

## Announcement

- The total # of final presentations for 6<sup>th</sup> ASPASP International Congress: 77 Orals, 153 Posters, 10 Symposia, 2 Workshops, and 1 Forum.
- Registration is scheduled for 09:30hrs to 16:30hrs on Friday 11<sup>th</sup> and 08:30hrs to 9:30hrs on 12<sup>th</sup> ~14<sup>th</sup> November 2011 venue at the Howard Civil Service International House.
- Opening Ceremony is scheduled for **17:30hrs on Friday 11<sup>th</sup> November 2**011 venue at the Howard Civil Service International House followed by a cocktail reception.
- Closing Ceremony is scheduled for **11:00hrs on Monday 14<sup>th</sup> November 2011** at the same venue. After the closing ceremony from 1300hrs to 1700hrs the Congress Social Programme (Taipei 101 Observatory and Palace Museum visit) followed by the closing banquet at 18:30hrs.
- ASPASP Assembly Meeting is scheduled for 11:30hrs~ 12:30hrs on Saturday 12<sup>th</sup> November 2011 at the same venue.
- If you want to take part of Social Activity at Evenings of 12<sup>th</sup> and 13<sup>th</sup> November please sign in at the information desk no later than noon time of each day.
- If you want to go for closing banquet please sign in at the information desk before 17:00 hr of 12<sup>th</sup> November.
- Please note that the closing banquet will NOT be held at the Congress hotel. The closing banquet will be held at the Howard Plaza Hotel Taipei. After visiting Taipei 101 Observatory the bus will take you directly to The Howard Plaza Hotel Taipei for the closing banquet. If you do not attend congress tour to Taipei 101 but wish to attend the closing banquet please take our bus from in front of Congress hotel at 18:00hr.
- The posters should be posted ONE HOUR BEFORE your poster presentation schedule.

We are looking forward to your attendance and welcoming you to Taiwan. Suyen Liu

Chair of 6<sup>th</sup> ASPASP International Congress in Taipei

1st Author	Tilte
Sukkyung You	Relationship Between Leisure Participation and Korean Adolescents' Psychological Well-Being
Naira S. Orbeta	A Preliminary Investigation of Beliefs and Rituals of Filipino Athletes
Acharya Jayashree	A Probe into Athletes' Attitude Toward Seeking Sport Psychology Consultation in India
SHERYLL M. CASUGA	Bahala Na Coping as Experienced by International Filipino Athletes
Peter C. Terry	Chase That Feeling: Recent Developments in Music and Sport Research
Nadia Gaoua	Cognitive Decrements and Performance in Hot Environments
Carlin Lee	Comparison of Mental Toughness Attributes of the Mental Toughness Inventory and the Sport Mental Toughness Questionnaire
Kim Hong-Gi	Ebbs and Flows of Psychological Phenomena of Korea National Badminton Players while Preparing for International Badminton Tournaments
Weina Liu	Effect of Goal Setting Difficulty on Serving Success in Table Tennis and the Mediating Mechanism of Self-Regulation
Sanyal, Saon	Effect of Six Weeks Techniques Cum Tactical Training on Cogntive and Skill Improvement For Novice Badminton Players
Kwang-Joong Kim	Elite Wrestling Athletes' Competitive State Anxiety and Performance Strategies
Debadeep Roy Chowdhury	Examining Participant Motivation Using the Physical Activity and Leisure Motivation Scale (PALMS)
SUN Yanlin	Eye Movement of Male Gymnastics Athletes with Different Levels when Viewing Vault Horse Video
Kai Essig	Eye Tracking in Sports - First Steps from the Lab into the Real Game
Kaori Araki	Gender Ideology in Sport Among Japanese Adolescent
Peter C. Terry	In The Mood: Development of an Online Mood Profiling System
Shih-Sheng Chen	Is it Buy One Get One Free? An Experimental Design to Explore Combination Effects of Different Type Imagery On Self-Efficacy and Performance
Kim Han-Byul	Korea's Another Source of Power in Golf, "Golf Daddy"
Bjoern Krenn	Measuring Selective Attention Under Time Pressure in Sports – An Experimental Approach
Mary Antony, Anil. R	Mood States: It's Relationship With Athletic Performance
Acharya, Ashutosh	Motives for Competition Among Indian Versity Athletes of Selected Sports and Games
Emily Ortega	Sport Psychology Support for Team Singapore at Major Games
Hak Kwon Lee	An Integrative Approach of Psychological Variables for Predicting Adults' Physical Activity
Yee Cheng Kueh	Exercise and Quality of Life of People with Diabetes: An Empirical Study
Youngho Kim	Physical Activity and Motivational Regulation in Adolescents with Different BMI
Wang Guopu	Physiological Psychology Mechanism of Athletes Liable to Suffer Injury with Negative Emotions

KyungWon Kim	Psychosocial and Cognitive Determinants of Physical Activity: The Influence of Social Support, Perceived Barriers, Self-Efficacy, and Outcome Expectancy among Korean Adolescents
Wu Jinhua	Review on the Mechanism of Brain and Nerve in Ideo-Movement
Hwajung Oh	The Effects of Exercise Intensity on Craving and Visual Attentional Bias for Snacks and Cigarettes Among Temporarily Abstinent Smokers
Xia Xu	A Multi-Group Analysis of Career Decision-Making Self-Efficacy of Sport and P.E. College Students
Shailaja Mohan	Comparative Study of Body Image and Self Esteem among Students of Selected Profession
Indu Bora	Comparison of Depression among Individual Sport Athletes
Hideaki Tanimoto	Constructing the Spiral Model for Exercise Adherence (Children version)- A comparison of the explanatory power between SMEAC and the existing models-
Stalin Raphel	Effect of Expert Video Modeling With Video Feedback and Cognitive Imagery to Correct Wrong Techniques among Volleyball Players
Sooyeon Kim	Effect of Expressive Movement Learning by Cognitive Behavior :Focused on Representation and Motor Cognition
Stalin Raphel	Effect of Positive Self Talk on Competitive Anxiety and Self Confidence among Cricket Players
Vinita Bajpai Mishra	Fighting Anxiety With Progressive Relaxation Technique
Seonjin Kim	Investigation of Neural Substrates for Motor Skill Learning
OLANREWAJU ADEOLA IPINMOROTI	Purpose of Particiption in Competitive Sport by Nigerian College Athletes
Jaiprakash Bhukar	Temporal Patterning of Anxiety among Female Indian Athletes
Lih-lin leou	The Influence of Mind Learning Through Physical Training on The Knowledge Transformation
Maria Luisa Guinto-Adviento	What Makes a Champion: A Narrative Analysis of Elite Athletes' Storied Lives
Maria Luisa Guinto-Adviento	The Meaning and Experience of Sport Excellence: An Interpretative Phenomenological Analysis of Success in Elite Sports
Lina Pui Yu CHOW	Dance Learning and Teaching Constraints through the Lenses of Male Pre-Service Physical Education Teachers in Hong Kong
Ji-Hang Lee	Increased Amount of Voluntary Quadriceps Contraction After The Rehabilitation Exercise When Accompanied With Transcranial Magnetic Stimulation Among Arthrogenic Muscle Inhibition Patients
Ming-Young Tang	The Effects of Different Visual Information and Perception-Action Experiences on Judgment of Landing Directions in Table Tennis
Dominic McNeil	Training Perceptual Skills: Using Imagery to Improve Choice Reaction Time Performance
Chien-Ting Kao	Peer Motivational Climate in Youth Sport
Sheila Stephen,	Personal Attributes as Predictors of Sports Leadership: A Study of Physical Education Teachers of Tamil Nadu, INDIA.
Thariq Khan Azizuddin	Portable Devices for Delivering Imagery In Sport: Effect on Athletes' Sport Performance and Self-Efficacy
Wichanart (Ted) Thengtrirat	Practice (anyhow) Makes Perfect: Effects of Attentional Focus on Learning Complex Motor Skills
Yoshio Sugiyama	Relation of Verbal and Nonverbal Communication Skills to Interpersonal Skills
Veronica Son	Relationships among Efficacy Beliefs, Team Attribution, and Individualism/Collectivism

SHI Yan	Research on Organizational Learning of Coach in China National Sports Team
Myungwoo Han	Stressors and Coping Strategies of Korean Male University Soccer Players
Tanida Julvanichpong	Structural Relationships of Mental Toughness Factors in Contact Sport's Athletes
Chairat Choosakul	Structural Relationships of Mental Toughness Factors in Male and Female Thai' Athletes
Shuzhi Chang	Study About Mind Mapping Training Impacting on Athletes Coping Styles
Li Anmin	Study on Cognitive Processing Features of Table Tennis Players' Decision Process
Vander Laan, A. G.	Task Type and its Influence upon Performance Gains in Professional Golf
Yuanyuan Wang	The Application of the Organizational Behavior in the PE Teachers' Human Resource Management
Jianchen li Minghui Zhang	The Cause Analysis of Pre-competition Anxiety and Control Method of Track and Field Athlete in the General Universities
TANIDA JULVANICHPONG	The Dvelopmental of Thai Mental Toughness Inventory
Hironobu Tsuchiya	The Effect of a Team building Program Based on a Structured Group Encounter in Collegiate Women's Soccer Team at the Japan National Championship.
Mona Liza A. Maghanoy	The Effect of an Imagery Training Program on the Batting Skill Performance of the U.P. Softball Varsity Team
Song Kwang Koo	The Effect of The Youth's Watching-Degree of Mixed Martial Art on Violence
Hye-Ran Lee	The Effects of Contextual Interference and Knowledge of Results Frequency on Golf Putting
Yu-Chieh Yan	The Leadership Role of the Point Guard on the Basketball Court
Park, Kyoung-Shin	The Relationship between Mental Toughness and Happiness of Korean Youth Athletes
Donald D. Albert	Towards an Alternative Conceptual Model of Burnout: An Interactive Perspective of Personality, Motivation and Social Influences
Zourmand gholamreza	Effective Different Methods of Breathing to Decrease Sport Anxiety in Male Student Athletes
Tony Morris	Using the Physical Activity and Leisure Motivation Scale to Monitor the Effect of Sports Participation on Partcipation Motives among Korean Female Middle-School Students Studying in Australia
Albakry, Tawfeeq., E.	Utility of The Theory of Planned Behaviour in Saudi Arabian Context: A Cross-cultural Study
Yi-Hsiang Huang	Utility of Two Modified Version of Chinese Coach-athlete Relationship Scales
Junghoon Huh	Validating a Causality Model of Adolescent Players' Perceived Motivational Climate, Sport Enjoyment, and Sport Commitment.
Yun, Young-Kil	Why Did Red Devil Cheer At 2010 FIFA World Cup? Comparison with 2002 FIFA World Cup
Yin Zhihua	An Empirical Study of Psychological Barriers of Evaluators in PE Learning Assessment Process in Primary and Secondary Schools

## Welcome message from Congress chair, Dr. Suyen Liu

On behalf of the Society of Sports and Exercise Psychology of Taiwan it is both my honour and pleasure to host the 2011 6th ASPASP Congress and cordially welcome all sports psychologists and all those interested in Exercise psychology and motor behavior from around the world to participate in our congress in Taipei.

Our theme for the congress, "Turning a New page- A Refreshing Look at Sports and Exercise Psychology from an Asian-Pacific Perspective" was developed from the increased awareness of sports and exercise within this rapidly developing region. In the last century as western industrialization and economies developed so too did their desire to spend their increased leisure time and income on sports participation. This new century is witnessing a similar phenomenon in the Asia Pacific region.

We have all seen the wonderful spectacle of the Beijing Olympics in 2008, closely followed by the successful World games in Taiwan 2009, the Commonwealth games in New Delhi, the first World Youth Games in Singapore and Asian games in Guangzhou all 2010 and the more recent World Universiade Games in Shenzhen 2011. All of these showcase events are evidence of the host countries desires to develop sports and exercise within their populations.

We are now at the forefront of this development and we have to grasp the opportunity to pave the way for a better understanding of sports and exercise psychology. Here in the Asia Pacific we have to identify the strengths and weaknesses of our sports & exercise cultures compared with those in the west and continue to sharpen our thoughts and deeds to enhance our quality of life through exercise and sports. It is up to us all to meet these challenges and find solutions to ensure sports and exercise become an integral part of everyone life from schooldays to adulthood and even later years.

The congress is organised by the Society of Sports and Exercise Psychology of Taiwan, the Department of Athletic Sports of National Chung Cheng University, the Department of Physical Education, National Hsinchu University of Education and generously sponsored by the Sports Affairs Council Executive Yuan, National Science Council, Ministry of Education, International Trade Department, Chinese Development Fund Management Committee and Ministry of Foreign Affairs of Taiwan under the auspices of the Asian South Pacific Association of Sport Psychology (ASPASP) on the beautiful island of Taiwan (Formosa). The congress hotel as well as the congress venue are located in the city of Taipei, a vibrant Asian city which will provide participants with excellent opportunities for scientific, social as well as tourist activities.

I am optimistic the 6th ASPASP Congress will be the catalyst to nurture the fertile minds of young and old alike and the whole congress experience will prove to be a success both socially and academically.

Looking forward to seeing you and your colleagues, as well as your partners and families to Taipei in November 2011,

Suyen Liu, President of SSEPT & 6th ASPASP Congress chair