Variable</b>                        | <b>n=376</b>    | <b>% or (range)</b> |
|--|-----------------|---------------------|
| Hormone therapy (%)                    |                 |                     |
| Never use                              | 151             | 40                  |
| Past use                               | 225             | 60                  |
| Family history of breast cancer † (%)  |                 |                     |
| No                                     | 318             | 85                  |
| Yes                                    | 54              | 14                  |
| Missing                                | 4               |                     |
| Breast biopsy prior to enrollment (%)  |                 |                     |
| Never                                  | 305             | 81                  |
| Ever                                   | 70              | 19                  |
| Missing                                | 1               |                     |
| Breast biopsy prior to enrollment (%)  |                 |                     |
| 0                                      | 305             | 81                  |
| 1                                      | 48              | 13                  |
| 2+                                     | 22              | 6                   |
| Missing                                | 1               |                     |
| Dense breast area, <i>mean (SD)</i>    | 40.9 (26.2)     | (0-188.1)           |
| Total breast area, <i>mean (SD)</i>    | 162.5 (76.4)    | (31.6-442.0)        |
| Nondense breast area, <i>mean (SD)</i> | 121.5 (78.0)    | (3.6-389.0)         |
| % Breast density, <i>mean (SD)</i>     | 29.7 (19.5)     | (0-94.9)            |
| TNFR1 pg/mL, <i>mean (SD)</i>          | 2794.7 (2314.9) | (107.6-23442.29)    |
| TNFR2 pg/mL, <i>mean (SD)</i>          | 2662.6 (1202.8) | (84.3-8517.8)       |

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 13. Self-reported medication use in the Mammograms and Masses Study (MAMS), 2001-2005**

| <b>Variable</b>   | <b>n=376</b> | <b>%</b> |
|---|--------------|----------|
| <b>Aspirin or other anti-inflammatory agent within 48 hours of blood draw</b> |              |          |
| % yes   | 163          | 44       |
| Missing   | 2            |          |
| <b>Self-reported current medication use in study questionnaire:</b>           |              |          |
| Aspirin, % yes  | 111          | 29       |
| Non-aspirin NSAID, % yes  | 53           | 14       |
| Acetaminophen, % yes  | 22           | 6        |
| Any NSAID, % yes  | 150          | 40       |
| Cox-2 inhibitors, % yes   | 14           | 4        |
| Selective Estrogen Receptor Modulator (Raloxifene or Tamoxifen), % yes        | 31           | 8        |
| Bisphosphonates (Risedronate or Alendronate), % yes                           | 51           | 14       |
| <b>Self-reported medication use in NSAIDs follow-up questionnaire:</b>        |              |          |
| Aspirin $\geq$ 1/week in past 12 months, % yes                                | 122          | 40       |
| Missing   | 72           |          |
| Aspirin ~daily for 1 year or more, % yes                                      | 74           | 24       |
| Missing   | 72           |          |
| Non-aspirin NSAID $\geq$ 1/week in past 12 months, % yes                      | 69           | 23       |
| Missing   | 72           |          |
| Non-aspirin NSAID ~daily for 1 year or more, % yes                            | 19           | 6        |
| Missing   | 72           |          |
| Acetaminophen $\geq$ 1/week in past 12 months, % yes                          | 79           | 26       |
| Missing   | 73           |          |
| Acetaminophen ~daily for 1 year or more, % yes                                | 15           | 5        |
| Missing   | 73           |          |
| Any NSAID $\geq$ 1/week in past 12 months, % yes                              | 155          | 51       |
| Missing   | 72           |          |
| Any NSAID ~daily for 1 year or more, % yes                                    | 88           | 29       |
| Missing   | 72           |          |



**Table 14. Characteristics of the study population by percentage of mammographic density quartiles (Q), Mammograms and Masses Study (2001-2005), n=376**

| Variable   | Mammographic density (%) |                   |                   |                   | p-value |
|--|--------------------------|-------------------|-------------------|-------------------|---------|
|  | Q1<br>(0-14.0)           | Q2<br>(14.1-27.4) | Q3<br>(27.5-42.0) | Q4<br>(42.2-94.9) |         |
| Median % mammographic density                        | 8.6                      | 20.4              | 34.1              | 56.6              |         |
| Median sTNFR1 pg/mL                                  | 2612.9                   | 2522.7            | 2188.9            | 1961.5            |         |
| Median sTNFR2 pg/mL                                  | 2541.0                   | 2680.6            | 2497.5            | 2433.9            |         |
| <b>Mean (SD)</b>                                     |                          |                   |                   |                   |         |
| Age (years)  | 62 (8)                   | 63 (8)            | 63 (8)            | 60 (8)            | 0.03    |
| Body mass index §                                    | 32.0 (6.1)               | 29.7 (5.9)        | 27.2 (5.1)        | 24.7 (4.6)        | <0.0001 |
| Age at menopause (years)                             | 48 (5)                   | 48 (5)            | 48 (6)            | 48 (5)            | 0.83    |
| Missing  | 4                        | 5                 | 1                 | 0                 |         |
| Years since menopause                                | 14 (9)                   | 15 (10)           | 15 (10)           | 11 (9)            | 0.05    |
| Missing  | 4                        | 5                 | 1                 | 0                 |         |
| Dense breast area                                    | 15.8 (10.9)              | 36.4 (15.8)       | 45.9 (17.8)       | 65.6 (28.1)       | <0.0001 |
| Total breast area                                    | 213.3 (79.9)             | 183.6 (78.4)      | 134.3 (52.4)      | 118.7 (49.3)      | <0.0001 |
| Nondense breast area                                 | 197.6 (76.3)             | 147.2 (64.8)      | 88.4 (36.0)       | 53.1 (28.8)       | <0.0001 |
| <b>Frequency, n (%)</b>                              |                          |                   |                   |                   |         |
| Enrolled in biopsy clinic                            | 12 (13)                  | 14 (15)           | 19 (20)           | 24 (26)           | 0.10    |
| White  | 88 (94)                  | 86 (91)           | 90 (96)           | 89 (95)           | 0.65    |
| > High school  | 62 (67)                  | 63 (68)           | 72 (78)           | 77 (85)           | 0.02    |
| Missing  | 2                        | 2                 | 2                 | 3                 |         |
| Ever smoker  | 40 (43)                  | 39 (41)           | 43 (46)           | 34 (37)           | 0.64    |
| Missing  | 0                        | 0                 | 0                 | 1                 |         |
| Current alcohol consumption<br>≥1/week for ≥6 months | 15 (16)                  | 24 (26)           | 31 (34)           | 34 (37)           | 0.01    |
| Missing  | 2                        | 3                 | 2                 | 2                 |         |
| Walks for exercise at least 2-3<br>times/week        | 53 (58)                  | 47 (51)           | 58 (63)           | 61 (67)           | 0.14    |
| Missing  | 2                        | 2                 | 2                 | 3                 |         |
| Age at menarche (years)                              |                          |                   |                   |                   | 0.68    |
| <12  | 21 (22)                  | 19 (20)           | 19 (20)           | 13 (14)           |         |
| 12-13  | 53 (56)                  | 52 (56)           | 59 (63)           | 59 (63)           |         |
| ≥14  | 20 (21)                  | 22 (24)           | 16 (17)           | 22 (23)           |         |
| Missing  | 0                        | 1                 | 0                 | 0                 |         |
| Nulliparous  | 15 (16)                  | 15 (16)           | 20 (21)           | 31 (33)           | 0.01    |

**Table 14 (continued)**

| Variable   | Mammographic density (%) |                   |                   |                   | p-value |
|--|--------------------------|-------------------|-------------------|-------------------|---------|
|  | Q1<br>(0-14.0)           | Q2<br>(14.1-27.4) | Q3<br>(27.5-42.0) | Q4<br>(42.2-94.9) |         |
| Age at first birth $\geq$ 30 years or nulliparous                      | 27 (29)                  | 26 (28)           | 32 (34)           | 42 (45)           | 0.05    |
| Ever breastfed   | 37 (39)                  | 36 (38)           | 38 (40)           | 38 (41)           | 0.98    |
| Missing  | 0                        | 0                 | 0                 | 1                 |         |
| Surgical menopause   | 8 (9)                    | 10 (11)           | 4 (4)             | 4 (4)             | 0.17    |
| Missing  | 4                        | 5                 | 1                 | 0                 |         |
| Former hormone therapy use   | 44 (47)                  | 56 (60)           | 69 (73)           | 56 (60)           | 0.003   |
| Family history of breast cancer †                                      | 17 (18)                  | 13 (14)           | 8 (9)             | 16 (17)           | 0.25    |
| Missing  | 1                        | 1                 | 2                 | 0                 |         |
| Breast biopsy prior to enrollment                                      | 7 (7)                    | 14 (15)           | 22 (23)           | 27 (29)           | 0.001   |
| Missing  | 0                        | 1                 | 0                 | 0                 |         |
| Aspirin or other anti-inflammatory agent within 48 hours of blood draw | 53 (56)                  | 39 (41)           | 39 (42)           | 32 (34)           | 0.02    |
| Missing  | 0                        | 0                 | 1                 | 1                 |         |
| <b>Self-reported current medication use in study questionnaire:</b>    |                          |                   |                   |                   |         |
| Any NSAID  | 39 (41)                  | 39 (41)           | 37 (39)           | 35 (37)           | 0.92    |
| Selective Estrogen Receptor Modulator                                  | 8 (9)                    | 8 (9)             | 8 (9)             | 7 (7)             | 0.99    |
| Bisphosphonates  | 9 (10)                   | 11 (12)           | 18 (19)           | 13 (14)           | 0.25    |

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 15. Characteristics of the study population by sTNFR1 quartiles (Q), Mammograms and Masses Study (2001-2005), n=376**

| Variable   | sTNFR1 (pg/mL)           |                           |                           |                            | p-value |
|--|--------------------------|---------------------------|---------------------------|----------------------------|---------|
|  | Q1<br>(107.6-<br>1526.2) | Q2<br>(1530.7-<br>2348.3) | Q3<br>(2371.0-<br>3361.7) | Q4<br>(3369.7-<br>23442.3) |         |
| Median % mammographic density                        | 34.1                     | 25.0                      | 27.2                      | 21.2                       |         |
| Median sTNFR1 pg/mL                                  | 1070.9                   | 1865.7                    | 2757.3                    | 4322.2                     |         |
| Median sTNFR2 pg/mL                                  | 1813.5                   | 2280.2                    | 2630.8                    | 3243.1                     |         |
| <b>Mean (SD)</b>                                     |                          |                           |                           |                            |         |
| Age (years)  | 61 (8)                   | 62 (8)                    | 62 (8)                    | 62 (8)                     | 0.39    |
| Body mass index §                                    | 26.5 (5.2)               | 28.1 (5.2)                | 28.7 (5.9)                | 30.3 (7.3)                 | 0.0003  |
| Age at menopause (years)                             | 49 (5)                   | 48 (6)                    | 48 (5)                    | 49 (6)                     | 0.79    |
| Missing  | 1                        | 2                         | 2                         | 5                          |         |
| Years since menopause                                | 12 (9)                   | 15 (10)                   | 14 (10)                   | 14 (10)                    | 0.31    |
| Missing  | 1                        | 2                         | 2                         | 5                          |         |
| Dense breast area                                    | 44.2 (25.3)              | 37.7 (23.0)               | 41.7 (29.4)               | 40.1 (26.9)                | 0.39    |
| Total breast area                                    | 138.2 (60.5)             | 161.1 (72.1)              | 165.7 (76.4)              | 184.9 (87.7)               | 0.0004  |
| Nondense breast area                                 | 94.0 (56.9)              | 123.4 (70.3)              | 124.0 (80.5)              | 144.8 (92.3)               | 0.0001  |
| <b>Frequency, n (%)</b>                              |                          |                           |                           |                            |         |
| Enrolled in biopsy clinic                            | 10 (11)                  | 14 (15)                   | 20 (21)                   | 25 (27)                    | 0.03    |
| White  | 89 (95)                  | 88 (94)                   | 88 (94)                   | 88 (94)                    | 0.99    |
| > High school  | 76 (81)                  | 69 (76)                   | 67 (73)                   | 62 (69)                    | 0.29    |
| Missing  | 0                        | 3                         | 2                         | 4                          |         |
| Ever smoker  | 39 (41)                  | 40 (43)                   | 38 (40)                   | 39 (41)                    | 0.99    |
| Missing  | 0                        | 1                         | 0                         | 0                          |         |
| Current alcohol consumption<br>≥1/week for ≥6 months | 31 (33)                  | 25 (27)                   | 27 (30)                   | 21 (23)                    | 0.47    |
| Missing  | 1                        | 2                         | 3                         | 3                          |         |
| Walks for exercise at least 2-3<br>times/week        | 57 (61)                  | 56 (61)                   | 60 (65)                   | 46 (51)                    | 0.25    |
| Missing  | 0                        | 3                         | 2                         | 4                          |         |
| Age at menarche (years)                              |                          |                           |                           |                            | 0.96    |
| <12  | 18 (19)                  | 16 (17)                   | 18 (19)                   | 20 (22)                    |         |
| 12-13  | 57 (61)                  | 55 (59)                   | 55 (59)                   | 56 (60)                    |         |
| ≥14  | 19 (20)                  | 23 (24)                   | 21 (22)                   | 17 (18)                    |         |
| Missing  | 0                        | 0                         | 0                         | 1                          |         |
| Nulliparous  | 24 (26)                  | 17 (18)                   | 20 (21)                   | 20 (21)                    | 0.67    |

**Table 15 (continued)**

| Variable   | sTNFR1 (pg/mL)           |                           |                           |                            | p-value |
|--|--------------------------|---------------------------|---------------------------|----------------------------|---------|
|  | Q1<br>(107.6-<br>1526.2) | Q2<br>(1530.7-<br>2348.3) | Q3<br>(2371.0-<br>3361.7) | Q4<br>(3369.7-<br>23442.3) |         |
| Age at first birth $\geq$ 30 years or nulliparous                      | 37 (39)                  | 31 (33)                   | 29 (31)                   | 30 (32)                    | 0.6     |
| Ever breastfed   | 36 (39)                  | 38 (40)                   | 34 (36)                   | 41 (44)                    | 0.76    |
| Missing  | 1                        | 0                         | 0                         | 0                          |         |
| Surgical menopause   | 6 (6)                    | 8 (9)                     | 8 (9)                     | 4 (4)                      | 0.64    |
| Missing  | 1                        | 2                         | 2                         | 5                          |         |
| Former hormone therapy use   | 61 (65)                  | 54 (57)                   | 58 (62)                   | 52 (55)                    | 0.54    |
| Family history of breast cancer †                                      | 17 (18)                  | 18 (19)                   | 8 (9)                     | 11 (12)                    | 0.1     |
| Missing  | 2                        | 1                         | 1                         | 0                          |         |
| Breast biopsy prior to enrollment                                      | 17 (18)                  | 19 (20)                   | 16 (17)                   | 18 (19)                    | 0.94    |
| Missing  | 0                        | 1                         | 0                         | 0                          |         |
| Aspirin or other anti-inflammatory agent within 48 hours of blood draw | 45 (48)                  | 47 (50)                   | 33 (35)                   | 38 (41)                    | 0.17    |
| Missing  | 0                        | 0                         | 1                         | 1                          |         |
| <b>Self-reported current medication use in study questionnaire:</b>    |                          |                           |                           |                            |         |
| Any NSAID  | 42 (45)                  | 45 (48)                   | 33 (35)                   | 30 (32)                    | 0.08    |
| Selective Estrogen Receptor Modulator                                  | 9 (10)                   | 6 (6)                     | 9 (10)                    | 7 (7)                      | 0.81    |
| Bisphosphonates  | 15 (16)                  | 12 (13)                   | 14 (15)                   | 10 (11)                    | 0.72    |

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 16. Characteristics of the study population by sTNFR2 quartiles (Q), Mammograms and Masses Study (2001-2005), n=376**

| Variable   | sTNFR2 (pg/mL)          |                           |                           |                           | p-value |
|--|-------------------------|---------------------------|---------------------------|---------------------------|---------|
|  | Q1<br>(84.3-<br>1839.0) | Q2<br>(1845.0-<br>2523.8) | Q3<br>(2529.7-<br>3254.7) | Q4<br>(3260.2-<br>8517.8) |         |
| Median % mammographic density                        | 32.4                    | 24.4                      | 27.2                      | 24.3                      |         |
| Median sTNFR1 pg/mL                                  | 1520.3                  | 1989.3                    | 2677.0                    | 3325.0                    |         |
| Median sTNFR2 pg/mL                                  | 1456.5                  | 2232.8                    | 2856.7                    | 3958.2                    |         |
| <b>Mean (SD)</b>                                     |                         |                           |                           |                           |         |
| Age (years)  | 60 (7)                  | 61 (7)                    | 63 (9)                    | 64 (8)                    | 0.009   |
| Body mass index §                                    | 26.8 (5.3)              | 28.6 (5.9)                | 28.4 (6.1)                | 29.7 (6.7)                | 0.01    |
| Age at menopause (years)                             | 49 (5)                  | 49 (5)                    | 49 (5)                    | 47 (6)                    | 0.08    |
| Missing  | 1                       | 3                         | 1                         | 5                         |         |
| Years since menopause                                | 12 (9)                  | 12 (9)                    | 14 (10)                   | 17 (10)                   | 0.0008  |
| Missing  | 1                       | 3                         | 1                         | 5                         |         |
| Dense breast area                                    | 42.3 (25.2)             | 39.6 (24.0)               | 41.5 (25.1)               | 40.3 (30.4)               | 0.90    |
| Total breast area                                    | 139.0 (53.8)            | 170.6 (83.7)              | 164.4 (70.0)              | 175.8 (89.0)              | 0.005   |
| Nondense breast area                                 | 96.8 (56.0)             | 131.0 (86.9)              | 122.9 (70.8)              | 135.4 (88.9)              | 0.003   |
| <b>Frequency, n (%)</b>                              |                         |                           |                           |                           |         |
| Enrolled in biopsy clinic                            | 13 (14)                 | 19 (20)                   | 17 (18)                   | 20 (21)                   | 0.56    |
| White  | 87 (93)                 | 87 (93)                   | 90 (96)                   | 89 (95)                   | 0.74    |
| > High school  | 79 (86)                 | 72 (77)                   | 62 (67)                   | 61 (68)                   | 0.01    |
| Missing  | 2                       | 1                         | 2                         | 4                         |         |
| Ever smoker  | 39 (41)                 | 40 (43)                   | 37 (40)                   | 40 (43)                   | 0.98    |
| Missing  | 0                       | 0                         | 1                         | 0                         |         |
| Current alcohol consumption<br>≥1/week for ≥6 months | 33 (35)                 | 29 (31)                   | 22 (24)                   | 20 (22)                   | 0.17    |
| Missing  | 1                       | 0                         | 4                         | 4                         |         |
| Walks for exercise at least 2-3<br>times/week        | 58 (63)                 | 61 (66)                   | 54 (59)                   | 46 (51)                   | 0.21    |
| Missing  | 2                       | 1                         | 2                         | 4                         |         |
| Age at menarche (years)                              |                         |                           |                           |                           | 0.92    |
| <12  | 19 (20)                 | 19 (20)                   | 15 (16)                   | 19 (20)                   |         |
| 12-13  | 55 (59)                 | 56 (60)                   | 55 (59)                   | 57 (61)                   |         |
| ≥14  | 20 (21)                 | 19 (20)                   | 24 (26)                   | 17 (18)                   |         |
| Missing  | 0                       | 0                         | 0                         | 1                         |         |
| Nulliparous  | 19 (20)                 | 15 (16)                   | 26 (28)                   | 21 (22)                   | 0.27    |

**Table 16 (continued)**

| Variable   | sTNFR2 (pg/mL)          |                           |                           |                           | p-value |
|--|-------------------------|---------------------------|---------------------------|---------------------------|---------|
|  | Q1<br>(84.3-<br>1839.0) | Q2<br>(1845.0-<br>2523.8) | Q3<br>(2529.7-<br>3254.7) | Q4<br>(3260.2-<br>8517.8) |         |
| Age at first birth $\geq$ 30 years or nulliparous                      | 32 (34)                 | 31 (33)                   | 36 (38)                   | 28 (30)                   | 0.67    |
| Ever breastfed   | 45 (48)                 | 30 (32)                   | 39 (41)                   | 35 (37)                   | 0.13    |
| Missing  | 1                       | 0                         | 0                         | 0                         |         |
| Surgical menopause   | 3 (3)                   | 10 (11)                   | 8 (9)                     | 5 (6)                     | 0.19    |
| Missing  | 1                       | 3                         | 1                         | 5                         |         |
| Former hormone therapy use   | 58 (62)                 | 57 (61)                   | 55 (59)                   | 55 (59)                   | 0.96    |
| Family history of breast cancer †                                      | 19 (20)                 | 11 (12)                   | 13 (14)                   | 11 (12)                   | 0.31    |
| Missing  | 0                       | 1                         | 2                         | 1                         |         |
| Breast biopsy prior to enrollment                                      | 19 (20)                 | 15 (16)                   | 22 (23)                   | 14 (15)                   | 0.42    |
| Missing  | 0                       | 1                         | 0                         | 0                         |         |
| Aspirin or other anti-inflammatory agent within 48 hours of blood draw | 44 (47)                 | 43 (46)                   | 41 (44)                   | 35 (37)                   | 0.53    |
| Missing  | 0                       | 1                         | 1                         | 0                         |         |
| <b>Self-reported current medication use in study questionnaire:</b>    |                         |                           |                           |                           |         |
| Any NSAID  | 38 (40)                 | 41 (44)                   | 39 (41)                   | 32 (34)                   | 0.57    |
| Selective Estrogen Receptor Modulator                                  | 8 (9)                   | 6 (6)                     | 7 (7)                     | 10 (11)                   | 0.75    |
| Bisphosphonates  | 16 (17)                 | 9 (10)                    | 7 (7)                     | 19 (20)                   | 0.03    |

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 17. Correlation between circulating sTNFR levels and percent mammographic density, Mammograms and Masses Study (2001-2005)**

|                      | <b>Pearson correlation coefficient*</b> | <b>95% CI</b>  | <b>p-value</b> |
|----------------------|---|----------------|----------------|
| sTNFR1 pg/mL (n=376) | -0.14                                   | (-0.24, -0.04) | 0.007          |
| sTNFR2 pg/mL (n=376) | -0.13                                   | (-0.23, -0.03) | 0.01           |

\*Pearson's correlation between the continuous measure of percentage of breast density and the continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2.

**Table 18. Correlation between circulating sTNFR levels and dense breast area, Mammograms and Masses Study (2001-2005)**

|                      | <b>Pearson correlation coefficient*</b> | <b>95% CI</b> | <b>p-value</b> |
|----------------------|---|---------------|----------------|
| sTNFR1 pg/mL (n=376) | -0.05                                   | (-0.15, 0.05) | 0.31           |
| sTNFR2 pg/mL (n=376) | -0.02                                   | (-0.12, 0.08) | 0.65           |

\*Pearson's correlation between the continuous measure of dense breast area and the continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2.

**Table 19. Correlation between circulating sTNFR levels and total breast area, Mammograms and Masses Study (2001-2005)**

|                      | <b>Pearson correlation coefficient*</b> | <b>95% CI</b> | <b>p-value</b> |
|----------------------|---|---------------|----------------|
| sTNFR1 pg/mL (n=376) | 0.19                                    | (0.09, 0.29)  | 0.0003         |
| sTNFR2 pg/mL (n=376) | 0.17                                    | (0.07, 0.27)  | 0.0009         |

\*Pearson's correlation between the continuous measure of total breast area and the continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2.

**Table 20. Correlation between circulating sTNFR levels and nondense breast area, Mammograms and Masses Study (2001-2005)**

|                      | <b>Pearson correlation coefficient*</b> | <b>95% CI</b> | <b>p-value</b> |
|----------------------|---|---------------|----------------|
| sTNFR1 pg/mL (n=376) | 0.20                                    | (0.10, 0.29)  | <0.0001        |
| sTNFR2 pg/mL (n=376) | 0.17                                    | (0.07, 0.27)  | 0.0007         |

\*Pearson's correlation between the continuous measure of nondense breast area and the continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2.

**Table 21. Relationship between circulating sTNFR levels and percent mammographic density, Mammograms and Masses Study (2001-2005)**

|              |         | $\beta$ (%) | SE    | p-value | R <sup>2</sup> † |
|--------------|---------|-------------|-------|---------|------------------|
| sTNFR1 pg/mL |         |             |       |         |                  |
| +Age         | (n=376) | -3.60       | 1.39  | 0.01    | 0.03             |
| +BMI         | (n=376) | -0.77       | 1.26  | 0.54    | 0.24             |
| +MV §        | (n=366) | -1.00       | 1.23  | 0.42    | 0.28             |
| +MV2 *       | (n=347) | -0.63       | 1.46  | 0.66    | 0.30             |
| sTNFR2 pg/mL |         |             |       |         |                  |
| +Age         | (n=376) | -0.002      | 0.001 | 0.03    | 0.03             |
| +BMI         | (n=376) | -0.0003     | 0.001 | 0.70    | 0.24             |
| +MV §        | (n=366) | -0.0003     | 0.001 | 0.68    | 0.28             |
| +MV2 *       | (n=347) | -0.0004     | 0.001 | 0.65    | 0.30             |

BMI=body mass index, MV=multivariable

†R<sup>2</sup> based on regression models of continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2 on the continuous measure of percentage of breast density.

§ Adjusted for the following variables: age (continuous), BMI (continuous), ever had breast biopsy prior to study enrollment (yes/no), nulliparous (yes/no), and current alcohol consumption (yes/no).

\* Adjusted for the following variables: age (continuous), BMI (continuous), ever had breast biopsy prior to study enrollment (yes/no), nulliparous (yes/no), current alcohol consumption (yes/no), prior use of hormone therapy (yes/no), post-secondary education (yes/no), aspirin use within 48 hrs of blood draw (yes/no), laboratory technician (1/2), years since menopause (continuous), and site of enrollment (biopsy vs. screening).



**Table 22. Relationship between circulating sTNFR levels and dense breast area, Mammograms and Masses Study (2001-2005)**

|               | $\beta$ (%) | SE    | p-value | $R^2$ † |
|---------------|-------------|-------|---------|---------|
| sTNFR1 pg/mL  |             |       |         |         |
| +Age (n=376)  | -1.81       | 1.89  | 0.34    | 0.005   |
| +BMI (n=376)  | -1.45       | 1.94  | 0.45    | 0.007   |
| +MV § (n=366) | -1.73       | 1.90  | 0.36    | 0.09    |
| sTNFR2 pg/mL  |             |       |         |         |
| +Age (n=376)  | -0.0003     | 0.001 | 0.78    | 0.003   |
| +BMI (n=376)  | -0.0001     | 0.001 | 0.94    | 0.006   |
| +MV § (n=366) | -0.0003     | 0.001 | 0.82    | 0.09    |

BMI=body mass index, MV=multivariable

† $R^2$  based on regression models of continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2 on the continuous measure of dense breast area.

§ Adjusted for the following variables: age (continuous), BMI (continuous), ever had breast biopsy prior to study enrollment (yes/no), nulliparous (yes/no), and post-secondary education (yes/no).

**Table 23. Relationship between circulating sTNFR levels and total breast area, Mammograms and Masses Study (2001-2005)**

|              | $\beta$ (%) | SE    | p-value | $R^2$ † |
|--------------|-------------|-------|---------|---------|
| sTNFR1 pg/mL |             |       |         |         |
| +Age (n=376) | 19.58       | 5.4   | 0.0003  | 0.04    |
| +BMI (n=376) | 3.08        | 3.97  | 0.44    | 0.51    |
| sTNFR2 pg/mL |             |       |         |         |
| +Age (n=376) | 0.01        | 0.003 | 0.002   | 0.03    |
| +BMI (n=376) | 0.001       | 0.002 | 0.55    | 0.51    |

BMI=body mass index

† $R^2$  based on regression models of continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2 on the continuous measure of total breast area.

**Table 24. Relationship between circulating sTNFR levels and nondense breast area, Mammograms and Masses Study (2001-2005)**

|              | $\beta$ (%) | SE    | p-value | $R^2$ † |
|--------------|-------------|-------|---------|---------|
| sTNFR1 pg/mL |             |       |         |         |
| +Age (n=376) | 21.39       | 5.5   | 0.0001  | 0.04    |
| +BMI (n=376) | 4.54        | 4.02  | 0.26    | 0.51    |
| sTNFR2 pg/mL |             |       |         |         |
| +Age (n=376) | 0.01        | 0.003 | 0.001   | 0.03    |
| +BMI (n=376) | 0.001       | 0.002 | 0.54    | 0.51    |

BMI=body mass index

† $R^2$  based on regression models of continuous levels of log transformed values for sTNFR1 and raw values for sTNFR2 on the continuous measure of nondense breast area.

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**4.0 A POLYMORPHISM IN THE TUMOR NECROSIS FACTOR-ALPHA  
RECEPTOR II GENE, CIRCULATING SOLUBLE TNFR-II, AND MAMMOGRAPHIC  
DENSITY: THE MAMMOGRAMS AND MASSES STUDY (MAMS)**

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**Running Title:** Mammographic density and TNFR2 gene

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## 4.1 ABSTRACT

**Background:** Studies have demonstrated a strong heritability component for both mammographic density and circulating soluble tumor necrosis factor-alpha (TNF- $\alpha$ ) receptor levels. Exactly how mammographic density increases breast cancer risk is unknown, although it has been posited that dense breast areas may reflect exposure to estrogen. TNF- $\alpha$  has a central role in regulating estrogen synthesis in the breast, and circulating TNF receptors may block TNF- $\alpha$  activity. The TNFR2 gene contains a non-synonymous SNP with potential functional significance with respect to circulating sTNFR2 levels.

**Methods:** We examined the association between percent mammographic density and the TNFR2 -196 M/R polymorphism (T>G) among 376 cancer-free, mostly white, postmenopausal women participating in a cross-sectional study of mammographic density (Pittsburgh, PA, 2001-2005). Women were not taking hormone therapy at the time of blood collection. Percent breast density was calculated using a quantitative method (planimetry). We also evaluated whether plasma levels of sTNFR2 varied by TNFR2 genotype.

**Results:** The unadjusted mean (SD) percent breast density was higher in women with the TT genotype (32.3% (21.0)) as compared to women with the TG/GG genotypes (26.6% (17.2)),  $p=0.003$ . The association remained statistically significant after adjustment for age and body mass index ( $p=0.03$ ); however, inclusion of additional confounding factors reduced the level of statistical significance ( $p=0.08$ ). There was no observable difference in circulating sTNFR2 levels between the TNFR2 genotypes, either before or after adjustment for covariates.

**Conclusion:** Our findings offer little evidence for an independent association between the TNFR2 -196 M/R polymorphism and percent mammographic density among postmenopausal, white women.

## 4.2 INTRODUCTION

Early detection of breast cancer is critical for reducing mortality. Mammography is currently the primary screening tool available for early detection, with a reduction of ~25% in mortality associated with routine screening in women over age 50 (1). However, mammograms typically miss more than 15% of cancers (2). Notably, over 67% of the decrease in mammographic sensitivity is attributed to breast density (2). The histologic composition of the breast is reflected mammographically by density and parenchymal pattern. The higher the fat content of the breast the lower the radiologic density. Conversely, a high proportion of connective, ductal/epithelial, and glandular tissue increases density (3-6). In addition to its effect on mammographic sensitivity, mammographic density is a known risk factor for breast cancer (7, 8), and the risk associated with mammographic density is greater than that associated with almost all other risk factors for breast cancer (8, 9). Identifying factors that are associated with mammographic density can inform preventative strategies.

Many reproductive and hormonal factors associated with breast cancer (10-13) are also associated with breast density (8, 10-12, 14-23). However, these factors only account for ~20-30% of the variation observed in breast density in the population (9, 14). In fact, studies have demonstrated that breast density has a strong hereditary component (7). A cohort study of families with a history of breast cancer demonstrated evidence for a genetic effect as sister-sister correlations in breast density were significant ( $r=0.16-0.27$ ) (24), and these results were further clarified in a sib-pair linkage analysis (25). A twin study conducted in Australia and North America estimated that genetic factors likely account for 63% of the unexplained variance in mammographic density in all twins studied (7). In contrast to women at low risk for developing breast cancer, women with known BRCA1 or BRCA2 mutations have been shown to have denser breast tissue (26). In addition, a study of 6146 women in the San Francisco Mammography Registry demonstrated an association between increased breast density with a positive family history of breast cancer (27).

Studies have investigated the association between mammographic density and polymorphisms in specific genes involved in regulating steroid hormone synthesis and

metabolism with varied results (28-38). The gene encoding for tumor necrosis factor-alpha receptor-II (TNFR2) has not yet been studied with respect to mammographic density. The cytokine tumor necrosis factor (TNF)-alpha, secreted by macrophages of the immune system and also by adipocytes, has a central role in regulating estrogen synthesis within both normal and malignant breast tissue (39-41). Moreover, TNF- $\alpha$  induces a range of inflammatory enzymes, including cyclooxygenase (COX)-2. COX-2 cyclizes and oxygenates arachidonic acid, eventually producing prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) (42, 43). PGE<sub>2</sub> is believed to drive production of estrogen in the breast, in turn facilitating tumorigenesis (44). TNF- $\alpha$  exerts its effects by binding to two transmembrane cell surface receptors: TNF receptor 1 and TNFR2 (also known as p75, p80, TNFRSF1B) (45, 46), both of which are expressed in virtually all mammalian cells, including mammary epithelial cells (47). TNF- $\alpha$  binds to the two receptors with similar affinity; when engaged, the extracellular domains of the soluble TNF receptors (sTNFRs) may be shed into the circulation (46). These shed sTNFRs can compete for TNF- $\alpha$  with cell surface receptors and thus block TNF- $\alpha$  activity (48).

Whereas the TNFR1 gene does not contain any known functional variants, the TNFR2 gene contains a non-synonymous single nucleotide polymorphism (SNP). The TNFR2 -196 M/R polymorphism (T > G; chromosome 1p36.2, exon 6; results in substitution of methionine by arginine; rs1061622) is located in the extracellular region of the receptor, the region responsible for its proteolytic cleavage and solubilization. Carriers of the G allele have been found to have higher circulating levels of sTNFR2 in previous studies (49, 50). We aimed to examine the association of the TNFR2 -196 M/R polymorphism with mammographic density and with plasma levels of sTNFR2 in cancer-free postmenopausal women.

### 4.3 METHODS

The Mammograms and Masses Study (MAMS) is a cross-sectional study of correlates of mammographic density. Pre- and postmenopausal women were recruited between 2001 and 2005 through the Magee Womens Hospital Mammographic Screening and Diagnostic Imaging Program in the greater Pittsburgh area (Pennsylvania, USA). Women were excluded from the study if they reported a previous personal history of any cancer (except nonmelanoma skin

cancer). Volunteers arose from two sources: 1) women undergoing outpatient needle breast biopsy through the Breast Biopsy Service at Magee-Womens Hospital (Pittsburgh, PA) and 2) women receiving screening mammography through Magee-Womens Hospital or through a suburban Pittsburgh Magee Womancare Center. To identify and recruit eligible participants, a trained research assistant personally solicited patients visiting the Breast Biopsy Service between September 2001 and May 2005 and women visiting Magee-Womencare Center North (Wexford, PA) and East (Monroeville, PA) between July 2002 and September 2003. To boost recruitment, Magee-Womens Hospital attached study flyers to screening result reports mailed to Magee-Womancare Center patients with negative mammography between November 2003 and April 2005. The procedures followed were in accordance with both the Magee-Womens Hospital and the University of Pittsburgh's Institutional Review Boards, and all participants gave informed consent.

For this ancillary study, only cancer-free postmenopausal women were considered because both cytokine levels (51) and mammographic density (52) vary with the menstrual cycle. In addition, we excluded women who were taking hormone therapy at study enrollment, the time of blood draw, as HT use is related to elevations in mammographic density (8, 12, 23), and the relationship between HT and circulating sTNFR2 levels has not been well-established (53). We further restricted the population to women with completed study questionnaires and available TNFR2 genotype, sTNFR2 and mammographic density results. Of 856 Breast Biopsy Service patients approached, 573 (67%) women lacked a personal cancer history, provided informed consent, completed a personal interview, and provided a blood sample. A subsequent review of breast biopsy pathology reports verified non-breast cancer outcomes in 311 (54% of 573) women and confirmed primary breast cancer in 262 (46% of 573) women; breast cancer cases were excluded from this report. Of the 311 cancer-free women, 109 (35% of 311) were postmenopausal and not taking HT at study enrollment. Of these, 69 (63% of 109) had available questionnaire, TNFR2 genotype, sTNFR2 and mammographic density results. Of approximately 100 Magee-Womancare Center North and East patients approached directly, 86 women lacked a personal cancer history, provided informed consent, completed a personal interview, and provided a blood sample. Subsequent follow-up verified non-breast cancer outcomes in 85 (99%) women and a primary breast cancer in one remaining woman; this breast cancer case was excluded. Of the 85 cancer-free women, 43 (51%) were postmenopausal and not taking HT at



study enrollment; of these, 30 (70%) had available questionnaire, TNFR2 genotype, sTNFR2 and mammographic density results. Finally, mailing study flyers to 21,606 women with negative mammography produced 1,025 responses (5%), including 857 (84% of 1,025) responses from women without a personal cancer history. Of 451 (53% of 857) women providing informed consent and a blood sample, 297 (66% of 451) were postmenopausal and not taking HT at study enrollment. Of the 297 women, 277 (93%) had available questionnaire, TNFR2 genotype, sTNFR2 and mammographic density results. Thus, 376 women, consisting of 69 (18%) from the Breast Biopsy Service, 30 (8%) from Magee-Womancare Center North/East, and 277 (74%) from the mass mailings, were included in the present analysis. The 376 women were similar to the 73 women who were excluded due to missing questionnaire and/or mammographic density results with respect to age and body mass index; however, women excluded from the present study were less likely to attend post-secondary education, to walk for exercise, and to be nulliparous, and they were more likely to have been enrolled in the Breast Biopsy Service. Women excluded from the study due to missing questionnaire data were very similar to the 376 women with respect to mammographic density.

#### **4.3.1 Data collection**

At study enrollment, trained clinical staff conducted a personal interview and recorded information on standardized study forms including age, race, menopausal status, history of hormone therapy use, aspirin or other anti-inflammatory drug use in the last 48 hours, weight without shoes or heavy clothing (measured in kilograms with a standard balance beam scale), and height without shoes at full inspiration (measured in centimeters with a stadiometer). Weight and height were used to calculate body mass index (BMI, weight in kilograms divided by height in meters squared).

Lifestyle and reproductive history were obtained through a standardized self-administered take-home questionnaire, including education (high school graduate vs. any post-secondary education), cigarette smoking (current, former, never), number of alcohol drinks per week (among those who reported consuming alcohol  $\geq 1$ /week for  $\geq 6$  months), takes walks for exercise  $\geq 10$  minutes without stopping (rarely/1-3 times per month vs. at least 2-3 times per week), parity, breastfeeding duration (never or  $\leq 1$  month, 1-12 months, 13+ months), type of

menopause (surgical vs. natural), and number of breast biopsies prior to study enrollment (0, 1, 2+). Current alcohol use was defined as reported consumption of beer, wine, or spirits for  $\geq 1$ /week for  $\geq 6$  months during the year prior to study enrollment. Ethanol exposure in grams/day was calculated and standardized across the different types of alcoholic beverages as previously reported (54). Current alcohol consumption was defined as: no current use,  $< 12$  g/day (the equivalent of  $\sim 1$  alcoholic beverage/day),  $\geq 12$  g/day. A family history of breast cancer was defined as a report of breast cancer in a participant's mother or sister. Age at menarche ( $< 12$ , 12-13,  $\geq 14$ ) and age at first live birth ( $< 30$  vs.  $\geq 30$  or nulliparous) were categorized according to the Gail Model for 5-year risk of breast cancer (55). Age at menopause was defined according to methods outlined by the Women's Health Initiative (56), where age at menopause was the minimum age at which the participant last had any natural menstrual bleeding, had a bilateral oophorectomy, or began using HT. For a hysterectomized woman without a bilateral oophorectomy, age at menopause was the earliest age at which she began using HT or first had menopausal symptoms. If neither occurred and her age at hysterectomy was 50 years or older, then age at menopause was her age at hysterectomy (56). In this report, one participant has a missing value for her age at menopause because she: 1) did not have a hysterectomy, and 2) has a missing value for age last had any menstrual bleeding, and 3) has a missing value for age of bilateral oophorectomy, and 4) has a missing value for age beginning HT. An additional nine participants have a missing value for their age at menopause because they: 1) had a hysterectomy, but not a bilateral oophorectomy, and 2) had their hysterectomy when  $< 50$  years of age, and 3) had a missing value for age beginning HT, and 4) had a missing value for age at which she first experienced menopausal symptoms. All ten women missing age at menopause were age 51 or greater at study enrollment. Years since menopause was calculated by subtracting age at menopause from age at study enrollment.

#### **4.3.2 Non-steroidal anti-inflammatory drug exposure**

Non-steroidal anti-inflammatory drug use among MAMS participants was recorded in three different ways. First, at study enrollment, trained clinical staff asked participants if they had used aspirin or another anti-inflammatory agent within the last 48 hours (yes/no). Second, medication use was self-reported in the study questionnaire, with an open-ended question asking

participants to list all medications they were currently taking. Lastly, in February 2005, IRB-approval was obtained to send a follow-up questionnaire to capture medications participants may have taken for pain or inflammation prior to study enrollment. The follow-up survey was sent to all MAMS participants who indicated on their study consent form that they agreed to be contacted by researchers at a future time to answer additional questions. All 376 women included in the present study had agreed to follow-up. To date, 304 (81%) of the follow-up surveys for participants included in this report have been returned, reviewed, and entered into the MAMS database. Each mini-survey was accompanied with a personalized cover letter explaining that investigators were interested in learning about medications taken for pain or inflammation before study enrollment, and each woman's enrollment date was clearly specified in the cover letter and throughout the mini-survey in bold face type. Participants were asked to look at three lists of medications and then to answer the question, "During the year before you joined our study, did you ever take any of these products on a regular basis—that is, for at least once a week, every week, for 6 months or more?" Separate lists were shown for aspirin (e.g. Aspirin, Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Emprin, Another Aspirin Product), acetaminophen (e.g. Tylenol, Anacin III, Acetaminophen, APAP), and non-aspirin NSAIDs (e.g. Advil, Nuprin, Ibuprofen, Motrin, Naproxen). If the answer was yes, participants were asked to indicate for how many days per week (1, 2-4, or 5-7), on average, they took each type of medication. Participants were also asked for duration of use (in months) for each type of medication. We used information from both questions to create a new variable indicating daily use of each medication for one year or more (yes/no). In this report, "any NSAID" combines the use of aspirin and non-aspirin NSAIDs. After editing study questionnaires for completeness and consistency, a trained research assistant telephoned subjects, when necessary, to retrieve missing information and to resolve inconsistencies.

### **4.3.3 Mammographic density assessment**

Copies of screen-film mammograms completed within ~4.5 months of study enrollment (95% completed within 3 months; mean (SD) =33 (24) days), were assessed by a consultant expert reader (M Salane), initially trained by Wolfe in both Wolfe's method and planimetry (6). With respect to women enrolled through the Breast Biopsy Service, the unaffected side was sent for

evaluation, with the exception of five women, for whom only the affected side was available and assessed. The cranio-caudal view of one breast chosen at random was evaluated for each participant. For two women, only the medio-lateral view was available and assessed. Density measurements from both sides and views have shown a high degree of symmetry (57).

Both a qualitative method, Wolfe's classification, and a quantitative method were used to assess breast density. As Wolfe's classification method is subjective and may vary between observers (58), the quantitative measurements have been deemed more effective in identifying women at increased risk for developing breast cancer (59, 60). Indeed, the majority of studies have shown a stronger association with breast cancer risk for the quantitative methods than for those using Wolfe's classification (8). For this analysis, we therefore chose to examine the quantitative measures only. Using the mammogram image and excluding biopsy scars, Cooper's ligaments, and breast masses, the reader used a wax pencil to outline the entire breast and the portions of breast containing radio-densities. The reader used a compensating polar planimeter (LASICO, Los Angeles, CA) and traced the outline of the entire breast and outlines of dense breast to compute total breast area and dense breast area, respectively. Percentage breast density was calculated by dividing the dense breast area by the total area. Nondense area was calculated by subtracting dense breast area from total breast area. All films were relabeled with a study ID so that the reader remained masked to the participant's identity. We assessed the internal reliability of the reader's readings by randomly sending a masked set of 28 mammograms (8 from the lowest tertile of percent breast density, and 10 each from the remaining two tertiles of percent breast density) for re-review. The intraclass correlation coefficient (ICC) for intra-observer agreement was  $\rho=0.86$  for the continuous measurement of area of dense tissue,  $\rho=0.99$  for total area of the breast, and  $\rho=0.89$  for the measurement of percent breast density. Our ICC estimate for percent breast density is consistent with estimates reported by Boyd et al. (61), who observed an ICC of  $\rho=0.897$  for 150 sets of films in the Canadian National Breast Screening Study, and Byrne et al. (62), who reported an ICC of  $\rho=0.93$  for computer-assisted breast density measurements in the Nurses' Health Study. In addition, the reader's reproducibility in our study is comparable to her reliability as evaluated in the Breast Cancer Detection Demonstration Project (BCDDP), with an ICC of  $\rho=0.915$  (adjusted for case status, age, weight, and film type) for measurement of percent breast density in 193 sets of films (63).

#### 4.3.4 Biological specimen collection

At study enrollment, trained clinical staff drew 40 mL of peripheral blood using standardized phlebotomy procedures; 20 mL was collected with EDTA anticoagulant, which provided 4 mL of buffy coat and 8 mL of plasma. The blood was processed immediately according to standardized protocols at the Magee Womens Hospital Satellite Clinical Research Center. Buffy coat and plasma were separated and placed into individually-labeled 1 mL cryovials and stored at  $-70^{\circ}\text{C}$  until analyzed.

#### 4.3.5 Genotyping

DNA extraction and genotyping were completed in the University of Pittsburgh GCRC Pharmacogenetics Core Laboratory (M Romkes). High molecular weight DNA was isolated from EDTA buffy coat specimens using the PureGene DNA Isolation Kit (Gentra Systems, Inc. Minneapolis, MN), according to manufacturer's instructions. The TNFR2 -196 M/R genotypes were determined by restriction fragment length polymorphism (RFLP)-polymerase chain reaction (PCR). The primer sequences used for the amplification of a 242-bp fragment of the TNFR2 exon 6 were as previously published (64): flanking primer forward (F): 5'-ACT CTC CTA TCC TGC CTG CT-3'; and flanking primer reverse (R): 5'-TTC TGG AGT TGG CTG CGT GT-3'. A total of 20ng of genomic DNA was used, along with 200 $\mu\text{M}$  of dNTP, 1.5mM of  $\text{MgCl}_2$ , 396nM of primers, and 0.25 $\mu\text{l}$  of AmpliTaq Gold. PCR was performed under the following conditions: 94 $^{\circ}\text{C}$  for 10 min followed by 40 cycles at 96 $^{\circ}\text{C}$  for 1 min, 64 $^{\circ}\text{C}$  for 1 min and 72 $^{\circ}\text{C}$  for 3 min. A final extension step was carried out at 72 $^{\circ}\text{C}$  for 7 min. For the identification of 196M and 196R, 20 $\mu\text{l}$  of the PCR product were digested for 2 hours with 10U of Nla III (New England Biolabs) at 37 $^{\circ}\text{C}$  followed by electrophoresis on an 8% acrylamide gel for separating the restriction fragments. Gels were visualized on the Fotodyne Gel Documentation System (Hartland, WI). Previously sequenced genomic DNA samples from healthy individuals were used as positive controls for the homozygous wild-type and homozygous mutant genotypes to verify reproducibility of the RFLP-PCR and to confirm accuracy of genotype classifications; these positive controls, along with a negative control containing no genomic DNA, were included with every PCR analysis. Genotype assignments

were reviewed by two independent readers, and any disagreements were resolved by repeated typing. Approximately 5% (n=20) of randomly selected samples were repeated in a masked fashion for verification of the results of the genotyping assays, with an 85% concordance rate. The three discordant results were for TG and GG, which we had determined *a priori* to group together for analysis purposes.

#### **4.3.6 Soluble TNFR2 assays**

We used the laboratory of RP Tracy and commercially available sTNFR1 and sTNFR2 antibody bead kits for human plasma (BioSource International, Camarillo, CA, USA) to measure sTNFR1 and sTNFR2 plasma levels. Multiplex immunoassays, combining the principle of a sandwich immunoassay with fluorescent-bead-based technology, were conducted according to the manufacturer's specifications. To minimize inter-assay variability, all assays were performed with a single lot of sTNFR kits for human plasma. The plates were read on a Bio-Rad Bio-Plex instrument (Hercules, CA) using Bio-Plex Manager Software Version 3.0, with the instrument calibrated using a low RP1 setting, and gates adjusted to 3000 and 10000. The standard curve range was 11,400 to 20 pg/mL for sTNFR2. All samples read well within the standard curve range. Assays were run in duplicate and were performed by two different technicians, who were masked to the mammographic density and genotyping results. Using control plasma, the laboratory reported a within-assay coefficient of variation of 17.4% for sTNFR2 concentrations. The inter-assay coefficient of variation calculated from the analytic results for 40 masked duplicate plasma samples was 22.4% for sTNFR2 concentrations.

#### **4.3.7 Statistical analysis**

Descriptive statistics for all baseline measures were calculated (means for continuous measures and frequencies for nominal variables) to assess the distribution of demographic variables and potential confounding variables. Baseline characteristics were compared across genotypes using the Wilcoxon rank sum test for continuous measures and the chi-squared test for discrete measures. Fisher's exact test for discrete measures was used when expected cell counts are less than five. Allele frequency departures from Hardy-Weinberg equilibrium were tested using the

chi-squared test. Genotypes were modeled in a dichotomous manner, based upon the presence or absence of the variant allele. The two-sample t-test was used to compare mean percent breast density in those women carrying the variant allele and those homozygous for the wild type allele. ANOVA was used to compare means of percent breast density between TNFR2 genotypes while controlling for potential confounding factors. Since age and BMI have been previously shown to be positively associated with circulating sTNFR2 levels (65-67) and negatively associated with percent mammographic density (68-74), the multivariate models comparing mean percent breast density across TNFR2 genotypes were first adjusted for age at enrollment, and then for age and BMI (kg/m<sup>2</sup>). Subsequent models added ever smoked cigarettes (yes/no), current alcohol use (yes/no), age at menarche (<12, 12-13, ≥14 years), nulliparity (yes/no), ever breast fed (yes/no), history of breast biopsy prior to study enrollment (yes/no), and aspirin or other anti-inflammatory drug use with 48 hrs of blood draw (yes/no), as these covariates were known to be associated with breast density or with sTNFR2, or they appeared to differ by TNFR2 –196 M/R genotype (p<0.10). Although percent mammographic density was the primary focus of this study, the best method of utilizing the information obtained from the dense and nondense components of a mammogram is currently under debate (75). We therefore report the associations between the comparisons across TNFR2 genotypes for mean dense breast area, total breast area, and nondense breast area for descriptive purposes only, as we did not account for these multiple comparisons *a priori*. To address our secondary aim, examining the effect of the TNFR2 –196 M/R SNP on circulating TNFR2 levels, we used the two-sample t-test for independent samples to compare mean TNFR2 levels in those women carrying the variant allele vs. those homozygous for the wild type allele. Transformations were not necessary to meet t-test and ANOVA assumptions, as both breast density and sTNFR2 were normally distributed. Probability values of ≤ 0.05 were considered statistically significant. All tests of statistical significance were two-tailed. Analyses were performed using SAS software release 8.02 (SAS Institute Inc., Cary, NC).

#### 4.4 RESULTS

Among the 376 MAMS participants in this report, the mean (SD) age was 62 (8) years, ranging from 42-85 (Table 25). The majority of the population was Caucasian (94%) and attended post-secondary education (75%). The mean (SD) years since menopause was 14 (10), ranging from 1-43. The mean (SD) percent breast density was 29.7% (19.5), ranging from 0-94.9%. One hundred sixty three (44%) of this population reported taking aspirin or another anti-inflammatory agent within 48 hours of blood draw, a proportion similar to those who reported current use of aspirin and non-aspirin NSAIDs medications in their original study questionnaire (40%), and slightly less than those who reported any NSAID use at least once a week in the 12 months prior to study enrollment in their follow-up questionnaire (51%) (Table 26).

Previous reports from this population (Paper 2, unpublished data) have shown that percent mammographic density was associated with several breast cancer risk factors in the expected directions (8, 10-12, 14-21, 23, 68-74, 76, 77). For instance, MAMS women with higher percent mammographic density were more likely to be nulliparous and/or have a later age at first birth, to be former hormone therapy users, and to report a history of breast biopsy; and were less likely to have taken aspirin or another anti-inflammatory agent at blood draw than women with lower percent mammographic density. In addition, women with higher percent breast density were younger and had fewer years since menopause, had a lower BMI, were more likely to have attended post-secondary education and to report current consumption of alcohol. In contrast, women with higher sTNFR2 levels had a higher BMI and were older than women with lower sTNFR2 levels (also consistent with previous findings (65-67)). Women with higher sTNFR2 levels had a greater number of years since menopause and were less educated than women with lower sTNFR2 levels (Paper 2, unpublished data).

For the TNFR2 -196 M/R polymorphism, 206 (55%) had the T/T genotype, 134 (36%) had the T/G genotype, and 36 (10%) had the G/G genotype. These proportions diverged from expectations under Hardy-Weinberg equilibrium ( $\chi^2 = 4.07$ ,  $p=0.04$ ), and genotypes (not alleles) were used in subsequent analyses. The minor allele frequency (MAF) in this population was 0.27, which is consistent with that observed in the HapMap European population (MAF=0.25,



HapMap data release #20, January 2006). Table 25 depicts characteristics of the study population by TNFR2 genotype. Women with the TT genotype had a lower BMI; were less likely to breastfeed and for a shorter duration; and were more likely to report current alcohol use and to be nulliparous. These women also tended to be more likely to report a history of breast biopsy, a later age at menarche, and current cigarette smoking compared to women with the TG/GG genotypes. Self-reported medication use by genotype is shown in Table 26. Women with the TT genotype were less likely to report taking aspirin or another anti-inflammatory agent within 48 hours of blood draw ( $p=0.04$ ). No other self-reported medication use was related to TNFR2 genotype.

Table 27 provides mean percent mammographic density by TNFR2 genotype. The unadjusted mean (SD) percent breast density was higher in women with the TT genotype (32.3% (21.0)) as compared to women with the TG/GG genotypes (26.6% (17.2)),  $p=0.003$ . This difference remained statistically significant after adjustment for age and BMI; however, inclusion of additional covariates reduced the level of statistical significance, with an adjusted (least squares) mean percent density for women with the TT genotype of 31.1% vs. 27.9% in women with the TG/GG genotypes,  $p=0.08$ . Mean dense breast area did not differ by TNFR2 genotype, while age-adjusted mean total and nondense breast areas were significantly lower in women with the TT genotype (Table 28); these differences were no longer significant after adjustment for additional covariates. There was no observable difference in circulating sTNFR2 levels between the TNFR2 genotypes (Table 29), either before or after adjustment for covariates.

## 4.5 DISCUSSION

In this study of cancer-free, postmenopausal women, we investigated the association between percent mammographic density and a single-locus allelic variation with potential functional significance (49, 50) in the TNFR2 gene. Compared to carriers of the variant allele, we observed higher mean percent breast density among women homozygous for the TT genotype, although this difference was attenuated after adjusting for potential confounding factors. Further, mean circulating plasma levels of sTNFR2 did not differ by TNFR2 genotype in our population.

To our knowledge, this is the first study to examine the association between the –196 M/R polymorphism and percent mammographic density. Because carriers of the G allele have been found to have higher circulating levels of sTNFR2 in previous studies (49, 50), we chose to evaluate TT genotypes in comparison to TG/GG genotypes. Our initial finding of lower mean percent mammographic density among women with the TG/GG genotypes was consistent with the idea that elevations in circulating sTNFRs in these women (49, 50) may block TNF- $\alpha$  activity (48), thereby preventing induction of COX-2 gene expression (78), resulting in decreased biosynthesis of estrogen and ultimately reducing mammographic density, a marker of breast cancer risk. The differences in mean percent mammographic density remained after adjustment for age and BMI, which was significantly lower among women with the TT genotype, suggesting that the –196 M/R polymorphism influences percent mammographic density independent of an effect on BMI.

Alcohol consumption, nulliparity, history of breast biopsy, and aspirin use within 48 hrs of blood draw were all related to both percent mammographic density and TNFR2 genotype in MAMS; while our findings adjusted for age and BMI seemed biologically plausible, the mean difference in breast density was no longer statistically significant after adjustment for these and other covariates, indicating that the association between percent mammographic density and TNFR2 genotype is not independent of these confounding factors. Instead of focusing on percent mammographic density, investigators have recently argued for examination of the absolute area of dense breast tissue (75, 79). Mean dense breast area did not significantly differ across TNFR2 genotypes, either before or after adjustment for potential confounding factors in our population. In addition, our results are not consistent with the only study to have evaluated the –196 M/R polymorphism and its association with breast cancer risk (80). In this recent study of 113 postmenopausal breast cancer cases and 157 pre- and postmenopausal controls in Tunisia, investigators demonstrated that the –196 M/R heterozygous genotype (TG) was associated with an *increased risk*, rather than having a protective effect on incident breast cancer (OR=2.28, 95% CI: 1.36-3.83) (80). However, these results are to be interpreted with caution, as they might be specific to Tunisians (6 controls and 0 postmenopausal cases had the GG genotype), and the investigators did not attempt to control for potential confounding factors.

Finally, we did not observe an association between the –196 M/R polymorphism and circulating sTNFR2 levels, nor did we observe a significant relationship between circulating

sTNFR2 levels and percent mammographic density in a previous analysis of this population (Paper 2, unpublished data). To date, only one nested case-control study has prospectively examined the relationship between serum levels of sTNFR2 and breast cancer risk (81). The investigators found no association between serum levels of the soluble TNFR2 receptor and breast cancer risk; however, this study had limited power to detect an association in postmenopausal women, with only 61 postmenopausal case-control pairs (81).

Some limitations of this study deserve consideration. Medication use was self-reported, and with the exception of a general question about use of “aspirin or anti-inflammatory agents in the last 48 hours” elicited by trained clinical staff, detailed use and dosage of specific medications were not recorded at the time of blood collection nor were they verified against pill bottles. The lack of ethnic diversity within MAMS reduces the generalizability of our findings to other ethnic groups. In addition, due to the relatively small size of this study and the limited prevalence of some covariates in this population, we were limited in the associations that could be evaluated. For instance, the Women’s Health Study reported a significant interaction between cigarette smoking (current, former, never) and current NSAID use with respect to breast cancer risk (82); however, there were only 23 current smokers in our population, 4 of whom were carriers of the variant allele. When current smokers were collapsed into the category with former smokers, ever smoking cigarettes did not differ by mammographic density or TNFR2 genotype in our population. Strengths of the study include the use of a quantitative, highly reproducible measure of mammographic density, and reliable genotyping results. Although we only used a single measure of circulating sTNFR2, measured with fair reproducibility, determination of sTNFR2 concentrations in healthy individuals at time lapses of one year demonstrated that the concentrations of sTNFR2 are stable in each individual (correlation coefficient of 0.90), possibly reflecting genetically determined differences (83); this observation is supported by studies of identical twins, who unlike discordant twins, are more likely to have similar levels of sTNFR2 (83).

In conclusion, studies have demonstrated a strong heritability component for both mammographic density (7, 25-27) and circulating soluble TNF receptor levels (83). While the present results do not offer compelling evidence for an association between the TNFR2 –196 M/R polymorphism with percent mammographic density, and offer no evidence for an

association with circulating sTNFR2 levels in this population, these findings should be replicated in larger populations and with improved measurement of sTNFR2.

**Table 25. Characteristics of the study population by genotype, Mammograms and Masses Study (2001-2005)**

| Variable                            | n=376      | TNFR2 -196 M/R Genotype |            |              |               | p-value     |              |
|-------------------------------------|------------|-------------------------|------------|--------------|---------------|-------------|--------------|
|                                     |            | % or (range)            | TT (n=206) | % or (range) | TG/GG (n=170) |             | % or (range) |
| Clinic, %                           |            |                         |            |              |               | 0.83        |              |
| Biopsy                              | 69         | 18                      | 169        | 82           | 138           | 81          |              |
| Screening clinic                    | 307        | 82                      | 37         | 18           | 32            | 19          |              |
| Age (years), <i>mean (SD)</i>       | 62 (8)     | (42-85)                 | 62 (8)     | (45-83)      | 62 (8)        | (42-85)     | 0.89         |
| Race (%)                            |            |                         |            |              |               |             | 0.86         |
| White                               | 353        | 94                      | 193        | 94           | 160           | 94          |              |
| Other                               | 23         | 6                       | 13         | 6            | 10            | 6           |              |
| Education level (%)                 |            |                         |            |              |               |             | 0.66         |
| High school                         | 93         | 25                      | 53         | 26           | 40            | 24          |              |
| > High school                       | 274        | 75                      | 149        | 74           | 125           | 76          |              |
| Missing                             | 9          |                         | 4          |              | 5             |             |              |
| Body mass index §, <i>mean (SD)</i> | 28.4 (6.1) | (16.8-46.6)             | 27.8 (5.9) | (16.8-45.9)  | 29.1 (6.3)    | (17.3-46.6) | 0.05         |
| Cigarette Smoking (%)               |            |                         |            |              |               |             | 0.02         |
| Never                               | 219        | 58                      | 119        | 58           | 100           | 59          |              |
| Former                              | 133        | 35                      | 67         | 33           | 66            | 39          |              |
| Current                             | 23         | 6                       | 19         | 9            | 4             | 2           |              |
| Missing                             | 1          |                         | 1          |              | 0             |             |              |
| Cigarette Smoking (%)               |            |                         |            |              |               |             | 0.88         |
| Never                               | 219        | 58                      | 119        | 58           | 100           | 59          |              |
| Ever                                | 156        | 42                      | 86         | 42           | 70            | 41          |              |
| Missing                             | 1          |                         | 1          |              |               |             |              |

**Table 25 (continued)**

| Variable   | n=376 | % or<br>(range) | TNFR2 -196 M/R Genotype |                 | TG/GG<br>(n=170) | % or<br>(range) | p-value |
|--|-------|-----------------|-------------------------|-----------------|------------------|-----------------|---------|
|  |       |                 | TT<br>(n=206)           | % or<br>(range) |                  |                 |         |
| Current alcohol consumption<br>≥1/week for ≥6 months (%) |       |                 |                         |                 |                  |                 | 0.05    |
| No   | 263   | 72              | 135                     | 67              | 128              | 77              |         |
| Yes  | 104   | 28              | 65                      | 32              | 39               | 23              |         |
| Missing  | 9     |                 | 6                       |                 | 3                |                 |         |
| Current alcohol use ≥ 1/week for<br>≥ 6 months (%)       |       |                 |                         |                 |                  |                 | 0.13    |
| No   | 263   | 72              | 135                     | 68              | 128              | 77              |         |
| Yes  |       |                 |                         |                 |                  |                 |         |
| <12g/day   | 68    | 19              | 44                      | 22              | 24               | 14              |         |
| ≥12g/day   | 35    | 9               | 20                      | 10              | 15               | 9               |         |
| Missing  | 10    |                 | 7                       |                 | 3                |                 |         |
| Walks for exercise (%)                                   |       |                 |                         |                 |                  |                 | 0.59    |
| Rarely/1-3 times/month                                   | 148   | 40              | 84                      | 42              | 64               | 39              |         |
| At least 2-3 times/week                                  | 219   | 60              | 118                     | 58              | 101              | 61              |         |
| Missing  | 9     |                 | 4                       |                 | 5                |                 |         |
| Age at menarche (years), %                               |       |                 |                         |                 |                  |                 | 0.09    |
| <12  | 72    | 19              | 31                      | 15              | 41               | 24              |         |
| 12-13  | 223   | 59              | 128                     | 62              | 95               | 56              |         |
| ≥14  | 80    | 21              | 46                      | 22              | 34               | 20              |         |
| Missing  | 1     |                 | 1                       |                 | 0                |                 |         |
| Nulliparous (%)  |       |                 |                         |                 |                  |                 | 0.05    |
| No   | 295   | 78              | 154                     | 75              | 141              | 83              |         |
| Yes  | 81    | 21              | 52                      | 25              | 29               | 17              |         |

**Table 25 (continued)**

| Variable   | n=376  | % or<br>(range) | TNFR2 -196 M/R Genotype |                 |                  |                 | p-value |
|--|--------|-----------------|-------------------------|-----------------|------------------|-----------------|---------|
|  |        |                 | TT<br>(n=206)           | % or<br>(range) | TG/GG<br>(n=170) | % or<br>(range) |         |
| Parity (%)   |        |                 |                         |                 |                  |                 | 0.39    |
| Nulliparous  | 81     | 21              | 52                      | 25              | 29               | 17              |         |
| 1  | 43     | 11              | 26                      | 13              | 17               | 10              |         |
| 2  | 113    | 30              | 59                      | 29              | 54               | 32              |         |
| 3  | 79     | 21              | 39                      | 19              | 40               | 24              |         |
| 4  | 32     | 9               | 16                      | 8               | 16               | 9               |         |
| 5+   | 28     | 7               | 14                      | 7               | 14               | 8               |         |
| Age at first birth (years), %                          |        |                 |                         |                 |                  |                 | 0.16    |
| <30  | 249    | 66              | 130                     | 63              | 119              | 70              |         |
| ≥30 or nulliparous                                     | 127    | 34              | 76                      | 37              | 51               | 30              |         |
| Breastfeeding (%)                                      |        |                 |                         |                 |                  |                 | 0.01    |
| Never or ≤1 month                                      | 226    | 60              | 136                     | 66              | 90               | 53              |         |
| Ever   | 149    | 40              | 69                      | 34              | 80               | 47              |         |
| Missing  | 1      |                 | 1                       |                 | 0                |                 |         |
| Breastfeeding (%)                                      |        |                 |                         |                 |                  |                 | 0.03    |
| Never or ≤1 month                                      | 226    | 60              | 136                     | 66              | 90               | 53              |         |
| Ever   |        |                 |                         |                 |                  |                 |         |
| 1-12 months  | 97     | 26              | 46                      | 22              | 51               | 30              |         |
| ≥13 months   | 52     | 14              | 23                      | 11              | 29               | 17              |         |
| Missing  | 1      |                 | 1                       |                 | 0                |                 |         |
| Age at menopause (years), <i>mean</i><br>( <i>SD</i> ) | 48 (5) | (26-60)         | 48 (5)                  | (30-60)         | 48 (5)           | (26-58)         | 0.42    |
| Missing  | 10     |                 | 5                       |                 | 5                |                 |         |

**Table 25 (continued)**

| Variable  | n=376   | % or<br>(range) | TNFR2 -196 M/R Genotype |                 | TG/GG<br>(n=170) | % or<br>(range) | p-value |
|---|---------|-----------------|-------------------------|-----------------|------------------|-----------------|---------|
|   |         |                 | TT<br>(n=206)           | % or<br>(range) |                  |                 |         |
| Years since menopause, <i>mean</i><br>( <i>SD</i> ) | 14 (10) | (1-43)          | 14 (10)                 | (1-43)          | 13 (10)          | (1-42)          | 0.88    |
| Missing   | 10      |                 | 5                       |                 | 5                |                 |         |
| Surgical menopause (%)                              |         |                 |                         |                 |                  |                 | 0.26    |
| No  | 340     | 93              | 184                     | 91              | 156              | 95              |         |
| Yes   | 26      | 7               | 17                      | 8               | 9                | 5               |         |
| Missing   | 10      |                 | 5                       |                 | 5                |                 |         |
| Hormone therapy (%)                                 |         |                 |                         |                 |                  |                 | 0.95    |
| Never use   | 151     | 40              | 83                      | 40              | 68               | 40              |         |
| Past use  | 225     | 60              | 123                     | 60              | 102              | 60              |         |
| Family history of breast cancer †<br>(%)            |         |                 |                         |                 |                  |                 | 0.91    |
| No  | 318     | 85              | 174                     | 85              | 144              | 86              |         |
| Yes   | 54      | 14              | 30                      | 15              | 24               | 14              |         |
| Missing   | 4       |                 | 2                       |                 | 2                |                 |         |
| Breast biopsy < enrollment (%)                      |         |                 |                         |                 |                  |                 | 0.23    |
| Never   | 305     | 81              | 163                     | 79              | 142              | 84              |         |
| Ever  | 70      | 19              | 43                      | 21              | 27               | 16              |         |
| Missing   | 1       |                 | 0                       |                 | 1                |                 |         |
| Breast biopsy < enrollment (%)                      |         |                 |                         |                 |                  |                 | 0.09    |
| 0   | 305     | 81              | 163                     | 79              | 142              | 84              |         |
| 1   | 48      | 13              | 26                      | 13              | 22               | 13              |         |
| 2+  | 22      | 6               | 17                      | 8               | 5                | 3               |         |
| Missing   | 1       |                 | 0                       |                 | 1                |                 |         |

† History of breast cancer in a mother or sister; § Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).



**Table 26. Self-reported medication use by genotype in the Mammograms and Masses Study (MAMS), 2001-2005**  
**TNFR2 -196 M/R Genotype**

| <b>Variable</b>   | <b>n=376</b> | <b>%</b> | <b>TT<br/>(n=206)</b> | <b>% or<br/>(range)</b> | <b>TG/GG<br/>(n=170)</b> | <b>% or<br/>(range)</b> | <b>p-value</b> |
|---|--------------|----------|-----------------------|-------------------------|--------------------------|-------------------------|----------------|
| <b>Aspirin or other anti-inflammatory agent within 48 hours of blood draw</b> |              |          |                       |                         |                          |                         |                |
| % yes   | 163          | 44       | 80                    | 39                      | 83                       | 49                      | 0.04           |
| Missing   | 2            |          | 0                     |                         | 2                        |                         |                |
| <b>Self-reported current medication use in study questionnaire:</b>           |              |          |                       |                         |                          |                         |                |
| Aspirin, % yes  | 111          | 29       | 59                    | 29                      | 52                       | 31                      | 0.68           |
| Non-aspirin NSAID, % yes  | 53           | 14       | 28                    | 14                      | 25                       | 15                      | 0.76           |
| Acetaminophen, % yes  | 22           | 6        | 10                    | 5                       | 12                       | 7                       | 0.36           |
| Any NSAID, % yes  | 150          | 40       | 79                    | 38                      | 71                       | 42                      | 0.50           |
| Cox-2 inhibitors, % yes   | 14           | 4        | 7                     | 3                       | 7                        | 4                       | 0.71           |
| Selective Estrogen Receptor Modulator (Raloxifene or Tamoxifen), % yes        | 31           | 8        | 15                    | 7                       | 16                       | 9                       | 0.45           |
| Bisphosphonates (Risedronate or Alendronate), % yes                           | 51           | 14       | 31                    | 15                      | 20                       | 12                      | 0.35           |
| <b>Self-reported medication use in NSAIDs follow-up questionnaire:</b>        |              |          |                       |                         |                          |                         |                |
| Aspirin $\geq$ 1/week in past 12 months, % yes                                | 122          | 40       | 61                    | 37                      | 61                       | 44                      | 0.19           |
| Missing   | 72           |          | 40                    |                         | 32                       |                         |                |
| Aspirin ~daily for 1 year or more, % yes                                      | 74           | 24       | 38                    | 23                      | 36                       | 26                      | 0.52           |
| Missing   | 72           |          | 40                    |                         | 32                       |                         |                |
| Non-aspirin NSAID $\geq$ 1/week in past 12 months, % yes                      | 69           | 23       | 36                    | 22                      | 33                       | 24                      | 0.64           |
| Missing   | 72           |          | 40                    |                         | 32                       |                         |                |
| Non-aspirin NSAID ~daily for 1 year or more, % yes                            | 19           | 6        | 11                    | 7                       | 8                        | 6                       | 0.77           |
| Missing   | 72           |          | 40                    |                         | 32                       |                         |                |

**Table 26 (continued)**

| <b>Variable</b>                                      | <b>TNFR2 –196 M/R Genotype</b> |          |                       |                         |                          |                         | <b>p-value</b> |
|--|--------------------------------|----------|-----------------------|-------------------------|--------------------------|-------------------------|----------------|
|  | <b>n=376</b>                   | <b>%</b> | <b>TT<br/>(n=206)</b> | <b>% or<br/>(range)</b> | <b>TG/GG<br/>(n=170)</b> | <b>% or<br/>(range)</b> |                |
| Acetaminophen $\geq$ 1/week in past 12 months, % yes | 79                             | 26       | 40                    | 24                      | 39                       | 28                      | 0.39           |
| Missing  | 73                             |          | 40                    |                         | 33                       |                         |                |
| Acetaminophen ~daily for 1 year or more, % yes       | 15                             | 5        | 7                     | 4                       | 8                        | 6                       | 0.52           |
| Missing  | 73                             |          | 40                    |                         | 33                       |                         |                |
| Any NSAID $\geq$ 1/week in past 12 months, % yes     | 155                            | 51       | 80                    | 48                      | 75                       | 54                      | 0.28           |
| Missing  | 72                             |          | 40                    |                         | 32                       |                         |                |
| Any NSAID ~daily for 1 year or more, % yes           | 88                             | 29       | 46                    | 28                      | 42                       | 30                      | 0.60           |
| Missing  | 72                             |          | 40                    |                         | 32                       |                         |                |

**Table 27. Percent mammographic density by genotype, Mammograms and Masses Study (2001-2005)**

| Variable               | TNFR2 -196 M/R Genotype |          |               |          |                  |          | p1*   | p2    | p3   | p4 <sup>§</sup> |
|------------------------|-------------------------|----------|---------------|----------|------------------|----------|-------|-------|------|-----------------|
|                        |                         |          | TT<br>(n=206) |          | TG/GG<br>(n=170) |          |       |       |      |                 |
|                        | Mean (SD)               | Range    | Mean (SD)     | Range    | Mean (SD)        | Range    |       |       |      |                 |
| % Mammographic density | 29.7 (19.5)             | (0-94.9) | 32.3 (21.0)   | (0-94.9) | 26.6 (17.2)      | (0-84.5) | 0.003 | 0.004 | 0.03 | 0.08            |

\*1. P-value for two-sample t-test with unequal variances comparing mean percent mammographic density by genotype.

2. P-value based on analysis of variance (ANOVA) comparing mean % mammographic density by genotype while adjusting for age (continuous).

3. ANOVA adjusting for age (continuous) and BMI (continuous).

4. ANOVA adjusting for age (continuous), BMI (continuous), ever smoked cigarettes (yes/no), current alcohol consumption (yes/no), age at menarche (<12, 12-13, ≥14 years), nulliparous (yes/no), ever breast fed (yes/no), ever had breast biopsy prior to study enrollment (yes/no), and aspirin use within 48 hrs of blood draw (yes/no).

<sup>§</sup> Fourteen women are missing from this multivariate model (n=8 with the TT genotype; n=6 with the TG/GG genotype).

**Table 28. Dense, total, and nondense breast area by genotype, Mammograms and Masses Study (2001-2005)**

| Variable             | TNFR2 -196 M/R Genotype |              |                  |              |              |              | p1*  | p2   | p3   | p4 <sup>§</sup> |
|----------------------|-------------------------|--------------|------------------|--------------|--------------|--------------|------|------|------|-----------------|
|                      | TT<br>(n=206)           |              | TG/GG<br>(n=170) |              | Mean (SD)    | Range        |      |      |      |                 |
|                      | Mean (SD)               | Range        | Mean (SD)        | Range        |              |              |      |      |      |                 |
| Dense breast area    | 40.9 (26.2)             | (0-188.1)    | 42.1 (27.0)      | (0-188.1)    | 39.6 (25.3)  | (0-114.7)    | 0.36 | 0.36 | 0.41 | 0.77            |
| Total breast area    | 162.5 (76.4)            | (31.6-442.0) | 155.3 (77.8)     | (39.5-442.0) | 171.1 (73.8) | (31.6-386.0) | 0.04 | 0.04 | 0.37 | 0.31            |
| Nondense breast area | 121.5 (78.0)            | (3.6-389.0)  | 113.2 (80.0)     | (3.6-389.0)  | 131.6 (74.4) | (4.9-369.5)  | 0.02 | 0.02 | 0.20 | 0.26            |

\*1. P-value for two-sample t-test with assumed equal variances comparing mean mammographic area by genotype.

2. P-value based on analysis of variance (ANOVA) comparing mean mammographic area by genotype while adjusting for age (continuous).

3. ANOVA adjusting for age (continuous) and BMI (continuous).

4. ANOVA adjusting for age (continuous), BMI (continuous), ever smoked cigarettes (yes/no), current alcohol consumption (yes/no), age at menarche (<12, 12-13, ≥14 years), nulliparous (yes/no), ever breast fed (yes/no), ever had breast biopsy prior to study enrollment (yes/no), and aspirin use within 48 hrs of blood draw (yes/no).

§ Fourteen women are missing from this multivariate model (n=8 with the TT genotype; n=6 with the TG/GG genotype).

**Table 29. Circulating levels of sTNFR2 by genotype, Mammograms and Masses Study (2001-2005)**

| Variable |           |               | TNFR2 -196 M/R Genotype |               |                  |                | p1*  | p2   | p3   | p4 <sup>§</sup> |
|----------|-----------|---------------|-------------------------|---------------|------------------|----------------|------|------|------|-----------------|
|          | Mean (SD) | Range         | TT<br>(n=206)           |               | TG/GG<br>(n=170) |                |      |      |      |                 |
|          | Mean (SD) | Range         | Mean (SD)               | Range         | Mean (SD)        | Range          |      |      |      |                 |
| sTNFR2   | 2662.6    |               | 2693.9                  |               | 2624.6           |                |      |      |      |                 |
| pg/mL    | (1202.8)  | (84.3-8517.8) | (1249.5)                | (84.3-7402.7) | (1146.2)         | (526.5-8517.8) | 0.58 | 0.57 | 0.33 | 0.60            |

\*1. P-value for two-sample t-test with assumed equal variances comparing circulating sTNFR2 levels by genotype.

2. P-value based on analysis of variance (ANOVA) comparing circulating sTNFR2 levels by genotype while adjusting for age (continuous).

3. ANOVA adjusting for age (continuous) and BMI (continuous).

4. ANOVA adjusting for age (continuous), BMI (continuous), ever smoked cigarettes (yes/no), current alcohol consumption (yes/no), age at menarche (<12, 12-13, ≥14 years), nulliparous (yes/no), ever breast fed (yes/no), ever had breast biopsy prior to study enrollment (yes/no), and aspirin use within 48 hrs of blood draw (yes/no).

<sup>§</sup> Fourteen women are missing from this multivariate model (n=8 with the TT genotype; n=6 with the TG/GG genotype).

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## 5.0 GENERAL DISCUSSION

Breast cancer is the most common cancer in women around the world; in the United States this year, it is expected that breast cancer alone will account for 31% (212,920) of all new cancer cases among women and 40,970 women are expected to die from the disease (1). Breast density is a known risk factor for breast cancer (2, 3), and the risk associated with mammographic density is greater than that associated with almost all other risk factors for breast cancer (3, 4). Therefore, understanding factors that affect breast density and their underlying mechanism is an important research question. Endogenous and exogenous estrogen exposures have been associated with breast density (3, 5) and have been implicated in breast cancer (6-9). Most breast tumors are initially dependent on estrogen for survival; paradoxically, the highest incidence of breast cancer occurs in postmenopausal women when ovarian production of estrogens is minimal. In postmenopausal women, estrogens continue to be produced in non-ovarian sites, such as adipose tissue, as well as in normal and cancerous breast tissues (10). In fact, postmenopausal breast cancer is largely estrogen receptor (ER) or progesterone receptor (PR) positive, and is more responsive to anti-estrogen therapy and aromatase inhibitors, even after controlling for stage and other prognostic factors (11). In addition, recent studies have demonstrated a protective effect of nonsteroidal anti-inflammatory drugs (NSAIDs) with respect to postmenopausal breast cancer risk, suggesting that inflammation and cytokines may play a role in postmenopausal breast cancer (12-14).

Cytokines may be associated with breast cancer risk independently. However, it is also biologically plausible that cytokines may alter breast cancer risk through their relationship with breast density; no prior study has investigated this possibility. Hence, we sought explore to the association between inflammation and breast cancer risk in two populations of postmenopausal women: the Study of Osteoporotic Fractures (SOF), and the Mammograms and Masses Study (MAMS).

## 5.1 ARTICLE 1

In the first article, we tested reported use of NSAIDs for their effect on incident breast cancer within the Study of Osteoporotic Fractures (SOF) cohort. We further investigated whether the relationship between NSAIDs and breast cancer incidence differed by hormone receptor status and tumor type at diagnosis. The Study of Osteoporotic Fractures is a multi-center, prospective cohort study of white women recruited from four U.S. centers, 1986-1988. Complete NSAID medication and breast cancer risk factor information was available for 6695 women, mean (SD) age 73 (5) years. During a mean (SD) of 13.2 (3.8) years of follow-up, there were no differences in the risk of incident breast cancer (n=372 cases) by use of aspirin, non-aspirin NSAID, or any NSAID, before and after adjustment for potential confounding factors. Further, we observed no difference in breast cancer risk by frequency and duration of NSAID use.

Our results are consistent with seven prior large prospective studies finding no association (15-21), and with null results from a randomized controlled trial of alternate-day low-dose aspirin (22). However, our results are not consistent with five prospective studies demonstrating a protective effect from use of NSAIDs (12, 23-26) and one suggesting an increased risk (27). Although the reason for these differing results is unclear, one explanation may be due to differences in exposure assessment across studies. In SOF, a medication inventory was not conducted until visit 4, at which time patients were asked to bring all medications to the clinic for verification of use; however, the questions regarding frequency and duration of aspirin and non-aspirin NSAID use were only asked at visit two. Further, at visit two only non-prescription NSAID use was captured. This is an important limitation, especially given that a recent case-control study observed a 71% reduction in breast cancer risk associated with use of selective COX-2 inhibitors (28). If in SOF users of prescription NSAIDs were included in the referent group (i.e. non-NSAID users), results would be biased toward the null. Our results do not support a protective effect of nonprescription NSAIDs among older postmenopausal, white women.

## 5.2 ARTICLE 2

The second article describes an ancillary study we conducted within the Mammograms and Masses Study (MAMS), an ongoing cross-sectional study of correlates of breast density. In 376 MAMS participants, we measured plasma levels of two soluble receptors for TNF-alpha (sTNFR1 and sTNFR2) and examined their association with percent mammographic breast density. We chose to measure receptors for the cytokine TNF-alpha, because TNF-alpha is believed to have a central role in regulating estrogen synthesis in the breast (29-31). Circulating TNF receptors may block TNF- $\alpha$  activity (32), thereby preventing induction of COX-2 gene expression (33, 34) and ultimately estrogen biosynthesis in the breast. In MAMS, we found that mean percent mammographic density was lower among women in the highest quartiles of circulating levels of sTNFR1 and sTNFR2. After adjustment for BMI, the inverse association initially observed between the circulating sTNFRs and percent mammographic density disappeared.

This is the first study to examine the association between circulating sTNFRs and percent mammographic density. Our initial findings of an inverse correlation between the sTNFRs and percent breast density were consistent with the idea that circulating sTNFRs may block TNF- $\alpha$  activity, thereby preventing induction of COX-2 gene expression, resulting in decreased biosynthesis of estrogen and ultimately reducing mammographic density, a marker of breast cancer risk. However, since body mass index correlates strongly and positively with both the nondense and total breast areas (35), and thus correlates inversely with percent breast density (36-38), potential confounding by adiposity is of particular concern when studying factors, such as circulating sTNFRs, which are positively correlated with BMI. We therefore examined the absolute area of dense breast tissue, instead of percent breast density (35, 39). Indeed, circulating sTNFRs were not associated with dense breast area, both before and after adjustment for potential confounding factors in our population. Interestingly, MAMS participants who reported use of aspirin or another anti-inflammatory agent within 48 hours of blood collection were significantly more likely to have lower percent mammographic density. Consistent with this biologic mechanism is the epidemiologic evidence supporting an association between use of NSAIDs and reduced breast cancer risk (reviewed in (40) and (14)). Thus, in spite of the lack



of an independent association between sTNFRs and mammographic density in this study, we cannot rule out the hypothesis that inflammation plays a role in mammographic density.

### 5.3 ARTICLE 3

Our interest in the third article was to expand upon our ancillary study in MAMS, by evaluating a non-synonymous SNP in the TNFR2 gene, known as the –196 M/R polymorphism (T to G transition), with respect to both percent mammographic density and circulating sTNFR2 levels. Compared to carriers of the variant allele, we observed higher mean percent breast density among women homozygous for the TT genotype, although this difference was attenuated after adjusting for potential confounding factors.

To our knowledge, this is the first study to examine the association between the –196 M/R polymorphism and percent mammographic density. Because carriers of the G allele have been found to have higher circulating levels of sTNFR2 in previous studies (41, 42), we chose to evaluate TT genotypes in comparison to TG/GG genotypes. Our initial finding of lower mean percent mammographic density among women with the TG/GG genotypes was consistent with the idea that elevations in circulating sTNFRs in these women (41, 42) may block TNF- $\alpha$  activity (32), thereby preventing induction of COX-2 gene expression (34), resulting in decreased biosynthesis of estrogen and ultimately reducing mammographic density, a marker of breast cancer risk. The differences in mean percent mammographic density remained after adjustment for age and BMI, which was significantly lower among women with the TT genotype, suggesting that the –196 M/R polymorphism influences percent mammographic density independent of an effect on BMI. However, inclusion of additional confounding factors reduced this difference ( $p=0.08$ ). Further, mean circulating plasma levels of sTNFR2 did not differ by TNFR2 genotype in our population, failing to confirm the previous literature that demonstrated functional significance for this polymorphism. Since, in MAMS, the inter-assay coefficient of variation calculated from the analytic results for 40 masked duplicate plasma samples did not indicate good reproducibility for sTNFR2 concentrations (CV=22.4%), the lack of association observed in our study may be due to inadequate measurement of sTNFR2. In fact, studies have demonstrated a strong heritability component for both mammographic density (2, 43-45) and

circulating soluble TNF receptor levels (46). Hence, while the present results do not offer compelling evidence for an association between the TNFR2 –196 M/R polymorphism with percent mammographic density, and offer no evidence for an association with circulating sTNFR2 levels in this population, these findings should be replicated in larger populations and with improved sTNFR2 measures (i.e. enzyme-linked immunosorbent assay).

#### 5.4 SUMMARY AND FUTURE DIRECTIONS

This project has provided us with a unique opportunity to explore the potential association between inflammation and breast cancer risk in two populations of postmenopausal women. We used two different exposures known to be associated with inflammation (NSAID use and cytokines) and tested their association with incident breast cancer and mammographic density, a well-established risk factor for breast cancer. Despite the evidence that NSAIDs consistently inhibit COX-2 (34), resulting in decreased biosynthesis of estrogen and thereby hindering breast tumor cell growth *in vitro* and in animal models (28, 47-50), our results do not support a protective effect of nonprescription NSAIDs among older postmenopausal women participating in the Study of Osteoporotic Fractures. However, given the potential public health impact should NSAIDs be successful chemopreventive agents for breast cancer, these findings warrant further investigation in larger populations with carefully defined exposure assessment, for instance in a randomized clinical trial. Furthermore, as we did not assess prescription NSAID use, we could not rule out the possibility that other NSAIDs, such as selective COX-2 inhibitors, might reduce the risk of breast cancer. Finally, evidence suggests that inter-individual variation in metabolism of NSAIDs occurs by two major enzymes, CYP2C9 and UGT1A6, which may explain some of the inconsistencies seen in the epidemiologic literature (51-53). No prior study has investigated the association between breast cancer risk (and breast density) with both NSAID use *and* genotypic variations in NSAID metabolizing genes.

We did not observe strong support for an independent association between sTNFRs and the TNFR2 polymorphism with respect to percent mammographic density among postmenopausal women in the Mammograms and Masses Study. However, we did confirm that percent mammographic density is associated with several breast cancer risk factors (3, 9, 36-38,

54-70). For instance, MAMS women with higher percent mammographic density were more likely to be nulliparous and/or have a later age at first birth, to be former hormone therapy users, and to report a history of breast biopsy than women with lower percent mammographic density. In addition, women with higher percent breast density were younger and had fewer years since menopause, had a lower BMI, were more likely to have attended post-secondary education and to report current consumption of alcohol. In addition, we confirmed that women with higher sTNFR levels had a higher BMI and were older than women with lower sTNFR levels (71-73). While not the primary aim of the study, recent aspirin use reported at blood collection was associated with lower percent mammographic density.

While the mechanism by which mammographic density increases breast cancer risk remains unknown, it is thought that dense areas may be associated with increased cell proliferation (74). A recent retrospective study of diagnostic mammograms from women diagnosed with DCIS demonstrated that DCIS lesions occurred overwhelmingly in areas of mammographically dense tissue, suggesting that some characteristic of the dense tissue is *directly* influencing the carcinogenic process in the breast (75). Thus, we hope our findings will encourage other investigators to further examine potential mechanisms by which inflammation may be related to mammographic density and breast cancer risk.

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## **6.0 PUBLIC HEALTH SIGNIFICANCE**

In these collective studies, we attempted to explore whether breast cancer risk may be significantly decreased by reducing inflammation. It is well known that mammograms provide early detection of breast cancer and a 20-30% reduction in breast carcinoma mortality. However, breast density has been shown to affect mammographic sensitivity and specificity, with greater breast density being associated with a reduction in the technical performance of mammography. Breast density is also predictive of breast cancer risk. Extensive areas of light appearing, mammographically dense tissue on a mammogram have been associated with a 4-6 fold increase in breast cancer risk after adjusting for other known risk factors for the disease. Thus, women who are at higher risk of the disease may not be as well served by mammograms.

Increased understanding of factors that affect breast density and their underlying mechanisms is needed, and inflammatory cytokines may be involved. While we did not observe a reduction in incident breast cancer with NSAID use, we did find an inverse association between aspirin use and breast density. Such findings could provide the impetus for investigating NSAIDs as potential chemopreventive agents for breast cancer. Confirmation of this finding in additional studies would have important public health implications.

**APPENDIX A**

**NONSTEROIDAL ANTI-INFLAMMATORY DRUG USE AND BREAST CANCER IN  
OLDER WOMEN: THE STUDY OF OSTEOPOROTIC FRACTURES**

**Table 30. Visit 2 analysis: Incident breast cancer among participants in the Study of Osteoporotic Fractures, 1986-2003**

|   |             |
|---|-------------|
| <b>Total Cohort</b>   | <b>9704</b> |
| <b>Total with available Visit 2 data</b>  | <b>9339</b> |
| Prevalent breast cancer self-reported in first annual questionnaire (year 1)    | 470         |
| Additional prevalent breast cancer diagnosed before visit 2                     | 52          |
| Censored before visit 2   | 1           |
| No available data on breast cancer status during follow-up                      | 113         |
| Confirmed cases   | 443         |
| Non-cases   | 8260        |
| <b>Total with confirmed breast cancer information, eligible for V2 analysis</b> | <b>8703</b> |
| Total with missing covariate data   | 2008        |
| Aspirin or Ibuprofen at visit 2   | 438         |
| Potential confounding factors at visit 2  | 1570        |
| <b>Final sample for V2 analysis</b>   | <b>6695</b> |

**Table 31. Characteristics of women by breast cancer status in the Study of Osteoporotic Fractures**

| Variable                                | Controls (n=6323) |    | Cases (n=372) |    | p-value |
|---|-------------------|----|---------------|----|---------|
|   | n                 | %  | n             | %  |         |
| <b>Clinic*</b>                          |                   |    |               |    | 0.34    |
| <b>A</b>                                | 1670              | 26 | 111           | 30 |         |
| <b>B</b>                                | 1540              | 24 | 95            | 25 |         |
| <b>C</b>                                | 1412              | 22 | 77            | 21 |         |
| <b>D</b>                                | 1701              | 27 | 89            | 24 |         |
| <b>Age (<math>\pm</math>SD), years</b>  | 73 (5)            |    | 72 (4)        |    | 0.0004  |
| <b>Age (years)</b>                      |                   |    |               |    |         |
| <b>&lt;72</b>                           | 3307              | 52 | 221           | 59 | 0.008   |
| <b>73+</b>                              | 3016              | 48 | 151           | 41 |         |
| <b>Education*</b>                       |                   |    |               |    | 0.17    |
| <b>&lt;High school</b>                  | 1362              | 21 | 69            | 19 |         |
| <b>High school graduate</b>             | 4961              | 78 | 303           | 81 |         |
| <b>Family history of breast cancer*</b> |                   |    |               |    | 0.03    |
| <b>No</b>                               | 5500              | 87 | 309           | 83 |         |
| <b>Yes</b>                              | 823               | 13 | 63            | 17 |         |
| <b>Age at first Menses</b>              |                   |    |               |    | 0.22    |
| <b>&lt;12</b>                           | 745               | 12 | 49            | 14 |         |
| <b>12-13</b>                            | 3337              | 54 | 204           | 57 |         |
| <b>14+</b>                              | 2086              | 34 | 106           | 30 |         |
| <b>Missing</b>                          | 155               |    | 13            |    |         |
| <b>Parity*</b>                          |                   |    |               |    | 0.99    |
| <b>Nulliparous</b>                      | 1179              | 19 | 67            | 18 |         |
| <b>1</b>                                | 871               | 14 | 51            | 14 |         |
| <b>2</b>                                | 1726              | 27 | 102           | 27 |         |
| <b>3</b>                                | 1284              | 20 | 79            | 21 |         |
| <b>4</b>                                | 660               | 10 | 37            | 10 |         |
| <b>5+</b>                               | 603               | 9  | 36            | 10 |         |
| <b>Nulliparous*</b>                     |                   |    |               |    | 0.76    |
| <b>No</b>                               | 5144              | 81 | 305           | 82 |         |
| <b>Yes</b>                              | 1179              | 19 | 67            | 18 |         |
| <b>Age at first live birth</b>          |                   |    |               |    | 0.78    |
| <b><math>\leq</math>20</b>              | 791               | 15 | 45            | 15 |         |
| <b>&gt;20</b>                           | 4344              | 85 | 259           | 85 |         |
| <b>Missing</b>                          | 1188              |    | 68            |    |         |
| <b>Age (years) at menopause*</b>        |                   |    |               |    | 0.63    |
| <b><math>\leq</math>40</b>              | 550               | 10 | 30            | 9  |         |
| <b>41-45</b>                            | 1017              | 19 | 65            | 21 |         |
| <b>46-50</b>                            | 2034              | 38 | 110           | 35 |         |
| <b><math>\geq</math>51</b>              | 1726              | 32 | 108           | 34 |         |
| <b>Missing</b>                          | 996               |    | 59            |    |         |
| <b>Surgical menopause*</b>              |                   |    |               |    | 0.18    |
| <b>No</b>                               | 5555              | 88 | 318           | 85 |         |
| <b>Yes</b>                              | 768               | 12 | 54            | 14 |         |

**Table 31 (continued)**

| Variable  | Controls (n=6323) |    | Cases (n=372) |    | p-value |
|---|-------------------|----|---------------|----|---------|
|   | n                 | %  | n             | %  |         |
| <b>Estrogen only therapy (Oral)*</b>                    |                   |    |               |    | 0.003   |
| Never use   | 3645              | 58 | 190           | 51 |         |
| Past use  | 1777              | 28 | 106           | 28 |         |
| Current use   | 901               | 14 | 76            | 20 |         |
| <b>Estrogen only therapy (Any Current)*</b>             |                   |    |               |    | 0.001   |
| No  | 5422              | 86 | 296           | 80 |         |
| Yes   | 901               | 14 | 76            | 20 |         |
| <b>Average no. of alcoholic drinks/week (±SD)*</b>      | 2 (4)             |    | 2 (4)         |    | 0.96    |
| <b>Average no. of alcoholic drinks/week*</b>            |                   |    |               |    | 0.59    |
| None  | 1830              | 29 | 102           | 27 |         |
| <1  | 2134              | 34 | 131           | 35 |         |
| 1-2   | 780               | 12 | 50            | 13 |         |
| 2-7   | 1041              | 16 | 65            | 17 |         |
| >7  | 538               | 9  | 24            | 6  |         |
| <b>Cigarette Smoking</b>                                |                   |    |               |    | 0.09    |
| Never   | 3802              | 60 | 245           | 66 |         |
| Former  | 2026              | 32 | 102           | 27 |         |
| Current   | 495               | 8  | 25            | 7  |         |
| <b>Walks for exercise*</b>                              |                   |    |               |    | 0.37    |
| No  | 3006              | 47 | 168           | 45 |         |
| Yes   | 3317              | 52 | 204           | 55 |         |
| <b>Body mass index §</b>                                |                   |    |               |    | 0.07    |
| <25   | 2849              | 45 | 150           | 40 |         |
| 25+   | 3474              | 55 | 222           | 60 |         |
| <b>Hypertension*</b>                                    |                   |    |               |    | 0.3     |
| Never   | 3944              | 62 | 242           | 65 |         |
| Ever  | 2379              | 38 | 130           | 35 |         |
| <b>Hip bone mineral density (±SD), g/cm<sup>2</sup></b> | 0.76 (0.13)       |    | 0.79 (0.12)   |    | <0.0001 |
| <b>Stroke</b>   |                   |    |               |    | 0.7     |
| Never   | 6020              | 96 | 358           | 96 |         |
| Ever  | 262               | 4  | 14            | 4  |         |
| Missing   | 41                |    | 0             |    |         |
| <b>Heart Attack</b>                                     |                   |    |               |    | 0.52    |
| Never   | 5076              | 93 | 299           | 94 |         |
| Ever  | 377               | 7  | 19            | 6  |         |
| Missing   | 870               |    | 54            |    |         |
| <b>Mammogram at visit 3</b>                             |                   |    |               |    | 0.03    |
| No  | 839               | 20 | 36            | 15 |         |
| Yes   | 3275              | 80 | 209           | 85 |         |
| Missing   | 2209              |    | 127           |    |         |

\*Information collected at baseline clinical visit.

† History of breast cancer in a mother or sister.

§ Weight (kg)/height<sup>2</sup> (m<sup>2</sup>).

**Table 32. Clinical characteristics of breast cancer cases by regular aspirin use, SOF (1986-1993)**

| Characteristics                        | Regular use of aspirin in past 12 mos |    |             |    | p-value | Daily use of aspirin for at least 1 year |     |            |    | p-value |
|--|---------------------------------------|----|-------------|----|---------|--|-----|------------|----|---------|
|  | No (n=229)                            |    | Yes (n=143) |    |         | No (n=297)                               |     | Yes (n=75) |    |         |
|  | n                                     | %  | n           | %  |         | n  | %   | n          | %  |         |
| Age at diagnosis, mean (SD), y         | 78 (5)                                |    | 79 (6)      |    | 0.38    | 78 (5)                                   |     | 78 (6)     |    | 0.75    |
| Estrogen receptor status, No. (%)†     |                                       |    |             |    | §       |  |     |            |    | §       |
| Positive                               | 168                                   | 73 | 101         | 71 |         | 211                                      | 71  | 58         | 77 |         |
| Negative                               | 20                                    | 9  | 17          | 12 |         | 32                                       | 11  | 5          | 7  |         |
| Borderline                             | 0                                     | 0  | 1           | 1  |         | 1  | 0.3 | 0          | 0  |         |
| Unknown                                | 41                                    | 18 | 24          | 17 |         | 53                                       | 18  | 12         | 16 |         |
| Estrogen receptor status, No. (%)†     |                                       |    |             |    | 0.34    |  |     |            |    | 0.26    |
| Positive                               | 168                                   | 89 | 102         | 86 |         | 212                                      | 87  | 58         | 8  |         |
| Negative                               | 20                                    | 11 | 17          | 14 |         | 32                                       | 13  | 5          | 92 |         |
| missing                                | 41                                    |    | 24          |    |         | 53                                       |     | 12         |    |         |
| Progesterone receptor status, No. (%)† |                                       |    |             |    | §       |  |     |            |    | §       |
| Positive                               | 131                                   | 57 | 78          | 55 |         | 169                                      | 57  | 40         | 53 |         |
| Negative                               | 49                                    | 21 | 39          | 27 |         | 66                                       | 22  | 22         | 29 |         |
| Borderline                             | 5                                     | 2  | 2           | 1  |         | 6  | 2   | 1          | 1  |         |
| Unknown                                | 44                                    | 19 | 24          | 17 |         | 56                                       | 19  | 12         | 16 |         |
| Progesterone receptor status, No. (%)† |                                       |    |             |    | 0.24    |  |     |            |    | 0.24    |
| Positive                               | 136                                   | 74 | 80          | 67 |         | 175                                      | 73  | 41         | 65 |         |
| Negative                               | 49                                    | 26 | 39          | 33 |         | 66                                       | 27  | 22         | 35 |         |
| missing                                | 44                                    |    | 24          |    |         | 56                                       |     | 12         |    |         |
| Cancer stage at diagnosis, No. (%)‡    |                                       |    |             |    | 0.92    |  |     |            |    | 0.88    |
| O (in situ)                            | 33                                    | 14 | 19          | 13 |         | 41                                       | 14  | 11         | 15 |         |
| I                                      | 127                                   | 55 | 79          | 55 |         | 167                                      | 56  | 39         | 52 |         |
| II (no nodes)                          | 27                                    | 12 | 14          | 10 |         | 35                                       | 12  | 6          | 8  |         |
| II (+ nodes)                           | 23                                    | 10 | 13          | 9  |         | 25                                       | 8   | 11         | 15 |         |
| III                                    | 6                                     | 3  | 8           | 6  |         | 11                                       | 4   | 3          | 4  |         |
| IV                                     | 1                                     | 0  | 3           | 2  |         | 4  | 1   | 0          | 0  |         |
| Unknown                                | 12                                    | 5  | 7           | 5  |         | 14                                       | 5   | 5          | 7  |         |

†Women with unknown estrogen receptor status were excluded in statistical tests.

‡The p value compares women with stage II cancer or greater at diagnosis with other cases. Women with unknown cancer stage at diagnosis were excluded from this analysis.

|| Borderline recoded to positive; § Cell sizes too sparse to use chi square test to compare clinical characteristic by medication use.



**Table 33. Clinical characteristics of breast cancer cases by regular non-aspirin NSAID use, SOF (1986-1993)**

| Characteristics                        | Regular use of a non-aspirin NSAID<br>in past 12 months |    |            |    | p-value | Daily use of a non-aspirin NSAID for<br>at least 1 year |    |            |    | p-value |
|--|---|----|------------|----|---------|---|----|------------|----|---------|
|  | No (n=273)  |    | Yes (n=99) |    |         | No (n=323)  |    | Yes (n=49) |    |         |
|  | n   | %  | n          | %  |         | n   | %  | n          | %  |         |
| Age at diagnosis, mean (SD), y         | 78 (5)  |    | 79 (6)     |    | 0.47    | 78 (5)  |    | 78 (6)     |    | 0.37    |
| Estrogen receptor status, No. (%)†     |   |    |            |    | §       |   |    |            |    | §       |
| Positive                               | 194   | 71 | 75         | 76 |         | 231   | 71 | 38         | 78 |         |
| Negative                               | 30  | 11 | 7          | 7  |         | 32  | 10 | 5          | 10 |         |
| Borderline                             | 1   | 0  | 0          | 0  |         | 1   | 0  | 0          | 0  |         |
| Unknown                                | 48  | 17 | 17         | 17 |         | 59  | 18 | 6          | 12 |         |
| Estrogen receptor status, No. (%)†     |   |    |            |    | 0.25    |   |    |            |    | 0.93    |
| Positive                               | 195   | 87 | 75         | 91 |         | 232   | 88 | 38         | 88 |         |
| Negative                               | 30  | 13 | 7          | 8  |         | 32  | 12 | 5          | 12 |         |
| missing                                | 48  |    | 17         |    |         | 59  |    | 6          |    |         |
| Progesterone receptor status, No. (%)† |   |    |            |    | §       |   |    |            |    | §       |
| Positive                               | 149   | 54 | 60         | 61 |         | 181   | 56 | 28         | 57 |         |
| Negative                               | 68  | 25 | 20         | 20 |         | 73  | 23 | 15         | 31 |         |
| Borderline                             | 5   | 2  | 2          | 2  |         | 7   | 2  | 0          | 0  |         |
| Unknown                                | 51  | 19 | 17         | 17 |         | 62  | 19 | 6          | 12 |         |
| Progesterone receptor status, No. (%)† |   |    |            |    | 0.29    |   |    |            |    | 0.35    |
| Positive                               | 154   | 69 | 62         | 76 |         | 188   | 72 | 28         | 65 |         |
| Negative                               | 68  | 31 | 20         | 24 |         | 73  | 28 | 15         | 35 |         |
| missing                                | 51  |    | 17         |    |         | 62  |    | 6          |    |         |
| Cancer stage at diagnosis, No. (%)‡    |   |    |            |    | 0.87    |   |    |            |    | §       |
| O (in situ)                            | 40  | 15 | 12         | 12 |         | 48  | 15 | 4          | 8  |         |
| I                                      | 151   | 55 | 55         | 55 |         | 179   | 55 | 27         | 55 |         |
| II (no nodes)                          | 31  | 11 | 10         | 10 |         | 34  | 11 | 7          | 14 |         |
| II (+ nodes)                           | 30  | 11 | 6          | 6  |         | 33  | 10 | 3          | 6  |         |
| III                                    | 8   | 3  | 6          | 6  |         | 12  | 4  | 2          | 4  |         |
| IV                                     | 1   | 0  | 3          | 3  |         | 3   | 1  | 1          | 2  |         |
| Unknown                                | 12  | 4  | 7          | 7  |         | 14  | 4  | 5          | 10 |         |

†Women with unknown estrogen receptor status were excluded in statistical tests.

‡The p value compares women with stage II cancer or greater at diagnosis with other cases. Women with unknown cancer stage at diagnosis were excluded from this analysis.

|| Borderline recoded to positive; § Cell sizes too sparse to use chi square test to compare clinical characteristic by medication use.

**Table 34. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use by estrogen receptor (ER) status in the Study of Osteoporotic Fractures, 1986-1993**

| Risk Factor   | Cases  | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|--|-------------|------------|------------|------------|-------------|------------|
|   | ER+<br>(ER+/PR+<br>or<br>ER+/PR-)<br>(n=270) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Aspirin ≥ 1/week in past 12 months</b>             |  |             |            |            |            |             |            |
| No  | 168  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 102  | 0.95        | 0.74, 1.22 | 0.95       | 0.75, 1.22 | 0.93        | 0.72, 1.19 |
| <b>Aspirin frequency: §</b>                           |  |             |            |            |            |             |            |
| No regular use  | 168  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 44   | 0.99        | 0.71, 1.38 | 0.98       | 0.71, 1.37 | 0.97        | 0.69, 1.35 |
| 5-7 days/week   | 51   | 0.86        | 0.63, 1.18 | 0.87       | 0.63, 1.19 | 0.83        | 0.61, 1.14 |
| Missing   | 7  |             |            |            |            |             |            |
| <b>Aspirin ~daily for 1 year or more §</b>            |  |             |            |            |            |             |            |
| No  | 212  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 58   | 1.00        | 0.75, 1.34 | 1.01       | 0.75, 1.35 | 0.97        | 0.72, 1.30 |
| <b>Aspirin duration: §</b>                            |  |             |            |            |            |             |            |
| No regular use  | 212  | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 29   | 0.91        | 0.62, 1.35 | 0.92       | 0.62, 1.35 | 0.89        | 0.60, 1.32 |
| 5+ years  | 29   | 1.12        | 0.76, 1.65 | 1.13       | 0.76, 1.66 | 1.07        | 0.72, 1.58 |
| Missing   | 0  |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 months §</b> |  |             |            |            |            |             |            |
| No  | 195  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 75   | 1.07        | 0.82, 1.40 | 1.07       | 0.82, 1.40 | 1.02        | 0.78, 1.34 |
| <b>Non-aspirin NSAID frequency: §</b>                 |  |             |            |            |            |             |            |
| No regular use  | 195  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 28   | 1.21        | 0.81, 1.80 | 1.21       | 0.81, 1.79 | 1.18        | 0.79, 1.76 |
| 5-7 days/week   | 45   | 1.00        | 0.72, 1.39 | 1.01       | 0.73, 1.39 | 0.94        | 0.68, 1.31 |
| Missing   | 2  |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for 1 year or more §</b>  |  |             |            |            |            |             |            |
| No  | 232  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 38   | 1.10        | 0.78, 1.55 | 1.10       | 0.78, 1.55 | 1.03        | 0.72, 1.45 |
| <b>Non-aspirin NSAID duration: §</b>                  |  |             |            |            |            |             |            |
| No regular use  | 232  | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 26   | 1.13        | 0.75, 1.70 | 1.14       | 0.76, 1.70 | 1.09        | 0.72, 1.63 |
| 5+ years  | 12   | 1.06        | 0.59, 1.89 | 1.05       | 0.59, 1.88 | 0.94        | 0.52, 1.68 |
| Missing   | 0  |             |            |            |            |             |            |

**Table 34 (continued)**

| Risk Factor  | Cases  | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|--|--|-------------|------------|------------|------------|-------------|------------|
|  | ER+<br>(ER+/PR+<br>or<br>ER+/PR-)<br>(n=270) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>       |  |             |            |            |            |             |            |
| No   | 129  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 141  | 0.92        | 0.73, 1.17 | 0.93       | 0.73, 1.18 | 0.88        | 0.69, 1.13 |
| <b>Any NSAIDs frequency: §</b>                     |  |             |            |            |            |             |            |
| No regular use                                     | 129  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 75   | 0.86        | 0.65, 1.15 | 0.87       | 0.65, 1.16 | 0.81        | 0.61, 1.09 |
| 5-7 days/week                                      | 60   | 0.97        | 0.71, 1.31 | 0.96       | 0.71, 1.31 | 0.93        | 0.69, 1.27 |
| Missing  | 6  |             |            |            |            |             |            |
| <b>Any NSAIDs ~daily for 1 year or more §</b>      |  |             |            |            |            |             |            |
| No   | 189  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 81   | 0.98        | 0.76, 1.27 | 0.99       | 0.76, 1.28 | 0.94        | 0.72, 1.22 |
| <b>NSAIDs duration: §</b>                          |  |             |            |            |            |             |            |
| No regular use                                     | 189  | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 45   | 0.95        | 0.69, 1.32 | 0.96       | 0.69, 1.32 | 0.92        | 0.66, 1.28 |
| 5+ years   | 36   | 1.03        | 0.72, 1.47 | 1.04       | 0.73, 1.48 | 0.96        | 0.67, 1.38 |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months §</b>  |  |             |            |            |            |             |            |
| No   | 211  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 58   | 0.95        | 0.71, 1.27 | 0.94       | 0.71, 1.26 | 0.92        | 0.68, 1.23 |
| Missing  | 1  |             |            |            |            |             |            |
| <b>Acetaminophen frequency: §</b>                  |  |             |            |            |            |             |            |
| No regular use                                     | 211  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 36   | 0.98        | 0.69, 1.40 | 0.98       | 0.69, 1.40 | 0.95        | 0.67, 1.36 |
| 5-7 days/week                                      | 14   | 0.70        | 0.41, 1.20 | 0.70       | 0.41, 1.21 | 0.69        | 0.40, 1.18 |
| Missing  | 9  |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for 1 year or more § †</b> |  |             |            |            |            |             |            |
| No   | 261  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 9  |             |            |            |            |             |            |
| Missing  | 0  |             |            |            |            |             |            |

**Table 34 (continued)**

| Risk Factor                        | Cases  | Unadjusted* |        | Adjusted** |        | Adjusted*** |        |
|------------------------------------|--|-------------|--------|------------|--------|-------------|--------|
|                                    | ER+<br>(ER+/PR+<br>or<br>ER+/PR-)<br>(n=270) | HR‡         | 95% CI | HR‡        | 95% CI | HR‡         | 95% CI |
| <b>Acetaminophen duration: § †</b> |  |             |        |            |        |             |        |
| <b>No regular use</b>              | 261  | 1.00        |        | 1.00       |        | 1.00        |        |
| <b>&lt; 5 years</b>                | 4  |             |        |            |        |             |        |
| <b>5+ years</b>                    | 5  |             |        |            |        |             |        |
| <b>Missing</b>                     | 0  |             |        |            |        |             |        |

\*Proportional hazards regression models.

\*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

§ Too few hormone receptor-negative breast cancer cases to estimate HR associated with medication use.

† Too few hormone receptor-positive breast cancer cases to estimate HR associated with medication use.

**Table 35. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use by progesterone receptor status (PR+) in SOF (1986-1993)**

| Risk Factor   | Cases   | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|---------|-------------|------------|------------|------------|-------------|------------|
|   | (n=216) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>PR+ (ER+/PR+ or ER-/PR+)</b>                       |         |             |            |            |            |             |            |
| <b>Aspirin ≥ 1/week in past 12 months</b>             |         |             |            |            |            |             |            |
| No  | 136     | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 80      | 0.92        | 0.70, 1.22 | 0.93       | 0.70, 1.22 | 0.89        | 0.67, 1.18 |
| <b>Aspirin frequency: §</b>                           |         |             |            |            |            |             |            |
| No regular use  | 136     | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 40      | 1.11        | 0.78, 1.58 | 1.10       | 0.77, 1.57 | 1.08        | 0.76, 1.53 |
| 5-7 days/week   | 35      | 0.73        | 0.50, 1.06 | 0.74       | 0.51, 1.07 | 0.70        | 0.48, 1.01 |
| Missing   | 5       |             |            |            |            |             |            |
| <b>Aspirin ~daily for 1 year or more §</b>            |         |             |            |            |            |             |            |
| No  | 175     | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 41      | 0.86        | 0.61, 1.21 | 0.87       | 0.62, 1.22 | 0.82        | 0.58, 1.15 |
| <b>Aspirin duration: §</b>                            |         |             |            |            |            |             |            |
| No regular use  | 175     | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 21      | 0.81        | 0.51, 1.27 | 0.81       | 0.51, 1.27 | 0.78        | 0.49, 1.22 |
| 5+ years  | 20      | 0.94        | 0.59, 1.49 | 0.94       | 0.59, 1.50 | 0.87        | 0.55, 1.39 |
| Missing   | 0       |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 months §</b> |         |             |            |            |            |             |            |
| No  | 154     | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 62      | 1.12        | 0.83, 1.50 | 1.12       | 0.83, 1.50 | 1.06        | 0.78, 1.42 |
| <b>Non-aspirin NSAID frequency: §</b>                 |         |             |            |            |            |             |            |
| No regular use  | 154     | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 26      | 1.42        | 0.94, 2.15 | 1.42       | 0.93, 2.14 | 1.38        | 0.91, 2.10 |
| 5-7 days/week   | 34      | 0.96        | 0.66, 1.39 | 0.96       | 0.66, 1.39 | 0.89        | 0.61, 1.29 |
| Missing   | 2       |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for 1 year or more §</b>  |         |             |            |            |            |             |            |
| No  | 188     | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 28      | 1.00        | 0.67, 1.49 | 1.00       | 0.67, 1.49 | 0.91        | 0.61, 1.37 |
| <b>Non-aspirin NSAID duration: §</b>                  |         |             |            |            |            |             |            |
| No regular use  | 188     | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 18      | 0.97        | 0.60, 1.57 | 0.97       | 0.60, 1.58 | 0.92        | 0.56, 1.49 |
| 5+ years  | 10      | 1.09        | 0.57, 2.05 | 1.08       | 0.57, 2.05 | 0.93        | 0.49, 1.77 |
| Missing   | 0       |             |            |            |            |             |            |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>          |         |             |            |            |            |             |            |
| No  | 102     | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 114     | 0.94        | 0.72, 1.23 | 0.95       | 0.73, 1.24 | 0.89        | 0.68, 1.17 |

**Table 35 (continued)**

| Risk Factor  | Cases  | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|--|--|-------------|------------|------------|------------|-------------|------------|
|  | PR+<br>(ER+/PR+<br>or<br>ER-/PR+)<br>(n=216) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs frequency: §</b>                     |  |             |            |            |            |             |            |
| No regular use                                     | 102  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 55   | 0.80        | 0.58, 1.11 | 0.81       | 0.58, 1.12 | 0.74        | 0.53, 1.03 |
| 5-7 days/week                                      | 55   | 1.12        | 0.80, 1.55 | 1.11       | 0.80, 1.55 | 1.07        | 0.77, 1.49 |
| Missing  | 4  |             |            |            |            |             |            |
| <b>Any NSAIDs ~daily for 1 year or more §</b>      |  |             |            |            |            |             |            |
| No   | 158  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 58   | 0.84        | 0.62, 1.14 | 0.85       | 0.63, 1.15 | 0.78        | 0.58, 1.07 |
| <b>NSAIDs duration: §</b>                          |  |             |            |            |            |             |            |
| No regular use                                     | 158  | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 32   | 0.81        | 0.56, 1.19 | 0.82       | 0.56, 1.20 | 0.77        | 0.53, 1.13 |
| 5+ years   | 26   | 0.89        | 0.59, 1.35 | 0.90       | 0.59, 1.36 | 0.81        | 0.53, 1.23 |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months §</b>  |  |             |            |            |            |             |            |
| No   | 167  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 48   | 0.99        | 0.72, 1.36 | 0.99       | 0.72, 1.36 | 0.95        | 0.69, 1.31 |
| Missing  | 1  |             |            |            |            |             |            |
| <b>Acetaminophen frequency: §</b>                  |  |             |            |            |            |             |            |
| No regular use                                     | 167  | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 34   | 1.17        | 0.81, 1.69 | 1.17       | 0.81, 1.69 | 1.13        | 0.78, 1.64 |
| 5-7 days/week                                      | 7  | 0.44        | 0.21, 0.94 | 0.45       | 0.21, 0.95 | 0.43        | 0.20, 0.91 |
| Missing  | 8  |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for 1 year or more § †</b> |  |             |            |            |            |             |            |
| No   | 211  | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 5  |             |            |            |            |             |            |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen duration: § †</b>                 |  |             |            |            |            |             |            |
| No regular use                                     | 211  | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 2  |             |            |            |            |             |            |
| 5+ years   | 3  |             |            |            |            |             |            |
| Missing  | 0  |             |            |            |            |             |            |

\*Proportional hazards regression models.

\*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

§ Too few hormone receptor-negative breast cancer cases to estimate HR associated with medication use.

† Too few hormone receptor-positive breast cancer cases to estimate HR associated with medication use.

**Table 36. Estimated relative hazard of breast cancer associated with history of NSAID and acetaminophen use by progesterone receptor status (PR-) in SOF (1986-1993)**

| Risk Factor   | Cases                                    | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|---|--|-------------|------------|------------|------------|-------------|------------|
|   | PR-<br>(ER-/PR- or<br>ER+/PR-)<br>(n=88) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Aspirin ≥ 1/week in past 12 months</b>             |  |             |            |            |            |             |            |
| No  | 49                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 39                                       | 1.25        | 0.82, 1.90 | 1.25       | 0.82, 1.91 | 1.24        | 0.81, 1.89 |
| <b>Aspirin frequency: §</b>                           |  |             |            |            |            |             |            |
| No regular use  | 49                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 12                                       | 0.93        | 0.49, 1.74 | 0.92       | 0.49, 1.73 | 0.90        | 0.48, 1.70 |
| 5-7 days/week   | 24                                       | 1.38        | 0.85, 2.25 | 1.40       | 0.86, 2.28 | 1.39        | 0.85, 2.27 |
| Missing   | 3  |             |            |            |            |             |            |
| <b>Aspirin ~daily for 1 year or more §</b>            |  |             |            |            |            |             |            |
| No  | 66                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 22                                       | 1.21        | 0.75, 1.97 | 1.23       | 0.76, 1.99 | 1.22        | 0.75, 1.98 |
| <b>Aspirin duration: §</b>                            |  |             |            |            |            |             |            |
| No regular use  | 66                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 11                                       | 1.11        | 0.58, 2.10 | 1.11       | 0.59, 2.11 | 1.10        | 0.58, 2.09 |
| 5+ years  | 11                                       | 1.35        | 0.72, 2.57 | 1.38       | 0.73, 2.60 | 1.37        | 0.72, 2.62 |
| Missing   | 0  |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ≥ 1/week in past 12 months §</b> |  |             |            |            |            |             |            |
| No  | 68                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 20                                       | 0.82        | 0.50, 1.36 | 0.83       | 0.50, 1.36 | 0.79        | 0.48, 1.32 |
| <b>Non-aspirin NSAID frequency: §</b>                 |  |             |            |            |            |             |            |
| No regular use  | 68                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week   | 4  |             |            |            |            |             |            |
| 5-7 days/week   | 15                                       |             |            |            |            |             |            |
| Missing   | 1  |             |            |            |            |             |            |
| <b>Non-aspirin NSAID ~daily for 1 year or more §</b>  |  |             |            |            |            |             |            |
| No  | 73                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 15                                       | 1.38        | 0.79, 2.40 | 1.38       | 0.79, 2.41 | 1.35        | 0.77, 2.38 |
| <b>Non-aspirin NSAID duration: §</b>                  |  |             |            |            |            |             |            |
| No regular use  | 73                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years   | 12                                       |             |            |            |            |             |            |
| 5+ years  | 3  |             |            |            |            |             |            |
| Missing   | 0  |             |            |            |            |             |            |
| <b>Any NSAIDs ≥ 1/week in past 12 months</b>          |  |             |            |            |            |             |            |
| No  | 40                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes   | 48                                       | 1.02        | 0.67, 1.55 | 1.02       | 0.67, 1.55 | 0.99        | 0.65, 1.52 |

**Table 36 (continued)**

| Risk Factor  | Cases                                    | Unadjusted* |            | Adjusted** |            | Adjusted*** |            |
|--|--|-------------|------------|------------|------------|-------------|------------|
|  | PR-<br>(ER-/PR- or<br>ER+/PR-)<br>(n=88) | HR‡         | 95% CI     | HR‡        | 95% CI     | HR‡         | 95% CI     |
| <b>Any NSAIDs frequency: §</b>                     |  |             |            |            |            |             |            |
| No regular use                                     | 40                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 32                                       | 1.18        | 0.74, 1.88 | 1.20       | 0.75, 1.91 | 1.16        | 0.72, 1.87 |
| 5-7 days/week                                      | 13                                       | 0.68        | 0.36, 1.27 | 0.68       | 0.36, 1.26 | 0.66        | 0.35, 1.24 |
| Missing  | 3  |             |            |            |            |             |            |
| <b>Any NSAIDs ~daily for 1 year or more §</b>      |  |             |            |            |            |             |            |
| No   | 55                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 33                                       | 1.37        | 0.89, 2.10 | 1.38       | 0.90, 2.13 | 1.39        | 0.90, 2.16 |
| <b>NSAIDs duration: §</b>                          |  |             |            |            |            |             |            |
| No regular use                                     | 55                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 20                                       | 1.44        | 0.86, 2.40 | 1.46       | 0.87, 2.43 | 1.46        | 0.87, 2.45 |
| 5+ years   | 13                                       | 1.27        | 0.70, 2.33 | 1.29       | 0.70, 2.36 | 1.30        | 0.71, 2.41 |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen ≥ 1/week in past 12 months §</b>  |  |             |            |            |            |             |            |
| No   | 71                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 17                                       | 0.83        | 0.49, 1.40 | 0.82       | 0.48, 1.40 | 0.83        | 0.49, 1.41 |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen frequency: §</b>                  |  |             |            |            |            |             |            |
| No regular use                                     | 71                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| 1-4 days/week                                      | 8  |             |            |            |            |             |            |
| 5-7 days/week                                      | 7  |             |            |            |            |             |            |
| Missing  | 2  |             |            |            |            |             |            |
| <b>Acetaminophen ~daily for 1 year or more § †</b> |  |             |            |            |            |             |            |
| No   | 83                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| Yes  | 5  |             |            |            |            |             |            |
| Missing  | 0  |             |            |            |            |             |            |
| <b>Acetaminophen duration: § †</b>                 |  |             |            |            |            |             |            |
| No regular use                                     | 83                                       | 1.00        |            | 1.00       |            | 1.00        |            |
| < 5 years  | 2  |             |            |            |            |             |            |
| 5+ years   | 3  |             |            |            |            |             |            |
| Missing  | 0  |             |            |            |            |             |            |

\*Proportional hazards regression models.

\*\*Age-adjusted hazard ratio

\*\*\*Data were controlled for age, current use of estrogen therapy, BMI, surgical menopause, total hip BMD, smoking, family history of breast cancer, study center, walking for exercise, nulliparity, and hypertension.

‡HR, hazard ratio; CI, confidence interval.

§ Too few hormone receptor-negative breast cancer cases to estimate HR associated with medication use.

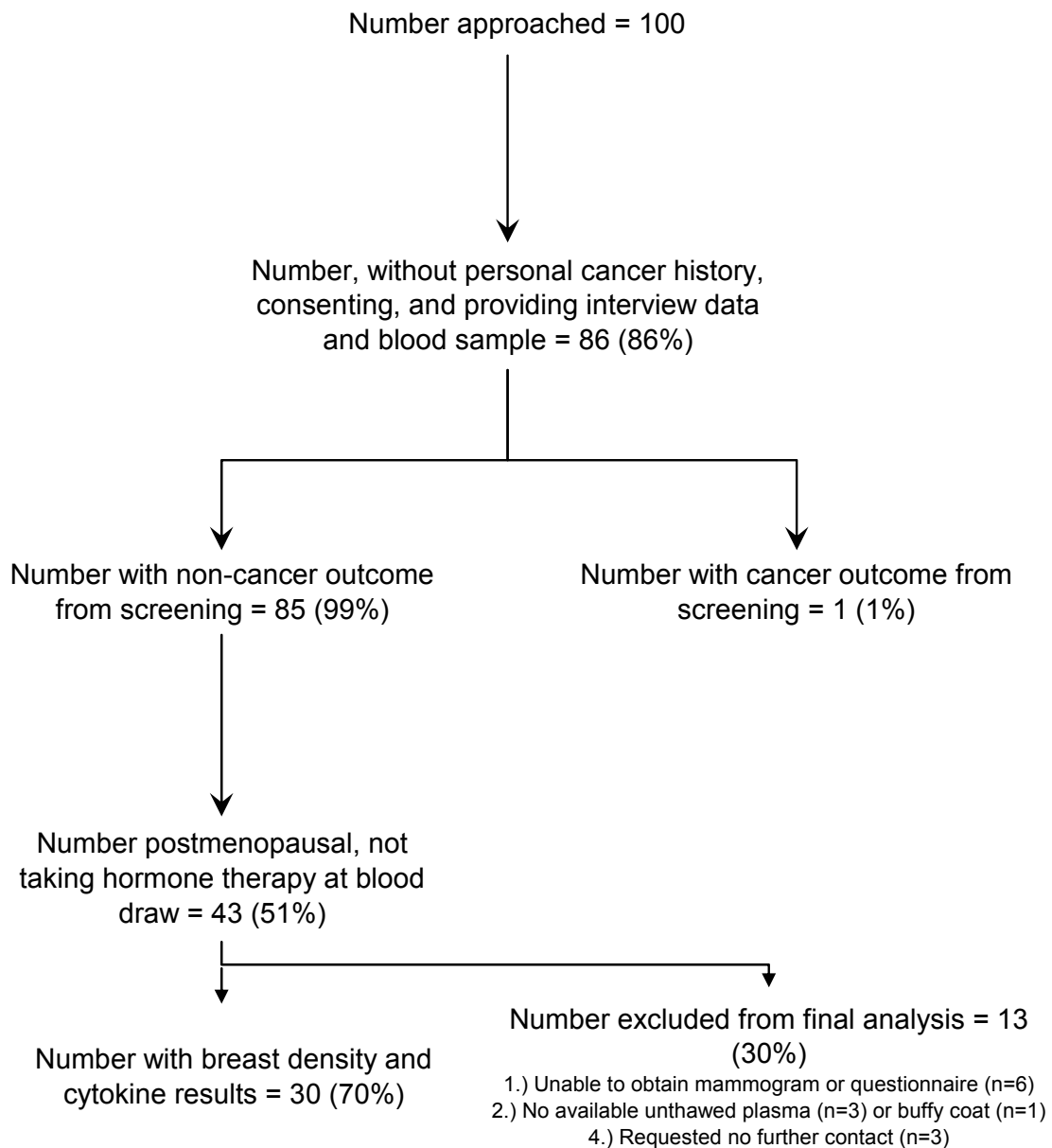
† Too few hormone receptor-positive breast cancer cases to estimate HR associated with medication use.



## **APPENDIX B**

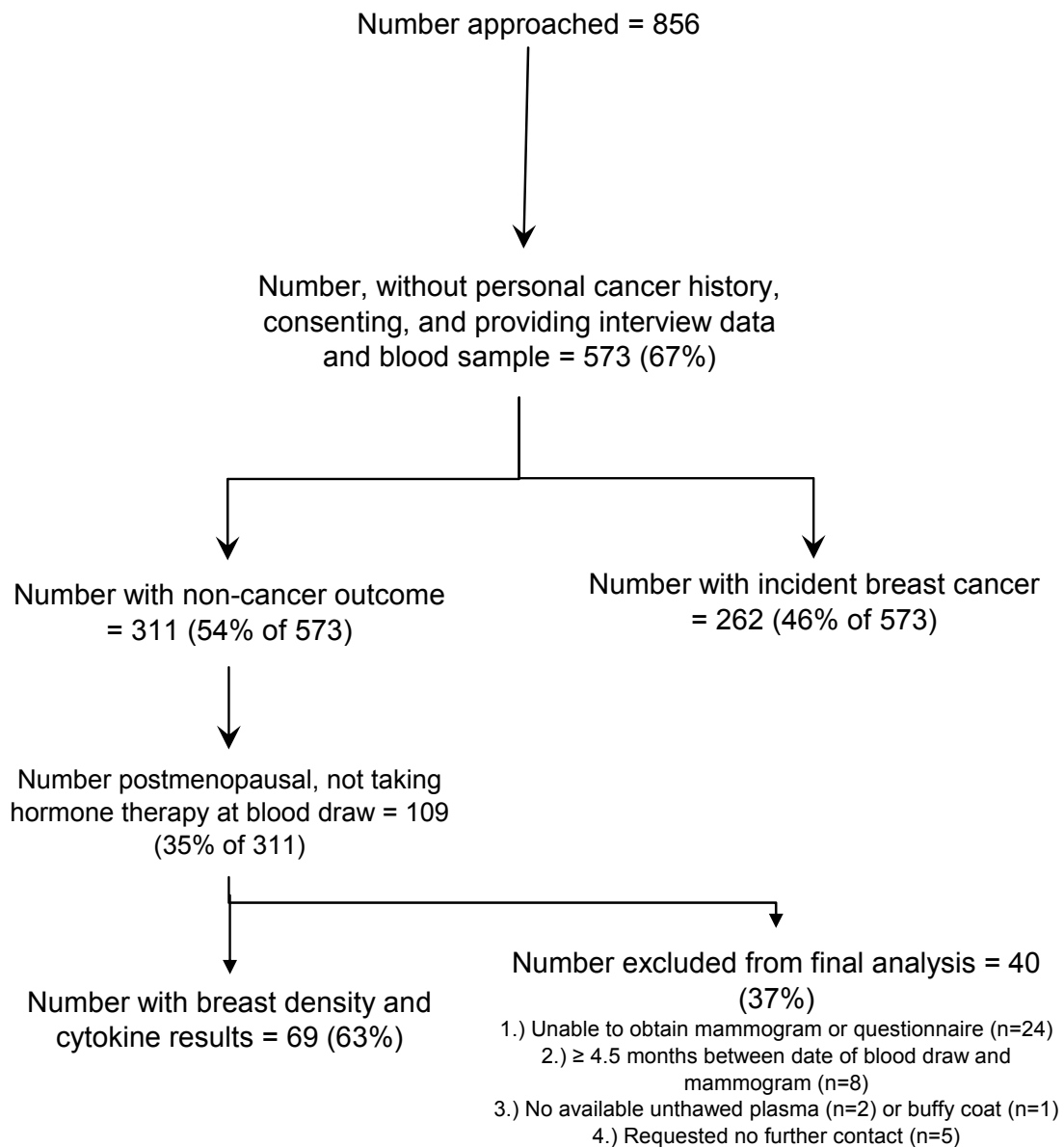
### **THE MAMMOGRAMS AND MASSES STUDY (MAMS)**

**Subject recruitment through direct solicitation of women who visited the mammography screening facility**



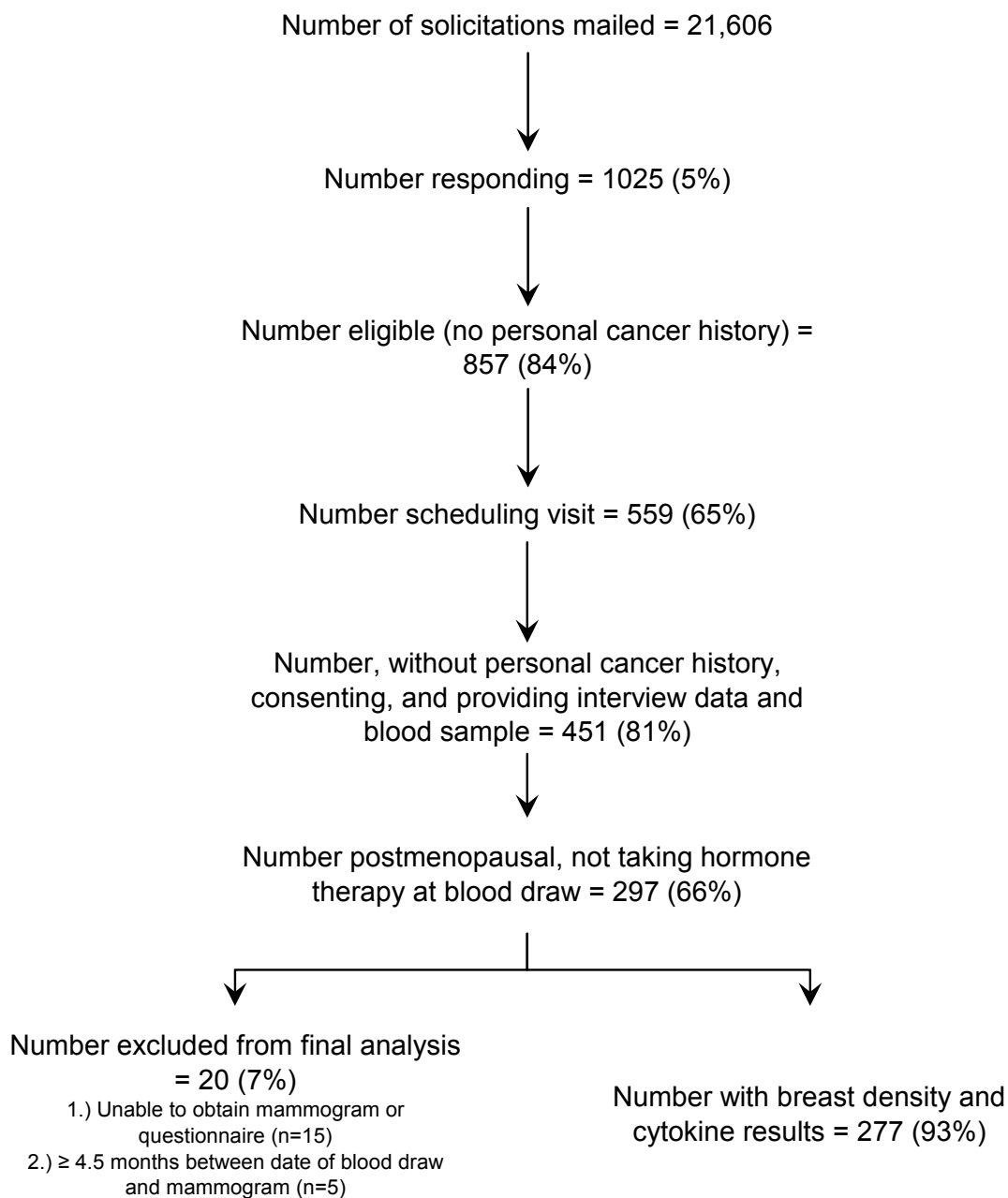
**Figure 2. Recruitment in the mammography screening facility, MAMS**

**Subject recruitment through direct solicitation of women who visited the breast biopsy facility or surgical clinic**

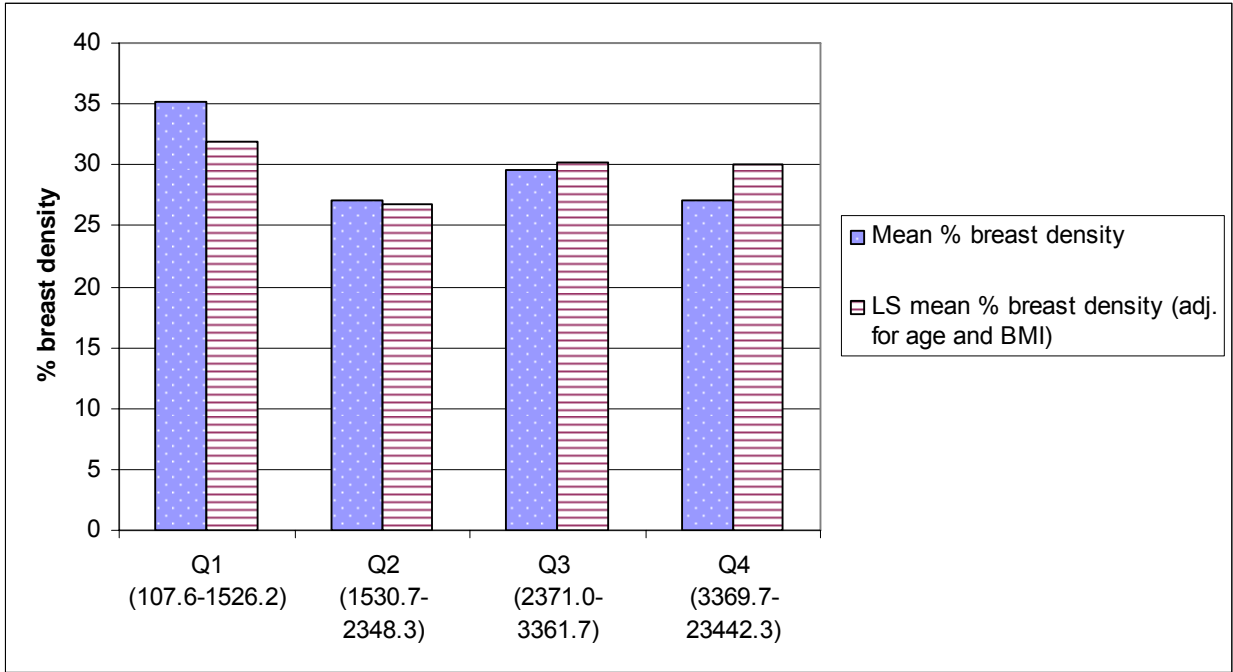


**Figure 3. Recruitment in the biopsy facility or surgical clinic, MAMS**

**Subject recruitment through solicitations mailed to women with negative screening mammography results**

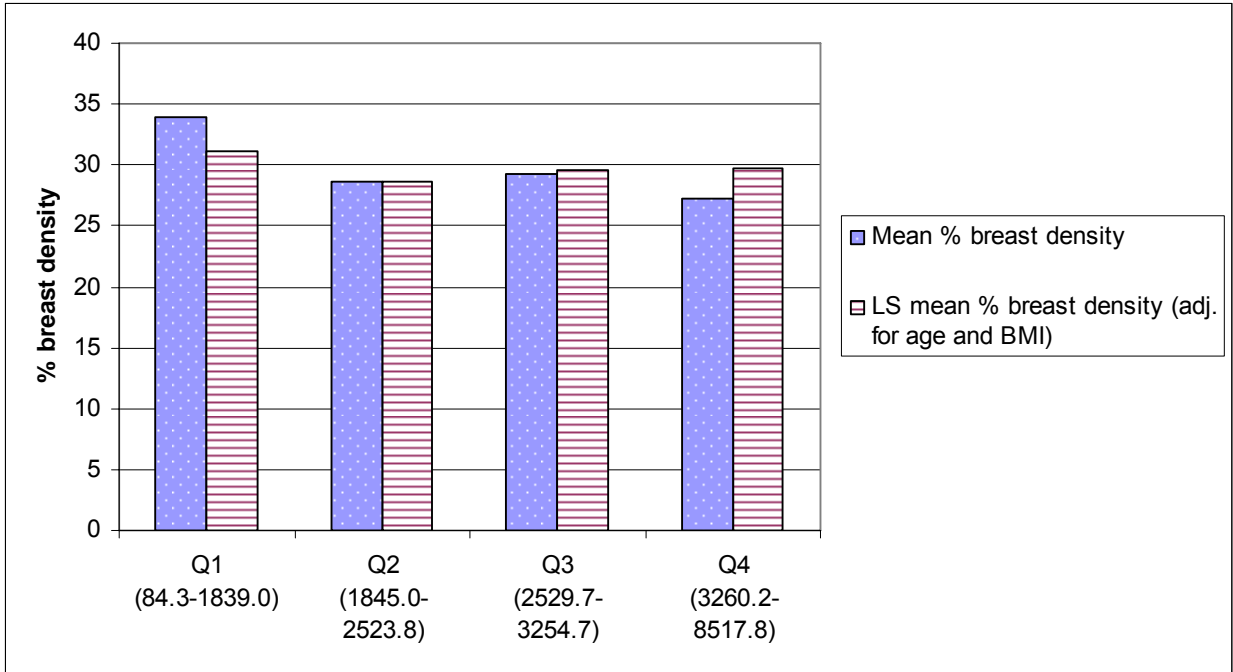


**Figure 4. Recruitment by flyer, MAMS**



LS=least squares mean; Q=quartile

**Figure 5. Mean % mammographic density by quartiles of sTNFR1, unadjusted and adjusted for age and BMI**



LS=least squares mean; Q=quartile

**Figure 6. Mean % mammographic density by quartiles of sTNFR2, unadjusted and adjusted for age and BMI**

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