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1 **Fastloc-GPS reveals daytime departure and arrival during long-distance**
2 **migration and the use of different resting strategies in sea turtles**

3

4 Running title: Diel migratory movement of sea turtles

5

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16

17 **Abstract**

18 Determining the time of day that animals initiate and end migration, as well as
19 variation in diel movement patterns during migration, provides insights into the types of
20 strategy used to maximise energy efficiency and ensure successful completion of migration.
21 However, obtaining this level of detail has been difficult for long-distance migratory marine
22 species. Thus, we investigated whether the large volume of highly accurate locations obtained
23 by Argos-linked Fastloc-GPS transmitters could be used to identify the time of day that adult
24 green (n = 8 turtles, 9 487 locations) and loggerhead (n = 46 turtles, 47 588 locations) sea
25 turtles initiate and end migration, along with potential resting strategies during migration. We
26 found that departure from and arrival at breeding, stopover and foraging sites consistently
27 occurred during the daytime, suggesting that turtles used visual cues for orientation. Only
28 seven turtles made stopovers (of up to six days and all located close to the start or end of
29 migration) during migration, possibly to rest and/or refuel; however, observations of day
30 versus night speed of travel indicated that turtles might use other mechanisms to rest. For
31 instance, turtles travelled 31 % slower at night compared to day during their oceanic
32 crossings. Furthermore, within the first 24 h of entering waters shallower than 100 m towards
33 the end of migration, some individuals travelled 66 % slower at night, repeating this
34 behaviour intermittently (each time for a one-night duration at 3–6 day intervals) until
35 reaching the foraging grounds. Thus, access to data-rich, highly accurate Argos-linked
36 Fastloc-GPS provided information about differences in day versus night activity at different
37 stages in migration, allowing us, for the first time, to compare the strategies used by a marine
38 vertebrate with terrestrial and avian species.

39

40 **Keywords:** birds, cognitive map, diurnal, energetic reserves, high-resolution telemetry,
41 navigation, migration strategy, orientation

42 **Introduction**

43 Migratory animals that invest in long-distance migration select different times of the
44 diel cycle (e.g. dusk, midday or dawn) to initiate or terminate migration, which maximises the
45 probability of successfully reaching the destination (Åkesson and Hedenström 2007;
46 Alerstam 2009; Müller et al. 2016). Departure at certain times of the day helps a given
47 species to reduce predation rates, energy expenditure via passive transportation, water loss
48 and to maximise orientation (Alerstam 2009; Müller et al. 2016). For example, desert locusts
49 depart shortly after sunrise to take advantage of the wind generated by rising air temperatures
50 (Kennedy 1951). Ruby-throated hummingbirds depart during the mid-day period, leaving
51 time for feeding in the morning and evening (Willimont et al. 1988). Many migratory
52 songbird species depart at dusk to avoid predators (Åkesson et al. 1996; Alerstam 2009;
53 Müller et al. 2016). Furthermore, species that migrate during the daytime tend to arrive at
54 stopover or foraging sites during the daytime (Kennedy 1951; Strandberg and Alerstam
55 2007), whereas those that migrate at night tend to arrive before dawn (Biebach et al. 2000;
56 Mcguire et al. 2012). These observations have demonstrated that, while some species
57 maintain the diel patterns exhibited at breeding and foraging grounds during migration (e.g.
58 bats, Mcguire et al. 2012 ; ospreys, Strandberg and Alerstam 2007), others alter their
59 circadian rhythm (e.g. songbird, Alerstam 2009). For such species, this also results in changes
60 in the cues used for orientation, i.e. from solar cues for daytime travel during
61 foraging/breeding to stellar and magnetic cues during night-time migration (e.g. songbird,
62 Alerstam 2009). Furthermore, the time of day that turtles depart the breeding sites and arrive
63 at the foraging sites may depend on the orientation cues used at these phases of migration.
64 For example, daytime arrival/departure would support the use of the sun compass (Guilford
65 and Taylor 2014), while night time arrival/departure would support the use of the star
66 compass (Åkesson et al. 1996; Åkesson and Hedenström 2007).

67 Many avian and terrestrial animals also stop to rest and refuel at regular intervals
68 along the migratory route, or at transitory ‘stopover’ sites, depending on resource availability
69 (e.g. insects, McCord and Davis 2012, Kennedy 1951; reptiles, Rice and Balazs 2008; birds,
70 Schaub et al. 2001; mammals, Sawyer and Kauffman 2011). Yet, stopping is not always
71 possible, such as when birds pass over open oceans, deserts or mountain ranges (Åkesson and
72 Hedenström 2007; Vardanis et al. 2011; Bishop et al. 2014). In such cases, non-stop travel is
73 required to reach the next safe area; thus, these animals must develop strategies to rest while
74 actively travelling. For example, common swifts remain airborne during the whole of their
75 migration and for more than 99 % of their 10-month non-breeding period over Africa, with
76 data loggers suggesting possible mid-flight micro-sleeps during which they drop through the
77 air for <40 seconds (Hedenström et al. 2016). Similarly, frigatebirds fly over the ocean for
78 periods up to 10 days, sleeping for around 40 minutes per day, with either one brain
79 hemisphere active at a time or both simultaneously (Rattenborg et al. 2016). Thus, detailed
80 information on movement over the course of the day can potentially provide information
81 on how animals rest during migration.

82 Despite the ecological value of the information, data on the time of day that many
83 marine animals initiate and end migration, along with potential resting strategies, remains
84 limited because of the difficulty of directly observing these animals in their natural
85 environment, and the lack of quality (e.g. the number and accuracy of locations) in
86 technology used to monitor movement patterns (e.g. satellite or acoustic tracking).
87 Information does exist for some estuarine or shallow-water species. For instance, radio-
88 tracked nocturnal sea lampreys have been shown to initiate their spawning migration from
89 sea to rivers at night, retaining their typical circadian cycle (Almeida et al. 2002); but, many
90 studies only provide the day of departure or arrival, based on changes in metrics such as
91 speed and displacement distance, rather than the actual time of day due to the limited volume

92 and accuracy of transmitted locations (e.g. sea turtles Blumenthal et al. 2006; Schofield et al.
93 2013b; white sharks, Domeier and Nasby-Lucas 2013 or whales, Mate et al. 2011).
94 Furthermore, studies on orca and bottlenose dolphin have demonstrated the use of lateralized
95 sleep behaviour during long-distance migration, with one hemisphere of the brain entering
96 into slow-wave sleep while the second hemisphere remained active (Lyamin et al. 2008). For
97 sea turtles, no clear picture has emerged on resting during long-distance migration from the
98 few studies that are based on satellite telemetry and dive-profile data. For example, in water
99 where turtles cannot reach the seabed to rest (e.g. >100-150 m deep), Minamikawa et al.
100 (1997) suggested that turtles rest at night by investing in mid-water dives that involve steep
101 active descents followed by gradual passive ascents. Two satellite tracking studies reported a
102 19-23 % difference between night and day-time travel speeds (Luschi et al. 1998; Jonsen et
103 al. 2006, respectively). However, it is not known whether these observations are due to a
104 reduction of the forward motion during deeper nocturnal dives or a reduction in the speed of
105 travel due to a resting behaviour. Ultimately, extended periods (i.e. weeks) of continuous
106 travel of around 1000 km or more by sea turtles are likely to cause fatigue, leading to the
107 need for periodic resting, as documented for other species (Alerstam et al. 2003; Hein et al.
108 2012). Yet, just two studies over the last eight years have detected the use of stopover sites by
109 one sea turtle species (green turtle, *Chelonia mydas*). There, individuals following a coastal
110 migratory route used multiple stopovers (Baudouin et al. 2015), whereas individuals crossing
111 an ocean basin frequented just one stopover site each during the middle of migration (Rice
112 and Balazs 2008).

113 Advances in Argos-linked Fastloc-GPS over the last 15 years have resulted in 10–100
114 times greater location accuracy than standard Argos technology, because only a short period
115 of time (typically 10s of milliseconds) is required to obtain a fix, which is essential for
116 animals that only surface to breathe briefly (Tomkiewicz et al. 2010; Dujon et al. 2014). To

117 date, Argos-linked Fastloc-GPS has been used to provide a variety of new insights about
118 marine species, including home ranges (e.g. northern fur seals, Kuhn et al. 2010; sunfish,
119 Thys et al. 2015), predator-prey interactions and foraging behaviours (e.g. fur seals, Arnould
120 et al. 2015; harbour seals, Berejikian et al. 2016; king penguin, Scheffer et al. 2016),
121 navigation (e.g. sea turtles, Hays et al. 2014a; fur seals, Chevaillier et al. 2014), estimations
122 of fecundity (e.g. sea turtles, Esteban et al. 2017) and human disturbance (e.g. whales, Mate
123 2012; sea turtles, Schofield et al. 2015). Yet, to date, few researchers have explored the
124 potential of using the data-rich locational information that is generated by Argos-linked
125 Fastloc-GPS to answer key questions on behavioural ecology such as how animals navigate
126 and orientate in the open ocean (Hays et al. 2016).

127 This study aimed to identify: (1) the time of day that sea turtles initiate and end
128 migration; (2) potential resting strategies used by sea turtles during migration; and (3)
129 whether those strategies were consistent across species and locations. We used Argos-linked
130 Fastloc-GPS datasets for two different sea turtle species (loggerhead turtles *Caretta caretta*,
131 green turtles *Chelonia mydas*) in two different ocean basins (Mediterranean Sea and Indian
132 Ocean) to determine whether the same movement patterns were used. Sea turtles are
133 generally active during the daytime (i.e. diurnal) when foraging (Ogden et al. 1983;
134 Christiansen et al. 2017) and even when breeding (Hays et al. 2000: except for when
135 emerging on beaches to nest at 12-25 day intervals). Thus, we hypothesised that migration
136 would start and end during the day and that travel and would be faster during the daytime (as
137 observed in Luschi et al. 1998; Jonsen et al. 2006). We also investigated differences in day-
138 night travel speeds and the use of stopover sites to obtain insights about the resting strategies
139 used by turtles during long-distance migration, based on the assumption that slower migration
140 at night was likely to be due to turtles investing in some type of resting strategy. Our results

141 are expected to provide novel information on the diel strategies of migration by sea turtles,
142 comparable to strategies already reported for avian and terrestrial animals.

143 **Methods**

144 **Source data for case study**

145 Sea turtles from two breeding populations were used in this study: (1) male and
146 female loggerhead turtles migrating from the breeding ground in Laganas Bay at the southern
147 part of Zakynthos Island, Greece (37.80° N, 20.75° E), to foraging grounds throughout the
148 Mediterranean Sea; and (2) female green turtles migrating from the breeding ground on the
149 southern coast of Diego Garcia, Chagos Archipelago (7.31° S, 72.41° E), to foraging grounds
150 in the central and western parts of the Western Indian Ocean (Figure 1).

151 Only loggerhead and green sea turtles fitted with Argos-linked Fastloc-GPS satellite
152 tags were used in this study. All tracks have been previously analysed, but with a different
153 focus (e.g. Schofield et al. 2013; Hays et al. 2014b, Christiansen et al. 2017). Details on the
154 attachment procedure of Argos-linked Fastloc-GPS tags are described in Schofield et al. 2013
155 for loggerhead turtles, and in Hays et al. 2014b for green turtles. Out of 56 loggerhead turtles
156 tracked from Zakynthos between 2007 and 2012, we selected 33 males and 13 females (46
157 turtles in total), excluding 10 resident turtles that remained at Zakynthos during the whole
158 tracking duration. Some of the males migrated from Zakynthos (n = 4) also visited the
159 adjacent breeding ground of Kyparissia (150 km distant on the Peloponnese, mainland
160 Greece; 37.25° N, 21.66° E) for 2 to 18 days; thus, data from this site was also included. We
161 also included eight female green turtles tracked from Diego Garcia in 2012. The
162 Mediterranean loggerhead turtles have both oceanic (primarily to the Gulf of Gabes) and
163 neritic (coastal; primarily to the Adriatic) migratory routes, while all green turtles from the
164 Chagos Archipelago were oceanic migrants (Schofield et al. 2013a; Hays et al. 2014b).

165 The curved carapace length (CCL) of the 46 loggerhead and eight green turtles was
166 83.4 ± 6.1 and 105.6 ± 3.45 cm, respectively (loggerhead turtles CCLs: Schofield et al. 2013;
167 green turtles CCLs, Hays et al. 2014b). The mean distance travelled by the retained

168 loggerhead turtles from the breeding grounds to the foraging grounds was 920 ± 409 km
169 (range: 189–1545 km) over a mean 25 ± 10 days (range: 7–42 days) (Figure 1a; Schofield et
170 al. 2013). Green turtles from Diego Garcia migrated a mean distance of 2639 ± 1264 km
171 (range: 166–3979 km) for a mean duration of 44 ± 19 days (range 4–68 days) (Figure 1b;
172 Hays et al. 2014b).

173

174 **Data preparation**

175 We only used migratory tracking data between the breeding area and the destination
176 foraging ground, including the full day on which turtles departed the breeding area through to
177 the full day on which turtles arrived at the foraging grounds. We excluded any turtles that
178 were resident at Zakynthos from this analysis ($n = 10$ out of 56 tracks). On Zakynthos,
179 migratory turtles that were tracked in more than one year ($n = 3$ males) were included as
180 separate records, as only one of the departures and arrivals for each turtle met the criteria for
181 this study. In addition, because both males and females were tracked from Zakynthos, the
182 data for each sex were initially analysed separately; however, the same trends were detected,
183 so the data were merged across sexes.

184 We first assimilated the raw data for all turtles in Quantum-GIS V2.10.1 software
185 (QGIS Development Team 2015). We only included Argos-linked Fastloc-GPS locations
186 obtained with five or more satellites and with residual values of <35 (residual values are
187 provided by the software converting the pseudoranges into location estimates, see Dujon et
188 al. (2014) for additional detail). Loggerhead turtle locations were filtered by Sirtrack
189 Company at the start of this study (only locations with five or more satellites were provided)
190 but we removed 11 % of the green turtle locations (only retaining locations with five or more
191 satellites). In addition, we removed any remaining locations that looked visibly erroneous in

192 QGIS or that resulted in unrealistic speeds of travel (i.e. >200 km day⁻¹) when analysed
193 (<0.14 % of loggerhead turtle locations, <0.002 % of green turtle locations).

194 We then obtained real-time travel speeds (using R software, Version 3.2.3, R
195 Development Core Team 2013) by calculating the speed of travel from locations that were
196 separated in time by at least 3 h (but no longer than 24 hours) to ensure estimates of high
197 accuracy (99 % of speed of travel estimates with an error <10 % of the true value, see Dujon
198 et al. 2014). All distances in this study were calculated using the great circle distance method.
199 Neritic and oceanic phases of migration were defined as areas that were within or deeper than
200 the 100-m depth contour, respectively (Minamikawa et al. 1997; Hatase et al. 2007; Schofield
201 et al. 2010), and were also validated by this study (see Supplementary Methods 1). Day and
202 night were distinguished based on local nautical dusk and dawn times
203 (<http://www.esrl.noaa.gov/gmd/grad/solcalc>). All of the loggerhead and green turtles initiated
204 and ended migration within a time window of six weeks and four months respectively, which
205 represents a maximum variation in local dusk and dawn times of 20 min for the loggerhead
206 turtles and of 30 min for the greens turtles. Therefore, we used a constant dawn and dusk time
207 for both sites as the slight changes in the dusk or dawn time over that six weeks should not
208 affect our results. All datasets were originally in Universal Coordinated Time (UTC), but
209 were converted to local time to correspond with local dawn and dusk times. Data on seabed
210 depth were obtained using the ETOPO1 global relief model
211 (<https://www.ngdc.noaa.gov/mgg/global/global.html>) and from ARGOS CLS website
212 (<http://www.argos-system.org/>) when a higher resolution was required (for example, inside a
213 lagoon). The number of turtles with sufficient data for each analysis is shown in parentheses
214 in each section of the results. All values are reported herein as mean \pm 1 SD.

215

216

217 **Departures and arrivals**

218 For each tracked turtle, the time at which turtles began migration from breeding and
219 stopover sites was assessed from Argos-linked Fastloc-GPS locations that showed directional
220 movement (i.e. turtle moving in a single direction offshore from the site with continuous
221 increase in displacement distance) and an inflection in travel speed to $>1 \text{ km h}^{-1}$. The
222 displacement distance was calculated as the distance between the nesting ground and the
223 turtle location (Blumenthal et al. 2006; Schofield et al. 2010a). Migration either began: (1)
224 immediately on departing the breeding or stopover site; or (2) 1–2 days later, after initially
225 travelling along the coast from the breeding ground. The actual onset of migration was
226 obtained for turtles with one to six locations (mean: 1.8 ± 1.7 locations) in the 3 h either side
227 of departure for loggerhead and from one to 13 locations either side of departure for green
228 turtles (mean: 3.0 ± 3.3 locations). When a location occurred offshore, but intermediary
229 locations were insufficient to determine the exact departure time, we measured the shortest
230 distance back to the coast, henceforth referred as backtracking. Based on a sensitivity
231 analysis (Supplementary Methods 2), we only used turtles when the backtrack duration was
232 less than 12 h (or 18 km) for loggerhead and 6 h (or 16 km) away for green turtles, based on
233 mean travel speeds of 1.5 and 2.6 km h^{-1} , respectively.

234 Arrival at foraging and stopover sites was detected by a lack of directional movement
235 (i.e. displacement distance from the breeding site remaining constant) and the inflection in
236 travel speed decreasing to $<1 \text{ km h}^{-1}$ (Blumenthal et al. 2006; Schofield et al. 2010a).
237 Stopover and foraging sites were distinguished by turtles remaining in the same area for <6
238 days (Rice and Balazs 2008) and >6 days, respectively (Schofield et al. 2010). Turtles were
239 assumed to be frequenting stopover sites when they remained at the same location for at least
240 6 h during the daytime and resumed travel within 6 days of arriving (Rice and Balazs 2008).
241 The actual arrival time was obtained from one to nine locations (mean: 2.3 ± 2.1 locations)

242 for loggerhead turtles and one to three locations for green turtles (mean: 1.1 ± 1.0 locations)
243 in the 3 h either side of arrival. The arrival times of all other turtles were only inferred where
244 it was possible to measure forward (henceforth referred as forward track) from the last
245 location at sea to the first location at the foraging site within the thresholds delimited by the
246 sensitivity analysis for each species (Supplementary Methods 2). We excluded arrival at
247 oceanic foraging sites (two loggerhead turtles) from the analysis because it was not possible
248 to detect a specific arrival time from this type of movement pattern.

249 To determine whether turtles adjusted their speed of travel at end of migration to
250 arrive at the foraging ground at night-time or daytime, we calculated the speed of travel for
251 the final night and the final day of migration, and correlated it with the time of arrival at the
252 foraging ground. This calculation was only completed for turtles that had Argos-linked
253 Fastloc-GPS locations available within 3 h of nautical dawn and dusk to delineate the cut-off
254 points as accurately as possible. We tested this relationship using a t-test on Pearson
255 correlation coefficients.

256

257 **Diel variation in the speed of travel**

258 We calculated the ratio in the speed of travel between day (numerator) and night
259 (denominator) for turtles travelling in waters of different depths. A ratio value of one meant
260 that a turtle swam at the same speed during both daytime and night-time. The speed of travel
261 was calculated using the first and the last location available for each day and each night
262 (separated by at least 3 h, Dujon et al. 2014). We calculated the ratios for adjacent days and
263 nights in an attempt to avoid variation in sea currents confounding the inferred speed of travel
264 during migration (see Luschi et al. 1998; Luschi et al. 2003). Only turtles with at least three
265 day/night comparisons were included in this analysis. Before analysing the data, we validated
266 that mean day/night speed of travel ratios were not affected by the straightness of the track.

267 We found that 13 % and 4 % of day/night comparisons for loggerhead and green turtles,
268 respectively, had a straightness index <0.80 (indicating the turtle may have been deflected by
269 oceanic currents), and that removing these data changed the mean ratio by a maximum of 8 %
270 and 1 %, respectively. Thus, all sections of track were included in the calculation regardless
271 of curvature.

272 Because the values of the ratios were not statistically independent, we used a non-
273 parametric bootstrapping approach to calculate mean ratio values using R software. For each
274 turtle, we resampled the day/night ratio time series 10 000 times with replacement and
275 calculated an estimated mean ratio value for each iteration. We then averaged the 10 000
276 estimates and determined the 95 % confidence intervals of the mean ratio by calculating their
277 2.5 % and 97.5 % percentiles. We only considered a difference in the mean ratio to be
278 significant when the 95 % confidence interval did not include one. Furthermore, we only
279 calculated a mean ratio using bootstrapping when at least three day/night comparisons were
280 available for a given turtle. In addition, we performed a sign test to check whether the
281 calculated mean day/night speed ratio could have occurred by chance across the 14 sampled
282 turtles, assuming that turtles have an equal chance for a mean day/night ratio under and above
283 a value of one.

284 We validated that the day/night ratio changed at a seabed depth of 100 m for turtles
285 migrating across waters from >200 m to <50 m deep (i.e. at >200 m, 150-200 m, 100-150 m,
286 50-100 m and <50 m). We then compared these results with those from turtles that remained
287 within a depth of 100 m throughout migration (Supplementary Methods 1). We then
288 compared the day/night ratio in travel speed for the two species (green and loggerhead
289 turtles) when crossing oceanic waters (>100 m) using the same bootstrap procedure as
290 described above. We identified the days on which night-time travel speed was at least 1 km h^{-1}
291 ¹ slower compared to daytime. Sea turtles forage mostly during daytime (Ogden et al. 1983;

292 Narazaki et al. 2013; Christiansen et al. 2017), therefore such slow night-time speed of travel
293 indicate possible resting behaviour. For these days, we calculated a theoretical maximum
294 number of hours a turtle might have stopped swimming (e.g. to rest), assuming that
295 individuals maintained day-time travel speeds rather than slowing at night.

296

$$297 \quad \textit{Theoretical maximum stop duration (h)} = \textit{Night duration (h)} - \frac{\textit{Distance traveled at night (km)}}{\textit{Daytime travel speed (km h}^{-1}\textit{)}}$$

298

299 To estimate the duration that turtles rested, we only used day/night combinations where
300 Argos-linked Fastloc-GPS locations were available within 3 h of nautical dawn and dusk
301 (Supplementary Methods 2) to delineate the cut-off points as accurately as possible.

302 **Results**

303 **General tracking**

304 We used 47 588 and 9 487 Argos-linked Fastloc-GPS locations from tracked
305 loggerhead (n= 46) and green turtles (n = 8), respectively. The mean number of locations per
306 day was 4.9 ± 5.9 and 7.6 ± 5.4 for loggerhead and green turtles, respectively. The mean
307 travel speed was 1.5 ± 0.6 km h⁻¹ for loggerhead turtles and 2.6 ± 1.2 km h⁻¹ for green turtles.
308 The mean time interval used to calculate those travel speeds was 7.1 ± 4.6 h (range: 3.0-23.9)
309 for loggerhead and 5.8 ± 3.6 h (range = 3.0-23.8) for green turtles. Out of the 46 loggerhead
310 turtles retained for this study, 16 migrated through oceanic waters, while the remainder (n =
311 30) primarily remained in neritic waters (Figure 1). All eight green turtles migrated through
312 oceanic waters (Figure 1). A total of nine loggerhead (n = 66 day/night comparisons, mean:
313 7.6 ± 7.2 , range: 3-24) and five green turtles (n = 167 day/night comparisons, mean: $33.4 \pm$
314 17.2 , range: 11-51) were used to calculate ratios during the oceanic crossing, while six
315 loggerhead turtles (28 day/night comparisons, mean: 4.7 ± 2.3 , range: 3-9) were used to
316 calculate ratios during the neritic crossing. All the turtles used to calculate ratios had at least
317 three day/night comparisons.

318

319 **Departures and arrivals**

320 Out of the 46 loggerhead and eight green turtles, and using our criteria, we were able
321 to assess a total of 26 departures (retaining 20 loggerhead and six green turtles) and 27
322 arrivals (retaining 21 loggerhead and six green turtles) with nine apparent uses of stopover
323 sites (four for the loggerhead and five by the green turtles). Migration either began
324 immediately following departure from the breeding site or 1–2 days later, after the turtle
325 travelled along the coast adjacent to the breeding site. These departures were detected based
326 on a simultaneous increase in travel speed and displacement from breeding ground, as

327 expected. Out of the 27 arrivals, 17 had locations available within 3 h of nautical dawn and
328 dusk (and were subsequently used in Figure 4c) while 12 did not meet this criterion. Overall,
329 turtles primarily initiated migration from breeding and stopover sites during the morning
330 (Figure 4a). In comparison, turtles arrived at stopover sites and the foraging grounds
331 relatively evenly between 06:00 h and 22:00 h (Figure 4b). There was no difference in the
332 pattern of arrival of loggerhead turtles depending on whether they had primarily migrated
333 through oceanic or neritic waters. There was also no difference in the pattern of arrival at
334 foraging sites located close to the coast and those located further offshore, with all sites being
335 <100 m deep.

336 We detected a significant relationship between the time of arrival at the foraging
337 grounds and speed of travel during the final night of migration (Figure 4c; $n = 17$ arrivals
338 based on 12 loggerhead and five green turtles; Pearson's $r = 0.57$, $t = 2.70$, $p = 0.016$).
339 Specifically, turtles that were closer to the foraging grounds travelled slower on the final
340 night and arrived early the next morning, whereas turtles that were further from the foraging
341 grounds travelled faster on the final night and arrived later the next day (Figure 4d,e).

342 Four green and three loggerhead turtles made stopovers during migration. For each
343 species, one individual made two stopovers while the others made one each. Stopovers
344 ranged from 0.5 to 6.0 days in duration, at depths of 10 to 70 m. Seven stopovers occurred
345 when >84 % migration was complete, with one stopover occurring after 70 % of migration
346 was complete and one after 17 % of migration (but within 1.5 days travel of the breeding
347 site). See Supplementary Results 1 for a detailed breakdown of the stopovers.

348

349 **Diel variation in the speed of travel**

350 Loggerhead and green turtles swimming in waters >100 m depth (i.e. oceanic) had a
351 mean speed of travel that was 31 % higher by day than by night with this behaviour being

352 maintained for up to 24 days by loggerhead and 61 days by green turtles (mean day/night
353 loggerhead turtles speed of travel ratio of 1.31 ± 0.16 ; range: 1.07–1.68; $n = 66$ day/night
354 comparisons based on nine turtles; mean day/night green turtles speed of travel ratio of 1.27
355 ± 0.16 ; range: 1.12 – 1.44; $n = 167$ day/night comparisons based on five turtles; Figure 5).
356 While the mean day/night ratio was not significantly different at the individual level (likely
357 due to the effect size and noise), the probability that all 14 turtles would have a mean
358 day/night ratio greater than one by chance was very small (sign test, $p < 0.001$).

359 For six of the loggerhead turtles that entered shallow waters (<100 m) and had
360 sufficient day/night comparisons, five had significantly higher speeds of travel during the
361 day-time at the individual level (mean day/night speed of travel ratio of 1.72 ± 0.47 ; range:
362 1.37–2.50, $n = 25$ day/night comparisons; Figure 5a), with a mean ratio significantly greater
363 than one. In comparison, the sixth turtle had a higher speed of travel at night compared to day
364 (day/night speed of travel ratio of 0.78, $n = 3$ day/night comparisons,).

365 For four out of those six turtles, we were able to determine the day/night travel speed
366 ratio within 24 hours of entering water shallower than 100 m. These four turtles exhibited
367 noticeably higher travel speeds by day compared to night (an average of 46 to 66 % faster by
368 day) suggesting they rested on the sea bed during the first night after crossing the 100 m
369 contour line. On subsequent days, similar noticeably higher travel speeds by day compared to
370 night was detected at 3–6 day intervals until reaching the foraging grounds, suggesting that
371 they rested every third to sixth night (Figure 5e). We calculated that these turtles might be
372 theoretically stopping completely for a mean 5.8 ± 1.3 hours at night-time, assuming day-
373 time speeds of travel also occurred at night.

374 It was not possible to calculate the mean day/night speed of travel ratio for the two
375 green turtles travelling through neritic waters, because less than three day/night comparisons
376 were available. However, preliminary speed of travel ratios suggests that neither turtle

377 exhibited a change in day/night travel speed once in waters that were shallower than 100 m
378 (and neither invested in stopovers), despite travelling for 14 and 8 days in waters of <100 m
379 after oceanic crossings of 3741-km and 3230-km, respectively.

380 **Discussion**

381

382 Our study is the first to show that two different sea turtle species from two different
383 ocean basins exhibit similar movement patterns when departing breeding areas and arriving at
384 stopovers and destination foraging areas. We validated our hypothesis that sea turtles would
385 start migration during the day, suggesting that they use visual cues for orientation. This
386 reliance on visual cues has previously been suggested in studies on juvenile and displaced sea
387 turtles (Avens and Lohmann 2003; Mott and Salmon 2011; Shimada et al. 2016) and is also
388 documented for birds, insects and other reptile species (Alerstam 2009; Southwood and
389 Avens 2010; Guilford and Taylor 2014). Both species of sea turtles travelled continuously
390 during migration, with higher speed of travel during daytime compare to night-time,
391 particularly after entering waters shallower than 100 m, thereby confirming our original
392 hypothesis regarding faster daytime travel speeds. In contrast, we were not able to confirm
393 whether turtles exhibit a resting strategy similar to non-stop travelling birds or marine
394 mammals during their oceanic crossing because the behaviour that led to those differences is
395 open to interpretation (Lyamin et al. 2008; Hedenström et al. 2016). In addition, we recorded
396 individuals of both species making stopovers. Those stopovers were all except one located at
397 the end of the migration which suggests that they might not be as important for successful
398 migration compared to stopovers made by birds, insects and terrestrial mammals (Sawyer and
399 Kauffman 2011; McCord and Davis 2012; Mcguire et al. 2012). Thus, our work shows how
400 detailed locational information allows us to obtain novel insights about the key behaviours in
401 marine migratory animals.

402 Our findings strongly suggest that turtles rarely stop for resting during oceanic
403 crossing. Our results support previous studies using standard Argos-linked tracking (Luschi et
404 al. 1998; Jonsen et al. 2006) and accelerometers (Enstipp et al. 2016), which also indicate that
405 sea turtles swim continuously during migration. Slower travel speeds at night might be

406 explained by turtles swimming in a less direct line at night or/and deeper dives reducing their
407 forward motion (Enstipp et al. 2016). Minamikawa et al. (1997) suggested that the deep dives
408 exhibited by turtles during migration are followed by a gradual passive ascent (e.g. Type 3
409 dives, with a single descent and ascent phase, or Type 4 dives, characterised by a gradual
410 passive ascending interval from the maximum depth point; Minamikawa et al. 1997). Gradual
411 passive ascent is an efficient way of lowering the cost of transport while travelling over long
412 distances (a strategy well described for migrating birds, e.g. Hedenström 1993; Alerstam et
413 al. 2003). Thus, travelling continuously might minimise the energetic cost of migration if an
414 animal travels at a speed close to optimal cost of transport (Åkesson and Hedenström 2007;
415 Southwood and Avens 2010; Enstipp et al. 2016). If turtles stopped swimming for extended
416 periods at night during the oceanic phase of crossing (e.g. to rest), travel speeds would have
417 been noticeably slower during the oceanic phase of migration than, which was not the case
418 based on our Argos-linked Fastloc-GPS locations. Even though juvenile turtles have been
419 shown to swim directly into strong sea currents to forage (Christiansen et al. 2016), other
420 studies have shown that adult sea turtles only discern approximate headings rather than
421 constantly reassessing their position in relation to their goal (Girard et al. 2006; Luschi et al.
422 2007; Hays et al. 2014a; Shimada et al. 2016). Consequently, sea turtles might be more
423 susceptible to deflection by currents if they stopped swimming to rest during oceanic crossing
424 (see the example of the turtle on the eastern Somalian coast, Figure 3b). Continuous day/night
425 migration by these two species of turtles implies the importance of reaching distant foraging
426 grounds (1000-4000 km) in the shortest time possible to replenish energetic reserves
427 (Åkesson and Hedenström 2007; Hein et al. 2012). Turtles tend to be capital breeders (i.e. not
428 foraging during breeding, Hamann et al. 2002; Southwood and Avens 2010), meaning that
429 they are likely to commence the migration with depleted energetic reserves, again
430 emphasising the importance of reaching the feeding grounds as quickly as possible.

431 In contrast to these patterns observed during oceanic crossing, we detected two
432 possible resting strategies towards the end of migration: (1) stopovers (for up to 6 days);
433 and/or (2) intermittent slower night-time travel speeds of up to 66 % in waters shallower than
434 100 m. Interestingly, all stopover sites in the Mediterranean were located within 1–2 days
435 travel distance of the breeding or foraging sites, and might have been sites previously visited
436 by turtles while foraging, rather than being essential for completing the migration (Fagan et
437 al. 2013). The Argos-linked Fastloc-GPS locations showed that, within 24 h of loggerhead
438 turtles entering waters shallower than 100 m, night-time travel speeds significantly slowed,
439 with this drop recurring every 3–6 days. This possible break in travel may be important to
440 recover from fatigue after at least 1–3 weeks of non-stop travel in many cases. These findings
441 support previous studies, which showed that the dive profile of turtles changes to resting
442 dives once they reach this depth (flat-bottomed dives; described as Type 1 dives in Rice and
443 Balazs 2008, see also Godley et al. 2003). We calculated that turtles could be stopping for a
444 theoretical 8 h on these nights, assuming that day-time travel speeds were maintained. Yet, a
445 similar pattern was not detected for the two green turtles that travelled along the coast of
446 Africa, despite completing a 4000-km journey (i.e. 4 times longer than that of the loggerhead
447 turtles). Thus, the reduction in travel speed at night that we detected during coastal travel for
448 loggerhead turtles may only be beneficial under certain conditions.

449 It has been suggested that the upper ceiling for migration by sea turtles is 2850 km
450 without foraging, but 12 000 km with foraging (Hays and Scott 2013). Yet, in our study,
451 stopover sites were not used by green turtles that migrated 4000 km, suggesting that the fat
452 load (i.e. energy store) of migrating turtles may be higher than previously assumed or that
453 their metabolic rate may be lower. In contrast, Baudouin et al. (2015) found that 12 out of 16
454 green turtles frequented regular foraging sites while migrating up to 5300 km along a coastal
455 corridor and, in the Pacific, two out of three green turtles made one stopover while migrating

456 about 1000 km (Rice and Balazs 2008). This variation in the use of stopovers might be
457 dependent on individual requirements or might represent “known” refuges within a given
458 proximity to primary foraging or breeding grounds (Hedenström and Alerstam 1992; Fagan et
459 al. 2013). Loggerhead turtles have been shown to foray up to 400 km from breeding areas
460 (Schofield et al. 2010; Esteban et al. 2015) and have benthic foraging grounds ranging from
461 10 to 100 km² in size (Broderick et al. 2007; Schofield et al. 2010), indicating that they
462 explore their environment over large areas. Foraging is possible along most of the coast of the
463 Adriatic (demonstrated by published home range datasets for individual foraging sites
464 throughout this area, Schofield et al. 2010a); yet, loggerhead turtles do not make regular
465 stopovers when traversing this region to target foraging grounds. Thus, these turtles might not
466 be aware of potential foraging grounds, only targeting known sites to which they exhibit high
467 fidelity (Schofield et al. 2010; Scott et al. 2014). Only repeat tracking of the same individuals
468 will help us understand the extent to which turtles exhibit fidelity to known stopover sites
469 along their migratory routes (Broderick et al. 2007; Schofield et al. 2010a).

470 The high volume of Argos-linked Fastloc-GPS locations allowed us to pinpoint the
471 time at which migration started and ended, as well as when turtles arrived at and departed
472 from stopover sites. We found that turtles predominately arrived at and departed from the
473 coast during the day-time. Other studies have also suggested that adult turtles refine their
474 heading towards the target site using visual cues (Hays et al. 2014a; Shimada et al. 2016), or
475 a combination of visual and olfactory cues (Åkesson et al. 2003; Hays et al. 2003).
476 Furthermore, laboratory studies showed that hatchling and juvenile turtles orientate using
477 visual cues (Lohmann and Lohmann 1996; Avens and Lohmann 2003; Mott and Salmon
478 2011). Thus, turtles may depart the breeding ground in the early morning so as to use the sun
479 compass for initial orientation (Avens and Lohmann 2003), as detected for other animals
480 (Quinn 1980; Guilford and Taylor 2014). Once migration is underway, magnetic or other

481 navigational cues are likely to be used to maintain heading (Arens and Lohmann 2003). In
482 particular, we showed that the travel speed of turtles was strongly correlated with proximity
483 to the foraging ground on the final night of migration. For instance, turtles that were within
484 12 hours' travel distance from their foraging ground slowed or stopped moving the night
485 before arrival, whereas those that were further away maintained their normal travel speed.
486 This phenomenon suggests that turtles were responding to visual cues, adjusting their travel
487 speed to avoid overshooting the target site.

488 In conclusion, using Argos-linked Fastloc-GPS, we provided information about
489 differences in day and night movement pattern at different stages of migration, allowing us,
490 for the first time, to compare the strategies used by a marine vertebrate with terrestrial and
491 avian species. We showed that two sea turtle species from two ocean basins primarily initiate
492 and end migration during the daytime, suggesting the importance of daytime cues for
493 orientation. We also reported a variety of resting strategies may be utilised during migration,
494 including slightly slower movement at night during the oceanic phase of migration,
495 intermittent nights of very slow movement during the neritic phases of migration and the use
496 of stopovers. These observations were only possible because of the availability of numerous
497 highly accurate Argos-linked Fastloc-GPS tracking locations so access to detailed
498 information allowed us to obtain novel insights about the key stages of migration (start and
499 end of migration), along with potential strategies to reduce the risk of exhaustion during long-
500 distance migration.

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506

507 **Author contributions**

508 GS and GCH conceived the study. GS, NE and GCH conducted the fieldwork. AMD and GS
509 assimilated the data and conducted the analyses, with input from GCH and REL. AMD and
510 GS led the writing, with input from NE, REL and GCH.

511

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517

518

519 **Compliance with ethical standards**

520 Permits and ethical approval to attach transmitters to loggerhead turtles were provided by the
521 National Marine Park of Zakynthos. Permits for attachment of transmitters to green turtles in
522 the Chagos Archipelago were issued by the Commissioner for the British Indian Ocean
523 Territory (BIOT). Fieldwork was approved by the Swansea University Ethics Committee and
524 the BIOT Scientific Advisory Group (SAG) of the U.K. Foreign and Commonwealth Office.

525

526 **Conflict of interest**

527 The authors declare that they have no conflict of interest.

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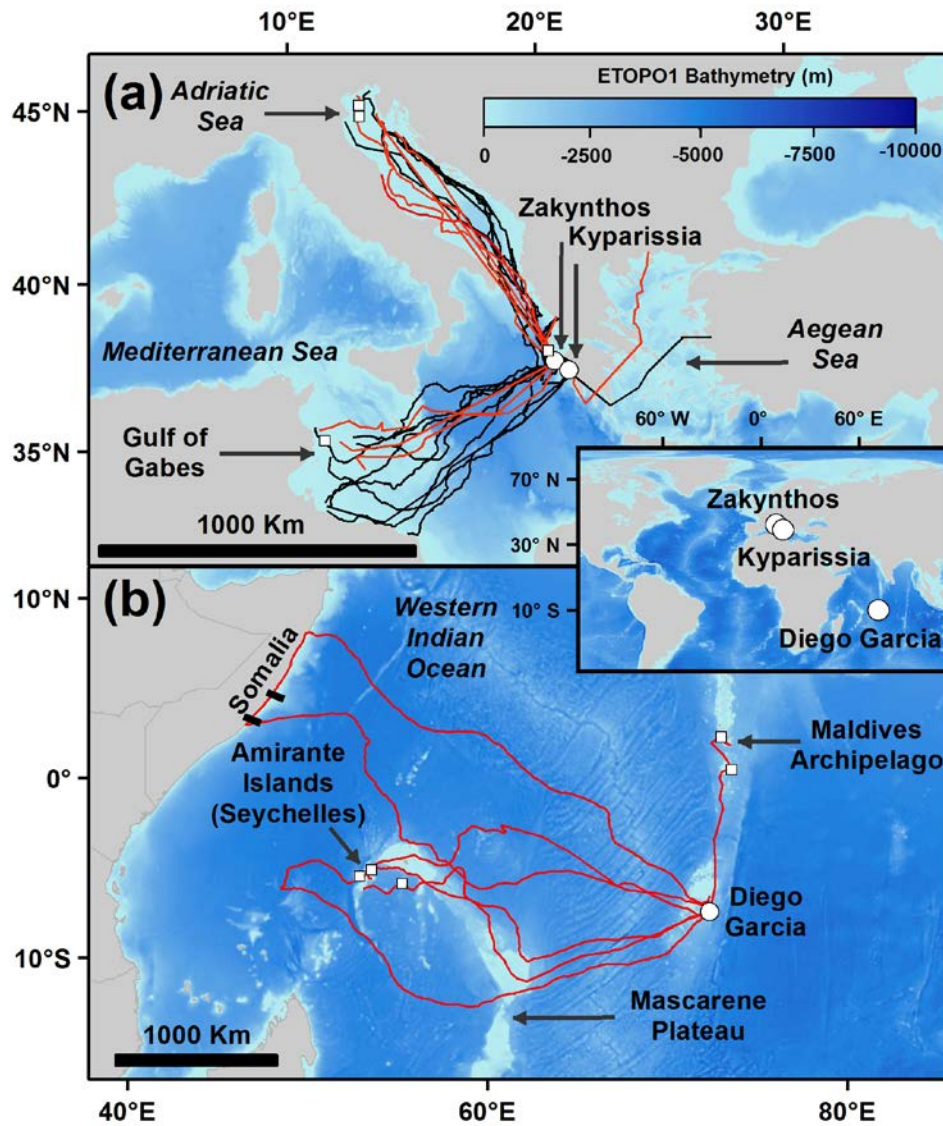
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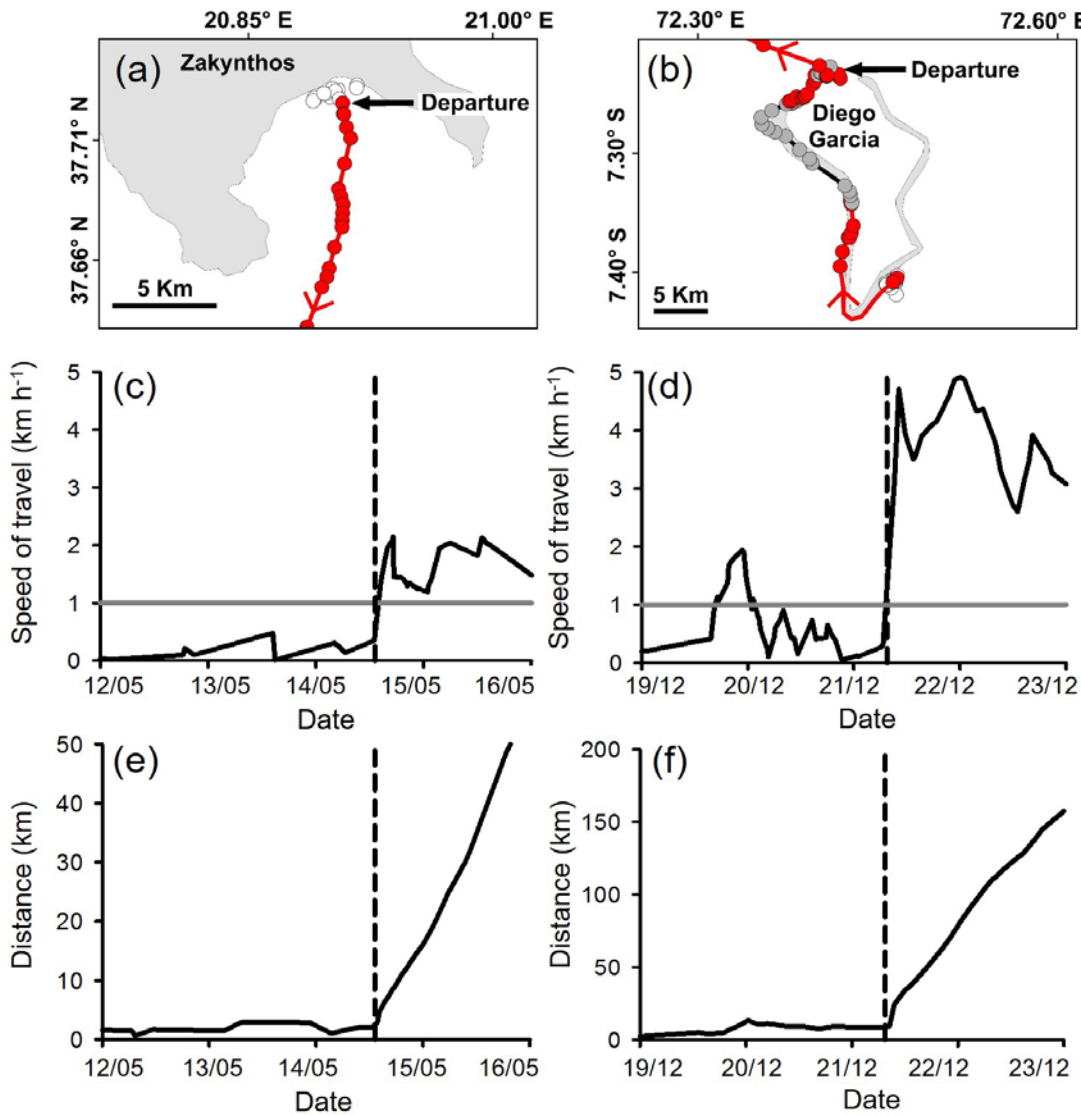
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706

707 **Figure 1.** Migratory routes of: (a) loggerhead sea turtles; and (b) green sea turtles tracked
 708 with Argos-linked Fastloc-GPS from the breeding to foraging grounds. Thirty-three
 709 loggerhead male turtles (black lines) and 13 loggerhead female turtles (red lines) were
 710 tracked from Zakynthos (with some passing via Kyparissia, both breeding sites are presented
 711 as white circles) in Greece, Mediterranean Sea. Eight female green turtles (red lines) were
 712 tracked from Diego Garcia, Chagos Archipelago, Western Indian Ocean (breeding site
 713 represented as a white circle). Haddhunmathi Atoll is part of the Maldives Archipelago, and
 714 the Amirante Islands are part of the Seychelles. Two turtles travelled to Somalia and crossed
 715 paths when travelling along the coast, with the endpoints being shown as black dashes. White

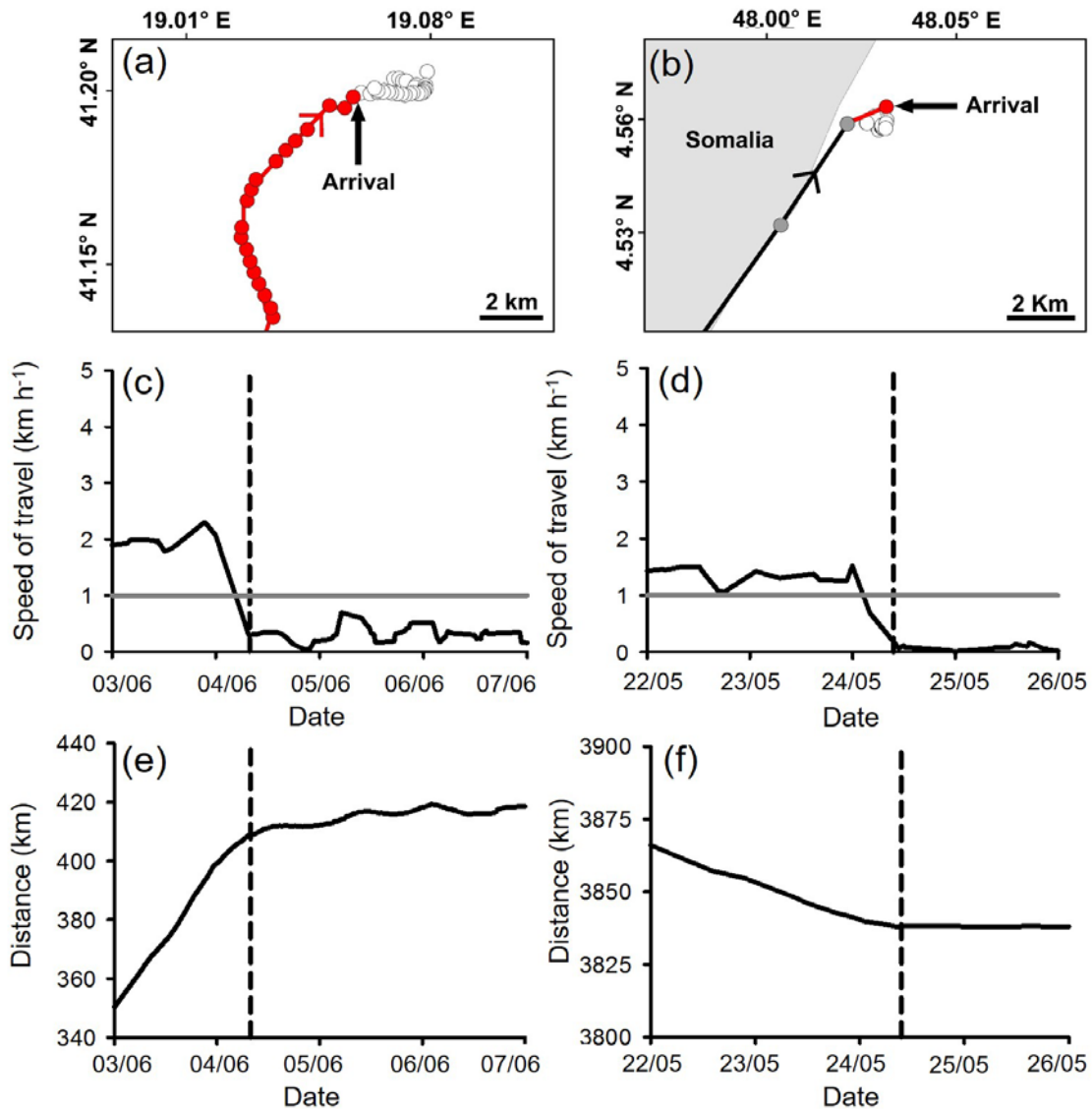
716 squares on the tracks show the stopover locations. Modified from Schofield et al. (2013) and
717 Hays et al. (2014b).



718

719 **Figure 2.** Two examples showing how the time that turtles initiated migration was
 720 determined from the Argos-linked Fastloc-GPS locations. Migration either began: (a)
 721 immediately on departing the breeding site (example of a loggerhead turtle departing
 722 Zakyntos Island, Greece): or (b) 1–2 days later, after initially travelling along the coast
 723 (example of a green turtle departing Diego Garcia, Chagos Archipelago). The final day of
 724 breeding is presented (white circles), along with day (red circles and lines) and night (grey
 725 circles and black lines) locations once the turtles initiated directional movement. The black
 726 arrows on the maps show the time at which turtles initiated migration (reflected by the dashed

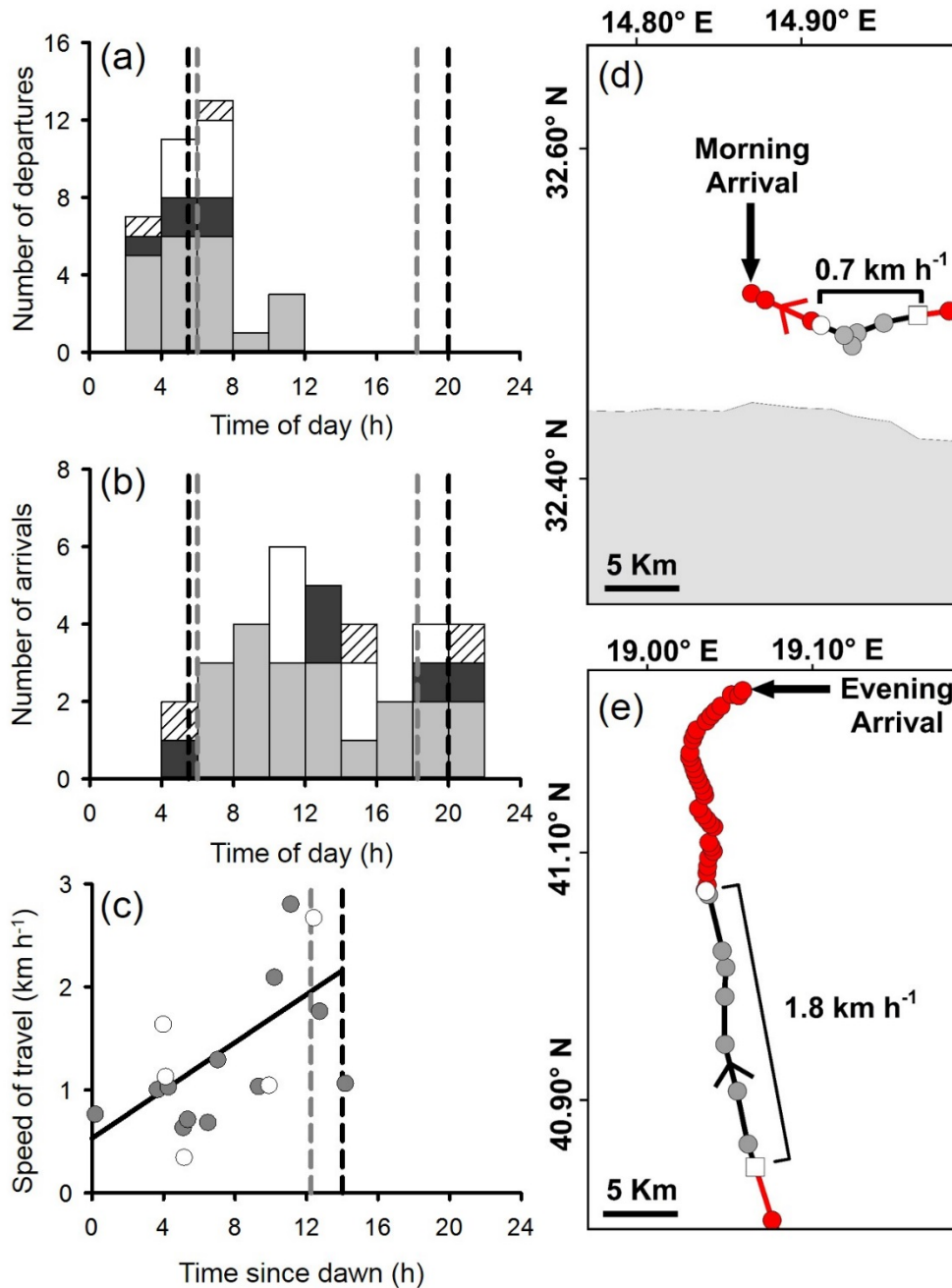
727 lines in c–d and e–f). (c–d) The timing of departure was confirmed by an inflection in
728 swimming speed to above 1 km h^{-1} and (e–f) a continuous increase in displacement distance.



729

730 **Figure 3.** Two examples showing how the time that turtles arrived at foraging sites was
 731 determined from the Argos-linked Fastloc-GPS locations. (a) Loggerhead turtle arriving at its
 732 foraging ground in the Adriatic Sea, Mediterranean. (b) Green turtle arriving at its foraging
 733 ground on the east coast of Africa (Somalia). The day (red circles and lines) and night (grey
 734 circles and black lines) locations of the turtles during migration are presented, along with the
 735 first day at the foraging ground (white circles). The black arrows on the maps show the time
 736 at which turtles arrived (indicated by the dashed lines in c–d and e–f). The timing of arrival
 737 was confirmed by (c–d) an inflection in swimming speed to below 1 km h⁻¹ and (e–f) lack of
 738 change in displacement distance. The green turtle in (b,d,f) was swimming against the

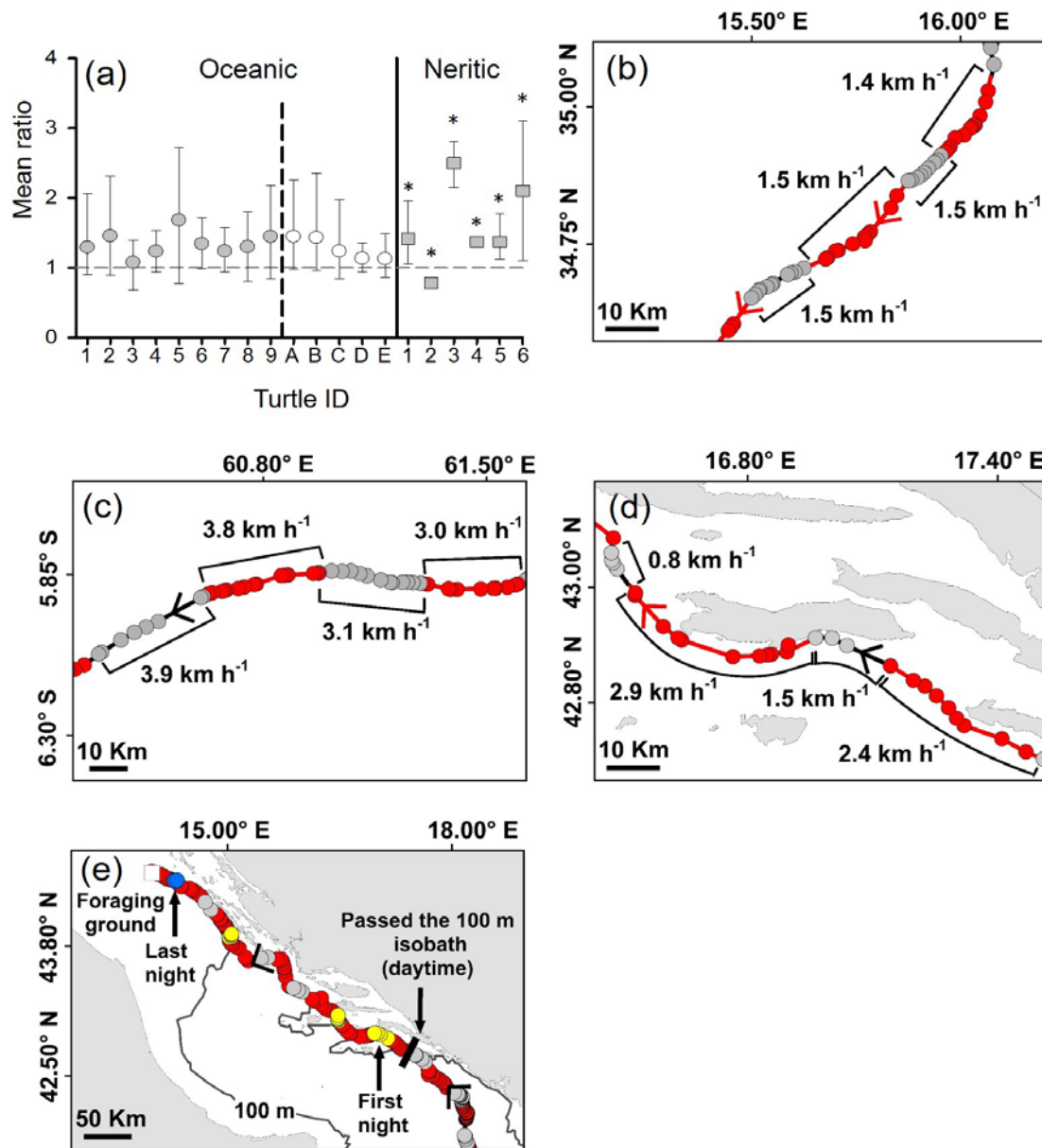
739 Agulhas current flowing southward along the Somalian coast, resulting in a speed of travel
740 lower than the average 2.6 km h^{-1} calculated for this species in the Western Indian Ocean
741 (Carbone and Accordi 2000). In (f), the distance from the breeding ground decreased because
742 the turtle was deflected southward, probably by the current (extending the migration distance
743 by 235 km), before reaching the coast and turning northwards to reach the foraging ground.



744

745 **Figure 4:** (a) Time of day that turtles initiated departure from the breeding grounds (grey
 746 bars for loggerhead turtles, n = 21; white bars for green turtles, n = 7) and stopover sites (dark
 747 grey bars for loggerhead turtles, n = 5; dashed bars for green turtles, n = 2). (b) Time of day
 748 that turtles arrived at the foraging grounds (grey bars for loggerhead turtles, n = 20; white
 749 bars for green turtles, n = 6) and stopover sites (dark grey bars for loggerhead turtles, n = 5;
 750 dashed bars for green turtles, n = 3). (c) Speed of travel of turtles during the final night of
 751 migration in relation to the time elapsed since dawn on the day of arrival (black circles for

752 loggerhead turtles $n = 12$, and white circles for green turtles $n = 5$). The black line represents
753 the linear relationship between the speed of travel and arrival time (Pearsons $r = 0.57$, $t =$
754 2.70 , $p = 0.016$). Nautical dawn and dusk are represented by black (Mediterranean Sea) and
755 grey (Western Indian Ocean) dashed vertical lines. Examples of Argos-linked Fastloc-GPS
756 tracks showing the movement of turtles on the night before and day of arrival at the final
757 foraging ground, for: (d) a turtle arriving early in the day in the Gulf of Gabes; and (e) a turtle
758 arriving late in the day in the Adriatic, and showing comparative night-time travel speeds.
759 Turtle locations at nautical dawn (white circles) and dusk (white squares) are shown along
760 with day (red circle and lines) and night Argos-linked Fastloc-GPS locations (grey circles and
761 black lines). All times are presented as local time.



762

763 **Figure 5:** (a) Mean day/night speed of travel ratio and 95 % confidence intervals for nine
 764 loggerhead (ID 1 to 9) and five green (ID A to E) migrating turtles. During the oceanic
 765 crossing, turtles swam continuously during day and night (grey circles for loggerhead turtles,
 766 $n = 66$ day/night comparisons; white circles for green turtles, $n = 167$ day/night
 767 comparisons). After passing into waters shallower than 100 m (neritic), five out of six
 768 loggerhead turtles travelled further by day than by night (ID 1 to 6, $n = 28$ day/night
 769 comparisons) while the remaining turtle swam further by night. Mean day/night speed of
 770 travel ratios indicated with a black star are significantly different from one. Example of two

771 days and nights of oceanic crossing for (b) a loggerhead and (c) a green turtle, and an
772 example of (d) two days and nights of neritic crossing for a loggerhead turtle. Daytime
773 locations are shown in red, and night-time locations in grey. The speed of travel is given for
774 each day and night. (e) Final 10 days of migration by a loggerhead turtle in the Adriatic. On
775 entering waters shallower than 100 m (delimited by the black bold line on the track), the
776 mean day/night ratio in the speed of travel became variable, with significantly slower night-
777 time travel speeds on three nights (yellow circles) during migration, including the final night
778 (blue circles) arriving at the foraging site (white square) during the day-time on the final day.
779 On these nights, we estimated that this turtle rested from 3 to 5.8 hours, assuming day-time
780 travel speeds also occurred overnight.

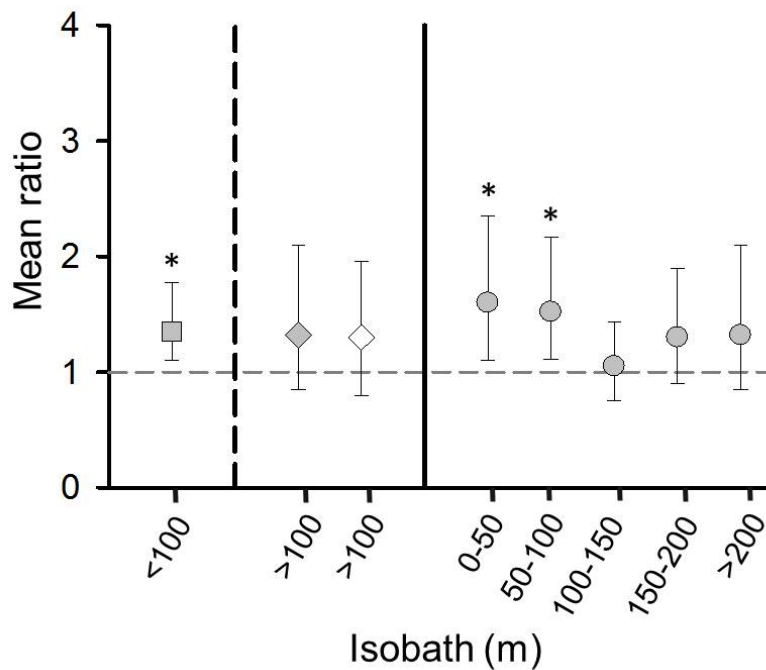
781 **Supplementary Methods 1. Validation of the use of the 100-m depth contour as the**
782 **transition point between oceanic and neritic turtle travel speeds**

783 We validated that the 100-m contour was the transition point between oceanic and
784 neritic speeds of travel based on the mean day/night speed of travel ratios. We first calculated
785 the day/night ratio for turtles that only migrated through waters shallower than 100 m. We
786 then grouped the day/night ratios for oceanic turtles into five depth categories as they
787 travelled from waters deeper than 200 m to waters shallower than 50 m when migrating to the
788 foraging grounds (0–50 m, 50–100 m, 100–150 m, 150–200 m, >200 m). Subsequently we
789 calculated a mean day/night speed of travel ratio for each category using the bootstrapping
790 procedure described in the method section.

791 Loggerhead turtles that only travelled in neritic waters (<100 m deep; n = 4 turtles and
792 14 day/night comparisons) always exceeded a mean day/night ratio of one, with turtles
793 travelling significantly further by day (Supplementary Figure 2). Day/night ratios of both
794 loggerhead and green turtles travelling in water >100 m deep showed no significant
795 difference in speed of travel ratio for either species (n = 66 and 167 day/night comparisons
796 for nine loggerhead green and five green turtles, respectively). Day/night ratio for loggerhead
797 turtles that travelled from >200 m to <50 m showed that the mean ratio only exceeded one
798 when they travelled within water shallower than 100 m (0–50 m, n = 17 day/night
799 comparisons; 50–100 m, n = 10; 100–150 m, n = 8; 150 – 200 m, n = 5, >200 m, n = 53).

800

801



802

803 **Supplementary Figure 2.** Mean day/night speed of travel ratio and 95 % confidence

804 intervals for loggerhead and green turtles at different depths. Day/night ratio for loggerhead

805 turtles that only travelled in neritic waters (<100 m) is shown as a grey square (n = 14

806 day/night comparisons using tracks from four turtles). Day/night ratios for loggerhead and

807 green turtles that migrated through oceanic waters (>100 m) are shown as grey and white

808 diamonds, respectively (n = 66 and 167 day/night comparisons using nine loggerhead and

809 five green turtles, respectively), with no significant difference between day and night being

810 detected for either of these two groups. The day/night ratio for loggerhead turtles (grey

811 circles) that travelled from >200 m to <50 m showed that the mean ratio significantly

812 exceeded one when they travelled in waters shallower than 100 m. Mean day/night speed of

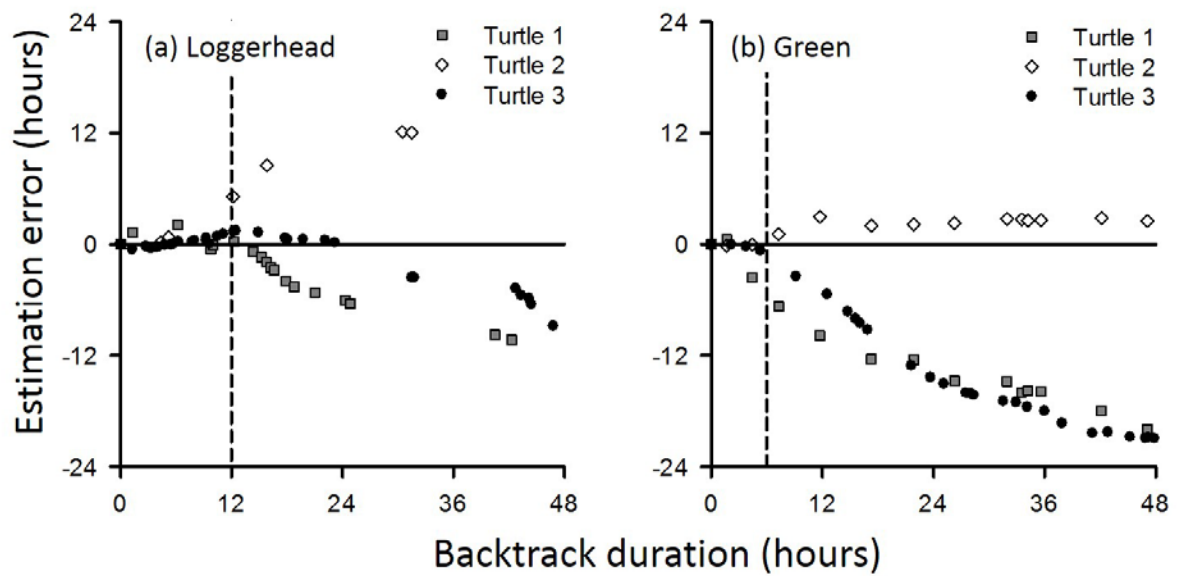
813 travel ratios with a black star are significantly different from one.

814

815 **Supplementary Methods 2: Sensitivity analysis for determining the maximum**
816 **backtrack duration**

817 We calculated the number of hours for which it was possible to backtrack turtles
818 while maintaining sufficient accuracy to infer departure time. We selected three loggerhead
819 and three green turtle tracking datasets with a large volume of accurate tracks over the first 48
820 h of departure from the breeding ground and for which the exact time of departure was
821 apparent. Then, for each location beyond this initial location, we backtracked to the starting
822 point to obtain an estimated departure time. The estimated departure time from each location
823 was then compared against the actual departure time. During backtracking, we assumed a
824 constant speed of travel of 1.5 km h⁻¹ for loggerhead turtles, and 2.6 km h⁻¹ for green turtles
825 based on the average migratory speeds of travel calculated in the current study (excluding
826 stopovers).

827 Error in the calculated departure time was less than two hours for the first 12 h of
828 backtracking for loggerhead and the first 6 h for green turtles in 95 % of cases
829 (Supplementary Figure 1). This difference is directly attributed to differences in mean travel
830 speeds by the two species. Therefore, we selected threshold backtracking durations of 12 h
831 for loggerhead turtles and 6 h for green turtles, to minimise error when calculating the
832 departure times. The same threshold of 12 h and 6 h was used to calculate the arrival at the
833 foraging grounds.



834

835 **Supplementary Figure 1:** Sensitivity analysis to determine the threshold time to backtrack

836 as a method to infer the departure time from the breeding grounds with the highest accuracy

837 possible for: (a) three loggerhead turtles; and (b) three green turtles. Horizontal solid lines

838 correspond to an exact departure time estimation. The dashed vertical black lines represent

839 the maximum backtrack time thresholds selected for calculating departure time.

840

841 **Supplementary Results 1: Description of the stopovers observed during the post-nesting**
842 **migration of loggerhead turtles in Mediterranean Sea and green turtles in the Western**
843 **Indian Ocean.**

844 Arrival and departures from the stopover sites were determined using the same
845 methodology as described in the methods section for the departure from the breeding grounds
846 and the arrival to foraging grounds.

847 Four out of eight green turtles made stopovers during migration. Two individuals
848 made one stopover each, lasting 12 hours (during daytime) and 3 days on the Mascarene
849 Plateau (115 000 km², 2000 km long with depth ranging from 8-150 m, plunging to 4000 m
850 to the abyssal plain at its edges). The stopovers occurred when more than 90 % of the
851 migration was complete, at 204 and 245 km distance, respectively, (which equates to 5 and 6
852 days) from the foraging grounds (total migration: 2515 and 2825 km and 37 and 53 days,
853 respectively, due to differences in routing and travel speed). A third turtle also made one
854 stopover of 3 days when more than 90 % of migration was complete, at the same area as the
855 other two turtles (Mascarene Plateau); however, this turtle initially overshot the final
856 destination, resulting in it travelling twice the distance before it reached foraging grounds
857 (total migration: 3886 km and 65 days). The fourth turtle stopped twice in two Maldives
858 atolls for 5 days and 1 day after completing 70 and 90 % of migration, respectively, at 160
859 and 50 km distance (or 12 and 2 days) from the foraging grounds (total migration: 1152 km,
860 44 days). For all green turtles, stopover sites had depths ranging from 10 to 70 m. Of note, of
861 the two turtles that migrated to the coast of Africa (3230–3741 km over 45–61 days), neither
862 made any stopovers, even though one passed along the edge of the Mascarene Plateau.

863 Three loggerhead turtles made stopovers during migration. One turtle migrating to the
864 Adriatic had two stopovers of 12 h and 1 day when 84 and 89 % migration was complete, at
865 46 and 48 km straight-line distance (5 and 3 days) from the foraging ground, respectively

866 (total migration: 1505 km, 38 days). The two stopovers were of similar distance to the
867 foraging ground, but were separated by 29 kilometres in total migration length (1 day travel),
868 because the turtle did not travel directly to the destination. One turtle migrating to the Gulf of
869 Gables stopped for 6 days after completing 93 % of its migration at 69 km (2 days) from the
870 foraging ground (total migration: 1158 km, 35 days). One turtle made a 2-day stopover after
871 completing 17 % of migration from Zakynthos (total migration: 740 km, 16 days). The
872 stopover site was on the north-east coast of Zakynthos, just 55 km away from the breeding
873 area in Laganas Bay (equivalent of 1.5 days travel). However, after initially departing
874 Zakynthos, this turtle first travelled to and remained at Kyparissia for 2.5 days, before
875 travelling to the stopover site (four days after leaving Zakynthos). For all loggerhead turtles,
876 stopover sites had depths ranging from 20 to 50 m.