

## LAPORAN HASIL PENELITIAN

**PEMENUHAN KEBUTUHAN KESELAMATAN UNIT KEGIATAN MAHASISWA  
BIDANG OLAHRAGA UNIVERSITAS NEGERI YOGYAKARTA**

Oleh:

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## Abstrak

Penelitian ini membahas tentang pemenuhan kebutuhan keselamatan Unit Kegiatan Mahasiswa (UKM) Bidang Olahraga *full body contact* Universitas Negeri Yogyakarta (UNY). Tujuan yang ingin dicapai melalui penelitian ini adalah untuk mengetahui usaha-usaha pemenuhan kebutuhan keselamatan yang telah dilakukan oleh UKM Bidang Olahraga *full body contact* UNY dalam rangka mencegah terjadinya kecelakaan yang dapat menimbulkan cedera, cacat, atau bahkan kematian pada waktu latihan atau pertandingan bagi para anggotanya.

Populasi yang digunakan dalam penelitian ini adalah mahasiswa anggota UKM Bidang Olahraga *full body contact* UNY. Peneliti menggunakan 100 orang dari 465 orang sebagai sampel yang diambil secara *proportionate stratified random sampling*. Penelitian ini merupakan penelitian deskriptif dengan menggunakan satu variable yaitu: kebutuhan keselamatan. Instrumen yang digunakan untuk mengumpulkan data adalah angket. Untuk menganalisis data, peneliti menggunakan teknik deskriptif kuantitatif dengan persentase.

Hasil penelitian menunjukkan bahwa usaha-usaha pemenuhan kebutuhan keselamatan yang dilakukan oleh UKM Bidang Olahraga UNY secara umum baik (66%). Apabila dilihat secara lebih rinci, hasil penelitian dapat dideskripsikan sebagai berikut: (1) usaha pemenuhan kebutuhan keselamatan dari dalam *baik* (64%), (2) usaha pemenuhan kebutuhan keselamatan dari luar *baik* (71%), (3) usaha pemenuhan kebutuhan keselamatan dari sisi kesehatan *kurang* (40%), (4) usaha pemenuhan kebutuhan keselamatan dari sisi perlengkapan latihan *baik* (67%), (5) usaha pemenuhan kebutuhan keselamatan dari sisi makanan *baik* (70%), (6) usaha pemenuhan kebutuhan keselamatan dari sisi proses latihan *baik* (79%), (7) usaha pemenuhan kebutuhan keselamatan dari sisi alat dan fasilitas *cukup* (52%), (8) usaha pemenuhan kebutuhan keselamatan dari sisi peraturan *baik* (75%), (9) usaha pemenuhan kebutuhan keselamatan dari sisi pelatih *baik sekali* (86%), dan (10) usaha pemenuhan kebutuhan keselamatan dari sisi cuaca *baik* (71%).

## A RESEARCH REPORT

# **THE FULFILLMENT OF SAFETY NEEDS OF THE STUDENTS' ACTIVITY UNIT IN THE AREA OF SPORTS IN YOGYAKARTA STATE UNIVERSITY**

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### Abstract

This research discusses the fulfillment of safety needs of the students' activity unit in the area of *full body contact* sports in Yogyakarta State University. This research study is aimed at investigating the efforts in the fulfillment of safety needs conducted by the students' activity unit of full body contact sports in order to prevent accidents which can end in injury, physical defect, or even death during the training sessions.

This is a descriptive research study involving the safety needs as the only variable. The population involved in this research was the students of Yogyakarta State University who were the members of the students' activity unit in the area of *full body contact* sports. The researcher took 100 samples out of 465 members using *proportionate stratified random sampling*. The instrument to collect the data was in the form of questionnaires. The researcher analyzed the data using the descriptive quantitative method with percentage.

The results of this study show that the efforts in fulfilling the safety needs conducted by the students' activity unit in the area of *full body contact* sports in Yogyakarta State University were generally *good* (66%). In details, it can be described that: (1) the efforts in fulfilling the safety needs from the inside of the students' activity unit were *good* (64%), (2) the efforts in fulfilling the safety needs from the inside of the students' activity unit were *good* (71%), (3) the efforts in fulfilling the safety needs in terms of the health of the students' activity unit were *poor* (40%), (4) the efforts in fulfilling the safety needs in terms of the equipment of the students' activity unit were *good* (67%), (5) the efforts in fulfilling the safety needs in terms of the foods were *good* (70%), (6) the efforts in fulfilling the safety needs in terms of the training processes were *good* (79%), (7) the efforts in fulfilling the safety needs in terms of tools and facilities were *fair* (52%), (8) the efforts in fulfilling the safety needs in terms of the regulation were *good* (75%), (9) the efforts in fulfilling the safety needs in terms of the coaches were *very good* (86%), and (10) the efforts in fulfilling the safety needs in terms of the weather were *good* (71%).