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25 **Interpretive summary: LE-CLA and Reproduction. Hutchinson**

26 Reducing milk energy output in early lactation could be a viable strategy to improve energy
27 status and subsequent fertility in dairy cows, thereby reducing the economic impact of poor
28 reproductive performance. Cows were fed either a conjugated linoleic acid supplement or a
29 control supplement daily for 60 d after calving. Milk production, milk progesterone
30 concentrations, and reproductive performance were monitored. Milk fat production was
31 reduced but milk yield was increased, resulting in no net energy saving effect. Reproductive
32 performance was unaffected by supplementing lactating dairy cows with conjugated linoleic
33 acid.

34

35 LE-CLA AND REPRODUCTION

36 **The effect of strategic supplementation with *trans*-10 *cis*-12 conjugated linoleic acid on**
37 **the milk production, estrous cycle characteristics, and reproductive performance of**
38 **lactating dairy cattle**

39

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50 **ABSTRACT**

51 The objective was to determine the effects of a protected (lipid-encapsulated) conjugated
52 linoleic acid (LE-CLA) supplement on milk production, estrous cycle characteristics, and
53 reproductive performance in lactating dairy cows on a pasture-based diet. Spring calving
54 dairy cows (n = 409) on a single pasture-based commercial dairy farm were used in a
55 completely randomized block design. Cows were assigned to 1 of 2 dietary supplements (LE-
56 CLA (Lutrell®, BASF, Germany; n = 203) or no supplement (Control, n = 206)). The LE-
57 CLA cows received 51 g/d of a lipid supplement containing 5 g of both *trans*-10, *cis*-12 and
58 *cis*-9, *trans*-11 CLA from 0 to 60 d in milk. Milk samples were collected 3 times weekly, and
59 each sample was analyzed for progesterone to determine interval to first ovulation and
60 estrous cycle characteristics. Milk yield and concentrations of fat, protein, and lactose were
61 measured fortnightly. Cows were inseminated following visual observation of estrus. The
62 breeding season commenced on April 8, 2009 and continued for 16 wk. Trans-rectal
63 ultrasonography was carried out at 30 to 36 d and 60 to 66 d post AI to diagnose pregnancy.
64 The LE-CLA treatment resulted in a reduction in milk fat concentration (36.9 g/kg ± 0.06
65 g/kg vs. 30.7 g/kg ± 0.06 g/kg Control and LE-CLA, respectively) and yield (0.91 kg/d ± 0.02
66 kg/d vs. 0.84 kg/d ± 0.02 kg/d Control and LE-CLA, respectively); however, milk yield was
67 increased by LE-CLA supplementation (24.7 kg/d ± 0.7 kg/d vs. 27.2 kg/d ± 0.7 kg/d,
68 Control and LE-CLA, respectively), resulting in no overall difference in milk energy output.
69 There was no effect of LE-CLA on any estrous cycle characteristics or measures of
70 reproductive performance. These results suggest that in pasture-based systems of dairy
71 production, where energy intake limits milk production, energy spared by CLA-induced milk
72 fat depression is partitioned towards increasing milk yield rather than towards body reserves.
73 Key words: conjugated linoleic acid, reproduction, milk fat, energy balance.

74

INTRODUCTION

75

76 The early postpartum period in dairy cattle is associated with negative energy balance
77 (**NEB**) and mobilization of body reserves, as the energy requirements for maintenance and
78 milk production exceed energy ingested (Bauman and Currie, 1980). Both the duration and
79 severity of this period of NEB have detrimental effects on follicle development, postpartum
80 resumption of ovarian cyclicity, and subsequent oocyte and embryo quality, resulting in
81 reduced pregnancy rates (Beam and Butler, 1999; Diskin et al., 2003; Leroy et al., 2008).

82 Attempts to alleviate NEB have largely focused on increasing the energy density of
83 the diet. Feeding supplemental fat generally results in an increase in nutrients partitioned
84 towards milk production (Santos et al., 2008), or else DMI is suppressed so that total energy
85 intake is unaffected (Staples et al., 1998).

86 Improved reproductive performance was reported in some studies where lactating
87 dairy cows were supplemented with polyunsaturated fatty acids. Although results have been
88 inconsistent (Santos et al., 2008), it would appear that reproductive performance may be
89 improved by the specific effects of individual fatty acids, independent of energy status.

90 Conjugated linoleic acids (**CLA**) are geometric and positional isomers of linoleic
91 acid, and are normally found in the rumen as intermediates in the biohydrogenation of
92 linoleic to stearic acid. *Trans*-10, *cis*-12 CLA was identified as a potent inhibitor of milk fat
93 synthesis (Baumgard et al., 2002), with a dose-dependent response of up to 50% reduction in
94 milk fat synthesis (de Veth et al., 2004). Milk volume and milk protein concentration were
95 not reduced by CLA supplementation, and milk fat concentration quickly returned to control
96 levels on termination of CLA supplementation (Castaneda-Gutierrez et al., 2007). Fat is the
97 most energetically expensive component of milk, representing up to 35% of net energy intake
98 in early lactation (Bauman and Currie, 1980). Feeding supplemental CLA may be a means of
99 reducing milk energy output and ameliorating NEB postpartum, with subsequent

100 improvements in reproductive performance. Some studies reported no improvement in energy
101 status, with energy spared being partitioned towards increased milk volume (Bernal-Santos et
102 al., 2003), whereas other reports indicated reductions in milk energy output with CLA
103 supplementation (Odens et al., 2007; Hutchinson et al., 2011). A recent meta-analysis of 5
104 controlled studies in which early-lactation dairy cows had been supplemented with CLA
105 indicated that CLA supplementation reduced interval to first ovulation and time to
106 conception, and increased the probability of cows becoming pregnant (de Veth et al., 2009).
107 The studies included in the meta-analysis utilized a small number of cows (total n = 212), and
108 determining the effects of CLA on reproductive performance was not a primary objective in
109 any of the 5 studies included in the meta-analysis. To date, there has been no herd scale
110 evaluation of the effect of lipid-encapsulated CLA on reproductive performance in lactating
111 dairy cattle. The aim of the present study was to examine the effects of CLA supplementation
112 on milk production and reproductive performance of lactating dairy cows in a pasture-based
113 system of production under commercial conditions.

114 MATERIALS AND METHODS

115 *Animals, Treatments and Sampling*

116 A total of 409 primiparous and multiparous spring-calving Holstein-Friesian dairy
117 cows on a single pasture-based commercial dairy farm in County Cork, Ireland (52°05'N;
118 8°16'W) were blocked on the basis of parity (1, 2, and > 2) and calving date, and randomly
119 assigned to receive 1 of 2 dietary treatments from parturition until 60 DIM: protected (lipid-
120 encapsulated) **LE-CLA** (n = 203; Lutrell®, BASF, Ludwigshafen, Germany) or no
121 supplement (Control, n = 206). The mean calving date was 23rd February 2009 (SD = 29 d;
122 range = 4 January 2009 to 26 April 2009). Prior to parturition, all cows were managed in the
123 same manner, housed indoors, and fed a grass silage diet. Following parturition, the cows
124 were managed as a single herd and milked twice daily at 0700 and 1600 h in a 60-unit rotary

125 parlor with automatic cow identification, automatic concentrate feeding, and electronic milk
126 meters (Dairymaster, Causeway, Kerry, Ireland). Every cow was offered the same basal diet
127 of grazed grass and a concentrate ration fed in the parlor at milking times. In late winter and
128 early spring, when grass growth was limited by weather conditions, they were fed a forage
129 diet based on a 50:50 mix of grass silage and corn silage supplemented with 2 kg/cow per day
130 of soybean meal. The parlor concentrate supplement was fed at a rate of 6 kg/cow per day in
131 late winter, and was gradually reduced to 1 kg/cow per day as grass growth increased. The
132 chemical composition of the feeds offered (Partial Mix Ration, silage mix, grazed grass, and
133 parlor concentrate supplement) is shown in Table 1. The LE-CLA cows were individually fed
134 an additional 51 g/d of lipid supplement from parturition until 60 DIM. The LE-CLA
135 supplement contained a 50:50 mix of *cis*-9, *trans*-11 CLA and *trans*-10, *cis*-12 CLA,
136 resulting in a daily intake of 5 g/d of each isomer. The LE-CLA supplement was
137 automatically dispensed to individual cows in granular form using a PowerDos® feeding
138 system (Hanskamp AgroTech BV, Zelhem, The Netherlands) simultaneous with the
139 concentrate allocation. The PowerDos® system delivered the supplement from a hopper via a
140 pneumatic stainless steel dosage mechanism. As this mechanism was able to deliver a
141 maximum of 17 g of LE-CLA in a single dose, the feeding system was programmed to feed a
142 double dose (34 g) at the morning milking and a single dose (17 g) at the evening milking.
143 The feeding system was tested a number of times before the initiation of the study and at
144 fortnightly intervals to ensure that the correct amount of LE-CLA was being provided to the
145 cows. Milk yield was recorded daily at morning and evening milkings using electronic milk
146 meters (Dairymaster). Milk composition (fat, protein, and lactose), was determined on a
147 fortnightly basis from successive morning and evening milk samples by automated infra-red
148 absorption analysis using a Milkoscan 605 (Foss Electric, Hillerød, Denmark).

149 The following equation was used to determine the milk energy output (O' Mara,
150 1997), using unité fourragère lait (**UFL**) as the unit of net energy, which is equivalent to 1 kg
151 of standard air-dried barley.

152 Energy requirement for milk (UFL/kg of milk) = 0.0054 FC + 0.0031 PC + 0.0028
153 LC - 0.015;

154 where FC = fat concentration (%), PC = protein concentration (%), and LC = lactose
155 concentration (%).

156 A total of 20 cows (9 Control, 11 CLA), were removed from the experiment due to
157 illnesses and metabolic problems unrelated to dietary treatment.

158 *Milk progesterone sampling and analysis*

159 Milk samples from all cows enrolled in the study were collected at the morning
160 milking 3 times weekly (Monday, Wednesday, and Friday); a preservative was added to each
161 sample (Lactab Mark III, Thomson and Capper Ltd., Cheshire, UK) and the samples were
162 stored at 4 °C until analysis. Milk progesterone (**P4**) concentrations were measured in
163 representative samples from every cow on each sampling date using a competitive ELISA
164 test (Ridgeway Science, Gloucester, UK), based on published methods (Sauer et al., 1986).
165 The inter- and intra-assay coefficients of variation were 14.5 % and 9.1 %, respectively, and
166 the sensitivity of the assay was 0.5 ng/mL (Sauer et al., 1986).

167 *Interval to first ovulation*

168 A period of luteal activity was defined as the occurrence of 2 or more consecutive
169 milk P4 concentrations ≥ 3 ng/mL (Darwash et al., 1997). The interval to first ovulation
170 (**IOV1**) was defined as the first occurrence of luteal activity postpartum, or the first day on
171 which milk P4 concentrations ≥ 3 ng/mL were observed, and meeting the above criteria.

172 *Abnormal estrous activity*

173 Abnormal estrous activity was identified based on previously published criteria
174 (Royal et al., 2000). Prolonged anovulation postpartum, delayed ovulation type I (**DOV I**),
175 was defined as milk P4 concentrations < 3 ng/mL for ≥ 45 DIM. Prolonged inter-luteal
176 interval, delayed ovulation type II (**DOV II**), was defined as milk P4 concentrations < 3
177 ng/mL for ≥ 12 d after the first occurrence of luteal activity postpartum. Delayed luteolysis
178 during the first estrous cycle postpartum, persistent corpus luteum type I (**PCL I**), was
179 defined as milk P4 concentrations ≥ 3 ng/mL for ≥ 19 d during the first postpartum estrous
180 cycle. Delayed luteolysis during subsequent estrous cycles before AI, persistent corpus
181 luteum type II (**PCL II**), was defined as milk P4 concentrations ≥ 3 ng/mL for ≥ 19 d during
182 subsequent postpartum estrous cycles.

183 Characteristics of the estrous cycle outlined above were determined before the first
184 postpartum AI. In total, results were available from 306, 371, 223, 250, and 146 cows for
185 IOV1, DOVI, DOVII, PCLI, and PCLII, respectively.

186 *Fatty acid analysis*

187 Milk samples were collected from 15 cows on each treatment at 30 and 60 DIM, and
188 the samples were analyzed for milk fatty acid composition. The samples were analyzed by
189 gas liquid chromatography according to the method developed by (Collomb et al., 2000)
190 following extraction and methylation according to ISO standards 14156:2001 (ISO, 2001)
191 and 15884:2002 (ISO, 2002). Samples of the feed offered were collected at these time points
192 and fatty acid content was determined by gas liquid chromatography as described by Childs
193 et al (2008) following lipid extraction using a chloroform, methanol and water mixture (Folch
194 et al., 1957), and methylation using NaOCH₃, methanol, and BF₃ (Park and Goins, 1994). The
195 fatty acid composition of the feeds offered is shown in Table 2.

196 *Breeding and reproductive performance*

197 Breeding commenced on April 8, 2009, and continued for 16 wk. Artificial
198 insemination was carried out by a single experienced technician, and took place after morning
199 and evening milkings. Cows were AI 12 h after first showing signs of estrus. Tail paint and
200 MooMonitor activity collars (DairyMaster) were used to aid heat detection. Body condition
201 score was assessed (Edmonson et al., 1989) on 4 fixed calendar dates during the breeding
202 season. The BCS assessment commenced on the 5 April 2009 and took place on fixed
203 calendar dates at intervals of approximately 4 wk thereafter. As a result, some of the LE-CLA
204 cows were still receiving the LE-CLA supplement for the first 2 BCS assessment dates,
205 whereas others had finished the LE-CLA supplementation period before the first BCS
206 assessment date of April 5, 2009. Trans-rectal ultrasonography was carried out at 30 to 36 d
207 and 60 to 66 d post AI using a 5.0-MHz transrectal transducer (Aloka SSD-500; Aloka Ltd.,
208 Tokyo, Japan) to diagnose pregnancy. Visualization of a fluid-filled horn and a viable
209 embryo were used for positive identification of pregnancy. Three-week submission rate was
210 defined as the proportion of cows inseminated within the first 3 wk of the breeding season.
211 Six-week in calf rate was defined as the proportion of cows pregnant within the first 6 wk of
212 the breeding season. Overall pregnancy rate was defined as the proportion of cows pregnant
213 at the final herd scan on the 2 December 2009. Cows that underwent embryo loss were
214 defined as cows that were diagnosed as pregnant at 30 to 36 d post-AI, but were then
215 diagnosed as non-pregnant at 60 to 66 d post-AI.

216 *Statistical analysis*

217 All statistical analysis was carried out using SAS (SAS System Inc., Cary, NC). Milk
218 production, milk composition, and BCS data were analyzed using the MIXED procedure of
219 SAS with repeated measures, using the Satterthwaite adjustment to calculate denominator
220 degrees of freedom. The appropriate covariance structure for each repeated measures analysis
221 was identified based on Akaike's Information Criterion model fit statistic. A first order

222 autoregressive covariance structure was selected. Treatment, treatment week, and their
223 interaction were included as fixed effects, and block was included as a random effect. Parity
224 and calving day of year were included as adjustment variables in all repeated measures
225 models; if non-significant, these variables were removed and the models were re-run. Data
226 for IOV1, the interval from calving to first AI, and interval from calving to conception were
227 evaluated by the LIFETEST procedure of SAS using Kaplan-Meier analysis to investigate the
228 effect of treatment on the number of days from calving to commencement of luteal activity,
229 first AI, and conception. The IOV1 was right-censored at 60 d, calving to service interval was
230 right-censored at the last date of AI use (15 June), and calving to conception interval was
231 right-censored at the last date of the breeding period (25 September). All of the binary
232 reproductive performance variables were analyzed using the FREQ procedure of SAS with
233 the Chi-squared test.

234 **RESULTS**

235 ***Milk production and BCS***

236 The milk production results are summarized in Table 3 and Figure 1. Milk fat
237 concentration was reduced by LE-CLA treatment ($P < 0.001$), but the treatment by time
238 interaction effect was not significant. During the supplementation period, milk fat yield was
239 reduced ($P = 0.03$) by up to 8%, milk yield was increased ($P = 0.003$), and milk protein
240 concentration was reduced ($P < 0.001$). Milk solids yield (fat plus protein) was not affected.
241 Milk fat concentration and yield in LE-CLA supplemented cows began to return towards
242 levels similar to control cows after the end of the supplementation period (Figure 1).
243 Supplementing cows with LE-CLA tended to increase BCS ($P = 0.09$, Figure 2).

244 ***Estrous cycle characteristics***

245 Estrous cycle characteristics and IOV1 results are presented in Table 4. There was no
246 effect of LE-CLA supplementation on IOV1 (40.2 ± 1.05 d vs. 40.3 ± 1.19 d, Control and

247 LE-CLA respectively, Log Rank Probability of Chi-Square test = 0.87). The proportion of
248 cows that continued to be anestrus at 60 DIM was 0.23 and 0.25 for Control and CLA,
249 respectively. Incidence of DOV I (35.1% vs. 36.1%) and DOV II (16.7% vs. 14.6%) were not
250 affected by LE-CLA supplementation (both $P > 0.6$). The LE-CLA supplementation had no
251 effect on the incidence of PCL I (8.9% vs. 10.3%) or PCL II (8.9% vs. 7.5%, both $P > 0.6$).

252 ***Reproductive performance***

253 Reproductive performance data are summarized in Table 5. There was no effect of
254 LE-CLA supplementation on the interval from calving to first insemination (71.8 ± 1.84 d vs.
255 70.9 ± 1.79 d, Control and LE-CLA, respectively, Log Rank Probability of Chi-Square test =
256 0.5), or the interval from calving to conception (123.7 ± 4.68 d vs. 130.4 ± 4.66 d, Control
257 and LE-CLA, respectively, Log Rank Probability of Chi-Square test = 0.2). There was no
258 effect of LE-CLA supplementation on conception rate to first (35.1 vs. 37.0; Control and LE-
259 CLA, respectively) or second service (38.5% vs. 29.9%, both $P > 0.2$). There was also no
260 effect of CLA supplementation on 3 week submission rate (54.8% vs. 58.0%, $P = 0.5$),
261 embryo loss to first service (15.2% vs. 17.9%, $P = 0.7$), 6 week in-calf rate (43.6% vs. 37.0%,
262 $P = 0.2$), or overall pregnancy rate (80.7% vs. 76.0%, $P = 0.3$).

263 ***Milk fatty acid analysis***

264 CLA supplementation reduced (all $P < 0.01$) the proportion of most short and medium
265 chain fatty acids in milk fat compared to control animals (Table 6), with the exception of
266 C4:0, C14:0 and C15:0 which were not affected (all $P > 0.3$). The proportion of C16:0 in
267 milk fat was not affected by CLA supplementation ($P > 0.1$). The LE-CLA supplementation
268 tended to increase ($P = 0.07$) the proportion of C18:0 in milk fat, and increased the
269 proportion of *cis*-9 C18:1 and *cis*-9, *trans*-11 CLA in milk fat (both $P < 0.04$). There was no
270 effect of CLA supplementation on any other long chain fatty acids measured (all $P > 0.08$).
271 Overall, this resulted in a decrease in the proportion of de novo synthesized ($< C16:0$) fatty

272 acids ($P = 0.03$), and an increase in the proportion of preformed ($> C17:0$) fatty acids in the
273 milk fat of cows fed the LE-CLA supplement.

274 **DISCUSSION**

275 The feeding and management systems utilized in this study enabled accurate and
276 reliable supplementation with LE-CLA to individual cows on a large herd scale, the first time
277 this has been achieved. We have demonstrated that LE-CLA supplementation during the first
278 60 DIM can be used as a management tool to temporarily reduce milk fat synthesis in
279 pasture-based dairy cows. Despite observing a trend towards an improvement in BCS in cows
280 supplemented with LE-CLA, the lack of an effect of LE-CLA on milk energy output suggests
281 that most energy spared by reducing milk fat synthesis was partitioned towards increasing
282 milk production. There was no effect of LE-CLA supplementation on any measure of
283 reproductive performance or estrous cycle characteristics.

284 Fat is an economically important component of milk to dairy farmers. Extreme milk
285 fat depression (MFD) may be undesirable, especially in regions where milk is primarily used
286 for manufacturing purposes. Results from a previous study (Hutchinson et al., 2011) provided
287 the justification for the level and duration of LE-CLA supplementation used in the present
288 study to induce sufficient MFD to potentially improve energy status, but not markedly
289 decrease income from milk.

290 The CLA dose fed in the present study (5 g/d *trans*-10, *cis*-12 CLA) is similar to that
291 fed by Hutchinson et al. (2011), although the supplement was fed in pelleted form, whereas in
292 the current study the granular supplement was fed directly to the cows, avoiding any potential
293 degradation of the supplement during the pelleting process. In the current study a reduction in
294 milk fat concentration in LE-CLA cows occurred within a week after the initiation of
295 treatment. There is no evidence of any adaptation to the treatment, as the data in Figure 1
296 show that maximal milk fat depression occurred at wk 8 postpartum, at the end of the

297 treatment period. We observed a maximum depression in milk fat concentration of 18.8%,
298 greater than the 15.7% observed by (Hutchinson et al., 2011), who fed the same supplement
299 but at a greater dose of 6.9 g/d of *trans*-10, *cis*-12 LE-CLA. The greater reduction in milk fat
300 concentration in the present study may suggest an improved efficacy of the supplement, most
301 likely attributable to avoiding any potential degradation during the pelleting process, as noted
302 by Hutchinson et al., (2011).

303 The increase in milk yield in the current study supports the work of Bernal-Santos et
304 al. (2003) and Mackle et al. (2003), but differs from the findings of Hutchinson et al. (2011),
305 and Castaneda-Gutierrez et al. (2005). Moore et al. (2004) hypothesized that during early
306 lactation the extra energy afforded by a reduction in milk fat synthesis may be partitioned
307 towards protein synthesis and milk production. We observed an increase in milk production,
308 though there was a small, but statistically significant, reduction in milk protein concentration.
309 Because of the increased milk yield, however, milk protein yield was not affected. There was
310 also a reduction in milk lactose concentration with LE-CLA supplementation, but milk
311 lactose yield was increased due to greater milk volume. To our knowledge, the current study
312 is the first to report a reduction in milk lactose concentration with CLA supplementation.
313 Overall, although milk constituent concentrations were reduced, the increase in milk
314 synthesis negated these effects and resulted in no differences in milk solids yields.

315 In the current study LE-CLA supplementation caused a reduction in the secretion of
316 all fatty acids, but those of *de novo* origin were reduced to a greater extent. The LE-CLA
317 reduced the proportion of *de novo* fatty acids and increased the proportion of preformed fatty
318 acids in milk fat, results that support previous reports (Kay et al., 2007; Moore et al., 2004;
319 Perfield et al., 2002). *Trans*-10, *cis*-12 CLA reduces milk fat synthesis through coordinated
320 decreases in expression of genes encoding key enzymes involved in the uptake and transport

321 of preformed fatty acids, in addition to enzymes involved in the desaturation of fatty acids,
322 formation of triglycerides, and de novo fatty acid synthesis (Baumgard et al., 2002).

323 Although the milk fat depressing effects of CLA are generally accepted, the
324 subsequent effect on energy status is more equivocal. Some studies reported improvements in
325 energy status with CLA supplementation (Hutchinson et al., 2011; Odens et al., 2007);
326 however, absence of an effect of CLA on energy status was also reported in a number of
327 studies (Bernal-Santos et al., 2003; Castaneda-Gutierrez et al., 2005). In studies where CLA
328 did not improve energy status, it was generally hypothesized that any energy saved from the
329 reduction in milk fat synthesis was partitioned towards greater milk production, such that
330 milk energy output remained unchanged (Bernal-Santos et al., 2003). The present study
331 differs from previous reports in that milk energy output was unaffected by LE-CLA
332 supplementation, but a trend towards improved BCS in LE-CLA treated cows was also
333 observed. Although we detected a statistical trend towards improved BCS in LE-CLA
334 supplemented cows, the degree to which BCS was improved is marginal (less than 0.05 BCS
335 units), and the ability to detect an improvement in BCS was most likely attributed to the large
336 number of cows on the study. Due to the on-farm nature of the current study, it was not
337 possible to measure DMI. In previous studies where DMI has been measured, CLA had no
338 effect on DMI in cows consuming a TMR (Bernal-Santos et al., 2003; Moore et al., 2004) or
339 pasture (Kay et al., 2007; Kay et al., 2006) diet.

340 Mackle et al. (2003) suggested that energy spared from a reduction in milk fat
341 synthesis is likely to have a greater positive impact on milk production in pasture-fed cows
342 than cows fed a TMR diet that could more closely meet energy requirements. The current
343 study, along with data from Kay et al. (2006), Mackle et al. (2003), and Medeiros et al.
344 (2010) support this hypothesis. The work of Kay et al. (2007) is the only study in cows
345 receiving a pasture diet in which CLA-induced MFD resulted in decreased milk energy

346 output, but was not accompanied by an increase in milk yield. In that study much greater
347 levels of MFD were achieved (> 40%) due to abomasal infusion of the CLA, which avoided
348 rumen biohydrogenation of the supplement. Positive milk yield responses were not observed
349 at more severe (> 35%) levels of MFD (Kay et al., 2006). It is reasonable to conclude that in
350 pasture-based systems of dairy production, where milk production is limited by energy
351 intake, the extra energy spared by CLA-induced MFD is partitioned towards milk production
352 rather than body reserves. It seems likely that overall energy status is only improved in
353 situations where the cow is already producing at full potential.

354 There was no effect of LE-CLA on any of the reproduction variables or estrous cycle
355 characteristics measured. No previous work in which dairy cows were supplemented with
356 CLA investigated the effects on estrous cycle characteristics, although there is a body of
357 work from which we can draw general comparisons. The overall incidence of both DOV I
358 (35.1%) and DOV II (15.7%) in the current study is greater than observed by Opsomer et al.
359 (1998) (20.5% and 3%) and Royal et al. (2000) (12.9% and 10.6%). The high incidence of
360 delayed ovulation observed in the present study is indicative of a widespread fertility problem
361 in the herd, as cows with extended postpartum anestrus intervals had lower submission,
362 conception, and pregnancy rates than cycling animals (McDougall et al., 2001). This is
363 reflected in the sub-optimal fertility performance of the herd, with conception rates to first
364 service in the current study (35.1 to 37.0%) less than reported in pasture-based systems
365 (Horan et al., 2004: 47 to 56%; Buckley et al., 2003: 49%). Similarly, the embryo loss rates
366 of 15.2 to 17.9% were greater than those reported by Silke et al. (2002) (6.1 to 7.2%) and
367 Horan et al. (2004) (7.5%), from comparable studies in Irish pasture-based dairy herds.
368 Figures of 54 to 58% for 3-wk submission rate and 37 to 44% for 6-wk in-calf rate in the
369 current study are less than the target rates for seasonal-calving pasture based systems of >
370 80% for 3-wk submission rate and > 68% for 6-wk in-calf rate (McDougall, 2006).

371 There are a wide range of latent factors that act to negatively impact reproductive
372 performance in dairy cows on commercial dairy farms. These include infectious disease
373 status, macro and trace mineral nutrition status, and a variety of other stressors. It is possible
374 that LE-CLA supplementation has no beneficial effect on reproductive performance, as the
375 results of this study suggest. It is also possible, however, that one or more factors may have
376 been present on the farm that acted to antagonize cow fertility, and this overrode any
377 potential beneficial effect of LE-CLA.

378 **CONCLUSIONS**

379 Supplementation with LE-CLA induced milk fat depression in early lactation, pasture
380 fed dairy cows. Due to increased milk yield in LE-CLA supplemented cows, there was no
381 effect on milk energy output. There was no effect of LE-CLA supplementation on any estrous
382 cycle characteristic or measure of reproductive performance. In grass-based systems of dairy
383 production, where milk production is limited by energy intake, any energy spared by a
384 reduction in milk fat synthesis is partitioned towards increased milk production rather than
385 improving the energy status and subsequent reproductive performance of the cow.

386

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502 **Table 1.** Chemical composition of the feeds offered to dairy cows on pasture.

Nutrient Composition (g/kg DM)	Grass	PMR ¹	Concentrate
OM digestibility	818.3	706.0	-
CP	256.4	120.1	249.2
NDF	487.6	480.0	-
ADF	253.8	274.7	-
Crude fiber	-	-	109.2
Oil	-	-	38.4
Ash	90.6	64.8	80.7

503 ¹Partial Mix Ration

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516 **Table 2.** Fatty acid composition (g/100 g of total fatty acids) of the feeds offered to dairy

517 cows on pasture

% of total fatty acids

Fatty acid	Grass	PMR ¹	Concentrate	LE-CLA ²
12:0	1.87	1.16	0.57	0.34
12:1	1.71	1.52	0.03	--
13:0	1.09	1.08	--	0.34
13:1 <i>cis</i> -12	1.28	0.68	--	--
14:0	1.54	3.88	0.93	1.11
<i>trans</i> 14:1	--	0.12	--	--
15:0	--	--	0.42	0.13
15:1 <i>trans</i> -10	2.33	1.79	0.16	--
15:1 <i>cis</i> -10	3.86	2.69	--	--
16:0	20.32	26.68	32.29	13.96
<i>cis</i> 16:1	2.31	1.16	0.63	0.07
<i>trans</i> 16:1	--	1.06	--	--
17:0	--	0.23	0.17	0.21
17:1 <i>cis</i> -10	--	0.29	--	0.04
18:0	1.03	2.24	1.70	33.28
18:1 <i>cis</i> -9	1.62	5.51	13.23	12.07
18:1 <i>trans</i> -9	--	0.52	1.50	0.23
18:2 <i>cis</i> -9, <i>cis</i> -12	5.58	15.15	36.32	1.01
18:2 <i>cis</i> -9, <i>trans</i> -11 CLA ³	--	--	--	12.42
18:2 <i>trans</i> -10, <i>cis</i> -12 CLA	--	--	--	13.72
All <i>trans</i> 18:2	0.57	0.80	0.17	2.60
18:3 <i>cis</i> -6, <i>cis</i> -9, <i>cis</i> -12	--	0.11	--	--
18:3 <i>cis</i> -9, <i>cis</i> -12, <i>cis</i> -15	41.76	18.05	3.20	0.02
20:0	0.07	0.44	0.44	1.10

20:1 <i>cis</i> -11	--	--	0.45	0.09
20:2 <i>cis</i> -11, <i>cis</i> -14	--	--	--	0.03
22:0	1.10	2.01	0.74	2.69
22:1	1.85	0.69	0.16	--
22:4	1.41	2.74	1.44	1.23
Total	91.36	90.60	94.53	96.69

518 ¹Partial Mix Ration

519 ²Lipid encapsulated conjugated linoleic acid

520 ³Conjugated linoleic acid

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528 **Table 3.** Milk production and composition of cows on lipid-encapsulated conjugated linoleic
529 acid (LE-CLA) and control treatments

	Control	LE-CLA ¹	SEM	<i>P</i> -value	
				Trt	Trt x Time
Milk yield (kg/d)	24.7	27.2	0.7	0.003	0.7
Milk fat (g/kg)	36.9	30.7	0.6	<0.001	0.2
Milk fat yield (kg/d)	0.91	0.84	0.02	0.031	0.7
Milk protein (g/kg)	32.8	31.2	0.3	<0.001	0.9
Milk protein yield (kg/d)	0.81	0.85	0.02	0.11	0.9
Milk lactose (g/kg)	47.5	46.4	0.3	0.028	0.9
Milk lactose yield (kg/d)	1.18	1.28	0.03	0.012	0.9
Milk solids yield (kg/d) ²	1.72	1.69	0.05	0.6	0.9
FCM yield (kg/d) ³	25.39	25.33	0.66	0.9	1.0
Milk energy output (UFL ⁴ /d) ⁵	10.32	10.32	0.27	1.0	1.0
SCS ⁶	101.6 (73.2 - 141.1)	96.2 (69.3 -133.8)	-	0.8	0.3

530 ¹Lipid encapsulated conjugated linoleic acid

531 ²Milk solids yield = milk fat yield (kg/d) + milk protein yield (kg/d)

532 ³3.5% FCM yield = 0.4318 * milk yield (kg/d) + 16.23 * milk fat yield (kg/d)

533 ⁴UFL = unité fourragère lait; unit of net energy, equivalent to 1 kg of standard air-dried

534 barley

535 ⁵Milk energy output = 0.054 * fat concentration (%) + 0.031 * protein concentration (%) +

536 0.028 * lactose concentration (%) - 0.015.

537 ⁶SCS is calculated by taking the natural logarithm of SCC values. Values are back-
538 transformed least square means followed by 95% confidence limits in parenthesis.

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552 **Table 4.** Estrous cycle characteristics of cows on lipid-encapsulated conjugated linoleic acid
 553 (LE-CLA) and control treatments

	Control	LE-CLA ¹	P-value
Interval to first ovulation (d) ²	40.2 (\pm 1.05)	40.3 (\pm 1.19)	0.9
Incidence of DOV I (%) ³	35.1 (67/191)	36.1 (65/180)	0.8
Incidence of DOV II (%) ⁴	16.7 (20/120)	14.6 (15/103)	0.7
Incidence of PCL I (%) ⁵	8.9 (11/124)	10.3 (13/126)	0.7
Incidence of PCL II (%) ⁶	8.9 (7/79)	7.5 (5/67)	0.8

554 ¹ Lipid encapsulated conjugated linoleic acid

555 ²Interval to first ovulation data are mean values followed by the standard error of the mean in parenthesis.

556 ³DOV I (Delayed ovulation type I) = milk P4 < 3 ng/mL for \geq 45 days post partum

557 ⁴DOV II (Delayed ovulation type II) = milk P4 < 3 ng/mL for \geq 12 days after the first occurrence of luteal
 558 activity

559 ⁵PCL I (Persistent corpus luteum type I) = milk P4 \geq 3 ng/mL for \geq 19 days during the first post-partum oestrus
 560 cycle

561 ⁶PCL II (Persistent corpus luteum type II) = milk P4 \geq 3 ng/mL for \geq 19 days during subsequent post-partum
 562 oestrus cycles

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568 **Table 5.** Reproductive performance of cows on lipid-encapsulated conjugated linoleic acid
 569 (LE-CLA) and control treatments

	Control	LE-CLA ¹	P-value
Calving to first service interval (d) ²	71.8 (± 1.79)	70.9 (± 1.84)	0.5
Calving to conception interval (d) ³	123.7 (± 4.68)	130.4 (± 4.66)	0.2
3 week submission rate (%) ⁴	54.8 (103/188)	58.0 (105/181)	0.5
Conception rate to first service (%)	35.1 (66/188)	37.0 (67/181)	0.7
Conception rate to second service (%)	38.5 (37/96)	29.9 (26/87)	0.2
Embryo loss to first service (%) ⁵	15.2 (10/66)	17.9 (12/67)	0.7
6 week in-calf rate (%) ⁶	43.6 (82/188)	37.0 (67/181)	0.2
Overall pregnancy rate (%) ⁷	80.7 (159/197)	76.0 (146/192)	0.3

570 ¹Lipid encapsulated conjugated linoleic acid

571 ²Calving to first service interval data are mean values followed by the standard error of the
 572 mean in parenthesis.

573 ³Calving to conception interval data are mean values followed by the standard error of the
 574 mean in parenthesis

575 ⁴3 week submission rate = proportion of cows inseminated in the first 3 weeks of the
 576 breeding season.

577 ⁵Cows that underwent embryo loss were defined as cows that were scanned as pregnant at the
 578 30 to 36 d post insemination scan, but were then scanned as non-pregnant at the 60 to 66 d
 579 post insemination scan.

580 ⁶6 week in-calf rate = proportion of cows pregnant in the first 6 weeks of the breeding season

581 ⁷Overall pregnancy rate = proportion of cows pregnant at the final herd scan

582 **Table 6.** Milk fatty acid composition (g/100 g total fatty acids) of cows on lipid-encapsulated
 583 conjugated linoleic acid (LE-CLA) and control treatments

	Control	LE-CLA ¹	SEM	<i>P</i> value
4:0	2.71	2.67	0.073	0.74
6:0	1.86	1.67	0.050	0.004
8:0	1.22	1.04	0.043	0.001
10:0	2.83	2.41	0.131	0.002
10:1	0.27	0.22	0.020	0.008
12:0	3.38	2.97	0.169	0.008
12:1 <i>cis</i> and 13:0	0.31	0.27	0.014	0.009
14:0	10.97	10.69	0.398	0.43
15:0	1.60	1.52	0.038	0.129
16:0	25.00	24.03	0.728	0.132
16:1 <i>cis</i> -9	1.79	1.78	0.097	0.822
17:0	1.15	1.11	0.022	0.114
18:0	10.98	11.74	0.632	0.07
18:1 <i>cis</i> -9	21.58	23.18	0.739	0.032
Other 18:1	7.78	7.71	0.257	0.857
18:2 <i>cis</i> -9, <i>cis</i> -12	1.28	1.35	0.079	0.312
Other 18:2	1.47	1.56	0.073	0.409
18:2 <i>cis</i> -9, <i>trans</i> -11 CLA	1.59	1.92	0.104	0.023
18:3 <i>cis</i> -9, <i>cis</i> -12, <i>cis</i> -15	0.67	0.75	0.050	0.116
20:0	0.10	0.11	0.007	0.085
20:5 EPA	0.09	0.09	0.005	0.947
22:0	0.17	0.10	0.053	0.363

22:5 DPA	0.11	0.11	0.008	0.452
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Fatty acid origin

De novo ²	25.17	23.48	0.820	0.03
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16:0 and 16:1	26.81	25.81	0.796	0.145
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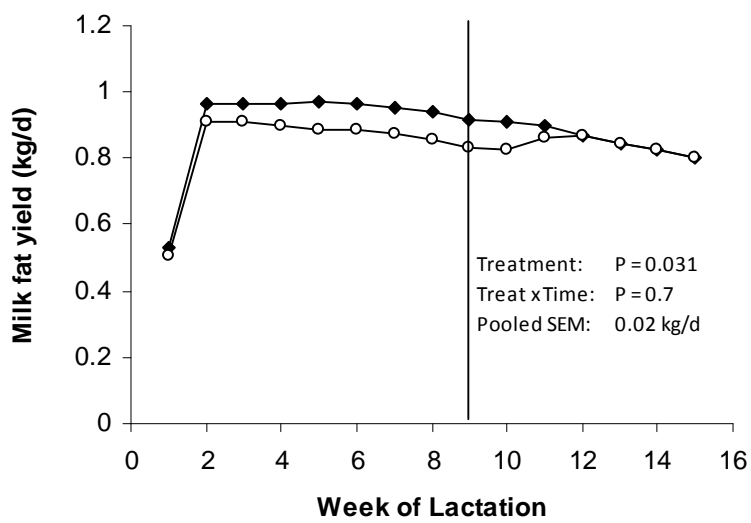
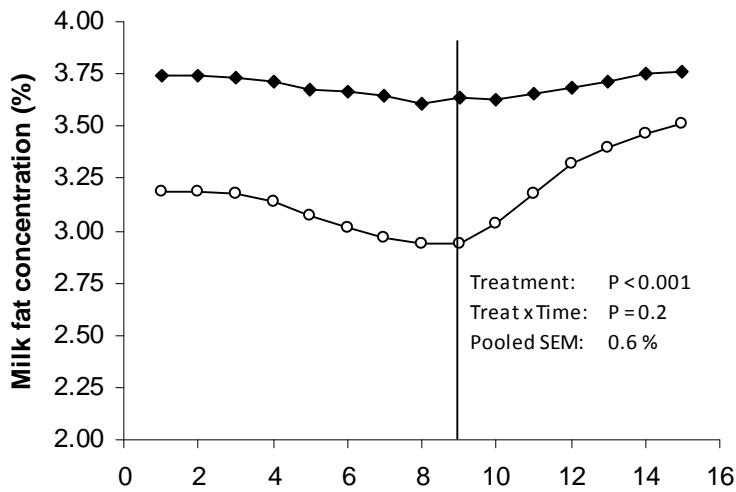
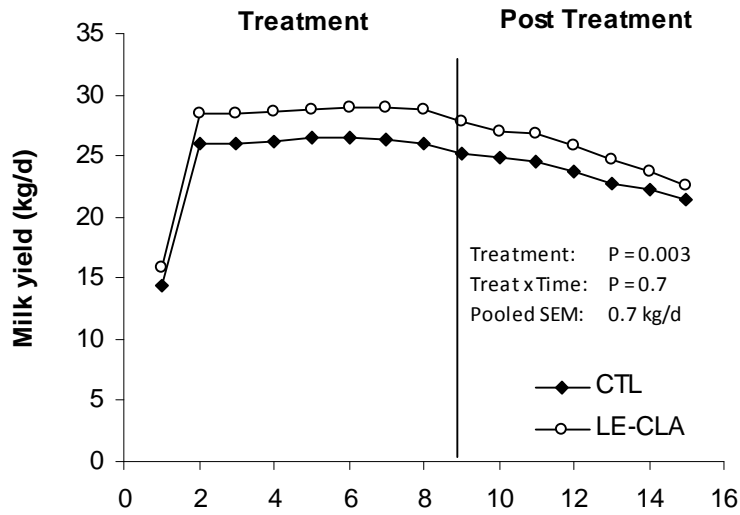
Preformed ³	47.13	49.88	1.514	0.026
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584 ¹Lipid encapsulated conjugated linoleic acid

585 ²Milk fatty acids synthesized in the mammary gland of chain length C4 - C15

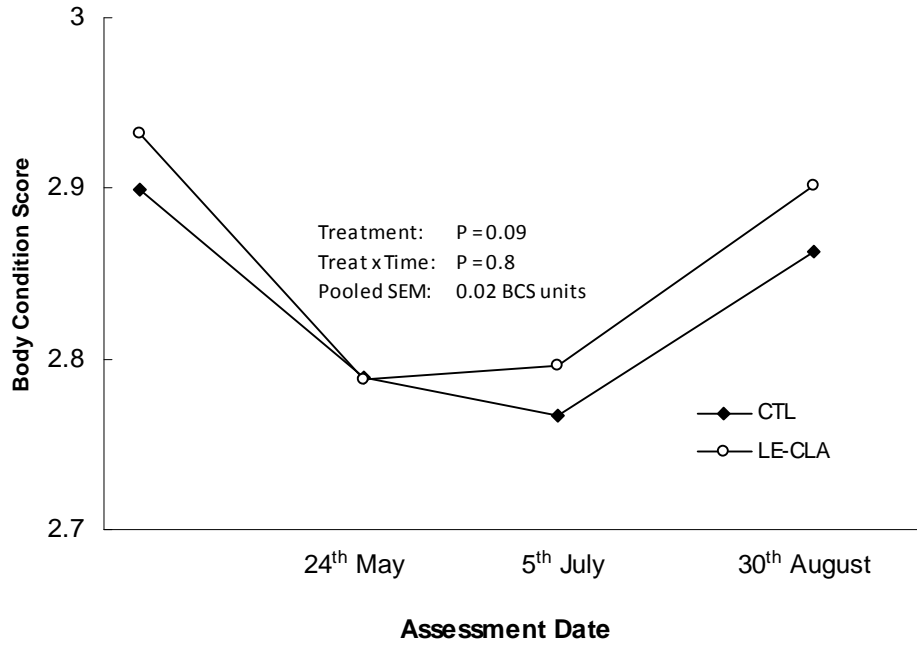
586 ³Milk fatty acids derived from the uptake of circulating fatty acids, of chain length greater
587 than C16

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590 Figure 1 - Hutchinson



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592 Figure 2 - Hutchinson

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607 **Figure 1.** Temporal changes in milk yield, milk fat concentration, and milk fat yield during
608 the treatment and post-treatment periods. The treatment period lasted from parturition to 60
609 DIM, and cows were fed either no supplement (CTL), or 51 g/d of lipid-encapsulated
610 conjugated linoleic acid (LE-CLA). The LE-CLA supplement provided 5 g/d of both *cis*-9,
611 *trans*-11 CLA and *trans*-10, *cis*-12 CLA. All values are LSM.

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613 **Figure 2.** Effect of treatment on BCS. Body condition score was assessed on fixed calendar
614 dates, just prior to the start of mating, followed by measurements approximately 6 wk apart.
615 The treatment period lasted from parturition to 60 DIM, and cows were fed either no
616 supplement (CTL), or 51 g/d of lipid-encapsulated conjugated linoleic acid (LE-CLA). The
617 LE-CLA supplement provided 5 g/d of both *cis*-9, *trans*-11 CLA and *trans*-10, *cis*-12 CLA.
618 All values are LSM

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