# INEQUALITIES FOR THE NORM AND NUMERICAL RADIUS OF COMPOSITE OPERATORS IN HILBERT SPACES 

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#### Abstract

Some new inequalities for the norm and the numerical radius of composite operators generated by a pair of operators are given.


## 1. Introduction

Let $(H ;\langle\cdot, \cdot\rangle)$ be a complex Hilbert space. The numerical range of an operator $T$ is the subset of the complex numbers $\mathbb{C}$ given by [4, p. 1]:

$$
\begin{equation*}
W(T)=\{\langle T x, x\rangle, x \in H,\|x\|=1\} . \tag{1.1}
\end{equation*}
$$

It is well known that (see [4]):
(i) The numerical range of an operator is convex;
(ii) The spectrum of an operator is contained in the closure of its numerical range;
(iii) $T$ is self-adjoint if and only if $W(T)$ is real.

The numerical radius $w(T)$ of an operator $T$ on $H$ is defined by [4, p. 8]

$$
\begin{equation*}
w(T):=\sup \{|\lambda|, \lambda \in W(T)\}=\sup \{|\langle T x, x\rangle|,\|x\|=1\} \tag{1.2}
\end{equation*}
$$

It is well known that $w(\cdot)$ is a norm on the Banach algebra $B(H)$ of all bounded linear operators acting on $H$ and the following inequality holds true:

$$
\begin{equation*}
w(T) \leq\|T\| \leq 2 w(T) \tag{1.3}
\end{equation*}
$$

We recall some classical results involving the numerical radius of two linear operators $A, B$.

The following general result for the product of two operators holds [4, p. 37]:
Theorem 1. If $A, B$ are two bounded linear operators on the Hilbert space $(H,\langle\cdot, \cdot\rangle)$, then

$$
\begin{equation*}
w(A B) \leq 4 w(A) w(B) \tag{1.4}
\end{equation*}
$$

In the case that $A B=B A$, then

$$
\begin{equation*}
w(A B) \leq 2 w(A) w(B) \tag{1.5}
\end{equation*}
$$

The following results are also well known [4, p. 38].

[^0]Theorem 2. If $A$ is a unitary operator that commutes with another operator $B$, then

$$
\begin{equation*}
w(A B) \leq w(B) \tag{1.6}
\end{equation*}
$$

If $A$ is an isometry and $A B=B A$, then (1.6) also holds true.
We say that $A$ and $B$ double commute if $A B=B A$ and $A B^{*}=B^{*} A$.
The following result holds [4, p. 38].
Theorem 3 (Double commute). If the operators $A$ and $B$ double commute, then

$$
\begin{equation*}
w(A B) \leq w(B)\|A\| \tag{1.7}
\end{equation*}
$$

As a consequence of the above, we have [4, p. 39]:
Corollary 1. Let $A$ be a normal operator commuting with $B$. Then

$$
\begin{equation*}
w(A B) \leq w(A) w(B) \tag{1.8}
\end{equation*}
$$

For other results and historical comments on the above see [4, p. 39-41]. For more results on the numerical radius, see [5].

The main aim of this paper is to establish some new inequalities for composite operators generated by a pair of operators $(A, B)$ under various assumptions. Namely, in one side, several inequalities involving the norm

$$
\left\|\frac{A^{*} A+B^{*} B}{2}\right\|
$$

and the numerical radius $w\left(B^{*} A\right)$ are established. On the other side, upper bounds for the nonnegative quantities

$$
\|A\|\|B\|-w\left(B^{*} A\right) \text { and }\|A\|^{2}\|B\|^{2}-w^{2}\left(B^{*} A\right)
$$

under special conditions for the operators involved are also given.

## 2. The Results

The following result may be stated:
Theorem 4. Let $A, B: H \rightarrow H$ be two bounded linear operators on the Hilbert space $(H,\langle\cdot, \cdot\rangle)$. If $r>0$ and

$$
\begin{equation*}
\|A-B\| \leq r \tag{2.1}
\end{equation*}
$$

then

$$
\begin{equation*}
\left\|\frac{A^{*} A+B^{*} B}{2}\right\| \leq w\left(B^{*} A\right)+\frac{1}{2} r^{2} \tag{2.2}
\end{equation*}
$$

Proof. For any $x \in H,\|x\|=1$, we have from (2.1) that

$$
\begin{equation*}
\|A x\|^{2}+\|B x\|^{2} \leq 2 \operatorname{Re}\langle A x, B x\rangle+r^{2} \tag{2.3}
\end{equation*}
$$

However

$$
\begin{aligned}
\|A x\|^{2}+\|B x\|^{2} & =\left\langle\left(A^{*} A\right) x, x\right\rangle+\left\langle\left(B^{*} B\right) x, x\right\rangle \\
& =\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle
\end{aligned}
$$

and by (2.3) we obtain

$$
\begin{equation*}
\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle \leq 2\left|\left\langle\left(B^{*} A\right) x, x\right\rangle\right|+r^{2} \tag{2.4}
\end{equation*}
$$

for any $x \in H,\|x\|=1$.

Taking the supremum over $x \in H,\|x\|=1$ in (2.4) we get

$$
\begin{equation*}
w\left(A^{*} A+B^{*} B\right) \leq 2 w\left(B^{*} A\right)+r^{2} \tag{2.5}
\end{equation*}
$$

and since the operator $A^{*} A+B^{*} B$ is self-adjoint, hence

$$
w\left(A^{*} A+B^{*} B\right)=\left\|A^{*} A+B^{*} B\right\|
$$

and by (2.5) we deduce the desired inequality (2.2).
Remark 1. We observe that, from the proof of the above theorem, we have the inequalities

$$
\begin{equation*}
0 \leq\left\|\frac{A^{*} A+B^{*} B}{2}\right\|-w\left(B^{*} A\right) \leq \frac{1}{2}\|A-B\|^{2}, \tag{2.6}
\end{equation*}
$$

provided that $A, B$ are bounded linear operators in $H$.
The second inequality in (2.6) is obvious while the first inequality follows by the fact that

$$
\begin{aligned}
\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle & =\|A x\|^{2}+\|B x\|^{2} \\
& \geq 2\|A x\|\|B x\| \geq 2\left|\left\langle\left(B^{*} A\right) x, x\right\rangle\right|
\end{aligned}
$$

for any $x \in H$.
The inequality (2.2) is obviously a reach source of particular inequalities of interest.

Indeed, if we assume, for $\lambda \in \mathbb{C}$ and a bounded linear operator $T$, that we have

$$
\begin{equation*}
\left\|T-\lambda T^{*}\right\| \leq r \tag{2.7}
\end{equation*}
$$

for a given positive number $r$, then by (2.6) we deduce the inequality

$$
\begin{equation*}
0 \leq\left\|\frac{T^{*} T+|\lambda|^{2} T T^{*}}{2}\right\|-|\lambda| w\left(T^{2}\right) \leq \frac{1}{2} r^{2} \tag{2.8}
\end{equation*}
$$

Now, if we assume that for $\lambda \in \mathbb{C}$ and a bounded linear operator $V$ we have that

$$
\begin{equation*}
\|V-\lambda I\| \leq r \tag{2.9}
\end{equation*}
$$

where $I$ is the identity operator on $H$, then by (2.2) we deduce the inequality

$$
0 \leq\left\|\frac{V^{*} V+|\lambda|^{2} I}{2}\right\|-|\lambda| w(V) \leq \frac{1}{2} r^{2}
$$

As a dual approach, the following result may be noted as well:
Theorem 5. Let $A, B: H \rightarrow H$ be two bounded linear operators on the Hilbert space $H$. Then

$$
\begin{equation*}
\left\|\frac{A+B}{2}\right\|^{2} \leq \frac{1}{2}\left[\left\|\frac{A^{*} A+B^{*} B}{2}\right\|+w\left(B^{*} A\right)\right] \tag{2.10}
\end{equation*}
$$

Proof. We obviously have

$$
\begin{aligned}
\|A x+B x\|^{2} & =\|A x\|^{2}+2 \operatorname{Re}\langle A x, B x\rangle+\|B x\|^{2} \\
& \leq\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle+2\left|\left\langle\left(B^{*} A\right) x, x\right\rangle\right|
\end{aligned}
$$

for any $x \in H$.

Taking the supremum over $x \in H,\|x\|=1$, we get

$$
\begin{aligned}
\|A+B\|^{2} & \leq w\left(A^{*} A+B^{*} B\right)+2 w\left(B^{*} A\right) \\
& =\left\|A^{*} A+B^{*} B\right\|+2 w\left(B^{*} A\right),
\end{aligned}
$$

from where we get the desired inequality (2.10).
Remark 2. The inequality (2.10) can generate some interesting particular results such as the following inequality

$$
\begin{equation*}
\left\|\frac{T+T^{*}}{2}\right\|^{2} \leq \frac{1}{2}\left[\left\|\frac{T^{*} T+T T^{*}}{2}\right\|+w\left(T^{2}\right)\right] \tag{2.11}
\end{equation*}
$$

holding for each bounded linear operator $T: H \rightarrow H$.
The following result may be stated as well.
Theorem 6. Let $A, B: H \rightarrow H$ be two bounded linear operators on the Hilbert space $H$ and $p \geq 2$. Then

$$
\begin{equation*}
\left\|\frac{A^{*} A+B^{*} B}{2}\right\|^{\frac{p}{2}} \leq \frac{1}{4}\left[\|A-B\|^{p}+\|A+B\|^{p}\right] . \tag{2.12}
\end{equation*}
$$

Proof. We use the following inequality for vectors in inner product spaces obtained by Dragomir and Sándor in [2]:

$$
\begin{equation*}
2\left(\|a\|^{p}+\|b\|^{p}\right) \leq\|a+b\|^{p}+\|a-b\|^{p} \tag{2.13}
\end{equation*}
$$

for any $a, b \in H$ and $p \geq 2$.
Utilising (2.13) we may write

$$
\begin{equation*}
2\left(\|A x\|^{p}+\|B x\|^{p}\right) \leq\|A x+B x\|^{p}+\|A x-B x\|^{p} \tag{2.14}
\end{equation*}
$$

for any $x \in H$.
Now, observe that

$$
\|A x\|^{p}+\|B x\|^{p}=\left(\|A x\|^{2}\right)^{\frac{p}{2}}+\left(\|B x\|^{2}\right)^{\frac{p}{2}}
$$

and by the elementary inequality:

$$
\frac{\alpha^{q}+\beta^{q}}{2} \geq\left(\frac{\alpha+\beta}{2}\right)^{q}, \quad \alpha, \beta \geq 0 \text { and } q \geq 1
$$

we have

$$
\begin{align*}
\left(\|A x\|^{2}\right)^{\frac{p}{2}}+\left(\|B x\|^{2}\right)^{\frac{p}{2}} & \geq 2^{1-\frac{p}{2}}\left(\|A x\|^{2}+\|B x\|^{2}\right)^{\frac{p}{2}}  \tag{2.15}\\
& =2^{1-\frac{p}{2}}\left[\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle\right]^{\frac{p}{2}} .
\end{align*}
$$

Combining (2.14) with (2.15) we get

$$
\begin{equation*}
\frac{1}{4}\left[\|A x-B x\|^{p}+\|A x+B x\|^{p}\right] \geq\left|\left\langle\left(\frac{A^{*} A+B^{*} B}{2}\right) x, x\right\rangle\right\rangle^{\frac{p}{2}} \tag{2.16}
\end{equation*}
$$

for any $x \in H,\|x\|=1$. Taking the supremum over $x \in H,\|x\|=1$, and taking into account that

$$
w\left(\frac{A^{*} A+B^{*} B}{2}\right)=\left\|\frac{A^{*} A+B^{*} B}{2}\right\|,
$$

we deduce the desired result (2.12).

Remark 3. If $p=2$, then we have the inequality:

$$
\begin{equation*}
\left\|\frac{A^{*} A+B^{*} B}{2}\right\| \leq\left\|\frac{A-B}{2}\right\|^{2}+\left\|\frac{A+B}{2}\right\|^{2} \tag{2.17}
\end{equation*}
$$

for any $A, B$ bounded linear operators. This result can also be obtained directly on utilising the parallelogram identity.

We also should observe that for $A=T$ and $B=T^{*}, T$ a normal operator, the inequality (2.12) becomes

$$
\|T\|^{p} \leq \frac{1}{4}\left[\left\|T-T^{*}\right\|^{p}+\left\|T+T^{*}\right\|^{p}\right]
$$

where $p \geq 2$.
The following result may be stated as well.
Theorem 7. Let $A, B: H \rightarrow H$ be two bounded linear operators on the Hilbert space $H$ and $r \geq 1$. If $A^{*} A \geq B^{*} B$ in the operator order or, equivalently, $\|A x\| \geq$ $\|B x\|$ for any $x \in H$, then:

$$
\begin{equation*}
\left\|\frac{A^{*} A+B^{*} B}{2}\right\|^{r} \leq\|A\|^{r-1}\|B\|^{r-1} w\left(B^{*} A\right)+\frac{1}{2} r^{2}\|A\|^{2 r-2}\|A-B\|^{2} \tag{2.18}
\end{equation*}
$$

Proof. We use the following inequality for vectors in inner product spaces due to Goldstein, Ryff and Clarke [3]:

$$
\begin{equation*}
\|a\|^{2 r}+\|b\|^{2 r} \leq 2\|a\|^{r-1}\|b\|^{r-1} \operatorname{Re}\langle a, b\rangle+r^{2}\|a\|^{2 r-2}\|a-b\|^{2} \tag{2.19}
\end{equation*}
$$

where $r \geq 1, a, b \in H$ and $\|a\| \geq\|b\|$.
Utilising (2.19) we can state that:

$$
\begin{align*}
& \|A x\|^{2 r}+\|B x\|^{2 r}  \tag{2.20}\\
& \quad \leq 2\|A x\|^{r-1}\|B x\|^{r-1}|\langle A x, B x\rangle|+r^{2}\|A x\|^{2 r-2}\|A x-B x\|^{2},
\end{align*}
$$

for any $x \in H$.
As in the proof of Theorem 6, we also have

$$
\begin{equation*}
2^{1-r}\left[\left\langle\left(A^{*} A+B^{*} B\right) x, x\right\rangle\right]^{r} \leq\|A x\|^{2 r}+\|B x\|^{2 r} \tag{2.21}
\end{equation*}
$$

for any $x \in H$.
Therefore, by (2.20) and (2.21) we deduce

$$
\begin{align*}
& {\left[\left\langle\left(\frac{A^{*} A+B^{*} B}{2}\right) x, x\right\rangle\right]^{r}}  \tag{2.22}\\
& \quad \leq\|A x\|^{r-1}\|B x\|^{r-1}|\langle A x, B x\rangle|+\frac{1}{2} r^{2}\|A\|^{2 r-2}\|A x-B x\|^{2}
\end{align*}
$$

for any $x \in H$.
Taking the supremum in (2.22) we obtain the desired result (2.18).
Remark 4. Following [4, p. 156], we recall that the bounded linear operator $V$ is hyponormal, if

$$
\left\|V^{*} x\right\| \leq\|V x\| \text { for all } x \in H
$$

Now, if we choose in (2.18) $A=V$ and $B=V^{*}$, then, on taking into account that for hyponormal operators $w\left(V^{2}\right)=\|V\|^{2}$, we get the inequality

$$
\begin{equation*}
\left\|\frac{V^{*} V+V V^{*}}{2}\right\|^{r} \leq\|V\|^{2 r-2}\left[\|V\|^{2}+\frac{1}{2} r^{2}\left\|V-V^{*}\right\|^{2}\right] \tag{2.23}
\end{equation*}
$$

holding for any hyponormal operator $V$ and any $r \geq 1$.

## 3. Further Inequalities for an Invertible Operator

In this section we assume that $B: H \rightarrow H$ is an invertible bounded linear operator and let $B^{-1}: H \rightarrow H$ be its inverse. Then, obviously,

$$
\begin{equation*}
\|B x\| \geq \frac{1}{\left\|B^{-1}\right\|}\|x\| \quad \text { for any } \quad x \in H \tag{3.1}
\end{equation*}
$$

where $\left\|B^{-1}\right\|$ denotes the norm of the inverse $B^{-1}$.
The following result holds true:
Theorem 8. Let $A, B: H \rightarrow H$ be two bounded linear operators on $H$ and $B$ is invertible such that, for a given $r>0$,

$$
\begin{equation*}
\|A-B\| \leq r \tag{3.2}
\end{equation*}
$$

Then:

$$
\begin{equation*}
\|A\| \leq\left\|B^{-1}\right\|\left[w\left(B^{*} A\right)+\frac{1}{2} r^{2}\right] . \tag{3.3}
\end{equation*}
$$

Proof. The condition (3.2) is obviously equivalent to:

$$
\begin{equation*}
\|A x\|^{2}+\|B x\|^{2} \leq 2 \operatorname{Re}\left\langle\left(B^{*} A\right) x, x\right\rangle+r^{2} \tag{3.4}
\end{equation*}
$$

for any $x \in H,\|x\|=1$.
Since, by (3.1),

$$
\|B x\|^{2} \geq \frac{1}{\left\|B^{-1}\right\|^{2}}\|x\|^{2}, \quad x \in H
$$

and $\operatorname{Re}\left\langle\left(B^{*} A\right) x, x\right\rangle \leq\left|\left\langle\left(B^{*} A\right) x, x\right\rangle\right|$, hence by (3.4) we get

$$
\begin{equation*}
\|A x\|^{2}+\frac{\|x\|^{2}}{\left\|B^{-1}\right\|^{2}} \leq 2\left|\left\langle\left(B^{*} A\right) x, x\right\rangle\right|+r^{2} \tag{3.5}
\end{equation*}
$$

for any $x \in H,\|x\|=1$.
Taking the supremum over $x \in H,\|x\|=1$ in (3.5), we have

$$
\begin{equation*}
\|A\|^{2}+\frac{1}{\left\|B^{-1}\right\|^{2}} \leq 2 w\left(B^{*} A\right)+r^{2} \tag{3.6}
\end{equation*}
$$

By the elementary inequality

$$
\begin{equation*}
\frac{2\|A\|}{\left\|B^{-1}\right\|} \leq\|A\|^{2}+\frac{1}{\left\|B^{-1}\right\|^{2}} \tag{3.7}
\end{equation*}
$$

and by (3.6) we then deduce the desired result (3.3).
Remark 5. If we choose above $B=\lambda I, \lambda \neq 0$, then we get the inequality

$$
\begin{equation*}
(0 \leq)\|A\|-w(A) \leq \frac{1}{2|\lambda|} r^{2} \tag{3.8}
\end{equation*}
$$

provided $\|A-\lambda I\| \leq r$. This result has been obtained in the earlier paper [1].
Also, if we assume that $B=\lambda A^{*}, A$ is invertible, then we obtain

$$
\begin{equation*}
\|A\| \leq\left\|A^{-1}\right\|\left[w\left(A^{2}\right)+\frac{1}{2|\lambda|} r^{2}\right] \tag{3.9}
\end{equation*}
$$

provided $\left\|A-\lambda A^{*}\right\| \leq r, \lambda \neq 0$.

The following result may be stated as well:
Theorem 9. Let $A, B: H \rightarrow H$ be two bounded linear operators on $H$. If $B$ is invertible and for $r>0$,

$$
\begin{equation*}
\|A-B\| \leq r \tag{3.10}
\end{equation*}
$$

then

$$
\begin{equation*}
(0 \leq)\|A\|\|B\|-w\left(B^{*} A\right) \leq \frac{1}{2} r^{2}+\frac{\|B\|^{2}\left\|B^{-1}\right\|^{2}-1}{\left\|B^{-1}\right\|^{2}} \tag{3.11}
\end{equation*}
$$

Proof. The condition (3.10) is obviously equivalent to

$$
\|A x\|^{2}+\|B x\|^{2} \leq 2 \operatorname{Re}\langle A x, B x\rangle+r^{2}
$$

for any $x \in H$, which is clearly equivalent to

$$
\begin{equation*}
\|A x\|^{2}+\|B\|^{2} \leq 2 \operatorname{Re}\left\langle B^{*} A x, x\right\rangle+r^{2}+\|B\|^{2}-\|B x\|^{2} . \tag{3.12}
\end{equation*}
$$

Since

$$
\operatorname{Re}\left\langle B^{*} A x, x\right\rangle \leq\left|\left\langle B^{*} A x, x\right\rangle\right|, \quad\|B x\|^{2} \geq \frac{1}{\left\|B^{-1}\right\|^{2}}\|x\|^{2}
$$

and

$$
\|A x\|^{2}+\|B\|^{2} \geq 2\|B\|\|A x\|
$$

for any $x \in H$, hence by (3.12) we get

$$
\begin{equation*}
2\|B\|\|A x\| \leq 2\left|\left\langle B^{*} A x, x\right\rangle\right|+r^{2}+\frac{\|B\|^{2}\left\|B^{-1}\right\|^{2}-1}{\left\|B^{-1}\right\|^{2}} \tag{3.13}
\end{equation*}
$$

for any $x \in H,\|x\|=1$.
Taking the supremum over $x \in H,\|x\|=1$ we deduce the desired result (3.11).
Remark 6. If we choose in Theorem 9, $B=\lambda A^{*}, \lambda \neq 0, A$ is invertible, then we get the inequality:

$$
\begin{equation*}
(0 \leq)\|A\|^{2}-w\left(A^{2}\right) \leq \frac{1}{2|\lambda|} r^{2}+|\lambda| \cdot \frac{\|A\|^{2}\left\|A^{-1}\right\|^{2}-1}{\left\|A^{-1}\right\|^{2}} \tag{3.14}
\end{equation*}
$$

provided $\left\|A-\lambda A^{*}\right\| \leq r$.
The following result may be stated as well.
Theorem 10. Let $A, B: H \rightarrow H$ be two bounded linear operators on $H$. If $B$ is invertible and for $r>0$ we have

$$
\begin{equation*}
\|A-B\| \leq r<\|B\| \tag{3.15}
\end{equation*}
$$

then

$$
\begin{equation*}
\|A\| \leq \frac{1}{\sqrt{\|B\|^{2}-r^{2}}}\left(w\left(B^{*} A\right)+\frac{\|B\|^{2}\left\|B^{-1}\right\|^{2}-1}{2\left\|B^{-1}\right\|^{2}}\right) \tag{3.16}
\end{equation*}
$$

Proof. The first part of condition (3.15) is obviously equivalent to

$$
\|A x\|^{2}+\|B x\|^{2} \leq 2 \operatorname{Re}\langle A x, B x\rangle+r^{2}
$$

for any $x \in H$, which is clearly equivalent to

$$
\begin{equation*}
\|A x\|^{2}+\|B\|^{2}-r^{2} \leq 2 \operatorname{Re}\left\langle B^{*} A x, x\right\rangle+\|B\|^{2}-\|B x\|^{2} . \tag{3.17}
\end{equation*}
$$

Since

$$
\begin{gathered}
\operatorname{Re}\left\langle B^{*} A x, x\right\rangle \leq\left|\left\langle B^{*} A x, x\right\rangle\right|, \\
\|B x\|^{2} \geq \frac{1}{\left\|B^{-1}\right\|^{2}}\|x\|^{2}
\end{gathered}
$$

and, by the second part of (3.15),

$$
\|A x\|^{2}+\|B\|^{2}-r^{2} \geq 2 \sqrt{\|B\|^{2}-r^{2}}\|A x\|
$$

for any $x \in H$, hence by (3.17) we get

$$
\begin{equation*}
2\|A x\| \sqrt{\|B\|^{2}-r^{2}} \leq 2\left|\left\langle B^{*} A x, x\right\rangle\right|+\frac{\|B\|^{2}\left\|B^{-1}\right\|^{2}-1}{\left\|B^{-1}\right\|^{2}} \tag{3.18}
\end{equation*}
$$

for any $x \in H,\|x\|=1$.
Taking the supremum over $x \in H,\|x\|=1$ in (3.18), we deduce the desired inequality (3.16).

Remark 7. The above Theorem 10 has some particular cases of interest. For instance, if we choose $B=\lambda I$, with $|\lambda|>r$, then (3.15) is obviously fulfilled and by (3.16) we get

$$
\begin{equation*}
\|A\| \leq \frac{w(A)}{\sqrt{1-\left(\frac{r}{|\lambda|}\right)^{2}}} \tag{3.19}
\end{equation*}
$$

provided $\|A-\lambda I\| \leq r$. This result has been obtained in the earlier paper [1].
On the other hand, if in the above we choose $B=\lambda A^{*}$ with $\|A\| \geq \frac{r}{|\lambda|}(\lambda \neq 0)$, then by (3.16) we get

$$
\begin{equation*}
\|A\| \leq \frac{1}{\sqrt{\|A\|^{2}-\left(\frac{r}{|\lambda|}\right)^{2}}}\left[w\left(A^{2}\right)+|\lambda| \cdot \frac{\|A\|^{2}\left\|A^{-1}\right\|^{2}-1}{2\left\|A^{-1}\right\|^{2}}\right] \tag{3.20}
\end{equation*}
$$

provided $\left\|A-\lambda A^{*}\right\| \leq r$.
The following result may be stated as well.
Theorem 11. Let $A, B$ and $r$ be as in Theorem 8. Moreover, if

$$
\begin{equation*}
\left\|B^{-1}\right\|<\frac{1}{r} \tag{3.21}
\end{equation*}
$$

then

$$
\begin{equation*}
\|A\| \leq \frac{\left\|B^{-1}\right\|}{\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}} w\left(B^{*} A\right) \tag{3.22}
\end{equation*}
$$

Proof. Observe that, by (3.6) we have

$$
\begin{equation*}
\|A\|^{2}+\frac{1-r^{2}\left\|B^{-1}\right\|^{2}}{\left\|B^{-1}\right\|^{2}} \leq 2 w\left(B^{*} A\right) \tag{3.23}
\end{equation*}
$$

Utilising the elementary inequality

$$
\begin{equation*}
2 \frac{\|A\|}{\left\|B^{-1}\right\|} \sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}} \leq\|A\|^{2}+\frac{1-r^{2}\left\|B^{-1}\right\|^{2}}{\left\|B^{-1}\right\|^{2}} \tag{3.24}
\end{equation*}
$$

which can be stated since (3.21) is assumed to be true, hence by (3.23) and (3.24) we deduce the desired result (3.22).

Remark 8. If we assume that $B=\lambda A^{*}$ with $\lambda \neq 0$ and $A$ an invertible operator, then, by applying Theorem 11, we get the inequality:

$$
\begin{equation*}
\|A\| \leq \frac{\left\|A^{-1}\right\| w\left(A^{2}\right)}{\sqrt{|\lambda|^{2}-r^{2}\left\|A^{-1}\right\|^{2}}} \tag{3.25}
\end{equation*}
$$

provided $\left\|A-\lambda A^{*}\right\| \leq r$ and $\left\|A^{-1}\right\| \leq \frac{|\lambda|}{r}$.
The following result may be stated as well.
Theorem 12. Let $A, B: H \rightarrow H$ be two bounded linear operators. If $r>0$ and $B$ is invertible with the property that $\|A-B\| \leq r$ and

$$
\begin{equation*}
\frac{1}{\sqrt{r^{2}+1}} \leq\left\|B^{-1}\right\|<\frac{1}{r} \tag{3.26}
\end{equation*}
$$

then

$$
\begin{equation*}
\|A\|^{2} \leq w^{2}\left(B^{*} A\right)+2 w\left(B^{*} A\right) \cdot \frac{\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\left\|B^{-1}\right\|} \tag{3.27}
\end{equation*}
$$

Proof. Let $x \in H,\|x\|=1$. Then by (3.5) we have

$$
\begin{equation*}
\|A x\|^{2}+\frac{1}{\left\|B^{-1}\right\|^{2}} \leq 2\left|\left\langle B^{*} A x, x\right\rangle\right|+r^{2} \tag{3.28}
\end{equation*}
$$

and since

$$
\frac{1}{\left\|B^{-1}\right\|^{2}}-r^{2}>0
$$

we can conclude that $\left|\left\langle B^{*} A x, x\right\rangle\right|>0$ for any $x \in H,\|x\|=1$.
Dividing in (3.28) with $\left|\left\langle B^{*} A x, x\right\rangle\right|>0$, we obtain

$$
\begin{equation*}
\frac{\|A x\|^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|} \leq 2+\frac{r^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|}-\frac{1}{\left\|B^{-1}\right\|^{2}\left|\left\langle B^{*} A x, x\right\rangle\right|} \tag{3.29}
\end{equation*}
$$

Subtracting $\left|\left\langle B^{*} A x, x\right\rangle\right|$ from both sides of (3.29), we get

$$
\begin{align*}
& \frac{\|A x\|^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|}-\left|\left\langle B^{*} A x, x\right\rangle\right|  \tag{3.30}\\
& \leq 2-\left|\left\langle B^{*} A x, x\right\rangle\right|-\frac{1-r^{2}\left\|B^{-1}\right\|^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|\left\|B^{-1}\right\|^{2}} \\
& =2-\frac{2 \sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\left\|B^{-1}\right\|}-\left(\sqrt{\left|\left\langle B^{*} A x, x\right\rangle\right|}-\frac{\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\left\|B^{-1}\right\| \sqrt{\left|\left\langle B^{*} A x, x\right\rangle\right|}}\right)^{2} \\
& \leq 2\left(\frac{\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\left\|B^{-1}\right\|}\right)
\end{align*}
$$

which gives:

$$
\begin{equation*}
\|A x\|^{2} \leq\left|\left\langle B^{*} A x, x\right\rangle\right|^{2}+2\left|\left\langle B^{*} A x, x\right\rangle\right| \frac{\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\left\|B^{-1}\right\|} . \tag{3.31}
\end{equation*}
$$

We also remark that, by (3.26) the quantity

$$
\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}} \geq 0
$$

hence, on taking the supremum in (3.31) over $x \in H,\|x\|=1$, we deduce the desired inequality.

Remark 9. It is interesting to remark that if we assume $\lambda \in \mathbb{C}$ with $0<r \leq|\lambda| \leq$ $\sqrt{r^{2}+1}$ and $\|A-\lambda I\| \leq r$, then by (3.2) we can state the following inequality:

$$
\begin{equation*}
\|A\|^{2} \leq|\lambda|^{2} w\left(A^{2}\right)+2|\lambda|\left(1-\sqrt{|\lambda|^{2}-r^{2}}\right) w(A) \tag{3.32}
\end{equation*}
$$

Also, if $\left\|A-A^{*}\right\| \leq r, A$ is invertible and $\frac{1}{\sqrt{r^{2}+1}} \leq\left\|A^{-1}\right\| \leq \frac{1}{r}$, then, by (3.27) we also have

$$
\begin{equation*}
\|A\|^{2} \leq w^{2}\left(A^{2}\right)+2 w\left(A^{2}\right) \cdot \frac{\left\|A^{-1}\right\|-\sqrt{1-r^{2}\left\|A^{-1}\right\|^{2}}}{\left\|A^{-1}\right\|} \tag{3.33}
\end{equation*}
$$

One can also prove the following result.
Theorem 13. Let $A, B: H \rightarrow H$ be two bounded linear operators. If $r>0$ and $B$ is invertible with the property that $\|A-B\| \leq r$ and $\left\|B^{-1}\right\| \leq \frac{1}{r}$, then

$$
\begin{align*}
(0 & \leq)\|A\|^{2}\|B\|^{2}-w^{2}\left(B^{*} A\right)  \tag{3.34}\\
& \leq 2 w\left(B^{*} A\right) \cdot \frac{\|B\|}{\left\|B^{-1}\right\|}\left(\|B\|\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}\right)
\end{align*}
$$

Proof. We subtract the quantity $\frac{\left|\left\langle B^{*} A x, x\right\rangle\right|}{\|B\|^{2}}$ from both sides of (3.29) to obtain

$$
\begin{align*}
0 & \leq \frac{\|A x\|^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|}-\frac{\left|\left\langle B^{*} A x, x\right\rangle\right|}{\|B\|^{2}}  \tag{3.35}\\
& \leq 2-\frac{\left|\left\langle B^{*} A x, x\right\rangle\right|}{\|B\|^{2}}-\frac{1-r^{2}\left\|B^{-1}\right\|^{2}}{\left|\left\langle B^{*} A x, x\right\rangle\right|\left\|B^{-1}\right\|^{2}} \\
& =2-2 \cdot \frac{\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\|B\|\left\|B^{-1}\right\|}-\left(\frac{\sqrt{\left|\left\langle B^{*} A x, x\right\rangle\right|}}{\|B\|}-\frac{\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}}{\sqrt{\left|\left\langle B^{*} A x, x\right\rangle\right|}\left\|B^{-1}\right\|}\right)^{2} \\
& \leq 2 \cdot \frac{\left(\|B\|\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}\right)}{\|B\|\left\|B^{-1}\right\|}
\end{align*}
$$

which is equivalent with

$$
\begin{align*}
(0 & \leq)\|A x\|^{2}\|B\|^{2}-\left|\left\langle B^{*} A x, x\right\rangle\right|^{2}  \tag{3.36}\\
& \leq 2 \frac{\|B\|}{\left\|B^{-1}\right\|}\left|\left\langle B^{*} A x, x\right\rangle\right|\left(\|B\|\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}\right)
\end{align*}
$$

for any $x \in H,\|x\|=1$.

The inequality (3.36) also shows that $\|B\|\left\|B^{-1}\right\| \geq \sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}$ and then, by (3.36), we get

$$
\begin{align*}
\|A x\|^{2}\|B\|^{2} \leq & \left|\left\langle B^{*} A x, x\right\rangle\right|^{2}  \tag{3.37}\\
& +2 \frac{\|B\|}{\left\|B^{-1}\right\|}\left|\left\langle B^{*} A x, x\right\rangle\right|\left(\|B\|\left\|B^{-1}\right\|-\sqrt{1-r^{2}\left\|B^{-1}\right\|^{2}}\right)
\end{align*}
$$

for any $x \in X,\|x\|=1$.
Taking the supremum in (3.37) we deduce the desired inequality (3.34).
Remark 10. The above Theorem 13 has some particular instances of interest as follows. If, for instance, we choose $B=\lambda I$ with $|\lambda| \geq r>0$ and $\|A-\lambda I\| \leq r$, then by (3.34) we obtain the inequality

$$
\begin{align*}
(0 & \leq)\|A\|^{2}-w^{2}(A)  \tag{3.38}\\
& \leq 2|\lambda| w(A)\left(1-\sqrt{1-\frac{r^{2}}{|\lambda|^{2}}}\right) .
\end{align*}
$$

Also, if $A$ is invertible, $\left\|A-\lambda A^{*}\right\| \leq r$ and $\left\|A^{-1}\right\| \leq \frac{|\lambda|}{r}$, then by (3.34) we can state:

$$
\begin{align*}
(0 & \leq)\|A\|^{4}-w^{2}\left(A^{2}\right)  \tag{3.39}\\
& \leq 2|\lambda| w\left(A^{2}\right) \cdot \frac{\|A\|}{\left\|A^{-1}\right\|}\left(\|A\|\left\|A^{-1}\right\|-\sqrt{1-\frac{r^{2}}{|\lambda|^{2}}\left\|A^{-1}\right\|^{2}}\right)
\end{align*}
$$

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