

They only learn that sex is passionate, spontaneous, and unplanned behavior. In the other hand, traditional sex education still focused only to the knowledge development and related only to the body changes.

From the community counseling approach, it came up schema and syllabus for intervention which more integrated for preventive and curative actions to help adolescents from the risks of rapid technology development in information.

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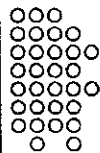
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COUNSELING FOR PRE MARITAL SEX BEHAVIOUR IN ADOLESCENTS

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Introduction

- In 20th century, internet become the most popular source for information
- Besides games, pomography becomes the second facilities that user of internet were looking for (Cooper in Eriandani, Rizky)
- In Indonesia, facilities for access internet becomes a new fast growing small business. We called it "WARNET" (Warung Internet =Internet's Café)



Introduction

- For adolescents, access to pomography becomes very easy, because of these Warnet existences.
- Pomography in internet for adolescents becomes attractive because it was Cheap, Easy and Private (Undercover)



DATA

- Study with 50 high school students
- 43 students (86%) had accessed pomography
- 32 students (74.3%) had accessed from rental internet
- 6 students (13.9%) accessed it almost every day, and 6 students (13.9%) accessed it more than once a week



DATA

- *What's students' perception of pomography ?*
Top three answers were :
Sexual Intercourse, Man and woman nude,
Sexual pleasure
- There was a positive and significant correlation between attitudes of pomography in internet with sexual behavior of adolescents (r=0.371, and p=0.009).*

EXPLANATIONS

- *Adolescent had sex impulses because of their sexual biological maturity.*
- *It could bring worries, stresses, guilty feelings for struggling to control these impulses*
- *Seeing pomography (sexual intercourse, etc.) might become addictive behavior for adolescents related to sexual pleasure, or be the only on-model for sexual behavior*

EXPLANATIONS

- *Accessed to pomography via internet had impact that adolescents had perception, understanding that sexual behaviour was analogue with spontaneous (it just happens), full of passion as they usually seen it in internet*
- *For East Adolescents, these conditions becomes more complicated, because of the social norms (put sex as taboos, not allowing sexual active before marriage, could not speak it open, etc.)*

COMMUNITY COUNSELING

<p><i>Direct – Client</i> <i>(Outreach Programme)</i></p> <p><i>Consultation & counseling for students who might be at risk or need help</i></p>	<p><i>Direct – Community</i> <i>(Preventive Education)</i></p> <p><i>Non Traditional Sex Education Programme for Students</i></p>
<p><i>Indirect – Client</i> <i>(systemic approach & public policy)</i></p> <p><i>Influencing government to make policy for censoring pomography in internet rental</i></p>	<p><i>Indirect – Community</i> <i>(Advocacy & Consultation)</i></p> <p><i>Parents', School Teachers' Programmes for Sex Education</i></p>

Non Traditional Sex Education

- *In traditional sex education was teaching sexual only by lecturing the anatomy of genital, reproduction organs. It could bring perspectives that sexual is merely intercourse.*
- *Sexual is the totality of a person-physically, spiritual, social, emotional and cultured.*
- *The output of these programe was building a whole understanding of sexual behavior which play important keys for adolecents' self control, self decision and self plan*

Non Traditional Sex Education

Topics in these programe :

1. *Knowing My Self*
2. *Sex Developments*
3. *Pleasure and Problems in Sex Developments*
4. *Love, Intimacy in Human Relations*
5. *Love and Sex in Multi Cultural Differences*
6. *Love, Sex and Spiritual Well Being*
7. *Safe and Health Sex*
8. *Self Management in Sexual Behavior*

Conclusions

- *Pornography in internet had attracted to adolescents because of the characteristics: easy, fast, cheap and private. But it also gave adolescents a wrong understanding of sex, and would cause only to sex arousal without self control.*
- *From the community counseling approach, it came up schema and syllabus for intervention which more integrated for preventive and curative actions to help adolescents from the risks of rapid technology development in information*