

**Title:** Altered eigenvector centrality is related to local resting-state network functional connectivity in patients with longstanding type 1 diabetes mellitus

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## **Abstract**

*Introduction:* Longstanding type 1 diabetes (T1DM) is associated with microangiopathy and poorer cognition. In the brain, T1DM is related to increased functional resting-state network (RSN) connectivity in patients without, which was decreased in patients with clinically evident microangiopathy. Subcortical structure seems affected in both patient groups. How these localized alterations affect the hierarchy of the functional network in T1DM is unknown. Eigenvector centrality mapping (ECM) and degree centrality are graph theoretical methods that allow determining the relative importance (ECM) and connectedness (degree centrality) of regions within the whole-brain network hierarchy.

*Methods:* Therefore, ECM and degree centrality of resting-state functional MRI-scans was compared between 51 patients with, 53 patients without proliferative retinopathy, and 49 controls, and associated with RSN connectivity, subcortical gray matter volume, and cognition.

*Results:* In all patients versus controls, ECM and degree centrality were lower in the bilateral thalamus and the dorsal striatum, with lowest values in patients without proliferative retinopathy ( $P_{\text{FWE}} < 0.05$ ). Increased ECM in this group versus patients with proliferative retinopathy was seen in the bilateral lateral occipital cortex, and in the right lateral cortex versus controls ( $P_{\text{FWE}} < 0.05$ ). In all patients, ECM and degree centrality were related to altered visual, sensorimotor, and auditory and language RSN connectivity ( $P_{\text{FWE}} < 0.05$ ), but not to subcortical gray matter volume or cognition ( $P_{\text{FDR}} > 0.05$ ).

*Conclusion:* Our findings suggest reorganization of the hierarchy of the cortical connectivity network in patients without proliferative retinopathy, which is lost with disease progression. Centrality seems sensitive to capture early T1DM-related functional connectivity alterations, but not disease progression.

## **Introduction**

Type 1 diabetes mellitus (T1DM) is a metabolic disorder in which exogenous insulin administration is vital due to the destruction of insulin producing pancreatic  $\beta$ -cells by autoimmune reactions. Adults with longstanding T1DM are at risk of developing peripheral microvascular complications, such as retinopathy. Long-term exposure to high blood glucose levels, or chronic hyperglycemic exposure, drives the development of retinopathy (Brownlee, 2005). Retinopathy is the most prevalent microvascular complication in type 1 diabetes and one of the leading causes of blindness in the western world (Ding and Wong, 2012). Retinopathy is a progressive complication that starts with small dot-like bleedings of small retinal vessels. With increasing severity of such bleedings, hypoxia triggers the release of hormones to promote revascularization of the retina (Ding and Wong, 2012). As these newly formed blood vessels are prone to leakage a vicious circle starts that will lead, if not interrupted, to blindness (Ding and Wong, 2012). This last stage is called proliferative retinopathy. A 25-year epidemiological study showed that virtually all T1DM patients developed retinopathy (97%), and that progression rate was 83% (Klein, et al., 2008). Forty-two percent of the patients developed proliferative retinopathy, for which laser coagulation is required to prevent blindness (Klein, et al., 2008).

Cognitively, studies have shown that T1DM is characterized by mental slowing, decreased mental flexibility, and lower attention (Brands, et al., 2005), and some research has suggested an increased risk of dementia (Smolina, et al., 2015). Adult T1DM has also been found to affect gray and white matter structure and functional connectivity (Kodl, et al., 2008; Musen, et al., 2006; Ryan, et al., 2015). While these alterations in cognitive functioning, and structure and function of the brain have been found in the general T1DM patient population, many studies have shown that patients who have developed

proliferative retinopathy show the most severe decrements and are most at risk to develop cerebral complications (Jacobson, et al., 2011; Ryan, et al., 2016; Wessels, et al., 2008).

In our study, we have previously shown that T1DM patients with proliferative retinopathy showed decrements in cognitive functions depending on processing speed and attention in comparison with controls and their counterparts with uncomplicated T1DM, and decreased processing speed in patients without proliferative retinopathy relative to controls (van Duinkerken, et al., 2012). Although we did not demonstrate any alterations in cortical thickness, we did show lower subcortical gray matter volume in the thalamus, nucleus accumbens, putamen, and caudate nucleus (van Duinkerken, et al., 2014). Both patients with and without proliferative retinopathy showed these alterations, albeit the effect size was largest in the group with retinopathy. Assessment of functional resting-state networks (RSNs) in this group using functional MRI showed a different pattern, where patients without complications had increased connectivity in the visual and sensorimotor networks compared to controls and their counterparts with proliferative retinopathy (van Duinkerken, et al., 2012). Contrary, patients with proliferative retinopathy showed lower connectivity than controls in the auditory and language, ventral attention and left frontal-parietal networks, where those without retinopathy had intermediate connectivity levels (van Duinkerken, et al., 2012). This shows that indeed patients with proliferative retinopathy in our study are most prone to have developed alterations in cognition and brain structure and functioning. Functional connectivity shows a different pattern of alterations than that of cognition or subcortical gray matter volume, and may suggest a form of functional reorganization of the local RSNs connectivity (van Duinkerken, et al., 2012), which is also found in children under 10 years of age with T1DM (Saggar, et al., 2017).

However, by dividing the whole-brain functional network into smaller sub-networks that are assumed to function independently and the impact of RSN connectivity and structural alterations on the entire brain network is disregarded. Furthermore, dividing the whole-brain functional network into smaller RSNs disregards the possibility that higher-order (cognitive) functions rely on multiple RSNs at the same time, i.e. that they need crosstalk between RSNs. Graph analytical methods have the advantage of analyzing the whole-brain network at once and can thus overcome the above-mentioned limitations, which may help in understanding cognitive deficits.

Eigenvector centrality mapping (ECM) is a graph theoretical approach. The voxel-based ECM calculation assigns higher ECM values to voxels that are connected to more central voxels (Binnewijzend, et al., 2014; Lohmann, et al., 2010; Wink, et al., 2012). In other words, it calculates centrality of a node, which can be a brain region or a voxel, by adding up the centralities of its neighbors. Higher scores then indicate a more central or important role of the node in the functional network, as the node is connected to regions which themselves have higher centrality values. Except for considering the functional network as a whole and being easily computable, another advantage of ECM is that it is relatively insensitive to physiological effects, such as movement artifacts (Lohmann, et al., 2010; Wink, et al., 2012), which avoids the introduction of potential artifacts in the data (Power, et al., 2015). The difference between degree centrality, which integrates the number (or strengths) of connections a node receives, and eigenvector centrality, which integrates the centralities of a node's neighbors, is that eigenvector centrality is more sensitive to different levels of hierarchical networks. In type 2 diabetes, albeit being a fundamentally different disease related to obesity, insulin resistance and pancreatic  $\beta$ -cell failure, degree centrality was lower in the lingual gyrus, but higher in the insula and anterior cingulate cortex when compared with controls (Cui, et al., 2016).

Graph theoretical assessment of the functional network in T1DM has not been published before. Therefore, we first studied the functional whole-brain network using voxel-wise ECM and degree centrality in adult T1DM patients with and without proliferative retinopathy compared with controls. Based on the results of our previous resting-state RSN connectivity analysis, alterations were hypothesized strongest in patients without proliferative retinopathy. Next, in all patients, we aimed at identifying the relationship between potential alterations in ECM and degree centrality and previously observed cognitive decrements, altered RSN functional connectivity, and lower subcortical volume (van Duinkerken, et al., 2012; van Duinkerken, et al., 2014). To this end, we correlated ECM and degree centrality values with cognitive performance on the domains of general cognitive ability, information processing speed, and attention. The RSN functional connectivity of the sensorimotor, secondary visual, ventral attention, left frontal-parietal, and auditory and language processing networks were included, as well as volume of the bilateral thalamus, putamen, caudate nucleus, and nucleus accumbens. As we did not observe and differences in cortical thickness, this was not included in the correlation analysis. Lastly, in all patients, the clinical relevance of ECM and degree centrality was determined by exploring associations with diabetes-specific and demographic factors.

## **Materials and Methods**

### *Participants*

This study was conducted in accordance with the Declaration of Helsinki and approved by the medical ethics committee of the VU University Medical Center. Written informed consent was obtained from all participants. One hundred and four participants with T1DM for at least 10 years were included, as well as 51 matched non-diabetes controls. Inclusion criteria were right-handedness, mastery of the Dutch language and age between 18-56 years. Exclusion criteria included cerebro- or cardiovascular disease, MRI-contraindications, such as pregnancy, centrally acting medication use, (treatment of) psychiatric disorders, history of or current alcohol (men>21; women>14 units a week) or drug use, head trauma, and, for controls only, hypertension. Hypoglycemic episodes 24-hours preceding examination resulted in rescheduling of the appointment. During the study days, blood glucose levels of patients had to range between 4-15 mmol/l (72-270 mg/dl). Glucose levels were checked regularly and corrected if necessary (van Duinkerken, et al., 2012).

### *Biomedical and anthropometric measures*

In all participants, after a 15-minute rest, blood pressure was measured 3 times with 5 minute intervals at the left arm, while in a seated position. Hypertension was defined as a mean systolic blood pressure  $\geq 140$  mmHg, a mean diastolic blood pressure  $\geq 90$  mmHg, or the use of antihypertensive drugs. Blood was drawn for routine analysis, including glycated hemoglobin (HbA<sub>1c</sub>). Depressive symptoms were evaluated with the Center for Epidemiological Studies Depression scale (CES-D; (Radloff, 1977)). In patients, lifetime severe hypoglycemic events were self-reported, based on standardized criteria (The Diabetes Control and Complications Trial Research Group, 1996).

### *Microvascular complications*

In patients, retinopathy status was ascertained by fundus photography, rated according to the EURODIAB classification (Aldington, et al., 1995), albuminuria status was determined as a 24-hour albumin:creatinine ratio  $>2.5$  mg/mmol for men or  $>3.5$  mg/mmol for women, and neuropathy status was ascertained by the most recent annual check-up for neuropathy, which is incorporated into the medical records (n=92), or self-report if not available (n=12) (van Duinkerken, et al., 2012). Patients were included if they had proliferative retinopathy (EURODIAB level 4 or 5), which could be accompanied by albuminuria and/or neuropathy, or if they were free of clinically manifest microvascular complications.

### *MRI acquisition*

Patients underwent MRI-scans on a 1.5T Siemens Sonata (Erlangen, Germany) MR-system using an 8-channel phased-array head coil. Here, we used a 202 volume EPI-based functional MRI sequence ([fMRI] repetition time 2850 ms; echo time 60 ms; flip angle  $90^{\circ}$ ;  $211 \times 211$  mm<sup>2</sup> field-of-view; isotropic 3.3 mm voxels; 36 axial slices), and a T1-based magnetization prepared rapid acquisition gradient echo ([MPRAGE], repetition time 2700 ms; echo time 5.17 ms; inversion time 950 ms; flip angle  $8^{\circ}$ ;  $256 \times 256$  mm<sup>2</sup> field-of-view;  $1.0 \times 1.0 \times 1.5$  mm voxel size; 160 contiguous coronal partitions). Functional MRI scanning occurred in a darkened room, and subjects were asked to keep their eyes closed and not think of anything particular nor fall asleep.

### *Functional MRI preprocessing*

For preprocessing of the fMRI images, the MELODIC pipeline of FSL5.0.8 was used (<http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/>; which has been described in detail in (van



Duinkerken, et al., 2012)). In short, the first 2 volumes were discarded to reach a steady state of BOLD signal. The remaining volumes were brain extracted, slice timing and motion corrected, smoothed with a 5 mm Gaussian kernel, and high-pass filtered with a cut-off of 150 seconds. Next, volumes were registered to the subject's high-resolution T1-MPRAGE scan by using affine boundary based registration, and non-linearly registered to MNI152 standard space with a 10 mm warp resolution and resampling resolution of 4 mm isotropic. To further correct for motion scrubbing was applied. First, based on the raw fMRI-scans, FSL's Motion Outliers script calculated the volumes to be scrubbed based on the Frame-wise Displacement (FD) and DVARS (D referring to temporal derivative of time-course and VARS to the root mean squared variance over voxels) combined (Power, et al., 2012). Next, the 3dTproject script of AFNI (<https://afni.nimh.nih.gov/afni/>) was used to scrub the preprocessed fMRI-scans in 4 mm standard space. As removing volumes leads to fMRI-scans of different length which can potentially confound between-group analyses (Power, et al., 2015), we interpolated the values of the to-be scrubbed volumes from the neighboring volumes in time. This way, volumes with high motion were censored but not removed.

#### *Group specific Eigenvector Centrality Mapping mask*

A group-specific mask was made excluding white matter and cerebrospinal fluid voxels, to determine ECM values only in gray matter voxels. First, for all participants gray matter masks obtained by FSL-SIENAX (Smith, et al., 2002) were merged with the participants' binarized subcortical segmentation from FSL-FIRST (Patenaude, et al., 2011), and subsequently binarized. They were individually non-linearly registered into 4 mm standard space using the personal warp-volume obtained from the MELODIC pipeline, summed and thresholded at >25% to obtain a gray matter mask with a relatively thick

cortex. To make sure that the centrality networks were of the same size in everyone all fMRI-volumes in 4 mm MNI-space were merged into a single volume, binarized and summed together. This volume was subsequently thresholded at 153\_(100%), only including voxels covered in every participant. Lastly, this fMRI-mask was multiplied by the gray matter mask, generating a group specific mask including only gray matter voxels with 100% fMRI coverage (Figure 1). In doing so equal network size in all participants was ensured, preventing a possible influence of size of the functional network on the between-group results (van Wijk, et al., 2010).

### *Eigenvector Centrality Mapping*

With ECM, centrality (i.e. relative importance) of each voxel in the functional network is calculated (Lohmann, et al., 2010). The fast-ECM software ([github.com/amwink/bias/tree/master/matlab/fastECM](https://github.com/amwink/bias/tree/master/matlab/fastECM)) that was used in this study is faster and computationally more efficient, as it computes matrix-vector products without having to compute or store the connectivity matrix. Technical details of the fast-ECM software can be found elsewhere (Wink, et al., 2012). In brief, eigenvector centrality considers a node more central if it is connected to more central nodes. This property corresponds to having a high coefficient in the dominant eigenvector of the connections matrix. Fast ECM uses an efficient formulation of power iteration to find the dominant eigenvector of the connections matrix:

[1] for data  $Y_{[N \times T]}$ , voxel-wise correlations can be computed as

$$M_{[N \times N]} = Y_{[N \times T]} * Y'_{[T \times N]}$$

here N = number of voxels, T = number of time points

[2] power iteration uses

$$c_{[N \times 1]}(\text{new}) = M_{[N \times N]} * c_{[N \times 1]}(\text{previous}),$$

which can be re-formulated as

$$c(\text{new})_{[N \times 1]} = Y_{[N \times T]} * ( Y'_{[T \times N]} * c(\text{previous})_{[N \times 1]} )_{[T \times 1]}$$

In this formulation, power iteration requires only a [Tx1] extra storage instead of [NxN].

As  $T < N$ , this is a great improvement in efficiency (Wink, et al., 2012). *The connectivity*

*matrix M is calculated as C+I (where C is the voxelwise correlation matrix), in which*

*negative correlations range from 0 to 1 and positive correlations from 1 to 2, without*

*the application of a threshold.* As we used a group specific common mask and the fact

that ECM does not rely on thresholding or binarizing of the matrix, all subjects' networks

were of the same size. These individual eigenvector centrality maps in MNI152 standard

space were then temporally concatenated into a single 4D-file for statistical analysis.

### *Degree Centrality Mapping*

Degree centrality was approximated using node strength, which integrates the connection

strengths of each node. If eigenvector centrality is computed with power iteration and the

estimate is initialized with a uniform vector, this corresponds to the result of the first

iteration. *As the connectivity matrices from the ECM analysis are C+I (for voxelwise*

*correlation matrices C), the strength of the connections in this centrality measure per*

*voxel is the sum of all correlations with that voxel plus a constant.* Degree centrality

maps were then normalized by dividing the maps through the mean of the map that was

calculated using FSL-stats. By normalizing the degree centrality maps they became more

comparable with ECM, which is also a normalized measure, and it filters out potential

global effects of disease (Eijlers, et al., 2017; Finn, et al., 2015).

### *Neuropsychological assessment*

Intelligence was estimated using the Dutch version of the National Adult Reading Test. The following tests were used to measure performance on the domains of memory, information processing speed, executive functions, attention, motor and psychomotor speed: Rey Auditory Verbal Learning Test, Wechsler Adult Intelligence Scale, 3rd edition revised Digit Span and Symbol Substitution Test, Stroop Color-Word Test, Concept Shifting Task, Simple Auditory and Visual Reaction Time Tests, Computerized Visual Searching Task, D2-test, Wisconsin Card Sorting Test, Category Word Fluency Task, Tapping Test and Letter Digit Modality Test. General cognitive ability was based on the average of all tests (see (van Duinkerken, et al., 2016) for tests). Test scores were normalized based on the mean and standard deviation of controls and, if necessary, transformed so that higher z-values indicated better performance.

#### *RSN functional connectivity*

Independent Component Analysis (ICA) on the resting-state fMRI data of this group identified 10 RSNs as we previously published (van Duinkerken, et al., 2012). After ICA, dual-regression was used which created personalized maps of each network for each subject by first creating the average time course within each network per subjects and then linearly modeling the group-based network onto the subject's fMRI-scan. Lastly, the personalized time-course is regressed back onto the subject's fMRI-scan (Beckmann, et al., 2009).

#### *Subcortical gray matter volume*

As we did not find any cortical structural alterations in this group, only subcortical volume was used in the current study. Using the FIRST pipeline of FSL, volume of the bilateral thalamus, caudate nucleus, putamen, pallidum, hippocampus, nucleus accumbens, and

amygdala was obtained, in native T1-space (Patenaude, et al., 2011; van Duinkerken, et al., 2014). Correction for head size is necessary to allow for group comparisons. This correction was performed by multiplying all uncorrected volumes with the V-scaling factor derived from the FSL-SIENAX pipeline (Smith, et al., 2002). This factor is calculated through affine registering the skull image from FSL-SIENAX to MNI152 standard space (Jenkinson, et al., 2002; Jenkinson and Smith, 2001), and thus represents the scaling factor by which uncorrected volumes are multiplied to correct for differences in head size.

### *Statistical analysis*

Subject characteristics were analyzed using One-Way ANOVA, Kruskal-Wallis test in the case of non-normality, or  $\chi^2$ -tests for categorical variables. Normality was checked using the Kolmogorov-Smirnov test and visual inspection of the histogram.

ECM and degree centrality values were first compared between all patients as 1 group and controls using a 2-tailed t-test permutation-based statistical comparison (10.000 permutations; FSL-PALM [Permutation Analysis of Linear Models] version alpha101 (Winkler, et al., 2014; Winkler, et al., 2016)) with Threshold Free Cluster Enhancement (TFCE) settings, in which no minimum cluster size needs to be defined. In case of significant differences, both patient groups were compared with controls and to each other, as post-hoc testing. Correlations between centrality and RSN connectivity were calculated at a voxel-level using PALM, using the same settings as mentioned above. These analyses were corrected for age, sex, systolic blood pressure and depressive symptoms. For all voxel-based analyses Family Wise Error (FWE) correction for multiple comparisons was applied. A  $P_{\text{FWE}} < 0.05$  was considered statistically significant.

In all patients, potential clinical relevance of altered centrality was studied by correlating centrality measures to age, sex, diabetes duration, albumin:creatinine ratio, HbA<sub>1c</sub>, body mass index, and systolic blood pressure. Furthermore, in all patients linear regression was used to determine correlations between ECM and cognition and subcortical gray matter volume. In order to account for multiple testing, we corrected the P-values of all correlations using the False Discovery Rate (FDR).

A  $P < 0.05$  (FWE and FDR corrected) was considered to be statistically significant. All statistical tests were performed using IBM-SPSS 20 (IBM-SPSS, Chicago, IL), R (version 3.3.2, [www.R-project.org](http://www.R-project.org)), and FSL-PALM.

## Results

### *Patient characteristics*

Due to artifacts induced by braces, fMRI-scans of 2 control subjects could not be used, leaving 49 controls. As can be found in Table 1, all T1DM patients were on average 5 years older than the control participants ( $P=0.009$ ). They also had higher systolic blood pressure and reported more depressive symptoms (all  $P<0.05$ ). Patients with proliferative retinopathy drove these differences. Patients had, on average, a disease duration of 28 years with an early adolescent disease onset, with those patients with proliferative retinopathy having the longest disease duration and earliest onset age (all  $P<0.05$ ). In all T1DM patients a median of 9 fMRI-volumes needed to be scrubbed, in the control group this was 10 ( $P=0.729$ ). After scrubbing the relative displacement was on average below 0.03 mm in all groups, and was not statistically significantly different between the groups ( $P>0.05$ ).

### *Eigenvector centrality mapping*

Figure 1 shows the mean ECM values per group. The size of the ECM network was 15.696 voxels. All FSL-PALM analyses were corrected for age, sex, systolic blood pressure, depressive symptoms, and multiple comparisons using TFCE and FWE. As can be found in the first column of Figure 2, all patients compared with controls showed significantly lower ECM values in a cluster comprising the bilateral thalamus, putamen, and caudate nucleus ( $P_{FWE}<0.05$ ), without any areas of increased ECM. Post-hoc group comparisons showed this effect was driven by patients without proliferative retinopathy. Relative to controls, this group showed lower ECM in the same subcortical areas, pallidum, cerebellum and brain stem, and increased ECM in the right cuneus and occipital fusiform gyrus (First column Figure 2;  $P_{FWE}<0.05$ ). Patients with proliferative

retinopathy showed no differences with healthy controls. Directly comparing both patient groups, ECM was lowest in patients without versus with proliferative retinopathy in the brainstem, cerebellum, putamen, and thalamus. Higher ECM values in the group with uncomplicated T1DM were found in the bilateral occipital cortex and left superior temporal gyrus (First column Figure 2;  $P_{FWE}<0.05$ ). Mean values of these clusters can be found in Table 2. As a difference in age, diabetes duration and disease onset age between the groups could affect the results, the analyses were repeated with groups matched for these factors. Results remained similar to the original analysis (First column Figure 2).

#### *Normalized degree centrality*

Mean degree centrality values are provided in Figure 1. As can be seen in the third column of Figure 2, degree centrality was lower in all T1DM patients relative to controls in the bilateral caudate nucleus, putamen, and thalamus ( $P_{FWE}<0.05$ ), although results are spatially more widespread in the left hemisphere. This effect was driven by the patients without proliferative retinopathy, who had, in comparison with controls, lower degree centrality in the same regions ( $P_{FWE}<0.05$ ). There were no differences between patients with proliferative retinopathy and controls or between both patients groups, and results were similar in the matched analysis. No increased degree centrality was observed.

#### *Recalculating centrality after removal of low quality fMRI-signal*

It is possible that fMRI-signal decreases in quality at the extremities of the brain, such as the subcortical, cerebellar and brain stem region, which are the regions of altered centrality in this T1DM group. To eliminate low quality signal the individual raw fMRI-scans were thresholded at 25% of the robust range of the non-zero voxels, leaving only high-quality signal. The subsequent gray matter mask was created as described in the



Materials and Methods section. The second and fourth column of Figure 2 show that low quality signal was mainly present in the temporal and frontal regions, and to a lesser extent in the brain stem. Recalculation of ECM and degree centrality and rerunning the statistical analyses did not show any significant changes in the results (2<sup>nd</sup> and 4<sup>th</sup> column Figure 2).

*Correlations between centrality, local RSN functional connectivity and subcortical gray matter volume*

Given the overlap in different clusters of centrality differences in the 3 group comparisons (Figure 2), the mean value per participant was extracted of all voxels showing higher or lower ECM and lower degree centrality across the group comparisons. This significantly reduced the number of statistical tests and prevented selection bias by choosing one contrast for higher and one for lower ECM/degree centrality.

The results of the voxel-wise analysis between centrality and the secondary visual, sensorimotor, left frontal-parietal, ventral attention, and auditory and language RSNs can be found in Figure 3. Both lower subcortical/cerebellar ECM and subcortical degree centrality were related to higher connectivity in the auditory and language network, secondary visual, and sensorimotor networks (all  $P_{FWE} < 0.05$ ; Figure 3). Higher occipital ECM was related to higher connectivity in the same networks, although the spatial extent of this correlation for the auditory and language network was limited (all  $P_{FWE} < 0.05$ ; Figure 3). The mean  $R^2$  ranged between 0.30-0.40, indicating that between 30% and 40% of the variance is explained by the used model. There were no correlations between centrality and the left frontal-parietal or ventral attention networks (all  $P_{FWE} > 0.05$ ).

Neither ECM, nor degree centrality were related to subcortical gray matter volume (all  $P_{FDR} > 0.05$ ).

### *Clinical relevance of centrality alterations*

In all patients, uncorrected for confounding factors and multiple comparisons, higher ECM values in the occipital cortices were related to better general cognitive ability ( $\beta=0.204$ ;  $P=0.038$ ). This was no longer statistically significant after correction for confounding factors and multiple comparisons ( $P_{\text{FDR}}>0.05$ ). There were no correlations with other cognitive domains or with degree centrality.

Clinically, lower ECM in the subcortical/cerebellar region was related lower age ( $\beta=0.262$ ;  $P_{\text{FDR}}=0.049$ ), whereas lower ECM in the occipital cortices was related to higher age ( $\beta=-0.266$ ;  $P_{\text{FDR}}=0.049$ ) and longer diabetes duration ( $\beta=-0.283$ ;  $P_{\text{FDR}}=0.049$ ). There were no correlations with degree centrality.

## **Discussion**

In this study, we aimed to detect differences in ECM and degree centrality at a voxel level, between well-characterized patients with longstanding T1DM with and without proliferative retinopathy and controls. We showed that ECM and degree centrality were lower in all T1DM patients as one group relative to controls in the thalamus and dorsal striatal regions (putamen and caudate nucleus), with lowest values in the group without proliferative retinopathy. In these patients versus controls ECM, but not degree centrality, was increased in the right cuneus and occipital fusiform gyrus. Comparing patients without to patients with proliferative retinopathy this increase was spatially more widespread and also found in the left occipital cortex and superior temporal gyrus. Low quality signal did not influence these results. Functionally, altered ECM and degree centrality were related to altered connectivity in the visual, sensorimotor, and auditory and language RSNs, but it was not related to volume of subcortical nuclei or cognition. Clinically, increased occipital ECM was related to shorter disease duration and younger age. Younger age was also related to decreased subcortical/cerebellar ECM.

Centrality analyses, by considering the whole brain as one network, shows which regions are relatively more or less central and more connected in the global network. Thus, our results indicate that in patients without proliferative retinopathy the thalamus, dorsal striatum, cerebellum and brain stem were less central and connected, whereas the bilateral occipital cortex was more central and connected within this entire functional brain network. Using the same voxel-based ECM approach, lower occipital and higher frontal ECM was found in Alzheimer's disease (Binnewijzend, et al., 2014), and increased thalamic and precuneus ECM with decreased occipitotemporal and sensorimotor ECM in multiple sclerosis (Schoonheim, et al., 2014). In patients with the human immunodeficiency virus ECM remained relatively unaffected, although no voxel-based

approach was used (Thomas, et al., 2015). Degree centrality in patients with type 2 diabetes was lower in the lingual gyrus, but higher in the insula and anterior cingulate cortex (Cui, et al., 2016).

Although the effect of lower ECM and degree centrality was robust and spatially widespread in patients without proliferative retinopathy, there was only focally increased ECM, and no increased degree centrality. As both are a relative approach, increases in other regions may have been expected, such as was seen in multiple sclerosis (Schoonheim, et al., 2014). Its relative absence may suggest that increased ECM is diffusely distributed throughout the network, and thus failed to reach statistical significance. In our RSN analysis we previously found increased connectivity within the visual and sensorimotor areas in patients without proliferative retinopathy (van Duinkerken, et al., 2012), the first spatially overlapping with increased occipital ECM. It may suggest that connectivity is rerouted towards a more cortico-cortical flow at the expense of the more common thalamo-cortico-thalamic circuit. In the more progressive stage of the disease, the normalization of cortically increased RSN connectivity may then lead to a normalization of subcortical and cerebellar ECM and degree centrality values. Alternatively, early subclinical changes in retinal and peripheral nerve structure and function, which have been found previously in patients without clinically manifest retinopathy or neuropathy (Almeida, et al., 2008; van Dijk, et al., 2010), may result in altered input to the thalamus and dorsal striatum, which in turn may result in lower centrality of these structures. Taken together these results suggest an alteration of functional gray matter network organization in patients with yet uncomplicated T1DM in the absence of extensive gray or white matter damage or cognitive decrements. Centrality may thus serve as an early marker of cortical functional reorganization. When assessing local RSN functional connectivity in this group of patients we previously showed a

similar pattern of alterations between the groups using both resting-state fMRI (van Duinkerken, et al., 2012), and magnetoencephalography (Demuru, et al., 2014). This supports the hypothesis that functional connectivity in T1DM is a sensitive tool to detect cortical reorganization early in the disease. This is further supported by findings of functional reorganization in children below the age of 10 years with T1DM, i.e. in those with only a short disease duration (Saggar, et al., 2017). This and our previous studies also show the limited capacity of functional connectivity analyses to discriminate between patients with and without proliferative retinopathy. It seems thus less useful in determining disease progression.

There was a small correlation found between higher occipital ECM and better cognitive performance in T1DM patients, but not with subcortical/cerebellar ECM or degree centrality, which did not survive FDR-correction. This is in agreement with our previous findings showing increased visual RSN connectivity being related to better cognition (van Duinkerken, et al., 2012), and an absence of a correlation between thalamus or putamen volume and cognition in this group (van Duinkerken, et al., 2014). This may suggest that the cognitive decrements in this group are not driven by subcortical/cerebellar, but rather by occipital alterations in function. Similar associations between occipital ECM values and cognition were also found in Alzheimer's disease and multiple sclerosis (Binnewijzend, et al., 2014; Schoonheim, et al., 2014), possibly suggesting altered posterior centrality is important for cognition.

Decreased ECM in the occipital cortex in the T1DM groups was related to longer disease duration and older age, whereas decreased ECM in the subcortical/cerebellar regions was related to lower age. As can be seen in Figure 4, these correlations are the resultant of combining the groups with and without proliferative retinopathy, as the correlation coefficients would not be statistically significant in the groups separately.

However, as both groups have the same disease and share the same pathophysiology to develop retinopathy (i.e. chronic hyperglycemic exposure) we decided to combine the groups and increase the power to identify correlations.

**In our study, ECM and degree centrality were strongly correlated and showed substantial overlap in the between-group results. Despite these similarities, only ECM showed correlations with cognition and disease variables, which suggests that ECM is more sensitive to subtle T1DM-related network architecture alterations than degree centrality. How other graph theoretical metrics are affected by T1DM and whether they are better capable of detecting disease progression should be determined in future studies.**

Increased occipital cortex ECM was related to longer disease duration. However, lower subcortical and cerebellar ECM was, similarly to RSN connectivity in this group (van Duinkerken, et al., 2012), not related to any diabetes-related factors, but it was related to lower age. Degree centrality was not related to any clinical factor. These correlations between clinical factors and centrality were relatively low, but in line with correlations we have previously found (Demuru, et al., 2014; van Duinkerken, et al., 2009; van Duinkerken, et al., 2012). This suggests that there are other more prominent factors, as mentioned above, that have a stronger relationship with altered centrality. Furthermore, that centrality and connectivity alterations are present before the development of microvascular complications and are only marginally related to diabetes duration, as demonstrated here and in the previous RSN article (van Duinkerken, et al., 2012), suggests that other factors related to hyperglycemic exposure may be related to these alterations. It is known that chronic hyperglycemia leads to a cascade of changes, including increased advanced glycation endproduct formation, and increased

inflammatory and oxidative stress responses (Brownlee, 2005). Future studies need to unravel this.

Subcortical volume, which we have shown to be lower with respect to controls in this patient sample (van Duinkerken, et al., 2014), was not related to the observed centrality alterations. This is similar to findings in Alzheimer's disease, where only marginal overlap was seen between altered cortical gray matter volume and ECM (Binnewijzend, et al., 2014). On the other hand, we found strong correlations between altered ECM and degree centrality values and altered local visual, sensorimotor, and auditory and language RSN functional connectivity. In these first 2 networks, connectivity was highest in patients without proliferative retinopathy, whereas in the latter network connectivity was highest in controls, intermediate in patients without and lowest in patients with proliferative retinopathy (van Duinkerken, et al., 2012). These networks are comprised of regions homogenous in terms of functions and spatial location, with direct afferent and efferent anatomical and functional connections with subcortical nuclei (Behrens TE, 2003; Schoonheim, et al., 2014). Functional connectivity of the left frontoparietal and ventral attention RSNs were not related to subcortical ECM alterations. The relationship between RSN connectivity and the whole-brain functional network is still poorly understood and needs further study. However, the networks that did not show a correlation are larger in size and comprise multiple areas in different parts of the brain, thus being spatially less homogenous than the ones showing a correlation. This may affect the correlation with ECM and degree centrality.

Several limitations of this study should be mentioned. Firstly, patients with proliferative retinopathy were oldest, had the highest systolic blood pressure and level of depressive symptoms, and the longest disease duration and subsequently the earliest disease onset age. Although our main findings were in the other patient group, many of

these variables can still confound the results; hence all analyses were corrected for these factors, except for diabetes duration and onset age. To control for these factors, we repeated the analyses with groups matched for age, diabetes duration and onset age, showing similar results. We have included 2 distinct groups of patients, and can therefore not extrapolate our results to groups of patients with moderate levels of retinopathy or other microvascular complications. We did not regress out motion parameters, as previous research has shown that ECM is relatively insensitive to these noise parameters (Lohmann, et al., 2010; Wink, et al., 2012), movement in this group was limited, and that rigorously removing these noise parameters may actually degrade data quality (Yan, et al., 2013). Instead we used scrubbing. Within graph theory, different network sizes can account for differences in ECM and degree centrality values between groups. Here network size was the same in every participant as the functional scans were non-linearly registered to standard space and a common gray matter mask was used. Using this mask allowed us to determine ECM and degree centrality in gray matter only, thus regressing out white matter and cerebrospinal fluid signal was not necessary. There are different approaches to filtering of raw fMRI-signal, with some suggesting no filtering, only high-pass filtering (common in FSL), and some band-pass filtering (Power, et al., 2015). Until now there is no gold standard. We followed FSL's recommendation to only use a high-pass filter on fMRI data, as low-pass filtering might introduce artificial correlations in the data (Davey, et al., 2013).

## **Conclusion**

To conclude, we demonstrated that subcortical/cerebellar ECM and degree centrality were lower and bilateral occipital ECM higher in T1DM patients without proliferative retinopathy. Functionally, this was associated with altered sensorimotor, visual, and



auditory and language RSN functional connectivity, but not with volumetric alterations in subcortical nuclei or with cognition. It suggests reorganization of cortical connectivity pathways in patients without proliferative retinopathy, which is lost with disease progression. How these alterations develop over time, their relationship with cognition and the underlying mechanisms should be determined in future studies.

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EvD participated in the design of the study, included participants, performed the MRI-scans and neuropsychological assessments, analyzed the data and wrote the manuscript. MMS supervised the fMRI preprocessing and Independent Component Analysis. RGIJ participated in the design of the study and obtained EFSD funding. ACM rated all fundus photographs. JLF provided part of the analysis infrastructure. MK participated in the design of the study and supervised the neuropsychological assessment. MD was principal investigator of the whole study, obtained DDRF and EFSD funding, and participated in the design of this study. FJS participated in the design of this study and supervised the psychological measures within the whole study. FB participated in the design of the study, supervised MRI data collection and clinically rated all structural MRI scans. AMW developed the eigenvector centrality mapping program. All authors, except for MD, have critically reviewed the results and have made critical revisions to the

manuscript. EvD and AMW had full access to the data and had final responsibility for the decision to submit the manuscript.

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**Figure 1.** The common gray matter mask is shown in the top panel in yellow. Mean eigenvector centrality and degree centrality maps of all controls and patients, and separately the patients without and with proliferative retinopathy are given. Red and yellow colors indicate high centrality values, whereas blue colors indicate low centrality values. DegCM = degree centrality. ECM = eigenvector centrality mapping. T1DM = type 1 diabetes. Images are presented in radiological orientation.

**Figure 2.** Clusters where eigenvector centrality and degree centrality values were different between groups. Results are presented on the 4 mm isotropic voxels MNI152 standard brain in radiological orientation. Represented are t-values of the voxels that statistically significantly differed at  $P_{FWE} < 0.05$ . The blue color indicates lower t-values in the group that is mentioned last, red/yellow indicates higher t-values in this group. The 1<sup>st</sup> and 3<sup>rd</sup> column represent the normal analysis, the 2<sup>nd</sup> and 4<sup>th</sup> column show the results of the analysis after removal of low quality signal. In the matched analysis 27 patients with proliferative retinopathy were included (11 men [40.7%]; mean age:  $41.9 \pm 7.8$ ; mean diabetes duration:  $29.0 \pm 5.7$ ; mean diabetes onset age:  $12.9 \pm 7.5$ ). The group of patients without proliferative retinopathy included 29 participants (9 men [31.0%]; mean age:  $40.3 \pm 8.9$ ; mean diabetes duration:  $27.7 \pm 8.2$ ; mean diabetes onset age:  $12.7 \pm 8.4$ ). These groups were compared with 38 controls (15 men [39.5%]; mean age:  $40.8 \pm 9.0$ ).

**Figure 3.** Schematic representation of the correlation between lower subcortical degree centrality, lower subcortical/cerebellar ECM, and higher occipital ECM and local functional connectivity in the auditory and language, secondary visual and sensorimotor RSNs in all T1DM patients. The top shows in green the RSN networks thresholded at  $z < 3.9$ , overlaid on a 4 mm standard brain. The voxels showing statistically significant

correlations between centrality and functional connectivity were thresholded at  $P_{FWE} < 0.05$ . The correlation coefficient was calculated as the  $R^2$  for the model of centrality, corrected for age, sex, systolic blood pressure, and depressive symptoms. Lighter blue colors indicate higher negative  $R^2$ -values, whereas more yellow colors indicate higher positive  $R^2$ -values. ECM = eigenvector centrality mapping, T1DM = type 1 diabetes.

**Figure 4.** Scatter plots of the association between eigenvector centrality, age, and diabetes duration. The gray squares represent the patients without proliferative retinopathy and the black circles depict the patients with proliferative retinopathy. The solid black line indicates the regression line for all type 1 diabetes patients. Gray dashed lines represent the regression line of the patients without proliferative retinopathy and dashed black lines those of the patients with proliferative retinopathy.



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