

ENDOCRINE DISRUPTING CHEMICALS and ENDOCRINE ACTIVE AGENTS

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RELATIONS OF ENVIRONMENTAL CONTAMINANTS, ALGAL TOXINS, AND DIET WITH THE REPRODUCTIVE SUCCESS OF AMERICAN ALLIGATORS ON FLORIDA LAKES

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INTRODUCTION

Since the early 1990's, it has been established that a wide variety of anthropogenic (man-made) chemicals in the environment are capable of modulating and/or adversely affecting or disrupting endocrine function in vertebrate organisms (see recent reviews: ^{1,2 3-13}). The physiological effects of exposure to these chemicals has been termed "endocrine disruption" and the active compounds labeled as "endocrine-disruptors" or "endocrine-active-agents". Endocrine disruption has been defined by the US-EPA¹² as the action of "an exogenous agent that interferes with the production, release, transport, metabolism, binding, action, or elimination of natural hormones in the body responsible for the maintenance of homeostasis and the regulation of developmental processes". This definition was further expanded by the US-EPA Endocrine Disruption Screening and Testing Advisory Committee (EDSTAC)¹⁴ to indicate that these effects are "adverse" and may involve a wide assortment of endocrine mediated functions and potential receptor mediated events. Indeed, effects may involve the steroid receptor superfamily, including the sex steroids, thyroid hormones and adrenal hormones, as well as hypothalamic-pituitary and other protein hormones.

The physiological processes regulated by the endocrine system are diverse and numerous. Likewise, the mechanisms of action and effects of potential endocrine disrupting chemicals (EDCs) are equally diverse (see Figure 1). Receptor-mediated events involve EDC's acting as hormone mimics (agonists and/or antagonists) and adversely impacting hormone synthesis, catabolism, secretion, transport and/or signal transduction. Examples of

non-receptor mediated modes of EDC action include altered enzyme function and selective toxicities for endocrine active or target tissues whereas altered gene expression and induction of oxidative stress are types of receptor mediated events. EDCs may also act by altering developmental processes often producing multigenerational effects.

Endocrine-active anthropogenic chemicals are also numerous and diverse. (see reviews ¹⁻¹³) Evidence for endocrine-disrupting effects due to these chemicals comes from a diverse array of reports involving multiple vertebrate taxonomic groups, limited invertebrate taxa, and results from both *in vitro* and *in vivo* studies. Reported effects of EDCs have included effects at multiple levels of biological organization, including molecular, biochemical, cellular, tissue, organism, community and population. However, few reports have documented effects at the community level and higher. In addition, most studies have focused upon reproductive effects, however, effects on growth, metabolism, and thyroid and immune function have also been noted. Today most evidence has also been derived from studies of wildlife and the ecotoxicology of potential EDCs and/or endocrine-modulating chemicals. This chapter summarizes the current evidence for the endocrine-disrupting effects of specific chemicals and chemical classes in vertebrate wildlife with a discussion on potential mechanisms/modes of action.

1.1 GENERAL and COMPARATIVE ENDOCRINOLOGY

To fully understand the mechanisms by which anthropogenic and/or natural EDCs may modulate endocrine function, normal functioning of the endocrine system must be understood. Indeed, an assessment of the risk of potential EDC exposures and effects requires critical information from a variety of disciplines, including endocrinology, and an understanding of the variation among and within vertebrate classes. The following section is a brief overview of vertebrate endocrinology and the hormones that may be involved in endocrine modulation or disruption.

Figure 1 summarizes the hypothalamic-pituitary-gonadal axis for fish as an example of the endocrine system, its diverse control over reproductive and developmental processes, and sites at which EDCs may exert endocrine-disrupting effects. In general, this model is also applicable to other oviparous vertebrate species, including birds, amphibians and reptiles.

The endocrine system is a collection of hormone-secreting cells, tissues, and ductless glands (e.g. the pituitary, thyroid, adrenal, and gonads) that play an especially important role in growth, development, reproduction,

and homeostasis. Tissues of the endocrine system synthesize and secrete chemical messengers, hormones, that influence virtually every stage of the life-cycle of an organism, from gametogenesis and fertilization, through development into a sexually mature organism. Endocrinology is the study of tissues that secrete hormones into the blood and the subsequent effects hormones have on target tissues. Hormones are released into the extracellular environments and affect either neighboring cells (paracrine control), the emitting cell (autocrine control), or other target tissues (endocrine control). Some nerve cells also release hormones into the blood (neuroendocrine control) or into extracellular fluid for communication with other nerve cells or non-nerve cells (neurotransmission). Pheromones are hormones secreted into the external environment for communication with other individuals or species. In addition, there are several hormones, which act through more than one of these chemical-signaling modes.

The vertebrate hypothalamus and the pituitary gland (or hypophysis) have an essential role in regulating endocrine and non-endocrine target tissues.¹⁵⁻¹⁷ The hypothalamus and pituitary are functionally and anatomically linked, forming the hypothalamic-pituitary axis. In mammals, the pituitary is composed of four anatomically and functionally distinct regions: the adeno-hypophysial pars distalis and pars intermedia, and the neurohypophysial median eminence and pars nervosa. In fish, the pars distalis is additionally separated into two regions which contain different cell types and produce different hormones.¹⁸ The pituitary gland of amphibians, birds and reptiles, is similar to the mammalian pituitary gland.¹⁶ Indeed, the basic arrangement of the hypothalamic-pituitary axis is essentially the same in all vertebrate groups, with the exception of teleost fishes which lack a median eminence.¹⁶

The hypothalamus directly controls pituitary hormone secretion via the production and release of a number of peptide and nonpeptide hormones. These pituitary-tropic hormones are generally categorized as releasing hormones (RH) or release-inhibiting hormones (RIH) depending on their function. Hypothalamic hormones include: corticotropin-releasing hormone (CRH), thyrotropin-releasing hormone (TRH), gonadotropin-releasing hormone (GnRH), growth hormone-releasing hormone (GHRH), growth hormone release-inhibiting hormone (GHRIH, somatostatin), and prolactin release-inhibiting hormone (PRIH). Other hypothalamic hormones also include critical neurotransmitters such as catecholamine and dopamine.¹⁹

The principal neurohypophysial (neuro-pituitary) hormones in mammals are arginine, vasopressin and oxytocin. Birds, reptiles, and amphibians have structurally-related peptides: mesotocin and arginine vasotocin,²⁰

while fish in general have arginine vasotocin and isotocin or mesotocin, depending on the species.¹⁶ These hormones are critical for milk secretion, oviductal and uterine contraction, renal water absorption, and vasoconstriction and dilation. In all vertebrates, these neurohypophysial hormones are produced in the hypothalamus and are transported to the pituitary where they are stored until release into the bloodstream.

Hormones produced by the mammalian adenohypophysis are the pituitary-derived tropic hormones including growth hormone (GH), adrenocorticotropin (ACTH), melanotropin (MSH), thyroid-stimulating hormone (TSH), prolactin (PRL), and the gonadotropins: follicle-stimulating hormone (FSH), and luteinizing hormone (LH). Secretions of ACTH, TSH, and the gonadotropins (FSH and LH) are each regulated by negative feedback. Although structurally related counterparts for the adenohypophysial hormones have been identified in fish, amphibians, birds and reptiles,¹⁶ there are important differences in hormone actions across vertebrate groups. For instance, prolactin is associated with reproduction and lactation in mammals but is an important osmoregulatory hormone in fish.²¹ Although FSH and LH function similarly in mammalian and avian reproduction, reptiles do not synthesize an LH-like gonadotropin and instead utilize FSH to regulate gonadotropin-related functions.¹⁵ In fish and amphibians, two different gonadotropins, GTH-I and GTH-II, have been identified that act similarly to mammalian FSH and LH, respectively.¹⁷ Growth hormone (GH) generally regulates body and tissue growth, however, in non-mammalian vertebrates it is also involved in osmoregulation. In mammals and birds, ACTH is responsible for stimulating the production of corticosteroids by the adrenal gland, which in turn plays a role in metabolism, ion regulation and stress responses. The role of ACTH in fish and amphibians is less clear, however, and MSH may have similar properties in these taxonomic groups. Indeed, similarities in hormone structure may not necessarily represent similar hormone function in non-mammalian vertebrates.

Growth hormone is important for bone growth and as an anabolic hormone during development.²² It has direct effects on a wide variety of tissues, as well as indirect effects which are modulated by growth factors, such as insulin-like growth factor-I (IGF-I).²² In conjunction with thyroid hormones, GH is necessary for the development of a wide number of tissues ranging from cardiac²³ and skeletal muscle,²⁴ to bone²⁵ and brain development.²⁶ In non-mammalian species GH probably functions in a similar manner, however, less is known about growth hormone in fish, amphibians and reptiles.

The adrenal glands, thyroid gland, and gonads are all directly regulated by the pituitary gland.¹⁶ Thyroid

hormones, produced by thyroid glands, and steroids produced by the adrenal cortex and gonads can indirectly inhibit their own secretion by inhibiting the release of pituitary and hypothalamic hormones (negative feedback). In response to TSH, the thyroid gland produces two hormones, triiodothyronine (T_3) and tetraiodothyronine (T_4). In mammals, T_3 and T_4 have important effects on metabolism and development.¹⁶ Thyroid hormones also play an essential role in fish and amphibian metamorphosis. Indeed, thyroid hormones determine the timing of developmental processes, and metamorphosis is almost entirely controlled directly by thyroid hormones.^{16, 27-29} Some metamorphic processes that are under the control of thyroid hormones include the migration of the eye and dorsal fin growth in fish,^{30, 31} amphibian tail and gut resorption,^{27, 32, 33} restructuring of the amphibian head,^{34, 35} amphibian limb development,³⁶ and amphibian gill resorption.³⁷ Thyroid hormones also have important roles during fish smoltification.³⁸⁻⁴⁰

The mammalian adrenal gland produces two important steroid hormones, aldosterone and corticosterone. Aldosterone plays an important role in the maintenance of sodium concentrations, and corticosterone is primarily involved in regulating blood glucose.¹⁶ Adrenal steroids function similarly in birds, but very differently in other non-mammalian vertebrates. In amphibians, aldosterone and corticosterone are equally effective as regulators of blood glucose, whereas in fish and reptiles, corticosterone serves to regulate blood glucose and sodium. While adrenal hormones have critical roles in all vertebrates, characterizations of their functions in non-mammalian vertebrates are limited, and interspecies differences have not been thoroughly evaluated.

In all vertebrate classes, gonadal function is dependent upon the hypothalamic-pituitary axis through the production of GnRH and gonadotropins.¹⁶ In mammals, the gonadotropins include FSH and LH, which control different gonadal events. In females, FSH promotes ovarian follicular growth and LH induces ovulation. Both gonadotropins are also required for normal estrogen synthesis: LH stimulates the synthesis of androgens and FSH stimulates aromatization of androgens to estrogen. In males, FSH promotes spermatogenesis and LH promotes steroidogenesis and spermiation. The mammalian gonad also produces the peptide hormone inhibin which feeds back to inhibit FSH production. In both males and females, the pulsatile release of GnRH is regulated by the feedback of high circulating levels of androgens and estrogens. In birds, gonadotropins function in a similar manner, however, reptiles do not synthesize an LH-like gonadotropin and utilize FSH to regulate all gonadotropin-related functions.¹⁵ In fish and amphibians, two different gonadotropins, GTH-I and GTH-II have been identified

and they act similarly to mammalian FSH and LH, respectively. GTH-I is involved in gonadal development, gamete production, and vitellogenesis, a process that involves the hepatic synthesis of yolk protein precursors (vitellogenin).^{16, 17} GTH-II stimulates the final stages of oocyte maturation, as well as ovulation in females and spermiation in males. In general, gonadotropins exert effects on vertebrate gonads by binding to specific receptors. The primary gonadal response to gonadotropins is the synthesis and secretion of assorted sex steroids. In all vertebrates, the primary reproductive sex steroids include androgens [e.g. testosterone (T), 11-ketotestosterone (11KT), androstenedione (A), dihydrotestosterone (DHT)], estrogens [estradiol (E₂), estrone (E₁), estriol (E₃)], and progestins [progesterone (P₄), dihydroxyprogesterone (DHP)]. Gonadal steroid hormones are involved in every aspect of reproduction from sex determination to the control of courtship behaviors and the development of secondary sex characteristics. Sex steroids also play an important role in brain development. For example, in mammals, E₂ and DHT, are involved in normal sexual differentiation of the brain.⁴¹⁻⁴³ Although reproductive function is regulated and modulated by sex steroids in all vertebrates,^{16, 28, 44-47} there are distinct functional differences that must be noted. Indeed, functional differences in sex steroids are most evident for fish, amphibians, and reptiles with significant differences also existing within each of these taxonomic classes.¹⁷ For instance, the primary androgen for spermatogenesis in mammals, birds, and reptiles is T, but in many fish and some amphibians the critical androgen for spermatogenesis is 11KT. Preliminary results from our laboratory would suggest that 11KT might not be the predominant androgen in live-bearing fish (such as mosquito fish *Gambusia affinis*). E₂ is the sex steroid responsible for oocyte growth and maturation in all vertebrates, however, estradiol also regulates and induces the synthesis of vitellogenin (VTG) in oviporous vertebrate species.^{16, 17, 48, 49} Vitellogenin is the primary protein egg yolk precursor produced by the liver and which production is stimulated by estrogens. Progestins are critical to pregnancy in mammals, but function in reptiles and birds in post-ovulatory events such as the regulation of eggshell deposition. In fish, progestins are responsible for final egg maturation prior to oviposition. Gonadal sex steroids can also have dramatic effects on sex differentiation in fish, amphibians and reptiles, effects which are not observed in birds nor mammals.^{17, 28, 50} When applied early during development, sex steroids can cause sex reversal in fish, amphibians, and reptiles. Therefore, the genetic sex of the individual can be different from the phenotypic sex. Finally, the effects of sex steroids on gonadal differentiation and sex reversal vary dramatically between species and across developmental stages, and therefore these differences need to be noted and considered in any study of

potential EDC effects in vertebrate wildlife.

1.2 MECHANISMS OF ENDOCRINE MODULATION

There is significant evidence to suggest that a wide variety of anthropogenic chemical contaminants in the environment, can disrupt or modulate endocrine function in a wide variety of vertebrate and some invertebrate organisms. However, information regarding the mechanisms that lead to these endocrine modifications is limited. It is, nonetheless, critical that mechanisms and modes of action for EDCs and/or endocrine-active agents be understood. Mechanisms of action are generally difficult to elucidate and are complicated by multiple factors including chemical properties, routes of exposure, as well as endocrine system and species- and tissue-specific physiological differences. Furthermore, the integration of the nervous, endocrine, reproductive, hepatic, and other target systems, as well as multiple feedback regulatory pathways, add to the complexity of understanding EDC mechanisms (see Figure 1 as an example).

Potential mechanisms of action for EDCs are diverse. EDCs may interrupt multiple pathways along the hypothalamic-pituitary-target tissue axis, potentially disturbing the normal synthesis, transport, release, binding, action, or elimination of natural hormones in the body.¹⁻¹³ EDCs may alter the hypothalamic-pituitary axis, which can have wide spread effects through the disruption of endocrine functions downstream of the hypothalamus. There is increasing evidence that EDCs may disrupt endocrine function by influencing the regulation/release of the pituitary-tropic hormones. Indeed, polychlorinated biphenyls (PCBs) have been shown to interfere with the neurotransmitters that control GnRH secretion resulting in decreased GnRH production as well as subsequent reductions in gonad size and plasma concentrations of sex steroids.⁵¹ In contrast, cadmium results in both increased GnRH secretion and increased gonad size and plasma sex steroids. In mammals, neonatal exposure to diethylstilbestrol (DES) or dichlorodiphenyltrichloroethane (DDT) results in both reduced GnRH and LH production.⁵² These results demonstrate that interference at one site along the hypothalamic-pituitary axis can affect multiple downstream events. Furthermore, the hypothalamus and pituitary are regulated by the feedback of hormones from several other endocrine active tissues; therefore, alterations in different hormone concentrations can also affect hypothalamic and pituitary function.

EDCs can also exert effects and disrupt the function of other endocrine tissues and hormones downstream

of the hypothalamus and/or pituitary. Hormones are synthesized by specific endocrine tissues, secreted into the bloodstream, and transported by binding proteins to target tissues to interact with receptors, elicit responses, and be metabolized or degraded. EDCs can block or enhance the function of hormones by interfering with any one or several of these critical steps. For instance, EDCs may interfere with hormone synthesis^{28, 53} therefore altering endocrine activity by directly affecting the availability of specific hormones and/or critical precursors. Failure to synthesize appropriate hormones can result from either an alteration in the biosynthetic enzymes and/or in the availability of precursor molecules. The initial, as well as rate-limiting, step in the biosynthesis of hormones may often be affected. EDCs can inhibit the uptake of critical precursors and the subsequent conversion to hormone products.⁵⁴⁻⁵⁶ For example, the cytochrome P450 (cyp 450) monooxygenases constitute a super family of enzymes that play essential roles in both the synthesis (steroidogenesis) and metabolism of steroid hormones. Many of these enzymes appear to be sensitive to EDCs.^{53, 57-60} EDCs can affect the number or activity of specific monooxygenases, thereby affecting the rate of hormone metabolism and clearance. Since specific P450 enzymes, such as CYP1A, are also responsible for metabolizing foreign compounds, such as EDCs, EDC stimulation of CYP1A and /or other monooxygenases that hydroxylate them prior to their elimination may in turn contribute to increased clearance of sex hormones by inducing other monooxygenase activities.⁶¹ EDCs have also been reported to increase the activity of several other microsomal enzymes including aminopyrine demethylase, glucuronyl transferase, and p-nitroreductase.^{62, 63} Some EDCs may also induce hormone-like effects due to a resistance to degradation. For example, many synthetic hormones such as ethynyl estradiol (EE₂), a synthetic estrogen used in birth control pills, are not degraded readily by the enzymes that normally metabolize the endogenous hormones.⁶⁴ EDCs can also interfere with the binding of hormones to transport proteins, preventing their delivery to target tissues.^{65, 66} The absence of available binding proteins may result in both faster uptake or increased degradation of free-circulating hormone.⁶⁷⁻⁶⁹ For example, the sex hormone binding globulin (SHBG) has high affinity for both T and E₂, which is necessary to prevent degradation and clearance of these hormones, as well as enable their transport to target tissues.⁷⁰ EDCs, which mimic estrogens or androgens, may bind to these globulin proteins and displace the endogenous sex steroids, thereby increasing the elimination rates for endogenous hormones. Although, several studies suggest that globulins may also facilitate the transport of EDCs to target tissues,⁷⁰ the greater binding affinity of globulins for endogenous hormones probably limits this process.⁷¹

EDCs may also bind to hormone receptors and either activate (agonize)⁷²⁻⁷⁴ or inhibit (antagonize)⁷⁵ receptor function. Indeed, many studies have focused upon EDCs as hormone-mimics and the potential for these compounds to interact with hormone-specific receptors.⁷⁵ Potential EDCs have been evaluated extensively for their ability to bind to the estrogen receptor (ER). Estrogens normally bind to the ER located in the nucleus of target cells. The E₂-bound ER has a high affinity for DNA sequences called estrogen response elements (ERE). After binding the ERE, the ER-DNA complex interacts with various transcription factors, chromosomal proteins, and regulatory factors in order to induce or inhibit the transcription of specific genes and enable endocrine specific response. EDCs can block or enhance the function of a hormone or endocrine target tissue by interfering with any one or several of these critical steps. Although the potential estrogenic activities of EDCs have overshadowed studies of other receptor mediated EDC activities, EDCs that act as androgens or anti-androgens via interaction with the androgen receptor (AR) have also been noted.⁷⁵⁻⁷⁷ Unlike the ER, which has an estrogen specific response element, the response element for the AR is shared with other steroid receptors, including the glucocorticoid (GR), progesterone (PR), and mineralocorticoid (MR) receptors. The consequences of this is that EDCs which have androgenic activities may exert broader effects than those attributed to a simple androgen mimic. EDCs may also interact with a wider variety of receptors important for endocrine function. For example, some EDCs (e.g. TCDD and other planar hydrocarbons) are reported to have antiestrogenic activities by interacting with the aryl hydrocarbon receptor (AhR) rather than by competitively binding to the ER. The AhR is an intracellular receptor, expressed by many different cell types, and which functions as a transcription factor.^{78,79} EDC interactions with the AhR may interfere with estrogen responses in a number of ways: by reducing estrogen ER binding,⁸⁰ by blocking the binding of the ER to the ERE,⁸¹ by impairing nuclear translocation,⁸² and/or by suppressing gene transcription.⁸³ These examples demonstrate the varied receptor mediated activities of EDCs.

Endocrine-disrupting effects may also occur due to direct or indirect toxicities for specific endocrine active or target tissues. For example, many lipophilic EDCs will primarily accumulate in fatty tissues, such as the liver and gonads, interfering with the synthesis and mobilization of lipids and thereby inhibiting specific endocrine related functions, such as vitellogenesis. It is important to point out, however, that specific mechanisms or modes of action for most EDCs currently identified are not well elucidated nor understood. This stems from the fact that mechanisms are often difficult to identify and are complicated by multiple factors including differences in EDC

specific properties, routes of exposure, and vertebrate class and species differences. Nonetheless, it is critical that mechanisms of action for EDCs and/or endocrine-active agents be understood in order that effects in wildlife be prevented and that appropriate screening and testing methods be developed.

2 SCREENING AND MONITORING FOR ENDOCRINE DISRUPTORS

Analytical methods have long been used to determine concentrations of chemical residues that persist in the environment (e.g., water, sediment) and accumulate in biota (e.g., tissue and body burdens). Although these approaches are useful for characterizing the presence and distribution of specific EDCs in the environment they fail to indicate whether chemical exposures have biological consequences. The development of EDC-specific screening and monitoring procedures aid in the establishment of potential relationships between environmental EDC concentrations and biological responses. These procedures rely upon mechanism specific *in vitro* and *in vivo* procedures, which measure biological responses. In the past decade, several *in vitro* and *in vivo* assays have been proposed that can be used to screen or monitor both individual EDCs, specific EDC mixtures, and/or complex environmental mixtures for potential endocrine disrupting or modulating activity.⁷⁶

2.1 IN VITRO ASSAYS

Several *in vitro* assays have been described for evaluating potential endocrine disrupting or modulating activities of EDCs.⁷⁶ These assays are based upon several specific mechanisms of action for EDCs, including receptor binding, gene expression, cell proliferation, and cell differentiation.⁸⁴ Advantages of *in vitro* systems include low cost, high reproducibility, and the rapid analysis of large numbers of samples. These assays are also valuable for studying mechanisms of action of compounds, screening effects of mixtures, and for detecting potential interaction effects. Results from these screening procedures can aid in the subsequent development and validation of assays. *In vitro* assays, however, generally lack ecorelevance because pharmacokinetics, biotransformation, and binding to carrier proteins may not be accurately represented. For example, some EDCs are activated or deactivated *in vivo* by enzymatic conversion during metabolism, conjugation, and/or excretion. These limitations must be considered when interpreting or applying results from *in vitro* screening tests.

Receptor binding assays can be utilized to screen for and identify potential EDCs, which function via

receptor-mediated pathways, since they can evaluate whether specific EDCs can bind to specific receptors.

Depending on the receptor of interest, receptor-binding assays utilize either crude cell fractions, such as plasma membranes, cytosol, or the nucleus. Cell fractions may be obtained from specific vertebrate organisms or from established cell lines, transformed cells^{85, 86} or transfected cells.⁸⁷ Although *in vitro* receptor binding assays are relatively simple and inexpensive to conduct, they do not necessarily reflect binding under *in vivo* conditions, and are of little use in screening for EDCs that operate by non-receptor mediated pathways. Finally, these assays do not differentiate between agonist and antagonist properties.

Additional *in vitro* assays have utilized the ability of EDCs to induce target-cell-specific proliferation and/or differentiation. For instance, MCF-7 cells, derived from human breast cancer cells, have been widely utilized for the development of the E-screen assay, which evaluates the ability of specific EDCs or EDC mixtures to both bind and express the ER⁸⁸ and the resultant cell proliferation as a response.⁸⁹⁻⁹⁵ EDCs are identified as potential E₂ agonists if there is a significant increase in cell proliferation and cell proliferation, which in turn, is quantified by counting cell nuclei⁹³ or measuring other responses, such as metabolic reductions. Although the E-screen assay has been extensively used as a screen for estrogenicity^{77, 92, 93, 96} a positive response cannot be necessarily interpreted as an indicator for the presence of E₂ agonists. In addition, ER antagonists and anti-androgens are not detected using this assay, and thus a significant number of false negatives are common. Before a compound is identified as an EDC, positive responses with the E-screen assay should be confirmed by *in vivo* studies.

A number of additional, *in vitro*, cell-based expression assays have also been developed to measure receptor-dependent biological responses. Expression assays evaluate the induction or suppression of proteins by specific genes in response to potential receptor mediated EDCs and or mixtures. Measured protein endpoints for these receptor specific expression assays include: Vitellogenin^{72-74, 95, 97, 98} sex hormone binding globulins,⁹⁹ luciferase,¹⁰⁰ galactosidase,¹⁰¹ and chloramphenicol acetyltransferase.⁸⁷ However, these assays are general and are not limited to the action of EDCs. Additional cell types/lines have also been utilized for *in vitro* expression assays, including fish hepatocytes,^{72-74, 95, 99} MCF-7,^{96, 102} HeLa,^{87, 99} and yeast.^{99, 102} The types of cells used in expression assays are critical to any interpretations. Indeed, significant differences in responses between yeast cell-based assays and mammalian cell assays have been reported⁹⁹ and sensitivities vary greatly¹⁰¹ Nonetheless, expression assays have several advantages as compared to other *in vitro* screening assays. Unlike receptor binding or cell

proliferation assays, expression assays can be used to detect both agonists and antagonists.^{87, 100, 103} Expression assays can also evaluate potential EDCs that influence many aspects of gene expression in addition to those that operate through receptor-mediated functions. Nonetheless, *in vitro* expression assays generally have high variability and lack ecorelevance.

2.2 IN VIVO ASSAYS

The effects of EDCs occur at many biological levels of organization, including molecular, biochemical, organelle, cell, tissue, organism, population, community, and ecosystem. The use of a battery of biomarkers which reflect multiple biological levels of organization would enable a more thorough evaluation of both exposure and the potential mechanisms of action. Although responses at the population level and higher are the most biologically ecorelevant, they are rarely utilized as biomarkers since these responses are complex, less specific, and require greater effort and time. Indeed, most of the current biomarkers are limited to the measurement of responses at the molecular, biochemical, cellular, and/or organism levels. These biological responses or biomarkers of effects and/or exposure are widely utilized for the assessment and identification of potential EDCs.

In vivo assays for the identification of EDCs are not mechanism dependent and provide results which are more ecorelevant than *in vitro* assays. Indeed, *in vivo* assays rely upon either natural exposures or controlled exposures based on expected or predicted environmental exposures. *In vivo* assays for EDCs can detect effects on endocrine function, regardless of the mechanism of action, as well as identify a potential EDC which would not necessarily exhibit activity in an *in vitro* screening assay. Most importantly, *in vivo* screening assays both identify potential EDCs and enable the description and evaluation of potential effects.

In vivo assays for EDCs may involve the utilization of specific endocrine biomarkers as a way to evaluate potential effects. Widely used endocrine endpoint based *in vivo* assays have included: the uterotrophic assay; the Hershberger assay; and the thyroid function assay. Although these assays were not originally designed for the evaluation and/or identification of EDCs, they have demonstrated the utility of *in vivo* assays for the identification of potential EDCs. The uterotrophic assay utilizes prepubertal or adult ovariectomized female rats to assess uterine weight and histological responses to potential EDCs. The Hershberger assay evaluates androgenicity using androgen-dependent tissue (e.g. prostate and seminal vesicles) responses to potential EDCs. The thyroid gland

function assay evaluates potential EDC exposures and the subsequent evaluation of plasma concentrations of T₃, T₄, and TSH.

Biomarkers that detect alterations at the biochemical and/or molecular levels are frequently utilized for *in vivo* EDC screening assays.¹⁰⁴ Biochemical and molecular responses are generally the first detectable responses to an environmental change or stressor and can serve as early indicators of both exposure and effect. Effects at the molecular or biochemical level are highly sensitive and in some cases can be predictive of responses at higher levels of organization (tissue and organism levels). Examples of molecular-based *in vivo* EDC screening assays include, receptor analyses , transcriptional based analyses , and differential display.¹⁴ These assays are, in general, based upon an analysis of specific molecular parameters for tissues collected following either natural or experimental exposures to potential EDCs. Although molecular-based *in vivo* assays are highly sensitive, they are difficult to validate and often lack ecorelevance. Examples of current biochemical-based *in vivo* EDC screening assays include: measurement of VTG production¹⁰⁵ and systemic hormone concentrations (e.g. plasma sex steroids, T₃, and T₄). Hormonal factors which control endocrine functions, have been characterized for mammalian and non-mammalian species.¹⁷ In addition, systemic concentrations of various hormones, have been frequently utilized as biomarkers for EDCs in fish,¹⁰⁶⁻¹¹² birds, reptiles, mammals, and amphibians. Indeed, these procedures have broad application to all vertebrate classes since hormones, especially the steroid and thyroid hormones, are evolutionarily conserved across all vertebrate classes. However, it must be noted, that the same hormones may differ in function significantly between and within vertebrate classes. For example, the primary androgen for spermatogenesis in mammals, birds, and reptiles is T, but in many fish and some amphibians, the critical androgen for spermatogenesis is 11KT. Vitellogenin has been utilized as a bioindicator of potential exposure and/or effects of estrogenic EDCs in fish and other oviparous vertebrates.^{97, 98, 113, 114} This phospholipoprotein is one of several proteins under the control of E₂ and naturally induced in oviparous female fish, amphibians, birds, and reptiles.¹¹⁵ Oviparous species have vitellogenic cycles which correspond to egg production. Potential EDCs, which mimic or alter endogenous E₂, may induce the expression of VTG. This assay has, in general, focused on responses in males, which do not exhibit clear vitellogenic cycles. However, it must be noted, that low background levels of VTG are likely to be normal in males and thus an identification of a potential EDC by this method cannot be solely based upon the presence of detectable VTG, but rather in a species-specific VTG response, which is significantly increased above background levels.

Additional in vivo EDC screening assays involve endpoints based on responses at the tissue and organism levels. Although these assays may have higher biological and ecological relevance, they are more variable and often specific to vertebrate classes or species. Examples of screening assays which rely upon tissue level responses include tissue somatic indices (e.g. GSI), tissue histopathology, altered secondary sex characteristics,¹¹⁶⁻¹²⁰ and sperm quality assessments.⁹⁵ In vivo assays which rely upon organism responses may include, assessments of egg numbers/ovarian development,^{108, 120-123} sexual maturity,¹²⁰ neonatal/embryonic mortality,¹²¹⁻¹²⁶ reproductive impairment,^{110, 127} and evaluation of egg hatchabilities,^{121, 126, 128, 129} and nest numbers.^{124, 126, 129} Population and ecosystem endpoints of reproductive success may include, pod size, age class analyses, and population numbers.¹³⁰⁻¹³²

Valid in vivo screening procedures should provide information about EDC exposure and be indicative of expected or predicted physiological effects. In addition, in vivo biomarkers reflect the complex pharmacokinetic and metabolic factors that can affect EDC uptake and metabolism. In vivo assays and endpoints are influenced by both physiological and environmental variables, which make it difficult to establish clear cause-effect relationships between responses and specific EDCs. Nonetheless, these assays are often the most useful for evaluating potential EDC effects and for the identification of environmentally relevant EDCs.

3.0 EDC EFFECTS: EVIDENCE FOR SPECIFIC CHEMICALS AND CHEMICAL CLASSES

The previous section reviewed many of the possible mechanisms by which environmental contaminants may alter endocrine function in wildlife and fish. The following section introduces several classes of environmentally relevant contaminants with reported or potential endocrine-disrupting activity in vertebrates. This review presents evidence for EDC effects for several specific chemical classes: polycyclic aromatic hydrocarbons, polychlorinated biphenyls and polybrominated biphenyls, dioxins, organochlorine and non-organochlorine pesticides, complex environmental mixtures, and metals. For most chemicals, the specific mechanism of action is not well understood, nor does chemical structure necessarily indicate nor suggest endocrine functionality, mimicry or EDC activity, (see Figure 2 as an example of chemical structures for several environmental estrogens). In fact, direct evidence of endocrine activity is often difficult to demonstrate and thus is generally absent. This review includes reports from a variety of laboratory and field studies that have explored the effects of EDCs in wildlife,

and discusses the potential or suspected MOA (see Table 1).

3.1 Polycyclic aromatic hydrocarbons (PAHS):

Polycyclic aromatic hydrocarbons occur naturally as products of incomplete combustion of organic compounds and enter aquatic environments via oil spills, waste discharge, runoff, and dry or wet deposition. Although they are biodegraded in soils and water within weeks to months, the metabolites are often longer lasting and more toxic. PAHs are common in sewage effluent, with average concentrations of 50 ppb, for the naphthalenes such as benzo a pyrene (BaP). The Great Lakes represents one of the most PAH contaminated regions in the world, with concentrations in the hundreds of ppb. Additional PAH sources include pulp and paper mills, where concentrations of PAHs can be as high as 30 ppb.

Birds can be exposed to PAHs through ingestion of contaminated food and water, or through the skin in cases of oil spills. Petroleum hydrocarbons can also be absorbed through the shell.¹³³ In a review by Hoffman¹³⁴ PAHs applied to the shells of eggs caused mortality and reduced hatchability. In studies reviewed by Fry,¹³⁵ exposure to petroleum oil increased circulating corticosterone levels and alters reproduction through negative feedback to the hypothalamus-pituitary-gonadal (HPG) system. Yolk formation may also be depressed after exposure to oil resulting in a reduction in egg numbers.¹³⁶ Exposure to as little as 0.1 - 2.0 ml weathered crude oil interferes with egg production, laying, incubation, and pair bonding. Field exposure of adult storm petrels (*Oceanodroma sp.*) with dependent chicks, reduced foraging and feeding of chicks, resulting in reduced growth or death.¹³⁷

Population studies with pigeon guillemots (*Cepphus columba*) after the Exxon Valdez spill indicated a decline in numbers for three consecutive years but no effects on reproduction,¹³⁸ however, reproductive effects in the black oystercatcher (*Haematopus bachmani*) were noted.¹³⁹ There was a decrease in non-breeding pairs, a decrease in egg size, and higher chick mortality, which was directly related to the amount of oil present in the foraging territory. Birds exposed to oil may exhibit changes in adrenal hormone synthesis and elevated hepatic mixed oxidase activity, which may increase metabolic clearance of corticosterone.¹³³ In a laboratory study female mallards (*Anas platyrhynchos*) that ingested crude oil hatched fewer live ducklings per pair.^{133, 140} There was evidence of suppression of follicular development, eggshell thinning, decreased hatchability, and reduced levels of plasma E₂,

estrone, P, and LH in females. These results suggest that the oil acts on ovarian steroidogenesis, reducing positive feedback to the pituitary, and causing a decline in LH, a delay in ovarian maturation, and reduced fertility.

Laboratory and field studies present clear evidence for the adverse effects of PAHs in fish. Thomas *et al.*,¹⁴¹ have elucidated the impact of BaP on endocrine and reproductive activities in female Atlantic croaker (*Micropogonias undulatus*) and spotted seatrout (*Cynoscion nebulosus*). Atlantic croaker fed 0.4 mg BaP/70g/day for 30 days during the period of ovarian recrudescence experienced impaired ovarian growth with a concomitant reduction in plasma E₂ and T. GSI in control females increased 5-fold over the course of the study, whereas GSI of exposed females reached only 66% of controls. *In vitro* production of sex steroids was not impaired by BaP, and there appeared to be a relationship between the amount of ovarian tissue (i.e., size of ovaries) and steroidogenic capacity. Similar results were reported in a separate study of female Atlantic croaker exposed to BaP via injection for 30 d.¹⁴² In this study in addition to reduced GSI and plasma sex steroids, a reduction in the number of hepatic ERs and plasma VTG was observed. BaP did not interfere with the binding of E₂ to the ER under *in vitro* competition studies and, again, there was no clear evidence for a direct effect of BaP on steroidogenesis. *In vitro* competition studies using hepatic ER from spotted seatrout supported early results, and concentrations of BaP ranging from 10⁻¹² to 10⁻⁶ were unable to displace radiolabeled E₂ from the ER.¹⁴³ This is consistent with mammalian studies, and suggests that BaP must undergo metabolic activation in order to interact with the ER. The effects of the PAH 3-methylcholanthrene, on endocrine and reproductive function in ricefield eels (*Monopterus albus*) were similar to those observed for BaP-treated Atlantic croaker. exposure to 4 ppm 3-methylcholanthrene for 7 d resulted in reduced E₂, Te, and VTG, GSI, and altered ovarian histology.¹⁴⁴

Several field studies have documented altered reproductive activity in fish residing in PAH-contaminated waters. For instance, gonadal development was impaired and E₂ concentrations were depressed in English sole from highly contaminated areas of Puget Sound, Washington. Reproductive impairment was statistically correlated with elevated PAH concentrations, as measured by the presence of fluorescent aromatic compounds (FACs) in the bile of fish.^{145, 146} Other examples in which PAH exposure may have been related to endocrine alterations and/or reproductive dysfunction include altered ovarian development in plaice (*Pleuronectes platessa*) exposed to crude oil,¹⁴⁷ reduced GSI, increased liver size and ethoxyresorufin O-deethylase activity (EROD) in white sucker (*Catostomus commersoni*) residing downstream of pulp and paper mills,¹⁴⁸ and decreased GSI in bream (*Abramis*

brama) inhabiting contaminated areas of the Rhine River.¹⁴⁹ Although PAH concentrations were abnormally high in the field studies described above, they were only one of a consortium of pollutants that may have caused the observed effects. Furthermore, several histological studies report no differences in the gonads of male and female fish from control and PAH-contaminated sites.^{150, 151} A combination of field and laboratory experiments is still necessary before the reproductive alterations observed in the wild can be clearly attributed to PAH exposure.

PAHs known CYP450 inducers. For example, the PAH β -naphthoflavone induced the expression of CYP 4501A1 (the primary xenobiotic-metabolizing enzyme) and inhibited VTG synthesis in E_2 -stimulated liver cells from rainbow trout (*Oncorhynchus mykiss*)¹⁵². However, β -naphthoflavone had no effect on vitellogenesis when incubated without E_2 . The degree of CYP 4501A1 induction was directly related to the extent of VTG inhibition, which suggests that β -naphthoflavone may be acting as an antiestrogen via the Ah (Aromatic hydrocarbon) Receptor, the intracellular receptor involved in CYP4501A1 expression. The effect of β -naphthoflavone on vitellogenesis in vivo appears to be more complicated. When juvenile rainbow trout were treated with 0.5 ppm E_2 and 25 or 50 ppm of β -naphthoflavone, an inhibitory effect on VTG synthesis was observed; however, lower concentrations of β -naphthoflavone (5 or 12.5 ppm) appeared to potentiate E_2 -stimulated VTG production.¹⁵² Furthermore, reduced VTG synthesis by higher concentrations of β -naphthoflavone was correlated with a decrease in radiolabeled E_2 binding to the ER. These results suggest that β -naphthoflavone influences VTG synthesis by regulating ER function, although it is likely that the antiestrogenic activity of PAHs involves multiple mechanisms. Several investigators have proposed that CYP4501A1 inducing compounds affect sex steroid concentrations by increasing their catabolism.¹⁵³ Evidence from a recent study¹⁵⁴ however, suggests that PAHs may also interfere with steroid biosynthesis. Incubating vitellogenic ovarian tissue from female flounder (*Platichthys flesus*) with 3 PAHs (phenanthrene, BaP, and chrysene) decreased androstenedione and E_2 secretion. In addition, phenanthrene inhibited steroid conjugation, and it was concluded that these PAHs inhibited key steroidogenic enzymes, including CYP450 17, 20 lyase, which is responsible for converting C21 to C19 steroids.

3.2 Polychlorinated and Polybrominated biphenyls (PCBs and PBBs):

PCBs are a group of synthetic organic chemicals, formed by the chlorination of biphenyls, which include 209 individual compounds (congeners). These substances were manufactured for a wide range of industrial

applications, including use as hydraulic fluids, lubricants, plasticizers, and coolant/insulation fluids in transformers. Several chemical properties make these compounds both highly useful and potentially hazardous. For instance, their chemical stability makes them ideal for industrial activities involving high temperatures; however, this stability also renders them persistent in the environment. The majority of PCBs that enter the water adsorb to organic particles and sediments, although they are essentially non-biodegradable in soils and sediments.¹⁵⁵ Furthermore, they are hydrophobic, which makes them excellent lubricants, yet allows them to bioaccumulate in tissues and biomagnify as they are passed along the food chain. Concentrations of PCBs in fish at contaminated sites may range from ppb to ppm,¹⁵⁶ and one study involving PCB153 revealed a half-life exceeding 10 years in adult eels (*Anguilla rostrata*). The production of PCBs is currently banned or highly restricted, the use of certain mixtures permitted only under tightly regulated conditions. Nonetheless, PCBs originating from industrial wastes, accidental leaks or spills, and careless disposal, continue to be a source of pollution and environmental concern.

Many studies examining the health hazards of PCBs describe the effects of occupational exposure in humans and the physiological responses of mammals and birds that have consumed large quantities of contaminated fish. These studies provide strong evidence that PCB exposure can lead to the development of cancer; disturbances of the immune, hepatic, pulmonary, and nervous systems; and impaired reproduction and development. Many of these abnormalities are enhanced in the offspring, even if exposure occurs prior to conception. Responses are believed to be dependent on species, sex, age, and chemical structure.¹⁵⁷

Laboratory studies with mink (*Mustela vison*) have established an association between PCB residues and reproductive effects in wildlife,¹⁵⁸ but there are no field studies linking PCBs with reproductive effects.¹⁵⁹ In one study in which mink were fed meat from cows contaminated with Aroclor 1254 concentrations as low as 0.87 - 1.33 ppm resulted in reproductive failure.¹⁶⁰ Other feeding studies have shown impaired reproduction in mink with fat concentrations of 13.3 ppm and reproductive failure at concentrations of 24.8 ppm.¹⁶¹

Field studies with big brown (*Eptesicus fuscus*) and little brown bats (*Myotis lucifugus*) suggested a correlation between PCB residue levels and reproductive toxicity,^{162, 163} however captive studies do not support this link.¹⁶⁴ Studies with ringed seals (*Pusa hispida*) have found a relationship between fat PCB concentrations and uterine horn occlusions.¹⁶⁵ Later studies with ringed and gray seals (*Halichoerus grypus*), however, failed to detect any relationship between PCB levels and pregnancy or impairment of the uterine horns.¹⁶⁶ Other studies have

linked PCBs, PCDDs, and CDFs with abortions and premature pupping in California sea lions (*Alopius californianus*);¹⁶⁷ tumors and decreased fecundity in Beluga whales (*Delphinapterus leucas*);¹⁶⁸ skeletal lesions in harbor (*Phoca vitulina*) and grey seals;^{169, 170} and immunosuppression in harbor seals.¹⁷¹ In a field experiment with common seals (*Phoca vitulina*) animals fed PCB contaminated fish had a significant reduction in reproductive success, however in this study it was difficult to separate out the influence of other possible factors and contaminants.^{172, 173}

PCBs have been associated with embryonic mortality, deformities, and low reproductive success in many species of birds. In the Great Lakes, contaminated colonies of common terns (*Sterna hirundo*) have been shown to have low recruitment and reproduction of bald eagles (*Haliaeetus leucocephalus*) has been reduced below the level of a stable population.¹⁷⁴ Feeding studies have been done using chickens, ringed turtle doves (*Streptopelia risoria*), Japanese quail (*Coturnix coturnix japonica*), mourning doves (*Zenaidura macroura*) and ring-necked pheasants (*Phasianus colchicus*). In three studies, chickens that received 10 - 80 ppm Aroclor 1248 in the diet had a reduction in hatching^{175 176 177} however in another study a diet of 20 ppm Aroclor 1254 did not affect this parameter.¹⁷⁸ Aroclor 1242 in the drinking water at 50 ppm produced embryo mortality and teratogenesis.¹⁷⁹ Aroclor 1254 in the diet of ringed-turtle doves has increased embryonic mortality and decreased parental attentiveness¹⁸⁰ and depleted brain dopamine and norepinephrin.¹⁸¹ Eggshell thickness was affected in mallard hens¹⁸² but another study produced no effects.¹⁸³ Studies with screech owls (*Otus asio*)¹⁸⁴ and atlantic puffins (*Fratércula ártica*)¹⁸⁵ also produced no reproductive effects.

Field studies have indicated PCBs as the cause of mortality of ring-billed gulls (*Larus delawarensis*) in southern Ontario¹⁸⁶ as well as the cause for increased embryo/chick mortality and reduced hatching success.^{187, 188} PCBs have also been blamed for the low reproductive success and eggshell damage in Lake Michigan herring gulls (*Larus argentatus*).^{189, 190} Reproductive success of Forster's terns (*Stérna. forsteri*) from a Green Bay colony was 52 % of that from inland colonies^{191, 192} In this study, hatchlings also weighed less, had shorter femurs, edema, and were malformed. The toxicity was attributed to the PCB congeners, 105 and 126 and results^{193 194} indicated PCB congener 77 as accounting for some of the toxicity in the tern eggs.¹⁹² PCBs have also been implicated as the cause of congenital anomalies and embryonic death in double-crested cormorants (*Phalacrocorax auritus*);^{195 196} as possible agents of embryotoxicity in eagles;¹⁹⁷ and in decreased embryonic weight in black-crowned night herons

(*Nycticorax nycticorax*).¹⁹⁸ Whereas with DDT there is normal embryonic development but death resulting from eggshell thinning with PCBs there is normal shell development but in ovo mortality due to subcutaneous, pericardial, and preitoneal edema and deformities of the beak and limbs.¹⁹⁹ (See dioxin section for more discussion on this topic).

Alligator eggs from Lake Apopka, Florida, have significant residues of PCB's as well as a combination of organochlorine pesticides.²⁰⁰ Alligators from this site have been documented to have abnormally developed reproductive organs, altered serum hormone concentrations and decreased egg viability.^{132, 201, 202} However, alligators from Lake Apopka are known to be exposed to a complex mixture of potential EDCs and therefore it is difficult to pinpoint which compound is responsible for the observed effects. In red-eared slider turtles (*Trachemys scripta elegans*) males, exposed to Aroclor 1242 had significantly lower T concentrations than controls.²⁰³

The African clawed frog (*Xenopus laevis*) and the European common frog (*Rana temporaria*) were exposed to the PCB mixture Clophen A50 or to PCB 126 for either 10 d or until metamorphosis. Exposed frogs had increased mortality, higher malformation rates, and lower thyroid hormone concentrations. Gutleb, Appelman, et al. 2000 #4639} In a similar study, the same frog species were exposed to the mixtures Clophen A50 and Aroclor 1254 or to PCB 126 and effects of exposure depended on route, time of exposure and length of observations. This study also indicated a relationship between lowered concentrations of retinoid and PCB exposure.²⁰⁴ In another study green frogs (*Rana clamitans*) and leopard frog (*Rana pipens*) were exposed throughout metamorphosis to PCB 126 at concentrations ranging from 0.005 to 50 ppb. Survival of larvae decreased at the higher concentrations in both species.²⁰⁵

In fish, reproductive impairment has been demonstrated in both in vivo laboratory studies and in field studies of fish residing in PCB-contaminated waters. Several field studies have attempted to correlate PCB tissue levels with observed reproductive alterations. For instance, PCB levels in the liver and ovarian tissue of female English sole from Puget Sound were associated with the spawning of fewer eggs.²⁰⁶ Similarly, a negative correlation was found between egg hatchability and total PCB concentrations in the eggs of lake trout (*Salvelinus namaycush*) from the Great Lakes.²⁰⁷ In a study of the reproductive success of lake trout residing in Lake Michigan, Mac and Edsall²⁰⁸ suggested that maternally derived PCBs were the cause of reduced egg hatchability and increased fry mortality. Johnson et al.²⁰⁹ reported decreased egg weight and increased oocyte atresia in female winter flounder

(*Pseudopleuronectes americanus*) with high tissue concentrations of PCBs, although there was no evidence that PCBs altered GSI, plasma E₂, nor fecundity in this species. Interestingly, english sole residing in the same location had reduced plasma E₂ concentrations and impaired gonadal development. It was proposed that the different migratory practices of both fish species might have resulted in different susceptibilities to the chemicals, since these behaviors resulted in differences in the timing and duration of exposure to the most highly contaminated waters.

In the laboratory, female Japanese medaka (*Oryzias latipes*) had reduced GSI and were unable to spawn following an injection of 150 ppm of PCB.²¹⁰ It was suggested that PCB exposure disrupted E₂ metabolism, since only control fish excreted E₂ into the water eight days after the injection. In male goldfish, (*Carassius auratus*) PCB exposure resulted in decreased plasma T and 11KT concentrations, while hepatic EROD activity was increased 15-fold.²¹¹ Reduced plasma T in males and E₂ and P in females, accompanied by an increase in several sex steroid-metabolizing enzymes, was observed in carp (*Cyprinus carpio*) injected with 250 ppm of the commercial PCB Aroclor 1248.²¹² In another study, E₂-treated juvenile rainbow trout fed a diet contaminated with PCBs (3, 30, or 300 ppm) for 6 m showed decreased synthesis of VTG.²¹³

The decline in estrogens and androgens combined with the elevation of EROD (or other metabolizing enzymes) would suggest that the reduction in sex steroids is related to an increase in metabolism, rather than a decreased synthesis. However, this is probably not the only mechanism for PCB-induced damage, since several studies report abnormalities at the organ level (e.g., GSI, testicular abnormalities) and/or the organism level (offspring survival, hatchability) in fish showing normal sex steroid and VTG concentrations.²¹⁴⁻²¹⁶ In some of these cases, it is believed that the reproductive abnormalities (e.g., delayed spawning, reduced hatchability) may be caused by the accumulation of toxic levels of PCBs in the ovaries and maturing oocytes.²¹⁷ Evidence that PCBs bind VTG suggest that lipoproteins are involved in the transport of the contaminants from extragonadal tissue into the ovaries.²¹⁸ One explanation for the inconsistencies observed between studies is that the timing of exposure may be critical to the experimental design. For instance, the lack of effects of TCB on plasma concentrations of sex steroids and vitellogenin in female striped bass (*Morone saxatilis*) and white perch (*Morone americana*) may have been related to the fact that the fish used in these studies were already vitellogenic, and not in a highly active stage of gonadal maturation.^{214, 215} The stage of gonadal maturation may also be important in males exposed to PCBs. Atlantic cod (*Gadus morhua*) fed Aroclor 1254 (1-50 ppm) for 5.5 m accumulated significant levels of the PCB in

the testes and liver and expressed considerable testicular damage, including fibrosis of lobule walls, as well as necrosis and disintegration of lobule elements, and decreased spermatogenesis.²¹⁹ These authors suggest that the stage of gonadal maturation may be related to the degree of chemical sensitivity, since only males experiencing rapid spermatogenic proliferation or fully mature males suffered testicular damage (i.e. sexually immature and regressed males were unaffected).

In several cases, substantial concentrations of PCBs have been detected in tissues of fish that showed no signs of adverse reproductive effects.²²⁰ It is not surprising that a wide range of responses have been observed in studies that have differed with regards to species and experimental design. However, the chemical complexity of this class of compounds is an additional factor that complicates interpretation. Slight structural differences in the 209 possible PCB congeners, as well as different compositions of the mixtures, may result in vastly different physiological responses.

There is strong evidence that PCBs act at multiple sites along the hypothalamus-pituitary-gonadal (HPG) axis,^{141, 221} and in vitro experiments are providing insight into the mechanism(s) underlying these reproductive alterations. However, extrapolating the actual risks that PCBs impose on the environment and biota are difficult due to the complexity and diversity of the commercial mixtures (of congeners). In addition to understanding the interaction of the PCB mixtures with other environmental pollutants and stressors, consideration must be given to the interaction (additivity, synergism, antagonism) of the individual components that make up these mixtures.

PBBs, formed by the bromination of biphenyls, are similar in structure to PCBs. These chemicals are stable and lipophilic and, therefore, present many of the same environmental hazards as PCBs (e.g., persistence in the environment and long biological half-lives). There are 209 possible PBB congeners, although only 45 have been actually synthesized.²²² FireMaster BP-6®, used primarily as a flame-retardant additive in the early 1970s, was the most widely used PBB, although its production was discontinued in 1978.^{223, 224} The production and distribution of PBBs was insufficient to result in widespread contamination of the environment, however, the accidental contamination of cattle feed by the Michigan Chemical Company in 1973 resulted in the pollution of many Michigan farmlands. Significant concentrations of PBBs were subsequently detected in water and sediment samples and in tissues of fish and ducks residing downstream of the Michigan Chemical Company.²²⁵

Although information concerning the reproductive effects of PBBs in fish is lacking, there is substantial

evidence that these chemicals adversely affect reproductive processes in other species.²²⁶ For instance, feeding adult female chickens a diet contaminated with 45 ppm of the commercial PBB FireMaster FF-1 for five weeks resulted in impaired production and hatchability of eggs and was associated with reduced viability of offspring.^{227, 228} A variety of reproductive effects following PBB exposure have also been reported in rodents, monkey, cow, mink, and quail.^{226 222} Although PBBs have been detected in aquatic environments and are known to accumulate in fish tissues,²²⁹ there is very little information regarding the effects of these chemicals on exposed fish. Like PCBs, PBBs are believed to be potent inducers of several monooxygenase enzymes (including EROD), although it is not known whether this induction affects the metabolism of circulating reproductive hormones.

D. Polychlorinated dibenzo-*p*-dioxins (PCDDs) and polychlorinated dibenzo-*p*-furans (PCDFs)

PCDDs and PCDFs are structurally related compounds produced during a variety of thermal and chemical reactions, including the combustion of PCBs, production of steel and other compounds, and disposal of industrial wastes (via the interaction of chlorophenols). These compounds have also been identified as components of bleached pulp mill effluents. PCDDs and PCDFs are planar chlorinated hydrocarbons with high chemical stability, low water solubility, and limited solubility in many organic solvents. There are 75 possible PCDD congeners and 135 PCDF congeners, although 2,3,7,8-tetrachlorodibenzo-*p*-dioxin, known as TCDD or dioxin, has received the most attention. Concerns regarding TCDD stem from its wide distribution in the environment and extreme toxicity to both humans and wildlife. Although a variety of PCDDs and PCDFs have been detected in fish and wildlife, the 2,3,7,8-substituted congeners are believed to be the most persistent and prevalent in tissue samples analyzed to date, with half-lives of over a year in some fish species.²³⁰ TCDD and related compounds have been implicated in a number of health related problems, including neurotoxicity, hepatotoxicity, cardiotoxicity, chloracne, birth defects, immunosuppression, wasting syndrome, and endocrine and reproductive alterations (reviewed by Peterson, Theoblad, et al. 1993 #1724)^{231, 232}). In non-human primates and rodents, although developmental effects of the immune, reproductive, and nervous systems occur at body burdens in the range of 30-80 ng/kg, biochemical changes on cytokine expression and metabolizing enzymes are seen at doses ten times lower.²³¹ Many of the toxic effects associated with exposure to dioxins appear to be dependent on target tissue, species, sex, and age.

Studies on the developmental effects of TCDD in rodents have demonstrated that only transient exposure to relatively low concentrations of TCDD during critical windows of development, are capable of eliciting irreversible

disruption of organ functioning in offspring. For example, gestational exposure of rats to low concentrations of TCDD (0.064 –1.0 ppb) during a critical period of development (day 15 of gestation) causes impaired sexual differentiation in male fetuses, including persistence of female traits; decrease in the concentration of T, in the weight of testis and epididymis, and in the production of sperm; and altered sexual behavior during adulthood.²³³⁻²³⁵ Similarly, Gray *et al.*,²³⁶ reported a delay in testicular descent and puberty, with a subsequent reduction in sperm counts and fertility in adult male rodents after a single maternal dose of 1 ug TCDD/kg during day 15 of gestation. Other signs of developmental toxicity in mammals include decreased growth, structural malformations (e.g. cleft palate and hydronephrosis), prenatal mortality, and neurobehavioral changes (e.g. impaired learning in rhesus monkeys).²³⁷

Laboratory studies on the effects of TCDD in birds have shown significant variation in sensitivity across species, with over 40-fold differences on embryo mortality (reviewed by^{237, 238}). For example, doses of only 20 – 50 ppt of TCDD in chicken eggs cause mortality and malformations, as opposed to 1,000 – 10,000 ppt in eggs of ring-neck pheasants (*Phasianus colchinus*) and eastern bluebirds (*Sialia sialis*). Chicken embryos are also much more sensitive to the teratogenic effects of TCDD, particularly to develop cardiovascular malformations.

In birds, there is considerable evidence indicating that embryonic exposure to dioxin and dioxin-like compounds can induce developmental alterations. Indeed, several field studies with colonial fish-eating birds from the Great Lakes, have implicated dioxin equivalents (the aggregate of AhR-active substances) as the causative factors for the increased incidence of developmental deformities and embryo lethality observed in certain contaminated areas (see reviews by²³⁹⁻²⁴²). All together, these epidemiological studies have provided one of the strongest links between contaminant exposure and reproductive/developmental effects in wildlife. The Great Lakes Embryo Mortality, Edema and Deformities syndrome (GLEMEDS) was first described in double-crested cormorants (*Phalacrocorax auritus*), but has also been reported from other species including the great blue heron (*Ardea herodias*) and the Caspian tern (*Hydroprogne caspia*). The syndrome is characterized by increased embryo mortality; growth retardation; subcutaneous, pericardial, and peritoneal edema; congenital deformities of the bill and limbs; feminization of embryos; and abnormal parental behavior.²³⁹ This syndrome closely resembles the “chick edema disease” observed in chickens after *in ovo* exposure of hens to PCDDs and PCDFs. Embryotoxicity in fish-eating birds from the Great Lakes has been associated with TCDD concentrations above 100 pg/g (reviewed by²³²). Presently, although a reduction in the release of pollutants to the Great Lakes has resulted in significant population

improvements for several avian species, particularly double-crested-cormorants (*Phalacrocorax auritus*) and ring-billed gulls (*Larus delawarensis*), reproductive and physiological alterations due to contaminants are still associated with population-level effects in birds that feed on highly contaminated fish (such as Caspian terns and bald eagles, *Haliaeetus leucocephalus*).^{241, 243} Similar reproductive and developmental effects due to PCDDs have also been reported from free-ranging populations of great blue herons,^{244, 245} double-crested cormorants,²⁴⁶ and wood ducks (*Aix sponsa*)²⁴⁷ sampled elsewhere. In addition, *in ovo* exposure to dioxins has been associated with the development of asymmetric brains in wild (great blue herons (*Ardea herodias*), double-crested cormorants, and bald eagles) and domestic species (chickens, *Gallus gallus*).²⁴⁸ The behavioral and/or physiological repercussions of this gross brain deformity, however, are unknown at this time. Other sublethal effects observed in birds exposed to dioxins include decrease bursa and spleen weights in developing embryos²⁴⁹ and altered thyroid gland structure, circulating thyroid hormones, and vitamin A (retinoid) status (reviewed by²⁵⁰). In Belgium and the Netherlands, PCDDs/PCDFs in common tern (*Sterna hirundo*) were correlated with lower yolk sac retinoids and plasma thyroid concentrations in hatchlings, and to unfavorable breeding parameters (delayed laying and smaller eggs and chicks).²⁵¹ Similarly, cormorants (*Phalacrocorax carbo*) hatchlings from a PCDDs/PCDFs contaminated site in the Netherlands, had decreased plasma thyroid concentrations, and an increased *in ovo* respiration rate.²⁵² Results from laboratory studies, however, have failed to replicate what has been reported from wild avian species, and *in ovo* exposure to TCDD has caused either increases or no changes in thyroid hormones.²⁵³⁻²⁵⁵

Information on the developmental toxicity effects of TCDD in amphibians and reptiles is scarce. Neal *et al.* {Neal, Beatty, *et al.* 1979 #2202} reported no effects in tadpoles and adult bullfrogs (*Rana catesbeiana*) after a single injection of TCDD (500 ppb). Jung and Walker²⁵⁶ exposed anuran eggs and tadpoles to TCDD for 24 h and observed that American toads (*Bufo americanus*) treated with at least 0.03 ppb appeared to metamorphose earlier than controls, and that metamorphosis tended to occur at larger body masses after exposure to higher doses of dioxin. The authors concluded that anuran eggs and tadpoles eliminate TCDD more rapidly, and are 100 to 1,000-fold less sensitive to its deleterious developmental effects when compared to fish. Differential sensitivity to TCDD and related compounds could be related to differences in metabolism and/or to different patterns in AhR binding and signal transduction across taxa. In this respect, there is recent information showing a high degree of amino acid sequence conservation for the AhR among bird species (97% amino acid identity), but a much lower percent identity across taxa (79 and 74% identity between the amphibian *Necturus maculosus* and bird and mouse sequences,

respectively).²⁵⁷

In an epidemiological study, developmental abnormalities and hatch rates from eggs of the common snapping turtle (*Chelydra serpentina serpentina*) were assessed in relation to over 70 polychlorinated aromatic hydrocarbons, including 8 PCDDs and 14 PCDFs.²⁵⁸ This study found an increase in the frequency of deformities with increasing contaminant exposure in eggs, particularly PCDDs and PCDFs concentrations. In the laboratory, American alligators eggs (embryo stages 19 –22) were treated with TCDD (at doses ranging from 0.1 to 10 mg/kg), and incubated at male-producing temperatures (33°C).²⁵⁹ High doses of TCDD in eggs resulted in dose-dependent alterations in sex ratios, with a higher incidence of female hatchlings.

Results from several field and laboratory studies have established that fish, in particular early life stages, are extremely sensitive to the effects caused by TCDD when compared to other taxa. Effects on fry survival are significant at egg doses ranging from 50 to 5000 pg/TCDD/g, which corresponds to concentrations of 75 to 750 pg TCDD/g in parent fish.²³² Signs of TCDD-induced developmental toxicity resemble blue-sac disease, which is an edematous syndrome characterized by yolk sac and pericardial edema, subcutaneous hemorrhages, craniofacial malformations, retarded growth, and death (reviewed by²⁶⁰). This syndrome has been well characterized in salmonids after exposure of eggs via water, injection, or through maternally derived TCDD. Studies with salmonids have established differential sensitivity to induce sac fry mortality, with LD₅₀ values varying from less than 100 pg TCDD/g egg in lake trout (*Salvelinus namaycush*, the most sensitive fish species to TCDD developmental toxicity), to 200 and over 300 pg TCDD/g egg in brook trout (*Salvelinus fontinalis*) and in some strains of rainbow trout (*Oncorhynchus mykiss*), respectively.²⁶¹⁻²⁶³ TCDD-developmental toxicity has also been reported in several non-salmonid species, including the northern pike (*Esox lucius*), the mummichog (*Fundulus heteroclitus*), the Japanese medaka (*Oryzias latipes*),²⁶⁴ and the zebrafish (*Brachydanio rerio*).²⁶⁵ Regardless of species or egg exposure route, early life stage mortality occurs during the sac-fry stage, probably as a consequence of the generalized edema.

Exposure of eggs to TCDD and related compounds may have been responsible for the decline of some fish populations in the Great Lakes, since concentrations of dioxin and dioxin equivalent in eggs and fry of salmonids have fallen within the range of those known to induce blue sac disease in the laboratory.²⁶⁶ The reader is advised to refer to²⁶⁶ and²⁶⁷ for a comprehensive review on the effects of TCDD and related compounds on fish of the Great Lakes.

Fish reproduction can also be affected after exposure to TCDD. In the laboratory, adult female zebrafish

fed 5 - 20 ng TCDD showed impaired oocyte development with fewer eggs produced, and lethal developmental abnormalities in offspring (e.g., malformations of notocord).²⁶⁵ In a separate study, although TCDD treatment of newly fertilized zebrafish eggs did not affect hatchability; doses of 1.5 ng TCDD/g or more resulted in a variety of structural and physiological abnormalities in larvae.²⁶⁸

The mechanism(s) by which TCDD and structurally related compounds cause endocrine/developmental effects are complex and not completely understood. The relative toxicity of TCDD and other halogenated aromatics, is likely dependent on their ability to bind and activate the AhR. Although this AhR mechanism is known to be involved in the antiestrogenic action of TCDD, as well as in its ability to induce structural malformations, its mode of action in causing other reproductive and developmental toxicity is less clear.²⁶⁹ There is substantial evidence that these contaminants induce the expression of certain genes (e.g., Phase I and Phase II enzymes), while altering the transcription of others (ER). Indeed, the antiestrogenic effects of TCDD in mice have been attributed to its ability to suppress ER gene expression probably through an inhibition of ER transcription after binding of the TCDD-AhR complex to promoter regions of the ER gene (see ²⁷⁰ for a review of mechanisms of action of dioxins). Antiestrogenic effects of these contaminants have also been documented *in vitro* using fish cell lines. Using carp hepatocytes, Smeets *et al.*²⁷¹ demonstrated, that although low concentrations of TCDD caused a suppression of VTG secretion and an induction CYP1A, both phenomena were not correlated to each other. From these results, the authors concluded that the antiestrogenic effects of TCDD were probably not caused by increased metabolism of E₂ due to induction of CYP1A. Mechanistic studies using mammalian cell lines also support this theory,²⁷² although increased metabolism of sex steroids may provide an additional or secondary mechanism of antiestrogenicity. In this respect, great blue heron hatchlings and adults exposed to TCDD had increased testosterone hydroxylase activity, phenomena that was coupled with increased P4501A1 activity.²⁷³ Changes in hydroxylase activity, however, have not been associated with alterations on circulating sex steroid concentrations in TCDD-exposed herons.^{253, 254, 274} The pituitary appears to be a target organ for TCDD, disrupting normal feedback mechanisms between hormones and LH secretion.²⁷⁵

Since vitamin A and thyroid hormones are essential for normal differentiation and development of tissues, alterations in their homeostasis might result in malformations and altered growth. In this respect, there is evidence showing that dioxin may interfere with the metabolism and storage of vitamin A (retinoids)²⁷⁶ and of thyroid hormones²⁷⁷ through the co-induction of Phase I (P450) and Phase II (uridine diphosphate-glucoroyltransferase (T₄-

UDPGT) enzymes. In addition, hydroxy metabolites of PCDDs and PCDFs can compete for thyroxine on the transthyretin (the thyroxine binding prealbumin) binding site.²⁷⁸ Finally, recent evidence suggests that the hemodynamic and teratogenic effects observed in fish fry affected by blue sac disease could be due to the ability of TCDD to induce oxidative stress and oxidative DNA damage. In the Japanese medaka, oxidative stress to the vascular endothelium of developing embryos induces programmed cell death or apoptosis.²⁷⁹ Apoptosis of vascular cells leads to a generalized loss of function and subsequent mortality.

3.4 *Organochlorine pesticides and fungicides:*

Organochlorine (OC) pesticides comprise a large group of structurally-diverse compounds used to control agricultural pests and vectors of human disease. Many of these compounds, as well as their metabolites, are extremely persistent due to their chemical stability, low water solubility, and high lipophilicity. The exact mode of neurotoxicity is unknown, although OC pesticides are believed to disrupt the balance of sodium and potassium in nerve cells. The ability of these toxic compounds to bioaccumulate in and often harm unintended species has led to the restricted use of most OC pesticides in the United States. Despite a general reduction in use, several field studies have discovered negative correlations between total OC pesticides and endocrine function in fish, indicating that aquatic wildlife is still being exposed to levels capable of altering endocrine and reproductive parameters. For instance, a negative correlation was found between total OC pesticides and E₂ in male, carp in a large-scale field effort to assess the reproductive health of fish in United States streams.²⁸⁰ Similar results were reported in largemouth bass (*Micropterus salmoides*) collected from a contaminated (with OC pesticides) site in Florida.²⁸¹ In the following section, OC pesticides are discussed according to accepted structural classifications, although effects within the same chemical class may differ drastically. Furthermore, Pickering *et al.*²⁸² have suggested that pesticide toxicity is species-specific, and a single species may be differentially susceptible to different pesticides. Indeed, the reported effects and mechanisms of action may vary significantly between the various OC pesticides.

Cyclodienes:

The chlorinated cyclodiene pesticides are lipophilic, stable solids with low solubility in water. Although differing from the dichlorodiphenylethanes in their mode of action, they served a similar function in controlling a variety of insect pests. Examples of pesticides in this class include *endrin*, *dieldrin*, *chlordane*, *toxaphene*, *telodrin*,

isodrin, endosulfan, heptachlor, and aldrin. Consistent with the nature of organochlorine compounds, the cyclodiene pesticides are persistent in soils and sediments with a half-life of 1-14 y in soils following application. Toxaphene is a complex mixture, which can consist of over 300 congeners of chlorinated bornanes and camphenes; therefore, determining the precise environmental fate of this pesticide poses some challenges, since each structurally unique congener possesses an individual set of chemical properties. Although the production of toxaphene was banned in the United States in 1982,²⁸³ a recent survey of lake trout from the Great Lakes reported toxaphene concentrations ranging from 140-3500 ppb wet weight.²⁸⁴ In a study of juvenile lake trout, the half-life of toxaphene was 63 d, whereas the half-life of toxaphene following injection of adult fish was approximately one year.²⁸⁵

The cyclodienes are believed to produce a wide range of toxic responses in wildlife and adverse effects in laboratory animals. For example, rats exposed to endosulfan had alterations to the nervous, immune, hepatic, renal, and reproductive systems.²⁸⁶

Dieldrin levels of 9.4 ppm in purple gallinule (*Porphyryla martinica*) and of 17.5 ppm in the common gallinule (*Gallinula chloropus*) showed no significant effects on percentage of eggs hatched nor in the survival of young.²⁸⁷ Lockie *et al.*²⁸⁸ reported that the proportion of successful eyries of the golden eagle (*Aquila chrysaetos*) increased from 31% to 69% as the levels of dieldrin fell from a mean of 0.86 ppm to 0.34 ppm. Screech owls (*Otus asio*) with egg aldrin concentrations in the egg ranging between 0.12 - 0.46 ppm were 57% as productive as controls, with lower clutch sizes, hatch rates, and survival.²⁸⁹ Heptachlor epoxide reduced nest success in Canada geese (*Branta canadensis*) when eggs contained > 10.0 ppm²⁹⁰ and reduced productivity in American kestrels (*Falco sparverius*) when eggs contained > 1.5 ppm.²⁹¹ No relationship was found between heptachlor epoxide residues and shell thickness in eggs of Swainson's hawk (*Buteo swainsoni*) nor was reproduction affected in wild prairie falcons (*Falco mexicanus*) and merlins (*Falco columbarius*).^{291, 292} Chlordane fed to northern bobwhites (*Colinus virginianus*) in concentrations of 3 and 15 ppm and to mallards (*Anas platyrhynchos*) at 8 ppm, had no effect on reproduction.²⁹³ Similarly, toxaphene fed at 100 ppm to chickens had no significant effect on reproduction.²⁹⁴ A two year study with American black ducks (*Anas rubripes*) fed a diet containing 1, 10, or 50 ppm toxaphene produced no reproductive effects, although duckling growth, backbone development, and collagen was decreased in offspring of parents fed 50 ppm.²⁹⁵

Chlordane, dieldrin, and toxaphene were tested for their ability to override male-producing incubation

temperature in the red-eared slider turtle (*Trachemys scripta elegans*). Chlordane produced significant sex reversal alone and when administered with E₂.²⁹⁶ In another study, treated male turtles exposed to chlordane had significantly lower T concentrations and females had significantly lower P,T, and 5 α -DHT concentrations than controls.²⁰³

Studies involving the effects of cyclodienes on the reproductive success of fish have produced a range of results, most likely resulting from species- and chemical-specific sensitivities, as well as differences in experimental design. For instance, toxaphene at concentrations ranging from 0.02 – 2.2 ppt did not affect the reproductive success of female zebrafish, as measured by total number of eggs spawned, percentage of fertilized eggs, embryo mortality, and egg hatchability.²⁹⁷ In this species oviposition, however, appeared to be affected by toxaphene exposure in a dose-dependent manner. Conversely, decreased fertilization has been observed in winter flounder after exposure to 0.001-0.002 ppm dieldrin,²⁹⁸ {Smith & Cole 1973 #5069}; reproduction of first-generation flagfish (*Jordanella floridae*) was affected after exposure to 0.3 ug/L endrin,²⁹⁹ and sublethal concentrations of dieldrin and aldrin were reported to induced abortion in mosquitofish (*Gambusia affinis*).

Although less information is available regarding the effects of cyclodienes on reproductive function in male fish, studies involving *Tilapia rendalli* and a laboratory study³⁰⁰ on *Oreochromis mossambicus* showed disrupted nest-building, and decreased reproductive activity. In a study of male striped snakehead (*Channa striatus*), testicular damage and disrupted spermatogenesis were observed after exposure to 0.75 - 1 ppm of endosulfan for 2 - 30 d.³⁰¹

Several reports indicate that oocyte development may be a target for cyclodiene-mediated reproductive toxicity. An increase in oocyte atresia was observed in rosy barb exposed to a low dose (46.6 ppb) of aldrin for 2-4 m.³⁰² Impaired oocyte development and reduced GSI have also been observed in striped snakehead³⁰³ and carp minnow (*Rasbora daniconius*)³⁰⁴ exposed to endosulfan. Other toxic effects related to endosulfan exposure include reduction in the percentage of maturing and mature oocytes; rupturing of oocyte walls; damage to yolk vesicles; and multiple histopathological changes in ovarian morphology.³⁰³ Consistent with the observations of oocyte damage and decreased GSI, endosulfan was shown to have an inhibitory effect on vitellogenesis in clarias catfish.³⁰⁵ It is possible that endosulfan directly interferes with vtg synthesis in the liver, a theory that is supported by evidence that endosulfan alters protein synthesis in the liver of *Cirrhinus mrigala* and Clarias catfish (*Clarias*

batrachus). Alternatively, other studies suggest that endosulfan impairs steroidogenesis by interfering with enzymes along the steroid biosynthetic pathway³⁰⁶ Likewise, the authors of the later study concluded that endosulfan affected VTG synthesis by interfering with the production or activity of hormones responsible for regulating VTG production. Multiple effects along the hypothalamo-hypophysial-ovarian axis of *Sarotherodon mossambicus* were also observed following an exposure to 0.001 ppm endosulfan for 20 d.³⁰⁷ In addition to reduced GSI and various histopathological abnormalities associated with ovarian growth and oocyte maturation, degeneration of basophiles and acidophils (gonadotrops) in pituitary tissue of endosulfan-treated fish was apparent. Exposures of fish to endrin, another member of the cyclodiene family, may also result in morphological abnormalities of the pituitary and ovaries due to the inhibition of neurohormones at the level of the hypothalamus.

Chlordecones (Kepone and mirex):

Chlordecone, also known as Kepone, and mirex are two structurally similar organochlorine insecticides that were manufactured and used primarily in the 1960s and 1970s. No longer permitted in the United States, mirex was used as a pesticide to control fire ants as well as a flame retardant additive, and chlordecone was used to control insects on a variety of crops and for household purposes.^{308, 309} The toxicological effects of chlordecone exposure in humans are well-documented as a result of an incident known as the “Kepone Episode,” in which many employees and residents in the vicinity of several Kepone manufacturing companies were exposed to intoxicating concentrations of the chemical.³¹⁰ The central nervous system, liver, and reproductive organs appeared to be most sensitive to the toxic effects of chlordecone. Comparative studies using laboratory animals have since concluded that the target organs as well as the excretion pathways for chlordecone are similar in humans and rodents, although metabolic pathways differ significantly.

Reproductive impairment in a variety of mammalian and nonmammalian species has been attributed to the estrogenic properties of chlordecone (reviewed by³¹⁰ and³¹¹. Chlordecone induced constant estrus in mice^{312, 313} and neonatal injections in female rodents accelerate vaginal opening and the onset of prolonged vaginal cornification with reductions in ovarian weight.³¹⁴ In quail kepone caused oviduct hypertrophy in females³¹⁵ and suppressed spermatogenesis in males.^{316, 317} Mirex fed to mallards at concentrations of 100 ppm decreased duckling survival and hatch rates were reduced in chickens fed 600 ppm mirex.³¹⁸ Chlordecone also reduced hatchability in chicks

when the adults are fed 150 ppm. Survival of chicks from hens receiving 75 ppm of chlordecone was also reduced.³¹⁹

In fish, there is evidence that chlordecone competes with radiolabeled E₂ for binding to the hepatic ER in spotted seatrout (*Cynoscion nebulosus*),^{143, 320} rainbow trout,³²¹ Atlantic croaker,³²² and channel catfish.³²³ Several *in vivo* studies report the induction of VTG following exposure to chlordecone and mirex, which suggests that these chemicals exert their effects by acting as estrogen-mimics. While many investigators have observed VTG stimulation in response to chlordecone exposure, others report a suppressive effect or no effect at all by chlordecone or the related pesticide, mirex.

Other alterations attributed to chlordecone exposure include inhibition of oviposition in *Oryzias latipes*;³²⁴ reduced egg production and decreased hatchability in *Cyprinodon variegatus*; and histopathological abnormalities in freshwater catfish (*Heteropneustes fossilis*). For instance, exposure of female catfish to chlordecone (0.024 ppm) for 1-2 m resulted in a decrease in the diameter of stage 1-3 oocytes, the formation of interfollicular spaces in the ovaries, and an increase in oocyte atresia.³²⁵ Male catfish in the same study also had a variety of histological testicular abnormalities. Sub-acute doses (0.024 ppm) over the same time period resulted in significant damage to the seminiferous tubules and cystolysis of spermatids and sperm.

Dichlorodiphenylethanes:

The dichlorodiphenylethane pesticide reported most often as having endocrine activity is 1,1,1-trichloro-2,2-bis *p*-chlorophenylethane (DDT). Used extensively during World War II to control insect borne diseases DDT was released into the environment in substantial quantities and, consequently, accumulated in soil, water, and tissues of many animals, including fish. The *p,p'*- and *o,p'*-substituted isoforms of DDT; the dechlorinated analogs, *p,p'*- and *o,p'*-DDD; and the metabolites *o,p'*- and *p,p'*-DDE are various forms that frequently exist in the environment. In highly polluted areas (e.g., Palos Verdes Shelf in Southern California), concentrations of ΣDDT (total measured DDT, DDE and DDD) have exceeded 100 ppm wet weight in the livers of several species. *p,p'*-DDE is one of the most commonly detected and highly persistent OCs in tissues of aquatic animals, and in a recent study by the USEPA (1991) this metabolite was detected in 98% of fish surveyed at 388 locations in the United States. Over the last two decades, concentrations of DDT and its derivatives have decreased in fish of the United

States, Canada, western Europe, and Japan as a result of strict regulation on its use. In addition to DDT, this category of OC pesticides includes DMC (Dimite), dicofol (Kelthane), methlocholor, methoxychlor, and chlorbenzylate.

Laboratory tests have shown increased uterine weight and persistent vaginal estrus in rats exposed to *o,p'*-DDT.^{326, 327} Mammals concentrate DDT in adipose tissue where it can become toxic when fat is lost due to migration or hibernation and the pesticide is unbound.³²⁸ Although concentrations in wildlife have decreased since DDT was banned, little information exists linking DDT exposure in the environment to estrogenic or adverse reproductive effects in wild mammals.³¹¹

The introduction of OC pesticides, especially DDT, was responsible for the declines in populations of many species of predatory birds during the 1950s and 1960s. Bird declines were due to eggshell thinning with DDE being responsible for most of this problem, however, some species are more sensitive than others. For example, 3.0 ppm DDE in egg produces eggshell thinning and reduced productivity in the brown pelican (*Pelecanus occidentalis*) with residues > 3.7 ppm leading to total reproductive failure. On the other hand, peregrine falcons are less sensitive, and reproductive depression first occurs at egg residues of 30 ppm. Black-crowned night herons (*Nycticorax nycticorax*) have a gradual decline in productivity as residues increase. Eggshell thinning due to DDE has also affected populations of bald eagles (*Haliaeetus leucocephalus*).³²⁹ The mechanism for eggshell thinning although previously thought to be caused by the estrogenic effects of DDE is now proposed to involve the inhibition of prostaglandin synthesis in the eggshell gland muscosa.^{329, 330} Additional reports of DDT effects in birds include decreased egg hatchability in eastern bluebirds (*Sialia sialis*).³³¹

Eggs from alligators from Lake Apopka in Florida are known to contain residues of OC pesticides including toxaphene, dieldrin, DDE, DDD, and chlordane, as well as PCBs.³³² Several studies have described adverse reproductive effects to the alligator population on this lake including increased embryo mortality,^{333, 334} and morphological and endocrine abnormalities in juvenile alligators.^{131, 335} DDE also has been shown to cause sex reversal in alligators and red-eared slider turtles (*Trachemys scripta elegans*) following the treatment of eggs at early embryonic stages and at incubation temperatures necessary for the production of male offspring.²⁹⁶ DDT has also been reported to induce VTG in the red-eared slider as well as in frogs (*Xenopus laevis*).³³⁶ Clark *et al.*³³⁷ reported that technical-grade DDT acted as an antiestrogen and *p, p'*-DDE as an estrogen in

Ambystoma tigrinum (tiger salamander). In a study on the reed frog *Hyperolius argus*: *o,p* DDT, *o,p'* DDE and *o, p'* DDD prematurely induced adult female color patterns in juveniles however this was not repeated by *p,p'* DDT, *p,p'* DDE, and *p,p'* DDD.

A number of studies have demonstrated the effects of DDT and related compounds on the reproductive success of exposed fish. Increased fry mortality has been observed in Brown trout (*Salmo trutta*) and brook trout exposed to DDT concentrations ranging from 0.5 - 3.4 ppm/week for 98-308 d.³³⁸ Fry mortality was also reported in a field study of lake trout (*Salvelinus namaycush*) inhabiting a lake polluted with DDT.³³⁹ In the laboratory, white croaker collected from a contaminated site were unable to spawn when total ovarian DDT concentrations exceeded 4 ppm. An increase in oocyte atresia and reduced fecundity and fertility were also observed in white croaker from a DDT contaminated site.³⁴⁰ Organism and population level effects due to DDT and derivation include decreased fertilization and embryo deformity in winter flounder,³⁴¹ decreased fertility and early oocyte loss in *Genyonemus lineatus*;³⁴² and egg mortality in arctic char (*Salvelinus alpinus*).³⁴³ Functional male-to-female sex reversal in Japanese medaka has also been reported following the injection of approximately 227 ng *o,p'* DDT/egg during the course of fertilization. A reduction in viable hatch has also been observed in *Clupea harengus* chronically exposed to 0.018 mg DDE/kg ovary.

Substantial evidence from in vitro studies (particularly in mammals) suggests that DDT and related OC pesticides are estrogenic and, thus, mediate endocrine disruption through interaction with the ER. Several in vivo studies in fish have tested this theory by evaluating the effects of DDT and related compounds on E₂-dependent processes, such as vitellogenesis. A study by Spies et al.³⁴⁴ found that female kelp bass from a polluted site had lower GTH, T, and E₂ concentrations compared to fish from a reference site. Furthermore, the rate of GTH release from the pituitary was enhanced and correlated with hepatic concentrations of DDT. In laboratory studies, an increased rate of GTH release from the pituitary of female kelp bass exposed to DDT was consistent with field observations, yet T production in laboratory exposed fish treated in the laboratory was enhanced. Receptor binding studies found that E₂ binding to the ER was reduced in DDT-exposed fish and conversely DDT was capable of displacing E₂ from the ER. While the estrogenic potential of DDT may vary among different species of fish and other vertebrates, the above studies demonstrate the complexities of the reproductive system and the difficulty when interpreting alterations induced by this group of OC pesticides.

Hexachlorocyclohexane:

Hexachlorocyclohexane (HCH) is an organochlorine chemical for which there are eight isoforms and several are used to prepare the technical-grade product. HCH was primarily used as an agricultural pesticide and is, to some extent, still applied as an insecticidal seed dressing. The precise mode of toxicity is unclear, although the *a*- and *l*- isomers are known convulsants, and the *b*- and *d*-isomers are CNS depressants. The refined product, known as *g*-HCH, *g*-BHC, or lindane, consists primarily of the *g*-form. This product has received extensive use as an insecticide for fruit, vegetable, and forest crops, and as a component of the ointments used to treat head and body lice. Lindane shares many chemical properties with other organochlorine pesticides, although it has greater polarity and water solubility than most. Although in the United States its production was discontinued in 1977, lindane is still imported and used by EPA certified applicators. Lindane can accumulate in the fatty tissues of fish; however, it is easily degraded to less toxic metabolites by algae, fungi, and bacteria inhabiting soil, sediment, and water.³⁴⁵ Less water-soluble than its gamma counterpart, *b*-hexachlorocyclohexane (*b*-HCH; a byproduct generated during the synthesis of *g*-HCH) is the most persistent of the HCH isomers and has been known to bioconcentrate in the tissues of invertebrates, fish, birds, and humans.

Wester *et al.*³⁴⁶⁻³⁴⁸ have examined the effects of *b*-HCH on the development of the reproductive organs of several fish species. Four-week old guppies and post-fertilization Japanese medaka eggs were exposed to a range of concentrations (0.0032-1.0 ppm) for 1-3 m,^{348, 349} Female guppies exposed to 0.32-1.0 ppm had a high incidence of premature, and abnormal yolk formation despite having no fully mature oocytes. In the absence of developed oocytes, VTG accumulated in the body fluids, including the glomerular filtrate of the kidneys, and may have contributed to several toxic lesions observed in various non-reproductive tissues. VTG was also detected in male guppies exposed to 0.32 and 1.0 ppm *b*-HCH, and GTH production by the pituitary was activated, although, testicular development was delayed and evidence of intersexuality or hermaphroditism was reported. Japanese medaka exposed to *b*-HCH also exhibited intersexuality or hermaphroditism following exposure to concentrations higher than 0.1 ppm and treatment with several estrogenic substances has previously been shown to induce the development of a testis-ova in this species. Overall, these authors concluded that the alterations observed in both species were the direct result of the estrogenic activity of *b*-HCH and/or its metabolites. Singh and colleagues³⁵⁰⁻³⁵²

conducted a series of *in vivo* studies that examined the effects of g-HCH (lindane) on steroidogenesis at different phases of the reproductive cycle of goldfish (*Carassius auratus*) and two species of catfish (*Clarias batrachus* and *Heteropneustes fossilis*). Regardless of reproductive stage, four weeks of exposure to 8 ppm g-HCH resulted in reduced plasma T and E₂ concentrations in female clarias catfish, although effects at this dose were more dramatic in females in the later stages of vitellogenesis.³⁵² Similar results were obtained following exposure of female freshwater catfish to 4 and 8 ppm g-HCH for four week.³⁵⁰ A decrease in T and E₂ was observed in all stages of females examined (preparatory, pre-spawning, spawning, post-spawning, and resting), and sensitivities appeared to increase from the preparatory to the spawning phase. Although the exact mechanism underlying the effects of g-HCH remains unknown, it has been suggested that this insecticide may inhibit gonadal recrudescence by reducing GTH secretion or the number of GTH receptors, which would likely interfere with steroidogenesis.^{352, 353}

Vinclozolin:

Vinclozolin (3-(3,5-dichlorophenyl)-5-methyl-5-vinyl-oxazolindine-2,4-dione) is a dicarboximide fungicide is used on vegetables and fruits. Two metabolites, M1 and M2, have been reported to be anti-androgens. Pregnant rats that received vinclozolin during gestation produced male offspring with reduced anogenital distance, cleft phallus, retained nipples, and hypospadias.^{354, 355} Laboratory studies showed Leydig cell hyperplasia, testicular tubular cell atrophy, penile hypoplasia, as well as hypospadias and infertility in male offspring.³⁵⁶ Vinclozolin is an antiandrogen exerting its effects by binding to the androgen receptor.^{311, 357} However, effects in wildlife have been poorly characterized and environmental use is limited.

3.5 Non-organochlorinated pesticides:

Organophosphate pesticides (OPs):

Organophosphate chemicals have been used as nerve gas and insecticides. Their effectiveness as chemical warfare agents and insecticides stems from their ability to inhibit acetylcholinesterase, an enzyme required for basic nerve conduction. The majority of OPs are lipophilic liquids, although they tend to have greater polarity and water-solubility than OC pesticides. Due to their innate instability, most OP pesticides are not believed to bioconcentrate in aquatic species, although select fish species are highly sensitive to the toxic effects of these chemicals. Currently,

many OPs are still used in a number of countries to protect crops from insects, and farm and domestic animals from endo and ectoparasites. They may also be used to control product pests disease vectors (e.g. mosquitoes).

There is some indication showing that OPs might induce endocrine-disrupting effects in wild mammals. Reproductive depression, including decreased percentage of females with embryos and a decreased percentage of births, has been observed in rodents (*Sigmodon hispidus*, *Microtus ochrogaster*, and *Reithrodontomys fulvescens*) exposed to diazinon.³⁵⁸ Reproductive activity was also depressed in *Sigmodon hispidus* exposed to carbaryl.³⁵⁹ A recent study on the population effects of terbufos, however, found no changes on reproductive activity, number of births, or litter size in deer mice (*Peromyscus maniculatus*) and white-footed mice (*P. leucopus*).³⁶⁰

In birds, there is some evidence showing altered gonadotrophin release after exposure to OPs. Japanese quail (*Coturnix coturnix japonica*) exposed to 10 mg/kg parathion responded with a decrease in LH levels.³⁶¹ Since this effect was observed at near lethal concentrations (brain cholinesterase activity was inhibited by over 50%), it is unclear whether this represents a case of endocrine disruption or acute toxicity. Other laboratory studies have reported changes on incubation behavior and egg laying,³⁶²⁻³⁶⁵ and decreased gametogenic function in adult birds exposed to OPs.³⁶⁶ OPs are also known to induce developmental toxicity effects in birds (see review by ³⁶⁷), such as short limbs and parrot beak (known as Type I defects) and skeletal deformities (Type II defects). Results from field studies, however, have generally failed to find effects on several reproductive success parameters (clutch size, hatchability, and number of young fledged/nest) in populations of birds exposed to OPs after agricultural spraying.³⁶⁸⁻³⁷¹

Exposure of amphibians to OPs may result in altered metamorphosis. Development of bullfrog (*Rana catesbeiana*) tadpoles was significantly delayed after exposures to at least 1,000-ppb malathion, possibly because of decreased thyroid function.³⁷² These concentrations, however, are above those commonly found in wetlands or streams after pesticide application. In a separate study, exposure of premetamorphic northern leopard (*Rana pipiens*) and green frogs (*R. clamitans*) to environmentally relevant concentrations of OPs (< 0.01 ppm of basudin 500EC and technical grade diazinon) caused deformities and delayed development.³⁷³ Although exposure to the OP methyl parathion (1 mg/L) has been associated with bone deformities in amphibians, similar to the Type II defects observed in birds,³⁷⁴ its effects on metamorphosis are less clear.³⁷⁵

Chronic exposure to low environmental concentrations of OP pesticides may lead to a variety of

reproductive and developmental effects in fish. For example, Ram and Sathyanesan³⁷⁶ exposed murrel (*Channa punctatus*) to 20 mg/ml cythion (50% malathion, 50% organic solvents) for 6 months and observed an increase in oocyte degeneration, which resulted in retarded ovarian growth and lower GSI. These responses were correlated with fewer and less active gonadotropin-producing cells in the pituitary. In males, spermatogenesis was arrested and some necrotic spermatocytes were apparent. The authors speculated that reduced GTH levels might have contributed to the observed reproductive abnormalities. In freshwater perch (*Anabas testudineus*), although no short-term effects were observed after an exposure to 0.106 ppb Metacid-50 (50% methyl parathion), a reduction in GSI and plasma and ovarian E₂ concentrations was evident after 20 days.³⁷⁷ Exposure to OP pesticides has been documented to elicit a series of histological alterations in ovaries of several fish species. Exposure to 0.1 mg/L methyl parathion for 75 days resulted in substantial oocyte damage in carp minnow (*Rasbora daniconius*).³⁰⁴ Similar effects have been observed in guppies (*Puntius conchonius*) exposed to 53 ug/L monocrotophos for 2-4 months.³⁷⁸ Guppies exposed to fenitrothion have also responded with decreased egg production and abortion.³⁷⁹ Gonad weights and vitellogenesis were reduced in female striped catfish (*Mystus vittatus*) after 12 weeks of exposure to four different organophosphate pesticides (malathion, birlane, gardona, and phosdrin).³⁸⁰ Histological abnormalities of the testis has been a common response in male fish exposed to OP pesticides, having been reported in at least 10 fish species.³⁸¹⁻³⁹¹ Recent evidence indicates that exposure of newly hatched larvae to malathion might also result in developmental alterations (deformed notochord).³⁹²

Exposure of fish to OPs has also been associated with declines in the concentrations of hormones and VTG. For instance, exposure to malathion and to cythion results in reduced plasma concentrations of E₂, T, and VTG.³⁸⁸ In another study, female catfish (*Heteropneustes fossilis*) had decreased plasma E₂ concentrations after an exposure to 1.2 mg/L malathion for 72 h.³⁹³ Similar results were reported in studies examining the effect of malathion on sex steroid concentrations during different phases of the reproductive cycle of the catfish (*Clarias batrachus*).³⁹⁴ It was concluded from this study that, sensitivity to malathion appeared to increase from the pre to the post-vitellogenic phases, the latter of which involves ovulation and spawning. Carbaryl-induced thyroid dysfunction has also been reported in this species of freshwater fish.³⁹⁵

Evidence suggests that OP pesticides may affect steroidogenesis by acting at multiple sites along the hypothalamus-pituitary-gonadal-liver axis. In fish, exposure to certain OPs reduces GnRH-like factor levels in the

hypothalamus, and impairs pituitary activity and release of GTH.³⁹⁶⁻³⁹⁸ Additional studies have shown reduced 3-HSD and 17-HSD activities in ovaries and testis of exposed fish.^{385, 399} Singh³⁸⁷ proposed that malathion reduces E₂ in the Asian rice eel, *Monopterus albus*, by interfering with the enzyme aromatase. Malathion, however, appears not to affect cholesterol biosynthesis, although it has been shown to alter the synthesis and mobilization of other lipids, as well as the hydrolysis of esterified cholesterol to free cholesterol.^{400, 401}

Carbamate pesticides: The carbamate pesticides, many of which are in current use, are derivatives of carbamic acid. Like the OP pesticides, they act as acetylcholinesterase inhibitors, vary with regard to water solubility, and are relatively nonpersistent in the environment. Carbaryl is a carbamate pesticide that controls over 100 species of insects on a variety of crops, agricultural animals, and pets. Although carbaryl has been reported to accumulate in certain species of fish and invertebrates, the risk of biomagnification is low due to its rapid metabolism and degradation. Carbofuran is another carbamate pesticide with wide application, although granular forms were banned in the U.S. in 1994 following a number of bird kills. Carbofuran is used to protect field, fruit, vegetable, and forest crops from insects, mites, and nematodes.

Laboratory studies with amphibians, have reported growth inhibition and increased incidence of developmental deformities in tadpoles exposed to carbamate pesticides.^{373, 374, 402} In fish, carbamate pesticides have been shown to induce histopathological alterations in the ovaries and testes. Female fish exposed to carbofuran (range of 1 to 5 ppt) have responded with reductions in GSI, inhibitions in oocyte growth, and increases in oocyte atresia.^{381, 403} Some of the lesions seen in ovarian tissue of carbofuran-exposed fish have included decreased oocyte diameter, a predominance of immature oocytes, and damage to yolk vesicles and oocyte structure.^{404, 405} In males, carbofuran causes declines in testes weight, delays in spermatogenesis, and induces necrosis of spermatogonia and spermatocytes.^{381, 382} Although generally less toxic to fish than carbofuran, carbaryl exposure results in many of the same reproductive alterations. Carbaryl-induced alterations, including reduced GSI and plasma E₂ concentrations, inhibited oocyte growth, increased oocyte atresia, and damage to yolk vesicles and oocyte structure, have been observed in several species of fish after exposures ranging from 2 to 20 mg/mL.^{377, 406 407} Increased larval mortality and decreased production and hatchability of eggs are additional responses to carbaryl exposure.⁴⁰⁸

Little information is known regarding the mechanism(s) by which carbamate pesticides induce reproductive anomalies in fish, although results from both field and laboratory experiments suggest that carbaryl may act at the

level of the pituitary by altering GnRH and GTH serum concentrations.³⁹⁶ Results from the in vitro ESCREEN indicate that neither carbaryl nor carbofuran are estrogenic in nature.⁴⁰⁹ Carbofuran also appears to raise cholesterol and phospholipid concentrations in the ovaries and testes of fish, while lowering overall protein, RNA, total lipids, and ascorbic acid.⁴¹⁰

Organometal pesticides: Certain metals are highly insoluble in their inorganic form and, therefore, possess little to no toxicity. However, since metal toxicity may be greatly enhanced if binding to an organic ligand occurs, some metals have been modified intentionally to increase their toxicity for use as pesticides. Until 1993, organomercury was used as an antifungal seed dressing in the UK; organolead has been applied to fruit crops to control caterpillars; and organotin compounds have served a number of functions due to their extreme toxicity. For example, tributyltin (TBT) has served as an algicide, miticide, fungicide, and insecticide, and since the 1960s, it has also functioned as a marine antifouling agent. Both agricultural and maritime applications have led to the contamination of aquatic environments. Although the half-life of TBT in water is brief (days to weeks), organotin compounds have the potential to bioaccumulate in aquatic organisms.

One of the best documented cases of endocrine disruption comes from the work done with marine gastropods exposed to organotin compounds (mainly TBT) contained in antifouling paints. Laboratory and field studies have demonstrated that female gastropods exposed to environmentally relevant doses of TBT develop an irreversible sexual abnormality known as “imposex”. This masculinization process involves an increase in T concentrations, which is followed by the imposition of male sex organs (penis and vas deferens) over the oviductal tissues, causing abnormal breeding activity and in many cases, population declines.⁴¹¹⁻⁴¹⁶ Depending on the species and dose attained, oogenesis might be completely supplanted by spermatogenesis. TBT can also induce alterations in the behavior and development of bivalve larvae.⁴¹⁶ It is estimated that about 72 species and 49 genera of prosobranchs are affected world-wide (see review by⁴¹⁷). In the case of the highly sensitive common dogwhelk (*Nucella lapillus*), imposex is induced at exposures as low as 1 – 2 ng/L, with complete suppression of oogenesis at TBT concentrations above 3 – 5 ng/L.⁴¹²

In fish, organotin compounds are readily bioaccumulated and stored in different tissues, including the gonads.⁴¹⁸ Exposure to organotins has been associated with delayed hatching, high embryo and larval mortality, and retarded yolk sac resorption in several fish species.^{419 420 421 422-424} In guppies, exposure to TBT (11.2 – 22.3 ng/L)

and bisphenol A (274-549 ug/L) results in significant declines (by 40 – 75%) in total sperm counts after 21 days.⁴²⁵ Organotin compounds also induce several alterations in ovaries and testes of fish. Three-spined sticklebacks, *Gasterosteus aculeatus*, exposed to bis(tributyltin)oxide (TBTO) for up to 7.5 months experienced no seasonal increase in GSI, as was apparent in control animals. In addition, ovaries from exposed animals contained 25% percent resorbing oocytes, as opposed to 0% in controls.⁴²⁶ In this study, however, several other reproductive endpoints (including spawning behavior, fecundity, hatchability, frequency of deformed fry, and secondary sex characteristics) were not affected by treatment.

Although the precise mechanism(s) by which TBT causes endocrine disruption in invertebrates are not entirely known, recent evidence suggests that this compound may act as a competitive inhibitor of cytochrome P450-mediated aromatase.^{411, 413} TBT may also interfere with sex steroid metabolism, inhibiting the formation of sulphur conjugates of T and its active metabolites. In addition, TBT is capable of inducing cytotoxic and genotoxic damage to embryonic and larval stages in invertebrates.^{427, 428}

Triazine pesticides: The triazine pesticides include some of the most extensively used herbicides in North America. Indeed, atrazine is used to control weeds on more than two-thirds of the U.S acreage containing corn and sorghum, as well as 90% of sugarcane acreage. Simazine, another member of this class of herbicides, is currently applied to 30 high-value crops including a variety of fruits, vegetables, nuts, turfgrass, and conifers. Despite the widespread use of these chemicals, relatively little is known regarding their potential health effects to humans and wildlife. Atrazine is only slightly toxic to fish and the risk for bioaccumulation is extremely low due to its propensity for rapid degradation to less- or non-toxic metabolites.

The effects of atrazine on amphibian metamorphosis have been examined in some detail. Tiger salamanders (*Ambystoma tigrinum*) exposed to low concentrations of atrazine (75 ug/L) developed at slower rates, but were similar in size when compared to controls.⁴²⁹ In contrast, exposure to high atrazine concentrations (250 ug/L) resulted in similar developmental rates, but decreased sizes. In addition, plasma thyroxine (T₄) was elevated in both groups, whereas corticosterone was depressed in the low-dose group only. These authors hypothesized that the suppression of corticosterone could have resulted in a decreased conversion of T₄ to the active form 3,3', 5-triiodothyronine (T₃), thus slowing metamorphosis and allowing increased growth. In contrast, Allran and Karasov⁴³⁰ found no effects on developmental rate and metamorphosis in northern leopard frogs (*Rana pipiens*) exposed to atrazine (20 and 200 ug/L). Atrazine has also been shown to induce teratogenic changes in frog

embryos, but at concentrations approaching maximum solubility in water.⁴³¹

Studies with alligators have shown that atrazine might induce differential responses in developing embryos depending on timing of exposure. Crain *et al.*⁴³² reported that atrazine (14 mg/L) induced gonadal aromatase activity in male hatchling alligators exposed *in ovo*. In a later study, however, incubation of alligator eggs with atrazine prior to the critical period of gonadal differentiation, did not influence sex determination, and had no apparent effect on gonadal structure (measured as sex-cord diameter in males, Mullerian duct epithelial cell height, and medullary regression of the ovaries in females), nor hepatic aromatase activity.⁴³³ Since most endocrine changes associated with atrazine have been reported in normally organized reproductive systems, the authors hypothesized that the lack of noticeable effects in the latter study was the result of exposing embryos during very early developmental stages, i.e. prior to or during the development of the reproductive system.

Few studies have examined endocrine or reproductive function in fish exposed to atrazine or other triazine pesticides. Channel catfish (*Ictalurus punctatus*) and gizzard shad (*Dorosoma cepedianum*) maintained for 4.5 months in ponds containing 20 ug/L atrazine failed to reproduce, and reproductive success of bluegills (*Lepomis macrochirus*) was reduced more than 95%.⁴³⁴ Since the dietary habits of bluegill were largely affected by the herbicide treatment, the authors suggested that impaired reproduction might have been due to impoverishment rather than to direct effect of atrazine exposure. Results from our laboratories have shown that atrazine affects sex steroids in male and female largemouth bass (*Micropterus salmoides*) (Gross *et al.*, unpublished data). After 20 days of exposure, plasma 11-KT concentrations were elevated in males exposed to 100 ppm atrazine, and E₂ concentrations were increased in females exposed to 50 and 100 ppm atrazine. Studies with largemouth bass have also shown that when ovarian follicles are incubated with 10 ppm atrazine, it results in an increased E₂ and a decreased T production. Furthermore, *in vitro* T synthesis is greatly reduced when gonads are incubated with a combination of atrazine and fluridone or atrazine and chlordane.

Current evidence suggests that atrazine induces endocrine-disruptive effects by acting as a steroid hormone antagonist (antiandrogen and/or antiestrogen), probably through non-receptor mediated mechanisms. Indeed, a number of *in vivo* and *in vitro* studies have failed to detect estrogenic activity for triazines. In two independent studies, oral exposure to atrazine and simazine did not increase uterine weight in immature or ovariectomized female Sprague-Dawley rats,^{435, 436} and cell proliferation and binding studies found no evidence for either agonistic or antagonist activity for this herbicide.⁴³⁵ Furthermore, atrazine and related compounds failed to

demonstrate estrogenic activity in human and yeast cells expressing the ER and an estrogen-sensitive reporter gene,^{437, 438} although the triazines have displaced radiolabeled estradiol from the ER in competition studies.^{363, 438} Also, a study by Danzo,⁴³⁹ showed that atrazine did not reduce radiolabeled estradiol binding to rabbit uterine ER, although it inhibited the binding of dihydrotestosterone to androgen receptor sites in rat testes and reduced the binding of dihydrotestosterone to the androgen binding protein by 40%. Triazines may also disrupt reproductive function by altering LH and prolactin concentrations.⁴⁴⁰

3.6 *Complex Mixtures:*

Pulp and Paper Mill Effluents

Over the past 15 years, a number of investigators have studied the effects of pulp and paper mill effluents on feral and laboratory fish populations. In general, fish exposed to these effluents experience alterations in steroid biosynthesis, gonadal development, sexual maturation, and expression of secondary sex characteristics. Identifying the causative agents in the effluent and establishing cause-and-effect relationships, however, have been challenging tasks, since pulp and paper mill effluents are complex mixtures, and the components are not entirely known. Furthermore, variations in wood finish; in the pulping and bleaching process; and in the treatment of effluents between mills leads to different effluent compositions. Nevertheless, all pulping protocols involve the separation and discharge of natural wood components such as sugars, lipids, resins, and fatty acids, which generally undergo bacteriological treatment in settling and aeration ponds. Depending on the bleaching techniques used, pulp and paper mill effluents may also contain different kinds and concentrations of chlorinated organic compounds such as PCDDs and PCDFs.

The most thorough field studies on the reproductive effects of paper mill effluents have been conducted at Jackfish Bay, Lake Superior. Jackfish Bay, has received bleached kraft mill effluent (BKME) from a nearby pulp mill since 1949 and, therefore, has provided a convenient site for studying the impact of BKME on several fish species. BKME-exposed white suckers (*Catostomus commersoni*) show decreased concentrations of several sex steroid hormones (T, 11-KT, and E₂).^{441-445, 445-447} Declines in steroid concentrations have also been documented in longnose sucker (*Catostomus catostomus*) and lake whitefish (*Coregonus clupeaformis*) from Jackfish Bay,^{442, 442, 444} in white sucker at other mills,⁴⁴⁸⁻⁴⁵¹ and in other effluent-exposed fish species sampled elsewhere.^{442, 452, 453} The consequences of these similar endocrine alterations to whole animal reproductive fitness and population dynamics,

however, have varied greatly among species. For example, longnose sucker exposed to BKME show no organism responses other than an altered age distribution, whereas white sucker and lake whitefish show decreased gonadal sizes, secondary sexual characteristics, and egg sizes, and increased age to maturity.⁴⁴² In a review of whole organism responses of fish exposed to different kinds of mill effluents (including unbleached pulps), 80% showed increased age to sexual maturation, and reduced gonadal size was reported in 58% of the studies.⁴⁵⁴ These observations provide evidence for species differences in susceptibility to BKME, but also show the inherent difficulty when trying to compare biological responses in fish populations inhabiting highly different environments and exposed to complex mixtures likely to vary in chemical composition.

There are relatively few studies on the effects of BKME on egg and fry parameters, and the results from these studies are conflicting. Fertilities (as indicated by the percentage of spawned eggs that hatched) were decreased in zebrafish (*Danio rerio*) after exposure to chlorinated phenolics from a bleach plant effluent⁴⁵⁵ and in brown trout (*Salmo trutta*) after exposure to BKME.⁴⁵⁶ Hatchabilities were also reduced in pike (*Esox lucius*) after exposure of eggs to BKME concentrations as low as 0.5%.⁴⁵⁷ Similarly, many field and laboratory studies have reported declines in fecundities of several fish species after exposure to paper mill effluents.^{445, 445, 448, 455, 458, 458-460} McMaster *et al.*⁴⁶¹ on the other hand, found equal or greater fertilization rates and no effects on hatchabilities of white suckers eggs, despite declines in sex steroid concentrations, gonad and egg sizes and sperm motility in BKME-exposed fish. In addition, fecundities and/or hatchabilities were not altered after exposures to BKME in several other field^{452, 462, 462, 463, 463} and laboratory studies.^{453, 464} There is very little information on the developmental effects of BKME. In the laboratory, survival from larvae to adult and growth of fathead minnows (*Pimephales promelas*) were not affected after exposures to up to 20% effluent concentrations.^{458, 464, 465} Studies conducted in our laboratories with largemouth bass (*Micropterus salmoides*), however, have found similar fecundities and hatchabilities, but decreased fry survival after exposures to 10% BKME.⁴⁵³ Similarly, Karås *et al.*⁴⁶³ reported comparable fecundities and egg mortalities in perch (*Perca fluviatilis*) from a BKME-exposed area, but fry hatched from this site were smaller and had an increased frequency of abnormalities which was translated into lower abundances of fry and young-of-the-year fish. These authors concluded that exposure of perch to BKME had resulted in high mortality rates close to the time of hatching due to either chronic failure of parental reproductive systems and/or acute toxicity to embryos or early larvae.

Exposure to pulp and paper mill effluents has also been associated with alterations in secondary sex

characteristics (see⁴⁶⁶ for a review of the evidence for masculinization in poeciliids from Florida). Female mosquitofish, *Gambusia affinis*, inhabiting a stream receiving paper mill effluents in Florida were reported to be strongly masculinized showing both physical secondary sex characteristics (fully developed gonopodium) and reproductive behavior of males.⁴⁶⁷ More recently, masculinization of female fish has been identified from an additional two species (least killifish, *Heterandria formosa* and sailfin molly, *Poecilia latipinna*) collected from an effluent-dominated stream.⁴⁶⁸ Masculinization of female fish has been attributed to the action of androgenic hormones that result from the biotransformation of plant sterols (and also cholesterol and stigmasterol) by bacteria such as *Mycobacterium*.⁴⁶⁹

Results from studies on white sucker indicate that several sites within the pituitary-gonadal-axis are affected after exposure to BKME. Fish from exposed sites had significantly lower plasma levels of gonadotropin (GtH-II) and showed depressed responsiveness of sex steroids and 17,20 β -dihydroxy-4-pregnen-3-one (a maturation-inducing steroid) after GnRH injections.⁴⁷⁰ BKME-exposed fish also had lower circulating levels of testosterone glucuronide, which would be suggestive of altered peripheral steroid metabolism. Similarly to what was observed under *in vivo* conditions, *in vitro* incubations of ovarian follicles collected from BKME-exposed females have also shown reduced steroid production.^{443, 470} The similarities between both types of studies would suggest that reductions in plasma steroid levels in BKME-exposed fish are mainly due to alterations in ovarian steroid production. Recent studies on white sucker have shown increased apoptotic DNA fragmentation and increased expression of a 70-kDa heat shock protein in oocytes from prespawning females, which coupled with lower sex steroids may explain the observed decreased gonad weights and delayed sexual maturity.⁴⁷¹

Although there is extensive literature on the reproductive effects of BKME on fish, very little is known about the chemical compound(s) that could be held responsible for such changes. Compounds such as dioxins and furans were the first to blame, because of their persistence, bioaccumulative properties, and their known deleterious reproductive and antiestrogenic effects.⁴⁷² Recent evidence, however, suggests that the chemical(s) in pulp mill effluents responsible for reproductive alterations are relatively short-lived and readily metabolized by fish. For example, mixed-function oxygenase induction and endocrine alterations have also been reported downstream from mills that do not use chlorine bleaching,⁴⁴² and these parameters have rapidly returned to normal after cessation of exposure.⁴⁴⁴ Indeed, several of the natural wood components in the final effluent, such as sterols, lignans, stilbenes, and resin acids, are believed to be weak estrogens.^{473, 474} For example, the plant sterol, β -sitosterol, has demonstrated

estrogenic activity by its ability to induce VTG in juvenile rainbow trout⁴⁷⁴ and male goldfish⁴⁷⁵ and bind to the ER in rainbow trout hepatocytes⁴⁷⁶. Conversely, various phytosterols that survive the treatment process have displayed masculinizing effects under controlled experimental conditions.⁴⁷⁷

Sewage-treatment effluents

English researchers have shown that effluents coming from sewage-treatment plants might cause estrogenic effects in fish, due to their ability to induce the production of VTG (a female specific egg-yolk precursor) in males (see ⁴⁷⁸ and ⁴⁷⁹ for a review on this topic). Recent information has also shown an increase in the incidence of intersex or hermaphroditism in populations of wild fish inhabiting rivers contaminated with sewage effluent.⁴⁸⁰ Presently, the population-level effects of increased VTG in male fish remain poorly understood, although they are known to be associated with decreased testicular growth.^{481 482} Chemical analysis of effluents from sewage-treatment plants has identified several compounds with estrogenic properties, including: natural estrogens (E_2 and estrone); synthetic estrogens (17 α -ethynylestradiol or EE₂, widely used in birth control pills); alkylphenolic chemicals (resulting from the breakdown of non-ionic surfactants); plasticisers (bisphenol-A); and phthalates.^{481, 483,}
⁴⁸⁴ The following section reviews the major findings on the endocrine-disrupting effects of the above groups of chemicals in fish.

Natural and Synthetic estrogens. Recent studies using chemical fractionation and biologic screening techniques, suggest that natural and synthetic steroidal estrogens may be causing the greatest estrogenic effects in fish inhabiting streams contaminated with sewage-effluents.⁴⁸⁵ This stems from the fact that both types of estrogens, but especially the synthetic ones, are highly potent hormones, and thus concentrations in the pptr or less are capable of inducing biological effects. For example, EE₂ induces VTG synthesis in male rainbow trout at concentrations as low as 0.1 pptr.⁴⁸⁶ EE₂ concentration in English rivers has ranged from 0.2 – 7 pptr.⁴⁸⁷ Although the reproductive consequences of EE₂ exposure in fish are mainly unknown at this time, they have been associated with decreased testicular growth and development in immature fish.⁴⁸⁸ Altered spermatogenesis has also been reported in fish exposed to natural estrogens.⁴⁸⁹ Women are the primary sources of natural and synthetic estrogens in sewage effluents, which get excreted as inactive conjugates during menstrual cycling, or because of the use of contraceptive pills. During the sewage-treatment process, these conjugates are biotransformed into their parent and biological active compounds.

Alkyl phenol ethoxylates (APEs) and Alkyl phenols (APs):

APEs are effective non-ionic surfactants, serving as components of industrial and domestic detergents, pesticide formulations, cosmetics, and paints. Of all APEs produced, nonylphenol-polyethoxylates and octylphenol-polyethoxylates constitute approximately 80% and 20%, respectively. These chemicals are biodegraded during sewage treatment to form APs, such as nonylphenol and octylphenol. Industrial effluents might contain over 100 ppb of nonylphenol, although most streams surveyed in the UK and in the US contained equal or less than 10 and 0.1 ppb, respectively.^{490, 491} Nonylphenol and octylphenol, are hydrophobic and lipophilic and thus can accumulate in sediment and fish adipose tissue. Both APEs and APs are known to have estrogenic properties, as discussed below.

Alkylphenolic chemicals might also be playing an important role as xenoestrogens in sewage effluents. Male rainbow trout exposed to four AP chemicals, responded with significant increases in plasma VTG concentrations, particularly after treatment with at least 3 ppb octylphenol.⁴⁸¹ Nonylphenol and two carboxylic acid APE degradation products also induced VTG production in males in this study, but at higher concentrations. Testicular growth was inhibited in response to all four chemicals, with octylphenol having the greatest inhibitory effect. Christianson *et al.*⁴⁹² reported similar effects in male eelpout (*Zoarces viviparous*) exposed to nonylphenol. Twenty-five days after a 10-100 ppm nonylphenol injection, a significant increase in plasma VTG with a concomitant decrease in GSI was observed. Histological examination revealed degenerated seminiferous lobules in exposed males, as well as decreased GTP activity (a marker for Sertoli cell function). Plasma VTG induction has also been reported following nonylphenol exposure in male and immature female rainbow trout,⁴⁹³ male flounder,⁴⁹⁴ male and female Atlantic salmon,^{495, 495, 496} Japanese medaka,^{495, 497} and immature channel catfish.⁴⁹⁸ Nonylphenol (25 ppm) has also caused a dramatic increase in plasma zona radiata proteins in juvenile female Atlantic salmon.⁴⁹⁶ Gray *et al.*⁴⁹⁹ recently reported a reduction in courtship activity in adult Japanese medaka males exposed to octylphenol from 1 day posthatch to 6 months posthatch. In this study, transgenerational effects were also observed (i.e. an increase in fry developmental abnormalities). Similarly, AP-induced developmental toxicity effects have been reported in embryos and larvae of killifish (*Fundulus heteroclitus*) after exposures to octylphenol and 4-*tert*-octylphenol.⁵⁰⁰ Disruption of sexual differentiation is yet another effect observed in fish exposed to APs, having been reported in common carp⁵⁰¹ and mosquitofish.⁵⁰²

The endocrine-disrupting properties of APEs and APs are mainly related to their ability to bind to the ER. Indeed, APEs have been shown to be estrogenic using several *in vitro* bioassays.^{503 504, 505} Similarly, APs substituted at position 4 (e.g., 4-nonylphenol) have demonstrated estrogenic activity in various *in vitro* and *in vivo* bioassays.^{506-508 503 509} P-substituted phenols, such as 4-t-pentylphenol (TPP), are believed to be among the most potent estrogens.^{508, 510} Ren *et al.*⁵¹¹ suggested that nonylphenol may also be involved in the post-transcriptional regulation of VTG mRNA processing. Finally, recent research shows that APs can induce reproductive alterations through an increase in the rate of apoptosis of Sertoli cells, phenomena that can negatively affect the development and release of sperm.⁵¹²

Bisphenol A: Bisphenol is the generic name given to a group of diphenylalkanes commonly used in the production of plastics. Bisphenols consist of two phenolic rings joined by a carbon bridge. The bridging carbon has no substituent in bisphenol F and two methyl groups in bisphenol A (BPA). Incomplete polymerization or depolymerization of plastics from heating may result in the release of BPA into the environment and subsequent human and animal exposure. The first reports to document the estrogenic potential of the bisphenols appeared in the 1930s,⁵¹³ and a number of investigators employing a variety of techniques have since confirmed those results (e.g.,^{514 515}). Evidence suggests that estrogenic potency of these compounds increases with the length of the alkyl substituent at the bridging carbon, as well as the chemical nature of the substituents.⁵¹⁶ Bisphenols with hydroxyl groups in the para position and an angular conformation are suitable for binding the ER at the acceptor site.

The estrogenicity of BPA has been demonstrated by several *in vitro* assays (e.g.,^{409, 506, 510, 517-520}). More recently, BPA has been shown to induce the synthesis of the VTG protein in rainbow trout liver slices;⁵²¹ VTG mRNA in rainbow trout primary hepatocyte cultures;⁵²² and VTG and zona radiata proteins in Atlantic salmon primary hepatocytes.⁵²³ In the latter study, BPA inhibited the E₂-stimulated induction of VTG and zona radiata proteins, suggesting that the effects of the plasticizer are truly estrogenic in nature. Arukwe *et al.*⁴⁹⁶ observed a dose-dependent increase in plasma VTG and zona radiata proteins following a single intraperitoneal injection of bisphenol A.

Interestingly, recent evidence suggests that the *in vivo* estrogenicity of BPA may be greater than predicted by *in vitro* assays.⁵²⁴ Male Japanese medaka were exposed to BPA for two weeks and then introduced to a tank with untreated females for spawning studies.⁴⁹⁷ In the experimental group, the number of hatchings was reduced, and the

concentrations that affected reproduction in this study were lower than concentrations that produced effects in some in vitro studies. Furthermore, VTG synthesis was observed at concentrations below those affecting reproduction.

Bisphenol A is also known to cause significant declines in sperm production.^{425, 525}

Other phenolics: Several phenolic compounds, other than alkyl phenols and BPA, have been evaluated for their impact on fish reproduction. For example, polychlorinated phenols are often formed during the chemical reaction of chlorine and phenolic compounds in wood pulp. The polychlorinated phenols are acidic and are chemically reactive compounds of low persistence because of their water solubility. Pentachlorophenol (PCP), a commonly used fungicide in wood preservation, often enters the environment as a component of domestic and industrial effluents, primarily from the forest products industry.

There is evidence that reproductive effects can be elicited when fish are exposed to PCP. Female rainbow trout exposed for 18 days to sublethal concentrations of PCP (22 and 49 ppm) during the primary ovarian growth phase displayed a significant increase in oocyte atresia and a trend toward decreasing oocyte diameter.⁵²⁶ The use of purified PCP in this study rebutted the claim that toxicity of technical PCP is due to contamination by PCDDs, PCDFs, or other chlorinated phenols.⁵²⁷ It has been suggested that PCP affects oogenesis by interfering with the production of yolk in the liver of rainbow trout.⁵²⁸ These authors found that PCP may act as an estrogen antagonist, since it has shown a slight inhibitory effect on E₂-stimulated induction of the ER mRNA and a substantial inhibitory effect on E₂-stimulated induction of VTG mRNA. In addition, a study with *Daphnia magna* found that PCP is capable of altering steroid hormone biotransformation and elimination pathways.⁵²⁹ The potential estrogenicity of several other phenolic compounds was tested by⁴⁸³ using a trout ER competition study and several mammalian cell assays. 2,4-dichlorophenol, a component of fungicides and germicides, reduced the binding of radiolabeled E₂ to the trout ER. Conversely, 3,4-dimethylphenol and 2-methylphenol, which also serve as fungicides and disinfectants but have no chlorine group, failed to compete for ER binding. In another study,⁵³⁰ examined the effect of phenol on the steroidogenesis and reproductive activity in sexually maturing carp. After 48 days of exposure to 8 ppt phenol, GSI was reduced, ovarian and liver cholesterol concentrations were increased, and cholesterol conversion to sterol products was inhibited. Previous studies by Kumar and Mukherjee⁵³¹ also demonstrated phenol-induced alterations in plasma, ovarian, and hepatic cholesterol concentrations in several species of fish.

3.7 Metals:

Although metals are natural substances, human activity is largely responsible for their abnormal release and accumulation in the environment. Metal toxicity usually results from exposure to high levels of non-essential metals such as mercury (Hg) or cadmium (Cd). Since these and all other metals are non-biodegradable; the body cannot metabolize them into less toxic forms. Instead, detoxification involves binding to specific proteins (e.g. metallothionein) that function to shield toxic properties or to produce insoluble forms (e.g. intracellular granules) for long-term storage or excretion. If not excreted, metals can bioaccumulate in tissues, especially if the individual occupies a position at the top of the food chain. Metals probably do not act as classic EDCs i.e. modulating receptor-mediated effects. Instead, their mechanism of action may involve toxicity of endocrine tissues, altered enzyme binding, or central nervous system interactions. Nonetheless, exposures may result in changes in concentrations of serum hormones producing some deleterious change in either the adult or developing embryo.

Mercury:

Mercury is a non-essential heavy metal found naturally in the environment and used in many industries, including battery, paper, paint, chemical, and agriculture, as well as dentistry and medicine. The burning of coal, natural gas, and refining of petroleum products adds 5,000 tons of mercury per year to the atmosphere increasing mercury contamination of aquatic ecosystems worldwide.^{532, 533} Mercury enters aquatic systems either indirectly by atmospheric deposition or from direct discharge of mercuriferous wastes into watersheds.^{534, 535} Conditions of low pH and high dissolved organic carbon increase the methylation of inorganic Hg to the more toxic methyl mercury (MeHg).⁵³⁶ This methylated form is rapidly bioaccumulated by aquatic species with body burdens in piscivores increasing with trophic level.⁵³⁷ While there have been many studies measuring Hg concentrations in wildlife⁵³⁸⁻⁵⁴³ little information is available on its potential effects.⁵⁴⁴

In laboratory tests Hg has produced stillbirths in dogs and pigs and abortions,⁵⁴⁵ abnormal sperm,⁵⁴⁶ and low conception rates in monkeys.⁵⁴⁷ Mercury laden rats have reduced litter size⁵⁴⁸ and decreased survival.⁵⁴⁹ In mice, Hg produces decreased fetal survival,⁵⁵⁰ fetal malformations,⁵⁵¹ embryo resorption,⁵⁵² low sperm counts,⁵⁵³ and tubular atrophy of testes.⁵⁵⁴ Abortions have been reported in guinea pigs⁵⁵⁵ and Hg in the Florida panther is thought to reduce kitten survival.⁵⁵⁷ These effects in offspring are expected

because Hg (both inorganic and organic) is able to cross the placenta producing behavioral deficits, impaired fertility and fetal death.^{558, 559}

Studies in birds have been limited to evaluating effects on hatchability and survival. Some studies have found a negative correlation between hatching success and Hg concentrations in eggs^{543, 560, 561} or feathers.^{562, 563} Common tern with liver Hg concentrations between 9 - 21 ppm wet wt showed decreased hatchability and reduced nesting success.⁵⁶⁴ Concentrations between 3 -14 ppm in common loons decreased hatchability and at 52 ppm reduced nesting success.⁵⁶⁰ In this same study, brain concentrations > 2 ppm reduced egg laying and decreased nest and territory fidelity.⁵⁶⁰ Egg concentrations from 0.5 to 1.5 ppm wet wt decreased hatchability in pheasants.⁵⁶⁵⁵⁶⁶ Mallard eggs with externally applied MeHgCl showed decreased embryo weights, developmental abnormalities, and embryonic death. Juvenile survival was also decreased in these studies because of neurological damage. Ducks fed Hg over three generations had decreased reproduction and altered behavior in the ducklings.⁵⁶⁷

There is little information on Hg reproductive toxicity in reptiles and amphibians. The amphibian *Pleurodeles waltl* raised in water with low concentrations of MeHgCl showed chromosome breaks.⁵⁶⁸ Frogs (*Rana cyanophlyctis*) kept in water for less than three months had decreased GSI as well as reduced numbers of sperm bundles and increased secondary spermatogonia indicating a blockage in mitosis and thus in the conversion of spermatogonia into primary spermatocytes.⁵⁶⁹ Mercury contamination is also reported to have caused a loss in germ cells and sterility in *Rana nigromaculata*⁵⁷⁰ and reduced survival in *Xenopus laevis*.⁵⁷¹

In fish, Hg exposure has caused decreased GSI and a variety of gonadal abnormalities.⁵⁷² Other responses to exposure involve altered lipid and cholesterol ovarian content,⁵⁷³ reduced spermatogenesis,³⁴⁶ and impaired fertilization.^{574, 575} Studies with tilapia have shown reduced plasma E₂ in females and plasma 11KT in males with muscle concentrations ranging from 1 to 7 ppm wet wt (Arnold et al. in preparation). Similar effects have been seen in largemouth bass with muscle Hg as low as 0.25 ppm wet wt.¹⁰⁹ These studies suggest a central nervous system exposure and subsequent effects on the hypothalamic-pituitary-gonadal axis in fish.

Mercury may depress hormone production by acting on the gonads and interfering with their development. Testicular atrophy was observed in tilapia (*Oreochromis niloticus*) with Hg concentrations between 0.4 – 2.7 ppm dry wt. and in guppies (*Poecilia reticulata*).^{576, 577} Another possible mechanism for hormone disruption is interference with the brain-hypothalamus-pituitary-gonadal axis. If mercury interferes with the production of

Gonadotropin Releasing Hormone (GnRH) or Gonadotropin Hormone (GTH) there would be no hormonal stimulus for further gonadal development.

Other Metals

Lead (Pb) is a heavy metal released into the atmosphere from industrial emissions and motor exhaust. It is a nonessential, toxic metal that affects all body systems. Once ingested it is deposited in mammals in the following order: bone, kidney, liver, brain, and muscle. Reproductive effects in mammals included alterations in implantation, embryonic development, and on reproductive organs.^{578, 579 580} found that blood levels of Pb > 39 ug/dl in male rats produced prostatic hyperplasia, impaired sperm motility, reduced testicular weight, seminiferous tubular damage, and spermatogenic cell arrest. Lead is also capable of crossing the blood-brain barrier, interfering with the central nervous system.^{581, 582} Young can also be exposed through the maternal milk.⁵⁸³ The fetus and developing young are most sensitive to chronic levels of Pb exposure. Lead blood levels as low as 7 to 8 ug/dl can result in neurobehavioral symptoms.^{584, 585} In prenatal stage Pb that passed through the placenta is linked to reduced gestational age and lowered birth weight.⁵⁸⁶

Birds become contaminated with Pb through the consumption of lead shot or bullets or fishing sinkers. These items gradually dissolve and the birds become progressively weaker and emaciated. Other species, especially raptors which may prey off of these species get lead poisoning by ingesting the contaminated prey.⁵⁸⁷ There is little research on the reproductive effects of Pb in reptiles. Turtles (*Trachemys scripta*) injected with Pb had reduced righting response⁵⁸⁸ and this heavy metal reduced the rate of development of the Jefferson salamander (*Ambystoma jeffersonianum*).⁵⁸⁹ Although known to accumulate in fish tissues,⁵⁹⁰ few studies have examined the effects of Pb exposure on fish reproduction or endocrine functions. Female Atlantic croaker fed as little as 0.05 – 0.2 ppm/day for one month had reduced GSI, E₂, and T.^{141, 142} Female climbing perch, *Anabas testudineus*, exposed via water to 1.25 ppm Pb for one month had lower GSI,⁵⁹¹ and retarded ovarian growth was observed in Clarias catfish following long-term exposure (275 days) to 5 ppm.⁵⁹² In addition, decreased spermatogenesis and ovarian atresia have been observed in Rosy barb exposed to a low dose of Pb nitrate (0.12 ppm) for 60 – 120 days,⁵⁹³ and decreased spermatogenesis and hemorrhage in the testis was reported in *Colisa fasciatus* following four days of exposure to 15 ppm Pb nitrate⁵⁹⁴.

Copper (Cu) is an essential metal that is necessary for the activity of various enzymes and

for iron utilization. This metal has received widespread use in the preservation and coloring of foods, in brass and copper water pipes and domestic utensils, and in fungicides and insecticides; the latter providing the primary route of exposure to aquatic animals. Egg and larval mortality of the Jefferson salamander were decreased by exposure to Cu.⁵⁸⁹ Several studies involving different fish species report a spectrum of reproductive abnormalities following exposure to Cu. Decreased spermatogenesis and ovarian atresia were observed in female rosy barb, *Puntius conchoniis*,⁵⁹³ whereas testicular abnormalities and arrested spermatogenesis were observed in male *Lebistes reticularis*.⁵⁹⁵ Although VTG is known to serve as a carrier for many metals, including Cu, the effects of this metal on vitellogenesis are not clear. Copper suppressed vitellogenesis in female *Mytilis edulis*,⁵⁹⁶ whereas cupric acetate appeared to have no effect on vitellogenesis in female Clarias catfish.⁵⁹² Additional studies involving Cu exposure report decreased egg size and a propensity for deformities on larvae of white sucker, (*Catostomus commersoni*);⁵⁹⁷ reduced egg viability and hatchability in brook trout;⁵⁹⁸ and impaired fertilization and increased larval abnormalities in *Atherinops affinis*.⁵⁹⁹

Cadmium (Cd) is a byproduct of Pb and Zn mining and is found in industrial sludges and phosphate fertilizers. Cd has been reported to accumulate primarily in the liver and kidneys,^{600 601} however, several investigators have also detected Cd in the gonads.^{602, 603} There is no data on reproductive effects in mammals however, Cd suppresses egg production in mallards⁶⁰⁴ and chickens⁶⁰⁵ Seabirds with concentrations of 40 - 100 ppm in liver showed no signs of impaired egg production suggesting that chronically exposed seabirds have developed resistance to the effects of this metal.⁶⁰⁶ There are no studies of egg shell thinning in wild bird populations.⁶⁰⁶ Slight gonadal alterations were found in mallards fed Cd and accumulating kidney concentrations up to 50 ppm while those with kidney concentrations of 100 ppm had testicular atrophy and no sperm production.⁶⁰⁷ Again, actively reproducing seabirds have been found with similar kidney concentrations.⁶⁰⁶ In amphibians, studies with *Xenopus laevis* showed that females exposed to Cd for 4 w produced malformed embryos.⁶⁰⁸ Malformations were also seen in *Xenopus* embryos exposed to concentrations from 0.1 to 10 mg Ca²⁺/L. This study showed that embryos were more susceptible from stages 2 to 40, although malformations occurred at all stages.⁶⁰⁹

Diverse effects of Cd exposure have been reported in a number of fish species, although results from different studies are occasionally conflicting. For instance, Cd exposure led to reduced plasma sex steroids, in *Monopterus albus* and brook trout (*Salvelinus fontinalis*); reduced VTG in *Monopterus albus*, rainbow trout,

bleaker (*Lepidocephalichthys thermalis*), winter flounder (*Pleuronectes americanus*), and flounder (*Platichthys flesus*); and decreased GSI in *Monopterus albus* and winter flounder.^{144, 610-614} Conversely, Cd appeared to stimulate steroidogenesis in brook trout,⁶¹⁵ Atlantic croaker,^{142, 616} and rainbow trout.⁶¹⁷ In addition, Cd increased the *in vitro* production of GTH, which was consistent with the enhanced ovarian activity observed in female Atlantic croaker.⁶¹⁶ A wide range of Cd concentrations (0.001-1000 ppm) and durations of exposure (several hours to 90 d) were used in the experiments described above, which could explain the different responses observed.

Cadmium treatment has been associated with degenerative changes in the gonads of several fish species.^{595, 612, 618, 619} Adult female guppies exposed to dietary Cd for 30-120 d produced less fry compared with controls, demonstrating the effect of Cd at the organism and possibly at the population level.⁶²⁰ The mechanisms underlying Cd-induced alterations are poorly understood, although several theories have emerged. There is speculation that vitellogenesis may be impaired because the synthesis of metallothioneins by the liver in response to metal exposure takes priority over the synthesis of VTG.⁶¹⁴ On the other hand, Cd may directly interfere with VTG synthesis at the transcriptional or translational levels. Others suggest that Cd may interfere with the incorporation of VTG into the developing oocyte. In a study by Victor *et al.*,⁶¹² Cd appeared to impede the transport of VTG across the oolemma into the oocyte. However, Cd-VTG complexes injected into Atlantic croaker were shown to incorporate into the ovaries.⁶⁰²

Zinc is a component of over 70 metalloenzymes and serves as an important essential metal. Although Zn toxicity is rare, it has been reported in several species. For instance, Zn has been shown to influence hatching success and developmental rates in the Jefferson salamander.⁵⁸⁹ Multiple studies also document reproductive alterations in fish following Zn exposure. Purified VTG from E₂-treated male red drum was found to contain Zn,⁶⁰² and in a separate study using clarias catfish, Zn was reported to decrease circulating levels of VTG.⁵⁹² Other observed effects in fish include delayed spawning and decreased egg viability in zebrafish,⁶²¹ impaired spermatogenesis and increased oocyte atresia in rosy barb,⁶²² and reduced egg size and increased larval deformities in white sucker.⁶²³

Selenium (Se) is a natural element/metal required for healthy nutrition in small amounts, but toxic at higher concentrations. The processing of fossil fuels releases Se to the environment which accumulates in coal fly ash. Selenium is also found in high concentrations in certain soils, remaining in wetlands as a byproduct of

irrigation.^{624, 625} Reproductive success of birds and fish is more sensitive to selenium toxicity than are growth and survival of young or adults.^{626, 627} In fish, Se exposure can result in subtle but dramatic reproductive failure.⁶²⁶ In birds, Se egg concentrations of 3 ppm wet wt are considered the threshold for reproductive impairment.⁶²⁸⁻⁶³⁰

4.0 SUMMARY and CONCLUSIONS:

This chapter has reviewed and selectively summarized the current evidence for potential endocrine disrupting effects of specific chemicals and chemical classes in vertebrate wildlife and their potential modes of action. Although evidence of endocrine disruption in wild species has accumulated during recent years, most studies are based on indirect evidence rather than defined mechanisms and exposures to specific ECDs. Indeed, most studies of potential EDC effects in wildlife are based upon observed adverse reproductive and developmental effects rather than direct evidence of endocrine-modified function and/or defined endocrine pathways. Nonetheless, a consideration of whether the effects of specific chemicals can be attributed to hormonal properties, mechanisms or pathways is critical to the identification of a chemical as an EDC or EAA.

This review also evaluated the evidence for endocrine disruption for wildlife and fish in field/natural and control/experimental evaluations. A wide variety of chemicals have been reported as potential EDCs in wildlife. The major chemical classes summarized here include, but are not limited to: (PAHs, PCBs and PBBs, PCDDs and PCDFs, organochlorine pesticides, non-organochlorine pesticides, complex environmental mixtures, and selected metals. In addition, the evidence of potential EDC effects are summarized and reviewed for multiple vertebrate species, with an emphasis on reproductive and developmental effects, which are often modulated by endocrine mechanisms and pathways. Collectively, there is strong evidence of altered reproductive and developmental processes in wildlife exposed to potential EDCs. Although from most of these studies the mechanisms of action and direct link to endocrine mediated pathways are often times unclear, there is generally evidence for an association between effects and chemical/contaminant exposures, as well as evidence of effects in multiple vertebrate classes. Much of the evidence for EDC effects in wildlife is derived from observations and studies involving fish. These studies present the clearest link between environmental chemical contaminants and endocrine disrupting effects. The potential mechanisms of action are diverse (see Figure 1) and endocrine/hormonal mediated pathways are likely.

In recent years great progress has been made in the development of in vitro screening and testing procedures for the identification of potential EDCs. However, these assays have been based primarily on receptor mediated responses and hormone mimicry. It is important to mention however, that a wide variety of other potential mechanisms also exist for EDCs (see Figure 1 and Table 1) and thus there is a strong need for the development of additional screening and testing procedures. On the other hand, in vivo studies are not only more ecologically relevant, but also more useful for the assessment of risk in wildlife due to EDCs. However, the interpretation of effects at the organism level and above is difficult and potentially affected by multiple stressors (other than EDCs). Paired studies, involving both field and laboratory-based exposures, as well as in vitro assessments of mechanisms are likely needed to adequately identify and evaluate potential EDCs. Nonetheless, studies in wildlife and fish have provided the strongest evidence for accepting the endocrine disrupting hypothesis and has been critical in the identification and evaluation of potential environmental EDCs.

Table 1. Summary of effects and possible modes of action (MOA) of endocrine disrupting chemicals (EDCs), by chemical class and taxa.

Chemical (s)	Taxa	Effects	Possible MOA	Sample Reference
PAHs				
	Birds	↓ hatchability	DNA damage; oxidative stress; ER agonist	134
	Fish	↓ GSI impaired gonadal development	DNA damage; oxidative stress; ER agonist	149 146
PCBs				
	Mammals	abortions & stillbirths	Antiestrogens; Act through Ah receptor	167
	Birds	↓ eggshell thickness ↓ hatching success ↑ embryo mortality	Antiestrogens, Act through Ah receptor	182 188
	Amphibians and Reptiles	↓ testosterone ↑ mortality & malformation rates	unknown	203 631
	Fish	↓ spawning ↓ hatchability	Antiestrogens, Act through Ah receptor	206 632
PBBs				
	Mammals	fetotoxic and teratogenic - rats ↑ menstrual cycles, ↓ progesterone levels	unknown	226 633 634
	Birds	↓ offspring viability ↓ hatchability	unknown	227

Table 1. Countinued

Organochlorine pesticides & fungicides				
Cyclodienes	Birds	↓ productivity	E ₂	289, 290, 635, 636
	Reptiles	sex reversal ↓ plasma hormones	E ₂ agonist	637 203
	Fish	↓ fertilization ↓ maturing oocytes altered spermatogenesis	E ₂ agonist	638 639 301
Chlordecone and mirex	Mammals	reproductive impairment	weakly estrogenic	311
	Birds	↓ clutch size, egg size, shell thickness, hatchability ↓ embryo malformations		310
	Fish	gonadal abnormalities		325
DDT and derivatives	Mammals	persistant vaginal estrus	Androgen antagonist	327
	Birds	eggshell thinning reproduction problems population reduction		640 641
	Reptiles and Amphibians	sex reversal ↓ clutch viability, altered plasma hormone levels, abnormal gonadal morphology	hormone mimicry estrogenicity steroid receptors	642 201, 643
	Fish	↑ oocyte atresia, ↓ fecundity and fertility ↓ plasma hormones	hormone mimicry estrogenicity steroid receptors	340 344

Table 1. Continued

Hexachloro- cyclohexane lindane	Mammals	interferes with estrogen function	antiestrogenic, weakly estrogenic	644
	Birds	oocyte atrophy, ↓vitellogenin		645 646
	Fish	↓plasma hormones		647
Vinclozolin				
	Mammals	feminization of males	androgen antagonist	648
PCDDs & PCDFs TCDD				
	Mammals	impairs sexual differentiation in male rats, delay in testicular descent and puberty	Antiestrogenic through AR Receptor	235 236
	Birds	developmental alterations congenital deformities feminization	antiestrogenic	239 240
	Amphibians and Reptiles	early metamorphosis ↑Frequency of deformities alterations in sex ratios	antiestrogenic	256 258 259
	Fish	early life stage mortality impaired oocyte development	antiestrogenic	649

Table 1. Continued

Non-organochlorinated pesticides				
Organophosphate pesticides (OP)	Mammals	depressed reproduction	acts at sites on hypothalamus-pituitary-gonadal-liver axis; acetylcholinesterase inhibitor	358
	Birds	altered gonadotrophins developmental defects		361 134
	Amphibians and Reptiles	altered metamorphosis ↑ deformities and delayed development		372 373
	Fish	retarded ovarian growth ↓ GSI arrested spermatogenesis		376
Carbamate pesticides	Amphibians	↑ developmental deformities	acetylcholinesterase inhibitors acts on pituitary to alter GnRH and GTH concentrations	402
	Fish	↑ histopathological alterations in gonads ↓ GSI ↑ oocyte atresia ↑ spermatogonial necrosis		381 382
Organometal pesticides-(TBT)	Fish	↓ sperm counts delayed hatching	may inhibit aromatase	425 419
	Invertebrates	masculinization of gastropods	competitive inhibitor of aromatase, cytotoxic and genotoxic effects	411

Table 1: Continued

Complex Mixtures				
Pulp and Paper Mill Effluents	Fish	↓steroid biosynthesis, ↓gonadal development, delayed sexual maturation, altered secondary sex characteristic expression	estrogenic ER, AR, AhR agonists	56 650
Sewage-treatment effluents	Fish	↓testicular growth & development altered spermatogenesis	estrogenic ER agonists/antagonist	481 489
		↑VTG production in males ↓hatchlings ↑oocyte atresia	estrogenic ER binding	481 425, 492, 497, 526
Methylmercury				
	Mammals	↓embryo survival ↓sperm counts	unknown	549 553
	Birds	impaired reproductive behavior ↓hatchability & nesting success	unknown	564, 651
	Amphibians and Reptiles	↓GSI ↓sperm bundles		652
	Fish	↓GSI ↑gonadal abnormalities Altered gonadal steroidogenesis	unknown	653

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