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Emergent dynamic chirality in a thermally driven artificial spin ratchet

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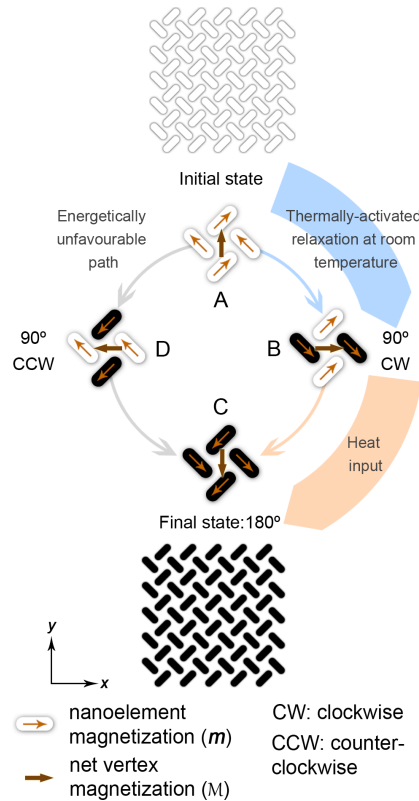
Modern nanofabrication techniques have opened the possibility to create novel functional materials, whose properties transcend that of their constituent elements. In particular, tuning the magnetostatic interactions in geometrically-frustrated arrangements of nanoelements called artificial spin ice^{1,2} can lead to specific collective behaviour³ including emergent magnetic monopoles^{4,5}, charge screening^{6,7} and transport^{8,9} as well as magnonic response¹⁰⁻¹². Here, we demonstrate a spin-ice based active material in which energy is converted into unidirectional dynamics. Using x-ray photoemission electron microscopy we show that the collective rotation of the average magnetisation proceeds in a unique sense during thermal relaxation. Our simulations demonstrate that this emergent chiral behaviour is driven by the topology of the magnetostatic field

29 **at the edges of the nanomagnet array, resulting in an asymmetric energy**
30 **landscape. In addition, a bias field can be used to modify the sense of rotation**
31 **of the average magnetisation. This opens the possibility of implementing a**
32 **magnetic Brownian ratchet¹³⁻¹⁴, which may find applications in novel nanoscale**
33 **devices, such as magnetic nanomotors, actuators, sensors or memory cells.**

34 Chirality is a ubiquitous phenomenon in nature present in a variety of systems, from
35 elementary particles, through the charge-parity violation of the weak interaction, to
36 biomolecules whose function is defined by their handedness. In artificial systems, such
37 as optical metamaterials, structural chirality can be exploited to control light-matter
38 interactions and produce circularly polarized light¹⁵. In ferromagnets and
39 antiferromagnets, the Dzyaloshinskii-Moriya interaction can give rise to chiral spin
40 textures¹⁶ and lead to non-reciprocal dynamics¹⁷. While most studied phenomena rely
41 on a static view of chirality – *Is a system superimposable to its mirror image?* – this
42 definition can be extended to include electric and magnetic fields as well as dynamic
43 properties¹⁸. In this context, *dynamic* chirality is a property of both chiral as well as
44 achiral objects that display a preferred sense of rotation. In classical mechanics, an
45 example is the rattleback: a spinning top that only rotates in one direction, while in
46 chemistry, the interactions between an adsorbed molecule and a crystal surface can
47 lead to the rotation of the molecule in a preferred direction¹⁹.

48 Here we present an example of emergent dynamic chirality in an artificial spin ice
49 system – a ‘chiral ice’. Schematically represented in Fig. 1, the system consists of a
50 two-dimensional arrangement of lithographically patterned single-domain
51 nanomagnets in which the magnetisation points in one of two orientations along the
52 magnet long axis due to shape anisotropy¹. The choice of the array design is such that
53 it is structurally chiral, *i.e.* it cannot be superimposed onto its mirror image, when
54 considering the edges of the array. The two-dimensional character of the system is
55 constrained by the shape anisotropy of the nanomagnets (see Methods). Each vertex

56 is associated with four nanomagnets oriented at a 90° angle with respect to each other
57 and the net magnetisation is the sum of the individual magnetisation vectors of the four
58 elements within a vertex. We observe that, after applying and removing a sufficiently
59 large external field to saturate the array (see Methods), the thermally activated
60 relaxation at room temperature is characterized by the rotation of the net magnetisation
61 at the individual vertices in a unique direction: from state A to state B, as illustrated in
62 Fig. 1. No statistically significant fraction of the vertices evolves from state A to state
63 D, thus defining a ratchet in which the magnetostatic energy supplied by the saturating
64 field is transformed into the clockwise rotation of the average magnetisation. This is a
65 realisation of active matter: an out of equilibrium system that locally converts energy
66 into directed motion^{20,21}. In thermal equilibrium, a preferred direction of rotation does
67 not occur due to microscopic reversibility. Chiral evolution is however possible if the
68 system is far from equilibrium and in the presence of an asymmetric potential²². Using
69 micromagnetic simulations, we find that an asymmetry is indeed generated in our
70 system as a result of the topology of the stray field of the nanomagnet array. At the
71 edges of the array, the stray field gives rise to emergent patterns, whose specific
72 rearrangement during the thermal evolution can decrease the energy of the system,
73 reminiscent of the role of magnetic surface charges in a ferromagnet. It is the energy
74 decrease that accompanies the reordering of these 'emergent charges' that drives the
75 chiral dynamics of the system during the thermal relaxation. Moreover, in the presence
76 of a small bias field, heating allows the vertices to evolve into state C (Fig 1).



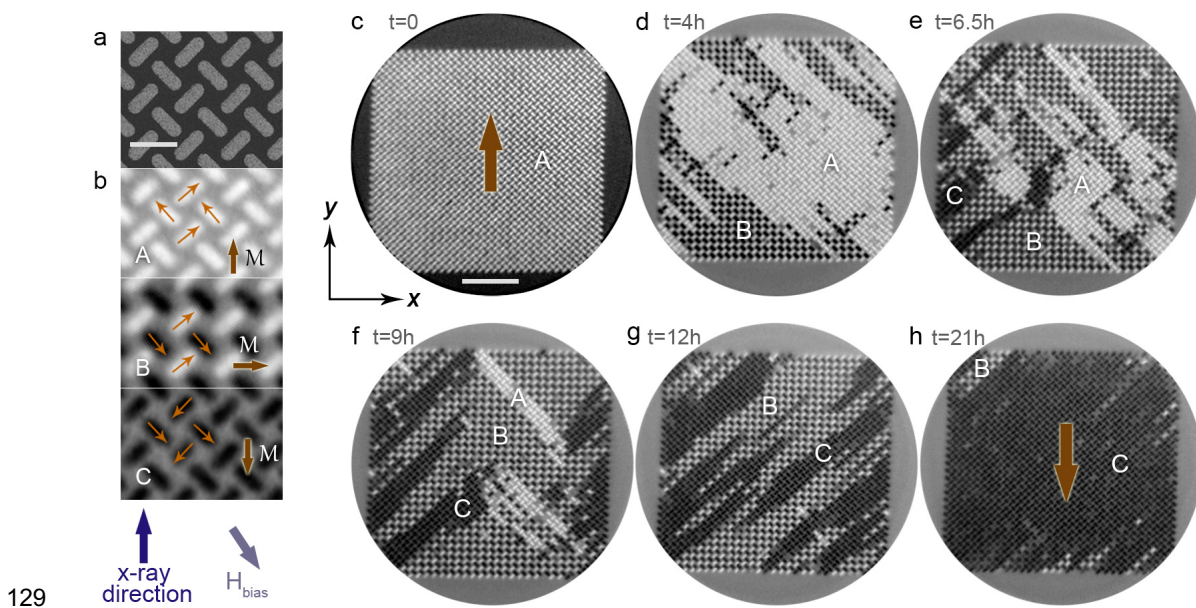
77

78 **Fig. 1: Schematic representation of the chiral ice and evolution of the net magnetization at**
 79 **individual vertices within the array.** The thermally activated evolution after initial saturation along the
 80 +y direction (state A) is illustrated, with the white or black colour, respectively indicating the direction of
 81 the magnetisation m toward the positive or negative y axis. The thin orange arrows represent the
 82 magnetization within the nanoelements while the net magnetisation at each individual vertex, M , is
 83 indicated by the large brown arrows at the centre of the vertices. The thermal relaxation at room
 84 temperature takes place stepwise via a clockwise (CW) rotation of the net magnetisation by 90° to state
 85 B and is indicated by the blue arrows. When the system is heated above room temperature in the presence
 86 of a bias field, the average magnetisation can locally rotate further (orange arrows), to state C. Considering
 87 the evolution from state A, state D statistically occurs with very low probability. The net vertex
 88 magnetisation therefore consistently rotates clockwise.

89 The experimental system consists of a finite array of elongated Permalloy
 90 nanomagnets arranged on a square grid as shown in Fig. 2a. An image of the full array
 91 is shown in Supplementary Information S1. We combine photoemission electron
 92 microscopy (PEEM) with x-ray magnetic circular dichroism (XMCD) to image the
 93 magnetic state of the individual nanomagnets. In the XMCD images (Fig. 2b), the
 94 nanomagnets in which the magnetisation is parallel to the propagation direction of the
 95 x-rays display a bright contrast, whereas nanomagnets in which the magnetisation is

96 reversed display a dark contrast. The homogeneous XMCD contrast for each
97 nanomagnet confirms that they are in a single-domain state. The nanomagnets are
98 sufficiently thin (see Methods), such that thermal energy can overcome the energy
99 barrier to switch between the two possible single domain states at room temperature.
100 The thickness is chosen so that the switching rates are comparable to the PEEM
101 measurement time scale^{23,24}. We first apply a saturating magnetic field, H_{sat} (see
102 Methods), such that, after its removal, the average remanent magnetisation of the
103 array points along the positive y direction (Fig. 2c, where all nanomagnets display a
104 bright contrast). The measured time evolution of the magnetisation over a period of 21
105 hours is shown in Fig. 2d-h in the presence of a weak bias field, as indicated in Fig. 2
106 (see Methods). The formation of regions with ‘checkerboard’ magnetic contrast pattern
107 observed in Fig. 2d indicates that the average magnetisation at these vertices has
108 evolved from state A to state B (see also Fig. 2b for a detailed view of state B), and
109 have hence rotated by 90° in the clockwise (CW) direction. The evolution slows down
110 considerably after ca. 4 hours, indicating that the system approaches thermal
111 equilibrium, as explained in Supplementary Information S2. Heating the sample by a
112 few Kelvin ensures that the thermal evolution, and therefore the rotation of vertices
113 from state A to B, continues while vertices already in state B evolve into state C (dark
114 contrast regions in Fig. 2e where the net magnetisation has locally rotated by 180°).
115 Throughout the evolution, the rotation of the net vertex magnetisation M (see Fig. 2b)
116 starts at the edges of the array and propagates towards its centre. The heat-assisted
117 rotation continues until the magnetisation in the array has mostly rotated by 180° with
118 respect to state A (Fig. 2h). The quantitative evolution of the different vertex types (A,
119 B and C) as well as the heating schedule are shown in Supplementary Information S3.
120 To confirm that the observed chiral behaviour is a magnetostatically-driven effect, we
121 performed similar measurements on systems with a larger relative distance between
122 nanomagnets, in which the strength of the magnetostatic interaction was reduced, and

123 found that the thermal evolution became achiral (see Supplementary Information S4).
 124 We also note that we did not observe any preferred direction of rotation in structures
 125 consisting of a single vertex with four nanomagnets, despite their structural chirality. A
 126 chiral structure by itself is therefore not sufficient to generate the observed dynamics:
 127 in the following we show that the dynamics is driven by the existence of an emergent
 128 asymmetric magnetostatic energy landscape.



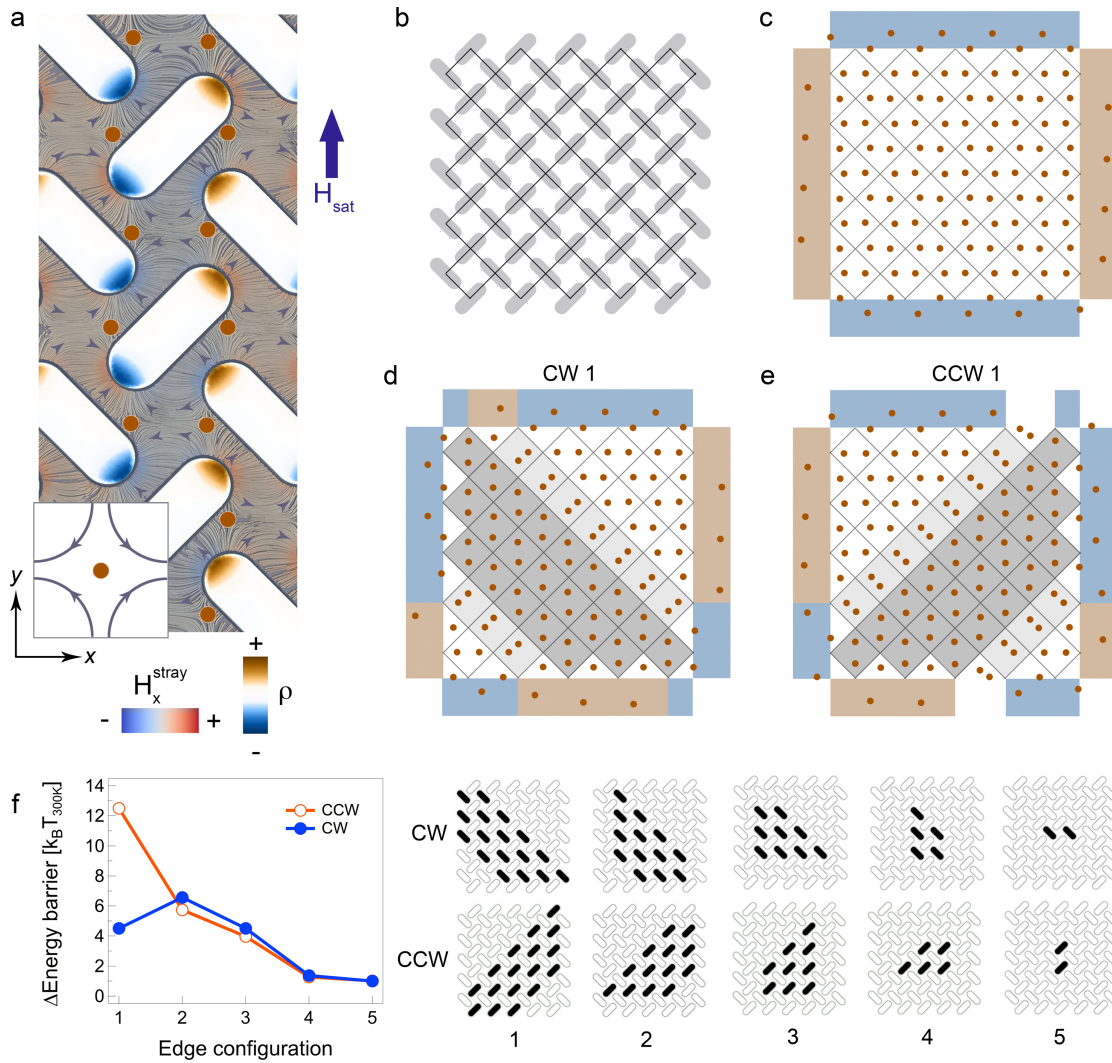
130 **Fig. 2: Measured clockwise evolution of the magnetisation following saturation along the +y**
 131 **direction.** (a) Top: Scanning electron microscopy (SEM) image of a region of the investigated array. The
 132 scale bar represents 600 nm. (b) XMCD contrast for states A, B and C, with arrows showing the orientation
 133 of the magnetisation for selected nanomagnets and the net vertex magnetisation in each case, indicated
 134 with a larger brown arrow and denoted M . (c) XMCD image of the array following saturation along the +y
 135 direction. The vertices are in state A with the average magnetisation within the array indicated by the large
 136 brown arrow. The detailed magnetic configuration of state A is shown in (b). The scalebar represents 5
 137 μm and the field of view is of 25 μm . The contrast was adjusted for better visibility. (d-h) Time evolution of
 138 the magnetisation in the presence of a bias field. The magnitude of H_{bias} is between 50 μT and 80 μT , in
 139 the indicated direction. In (d), thermal relaxation at room temperature gives rise to domains of vertices in
 140 state B, mainly nucleating from the array edges and whose detailed magnetic configuration is shown in
 141 (b). The sample temperature was subsequently increased by a few Kelvin for four hours to ensure that
 142 the magnetisation reversals continue, as seen in (e-g). In (e), domains of vertices in state C [shown in
 143 panel (b)] nucleate from the edges of the array. Around $t = 15$ hours, the sample was heated again to
 144 achieve a close-to-complete 180° reversal of the magnetisation, observed in (h).

145 We performed micromagnetic simulations to qualitatively understand why the
 146 clockwise evolution of the magnetisation is favoured over the counterclockwise

147 evolution. The simulated system is a finite system identical to the one shown in Fig. 1,
148 with the same geometry as the experimentally studied one, but with fewer magnets
149 due to the computational cost of simulating the entire experimental array (see
150 Methods). We consider the system without the bias field in order to determine *its*
151 intrinsic thermal behaviour. Fig. 3a is a close-up of a section of the simulated array,
152 following saturation and removal of the field \mathbf{H}_{sat} (equivalent to state A in Fig. 2). The
153 magnetostatic volume charges, $\rho = -\nabla \cdot \mathbf{M}$, are plotted inside the nanomagnets along
154 with the generated stray field outside the nanomagnets. The stray field displays a
155 complex topology owing to the presence of antivortex patterns. Antivortices are two-
156 dimensional structures characterised by a field distribution in which the direction of the
157 field revolves clockwise around a central point²⁵ as schematically illustrated in the inset
158 of Fig. 3a, where the centre of the structure is indicated with an orange dot. Because
159 antivortices typically occur inside ferromagnets, we refer to the observed stray field
160 patterns as *virtual* antivortices, *i.e.* whose centre is located outside the nanomagnets²⁶.
161 Such virtual structures have previously been reported to play a role in the stability of
162 magnetisation patterns²⁵ as well as in the dynamics of coupled systems²⁷. Considering
163 the entire simulated array (Fig. 3b), the distribution of the virtual antivortices within the
164 system following saturation is plotted in Fig. 3c. The overall stray field topology
165 effectively forms a virtual antivortex crystal, in which the antivortices, represented by
166 orange dots, display an ordered arrangement within the bulk of the array. At the edges,
167 the distribution of the virtual antivortices breaks the symmetry of the bulk arrangement.
168 Moreover, the distribution of the virtual antivortices along the horizontal edges (top and
169 bottom; highlighted in blue) is different from the distribution along with the vertical
170 edges (left and right; highlighted in red). The virtual antivortex distribution for a partial
171 clockwise rotation of the vertex magnetisation by 90° (state B) along four diagonals of
172 the array is given in Fig 3d. This corresponds to the magnetic state labelled 'CW 1' in
173 Fig. 3f where the four diagonals can be seen and is representative of experimentally
174 observed configurations. Within the bulk of the simulated array, the arrangement of the

175 virtual antivortices is modified: in domains where the net vertex magnetisation has
176 rotated by 90° (dark grey regions), the antivortex stray field patterns are also rotated
177 by 90° . At the edges of such domains (light grey regions), the antivortices are rotated
178 by 45° , mirroring the rotation of the average magnetisation of those vertices. It is,
179 however, along the array edges that the most significant changes take place: while the
180 number of virtual antivortices remains constant, they have been rearranged compared
181 to Fig. 3c. This is analogous to the situation in a finite-sized ferromagnet, where the
182 stray field energy can be minimised through the rearrangement of surface charges,
183 $\sigma = \mathbf{M} \cdot \mathbf{n}$ (where \mathbf{n} is a normal vector to the surface), and result in the formation of
184 domains within the ferromagnet. The rearrangement of the virtual antivortices in
185 alternating patterns along the array edges is thus reminiscent of the pole avoidance
186 principle in ferromagnets, which leads to the minimization of the magnetostatic energy
187 through a reduction of the total magnetic charge. In the studied system the virtual
188 antivortices thus function as emergent surface charges whose rearrangement, through
189 the rotation of the magnetisation, minimises the total energy of the system during
190 relaxation. In Fig. 3e, the emergent charge distribution is given for a system with four
191 diagonals along which the average magnetisation has rotated counterclockwise. This
192 distribution corresponds to the magnetic state labelled 'CCW 1' in Fig. 3f, where the
193 vertices along those diagonals are in state D (see Fig. 1). When compared to Fig. 3d,
194 the overall virtual antivortex structure is generally mirrored (along an axis defined by
195 the saturation direction, y), except at the edges, where their distribution is not mirrored.
196 Our simulations show that these differences lead to an asymmetric energy landscape
197 in which the energy of the system decreases more efficiently through the clockwise
198 (CW) rotation of the net vertex magnetisation at the edges than through the
199 counterclockwise (CCW) rotation. We plot in Fig. 3f the relative difference in energy
200 barriers at 300 K between the initial state (Fig. 3c) and the states in Figs. 3d and e,
201 which are labelled as 'CW 1' and 'CCW 1'. The energy barrier to access the clockwise
202 state is lower, thus making it more probable. The energy barriers are also plotted for

203 configurations in which nanomagnets at the edges of the array have not switched. We
 204 find that, in these cases, the energy barriers for the clockwise and counterclockwise
 205 rotations of the net vertex magnetisation become equal. These results demonstrate
 206 that the chiral behaviour is driven by the edges of the system and that the observed
 207 initial clockwise rotation of the net vertex magnetisation following saturation is due to
 208 the intrinsically asymmetric energy landscape of the system.

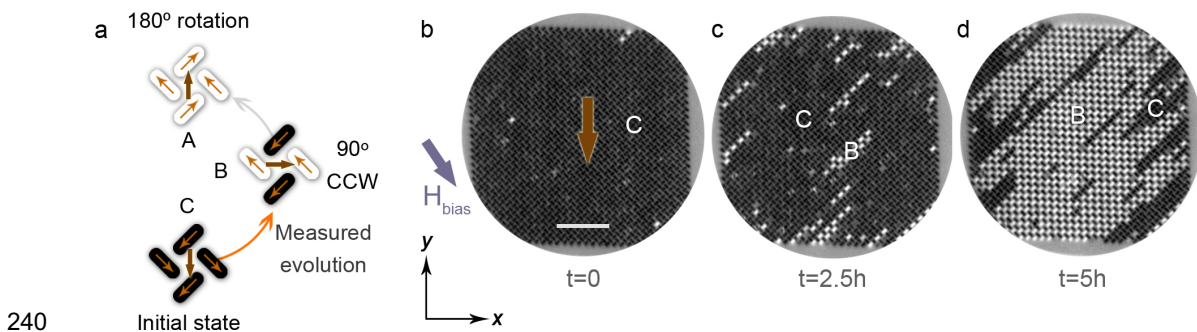


209

210 **Fig. 3: Simulated stray field structure and energy barriers for clockwise and counterclockwise**
 211 **rotations of the average magnetisation.** (a) Stray field configuration for a portion of the simulated
 212 nanomagnet array in state A, following saturation with the field H_{sat} . The centres of the virtual antivortices
 213 are highlighted by orange dots and the magnetic volume charges (ρ) within the single-domain
 214 nanomagnets are plotted using the blue-brown colormap. The x component of the stray field, H_x^{stray} , is
 215 indicated by the blue-red colormap. An antivortex structure is schematically shown in the bottom inset. (b)
 216 Wire frame representation of the array lattice. (c) Distribution of the virtual antivortices (orange dots) in

217 the array in state A, following saturation along the +y direction. The different antivortex distributions along
 218 the array edges are highlighted in red and blue. In (d), the virtual antivortex distribution is plotted for a
 219 configuration in which the net magnetisation along four diagonals (dark grey regions) was rotated
 220 clockwise by 90° (state B). The corresponding magnetic state of the array is given in (f): configuration ‘CW
 221 1’. (e) Virtual antivortex distribution for a configuration in which the net vertex magnetisation along four
 222 diagonals is rotated counterclockwise by 90°, corresponding to the magnetic state ‘CCW 1’ in (f). In the
 223 white regions along the array edges in (e), the stray field distribution is identical to the one in the bulk. (f)
 224 Relative energy barriers, starting from the remanent state (a), for the shown configurations 1 – 5 in which
 225 the reversal of the magnetisation in edge nanoelements is gradually set back. The nanomagnets in black
 226 have switched (see Fig. 1 for colour convention). The energies are normalized to the barrier required to
 227 switch two nanomagnets in configuration 5, where the barrier is the same for the CW and CCW rotations.

228 The evolution of the average magnetisation during relaxation at room temperature
 229 eventually leads to thermal equilibrium. The measured continuous clockwise evolution
 230 of the magnetisation in the experiment towards state C is thus enabled by the bias
 231 field, which effectively modifies the energy landscape, such that the system can access
 232 state C upon moderate heating. We have also found that the bias field can, in some
 233 cases, be used to reverse the sense of rotation of the net vertex magnetisation. Indeed,
 234 after saturating a system with identical geometry to the one in Fig. 2 (see Methods)
 235 along the $-y$ direction (Fig. 4a) we observe that, in the presence of H_{bias} , the thermal
 236 evolution can proceed through the counterclockwise rotation of the net vertex
 237 magnetisation (Fig. 4b-d). Depending on the saturation direction, it is thus in principle
 238 possible to use a bias field to reinforce the ‘built-in’ clockwise rotation or to favour the
 239 counterclockwise sense of rotation of the average magnetisation.



241 **Fig. 4: Counterclockwise evolution of the system following saturation in the $-y$ direction.** (a) After
 242 saturating the array along the $-y$ direction, the magnetisation evolves counterclockwise, *i.e.* from state C
 243 to state B (orange arrow), in the presence of the bias field H_{bias} . (b-d) Measured time-evolution of the
 244 magnetisation. In (b), the array is in state C after saturation and the average magnetisation is indicated

245 by the large brown arrow. The evolution towards the state shown in (c) occurs at room temperature. By
246 heating the sample for 2.5 hours, the state shown in (d) can be accessed. The rotation from state B to
247 state A was not observed owing to the orientation of the bias field. We note that the counterclockwise
248 rotation from state C to state B is observed in about 20% of the measured samples. Indeed, starting from
249 state C, the counterclockwise evolution favoured by the bias field competes with the natural clockwise
250 evolution of the system and can cause the array to remain, on average, in state C. The scalebar represents
251 5 μm .

252 The magnetostatic interaction offers a known route for symmetry breaking at the
253 surface of ferromagnets that can lead to rich behaviour, such as surface and curvature-
254 induced non-reciprocal spin wave^{28,29} and domain wall^{30,31} propagation. Similarly, in
255 the studied artificial spin system the origin of the thermally activated unidirectional
256 rotation of the average magnetisation is due to the dynamic rearrangement of
257 emergent magnetic surface charges, which result from the geometry of the array
258 edges, demonstrating how magnetostatically-coupled nanomagnet arrays can be
259 designed to harness thermal fluctuations of the magnetisation. This opens the
260 possibility of exploiting artificial spin ices with tailored edge geometry and field-tunable
261 dynamics as functional, active materials within devices that convert heat into motion,
262 such as mesoscopic motors^{20,22} and rotors³² or within hybrid multistacks, used for
263 example for magnetic memory applications³³, where the chiral array would form the
264 active layer in which the rotation of the magnetisation could be triggered by laser
265 pulses.

266 **Methods**

267 **Sample Fabrication**

268 Finite arrays of Permalloy ($\text{Ni}_{83}\text{Fe}_{17}$) nanomagnets were prepared on a silicon (100)
269 substrate using electron beam lithography in conjunction with thermal evaporation at
270 room temperature and a base pressure of 2×10^{-7} mbar followed by lift-off. The
271 evaporation resulted in a nanocrystalline Permalloy film, which was capped by a 3 nm
272 aluminium layer to protect against oxidation. The Permalloy film was evaporated with
273 a thickness gradient along the sample in order to ensure the presence of a thermally

274 active region at room temperature adequate for the PEEM measurements²⁴. Array
275 thicknesses were measured using Atomic Force Microscopy (AFM). The thermally
276 active arrays in Fig. 2 and 4 had identical geometries and were manufactured from
277 nanomagnets with length and width of 470 nm and 170 nm, and with a lattice constant
278 of 425 nm (centre-to-centre distance of neighbouring nanomagnets: see
279 Supplementary Information S1). The measured thickness of the arrays was: 2.2 nm in
280 Fig.1 and 2.7 nm in Fig. 4. The thicknesses were uniform across each array. The
281 magnetisation in both arrays rotated clockwise after saturating along the +y direction,
282 demonstrating that the thickness variation between the arrays did not affect the sense
283 of rotation of the magnetisation. The array in Supplementary Information S3 had a
284 thickness of 2.4 nm. The chiral structure of the system is defined by the geometry of
285 the array edges as well as by its two-dimensional character where the shape
286 anisotropy induced by the low Permalloy thickness ensures that the magnetisation is
287 confined to the plane of the sample.

288

289 **Experiment**

290 Magnetic imaging was carried out with the photoemission electron microscopy
291 endstation³⁴ at the Surface/Interface: Microscopy (SIM) beamline of the Swiss Light
292 Source, Paul Scherrer Institute and at the PEEM-3 photoemission electron microscope
293 at beamline 11.0.1 of the Advanced Light Source, Berkeley National Laboratory.
294 Employing XMCD, the system was imaged by tuning the x-ray energy to the Fe L₃-
295 edge. The magnetic contrast images were obtained by pixelwise division of two
296 consecutive images recorded with right and left circular polarizations. The resulting
297 contrast is proportional to $\mathbf{k} \cdot \mathbf{m}$, where \mathbf{k} is the propagation vector of the x-rays and \mathbf{m}
298 the local magnetisation vector³⁵. The sample orientation was optimized to maximize
299 the contrast. The uniform contrast within the nanomagnets indicates that they were in
300 a single-domain state. Nanomagnets with grey contrast were switching faster than the

301 measurement time. For observations of the magnetisation reversal at the Swiss Light
302 Source, the samples were mounted on a copper (nonmagnetic) holder that allowed
303 radiative heating of the sample and the temperature was measured using a PT100
304 sensor placed close to the sample. During the experiments the sample was exposed
305 to a small constant bias field (\mathbf{H}_{bias}) with an estimated in-plane magnitude of 50 – 80
306 μT based on Hall probe measurements. The arrays were saturated *in-situ* using a
307 permanent magnet inserted into the PEEM chamber. The saturating field strength at
308 the location of the sample was of $H_{\text{sat}}=15$ mT in the plane of the sample. The magnet
309 was retracted from the chamber after saturation. Measurements at the Advanced Light
310 Source were carried out by saturating the sample both *ex-situ* as well as in a holder
311 with a built-in electromagnet, which allowed us to apply fields up to 20 mT.

312 **Micromagnetic simulations**

313 Fully three-dimensional micromagnetic simulations based on a hybrid finite-
314 element/boundary-element method^{36,37} have been carried out on a system of 60
315 nanomagnets, each with lateral dimensions 235 nm \times 85 nm (50% of experimental
316 size) and 2 nm thick. The structure was discretized using a tetrahedral mesh with an
317 average edge length of 1 nm. The material parameters for Permalloy were: saturation
318 polarization $\mu_0 M_S = 1$ T, exchange constant $A = 1.3 \times 10^{-11}$ J/m and zero
319 magnetocrystalline anisotropy $K = 0$ J/m³. The total Gibbs magnetic free energy is
320 given by:

$$\begin{aligned}
321 \quad E(\mathbf{m}) = \int & \left(A \left[\sum_k^{x,y,z} (\nabla m_k)^2 \right] + K[1 - (\mathbf{m} \cdot \mathbf{a})^2] - \frac{1}{2} \mu_0 M_S (\mathbf{H}_{\text{dem}} \cdot \mathbf{m}) \right. \\
322 & \left. - \mu_0 M_S (\mathbf{H}_{\text{ext}} \cdot \mathbf{m}) \right) dV.
\end{aligned}$$

323 E is the sum of the exchange energy, the anisotropy energy, the demagnetising
324 energy, and the Zeeman energy. $\mathbf{m} = \mathbf{M}/M_S$ is the reduced magnetisation, A is the

325 exchange constant, K the magnetocrystalline anisotropy, \mathbf{a} is a unit vector along the
326 magnetocrystalline anisotropy direction, \mathbf{H}_{dem} is the demagnetising field and \mathbf{H}_{ext} an
327 external field. The integral is over the magnetic volume. In the performed simulations
328 $H_{\text{ext}}=0$.

329 To understand the thermal stability and transition probability from the remanent state,
330 following the application of a saturating field, to different magnetic states, *i.e.*
331 configurations resulting from clockwise and counterclockwise rotations, we used the
332 nudged elastic band method to find the lowest possible energy transition path between
333 the two states³⁸. We start from a magnetisation state, \mathbf{M}_1 , where the magnetic system
334 occupies a local minimum. Through thermal activation, the system can overcome the
335 local energy barrier and move towards a different minimum state, \mathbf{M}_2 , following either
336 clockwise or counterclockwise rotation of the vertex magnetisation. The difference
337 between the local minima and the saddle point in the energy path gives the energy
338 barrier that has to be overcome to move to the next local minima; this determines the
339 stability of the magnetic state. An optimization algorithm is applied until, at any point
340 along the path, the gradient of the energy is only pointing along the path. This
341 represents the path with the greatest statistical weight. The state with the lowest
342 energy barrier has the highest probability of being reached.

343 **Data availability**

344 The data that support the findings of this study are available from the corresponding
345 author S.G. upon reasonable request.

346 **Contributions**

347 RLS and SG conceived the spin ice geometry and the experiment. SG, AF, CD and
348 JC prepared the samples. SG, CD, JC, JB, AK, AF, RC, EK, AS, and NB performed
349 the experiments and analysed the experimental data. GH, SG and JB performed and

350 evaluated the micromagnetic simulations. SG, RLS, GH, JB, CD, AK, YM and LJH
351 interpreted the results. SG wrote the manuscript with input from all coauthors. All
352 authors discussed the results and commented on the manuscript.

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