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Fredericks, Bronwyn L. (2010) *Best Practice*. In: International Network of Indigenous Health Knowledge and Development, 24-28 May 2010, Kiana Lodge, Port Madison Indian Reservation, Suquamish Nation, Washington.

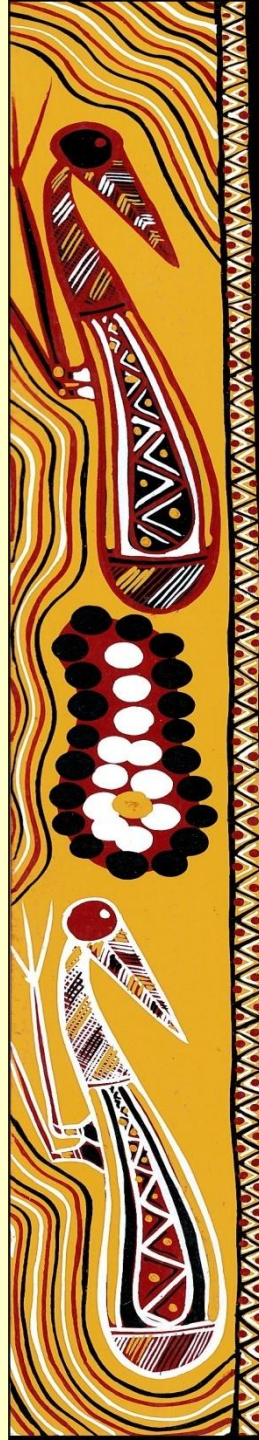
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**'Best Practice'**

**Bronwyn Fredericks**

**2010**

**Thursday 27 May 2010**



# This is not my backyard





# This is my backyard -Ipswich & Brisbane



# Some of us belong to the Country / land where cities have been built

While the processes of colonisation have dispossessed Aboriginal peoples and may have altered Indigenous connection, access and control of place, it does not alter the reality of Aboriginal place and Aboriginal ownership of place.





This is what is happening in some urban areas –  
the land is being re-shaped and carved up ■





People are struggling to gain what they can from the land before developers move in and bulldoze it, carving up the earth and re-shaping it for housing. Hills are taken away, and dirt is being moved to fill in the low levels and dry creek beds. In cases such as this, landmarks that were there for thousands of years become hard to recognise and some disappear at the hands of developers.





What was here in terms of bush vegetation is now gone... it is being re-shaped and carved up and housing and a school is now being built. Governments and groups are talking about the numbers of people coming in but few have thought about what this means to the land, and to the Aboriginal people where cities are developing. Urban cities are claiming and re-shaping the Country of Aboriginal people. This can only impact on the health and well-being of Australian Aboriginal peoples whose Country is where cities are growing and becoming larger and larger.



Seeing my family engaged in activities with land has resulted in me asking more directly of myself...

What kind of research?

What kind of researcher?

What is the contribution I can make?

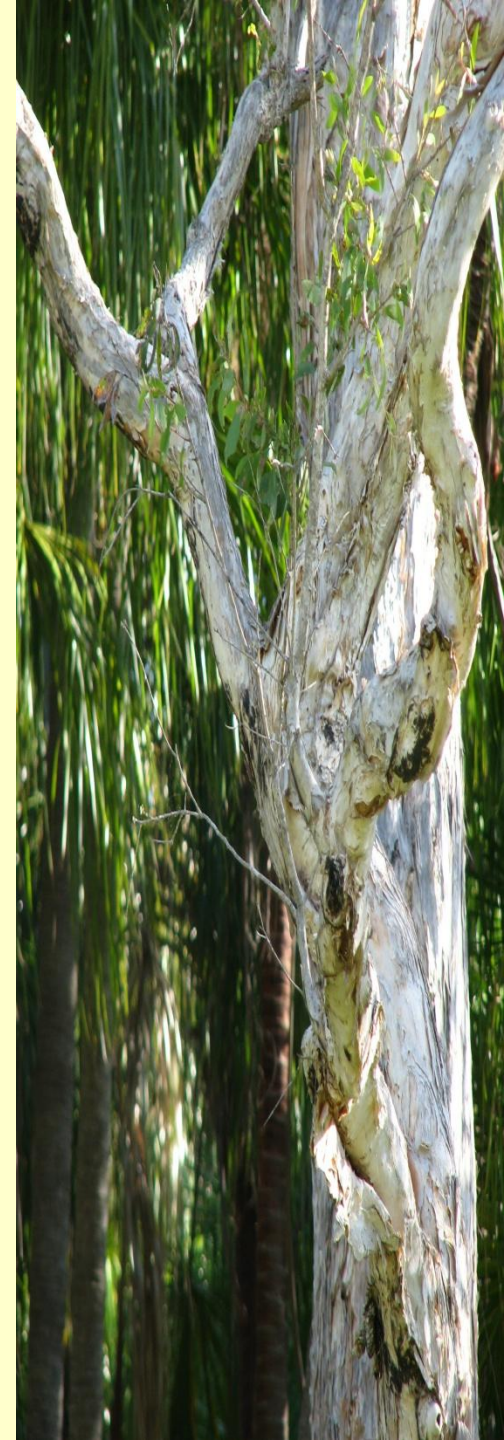
What will be my legacy?

# Indigenous Studies Research Network

I have also got more involved with research through the ISRN.

The ISRN is a virtual global network of Indigenous and non-Indigenous scholars interested in Indigenous Studies across all disciplines.

Check it out – [www.isrn.qut.edu.au](http://www.isrn.qut.edu.au)





I have become more focused  
in the research I do and in  
thinking about what will be my  
legacy.

The kind of work and research  
I want to do is now finding me.



# National Aboriginal and Torres Strait Islander Women's Health Strategy





This image is of my woman's site on Country where I live. It is where I travel to for maintaining my mental, emotional, spiritual and physical well-being. Within this place I can speak with my inner self and to my ancestors. It is where I seek clarity, guidance and reassurance and affirm my Aboriginal identity"

Pamela Croft Warcon



# Strategy

Aboriginal and Torres Strait Islander women have a right to determine for themselves what their health system will look like. This Strategy is part of that process.

This Strategy does not replace other national or State and Territory documents which identify priorities and needs. The aim is to supplement existing work.





# Themes

- Supportive Environments
- Health Service Access and Equity
- Women in the Health Workforce
- National Policy Officer Position

Launched 10<sup>th</sup> March



**Strategic Directions Report for  
the Social Determinants of  
Aboriginal Health  
Project**

**Victorian Aboriginal Community  
Controlled Health Organisation (VACCHO)**

2010



# Thank you

Bronwyn Fredericks

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