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This is the final word version of this creative piece (poem/ RAP song) that was published as:
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PAR/RAP: Participation Action Research/Research Action Participation

Bronwyn Fredericks

Talkin' 'bout

Participation Action Research

PAR

Participation of the people

In da Community

Com-mun-it-ty

Of the Community

Com-mun-it-ty

PAR

Unlearning required

privileges

racism

colonial possession

Indigenous people

Country

requiring

needing

Conscientization

In da Community

Of the Community

PAR

focusing on

unpacking privileges

unpacking racism

unpacking injustices

understanding how –

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I came to be me

understanding how –

you came to be you

understanding how –

you came to be

‘educated’

‘employed’,

‘housed’ and

‘got ‘em land’ too

Understanding how -

we became

‘dispossessed’,

‘poor in health’

‘locked up’

‘with no capital wealth’

Structured inequality

Needing

Decolonising process

processes

Decolonisation

In da Community

Of the Community

PAR

can help you

recognise your privilege

hear what I say

don't marginalise my voice

bind my mouth

close your ears

lock me away

Get involved

PAR

Push the door

Challenge

On-going

Colonisation

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Exploitation

Manipulation

Power over

Reverse UP

Back UP

Decolonisation

PAR

The way

In da Community
Of the Community
Now me
Now you
What you gunna do?
Can't run and hide
Crawl behind books
Don't go blame
Don't feel guilty
Don't feel shame
We can all be
Be in it
In it together
Together
In da Community
Of the Community
Us
PAR
Together
In da Community
Of the Community
Com-mun-it-ty
Com-mun-it-ty.