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## Factors affecting sperm recovery rates and survival after centrifugation of equine semen

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| 1  | Factors affecting sperm recovery rates and survival after centrifugation of equine semen   |
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Abstract

| 24 | Conventional centrifugation protocols result in important sperm losses during removal of                       |
|----|--|
| 25 | the supernatant. In this study, the effect of centrifugation force (400 or 900 x g), duration (5 or            |
| 26 | 10 min) and column height (20 or 40 mL) (Exp. 1); sperm concentration (25, 50 and 100 x                        |
| 27 | 10 <sup>6</sup> /mL; Exp. 2) and centrifugation medium (EZ-Mixin CST, INRA96 or VMDZ; Exp. 3) on               |
| 28 | sperm recovery and survival after centrifugation and cooling and storage was evaluated. Overall,               |
| 29 | sperm survival was not affected by the combination of centrifugation protocol and cooling. Total               |
| 30 | sperm yield (TY) was highest after centrifugation for 10 min at 400 x g in 20-mL columns (95.6                 |
| 31 | $\pm$ 5 %) or 900 x g in 20- (99.2 $\pm$ 0.8 %) or 40-mL (91.4 $\pm$ 4.5 %) columns, and at 900 x g for 5      |
| 32 | min in 20-mL columns (93.8 $\pm$ 8.9 %) (P < 0.0001). Total (TMY) and progressively motile                     |
| 33 | (PMY) sperm yield followed a similar pattern ( $P < 0.0001$ ). Sperm yields were not significantly             |
| 34 | different among samples centrifuged at different sperm concentrations. However, centrifugation                 |
| 35 | at 100 x 10 <sup>6</sup> /mL resulted in significantly lower TY (83.8 $\pm$ 10.7 %) and TMY (81.7 $\pm$ 6.8 %) |
| 36 | compared with non-centrifuged semen. Centrifugation in VMDZ resulted in significantly lower                    |
| 37 | TMY (69.3 $\pm$ 22.6 %), PMY (63.5 $\pm$ 18.2 %), viable yield (60.9 $\pm$ 36.5 %) and survival of             |
| 38 | progressively motile sperm after cooling ( $21 \pm 10.8$ %) compared with non-centrifuged semen.               |
| 39 | In conclusion, centrifuging volumes of $\leq$ 20 mL minimized sperm losses with conventional                   |
| 40 | protocols. With 40-mL columns, it may be recommended to increase the centrifugal force to 900                  |
| 41 | x g for 10 min and dilute the semen to a sperm concentration of 25 to 50 x $10^6$ /mL in a milk- or            |
| 42 | fractionated milk-based medium. The semen extender VMDZ did not seem well suited for                           |
| 43 | centrifugation of equine semen.  |
|    |  |

45 Keywords: Centrifugation, stallion, semen, viability, recovery

46

47 1. Introduction

48

49 Equine semen is routinely centrifuged prior to cryopreservation to concentrate sperm and 50 minimize the adverse effects of seminal plasma on post-thaw motility [1,2]. Depending on the 51 semen extender used, centrifugation and partial removal of seminal plasma prior to cooling may 52 also be beneficial for sperm motility, and acrosome and DNA integrity, especially for stallions 53 whose sperm suffer a significant decrease in motility when processed in a conventional manner 54 by simple dilution of seminal plasma with semen extender [3-6]. Ejaculates with low sperm 55 concentration require centrifugation to allow adequate dilution of semen for cooling [7]. 56 In conventional centrifugation protocols, equine semen is diluted 1:1 (v:v) or to a sperm concentration of 50  $\times 10^{6}$ /mL in a milk-based semen extender for centrifugation. A 40-mL 57 58 volume of extended semen is typically loaded into 50-mL conical tubes, and centrifuged at 400 59 to 600 x g for 10 to 15 min [7]. After centrifugation, 30 mL of the supernatant is removed, 60 retaining 5 to 20 % of seminal plasma in the resuspended sample [7]. The final concentration of 61 seminal plasma depends on the amount of semen extender added to the pellet. Around 20 to 25 62 % of sperm are lost with the supernatant during conventional centrifugation protocols [7,8], with 63 losses of up to 46 % of sperm reported [9]. This results in an important reduction in the number 64 of insemination doses available per ejaculate. A centrifugation protocol that improves sperm 65 recovery, without damaging the cells, would result in a higher number of viable sperm available for cryopreservation or insemination. 66

67 Cushioned centrifugation in optically clear media has been reported to improve recovery 68 rates without detrimental effects on sperm viability compared to conventional centrifugation 69 protocols [10,11]. However, the improved recovery rates are likely to result from increased 70 centrifugation duration (20 min) and forces (1000 x g) used during cushioned centrifugation [11]. 71 In fact, better recovery rates were obtained after centrifugation in an opaque medium at 1000 x g 72 for 20 min without an underlaying cushion compared with the addition of a cushion [11]. Use of 73 a cushion to protect equine sperm against damage associated with close packing was previously 74 suggested to be unnecessary [12]. Use of cushioned centrifugation increases the time and 75 expenses associated with centrifuging equine semen. A simpler centrifugation protocol that 76 improves recovery rates without damaging sperm and increasing processing time and expenses 77 would be of benefit for the equine industry.

78 Sedimentation rate, and therefore sperm recovery, is determined by the centrifugal force and 79 duration of centrifugation. Centrifugation duration and force are reciprocal, and total yield 80 increases linearly as the product of duration x force increases until it reaches full sedimentation 81 at 100 % [13,14]. Once full sedimentation is reached, viable and motile yields decrease as a 82 consequence of cell damage in the pellet and the lack of further arrival of undamaged cells 83 [13,14]. A particle also experiences a greater centrifugal force the further away it is from the axis 84 of rotation. A shorter column height in a partially filled tube increases the minimum radial 85 distance of the particles from the axis of rotation. Therefore, particles start to sediment at a 86 higher gravitational field, have a reduced path length to travel, and sedimentation is quicker [13-87 15]. Sedimentation rate also depends on the difference in specific gravity between the cells and 88 the surrounding medium, and the viscosity of the medium. This results in an increase in 89 sedimentation rate as the density and viscosity of the medium decrease [13-15]. Initial sperm

| 90  | concentration differs among ejaculates. Therefore, if an ejaculate is diluted with an equal volume |  |  |  |  |  |  |  |  |
|-----|--|--|--|--|--|--|--|--|--|
| 91  | of semen extender for centrifugation [7], semen is centrifuged at different sperm concentrations.  |  |  |  |  |  |  |  |  |
| 92  | While sedimentation rate can be affected by the initial concentration of the cell suspension [15], |  |  |  |  |  |  |  |  |
| 93  | the effect of sperm concentration on recovery rates after centrifugation has not been critically   |  |  |  |  |  |  |  |  |
| 94  | evaluated. The objectives of this study were to determine the effect of two different centrifugal  |  |  |  |  |  |  |  |  |
| 95  | forces, durations, and column heights (volume), and three different sperm concentrations and       |  |  |  |  |  |  |  |  |
| 96  | media (semen extender) on sperm recovery rate and survival after centrifugation. Since             |  |  |  |  |  |  |  |  |
| 97  | centrifugation is often performed prior to cooling, delayed effects of centrifugation on sperm     |  |  |  |  |  |  |  |  |
| 98  | motility and viability after 24 h of cold storage at 4 to 8 °C were also evaluated.                |  |  |  |  |  |  |  |  |
| 99  |  |  |  |  |  |  |  |  |  |
| 100 | 2. Materials and Methods   |  |  |  |  |  |  |  |  |
| 101 |  |  |  |  |  |  |  |  |  |
| 102 | 2.1. Stallions and semen collection  |  |  |  |  |  |  |  |  |
| 103 |  |  |  |  |  |  |  |  |  |
| 104 | Semen was collected from seven (Exp. 1 and 2) or five (Exp. 3) light breed adult                   |  |  |  |  |  |  |  |  |
| 105 | stallions. Stallions 1 to 7 were used in Exp. 1. Stallions 8 to 14 were used in Exp. 2, while only |  |  |  |  |  |  |  |  |
| 106 | stallions 8 to 12 were included in Exp. 3. Stallions were housed in individual pens supplemented   |  |  |  |  |  |  |  |  |
| 107 | with a pelleted ration and grass hay at the School of Animal Sciences or the School of Veterinary  |  |  |  |  |  |  |  |  |
| 108 | Medicine, Louisiana State University, Baton Rouge, Louisiana (Exp. 1) or Kansas State              |  |  |  |  |  |  |  |  |
| 109 | University, Manhattan, Kansas (Exp. 2 and 3). The stallions were teased with a mare in estrus      |  |  |  |  |  |  |  |  |
| 110 | and the penis was washed with warm water prior to semen collection. One ejaculate was              |  |  |  |  |  |  |  |  |
| 111 | collected from each stallion for each experiment with a Colorado (Exp. 1) or Missouri (Exp. 2      |  |  |  |  |  |  |  |  |
| 112 | and 3) model artificial vagina over a phantom mare. Semen was obtained in February (Exp. 1),       |  |  |  |  |  |  |  |  |
|     |  |  |  |  |  |  |  |  |  |

| 113 | August (Exp. 2) or September (Exp. 3) from sexually rested stallions. The internal temperature        |  |  |  |  |  |  |  |  |
|-----|---|--|--|--|--|--|--|--|--|
| 114 | of the artificial vagina was adjusted at 45 to 48 °C, and sterile non-spermicidal lubricant (Priority |  |  |  |  |  |  |  |  |
| 115 | Care, First Priority Inc., Elgin, IL, USA) was applied in the proximal one third of the artificial    |  |  |  |  |  |  |  |  |
| 116 | vagina immediately before collection. An in-line disposable nylon mesh gel filter (Animal             |  |  |  |  |  |  |  |  |
| 117 | Reproduction Systems, Chino, CA, USA) was used to exclude the gel fraction of the ejaculate.          |  |  |  |  |  |  |  |  |
| 118 | Immediately after collection, water was drained from the Colorado Model artificial vagina, the        |  |  |  |  |  |  |  |  |
| 119 | filter was removed, and the semen samples were transported to the laboratory for processing           |  |  |  |  |  |  |  |  |
| 120 | within 20 min of collection.  |  |  |  |  |  |  |  |  |
| 121 |   |  |  |  |  |  |  |  |  |
| 122 | 2.2. Evaluation of sperm concentration, motility and viability  |  |  |  |  |  |  |  |  |
| 123 |   |  |  |  |  |  |  |  |  |
| 124 | Sperm concentration was evaluated using a Neubauer hemacytometer. While the method                    |  |  |  |  |  |  |  |  |
| 125 | was not validated for repeatability in this study, the hemacytometer remains the gold standard for    |  |  |  |  |  |  |  |  |
| 126 | evaluation of sperm concentration [16,17]. Semen was diluted 1:100 in formalin buffered saline        |  |  |  |  |  |  |  |  |
| 127 | and spermatozoa were counted in the central grid of the hemacytometer. Both chambers of the           |  |  |  |  |  |  |  |  |
| 128 | hemacytometer were counted and averaged. If a difference greater than 10 % was found between          |  |  |  |  |  |  |  |  |
| 129 | chambers in the number of sperm counted, the hemacytometer was re-loaded and the sperm                |  |  |  |  |  |  |  |  |
| 130 | count was repeated. Sperm concentration was expressed in million per milliliter. During               |  |  |  |  |  |  |  |  |
| 131 | Experiment 1, sperm in the supernatant were counted using a 1:10 dilution and the sperm count         |  |  |  |  |  |  |  |  |
| 132 | was divided by 10.  |  |  |  |  |  |  |  |  |
| 133 | Sperm motility was evaluated using a computer assisted sperm analyzer (Exp. 1: Sperm                  |  |  |  |  |  |  |  |  |
| 134 | Vision, Minitube of America, Verona, WI, USA; Exp. 2 and 3: IVOS, Hamilton Thorn Research,            |  |  |  |  |  |  |  |  |
| 135 | Beverly, MA, USA). The settings of the instrument were: Frames acquired 45, frame rate 60 Hz,         |  |  |  |  |  |  |  |  |
|     |   |  |  |  |  |  |  |  |  |

minimum contrast 80, minimum cell size 3 pixels, straightness cut off 75 %, average path velocity cut off 50  $\mu$ /s, VAP cut off static cells 20  $\mu$ /s, cell intensity 106, static size gates 0.38 to 2.99, static intensity gates 0.77 to 1.4, and static elongation gates 12 to 97. Semen was placed in a 20- $\mu$ L sperm analysis chamber (Hamilton Thorn Research) over the internal heated specimen stage at 37 °C. Mean percentages of total and progressive motility were assessed from 15 fields with a X 10 phase-contrast objective.

142 Membrane integrity or viability was evaluated with a fluorescent probe (SYBR14/PI, 143 Live/Dead Kit, Molecular Probes, Eugene, OR, USA). First, 2 µL of a working solution of 144 SYBR14 were added to 400 µL of semen. Semen was incubated for 10 min at 37 °C in the dark. 145 Then, 2 µL of propidium iodide was added and semen was incubated for 10 min at 37 °C in the 146 dark. Semen was evaluated using an epifluorescence microscope at high power (X 40) 147 (Olympus B-Max 60, Olympus America, Inc., Melville, NY, USA). One hundred spermatozoa 148 were classified as live or membrane-intact (green fluorescent), or dead or membrane-damaged 149 (red fluorescent). Moribund sperm (combination of green and red fluorescence) were classified 150 as membrane-damaged.

151

152 2.3. Semen processing

153

154 Immediately after collection, a standard semen evaluation was performed. Each ejaculate 155 was then divided into aliquots as described below for each experiment. After adding pre-warmed 156 semen extender, and immediately before centrifugation, sperm concentration, motility and 157 membrane integrity were evaluated. Then, the aliquots were centrifuged as described below for

158 each experiment. Centrifugation duration included the time for rotor acceleration. An immediate159 breaking feature was not used. The deceleration curve was the same for all treatments.

160 After centrifugation, 37 mL (40-mL suspensions) or 17 mL (20-mL suspensions) of the 161 supernatant was removed by aspiration with a 2-mL plastic transfer pipette. Transfer pipettes are 162 readily available and routinely used in andrology laboratories for aspiration of the supernatant. 163 Given the duration and forces used for centrifugation here, a tight pellet was obtained. The 164 supernatant was also removed immediately after centrifugation with minimal time delay. 165 Therefore, sperm loss in the supernatant due to swim up of spermatozoa was unlikely to occur. 166 Sperm concentration was evaluated in the supernatant with a hemacytometer [8,18] and semen extender was added to re-suspend the pellet to a sperm concentration of 25 x  $10^6$  /mL. No 167 168 attempt was made to maintain the concentration of seminal plasma constant. Instead, semen was 169 processed using a routine protocol for cooling, where the final sperm concentration was taken 170 into account. Sperm motility and membrane integrity were assessed in the re-suspended semen 171 immediately. Re-suspended and non-centrifuged control samples were packaged in plastic bags 172 (Whirl-Pack, Nasco, Fort Atkinson, WI, USA), placed in a passive cooling device (Equitainer, 173 Hamilton Thorn Research, Danver, MA, USA) and stored at approximately 4 °C for 24 h. After 174 24 h of cold storage, semen was warmed at 37 °C for 10 min and sperm motility and membrane 175 integrity were reassessed.

176

177 2.4. Experiment 1: Effect of centrifugation force, duration and column height on sperm recovery178 rate and survival

179

| 180 | Each ejaculate (n = 7) was extended to a sperm concentration of 25 x $10^6$ /mL with a                            |
|-----|---|
| 181 | milk-based semen extender (EZ-Mixin CST <sup>®</sup> , Animal Reproduction Systems). The extended                 |
| 182 | semen was divided into nine aliquots. Each aliquot was centrifuged in a swinging bucket rotor                     |
| 183 | centrifuge (Eppendorf 5804, Hamburg, Germany) at room temperature in a 50-mL conical tube                         |
| 184 | under one of two centrifugation forces (400 or 900 x g), duration ( 5 or 10 min) and volumes (20                  |
| 185 | or 40 mL) (Table 1).  |
| 186 |   |
| 187 | 2.5. Experiment 2: Effect of sperm concentration on recovery rate and survival                                    |
| 188 |   |
| 189 | Each ejaculate $(n = 7)$ was divided into four aliquots and extended with a milk-based                            |
| 190 | semen extender (EZ-Mixin CST <sup>®</sup> , Animal Reproduction Systems) to one of the following sperm            |
| 191 | concentrations: 1) 25 x $10^{6}$ /mL, uncentrifuged control; 2) 25 x $10^{6}$ /mL; 3) 50 x $10^{6}$ /mL; 4) 100 x |
| 192 | 10 <sup>6</sup> /mL. Centrifugation of 40 mL of each aliquot was performed in a swinging bucket rotor             |
| 193 | centrifuge (Sorvall ST16, Fisher Scientific Co. LLC, Hanover Park, IL, USA) at room                               |
| 194 | temperature in 50-mL conical tubes at 900 x g for 10 min. This centrifugal force and duration                     |
| 195 | was chosen since it provided the best sperm yields in Exp. 1. After removing the supernatant,                     |
| 196 | semen extender was added to dilute all aliquots to the same final sperm concentration of 25 x $10^6$              |
| 197 | /mL.  |
| 198 |   |
| 199 | 2.6. Experiment 3: Effect of centrifugation medium on sperm recovery rate and survival                            |
| 200 |   |
| 201 | Each ejaculate $(n = 5)$ was divided into three aliquots. Each aliquot was diluted to a                           |
| 202 | sperm concentration of 25 x $10^6$ /mL with a milk-based (EZ-Mixin CST <sup>®</sup> , Animal Reproduction         |
|     |   |

| 203 | Systems), fractionated milk-based (INRA96, IMV Technologies, Maple Grove, MN, USA) or               |  |  |  |  |  |  |  |  |
|-----|---|--|--|--|--|--|--|--|--|
| 204 | egg yolk-based (VMDZ, Partnar Animal Health, Port Huron, MI, USA) semen extender. Forty             |  |  |  |  |  |  |  |  |
| 205 | milliliters from each aliquot served as a non-centrifuged control sample. Other 40 mL from each     |  |  |  |  |  |  |  |  |
| 206 | aliquot were centrifuged in a swinging bucket rotor centrifuge (Sorvall ST16, Fisher Scientific     |  |  |  |  |  |  |  |  |
| 207 | Co. LLC) at room temperature in 50-mL conical tubes at 900 x g for 10 min. Since the goal of        |  |  |  |  |  |  |  |  |
| 208 | this experiment was to test the effect of centrifugation medium on sedimentation rates, all other   |  |  |  |  |  |  |  |  |
| 209 | centrifugation conditions were kept constant to eliminate any confounding effects of changing       |  |  |  |  |  |  |  |  |
| 210 | centrifugation conditions. After removing the supernatant, the corresponding semen extender         |  |  |  |  |  |  |  |  |
| 211 | was added to re-suspend the pellet to a final sperm concentration of 25 x $10^6$ /mL.               |  |  |  |  |  |  |  |  |
| 212 |   |  |  |  |  |  |  |  |  |
| 213 | 2.7. Calculation of sperm yields and survival factors   |  |  |  |  |  |  |  |  |
| 214 |   |  |  |  |  |  |  |  |  |
| 215 | Sperm yields after centrifugation were calculated as follows: Total sperm pre-                      |  |  |  |  |  |  |  |  |
| 216 | centrifugation (TSP) (x $10^6$ ) = initial sperm concentration x volume in the tube; Total sperm in |  |  |  |  |  |  |  |  |
| 217 | the supernatant (TSS) (x $10^6$ ) = sperm concentration in the supernatant x volume of the          |  |  |  |  |  |  |  |  |
| 218 | supernatant; Total sperm in the pellet (TSPe) (x $10^6$ ) = TSP – TSS; Total yield (TY) = TSPe /    |  |  |  |  |  |  |  |  |
| 219 | TSP x 100; Total motile yield (TMY) = (TSPe x % total motility post-centrifugation) / (TSP x %      |  |  |  |  |  |  |  |  |
| 220 | total motility pre-centrifugation) x 100; Progressively motile yield (PMY) = (TSPe x $\%$           |  |  |  |  |  |  |  |  |
| 221 | progressive motility post-centrifugation) / (TSP x % progressive motility pre-centrifugation) x     |  |  |  |  |  |  |  |  |
| 222 | 100; Viable yield (VY) = (TSPe x % viability post-centrifugation) / (TSP x % viability pre-         |  |  |  |  |  |  |  |  |
| 223 | centrifugation) x 100 [8,18].   |  |  |  |  |  |  |  |  |
| 224 | Sperm motility and viability after centrifugation were normalized to the initial values,            |  |  |  |  |  |  |  |  |
| 225 | and the normalized variables were called survival factors [13,14]. Survival factor is more likely   |  |  |  |  |  |  |  |  |

| 226 | to reveal differences between treatments since this variable eliminates the effect of individual      |
|-----|---|
| 227 | variation in initial semen quality on the outcome and assess only the changes in semen quality in     |
| 228 | response to treatment [13,14]. Survival factors were calculated as follows: Survival factor for       |
| 229 | total motility (SFT) = % total motility post-centrifugation / % total motility pre-centrifugation x   |
| 230 | 100; Survival factor for progressive motility (SFP) = % progressive motility post-centrifugation /    |
| 231 | % progressive motility pre-centrifugation x 100; Survival factor for viability (SFV) = % viability    |
| 232 | post-centrifugation / % viability pre-centrifugation x 100.   |
| 233 | A similar normalization to values post-centrifugation was done after cooling: Survival                |
| 234 | factor for total motility at 24 h (SFT24) = % total motility at 24 h / % total motility post-         |
| 235 | centrifugation x 100; Survival factor for progressive motility at 24 h (SFP24) = % progressive        |
| 236 | motility at 24 h / % progressive motility post-centrifugation x 100; Survival factor for viability at |
| 237 | 24 h (SFV24) = % viability at 24 h / % viability post-centrifugation x 100.                           |
| 238 |   |

239 2.8. Statistical analysis

240

241 Sperm yields and survival factors after centrifugation and cooling were tested for normality 242 using the Shapiro-Wilk test. Variables followed a normal distribution. The effect of 243 centrifugation protocol on the response variables (TY, TMY, PMY, VY, SFP, SFT, SFV, SFT24, 244 SFP24, SFV24) was evaluated with ANOVA for repeated measures within storage time 245 (immediately after centrifugation or after cooling). The general linear model procedure of SAS 246 package (SAS Institute, Cary, NC, USA) was used for analysis. The model included the random 247 effect of ejaculate and the fixed effect of treatment. In Exp. 1, each treatment represented a 248 different interaction of centrifugation force, duration and volume. In Exp. 2 and 3, each treatment

| The control non-centrifuged treatments were also included in the models. If there was a significant treatment effect, pre-determined comparisons were made between treatments using least squares means with a Tukey adjustment of Type I error to 0.05. Differences were considered significant when $P < 0.05$ . All values were expressed as mean $\pm$ SD. |
|--|
| significant treatment effect, pre-determined comparisons were made between treatments using<br>least squares means with a Tukey adjustment of Type I error to 0.05. Differences were<br>considered significant when $P < 0.05$ . All values were expressed as mean $\pm$ SD.   |
| least squares means with a Tukey adjustment of Type I error to 0.05. Differences were considered significant when $P < 0.05$ . All values were expressed as mean $\pm$ SD.   |
| considered significant when $P < 0.05$ . All values were expressed as mean $\pm$ SD.   |
|  |
|  |
| 3. Results   |
|  |
| 3.1. Experiment 1: Effect of centrifugation force, duration and column height on sperm recovery  |
| rate and survival  |
|  |
| Initial total sperm motility was 78.1 $\pm$ 20.4 %, progressive sperm motility was 70.7 $\pm$ 22.4 %   |
| and sperm viability was $75.8 \pm 14.9$ %. There was a significant effect of ejaculate on all variables  |
| (P < 0.05) except TY, TMY and SFV24. After centrifugation, one stallion had a decrease in  |
| survival factors, one stallion had an improvement in semen quality, and five stallions had no  |
| apparent change.   |
| Total sperm yield was greater for non-centrifuged semen ( $100 \pm 0$ %), semen centrifuged at   |
| 400 x g for 10 min in a 20-mL suspension (95.6 $\pm$ 5 %), 900 x g for 10 min in a 40-mL (91.4 $\pm$   |
| 4.5 %) or 20-mL suspension (99.2 $\pm$ 0.8 %) and 900 x g for 5 min in a 20-mL suspension (93.8 $\pm$  |
| 8.9 %) compared with semen centrifuged at 400 x g for 10 min in a 40-mL suspension (74.5 $\pm$   |
| 7.6 %), 400 x g for 5 min in a 20-mL suspension (74.3 $\pm$ 8.6 %) and 900 x g for 5 min in a 40-  |
| mL suspension (72.6 $\pm$ 9.5 %), whereas centrifugation at 400 x g for 5 min in a 40-mL   |
| suspension provided the lowest total sperm yield (47.2 $\pm$ 7.3 %) (P < 0.0001). Total and  |
|  |

| 272 | progressively motile sperm yields followed a similar pattern ( $P < 0.0001$ ) (Table 1). Viable         |
|-----|---|
| 273 | sperm yield was also highest for non-centrifuged semen (100 $\pm$ 0 %), semen centrifuged at 900 x      |
| 274 | g in 20-mL suspensions for 10 min (92 $\pm$ 18.5 %) or 5 min (87.8 $\pm$ 13.1 %), 400 x g for 10 min in |
| 275 | a 20-mL suspension (86.9 $\pm$ 14.2 %) and 900 x g for 10 min in a 40-mL suspension (84.4 $\pm$ 19.3    |
| 276 | %), and lowest after centrifugation at 400 x g for 5 min in a 40-mL suspension (44.5 $\pm$ 8 %) (P <    |
| 277 | 0.0001) (Table 1). Centrifugation protocol had no significant effect on any survival factor after       |
| 278 | centrifugation and cooling (Table 1).   |
| 279 |   |
| 280 | 3.2. Experiment 2: Effect of sperm concentration on recovery rate and survival                          |
| 281 |   |
| 282 | Initial total sperm motility was 76.6 $\pm$ 10.3 %, progressive sperm motility was 37.9 $\pm$ 40.4 %    |
| 283 | and sperm viability was $77.5 \pm 16.8$ %. None of the variables was affected by ejaculate, except      |
| 284 | SFT24 (P = 0.0005). While response to centrifugation at 25 and 50 x $10^6$ /mL was variable             |
| 285 | among stallions, all stallions had a decrease of $\geq$ 20 % in SFT24 h when semen was centrifuged      |
| 286 | at 100 x $10^6$ /mL. Neither TY nor TMY differed among centrifuged samples, however                     |
| 287 | centrifugation at a sperm concentration of 100 x $10^6$ /mL resulted in significantly lower TY (P =     |
| 288 | 0.0293) and TMY (P = 0.0219) compared with non-centrifuged semen (Table 2). Viable yield                |
| 289 | was not different among centrifuged samples, however centrifugation at all concentrations               |
| 290 | resulted in significantly lower VY compared with non-centrifuged semen ( $P = 0.0003$ ) (Table 2).      |
| 291 | Progressively motile yield was not different among treatments ( $P = 0.0744$ ) (Table 2). None of       |
| 292 | the survival factors after centrifugation and cooling differed significantly among semen samples        |
| 293 | centrifuged at different concentrations, or compared with non-centrifuged semen (Table 2).              |
| 294 |   |

3.3. Experiment 3: Effect of centrifugation medium on sperm recovery rate and survival

| 297 | Initial total sperm motility was $68.7 \pm 13.4$ %, progressive sperm motility was $36.6 \pm 13.4$ %        |
|-----|---|
| 298 | and sperm viability was $69.3 \pm 24.9$ %. There was no significant effect of ejaculate on any of the       |
| 299 | variables, except SFT24 and SFP24 ( $P = 0.0005$ ). Total sperm yield was not significantly                 |
| 300 | different among centrifuged samples, but centrifugation in INRA96 resulted in lower TY                      |
| 301 | compared to non-centrifuged semen (P =0.0022) (Table 3). Total and progressively motile, and                |
| 302 | viable sperm yield were not significantly different among centrifuged samples. However,                     |
| 303 | centrifugation in VMDZ resulted in lower TMY ( $P = 0.0041$ ), PMY ( $P = 0.0050$ ) and VY ( $P = 0.0050$ ) |
| 304 | 0.0116) compared to non-centrifuged semen (Table 3). None of the survival factors after                     |
| 305 | centrifugation and cooling differed significantly among treatments, except SFP24. Semen                     |
| 306 | centrifuged in VMDZ had lower progressive motility after cooling compared with its non-                     |
| 307 | centrifuged control sample ( $P = 0.0344$ ) (Table 3).  |

308

309 4. Discussion

310

The objectives of this study were to identify factors that affected sedimentation rates and survival of equine spermatozoa after centrifugation. Possible delayed effects of centrifugation on sperm function were assessed after 24 h of cold storage. The motile or viable yield in the pellet and not the percent motility or viability is the parameter that best reflects the effectiveness of a centrifugation protocol [13]. Also, because of the large variability in initial sperm motility and viability among stallions, these parameters were normalized to eliminate this source of variation. The normalized variables were called survival factors [13].

Survival factors after centrifugation were not affected by treatment in any of the experiments. Furthermore, no delayed effect of centrifugation on sperm motility and viability was evident after cooling for 24 h with most treatments. Only centrifugation in VMDZ resulted in a decrease in progressive motility after cooling. It can therefore be assumed that, under most of the conditions tested in this study, loss of motile or viable sperm was a result of a decrease in sedimentation rate through the supernatant rather than cell death or damage within the pellet. The rate of sedimentation (v) of a particle is given by the following formula:

$$325 v = 2r_p^2(\rho_p - \rho_m) w^2 r$$

326  $9\eta (f/f_0)$ 

327 Where,  $r_p$  is the radius of the particle,  $\rho_p$  is the density of the particle,  $\rho_m$  is the density of the 328 medium, w is the angular velocity of the rotor, r is the radial distance of the particle from the axis 329 of rotation,  $\eta$  is the viscosity coefficient of the medium, f is the frictional coefficient of the 330 hydrated aspherical particle, and  $f_0$  is the theoretical frictional coefficient of an unhydrated 331 sphere of the same molecular mass and density [13,15]. Therefore, the rotational speed of the 332 rotor, radial distance of the particles from the axis of rotation (given by the column height), and 333 the density and viscosity of the medium affect sedimentation rate. While the radius, density and 334 shape of the particle also affect sedimentation rate, these effects remain constant when 335 comparing centrifugation protocols for a given cell type, such as sperm in the case of this study. 336 As the centrifugal force increases, sedimentation rate also increases. The centrifugal force (G) is 337 given by:

338

15

 $G = w^2 r$ 

341 Therefore, particles start to sediment at a higher gravitational field, have a reduced path length to342 travel, and sedimentation is quicker [13-15].

343 In this study, 28 % of motile and viable sperm were lost with the supernatant after a 344 conventional centrifugation protocol at 400 x g for 10 min and a volume of 40 mL, which is 345 similar to other reports [7,8]. When the volume of the suspension was reduced to 20 mL, 346 resulting in a shorter column, sperm losses were significantly reduced to < 5 % after 347 centrifugation at a conventional force (400 x g) and duration (10 min). Total and viable sperm 348 yields were affected by the height of the suspension. 349 When centrifuging a conventional volume (40 mL) of semen in a 50-mL tube for a 350 conventional duration (10 min), increasing the centrifugal force to 900 x g also improved sperm 351 yields. Similar increases in sperm recovery rates after increasing centrifugal force were reported 352 previously [8,9,18]. Centrifugation duration and force are reciprocal, and total yield increases 353 linearly as the product of duration x force increases, until it plateaus at 100 %. The deleterious 354 effect of centrifugation on sperm function has been attributed to mechanical damage [14], tight 355 packing [14], and production of reactive oxygen species in the pellet [19]. Assuming cells are 356 damaged as a consequence of being packed within the pellet and not of sedimenting through the 357 supernatant, the viable and motile yields depend on the rate at which cells in the pellet are 358 damaged and the rate at which undamaged cells arrive in the pellet [13,14]. Once full 359 sedimentation is reached, viable and motile yields decrease as a consequence of cell damage in 360 the pellet and the lack of further arrival of undamaged cells [13,14]. Total yield almost reached 361 the plateau at 99 % when semen was centrifuged at 900 x g for 10 min in 20-mL suspensions. 362 Increasing the centrifugation duration or force beyond this seemed unnecessary when 363 centrifuging low volumes. Decreasing the centrifugation duration to 5 min resulted in decreased

sperm yields, except when semen was centrifuged in 20-mL suspensions at 900 x g. It seemed
then possible to decrease processing time using a higher force with small volumes of semen
without compromising recovery rates.

367 At any given centrifugation duration and force, sedimentation rate depends on the difference 368 in specific gravity between the cells and the surrounding medium, and the viscosity of the 369 medium [13-15]. Sedimentation rate increases as the density and viscosity of the medium 370 decrease [15]. Centrifugation medium affected recovery of sperm in this study. Density of the 371 media seemed similar among EZ mixin (1.0125 gr/mL), INRA96 (1.0095 gr/mL) and VMDZ 372 (1.011 gr/mL) semen extenders. However, it is possible that such a small difference in density 373 accounted for differences in sperm recovery. Viscosity of the media was not known and may 374 have been partly responsible for differences in sedimentation also. Centrifugation in INRA96 375 resulted in a significant loss of about 18 % of the initial sperm suspension compared with non-376 centrifuged samples. However, survival factors for total and progressive motility were  $\geq 100 \%$ 377 since removing the supernatant and re-suspending the pellet in INRA96 resulted in an 378 improvement in sperm motility in four of the five stallions in this study. The ability of this semen 379 extender to improve sperm motility compensated for the lower sedimentation rate, and resulted 380 in no significant losses of motile sperm. These results cannot be extrapolated to conventional 381 centrifugation protocols. Total sperm yield after centrifugation in INRA96 at 400 x g for 10 min 382 was 54 % [9]. Using a higher centrifugation force may be recommended to minimize sperm 383 losses when using this semen extender.

On the other hand, VMDZ seemed unable to protect sperm from immediate and delayed deleterious effects of centrifugation. A significant loss of total (31 %) and progressively motile (13 %) sperm occurred after centrifugation in VMDZ compared to non-centrifuged semen.

387 Centrifugation in VMDZ resulted in an immediate reduction in sperm motility in four of the five 388 stallions in the study. This may have accounted for the decrease in motile sperm yields in spite of 389 the lack of difference in sedimentation rates. Furthermore, there was a dramatic 79 % decrease in 390 progressive sperm motility after cooling semen centrifuged in VMDZ. Centrifugation in VMDZ 391 resulted in a hard pellet that required prolonged pipetting for re-suspension. A loss of sperm 392 motility and membrane integrity was reported after pipetting non-centrifuged rat and mouse 393 sperm [20]. However, there seems to be a species difference in sensitivity of sperm to 394 mechanical damage induced by pipetting since this procedure had no deleterious effects on bull, 395 ram and boar sperm [20]. The effect of pipetting on equine sperm has not been critically 396 evaluated and may have accounted for the immediate or delayed deleterious effects of 397 centrifugation in VMDZ on sperm motility in this study. Also, removal of seminal plasma by 398 centrifugation resulted in lower post-thaw sperm motility and higher lipid peroxidation when 399 buck semen was frozen in an egg yolk-based extender compared with non-centrifuged semen, or 400 centrifuged semen frozen in a soybean lecithin-based extender [21]. Seminal plasma is known to 401 be a main source of antioxidant protection. It is therefore possible that the egg yolk-based semen 402 extender was unable to provide sufficient antioxidant protection to support sperm progressive 403 motility after centrifugation and cooling in the absence of seminal plasma.

The initial concentration of cell suspensions also influences sedimentation rate [15]. Density and viscosity of the medium may be influenced not only by the semen extender used but also by the amount of seminal plasma in the ejaculate, the ratio of semen: extender used or the sperm concentration in the suspension being centrifuged. In this study, sperm yield was affected by the concentration at which semen was centrifuged. Centrifugation at a high sperm concentration  $(100 \times 10^6 / \text{mL})$  resulted in significant sperm losses compared to non-centrifuged semen. It can

410 be speculated that this finding resulted from differences in density or viscosity of the medium 411 containing different concentrations of seminal plasma, or cell-to-cell interactions in the more 412 concentrated suspension. The properties of the pellet depend on the number of cells, which 413 determines the size of the pellet, centrifugal force and media composition [22]. An increase in 414 the number of cells results in a larger pellet. The larger the pellets the looser they are [22]. The 415 porosity and intermembrane distance between adjacent cells increase, likely due to repositioning 416 and changing orientation of the cells within a larger multi-layer pellet [22]. The larger pellet with 417 lower cell cohesion may have resulted in more cells aspirated with the supernatant rather than in 418 a decrease in sedimentation rate.

419 In conclusion, sperm survival after centrifugation and cooling was not affected by the 420 centrifugation protocol used. Only centrifugation in VMDZ resulted in a decrease in progressive 421 motility after centrifugation and cooling. When equine semen was centrifuged at 400 to 900 x g for 5 to 10 min diluted to a sperm concentration of 25 to  $100 \times 10^6$  /mL in milk- or fractionated 422 423 milk-based semen extenders, loss of motile or viable sperm resulted from a decrease in 424 sedimentation rate rather than cell death within the pellet. Therefore, centrifugation protocols 425 that improve sedimentation rate are likely to improve recovery of motile and viable sperm. With 426 conventional centrifugation protocols, centrifuging volumes of  $\leq 20$  mL in 50-mL tubes 427 minimized sperm losses in the supernatant. Due to the large volumes of semen that are often 428 processed, using a lower volume may not be practical in all circumstances. If 40-mL suspensions 429 are used, it may be recommended to increase the centrifugation force to 900 x g for 10 min. 430 When using this volume, force and duration, it may be recommended to centrifuge semen at a sperm concentration of 25 to 50 x  $10^6$ /mL since centrifugation at a higher sperm concentration 431 432 resulted in significant sperm losses. Both milk- (EZ Mixin) and fractionated milk-based

| 433 | (INRA96) semen extenders seemed equally suitable for centrifugation of equine semen under the       |
|-----|---|
| 434 | conditions tested in this study. Use of an egg yolk-based semen extender (VMDZ) was not             |
| 435 | recommended for centrifugation due to a significant loss of motile spermatozoa and decrease in      |
| 436 | progressive sperm motility after cooling. Because there was an effect of stallion on some           |
| 437 | variables, the ideal centrifugation protocol may need to be adjusted for some individual stallions. |
| 438 |   |
| 439 | Disclosure statement  |
| 440 |   |
| 441 | The authors declare that there is no conflict of interest that could be perceived as                |
| 442 | prejudicing the impartiality of the research reported.  |
| 443 |   |
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| 449 | statistical analysis.   |
| 450 |   |
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  506 Biophys J 1994;67:418-426.
- 507
- 508 Table 1. Sperm yields and survival factors after centrifugation of equine semen at different
- 509 forces (400 or 900 x g), duration (5 or 10 min) and volumes (20 or 40 mL), and after cooling for
- 510 24 h. TY = total yield, TMY = total motile yield, PMY = progressively motile yield, VY = viable
- 511 yield, SFT = survival factor for total motility, SFP = survival factor for progressive motility,
- 512 SFV = survival factor for viability, SFT24 = survival factor for total motility at 24 h, SFP24 =
- 513 survival factor for progressive motility at 24 h, SFV24 = survival factor for viability at 24 h.
- $^{a,b,c,d,e}$ Within a row, values with different superscript differ significantly (P < 0.0001) (Mean ±
- 515

SD).

516

Table 2. Sperm yields and survival factors after centrifugation of equine semen at 900 x g for 10 min in 50-mL tubes at different concentrations (25, 50 and 100 x  $10^6$ /mL), and after cooling for 24 h. TY = total yield, TMY = total motile yield, PMY = progressively motile yield, VY = viable yield, SFT = survival factor for total motility, SFP = survival factor for progressive motility, SFV = survival factor for viability, SFT24 = survival factor for total motility at 24 h, SFP24 = 522 survival factor for progressive motility at 24 h, SFV24 = survival factor for viability at 24 h. 523  $^{a,b}$ Within a row, values with different superscript differ significantly (P < 0.05) (Mean ± SD). 524

| 525 | Table 3. Sperm yields and survival factors after centrifugation at 900 x g for 10 min in 50-mL                  |
|-----|---|
| 526 | tubes in different semen extenders (EZ mixin, INRA96 and VMDZ), and after cooling for 24 h.                     |
| 527 | TY = total yield, TMY = total motile yield, PMY = progressively motile yield, VY = viable                       |
| 528 | yield, SFT = survival factor for total motility, SFP = survival factor for progressive motility,                |
| 529 | SFV = survival factor for viability, SFT24 = survival factor for total motility at 24 h, SFP24 =                |
| 530 | survival factor for progressive motility at 24 h, SFV24 = survival factor for viability at 24 h.                |
| 531 | <sup>a,b</sup> Within a row, values with different superscript differ significantly ( $P < 0.05$ ) (Mean ± SD). |
| 532 |   |
| 533 | Fig.1. Simplified diagram of a swinging bucket rotor with the position of the tubes containing 40               |
| 534 | mL (left) and 20 mL (right) of suspension during centrifugation. The centrifugal field is directed              |
| 535 | radially outwards from the axis of rotation (arrowhead), and is given by the angular velocity of                |
| 536 | the rotor and the radial distance of the particle from the axis of rotation. Even though the                    |
| 537 | maximum radial distance (distance to the bottom of the tube, $r_{max}$ ) is the same, the minimum               |
| 538 | (distance to the meniscus, $r_{min}$ ) radial distance at the beginning of centrifugation is greater when       |
| 539 | the tube is partially filled with 20 mL of suspension than with 40 mL.  |

|           | Centrifugation force, duration and volume |                     |                       |                         |                    |                         |                    |                     |                       |
|-----------|---|---------------------|-----------------------|-------------------------|--------------------|-------------------------|--------------------|---------------------|-----------------------|
| Variable  | 0 x g                                     | 400 x g             | 400 x g               | 400 x g                 | 400 x g            | 900 x g                 | 900 x g            | 900 x g             | 900 x g               |
|           | 0 min                                     | 10 min              | 10 min                | 5 min                   | 5 min              | 10 min                  | 10 min             | 5 min               | 5 min                 |
|           | 40 mL                                     | 40 mL               | 20 mL                 | 40 mL                   | 20 mL              | 40 mL                   | 20 mL              | 40 mL               | 20 mL                 |
| TY (%)    | $100 \pm 0^{a}$                           | $74.5 \pm 7.6^{b}$  | $95.6 \pm 5^{a}$      | $47.2 \pm 7.3^{\circ}$  | $74.3 \pm 8.6^{b}$ | $91.4 \pm 4.5^{a}$      | $99.2 \pm 0.8^{a}$ | $72.6 \pm 9.5^{b}$  | $93.8 \pm 8.9^{a}$    |
| TMY (%)   | $100 \pm 0^{a}$                           | $71.9\pm13.3^{b}$   | $97.2\pm8.7^{a}$      | $47.5 \pm 10^{\circ}$   | $71.2\pm5.9^{b}$   | $92.9 \pm 9.1^{a}$      | $96.2\pm5.5^a$     | $67.1 \pm 10.6^{b}$ | $94.9 \pm 12^{a}$     |
| PMY (%)   | $100 \pm 0^{a}$                           | $72.5 \pm 15.2^{b}$ | $100.4\pm9.1^a$       | $49.1 \pm 11.2^{\circ}$ | $74\pm5.4^{b}$     | $91.5\pm11.3^a$         | $99.5\pm7.4^a$     | $68.8\pm12.9^{b}$   | $95.7\pm7.4^a$        |
| VY (%)    | $100 \pm 0^{a}$                           | $71.8\pm14^{b,c,d}$ | $86.9 \pm 14.2^{a,b}$ | $44.5\pm8^{e}$          | $67.1 \pm 7.6^{d}$ | $84.4 \pm 19.3^{a,b,c}$ | $92\pm18.5^{a}$    | $69.2 \pm 11^{c,d}$ | $87.8 \pm 13.1^{a,b}$ |
| SFT (%)   | $100 \pm 0$                               | $96.6 \pm 15.3$     | $101.7\pm8.5$         | $100.6 \pm 15.9$        | $96.4 \pm 8.4$     | $101.6 \pm 8.2$         | 96.9 ± 5.3         | 93.1 ± 13.6         | $101.2 \pm 7.8$       |
| SFP (%)   | $100 \pm 0$                               | 97.5 ± 18.4         | $105.1 \pm 8.8$       | $103.6 \pm 16.7$        | $100.1 \pm 6.6$    | $100.1 \pm 10.4$        | $100.3\pm7.3$      | 95.3 ± 15.9         | $102.5 \pm 7.9$       |
| SFV (%)   | $100 \pm 0$                               | 97.1 ± 19.6         | 91 ± 14.7             | $95.2 \pm 15.1$         | 91 ± 12.3          | $92 \pm 18.5$           | 92.8 ± 18.9        | $95.7 \pm 12.4$     | 94.1 ± 13.9           |
| SFT24 (%) | 88.5 ± 15                                 | $92.3\pm12.3$       | $92.6 \pm 9.4$        | 90.3 ± 9.4              | $85.2 \pm 8.4$     | 88.7 ± 12.1             | $87.2 \pm 30.4$    | $89.2 \pm 19.1$     | $90.7 \pm 15.2$       |
| SFP24 (%) | $86.5 \pm 16.5$                           | $89.6 \pm 14.5$     | $91.5\pm15.6$         | $82.3\pm10.9$           | $84.2 \pm 11.1$    | 89.1 ± 10.6             | $86.8\pm35$        | $80.9 \pm 13.9$     | 89.8 ± 16.7           |
| SFV24 (%) | $96.4 \pm 5.4$                            | $94.7 \pm 14.9$     | $103.4 \pm 17.2$      | $92.5\pm10.1$           | 97.3 ± 11.3        | 87.1 ± 11.7             | $100.9\pm15.9$     | $96.3\pm10$         | $100 \pm 11.1$        |

| Sperm concentration (x $10^6$ /mL) |                 |                      |                       |                     |  |
|------------------------------------|-----------------|----------------------|-----------------------|---------------------|--|
| Variable                           | Control         | 25                   | 50                    | 100                 |  |
| TY (%)                             | $100 \pm 0^{a}$ | $91.3 \pm 6.4^{a,b}$ | $85.4 \pm 15.7^{a,b}$ | $83.8 \pm 10.7^{b}$ |  |
| TMY (%)                            | $100\pm0^{a}$   | $81.6\pm12.5^{a,b}$  | $83.8\pm20.7^{a,b}$   | $81.7\pm6.8^{b}$    |  |
| PMY (%)                            | $100 \pm 0$     | $80.6\pm27.8$        | $73.9 \pm 22$         | $76.4 \pm 23.5$     |  |
| VY (%)                             | $100 \pm 0^{a}$ | $70.6 \pm 3.9^{b}$   | $65.5 \pm 17.7^{b}$   | $67.1 \pm 14^{b}$   |  |
| SFT (%)                            | $100 \pm 0$     | $90.3 \pm 6.6$       | $97.5\pm7.7$          | 93.1 ± 30.8         |  |
| SFP (%)                            | $100 \pm 0$     | 88.3 ± 19.9          | 89.3 ± 22.6           | 93.1 ± 30.8         |  |
| SFV (%)                            | $100 \pm 0$     | 83.9 ± 13.9          | 82.5 ± 18.9           | 82.7 ± 17.7         |  |
| SFT24 (%)                          | 79.2 ± 13.9     | $74.8 \pm 21.1$      | 69.1 ± 19.5           | $62.3 \pm 20.7$     |  |
| SFP24 (%)                          | 58.1 ± 33.2     | 53.1 ± 36.3          | 38.1 ± 18.4           | $46.7 \pm 60.4$     |  |
| SFV24 (%)                          | $84.9 \pm 18.7$ | $98.2 \pm 26.4$      | $91.5 \pm 9.1$        | $105.9\pm30.2$      |  |

|           | Semen extender        |                       |                   |                       |                   |                       |  |  |
|-----------|-----------------------|-----------------------|-------------------|-----------------------|-------------------|-----------------------|--|--|
| Variable  | INRA96 Control        | INRA96 Centrifuged    | VMDZ Control      | VMDZ Centrifuged      | EZ Mixin Control  | EZ Mixin Centrifuged  |  |  |
| TY (%)    | $100 \pm 0^{a}$       | $81.8 \pm 11.3^{b}$   | $100 \pm 0^{a}$   | $86.7 \pm 17.4^{a,b}$ | $100 \pm 0^{a}$   | $93.5 \pm 2.7^{a,b}$  |  |  |
| TMY (%)   | $100\pm0^{a}$         | $81.5 \pm 14.9^{a,b}$ | $100\pm0^{a}$     | $69.3 \pm 22.6^{b}$   | $100\pm0^{a}$     | $83.7\pm18.4^{a,b}$   |  |  |
| PMY (%)   | $100\pm0^{a}$         | $86.6 \pm 27.2^{a,b}$ | $100 \pm 0^{a}$   | $63.5 \pm 18.2^{b}$   | $100 \pm 0^{a}$   | $89.9\pm10.1^{a,b}$   |  |  |
| VY (%)    | $100 \pm 0^a$         | $68.4\pm30.6^{a,b}$   | $100\pm0^{a}$     | $60.9\pm36.5^{b}$     | $100 \pm 0^{a}$   | $81.4 \pm 15.3^{a,b}$ |  |  |
| SFT (%)   | $100 \pm 0$           | $99.6 \pm 11.1$       | $100 \pm 0$       | 85 ± 19.1             | $100 \pm 0$       | $90 \pm 17$           |  |  |
| SFP (%)   | $100 \pm 0$           | $104.9 \pm 23.1$      | $100 \pm 0$       | $80.9\pm20.9$         | $100 \pm 0$       | 93.1 ± 13.5           |  |  |
| SFV (%)   | $100 \pm 0$           | $82.4 \pm 31.7$       | $100 \pm 0$       | $76.1 \pm 33.7$       | $100 \pm 0$       | 88.6 ± 13.1           |  |  |
| SFT24 (%) | $70.7\pm18.9$         | $63 \pm 11.2$         | $71.1 \pm 41.6$   | $44.3 \pm 6.6$        | $69.3 \pm 34.1$   | $54.4 \pm 25.9$       |  |  |
| SFP24 (%) | $64.5 \pm 31.7^{a,b}$ | $36.9 \pm 14.2^{a,b}$ | $70.8\pm56.1^{a}$ | $21\pm10.8^{b}$       | $48\pm46.7^{a,b}$ | $36.9\pm30.7^{a,b}$   |  |  |
| SFV24 (%) | 86.4 ± 13             | $106.4 \pm 41.8$      | 114.3 ± 48.5      | $98.8 \pm 37.5$       | 62.8 ± 32.1       | 85.4 ± 33.4           |  |  |

549 Figure 1.

