

**Welcome to the XXII Congress of the International Society of Biomechanics  
to be held in Cape Town, South Africa from 5th to 9th July 2009.**

The International Society of Biomechanics promotes the study of the biomechanics of movement with special emphasis on human beings; encouraging international contacts among scientists in this field, promoting knowledge of biomechanics on an international level, and cooperating with related organizations.

The field of biomechanics includes researching and analysing the mechanics of all living organisms, bioengineering as well as applying the ideas and fundamentals of engineering to (and from) biological systems and systems found in nature.