Behavior Control

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Behavioural Beliefs

- Links the behaviour of interest to expected outcomes
- It is the subjective probability that the behaviour will produce a given outcome
- Although a person may hold many behavioural beliefs with respect to any behaviour, only a relatively small number are readily accessible at a given moment

Attitude Toward the Behaviour

- It is the degree to which performance of the behaviour is positively or negatively valued
- According to the expectancy- value model, attitude toward a behaviour is determined by the total set of accessible behavioural beliefs linking the behaviour to various outcomes and other attributes
- the strength of each belief (b) is weighted by the evaluation (e) of the outcome or attribute, and the products are aggregated, as shown in the following equation

 $\mathbf{A} \propto \sum \mathbf{b_i} \mathbf{e_i}$