

2 **Effects of hypoxia on the energy status and nitrogen metabolism**
3 **of African lungfish during aestivation in a mucus cocoon**4 **A. M. Loong · S. F. Ang · W. P. Wong · H. O. Pörtner ·**
5 **C. Bock · R. Wittig · C. R. Bridges · S. F. Chew · Y. K. Ip**6 Received: 27 October 2007 / Revised: 25 April 2008 / Accepted: 5 May 2008
7 © Springer-Verlag 20088 **Abstract** We examined the energy status, nitrogen
9 metabolism and hepatic glutamate dehydrogenase activity
10 in the African lungfish *Protopterus annectens* during aesti-
11 vation in normoxia (air) or hypoxia (2% O₂ in N₂), with tis-
12 sues sampled on day 3 (aerial exposure with preparation for
13 aestivation), day 6 (entering into aestivation) or day 12
14 (undergoing aestivation). There was no accumulation of
15 ammonia in tissues of fish exposed to normoxia or hypoxia
16 throughout the 12-day period. Ammonia toxicity was
17 avoided by increased urea synthesis and/or decreased
18 endogenous N production (as ammonia), but the depen-
19 dency on these two mechanisms differed between the norm-
20 oxia and the hypoxic fish. The rate of urea synthesis
21 increased 2.4-fold, with only a 12% decrease in the rate of
22 N production in the normoxic fish. By contrast, the rate of
23 N production in the hypoxic fish decreased by 58%, with no
24 increase in the rate of urea synthesis. Using in vivo ³¹PNMR spectroscopy, it was demonstrated that hypoxia led to 25
significantly lower ATP concentration on day 12 and sig- 26
nificantly lower creatine phosphate concentration on days 27
1, 6, 9 and 12 in the anterior region of the fish as compared 28
with normoxia. Additionally, the hypoxic fish had lower 29
creatinine phosphate concentration in the middle region than 30
the normoxic fish on day 9. Hence, lowering the depen- 31
dency on increased urea synthesis to detoxify ammonia, 32
which is energy intensive by reducing N production, would 33
conserve cellular energy during aestivation in hypoxia. 34
Indeed, there were significant increases in glutamate con- 35
centrations in tissues of fish aestivating in hypoxia, which 36
indicates decreases in its degradation and/or transamina- 37
tion. Furthermore, there were significant increases in the 38
hepatic glutamate dehydrogenase (GDH) amination activ- 39
ity, the amination/deamination ratio and the dependency of 40
the amination activity on ADP activation in fish on days 6 41
and 12 in hypoxia, but similar changes occurred only in the 42
normoxic fish on day 12. Therefore, our results indicate for 43
the first time that *P. annectens* exhibited different adaptive 44
responses during aestivation in normoxia and in hypoxia. 45
They also indicate that reduction in nitrogen metabolism, 46
and probably metabolic rate, did not occur simply in associ- 47
ation with aestivation (in normoxia) but responded more 48
effectively to a combined effect of aestivation and hypoxia. 49

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A14 Natural Sciences, National Institute of Education,
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A16 Singapore 637616, Singapore**Keywords** Aestivation · Ammonia · Glutamate 50
dehydrogenase · Hypoxia · Lungfish · Nitrogen metabolism · 51
Protopterus annectens · Urea 52**Abbreviations** 53
ADP Adenosine diphosphate 54
ATP Adenosine triphosphate 55
EDTA Ethylenediaminetetraacetic acid 56
EGTA Ethylene glycol-tetraacetic acid 57

58	FAA	Free amino acid
59	GDH	Glutamate dehydrogenase
60	α -KG	α -Ketoglutarate
61	N	Nitrogen
62	NADH	β -Nicotinamide adenine dinucleotide, reduced
63	NAD	β -Nicotinamide adenine dinucleotide
64	NaF	Sodium fluoride
65	^{31}P NMR	^{31}P Phosphorus nuclear magnetic resonance
66	PMSF	Phenylmethyl sulfonyl fluoride
67	TFAA	Total free amino acid
68	TEFAA	Total essential free amino acid


69 Introduction

70 Lungfishes, as members of Class Sarcopterygii, are well-
71 known for their plausible involvement in water–land transi-
72 tion during evolution. There are six species of extant
73 lungfishes, four of which can be found in Africa. African
74 lungfishes, belonging to Family Protopteridae, possess two
75 lungs and are obligatory air-breathers (Graham 1997). They
76 can often be found in hypoxic waters. Unlike their South
77 American and Australian counterparts, African lungfishes
78 undergo aestivation in the absence of water during drought,
79 and remain incarcerated in this state of inactivity until the
80 return of water to the habitat (Fishman et al. 1987; Ip et al.
81 2005a). They can aestivate inside a cocoon made of dried
82 mucus in air (*Protopterus dolloi*, Chew et al. 2004; *Prot-*
83 *opterus aethiopicus*, Ip et al. 2005b; *Protopterus annectens*,
84 Loong et al. 2008) or burrow into the mud and aestivate in a
85 subterranean cocoon (*Protopterus annectens* and *P. aethio-*
86 *picus*; Janssens 1964; Janssens and Cohen 1968a, b; Loong
87 et al. 2008).

88 African lungfishes are ureogenic; they possess a full comple-
89 ment of ornithine-urea cycle (OUC) enzymes (Janssens
90 and Cohen 1966, 1968a; Mommsen and Walsh 1989),
91 including carbamoyl phosphate synthetase III (CPS III), in
92 their livers (Chew et al. 2003; Loong et al. 2005). However,
93 they are ammonotelic in water (Lim et al. 2004; Loong et al.
94 2005; Ip et al. 2005b). During aestivation, ammonia excre-
95 tion would be impeded, leading to its accumulation in the
96 body. Since ammonia is toxic (Cooper and Plum 1987;
97 Hermenegildo et al. 1996; Ip et al. 2001; Brusilow 2002;
98 Felipo and Butterworth 2002; Rose 2002), African lungfishes
99 have to avoid ammonia toxicity during aestivation, and they
100 achieve this through an increase in urea synthesis (Smith
101 1930, 1935; Janssens 1964; Janssens and Cohen 1968a, b)
102 and a suppression of N production as ammonia (see Ip et al.
103 2004; Chew et al. 2006 for reviews). Recently, Chew et al.
104 (2004) demonstrated that the rate of urea synthesis increased
105 2.4- to 3.8-fold and the rate of N production decreased by
106 72% in *P. dolloi* during 40 days of aestivation in air (nor-
107 moxia) when compared with the immersed control.

Urea synthesis is energy intensive; 5 mol of ATP are 108
required for the formation of one mole of urea. Therefore, 109
increased urea synthesis may not be an effective adaptation 110
in fish aestivating in hypoxic mud, as environmental 111
hypoxia causes a low efficiency of ATP production due to 112
the exploitation of anaerobic pathways (Hochachka 1980). 113
Indeed, Loong et al. (2008) reported that 46 days of aestiva- 114
tion in mud resulted in no changes in tissue urea concen- 115
trations in *P. annectens*, which indicates that profound 116
suppressions of urea synthesis and N production had 117
occurred. Since fish aestivating in mud had low blood pO₂ 118
and muscle ATP concentrations, Loong et al. (2008) specu- 119
lated that they could have been exposed to hypoxia, result- 120
ing in greater reductions in metabolic rate and N 121
production. Consequently, there was a lower dependency 122
on increased urea synthesis to detoxify ammonia in the fish 123
aestivating in mud as compared with those aestivating in 124
air. Therefore, this study was undertaken to evaluate and 125
compare effects of normoxia and hypoxia on tissue energet- 126
ics and nitrogen metabolism in *P. annectens* during induc- 127
tion (days 3 and 6) or maintenance (day 12) of aestivation 128
under laboratory conditions. On day 3, the fish was exposed 129
to air and on day 6 the fish would have entered into aestiva- 130
tion with the formation of a completely dried mucus 131
cocoon. Contrary to the proposition of Perry et al. (2008), 132
these experimental fish cannot be regarded as undergoing 133
“terrestrialization”, because no water was added to prevent 134
the formation of a completely dried cocoon as in the case of 135
series two experiment performed by Wood et al. (2005). 136
Since we could induce *P. annectens* to aestivate in air-tight 137
plastic boxes, we were able to determine for the first time 138
ATP and creatine phosphate concentrations in various 139
regions of the live fish during 12 days of induction and 140
maintenance of aestivation using in vivo ^{31}P NMR spec- 141
troscopy. 142

143 Additionally, we determined tissue ammonia and urea
144 concentrations of fish aestivating in normoxia or hypoxia
145 in order to test the hypothesis that the magnitude of increase
146 in urea synthesis and accumulation would be lower in fish
147 aestivating in hypoxia than in normoxia. Traditionally, it
148 has been assumed that metabolic rate reduction naturally
149 occurs in African lungfishes in association with aestivation
150 but without differentiating whether aestivation takes place
151 in hypoxia or normoxia (Smith 1935; Janssens and Cohen
152 1968a, b). However, Perry et al. (2008) demonstrated that
153 *P. dolloi* aestivating in a completely dried mucus cocoon in
154 air (normoxia) had a respiratory rate comparable to that of
155 control fish immersed in water. We therefore reasoned that
156 there could be a greater reduction in metabolic rate in fish
157 aestivating in hypoxia than in normoxia, resulting in a
158 greater suppression in nitrogen metabolism in the former
159 than in the latter. Hence, the concentrations of free amino
160 acids (FAAs) in various tissues were determined in order to

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161 deduce indirectly whether there was a larger decrement of
162 amino acid catabolism in fish exposed to hypoxia than to
163 normoxia.

164 Finally, to confirm that aestivation in hypoxia indeed
165 affected amino acid metabolism in *P. annectens*, we exam-
166 ined, for the first time, the kinetic properties of glutamate
167 dehydrogenase (GDH), in both amination and deamination
168 directions, from livers of the normoxic and hypoxic fish.
169 GDH catalyzes the amination of α -ketoglutarate in the pres-
170 ence of NADH or the deamination of glutamate in the pres-
171 ence of NAD. Glutamate formed by the amination reaction
172 can act as a substrate for transamination of amino acids or
173 the formation of glutamine, which is the substrate of urea
174 synthesis in the hepatic ornithine-urea cycle (Chew et al.
175 2003; Loong et al. 2005). Conversely, α -ketoglutarate pro-
176 duced through glutamate deamination can be shuttled into
177 the tricarboxylic acid cycle for ATP production. Hence,
178 GDH is in a crucial position to regulate the degradation of
179 amino acids and plays an important role in integrating
180 nitrogen and carbohydrate metabolism. Additionally, GDH
181 is known to be activated by ADP (Campbell 1973), the con-
182 centration of which may change during hypoxic exposure,
183 and GDH can also be modified by ADP-ribosylation
184 (Herrero-Yraola et al. 2001). Thus, we aimed to test two
185 hypotheses: (1) there could be changes in specific activity
186 and kinetic properties of GDH, in amination and/or deami-
187 nation directions, from the liver of *P. annectens* during the
188 induction and maintenance phases of aestivation, and (2)
189 these changes might be different between normoxic and
190 hypoxic fishes, especially with regard to ADP activation in
191 vitro. Since Richardson's ground squirrel (*Spermophilus*
192 *richardsonii*) possesses two distinct forms of GDH, and its
193 GDH properties change during hibernation (Thatcher and
194 Storey 2001), we aimed to deduce indirectly from the
195 kinetic properties of its hepatic GDH whether different
196 forms of GDH existed in *P. annectens*.

197 Materials and methods

198 Fish

199 *Protopterus annectens* (80–120 g body mass) were
200 imported from Central Africa through a local fish farm in
201 Singapore. Specimens were maintained in plastic aquaria
202 filled with dechlorinated water, containing 2.3 mmol l⁻¹
203 Na⁺, 0.54 mmol l⁻¹ K⁺, 0.95 mmol l⁻¹ Ca²⁺, 0.08 mmol
204 l⁻¹ Mg²⁺, 3.4 mmol l⁻¹ Cl⁻ and 0.6 mmol l⁻¹ HCO₃⁻, at pH
205 7.0 and at 25°C in the laboratory, and water was changed
206 daily. No attempt was made to separate the sexes. Fish were
207 acclimated to laboratory conditions for at least 1 month.
208 During the adaptation period, fish were fed frozen fish
209 meat. In June 2005 and June 2006, fish were transported to

Düsseldorf and then to Bremerhaven under animal experi- 210
mentation Permit (50.05-230-44/05, Landesamt für Natur, 211
Umwelt und Verbraucherschutz, NRW) for ³¹P NMR stud- 212
ies. 213

214 We succeeded in inducing *P. annectens* to aestivate in 214
the presence of small volumes of water inside air-tight plas- 215
tic containers continuously flushed with air or a calibrated 216
gas mixture (2% O₂ in N₂). With such a set up, we over- 217
came problems associated with controlling the severity and 218
consistency of hypoxic exposure as in the case of experi- 219
menting with fish aestivating in mud (as in its natural habi- 220
tat; Loong et al. 2008). In addition, we eliminated problems 221
associated with the interference of ³¹P NMR application by 222
mud. Under standard laboratory conditions, the experimen- 223
tal fish would secrete mucus during the first few days, and 224
the mucus would slowly dry up between day 6 and day 7 to 225
form a mucus cocoon. Therefore, three major time points 226
were defined in this study, that is day 3 (preparation for aes- 227
tivation), day 6 (entering into aestivation) and day 12 (after 228
5–6 days of aestivation), with additional time points for the 229
in vivo ³¹P NMR spectroscopy. 230

231 Determination of ATP and creatine phosphate concentra- 231
tions at three different regions of live fish using in vivo ³¹P 232
NMR spectroscopy 233

234 Normoxic fish were exposed individually to terrestrial con- 234
ditions and allowed to enter into aestivation at 23°C in air- 235
tight plastic containers (17.5 cm × 11.5 cm × 5 cm, 236
length × width × height) containing 20 ml of water. The 237
head space of boxes was flushed continuously 238
(50 ml min⁻¹) with air (20.9% O₂ in N₂) for 12 days. Hyp- 239
oxic fish underwent aestivation in similar plastic containers 240
but they were flushed with 2% O₂ in N₂ instead. The gas 241
was mixed using a gas-mixing pump (Wösthoff, Bochum, 242
Germany). Control measurements were taken before the 243
fish were exposed to terrestrial conditions (day 0), and mea- 244
surements continued on days 1, 3, 6, 9 and 12 for each indi- 245
vidual fish. 246

247 In vivo ³¹P NMR spectroscopy experiments were con- 247
ducted using a 47/40 Bruker Biospec DBX system with a 248
40 cm horizontal wide bore and actively shielded gradient 249
coils (50 mT m⁻¹) (Melzner et al. 2006). A 5 cm ¹H/³¹P/ 250
¹³C surface coil was used for excitation and signal recep- 251
tion. The coil was placed directly under the animal chamber 252
to gain maximum signal from three different regions (ante- 253
rior, middle and posterior) of the fish. The anterior region 254
of the fish refers to the head; the middle region refers to the 255
location of the liver; and, the posterior region refers to the 256
position before the vent where the kidney is located. It was 257
hoped that results obtained would provide some informa- 258
tion on possible changes in the energy status in brain, liver 259
and kidney in addition to possible changes in muscle. 260

261 Temperature in the animal chamber inside the magnet was
 262 kept at 23°C and monitored by a fibre-optic thermometer
 263 (Luxtron 504, Polytec, Waldheim, Germany) and recorded
 264 via a MacLab system (AD-Instruments, Australia). In vivo
 265 ³¹P NMR spectra (sweep width, 5,000 Hz; flip angle, 45°,
 266 repetition time (TR), 1 s; scans, 256; duration, 4 min 31 s)
 267 were acquired and an average of four spectra was taken
 268 from each region. Concentrations of ATP and creatine
 269 phosphate were determined from the NMR spectra accord-
 270 ing to the method of Kemp et al. (2007) and expressed as
 271 $\mu\text{mol g}^{-1}$ wet mass.

272 Exposure of fish to experimental conditions for tissue
 273 sampling

274 Normoxic fish were individually exposed to air and allowed
 275 to enter into aestivation at 25°C in air-tight plastic contain-
 276 ers (7.6 cm × 15.7 cm, height × diameter) containing
 277 20 ml of water. The head space was continuously flushed
 278 (50 ml min⁻¹) with air (20.9% O₂ in N₂) for 12 days. Hyp-
 279 oxia fish were exposed to aerial hypoxia in similar plastic
 280 containers but continuously flushed with 2% O₂ in N₂
 281 instead. Fish were killed on days 3, 6 or 12 with a strong
 282 blow to the head. Plasma, lateral muscle, and liver were
 283 sampled and kept at -80°C until analysis.

284 Determination of water content in the muscle and liver

285 Water contents in muscle and liver samples ($n = 3$ each)
 286 obtained from control fish and fish aestivated in air or
 287 hypoxia for 12 days were estimated as the difference
 288 between wet mass and dry mass, and expressed as percent
 289 of wet mass tissue. The wet masses of the tissues were
 290 recorded to the nearest 0.001 g. The tissues were then dried
 291 in an oven at 95°C until constant mass and the dry mass
 292 was recorded.

293 Determination of ammonia, urea and FAAs

294 The frozen samples were weighed, ground in liquid nitro-
 295 gen and homogenized three times in five volumes (w/v) of
 296 6% TCA at 24 000 revs min⁻¹ for 20 s each using an Ultra-
 297 Turrax homogenizer (Staufen, Germany), with intervals of
 298 10 s between each homogenization. The homogenate was
 299 centrifuged at 10,000g at 4°C for 20 min, and the superna-
 300 tant obtained was kept at -80°C until further analysis.

301 For ammonia analysis, the pH of the de-proteinized sam-
 302 ple was adjusted to between 5.5 and 6.0 with 2 mol l⁻¹
 303 KHCO₃. The ammonia concentration was determined using
 304 the method of Bergmeyer and Beutler (1985). The change
 305 in absorbance at 25°C and 340 nm was monitored using a
 306 Shimadzu UV-160A spectrophotometer. Freshly prepared
 307 NH₄Cl solution was used as the standard for comparison.

Urea concentration in the neutralised sample was analyzed 308
 colorimetrically according to the method of Jow et al. 309
 (1999). The difference in absorbance obtained from the 310
 sample in the presence and absence of urease (#U7127; 311
 Sigma Chemical Co., St Louis, MO, USA) was used for the 312
 estimation of urea concentration in the sample. Urea 313
 obtained from Sigma Chemical Co. was used as a standard 314
 for comparison. Results were expressed as $\mu\text{mol g}^{-1}$ wet 315
 mass or $\mu\text{mol ml}^{-1}$ plasma. 316

For FAA analysis in muscle and liver samples, the 317
 supernatant obtained was adjusted to pH 2.2 with 4 mol l⁻¹ 318
 lithium hydroxide and diluted appropriately with 319
 0.2 mol l⁻¹ lithium citrate buffer (pH 2.2). FAAs were ana- 320
 lyzed using a Shimadzu LC-10A amino acid analysis 321
 system (Kyoto, Japan) with a Shim-pack ISC-07/S1504 Li- 322
 type column. The total FAA (TFAA) concentration was 323
 calculated by the summation of all FAAs, while total essen- 324
 tial FAA (TEFAA) concentration was calculated as the sum 325
 of histidine, isoleucine, leucine, lysine, methionine, phenyl- 326
 alanine, threonine, tryptophan and valine concentrations. 327
 Results were expressed as $\mu\text{mol g}^{-1}$ wet mass. 328

Determination of hepatic GDH enzyme activity 329

The liver was homogenized in five volumes (w/v) of ice-cold 330
 extraction buffer containing 50 mmol l⁻¹ imidazole (pH 7.0), 331
 1 mmol l⁻¹ EDTA, 1 mmol l⁻¹ EGTA, 25 mmol l⁻¹ NaF 332
 and 0.1 mmol l⁻¹ PMSF according to the method of Ip et al. 333
 (1992). The homogenate was sonicated for 10 s and the soni- 334
 cated sample was centrifuged at 10,000 g at 4°C for 20 min. 335
 The supernatant obtained was passed through a Bio-Rad P- 336
 6DG column (Bio-Rad Laboratories; Hercules, CA, USA) 337
 equilibrated with the elution buffer containing 50 mmol l⁻¹ 338
 imidazole (pH 7.0) and 1 mmol l⁻¹ EDTA. The filtrate 339
 obtained was used directly for enzyme assay. 340

GDH (E.C. 1.4.1.3) activities were assayed according to 341
 methods of Ip et al. (1992, 1994) and Peng et al. (1994) 342
 using a Shimadzu UV 160 UV VIS recording spectrometer 343
 at 25°C. GDH activity in the amination direction was 344
 determined by the oxidation of NADH at 340 nm (millimo- 345
 lar extinction coefficient $\epsilon_{340} = 6.22$) in a reaction mixture 346
 (1.2 ml) containing 50 mmol l⁻¹ imidazole buffer (pH 7.4), 347
 250 mmol l⁻¹ ammonium acetate, 0.15 mmol l⁻¹ NADH, 348
 1.0 mmol l⁻¹ ADP and 0.05 ml sample. The reaction was 349
 initiated by the addition of 0.05 ml of α -ketoglutarate 350
 (α -KG) at a final concentration (mmol l⁻¹) of 0.1, 0.25, 0.5, 351
 or 10. The activity obtained at 10 mmol l⁻¹ α -KG was 352
 regarded as V_{control} (approaching V_{max}). The amination 353
 activity was expressed as $\mu\text{mol NADH oxidized min}^{-1} \text{g}^{-1}$ 354
 tissue. GDH activity in the deamination direction was 355
 determined by measuring the formation of formazan from 356
 iodionitrotetrazolium chloride at 492 nm (millimolar extinc- 357
 tion coefficient $\epsilon_{492} = 19.98$) in a reaction mixture (1.35 ml) 358

359 containing 200 mmol l⁻¹ glycine–NaOH buffer (pH 9.0),
 360 0.1 mmol l⁻¹ NAD, 0.09 mmol l⁻¹ iodonitrotetrazolium
 361 chloride, 0.1 iu/ml diaphorase, 1.0 mmol l⁻¹ ADP and
 362 0.15 ml sample. This reaction was initiated by the addition
 363 of 0.1 ml of glutamate at a final concentration (mmol l⁻¹) of
 364 0.5, 5 or 100. The activity obtained at 100 mmol l⁻¹ glutamate
 365 was regarded as V_{control} . The deamination activity was
 366 expressed as $\mu\text{mol formazan formed min}^{-1}\text{g}^{-1}\text{ tissue}$. In
 367 addition, amination activities at 10 mmol l⁻¹ α -KG and
 368 deamination activity at 100 mmol l⁻¹ glutamate were also
 369 determined in the absence of ADP ($V_{\text{minus ADP}}$). All chemi-
 370 cals were obtained from Sigma Chemical Co. (St Louis,
 371 MO, USA).

372 Due to the small size of the liver and the various assays
 373 need to be performed, the volume of extract obtained for
 374 GDH assay was inadequate for the estimation of K_m or K_a
 375 values, which required the determination of GDH activities
 376 at multiple substrate or activator (ADP) concentrations.
 377 Therefore, we adopted the method of expressing the results
 378 as activity ratios, which had been utilized previously by Ip
 379 et al. (1994) and Peng et al. (1994) to examine the effects of
 380 anoxia and salinity stress, respectively, on the kinetic prop-
 381 erties of GDH from the intertidal spicunculid, *Phascolo-*
 382 *soma arcuatum*. This method was originally designed by
 383 Plaxton and Storey (1985) to examine the effect of hypoxia
 384 on the kinetic properties of pyruvate kinase from the whelk,
 385 *Busycotypus canaliculatum*. In that study, a significantly
 386 greater enzyme activity ratio, measured at high versus low
 387 phosphoenolpyruvate concentration obtained from the
 388 normoxic animal as compared with the hypoxic animal,
 389 was taken as an indication of an increase in $S_{0.5}$ of phospho-
 390 enolpyruvate for the anoxic form of pyruvate kinase
 391 (Plaxton and Storey 1985).

392 Determination of ammonia and urea excretion rates
 393 in control fish immersed in water

394 Fish were immersed individually in 20 volumes (w/v) of
 395 dechlorinated tap water in plastic aquaria at 25°C without
 396 aeration. Water was changed daily and no food was pro-
 397 vided. Preliminary experiments on water sampled at 6 and
 398 24 h showed that ammonia and urea excretion rates were
 399 linear up to at least 24 h. Water (3.6 ml) was sampled for
 400 ammonia and urea analysis every 24 h for 12 days. Ammo-
 401 nia and urea in water samples were determined according to
 402 the methods of Jow et al. (1999).

403 Statistical analyses

404 Results were presented as means \pm SEM. Time-course data
 405 in Figs. 1, 2 and 3 were analyzed using 2-way repeated-
 406 measures ANOVA followed by Tukey-HSD method to
 407 evaluate differences between means in Figs. 1 and 2. For

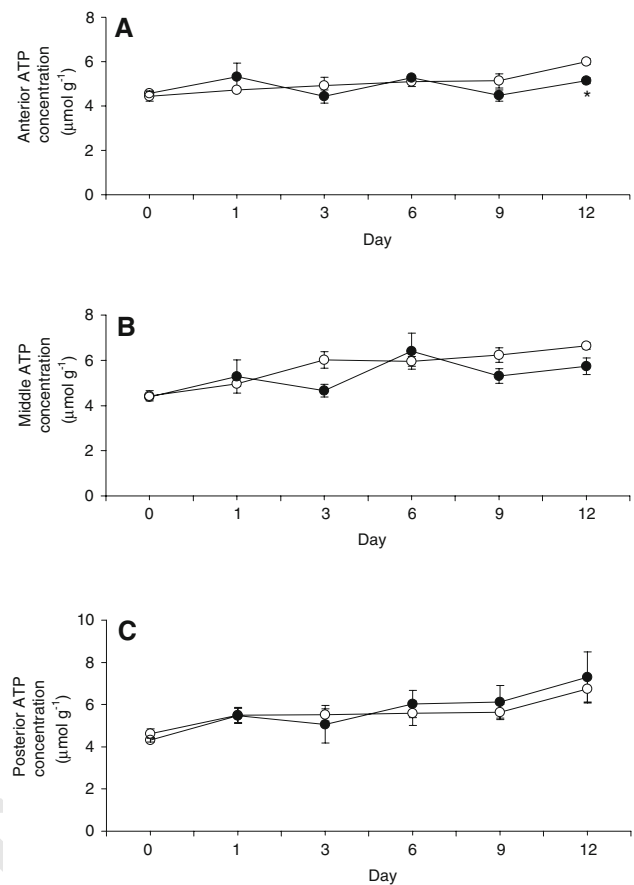


Fig. 1 Concentrations ($\mu\text{mol g}^{-1}$ wet mass) of adenosine triphosphate (ATP), as determined by in vivo ³¹P NMR spectroscopy, in the **a** anterior, **b** middle and **c** posterior regions of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia (open circle) or hypoxia (2% O₂ in N₂; closed circle) as compared with the day 0 value (in water). Values are means \pm SEM ($N = 3$ for normoxia, $N = 4$ for hypoxia). *Significantly different from the corresponding normoxia value in that region of the body on that day ($P < 0.05$)

other data, Student's *t* test and one-way analysis of variance (ANOVA) followed by multiple comparison of means by the Bonferroni test were used to evaluate differences between means where applicable. Differences were regarded as statistically significant at $P < 0.05$.

Results

ATP and creatine phosphate in three different regions of the fish based on ³¹P NMR spectroscopy

Twelve days of induction and maintenance of aestivation in *P. annectens* in normoxia or hypoxia did not result in significant changes in ATP (Fig. 1) or creatine phosphate (Fig. 2) concentrations in all three regions of the body. In comparison with normoxia, hypoxia led to significantly lower ATP concentration on day 12 (Fig. 1) and also significantly lower

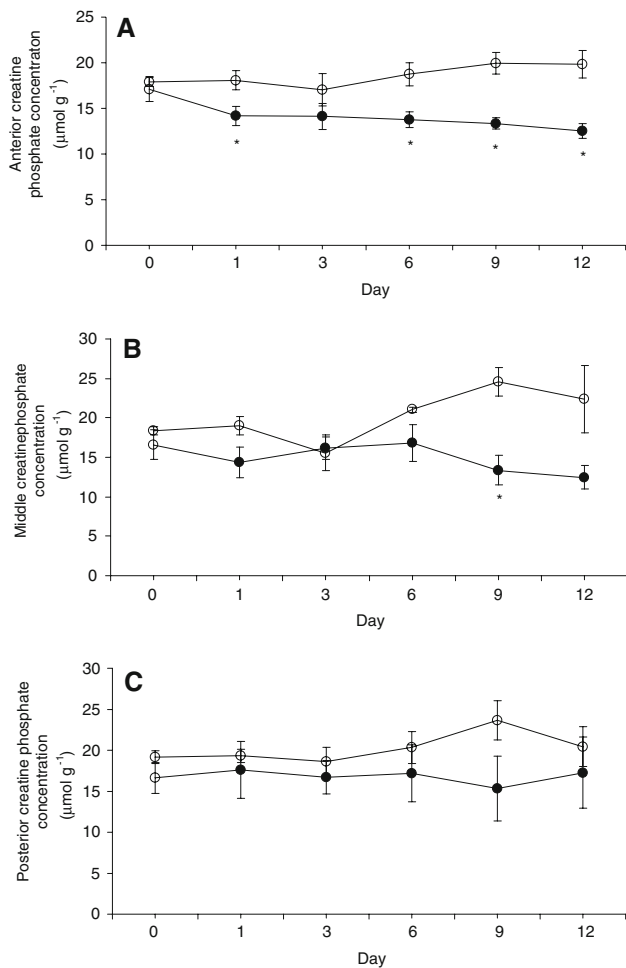


Fig. 2 Concentrations (μmol g⁻¹ wet mass) of creatine phosphate (CP), as determined by in vivo ³¹P NMR spectroscopy, in the **a** anterior, **b** middle and **c** posterior regions of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia (open circle) or in hypoxia (2% O₂ in N₂; closed circle) as compared with the day 0 value (in water). Values are means ± SEM (N = 3 for normoxia, N = 4 for hypoxia). *Significantly different from the corresponding normoxia value in that region of the body on that day (P < 0.05)

422 creatine phosphate concentration on days 1, 6, 9 and 12
 423 (Fig. 2) in the anterior region of fish undergoing induction and
 424 maintenance of aestivation. Additionally, hypoxia resulted in
 425 a significantly lower creatine phosphate concentration in the
 426 middle region of fish undergoing aestivation on day 9.

427 Since these results were obtained from whole fish, they
 428 do not provide information on any specific tissue or organ.
 429 However, the detection of significant amount of creatine
 430 phosphate in the middle region of the fish, where the liver is
 431 located, was unexpected because creatine phosphate is a
 432 phosphagen found mainly in the muscle (Prosser 1973).
 433 Hence, either the creatine phosphate concentration obtained
 434 for the middle region based on ³¹P NMR spectroscopy was
 435 contributed mainly by the muscle, or the liver actually con-
 436 tained an unusually high concentration of creatine phos-
 437 phate, the confirmation of which awaits future study.

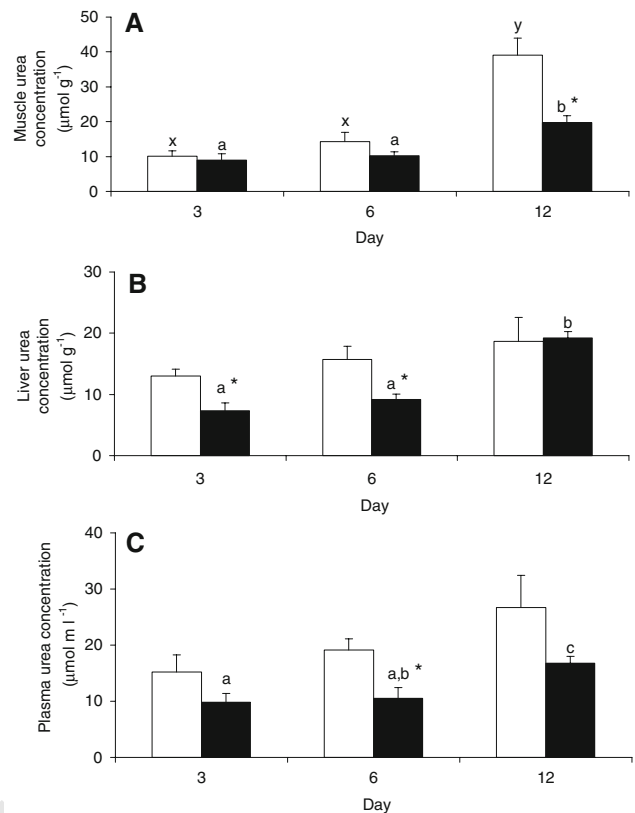


Fig. 3 Concentrations (μmol g⁻¹ wet mass tissue or μmol ml⁻¹ plasma) of urea in **a** muscle, **b** liver and **c** plasma of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia (open bar) or hypoxia (2% O₂ in N₂; closed bar). Values are means ± SEM (N = 5 for control and N = 4 for hypoxia). Means not sharing the same letter are significantly different (P < 0.05). *Significantly different from the corresponding normoxic value (P < 0.05)

Water contents in the muscle and liver 438

The water content (n = 3) in the muscle of *P. annectens* 439
 after 12 days of induction and maintenance of aestivation in 440
 normoxia and hypoxia were 80.1 ± 1.8 and 77.6 ± 2.1%, 441
 respectively, which were not significantly different from the 442
 value (78.6 ± 1.4%) obtained for the control fish in fresh- 443
 water. Similarly, the water contents (n = 3) in the livers of 444
 control fish (79.4 ± 0.9%) and fish after 12 days of induc- 445
 tion and maintenance of aestivation in normoxia 446
 (78.3 ± 0.8%) or hypoxia (77.9 ± 1.1%) were comparable. 447

Ammonia and urea concentrations 448

The ammonia concentrations in muscle, liver and plasma of 449
 fish kept in freshwater on day 0 were 0.48 ± 0.28 μmol g⁻¹, 450
 1.07 ± 0.35 μmol g⁻¹, and 0.37 ± 0.11 μmol ml⁻¹, respec- 451
 tively, which were not significantly different (statistics not 452
 shown) from those values of the experimental fish exposed 453
 to normoxia or hypoxia (Table 1). There were no significant 454

Table 1 Concentrations ($\mu\text{mol g}^{-1}$ wet mass or $\mu\text{mol ml}^{-1}$ plasma) of ammonia in the muscle, liver and plasma of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia or hypoxia (2% O_2 in N_2)

Tissue	Normoxia			Hypoxia		
	Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
Muscle	0.27 ± 0.10	0.16 ± 0.05	0.15 ± 0.06	0.22 ± 0.23	0.71 ± 0.60	0.37 ± 0.15
Liver	1.35 ± 0.36	0.84 ± 0.19	0.47 ± 0.06	2.45 ± 1.07	2.07 ± 1.13	0.91 ± 0.22
Plasma	0.51 ± 0.06	0.49 ± 0.05	0.37 ± 0.04	0.67 ± 0.14	0.45 ± 0.11	0.47 ± 0.06

Results are presented as means \pm SEM ($N = 5$ for control and $N = 4$ for hypoxia)

455 differences in the ammonia concentrations between the
456 muscle, liver, and plasma of the normoxic fish and the hyp-
457 oxic fish throughout the 12-day period (Table 1).

458 The urea concentrations in muscle, liver and plasma of
459 fish kept in freshwater on day 0 were $3.18 \pm 0.86 \mu\text{mol g}^{-1}$,
460 $3.64 \pm 1.05 \mu\text{mol g}^{-1}$, and $4.08 \pm 1.17 \mu\text{mol ml}^{-1}$, respec-
461 tively, which were significantly lower ($P < 0.05$) than those
462 of the experimental fish exposed to normoxia or hypoxia.
463 On days 3 and 6, the urea concentration in the muscle of
464 *P. annectens* exposed to hypoxia remained comparable to
465 that of fish exposed to normoxia (Fig. 3a). On day 12, the
466 urea concentration in the muscle of fish aestivating in
467 hypoxia was significantly lower ($\sim 50\%$) than that of the
468 fish aestivating in normoxia (Fig. 3a). By contrast, the urea
469 concentration in the liver of fish entering into aestivation in
470 hypoxia on days 3 and 6 was significantly lower (by 44 and
471 41%, respectively) than that of the fish entering into aesti-
472 vation in normoxia. However, there was no significant
473 difference in the hepatic urea concentration between the fish
474 aestivating in hypoxia and normoxia on day 12 (Fig. 3b).

As for the plasma, the urea concentration in fish entering 475
into aestivation in hypoxia was significantly lower than that 476
of fish entering into aestivation in normoxia on day 6 477
(Fig. 3c). 478

479 FAA concentrations 479

Muscle arginine, leucine, phenylalanine and tyrosine con- 480
centrations in fish exposed to hypoxia for 3 days, and the 481
muscle tyrosine concentrations in fish exposed to hypoxia 482
for 6 days were significantly higher than the corresponding 483
value of the normoxic fish (Table 2). However, concentra- 484
tions of TFAA and TEFAA in the muscle of the hypoxic 485
fish were comparable with those of the normoxic fish 486
throughout the 12-day period (Table 2). 487

488 By contrast, concentrations of tyrosine, TEFAA and
489 TFAA in the liver of fish exposed to hypoxia for 3 days
490 were significantly higher than those of fish exposed to nor-
491 moxia for a similar period (Table 2). Similarly, exposure to
492 hypoxia for 6 days resulted in significantly higher concen-

Table 2 Concentrations ($\mu\text{mol g}^{-1}$ wet mass) of various free amino acids (FAAs) that showed significant changes, total essential FAA (TEFAA) and total FAA (TFAA) in the muscle and liver of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia or hypoxia (2% O_2 in N_2)

Tissue	FAA	Normoxia			Hypoxia		
		Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
Muscle	Arginine	0.0079 ± 0.0051	0.024 ± 0.003	0.026 ± 0.001	$0.030 \pm 0.002^*$	0.021 ± 0.002	0.023 ± 0.003
	Leucine	0.217 ± 0.0134	0.171 ± 0.043	0.195 ± 0.019	$0.323 \pm 0.045^*$	0.252 ± 0.028	0.157 ± 0.022
	Phenylalanine	0.076 ± 0.003	0.057 ± 0.017	0.040 ± 0.003	$0.114 \pm 0.013^*$	0.082 ± 0.010	0.058 ± 0.007
	Tyrosine	0.162 ± 0.012	0.208 ± 0.025	0.189 ± 0.020	$0.223 \pm 0.017^*$	$0.305 \pm 0.035^*$	0.252 ± 0.050
	TEFAA	2.20 ± 0.41	2.07 ± 0.41	1.57 ± 0.19	3.16 ± 0.25	2.79 ± 0.50	2.40 ± 0.43
	TFAA	3.97 ± 0.43	3.77 ± 0.70	3.52 ± 0.48	5.02 ± 0.42	5.53 ± 0.88	4.53 ± 0.94
Liver	Alanine	0.186 ± 0.037	0.065 ± 0.026	0.095 ± 0.033	0.265 ± 0.060	$0.491 \pm 0.044^*$	0.108 ± 0.013
	Glutamate	1.61 ± 0.307	1.30 ± 0.30	1.01 ± 0.24	2.64 ± 0.48	$4.34 \pm 0.227^*$	$1.92 \pm 0.15^*$
	Proline	0.140 ± 0.069	0.101 ± 0.014	0.138 ± 0.049	0.568 ± 0.277	$0.298 \pm 0.071^*$	0.110 ± 0.016
	Tryptophan	0.481 ± 0.302	1.44 ± 0.45	ND	1.16 ± 0.284	0.820 ± 0.235	$0.509 \pm 0.119^*$
	Tyrosine	0.104 ± 0.018	0.238 ± 0.039	0.144 ± 0.015	$0.183 \pm 0.018^*$	0.247 ± 0.052	0.167 ± 0.033
	TEFAA	2.13 ± 0.43	2.89 ± 0.55	1.13 ± 0.12	$3.52 \pm 0.36^*$	2.96 ± 0.80	$1.85 \pm 0.15^*$
	TFAA	5.64 ± 1.00	6.77 ± 0.78	4.47 ± 0.68	$8.99 \pm 0.68^*$	$10.28 \pm 0.44^*$	5.57 ± 0.31

Results represent means \pm S.E.M. $N = 4$

* Significantly different from the corresponding normoxic value ($P < 0.05$)

493 trations of alanine, glutamate, proline and TFAA in the
494 liver as compared with the corresponding normoxic values
495 (Table 2). There were a significantly lower arginine con-
496 centration and significantly higher glutamate, histidine,
497 tryptophan and TEFAA concentrations in the liver of fish
498 aestivating in hypoxia as compared with fish aestivating in
499 normoxia on day 12 (Table 2).

500 Activity and kinetic properties of hepatic GDH

501 For fish aestivating in normoxia on day 12, there was a sig-
502 nificant increase in the hepatic GDH amination activity,
503 assayed in the presence of saturating concentrations of
504 substrates and ADP, and thus a significant increase in the
505 amination/deamination ratio as compared with fish in pre-
506 paration for (day 3) or entering into aestivation (day 6) in
507 normoxia (Table 3). Similar changes were observed in fish
508 exposed to hypoxia, but they occurred much earlier on day
509 6 when the dried mucus cocoon was formed. As a result,
510 when assayed in the presence of ADP, the GDH amination
511 activity and amination/deamination ratio from the liver of
512 fish entering into aestivation in hypoxia were significantly
513 greater than those of fish entering into aestivation in nor-
514 moxia on day 6 (Table 3). On day 12, there was a drastic
515 decrease in the hepatic GDH amination activity assayed in

the absence of ADP, resulting in a significant smaller ami- 516
nation/deamination ratio, in fish aestivating in normoxia 517
(Table 4). It is apparent from these results that the hepatic 518
GDH amination activity became heavily dependent on 519
ADP activation during the maintenance phase of aestiva- 520
tion in normoxia. Once again, similar changes occurred but 521
much earlier in the hypoxic fish entering into aestivating on 522
day 6 (Table 5). 523

The kinetic properties of an enzyme can be presented as 524
ratios of the enzyme activity assayed at a saturating concen- 525
tration of substrate (V_{control}) versus those assayed at sub-sat- 526
urating concentrations of substrate. Specifically, an 527
increase and a decrease of the ratio implies a decrease and 528
an increase, respectively, in the affinity of the enzyme to the 529
substrate. Judging by the ratios of the hepatic GDH amina- 530
tion activity assayed at a saturating concentration of α -KG 531
(10 mmol l^{-1} ; V_{control}) versus those assayed at sub-saturat- 532
ing concentrations of α -KG (0.1, 0.25 or 0.5 mmol l^{-1}), the 533
GDH from the liver of fish entering into aestivation in 534
normoxia on day 6 had a higher apparent affinity towards 535
 α -KG as compared with the normoxic fish in preparation of 536
aestivation on day 3 or undergoing aestivation on day 12 537
(Table 5). However, there were no significant differences in 538
the kinetic properties of hepatic GDH in the deamination 539
direction between fish exposed to normoxia on day 3, enter- 540

Table 3 Specific activities of glutamate dehydrogenase (GDH) in the amination ($\mu\text{mol NADH oxidized min}^{-1} \text{ g}^{-1}$ wet mass) and deamination ($\mu\text{mol formazan formed min}^{-1} \text{ g}^{-1}$ wet mass) directions assayed at saturating concentrations of substrates (10 mmol l^{-1} α -ketoglutarate

GDH	Normoxia			Hypoxia		
	Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
Amination V_{control}	16.9 ± 0.9^a	18.6 ± 2.7^a	32.1 ± 4.4^b	19.2 ± 1.1^a	$28.3 \pm 1.4^{b*}$	32.9 ± 2.0^b
Deamination V_{control}	0.92 ± 0.03	1.51 ± 0.33	0.91 ± 0.04	0.87 ± 0.03	0.90 ± 0.08	1.07 ± 0.12
Amination/deamination	18.0 ± 1.0^a	13.3 ± 1.6^a	34.5 ± 3.4^b	22.0 ± 2.0^a	$31.2 \pm 1.1^{b*}$	31.6 ± 1.8^b

Results represent means \pm SEM ($N = 5$)

Means not sharing the same letter are significantly different ($P < 0.05$)

* Significantly different from the corresponding normoxic value ($P < 0.05$)

Table 4 Specific activities of glutamate dehydrogenase (GDH) in the amination ($\mu\text{mol NADH oxidized min}^{-1} \text{ g}^{-1}$ wet mass) and deamination ($\mu\text{mol formazan formed min}^{-1} \text{ g}^{-1}$ wet mass) directions assayed at saturating concentrations of substrates (10 mmol l^{-1} α -ketoglutarate

GDH	Normoxia			Hypoxia		
	Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
Amination $V_{\text{minus ADP}}$	2.20 ± 0.39^b	3.82 ± 0.6^c	0.12 ± 0.06^a	3.04 ± 0.25^b	$0.16 \pm 0.09^{a,*}$	0.16 ± 0.07^a
Deamination $V_{\text{minus ADP}}$	0.17 ± 0.01	0.26 ± 0.04	0.24 ± 0.03	0.16 ± 0.02	0.16 ± 0.02	0.19 ± 0.01
Amination/deamination	13.6 ± 2.8^b	15.0 ± 0.5^b	0.53 ± 0.22^a	18.9 ± 0.8^b	$0.93 \pm 0.52^{a,*}$	0.91 ± 0.39^a

Results represent means \pm SEM ($N = 5$)

Means not sharing the same letter are significantly different ($P < 0.05$)

* Significantly different from the corresponding normoxic value ($P < 0.05$)

and 100 mmol l^{-1} glutamate, respectively) in the presence of 541
 1 mmol l^{-1} ADP (V_{control}), and their ratios (amination/deamination) 542
from the liver of *Protopterus annectens* during 12 days of induction 543
and maintenance of aestivation in normoxia or hypoxia ($2\% \text{ O}_2$ in N_2) 544

Table 5 Ratios of activities of glutamate dehydrogenase in the amination direction assayed in the presence of 1 mmol l⁻¹ ADP at saturating (10 mmol l⁻¹, control) versus sub-saturating (0.5, 0.25 or 0.1 mmol l⁻¹) concentrations of α-ketoglutarate (αKG), and ratios of

enzyme activities assayed at 10 mmol l⁻¹ αKG in the presence of ADP (1 mmol l⁻¹, control) versus in the absence of ADP from the liver of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia or hypoxia (2% O₂ in N₂)

GDH, amination	Normoxia			Hypoxia		
	Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
V _{control} /V _{0.5 mM αKG}	1.32 ± 0.02 ^b	1.18 ± 0.03 ^a	1.33 ± 0.02 ^b	1.29 ± 0.05 ^a	1.41 ± 0.03 ^{ab,*}	1.45 ± 0.01 ^{b,*}
V _{control} /V _{0.25 mM αKG}	2.06 ± 0.04 ^b	1.84 ± 0.06 ^a	2.18 ± 0.06 ^b	2.05 ± 0.07 ^a	2.34 ± 0.06 ^{b,*}	2.41 ± 0.02 ^{b,*}
V _{control} /V _{0.1 mM αKG}	4.40 ± 0.16 ^b	3.89 ± 0.11 ^a	4.81 ± 0.09 ^b	4.72 ± 0.13	5.12 ± 0.12 [*]	5.15 ± 0.18
V _{control} /V _{minus ADP}	8.82 ± 1.88 ^a	4.88 ± 0.14 ^a	110 ± 32 ^b	6.38 ± 0.26 ^a	55 ± 16 (4) ^{ab,*}	190 ± 74 ^b

Results represent means ± SEM (N = 5)

Means not sharing the same letter are significantly different (P < 0.05)

* Significantly different from the corresponding normoxic value (P < 0.05)

541 ing into aestivation on day 6 and undergoing aestivation on
542 day 12 (Table 6).

543 By contrast, the induction and maintenance of aestiva-
544 tion in hypoxia led to a completely different pattern of
545 changes in the kinetic properties of hepatic GDH. On days
546 6 and 12, the ratios of the hepatic GDH amination activity
547 assayed at a saturating concentration of α-KG
548 (10 mmol l⁻¹; V_{control}) versus those assayed at sub-saturat-
549 ing concentrations of α-KG (0.1, 0.25 or 0.5 mmol l⁻¹)
550 obtained from the hypoxic fish were significantly greater
551 than those obtained from the normoxic fish (Table 5).
552 These results imply that the apparent affinity of GDH
553 towards α-KG in the normoxic fish was greater than that in
554 the hypoxic fish. In addition, the ratios of the hepatic GDH
555 deamination activity assayed at a saturating concentration
556 of glutamate (100 mmol l⁻¹; V_{control}) versus those assayed
557 at sub-saturating concentrations of glutamate (0.5 or
558 5 mmol l⁻¹) obtained from fish aestivating in hypoxia were
559 significantly greater than those obtained from fish aestivat-
560 ing in normoxia on day 12 (Table 6), indicating an apparent
561 decrease in the affinity towards glutamate in the hypoxic
562 fish as compared with the normoxic fish.

563 An analysis of the ratios of V_{control} determined in the
564 presence of ADP versus activities determined in the
565 absence of ADP (V_{minus ADP}) confirmed that the hepatic

GDH amination (Table 5) and deamination (Table 6) 566
activities from *P. annectens* were dependent on ADP 567
activation. Results obtained also confirm that the magni- 568
tude of ADP dependency for GDH in the deamination 569
direction remained relatively constant during the 12-day 570
period of exposure to normoxia (Table 6). However, a 571
significantly greater dependency on ADP activation was 572
detected for GDH, in the amination direction, extracted 573
from livers of fish aestivating in normoxia on day 12 574
(Table 5) and from livers of fish entering into aestivation 575
on day 6 or maintaining aestivation on day 12 in hypoxia 576
(Table 5). 577

Ammonia and urea excretion rate in fish immersed in water 578

579 Rates of ammonia and urea excretion remained relatively 579
constant during 12 days of fasting in water (Fig. 4). The 580
average rates of ammonia and urea excretion over the 12- 581
day period were 2.4 ± 0.1 and 0.69 ± 0.05 μmol day⁻¹ g⁻¹ 582
fish, respectively. Since the tissue urea concentrations were 583
maintained at steady states, the average daily rate of urea 584
synthesis can be taken as 0.69 ± 0.05 μmol day⁻¹ g⁻¹ fish. 585
Similarly, the average daily rate of endogenous N produc- 586
tion (as urea-N + ammonia-N) can be taken as (0.69 x 587
2) + 2.4 or 3.78 μmol N day⁻¹ g⁻¹. 588

Table 6 Ratios of activities of glutamate dehydrogenase in the deamination direction assayed in the presence of 1 mmol l⁻¹ ADP at saturating (100 mmol l⁻¹, control) versus sub-saturating (5 or 0.5 mmol l⁻¹) concentrations of glutamate (Glu), and ratios of enzyme activities as-

sayed at 100 mmol l⁻¹ Glu in the presence of ADP (1 mmol l⁻¹, control) versus the absence of ADP from the liver of *Protopterus annectens* during 12 days of induction and maintenance of aestivation in normoxia or hypoxia (2% O₂ in N₂)

GDH, deamination	Normoxia			Hypoxia		
	Day 3	Day 6	Day 12	Day 3	Day 6	Day 12
V _{control} /V _{5 mM Glu}	1.16 ± 0.02	1.14 ± 0.03	1.06 ± 0.03	1.16 ± 0.06	1.10 ± 0.02	1.17 ± 0.02*
V _{control} /V _{0.5 mM Glu}	9.89 ± 1.54	7.92 ± 0.63	5.96 ± 1.85	11.0 ± 1.9	15.6 ± 5.6	13.8 ± 2.6*
V _{control} /V _{minus ADP}	5.58 ± 0.43	5.93 ± 0.92	4.05 ± 0.52	5.66 ± 0.86	5.69 ± 0.32	5.61 ± 0.59

Results represent means ± SEM (N = 5)

* Significantly different from the corresponding normoxic value (P < 0.05)

Author Proof

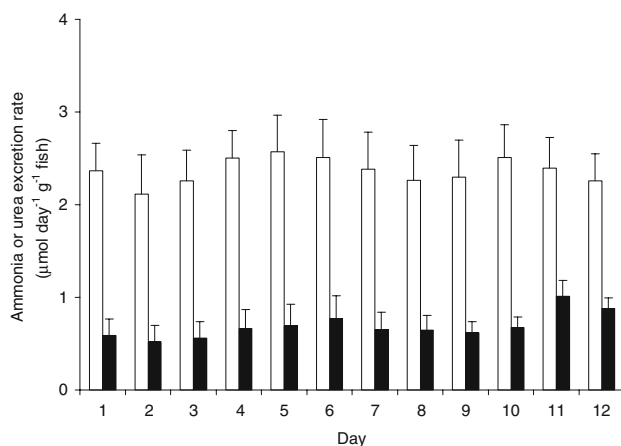


Fig. 4 Rates ($\mu\text{mol day}^{-1} \text{g}^{-1} \text{fish}$) of ammonia (open bar) and urea (closed bar) excretion in *Protopterus annectens* during 12 days of fasting in water. Values are means + SEM ($N = 5$)

589 Calculated results for a 100 g fish

590 Based on the value of $3.78 \mu\text{mol N day}^{-1} \text{g}^{-1}$ (from Fig. 4),
 591 for a 100 g fish, this would amount to a daily N excretion of
 592 $378 \mu\text{mol}$. Therefore, a total of $378 \mu\text{mol day}^{-1} \times 12 \text{ days}$
 593 or $4,536 \mu\text{mol N}$ would have to be accounted for in a 100 g
 594 fish, assuming a complete impediment of ammonia and
 595 urea excretion.

596 For a 100 g fish aestivated in normoxia for 12 days, the
 597 urea-N accumulated in the muscle (55 g) and the liver (2 g)
 598 amounted to $2,006 \times 2$ or $4,012 \mu\text{mol N}$ (from Fig. 3), which
 599 is approximately 88% of the deficit of $4,536 \mu\text{mol N}$ in
 600 nitrogenous excretion. Hence, the rate of urea synthesis in the
 601 normoxic fish can be calculated as $2006/(12 \text{ days} \times 100 \text{ g})$
 602 or $1.67 \mu\text{mol day}^{-1} \text{g}^{-1}$, indicating that it increased 1.67/0.69
 603 or 2.4-fold as compared with the immersed control. Since tissue
 604 ammonia concentrations remained unchanged, the rate of
 605 endogenous N production (i.e. as ammonia but detoxified to
 606 urea) can be calculated as 1.67×2 or $3.34 \mu\text{mol N day}^{-1} \text{g}^{-1}$,
 607 which is only 12% lower than the value of
 608 $3.78 \mu\text{mol N day}^{-1} \text{g}^{-1}$ for fish immersed in water.

609 By contrast, only $945 \mu\text{mol}$ of excess urea was accumu-
 610 lated in muscle and liver of a 100 g fish in hypoxia on day
 611 12, which ($945 \times 2 = 1,890 \mu\text{mol}$) represents approxi-
 612 mately 42% of the deficit of $4,536 \mu\text{mol N}$ in nitrogenous
 613 excretion. Hence, the estimated average urea synthesis rate
 614 during the 12-day period is $945/(12 \text{ days} \times 100 \text{ g})$ or
 615 $0.79 \mu\text{mol day}^{-1} \text{g}^{-1}$, which implies that the average rate of
 616 urea synthesis in the hypoxic fish was comparable to
 617 (1.1-fold) that ($0.69 \mu\text{mol day}^{-1} \text{g}^{-1}$) of fish immersed in
 618 water. The average rate of endogenous N production can be
 619 calculated as $1890 \mu\text{mol}/(100 \text{ g} \times 12 \text{ days})$ or $1.58 \mu\text{mol}$
 620 $\text{day}^{-1} \text{g}^{-1}$, which represents a decrease by 58% below the
 621 rate in fish immersed in water for 12 days ($3.78 \mu\text{mol}$
 622 $\text{day}^{-1} \text{g}^{-1}$), and such a decrease is much greater than that

(12%) observed in fish undergoing induction and mainte- 623
 nance of aestivation in normoxia. 624

Discussion 625

Hypoxia led to lower ATP and creatine phosphate concen- 626
 trations in certain body regions in comparison with nor- 627
 moxia at certain time point 628

Based on results obtained from in vivo ^{31}P NMR spectro- 629
 scopy (Figs. 1, 2), it can be concluded that, in general, 630
 hypoxia led to lower concentrations of ATP and creatine 631
 phosphate in *P. annectens* during 12 days of aestivation as 632
 compared with normoxia. These results are novel and sug- 633
 gest that information available in the literature on African 634
 lungfishes aestivating in mud or an artificial device/substra- 635
 tum should be interpreted with caution (as suggested by 636
 Loong et al. 2008), because those information cannot be 637
 interpreted simply as effects of aestivation alone (Storey 638
 2002), and they may actually reflect the combined effects of 639
 aestivation and hypoxia. 640

Induction and maintenance of aestivation in normoxia 641
 or hypoxia did not affect tissue ammonia concentrations 642
 but hypoxia led to a much smaller accumulation of urea 643

Although it has been reported previously that African 644
 lungfishes do not accumulate ammonia during aestivation 645
 because of increased urea synthesis and/or decreased 646
 endogenous N (as ammonia) production (Chew et al. 2004; 647
 Ip et al. 2005b; Loong et al. 2008), our results indicate for 648
 the first time that the magnitude of changes in urea synthe- 649
 sis and N production in fish aestivating in hypoxia differed 650
 from those in normoxia. For fish undergoing 12 days of 651
 aestivation in normoxia, there was a 2.4-fold increase in the 652
 rate of urea synthesis, but the rate of N production 653
 decreased by only 12%, as compared with the immersed 654
 control. By contrast, the average rate of urea synthesis 655
 remained relatively unchanged (1.1-fold), but there was a 656
 prominent (58%) decrease in N production, in fish aestivat- 657
 ing in hypoxia. In normoxia, the energy status remained 658
 relatively high throughout the 12-day period, and *P. annectens* 659
 was able to depend mainly on increased urea synthesis, 660
 which is an energy-intensive process, to avoid ammonia 661
 toxicity. However, in hypoxia where conservation of cellu- 662
 lar energy became an important issue, it avoided ammonia 663
 toxicity mainly through reduced N production. 664

It has been suggested previously that aestivation in air 665
 entails desiccation, and that increased tissue urea concen- 666
 trations might serve the secondary function of facilitating 667
 water retention in tissues through vapour pressure depres- 668
 sion (Campbell 1973; Loong et al. 2008). In this study, the 669

670	two groups of experimental fish underwent aestivation in a	diture in relation to ammonia detoxification during aestiva-	721
671	closed box with similar flow rates of air or 2% O ₂ in N ₂ ,	tion in hypoxia.	722
672	which ensured similar rates of desiccation, but fish aestivat-		
673	ing in hypoxia exhibited a greater magnitude of reduction	Activities and properties of hepatic GDH from the liver	723
674	in N production and accumulated much less urea. There-	of fish during the induction and maintenance of aestivation:	724
675	fore, our results indicate for the first time that increased	normoxia versus hypoxia	725
676	urea synthesis in <i>P. annectens</i> (and probably other African		
677	lungfishes) during aestivation is an adaptation responding	For fish exposed to normoxia, the activities of hepatic	726
678	primarily to ammonia toxicity, and that the involvement of	GDH, in the amination and deamination directions,	727
679	urea in reducing evaporative water loss could be a second-	remained relatively constant during the induction phase (3	728
680	ary phenomenon dependent on the availability of sufficient	or 6 days) of aestivation. However, there was a significant	729
681	oxygen.	increase in the GDH amination activity, with the deamina-	730
682	Aestivation in hypoxia resulted in changes in tissue FAA	tion activity remained unchanged, in fish aestivating in nor-	731
683	concentrations	moxia on day 12. Hence, GDH would act less favourably in	732
684	The steady-state concentrations of tissue amino acids are	the deamination direction during the maintenance phase of	733
685	maintained by a balance between the rates of their degrada-	aestivation to reduce the production of ammonia through	734
686	tion and production. Alteration in this balance would lead	transdeamination. At the same time, the hepatic GDH ami-	735
687	to shifts in concentrations. For fish used in this study,	nation activity, but not the deamination activity, from fish	736
688	amino acids would be produced mainly through protein	aestivating in normoxia on day 12 became highly depen-	737
689	degradation because food was withdrawn 96-h prior to and	dent on the presence of ADP. These results indicate that	738
690	during the experiments. Since there was a significant	transdeamination of amino acids through the hepatic GDH	739
691	increase in the TFAA concentration in the liver of <i>P.</i>	became responsive mainly to the cellular energy status of	740
692	<i>annectens</i> in hypoxia on days 3 and 6 as compared with that	the fish during the maintenance phase of aestivation (day	741
693	of the normoxic fish, it is logical to assume that a reduction	12) in normoxia.	742
694	in amino acid catabolism had occurred, resulting in the	It has been demonstrated that hepatic GDH activity	743
695	accumulation of FAAs and hence an increase in the TFAA	increases with increased plasma ammonia concentration in	744
696	concentration. In addition, there was a significant increase	juvenile turbot and seabream exposed to environmental	745
697	in the TEFAA concentration in the liver of fish exposed (on	ammonia (Person Le Ruyet et al. 1998). However, the	746
698	day 3) to, or aestivating (on day 12) in, hypoxia as com-	ammonia concentrations in various tissues of <i>P. annectens</i>	747
699	pared with those of the normoxic fish. Since essential	exposed to normoxia (or hypoxia) remained relatively	748
700	amino acids could not be synthesized by the fish and since	unchanged and thus it can be concluded that changes in the	749
701	there was no food supply, they must have been released	activity of hepatic GDH occurred primarily to reduce	750
702	through protein degradation. Therefore, increases in their	ammonia production, and not to detoxify ammonia during	751
703	concentrations could be a result of an increase in protein	aestivation. More importantly, our results reveal that	752
704	degradation or a decrease in their catabolism. The latter	changes could occur in the amination activity of GDH with-	753
705	seems to be a more probable proposition than the former	out any change in its deamination activity. Hence, a cau-	754
706	because of the needs to avoid ammonia toxicity during aes-	tious approach should be taken to interpret results on GDH	755
707	tivation in the absence of water.	in the literature, which involved only the determination of	756
708	Incidentally, there was a significant increase in the gluta-	amination activity but with the assumption that similar	757
709	mate concentration in the liver of fish aestivating in	changes would occur in the deamination direction.	758
710	hypoxia on days 6 and 12. Glutamate is a key amino acid	For fish exposed to hypoxia, significant increases in the	759
711	involved in the synthesis of many non-essential amino	hepatic GDH amination activity, the amination/deamina-	760
712	acids through various transamination reactions. In addition,	tion ratio and the dependency of the amination activity on	761
713	it acts as the substrate and the product for the GDH deami-	ADP activation occurred much earlier on day 6, that is at	762
714	nation and amination reactions, respectively. The increase	the onset of aestivation, instead of day 12. These results	763
715	in glutamate concentration in tissues of the hypoxic fish	indicate that, decreased ammonia production through	764
716	suggests an alteration in the rates of production and/or deg-	changes in the activity of hepatic GDH in <i>P. annectens</i> can	765
717	radation of glutamate, and it may also indicate a reduction	be more effectively induced and exacerbated by a combina-	766
718	in glutamate transdeamination which would reduce ammo-	tion of aestivation and hypoxia then aestivation alone (in	767
719	nia production. Overall, our results indicate that there was a	normoxia). To our knowledge, this is the first report of such	768
720	concerted effort in <i>P. annectens</i> to minimize energy expen-	a phenomenon in African lungfishes. Our results indicate	769
		that GDH was critically regulated in fish during the induc-	770
		tion phase of aestivation in hypoxia, suppressing ammonia	771

772 production in order to reduce the dependency on increased
773 urea synthesis to detoxify ammonia. From these results, it
774 can be deduced that *P. annectens* could aestivate for a
775 longer period in hypoxia than in normoxia by conserving
776 cellular energy through decreased ammonia production and
777 urea synthesis and slowing down amino acid catabolism
778 through changes in GDH activity.

779 There was apparently no change in the affinity of the
780 hepatic GDH to glutamate in the deamination direction dur-
781 ing 12 days of aestivation in normoxia. However, there was
782 an apparent increase in the affinity of the GDH to α -KG in
783 the amination direction, which occurred only transiently on
784 day 6 when the fish entered into aestivation in normoxia.
785 This change in kinetic property can theoretically lead to an
786 increase in the amination/deamination ratio at low concen-
787 tration of α -KG and result in less ammonia being produced
788 through transdeamination. By contrast, a close examination
789 of the kinetic properties of GDH from hypoxic fish reveals
790 that there was an apparent decrease in the affinity to α -KG
791 in the amination direction on day 6 and 12 in hypoxia, and
792 it occurred in spite of an increase in the V_{control} . The physio-
793 logical significance of the changes in the affinity of GDH to
794 α -KG in the hypoxic fish is uncertain at present, but these
795 changes suggest the existence of multiple forms of GDH in
796 *P. annectens*.

797 In general, GDH can be regulated by ADP-ribosylation,
798 and Herrero-Yraola et al. (2001) showed that modification
799 and concomitant inhibition of GDH were reversed enzy-
800 matically by an ADP-ribosylcysteine hydrolase in vivo. It
801 is also known that two GDH isoforms (GLUD1 and
802 GLUD2) exist in *Homo sapiens* (Plaitakis and Zaganas
803 2001). Additionally, there are two distinct forms of GDH
804 with different affinities for glutamate, ammonia and α -keto-
805 glutarate in Richardson's ground squirrel, *S. richardsonii*,
806 and entry into hibernation leads to changes in the properties
807 of GDH that enables it to function optimally to suit the
808 environment (Thatcher and Storey 2001). Hence, the possi-
809 bility that different forms of GDH were expressed in *P.*
810 *annectens* during aestivation, specifically during entering
811 into aestivation on day 6 (for fish aestivating in hypoxia)
812 and undergoing aestivation on day 12 (for fish aestivating
813 in normoxia), cannot be ignored. Taken together, these
814 results support the proposition that hypoxia could have
815 induced the expression of GDH isoforms or the posttran-
816 scriptional modification of GDH in the liver of *P. annectens*
817 much earlier than normoxia in preparation for aestivation.

818 Conclusion

819 Our results indicate for the first time that *P. annectens*
820 exhibited different adaptive responses during the induction
821 and maintenance phases of aestivation in normoxia and in

hypoxia. It avoided ammonia toxicity mainly through 822
increased urea synthesis and reduced N production during 823
12 days of aestivation in normoxia and hypoxia, respec- 824
tively. Hypoxia resulted in changes in activities of hepatic 825
GDH, in the amination direction, on days 6 and 12, but simi- 826
lar changes occurred in the normoxic fish on day 12 only. 827
Hence, reduction in nitrogen metabolism, and possibly in 828
metabolic rate, occurred more prominently in response to a 829
combined effect of aestivation and hypoxia, and a re-exami- 830
nation of the intricate relationships between aestivation, 831
hypoxia and metabolic rate reduction in African lungfishes 832
is warranted. Additionally, our results suggest that informa- 833
tion available in the literature concerning aestivating 834
lungfishes should be viewed with caution, especially when 835
no indication was provided on whether aestivation occurred 836
in normoxia or hypoxia, or on the severity of hypoxia that 837
was involved. 838

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