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## VOIS VEGETABLE GARDEN GUIDE



UNIVERSITY OF ILLINOIS COLLEGE OF AGRICULTURE

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[^0]
## Illinois Vegetable Garden Guide

By N. F. Oebker, M. P. Britton, and W. H. Luckmann ${ }^{1}$

Vegetables direct from the garden are fresher, have more vitamins, and cost less than those generally sold at market. Besides providing wholesome, low-cost food, vegetable gardening is an interesting hobby, one in which the whole family can take part. Some of the other advantages of gardening are that it provides healthful outdoor exercise, offers productive activity for handicapped or disabled persons, and is an excellent way to teach children about growth and reproduction.

To get the most out of your garden you should make plans early in the year and follow proper steps during the gardening season. The purpose of this guide is to help you plan and maintain a garden under Illinois growing conditions so that you will have an abundant supply of high-quality vegetables at harvest and (if you freeze, can, or store your vegetables) throughout the year.

## PART I - TEN STEPS TO A SUCCESSFUL GARDEN

## Step 1 - Find a Good Location

The success of the remaining nine steps to a successful garden will depend on your selection of a garden site. Here's what to look for when deciding on a location for your garden:

Good soil. A loose, fertile, level, well-drained soil is best. If possible, avoid heavy clays and very sandy soils.

Sunlight. Plenty of sunlight is necessary to produce healthy highquality vegetables. Do not plant near buildings, trees, or shrubs that may shade your garden. If you have a shady garden spot, grow only leafy vegetables. They will do better than root or fruit crops.

No nearby trees or shrubs. Trees and shrubs compete with garden crops for plant food and moisture. Especially avoid walnut trees because their roots produce a toxin that is injurious to certain vegetables, particularly tomatoes.

Water supply. A water supply should be near your garden site. In dry periods, a garden can be saved if water is easily available. Quality and yields can often be improved by using water.

[^1]Nearness to your home. Your garden should be near your house so that whenever you have a few spare minutes you can do some work in the garden. Also, you will take better advantage of your vegetables if they are near the kitchen.

Part of landscape plan. When planning your garden, consider its relation to the trees, shrubs, and flowers around your home. The garden should fit in well with the overall design of your landscape.

It may not be possible to meet all these requirements, but the more you can include the better your chances for a successful garden.

## Step 2 - Plan Your Garden Layout

Once you've chosen a garden site, your next step is to plan the arrangement of crops in the garden. First consider each of the points listed below. Then sketch a map of your garden area showing the location of each vegetable, the spacing between rows, and the approximate dates for each planting. Two sample garden plans and a suggested planting schedule are shown on pages 5 to 7 .

Size of garden. The size of your garden depends on the space available, the quantity of vegetables you will need, and the amount of work and time you are willing to spend. Make the garden just large enough so that it will be interesting and fun for the whole family. Don't make it so large that it will become a burden and not receive proper care. It is unwise to plan on growing all the vegetables that your family will use during the year; only the most hard-working gardeners come close to achieving such a goal.

Kinds of vegetables. The crops you choose should be ones that you and your family enjoy. Make sure, though, that they can be grown successfully in your area.

Some crops utilize space better than others. These vegetables can be produced efficiently in a small garden:

| Beans | Leaf lettuce | Spinach |
| :--- | :--- | :--- |
| Beets | Onions | Swiss chard |
| Broccoli | Peas (followed by | Tomatoes |
| Cabbage | other crops) | Turnips |
| Carrots | Radishes |  |

Another consideration in selecting crops is whether they taste noticeably better when they are fresh from the garden. Sweet corn is especially good right from the stalk. Although it requires more space than the vegetables listed above, it is often chosen because of its high quality when fresh from the garden. Other highly perishable crops that taste best immediately after harvest are peas and asparagus.

SMALL GARDEN - INTENSIVE CULTURE: 30 BY 25 FEET

| Planting | $\begin{array}{r} \text { Row No. } \\ \text { and width } \\ \hline \end{array}$ | - 30 feet - |
| :---: | :---: | :---: |
| $1^{\text {nt }}$ | 1-12" | Early peas (Snap beans late) |
|  | 2-12" | Second early peas (Lettuce and kohlrabi late) |
|  | 3-12" | Spinach (Spinach late) |
|  | 4-12" | Leaf lettuce (Spinach late) Turnips (Spinach late) Kohlrabi (Spinach late) |
|  | 5-12" | Onion sets (Radishes late) |
|  | 6-12 ${ }^{\prime \prime}$ | Onion seed planted with radishes (Turnips late) |
| $2^{\text {d }}$ | 7-24" | Early cabbage plants |
|  | 8-24" | Carrots planted with radishes |
|  | 9-18 ${ }^{\prime \prime}$ | New Zealand spinach Beets planted with radishes |
|  | $10-30^{\prime \prime}$ | Tomato seed |
|  | 11-24" | Snap beans |
| $3{ }^{\text {d }}$ | 12-24" | Tomato plants |
|  | 13-24" | Snap beans |
| $4^{\text {th }}$ | 14-18" | Lima beans |
|  | 15-24" | Summer squash or peppers Cucumbers or eggplant |
|  | $18^{\prime \prime}$ | (Border strip) |

Crops in parentheses can be planted in the indicated rows after the early crops are harvested.

## LARGE GARDEN - INTENSIVE CULTURE: 120 BY 100 FEET

Providing a reasonably complete and continuous assortment of vegetables for fresh use throughout the season, for canning, and for storage. For additional plantings in late summer and fall, see page 7. Distance between rows may be adjusted to equipment used.

| Planting | $\begin{aligned} & \text { Row No, } \\ & \text { and width } \\ & \hline \end{aligned}$ | - | - 120 feet |  |
| :---: | :---: | :---: | :---: | :---: |
| 18 t | 1-4' | Asparagus | Rhubarb | Perennial onions |
|  | 2-4' | Onion seed planted with radishes |  | Peremial onions |
|  | $3-112^{\prime}$ | Onion sets | Spinach |  |
|  | 4-3' | Early potatoes |  |  |
|  | 5-3' | Early potatoes |  |  |
|  | 6-3' | Early potatoes |  |  |
|  | $7-3^{\prime}$ | Early potatoes |  |  |
|  | 8-3' | Leaf lettuce | Early turnips | Kohlrabi |
|  | $9-11 / 2^{\prime}$ | Peas |  |  |
|  | 10.11/2' | Peas |  |  |
|  | 11-2' | Early cabbage seed |  | Head lettuce plants |
| $2{ }^{\text {d }}$ | $12-2^{\prime}$ | Early cabbage plants |  | New Zealand spinach |
|  | 13-2' | Beets | Carrots | Parsley |
|  | 14-11/2' | Parsnips planted with radishes |  | Swiss chard |
|  | 15-3' | Tomato seed |  |  |
| 3 d | $16.3^{\prime}$ | Early sweet corn | Main-crop sweet corn | Main-crop sweet corn |
|  | $17-3^{\prime}$ | Early sweet corn | Main-crop sweet corn | Main-crop sweet corn |
|  | 18-3' | Early sweet corn | Main-crop sweet corn | Main-crop sweet corn |
|  | $19-3^{\prime}$ | Snap beans |  |  |
| $4^{\text {th }}$ | 20-11/2' | Snap beans |  |  |
|  | 21-11/2' | Carrots |  | Beets |
|  | 22-2' | Peppers Eggplant | Bush lima beans | Bush or pole lima beans |
|  | 23-3' | Tomato plants |  | Bush or pole Iima beara |
|  | 24-5' | Muskmelons |  |  |
|  | 25-5' | Squash Cucumbers |  |  |
|  | $26.8{ }^{\prime}$ | Watermelons |  |  |
|  | 27-8 ${ }^{\prime}$ | Winter squash |  |  |
|  | $28-8^{\prime}$ | Sweet potatoes |  |  |
| Special* | $29.4{ }^{\prime}$ | Late cabbage seed |  |  |
|  | $4^{\prime}$ | (Border strip) |  |  |

* The special planting of late cabbage is for fresh use in late fall, saverkraut, or winter storage. Sow June 1 in northern Illinois, June 15 in central Illinois, and July 1 in southern Illinois.


## SUGGESTED PLANTING SCHEDULE

Spring and Summer
1st planting
Southern Illinois, March 10-20 • Central, March 25-April $5 \cdot$ Northern, April 10-20

| Asparagus | Onion sets | Rhubarb |
| :--- | :--- | :--- |
| Early cabbage (seed) | Perennial onions | Spinach |
| Kohlrabi | Peas | Tomatoes (seed) |
| Leaf lettuce | Early potatoes | (southern |
| Mustard | Radishes | Illinois only) |
| Onion seed |  | Early turnips |

2d planting
Southern Illinois, March 25-April $5 \cdot$ Central, April 10-20 • Northern, April 25-May 5

| Beets | Head lettuce (plants) | Parsnips |
| :--- | :--- | :--- |
| Broccoli | New Zealand spinach | Radishes |
| Early cabbage (plants) | Parsley | Salsify |
| Carrots |  | Swiss chard |
|  |  | Tomatoes (seed) |

3d planting
Southern Illinois, April 10-20 . Central, April 25-May $5 \cdot$ Northern, May 10-20 Snap beans

Sweet corn

4th planting
Southern Illinois, April 25-May 5 . Central, May 10-20 • Northern, May 15-31
Beets Lima beans Squash

Carrots Cucumbers Eggplant

Muskmelons
Peppers
Snap beans

Squash
Sweet potatoes
Tomatoes
(plants)
Watermelons

Late Summer or Fall
5th planting
Southern Illinois, July 24-August 3 - Central, July 10-20 - Northern, June 28-July 8 Beets Late cauliflower (plants)* Italian broccoli Cabbage (plants)* Chinese cabbage Snap beans Carrots Endive
*Seed for these plants should be sowed outdoors 30 days ahead of these dates. Directseeded plants may be thinned and those removed transplanted.

6th planting
Southern Illinois, August 15-24 - Central, August 1-10 • Northern, July 17-26
Cos lettuce Kohlrabi Winter radishes
Head lettuce
Late turnips
7th planting
Southern Illinois, Sept. 8-17 • Central, Aug. 25-Sept. 5 • Northern, Aug. 11-20

Leaf lettuce
Mustard

Spinach
Spring radishes

[^2]Amount of vegetables. The amount of each vegetable to grow will depend on the needs and desires of your family. Here are suggested amounts of vegetables and fruits (both home-grown and purchased) for a family of four for one year:

| Food | Daily serving per person | Pounds per year for a family of 4 |
| :---: | :---: | :---: |
| Potatoes and sweet potatoes. | 1-2 | 500 |
| Tomatoes and citrus fruits. | 1 | 620 |
| Leafy, green, or yellow vegetables. | 1-2 | 660 |
| Other vegetables and fruits.. | 2 or more | 640 |

This list can guide you in determining how much your family requires. When you've determined your family's annual requirements, then decide how much will be home-grown and refer to Table 1 to see how many feet of row to allot for each vegetable to obtain the necessary amounts.

Growing seasons and growth characteristics. The various vegetables should be grouped in your garden according to their growing seasons and growth characteristics. Perennial crops, such as asparagus, rhubarb, and berries, which will be in one location for more than one season, should be planted along one side of your garden. Arrange early plantings on one side, probably near the perennials. Group early- or quick-maturing vegetables together so that after harvesting the space may be used for later plantings. To avoid shading, plant tall crops to the north or west of lower crops.

Spacing between rows. Proper spacing between rows is important to allow for growth of plants, ease of cultivation, and efficient use of space. Recommended spacings are given in Table 6. If you have farm equipment and plenty of space, make your rows long and wide enough apart so that you can use your farm tractor and cultivator, thus avoiding much hand-weeding.

Successive plantings are desirable if you wish to have a continuous fresh supply of certain vegetables. Don't plant too much of a crop at any one time. Two or three small plantings of leaf lettuce and radishes may be made a week to 10 days apart in early spring, with an additional one made in the fall. Onion sets for green onions may be planted biweekly until you have used up all your sets. At least two plantings of carrots, beets, and cabbage should be made - one early in the spring for summer use, another later on for fall storage. Several plantings of sweet corn and beans should be made throughout the season.

## Table 1. - Yields of Home-Grown Vegetables

| Vegetable | Approximate yield per 100 ft . of row | Approximate amount of fresh vegetable needed for 1 quart |  |
| :---: | :---: | :---: | :---: |
|  |  | Canned | Frozen |
|  | $l b$. | $l b$. |  |
| Asparagus | 50 | 4 | 2-3 |
| Beans, lima (pods). | 20 |  |  |
| Beans, snap...... Beets... | 60 | $11 / 2-2$ | 11/2-2 |
| Beets......... Broccoli....... | 60 60 | 21/2-3 | 21/2-3 |
| Cabbage . | . 200 |  |  |
| Carrots. | - 75 | 21/2-3 | 21/2-3 |
| Chard. | 50 | ... | - 3 |
| Cucumbers. | - 100 | . |  |
| Eggplant. | 60 | $\ldots$ |  |
| Lettuce, head. | 90 heads | $\ldots$ |  |
| Lettuce, leaf. | 50 | $\ldots$ |  |
| Muskmelons. | . 150 | ... |  |
| Onions. | . 100 | ... |  |
| Parsnips. . |  |  |  |
| Peas (pods). | . 30 | $4-5$ | 4-5 |
| Peppers...... | 60 | -5 | $11 / 2$ |
| Potatoes, early Potatoes, late. | 60 | $\ldots$ | $\ldots$ |
| Pumpkins.... | 75 $\cdots \quad 300$ | $\ldots$ |  |
| Radishes. | . 100 bunches |  |  |
| Rhubarb | 100 | i | 11/2 |
| Spinach. | 50 | 2-3 | 2-3 |
| Squash, summer | . 160 | 21/2-3 | 2-3 |
| Squash, winter... | - 400 | -2 | 3 |
| Sweet corn, early .... | 75 ears | 4-5 | 4-5 |
| Sweet corn, main-crop | 85 ears | 4-5 | 4-5 |
| Sweet potatoes...... | 80 | 21/2-3 | 2-3 |
| Tomatoes.... | . 500 | 3 | ... |
| Turnips. | . 50 |  |  |
| Watermelons. | .. 20 fruit | $\ldots$ |  |

Certain later crops can be planted in the same spot in the garden from which earlier ones have been harvested. Any of the earlyharvested crops, such as leaf lettuce, spinach, radishes, green onions, and peas, can be followed by beans, beets, carrots, cabbage, sweet corn, late spinach, late leaf lettuce, and turnips. See page 7 for a suggested planting schedule.

Intercropping. To intensify production in a small garden, earlymaturing crops can be planted between rows of later or long-season
crops. This is called intercropping. Peas, radishes, green onions, spinach, or lettuce may be planted between rows where tomatoes, peppers, cabbage, or corn are to be grown. Radish seed may be mixed with beet, carrot, onion, parsnip, or salsify seed and sown in the same row. The radishes will mature before the other crops need more room. To do a good job of intercropping you need a good supply of moisture and fertilizer.

Rotating crops from year to year is necessary to prevent diseases that overwinter in the soil. Do not grow the same vegetable or related vegetables in or near the same location more often than once in three years. Rotate crops from one side of the garden to the other.

Erosion. If your garden is on a hill, plant the rows across the slope rather than up and down. This will prevent water from flowing down the hill, thus helping reduce erosion.

## Step 3 - Grow Recommended Varieties

Selecting proper varieties for your garden is important. By careful selection you can grow vegetables that are disease-resistant and good yielders of high-quality, nutritious produce. Use the varieties recommended in Table 2 and that are known to do well in your area. It is a good idea to try one or two new varieties each year. Plant them next to your old favorites to see which ones are best.

The varieties recommended in Table 2 are all of high quality and are generally good for freezing or canning.

## Step 4 - Obtain Good Seed, Plants, Equipment, and Supplies

Take inventory early of your needs for plant materials, supplies, and equipment and order the items you need through catalogues or buy them locally from hardware stores, grocery stores, garden-supply stores, and nurseries.

Seed. Buy clean, viable, disease-free seed. Most seed from reliable seed companies will meet these specifications. Consult the catalogues of several companies so that you can have a wide selection of varieties and types of vegetables.

Seed should be treated to kill disease organisms on the surface of the seed and to prevent seed decay and damping-off. You can treat seed yourself (see page 35) but you'll save time and effort if you buy seed that is already treated. Information on the kind of treatment the seed has received will appear on the seed package.

It is best not to use seed more than one year old. If you do, sow
the seed thicker than usual to insure a good stand of plants. It usually does not pay to save your own seed unless you have a variety not available from any other source.

The information in Table 2 should help you determine which varieties and how much seed to order. Order your seed early so that you do not have to accept substitute varieties.

Plants. Some vegetables do best when they are started indoors and then transplanted into a garden. The plants should be healthy, stocky, medium-sized, disease-free, and insect-free, with good roots. Avoid using plants that are tender, yellow, spindly, or too large. Do not use plants with spots on the leaves, brown lesions on the stems, or knots on the roots.

Obtain plants in containers (pots, bands, flats, boxes, etc.) so that the root systems are intact. Your plants should not be disturbed any more than necessary.

Although you can grow your own plants from seed it is usually easier to buy them from a nursery or greenhouse in your area or even order them from a seed catalogue. Sometimes it is difficult to obtain plants of new varieties, but you may be able to get a commercial plant grower to start the varieties that you wish to use.

Growing your own plants has these advantages: (1) you can use varieties not normally available; (2) you can have plants available when you want them; and (3) you can derive satisfaction from starting plants yourself. The main disadvantage is that the plants must be grown under carefully controlled lighting and temperature conditions.

Because starting plants indoors involves some specialized techniques, it is not discussed here. Information on starting and growing good plants may be obtained from the Department of Horticulture, University of Illinois, Urbana, Illinois.

Equipment. Have all your equipment and tools ready before you begin to work the soil. A hoe, spade, garden rake, trowel, measuring stick, and planting line are essential for all gardens. A wheel hoe or hand cultivator is practically a necessity for larger gardens that are intensely cultivated. A seed drill is also desirable for larger gardens.

Keep all tools clean and well-sharpened. Each time you use them, clean them thoroughly and rub them with an oily rag before putting them away.

Every gardener needs a good duster or sprayer to control garden pests. The type of applicator you use is a matter of taste; either kind

Table 2. - Seed and Plant Buying Chart



Pride. .................... 64 Fusarium wilt
Early Perfection........... 67 Fusarium wilt
Wando .................... 71 Fusarium wilt

Table 2. - continued

$\begin{array}{ll}\text { Giant Nobel. ............... } & 43 \\ \text { Bloomsdale Long Standing.. } & 44\end{array}$
America.................... 45
Summer
New Zealand................ 65
Fall
Firgin Savoy. . . . . . . . . .... 35

Old Dominion ............... . . 41


Fusarium wilt,
anthracnose
is effective if used properly. Be sure that the duster or sprayer has enough force to drive the pesticide into the center of the plant.

Plunger-type dusters, which range in capacity from 1 to 3 pounds, are the most practical applicators for the small garden. They are usually equipped with attachments for dusting the underside of leaves. Crank-type dusters, which hold up to 15 pounds, can be used satisfactorily in small and large gardens.

Compressed-air sprayers, which are usually made of galvanized steel and range in capacity from 1 to 5 gallons, are the most satisfactory sprayers for use in the garden. Empty and rinse the sprayer with clean water after each use and hang it up to drain and dry. Do not use the same sprayer for applying both pesticides and weed killers.

Another important tool is a lawn sprinkler or perforated plastic or canvas hose. Several types of rotating and oscillating sprinklers are on the market. Be sure that the hose is long enough to deliver water to all parts of the garden.

If you have a large garden, you may wish to buy or rent a small garden tractor. Garden tractors save labor in preparing the soil and cultivating crops.

Supplies. Order fertilizers, insecticides, and fungicides early so that you will have them when you need them. Other supplies you may need include mulching material (plastic, paper, corncobs, etc.), stakes, plant protectors, and pots. As you read this guide, make a list of the miscellaneous supplies that are required for the vegetables you are going to plant and have them ready before you begin gardening.

After completing Step 5 you will know how much fertilizer, lime, and starter fertilizer you will need.

Insecticides and fungicides are available as dusts and sprays. Some of the common insecticides that you will probably need during the season are malathion, DDT, dieldrin, rotenone, and methoxychlor. You should also have a soil insecticide, such as aldrin or dieldrin granules.

Some of the common fungicides you will use in your diseasecontrol programs are maneb, zineb, and ziram. If your seeds have not been treated by the seed company, you will need thiram or captan for treating them yourself.

Further information on these pesticides is given in Part II, pages 31 to 38 .

All insecticides and fungicides are poisonous. Follow all directions and heed all precautions on the labels. Store them out of the reach of children and animals, in a locked place.

## Step 5 - Prepare and Care for the Soil Properly

The soil provides food and water to plants. If these materials are not available or if the soil is in poor physical condition (hard and crusty when dry and sticky when wet) the plants will not grow and develop properly. To promote good growth and development of your plants, prepare the soil before planting by adding organic matter, applying fertilizers and soil insecticides, correcting acidity, and plowing the seedbed properly. Take care of the soil during the growing season by applying starter fertilizer and by sidedressing with fertilizer.

Improve soil tilth. A soil that is in good tilth, or physical condition, is loose and easy to work, and has proper water-holding capacity, drainage, and aeration. You can improve your soil tilth by adding organic matter, either by spreading manure, compost, or similar matter on the soil and working it in before planting or by turning under a green-manure crop.

Stable manure is a common form of organic matter used in gardens. It can also fulfill part of the fertilizer requirements of the soil. Because stable manure is low in phosphorus add 1 to $11 / 2$ pounds of superphosphate to each bushel of manure. Use 500 to 1,000 pounds of horse or cattle manure per 1,000 square feet. Poultry, sheep, and goat manure should be used at half this rate. These materials have very high concentrations of fertilizer chemicals and must be used cautiously.

Compost can be made from leaves, weeds, grass clippings, garbage free of grease and fats, and any other disease-free waste vegetable matter. To make compost, pile these materials in layers as they accumulate during the season. Add about 1 pound of a lime-fertilizer mixture to each 10 pounds of dry refuse; add about $1 / 4$ pound to each 10 pounds of green material. The mixture can be made from 5 pounds


The number of layers in a compost pile will depend on the amount of material that accumulates. Turn and mix the pile occasionally.
(Fig. 1)
of $10-10-10$ fertilizer plus 2 pounds of fine limestone. This fertilizer treatment will hasten decay and improve the fertility of the compost. Spread soil over the material to hold it in place (Fig. 1). Water the pile to keep it damp and occasionally turn and mix the soil and decaying material. The pile will be ready to spread over garden soil in 6 to 12 months.

Green-manure crop. By growing a green-manure or cover crop, such as rye or oats, during the fall and spring and plowing it under, you can improve your soil tilth. Here is a suggested schedule for planting and plowing under green-manure crops:

| Crop | Pounds of seed to sow per 1,000 square feet | Best time <br> to plant | Plow |
| :---: | :---: | :---: | :---: |
|  | 3 | Sept. 1-30 | Early spring |
|  | . $1 / 2$ | Sept. 1-15 | Early spring |
|  | 1-11/2 | Late Aug. | Late fall |

The seed can be broadcast over worked-up unplanted areas and between rows of late vegetables. Stir the seed into the soil with a rake, hand cultivator, or harrow. If the fall is dry, a good watering will help produce a better cover crop.

Soil conditioners. Another way to improve the tilth of your soil is to use a reliable soil conditioner. It will make heavy soils more workable and sometimes increase yields. But the use of soil conditioners is questionable because of cost. It is estimated that the proper use of a soil conditioner would cost $\$ 1,000$ to $\$ 2,000$ an acre.

Fertilize the soil. Fertilizer applications should be made before planting. Later in the season additional applications may be necessary.

Have your soil tested, especially if it is your first year in your present location. A soil test will indicate the amount and availability of nutrients in your soil. Gather small amounts of soil from about eight well-scattered spots in your garden, mix them together, dry at room temperature, wrap in a sturdy $1 / 2$-pint container, mark the container "For Vegetable Garden" with your name and address, and send the package to the Soil Testing Laboratory, Floriculture Building, University of Illinois, Urbana, Illinois. A nominal fee will be charged. In a few weeks you will receive the results of the test along with fertilizer and lime recommendations for your garden. One sample per garden is usually enough to send, but if the soil is considerably different in different parts of your garden, send separate samples.

If you do not have your soil tested, you can follow the general fertilizer recommendations in Table 3.

Table 3. - Fertilizer Recommendations for Vegetables

| Previous fertilizer treatment | Fertilizer to apply |  |  | Approximate amount of nutrients ${ }^{\text {a }}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Analysis | Rate |  | N | $\mathrm{P}_{2} \mathrm{O}_{5}$ | $\mathrm{K}_{2} \mathrm{O}$ |
|  |  | $\begin{gathered} \text { lb. per } \\ 1000 \text { sq. ft. } \end{gathered}$ | lb. per acre | $\begin{aligned} & \text { lb. per } \\ & 1000 \text { sq. ft. } \end{aligned}$ |  |  |
| Little or none. | 3-12-12 | 40 | 1750 | 1.2 | 4.8 | 4.8 |
| Some. . | 5-10-10 | 25 | 1100 | 1.2 | 2.5 | 2.5 |
| Heavy.. | 10-10-10 | 12 | 520 | 1.2 | 1.2 | 1.2 |

${ }^{\text {a }} \mathrm{N}=$ nitrogen. $\mathrm{P}_{2} \mathrm{O}_{3}=$ Phosphoric acid. $\mathrm{K}_{2} \mathrm{O}=$ Potash.

The main elements applied through fertilizers are nitrogen, phosphorus, and potassium. When considered as fertilizer, they are usually referred to as nitrogen $(\mathrm{N})$, phosphoric acid $\left(\mathrm{P}_{2} \mathrm{O}_{5}\right)$, and potash $\left(\mathrm{K}_{2} \mathrm{O}\right)$, respectively. A fertilizer marked 3-12-12 contains 3-percent nitrogen, 12 -percent phosphoric acid, and 12 -percent potash.

Trace or minor elements are very rarely needed in Illinois soils. Before adding any elements such as boron, copper, manganese, iron, magnesium, molybdenum, sodium, sulfur, or zinc, check with your farm adviser or the Department of Horticulture, University of Illinois. These materials in excess are harmful to most garden plants.

Some of the materials used for fertilizers are listed in Table 4. One or more of these materials can be used to supply part or all of the nutrients needed in your garden, but generally it is easier and cheaper to use commercial chemical fertilizers. Although organic matter benefits the soil in many ways, it is inadvisable to try to use it as a substitute for fertilizer; organic matter is generally expensive, available in only limited amounts, and an unbalanced source of plant nutrients. If you wish to use organic materials for fertilizing, you will have to supplement them with other fertilizers.

Work fertilizer into the soil. Spread the fertilizer over the garden area and disc or rake it into the top 4 inches of soil before planting each crop. Or you can apply the fertilizer to the soil just before spading or plowing in the spring or fall.

Use starter fertilizer when transplanting to give your plants a faster start. Starter fertilizer is an all-soluble fertilizer high in phosphorus, for example $10-52-17$ or $10-50-10$. Mix the fertilizer with water (about 2 tablespoons per gallon of water). When you transplant, place about one cup of the solution around the roots of each plant. If a regular starter solution is not available, mix 1 cup of $5-10-5$ or similar fertilizer in 12 quarts of water and use one cup of solution for each plant.

Table 4. - Approximate Composition of Fertilizer Materials

| Material | Nitrogen (N) | Phosphoric acid ( $\mathrm{P}_{2} \mathrm{O}_{5}$ ) | Potash <br> ( $\mathrm{K}_{2} \mathrm{O}$ ) |
| :---: | :---: | :---: | :---: |
| Chemical |  | percent |  |
| Ureaform | 30.0-40.0 |  |  |
| Ammonium nitrate | 33.5 | $\cdots$ |  |
| Ammonium sulfate | 20.5 | ... |  |
| Nitrate of soda. | 16.0 | $\cdots$ | ... |
| Urea. | 42.0-46.0 | ... | .. |
| Superphosphate. | ... | 16.0-20.0 |  |
| Muriate of potash.... | ... |  | 48.0-62.0 |
| Treble superphosphate | ... | 46.0 | 48.0-62.0 |
| Organic |  |  |  |
| Bonemeal, steamed | 2.0 | 22.0 |  |
| Garbage tankage. | 1.5 | 2.0 | 7 |
| Sewerage sludge. | 2.0 | 1.4 | 8 |
| Sewerage sludge, activated | 6.0 | 3.0 | . 1 |
| Tankage, animal. | 9.0 | 6.0 |  |
| Tankage, processed. | 7.0 | 1.0 | 1 |
| Horse manure, fresh | . 6 | . 3 | . 5 |
| Cow manure, fresh. | . 5 | . 2 | 5 |
| Cow manure, dried | 1.3 | 9 | 8 |
| Hen manure, fresh. | 1.1 | 0.9 | . 5 |
| Hen manure, dried, with litter | 2.8 | 2.8 | 1.5 |
| Wood ashes. . . . . . . . |  | 8 | 5.0 |
| Cottonseed meal. | 6.0 | 3.0 | 1.0 |

Sidedress fertilizer later in the season. Often the soil needs more fertilizer, especially nitrogen, later in the season. Sidedressing applying fertilizer in a band along one side of the row about 4 inches from the crops - should be made for leafy crops, greens, and root crops when the plants are half-grown and for tomatoes, peppers, beans, sweet corn, cucumbers, etc., when they begin to set fruit.

Use $21 / 2$ pounds of ammonium nitrate, 2 pounds of urea, or 5 pounds of nitrate of soda per 1,000 square feet (see Table 5 for amount to apply per 100 feet of row). Avoid getting dry fertilizer on plant leaves as it will injure them. Hoe the fertilizer into the soil surface. In dry weather, water the soil to make the fertilizer more quickly available to plant roots.

Fertilizers can also be sprayed on the leaves but only small amounts of nutrients can be applied this way without injury to the plants. This method is not practical under most conditions in Illinois.

Correct soil acidity. A slightly acid soil is best for growing most vegetables. If the soil test indicates that your soil is more acid than it should be, apply the recommended amount of lime. Add lime only if it is needed and avoid overliming.

Table 5. - Adjustment of Sidedressing Rates to Width Between Rows

| $\begin{gathered} \text { Fertilizer } \\ \text { application } \\ \text { per } 1000 \text { sq. } \mathrm{ft} . \end{gathered}$ | Amount of fertilizer to apply to 100 ft . of row when width between rows is: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 12 in . | 18 in. | 24 in . | 30 in . | 36 in . | 48 in . |
| pounds | pounds ${ }^{\text {a }}$ |  |  |  |  |  |
| 1. | 10 | . 15 | 20 | 25 | 30 | 40 |
| 2. | . 20 | . 30 | 40 | 50 | . 60 | . 80 |
| 3. | 30 | .45 | 60 | 75 | . 90 | 1.20 |
| 4. | . 40 | 60 | . 80 | 1.00 | 1.20 | 1.60 |
| 5. | . 50 | 75 | 1.00 | 1.25 | 1.50 | 2.00 |
| 10. | 1.00 | 1.50 | 2.00 | 2.50 | 3.00 | 4.00 |

a 1 cup of fertilizer $=$ about 0.5 lb .

Some soils are too alkaline. This can be corrected by adding sulfur or aluminum sulfate to the soil. A soil test will indicate whether your soil is too alkaline.

Work the lime or sulfur into the soil at the same time that you apply fertilizer.

Apply soil insecticide. A soil insecticide will prevent many problems caused by soil insects. Use $3 / 4$ ounce of actual aldrin or $1 / 2$ ounce of actual dieldren per 1,000 square feet of soil surface. These materials are sold in liquid, dust, or granular form, and should be applied according to the manufacturer's directions. The new granular soil insecticides are easy to use and can be applied along with fertilizer.

Fumigation of the soil is another method used to control soil insects. It will also control nematodes, weeds, and some diseases. However, fumigation does not work well in heavier soils. Generally fumigation is not advisable unless your problem is one of nematodes in sandy soil.

Plow and prepare the seedbed properly. Plowing or spading can be done in either the spring or the fall. With fall plowing the soil can be worked and planted earlier in the spring, but not as much cover crop can be grown as with spring plowing.

Do not plow or spade the soil when it is too wet. A good test is to squeeze a handful of soil in your hand. It should crumble and not feel sticky.

You may apply fertilizer just before plowing or spading. Turn the ground over to a depth of about 8 inches. If fertilizer is added to the soil after plowing, rake or harrow the plowed area to work the fertilizer into the soil.

Just before planting prepare the seedbed for planting by working the soil with a rake or harrow. A freshly prepared seedbed will prevent weeds from coming up before the vegetables.

For small-seeded crops a smooth and finely pulverized surface insures easier planting, better germination, and a more even stand. Heavy soils low in organic matter should not be worked to too fine a consistency because they tend to get hard and crusty, preventing emergence of seedlings. Many Illinois soils should not be overworked.

## Step 6 - Plant Your Vegetables Right

Much of the success of your garden depends on when and how your vegetables are planted.

When to plant. How early you can plant depends on the hardiness of the vegetables and the climate in your area. Certain vegetables can withstand frost while others cannot. In Table 6 vegetables are classified as hardy, half-hardy, tender, or very tender. This information along with the date of the average last $32^{\circ}$ freeze in your area (see Fig. 2) will help you to determine safe planting dates.

Planting by the moon is a favorite topic for discussion among


Average dates of last $32^{\circ}$ freeze in the spring. There is a 50 -percent chance that a freeze will occur after the dates shown. For similar information on other freeze levels and on probabilities other than 50 percent, send for Illinois Station Bulletin 650, "Freeze Probabilities in Illinois."
(Fig. 2)
many gardeners. There is no scientific evidence to support planting by the moon; planting studies have shown no relation between the different phases of the moon and good production of crops.

How to plant. There are no magic tricks or difficult techniques in starting seeds or in setting plants. But there are some simple steps you should follow to insure success.

Seeds. In starting seeds in the garden, follow these directions:

1. Treat the seed, if not already treated, as outlined on page 35 .
2. Mark out straight rows to make your garden attractive and to make cultivation, insect control, and harvesting easier. To mark a row, drive two stakes into the ground at either edge of the garden and draw a string taut between them. Shallow furrows, suitable for small seed, can be made by drawing a hoe handle along the line indicated by the string (Fig. 3). For deeper furrows, use a wheel hoe or the corner of the hoe blade. (Fig. 4). Use correct spacing between rows (see Table 6).
3. Hill or drill the seed. "Hilling" is placing several seeds in one spot at definite intervals in the row. Sweet corn, squash, melons, and cucumbers are often planted this way. Hilling allows easier control of weeds between the hills of plants. "Drilling," which is the way most seeds are sown, is spacing the seeds by hand or with a drill more or less evenly down the row.
4. Space seeds properly in the row. The number of seeds to sow per foot or hill is suggested in Table 6. Space the seeds uniformly. Small seeds sometimes can be handled better if they are mixed with dry, pulverized soil and then spread.


To make a shallow furrow, draw a hoe or rake handle across a taut planting line. For deeper furrows, use the edge of a hoe blade. (Figs. 3 and 4)

Table 6. - Planting Chart


| Vegetable | Hardiness* | Recommended planting period for central Illinoisb |  | Time required to grow plants from seed before setting in field ${ }^{\circ}$ | Spacing in row |  | Distance between rows | Planting depth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Seed to sow per foot | Distance between plants when thinned or transplanted |  |  |
|  |  | For overall use | For storage |  |  |  |  |
|  |  | Apr, 10-May 1 | weeks |  | inches |  | inches | inches |
| Parsley, | Half-hardy |  | Apr. 15 | ... | $\begin{aligned} & 10-15 \\ & 15-20 \end{aligned}$ | 4-6 | 12-18 | 12 |
| Parsnips | Half-hardy | Apr. 10-May 1 |  | $\ldots$ |  | 3-4 | 18-24 | $1 / 2-1$ |
| Peas . . . | Half-hardy | Apr, 10-May 1 |  | $\therefore 10$ | 10-12 | Do not thin | 18-24 | 2 |
| Peppers. Potatoes. | Very tender Half-hardy | May 10-June 1 | May 10 | ... | 1 | 18-24 | 18-24 | (d) |
| Potatoes. | Half-hardy | Apr, 1-15 <br> June 1-10 | June 1 |  |  | 10-12 | 24-36 | 4 |
| Pumpkins. | Very tender | May 10-June 1 | May 15 | . . . | 1-2 in row 4-5 per hill | 24-36, single plants 72, hills ( 3 plants per hill) | 84-120 | 1 |
| Radishes, spring . . | Half-hardy | Apr. 5-June 1 <br> Aug. 20-30 | . . . . . ${ }^{\text {a }}$ | . . | 10-15 | 1 | 12-18 | 1/2 |
| Radishes, winter. | Half-hardy | Aug, 1-15 <br> Mar. 25-May 15 <br> May 1-July 1 | Aug. 10 | . . | 10-15 | c-4 ${ }_{2}^{2-46}$ | 12-18 | (d) |
| Rhubarb....... | Hardy Half-hardy |  |  | . . |  | 24-36 | 36-48 |  |
| Rutabaga. | Half-hardy |  | June 15 | . . | 4-6 | 6-8 | 18-24 | $1 / 2$ |
| Salsify.... . ${ }_{\text {Soybeans, }}^{\text {S }}$, | Half-hardy | Apr, 10-May 1May 15-June 15 | April 15 | , . | $10-12$ |  | 18-24 | $\begin{aligned} & 1 / 2 \\ & 11 / 2 \\ & 1 / 2 \end{aligned}$ |
| Soybeans, edible, Spinach........ | Tender Hardy |  |  | . . . | $\begin{array}{r} 8-10 \\ 12-15 \end{array}$ | $\begin{gathered} \text { Do not thin } \\ 2-4 \end{gathered}$ | $\begin{aligned} & 24-30 \\ & 12-18 \end{aligned}$ |  |
| Spinach... | Hardy | Mar, 25-Apr. 15 <br> Aug, 15-30 | . . . . . ${ }^{\text {a }}$ |  |  |  |  |  |
| Squash, summer. . | Very tender | May 10-June 15 | . . . . . . | . . | $\begin{aligned} & 2-3 \text { in row } \\ & 4-5 \text { per hill } \end{aligned}$ | 18-24, single plants 48, hills ( 3 plants per hill) | 36-48 | 1 |
| Squash, winter.. | Very tender | May 10-June 1 | May 15 | . $\cdot$ | 1-2 in row 4-5 per hill | 24-36, single plants <br> 72, hills ( 3 plants per hill) | 84-120 | 1 |
| Sweet corn, | Tender | May 1-July 9 | . . . . . ${ }^{\text {. }}$ | . . | $\begin{aligned} & 1-2 \text { in row } \\ & 4-6 \text { per hill } \end{aligned}$ | $\begin{aligned} & 9-12 \text {, single plants } \\ & 36 \text { hills (3 plants } \\ & \text { per hill) } \\ & 12-18 \end{aligned}$ | 24-48 | 1-2 |
| Sweet potatoes. . | Very tender | May 10-June 1 | May 15 | 6 | . . . . |  | 36-48 | (d) |
| Tomatoes. | Very tender | May 10-June 1 | $\begin{aligned} & \text { May } 15 \\ & \text { Aug. } 1 \end{aligned}$ | 5-7 |  |  | $\begin{aligned} & 36-60 \\ & 12-18 \end{aligned}$ | $\begin{aligned} & (\mathrm{d}) \\ & 1 / 2 \end{aligned}$ |
| Turnips... | Hardy | Mar. 25-Apr. 15 Aug. 1-15 |  |  | $\because-8$ $18-36$ <br> $15-20$ (greens) $2-4$ |  |  |  |
| Watermelons. . | Very tender | May 10-June 1 | . . . . . . | 4 | 1-2 in row $4-5$ per hill | 24-36, single plants <br> 72, hills (3 plants per hill) | 84-120 | 1 |

a This classification is used to determine earliest safe date to plant vegetables. Hardy vegetables can be planted as soon as the ground can be prepared. Halfhardy vegetables can be planted as early as 2 to 3 weeks before the average date of the last $32^{\circ}$ freeze in the spring. Tender vegetables should be planted from the time of the last average $32^{\circ}$ freeze to one week later. Very tender crops should be planted 2 to 3 weeks after the last average $32^{\circ}$ freeze. See Fig. 2 for average dates of last $32^{\circ}$ freeze in Illinois.
b For southern Illinois March-June plantings can be made approximately 2 weeks earlier and July-Sept. plantings 2 weeks later than for central Illinois. For northern Illinois March-June plantings should be about 2 weeks later and July-Sept. plantings about 2 weeks earlier than for central Illinois.
e This period will vary depending on temperature and other conditions under which plants are grown.
d Use plants. See page 26 for discussion on planting depths for plants.

- Plants may be used.

5. Plant at proper depth. A general rule to follow is to place the seed at a depth about four times the diameter of the seed. Cover small seeds such as carrots and lettuce with about $1 / 4$ to $1 / 2$ inch of soil. Place large seeds such as corn, beans, and peas 1 to 2 inches deep. In sandy soils or in dry weather, plant the seeds somewhat deeper.
6. Cover seeds and firm soil. Pack soil around the seeds by gently tamping the soil with your hands or an upright hoe. This prevents rainwater from washing away the seeds.
7. Thin to a desirable number of plants (see Table 6) when they are young. Remove the weakest plants. Do not wait too long before thinning or injury will result from crowding.

Transplants. Some vegetables, such as broccoli, cabbage, eggplant, pepper, sweet potato, and tomato, are usually started in the garden by means of transplants. You can buy these plants or grow them yourself indoors. Follow these directions when setting plants into the garden:

1. Transplant on a cloudy day or in the evening.
2. Handle plants with care. About an hour before transplanting, thoroughly water plants and soil in the containers (pots, bands, flats,


For a good transplant, make sure there is plenty of soil around the roots. etc.). Roots of plants in flats should be blocked out with a knife to get as much soil as possible with each root. Carefully remove plants from their containers, disturbing the roots as little as possible. Try to keep a ball of soil around the roots (Fig. 5). Keep the roots moist at all times when they are out of the soil.
3. Dig a hole large enough so that the transplanted plant sets slightly deeper than it grew in the container or seedbed. If you must use tall, spindly plants, set them on an angle in the trench.
4. Use a starter solution to get your plants off to a fast start (see page 19).
5. Cover the roots with soil and firm the soil tightly around the plant.
6. Protect plants from heat, wind, or cold if necessary. Plant protectors (sometimes called hot caps) made of paper or plastic are available to lessen trouble from frost in the spring. Homemade devices can be made from baskets, boxes, or jars. Do not leave the protector over the plants longer than necessary. If it gets warm during the daytime remove the protector or open it so that the plants receive ventilation. In hot weather protectors may be used to shade plants.

## Step 7 - Keep Down Weeds

It is important to control weeds in your garden, for they compete with your vegetables for water and nutrients. Also weeds often harbor insects and diseases. The best time to attack weeds is before or just as they appear on the soil surface. If allowed to grow too large, weeds will shade your vegetables, causing your crop to grow poorly.

Three methods generally used for weed control in vegetables are cultivation, mulching, and chemicals.

Cultivation by hoe or cultivator is the method most commonly used in gardens. The main purpose of cultivation is weed control, although on some Illinois soils cultivation may be needed early in the season to loosen the soil and provide better aeration for the roots.

Begin cultivation as soon as weeds begin to sprout. For extra protection you may cultivate even before you notice any weeds. Repeat cultivations as weeds appear. Remember, it is much easier and more efficient to kill weeds when they are $1 / 2$ inch high than when they are 5 or 6 inches tall. Do not work the soil if it is too wet.

Roots of many vegetables are near the soil surface and can be damaged easily by a hoe or cultivator if care is not taken when cultivating (Fig. 6). Shallow cultivation is desirable near plants and later in the season.

Mulching is covering the soil around your vegetables with protective material. Most vegetables benefit from mulching. Tomatoes, cucumbers, melons, beans, and potatoes are some of the crops which it is most practical to mulch. Besides controlling weeds, the mulch will conserve moisture, regulate the soil temperature, keep the fruits clean, eliminate injury to crops by cultivation, and prevent erosion. Mulching makes gardening easier and may increase yields. After a mulch is put down, cultivation is unnecessary the rest of the season.

Materials that can be used for mulches include leaves, grass cuttings, peat moss, sawdust, ground corncobs, straw, hay, shavings, aluminum foil, paper, and black plastic.

Organic mulches, such as sawdust, leaves, straw, or corncobs,


The correct way to cultivate (left) is to just scrape the surface of the soil. If you cultivate deeply (right) you may damage the roots of your vegetables.
(Fig. 6)
should be placed on the soil after the plant is well established; usually this is just after the first cultivation. Spread the material evenly over the soil between the rows and around the plants. The thickness of the mulch depends on the material and its cost. Mulches like leaves or straw are usually applied 3 or 4 inches deep. A mulch of peat moss, sawdust, shavings, or wood chips is seldom more than 2 inches thick.

Some organic mulches may cause a nitrogen deficiency to develop in your crops, because organisms that decompose the organic matter compete with the vegetables for the nitrogen in the soil. To prevent a lack of nitrogen, extra nitrogen should be added with the mulching material or when the mulch is plowed under. On a soil adequately fertilized each year you need not add extra nitrogen until you turn the mulch under.

If you do not apply nitrogen with mulch, be on the alert for a nitrogen deficiency. Light green or yellowish leaves are a sign that the plant needs extra nitrogen. You may use a plant-tissue testing kit to determine when supplemental nitrogen is needed.

Special types of paper and black plastic specifically for mulching are now on the market. These materials come in rolls of various widths (usually 36 to 48 inches) and are unrolled over the prepared, well-fertilized seedbed before planting. The edges of the material are anchored in small furrows (about 2 inches deep) with soil on top of the edges. These furrows should be made before the paper or plastic is rolled out. After the material is rolled out over the soil, you can plant transplants and seeds of large-seeded vegetables through holes cut in the mulch at the desired spacing.

Chemical weed control is used to a great extent commercially but is recommended for only very specialized situations in the home garden.

While some vegetables are tolerant to certain chemicals, others are very susceptible and may be killed. Some vegetables are more susceptible to weed killers in certain stages of growth than in other stages. Since your garden will have many different types of vegetables in many different stages of growth, it is rather dangerous to use weed killers. Drift from weed killers used near the garden may also damage your crop (see page 40).

## Step 8 - Declare War on Pests

Insects and diseases can cause much damage to your crops if precautions are not taken before these pests arrive in your garden. Here is a list of practices you should follow. More specific details can be found on the indicated pages.

1. Treat the soil with an insecticide and, under certain situations, with a fumigant (see page 21).
2. Select disease-resistant varieties (see Table 2).
3. Use only disease-free plants and seed.
4. Treat seed and sometimes plants at transplanting (see page 35). If possible, buy seed already treated.
5. Sow thinly and plant at proper distances (see Table 6).
6. Keep down weeds in and around the garden (see Step 7).
7. Provide good drainage.
8. Stay out of the garden when plants are wet.
9. Follow spray or dust schedule for certain crops, such as sweet corn and tomatoes (see Tables 7 and 8). On some crops you may use an all-purpose garden pesticide.
10. Rotate crops.

WARNING: All pesticides are poisonous and dangerous to handle. Read carefully and follow the directions and precautions on the label. Keep all pesticides out of the reach of children and pets.

## Step 9 - Water Properly

Water is very important for producing high-quality crops. Although rainfall is a good source of water, there are usually some dry periods during the growing season when you will have to water your garden. It is important to do it properly.

When to water. Water plants once a week during dry periods (when less than an inch of rain falls during a week). Water early enough in the day so that moisture on the plants will dry off before dew appears; this will help prevent disease.

How to water. Soak the soil thoroughly to a depth of at least 6 inches rather than sprinkling the garden lightly at frequent intervals. The water should get down into the root zone of the plant. About 1 inch of water a week, including rainfall, is desirable for vegetables. To measure the amount you are applying, place 4 or 5 cans in the area being irrigated. They will collect approximately the same amount of water as the soil.

The most common ways of applying water are with sprinklers or perforated watering hoses. Adjust them so that they give even distribution over the garden area. On heavier soils and where the garden is nearly level or has a uniform slope, you can practice furrow irrigation - running the water down small furrows between the rows.

## Step 10 - Harvest at Peak Quality

The quality of your vegetables cannot be improved after harvest. It is therefore important to harvest your crops at the proper maturity. See Part III for information on harvesting specific crops.

To maintain quality after harvest, handle vegetables carefully. Avoid bruising or damaging them, for injury will encourage decay. Cool vegetables such as sweet corn, peas, asparagus, and leafy crops to below $40^{\circ} \mathrm{F}$. as soon as possible unless they are eaten immediately.

When storing vegetables for winter use, follow the directions below. Avoid contact with water that may condense and drop from ceilings. "Cool" indicates $32^{\circ}$ to $40^{\circ} \mathrm{F}$.; avoid freezing.

## STORAGE RECOMMENDATIONS ${ }^{1}$

Dry beans and peas: Store in a cool, dry place as long as desired.
Late cabbage: Store in a pit, trench, or outdoors through late fall and winter. Keep cool and moderately moist.
Endive: Keep roots in soil in storage cellar for 2 to 3 months. Keep cool and moist.
Onions: Store in any cool, dry place through fall and winter.
Parsnips: Leave where they grew or store in a storage cellar through fall and winter. Freezing in soil does not injure.
Potatoes: Store in a moist place in a pit or storage cellar through fall and winter. Keep at $40^{\circ} \mathrm{F}$.
Pumpkins and squash: Store in a moderately dry cellar or basement through fall and winter at $50^{\circ}$ to $60^{\circ} \mathrm{F}$.
Sweet potatoes: Same as pumpkins.
Various root crops: Store in a pit or storage cellar through fall and winter. Keep cool and moist.

[^3]
## PART II - GARDEN PROBLEMS AND THEIR CONTROL

Many of the problems that occur in vegetable gardens can be controlled if proper preventive steps are taken. This section is designed to help you prevent common garden problems or, if they have already occurred, to correct them.

## Insect Control

Very few gardens escape attack from some of the insects listed in Table 7. Most insects can be controlled best by the use of insecticides, but several cultural practices will help considerably to reduce insect damage. Destroy insect breeding places, such as weeds, crop wastes, and neglected fence rows. Whenever possible, choose varieties that are resistant to insect attack. Rotate crops. Use cultural practices that will keep plants in good growing condition so that they can tolerate moderate insect infestations.

Table 7 lists insecticides that can be used if necessary. They are especially suitable for use by the home gardener. The listed materials will give good control of insects and they are the least toxic to humans.

For some pests, other products than those listed are also acceptable. A general-purpose dust containing several insecticides, such as DDT, methoxychlor, or malathion, makes an ideal dust for the home garden. Prepared mixtures containing both insecticide and fungicide are usually available at local pesticide or hardware stores. These products are quite effective and easy to use. The new granular insecticides in 1-pound containers are particularly suitable for controlling soil insects in home gardens.

Nicotine sulfate is highly toxic to humans and must be handled and stored with special care and used according to the manufacturer's directions. Keep spray off your body and wash your hands thoroughly with soap and water after using nicotine sulfate.

Parathion, tetraethyl pyrophosphate, and EPN are deadly poisons, and they are not recommended for use in the home garden.

For detailed information on insect control, send for Circular 671, "How to Know the Common Vegetable Insects," and Circular 809, "Tomato Diseases and Insect Pests."

If you wish to have an insect identified, you may send a specimen to 280 Natural Resources Building, Urbana, Illinois.

WARNING: All insecticides are poisons and should be handled and used with extreme care. Always read and follow the instructions on the label.

Table 7. - Common Vegetable Insects and Their Control

| Insect | Crop | Dust Formula | Spray Formula |
| :--- | :--- | :--- | :--- |

Iusects are about natural size except where otherwise indicated. Where two drawings are shown, the smaller one is natural size. One pound of dust or 3 gallons of spray should be sufficient to treat 350 feet of row. Tb. $=$ tablespoon. Tsp. $=$ teaspoon.

| Insect | Crop | Dust Formula | Spray Formula | Remarks |
| :---: | :---: | :---: | :---: | :---: | :---: |

Table 7. - continued
Crop

## Disease Prevention

Diseases often cause serious vegetable losses. Some cause the seed to decay or the seedlings to die before they reach the surface of the soil. Some attack the roots and stems while others cause leaf spots and fruit rots. Vegetable diseases may be carried on the seed or in the soil or be spread by insects.

Eradicant seed treatments. Certain disease organisms that are carried on the surface of the seed can be killed by eradicant treatments. The treatments given below are effective against most of the diseases that may possibly be carried on the seeds of the crops listed.

Seed that is to be treated in a liquid should be put in a loose-fitting fine-mesh cloth bag. When corrosive-sublimate (bichloride of mercury) tablets are used, dissolve them in a small amount of hot water in a glass container and then add enough cold water to make up the amount needed. After treating the seed in the solution, rinse the seed well in running water, dry it thoroughly at a temperature under $90^{\circ} \mathrm{F}$., and give it a protective seed treatment, as described later.

Cabbage and related crops. Soak in corrosive-sublimate solution ( 1 tablet in 1 pint of water) for 30 minutes, rinse, and dry.

Eggplant, peppers. Soak in corrosive-sublimate solution (1 tablet in 3 pints of water) for 5 minutes, rinse, and dry.

Potatoes. Dip whole potatoes in Semesan Bel (1 pound in $71 / 2$ gallons of water) for 1 minute or soak in formaldehyde solution (4 ounces of commercial formalin in $71 / 2$ gallons of water) for $11 / 2$ hours. For either treatment the water should be between $50^{\circ} \mathrm{F}$. and $70^{\circ} \mathrm{F}$. Do not rinse the potatoes after treatment; allow them to drain and dry before cutting.

Tomatoes. Soak in New Improved Ceresan (1 level teaspoonful in 9 pints of water) for 5 minutes. Keep suspension stirred while in use. Do not rinse after treatment. No protective seed treatment is necessary.

Vine crops (cucumbers, muskmelons, pumpkins, squash, watermelons). Soak in corrosive-sublimate solution (1 tablet in 1 pint of water) for 5 minutes, rinse, and dry.

Protective seed treatments. All seed should be treated to prevent seed decay and damping-off. If the seed you buy has not been treated by the seed company, follow the recommendations given below. The dosages listed are for larger amounts of seed. For a small packet of seed, the amount of powder that will stay on $1 / 4$ inch of the tip of a penknife blade is usually enough. Slit a corner of the seed packet,
leave the seed in the packet or put the seed in a small jar, add the powder, seal tight, and shake well until each seed is uniformly coated.

Dosage for the following treatments is per pound of seed.
Sweet corn. Use $1 / 4$ level teaspoonful of Arasan, Phygon, or Captan.
Eggplant, peppers, vine crops (cucumbers, muskmelons, pumpkins, squash, watermelons). Use $1 / 2$ level teaspoonful of Arasan or Captan.

Spinach, tomatoes. Use 1 level teaspoonful of Arasan, Captan, or Phygon.

Beets, Swiss chard. Use 1 level teaspoonful of Phygon or Arasan.
Peas, beans (green, wax, or lima). Use $1 / 2$ level teaspoonful of Captan, Arasan, or Spergon.

Cabbage and related plants and all others not named here. Use $1 / 3$ to $1 / 2$ level teaspoonful of Arasan or Captan.

Table 8. - Common Vegetable Diseases and Their Control ${ }^{\text {a }}$

| Crop | Disease | Control measure |
| :---: | :---: | :---: |
| Asparagus | Rust | Apply a fungicide containing zineb ${ }^{\text {b }}$ starting when the new growth after the last cutting has "ferned out." Make 5 applications at 10 -day intervals. |
| Beans | Mosaic | Plant resistant varieties (see Table 2). |
|  | Leaf and pod diseases | No fungicide control recommended. Do not cultivate, weed, or harvest beans when plants are wet. |
| Beets | Leaf diseases | Apply a fungicide containing maneb ${ }^{\text {c }}$ or zineb ${ }^{\text {b }}$ at 10 -day intervals starting when plants are 6 to 8 inches high. |
| Cabbage and related crops | Yellows | Plant resistant cabbage varieties (see Table 2). |
|  | Blackleg | Buy only hot-water-treated seed. |
|  | Black rot | Buy only hot-water-treated seed. |
|  | Clubroot | Apply one cup of transplanting solution containing pentachloronitrobenzene (Terraclor, PCNB) around the roots of each plant. The solution is made by mixing 3 level tablespoonsful of 50 -percent wettable Terraclor in 1 gallon of water. |
| Carrots | Leaf diseases | Apply a fungicide containing maneb ${ }^{\text {c }}$ or zineb ${ }^{\text {b }}$ when spots appear. |
|  | Yellows | Control leafhoppers, which transmit the virus (see Table 7). |
| Cucumbers | Bacterial wilt | Control cucumber beetles, which spread the bacteria from plant to plant (see Table 7). |
|  | Scab | Plant resistant varieties (see Table 2). |

Table 8. - concluded


Bacterial wilt
Leaf and fruit diseases
Onions Leaf diseases

|  | Smut | Plant onion sets, as smut attacks only onions grown from seed. |
| :---: | :---: | :---: |
| Peas | Fusarium wilt | Plant resistant varieties (see Table 2). |
|  | Root rots | No practical control measures known. |
| Potatoes | Tuber diseases | Plant certified seed potatoes. Use eradicant seed treatment (see page 35). |
|  | Leaf diseases | Apply a fungicide containing maneb ${ }^{c}$ or zineb $^{b}$ at 10 -day intervals starting when the plants are 10 inches high. |
| Tomatoes | Fusarium wilt | Plant immune or resistant varieties (see Table 2). |
|  | Leaf and fruit diseases | Apply a fungicide containing maneb ${ }^{c}$ or zineb ${ }^{\text {b }}$ at 10 -day intervals beginning when the first fruits are 1 inch in diameter. |

[^4]Resistant varieties. Disease-resistant varieties have been developed for a number of vegetables. Such varieties are not immune to all diseases but they are moderately to highly resistant to some one specific disease (see Table 2). Any gardener who has had vegetable losses due to a disease should, if possible, use a variety resistant to that disease.

Sanitation. Some vegetable diseases can be controlled by using only disease-free seed and plants, by keeping down weeds in and around the garden, and by removing and destroying old plants as soon as the crop has been harvested. Do not cultivate gardens when plants are wet.

Rotation. The number of disease organisms in the garden soil can be kept to a minimum by not growing a particular kind of vegetable more than one year in succession in the same location. Rotate crops from one side of the garden to the other.

Insect control. Insects sometimes carry disease organisms over winter. They also frequently spread these organisms from wild to cultivated plants and from diseased to healthy plants in the garden. Diligent insect control will reduce such damage.

Fungicide sprays or dusts. Many leaf and fruit diseases can be prevented by applying the right fungicide at the right time. To obtain effective control (1) all surfaces of the aboveground parts of the plant must be covered with the fungicide, (2) fungicide applications should be started before the disease appears, and (3) the applications must be repeated throughout the part of the growing season when conditions are favorable for disease development. Dusts and sprays are equally effective in the home garden as long as complete coverage is obtained and applications are made at the proper time. The fungicides recommended in Table 8 are available alone or in combination with other fungicides or insecticides.

The name of the fungicide can be found on the package label under "active ingredients." Follow the dosage recommendations given on the label.

WARNING: Since all fungicides are poisonous, they must always be kept out of reach of children and livestock.

## Root Knot Nematodes

Many vegetables are attacked by small wormlike animals called nematodes. Root knot nematodes burrow into the roots of plants and cause small, knotlike or rounded swellings, or galls, in older, larger roots. Plants with severe galling of roots grow slowly, look unthrifty, tend to wilt during hot weather, and may die prematurely. Galls are
swellings within the root in contrast to beneficial bacterial nodules, which appear to be attached to the side of roots of peas and beans.

If you suspect that nematodes are damaging your crops, send diseased plants to 241 Davenport Hall, University of Illinois, Urbana, Ill. If nematodes are present, control recommendations will be sent.

## Birds and Animals

Birds and small animals are frequent visitors to some gardens. Many ways, some not always practical, have been suggested for keeping

Table 9. - Possible Controls for Small Animal and Bird Pests

| Pest $\quad$ Control method |
| :--- |

Fence. Chicken-wire fencing, 1 -inch mesh, 30 inches high secured at the ground will keep out rabbits. A two-wire (one 4 inches high, the other 2 feet high) electric fence will help to keep out other animals.
Gas. Special gas cartridges available. Other gassing methods should be carried out by a trained person.
Scaring. Noise from firecrackers, shotguns, bird records, or other devices and movements of fluttering paper, rag streamers, metal pinwheels, and scarecrows discourage some birds and possibly some animals.
Poison. Effective in orchards and field plantings but not recommended in the home garden.
Repellents. Several commercial brands available. A 2- to 4 -percent spray of thiram has worked with rabbits. Spraying plants with $1 / 2$ teaspoonful of nicotine sulfate ( 40 percent) in 1 quart of water has also worked. Do not apply to edible portion of plant unless advised to. Lindane-treated seed discourages pheasants.
Shooting. First check with state and local laws. Use shotgun or 22-caliber rifle.
Trap. Check state and local laws. For field mice set at least 12 snap-back mouse traps along garden rows, in mouse runways, and in weedy borders. Special steel traps are available for other animals. For chipmunks and squirrels secure a rat trap to a tree branch or fence and bait with nut meat.

For more information write to U. S. Fish and Wildlife Service, Agricultural Hall, Purdue University, Lafayette, Indiana, or Dept. of Horticulture, University of Illinois, Urbana, Illinois.
these pests out of the garden or under control. Table 9 summarizes the more promising methods.

## Nutrient Deficiencies

This subject will not be discussed in detail nor illustrated here for if recommended fertilizer practices are followed there is little likelihood that deficiency symptoms will appear. Trace-element deficiencies have been found only on some muck soils in northern Illinois.

## Blossom Drop

Extreme weather conditions sometimes cause fruits to fail to set on tomatoes, beans, and peppers, resulting in a dropping of the affected flowers. Night temperatures below $55^{\circ} \mathrm{F}$. in the spring and hot, drying winds in the summer are the chief causes of blossom drop in Illinois, although insects, diseases, and weed killers may sometimes be a factor.

Fruit set can be increased in the spring when night temperatures are below $55^{\circ} \mathrm{F}$. by spraying the open flower cluster with one of the fruit-setting chemicals now available. Be sure to follow directions on the container. The use of these chemicals has not proved practical for high-temperature periods.

## Injury From 2,4-D

In recent years much damage has been caused in some home gardens and yards by the careless use of 2,4-D and related weed-control chemicals. Often 2,4-D drifts in from nearby fields recently sprayed with the chemical. Tomatoes, melons, sweet potatoes, and beans are some of the vegetables susceptible to 2,4-D. Roses, dogwood, redbud, and many other ornamentals are also susceptible. See Figs. 7 and 8 for typical symptoms of 2,4-D injury.

If you must use 2,4-D or similar weed killers, follow these precautions:

1. Use the granular or amine form of 2,4-D.
2. Spray only when wind is quiet or blowing away from susceptible crops.
3. Keep pressure very low and nozzle directed downward.
4. Do not apply insecticides or fungicides with a sprayer that has been used for weed killers. It is exceedingly difficult to remove all of the residue from a sprayer contaminated with $2,4-\mathrm{D}$.

For more information on 2,4-D injury, send for Circular 808, "Prevent 2,4-D Injury to Crops and Ornamental Plants."


Mist from 2,4-D causes wavy edges and drawn-out tips on leaflets (left) and heart-shaped fruit on tomatoes (top, right). Direct spraying with 2,4-D causes cracks in tomatoes (bottom, right).
(Figs. 7 and 8)

## PART III - TIPS ON GROWING SPECIFIC VEGETABLES

Specific suggestions and practices for producing good yields of high-quality vegetables are given on the following pages. Material that is covered elsewhere in this guide is not duplicated in this section, unless additional comments are necessary. For information on the following subjects, see the indicated pages:

Resistant varieties . . . . . . . . . . . . . . . . . . . . . . . . . page 12
Planting dates . . . . . . . . . . . . . . . . . . . . . . . . . . . . page 24
Spacings between plants and rows. . . . . . . . . . . . . page 24
Fertilizer treatments . . . . . . . . . . . . . . . . . . . . . . . page 18
Disease control . . . . . . . . . . . . . . . . . . . . . . . . . . . . . page 35
Insect control . . . . . . . . . . . . . . . . . . . . . . . . . . . . . page 31
Storage recommendations. . . . . . . . . . . . . . . . . . . page 30

## Asparagus

Since asparagus plants will occupy the same place for fifteen years or more, the soil should be properly prepared and well fertilized before planting.

The roots or crowns used for planting are started from seed in the nursery the preceding spring. The larger crowns ( 8 to 15 per pound) are more productive and should be used if available.


> Asparagus crowns set in a furrow. Spread the roots so that the crowns lie flat. Cover them with 2 inches of soil and gradually fill in the furrow with soil during the season.
> (Fig. 9)

Plant the crowns as soon as the soil can be worked in the spring. Set the crowns 12 to 18 inches apart in a wide furrow, about 6 to 8 inches deep. Cover them with about 2 inches of soil and gradually cover with the rest of the soil during the remainder of the season (Fig. 9). Asparagus roots may spread out laterally for 6 feet or more. Unless adequate space is allowed between rows, asparagus roots will compete with those of other crops for food and water.

Rust is the main disease problem in asparagus. The main insect enemy is the asparagus beetle, which can be controlled with rotenone or methoxychlor.

Do not harvest asparagus until the third year it is in your garden and then harvest only during the first four weeks of the season. During the following years harvest up to the first eight weeks of the season and let the tops grow the rest of the year. Asparagus spears are ready for harvest when they are 6 to 8 inches long. Cut off the spear at the base with a knife or snap it off by grasping the spear near the tip. All of the snapped spear is edible, but the butt of the cut spear has to be trimmed off before cooking.

The asparagus tops can be removed or worked into the soil in early spring. The soil where asparagus is grown should be fertilized the same as the rest of the garden each year.

## Beans (Snap and Lima)

Beans are warm-season vegetables, but during excessively hot weather they may drop their blossoms and pods. Since beans are sensitive to frost, they should be planted when all danger of frost is past and when the soil is warm. Seeds of many bean varieties tend to crack and germinate poorly when exposed to very moist conditions. Therefore do not soak bean seed or irrigate immediately after planting.

For a continuous supply of snap beans, make plantings every 10 days until mid-July.

The bush type of beans, which are most commonly grown, should be planted in rows. Pole varieties, which must be supported by poles or trellises, should be planted in hills 3 feet apart each way.

Navy beans, red kidney beans, and edible soybeans are grown much like limas and snap beans.

To control bean diseases, do not handle or work among bean plants when the foliage is wet from dew or rain.

The Mexican bean beetle, the bean leaf beetle, and the potato leafhopper should be controlled.

Harvest snap beans when the pods are young and succulent and before the seeds are mature. Lima beans harvested for green limas should be picked when the seeds are nearly full size but before they turn white. For dry beans, let the pods mature on the plants, but harvest them before the pods get so dry that they shatter.

## Beets

The beet is a fairly hardy plant and can be planted early. For a continuous supply of young, tender beets make several successive sowings at 3-week intervals. Both roots and tops can be used for food.

The beet "seed" is actually a fruit which will produce more than one plant. To grow satisfactory beets, thin the plants to 3 inches apart. Thinning sometimes can be delayed until the plant tops are large enough to use as greens.

For good quality, harvest beets when they are $11 / 2$ inches or less in diameter. Beets will keep for several months if packed in moist sand and placed in a basement or garage. Do not allow them to freeze. Before storing, trim off all but $1 / 4$ inch of the tops.

## Broccoli

Broccoli is grown much the same as cabbage and cauliflower. It is best as a spring or fall crop in Illinois but will produce well in summer if irrigated.

For the early spring crop the plants should be started indoors and transplanted into the garden early in the season. Later plantings can be started from seed sown directly in the garden. Thin the plants to 18 inches.

The edible part of broccoli, the head, is a cluster of green flower buds, which should be cut with 4 to 5 inches of stalk before the buds open. After the main head is cut, small side clusters continue to develop throughout the season. For large, quality heads later in the season, make more than one planting.

Pests of broccoli are the same as those of cabbage. To avoid certain diseases do not plant where cabbage, cauliflower, and related crops have grown in the preceding 3 or 4 years.

## Cabbage

Cabbage, a fairly hardy crop, is easy to raise and can be grown from spring to fall. Early plantings should be started from plants but cabbage for later harvests may be started by sowing the seed directly in the garden. The plants can be thinned to 9 to 18 inches depending on the size head desired. The closer the spacing the smaller the heads. Water may be needed during dry periods to produce satisfactory heads.

Shallow cultivation of this crop is important since many of the cabbage roots are near the soil surface. A sidedressing of nitrogen fertilizer when plants are half-grown is advisable.

Cabbage is available in many varieties. The varieties differ mainly in head size and days to maturity, ranging from 60 to over 100 days. Plant several varieties of different maturities to lengthen your harvest period. Always select varieties that are resistant to yellows disease.

Important diseases of cabbage and related crops are yellows, clubroot, blackleg, and black rot. Rotation of crops in the cabbage family is an important disease-control measure. Insects that are common on these crops are imported cabbage worms, cabbage loopers, aphids, and soil insects, such as cutworms and cabbage maggots.

Harvest cabbage heads when they are firm and before they split. Certain varieties, such as Bonanza, will hold longer than others. The Ball Head or Danish types make good heads for storage. Store cabbage in a pit, trench, or outdoor cellar.

## Carrots

For good root development carrots should be grown in deep, loose soil. In heavy, compact soil the roots are likely to be poorly shaped and forked. Because carrot seed is slow to germinate, give special care to the seedbed to speed up germination and to improve the stand. Work the seedbed finely before seeding, and in dry weather before the plants are up, sprinkle the seedbed with water each evening.

When the carrot tops are 2 to 3 inches high thin out the plants so that they stand 2 inches apart.

A drycleaning fluid called Stoddard Solvent can be sprayed over the carrot row to kill weeds. It should be applied at the rate of 1 quart (undiluted) per 100 feet of row. Apply this material when the carrots have at least two true leaves, with roots no larger than a pencil. Late application will give the carrots an undesirable flavor.

Yellows and leaf-spot diseases cause some trouble in carrots. Carrot weevils and leafhoppers may also be a problem. Both of these insects can be controlled with DDT.

Carrots can be used before they attain full size. For fresh use harvest them before they exceed 1 inch in diameter. The larger roots are used for canning and storing. Carrots for storage should be handled like beets.

## Cauliflower

Cauliflower is a cool-season crop, grown much the same as cabbage and broccoli. It should be planted so that harvest will occur during the fall, since cauliflower does not develop well in the heat of summer. During dry periods irrigation is necessary.

As soon as the heads or buttons of cauliflower are an inch or two in diameter, the outer leaves should be tied together to protect the head from sun, rain, hail, and dirt. Tying up the leaves keeps the head white. Purple cauliflower does not need to be tied.

Because cauliflower matures quickly, inspect the tied heads frequently to see if they are ready for harvest. Cut off the head when it is still compact but before the "curd" opens and becomes "ricey."

Diseases and insects that attack cauliflower are the same as those of cabbage.

## Celery

Celery is a difficult crop to grow and requires relatively cool and moist conditions for good growth. For these reasons celery is not recommended for most Illinois gardens.

## Chard

Swiss chard is planted in the spring about the same time as beets. A single planting will produce greens throughout the season. Sow the seed in rows and thin to 4 to 8 inches.

If you harvest only the outer leaves, the plant will continue to produce greens throughout the season. A few plants will supply an average family.

## Corn (see Sweet Corn)

## Cucumbers

Cucumbers and other vine crops are usually started by planting seed directly in the field, but for an earlier crop you may start them in peat pots, bands, or berry boxes about 3 to 4 weeks before setting in
the field. Plant 2 or 3 seeds in each container and when the plants come up, thin them to one per container. Because cucumber roots can be easily injured during transplanting, place the whole container, with the bottom removed, in the soil. Plants should not be set in the field until danger of frost is past.

Cucumbers respond well to mulching. Yields can be increased and quality improved by using the plastic or paper mulches now on the market or any of the other mulching materials suggested on page 27 .

Many diseases can cause considerable damage in cucumbers and other vine crops if not properly controlled. See Table 8 for diseasecontrol methods. Insects that should be controlled are cucumber beetles and aphids.

Cucumbers may be harvested at almost any stage of development but before they turn yellow. Do not leave overmature cucumbers on the vine as they will reduce later yields.

## Eggplant

Eggplants are grown much like tomatoes but they are spaced closer together and are not staked.

Fruit rot is sometimes a problem but it can be controlled by growing resistant varieties. Wilt, for which there are no good controls, can cause some trouble. Insects are about the same as for tomatoes. Flea beetles are usually very abundant on eggplant.

Harvest the fruits while they are still glossy.

## Kohlrabi

Sow kohlrabi seed directly in the garden and thin the plants to 3 to 6 inches. Kohlrabi has about the same cultural requirements as cabbage but does best in the spring or fall. Irrigation is important for growing tender kohlrabi.

The edible portion of kohlrabi is the enlarged stem at the base of the plant. Harvest kohlrabi when the swollen stem is 2 to 3 inches in diameter so that it does not become tough and woody. Kohlrabi can be stored in the late fall for use during the winter.

## Lettuce

Leaf lettuce is the easiest kind of lettuce to grow in the garden. It can be grown during most of the season and does not require exacting cultural practices, while head lettuce is very sensitive to heat and requires more care. Leaf lettuce is direct-seeded, but head lettuce is started from plants for the spring crop and direct-seeded for the fall crop.

Select varieties of lettuce that are tolerant to heat and that do not go to seed easily.

Bibb lettuce has become popular in recent years. It can be grown successfully during the cooler parts of the growing season. Other types of lettuce that are grown in Illinois are butterhead and cos, or romaine.

Irrigation may be necessary to produce good-quality lettuce.
Tipburn, mosaic, bottom rot, and drop are some of the diseases of lettuce. Several insects, including aphids, cabbage loopers, and cutworms, attack lettuce.

Harvest leaf lettuce when the leaves are large enough to use. Sometimes only a few of the lower leaves are harvested, allowing the center leaves to continue growing for later use. Head lettuce can be used before or when the heads are firm.

## Muskmelons (Cantaloupes)

Most of the cultural practices for muskmelons are the same as for cucumbers. Muskmelons do exceptionally well on sandy-type soils and benefit considerably from black plastic or paper mulches.

Fusarium wilt is a disease problem in parts of Illinois; for control, grow resistant varieties. The same insects that attack cucumbers also attack muskmelons. Pickleworms sometimes attack melons; they can be controlled with methoxychlor.

Harvest muskmelons when they are easily separated from the stem.

## Onions

The easiest and surest way to grow good onions, either green or dry, is to use sets. Sets are small onions, less than an inch in diameter, that were grown from seed the previous year. Onion plants are sometimes used, especially for growing the mild Sweet Spanish type. Bermuda onions, which are normally grown in the south, do not produce satisfactory yields in Illinois.

For green onions, place the sets upright about 1 inch apart in a furrow about 3 to 4 inches deep. For dry onions, place the sets upright about 3 to 4 inches apart in a furrow 1 to 2 inches deep. Cover the sets with soil. The larger sets are preferable for green onions while medium-sized sets are best for dry onions.

For good yields of mature dry onions, plant sets, plants, or seed as early in the spring as the soil can be prepared.

Smut, downy mildew, neck rot, and pink root are some of the diseases found in onions. The insects that cause the most trouble are thrips and soil insects, such as maggots and cutworms.

You can harvest green bunching onions 4 to 6 weeks after planting sets. Dry onions will be ready in 3 to 4 months, about late August or early September.

Dry onions are ready to harvest when the necks are thoroughly dry or about 95 percent of the tops have bent over. Pull the onions and place them under cover to dry. Drying will take from 2 to 4 weeks. Then cut off the tops about an inch above the bulb, place the onions in a well-ventilated container, such as a slatted crate or mesh bag, and store in a cool, dry place. The best conditions for storage are a temperature of about $32^{\circ} \mathrm{F}$. and a relative humidity of 70 to 75 percent.

## Parsnips

Parsnips are grown like other root crops, such as carrots and beets, except that parsnips require a longer growing season.

You can dig up the roots late in the fall or leave them in the ground, since winter freezing will not hurt them. The roots are 10 to 12 inches long, so be careful when digging them up.

## Peas

The pea is a cool-season vegetable which should be planted early in the spring. Several varieties of different maturities can be planted at the same time to provide a supply of peas over a longer period.

Several diseases appear in peas but they should not give you trouble if you treat seed, rotate your pea crop, and use resistant varieties. The pea aphid is the most troublesome insect.

Since peas are at peak quality a relatively short time, check frequently for their maturity. Pick the pods when they are green and nearly fully developed and before the peas start to harden. The peas should be used or refrigerated as soon as possible after harvest.

## Peppers

Many of the cultural practices for peppers are the same as for tomatoes. Hot, dry weather often causes young buds, blossoms, and immature fruits to drop. Mosaic is often a problem and can be controlled by growing resistant varieties.

Harvest the pepper fruits when they are firm.

## Potatoes

Potatoes grow best in a long, cool season, which is rarely found in Illinois, but if recommended practices are followed, satisfactory yields can be obtained.


Each potato block to be used for seed should have at least one eye and should weigh about $11 / 2$ ounces.
(Fig. 10)
The crop must be planted as early as the soil can be worked in the spring or it must be planted late (about May 15 to June 15) so that tubers can develop in the cool fall season. Generally the early crop is more successful than the late crop.

Always use certified seed potatoes, which are free of disease. Cut these potatoes into blocks weighing about $11 / 2$ ounces each (Fig. 10). Make sure that each seed piece has at least one eye. Plant immediately.

Close spacing ( 30 inches between rows and 12 inches between plants) is recommended for early potatoes so that the plants will shade the soil and prevent excessively high soil temperature during the time the tubers develop. Mulching the potatoes with about 8 inches of straw when the plants are 6 inches high will also lower the soil temperature as well as control weeds, conserve moisture, and improve the keeping quality of the potatoes.

Many diseases and several insects cause trouble in potatoes. By using certified seed potatoes and resistant varieties and by spraying or dusting at 10- to 14 -day intervals with zineb or maneb and DDT, most insects and diseases can be controlled.

Harvest the potatoes after the vines have died. Before storing, hold potatoes for a week or two at $65^{\circ}$ to $70^{\circ} \mathrm{F}$. in a place where the air is not too dry, to heal cuts and bruises. Then store them where the temperature will be $40^{\circ}$ to $50^{\circ} \mathrm{F}$. At lower temperatures potatoes will become sweet and at higher temperatures they will sprout. To prevent sprouting, treat potatoes after cuts are healed with one of the sprout inhibitors now on the market.

## Pumpkins

Pumpkins require a great deal of space and are recommended only for larger gardens. However, to conserve space they can be planted where early corn is growing; the early corn will mature before the pumpkins need much room.

Diseases and cultural practices are much the same as for cucumbers and muskmelons except that pumpkin plants are spaced farther apart. The main insect enemies of pumpkins are the same as those of squash.

Allow fruits to mature on the vine but harvest them with the stems attached before the first severe freeze. Pumpkins for storage should be handled with great care to avoid cuts and bruises that permit the entrance of decay organisms. Store in a dry room where temperatures are about $45^{\circ}$ to $50^{\circ} \mathrm{F}$.

## Radishes

Radishes are generally a spring crop in Illinois because they do best in cool weather; however, some varieties can be planted for summer use and winter storage.

Cabbage maggots and cutworms are the main insect problems in radishes.

Pull radishes when they become of usable size but before they become pithy.

## Rhubarb

Rhubarb is started by planting a division of a root from an older, healthy plant. Each root division should have a strong bud. Plant early in the spring in a well-drained area and place the root so that the bud is just below the soil surface.

Rhubarb should not be harvested the first year and should be harvested for only a few weeks the second year, but after that it can be harvested for 8 to 10 weeks. If seed stalks appear, cut them off.

When the rhubarb stalks become small and spindly start a new planting by dividing and planting roots from the old plants. If crown rot is a problem, use roots from disease-free plants and plant them where rhubarb has not been grown.

## Spinach

Spinach should be grown in the early spring or late fall because the long, hot days of summer cause it to bolt to seed, making it unusable. Select proper varieties for each of these plantings. New

Zealand spinach, which is not a true spinach, can be grown during the summer.

To prevent mosaic (blight or yellows) in the fall grow resistant varieties. Cutworms and cabbage loopers sometimes attack spinach.

The plants may be harvested any time the leaves are large enough to use. Some plants may be thinned out for early use and the rest allowed to attain full size.

## Squash

Squash has about the same cultural requirements and problems as pumpkins, cucumbers, and muskmelons.

Squash varieties are divided into three classes - summer, fall, and winter. The summer squashes are used while they are young and tender, when the rind can be easily penetrated by a thumbnail. The fall and winter varieties have a hard rind, are harvested when mature, and are good for storage.

Store winter squash the same as pumpkins.
Common insects on this crop and pumpkins are cucumber beetles, aphids, squash bugs, and squash vine borers.

## Sweet Corn

If you want a constant supply of sweet corn throughout the summer until frost occurs, include an early ( 67 to 72 days to maturity) and a main-crop ( 78 to 83 days to maturity) variety in the first planting and then follow with a succession of plantings of a main-crop variety. Suggested schedules for planting sweet corn so as to have harvest peaks every ten days are given in Table 10. Actually you will be able to harvest high-quality corn from each planting for five or more days.

Two kinds of schedules are shown in Table 10. The first gives normal planting dates. The weakness of this system is that temperatures that are above or below normal between any two planting dates will cause the harvest peaks from those plantings to be more or less than the expected ten days apart. The second schedule is based on the leaf stage of seedlings in the previous planting. This system is more accurate than the first because it automatically corrects for aboveor below-normal temperatures that may occur between plantings. Each leaf emerges from inside the whorl of the previous leaf and should be counted as soon as it can be seen.

Plant three or more rows of sweet corn side by side to insure good pollination and development of ears.

Keep weeds under control by shallow cultivation. Removal of "suckers" or side shoots is not recommended.

The main diseases of sweet corn are smut and Stewart's disease (bacterial wilt). Damage from Stewart's disease can be reduced by using varieties partially resistant to this disease and by controlling flea beetles (which carry the bacteria that cause the disease) when the plants first come through the soil.

## Table 10. - Sweet Corn Planting Schedules for Harvest Peaks 10 Days Apart ${ }^{\text {a }}$

| Planting | Variety | Time to plant |  | Expected harvest peak |
| :---: | :---: | :---: | :---: | :---: |
|  |  | System 1: <br> Normal planting date | System 2: <br> Leaf stage of seedlings in previous planting |  |
| Northern Illinois |  |  |  |  |
| 1 | Early | May 4 | (make first plantings | Aug. 3 |
|  | Main crop | May 4 | about May 4) | Aug. 11 |
| 2 | Main crop | May 27 | 4 out of 20 show 4 leaves | Aug. 21 |
| 3 | Main crop | June 10 | 2 out of 20 show 4 leaves | Aug. 31 |
| 4 | Main crop | June 20 | 18 out of 20 show 3 leaves | Sept. 10 |
| 5 | Main crop. | June 28 | 10 out of 20 show 3 leaves | Sept. 20 |
| 6 | Main crop. | July 3 | 2 out of 20 show 3 leaves | Sept. 30 |
| Central Illinois |  |  |  |  |
| 1 | Early | May 1 | (make first plantings | July 22 |
|  | Main crop | May 1 | about May 1) | July 30 |
| 2 | Main crop. | May 22 | 19 out of 20 show 4 leaves | Aug. 9 |
| 3 | Main crop. | June 6 | 16 out of 20 show 4 leaves | Aug. 19 |
| 4 | Main crop | June 18 | 8 out of 20 show 4 leaves | Aug. 29 |
| 5 | Main crop. | June 26 | 2 out of 20 show 4 leaves | Sept. 8 |
|  | Main crop. Main crop. |  | 16 out of 20 show 3 leaves | Sept. 18 |
| 7 | Main crop. | July 9 | 18 out of 20 show 2 leaves | Sept. 28 |

## Southern Illinois

| 1 | Early | Apr. 20 | (make first plantings |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Main crop | $\text { Apr. } 20$ | about Apr. 20) | July 14 |
| 2 | Main crop | May 13 | 4 out of 20 show 5 leaves | July 24 |
| 3 | Main crop | May 28 | 4 out of 20 show 5 leaves | Aug. 3 |
| 4 | Main crop | June 10 | 2 out of 20 show 5 leaves | Aug. 13 |
| 5 | Main crop. | June 21 | 19 out of 20 show 4 leaves | Aug. 23 |
| 6 | Main crop. | June 30 | 18 out of 20 show 4 leaves | Sept. 2 |
| 7 | Main crop | July 8 | 10 out of 20 show 4 leaves | Sept. 12 |
| 8 | Main crop | July 16 | 2 out of 20 show 4 leaves | Sept. 22 |
| 9 | Main crop. | July 21 | 14 out of 20 show 3 leaves | Oct. 2 |

[^5]Corn borers, corn earworms, and flea beetles are the chief insects to be controlled in sweet corn. Follow the spray or dust schedules outlined in Table 7. Proper timing in applying insecticides is important if you want worm-free corn.

For sweet, plump kernels harvest sweet corn when it is in the milk stage; that is, when the juice in the kernel appears milky when you puncture the kernel with your thumbnail. Sweet corn remains in the milk stage for a relatively short period. As harvest approaches, check the corn frequently to make sure that the kernels do not become overmature and doughy. Other signs that indicate that the corn is almost ready for harvest are drying of the silks, fullness of the tip kernels, and firmness of the unhusked ear.

Eat, can, or freeze the corn immediately after picking or refrigerate it until used. At high temperatures the sugar in sweet corn quickly decreases and the starch increases.

## Sweet Potatoes

Because the sweet potato is a warm-season crop that requires a long growing season, it should be planted in the garden shortly after the last frost.

Plants or "slips" are used to start this vegetable in the garden. Always try to get certified plants or certified roots for producing plants. To grow your own plants, place sweet potatoes (roots) about 1 inch apart in a hotbed and cover them with about 2 inches of sand or light soil. Add an additional inch or two of soil when shoots begin to appear. Don't let the soil dry out and keep it at a temperature of $70^{\circ}$ to $80^{\circ} \mathrm{F}$. Plants will be ready to pull in about 6 weeks. Sweet potato plants are set out the same as other transplanted vegetables.

A number of serious diseases attack sweet potatoes. Treating sweet potatoes used for growing plants, rotating crops, and using resistant varieties will help prevent diseases.

Dig sweet potatoes just before the first frost in the fall or just after the frost has slightly injured the vines. Cut frosted vines from the potatoes to prevent decay from starting in the dead vines and passing to the roots. Use a spading fork to dig the potatoes but take great care not to bruise or injure the roots. Let the roots lie exposed for 2 or 3 hours to dry thoroughly; then place them in a warm room to cure. The proper curing temperature is $85^{\circ} \mathrm{F}$. in a moist atmosphere (about 85 percent relative humidity). After curing, which takes at least 10 to 14 days, store the sweet potatoes at $50^{\circ}$ to $55^{\circ} \mathrm{F}$. Never expose sweet potatoes to temperatures below $50^{\circ} \mathrm{F}$. because chilling injury will occur. Handle sweet potatoes as little as possible.

## Tomatoes

Tomatoes are a good vegetable to grow in the garden because they are easy to grow and an excellent source of vitamin C.

Although tomatoes can be direct-seeded into the garden, most gardeners use plants either grown by themselves or purchased from a reliable plant dealer. Many varieties are available, but the ones recommended in Table 2 have been found to do well in most parts of Illinois. To have tomatoes throughout the season, grow both early and maincrop varieties.

When setting the plants into the garden be sure to use a starter solution (see page 19). See page 26 for proper transplanting procedure. Space plants so that you have about 9 to 12 square feet of space per plant. Sometimes staked plants may be spaced more closely.

Tomatoes can be grown successfully either on the ground or staked, but plants grown on the ground require less work, produce more per plant, and are less susceptible to blossom end rot. The advantages of staking are cleaner fruits, no loss from soil rot, and, sometimes, easier picking. If you grow tomatoes on the ground, mulching will reduce soil rot and help to keep the fruits clean. Also, the mulch will conserve moisture and control weeds.


Remove all tomato suckers that develop below the first cluster of fruit. Above the first fruit cluster, let the suckers grow two leaves before pruning.
(Fig. 11)

There are several methods of staking and pruning tomatoes. A modified system which has been found to do well in Illinois is suggested here: Shortly after transplanting, drive a stake about 6 feet long and $11 / 2$ inches in diameter into the soil 8 to 10 inches deep and 3 inches away from each plant. When the plants are 12 to 15 inches high, remove all but one main stem and tie it loosely to the stake, using soft twine or cloth. As the plant grows remove the shoots or "suckers," which develop between the main stem and the leaves, up to the first fruit cluster. Above the first fruit cluster, let the shoots develop two leaves and then pinch off the tips (Fig. 11). Tie the plant loosely to the stake every 10 to 12 inches (Fig. 12).

Diseases in tomatoes can be greatly reduced by carrying out a fungicide dust or spray program. Apply maneb or zineb as directed in Table 8. For control of some insects include DDT or rhothane in the program. For more information see Circular 809, "Tomato Diseases and Insect Pests."

Harvest the fruits when they are pink except during periods when the daily mean temperature is above $75^{\circ} \mathrm{F}$. At such high temperatures pick the fruits just as they are turning color and keep them at $68^{\circ}$ for further coloring. These fruits will be firmer and have better flavor than those ripened on the vine when temperatures are high. Fruits exposed to direct sunlight will reach a temperature 20 degrees higher than that of shaded fruits.

To stake a tomato plant, tie the string tightly around the stake and loosely around the plant. Tie the knot just below a branch so that the plant cannot slide down.
(Fig. 12)


In the fall just before the first frost pick the large green fruits as well as the riper fruits. Ripen these fruits at about $55^{\circ}$ to $60^{\circ} \mathrm{F}$. in the dark. By sorting them out every 2 or 3 days you will have a gradual supply for about a month.

## Turnips

Turnips are grown both for greens and for the fleshy roots. Because this vegetable is a cool-season crop it should be planted early in the spring or in August for fall harvest.

Most of the insects and diseases affecting cabbage are also injurious to turnips.

Turnips are harvested the same way as beets. The greens may be pulled or cut at the soil surface.

## Watermelons

The cultural practices for watermelons are the same as for muskmelons and cucumbers except that hills of watermelons should be spaced farther apart.

When growing seedless melons special care should be given to germinating the seed. Place seed in peat pots or plant bands and keep the soil at $85^{\circ} \mathrm{F}$. until plants are up. Another way to germinate seeds is to place them between moist paper in an oven at $85^{\circ} \mathrm{F}$. and as soon as sprouts show, place the seed in soil in a plant container. In about 4 weeks set the plants into the garden without disturbing the roots. A common variety must be planted with seedless melons to act as a pollinator. Specific directions usually come with the seed.

There is no sure way of telling when a watermelon is ready for harvest; experience is usually needed. Thumping the melon with a finger is one way. If the sound emitted is a metallic ringing the melon is immature and if the sound is muffled or dead the fruit is probably mature. However, the sound is not the same for all varieties.

Other indications of maturity are dying of the tendril accompanying the fruit and change in color, from a pale white to a creamy yellow, of the portion of the melon resting on the ground. These signs of ripeness also vary with varieties. Plugging is the only sure test, but it will ruin the melon if it is not ripe.


[^0]:    Read this guide before planning your garden. Keep it handy throughout the season and refer to it often. Since this circular will not be revised for some time, it should be saved and used again next year.

[^1]:    ${ }^{1}$ N. F. Oebker, Associate Professor of Horticulture; M. P. Britton, Assistant Professor of Plant Pathology Extension; W. H. Luckmann, Associate Entomologist, Illinois Natural History Survey.

[^2]:    With the above arrangement, late summer or fall plantings can be made on the areas from which the early crops have been harvested. See Table 6 for specific planting dates for individual vegetables.

[^3]:    ${ }^{1}$ This information is from Farmers' Bulletin No. 1939, "Home Storage of Vegetables and Fruits," U.S. Department of Agriculture.

[^4]:    For additional information on disease symptoms and control measures, write for Circulars 802, "Vegetable Diseases" and 809, "Tomato Diseases and Insect Pests." If you wish to have a disease identified, send diseased plants to 241 Davenport Hall, University of Illinois, Urbana, Illinois.
    b Zineb fungicides such as Dithane Z.78 and dry Parzate contain zinc ethylenebisdithiocarbamate.
    ${ }^{\text {c }}$ Maneb fungicides such as Manzate and Dithane M-22 contain manganese ethylenebisdithiocarbamate.
    ${ }^{\text {d }}$ Ziram fungicides such as Zerlate contain zinc dimethyldithiocarbamate.
    e Captan fungicides such as Orthocide 50 W and Captan 50 W contain N -(trichloro-methylthio)-4-cyclohexene-1,2-dicarboximide.

[^5]:    ${ }^{\text {a }}$ In a season when temperatures are above normal the harvest peaks will come sooner than indicated. In a cool year they will come later. However, the number of days between harvests should remain reasonably constant, especially if System 2 is used.

