

1 **How do nutrient conditions and species identity influence the impact of mesograzers in**  
2 **eelgrass-epiphyte systems?**

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26 **Abstract**

27 Coastal eutrophication is thought to cause excessive growth of epiphytes in eelgrass beds,  
28 threatening the health and survival of these ecologically and economically valuable  
29 ecosystems worldwide. Mesograzers, small crustacean and gastropod grazers, have the  
30 potential to prevent seagrass loss by grazing preferentially and efficiently on epiphytes. We  
31 tested the impact of three mesograzers on epiphyte biomass and eelgrass productivity under  
32 three fold enriched nutrient concentrations in experimental indoor mesocosm systems under  
33 summer conditions. We compared the results with earlier identical experiments that were  
34 performed under ambient nutrient supply. The isopod *Idotea baltica*, the periwinkle *Littorina*  
35 *littorea*, and the small gastropod *Rissoa membranacea* significantly reduced epiphyte load  
36 under high nutrient supply with *Rissoa* being the most efficient grazer, but only high densities  
37 of *Littorina* and *Rissoa* had a significant positive effect on eelgrass productivity. Although all  
38 mesograzers increased epiphyte ingestion with higher nutrient load, most likely as a  
39 functional response to the quantitatively and qualitatively better food supply, the promotion of  
40 eelgrass growth by *Idotea* and *Rissoa* was diminished compared to the study performed under  
41 ambient nutrient supply. *Littorina* maintained the level of its positive impact on eelgrass  
42 productivity regardless of nutrient concentrations.

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51 **Keywords:** *Zostera marina*, eutrophication, grazing, *Idotea*, *Littorina*, *Rissoa*,

52 **1. Introduction**

53 Seagrass meadows are ecologically and economically important ecosystems that provide  
54 numerous crucial services for society (Constanza et al. 1997; Waycott et al. 2009). Seagrasses  
55 stabilize sediments and reduce the water flow, thus contributing to coastal protection (Orth et  
56 al. 2006). They recycle nutrients and produce a large amount of organic carbon, providing a  
57 critical supply of organic matter to the deep sea and significantly adding to the sequestration  
58 of carbon in the biosphere (Duarte et al. 2005). Furthermore, they provide the habitat for a  
59 diverse community of plants and animals and serve as nursery ground for many important  
60 finfish and shellfish species (Heck et al. 2003). Seagrass beds also have important linkages to  
61 other habitats like coral reefs or mangroves, facilitating trophic transfer and cross-habitat  
62 utilization of invertebrates and fish (Beck et al. 2001; Heck et al. 2008).

63 Coastal development, growing human population and climate change threaten these valuable  
64 ecosystems (Harley et al. 2006; Orth et al. 2006). One third of the known seagrass meadows  
65 has disappeared since the first records in 1879 and the rate of loss has accelerated in recent  
66 decades (Waycott et al. 2009). One of the most severe anthropogenic stressors of coastal  
67 submerged vegetation is eutrophication (Howarth et al. 2000). This process has the potential  
68 to initiate shifts in coastal and freshwater ecosystems from high-diversity to low-diversity  
69 status that reduce the ecological and economical functioning and value of these systems  
70 (Smith et al. 1999; Howarth et al. 2000). Excessive nutrient inputs have been linked to  
71 increasing occurrence of harmful algae blooms, fish kills caused by toxins or hypoxia, and the  
72 destruction or degradation of highly productive valuable coral reefs, kelp beds and seagrass  
73 ecosystems (Anderson et al. 2002; Kemp et al. 2005). Higher nutrient supply promotes the  
74 growth of epiphytes, fast-growing annual algae and phytoplankton. Epiphytic assemblages  
75 reduce the light reaching the seagrasses (Brush and Nixon 2002), impede carbon uptake, and  
76 thus, decrease seagrass productivity (Sand-Jensen 1977). Additionally, epiphytes are superior  
77 competitors for water column nutrients, reducing the availability to their host plant. Despite

78 the ability of eelgrass to use sediment porewater nutrients, 30-90 % of the nitrogen uptake  
79 occurs through the leaves (Touchette and Burkholder 2000 and references therein). A meta-  
80 analysis of 35 published seagrass studies revealed a strong negative effect of water column  
81 enrichment on seagrass biomass and productivity (Hughes et al. 2004).

82 Epiphyte grazers, mostly small invertebrates i.e. amphipods, isopods and gastropods  
83 (mesograzers), were shown to have a positive effect on seagrasses (Hughes et al. 2004).

84 Mesograzers mainly feed on the epiphytic assemblages and thus, have the potential to lessen  
85 the impact of high nutrient supply by reducing competition for light, carbon and nutrients;  
86 although the effect is species-specific (Duffy et al. 2001; Jaschinski and Sommer 2008a) and  
87 mesograzers can be destructive for seagrasses under extremely high grazing pressure by  
88 switching to seagrass as food source (Fredriksen et al. 2004).

89 The effects of nutrient enrichment and grazing are of comparable magnitude (Jernakoff et al.  
90 1996; Hughes et al. 2004), although the positive impact of mesograzers depends on their  
91 density and on nutrient levels (Neckles et al. 1993; Jaschinski and Sommer 2008a; Jaschinski  
92 and Sommer 2008b; Jephson et al. 2008). Nevertheless, we can assume that mesograzers are a  
93 key determinant in structuring marine seagrass systems and in mediating the negative impact  
94 of eutrophication. Recent studies demonstrated the importance of species identity for positive  
95 effects in seagrass communities under ambient nutrient conditions because of the different  
96 traits of the studied mesograzers (Duffy et al. 2001; Duffy et al. 2003; Hays 2005; Jaschinski  
97 and Sommer 2008a). Species-specific differences concerning food selectivity, feeding  
98 capacity and intraspecific interactions may also influence mesograzer impacts under higher  
99 nutrient supply. Eutrophication does not only increase epiphyte biomass, but can also have an  
100 influence on epiphyte composition. Epiphytes on eelgrass mostly consist of diatoms and small  
101 filamentous algae. Prostrate and stalked diatom species dominate the epiphyte assemblage  
102 under nutrient poor conditions. Nutrient enrichment supports the growth of diatom chains and  
103 filamentous algae, which are preferentially consumed by some grazers (Hillebrand et al. 2000;

104 Jaschinski and Sommer 2008b; Jaschinski et al. 2010). Grazer effects can be enhanced by  
105 nutrient enrichment (Hillebrand et al. 2000; Hillebrand 2002 and references therein;  
106 Jaschinski and Sommer 2008b), because of the higher availability of algal biomass and  
107 suitable algae species. Furthermore, grazers may consume larger amounts of algae per capita,  
108 when these are enriched with nitrogen (Russell and Connell 2007).

109 We studied the impact of natural densities of three potentially dominant mesograzers in  
110 experimental eelgrass communities under enriched nutrient supply and compared their effect  
111 with results from experiments conducted under ambient nutrient supply (Jaschinski and  
112 Sommer 2008a). The isopod *Idotea baltica* (hereafter, *Idotea*) is an important mesograzer in  
113 submerged aquatic vegetation in the Baltic Sea living in eelgrass meadows, but also occurring  
114 in macroalgae systems. *Idotea* is omnivorous and can feed on a wide array of food sources,  
115 i.e. epiphytes, macroalgae, eelgrass, detritus, small invertebrates, and even its conspecifics.  
116 Nevertheless, if several food sources are available, *Idotea* is rather selective in its dietary  
117 choice (Schaffelke et al. 1995; Orav-Kotta and Kotta 2004). This actively swimming  
118 crustacean species removes epiphytes from eelgrass rather homogeneously (“lawn-mover” type  
119 of grazer, Sommer 1999). Under low nutrient concentrations and accordingly low food  
120 supply, *Idotea* reduces the three-dimensional structure of the epiphyte assemblage to a  
121 monolayer of strongly adhering diatoms. Under higher nutrient and food supply, *Idotea*  
122 becomes more selective and favours diatom chains and filamentous algae (Jaschinski and  
123 Sommer, 2008b).

124 The periwinkle *Littorina littorea* (hereafter, *Littorina*) is predominantly herbivorous and can  
125 feed on microalgae growing on rock, sand and mud, epiphytes, filamentous algae and  
126 macroalgae. The periwinkle shows, however, clear preferences, i.e. it prefers ephemeral green  
127 algae, but rejects coralline red algae and decaying algae (Norton et al. 1990). Gastropods  
128 produce a feeding trail by scraping the eelgrass surface with their radula (“bulldozer” type of  
129 grazer, Sommer 1999). *Littorina* ingests the epiphyte assemblages on eelgrass unselectively

130 under low nutrient supply; even the basic layer of strongly adhering diatoms is removed  
131 (Jaschinski et al. 2010). Under higher nutrient concentrations and epiphyte biomass, the  
132 periwinkle becomes more selective, feeding preferentially on stalked diatoms and facilitates  
133 the growth of diatom chains (Jaschinski et al. 2009).

134 The small gastropod *Rissoa membranacea* (hereafter *Rissoa*) lives in shallow, sheltered  
135 environments, especially eelgrass beds and algae belts. This species predominantly grazes on  
136 microalgae and filamentous algae (Warén 1995), but it can also feed on eelgrass, when other  
137 food is scarce (Fredriksen et al. 2004). Under low nutrient supply, *Rissoa* is a rather  
138 unselective grazer feeding on everything aside from strongly adhering diatom species, but this  
139 gastropod also becomes more selective when more epiphyte biomass is available (Jaschinski  
140 et al. 2010).

141 As benthic small herbivores are thought to be highly prone to qualitative or quantitative food  
142 limitation (Lamberti 1996), we expected that an increase in available epiphyte biomass under  
143 higher nutrient conditions will promote the grazing rates of the studied mesograzers. *Idotea*  
144 may additionally profit by the compositional changes of epiphytes, because this mesograzer  
145 mainly feeds on diatom chains (Jaschinski & Sommer 2008a). We expected that the  
146 anticipated change to an epiphyte community dominated by diatom chains under high nutrient  
147 supply would particularly enhance the grazing efficiency of this mesograzer.

148 Here we report the results of three mesocosm experiments conducted to test the effect of  
149 mesograzer species identity and high nutrient supply on epiphyte biomass and eelgrass  
150 productivity. We compared the results with already published experiments conducted under  
151 ambient nutrient supply, but otherwise exactly the same conditions (Jaschinski & Sommer  
152 2008a). In this previous study we tested the relevance of species-specific impacts of common  
153 mesograzers on epiphyte and eelgrass biomass and productivity. Now, we used part of the  
154 data as a basis to assess changes in grazing impact in a more eutrophic situation.

155 With this approach, we wanted to answer the following questions:

156 (1) Can mesograzers reduce the increase in epiphyte biomass under high nutrient supply?

157 (2) Can they consequently promote eelgrass productivity in eutrophic situations?

158 (3) Are all studied mesograzers functionally redundant or is their impact species-specific?

159

## 160 **2. Methods**

### 161 2.1. Experimental design

162 We conducted three mesocosm experiments to test the impact of *Idotea*, *Littorina* and *Rissoa*

163 under high nutrient supply in an eelgrass-epiphyte system and to compare the results with

164 grazing experiments performed under ambient nutrient conditions (Jaschinski & Sommer

165 2008a). A planned experiment with *Gammarus oceanicus* under high nutrient conditions

166 could not be accomplished because of the early onset of the storm season in that year. The

167 experimental conditions – with exception of the nutrient supply- were exactly the same in all

168 experiments. All experiments took place from June to August 2002 in the sequence: *Idotea*-

169 ambient nutrient supply, *Idotea*-high nutrient supply, *Littorina*-ambient nutrient supply,

170 *Littorina*-high nutrient supply, *Rissoa*-ambient nutrient supply and *Rissoa*-high nutrient

171 supply. A preliminary field study had shown that the qualitative and quantitative composition

172 of epiphytes remains relatively similar during this period. This was further proven by the

173 analyses of epiphyte composition in the experiments (Jaschinski et al. 2010). Each experiment

174 included four treatments: a grazer-free control and low, mean and high abundances of one

175 grazer species (Table 1). Mesograzer abundances were chosen based on field densities in

176 summer according to monitoring data for eelgrass associated macrofauna in the Kiel Bight (4

177 stations, 1997-2001). The average of all stations and years was used as the mean density for

178 the four consumer species. Half of this abundance represented the low density treatment and

179 we doubled the average in the high density treatment. Thus the total range of naturally

180 occurring densities was tested in our study (Table 1). Each treatment was replicated in six

181 independent aquaria in a randomized block-design. All treatments in one aquarium (control,  
182 low, mean, high density; randomly distributed) were regarded as one block.

183 The experiments took place in a constant temperature chamber. Six 125 l aquaria (50 cm x 50  
184 cm x 50 cm) were divided into four compartments with 1 mm metal mesh resulting in 24  
185 mesocosm units (25 cm x 25 cm x 50 cm). This corresponds to the minimum size  
186 recommended for experiments with seagrass (Short et al. 2001). Summer conditions found in  
187 eelgrass systems in the western Baltic Sea were established with respect to light and  
188 temperature. The aquaria were illuminated by HQI-lamps with a 16 h day and 8 h night cycle.  
189 The light intensity was  $100 \mu\text{mol m}^{-2} \text{s}^{-1}$  at the water surface. The temperature in the constant  
190 temperature chamber was set to 17 °C. However, due to a warming-effect of the lamps the  
191 water temperature in the aquaria was slightly higher ( $18.6 \text{ °C} \pm 0.3$ ). Sand-filtered brackish  
192 deep water from the Kiel Fjord (salinity:  $14.1 \text{ PSU} \pm 2.2$ ) was used and additionally filtered  
193 with a  $0.8 \mu\text{m}$  membrane filter to avoid contamination with plankton species. The filtered  
194 water was kept in reservoirs, enriched with  $\text{NaNO}_3$  and  $\text{NaH}_2\text{PO}_4$  and used for the daily water  
195 exchange. Nutrient concentrations were about  $15 \mu\text{mol l}^{-1}$  nitrate and  $0.75 \mu\text{mol l}^{-1}$  phosphate,  
196 three-fold the concentrations used in the experiments under ambient nutrient conditions: about  
197  $5 \mu\text{mol l}^{-1}$  nitrate and  $0.25 \mu\text{mol l}^{-1}$  phosphate. Silicate levels were high ( $12.3 \mu\text{mol l}^{-1}$  in the  
198 enriched experiments,  $14.7 \mu\text{mol l}^{-1}$  under ambient nutrient conditions).

199 Continuous water circulation was created using pumps and the water was exchanged (up to  
200 90% of the total volume) every day. Periphyton growing on the walls of the aquaria was  
201 removed every day before the water exchange.

202 The mesocosms were filled with 1 mm-sieved homogenized sediment (5 cm depth), which  
203 consisted mainly of fine sand with low organic content. After 24 h, 20 freshly harvested  
204 eelgrass shoots were planted in each mesocosm ( $320 \text{ shoots m}^{-2}$ , average abundance in the  
205 Kiel Fjord in summer). Only shoots with at least four leaves were selected and the average  
206 length of shoots was 40 cm. We measured the initial biomass of epiphytes (chl a) on 10



207 eelgrass shoots in each experiment. There was no significant difference in initial epiphyte  
208 biomass between experiments. On the following day, the mesocosms were stocked with  
209 grazers. All experimental material was collected at Falkenstein Beach in the inner Kiel Fjord,  
210 Germany (54°21'N/10°9'E). The experiment was terminated after ten days. At this time, the  
211 eelgrass was harvested, placed in plastic bags and stored frozen until further processing.  
212 A preliminary experiment had shown that the optimal experimental duration was ten days,  
213 because overgrazing, cannibalism and reproduction occurred soon after 10 days in the  
214 crustacean treatments.

215

## 216 2.2. Epiphyte and eelgrass biomass

217 Epiphyte biomass was measured using chlorophyll *a* as proxy. Six eelgrass shoots were  
218 randomly selected from each mesocosm. Epiphytes were carefully scraped from the eelgrass  
219 blades using a special plastic scraper and a scalpel and transferred to small amounts of filtered  
220 sea water. This suspension was filtered on precombusted (450 °C, 24 h) Whatman GF/F  
221 filters. Pigment analyses with HPLC, carried out on scraped eelgrass blades and epiphytes,  
222 indicated that removal efficiency by scraping was up to 99%. Chlorophyll *a* concentration  
223 was calculated according to Lorenzen (1967). The cleaned eelgrass blades were dried to a  
224 constant weight for 48 h at 60 °C and subsequently combusted for 8 h at 540 °C to determine  
225 the ash-free dry mass (AFDM). The eelgrass surface area was calculated using the formula  
226  $\text{surface (mm}^2\text{)} = \text{AFDM (g)} \times 588.88$  ( $R^2=0.97$ ), determined by measuring and weighing 100  
227 eelgrass shoots. All epiphytic chlorophyll concentrations were normalized to unit eelgrass  
228 surface area.

229

## 230 2.3. Eelgrass and epiphyte productivity

231 Primary productivity estimates, based on <sup>14</sup>C-measurements, were carried out on the last day  
232 of the experiment. Four eelgrass shoots were randomly selected from each mesocosm and the

233 mid section of each shoot (10 cm) was transferred into a transparent Nalgene plastic bottle  
 234 containing 250 ml seawater (0,2 µm filtrated). After inoculation with 26.4 µCi <sup>14</sup>C-Na<sub>2</sub>CO<sub>3</sub>,  
 235 three hour incubations (between 10.00 and 14.00 h) were carried out under experimental  
 236 conditions. One bottle out of each mesocosm was wrapped up in aluminium foil and used as  
 237 dark incubation. After incubation all eelgrass shoots were placed in plastic bags and stored  
 238 frozen until further processing. Epiphytes were separated from the eelgrass blades by  
 239 carefully scraping the blades using a special plastic scraper and a scalpel and then transferred  
 240 into small amounts of filtered sea water. This suspension was filtered on preweighted  
 241 membrane filters. The filters and the eelgrass blades were dried for 48 h at 60 °C and  
 242 weighted to calculate dry weight. Then the filters were transferred into scintivials containing  
 243 10 ml Lumagel. Radioactivity was measured in a Liquid Scintillation Counter. The dried  
 244 eelgrass was wrapped up in Whatman ashless filter paper with a small amount of starch to  
 245 promote combustion and compressed into pellets. Combustion took place in a Carbon  
 246 Oxidiser where the CO<sub>2</sub> was trapped in a scintillating solution. All counts were corrected for  
 247 background, recovery efficiency after combustion, and counting efficiency.  
 248 Productivity was calculated as follows:

249  
 250

$$251 \quad \text{dpm}_1 * ^{12}\text{CO}_2 * 1.06$$

$$252 \quad \mu\text{g C (mg dry wt)}^{-1} \text{ h}^{-1} = \frac{\text{dpm}_1 * ^{12}\text{CO}_2 * 1.06}{\text{dpm}_2 * \text{wt} * t},$$

$$253 \quad \text{dpm}_2 * \text{wt} * t$$

254

255 where dpm<sub>1</sub> is the activity (decay per minute) of the samples minus the activity in the dark  
 256 incubation as correction for non-photosynthetic uptake of <sup>14</sup>C, dpm<sub>2</sub> the activity of the isotope  
 257 added to the bottles and <sup>12</sup>CO<sub>2</sub> the mg available inorganic carbon. The factor 1.06 is a

258 correction for isotope discrimination.  $W_t$  is the dry weight of the epiphyte or eelgrass sample  
259 and  $t$  the length of the incubation period in hours (Penhale 1977).

260

#### 261 2.4. Per biomass effects

262 To compare the per biomass impact of the four studied mesograzer species on processes in the  
263 epiphyte-eelgrass system, mesograzer effects on epiphytes and eelgrass were calculated as the  
264 raw difference between controls and grazer treatments with the same biomass level per  
265 bottom surface ( $0.96 \text{ mg AFDM m}^{-2}$ , Tab. 1).

266

#### 267 2.5. Grazer net effects (GNE)

268 An estimate of the grazing rate was calculated by dividing the difference in epiphyte biomass  
269 between control and treatment by 10 days (duration of the experiment). This “total GNE” per  
270 treatment was used to calculate the GNE per capita and per g AFDW (ash free dry weight) of  
271 mesograzers.

272

#### 273 2.5. Statistics

274 We performed one-way ANOVAs to analyse the influence of mesograzer abundance on  
275 epiphytes biomass, eelgrass productivity and grazer net effects (GNE) for each independent  
276 experiment. Initially we analysed the data using randomized block ANOVAs, in which the  
277 different abundances were considered fixed factors. The block effect was non-significant in  
278 all analyses, therefore the block factor was ignored and the data were reanalysed with a one-  
279 way ANOVA. Differences between treatments were tested with Tukey's test.

280 We calculated the effect size (Hedges'  $d$ ) of the mesograzers' impact on epiphyte biomass and  
281 eelgrass productivity. This effect measure represents the standardized difference between  
282 treatment and control means divided by the combined SD of both treatments (Gurevitch and  
283 Hedges 1993) and can be used to compare the magnitude of effects of different experiments.

284 A statistical comparison of nutrient levels or the effect of species identity was not possible as  
285 the data derived from six different experiments.

286

### 287 **3. Results**

#### 288 3.1. Epiphyte biomass

289 All three mesograzers had significant negative effects on epiphyte biomass under low and  
290 high nutrient supply (Fig. 1, Table 2), but the effect size depended on species identity and  
291 nutrient level (Table 3). The isopod *Idotea* had the smallest impact on the epiphyte  
292 assemblage regardless of nutrient concentrations. Under ambient nutrient supply, the negative  
293 effect of this mesograzer on epiphyte biomass did not significantly increase from mean to  
294 high density suggesting a threshold level for the capacity of this species to remove epiphytes  
295 (Fig. 2). *Idotea* (512 individuals m<sup>-2</sup>) reduced epiphyte biomass by about 51% (low nutrients)  
296 and 31% (high nutrients) compared to control treatments. The small gastropod *Rissoa*  
297 maximally decreased the epiphyte assemblage by about 58% and 46%, respectively (1280  
298 individuals m<sup>-2</sup>), and the periwinkle *Littorina* exerted the strongest negative effect on epiphyte  
299 biomass with a decrease of about 88% and 78%, respectively (256 individuals m<sup>-2</sup>).

300

#### 301 3.2. Eelgrass productivity

302 All mesograzers increased eelgrass productivity significantly at low nutrient concentrations  
303 (Fig. 2, Table 2). *Idotea* enhanced eelgrass growth up to 76% at high densities; *Rissoa* caused  
304 a rise of about 77% and *Littorina* boosted eelgrass productivity by about 72%. This relatively  
305 similar pattern changed with increasing nutrient supply. Only the two gastropod species were  
306 able to significantly enhance eelgrass productivity under these conditions. At high densities  
307 *Rissoa* increased this parameter about 32%, *Littorina* even induced a rise of 52%. The small  
308 gain in growth (about 19%) caused by *Idotea* was not significant.

309

310 3.3. Mesograzer per biomass effects on epiphyte biomass and eelgrass productivity  
311 One treatment in all experiments had a constant mesograzer biomass ( $0.96 \text{ mg AFDM m}^{-2}$ ,  
312 Tab. 1) to compare the effects of the three studied species. All studied mesograzers had a  
313 stronger per biomass effect on epiphyte biomass under higher nutrient supply (Fig. 3). *Rissoa*  
314 was always the best-performing species. *Littorina* nearly reached the same impact as *Rissoa*  
315 in the experiments with higher nutrient conditions, whereas *Littorina* and *Idotea* had  
316 approximately the same per biomass effect under ambient nutrient supply. *Rissoa* as most  
317 efficient mesograzer had the strongest positive effect on eelgrass productivity followed by  
318 *Idotea* and *Littorina* (Fig. 3). The promotion of eelgrass growth was strongly reduced in  
319 *Rissoa* and *Idotea* under high nutrient supply. *Littorina* was the only species, which  
320 maintained its impact on eelgrass productivity despite the increase in nutrients.

321

#### 322 3.4. Grazer net effects (GNE)

323 The total GNE, the collective impact of all mesograzers in a treatment, increased significantly  
324 with mesograzer density in all experiments (Fig. 4, Table 4). We also found an increase in  
325 grazing effect with higher nutrient supply. *Littorina* had the strongest effect for both aspects.  
326 As the grazing effect depends on the size and biomass of the mesograzers, we calculated the  
327 GNE per individual and per weight to make the grazing impact more comparable. In the case  
328 of *Idotea* and *Littorina* the GNE per individual mesograzer decreased significantly with  
329 mesograzer density indicating food limitation or intraspecific negative effects, whereas *Rissoa*  
330 did not show such a trend (Fig. 4, Table 4). *Littorina* had the strongest negative effect on  
331 epiphyte biomass, followed by *Idotea* and *Rissoa*, which was in accordance with the size and  
332 biomass of the mesograzers (approximate weight: *Littorina* = 15 mg, shell diameter ~10 mm,  
333 *Idotea* = 4 mg, length ~10 mm, *Rissoa* = 1 mg AFDW, length ~6 mm).

334 The GNE per weight showed that *Rissoa* was the most efficient mesograzer regardless of  
335 nutrient concentration. When mesograzer biomass was considered, *Littorina* had a stronger  
336 negative effect on epiphyte biomass than *Idotea* in the high nutrient experiments.

337

#### 338 **4. Discussion**

339 Eutrophication is thought to be one of the major determinants of negative changes in aquatic  
340 ecosystems. The overgrowth of seagrasses by fast-growing algae, which are promoted by high  
341 nutrient supply, is thought to contribute significantly to the deterioration of seagrass beds in  
342 many coastal areas worldwide (Hauxwell et al. 2001; Orth et al. 2006; Waycott et al. 2009). A  
343 recent meta-analysis, however, ascertained that the impact of small crustacean and gastropod  
344 grazers (“mesograzers”) feeding mainly on epiphytes can potentially mediate this negative  
345 effect of eutrophication, and thus contribute substantially to the protection and conservation  
346 of seagrass communities (Hughes et al. 2004).

347 To verify their capacity to counterbalance increasing epiphyte burden on eelgrass caused by  
348 eutrophication, we studied the effect of three mesograzer species in an experimental eelgrass-  
349 epiphyte system under nutrient enrichment and compared the results with earlier experiments  
350 under ambient nutrient supply (Jaschinski and Sommer 2008a). All studied mesograzers  
351 significantly reduced epiphyte biomass under high nutrient concentrations although the  
352 impact varied with mesograzer identity. *Littorina* had the strongest effect in the high  
353 abundance treatment, but *Rissoa* had the highest per biomass impact. This is in accordance  
354 with the small size of this species and the resulting high metabolism activity. *Littorina* had a  
355 stronger negative per biomass effect on epiphyte accumulation than *Idotea* despite being the  
356 largest studied mesograzer. The different feeding modes probably make *Littorina* the more  
357 efficient mesograzer.

358 For all species, the total ingestions rate increased with growing epiphyte biomass,  
359 demonstrating the capacity of these mesograzers to reduce the epiphyte cover in eutrophic

360 situations. The decrease in per capita grazing effect with growing mesograzer densities for  
361 *Idotea* and *Littorina* indicates that the stimulation of consumption under high food supply is at  
362 least partially a functional response to food limitation. Lamberti (1996) claimed that benthic  
363 mesograzers are likely to be quantitatively or qualitatively food-limited, a hypothesis that was  
364 confirmed for mobile epifauna in seagrass and *Sargassum* systems (Edgar 1990; Edgar and  
365 Aoki 1993). Furthermore, increasing nitrogen content of epiphytes may promote the grazing  
366 rate of mesograzers (Heck et al. 2006; Russell and Connell 2007) and may additionally help  
367 to counteract the negative effects of eutrophication.

368 Despite the significant reduction of epiphyte accumulation found for all mesograzers, only  
369 high abundances of the two gastropod species had a significant positive effect on eelgrass  
370 productivity. Under higher nutrient supply, *Littorina* had the most positive impact on eelgrass  
371 growth, boosting eelgrass productivity up to the same level as under lower nutrient supply.  
372 *Rissoa*'s effect on eelgrass was reduced compared to ambient nutrient conditions.

373 Furthermore this species had the most positive per biomass impact.

374 *Idotea* had no positive effect on eelgrass productivity under high nutrient supply despite the  
375 fact that the threshold level of this mesograzer's capacity to remove epiphytes found under  
376 ambient nutrient conditions disappeared with higher nutrient supply. *Idotea* is only able to  
377 remove larger erectly growing epiphytes, and thus profited from the compositional change to  
378 a epiphyte assemblage dominated by diatom chains under high nutrient supply (Jaschinski &  
379 Sommer 2008b). We found that the selectivity of *Idotea* increased with increasing nutrient  
380 supply, and thus, epiphyte biomass. At high nutrient supply only diatom chains were  
381 significantly grazed upon (Jaschinski et al. 2010). The reduction of this growth form is  
382 probably not essential for the amount of light that reaches the eelgrass surface (Brush and  
383 Nixon 2002), so that the negative impact of *Idotea* on the epiphyte load did not result in a  
384 positive effect on eelgrass growth.

385 Increased nutrient supply alone did not decrease eelgrass growth, because under low ambient  
386 nutrient supply eelgrass is nitrogen-limited in our study area. The reduction in light caused by  
387 growing epiphyte accumulation seems to be compensated by the better supply with nitrogen  
388 (Jaschinski and Sommer 2008b). Nitrogen enrichment of eelgrass may stimulate herbivory on  
389 the macrophyte as found for small fish and other seagrass species (Heck and Valentine 2007  
390 and references therein). We could not confirm that the higher food quality of eelgrass under  
391 nutrient enrichment enhanced direct grazing on eelgrass as we only found very few grazing  
392 scars in the high abundance treatment of *Idotea* regardless of nutrient supply.

393 There is growing evidence that the effect of mesograzer species in eelgrass systems is not  
394 functionally redundant, but depends on the different traits even of superficially similar  
395 mesograzers (Duffy et al. 2001; Duffy et al. 2003, Hays 2005, Råberg and Kautsky 2007;  
396 Jaschinski and Sommer 2008a). Our results support the assumption that, depending on the  
397 species, mesograzers can at least partially mediate the negative effect of eutrophication in  
398 macrophyte systems. Under the condition of short-term laboratory experiments both  
399 gastropods seemed to be capable of restricting epiphyte cover under high nutrient supply. In a  
400 longer experiment (3 weeks) with similar nutrient conditions, however, *Idotea* had the  
401 strongest negative effect on epiphyte biomass. This was due to the high reproduction rate of  
402 this species under unlimited food supply, summer temperatures and the lack of predation  
403 pressure (Jaschinski et al. 2009). Under favourable conditions, this crustacean species is able  
404 to quickly increase in numbers. The compositional change in the epiphyte assemblage under  
405 high nutrient supply to a dominance of diatom chains may also be beneficial for *Idotea*,  
406 because these algal growth forms are preferentially eaten by the isopod (Jaschinski et al.  
407 2010). This mechanism, however, may not always be positive for macrophytes in the field. A  
408 mass occurrence of *Idotea* probably caused by the increasing availability of filamentous algae  
409 during high nutrient supply destroyed the vegetation of the macroalgae *Fucus vesiculosus* in  
410 large areas of the Baltic Sea (Svensson et al. 2004). An identical phenomenon was found for



411 *Rissoa* and eelgrass, but the reasons for the high gastropod densities are unknown in this case  
412 (Fredriksen et al. 2004). Thus, the abundance of mesograzers can change their effect on  
413 eelgrass from insignificant at low density levels to supporting at intermediate and high density  
414 and to detrimental at very high mesograzer densities.

415 Currently, there is growing evidence that indirect consumer effects can have the same  
416 negative influence in shallow benthic systems as eutrophication (Heck and Valentine 2007  
417 and references therein, Douglass et al. 2008). E.g. the strong reduction of piscivorous fish  
418 species can reduce via a trophic cascade, which favours smaller predatory fish, the  
419 mesograzer populations to such low numbers that their function as controllers of epiphytes  
420 and ephemeral macroalgae is threatened (Moksnes et al. 2008, Eriksson et al. 2009). Our  
421 study supports the importance of top-down effects via mesograzers in controlling and  
422 stabilising benthic macrophyte systems, promoting the assumption that not only  
423 eutrophication must be regulated to maintain the health and functioning of these important  
424 ecosystems, but that the sustainment of mesograzer populations is just as crucial.

425 In conclusion, mesograzers may diminish or counteract effects of increasing nutrient loads on  
426 seagrass communities in coastal areas, but their impact depends on grazer identity. Higher  
427 epiphyte consumption per capita may result from a functional response to release from food  
428 limitation or from a preferential feeding of nitrogen enriched algae. Strong population  
429 responses to higher quantity and quality of food may additionally promote the capacity of  
430 mesograzers to reduce negative effects of eutrophication in coastal benthic macrophyte  
431 systems.

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436

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563 Table 1. Grazer density and biomass per bottom surface in all experiments. Treatments with  
564 the same biomass are shown in bold.

Grazer abundances	Density (m <sup>-2</sup> )			Biomass (g AFDM*m <sup>-2</sup> )		
	low	mean	high	low	mean	high
<i>Idotea</i>	128	<b>256</b>	512	0.48	<b>0.96</b>	1.92
<i>Littorina</i>	<b>64</b>	128	256	<b>0.96</b>	1.92	3.84
<i>Rissoa</i>	320	640	<b>1280</b>	0.24	0.48	<b>0.96</b>

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585 Table 2. ANOVA results for the effects of mesograzer abundance (ambient and high nutrient  
 586 concentration) on epiphyte biomass and eelgrass productivity. Degree of freedom for the  
 587 tested factor mesograzer abundance was 3 in all analyses; degree of freedom in the error term  
 588 was 20.

<b>Epiphyte biomass</b>	<b>MS-error</b>	<b>MS</b>	<b>F-ratio</b>	<b>p-level</b>
Low nutrients				
<i>Idotea</i>	0.0003	0.014	41.10	<0.0001
<i>Littorina</i>	0.0338	4.912	145.36	<0.0001
<i>Rissoa</i>	0.0002	0.029	185.32	<0.0001
High nutrients				
<i>Idotea</i>	0.0005	0.049	108.77	<0.0001
<i>Littorina</i>	0.0015	0.326	222.33	<0.0001
<i>Rissoa</i>	0.0010	0.111	116.01	<0.0001
<b>Eelgrass productivity</b>				
Low nutrients				
<i>Idotea</i>	0.0043	0.096	22.41	<0.0001
<i>Littorina</i>	0.0045	0.071	15.82	<0.0001
<i>Rissoa</i>	0.0050	0.104	20.85	<0.0001
High nutrients				
<i>Idotea</i>	0.0064	0.005	0.76	0.5322
<i>Littorina</i>	0.0054	0.028	5.23	0.0079
<i>Rissoa</i>	0.0048	0.016	3.30	0.0416

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600 Table 3. Effect size (Hedges' *d*) for the effects of the three mesograzers on epiphyte biomass  
 601 and eelgrass productivity under low and high nutrient supply. Treatments with the same  
 602 biomass are shown in bold.

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<b>Grazer</b>	<b>Density</b>	<b>Epiphyte biomass</b>		<b>Eelgrass productivity</b>	
<i>Idotea</i>	low	-3.25	-1.80	0.84	0.48
	mean	<b>-4.61</b>	<b>-2.61</b>	<b>2.65</b>	<b>0.64</b>
	high	-4.44	-4.20	3.96	0.71
<i>Littorina</i>	low	<b>-2.75</b>	<b>-5.73</b>	<b>0.37</b>	<b>0.47</b>
	mean	-5.12	-9.83	1.30	0.93
	high	-7.16	-24.31	2.13	2.18
<i>Rissoa</i>	low	-2.68	-1.52	5.49	0.18
	mean	-7.77	-4.55	8.17	0.88
	high	<b>-10.65</b>	<b>-8.73</b>	<b>8.44</b>	<b>1.82</b>
<b>Nutrients</b>		low	high	low	high

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620 Table 4. ANOVA results for grazer net effects (GNE) of three potentially dominant  
 621 mesograzers in Baltic Sea eelgrass meadows under ambient and enriched nutrient conditions.  
 622 Degree of freedom for the tested factor mesograzer abundance was 2 in all analyses; degree of  
 623 freedom in the error term was 15.

<b>Total GNE</b>	<b>MS-error</b>	<b>MS</b>	<b>F-ratio</b>	<b>p-level</b>
Low nutrients				
<i>Idotea</i>	0.000005	0.000037	7.23	0.006
<i>Littorina</i>	0.000013	0.000178	13.30	<0.001
<i>Rissoa</i>	0.000002	0.000188	105.81	<0.001
High nutrients				
<i>Idotea</i>	0.000011	0.000220	20.84	<0.001
<i>Littorina</i>	0.000024	0.001270	52.48	<0.001
<i>Rissoa</i>	0.000014	0.000988	3028.96	<0.001
<b>GNE per animal</b>				
Low nutrients				
<i>Idotea</i>	0.000000025	0.000000243	9.59	0.002
<i>Littorina</i>	0.000000241	0.000002640	10.97	0.001
<i>Rissoa</i>	0.000000001	0.000000020	22.35	<0.001
High nutrients				
<i>Idotea</i>	0.00000007	0.00000044	5.95	0.013
<i>Littorina</i>	0.00000063	0.00001530	24.19	<0.001
<i>Rissoa</i>	0.00000001	0.00000002	1.38	0.281
<b>GNE per weight</b>				
Low nutrients				
<i>Idotea</i>	0.0018	0.0173	9.59	0.002
<i>Littorina</i>	0.0011	0.0117	10.97	0.001
<i>Rissoa</i>	0.0016	0.0359	22.35	<0.001
High nutrients				
<i>Idotea</i>	0.0053	0.0314	5.95	0.013
<i>Littorina</i>	0.0028	0.0678	24.19	<0.001
<i>Rissoa</i>	0.0218	0.0301	1.38	0.281

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630 **Figure legends**

631 Figure 1. The effect of three potentially dominant mesograzers in Baltic Sea eelgrass  
632 meadows on epiphyte biomass under ambient and enriched nutrient conditions (mean±SD, n  
633 = 6). Filled circles represent low nutrient concentration and unfilled circles high nutrient  
634 concentration. Capital letters indicate significant differences between treatments of increasing  
635 mesograzer abundance (low nutrients:  $p \leq 0.007$ , high nutrients:  $p \leq 0.009$ ). There was no  
636 comparison between nutrient levels, because the data derived from different experiments.  
637 Data under ambient nutrient conditions originate from the experiments described in Jaschinski  
638 and Sommer (2008a).

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640 Figure 2. The effect of three potentially dominant mesograzers in Baltic Sea eelgrass  
641 meadows on eelgrass productivity under ambient and enriched nutrient conditions (mean±SD,  
642 n = 6). Filled circles represent low nutrient concentration and unfilled circles high nutrient  
643 concentration. Capital letters indicate significant differences between treatments of increasing  
644 mesograzer abundance (low nutrients:  $p \leq 0.016$ , high nutrients:  $p \leq 0.048$ ). There was no  
645 comparison between nutrient levels, because the data derived from different experiments.  
646 Data under ambient nutrient conditions originate from the experiments described in Jaschinski  
647 and Sommer (2008a).

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649 Figure 3. Per biomass effects of mesograzer species on epiphyte biomass and eelgrass  
650 productivity. Shown are the raw, arithmetic differences between grazer-free controls and the  
651 grazer treatments with the same biomass ( $0.96 \text{ mg AFDM m}^{-2}$ , Tab. 1). A statistical  
652 comparison of the data was not possible as the data derived from 6 different experiments.  
653 Data source under ambient nutrient conditions Jaschinski and Sommer (2008a).

654

655 Figure 4. Grazer net effects (GNE) of three potentially dominant mesograzers in Baltic Sea  
656 eelgrass meadows under ambient and enriched nutrient conditions. Shown are the total GNE  
657 in the different treatments, the GNE per animal and GNE per grazer biomass. Filled circles  
658 represent low nutrient concentration and unfilled circles high nutrient concentration. Capital  
659 letters indicate significant differences between treatments of increasing mesograzer  
660 abundance. There was no comparison between nutrient levels, because the data derived from  
661 different experiments.

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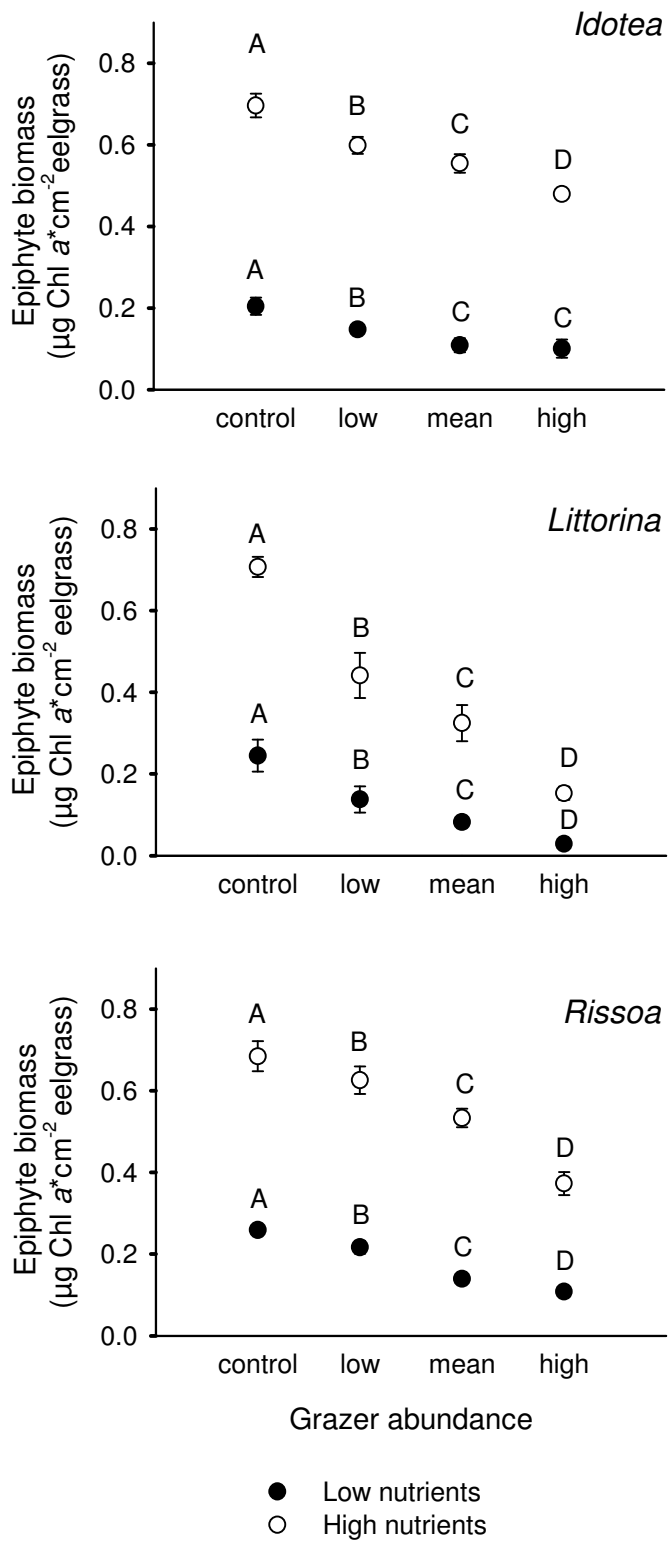
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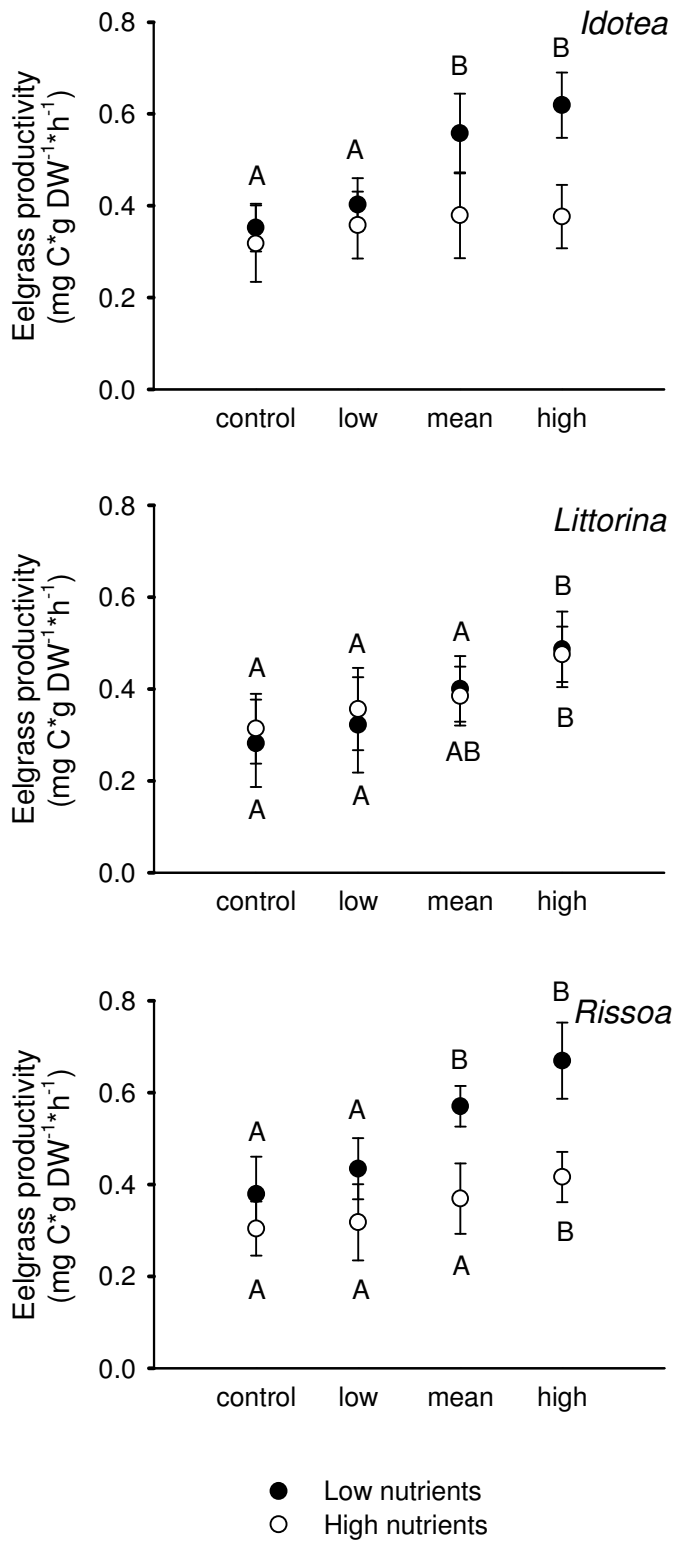
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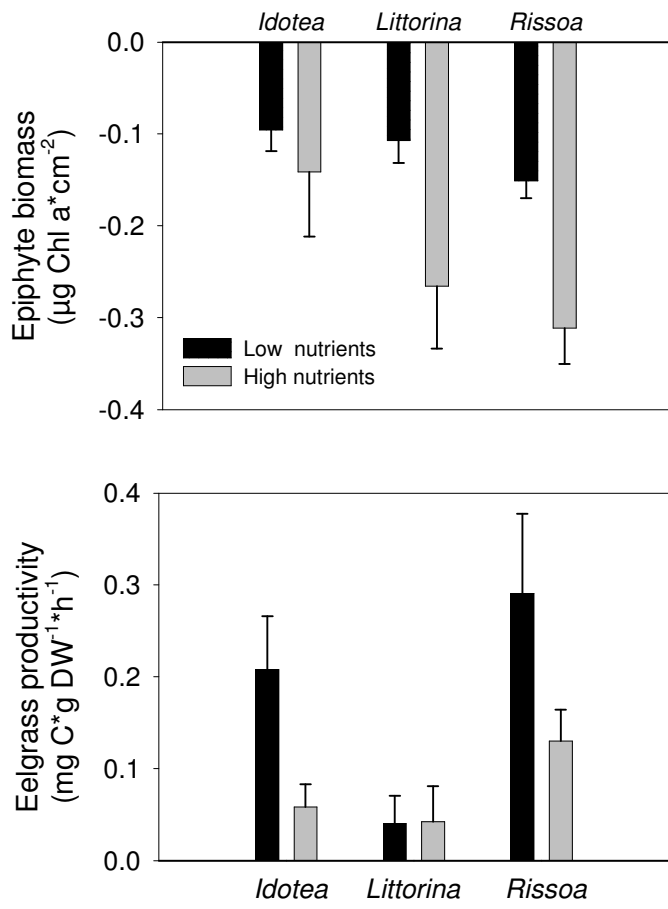


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689 Figure 3



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