

# The Prairie Light Review

---

Volume 33 | Number 1

Article 15

---

7-1-2011

## Stillness in the Midst of a Storm

Christine Cianciosi  
*College of DuPage*

Follow this and additional works at: <http://dc.cod.edu/plr>

---

### Recommended Citation

Cianciosi, Christine (2011) "Stillness in the Midst of a Storm," *The Prairie Light Review*: Vol. 33: No. 1, Article 15.  
Available at: <http://dc.cod.edu/plr/vol33/iss1/15>

This Selection is brought to you for free and open access by the College Publications at DigitalCommons@C.O.D.. It has been accepted for inclusion in The Prairie Light Review by an authorized administrator of DigitalCommons@C.O.D.. For more information, please contact [koteles@cod.edu](mailto:koteles@cod.edu).

## Calm Before the Storm

Omar Hasan

Living it up in the middle of May  
Build up to this day was nothing but grey  
Never before were you so keen to lie  
Staring at the reflection hoping for a reply  
A sign or a hope, a ray or a key  
To prepare you for what is there to see.  
It hits you like a wave that can only be hard  
Tumbling down we come like a deck of cards  
In the middle of chaos is peace to feel  
All emotions will lead you to kneel  
You have now to save our souls  
A little late to save all the petty goals  
Fear is too wide for the plains that stretch  
Answers just don't seem to ease through the mesh  
Smoked mirrors to see hope and serenity form  
Don't get too excited, this is just the calm before the storm.

## Stillness in the Midst of a Storm

Christine Cianciosi

Meditating upon my golden cushion  
lightning and I break in two  
thunder, booming  
disrupts this stillness  
I focus back to within—  
eyes closed I see illumination  
intermittent flashes radiate—  
are they from this stormy night?  
A gentle reminder knocks within  
keep negative views out of mind—  
in the silence between my thoughts  
reassuring voice, reminding me  
there is stillness in the midst of a storm.