

# Behavior Control

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# Understanding the psychological aspects of behaviour control

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- Modern psychology can be defined as a scientific study of life and human behaviour
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# **Psychology can be divided into three aspects**

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**A scientific study**

**A study of human behaviour**

**A study of the  
human mental processes**

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# **Five perspectives in Psychology**

**Psychodynamics** - Freud, Jung

**Behaviourisms** - Ivan Pavlov, Skinner, Watson, Thorndike

**Cognitive** - Lewin, Piaget

**Humanity and its existence** - May, Rogers

**Islam** - Ibn Sina, Malik Badri, Al-Ghazali, Al-Farabi

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