

The theme of this year's meeting is "Behavioral Intervention Technologies for a Healthy Future: From Design to Dissemination." This comprehensive program will span basic design and development, clinical trials, integration of eHealth interventions into healthcare delivery systems, dissemination (distribution and marketing), and policy implications. The goal is to generate vibrant discussion and collaboration both within and across each of these areas.

### **Keynote Speakers**

Invited keynote speakers will address the major thematic areas in eHealth interventions:



Russ Glasgow, Ph.D.,

Deputy Director for Dissemination and Implementation Science,  
National Cancer Institute

### **"Implementation Science Perspectives on Challenges and Opportunities for ISRII"**

Associate Professor (Faudree Professor)  
Department of Computer Science,  
University of Memphis

### **"Realizing Just-in-time mHealth Intervention via Mobile Assessment of Health, Behavior and Context – Opportunities and Challenges"**

#### **Conference Chair**

David C. Mohr PhD, CBITs Director

#### **Conference Advisory Committee**

- David Mohr PhD, Center for Behavioral Intervention Technologies, Northwestern University
- David Ahern PhD, Harvard Medical School

- Gerhard Andersson PhD, Linköping University
- Per Carlbring PhD, Linköping University
- Kate Cavanagh DPhil, DClinPsychol, University of Sussex
- David Chambers DPhil, National Institute of Mental Health
- Helen Christensen PhD, Black Dog Institute
- Pim Cuijpers PhD, Vrije Universiteit Amsterdam
- Brian Danaher PhD, Oregon Research Institute
- Amanda Graham PhD, Schroeder Institute for Tobacco Research and Policy Studies
- Joyce Ho PhD, Center for Behavioral Intervention Technologies, Northwestern University
- Shelagh Mulvaney PhD, Vanderbilt University
- Ricardo Muñoz PhD, University of California, San Francisco
- Kevin Patrick MD, MS, University of California, San Diego
- Heleen Riper PhD, Vrije Universiteit Amsterdam
- Lee Ritterband PhD, University of Virginia
- Abdul R. Shaikh PhD, MHSc, National Cancer Institute
- Deborah Tate PhD, University of North Carolina Gillings School of Global Public Health

**MacDonell, Karen**

*Wayne State University, USA*

Multi-Step Development of a Technology-Based Asthma Adherence Intervention for African American Emerging Adults

Session 7 - Friday, 17 May 2013: Session 7A: Dynamic Aspects of Pediatric Psychology Interventions for Health Promotion and Prevention (Symposium) - 2:30 pm - 3:20 pm

**MacLean, Jessica**

*National Kidney Foundation of Illinois, USA*

Development of a Culturally Sensitive Website on Living Kidney Donation for Hispanics/Latinos

Poster Session 2 - Saturday, 18 May 2013: Lunch with Posters and Exhibitors - 12:20 pm - 1:50 pm

**Magee, Joshua**

*University of Cincinnati College of Medicine, USA*

A web-based examination of responses to intrusive thoughts across the adult lifespan.

Poster Session 1 - Friday, 17 May 2013: Lunch with Posters and Exhibitors - 12:00 pm - 1:30 pm

**March, Sonja**

*University of Southern Queensland, Australia*

Does diagnostic complexity predict response to online interventions for youth anxiety?

Session 4 - Friday, 17 May 2013: Session 4C: Innovations and New Findings in Online Interventions for Child and Adolescent Anxiety and Stress (Symposium) - 10:30 am - 11:10 am

**McClay, Carrie-Anne**

*University of Glasgow, UK*

A survey of attitudes towards online self-help for eating disorders

Session 11 - Saturday, 18 May 2013: Session 11A: Targeting Internet Solutions for Eating Disorders (Symposium) - 1:50 pm - 2:40 pm

Participant's experiences of an online cognitive behavioural therapy package for bulimic type disorders: A community based study

Session 11 - Saturday, 18 May 2013: Session 11A: Targeting Internet Solutions for Eating Disorders (Symposium) - 1:50 pm - 2:40 pm

**McCreath, Ann**

*Five Areas Ltd, UK*

Refining support models for internet-delivered treatments for depression

Preconference Workshops - Thursday, 16 May 2013: Workshop 3: Refining Support Models for Internet-Delivered Treatments for Depression - 9:00 am - 12:00 pm

**Miclea, Mircea**

*Babes Bolyai University, Romania*

Computer Mediated Psychotherapy Needs a Conceptual Shift

Poster Session 1 - Friday, 17 May 2013: Lunch with Posters and Exhibitors - 12:00 pm - 1:30 pm

**Miner, Adam**

*Palo Alto University and Stanford Psy.D. Consortium, USA*

A Case Study for Mobile App Evaluation in a Clinical Setting

Session 7 - Friday, 17 May 2013: Session 7D: Methodology (Paper Session) - 2:30 pm - 3:20 pm

**Montague, Enid**

*Northwestern University, USA*

A framework for user-centered design and usability

Session 11 - Saturday, 18 May 2013: Session 11B: A Framework for User-Centered Design and Usability of Behavioral Intervention Technologies (Symposium) - 1:50 pm - 2:40 pm

Usability and User-Centered Design for Internet Interventions

Preconference Workshops - Thursday, 16 May 2013: Workshop 2: Usability and User-Centered Design for Internet Interventions - 9:00 am - 12:00 pm

**Morgan, Amy**

*La Trobe University, Australia*

Development of online parent training to prevent anxiety problems in young children

Session 2 - Thursday, 16 May 2013: Session 2C: Sounding Board - 4:05 pm - 4:45 pm

Internet-based recruitment to an online depression intervention: Lessons from two evaluations of Mood Memos

Poster Session 1 - Friday, 17 May 2013: Lunch with Posters and Exhibitors - 12:00 pm - 1:30 pm

**Session 4C: Innovations and New Findings in Online Interventions for Child and Adolescent Anxiety**

## Session 4C: Innovations and New Findings in Online Interventions for Child and Adolescent Anxiety and Stress (Symposium)

Session 4 - Friday, 17 May 2013, 10:30 am - 11:10 am

Room M

### Symposium

This symposium will update attendees on some very recent innovations and new findings in the area of child and adolescent anxiety and stress. The first part of this symposium will discuss efforts to improve the reach and understanding of the BRAVE-ONLINE program for youth anxiety disorders. Specifically, the first paper will describe efforts to extend the reach of online CBT across the lifespan to treat preschool aged children. The second paper will describe new findings exploring the ability of the low intensity online intervention to treat youth with complex diagnostic profiles. The symposium will then go on to highlight very recent efforts to utilise BRAVE-ONLINE in a post-disaster context following the Christchurch earthquakes. The remainder of the symposium will discuss the use of new online interventions in the treatment of anxiety and traumatic stress, including a brief information-based website in a natural disaster setting and an early online intervention for preventing traumatic stress and anxiety in children exposed to acute trauma. This symposium highlights some exciting new innovations and findings in the area of child and adolescent anxiety and stress.

- 4C-1 [Extending online interventions across the lifespan: Using BRAVE-ONLINE to reach preschool children with anxiety](#)  
Caroline Donovan<sup>\*1</sup>, Sonja March<sup>2</sup>  
<sup>1</sup>Griffith University, Australia, <sup>2</sup>University of Southern Queensland, Australia
- 4C-2 [Does diagnostic complexity predict response to online interventions for youth anxiety?](#)  
Sonja March<sup>\*1,3</sup>, Susan Spence<sup>2</sup>, Caroline Donovan<sup>2</sup>, Justin Kenardy<sup>3</sup>  
<sup>1</sup>University of Southern Queensland, Australia, <sup>2</sup>Griffith University, Australia, <sup>3</sup>University of Queensland, Australia
- 4C-3 [Online interventions in a post-disaster context: Using BRAVE-ONLINE to treat anxiety and stress following the New Zealand earthquakes](#)  
Karolina Stasiak<sup>\*1</sup>, Stephanie Moor<sup>2</sup>, Sally Merry<sup>1</sup>, Caroline Donovan<sup>3</sup>, Sonja March<sup>4</sup>  
<sup>1</sup>University of Auckland, New Zealand, <sup>2</sup>University of Otago, New Zealand, <sup>3</sup>Griffith University, Australia, <sup>4</sup>University of Southern Queensland, Australia
- 4C-4 [Examining a brief web-based information intervention \(JoJo's Place\) for children who have been through an earthquake](#)  
Karolina Stasiak<sup>\*1</sup>, Suneela Mehta<sup>1</sup>, Shanthi Ameratunga<sup>1</sup>, Justin Kenardy<sup>2</sup>, Steph Moor<sup>3</sup>, Sally Merry<sup>1</sup>  
<sup>1</sup>University of Auckland, New Zealand, <sup>2</sup>Queensland University, Australia, <sup>3</sup>University of Otago, New Zealand
- 4C-5 [Web-based Prevention of PTSD via an Interactive Game for School-Age Children](#)  
Nancy Kassam-Adams<sup>\*1,2</sup>, Meghan Marsac<sup>1</sup>, Kristen Kohser<sup>1</sup>, Justin Kenardy<sup>3</sup>, Sonja March<sup>4</sup>, Flora Winston<sup>1,2</sup>  
<sup>1</sup>Children's Hospital of Philadelphia, USA, <sup>2</sup>Perelman School of Medicine, University of Pennsylvania, USA, <sup>3</sup>University of Queensland, Australia, <sup>4</sup>University of Southern Queensland, Australia