

LACTATE-PROTON CO-TRANSPORT AND ITS CONTRIBUTION TO INTERSTITIAL ACIDIFICATION DURING HYPOXIA IN ISOLATED RAT SPINAL ROOTS

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Abstract—Exposure of nervous tissue to hypoxia results in interstitial acidification. There is evidence for concomitant decrease in extracellular pH to the increase in tissue lactate. In the present study, we used double-barrelled pH-sensitive microelectrodes to investigate the link between lactate transport and acid–base homeostasis in isolated rat spinal roots. Addition of different organic anions to the bathing solution at constant bath pH caused transient alkaline shifts in extracellular pH; withdrawal of these compounds resulted in transient acid shifts in extracellular pH. With high anion concentrations (30 mM), the largest changes in extracellular pH were observed with propionate > L-lactate \approx pyruvate > 2-hydroxy-2-methylpropionate. Changes in extracellular pH induced by 10 mM L- and D-lactate were of similar size. Lactate transport inhibitors α -cyano-4-hydroxycinnamic acid and 4,4'-dibenzamidostilbene-2,2'-disulphonic acid significantly reduced L-lactate-induced extracellular pH shifts without affecting propionate-induced changes in extracellular pH. Hypoxia produced an extracellular acidification that was strongly reduced in the presence of α -cyano-4-hydroxycinnamic acid and 4,4'-dibenzamidostilbene-2,2'-disulphonic acid. In contrast, amiloride and 4,4'-di-isothiocyanostilbene-2,2'-disulphonate were without effect on hypoxia-induced acid shifts.

The results indicate the presence of a lactate–proton co-transporter in rat peripheral nerves. This transport system and not Na^+/H^+ or $\text{Cl}^-/\text{HCO}_3^-$ exchange seems to be the dominant mechanism responsible for interstitial acidification during nerve hypoxia.

Interstitial acidosis in the nervous system has long been recognized to be a consequence of repetitive electrical stimulation, seizure activity, superfusion with high K^+ concentrations and/or exposure to hypoxia.⁷ Experimental evidence suggests that lactic acid production may underlie extracellular acid shifts in some of these conditions: (a) a close correlation in the time courses of change in extracellular pH and lactate was found during and after cortical spreading depression;^{29,37} (b) inhibition of glycolysis antagonized the interstitial acidification during superfusion of rat cerebellum with 40 mM K^+ ;²⁴ (c) a clear correlation between glucose availability of neural tissue and the extent of hypoxia-induced acidification was shown both *in vivo*^{8,40} and *in vitro*.^{25,42} However, the mechanism involved in transmembrane proton extrusion during lactacidosis in the nervous system is not clear.⁷ On the one hand, transport of lactate has been described in the striatum,²⁶ in hippocampal slices,² and in cultured astrocytes and neurons.⁴⁵ On the other hand, the contribution of a lactate–proton co-transporter to extracellular acid shifts in the

nervous system has not yet been demonstrated. On the contrary, Krnjević and Walz²⁵ reported that DL-*p*-hydroxyphenyl-lactic acid (HPL), a weak inhibitor of lactate transport in Ehrlich ascites tumour cells (K_i 3.6 mM),⁴¹ failed to diminish acid transients evoked by anoxia in rat hippocampal slices, and concluded that these are not mediated principally by lactate transport.

Co-transport of lactate and protons, mediated by a specific transporter, has been clearly demonstrated in Ehrlich ascites tumour cells,⁴¹ erythrocytes,^{10,12} canine⁴³ and guinea-pig³⁰ cardiac myocytes, skeletal muscle from rat^{23,36} and frog,²⁸ rat liver cells¹³ and rabbit corneal epithelium.⁵ On the other hand, passive diffusion of lactic acid as a dominant pathway for lactate transport has been shown in toadfish hepatocytes⁴⁴ and L6 myoblasts.⁴ Indeed, in all cells some diffusion of lactic acid can occur, resulting in similar proton fluxes, but these are not sensitive to inhibitors of the transporter.¹⁰

In the present study, we have used double-barrelled pH-sensitive microelectrodes to investigate the link between lactate transport and acid–base homeostasis in isolated rat spinal roots. The effects of lactate and other organic anions on the extracellular pH (pH_e) of spinal roots were studied under normoxic and hypoxic conditions, in the presence and absence of inhibitors of lactate–proton co-transporters. This enabled us to determine the dominant

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Abbreviations: CHC, α -cyano-4-hydroxycinnamic acid; DBDS, 4,4'-dibenzamidostilbene-2,2'-disulphonic acid; DIDS, 4,4'-di-isothiocyanostilbene-2,2'-disulphonate; HEPES, *N*-2-hydroxyethylpiperazine-*N'*-2-ethanesulphonic acid; HPL, DL-*p*-hydroxyphenyl-lactic acid; pH_e , extracellular (interstitial) pH.

transmembrane pathway for lactate and the mechanisms underlying the hypoxia-induced acidification in rat peripheral nerves.

Some preliminary results of this study have been presented in abstract form at a meeting of the German Physiological Society.³⁹

EXPERIMENTAL PROCEDURES

Animals and preparation

Male Wistar rats, weighing 300–400 g, were obtained from Thomae, Biberach, Germany. The animals were anaesthetized with urethane (1.5 g/kg, *i.p.*, supplemented as required) for a laminectomy to expose the cauda equina and the spinal ganglia. Spinal roots were removed in their entire length (from the spinal cord to the spinal nerve) for *in vitro* recordings. The anatomical relationship of the isolated roots to the spinal ganglia enabled us to differentiate between dorsal and ventral roots. After preparation the spinal roots were stored in the standard solution containing 2.5 mM glucose at room temperature until they were transferred to the experimental organ bath.

Experimental set-up

Recordings from isolated rat spinal roots were made in a commercially available three-chambered plexiglas organ bath (Marsh ganglion bath; Hugo Sachs Elektronik, March-Hugstetten, Germany), which has been described previously.³⁸ A constant superfusion of the spinal root in the central compartment with temperature-adjusted saline (36°C, flow rate 13 ml/min) was produced by means of gas pressure in a closed perfusion system.⁴² The pO_2 was monitored continuously by a Clark style electrode (Diamond Electro-Tech Inc., Ann Arbor, MI, U.S.A.) and was found to be less than 3 mmHg in the hypoxic solution. The end of a spinal root in one of the lateral compartments was drawn into a suction electrode which was used for stimulation of A fibres (supramaximal single square voltage pulses; duration: 0.1 ms, stimulation rate: 0.2 Hz). A pair of silver chloride/agar electrodes in the central and the other lateral compartment of the organ bath was used to record compound nerve action potentials and the extracellular d.c. potential. The amplitude of the A fibre compound action potential (peak height) was measured continuously by means of a peak detector.

pH-sensitive microelectrodes

Double-barrelled pH-sensitive microelectrodes of the twisted type were constructed according to a method described in detail by Ballanyi and Schlue.³ The central barrel contained the pH-sensitive cocktail (Hydrogen Ion Ionophore I-Cocktail A 95291; Fluka, Buchs, Switzerland) and was backfilled with a mixed electrolyte solution of 100 mM sodium citrate and 100 mM sodium chloride (pH adjusted to 6.0). The reference barrel was filled with 1 M magnesium acetate solution. Each electrode was calibrated in a HEPES (6 mM)-buffered standard solution adjusted to pH 7.4 and in a piperazine-*N,N'*-bis-ethanesulphonic acid (6 mM)-buffered standard solution adjusted to pH 6.4. The average slope of the electrodes was 54.8 mV/pH unit ($n = 31$). The pH sensitivity of the electrodes was not influenced by the chemicals used in the present experiments. During the experiments, the double-barrelled pH-sensitive microelectrodes were inserted into the centre of the spinal roots for continuous measurement of the pH_e .

Data and statistics

Data were recorded, stored and analysed (averaged) on a digital oscilloscope (Nicolet 4562). Data are expressed as mean \pm S.E. (standard error). Statistical analysis was

performed by an unpaired two-tailed *t*-test to assess significance of differences. Differences were considered to be significant at $P < 0.05$ (*), highly significant at $P < 0.01$ (**) and extremely significant at $P < 0.001$ (***).

Physiological solutions

The standard solution contained (in mM): 118 NaCl, 3 KCl, 1.5 CaCl₂ and 1 MgCl₂. HCO₃⁻-buffered solutions consisted of the standard solution plus 25 mM NaHCO₃ and 1.2 mM NaH₂PO₄, equilibrated with 5% CO₂/12% O₂/83% N₂ (normoxia) or 5% CO₂/95% N₂ (hypoxia). HCO₃⁻-free solutions consisted of the standard solution plus 20 mM sodium gluconate and 6 mM HEPES and were bubbled with 12% O₂/88% N₂ (normoxia) or ultra pure argon (hypoxia). The glucose concentration in all solutions was 2.5 mM. L-Lactate (Na- or Li-salt), D-lactate (Li-salt), pyruvate (Na-salt) and propionate (Na-salt) were added to the standard solution in their crystalline form. 2-Hydroxy-2-methylpropionate (α -hydroxyisobutyrate, free acid) was stored as a neutralized stock solution in water. α -Cyano-4-hydroxycinnamic acid (CHC), HPL, 4,4'-diisothiocyanostilbene-2,2'-disulphonate (DIDS), 4,4'-dibenzamido-stilbene-2,2'-disulphonic acid (Na₂-salt, DBDS) and amiloride were dissolved in dimethyl sulphoxide (0.3%). The buffering power in solutions containing CHC was adjusted to the value of the standard solution by reducing the HEPES concentration. The osmolarity of all solutions was kept constant by reducing the concentration of NaCl in the standard solution. The final pH was adjusted to 7.4 by addition of NaOH. All chemicals in this study were purchased from Sigma, Munich, Germany, except for DBDS, which was synthesized as described previously.³³ Ultra pure argon was obtained from Linde AG, Unterschleißheim, Germany.

RESULTS

Lactate-induced changes in extracellular pH

A stable pH_e between 7.2 and 7.3 in the centre of isolated rat spinal roots was observed a few minutes after the insertion of the double-barrelled pH-sensitive microelectrodes. Changes in the L-lactate concentration of the bathing solution (at constant bath pH) led to transient shifts in pH_e . The extent of changes in pH_e was dependent on the buffering power of the bathing solution. Averaged pH_e recordings of this effect from three different spinal roots are illustrated in Fig. 1. First, 30 mM L-lactate was added to CO₂/HCO₃⁻-buffered bathing solutions in exchange for an equimolar concentration of chloride (Fig. 1A). This change in the ionic composition did not alter the pH of the bathing solution. However, a transient alkaline shift in pH_e of about 0.04 pH units was observed in the spinal roots. Conversely, a transient acid shift of about 0.06 pH units occurred after withdrawal of L-lactate from the bathing solution. Afterwards, an identical experimental protocol was performed with an unchanged position of the pH-sensitive microelectrode in the same spinal roots. This time L-lactate (30 mM) was applied during superfusion of the spinal roots with HEPES-buffered solution (Fig. 1B). L-Lactate-induced changes in pH_e were much enhanced under these conditions: 0.14 pH units during the alkaline transient and 0.20 pH units during the acid transient, respectively. In contrast, the resting pH_e of the spinal

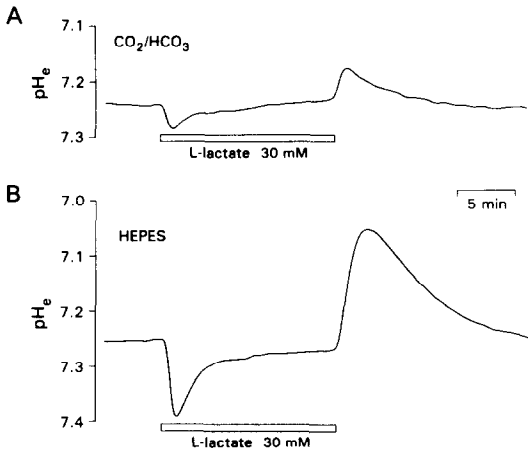


Fig. 1. Effects of L-lactate on pH_e in the centre of isolated rat spinal roots in solutions with different buffering power. (A) Sodium chloride (30 mM) in the bathing solution (buffered with 5% $CO_2/25$ mM HCO_3^-) was replaced by an equimolar concentration of sodium L-lactate during the period indicated by the bar (at constant bath pH). (B) The same experimental protocol was performed at constant position of the pH-sensitive microelectrodes after the buffer in the saline was changed from CO_2/HCO_3^- to HEPES (6 mM). The figure shows the averaged data from three experiments.

roots was not altered by the transition from CO_2/HCO_3^- -buffered to HEPES-buffered solutions. As a consequence of this observation, all of the following experiments were performed in HEPES-buffered HCO_3^- -free bathing solutions in order to reduce the buffering power of the bathing solution and thereby to augment changes in pH_e .

To study the concentration dependence of the effects of L-lactate on pH_e , different spinal roots

were exposed to various L-lactate concentrations. Figure 2A illustrates changes in pH_e induced by addition and withdrawal of 1, 3, 10 and 30 mM L-lactate. A clear increase in the magnitude and the initial rise of both alkaline and acid transients was observed with higher concentrations of L-lactate. Quantitatively, the mean changes in pH_e seen during the application of 1, 3, 10 and 30 mM L-lactate were 0.02, 0.07, 0.11 and 0.17 pH units (alkaline shifts) and 0.03, 0.08, 0.13 and 0.20 pH units (acid shifts), respectively (see also Fig. 3B).

One feature that may characterize the transport mechanism for lactate is its stereoselectivity. For example, the lactate-proton co-transporters present in erythrocytes¹¹ and hepatocytes¹³ have a much higher affinity for L-lactate than for D-lactate. In contrast, the transporters in cardiac muscle³⁰ and Ehrlich ascites tumour cells⁴¹ are much less stereoselective for the L-isomer. Therefore, we studied the effects of both L-lactate and D-lactate on pH_e of the same spinal roots. The results are shown in Fig. 2B (mean of three pH_e recordings). Each spinal root was exposed consecutively to 10 mM L-lactate and D-lactate. However, qualitatively and quantitatively similar changes in pH_e were observed between L-lactate and D-lactate (no significant difference).

Effects of different organic anions on extracellular pH

According to the method of addition and withdrawal of weak acids (for review see Ref. 35), several organic anions have been described to produce intracellular and extracellular pH changes due to transmembrane diffusion of the undissociated weak acid and/or co-transported with protons.^{9,27} In order to compare the effects of L-lactate on pH_e with

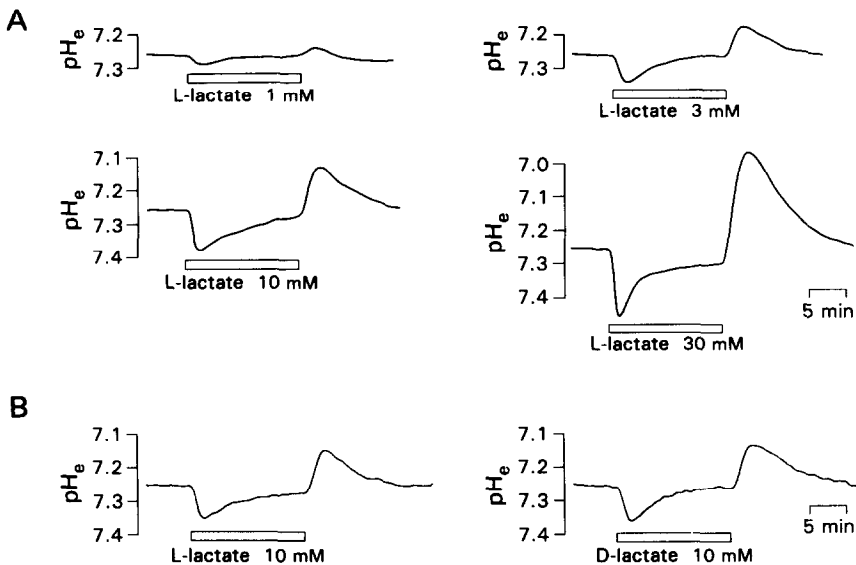


Fig. 2. (A) Changes in pH_e of isolated spinal roots induced by various L-lactate concentrations. Different spinal roots were exposed to 1, 3, 10 and 30 mM L-lactate and pH_e recordings were averaged for any individual concentration ($n = 4-11$). (B) Comparison of the effects of L- and D-lactate on pH_e of spinal roots. Each spinal root was exposed consecutively, first to 10 mM L-lactate and then to an equimolar concentration of D-lactate (mean of three experiments).

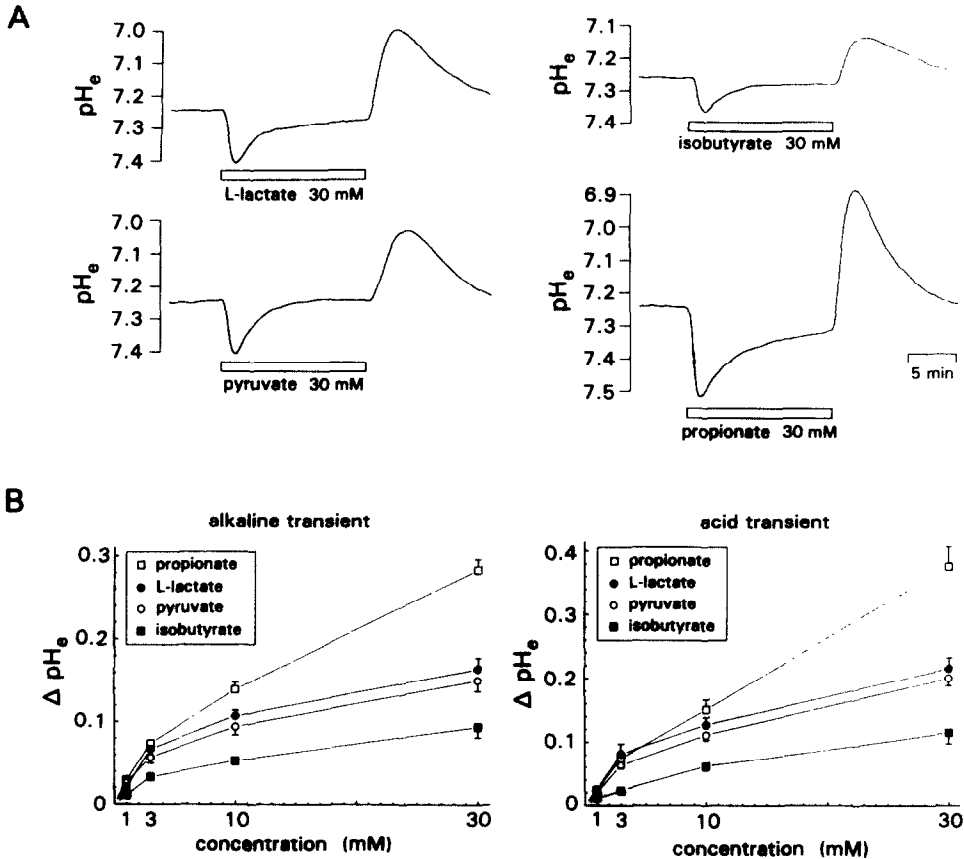


Fig. 3. Effects of different organic anions on pH_e of isolated spinal roots. (A) Average pH_e recordings from different spinal roots exposed to 30 mM L-lactate, pyruvate, 2-hydroxy-2-methylpropionate (isobutyrate) and propionate ($n = 4-6$). (B) Comparison of the maximum levels of recorded pH_e changes induced by propionate, L-lactate, pyruvate and isobutyrate. Calculated values of the mean maximum alkaline (left part) and acid transients (right part) are plotted as a function of tested anion concentrations of 1, 3, 10 and 30 mM (points show mean \pm S.E., $n = 4-12$).

the behaviour of other organic anions in spinal roots, we studied the effects on pH_e of pyruvate, 2-hydroxy-2-methylpropionate (α -hydroxyisobutyrate) and propionate in concentrations of 1, 3, 10 and 30 mM. Averaged pH_e recordings obtained from different spinal roots exposed to 30 mM L-lactate, pyruvate, α -hydroxyisobutyrate and propionate are shown in Fig. 3A. For comparison, the mean values of alkaline and acid transients for each individual organic anion were taken from pH_e recordings and plotted as a function of anion concentration. This is shown in Fig. 3B. At 30 mM there was a clear difference between the tested anions: largest effects on pH_e were observed with propionate $>$ L-lactate \approx pyruvate $>$ α -hydroxyisobutyrate. In contrast, at 3 mM the pH_e transients caused by propionate, L-lactate and pyruvate were nearly similar in size, but still discernible from those obtained with α -hydroxyisobutyrate.

Effects of inhibitors of lactate-proton co-transporter on anion-induced extracellular pH transients

In order to investigate further the role of a specific transporter in the pH_e responses of spinal roots to

addition and withdrawal of lactate, we studied the effects of well-characterized inhibitors of such transporters. For these experiments we used both CHC^{16,18} and DBDS.³³ These compounds were tested on pH_e shifts induced by L-lactate and propionate in order to discriminate between facilitated transport and passive diffusion; the latter should be the dominant mechanism for transmembrane propionate movements⁹ and insensitive to inhibitors. Therefore, spinal roots were exposed consecutively to 10 mM L-lactate and propionate, first in the absence and then in the presence of the inhibitors. Figure 4A shows the effects of CHC, observed in four different spinal roots. pH_e transients induced by L-lactate were reduced significantly in the presence of 5 mM CHC (left part), whereas those induced by propionate remained unaltered (right part). In addition, 5 mM CHC significantly reduced changes in pH_e obtained with 10 mM D-lactate and pyruvate (data not shown). Similar observations in another four spinal roots were made with DBDS (Fig. 4B). DBDS (150 μ M) caused significant inhibition of L-lactate-induced pH_e shifts (left part), but was without significant effect on changes in pH_e produced by propionate (right part).

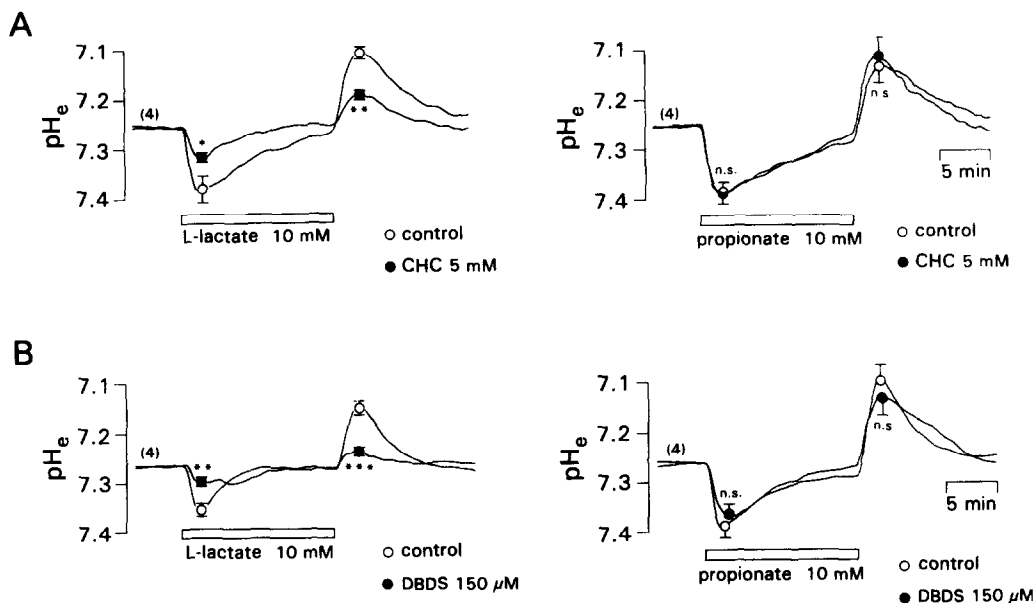


Fig. 4. Effects of CHC (5 mM; A) and DBDS (150 μM; B) on pH_e shifts of spinal roots induced by L-lactate and propionate. Each spinal root was exposed consecutively to 10 mM L-lactate and propionate in the normal standard solution and afterwards in the presence of the inhibitor. Averaged pH_e recordings obtained with L-lactate (left part) and propionate (right part) are superimposed for both conditions, control vs presence of the inhibitor (point show mean ± S.E.; **P* < 0.05, ***P* < 0.01, ****P* < 0.001; n.s., not significant; numbers are given in parentheses).

Hypoxia-induced extracellular acidosis

Superfusion of the spinal roots with hypoxic solutions resulted in an extracellular acidification that was maintained over the entire duration of hypoxia. A typical recording from a spinal root which was

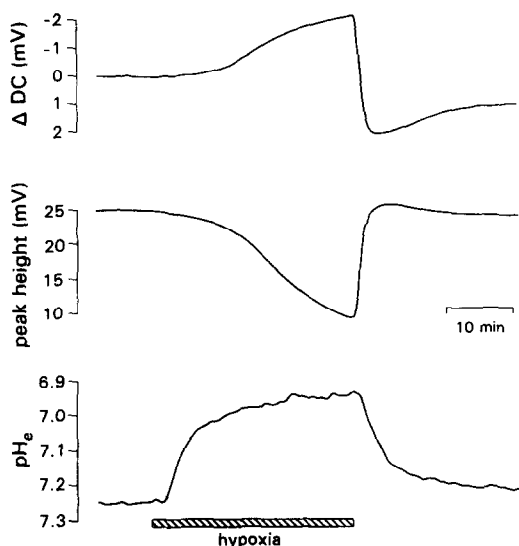


Fig. 5. Original recording from an isolated spinal root before, during and after superfusion with hypoxic solution (hypoxia indicated by the striped bar). Parameters shown are extracellular recorded d.c. potential (ΔDC, upper part), compound nerve action potential amplitude (peak height, middle part) and pH_e (lower part). Note that the extracellular acidification is maintained during the entire period of hypoxia.

exposed to hypoxia for 30 min is shown in Fig. 5. The hypoxia-induced changes in extracellular recorded d.c. potential (upper part) and amplitude of compound nerve action potential (peak height, middle part) were accompanied by an extracellular acidification of about 0.3 pH units (lower part). Changes in the first two parameters were always monitored simultaneously to the pH_e recording in order to estimate the sensitivity of the spinal roots to hypoxia.³⁸ The mean value of the extracellular acidification in different spinal roots was 0.27 ± 0.03 pH units (*n* = 16) after exposure to hypoxia for 30 min.

Effects of lactate transport inhibitors on hypoxia-induced extracellular acidosis

Extracellular acid shifts may result from proton extrusion as a consequence of cellular pH regulation.⁷ If so, they should be sensitive to specific inhibitors of proton extrusion mechanisms. In order to investigate the possible contribution of a lactate-proton co-transporter to extracellular acid shifts during hypoxia, we studied the effects of CHC on the hypoxia-induced acidification. The results are shown in Fig. 6. CHC, added at a concentration of 10 mM to the normal, oxygenated bathing solution, did not change pH_e of the spinal roots (Fig. 6A). However, a clear effect of this compound on pH_e was seen during hypoxic superfusion of the spinal roots. CHC added to the hypoxic solution 15 min after the onset of hypoxia immediately suppressed the extracellular acidification (Fig. 6C), which was normally maintained during the entire length of hypoxic superfusion (see Fig. 6B). As a consequence, pH_e of the spinal

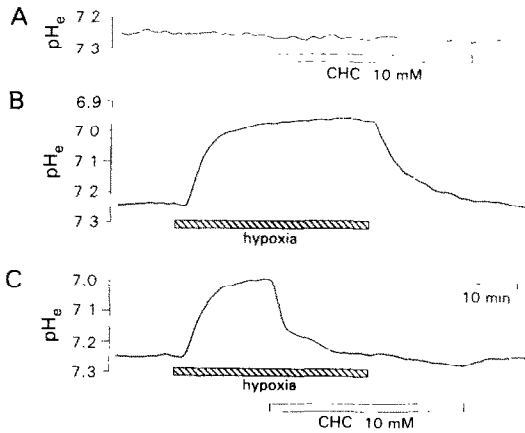


Fig. 6. Effects of CHC on pH_e of isolated spinal roots during normoxic and hypoxic superfusion. (A) Lack of effect of 10 mM CHC added to the normal, oxygenated bathing solution. (B) Typical course of extracellular acidification maintained during the entire period of hypoxia in the absence of an inhibitor. (C) Alkaline-going shift in pH_e induced by 10 mM CHC, added to the hypoxic bathing solution 15 min after the onset of hypoxia (each curve represents averaged data from three spinal roots; experiments shown in A and C were performed on the same spinal roots).

roots returned towards the resting level after the application of CHC.

A clear reduction of the hypoxia-induced extracellular acidification was also observed when spinal roots were preincubated with either CHC or DBDS before they were exposed to hypoxia. This is shown in Fig. 7. At the beginning of each experiment, a short period of hypoxic superfusion was performed in order to estimate the size of hypoxia-induced extracellular acid shifts before the inhibitor was added (control). After pH_e recovery, spinal roots

were incubated with 6 mM CHC (Fig. 7A) or 150 μM DBDS (Fig. 7B) for 30 min and exposed to hypoxia in the presence of the inhibitors. Both CHC and DBDS caused significant reduction of the hypoxia-induced extracellular acid shifts; quantitatively, 80% inhibition was observed with CHC (from 0.25 ± 0.03 during control to 0.05 ± 0.02 pH units, $n = 6$), whilst 56% inhibition occurred with DBDS (from 0.25 ± 0.03 during control to 0.11 ± 0.03 pH units, $n = 3$). This observation was not a consequence of repetitive hypoxic superfusion, since in the absence of inhibitors the interstitial acidifications produced by two subsequent control periods of hypoxia were similar in size (three observations, data not shown).

In contrast to CHC and DBDS, 10 mM HPL, a weak blocker of lactate transport in Ehrlich ascites tumour cells,⁴¹ was without effect on extracellular acid shifts during hypoxia in spinal roots ($n = 3$, data not shown).

Hypoxia-induced extracellular acidification in the presence of amiloride and 4,4'-di-isothiocyanostilbene-2,2'-disulphonate

Hypoxia-induced extracellular acid shifts were not completely blocked by inhibitors of lactate transport. Part of the remaining acidification could be due to proton extrusion by other mechanisms involved in cellular pH regulation. Therefore, we studied the effects of amiloride, a blocker of the Na^+/H^+ antiport,²² and of DIDS, an inhibitor of inorganic anion exchange.⁶ Averaged pH_e recordings from spinal roots that were preincubated with amiloride and DIDS are shown in Fig. 8. Neither amiloride (1 mM, $n = 3$, Fig. 8A) nor DIDS (1 mM, $n = 4$, Fig. 8B) caused significant inhibition of the extracellular acidification during hypoxia.

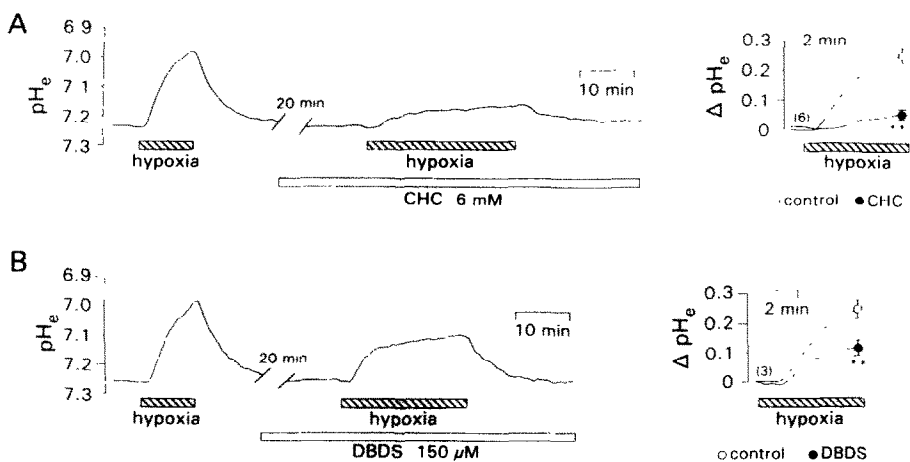


Fig. 7. Hypoxia-induced extracellular acidification before and after preincubation of spinal roots with CHC (6 mM; A) and DBDS (150 μM ; B). At the beginning of each experiment, a short period of hypoxia was performed to estimate the extent of acidification under control conditions. After pH_e recovery, spinal roots were incubated with the inhibitor for 30 min and exposed to hypoxia in the presence of the inhibitor. The acidification during the first 10 min of hypoxia of both conditions (control vs presence of the inhibitor) are superimposed in the right part of the figure (points show mean \pm S.E., ** $P < 0.01$, *** $P < 0.001$; numbers are given in parentheses).

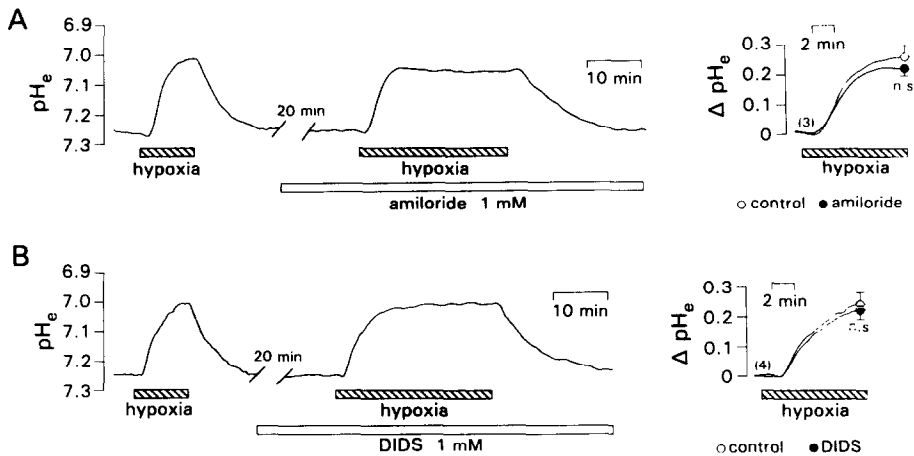


Fig. 8. Hypoxia-induced extracellular acidification before and after preincubation of spinal roots with amiloride (1 mM; A) and DIDS (1 mM; B). The experimental protocol shown here is identical to Fig. 7. The acidification during the first 10 min of hypoxia is superimposed for both conditions: control vs presence of the inhibitor (right part; points show mean \pm S.E.; n.s., not significant; numbers are given in parentheses).

DISCUSSION

Lactate-proton co-transport

Addition and withdrawal of lactate (and other organic anions) led to transient shifts in pH_e in isolated rat spinal roots. The transient nature of these pH_e shifts is probably due to the rapid net cellular uptake and release, respectively, of lactate and protons. A steady state between uptake and release, i.e. no net transport, seems to be reached after a few minutes. As a consequence of this situation pH_e returns to its baseline level.

Three different mechanisms for cellular uptake and release of lactate have been described.^{10,17} These three components of transmembrane lactate transfer are (a) an anion exchange system, (b) non-ionic diffusion and (c) facilitated lactate-proton co-transport (for review see Ref. 32). Our data show that an important part of cellular lactate transport in rat spinal roots occurs via the lactate-proton co-transporter. There are several lines of evidence for this conclusion. Transient shifts in pH_e accompanying passive changes in extracellular lactate concentration at a constant bath pH of 7.4 indicate co-transport of lactate and protons. The concentration of lactic acid (pK_a 3.86) existing in the undissociated form is less than 0.1% of the total lactate concentration when the interstitial pH is about 7.2. Consequently, diffusion is unlikely to account for the observed changes in pH_e , which suggests that a proton-linked lactate transporter may be operating.

This conclusion is strengthened when effects of L-lactate on pH_e are compared with pH_e changes induced by pyruvate, 2-hydroxy-2-methylpropionate (α -hydroxyisobutyrate) and propionate. The rate of passive transmembrane movements of organic anions should be determined by their pK_a values

and lipid solubility.^{9,27} With regard to diffusion rates for different organic anions estimated by Marrannes *et al.*,²⁷ larger extracellular pH transients would be expected for propionate > α -hydroxyisobutyrate > L-lactate > pyruvate. In spinal roots, however, changes in pH_e induced by L-lactate and pyruvate were similar in size and significantly larger than those induced by α -hydroxyisobutyrate. The pK_a value for α -hydroxyisobutyrate is 4.0 and it would be expected to be significantly more lipid-soluble than L-lactate and pyruvate; hence diffusion would be expected to be faster than with L-lactate and pyruvate. Thus our data imply that α -hydroxyisobutyrate is a poor substrate for the carrier responsible for lactate and pyruvate transport. This finding is in accordance with that of Poole *et al.*,³¹ who showed that the affinity of the monocarboxylate carrier in erythrocytes and cardiac myocytes to L-lactate and pyruvate was nearly 100-fold higher than for α -hydroxyisobutyrate. Discrepancies between the observed and expected pH_e changes are also obvious at 3 mM, where the effects of L-lactate and pyruvate are similar to the effects of propionate, and therefore provide further evidence for an additional facilitated transport of L-lactate and pyruvate.

Stereospecificity is also a well-documented property of lactate transport in erythrocytes¹¹ and hepatocytes,¹³ whereas there is no stereoselectivity in Ehrlich ascites tumour cells.⁴¹ In addition, the transporter in tumour cells is the only known lactate transporter for which lactate is not a less effective substrate than pyruvate. Lactate transport in the rat spinal roots shows similarities to the data obtained with tumour cells, since (a) changes in pH_e during the application of either L- or D-lactate were of similar size and (b) L-lactate was as good a substrate as pyruvate.

Effects of inhibitors of lactate transport on anion-induced extracellular pH transients

Transient shifts in pH_e induced by L-lactate, D-lactate and pyruvate were reduced by CHC, a blocker of all known lactate-proton co-transporters.^{13,15,16,18,30,41} The CHC sensitivity of shifts in pH_e caused by these compounds clearly distinguished the underlying mechanisms from those responsible for propionate-induced pH_e shifts, which were CHC-insensitive. Although propionate is a substrate for lactate transporters,^{17,41} it is capable of rapid diffusion across the plasma membrane.⁹ This may explain the lack of effect of CHC on propionate-induced pH_e shifts in spinal roots. In contrast, sensitivity to CHC of lactate- and pyruvate-induced pH_e changes indicates a low rate of transmembrane diffusion for lactic and pyruvic acid and that facilitated transport for lactate (or pyruvate) and protons is the dominant route under these conditions. Similar results with CHC have also been described in frog muscle,²⁸ sheep Purkinje fibres,⁹ erythrocytes³³ and Ehrlich ascites tumour cells,⁴¹ where lactate-induced changes in intracellular or extracellular pH were CHC-sensitive, contrary to the effects induced by propionate.

Although CHC is an effective inhibitor of lactate-proton co-transport, it suffers from two disadvantages. Firstly, the phenolic hydroxyl group has a pK value of about 8, which causes the buffering power of solutions containing it to be enhanced significantly. Secondly, it may enter cells where it is an extremely potent inhibitor of mitochondrial pyruvate transport (see below).¹⁵ Therefore, we used DBDS, a membrane impermeant lactate transport inhibitor with a substantially lower K_i than CHC under physiological conditions.³³ A selective inhibition of lactate-induced pH_e shifts by DBDS without affecting pH_e transients induced by propionate indicates lactate transport in spinal roots and supports the results obtained with CHC.

Effects of lactate transport inhibitors on hypoxia-induced extracellular acidification

Exposure of nervous tissue to anoxia results in interstitial acidification.^{20,42} There is strong evidence for lactic acid production as the underlying mechanism since a clear correlation between glucose availability of neural tissue and the extent of hypoxia-induced acidification was found *in vivo*^{8,40} and *in vitro*.^{25,42} However, the manner by which acid appears in the extracellular space is not clear.⁷ Our data indicate that a major part of hypoxia-induced extracellular acidification in isolated rat spinal roots results from a lactate-proton co-transporter. The main evidence for this conclusion comes from the effects of the studied inhibitors of lactate-proton co-transport. CHC, applied before or during hypoxia, strongly reduced the hypoxia-related extracellular acidification. This effect was not due to

"unspecific" changes in electrophysiological parameters of the axons since neither alterations in compound nerve action potential amplitude and extracellular d.c. potential nor shifts in pH_e were observed when CHC was applied during normoxic conditions. However, changes in lactate formation and release due to reduced mitochondrial pyruvate transport and oxidation after the application of CHC¹⁹ cannot be excluded completely. These side-effects of CHC on cellular metabolism and buffering power (see above) should not occur with DBDS, since this compound is membrane impermeant³³ and does not buffer in the physiological range. Hence, the results obtained with CHC are complemented by the observation that DBDS reduced hypoxia-induced extracellular acidification significantly.

HPL, another blocker of lactate transport,^{41,45} failed to antagonize hypoxia-induced extracellular acidification in spinal roots. This observation is in accordance with the lack of effect of this compound on hypoxia-induced extracellular acidification in hippocampal slices.²⁵ However, the most likely reason for this finding seems to be low sensitivity of lactate transport to this compound (K_i 3.6 mM in Ehrlich ascites tumour cells)⁴¹ rather than the absence of a lactate-proton co-transporter.

Although CHC and DBDS were found to be very potent inhibitors, hypoxia-induced extracellular acidification of spinal roots was not blocked completely in the presence of CHC or DBDS. However, inhibition of lactate transport would not be expected to prevent cellular lactic acid efflux totally. The formation and accumulation of lactic acid will increase when lactate transport in hypoxic tissue is blocked by specific inhibitors, leading to a decrease in intracellular pH. This will happen until a new steady state of lactic acid production and diffusion is reached. Therefore, part of the remaining acidification during hypoxia in the presence of lactate transport inhibitors may be due to passive diffusion of lactic acid.

Role of Na^+/H^+ and $\text{Cl}^-/\text{HCO}_3^-$ exchange in extracellular acidification during hypoxia

An alternative to passive diffusion of lactic acid and facilitated lactate-proton co-transport would be transmembrane acid extrusion by Na^+/H^+ and/or $\text{Cl}^-/\text{HCO}_3^-$ exchange. In our present study, we did not find evidence for participation of these mechanisms in extracellular acidification.

Firstly, amiloride, a blocker of Na^+/H^+ antiport,²² was without effect on hypoxia-induced extracellular acidification of spinal roots, indicating that this mechanism was not involved in cellular acid extrusion. This finding was unexpected since this transport system is thought to be of importance in the regulation of cytoplasmic pH,¹⁴ but is in accordance with results from Imai *et al.*,²¹ who showed that Na^+/H^+ exchange is not operative under hypoxic conditions in the isolated rat heart. The failure of acid extrusion by

Na^+/H^+ exchange during hypoxia in rat spinal roots seems understandable in view of a possible decrease in transmembrane Na^+ gradient as a consequence of energy deficiency,²⁰ and the known inhibition of Na^+/H^+ antiport by external acidosis.¹ Furthermore, although a decrease in intra-axonal pH during hypoxia seems likely, it probably may not pass over the apparent set-point of activation of the Na^+/H^+ exchanger. Finally, the contribution to acid extrusion of an amiloride-insensitive Na^+/H^+ exchanger, as described for cultured hippocampal neurons,³⁴ cannot be excluded.

Secondly, an anion-exchange pathway for lactate release,^{13,30} i.e. via $\text{Cl}^-/\text{HCO}_3^-$ exchange, seems to be unlikely, since (a) experiments were performed in HCO_3^- -free solutions and (b) hypoxia-induced extracellular acidification was insensitive to DIDS, an inhibitor of inorganic anion exchange.⁶ This finding is in accordance with observations made by Walz and Mukerji.⁴⁵ These authors excluded an involvement of anion exchange in lactate release of cultured neurons and glial cells because of its insensitivity to DIDS. Whilst the experiments with DIDS rule out a role for the $\text{Cl}^-/\text{HCO}_3^-$ antiport, it may be surprising that, in contrast to DBDS, DIDS (1 mM) appeared to have little effect on the lactate transporter in spinal roots.

Reported K_i values for DIDS and DBDS as inhibitors of lactate transport into erythrocytes are 40 and 22 μM .³³ This might suggest a difference in sensitivity to inhibitors between the cell types.

CONCLUSION

Our data indicate the presence of a lactate-proton co-transporter in isolated rat peripheral nerves. However, the observed changes in pH_e do not allow localization of the transport mechanism to the membrane of axons and/or Schwann cells, since both cell types may contribute to changes in pH_e . Actually, it has been shown that both neurons and glial cells are capable of lactate transport.^{45,46}

The functional significance of such a transport system in the mammalian peripheral nervous system still remains speculative. However, the present study shows that the lactate-proton co-transporter is the dominant mechanism responsible for interstitial acidification during nerve hypoxia.

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