

Functionalised Fabrics and Wearer Interaction

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smart fabrics

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Overview

Introduction

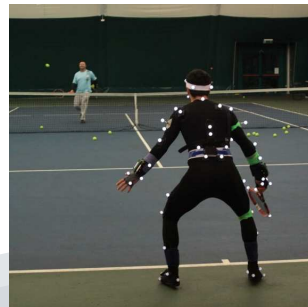
Breathing feedback application



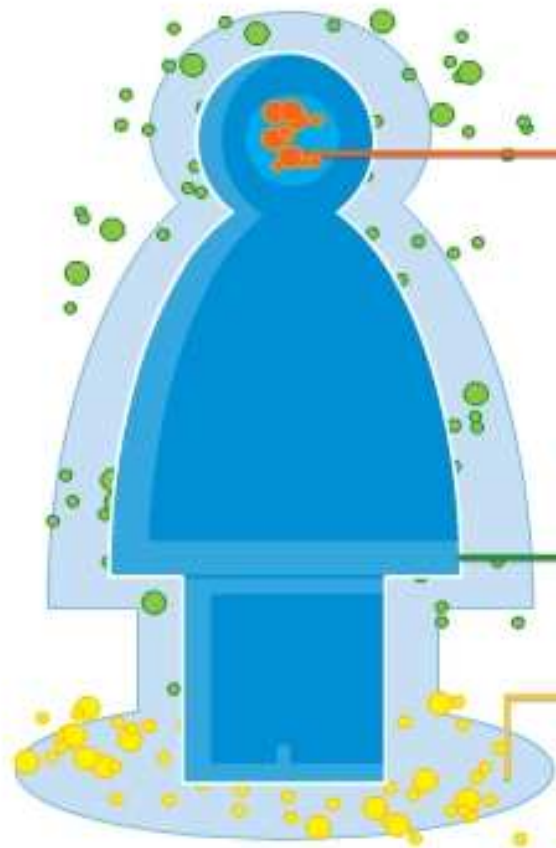
Wearable chemical sensors –
sensing the body and
environment



TennisSense



Vision: Sensing Mind, Body & Place



Understanding and leveraging key sensory information channels

Mind

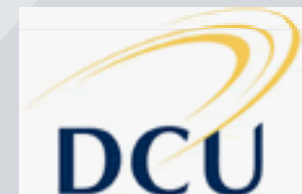
Sensing people's preferences and intentions

Body

Sensing physical status and wellness indicators

Place

Sensing interaction between people and their environment



Sensors – “Smart shirt”

Fabric stretch sensors monitor the expansion and contraction of the ribcage and abdomen during breathing.

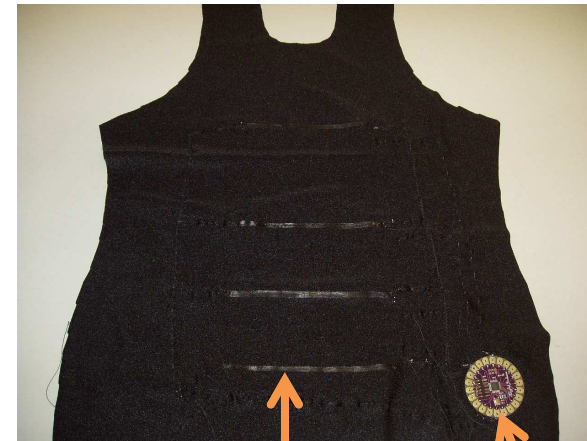
Piezo-resistive textiles – change in resistance due to stretch

Carbon-elastomer(CE) is coated onto fabric

Sensors connected using conductive stainless steel thread.

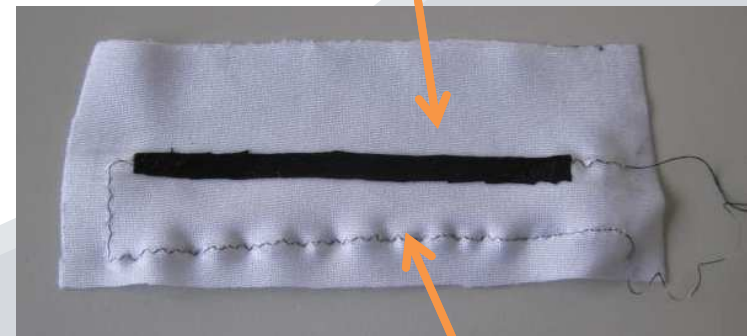
Resistor leads are embroidered

Wireless micro-controller to collect data



CE Sensor

Micro-controller



Conductive thread

Breathing feedback system

Project in collaboration with Adelaide and Meath Hospital, Dublin and National University of Ireland, Maynooth

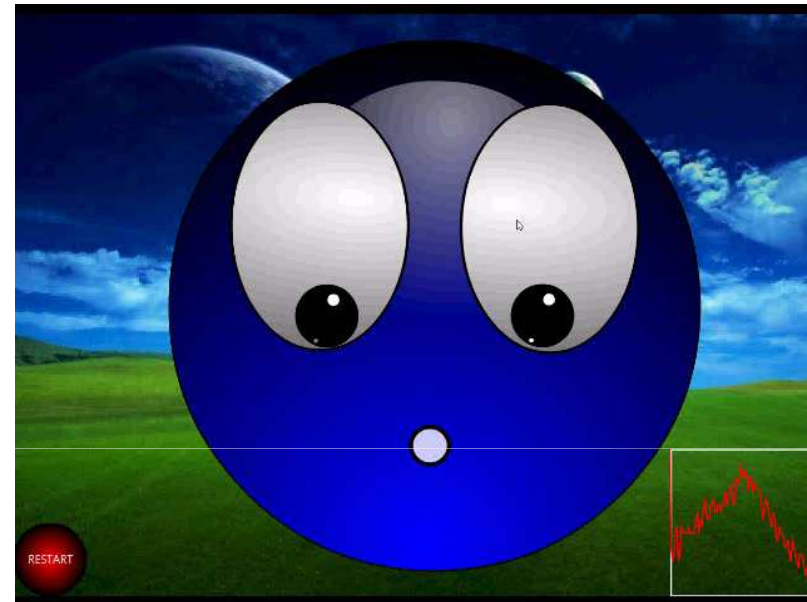
Aim is to develop an encouraging biofeedback game to help children with cystic fibrosis to perform exercises correctly



Respiratory feedback system

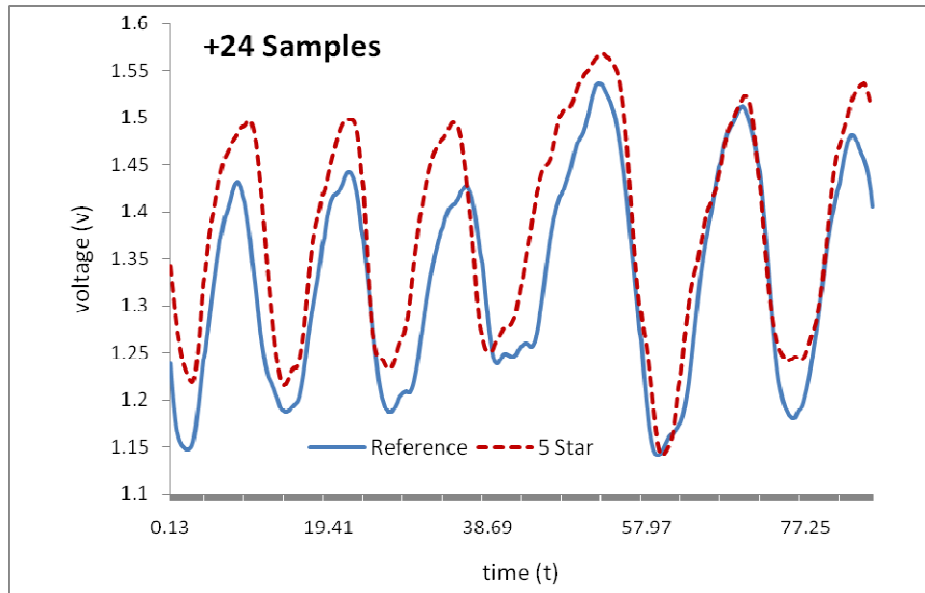


Step 1 – Record reference signal, under therapist’s supervision



Step 2 – Avatar instruction with real-time feedback

Respiratory feedback system



**Step 3 – Cross correlation
between reference and
recorded signal at end of
exercise**



**Step 3 – Encouraging
feedback with grade (3-5
stars)**

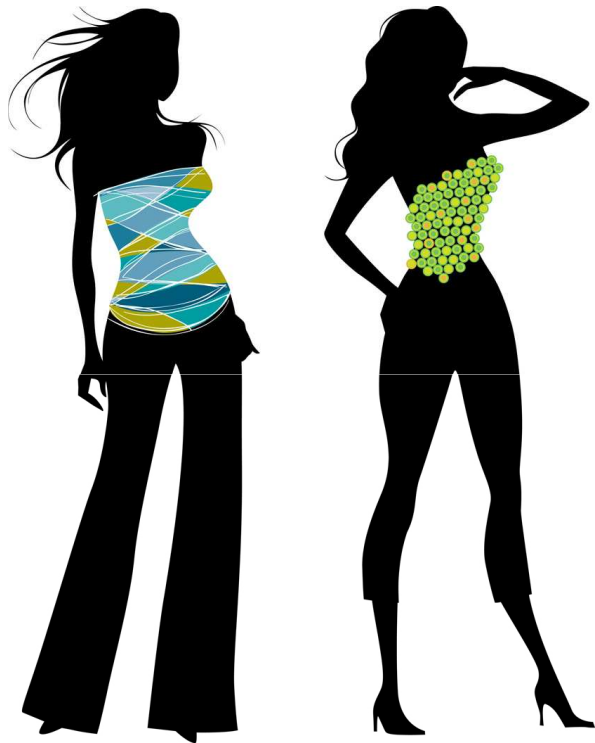
Physical vs Chemical sensors

Physical transducers (temperature, pressure, light density, movement...) do not need to be in direct contact with ‘the sample’ – can be shielded in a protective enclosure

In contrast, chemical sensors and biosensors depend on selective reactions happening at a active surface which must be directly exposed to the sample



Wearable chemical sensors



Smart clothing – interface between the body and environment

“Looking inwards”

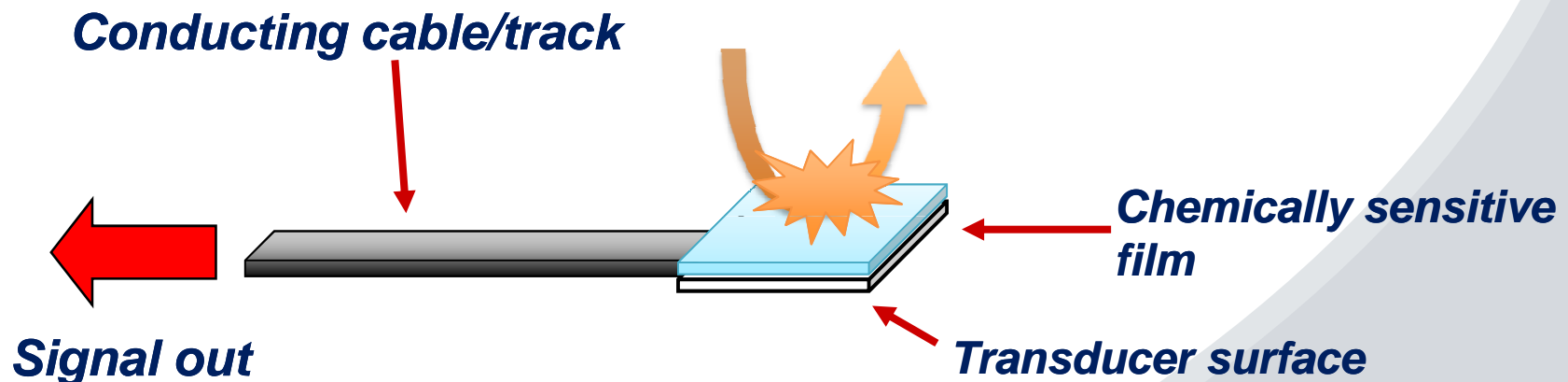
- Body fluids (blood, urine, tears, sweat)

“Looking outwards”

- Warning of hazards in the surroundings (e.g. toxic gases)

Wearable chemical sensors

A chemical sensor is a device, consisting of a transducer and a chemically sensitive film/membrane, that generates a signal related to the concentration of particular chemical species in a given sample'

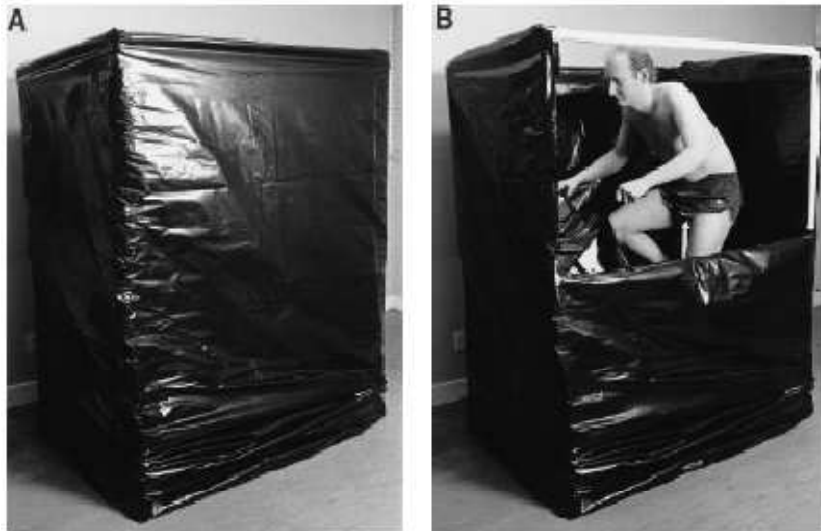


The sensing surface **MUST** be directly **exposed** to, and **interact intimately** with the sample

Wearable chemical sensors need to include sample delivery

- Fluid transport in a textile
- Air permeability of textiles

Sweat analysis



Wash-down technique

S. M. Shirreffs and R. J. Maughan, *J Appl Physiol* 82: 336-341, 1997



Patches for sweat collection, PharmChek®

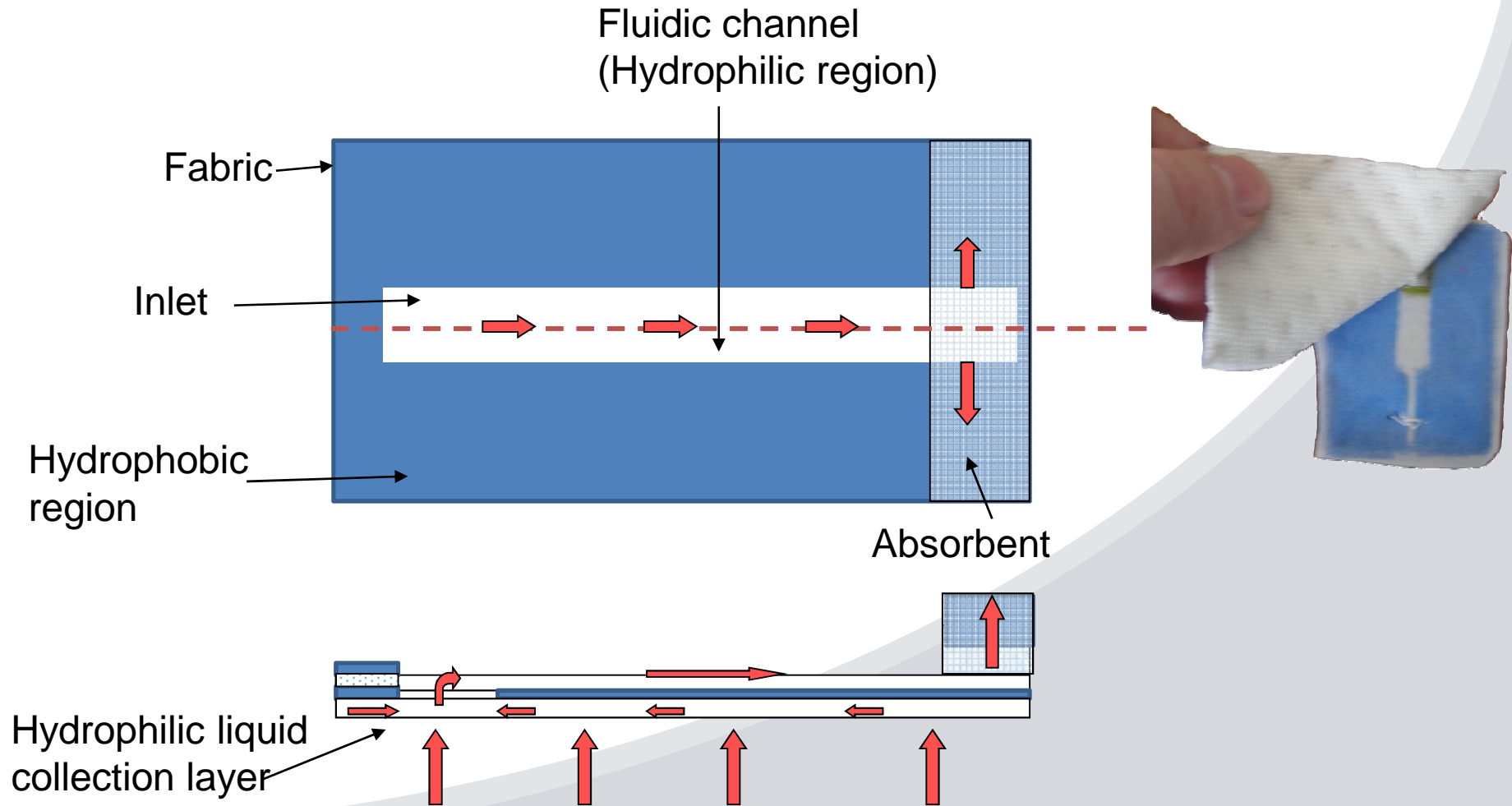
Real-time analysis of **electrolytes** and **volume loss** is important for re-hydration strategies.

Extreme cases of **dehydration** or **hyponatremia** can have serious consequences

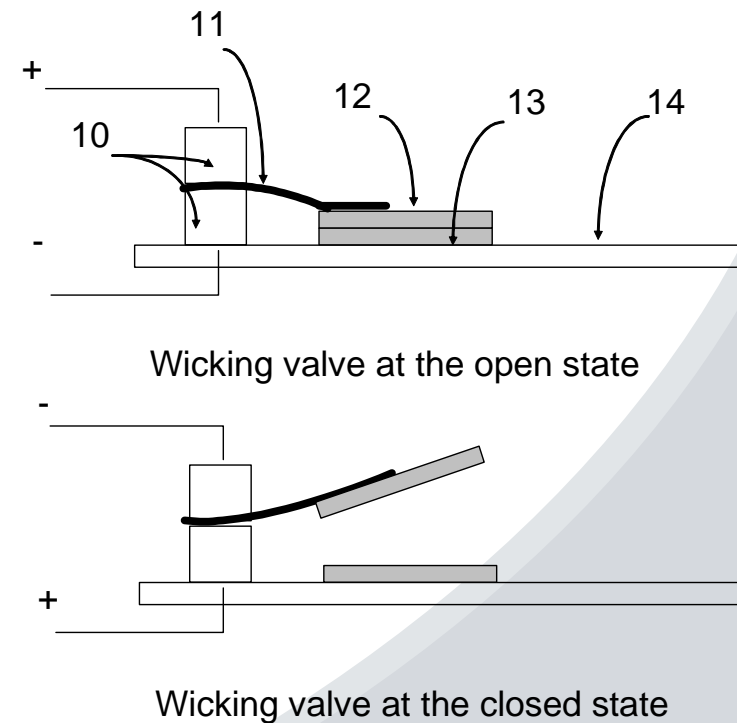
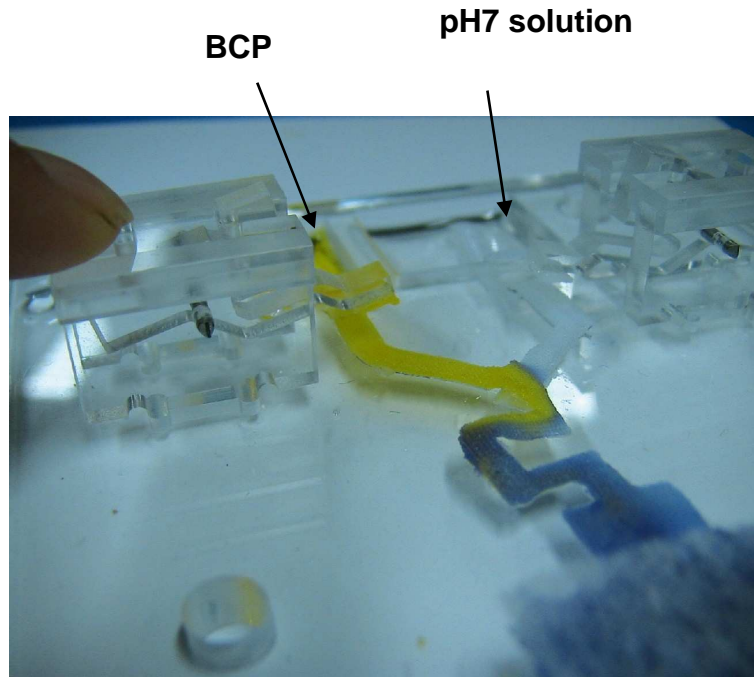
Current techniques for analysis are time-consuming and awkward

Need **real-time** measurements

Sweat analysis – Sample handling



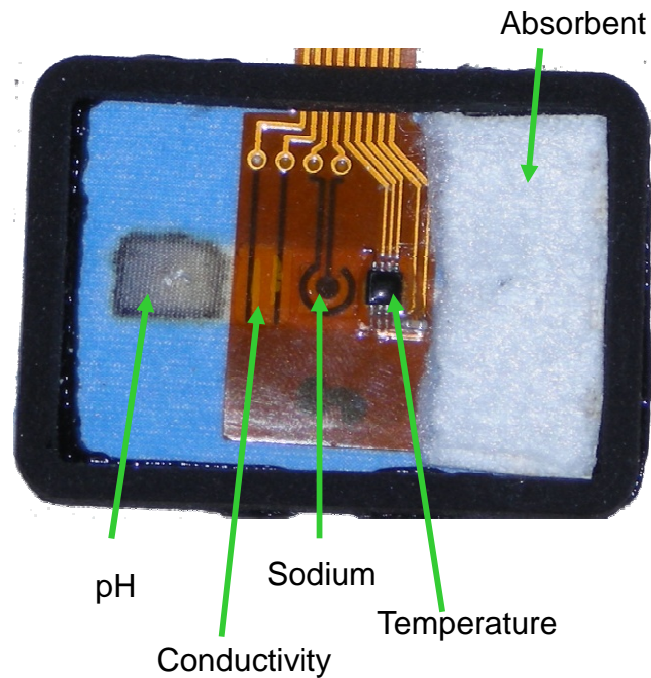
Sample delivery in textiles



Fabric fluidic system – mixing reagents

WALLACE, G., DIAMOND, D., LAU, K., COYLE, S., WU, Y. & MORRIS, D. (2008) Flow Analysis Apparatus and Method, U.S Patent Application No. 20080213133

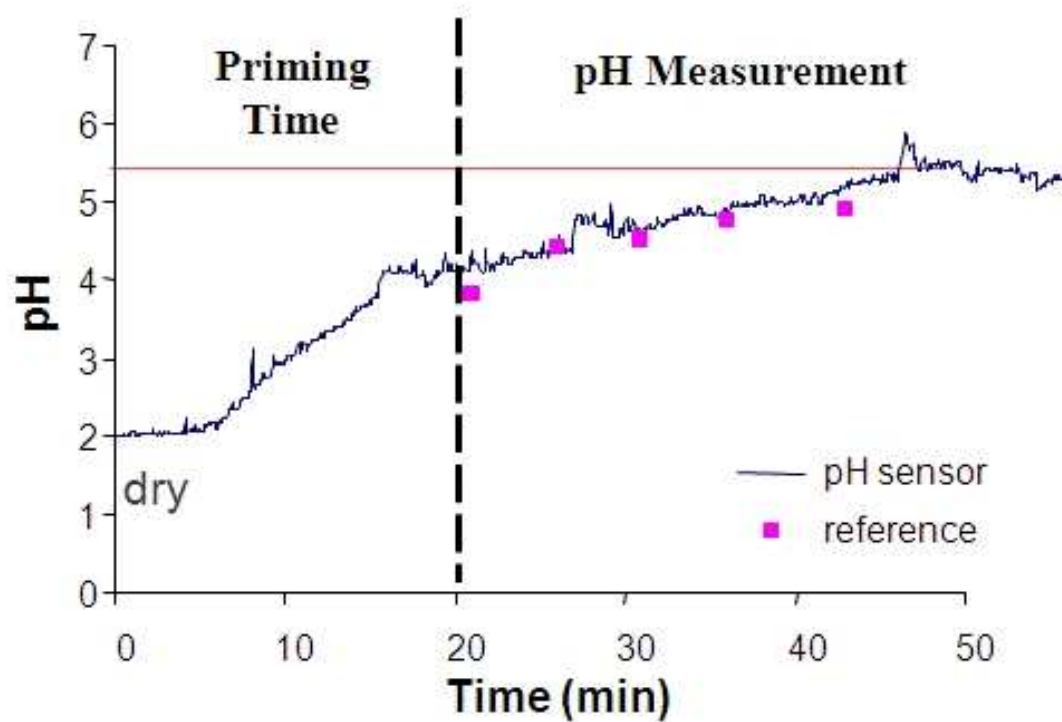
Wearable chemical sensors



BIOTEX (EU FP6 project, 2005-2008)

Real-time analysis of sweat
Fabric fluidic structure with
integrated sensors

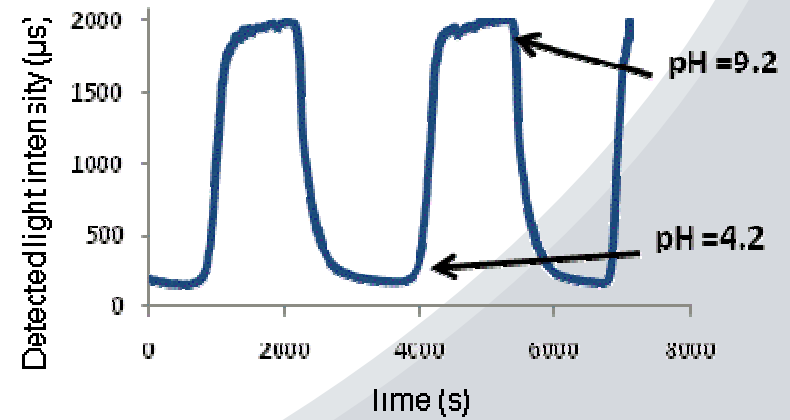
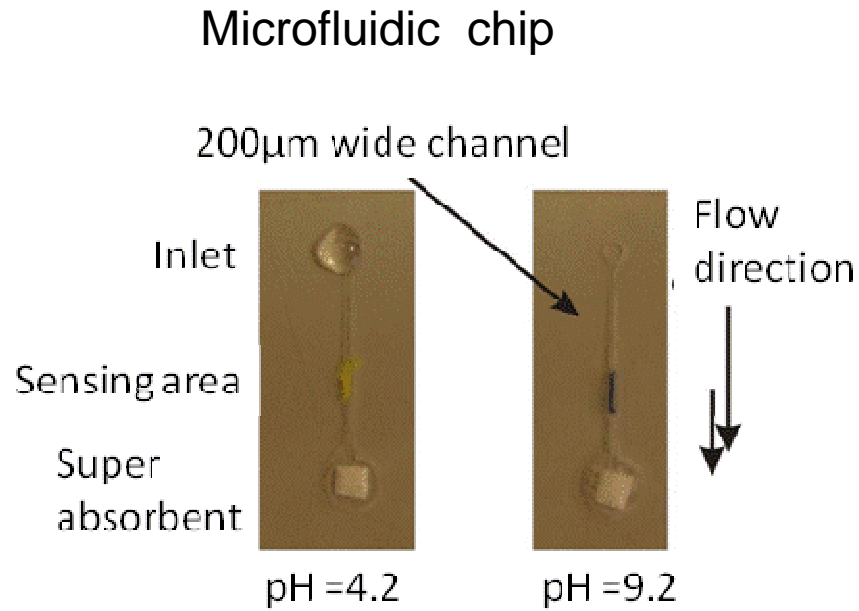
Sweat analysis



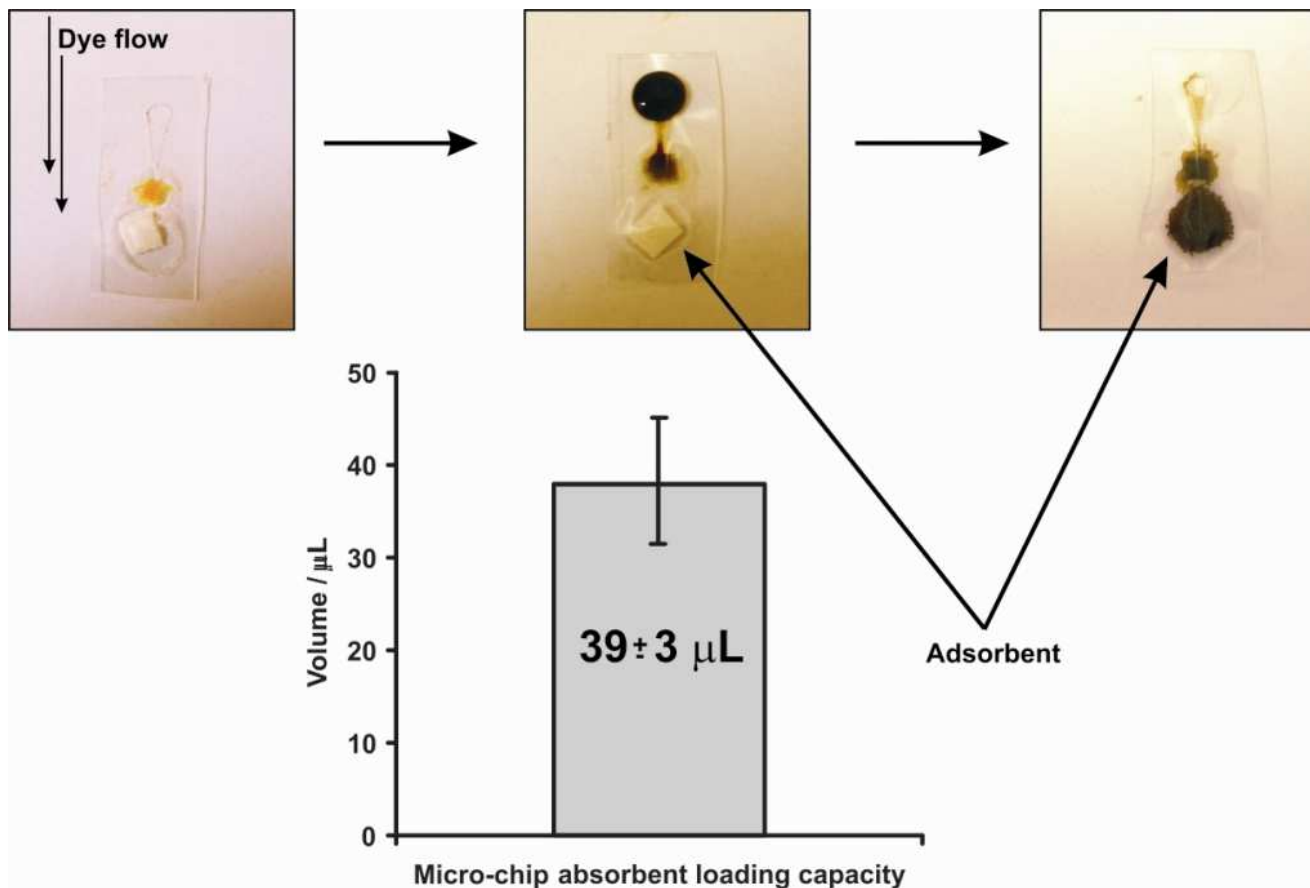
Need to reduce “priming time”

- Miniaturise device so that it functions at lower sweat rates and reduce dead volume

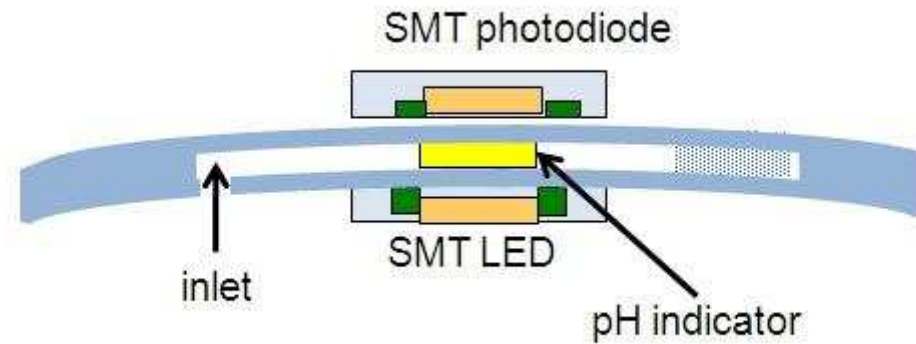
Microfluidic Device for Sweat Analysis



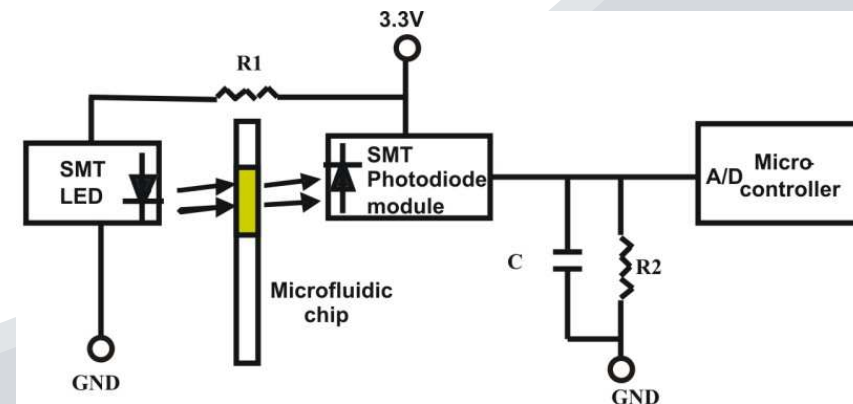
Microfluidic Device for Sweat Analysis



Microfluidic chip

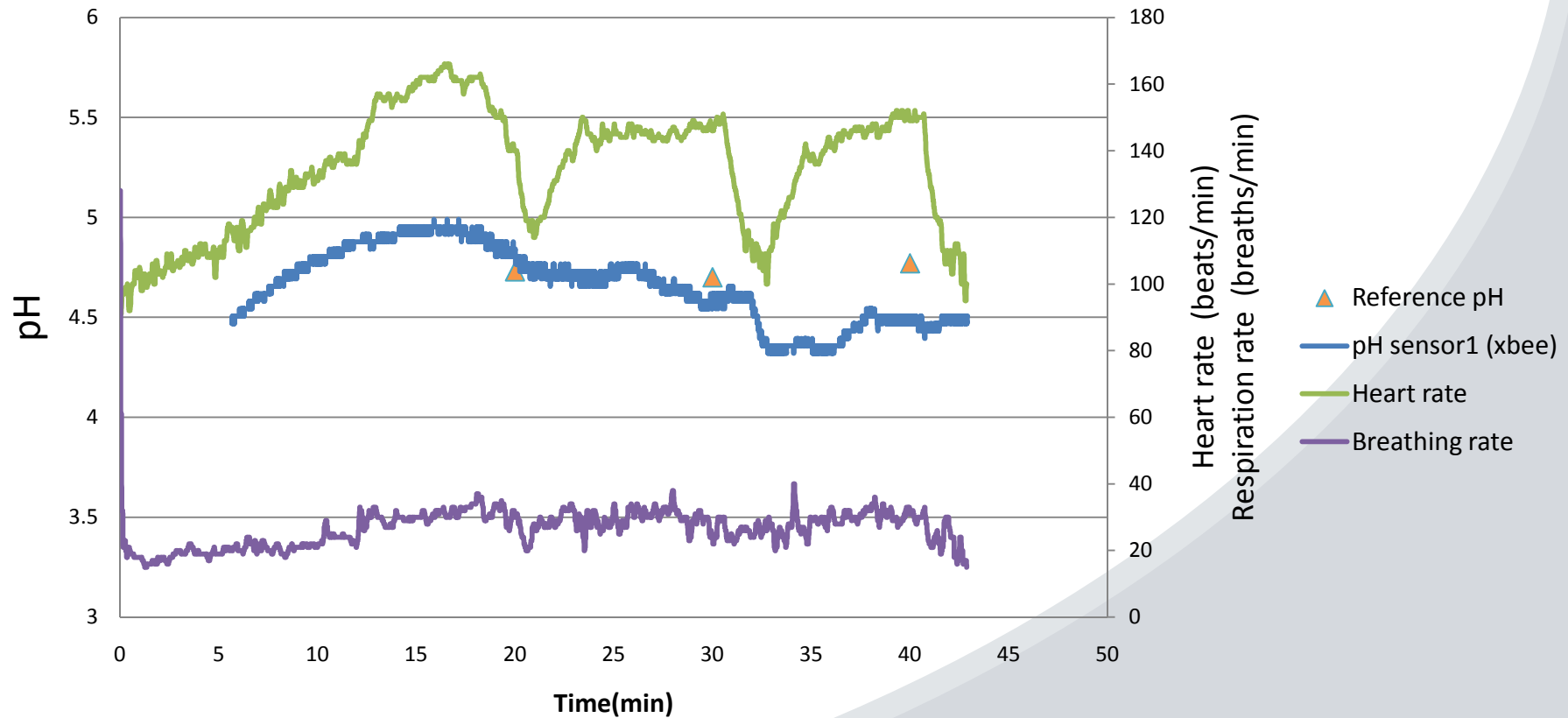


Microfluidic pH sweat sensor.



Circuit diagram for microfluidic pH sweat sensor.

Real-time sweat analysis



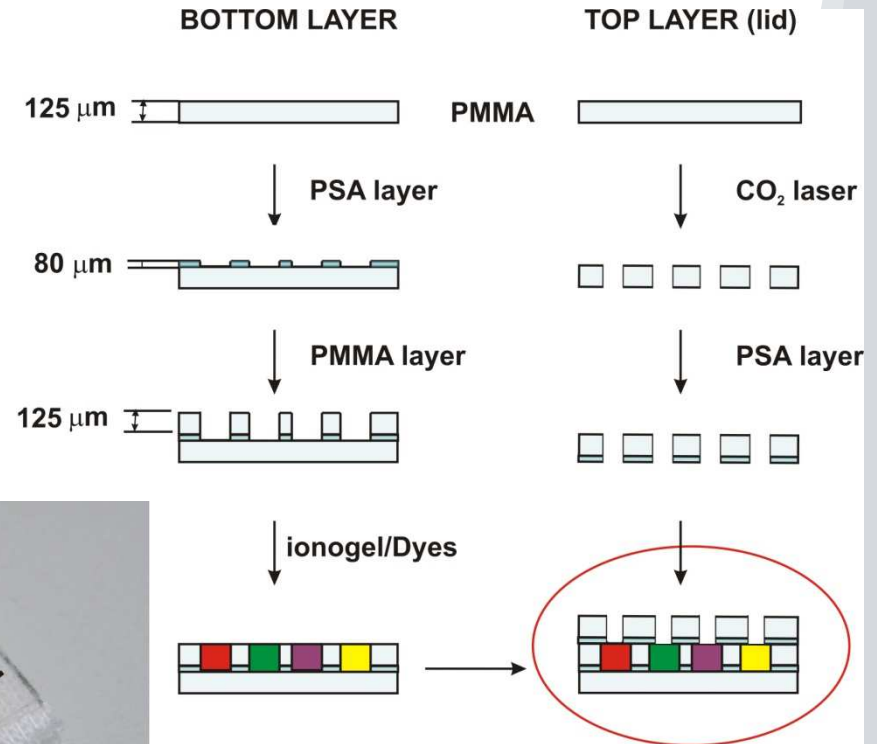
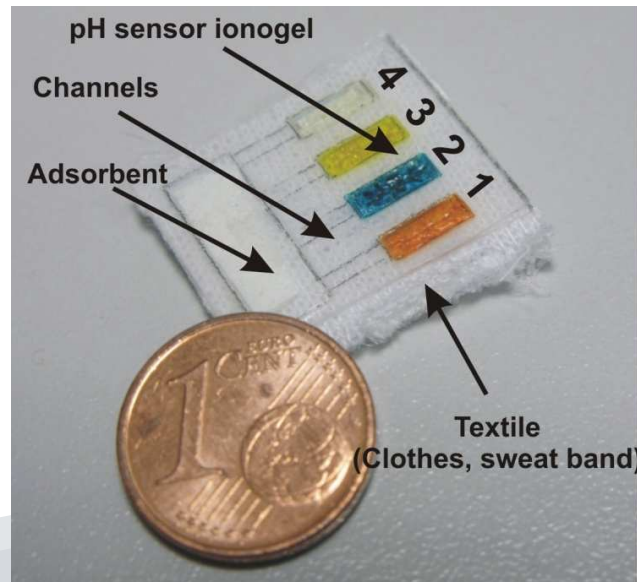
Real-time pH measurements with simultaneous measurements of heart rate and breathing rate using QinetiQ vest

Barcode and Microfluidic Devices Based on Ionic Liquids

Barcode and Microfluidic Fabrication

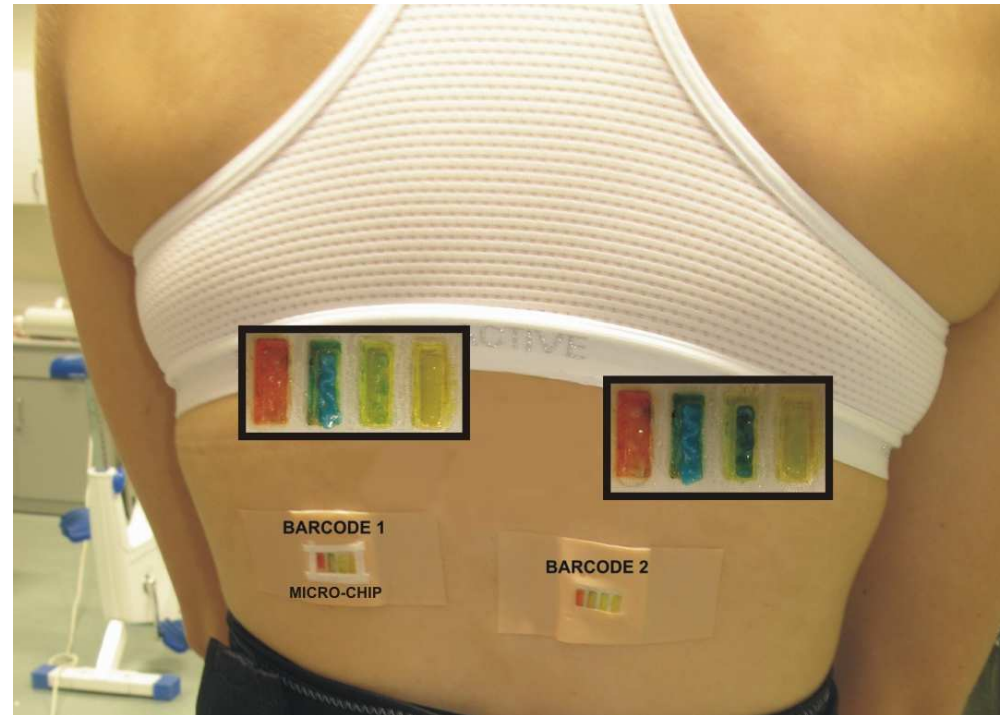
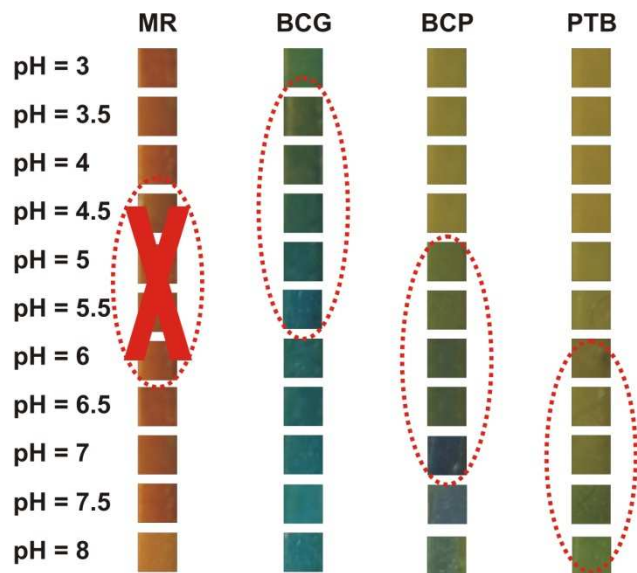


- | | |
|-----------------------|-----------|
| 1- METHYL RED | 4.4 - 6.2 |
| 2- BROMOCRESOL GREEN | 3.8 - 5.4 |
| 3- BROMOCRESOL PURPLE | 5.2 - 6.8 |
| 4- BROMOTHYMOL BLUE | 6.0 - 7.6 |



Barcode and Microfluidic Devices Based on Ionic Liquids

On-Body trials

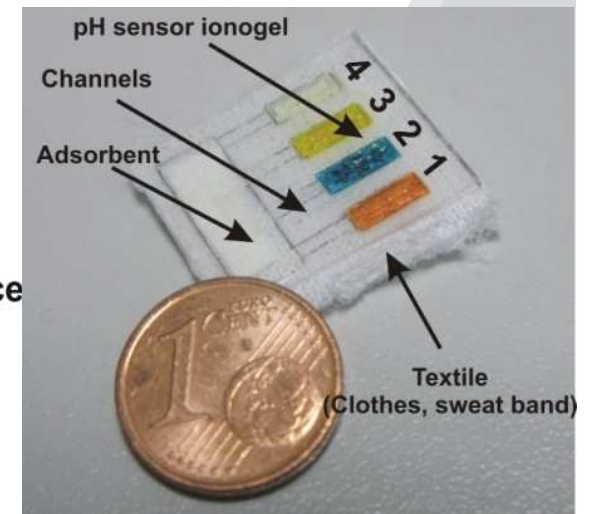
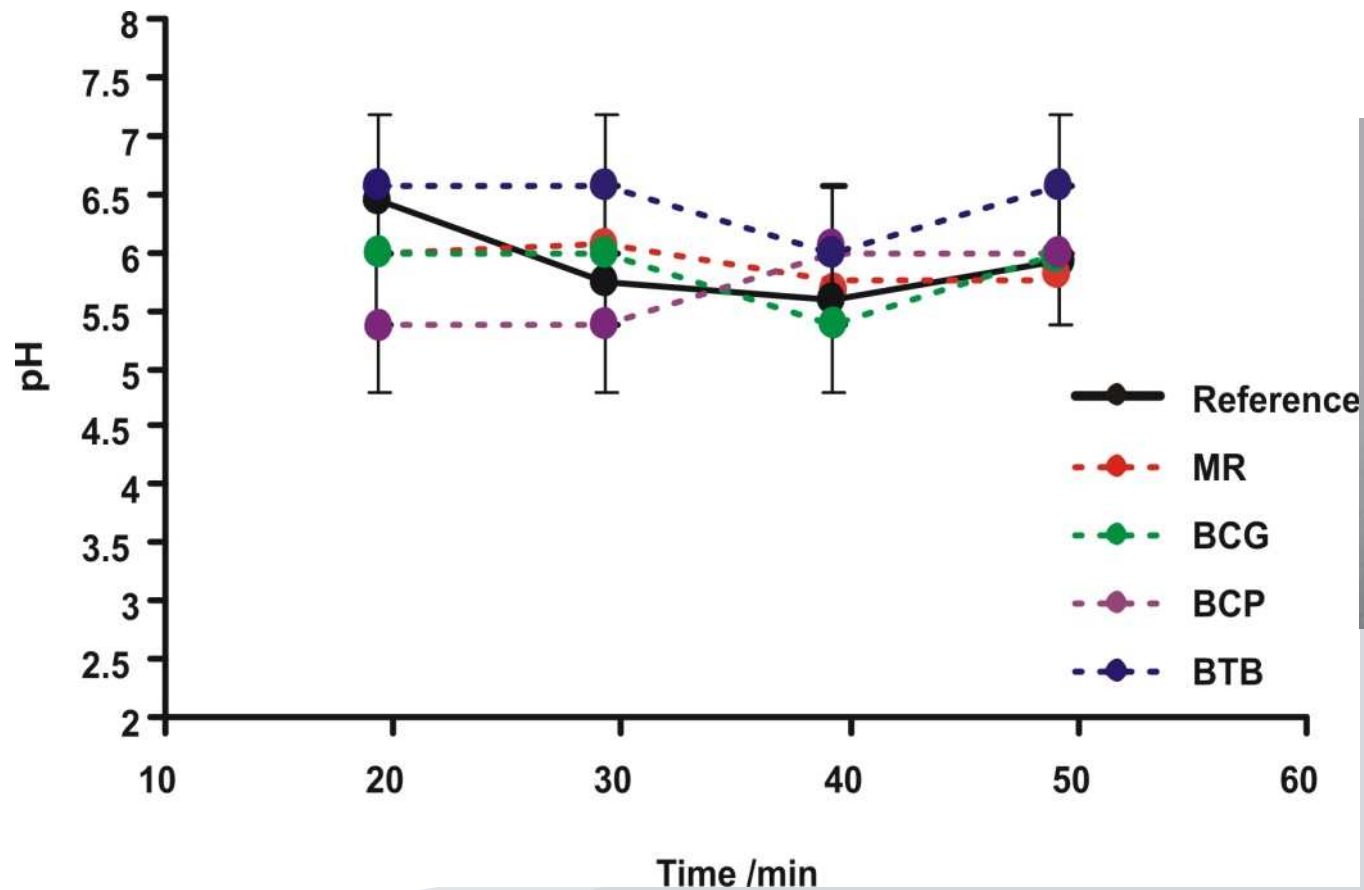


Colour profile of each of the indicators at different pH's (pH range: 3-8).

Picture of the back of a trainer with a micro-chip (1) and barcode (2) systems.

Barcode and Microfluidic Devices Based on Ionic Liquids

Results



Protecting the wearer



PROETEX is an EU project which develops textile based sensors to improve the safety and efficiency of emergency workers.

23 partners in consortium

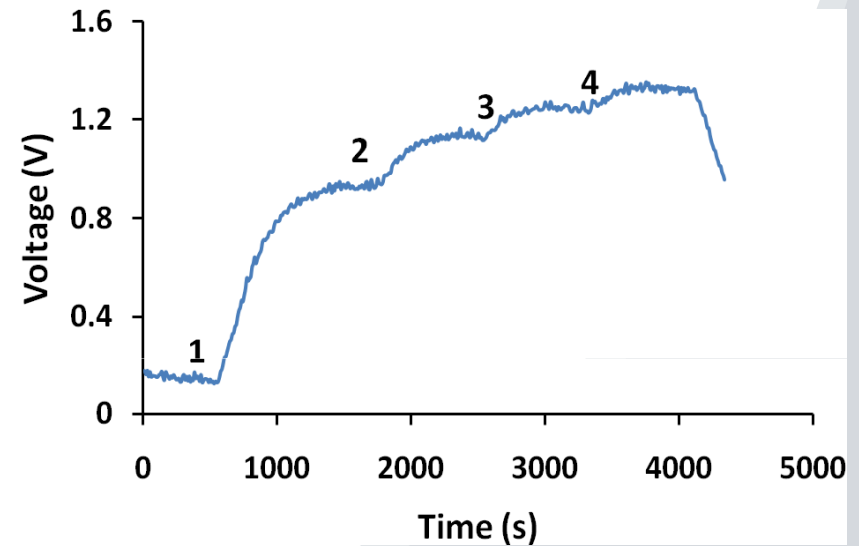
DCU's role

Monitoring the individual's exposure to CO and CO₂ gases

Oxygen deprivation can result in permanent brain damage, coma and even death.

Garment provides a warning when a significant threshold has been reached, indicating that the individual should go to a secure place to breathe clean air and detoxify

Protecting the wearer – CO₂ monitoring

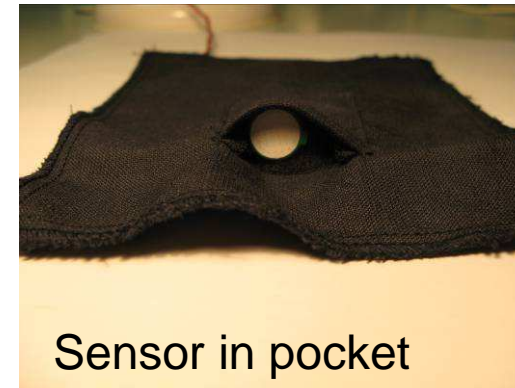


Response profile of a 4-step calibration, from atmospheric (initial base line) to (1) 9750 ppm, (2) 19500 ppm, (3) 29300 ppm, and (4) 42800 ppm CO₂

Protecting the wearer – CO monitoring



Sensor integrated into jacket



Sensor in pocket



Testing chamber

TennisSense

Infrastructure to gather data – contextual, biomechanical and physiological

Real users - Feedback to athletes/coaches

- Real-time feedback during training
- Longer-term analysis: fitness levels, performance



Sports Performance **Research**

What factors lead to peak performance?

Platform for exciting research and new technology

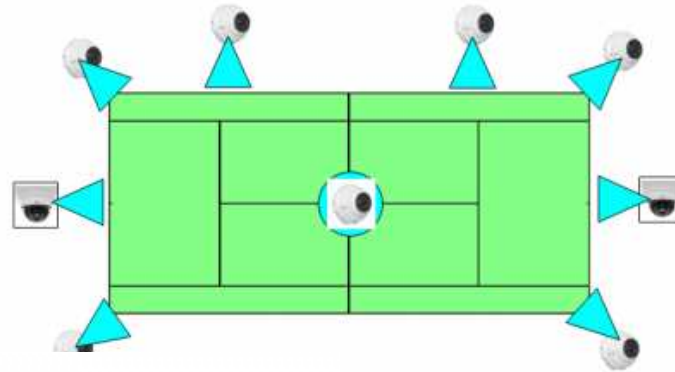
Multi-source data-mining and data fusion

Wearable sensors



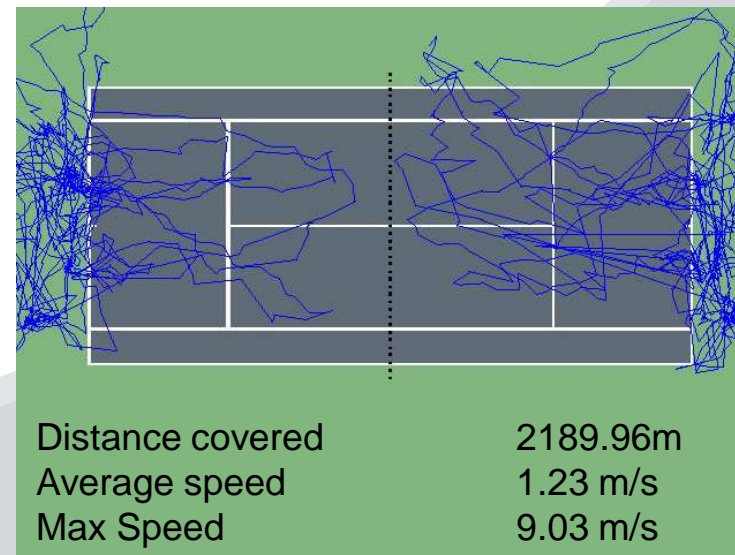
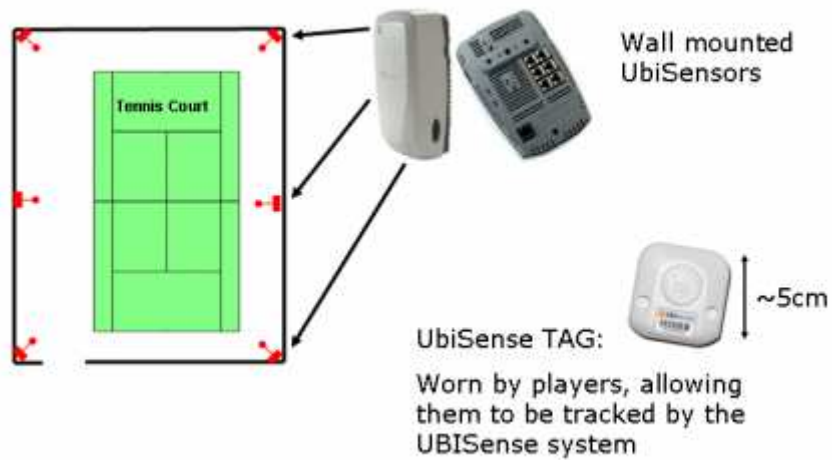
TennisSense

Nine Networked Digital Video Cameras
Placed around Tennis Court



UBISENSE Sensors

Allow players to be 3D-tracked in realtime



Biomechanical data

WIMUs (Wireless Inertial Measurement Units)



3-axis Accelerometers
3-axis Gyroscopes
3-axis magnetometers



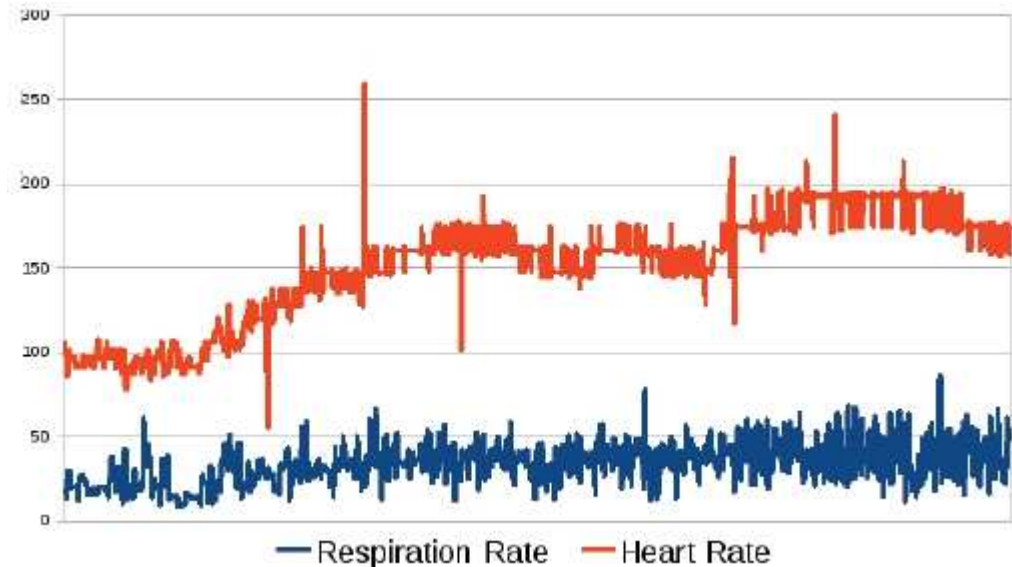
Vicon – Motion Capture System

Physiological Data

QinetiQ physiological monitoring vest – measures heart rate(HR), respiration rate(RR)

Parameters of interest

- Heart rate and Respiration rate between shots
- Average HR and RR across sets
- Peak HR and RR
- Difference between training and matches
- Comparison on different surfaces (e.g. clay can have longer rallies)



A Sensing Platform for Physiological and Contextual Feedback to Tennis Athletes, Damien Connaghan, Sarah Hughes, Gregory May, Philip Kelly, Ciaran Ó Conaire, Noel E. O'Connor, Donal O'Gorman, Alan F. Smeaton and Niall Moyna, BSN 2009

Conclusions

Challenges in adding functionality to garments, signal processing, noise reduction etc.

Wearable chemical sensors – new tool for healthcare and wearer safety

Wearable sensors can gather vast amounts of information over long periods of time. Feedback methods are important – must be beneficial, easy to use, appropriate.

Interaction with end users is crucial throughout the development phase

Acknowledgements

Prof. Dermot Diamond, Dr. Fernando Benito-Lopez, Dr. Tanja Radu, Mr. Edmond Mitchell, Prof. Noel E. O'Connor, Prof. Niall Moyna
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Ollscoil na hÉireann Má Nuad



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HOSPITAL, DUBLIN
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